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**HANDBOOK TO RENEWAL**

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*Renewing Your Mind*

*with Affirmations*

*from Scripture*

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**Scripture translation and adaptation**

**by Kenneth Boa**

**Handbook to Renewal**

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**Dedication**

Karen and I dedicate this collection

of biblical affirmations

with love to our children Heather and Matthew.

**Introduction**

**The Purpose of this Handbook**

For years I have been frustrated by a hit and (usually) miss approach to catching a few thoughts from the Bible before going to sleep. Trinity House Publishers recently published a guide to praying Scripture back to God called *Handbook to Prayer*, and this has significantly enhanced my morning devotional times. One of the eight forms of prayer in *Handbook to Prayer* is affirmations of biblical truth. It occurred to me that hundreds of affirmations could be derived from Scripture and compiled in a format that would act as a tool to enable people to renew their minds with biblical truth on a daily basis. And what better time to use such a tool than just before going to sleep?

The thoughts we entertain after we turn out the light have a profound effect on the rest of the night, but few of us make good use of these strategic minutes. Instead, most people carry anxieties and other fleshly thought patterns to bed with them. Throughout the course of the day we are being bombarded by the temporal value system of the world through the things we see, hear, and read. Because of this, it is important that we *renew our minds* with the eternal value system of Scripture so that we regain a sense of focus on the crucial issues of who we are, where we came from, why we are here, and where we are going. No genuine life change will take place without a change in perspective.

*Handbook to Renewal* (originally published as *Night Light*) is designed to assist you in this process of renewing your mind, and it is most effective when used just before going to sleep so that you set or “program” your conscious and subconscious mind for the rest of the night. This is consistent with David’s practice: “When I remember You on my bed, I meditate on You in the night watches” (Psalm 63:6). Rather than being *conformed* to this world, you will be *transformed* by the renewing of your mind 不要模仿这个世代，倒要借着心意的更新而改变过来，使你们可以察验出什么是　神的旨意，就是察验出什么是美好的、蒙他悦纳的和完全的事。 (Romans 12:2). This will assist you in “taking every thought captive to the obedience of Christ” 攻破诡辩，和做来阻挡人认识　神的一切高墙，并且把一切心意夺回来，顺服基督。 (2 Corinthians 10:5), and setting your mind on the things of the Spirit rather than the things of the flesh 随从肉体的人，以肉体的事为念；随从圣灵的人，以圣灵的事为念。 (Romans 8:5). *Handbook to Renewal* will help you to “set your mind on the things above, not on the things on the earth” 你们要思念的，是天上的事，不是地上的事。 (Colossians 3:2), and to let your mind dwell on “whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is of good report—if anything is excellent or praiseworthy” 最后，弟兄们，凡是真实的、庄重的、公正的、纯洁的、可爱的、声誉好的，无论是什么美德，什么称赞，这些事你们都应当思念。 (Philippians 4:8).

The germ of truth in the growing body of “self-talk” literature is that people often need to be reminded of their identity and goals so that they have a clear sense of purpose and direction. The problem with this literature is that it often promotes an unbiblical value system and world view. Biblical affirmations are founded in truth; they are not like the self-talk that says, “Every day and in every way, I am getting better and better.” The affirmations of Scripture encourage us to walk by faith, not by feelings, and tell us the way things really are regardless of our emotional, cultural, and theological filters. Our circumstances may threaten our commitment to the truths that God is in control of our affairs and has our best interests at heart, but Scripture affirms these foundational principles and tells us to cling to them even in the midst of life’s pain.

These affirmations are not a matter of wishful thinking; they are true of every person who places his or her hope in Jesus Christ. They stress our identity in Christ, tell us that process is more important than product, and challenge us to value relationships more than objectives. They teach us that what we do does not determine who we are; rather, our being should shape our doing. They reinforce the realistic perspective that we are aliens and pilgrims, not citizens of this world, and tell us to walk in grace and live in the power of the Spirit of God instead of walking in obedience to a set of external rules and living in the power of the flesh. They counsel us to take the risks of applying biblical precepts and principles and to place our hope in the character and promises of God, and not in the people, possessions, or prestige of this world.

Many of the affirmations in *Handbook to Renewal* are expressed as desires; you will be affirming that these are the things you want to be true of your life. Using this book on a regular basis will be a faith-building exercise that will make these affirmations increasingly real in your life.

**The Structure of this Handbook**

To create this collection of biblical affirmations, I consulted several translations as well as the original language of every passage. The result is essentially my own translation, though it shares much in common with existing translations. My intention in doing this was to remain as close to the biblical text as possible while still retaining clarity and readability. I then adapted the bulk of the passages into an affirmation format.

Some of the affirmations are directed to God, some are spoken about Him, some are statements of truth, and some are statements of what the reader should want to be true of his or her life. A number of these affirmations were derived from negative statements and evaluations in the Bible and turned into positive statements. In other cases, principles have been derived from the lives of biblical characters.

To assist you in personalizing these affirmations, I decided to put them in the singular whenever possible. However, some (e.g., 1 Corinthians 1:4-5, 7) could not be changed into the singular without excessive distortion. When you use *Handbook to Renewal* with another person or with a group, turn the singulars into plurals.

Clearly, a large measure of subjectivity is unavoidable in the creation of a book like this. This relates to several issues, like the decision of selecting some passages and not using others; translation decisions; editorial choices involved in adapting passages into the form of affirmations; assignment of passages into categories; and arrangement of these categories. Inevitably, people will wonder why I overlooked some passages or categorized others in the way I did. These are all matters of judgment and interpretation, and I freely admit that there are many other ways in which these affirmations could have been expressed and arranged. In many cases, they overlapped my tidy categories, and I had to make choices on the basis of emphasis. Because of all this, I encourage you to make insertions and deletions whenever it will help make this a more effective tool for renewing your mind.

As you can see, there are three major sections in *Handbook to Renewal*: the Daily Renewal Guide, the Topical Renewal Guide, and the Personal Renewal Pages. All of the passages in the Daily Renewal Guide are derived from the Topical Renewal Guide and appear only once. In addition, the Topical Guide includes a substantial number of affirmations that have not been used in the Daily Guide.

The Daily Renewal Guide was created to expose you to a wide range of affirmations and to give you the opportunity to reaffirm them four times a year. It adopts the five-part structure of the Topical Renewal Guide for each of the 31 days of the first, second, and third months:

**1. The Attributes of God**

**2. The Works of God**

**3. My Relationship to God**

**4. The Character I Want to Cultivate**

**5. My Relationship to Others**

There is a logical and progressive relationship in these five general categories that moves from God to self to others. The first two relate to loving God completely, the next two relate to loving self correctly, and the last relates to loving others compassionately. The person, powers, and perfections of God is the basis for His works in creation, redemption, and consummation. The attributes and works of God are the foundation of my relationship to God, and growth in Christlikeness relates to the character I want to cultivate. When I find my security, significance, and sufficiency in Christ, I am free to be a giver rather than a grabber, and I can serve others in love as I have been called to do.

Each day includes all five parts for a well-balanced spiritual diet.

**How to Use this Handbook**

*Handbook to Renewal* was designed to be used in two ways: as a tool for daily renewal of your mind with biblical truth, and as a topically arranged set of biblical affirmations for focusing on specific areas such as the Person of God; God’s grace and love; hope and reward; and courage and perseverance.

The Daily Renewal Guide realistically assumes that you are fatigued at the end of your day. For this reason, it was structured to be effective with only *five minutes* of use. Each of the five categories has a couplet of passages that are thematically related. Spend a full minute with the first couplet and go beyond reading the affirmations: think about them, make them your own, and pray them through. Then do the same for the other four. Obviously, you will increase your benefit by spending more than five minutes, but think of the five minutes as a workable minimum.

Try to make this the last activity of your day so that after turning out the light as you go to sleep, you can immediately review the affirmations that were particularly meaningful to you. This will initially require some discipline, since extraneous thoughts will clamor for your attention, but keep returning to the affirmations, and you will increase your skill with daily practice.

Use the Topical Renewal Guide when you have more time, or when you want to develop in a particular area. You will find the list of topics with page numbers in the table of contents. This portion of the book is particularly helpful in guiding you during a retreat or when you schedule a large enough block of time to meditate and pray through one or more entire topics.

I also recommend using Parts One and Two with another person and with groups. When you use the Daily Renewal Guide with others, try pausing and praying together after each of the five couplets so that you can respond together.

Finally, be sure to use the Personal Affirmation Pages at the end of this book to write in the affirmations that are particularly meaningful to you as you use the Daily and Topical Renewal Guides.

*We ought always to thank God for other believers, and pray that their faith would grow more and more, and that the love each of them has toward one another would increase. 弟兄们，我们应该常常为你们感谢　神，这是合适的。因为你们的信心格外长进，你们众人彼此相爱的心也在增加。 (2 Thessalonians 1:3)*

**part ONE**

**daily RENEWAL guide**

**the first month**

Day 1

**The Attributes of God**

You are my God, and I will give thanks to You; You are my God, and I will exalt You. I will give thanks to the Lord, for He is good; His loyal love endures forever. 你是我的　神，我要称谢你；你是我的　神，我要尊崇你。  你们要称谢耶和华，因他本是良善的；他的慈爱永远长存。 (Psalm 118:28-29)

God is the blessed and only Sovereign, the King of kings and Lord of Lords, who alone has immortality and dwells in unapproachable light, whom no one has seen or can see. To Him be honor and eternal dominion. (1 Timothy 6:15b-16)

**The Works of God**

When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have set in place, what is man that You are mindful of him, and the son of man that You care for him? You made him a little lower than the heavenly beings and crowned him with glory and honor. You made him ruler over the works of Your hands, and You put everything under his feet. 我观看你手所造的天，和你所安放的月亮和星星。  啊！人算什么，你竟记念他？世人算什么，你竟眷顾他？  你使他比天使（“天使”或译：“　神”）低微一点，却赐给他荣耀尊贵作冠冕。  你叫他管理你手所造的，把万物都放在他的脚下， (Psalm 8:3-6)

O Lord of hosts, God of Israel, enthroned between the cherubim, You alone are God over all the kingdoms of the earth. You have made heaven and earth. “万军之耶和华，以色列的　神，坐在二基路伯中间的啊！唯独你是地上万国的　神；你创造了天地。 (Isaiah 37:16)

**My Relationship to God**

You have blessed me and kept me; You have made Your face shine upon me and have been gracious to me; You have turned Your face toward me and given me peace. 愿耶和华赐福你，保护你；  愿耶和华使他的脸光照你，赐恩给你；  愿耶和华敞脸垂顾你，赐你平安。’ (Numbers 6:24-26)

I have been loved by God and called to be a saint; grace and peace have been given to me from God our Father and the Lord Jesus Christ. 我写信给各位住在罗马，为　神所爱，蒙召作圣徒的人。愿恩惠平安从我们的父　神和主耶稣基督临到你们。 (Romans 1:7)

**The Character I Want to Cultivate**

Lord, who may dwell in Your tabernacle? Who may live on Your holy mountain? He who walks uprightly and works righteousness and speaks the truth in his heart; he does not slander with his tongue nor does evil to his neighbor nor takes up a reproach against his friend; he despises the reprobate but honors those who fear the Lord. He keeps his oath even when it hurts, lends his money without interest, and does not accept a bribe against the innocent. He who does these things will never be shaken. 耶和华啊！谁能在你的帐幕里寄居？谁能在你的圣山上居住呢？（本节在《马索拉抄本》包括细字标题）  就是行为完全，作事公义，心里说诚实话的人。  他不以舌头诋毁人，不恶待朋友，也不毁谤他的邻居。  他眼中藐视卑鄙的人，却尊重敬畏耶和华的人。他起了誓，纵然自己吃亏，也不更改。  他不拿自己的银子放债取利，也不收受贿赂陷害无辜；行这些事的人，必永不动摇。 (Psalm 15:1-5)

I will let my eyes look straight ahead, and fix my gaze straight before me. I will ponder the path of my feet so that all my ways will be established. I will not turn to the right or to the left but keep my foot from evil. 你双眼要向前正视，你的眼睛要向前直望。  你要谨慎你脚下的路径，你一切所行的就必稳妥。  不可偏左偏右，要使你的脚远离恶事。 (Proverbs 4:25-27)

**My Relationship to Others**

A friend loves at all times, and a brother is born for adversity. 朋友常显爱心，兄弟为患难而生。 (Proverbs 17:17)

We must be devoted to one another in brotherly love, honoring one another above ourselves. 要以手足之爱彼此相亲，用恭敬的心互相礼让。 (Romans 12:10)

Day 2

**The Attributes of God**

God is not a man, that He should lie, nor a son of man, that He should change his mind. Has He spoken and not done it? Has He promised and not fulfilled it? 　神不是人，必不致说谎，也不是人子，必不致后悔。他说话，怎能不作？他发言，怎能不作成？ (Numbers 23:19)

He who is the Glory of Israel does not lie or change His mind, for He is not a man, that He should change His mind. 以色列的大能者必不说谎，也不后悔。因为他不是世人，他决不后悔。” (1 Samuel 15:29)

**The Works of God**

One generation shall praise Your works to another, and shall declare Your mighty acts. I will meditate on the glorious splendor of Your majesty and on Your wonderful works. Men shall speak of the might of Your awesome works, and I will proclaim Your great deeds. 世世代代的人都要颂赞你的作为，他们要传扬你大能的作为。  他们要讲述你威严的尊荣，我也要默想你奇妙的作为。  他们要述说你所行可畏的事的能力，我也要宣扬你的伟大。 (Psalm 145:4-6)

Who is a God like You, who pardons iniquity and passes over the transgression of the remnant of His inheritance? You do not stay angry forever but delight to show mercy. You will have compassion on Your people; You will tread their iniquities underfoot and hurl all their sins into the depths of the sea. 有何神像你，赦免罪孽，不追究产业之余民的过犯呢？他不永远怀怒，因为他喜爱怜悯。  他必再怜爱我们，把我们的罪孽都践踏在脚下，又把我们的一切罪恶都投在深海里。 (Micah 7:18-19)

**My Relationship to God**

God lifted me out of the slimy pit, out of the mud and mire; He set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear and put their trust in the Lord. 他把我从荒芜的坑里，从泥沼中拉上来；他使我的脚站在磐石上，又使我的脚步稳定。  他使我口唱新歌，赞美我们的　神；许多人看见了，就必惧怕，并且要倚靠耶和华。 (Psalm 40:2-3)

I shall know the truth, and the truth shall set me free. Everyone who commits sin is a slave of sin. And a slave has no permanent place in the family, but a son belongs to it forever. So if the Son sets me free, I shall be free indeed. 你们必定认识真理，真理必定使你们自由。”  耶稣说：“我实实在在告诉你们，凡犯罪的都是罪的奴隶。  奴隶不能永远住在家里，唯有儿子才可以永远住在家里。  所以，　神的儿子若使你们自由，你们就真的得自由了。 (John 8:32, 34-36)

**The Character I Want to Cultivate**

I will not let love and truth leave me; I will bind them around my neck and write them on the tablet of my heart. 不可让慈爱诚实离开你，要系在你的颈项上，刻在你的心版上。 (Proverbs 3:3)

Love is patient, love is kind, it does not envy; love does not boast, it is not arrogant, it does not behave rudely; it does not seek its own, it is not provoked, it keeps no record of wrongs; it does not rejoice in unrighteousness but rejoices with the truth; it bears all things, believes all things, hopes all things, endures all things. Love never fails. 爱是恒久忍耐，又有恩慈。爱是不嫉妒，不自夸，不张狂；  不作失礼的事，不求自己的益处，不轻易动怒，不计较人的过犯；  不喜欢不义，只喜欢真理。  爱是凡事包容，凡事相信，凡事盼望，凡事忍耐。  爱是永存不息的。先知的讲道终必过去，方言终必停止，知识终必消失。 (1 Corinthians 13:4-8)

**My Relationship to Others**

I will give generously to others without a grudging heart. 你必须给他，给他的时候，你不要心里难受，因为为了这事，耶和华你的　神必在你一切工作上，和你所办的一切事上，赐福给你。 (Deuteronomy 15:10)

I will not withhold good from those to whom it is due, when it is in my power to act. 如果你的手有行善的力量，就不可推辞，要向那些需要帮助的人行善。 (Proverbs 3:27)

Day 3

**The Attributes of God**

The Lord my God is God of gods and Lord of Lords, the great God, mighty and awesome, who shows no partiality and accepts no bribes. He executes justice for the fatherless and the widow and loves the alien, giving him food and clothing. 因为耶和华你们的　神，他是万神之神、万主之主、伟大有力和可畏的　神；他不徇情面，也不受贿赂。  他为孤儿寡妇伸张正义，又把衣食给寄居的人。 (Deuteronomy 10:17-18)

As for God, His way is perfect; the word of the Lord is proven. He is a shield to all who take refuge in Him. For who is God besides the Lord? And who is the Rock except our God? 这位　神，他的道路是完全的；耶和华的话是炼净的；凡是投靠他的，他都作他们的盾牌。  除了耶和华，谁是　神呢？除了我们的　神，谁是磐石呢？ (Psalm 18:30-31)

**The Works of God**

To us a child is born, to us a son is given, and the government will be on His shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the increase of His government and peace there will be no end. He will reign on the throne of David and over His kingdom, establishing and upholding it with justice and righteousness from that time on and forever. The zeal of the Lord of hosts will accomplish this. 因为有一个婴孩为我们而生，有一个儿子赐给我们；政权必担在他的肩头上；他的名必称为“奇妙的策士、全能的　神、永恒的父、和平的君”。  他的政权与平安必无穷无尽地增加，他在大卫的宝座上治理他的国，以公平和公义使国坚立稳固，从现在直到永远。万军之耶和华的热心必成全这事。 (Isaiah 9:6-7)

Jesus will be great and will be called the Son of the Most High. The Lord God will give Him the throne of His father David, and He will reign over the house of Jacob forever, and His kingdom will never end. 他将要被尊为大，称为至高者的儿子，主　神要把他祖大卫的王位赐给他，  他要作王统治雅各家，直到永远，他的国没有穷尽。” (Luke 1:32-33)

**My Relationship to God**

The Lord is my rock and my fortress and my deliverer; my God is my rock; I will take refuge in Him, my shield and the horn of my salvation, my stronghold and my refuge—my Savior, You save me from violence. I call on the Lord, who is worthy of praise, and I am saved from my enemies. 他说：“耶和华是我的岩石、我的山寨、我的救主、  我的　神、我的磐石、我所投靠的、我的盾牌、我救恩的角、我的高台、我的避难所、我的救主；你是救我脱离强暴的。  我向那当受赞美的耶和华呼求，就得到拯救，脱离我的仇敌。 (2 Samuel 22:2-4)

Who will bring a charge against those whom God has chosen? It is God who justifies. Who is he who condemns? It is Christ Jesus who died, who was furthermore raised to life, who is at the right hand of God and is also interceding for me. 谁能控告　神拣选的人呢？有　神称我们为义了。  谁能定我们的罪呢？有基督耶稣死了，而且复活了，现今在　神的右边，也替我们祈求。 (Romans 8:33-34)

