

Storyboard

Step 1 Problem

Social media has become an increasingly popular tool for communication and self-expression, but research has also suggested that excessive social media use can have negative effects on mental health. It is clear that there is a need for further exploration of the relationship between social media usage and mental health.

Step 3 Find Data

Existing survey data about Social Media and Mental Health collected by Souvik Ahmed.

We are focusing on the relationship between social media usage and some mental health-related factors, such as distractibility, difficulty in concentrating and sleeping issues.

⇒ split the data and grab the subsets



Analyze!

Step 2 Statement → Question

Whether there is a correlation between social media usage and the levels of distractibility, difficulty in concentrating and sleeping issues?

Step 4 Visualize