**The Character I Want to Cultivate**

The fear of the Lord, that is wisdom, and to depart from evil is understanding. 他对人说：‘敬畏主就是智慧，远离邪恶就是聪明。’” (Job 28:28)

The fear of the Lord is the beginning of wisdom; all who practice His commandments have a good understanding. His praise endures forever. 敬畏耶和华是智慧的开端；凡是这样行的都是明智的。耶和华该受赞美，直到永远。 (Psalm 111:10)

**My Relationship to Others**

I will stay away from a foolish man, for I will not find knowledge on his lips. 你当离开愚昧人，因为你不会从他的嘴里晓得知识。 (Proverbs 14:7)

I will not make friends with a hot-tempered man or associate with one easily angered, lest I learn his ways and set a snare for my soul. 容易发怒的人，不要与他为友；脾气暴躁的人，不要与他来往，  免得你效法他的行径，自己就陷在网罗里。 (Proverbs 22:24-25)

Day 4

**The Attributes of God**

You revealed Yourself to Moses as “I AM WHO I AM.” 　神回答摩西：“我是‘自有永有者’。”又说：“你要对以色列人这样说：‘那自有者派我到你们这里来。’” (Exodus 3:14)

Jesus Christ is the same yesterday, today, and forever. 耶稣基督昨天、今天、一直到永远都是一样的。 (Hebrews 13:8)

**The Works of God**

Rejoice greatly, O daughter of Zion! Shout, O daughter of Jerusalem! Behold, Your King is coming to you; He is just and having salvation, humble and riding on a donkey, on a colt, the foal of a donkey. He will proclaim peace to the nations; His dominion will extend from sea to sea and from the River to the ends of the earth. 锡安的居民哪！要大大喜乐。耶路撒冷的居民（“居民”原文作“女子”）哪！应当欢呼。看哪！你的王来到你这里了，他是公义的，是得胜的。他又是温柔的，他骑着驴，骑的是小驴。  我必从以法莲除掉战车，从耶路撒冷除掉战马。争战的弓必被除掉，他要向列国宣讲和平。他的统治权必从这海延伸到那海，从幼发拉底河直到地极。 (Zechariah 9:9-10)

God sent His word to the children of Israel, telling the good news of peace through Jesus Christ, who is Lord of all. He commanded the apostles to preach to the people and to testify that He is the One whom God appointed as judge of the living and the dead. To Him all the prophets witness that through His name, everyone who believes in Him receives forgiveness of sins. 　神借着耶稣基督（他是万有的主）传和平的福音，把这道传给以色列人。  他吩咐我们向人民传讲，郑重证明他是　神所立，审判活人死人的主。  所有先知都为他作见证：所有信他的，都必借着他的名，罪得赦免。” (Acts 10:36, 42-43)

**My Relationship to God**

The Lord my God, the Lord is one. I want to love the Lord my God with all my heart and with all my soul and with all my strength. “以色列啊，你要听，耶和华我们的　神是独一的耶和华；  你要全心、全性、全力爱耶和华你的　神。 (Deuteronomy 6:4-5)

He who loves his father or mother more than You is not worthy of You; he who loves his son or daughter more than You is not worthy of You. 爱父母过于爱我的，不配作属我的；爱儿女过于爱我的，不配作属我的； (Matthew 10:37)

**The Character I Want to Cultivate**

I will not follow the crowd in doing wrong. 不可随众行恶，不可在诉讼的事上随众说歪曲正义的话； (Exodus 23:2)

There are six things the Lord hates, seven that are detestable to Him: haughty eyes, a lying tongue, hands that shed innocent blood, a heart that devises wicked plans, feet that run swiftly to evil, a false witness who breathes lies, and one who causes strife among brothers. 耶和华恨恶的事有六样，连他心里厌恶的，共有七样，  就是高傲的眼、说谎的舌头、流无辜人血的手、  图谋恶事的心、快跑行恶的脚、  说谎的假证人，和在弟兄中散布纷争的人。 (Proverbs 6:16-19)

**My Relationship to Others**

The Lord God said, “It is not good for the man to be alone; I will make a helper suitable for him.” And the Lord God made a woman from the rib He had taken out of the man, and He brought her to the man. And the man said, “This is now bone of my bones and flesh of my flesh; she shall be called ‘Woman,’ because she was taken out of man.” For this reason a man shall leave his father and mother, and shall cleave to his wife, and they shall become one flesh. 耶和华　神说：“那人独居不好，我要为他造个和他相配的帮手。”  然后，耶和华　神用从那人身上所取的肋骨，造了一个女人，带她到那人面前。  那人说：“这是我骨中的骨，肉中的肉；她当称为女人，因她是从男人身上取出来的。”  因此人要离开父母，和妻子连合，二人成为一体。 (Genesis 2:18, 22-24)

From the beginning of creation God made them male and female. For this reason a man shall leave his father and mother and shall cleave to his wife, and the two shall become one flesh. So they are no longer two, but one flesh. Therefore what God has joined together, let man not separate. 他回答：“造物者从起初‘造人的时候，就造男造女’。’因此人要离开父母，与妻子连合，二人成为一体。’这些话你们没有念过吗？  这样，他们不再是两个人，而是一体的了。所以　神所配合的，人不可分开。” 但从起初创造的时候，　神是‘造男造女’。  ‘因此人要离开父母，与妻子连合，  二人成为一体了。’这样，他们不再是两个人，而是一体的了。  所以　神所配合的，人不可分开。” (Matthew 19:4-6; Mark 10:6-9)

Day 5

**The Attributes of God**

The Lord is great and greatly to be praised; He is to be feared above all gods. For all the gods of the nations are idols, but the Lord made the heavens. Splendor and majesty are before Him; strength and joy are in His place. I will ascribe to the Lord glory and strength. I will ascribe to the Lord the glory due His name and worship the Lord in the beauty of holiness. 因为耶和华是伟大的，当受极大的赞美；他当受敬畏，远在万神之上。  万民的偶像算不得什么，唯独耶和华创造诸天。  尊荣和威严在他面前，能力和欢乐在他的圣所。  万族万民啊，你们要归给耶和华，要把荣耀和能力归给耶和华。  要把耶和华的名应得的荣耀归给他，拿着礼物到他面前来，要以圣洁的装饰敬拜耶和华。 (1 Chronicles 16:25-29)

You are the high and lofty One who inhabits eternity, whose name is holy. You live in a high and holy place but also with him who is contrite and lowly in spirit, to revive the spirit of the lowly and to revive the heart of the contrite. 因为那至高无上、永远存在、他名为圣的这样说：“虽然我住在至高至圣的地方，却与心灵痛悔和谦卑的人同在，要使谦卑人的灵苏醒，也使痛悔人的心苏醒。 (Isaiah 57:15)

**The Works of God**

God completed the heavens and the earth in all their vast array. By the seventh day God finished the work which He had done, and He rested on the seventh day from all His creative work. And God blessed the seventh day and sanctified it, because on it He rested from all the work of creating that He had done. 这样，天地万物都造齐了。  第七日，　神完成了他所作的工；在第七日　神歇了他所作的一切工。  　神赐福第七日，把它分别为圣，因为在这一日，　神停了他一切所创造的工，歇息了。 (Genesis 2:1-3)

O Lord, God of Israel, enthroned between the cherubim, You alone are God over all the kingdoms of the earth. You have made heaven and earth. 希西家在耶和华面前祷告，说：“耶和华以色列的　神，坐在二基路伯中间的啊，只有你是地上万国的　神，天地是你创造的。 (2 Kings 19:15)

**My Relationship to God**

Glory in the holy name of the Lord; let the hearts of those who seek the Lord rejoice. Seek the Lord and His strength; seek His face always. Remember the wonderful works He has done, His miracles, and the judgments He pronounced. 要以他的圣名为荣，愿寻求耶和华的人，心中喜乐。  要寻求耶和华和他的能力，常常寻求他的面。  他的仆人以色列的后裔啊，他所拣选的雅各的子孙啊，你们要记念他奇妙的作为、他的奇事和他口中的判语。 (1 Chronicles 16:10-12)

Since I am receiving a kingdom that cannot be shaken, I will be thankful and so worship God acceptably with reverence and awe, for my God is a consuming fire. 因此，我们既然领受了不能震动的国，就应该感恩，照着　神所喜悦的，用虔诚敬畏的心事奉他；  因为我们的　神是烈火。 (Hebrews 12:28-29)

**The Character I Want to Cultivate**

I will put away perversity from my mouth and keep corrupt talk far from my lips. 你要除掉欺诈的口，远离乖谬的嘴唇。 (Proverbs 4:24)

I will not let any corrupt word come out of my mouth, but only what is helpful for building others up according to their needs, that it may impart grace to those who hear. 一句坏话也不可出口，却要适当地说造就人的好话，使听见的人得益处。 (Ephesians 4:29)

**My Relationship to Others**

Like Abraham, I should direct my children and my household after me to keep the way of the Lord by doing what is right and just. 我拣选了他，是要他吩咐子孙，和他的家属，遵守我耶和华的道，秉公行义，好叫我耶和华应许亚伯拉罕的话都可实现。” (Genesis 18:19)

I will learn to fear You all the days I live on the earth and teach Your words to my children. 免得你忘了你在何烈山，站在耶和华你们的　神面前的那天。那时耶和华对我说：‘你要为我召集众民，我要叫他们听我的话，使他们在那地上生活的日子，可以学习敬畏我，又可以教训自己的儿女。’ (Deuteronomy 4:10)

Day 6

**The Attributes of God**

Who is like You, O Lord? Who is like You—majestic in holiness, awesome in praises, working wonders? 耶和华啊，万神之中有谁像你呢？有谁像你荣耀圣洁，可颂可畏，施行奇事呢？ (Exodus 15:11)

“My thoughts are not your thoughts, neither are your ways My ways,” declares the Lord. “As the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts.” 耶和华说：“我的意念不是你们的意念，你们的道路也不是我的道路。  天怎样高过地，我的道路也怎样高过你们的道路，我的意念也怎样高过你们的意念。 (Isaiah 55:8-9)

**The Works of God**

How great are Your works, O Lord! Your thoughts are very deep. The senseless man does not know; fools do not understand that when the wicked spring up like grass and all the evildoers flourish, they will be destroyed forever. But You, O Lord, are exalted forever. 耶和华啊！你的工作多么伟大，你的心思极为深奥。  无理性的人不晓得，愚昧的人不明白这事：  恶人虽好像草一样繁茂，所有作孽的人虽然兴旺，他们都要永远灭亡。 (Psalm 92:5-7)

The Lord is near to all who call upon Him, to all who call upon Him in truth. He fulfills the desire of those who fear Him; He hears their cry and saves them. The Lord preserves all who love Him, but all the wicked He will destroy. 凡是求告耶和华的，耶和华都和他们接近，就是和所有真诚求告他的人接近。  敬畏他的，他必成就他们的心愿，也必听他们的呼求，拯救他们。  耶和华保护所有爱他的人，却要消灭所有恶人。 (Psalm 145:18-20)

**My Relationship to God**

I am the salt of the earth, but if the salt loses its flavor, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot by men. I am the light of the world. A city set on a hill cannot be hidden. Neither do people light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. In the same way, I must let my light shine before men, that they may see my good deeds and praise my Father in heaven. “你们是地上的盐；如果盐失了味，怎能使它再咸呢？结果毫无用处，唯有丢在外面任人践踏。  你们是世上的光。建在山上的城是无法隐藏的；  人点了灯，不会放在量器底下，而是放在灯台上，就照亮一家人。  照样，你们的光也应当照在人前，让他们看见你们的好行为，又颂赞你们在天上的父。 (Matthew 5:13-16)

We are the temple of God, and the Spirit of God lives in us. 难道不知道你们是　神的殿，　神的灵住在你们里面吗？ (1 Corinthians 3:16)

**The Character I Want to Cultivate**

When I am blessed with abundance, I will beware lest my heart becomes proud, and I forget the Lord my God who provided all good things, thinking that it was my power and the strength of my hand that brought this wealth. 恐怕你吃饱了，建造美好的房屋居住，  你的牛羊加多，你的金银增添，你所有的一切都增加了，  那时，你就心高气傲，忘记了耶和华你的　神，就是把你从埃及地，从为奴之家领出来的那一位。  恐怕你心里说：‘这财富是我的力量，是我手的能力使我得着的。’ (Deuteronomy 8:12-14, 17)

Pride goes before destruction, and a haughty spirit before a fall. 在灭亡以先，必有骄傲；在跌倒以前，心中高傲。 (Proverbs 16:18)

**My Relationship to Others**

How good and pleasant it is when brothers live together in unity! 看哪！弟兄和睦共处，是多么的善，多么的美。（本节在《马索拉抄本》包括细字标题） (Psalm 133:1)

The Lord Jesus prayed these words for the unity of all who would believe in Him: “I ask that all of them may be one, Father, just as You are in Me and I am in You, that they also may be in Us, that the world may believe that You sent Me. And the glory which You gave Me I have given to them, that they may be one, just as We are one: I in them, and You in Me, that they may be perfected in one, that the world may know that You have sent Me and have loved them, even as You have loved Me.” 使他们都合而为一，像父你在我里面，我在你里面一样；使他们也在我们里面，让世人相信你差了我来。  你赐给我的荣耀，我已经赐给了他们，使他们合而为一，像我们合而为一。  我在他们里面，你在我里面，使他们完完全全合而为一，让世人知道你差了我来，并且知道你爱他们，好像爱我一样。 (John 17:21-23)

Day 7

**The Attributes of God**

I acknowledge this day and take it to my heart that the Lord is God in heaven above and on the earth below; there is no other. 所以今天你要知道，也要记在心里；天上地下，只有耶和华是　神；除他以外，再没有别的神了。 (Deuteronomy 4:39)

You are the Lord, and there is no other; apart from You there is no God. From the rising to the setting of the sun, we know there is none besides You. You are the Lord, and there is no other. “我是耶和华，再没有别的神了；除了我以外，并没有真神；你虽然不认识我，我必坚固你，  为要叫从日出之地到日落之地的人都知道，除了我以外，没有真神；我是耶和华，再没有别的神了。 (Isaiah 45:5-6)

**The Works of God**

The wolf will dwell with the lamb, and the leopard will lie down with the goat, and the calf and the lion and the yearling together, and a little child will lead them. The cow will feed with the bear; their young will lie down together, and the lion will eat straw like the ox. The infant will play near the hole of the cobra, and the young child will put his hand into the viper’s hole. They will neither harm nor destroy on all My holy mountain, for the earth will be full of the knowledge of the Lord as the waters cover the sea. 豺狼必与绵羊羔同住，豹子要与山羊羔同卧，牛犊、幼狮和肥畜必同群；小孩子要牵引它们。  牛必与母熊一同吃食，牛犊必与小熊一起躺卧；狮子就像牛一般吃草。  吃奶的婴儿必在虺蛇的洞口玩耍，断奶的孩子必放他的手在毒蛇的穴上。  在我整个圣山上面，这一切都不行伤害或毁灭之事；因为认识耶和华的知识要充满大地，好像海水覆盖海洋一般。 (Isaiah 11:6-9)

The heavens will vanish like smoke; the earth will wear out like a garment, and its inhabitants will die in the same way. But Your salvation will last forever, and Your righteousness will never fail. 你们要仰观天空，俯视大地；因为诸天必像烟云消散，大地要像衣服渐渐破旧；其上的居民必像蠓虫死亡，但我的拯救却永远长存，我的公义也不会废去。 (Isaiah 51:6)

**My Relationship to God**

The Lord is my strength and my shield; my heart trusts in Him, and I am helped. My heart greatly rejoices, and I will give thanks to Him in song. 耶和华是我的力量，是我的盾牌；我的心倚靠他，我就得到帮助；所以我的心欢乐。我要用诗歌颂赞他。 (Psalm 28:7)

I will not let my heart be troubled. I will trust in God and trust also in Christ. “你们心里不要难过，你们应当信　神，也应当信我。 (John 14:1)

**The Character I Want to Cultivate**

Instruct a wise man, and he will be wiser still; teach a righteous man, and he will increase in learning. 教导智慧人，他就越有智慧；指教义人，他就增加学问。 (Proverbs 9:9)

He who heeds instruction is on the path of life, but he who refuses correction goes astray. 遵守教训的，走在生命的路上；离弃责备的，却是走上错路。 (Proverbs 10:17)

**My Relationship to Others**

How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation. 那传福音、宣布平安、传美好的福音、宣布救恩，又对锡安说“你的　神作王了”的，他的脚踪在山上多么的美！ 看哪！那传报佳音、宣告和平之人的脚，已经站在山上，说：犹大啊！守你的节期，还你的愿吧！因为那奸恶的人永不会再从你中间经过；他已被彻底除灭了。（本节在《马索拉抄本》为2:1） (Isaiah 52:7; Nahum 1:15)

As I follow You, You will make me a fisher of men. 耶稣就对他们说：“来跟从我，我要使你们作得人的渔夫。” 耶稣就对他们说：“来跟从我，我要使你们成为得人的渔夫。” (Matthew 4:19; Mark 1:17)

Day 8

**The Attributes of God**

You are the living God, and there is no god besides You. You put to death and You bring to life, You have wounded and You will heal, and no one can deliver from Your hand. 现在你们要知道，只有我是那一位，除我以外，并没有别的神；我使人死，也使人活；我打伤，我也医治；没有人可以从我的手里抢救出去。 (Deuteronomy 32:39)

O Lord, the God of our fathers, are You not the God who is in heaven? Are You not the ruler over all the kingdoms of the nations? Power and might are in Your hand, and no one is able to withstand You. 说：“耶和华我们列祖的　神啊，你不是天上的　神吗？你不是统治万国的吗？你手中有大能大力，没有人能抵挡你。 (2 Chronicles 20:6)

**The Works of God**

God promised the gospel beforehand through His prophets in the Holy Scriptures, concerning His Son—who was a descendant of David according to the flesh, and who was declared with power to be the Son of God, according to the Spirit of holiness, by His resurrection from the dead—Jesus Christ our Lord. 这福音是　神借着众先知在圣经上预先所应许的，  就是论到他的儿子我们的主耶稣基督：按肉身说，他是从大卫的后裔生的；  按圣洁的灵说，因为从死人中复活，显明他是大有能力的、　神的儿子（“显明他是大有能力的、　神的儿子”或译：“以大能显明他是　神的儿子”）。 (Romans 1:2-4)

God set forth Christ to be a propitiation through faith in His blood. He did this to demonstrate His righteousness, because in His forbearance He passed over the sins committed beforehand; He did it to demonstrate His righteousness at the present time, that He might be just and the justifier of those who have faith in Jesus. Where, then, is boasting? It is excluded. By what law? Of works? No, but by a law of faith. For we maintain that a man is justified by faith apart from works of the law. 　神设立了耶稣为赎罪祭（“赎罪祭”原文作“蔽罪所”），是凭着他的血，借着人的信，为的是要显明　神的义；因为　神用忍耐的心宽容了人从前所犯的罪，  好在现今显明他的义，使人知道他自己为义，又称信耶稣的人为义。  这样，有什么可夸的呢？没有可夸的了。凭什么准则说没有的呢？凭行为吗？不是的，而是以信心为准则说的。  因为我们认定，人称义是由于信，并不是靠行律法。 (Romans 3:25-28)

**My Relationship to God**

By God’s grace, I will not despise my birthright for the things of this world. 雅各说：“你先向我起誓吧。”以扫就向他起了誓，把自己的长子名分卖给雅各。  于是，雅各把饼和红豆汤给了以扫；以扫吃了，喝了，就起来走了。以扫就这样轻看了他的长子名分。 (Genesis 25:33-34)

I will fear the Lord and serve Him in truth with all my heart, for I consider what great things He has done for me. 你们只要敬畏耶和华，诚实全心事奉他，因为你们已经看过他为你们所作的是何等大的事。 (1 Samuel 12:24)

**The Character I Want to Cultivate**

I will not wear myself out to get rich; I will have the understanding to cease. I will not set my desire on what flies away, for wealth surely sprouts wings and flies into the heavens like an eagle. 不要劳碌求富，你要明智地放下这企图。  你的眼睛注视在钱财上，钱财却不见了，因为钱财必长起翅膀，如鹰飞往天上。 (Proverbs 23:4-5)

I want to learn to be content in whatever circumstances I am. Whether I am abased or in abundance, whether I am filled or hungry, I want to learn the secret of being content in any and every situation. I can do all things through Him who strengthens me. 我并不是因为缺乏才这样说：我已经学会了，无论在什么情况之下都可以知足。  我知道怎样处卑贱，也知道怎样处富裕；我已经得了秘诀，无论在任何情况之下，或是饱足，或是饥饿，或是富裕，或是缺乏，都可以知足。  我靠着那加给我能力的，凡事都能作。 (Philippians 4:11-13)

**My Relationship to Others**

I will not hate my brother in my heart. “你不可心里恨你的兄弟；应坦诚责备你的邻舍，免得你因他担当罪过。 (Leviticus 19:17)

Hatred stirs up strife, but love covers all transgressions. 恨能挑起纷争，爱能遮掩一切过失。 (Proverbs 10:12)

Day 9

**The Attributes of God**

The Lord, the Lord God, is compassionate and gracious, slow to anger, and abounding in lovingkindness and truth, maintaining love to thousands, and forgiving iniquity, transgression, and sin. 耶和华在摩西面前经过，并且宣告说：“耶和华，耶和华，是有怜悯有恩典的　神，不轻易发怒，并且有丰盛的慈爱和诚实，  为千千万万人留下慈爱，赦免罪孽、过犯和罪恶。一定要清除罪，追讨罪孽自父及子至孙，直到三四代。” (Exodus 34:6-7)

The Lord executes righteousness and justice for all who are oppressed. The Lord is compassionate and gracious, slow to anger, and abounding in lovingkindness. 耶和华施行公义，为所有受欺压的人主持公道。  耶和华有怜悯，有恩典，不轻易发怒，并且有丰盛的慈爱。 (Psalm 103:6, 8)

**The Works of God**

The Lord God formed man from the dust of the ground and breathed into his nostrils the breath of life; and man became a living being. And out of the ground the Lord God made every tree grow that is pleasing to the eye and good for food. In the middle of the garden were the tree of life and the tree of the knowledge of good and evil. Then the Lord God took the man and put him in the Garden of Eden to cultivate it and take care of it. (Genesis 2:7, 9, 15)

In the day that God created man, He made him in the likeness of God. 以下是亚当后代的记录。　神创造人的时候，是按着自己的样式造的； (Genesis 5:1)

**My Relationship to God**

Has the Lord as much delight in burnt offerings and sacrifices as in obeying the voice of the Lord? To obey is better than sacrifice, and to heed is better than the fat of rams. For rebellion is like the sin of divination, and stubbornness is as iniquity and idolatry. 撒母耳说：“耶和华喜悦燔祭和平安祭，岂像喜悦人听从耶和华的话呢？听从胜过献祭，听命胜过公羊的脂油。  因为悖逆与行邪术的罪相同，顽梗与拜虚无偶像一样，因为你弃绝了耶和华的话，耶和华也弃绝了你作王。” (1 Samuel 15:22-23)

I desire not only to call You Lord but to do what You say. By Your grace, I will come to You, hear Your words, and put them into practice. Then I will be like a man building a house, who dug down deep and laid the foundation on rock, and when a flood came, the torrent struck that house but could not shake it, because it was well built. (Luke 6:46-48)

**The Character I Want to Cultivate**

A fool shows his annoyance at once, but a prudent man overlooks an insult. 愚妄人的恼怒立时显露，精明的人却能忍受羞辱。 (Proverbs 12:16)

I will not be quickly provoked in my spirit, for anger rests in the bosom of fools. 你心里不要轻易动怒，因为恼怒留在愚昧人的胸怀中。 (Ecclesiastes 7:9)

**My Relationship to Others**

I will learn to do good, seek justice, remove the oppressor, defend the orphan, and plead for the widow. 学习行善，寻求公平，指责残暴的人，替孤儿伸冤，为寡妇辨屈。” (Isaiah 1:17)

When Christ comes to reign as king on His glorious throne, He will say to the sheep on His right hand, “Come, you who are blessed of My Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry, and you gave Me something to eat; I was thirsty, and you gave Me something to drink; I was a stranger, and you invited Me in; I was naked, and you clothed Me; I was sick, and you visited Me; I was in prison, and you came to Me.” Then the righteous will answer Him, “Lord, when did we see You hungry and feed You, or thirsty and give You something to drink? And when did we see You a stranger and invite You in, or naked and clothe You? And when did we see You sick or in prison and come to You?” And the King will answer and say to them, “I tell you the truth, inasmuch as you did it to one of the least of these brothers of Mine, you did it to Me.” “当人子在他的荣耀里，带着所有的使者降临的时候，他要坐在荣耀的宝座上。  那时，王要对右边的说：‘蒙我父赐福的，来承受创世以来为你们预备好的国吧。  因为我饿了，你们给我吃；我渴了，你们给我喝；我作旅客，你们接待我；  我赤身露体，你们给我衣服穿；我病了，你们看顾我；我在监里，你们来看我。’  义人就回答：‘主啊，我们什么时候见你饿了就给你吃，渴了就给你喝呢？  又什么时候见你作旅客就接待你，赤身露体就给你衣服穿呢？  或者什么时候见你病了，或在监里就来看你呢？’  王要回答他们：‘我实在告诉你们，你们所作的，只要是作在我一个最小的弟兄身上，就是作在我的身上了。’ (Matthew 25:31, 34-40)

Day 10

**The Attributes of God**

Great is the Lord and most worthy of praise; He is to be feared above all gods. For all the gods of the nations are idols, but the Lord made the heavens. Splendor and majesty are before Him; strength and beauty are in His sanctuary. I will ascribe to the Lord glory and strength. I will ascribe to the Lord the glory due His name and worship the Lord in the beauty of holiness. 因为耶和华是伟大的，该受极大的赞美，他当受敬畏，过于众神之上。  因为万民的神都是虚空的偶像，但耶和华创造了诸天。  尊荣和威严在他面前，能力和华美在他圣所之中。  列国的万族啊！你们要归给耶和华，要把荣耀和能力归给耶和华。  要把耶和华的名当得的荣耀归给他，带着礼物进入他的院子。 (Psalm 96:4-8)

Holy, Holy, Holy is the Lord of hosts; the whole earth is full of His glory. 他们彼此高呼着说：“圣哉！圣哉！圣哉！万军之耶和华！他的荣光充满全地。” (Isaiah 6:3)

**The Works of God**

The Lord upholds all who fall and lifts up all who are bowed down. The eyes of all look to You, and You give them their food at the proper time. You open Your hand and satisfy the desire of every living thing. 跌倒的，耶和华都扶持他们；被压迫的，他都扶他们起来。  万人的眼睛都仰望你，你按时把粮食赐给他们。  你把手张开，使所有生物都随愿得到饱足。 (Psalm 145:14-16)

O Lord, You are my God; I will exalt You and praise Your name, for You have done wonderful things, things planned long ago in perfect faithfulness. 耶和华啊！你是我的　神，我要尊崇你，称谢你的名，因为你以信实真诚作成了奇妙的事，就是你远古以前所计划的事。 (Isaiah 25:1)

**My Relationship to God**

I know that my Redeemer lives and that in the end He will stand upon the earth. And after my skin has been destroyed, yet in my flesh I will see God; whom I myself will see and behold with my own eyes and not another. How my heart yearns within me! 我知道我的救赎主活着，最后他必在地上兴起。  我的皮肉遭受毁坏以后，这事就要发生，我必在肉体以外得见　神。  我必见他在我身边，我要亲眼见他，并非外人，我的心肠在我里面渴想极了。 (Job 19:25-27)

I have hope in God, that there will be a resurrection of both the righteous and the wicked. In view of this, I strive always to keep my conscience blameless before God and men. 我靠着　神所存的盼望，也是他们自己所期待的，就是义人和不义的人都要复活；  因此，我常常勉励自己，对　神对人要常存无亏的良心。 (Acts 24:15-16)

**The Character I Want to Cultivate**

I will be strong and courageous; I will not be afraid or discouraged because of my adversaries, for there is a greater power with me than with them, for the Lord my God is with me to help me. “你们要坚强勇敢，不要因亚述王和他统领的大军惧怕惊慌；因为和我们同在的，比和他们同在的更多。  和他们同在的，不过是人血肉的手臂；和我们同在的，却是耶和华我们的　神，他必帮助我们，为我们作战。”众民因犹大王希西家的话都得着鼓励了。 (2 Chronicles 32:7-8)

I will not be afraid of my adversaries, but I will remember the Lord, who is great and awesome. 我巡视之后，就起来，对贵族、官长和其余的人民说：“不要怕他们，要记得主是伟大可畏的，要为你们的兄弟、儿女、妻子和你们的家争战。” (Nehemiah 4:14)

**My Relationship to Others**

Far be it from me that I should sin against the Lord by ceasing to pray for others. 至于我，我决不停止为你们祷告，以致得罪耶和华；我要把善道正路教导你们。 (1 Samuel 12:23)

I will do nothing out of selfish ambition or vain conceit, but in humility I will esteem others as more important than myself. I will look not only to my own interests, but also to the interests of others. 不要自私自利，也不要贪图虚荣，只要谦卑，看别人比自己强；  各人不要单顾自己的事，也要顾别人的事。 (Philippians 2:3-4)

Day 11

**The Attributes of God**

The Lord will guard the feet of His saints, but the wicked will be silenced in darkness. It is not by strength that one prevails; those who contend with the Lord will be shattered. He will thunder against them from heaven; the Lord will judge the ends of the earth. He will give strength to His king and exalt the horn of His anointed. 耶和华必保护虔诚人的脚步，却使恶人在黑暗中灭亡，因为人得胜不是靠着力量。  至高者在天上打雷，耶和华必打碎与他作对的人。耶和华要审判地的四极，却要赐力量给他所立的王，高举他膏立之人的角。” (1 Samuel 2:9-10)

You have sworn by Yourself; the word has gone out of Your mouth in righteousness and will not return. Every knee will bow before You, and every tongue will acknowledge You. 我指着自己起誓，我的口凭着公义说出的话，决不改变：‘万膝都必向我跪拜，万口都要指着我起誓。’ (Isaiah 45:23)

**The Works of God**

The Lord God will swallow up death forever, and He will wipe away the tears from all faces; He will remove the reproach of His people from all the earth. For the Lord has spoken. And it will be said in that day, “Behold, this is our God; we have waited for Him, and He will save us. This is the Lord, we have trusted in Him; let us rejoice and be glad in His salvation.” 他要吞灭死亡，直到永远；主耶和华必擦去各人脸上的眼泪，又从地上除掉他子民的羞辱；这是耶和华说的。  到那日，必有人说：“看哪！这是我们的　神；我们信靠他，他必拯救我们。这是耶和华，我们所倚靠的，我们要因他的拯救欢喜快乐。 (Isaiah 25:8-9)

You will create new heavens and a new earth. The former things will not be remembered, nor will they come to mind. “看哪！我要创造新天新地；先前的事不再被人记念，也不再涌上心头了。 (Isaiah 65:17)

**My Relationship to God**

How great is Your goodness, which You have stored up for those who fear You, which You have prepared for those who take refuge in You before the sons of men! 耶和华啊！你为敬畏你的人所珍藏的好处，为投靠你的人在世人面前所施行的恩惠，是多么丰盛。 (Psalm 31:19)

You know how I am formed; You remember that I am dust. As for man, his days are like grass; he flourishes like a flower of the field. The wind passes over it and it is gone, and its place remembers it no more. But the lovingkindness of the Lord is from everlasting to everlasting on those who fear Him, and His righteousness with their children’s children, to those who keep His covenant and remember to obey His precepts. 因为他知道我们的本体，记得我们不过是尘土。  至于世人，他的年日好像草一般；他又像野地繁茂的花。  经风一吹，就归无有；他原来的地方再不认识他。  但从亘古到永远，耶和华的慈爱临到敬畏他的人；他的公义也归于他们的子子孙孙，  就是那些谨守他的约，记住他的训词，并且遵行的人。 (Psalm 103:14-18)

**The Character I Want to Cultivate**

The fear of man brings a snare, but he who trusts in the Lord is set on high. 惧怕人的，必陷入网罗；倚靠耶和华的，必得安全。 (Proverbs 29:25)

Cursed is the one who trusts in man, who depends on flesh for his strength and whose heart turns away from the Lord. But blessed is the man who trusts in the Lord, whose confidence is in Him. 耶和华这样说：“倚靠世人，恃凭肉体为自己的力量，心里偏离耶和华的，这人该受咒诅。  但倚靠耶和华，以耶和华为他所信赖的，这人是有福的。 (Jeremiah 17:5, 7)

**My Relationship to Others**

A virtuous wife is the crown of her husband, but she who causes shame is like decay in his bones. 有才德的妇人是丈夫的冠冕，贻羞的妇人，如同丈夫骨中的朽烂。 (Proverbs 12:4)

Who can find a virtuous wife? She is worth far more than jewels. The heart of her husband trusts in her so that he has no lack of gain. She brings him good, not harm, all the days of her life. 有才德的妇人，谁能得着呢？她的价值远胜过红宝石。  她丈夫心里倚靠她，就不会缺少收入。  她一生的年日，只带给丈夫益处，没有害处。 (Proverbs 31:10-12)

Day 12

**The Attributes of God**

Your lovingkindness, O Lord, reaches to the heavens, Your faithfulness to the skies. Your righteousness is like the mountains of God; Your judgments are like a great deep. O Lord, You preserve man and beast. How priceless is Your lovingkindness, O God! The children of men find refuge in the shadow of Your wings. For with You is the fountain of life; in Your light we see light. (Psalm 36:5-7, 9)

The Lord’s lovingkindness is great toward us, and the truth of the Lord endures forever. Praise the Lord! 他向我们所施的慈爱极大；耶和华的信实永远长存。你们要赞美耶和华。 (Psalm 117:2)

**The Works of God**

The foolishness of God is wiser than men, and the weakness of God is stronger than men. But God chose the foolish things of the world to shame the wise, and God chose the weak things of the world to shame the strong; and the lowly things of this world and the despised things God has chosen, and the things that are not, to nullify the things that are, so that no one may boast before Him. 因为　神的愚笨总比人智慧，　神的软弱总比人刚强。  但是　神却拣选了世上愚笨的，使那些有智慧的羞愧。他也拣选了世上软弱的，使那些刚强的羞愧。  他也拣选了世上卑贱的和被人轻视的，以及算不得什么的，为了要废弃那些自以为是的，  使所有的人在　神面前都不能自夸。 (1 Corinthians 1:25, 27-29)

The Lord said, “Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me. To him who overcomes, I will give the right to sit with Me on My throne, just as I overcame and sat down with My Father on His throne.” 看哪！我站在门外敲门；如果有人听见我的声音就开门的，我要进到他那里去，我要跟他在一起，他也要跟我在一起吃饭。  得胜的，我必定赐他和我一同坐在我的宝座上，正像我得了胜和我父一同坐在他的宝座上一样。 (Revelation 3:20-21)

**My Relationship to God**

Have mercy on me, O God, have mercy on me, for in You my soul takes refuge. I will take refuge in the shadow of Your wings until destruction passes by. I cry out to God Most High, to God who fulfills His purpose for me. 　神啊，求你恩待我！求你恩待我！因为我投靠你；我要投靠在你翅膀的荫下，直到灾害过去。  我要向至高的　神呼求，就是向为我成就他旨意的　神呼求。 (Psalm 57:1-2)

This is what the Lord God, the Holy One of Israel, says: “In repentance and rest is your salvation; in quietness and trust is your strength.” 因为主耶和华以色列的圣者这样说：“你们得救在于悔改和安息，你们得力在于平静和信靠。”但你们竟不愿意。 (Isaiah 30:15)

**The Character I Want to Cultivate**

You desire mercy, not sacrifice, and the knowledge of God more than burnt offerings. 我喜爱怜恤，不喜爱祭祀；我喜爱人认识　神的知识，胜过人献的燔祭。 (Hosea 6:6)

Blessed are the merciful, for they shall obtain mercy. 怜悯人的人有福了，因为他们必蒙怜悯。 (Matthew 5:7)

**My Relationship to Others**

I will honor my father and my mother. “要孝敬父母，使你在耶和华你的　神赐给你的地上得享长寿。 “‘要孝敬父母，照着耶和华你的　神吩咐你的，使你可以得享长寿，也使你在耶和华你的　神赐给你的地上，得享福乐。 (Exodus 20:12; Deuteronomy 5:16)

The father of the righteous will greatly rejoice, and he who begets a wise son will be glad in him. May my father and mother be glad; may she who gave me birth rejoice. (Proverbs 23:24-25)

Day 13

**The Attributes of God**

O Lord, our Lord, how majestic is Your name in all the earth! You have set Your glory above the heavens! 耶和华我们的主啊！你的名在全地是多么威严，你把你的荣美彰显在天上。 (Psalm 8:1)

Bless the Lord, O my soul. O Lord, my God, You are very great; You are clothed with splendor and majesty. 我的心哪！你要称颂耶和华；耶和华我的　神啊！你真伟大；你以尊荣和威严为衣服。 (Psalm 104:1)

**The Works of God**

In six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy. (Exodus 20:11)

You alone are the Lord. You made the heavens, even the heaven of heavens, and all their starry host, the earth and all that is on it, the seas and all that is in them. You give life to all that is in them, and the host of heaven worships You. 你，唯独你是耶和华，你造了天，天上的天和天军，地和地上的万物，海和海中的万物，你使这一切生存，天军也都敬拜你。 (Nehemiah 9:6)

**My Relationship to God**

The Lord is my shepherd; I shall not be in want. He makes me lie down in green pastures; He leads me beside quiet waters; He restores my soul. He guides me in the paths of righteousness for His name’s sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and mercy will follow me all the days of my life, and I will dwell in the house of the Lord forever. 耶和华是我的牧人，我必不会缺乏。（本节在《马索拉抄本》包括细字标题）  他使我躺卧在青草地上，领我到安静的水边。  他使我的灵魂苏醒；为了自己的名，他引导我走义路。  我虽然行过死荫的山谷，也不怕遭受伤害，因为你与我同在；你的杖你的竿都安慰我。  在我敌人面前，你为我摆设筵席；你用油膏了我的头，使我的杯满溢。  我一生的日子，必有恩惠慈爱紧随着我；我也要住在耶和华的殿中，直到永远。 (Psalm 23:1-6)

I know that all things work together for good to those who love God, to those who have been called according to His purpose. 我们知道，为了爱　神的人，就是按他旨意蒙召的人的益处，万事都一同效力。 (Romans 8:28)

**The Character I Want to Cultivate**

Lord, make me to know my end and what is the measure of my days; let me know how fleeting is my life. “耶和华啊！求你使我知道我的结局，我的寿数有多少，使我知道我的生命多么短促。 (Psalm 39:4)

Teach me to number my days, that I may gain a heart of wisdom. 求你教导我们怎样数算自己的日子，好使我们得着智慧的心。 (Psalm 90:12)

**My Relationship to Others**

Since we were called into fellowship with the Lord Jesus Christ, all of us should agree with one another, so that there may be no divisions among us, and that we may be perfectly joined together in the same mind and in the same judgment. (1 Corinthians 1:9-10)

There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female, for we are all one in Christ Jesus. 并不分犹太人或希腊人，作奴仆的或自由人，男的或女的，因为你们在基督耶稣里都成为一体了。 (Galatians 3:28)

Day 14

**The Attributes of God**

The Lord does not see as man sees. Man looks at the outward appearance, but the Lord looks at the heart. 但耶和华对撒母耳说：“不要看他的外貌和他高大的身材，因为我不拣选他。耶和华看人不像人看人，人是看外表，耶和华是看内心。” (1 Samuel 16:7)

O Lord, You have searched me and You know me. You know when I sit down and when I rise up; You understand my thoughts from afar. You scrutinize my path and my lying down and are acquainted with all my ways. Before a word is on my tongue, O Lord, You know it completely. 耶和华啊！你鉴察了我，你认识我。（本节在《马索拉抄本》包括细字标题）  我坐下，我起来，你都知道；你在远处就明白我的意念。  我行路，我躺卧，你都细察；我的一切行为，你都熟悉。  耶和华啊！我的舌头还没有发言，你已经完全知道了。 (Psalm 139:1-4)

**The Works of God**

A Shoot will come forth from the stump of Jesse; from his roots a Branch will bear fruit. The Spirit of the Lord will rest on Him—the Spirit of wisdom and of understanding, the Spirit of counsel and of power, the Spirit of knowledge and of the fear of the Lord—and He will delight in the fear of the Lord. He will not judge by what He sees with His eyes, or decide by what He hears with His ears, but with righteousness He will judge the poor and decide with fairness for the meek of the earth. And He will strike the earth with the rod of His mouth; with the breath of His lips He will slay the wicked. Righteousness will be His belt, and faithfulness the sash around His waist. 从耶西的树干必生出一根嫩芽，从他的根而出的枝条必结果子。  耶和华的灵必停留在他身上，就是智慧的灵和聪明的灵，谋略的灵和能力的灵，知识的灵和敬畏耶和华的灵。  他必以敬畏耶和华为乐。他不凭眼睛所见的施行审判，也不凭耳朵所听的断定是非；  却要以公义审判贫穷人，以正直判断地上的困苦人；以口中的杖击打世界，以嘴里的气杀死恶人。  公义必作他腰间的带子，信实必作他胁下的带子。 (Isaiah 11:1-5)

Behold, a virgin shall be with child and will give birth to a son, and they will call His name Immanuel, which means, “God with us.” “必有童女怀孕生子，他的名要叫以马内利。”以马内利就是“　神与我们同在”的意思。 (Matthew 1:23)

**My Relationship to God**

The Lord my God wants me to fear Him, to walk in all His ways, to love Him, and to serve the Lord my God with all my heart and with all my soul. “以色列啊，现在耶和华你的　神向你要的是什么呢？只要你敬畏耶和华你的　神，行在他的一切道路上，爱他，一心一意事奉耶和华你的　神， (Deuteronomy 10:12)

I want to know God and serve Him with a whole heart and with a willing mind; for the Lord searches all hearts and understands every motive behind the thoughts. “至于你，我儿所罗门哪，你要认识耶和华你父亲的　神，一心乐意事奉他，因为耶和华鉴察万人的心，知道人的一切心思意念。你若是寻求他，就必寻见；你若是离弃他，他必永远丢弃你。 (1 Chronicles 28:9)

**The Character I Want to Cultivate**

I know, my God, that You test the heart and are pleased with integrity. 我的　神啊，我知道你察验人心，喜悦正直；至于我，我以正直的心甘愿奉献这一切；现在我也非常欢喜看见你在这里的人民，都甘愿奉献给你。 (1 Chronicles 29:17)

May those who hope in You not be ashamed because of me, O Lord God of hosts; may those who seek You not be dishonored because of me, O God of Israel. 主万军之耶和华啊！愿那些等候你的，不要因我蒙羞；以色列的　神啊！愿那些寻求你的，不要因我受辱。 (Psalm 69:6)

**My Relationship to Others**

Whoever acknowledges You before men, You will also acknowledge him before Your Father in heaven. But whoever denies You before men, You will also deny him before Your Father in heaven. “凡在人面前承认我的，我在我天父面前也要承认他；  在人面前不认我的，我在我天父面前也要不认他。 (Matthew 10:32-33)

I will not be ashamed to testify about our Lord, but I will join with others in suffering for the gospel according to the power of God. 所以，不要以给我们的主作见证当作羞耻，也不要以我这为主被囚的当作羞耻，却要为了福音的缘故，靠着　神的大能，与我同受磨难。 (2 Timothy 1:8)

Day 15

**The Attributes of God**

God is the Rock; His work is perfect, for all His ways are just. A God of faithfulness and without injustice, upright and just is He. 他是磐石，他的作为完全，因为他一切所行的全都公平；他是诚实无伪的　神，又公义，又正直。 (Deuteronomy 32:4)

The word of the Lord is upright, and all His work is done in faithfulness. He loves righteousness and justice; the earth is full of the lovingkindness of the Lord. 因为耶和华的话是正直的，他的一切作为都是诚实的。  耶和华喜爱公义和公正，全地充满耶和华的慈爱。 (Psalm 33:4-5)

**The Works of God**

Multitudes who sleep in the dust of the earth will awake, some to everlasting life, others to shame and everlasting contempt. Those who are wise will shine like the brightness of the heavens, and those who lead many to righteousness like the stars for ever and ever. 必有许多睡在尘土中的人醒过来，有的要得永生，有的要受羞辱，永远被憎恶。  那些使人有智慧的必发光，好像天上的光体；那些使许多人归义的必发光，如同星星，直到永永远远。 (Daniel 12:2-3)

An hour is coming when all who are in the graves will hear the voice of the Son of Man, and will come out—those who have done good to a resurrection of life, and those who have done evil to a resurrection of judgment. 你们不要把这事看作希奇，因为时候将到，那时所有在坟墓里的都要听见他的声音，  并且都要出来；行善的复活得生命，作恶的复活被定罪。 (John 5:28-29)

**My Relationship to God**

I will praise You, O Lord my God, with all my heart, and I will glorify Your name forever. For great is Your love toward me, and You have delivered my soul from the depths of the grave. 主我的　神啊！我要满心称赞你，我要永远荣耀你的名。  因为你向我大施慈爱，你救了我的命，免入阴间的深处。 (Psalm 86:12-13)

I will exult in the Lord; I will rejoice in the God of my salvation. The Lord God is my strength; He makes my feet like the feet of a deer and enables me to go on the heights. 我却要因耶和华欢喜，以救我的　神为乐。  主耶和华是我的力量，他使我的脚快如母鹿的蹄，在高地上行走。交诗班长，用丝弦的乐器伴奏。 (Habakkuk 3:18-19)

**The Character I Want to Cultivate**

I will not spread false reports, nor will I help a wicked man by being a malicious witness. “不可传播谣言，也不可与恶人携手作假见证。 (Exodus 23:1)

Lying lips are hateful to the Lord, but He delights in those who deal faithfully. 撒谎的嘴唇是耶和华憎恶的；行事诚实是他所喜悦的。 (Proverbs 12:22)

**My Relationship to Others**

I will not take vengeance or bear a grudge against others, but I will love my neighbor as myself. 不可报复，也不可向你的族人怀恨，却要爱你的邻舍好像爱自己；我是耶和华。 (Leviticus 19:18)

Whatever I want others to do to me, I will also do to them, for this is the Law and the Prophets. 你们愿意人怎样待你们，你们也要怎样待人，这是律法和先知的总纲。 (Matthew 7:12)

Day 16

**The Attributes of God**

There is no one holy like the Lord; there is no one besides You; nor is there any Rock like our God. 没有人像耶和华那么圣洁，因为除你以外没有别的神，也没有磐石像我们的　神。 (1 Samuel 2:2)

There is but one God, the Father, from whom all things came and for whom I live; and there is but one Lord, Jesus Christ, through whom all things came and through whom I live. 然而我们只有一位　神，就是父；万物都是从他而来，我们也为了他而活。我们也只有一位主，就是耶稣基督；万物都是借着他而有的，我们也是借着他而有的。 (1 Corinthians 8:6)

**The Works of God**

God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have eternal life. For God did not send His Son into the world to condemn the world, but to save the world through Him. “　神爱世人，甚至把他的独生子赐给他们，叫一切信他的，不至灭亡，反得永生。  因为　神差他的儿子到世上来，不是要定世人的罪，而是要使世人借着他得救。 (John 3:16-17)

The Lord said, “I have come as a light into the world, that whoever believes in Me should not stay in darkness. And if anyone hears My words but does not keep them, I do not judge him; for I did not come to judge the world, but to save the world.” 我是光，我到世上来，叫所有信我的不住在黑暗里。  人若听见我的话却不遵守的，我不审判他，因为我来不是要审判世人，而是要拯救世人。 (John 12:46-47)

**My Relationship to God**

Lord Jesus, You are in Your Father, and I am in You, and You are in me. 到那日，你们就知道我是在我父里面，你们是在我里面，我也在你们里面。 (John 14:20)

If I have been united with Christ in the likeness of His death, I will certainly also be united with Him in the likeness of His resurrection. 我们若在他死的样式上与他联合，也要在他复活的样式上与他联合。 (Romans 6:5)

**The Character I Want to Cultivate**

When pride comes, then comes dishonor, but with humility comes wisdom. 傲慢来，羞辱也来；谦卑的人却有智慧。 (Proverbs 11:2)

The proud looks of man will be humbled, and the loftiness of men brought low; the Lord alone will be exalted. 到那日，眼目高傲的人必降卑，性情骄傲的人也必俯首，唯独耶和华被高举。 (Isaiah 2:11)

**My Relationship to Others**

Is this not the fast You have chosen: to loose the bonds of wickedness, to undo the cords of the yoke, and to let the oppressed go free and break every yoke? Is it not to share our food with the hungry and to provide the poor wanderer with shelter; when we see the naked, to clothe him, and not to turn away from our own flesh? Then our light will break forth like the dawn, and our healing will quickly appear, and our righteousness will go before us; the glory of the Lord will be our rear guard. Then we will call, and the Lord will answer; we will cry, and He will say, “Here I am.” If we put away the yoke from our midst, the pointing of the finger and malicious talk, and if we extend our souls to the hungry and satisfy the afflicted soul, then our light will rise in the darkness, and our gloom will become like the noonday. 我所拣选的禁食不是这样吗？不是要松开凶恶的锁链，解开轭上的绳索，使被压迫的获得自由，折断所有的轭吗？  不是要把你的食物分给饥饿的人，把流浪的穷困人接到你的家里，见到赤身露体的，给他衣服蔽体，不可逃避自己的骨肉而不顾恤吗？  这样，你的光就必突然发出，像黎明的曙光，你的伤口就必快快复原；你的公义就必行在你的前面，耶和华的荣耀要作你的后盾。  那时，你求告，耶和华必应允；你呼求，他必说：“我在这里！”你若从你中间除掉欺压人的轭，除去指责人的指头和恶毒的言语，  你的心若顾念饥饿的人，使困苦的人得到饱足，你的光就必在黑暗中升起来，你的幽暗必如日中天。 (Isaiah 58:6-10)

I must help the weak and remember the words of the Lord Jesus, that He said, “It is more blessed to give than to receive.” 我凡事以身作则，你们必须照样辛劳，扶助软弱的人，并且记念主耶稣的话：‘施比受更为有福。’” (Acts 20:35)

Day 17

**The Attributes of God**

The Lord will be gracious to whom He will be gracious, and He will have compassion on whom He will have compassion. 耶和华说：“我要使我的一切美善都在你面前经过，并且要把我的名字耶和华在你面前宣告出来；我要恩待谁，就恩待谁；我要怜悯谁，就怜悯谁。” (Exodus 33:19)

The Lord Jesus, who is holy and true, holds the key of David. What He opens no one can shut, and what He shuts no one can open. “你要写信给在非拉铁非教会的使者，说：‘那圣洁的、真实的，拿着大卫的钥匙，开了就没有人能关，关了就没有人能开的（“拿着大卫的钥匙......没有人能开的”引自赛22:22），这样说： (Revelation 3:7)

**The Works of God**

God is the maker of the Bear and Orion, the Pleiades, and the constellations of the south. He does great things that cannot be fathomed and wonderful works that cannot be counted. 他造北斗与参星，昴星和南方的星座；  他所行的大事无法测度，所行的奇事不可胜数。 (Job 9:9-10)

The day is Yours; the night also is Yours; You established the sun and moon. It was You who set all the boundaries of the earth; You made both summer and winter. 白昼是你的，黑夜也是你的，月亮和太阳，都是你设立的。  地上的一切疆界都是你立定的，夏天和冬天都是你制定的。 (Psalm 74:16-17)

**My Relationship to God**

I will not depend on human strength, but on the Lord my God for help and deliverance. 那时，先见哈拿尼来见犹大王亚撒，对他说：“因你倚靠亚兰王，没有倚靠耶和华你的　神，所以亚兰王的军队才可以脱离你的手。  古实人和路比人不是有强大的军队吗？战车和马兵不是极多吗？只因你倚靠耶和华，耶和华就把他们交在你手里。  亚撒在位第三十九年，患了脚病，病情严重；可是，连他患病的时候，也没有寻求耶和华，只管寻求医生。 (2 Chronicles 16:7-8, 12)

I will trust in the Lord and do good; I will dwell in the land and feed on His faithfulness. I will delight myself in the Lord, and He will give me the desires of my heart. I will commit my way to the Lord and trust in Him, and He will bring it to pass. I will rest in the Lord and wait patiently for Him; I will not fret because of him who prospers in his way, with the man who practices evil schemes. 你要倚靠耶和华，并要行善；你要住在地上，以信实为粮食。  你要以耶和华为乐，他就把你心里所求的赐给你。  你要把你的道路交托耶和华，并倚靠他，他就必成全。  你要在耶和华面前静默无声，耐心地等候他；不要因那凡事顺利的，和那恶谋得逞的，心怀不平。 (Psalm 37:3-5, 7)

**The Character I Want to Cultivate**

Before I was afflicted I went astray, but now I keep Your word. It was good for me to be afflicted, so that I might learn Your statutes. 我受苦以先，犯了错误；现在我谨守你的话。  我受苦是对我有益的，为要使我学习你的律例。 (Psalm 119:67, 71)

I will not forget the exhortation that addresses me as a son: “My son, do not despise the Lord’s discipline, nor lose heart when you are rebuked by Him, for whom the Lord loves He disciplines, and He chastises every son whom He receives.” 你们又忘记了那劝你们好像劝儿子的话，说：“我儿！你不可轻看主的管教，受责备的时候也不要灰心；  因为主所爱的，他必管教，他又鞭打所收纳的每一个儿子。” (Hebrews 12:5-6)

**My Relationship to Others**

We who are strong ought to bear the weaknesses of those who are not strong, and not to please ourselves. Each of us should please his neighbor for his good, to build him up. 我们坚强的人，应该担当不坚强的人的软弱，不应该求自己的喜悦。  我们各人务要叫邻舍喜悦，好让他得到益处、得到造就。 (Romans 15:1-2)

No one should seek his own good, but the good of others. 人不要求自己的好处，却要求别人的好处。 (1 Corinthians 10:24)

Day 18

**The Attributes of God**

You must be treated as holy by those who come near You, and before all people, You will be honored. 于是摩西对亚伦说：“这就是耶和华曾经告诉我们的，他说：‘在亲近我的人中，我要显为圣，在众人面前，我要得荣耀。’”亚伦就默然无语。 (Leviticus 10:3)

The Lord of hosts will be exalted in judgment, and the holy God will show Himself holy in righteousness. 唯独万军之耶和华，因公平被高举；至圣的　神，因公义显为圣。 (Isaiah 5:16)

**The Works of God**

The eyes of the Lord move to and fro throughout the whole earth to strengthen those whose hearts are fully committed to Him. 耶和华的眼目遍察全地，一心归向他的，他必以大能扶助他们；你作这事太愚昧了。从今以后，你必常有战争。” (2 Chronicles 16:9)

For those who revere Your name, the Sun of righteousness will rise with healing in His wings. And they will go out and leap like calves released from the stall. 可是，对你们敬畏我名的人，必有公义的太阳升起来；它的光线有医治的功能；你们必出来跳跃，像栏里的肥牛犊。” (Malachi 4:2)

**My Relationship to God**

I will not let Your word depart from my mouth, but I will meditate on it day and night, so that I may be careful to do according to all that is written in it; for then I will make my way prosperous, and I will act wisely. 这律法书不可离开你的口，要昼夜默诵，好使你谨守遵行书中所记的一切；这样，你的道路就必顺利，你必一路亨通。 (Joshua 1:8)

I am committed to God and to the word of His grace, which is able to build me up and give me an inheritance among all those who are sanctified. 现在我把你们交托给　神和他恩惠的道；这道能建立你们，也能在所有成圣的人中赐基业给你们。 (Acts 20:32)

**The Character I Want to Cultivate**

I shall not covet my neighbor’s house, my neighbor’s wife, his manservant or maidservant, his ox or donkey, or anything that belongs to my neighbor. “不可贪爱你邻舍的房屋；不可贪爱你邻舍的妻子、仆婢、牛驴和他的任何东西。” “‘不可贪爱你邻舍的妻子；不可贪图你邻舍的房屋、田地、仆婢、牛驴和你邻舍的任何东西。’ (Exodus 20:17; Deuteronomy 5:21)

I will beware and be on my guard against all covetousness, for my life does not consist in the abundance of my possessions. 于是他对众人说：“你们要谨慎，远离一切贪心，因为人的生命并不在于家道丰富。” (Luke 12:15)

**My Relationship to Others**

Wives should submit to their own husbands as to the Lord. For the husband is the head of the wife, as Christ also is the head of the church; and He is the Savior of the body. But as the church is subject to Christ, so also wives should be to their husbands in everything. 你们作妻子的，要顺服自己的丈夫，好像顺服主一样，  因为丈夫是妻子的头，好像基督是教会的头；基督又是教会全体的救主。  教会怎样顺服基督，妻子也要照样凡事顺服丈夫。 (Ephesians 5:22-24)

Husbands should love their wives, just as Christ also loved the church and gave Himself up for her that He might sanctify and cleanse her by the washing with water through the word, that He might present her to Himself as a glorious church, without spot or wrinkle or any other blemish, but holy and blameless. So husbands ought to love their own wives as their own bodies. He who loves his own wife loves himself; for no one ever hated his own flesh, but nourishes and cherishes it, just as Christ also does the church, for we are members of His body. 你们作丈夫的，要爱妻子，好像基督爱教会，为教会舍己，  为的是要用水借着道把教会洗净，成为圣洁，  可以作荣耀的教会归给自己，什么污点皱纹等也没有，而是圣洁没有瑕疵的。  丈夫也应当这样爱妻子，好像爱自己的身体一样。爱妻子的，就是爱自己了。  从来没有人恨恶自己的身体，总是保养顾惜，好像基督对教会一样，  因为我们是他身上的肢体。 (Ephesians 5:25-30)

Day 19

**The Attributes of God**

The Lord Most High is awesome, the great King over all the earth! God is the King of all the earth, and I will sing His praise. God reigns over the nations; God is seated on His holy throne. 因为耶和华至高者是可敬畏的，他是统治全地的大君王。  因为　神是全地的王，你们要用诗歌歌颂他。  　神作王统治列国，　神坐在他的圣宝座上。 (Psalm 47:2, 7-8)

The Son is the radiance of God’s glory and the exact representation of His being, upholding all things by His powerful word. After He cleansed our sins, He sat down at the right hand of the Majesty on high, having become as much superior to angels as the name He has inherited is more excellent than theirs. 他是　神荣耀的光辉，是　神本质的真象，用自己带有能力的话掌管万有；他作成了洁净罪恶的事，就坐在高天至尊者的右边。  他所承受的名比天使的名更尊贵，所以他远比天使崇高。 (Hebrews 1:3-4)

**The Works of God**

Behold, the Lord God will come with power, and His arm will rule for Him. Behold, His reward is with Him, and His recompense accompanies Him. He will feed His flock like a shepherd; He will gather the lambs in His arms and carry them close to His heart; He will gently lead those that have young. 看哪！主耶和华必像大能者临到，他的膀臂要为他掌权；看哪！他给予人的赏赐在他那里，他施予人的报应在他面前。  他必像牧人牧养自己的羊群，像用膀臂聚集羊羔，抱在自己的怀中，慢慢引导乳养小羊的。 (Isaiah 40:10-11)

When the Son of Man comes in His glory, and all the angels with Him, He will sit on His glorious throne. All the nations will be gathered before Him, and He will separate the people one from another as a shepherd separates the sheep from the goats. He will put the sheep on His right and the goats on His left. Then the King will say to those on His right, “Come, you who are blessed by My Father; inherit the kingdom prepared for you since the foundation of the world.” “当人子在他的荣耀里，带着所有的使者降临的时候，他要坐在荣耀的宝座上。  万族要聚集在他面前，他要把他们彼此分开，好像牧羊人把绵羊和山羊分开一样：  把绵羊放在右边，山羊放在左边。  那时，王要对右边的说：‘蒙我父赐福的，来承受创世以来为你们预备好的国吧。 (Matthew 25:31-34)

**My Relationship to God**

Like Josiah, I want to do what is right in the sight of the Lord and walk in all the ways of David, not turning aside to the right or to the left. 约西亚登基的时候只有八岁。他在耶路撒冷作王共三十一年。他母亲名叫耶底大，是亚大雅的女儿，来自波斯加。  他行耶和华看为正的事，跟随他祖宗大卫所行的一切道路，不偏左右。 (2 Kings 22:1-2)

I do not want to be like those rocky places on whom seed was thrown, who hear the word and at once receive it with joy, but since they have no root, last only a short time; when affliction or persecution comes because of the word, they quickly fall away. Nor do I want to be like those among the thorns on whom seed was sown, who hear the word, but the worries of this world, the deceitfulness of riches and pleasures, and the desires for other things come in and choke the word, making it immature and unfruitful. Instead, I want to be like the good soil on whom seed was sown, who with a noble and good heart hear the word, understand and accept it, and with perseverance bear fruit, yielding thirty, sixty, or a hundred times what was sown. 那撒在石地上的，就是人听了道，立刻欢欢喜喜地接受，  可是他里面没有根，只是暂时的；一旦为道遭遇患难，受到迫害，就立刻跌倒了。  那撒在荆棘里的，就是人听了道，有今世的忧虑和财富的迷惑把道挤住，结不出果实来。  那撒在好土里的，就是人听了道，又明白了，结出果实来，有一百倍的，有六十倍的，有三十倍的。” 那落在石头地上的，就是人听了，欢欢喜喜地接受，但是没有根，不过是暂时相信，一旦遭遇试炼，就倒退了。  那落在荆棘里的，就是人听了，走开以后，被今世的忧虑、财富和宴乐挤住了，结不出成熟的子粒来。  但那落在好土里的，就是人用诚实良善的心来听，把道持守住，忍耐着结出果实。 (Matthew 13:20-23; Mark 4:16-20; Luke 8:13-15)

**The Character I Want to Cultivate**

Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of scorners. But his delight is in the law of the Lord, and in His law he meditates day and night. And he shall be like a tree planted by streams of water, which yields its fruit in its season and whose leaf does not wither; and whatever he does will prosper. 有福的人：不从恶人的计谋，不站罪人的道路，不坐好讥笑的人的座位。  他喜爱的是耶和华的律法，他昼夜默诵的也是耶和华的律法。  他像一棵树，栽在溪水旁，按时结果子，叶子总不枯干；他所作的一切，尽都顺利。 (Psalm 1:1-3)

I will be diligent to present myself approved to God, a workman who does not need to be ashamed and who correctly handles the word of truth. 你应当竭力在　神面前作一个蒙称许、无愧的工人，正确地讲解真理的道。 (2 Timothy 2:15)

**My Relationship to Others**

He who spares his rod hates his son, but he who loves him is careful to discipline him. 不用杖责打儿子的，是恨恶他；爱儿子的，必对他勤加管教。 (Proverbs 13:24)

Foolishness is bound up in the heart of a child, but the rod of discipline will drive it far from him. 愚妄束缚孩童的心，管教的杖可以把愚妄远远驱除。 (Proverbs 22:15)

Day 20

**The Attributes of God**

Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, for everything in heaven and earth is Yours. Yours, O Lord, is the kingdom, and You are exalted as head over all. Both riches and honor come from You, and You are the ruler of all things. In Your hand is power and might to exalt and to give strength to all. Therefore, my God, I give You thanks and praise Your glorious name. All things come from You, and I can only give You what comes from Your hand. 耶和华啊，尊大、能力、荣耀、胜利和威严，都是你的；因为天上地下的万有都是你的；耶和华啊，国度是你的，你超越万有，你是至高的。  富足和尊荣都从你而来，你也统治万有。在你的手里有力量和权能；人的尊大、强盛都是出于你的手。  我们的　神啊，现在我们要称颂你，赞美你荣耀的名。  我算什么？我的人民又算什么？竟有力量这样乐意奉献？因为万物都是从你而来，我们只是把从你手里得来的，奉献给你。 (1 Chronicles 29:11-14)

Your throne, O God, is forever and ever; a scepter of righteousness is the scepter of Your kingdom. 　神啊！你的宝座是永永远远的，你国的权杖是公平的权杖。 (Psalm 45:6)

**The Works of God**

Apart from the law the righteousness of God has been made known, being witnessed by the law and the prophets, even the righteousness of God through faith in Jesus Christ to all who believe. For there is no difference, for all have sinned and fall short of the glory of God, being justified freely by His grace through the redemption that is in Christ Jesus. 现在，有律法和先知的话可以证明：　神的义在律法之外已经显明出来，  就是　神的义，因着信耶稣基督，毫无区别地临到所有信的人。  因为人人都犯了罪，亏缺了　神的荣耀，  但他们却因着　神的恩典，借着在基督耶稣里的救赎，就白白地称义。 (Romans 3:21-24)

When we were helpless, at the right time, Christ died for the ungodly. For rarely will anyone die for a righteous man, though perhaps for a good man someone would even dare to die. But God demonstrates His own love for us in that while we were still sinners, Christ died for us. 当我们还软弱的时候，基督就照所定的日期，为不敬虔的人死了。  为义人死，是少有的；为好人死，或有敢作的；  唯有基督在我们还作罪人的时候为我们死，　神对我们的爱就在此显明了。 (Romans 5:6-8)

**My Relationship to God**

No one who waits for You will be ashamed, but those who are treacherous without cause will be ashamed. Show me Your ways, O Lord, teach me Your paths; lead me in Your truth and teach me, for You are the God of my salvation, and my hope is in You all day long. 等候你的必不羞愧，但那些无故以诡诈待人的必要羞愧。  耶和华啊！求你把你的道路指示我，求你把你的路径教导我，  求你以你的真理引导我，教训我，因为你是拯救我的　神；我整天等候的就是你。 (Psalm 25:3-5)

“I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you a future and a hope.” 因我自己知道我为你们所定的计划，是使你们得平安，而不是遭受灾祸的计划；要赐给你们美好的前程和盼望。’这是耶和华的宣告。 (Jeremiah 29:11)

**The Character I Want to Cultivate**

I will be strong and courageous, being careful to obey Your word; I will not turn from it to the right or to the left, that I may act wisely wherever I go. 你只要坚强，十分勇敢，谨守遵行我仆人摩西吩咐你的一切律法，不可偏离左右，好使你无论到哪里去，都可以亨通。 (Joshua 1:7)

I will take courage and not be afraid, for the Lord Jesus is with me. 因为他们都看见了他，非常恐惧。耶稣立刻对他们说：“放心吧！是我，不要怕。” (Mark 6:50)

**My Relationship to Others**

Just as we have many members in one body, but all the members do not have the same function, so we who are many are one body in Christ and individually members of one another. And we have different gifts, according to the grace given to us. 就像一个身体有许多肢体，各肢体都有不同的功用；  照样，我们大家在基督里成为一个身体，也是互相作肢体。  照着所赐给我们的恩典，我们各有不同的恩赐：说预言的，就应当照着信心的程度去说； (Romans 12:4-6)

There are different kinds of gifts, but the same Spirit. And there are different kinds of service, but the same Lord. And there are different kinds of working, but the same God works all of them in all people. But to each one the manifestation of the Spirit is given for the common good. 恩赐有许多种，却是同一位圣灵所赐的；  服事的职分有许多种，但是同一位主；  工作的方式也有许多种，但仍是一位　神，是他在众人里面作成一切。  圣灵显现在各人的身上，为的是要使人得着益处。 (1 Corinthians 12:4-7)

Day 21

**The Attributes of God**

As for God, His way is perfect; the word of the Lord is proven. He is a shield for all who take refuge in Him. For who is God besides the Lord? And who is the Rock except our God? 这位　神，他的道路是完全的；耶和华的话是炼净的；凡是投靠他的，他都作他们的盾牌。  除了耶和华，谁是　神呢？除了我们的　神，谁是磐石呢？ (2 Samuel 22:31-32)

The Lord longs to be gracious and rises to show compassion. For the Lord is a God of justice; blessed are all those who wait for Him! 因此，耶和华必等候要恩待你们；他必兴起来怜悯你们，因为耶和华是公义的　神。等候他的，都是有福的。 (Isaiah 30:18)

**The Works of God**

The heavens declare the glory of God, and the skies proclaim the work of His hands. Day after day they pour forth speech; night after night they reveal knowledge. 诸天述说　神的荣耀，穹苍传扬他的作为。  天天发出言语，夜夜传出知识。 (Psalm 19:1-2)

The Lord is the great God, the great King above all gods. In His hand are the depths of the earth, and the summits of the mountains are His also. The sea is His, for He made it, and His hands formed the dry land. He is our God and we are the people of His pasture and the sheep under His care. 因为耶和华是伟大的　神，是超越众神的大君王。  地的深处在他手中，山的高峰也都属他。  海洋属他，因为是他创造的，陆地也是他的手造成的。  因为他是我们的　神，我们是他草场上的子民，是他手下的羊群。如果你们今天听从他的声音， (Psalm 95:3-5, 7)

**My Relationship to God**

You have loved me with an everlasting love; You have drawn me with lovingkindness. 耶和华在古时（“在古时”或译：“从远处”）曾向以色列（“以色列”按照《马索拉抄本》应作“我”，现参照《七十士译本》翻译）显现，说：“我以永远的爱爱你，因此，我对你的慈爱延续不息（“我对你的慈爱延续不息”或译：“我要以慈爱吸引你”）。 (Jeremiah 31:3)

Who shall separate me from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? As it is written: “For Your sake we face death all day long; we are considered as sheep to be slaughtered.” Yet in all these things I am are more than a conqueror through Him who loved me. 谁能使我们与基督的爱隔绝呢？是患难吗？是困苦吗？是迫害吗？是饥饿吗？是赤身露体吗？是危险吗？是刀剑吗？  正如经上所记：“为你的缘故，我们终日面对死亡，人看我们像待宰的羊。”  但靠着爱我们的那一位，我们在这一切事上就得胜有余了。 (Romans 8:35-37)

**The Character I Want to Cultivate**

I am not trying to win the approval of men, but of God. If I were still trying to please men, I would not be a servant of Christ. 我现在是要得人的欢心，还是要得　神的欢心呢？难道我想讨人欢喜吗？如果我仍然要讨人欢喜，就不是基督的仆人了。 (Galatians 1:10)

Since I have been approved by God to be entrusted with the gospel, I speak not as pleasing men but God, who tests my heart. I will not seek glory from men. 相反地，　神既然考验过我们，把福音委托给我们，我们就传讲，不像是讨人欢心的，而是讨那察验我们心思的　神的喜悦。  也没有向你们或别人求取人的荣誉。 (1 Thessalonians 2:4, 6)

**My Relationship to Others**

You have called me to go and proclaim the kingdom of God. 耶稣说：“让死人去埋葬他们的死人，你应该去传扬　神的国。” (Luke 9:60)

Jesus said, “As the Father has sent Me, I also send you.” 耶稣又对他们说：“愿你们平安。父怎样差遣了我，我也怎样差遣你们。” (John 20:21)

Day 22

**The Attributes of God**

I will arise and bless the Lord, my God, who is from everlasting to everlasting. Blessed be Your glorious name, which is exalted above all blessing and praise! 利未人耶书亚、甲篾、巴尼、哈沙尼、示利比、荷第雅、示巴尼和毗他希雅说：“你们要起立，称颂耶和华你们的　神，直到永永远远。”“耶和华啊，你荣耀的名是应当称颂的；愿你的名被尊崇，超过一切称颂和赞美。 (Nehemiah 9:5)

Glory to God in the highest, and on earth peace to those on whom His favor rests. “在至高之处，荣耀归与　神！在地上，平安归与他所喜悦的人！” (Luke 2:14)

**The Works of God**

I will remember the works of the Lord; surely, I will remember Your wonders of long ago. I will meditate on all Your works and consider all Your mighty deeds. Your way, O God, is holy. What god is so great as our God? You are the God who works wonders; You have revealed Your strength among the peoples. You redeemed Your people with Your power, the descendants of Jacob and Joseph. 我要述说耶和华的作为，我要记念你古时所行的奇事。  我要默想你一切所行的，思想你的作为。  　神啊！你的道路是圣洁的，有哪一位神好像我们的　神这样伟大呢？  你是行奇事的　神，你在万民中显明你的能力。  你曾用你的膀臂救赎你的子民，就是雅各和约瑟的子孙。（细拉） (Psalm 77:11-15)

As the earth brings forth its sprouts and as a garden causes that which is sown to spring up, so the Lord God will make righteousness and praise spring up before all nations. 地怎样发生苗芽，园子怎样使所种的生长起来，主耶和华也必怎样使公义和赞美，在万国之前生长出来。 (Isaiah 61:11)

**My Relationship to God**

Blessed be the Lord; day by day He bears our burdens, the God of our salvation. Our God is the God of salvation, and to God the Lord belongs escape from death. (Psalm 68:19-20)

Lord Jesus, all that the Father gives You will come to You, and whoever comes to You, You will never cast out. For You have come down from heaven not to do Your own will, but the will of Him who sent You. And this is the will of Him who sent You, that You will lose none of all that He has given You, but raise them up at the last day. For Your Father’s will is that everyone who looks to the Son and believes in Him may have eternal life, and You will raise him up at the last day. 凡是父赐给我的人，必到我这里来；到我这里来的，我决不丢弃他，  因为我从天上降下来，不是要行自己的意思，而是要行那差我来者的旨意。  那差我来者的旨意就是：他所赐给我的人，我连一个也不失落，并且在末日我要使他们复活。  因为我父的旨意，是要使所有看见了子而信的人有永生，并且在末日我要使他们复活。” (John 6:37-40)

**The Character I Want to Cultivate**

What is desirable in a man is his kindness, and it is better to be a poor man than a liar. 人所渴望的，就是忠诚；作穷人比作撒谎的人还好。 (Proverbs 19:22)

As one who has been chosen of God, holy and beloved, I will put on a heart of compassion, kindness, humility, gentleness, and patience, bearing with others and forgiving others even as the Lord forgave me; and above all these things, I will put on love, which is the bond of perfection. 所以，你们既然是　神所拣选的，是圣洁、蒙爱的人，就要存怜悯的心肠、恩慈、谦卑、温柔和忍耐。  如果有人对别人有嫌隙，总要彼此宽容，互相饶恕；主怎样饶恕了你们，你们也要照样饶恕人。  在这一切之上，还要有爱心，爱心是联系全德的。 (Colossians 3:12-14)

**My Relationship to Others**

I will love my enemies and pray for those who persecute me. 可是我告诉你们，当爱你们的仇敌，为迫害你们的祈祷， (Matthew 5:44)

I will love my enemies, do good to those who hate me, bless those who curse me, and pray for those who mistreat me. Just as I want others to do to me, I will do to them in the same way. (Luke 6:27-28, 31)

Day 23

**The Attributes of God**

Will God indeed dwell on earth? Heaven and the highest heaven cannot contain You. “　神真的住在地上吗？看哪！天和天上的天尚且不能容纳你，何况我建造的这殿呢？ (1 Kings 8:27)

God sits enthroned above the circle of the earth, and its inhabitants are like grasshoppers. He stretches out the heavens like a curtain and spreads them out like a tent to dwell in. He reduces rulers to nothing and makes the judges of this world meaningless. 　神坐在大地的圆穹之上，地上的居民好像蚱蜢，他铺张诸天如铺张幔子，展开众天像展开可以居住的帐棚。  他使诸侯都归于无有，使地上的审判官成为虚空。 (Isaiah 40:22-23)

**The Works of God**

You will magnify Yourself and sanctify Yourself, and You will make Yourself known in the sight of many nations, and they will know that You are the Lord. 我必显为大、显为圣，在列国的人眼前显现自己。这样，他们就知道我是耶和华。’” (Ezekiel 38:23)

The earth will be filled with the knowledge of the glory of the Lord, as the waters cover the sea. 认识耶和华之荣耀的知识，必充满全地，好像众水遮盖海洋一样。 (Habakkuk 2:14)

**My Relationship to God**

God is my refuge and strength, an ever-present help in trouble. Therefore I will not fear, though the earth changes and the mountains slip into the heart of the sea. 　神是我们的避难所，是我们的力量，是我们在患难中随时都可得到的帮助。  因此，地虽然震动，群山虽然崩塌入海洋的深处，我们也不害怕。 (Psalm 46:1-2)

I will not fear, for You are with me; I will not be dismayed, for You are my God. You will strengthen me and help me; You will uphold me with Your righteous right hand. For You are the Lord my God, who takes hold of my right hand and says to me, “Do not fear; I will help you.” 不要惧怕，因为我与你同在；不要四处张望，因为我是你的　神，我必坚固你，我必帮助你；我必用公义的右手扶持你。  因为我，耶和华你们的　神，紧握着你的右手，对你说：“不要惧怕，我必帮助你。” (Isaiah 41:10, 13)

**The Character I Want to Cultivate**

The fear of the Lord is the beginning of knowledge, but fools despise wisdom and discipline. 敬畏耶和华是知识的开端，但愚妄人藐视智慧和教训。 (Proverbs 1:7)

The Lord gives wisdom; from His mouth come knowledge and understanding. He stores up sound wisdom for the upright; He is a shield to those who walk in integrity, guarding the paths of justice and protecting the way of His saints. Then I will understand righteousness and justice and honesty—every good path. For wisdom will enter my heart, and knowledge will be pleasant to my soul. Discretion will protect me, and understanding will guard me. 因为耶和华赐人智慧，知识和聪明都出自他的口。  他为正直人珍藏大智慧，给行为完全的人作盾牌；  为要看顾正直人的路径，护卫虔诚人的道路。  这样，你就明白公义、公正、正直，以及一切善道。  智慧必进入你的心，知识必使你欢悦。  明辨的能力必护卫你，聪明必看顾你； (Proverbs 2:6-11)

**My Relationship to Others**

When I give, it will be given to me; good measure, pressed down, shaken together, running over, will be poured into my lap. For with the measure I use, it will be measured back to me. 要给人，就必有给你们的；并且要用十足的升斗，连按带摇，上尖下流地倒在你们怀里；因为你们用什么升斗量给人，就必用什么升斗量给你们。” (Luke 6:38)

He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one should give as he has decided in his heart, not reluctantly or under compulsion; for God loves a cheerful giver. And God is able to make all grace abound to us, so that always having all sufficiency in everything, we may abound in every good work. As it is written: “He has scattered abroad His gifts to the poor; His righteousness endures forever.” Now He who supplies seed to the sower and bread for food will also supply and increase our seed and will increase the fruits of our righteousness. 还有，少种的少收，多种的多收。  各人要照着心里所决定的捐输，不要为难，不必勉强，因为捐得乐意的人，是　神所喜爱的。  　神能把各样的恩惠多多地加给你们，使你们凡事常常充足，多作各样的善事。  如经上所说：“他广施钱财，赒济穷人；他的仁义，存到永远。”  但那赐种子给撒种的，又赐食物给人吃的　神，必定把种子加倍地供给你们，也必增添你们的义果。 (2 Corinthians 9:6-10)

Day 24

**The Attributes of God**

Where does wisdom come from? Where does understanding dwell? It is hidden from the eyes of every living thing and concealed from the birds of the air. Destruction and Death say, “Only a rumor of it has reached our ears.” God understands its way, and He knows its place. For He looks to the ends of the earth and sees everything under the heavens. 然而，智慧从哪里来，聪明之地在哪里呢？  众生的眼睛都看不到，空中的飞鸟也不能发现。  灭亡和死亡都说：‘我们只风闻它的事罢了。’  　神明白智慧的道路，也晓得智慧的所在，  因为他察看全世界，遍观全地。 (Job 28:20-24)

Oh, the depth of the riches both of the wisdom and knowledge of God! How unsearchable are His judgments, and His ways past finding out! For who has known the mind of the Lord? Or who has been His counselor? Or who has first given to Him, that He should repay him? For from Him and through Him and to Him are all things. To Him be the glory forever! Amen. 　神的丰富、智慧和知识，是多么高深啊！他的判断是多么难测，他的道路是多么难寻！  “谁知道主的心意，谁作过他的参谋？”  “谁先给了他，以致他要偿还呢？”  因为万有都是本于他，倚靠他，归于他。愿荣耀归给他，直到永远。阿们。 (Romans 11:33-36)

**The Works of God**

Christ was in the world, and the world was made through Him, and the world did not know Him. He came to His own, but His own did not receive Him. 他在世界，世界也是借着他造的，世界却不认识他。  他到自己的地方来，自己的人却不接受他。 (John 1:10-11)

The light has come into the world, but men loved darkness rather than light because their deeds were evil. For everyone who does evil hates the light and will not come into the light for fear that his deeds will be exposed. But whoever practices the truth comes into the light, so that his deeds may be clearly seen as having been done through God. 光来到世上，世人因为自己的行为邪恶，不爱光倒爱黑暗，定他们罪的原因，就在这里。  凡作恶的都恨光，不来接近光，免得他的恶行暴露出来。  凡行真理的，就来接近光，好显明他所作的都是靠着　神而作的。” (John 3:19-21)

**My Relationship to God**

I want to love the Lord my God, obey His voice, and hold fast to Him. For the Lord is my life and the length of my days. 爱耶和华你的　神，听从他的话，紧靠他，因为那就是你的生命，你的长寿；这样，你才能在耶和华向你的列祖亚伯拉罕、以撒、雅各起誓应许要赐给他们的地上居住。” (Deuteronomy 30:20)

I love You, O Lord, my strength. The Lord is my rock and my fortress and my deliverer; my God is my rock, in whom I take refuge. He is my shield and the horn of my salvation, my stronghold. I call upon the Lord, who is worthy of praise, and I am saved from my enemies. 耶和华我的力量啊！我爱你。  耶和华是我的岩石、我的山寨、我的救主、我的　神、我的磐石、我所投靠的、我的盾牌、我救恩的角、我的高台。  我向那当受赞美的耶和华呼求，就得到拯救，脱离我的仇敌。 (Psalm 18:1-3)

**The Character I Want to Cultivate**

I will not steal, nor deal falsely, nor deceive others. “你们不可偷窃，不可欺骗，不可彼此说谎。 (Leviticus 19:11)

I will not pervert justice or show partiality. I will not accept a bribe, for a bribe blinds the eyes of the wise and perverts the words of the righteous. 不可屈枉正直，不可徇人的情面，不可收受贿赂，因为贿赂能使智慧人的眼变瞎，也能使义人的话颠倒过来。 (Deuteronomy 16:19)

**My Relationship to Others**

Starting a quarrel is like breaching a dam, so I will stop a quarrel before it breaks out. 纷争的开始，如同决堤的水；所以在争执发生以前，就要制止。 (Proverbs 17:14)

If it is possible, as far as it depends on me, I will live at peace with all men. 可能的话，总要尽你们的所能与人和睦。 (Romans 12:18)

Day 25

**The Attributes of God**

God is exalted beyond our understanding; the number of His years is unsearchable. 　神为至大，我们不能了解，他的年数，无法测度。 (Job 36:26)

You are He; You are the first, and You are also the last. “雅各，我所呼召的以色列啊！你要听我的话。我就是‘那位’，我是首先的，也是末后的。 (Isaiah 48:12)

**The Works of God**

The earth is the Lord’s, and everything in it, the world and all who dwell in it. For He founded it upon the seas and established it upon the waters. 地和地上所充满的，世界和住在世上的，都是属于耶和华的。（本节在《马索拉抄本》包括细字标题）  因为他把地奠定在海上，使世界安定在众水之上。 (Psalm 24:1-2)

The Lord covers Himself in light as with a garment; He stretches out the heavens like a tent curtain and lays the beams of His upper chambers in the waters. He makes the clouds His chariot and walks on the wings of the wind. He makes the winds His messengers, flames of fire His servants. He set the earth on its foundations, so that it can never be moved. You covered it with the deep as with a garment; the waters stood above the mountains. At Your rebuke the waters fled; at the sound of Your thunder they hurried away. They flowed over the mountains and went down into the valleys to the place You assigned for them. You set a boundary they cannot cross, that they will not return to cover the earth. O Lord, how manifold are Your works! In wisdom You made them all; the earth is full of Your possessions. 你披上亮光好像披上外袍；展开诸天好像铺张帐幔。  你在水上立起你楼阁的栋梁；你以云彩为战车；乘驾风的翅膀而行。  你用风作你的使者，用火焰作你的仆役。  你把大地坚立在根基上，使地永永远远不动摇。  你用深水像衣服一般覆盖大地，使众水高过群山。  因你的斥责，水就退去；因你的雷声，水就奔逃。  众水流经群山，向下流往众谷，流到你为它们指定的地方。  你定了界限，使众水不能越过；它们不再转回掩盖大地。  耶和华啊！你所造的真是众多。它们都是你用智慧造成的；全地充满你所造的东西。 (Psalm 104:2-9, 24)

**My Relationship to God**

I will give thanks to the Lord, call upon His name, and make known to others what He has done. I will sing to Him, sing praises to Him, and tell of all His wonderful acts. “你们要称谢耶和华，呼求他的名，在万民中宣扬他的作为。  要向他歌唱，向他颂扬，述说他一切奇妙的作为。 (1 Chronicles 16:8-9)

I trust in Your loyal love; my heart rejoices in Your salvation. I will sing to the Lord, for He has dealt bountifully with me. 至于我，我倚靠你的慈爱，我的心必因你的救恩欢呼。  我要歌颂耶和华，因他以厚恩待我。（本章第5-6节在《马索拉抄本》为13:6） (Psalm 13:5-6)

**The Character I Want to Cultivate**

In a multitude of words, transgression does not cease, but he who restrains his lips is wise. 多言多语难免有过失；约束自己嘴唇的，是明慧人。 (Proverbs 10:19)

A fool has no delight in understanding, but only in airing his own opinions. 愚昧人不喜欢明白事理，只喜欢显露自己的心意。 (Proverbs 18:2)

**My Relationship to Others**

Love is as strong as death, and jealousy is as cruel as the grave; its flames are flames of fire, a flame of the Lord. Many waters cannot quench love, nor can rivers overflow it. If a man were to give all the wealth of his house for love, it would be utterly scorned. 求你把我放在你心上如印记，把我带在你臂上如戳印；因为爱情像死亡一般的坚强；嫉妒如阴间一般的坚稳；它的烈焰是火的烈焰，是非常猛烈的火焰。  爱情，众水不能熄灭，洪流不能淹没；如果有人拿自己家里所有的财产去换取爱情，就必被藐视。 (Song of Solomon 8:6-7)

Since she is a companion and a wife by covenant, a husband should not deal treacherously against the wife of his youth. The Lord God of hosts seeks a godly offspring and hates divorce; therefore we must take heed to our spirit and not deal treacherously. 你们还问：“为什么呢？”因为耶和华在你和你年轻时所娶的妻子中间作证；她是你的伴侣，是你立约的妻子，你竟对她不忠！  一个还有灵性的人，是不会这样作的。他会作什么呢？他会寻求　神的子孙。所以要谨守你们的灵性，不可对年轻时所娶的妻子不忠。  耶和华以色列的　神说：“我恨恶休妻和以强暴待妻子。”万军之耶和华说：“所以要谨守你们的灵性，不可行诡诈的事。” (Malachi 2:14-16)

Day 26

**The Attributes of God**

Nothing is too difficult for the Lord. 耶和华岂有难成的事吗？到明年这个时候，我要回到你这里来，那时，撒拉必生一个儿子。” (Genesis 18:14)

All things are possible with God. 耶稣看着他们说：“在人这是不能的，在　神却凡事都能。” 耶稣看着他们，说：“在人不能，在　神却不然，因为在　神凡事都能。” (Matthew 19:26; Mark 10:27)

**The Works of God**

The Servant of God was despised and rejected by men, a man of sorrows, and acquainted with grief. And like one from whom men hide their faces, He was despised, and we esteemed Him not. Surely He has borne our infirmities and carried our sorrows; yet we considered Him stricken, smitten by God, and afflicted. But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was upon Him, and by His wounds we are healed. All of us like sheep have gone astray, each of us has turned to his own way, and the Lord has laid on Him the iniquity of us all. He was oppressed and afflicted, yet He did not open His mouth; He was led like a lamb to the slaughter, and as a sheep before her shearers is silent, so He did not open His mouth. By oppression and judgment He was taken away. And who can speak of His descendants? For He was cut off from the land of the living; He was stricken for the transgression of God’s people. He was assigned a grave with the wicked, yet with a rich man in His death, though He had done no violence, nor was any deceit in His mouth. Yet it was the Lord’s will to crush Him and cause Him to suffer. When He makes His soul a guilt offering, He will see His offspring and prolong His days, and the pleasure of the Lord will prosper in His hand. He will see the fruit of the travail of His soul and be satisfied; by His knowledge God’s righteous Servant will justify many, and He will bear their iniquities. Therefore God will give Him a portion among the great, and He will divide the spoils with the strong, because He poured out His life unto death, and was numbered with the transgressors. For He bore the sin of many, and made intercession for the transgressors. 他被藐视，被人拒绝，是个多受痛苦，熟悉病患的人。他像个被人掩面不看的人一样；他被藐视，我们也不重视他。  原来他担当了我们的病患，背负了我们的痛苦；我们却以为他受责打，被　神击打和苦待了。  然而他是为了我们的过犯被刺透，为了我们的罪孽被压伤；使我们得平安的惩罚加在他身上，因他受了鞭伤，我们才得医治。  我们众人都如羊走迷了路，各人偏行己路；耶和华却把我们众人的罪孽，都归在他身上。  他被虐待，受痛苦的时候，他并不开口；他像羊羔被牵去屠宰，又像羊在剪羊毛的人面前寂然无声，他也是这样不开口。  他受拘禁和审判以后被带走；至于他那个世代的人中，有谁想到从活人之地被剪除，被击打，是因我子民的过犯呢？  虽然他从来没有行过强暴，他的口里也没有诡诈，人还是使他与恶人同埋，但死的时候与财主同葬。  耶和华却喜悦把他压伤，使他受痛苦；耶和华若以他的性命作赎罪祭，他必看见后裔，并且得享长寿；耶和华所喜悦的，必在他手中亨通。  他受了生命之苦以后，必看见光明，并且心满意足；我的义仆必使许多人因认识他而得称为义，他也必背负他们的罪孽。  所以，我要使他与伟大的人同分，他必与强盛的均分掳物，因为他把自己的性命倾倒，以致于死。他被列在罪犯之中，却担当了多人的罪，又为罪犯代求。 (Isaiah 53:3-12)

The Son of Man did not come to be served, but to serve, and to give His life as a ransom for many. 正如人子来，不是要受人的服事，而是要服事人，并且要舍命，作许多人的赎价。” (Matthew 20:28)

**My Relationship to God**

I know that my old self was crucified with Christ, so that the body of sin might be done away with, that I should no longer be a slave to sin; for the one who has died has been freed from sin. 我们知道，我们的旧人已经与基督同钉十字架，使罪身丧失机能，使我们不再作罪的奴仆，  因为死了的人已经脱离罪了。 (Romans 6:6-7)

Through the law I died to the law so that I might live for God. I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh, I live by faith in the Son of God, who loved me and gave Himself for me. 我借着律法已经向律法死了，使我可以向　神活着。  我已经与基督同钉十字架；现在活着的，不再是我，而是基督活在我里面；如今在肉身中活着的我，是因信　神的儿子而活的；他爱我，为我舍己。 (Galatians 2:19-20)

**The Character I Want to Cultivate**

The fear of the Lord is the instruction for wisdom, and humility comes before honor. 敬畏耶和华是智慧的教训；尊荣以先，必有谦卑。 (Proverbs 15:33)

Thus says the Lord: “Let not the wise man boast of his wisdom, and let not the strong man boast of his strength, and let not the rich man boast of his riches; but let him who boasts boast about this: that he understands and knows Me, that I am the Lord, who exercises lovingkindness, justice, and righteousness on earth; for in these I delight,” declares the Lord. 耶和华这样说：“智慧人不可夸耀自己的智慧，勇士不可夸耀自己的勇力，财主不可夸耀自己的财富。  夸口的却要因了解我，认识我而夸口；认识我是耶和华，我在地上施行慈爱、公正、公义；因为我喜悦这些事。”这是耶和华的宣告。 (Jeremiah 9:23-24)

**My Relationship to Others**

Your commandments will be upon my heart, and I will teach them diligently to my children and talk about them when I sit in my house and when I walk along the way and when I lie down and when I rise up. 我今日吩咐你的这些话，都要记在你的心上；  你要把这些话不断地教训你的儿女，无论你坐在家里，或行在路上，或躺下，或起来的时候，都要谈论。 (Deuteronomy 6:6-7)

A wise son heeds his father’s instruction, but a scoffer does not listen to rebuke. 智慧的儿子听从父亲的教训，好讥笑人的不听责备。 (Proverbs 13:1)

Day 27

**The Attributes of God**

The Lord my God is the faithful God, who keeps His covenant and His lovingkindness to a thousand generations of those who love Him and keep His commands. 所以你要知道耶和华你的　神，他是　神，是信实可靠的　神；他向爱他和守他诫命的人，守约并且施慈爱，直到千代。 (Deuteronomy 7:9)

I call this to mind, and therefore I have hope: The Lord’s mercies never cease, for His compassions never fail. They are new every morning; great is Your faithfulness. 但我的心一想起下面这件事，我就有指望。  耶和华的慈爱永不断绝，他的怜悯永不止息。  每天早晨都是新的；你的信实多么广大！ (Lamentations 3:21-23)

**The Works of God**

The Son of Man is going to come in the glory of His Father with His angels, and then He will reward each person according to his works. 人子要在父的荣耀里和众天使一同降临，那时他要照各人的行为报应各人。 (Matthew 16:27)

As the lightning comes from the east and flashes to the west, so will be the coming of the Son of Man. The sign of the Son of Man will appear in the sky, and all the nations of the earth will mourn, and they will see the Son of Man coming on the clouds of the sky with power and great glory. 电光怎样从东方闪出来，一直照到西方，人子降临的时候，也是这样。  “那时，人子的征兆要显在天上，地上的万族都要哀号，并且看见人子带着能力，满有荣耀，驾着天上的云降临。 (Matthew 24:27, 30)

**My Relationship to God**

The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? (Psalm 27:1)

When I am afraid, I will trust in You. In God, whose word I praise, in God I have put my trust. I will not fear; what can mortal man do to me? 至高者（“至高者”原文放在第2节末，在那里或译：“因逞骄傲攻击我的人很多”）啊！我惧怕的时候，就要倚靠你。  靠着　神，我要赞美他的话；我倚靠　神，就必不惧怕，人能把我怎么样呢？ (Psalm 56:3-4)

**The Character I Want to Cultivate**

He who listens to a life-giving rebuke will be at home among the wise. He who refuses instruction despises himself, but he who heeds correction gains understanding. 听从有关生命之责备的，必住在智慧人中间。  轻忽管教的是藐视自己；听从责备的却得着智慧（“智慧”原文作“心”）。 (Proverbs 15:31-32)

A rebuke goes deeper into a wise man than a hundred lashes into a fool. 对聪明人说一句责备的话，胜过责打愚昧人一百下。 (Proverbs 17:10)

**My Relationship to Others**

May the God who gives endurance and encouragement grant us to be of the same mind toward one another according to Christ Jesus, so that with one accord and one mouth we may glorify the God and Father of our Lord Jesus Christ. 愿赐忍耐和安慰的　神，使你们彼此同心，效法基督耶稣，  同心一致地荣耀我们主耶稣基督的父　神。 (Romans 15:5-6)

There should be no division in the body, but its members should have the same concern for each other. If one member suffers, all the members suffer with it; if one member is honored, all the members rejoice with it. Now we are the body of Christ, and each one of us is a member of it. 好使肢体能够互相照顾，免得身体上有了分裂。  如果一个肢体受苦，所有的肢体就一同受苦；如果一个肢体得荣耀，所有的肢体就一同快乐。  你们就是基督的身体，并且每一个人都是作肢体的。 (1 Corinthians 12:25-27)

Day 28

**The Attributes of God**

I will exalt You, my God and King; I will bless Your name for ever and ever. Every day I will bless You, and I will praise Your name for ever and ever. Great is the Lord and most worthy of praise; His greatness is unsearchable. 我的　神，我的王啊！我要尊崇你，（本节在《马索拉抄本》包括细字标题）我要永永远远称颂你的名。  我要天天称颂你，我要永永远远赞美你的名。  耶和华是至大的，配受极大的赞美，他的伟大无法测度。 (Psalm 145:1-3)

Every creature in heaven and on earth and under the earth and on the sea and all that is in them, will sing: “To Him who sits on the throne and to the Lamb be blessing and honor and glory and power for ever and ever!” 我又听见在天上、地上、地底下和海里的一切被造之物，以及天地间的万有，都说：“愿颂赞、尊贵、荣耀、能力，都归给坐在宝座上的那一位和羊羔，直到永永远远！” (Revelation 5:13)

**The Works of God**

We know the grace of our Lord Jesus Christ, that though He was rich, yet for our sakes He became poor, that we through His poverty might become rich. 你们是知道我们的主耶稣基督的恩典的：他本来富足，却为你们成了贫穷，要使你们因他的贫穷成为富足。 (2 Corinthians 8:9)

There is one God and one Mediator between God and men, the Man Christ Jesus, who gave Himself as a ransom for all, the testimony given in its proper time. 因为　神只有一位，在　神和人中间也只有一位中保，就是降世为人的基督耶稣。  他舍了自己作万人的赎价，到了适当的时候，这事就证实了。 (1 Timothy 2:5-6)

**My Relationship to God**

Naked I came from my mother’s womb, and naked I will depart. The Lord gives, and the Lord takes away; blessed be the name of the Lord. 说：“我赤身出于母胎，也必赤身归去。赏赐的是耶和华，收回的也是耶和华；耶和华的名是应当称颂的。” (Job 1:21)

If anyone wishes to come after You, he must deny himself and take up his cross and follow You. For whoever wants to save his life will lose it, but whoever loses his life for Your sake and the gospel’s will find it. For what is a man profited if he gains the whole world, yet forfeits his soul? Or what will a man give in exchange for his soul? 于是耶稣对门徒说：“如果有人愿意跟从我，就当舍己，背起他的十字架来跟从我。  凡是想救自己生命的，必丧掉生命；但为我牺牲生命的，必得着生命。  人若赚得全世界，却赔上自己的生命，有什么好处呢？人还能用什么换回自己的生命呢？ 于是把众人和门徒都叫过来，对他们说：“如果有人愿意跟从我，就应当舍己，背起他的十字架来跟从我。  凡是想救自己生命的，必丧掉生命；但为我和福音牺牲生命的，必救了生命。  人就是赚得全世界，却赔上自己的生命，有什么好处呢？  人还能用什么换回自己的生命呢？ 耶稣又对众人说：“如果有人愿意跟从我，就当舍己，天天背起他的十字架来跟从我。  凡是想救自己生命的，必丧掉生命；但为我牺牲自己生命的，必救了生命。  人若赚得全世界，却丧失自己，或赔上自己，有什么好处呢？ (Matthew 16:24-26; Mark 8:34-37; Luke 9:23-25)

**The Character I Want to Cultivate**

He who loves money will not be satisfied with money; nor he who loves abundance, with its increase. 贪爱银子的，不因有银子满足；贪爱财富的，也不因得利知足。这也是虚空。 (Ecclesiastes 5:10)

Those who want to get rich fall into temptation and a snare and into many foolish and harmful desires that plunge men into ruin and destruction. For the love of money is a root of all kinds of evil, and some by longing for it have wandered from the faith and pierced themselves with many sorrows. But I will flee from these things, and pursue righteousness, godliness, faith, love, patience, and gentleness. 但那些想要发财的人，就落在试探中和陷阱里；又落在许多无知而有害的私欲里，使人沉沦在败坏和灭亡中；  因为贪财是万恶之根。有人贪爱钱财，就被引诱离开真道，用许多痛苦把自己刺透了。  但你这属　神的人啊，应该逃避这些事，要追求公义、敬虔、信心、爱心、忍耐和温柔。 (1 Timothy 6:9-11)

**My Relationship to Others**

The harvest is plentiful, but the workers are few. Therefore, I will pray that the Lord of the harvest will send out workers into His harvest. 他就对门徒说：“庄稼多，工人少；  所以你们应当求庄稼的主派工人去收割。” 耶稣对他们说：“庄稼多，工人少，所以你们应当求庄稼的主，派工人出去收他的庄稼。 (Matthew 9:37-38; Luke 10:2)

Do you not say, “Four months more and then comes the harvest”? Behold, I say to you, lift up your eyes and look at the fields, for they are white for harvest. Even now the reaper draws his wages, and gathers fruit for eternal life, that he who sows and he who reaps may rejoice together. 你们不是说‘还有四个月才到收获的时候’吗？我告诉你们，举目向田观看，庄稼已经熟了，可以收割了。  收割的人得到工资，也积储五谷直到永生，使撒种的和收割的一同快乐。 (John 4:35-36)

Day 29

**The Attributes of God**

The Lord brings death and makes alive; He brings down to the grave and raises up. The Lord sends poverty and wealth; He humbles and He exalts. He raises the poor from the dust and lifts the needy from the ash heap, to seat them with princes and make them inherit a throne of honor. For the foundations of the earth are the Lord’s, and He has set the world upon them. 耶和华使人死，也使人活；使人下阴间，也使人从阴间上来。  耶和华使人贫穷，也使人富足；使人降卑，也使人升高。  他从灰尘中抬举贫寒的人，从粪堆中提拔穷乏的人，使他们与显贵同坐，承受尊贵的座位。大地的柱子属于耶和华，他把全地安放在柱子上面。 (1 Samuel 2:6-8)

Whatever the Lord pleases He does, in the heavens and on the earth, in the seas and all their depths. 在天上，在地上，在海中，在一切深处，耶和华喜欢什么，就作什么。 (Psalm 135:6)

**The Works of God**

By the word of the Lord the heavens were made, and by the breath of His mouth their starry host. 诸天借着耶和华的话而造，天上的万象借着他口中的气而成。 (Psalm 33:6)

“To whom will you compare Me? Or who is My equal?” says the Holy One. Lift your eyes to the heavens and see who has created them, He who brings out the starry host by number and calls them each by name. Because of His great might and the strength of His power, not one of them is missing. Do you not know? Have you not heard? The everlasting God, the Lord, the Creator of the ends of the earth, does not grow tired or weary. No one can fathom His understanding. 那圣者说：“你们把谁来跟我相比，使他与我相等呢？”  你们向天举目吧！看是谁创造了这些万象？是谁按着数目把万象领出来，一一指名呼唤？因他的大能大力，连一个也不缺少。  你不知道吗？你没有听过吗？永在的　神、耶和华、地极的创造主既不疲乏，也不困倦；他的知识无法测度。 (Isaiah 40:25-26, 28)

**My Relationship to God**

He who has Your commandments and obeys them, he is the one who loves You; and he who loves You will be loved by Your Father, and You will love him and manifest Yourself to him. 那领受我的命令，并且遵守的，就是爱我的；爱我的，我父必定爱他，我也要爱他，并且要亲自向他显现。” (John 14:21)

I want to be a doer of the word and not merely a hearer who deceives himself. For if anyone is a hearer of the word and not a doer, he is like a man who looks at his natural face in a mirror, and after looking at himself, goes away, and immediately forgets what kind of person he was. But the one who looks intently into the perfect law of freedom and continues in it and is not a forgetful hearer but a doer of the word, this one will be blessed in what he does. 你们应该作行道的人，不要单作听道的人，自己欺骗自己；  因为人若只作听道的人，不作行道的人，他就像一个人对着镜子看自己本来的面貌，  看过走开以后，马上就忘记自己的样子。  唯有详细察看那使人自由的全备的律法，并且时常遵守的人，他不是听了就忘记，而是实行出来，就必因自己所作的蒙福。 (James 1:22-25)

**The Character I Want to Cultivate**

He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city. 不轻易动怒的，胜过勇士；克服己心的，胜过把城攻取的人。 (Proverbs 16:32)

In my anger I will not sin; I will not let the sun go down while I am still angry, and I will not give the devil a foothold. 生气却不要犯罪；含怒不可到日落。  不可给魔鬼留地步。 (Ephesians 4:26-27)

**My Relationship to Others**

The foremost commandment is this: “Hear, O Israel; the Lord our God, the Lord is one; and you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.” The second is this: “You shall love your neighbor as yourself.” There is no commandment greater than these. To love God with all the heart and with the understanding and with all the strength, and to love one’s neighbor as himself are more important than all burnt offerings and sacrifices. 耶稣回答：“第一重要的是：‘以色列啊，你要听！主我们的　神是独一的主。  你要全心、全性、全意、全力，爱主你的　神。’  其次是：‘要爱人如己。’再没有别的诫命比这两条更重要的了。”  我们要用全心、全意、全力去爱他，并且要爱人如己，这就比一切燔祭和各样祭物好得多了。” (Mark 12:29-31, 33)

I will owe nothing to anyone except to love them, for he who loves his neighbor has fulfilled the law. For the commandments, “You shall not commit adultery,” “You shall not murder,” “You shall not steal,” “You shall not covet,” and if there is any other commandment, it is summed up in this saying: “You shall love your neighbor as yourself.” Love does no harm to a neighbor; therefore love is the fulfillment of the law. 不要欠人的债；但在彼此相爱的事上，要觉得是欠了人的债。爱别人的，就成全了律法。  那“不可奸淫，不可杀人，不可偷盗，不可贪心”等等的诫命，都包括在“爱人如己”这一句话里面了。  爱是不加害于人的，所以爱是成全律法的。 (Romans 13:8-10)

Day 30

**The Attributes of God**

To God belong wisdom and power; counsel and understanding are His. 他有智慧与能力，又有谋略与聪明。 (Job 12:13)

Hallelujah! Salvation and glory and power belong to our God, because His judgments are true and righteous. 这些事以后，我听见天上好像有一大群人大声说：“哈利路亚！救恩、荣耀、权能都属于我们的　神，  因为他的审判是真实公义的。他审判了那大淫妇，那以淫乱败坏了世界的；并且为他的仆人向淫妇伸了流血的冤。” (Revelation 19:1-2)

**The Works of God**

O Lord, what is man that You know him, or the son of man that You think of him? Man is like a breath; his days are like a passing shadow. 耶和华啊！人算什么，你竟关怀他，世人算什么，你竟眷念他。  人不过像一口气，他的年日仿佛影子消逝。 (Psalm 144:3-4)

God gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who wait for the Lord will renew their strength; they will mount up with wings like eagles; they will run and not grow weary; they will walk and not be faint. 疲乏的，他赐气力，无力的，他加力量。  就是年轻人也会疲乏困倦，强壮的人也会全然跌倒。  但那些仰望耶和华的人，必重新得力；他们必像鹰一样展翅上腾；他们奔跑，也不困倦，他们行走，也不疲乏。 (Isaiah 40:29-31)

**My Relationship to God**

Why are you downcast, O my soul? Why are you disturbed within me? Hope in God, for I will yet praise Him for the help of His presence. O my God, my soul is downcast within me; therefore I will remember You. Why are you downcast, O my soul? Why are you disturbed within me? Hope in God, for I will yet praise Him, the help of my countenance and my God. 我的心哪！你为什么沮丧呢？为什么在我里面不安呢？应当等候　神；因为我还要称赞他，他是我面前的救助、我的　神。  我的心在我里面沮丧；因此我从约旦地，从黑门岭，从米萨山，记念你。  我的心哪！你为什么沮丧呢？为什么在我里面不安呢？应当等候　神；因为我还要称赞他，他是我面前的救助、我的　神。 (Psalm 42:5-6, 11)

I rejoice in my tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. And hope does not disappoint, because the love of God has been poured out into my heart through the Holy Spirit who was given to me. 不但这样，我们更以患难为荣；知道患难产生忍耐，  忍耐产生毅力，毅力产生盼望；  盼望是不会令人蒙羞的，因为　神借着所赐给我们的圣灵，把他的爱浇灌在我们的心里。 (Romans 5:3-5)

**The Character I Want to Cultivate**

I will be strong and courageous; I will not be afraid or discouraged, for the Lord my God will be with me wherever I go. 我不是吩咐过你要坚强勇敢吗？所以，你不要惧怕，也不要惊慌；因为你无论到哪里去，耶和华你的　神必与你同在。” (Joshua 1:9)

I will be strong and courageous, and act. I will not be afraid or discouraged, for the Lord God is with me. He will not fail me or forsake me. 大卫又对他的儿子所罗门说：“你要坚强勇敢地去作，不要惧怕，也不要惊惶，因为耶和华　神，就是我的　神，与你同在；他必不撇下你，也不丢弃你，直到耶和华殿的一切工作都完成。 (1 Chronicles 28:20)

**My Relationship to Others**

A generous man will prosper, and he who waters will himself be refreshed. 乐善好施的人，必得丰裕；施惠于人的，自己也必蒙施惠。 (Proverbs 11:25)

He who is generous will be blessed, for he shares his food with the poor. 心存良善看人的，必蒙赐福；因为他把自己的食物分给穷人。 (Proverbs 22:9)

Day 31

**The Attributes of God**

I will sing to the Lord, for He is highly exalted. The Lord is my strength and my song; He has become my salvation. He is my God, and I will praise Him, my father’s God, and I will exalt Him. 那时，摩西和以色列人向耶和华唱了以下这首歌，说：“我要向耶和华歌唱，因为他高高地被高举起来；他把马匹和骑马的投在海中。  耶和华是我的力量，我的诗歌，也成了我的拯救；这是我的　神，我要赞美他；他是我父的　神，我要尊崇他。 (Exodus 15:1-2)

My Redeemer, the Lord of hosts is Your name; You are the Holy One of Israel. 我们的救赎主，他的名字是万军之耶和华、以色列的圣者，他说： (Isaiah 47:4)

**The Works of God**

I must be ready, for the Son of Man will come at an hour when I do not expect Him. 所以，你们也要准备妥当，因为在想不到的时候，人子就来了。 你们也要准备妥当，因为在想不到的时候，人子就来了。” (Matthew 24:44; Luke 12:40)

Men will see the Son of Man coming in clouds with great power and glory. And He will send His angels and gather His elect from the four winds, from the ends of the earth to the ends of the heavens. We must take heed and be watchful, for we do not know when that time will come. 那时，他们要看见人子，满有能力和荣耀，驾着云降临；  他要差派天使，把他的选民从四方，从地极直到天边，都招聚来。  你们要小心，要警醒，因为你们不知道那日期什么时候来到。 (Mark 13:26-27, 33)

**My Relationship to God**

Having been justified by faith, I have peace with God through the Lord Jesus Christ, through whom I have gained access by faith into this grace in which I stand; and I rejoice in the hope of the glory of God. 所以，我们既然因信称义，就借着我们的主耶稣基督与　神和好；  我们也凭着信，借着他可以进入现在所站的这恩典中，并且以盼望得享　神的荣耀为荣。 (Romans 5:1-2)

I am convinced that neither death nor life, nor angels nor principalities, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate me from the love of God that is in Christ Jesus my Lord. 因为我深信：无论是死、是生，是天使、是掌权的，是现在的事，是将来的事，是有能力的，  是高天的、是深渊的，或是任何别的被造之物，都不能叫我们与　神的爱隔绝，这爱是在我们的主耶稣基督里的。 (Romans 8:38-39)

**The Character I Want to Cultivate**

Come, my children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life and loves many days that he may see good? Keep your tongue from evil and your lips from speaking guile. Depart from evil and do good; seek peace and pursue it. The eyes of the Lord are on the righteous, and His ears are attentive to their cry. 孩子们！你们要来听我；我要教导你们敬畏耶和华。  谁喜爱生命，爱慕长寿，享受美福，  就要禁止舌头不出恶言，嘴唇不说诡诈的话；  也要离恶行善，寻找并追求和睦。  耶和华的眼睛看顾义人，他的耳朵垂听他们的呼求。 (Psalm 34:11-15)

I was once darkness, but now I am light in the Lord. I will walk as a child of light (for the fruit of the light consists in all goodness and righteousness and truth), learning what is pleasing to the Lord. 你们从前是黑暗的，现今在主里却是光明的，行事为人就应当像光明的儿女。  光明所结的果子，就是一切良善、公义、诚实。  你们要察验什么是主所喜悦的。 (Ephesians 5:8-10)

**My Relationship to Others**

I will not defraud my neighbor or rob him. “不可欺压你的邻舍，也不可抢夺他的东西；雇工的工钱，不可扣留在你那里到早晨。 (Leviticus 19:13)

I will not mistreat my neighbor, but I will fear my God; for You are the Lord my God. 你们不可欺负对方，却要敬畏你的　神，因为我是耶和华你们的　神。 (Leviticus 25:17)

**the SECOND month**

Day 1

**The Attributes of God**

God reveals deep things out of darkness and brings the shadow of death into the light. He makes nations great and destroys them; He enlarges nations and disperses them. 他从黑暗中彰显奥秘，把死荫领进光中。  他使邦国兴盛，又毁灭他们，扩张邦国，又把他们掳去。 (Job 12:22-23)

Blessed be the name of God for ever and ever, for wisdom and power belong to Him. He changes the times and the seasons; He raises up kings and deposes them. He gives wisdom to the wise and knowledge to those who have understanding. He reveals deep and hidden things; He knows what is in the darkness, and light dwells with Him. (Daniel 2:20-22)

**The Works of God**

The Son of Man did not come to be served, but to serve, and to give His life as a ransom for many. 因为人子来，不是要受人服事，而是要服事人，并且要舍命，作许多人的赎价。” (Mark 10:45)

During His trials, some began to spit at Jesus and blindfold Him and strike Him with their fists and say to Him, “Prophesy!” And the guards received Him with slaps in the face. The soldiers put a purple robe on Him, then twisted together a crown of thorns and set it on Him. And they began to call out to Him, “Hail, king of the Jews!” Again and again they struck Him on the head with a staff and spit on Him, and bending their knees, they paid mock homage to Him. When they crucified Him, those who passed by hurled insults at Him, wagging their heads and saying, “Ha! You who are going to destroy the temple and build it in three days, save Yourself and come down from the cross!” And at the ninth hour Jesus cried out in a loud voice, “Eloi, Eloi, lama sabachthani?” which means, “My God, My God, why have You forsaken Me?” 于是有些人就向他吐唾沫，蒙住他的脸。用拳头打他，对他说：“你说预言吧！”差役把他拉去，用手掌打他。 (Mark 14:65; 15:17-19, 29-30, 34)

**My Relationship to God**

Who is the man that fears the Lord? He will instruct him in the way he should choose. 谁是那敬畏耶和华的人？耶和华必指示他应选择的道路。 (Psalm 25:12)

You will instruct me and teach me in the way I should go; You will counsel me and watch over me. 我要教导你，指示你应走的路；我要劝戒你，我的眼睛看顾你。 (Psalm 32:8)

**The Character I Want to Cultivate**

He who pursues righteousness and love finds life, righteousness, and honor. 追求公义与慈爱的，必得着生命、公义和荣耀。 (Proverbs 21:21)

The goal of our instruction is love, which comes from a pure heart and a good conscience and a sincere faith. 这嘱咐的目的是出于爱；这爱是发自纯洁的心、无愧的良心和无伪的信心。 (1 Timothy 1:5)

**My Relationship to Others**

Houses and wealth are inherited from fathers, but a prudent wife is from the Lord. 房屋与财富是祖宗遗留的产业；唯有明慧的妻子是耶和华所赐的。 (Proverbs 19:14)

Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord, she shall be praised. 艳丽是虚假的，美容是虚浮的；唯有敬畏耶和华的妇女，必得称赞。 (Proverbs 31:30)

Day 2

**The Attributes of God**

O Lord, God of Israel, there is no God like You in heaven above or on earth below; You keep Your covenant and mercy with Your servants who walk before You with all their heart. 祷告说：“耶和华以色列的　神啊，天上地下没有别的神像你；你对一心在你面前行事为人的仆人守约施慈爱。 说：“耶和华以色列的　神啊，天上地下没有神可以和你相比的，你向那些一心行在你面前的仆人，常是守约施慈爱的； (1 Kings 8:23; 2 Chronicles 6:14)

I know that You are a gracious and compassionate God, slow to anger and abounding in lovingkindness, a God who relents from sending calamity. 就向耶和华祷告，说：“耶和华啊！我还在本国的时候，不是这样说过吗？我知道你是有恩典有怜悯的　神，不轻易发怒，并且有丰盛的慈爱，转意不降灾祸，所以我才急忙逃往他施去。 (Jonah 4:2)

**The Works of God**

Every animal of the forest is Yours, and the cattle on a thousand hills. You know every bird in the mountains, and everything that moves in the field is Yours. 因为树林中的百兽是我的，千山上的牲畜也是我的。  山中的雀鸟我都认识，田野的走兽也都属我。 (Psalm 50:10-11)

The heavens are Yours; the earth also is Yours; You founded the world and all its fullness. 天是你的，地也是你的；世界和世界充满的，都是你建立的。 (Psalm 89:11)

**My Relationship to God**

The joy of the Lord is my strength. 尼希米又对他们说：“你们应当去吃肥美的肉，喝甘甜的酒，把部分饮食分给没有能力预备的人，因为今天是我们的主的圣日；你们不要忧愁，因为靠耶和华而得的喜乐是你们的力量。” (Nehemiah 8:10)

Better is one day in Your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked. For the Lord God is a sun and shield; the Lord will give grace and glory; no good thing does He withhold from those who walk in integrity. O Lord of hosts, blessed is the man who trusts in You! 在你院子里住一日，胜过在别处住千日；宁愿站在我　神殿中的门槛上，也不愿住在恶人的帐棚里。  因为耶和华　神是太阳，是盾牌，耶和华赐下恩惠和光荣；他没有留下一样好处，不给那些行为正直的人。  万军之耶和华啊！倚靠你的人是有福的。 (Psalm 84:10-12)

**The Character I Want to Cultivate**

I will receive the words of wisdom and treasure her commands within me, turning my ear to wisdom and applying my heart to understanding. If I cry for discernment and lift up my voice for understanding, if I seek her as silver and search for her as for hidden treasures, then I will understand the fear of the Lord and find the knowledge of God. 我儿，如果你接受我的话，把我的诫命珍藏在心里，  留心听智慧，致力求聪明；  如果你为求哲理而呼喊，为求聪明而扬声；  如果你寻找它如同寻找银子，搜寻它好像搜寻宝藏；  你就明白怎样敬畏耶和华，并且获得对　神的认识。 (Proverbs 2:1-5)

The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding. 敬畏耶和华是智慧的开端，认识至圣者就是聪明。 (Proverbs 9:10)

**My Relationship to Others**

I will discipline my child while there is hope and not be a willing party to his death. 趁着还有指望的时候，要管教你的儿子；不可存心任他死亡。 (Proverbs 19:18)

The rod and reproof impart wisdom, but a child left to himself brings shame to his mother. 杖责和管教能使人有智慧，放纵的孩子使母亲蒙羞。 (Proverbs 29:15)

Day 3

**The Attributes of God**

Great is the Lord, and most worthy of praise in the city of our God, His holy mountain. As is Your name, O God, so is Your praise to the ends of the earth; Your right hand is filled with righteousness. 在我们　神的城中，在他的圣山上，耶和华是至大的，应该大受赞美。  　神啊！你受的赞美，就像你的名一样，达到地极；你的右手满了公义。 (Psalm 48:1, 10)

The Lord Jesus Christ received honor and glory from God the Father when the voice came to Him from the Majestic Glory who said, “This is My beloved Son, with whom I am well pleased.” 因为他从父　神得着尊贵荣耀的时候，在极显赫的荣光中，有这样的声音对他说：“这是我的爱子，我所喜悦的。” (2 Peter 1:17)

**The Works of God**

God’s grace was given to us in Christ Jesus before the beginning of time and has now been revealed through the appearing of our Savior, Christ Jesus, who abolished death and brought life and immortality to light through the gospel. 　神救了我们，以圣召呼召我们，不是按照我们的行为，却是按照他自己的计划和恩典；这恩典是在永世之先，在基督耶稣里赐给了我们的，  但现在借着我们救主基督耶稣的显现，才表明出来。他废掉了死亡，借着福音把生命和不朽彰显出来。 (2 Timothy 1:9-10)

We see Jesus, who was made a little lower than the angels, now crowned with glory and honor because He suffered death, that by the grace of God He might taste death for everyone. For it was fitting for Him, for whom are all things and through whom are all things, in bringing many sons to glory, to make the author of their salvation perfect through sufferings. 不过，我们看见那位暂时成了比天使卑微的耶稣，因为受了死的痛苦，就得了荣耀尊贵作冠冕，好叫他因着　神的恩典，为万人尝了死味。  万有因他而有、借他而造的那位，为了要带领许多儿子进入荣耀里去，使救他们的元首借着受苦而得到成全，本是合适的。 (Hebrews 2:9-10)

**My Relationship to God**

I will praise You, O Lord, with all my heart; I will tell of all Your wonders. I will be glad and rejoice in You; I will sing praise to Your name, O Most High. 耶和华啊！我要全心称谢你，我要述说你一切奇妙的作为。  我要因你快乐欢欣；至高者啊！我要歌颂你的名。 (Psalm 9:1-2)

Rejoice in the Lord, O you righteous; praise is becoming to the upright. 义人哪！你们要靠着耶和华欢呼；正直人赞美主是合宜的。 (Psalm 33:1)

**The Character I Want to Cultivate**

I will not be dishonest in judgment, in measurement of weight or quantity. I will be honest and just in my business affairs. “你们审判的时候，在度、量、衡上，都不可偏差。  要用公正的天平，公正的法码，公正的升斗，公正的容器；我是耶和华你们的　神，就是曾把你们从埃及地领出来的那位。 (Leviticus 19:35-36)

The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity. 正直人的纯正必引导他们自己，奸诈人的奸恶却毁灭自己。 (Proverbs 11:3)

**My Relationship to Others**

I will pursue the things that lead to peace and to mutual edification. 所以，我们总要追求和睦的事，与彼此造就的事。 (Romans 14:19)

We should bear with one another in love and make every effort to keep the unity of the Spirit in the bond of peace. (Ephesians 4:2-3)

Day 4

**The Attributes of God**

You are the great, the mighty, and the awesome God, who keeps His covenant of lovingkindness. “我们的　神啊，你是至大、全能、至可畏、守约施慈爱的　神，现在求你不要把我们、我们的君王和领袖、我们的祭司和先知、我们的列祖和你的众民，从亚述列王的日子直到今日所遭遇的一切苦难，看为小事。 (Nehemiah 9:32)

To whom can I liken You or count You equal? To whom can I compare You that You may be alike? 你们要把谁与我相比，谁与我相似呢？你们把谁与我比较，好使我们同等呢？ (Isaiah 46:5)

**The Works of God**

An hour is coming, and now is, when the dead will hear the voice of the Son of God; and those who hear will live. For as the Father has life in Himself, so He has granted the Son to have life in Himself, and He has given Him authority to execute judgment, because He is the Son of Man. 我实实在在告诉你们，时候将到，现在就是了，死人要听见　神儿子的声音，听见的人就要活了。  就如父是生命的源头，照样他也使子成为生命的源头，  并且把执行审判的权柄赐给他，因为他是人子。 (John 5:25-27)

We will all stand before the judgment seat of God. For it is written, “As I live, says the Lord, every knee will bow before Me, and every tongue will confess to God.” So then, each of us will give an account of himself to God. (Romans 14:10b-12)

**My Relationship to God**

There is now no condemnation for those who are in Christ Jesus, because the law of the Spirit of life in Christ Jesus has set me free from the law of sin and death. 所以现在，那些在耶稣基督里的人就不被定罪了；  因为生命之灵的律在基督耶稣里使我自由，脱离了罪和死的律。 (Romans 8:1-2)

I did not receive a spirit of slavery again to fear, but I received the Spirit of adoption by whom I cry, “Abba, Father.” The Spirit Himself testifies with my spirit that I am a child of God. 你们接受的，不是奴仆的灵，使你们仍旧惧怕；你们接受的，是使人成为嗣子的灵，使我们呼叫“阿爸、父”。  圣灵亲自和我们的灵一同证明我们是　神的儿女。 (Romans 8:15-16)

**The Character I Want to Cultivate**

A talebearer reveals secrets, but he who is trustworthy conceals a matter. 到处搬弄是非的，泄露秘密，心里诚实的，遮隐事情。 (Proverbs 11:13)

These are the things I shall do: speak the truth to others, judge with truth and justice for peace, not plot evil against my neighbor, and not love a false oath; for all these things the Lord hates. 你们应当行这些事：你们各人要与邻舍说真话，在你们的城门口要凭着诚实和公正施行审判。  你们各人不要心里图谋恶事，彼此陷害，也不可好起假誓，因为这些都是我所恨恶的。’这是耶和华的宣告。” (Zechariah 8:16-17)

**My Relationship to Others**

You have called us to go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything You have commanded us. And surely You are with us always, even to the end of the age. 所以，你们要去使万民作我的门徒，奉父子圣灵的名，给他们施洗（“奉父子圣灵的名，给他们施洗”或译：“给他们施洗，归入父子圣灵的名”），  我吩咐你们的一切，都要教导他们遵守。这样，我就常常与你们同在，直到这世代的终结。” (Matthew 28:19-20)

As the Father sent the Son into the world, He also has sent us into the world. And He has prayed for those who will believe in Him through our message. 你怎样差我到世上来，我也怎样差他们到世上去。  “我不但为他们求，也为那些因他们的话而信我的人求， (John 17:18, 20)

Day 5

**The Attributes of God**

I will give thanks to the Lord, for He is good; His love endures forever. 你们要称谢耶和华，因他是良善的，他的慈爱永远常存。 (1 Chronicles 16:34)

Lovingkindness and truth have met together; righteousness and peace have kissed each other. Truth shall spring forth from the earth, and righteousness looks down from heaven. 慈爱和信实彼此相遇，公义和平安互相亲嘴。  信实从地上生出，公义从天上俯视。 (Psalm 85:10-11)

**The Works of God**

Jesus fulfilled the words of the prophet Isaiah: “The Spirit of the Lord is upon Me, because He has anointed Me to preach good news to the poor. He has sent Me to proclaim freedom for the captives and recovery of sight to the blind, to set free those who are downtrodden, to proclaim the acceptable year of the Lord.” “主的灵在我身上，因为他膏我去传福音给贫穷的人，差遣我去宣告被掳的得释放，瞎眼的得看见，受压制的得自由，  又宣告主悦纳人的禧年。” (Luke 4:18-19)

The Son of Man came to seek and to save that which was lost. 因为人子来，是要寻找拯救失丧的人。” (Luke 19:10)

**My Relationship to God**

I will trust in the Lord with all my heart and lean not on my own understanding; in all my ways I will acknowledge Him, and He will make my paths straight. I will not be wise in my own eyes, but I will fear the Lord and depart from evil. 你要一心仰赖耶和华，不可倚靠自己的聪明；  在你一切所行的路上，都要承认他，他必使你的路径平坦正直。  不可自以为有智慧，要敬畏耶和华，远离恶事。 (Proverbs 3:5-7)

“Not by might nor by power, but by My Spirit,” says the Lord of hosts. 他对我说：“这是耶和华对所罗巴伯所说的话：‘不是倚靠权势，不是倚靠能力，而是倚靠我的灵。’这是万军之耶和华说的。 (Zechariah 4:6)

**The Character I Want to Cultivate**

Before his downfall the heart of a man is haughty, but humility comes before honor. 灭亡以先，人心高傲；尊荣以先，必有谦卑。 (Proverbs 18:12)

Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. “心灵贫乏的人有福了，因为天国是他们的。  哀痛的人有福了，因为他们必得安慰。  温柔的人有福了，因为他们必承受地土。 (Matthew 5:3-5)

**My Relationship to Others**

Peter came to Jesus and asked, “Lord, how often shall my brother sin against me, and I forgive him? Up to seven times?” Jesus said to him, “I tell you, not seven times, but up to seventy times seven.” 那时，彼得前来问耶稣：“主啊，如果我的弟兄得罪我，我要饶恕他多少次？七次吗？”  耶稣对他说：“我告诉你，不是七次，而是七十个七次。 (Matthew 18:21-22)

I will love my enemies, do good to them, and lend to them, expecting nothing in return. Then my reward will be great, and I will be a child of the Most High; for He is kind to the ungrateful and evil. I will be merciful just as my Father is merciful. (Luke 6:35-36)

Day 6

**The Attributes of God**

I will be still and know that You are God; You will be exalted among the nations, You will be exalted in the earth. 你们要住手，要知道我是　神；我要在列国中被尊崇，我要在全地上被尊崇。 (Psalm 46:10)

The God and Father of the Lord Jesus is blessed forever. 主耶稣的父　神是应当永远受称颂的，他知道我没有说谎。 (2 Corinthians 11:31)

**The Works of God**

You formed my inward parts; You wove me together in my mother’s womb. I thank You because I am fearfully and wonderfully made; Your works are wonderful, and my soul knows it full well. My frame was not hidden from You when I was made in secret and skillfully wrought in the depths of the earth. Your eyes saw my embryo, and all the days ordained for me were written in Your book before one of them came to be. 我的脏腑是你所造的，在我母腹中你塑造了我。  我要称谢你，因为我的受造奇妙可畏；你的作为奇妙，这是我深深知道的。  我在隐密处被造，在地的深处被塑造，那时，我的形体不能向你隐藏。  我未成形的身体，你的眼睛早已看见；为我所定的日子，我还未度过一日，都完全记在你的册上了。 (Psalm 139:13-16)

Through Christ all things were made, and without Him nothing was made that has been made. In Him was life, and the life was the light of men. 万有是借着他造的；凡被造的，没有一样不是借着他造的。  在他里面有生命，（有些抄本第3、4节或译：“万有是借着他造的，没有一样不是借着他造的；凡被造的，都在他里面有生命......”）这生命就是人的光。 (John 1:3-4)

**My Relationship to God**

As for me and my household, we will serve the Lord. 如果你们认为事奉耶和华不好，那么今日你们就可以选择你们所要事奉的：是你们列祖在大河那边事奉的神呢，还是你们现在所住亚摩利人之地的神呢？至于我和父家，我们必事奉耶和华。” (Joshua 24:15)

By Your grace, I want to hear the words, “Well done, good and faithful servant; you have been faithful with a few things; I will put you in charge of many things. Enter into the joy of your Lord.” 主人对他说：‘又良善又忠心的仆人哪，你作得好！你既然在不多的事上忠心，我要派你管理许多的事。进来，享受你主人的快乐吧！’ (Matthew 25:21)

**The Character I Want to Cultivate**

Whoever loves instruction loves knowledge, but he who hates correction is stupid. 喜爱教训的，就是喜爱知识；厌恶责备的，却是愚顽人。 (Proverbs 12:1)

Pride breeds nothing but strife, but wisdom is found in those who take advice. 傲慢只能引起争端；接受劝告的却有智慧。 (Proverbs 13:10)

**My Relationship to Others**

I will contribute to the needs of the saints and practice hospitality. 圣徒有缺乏的，就要接济；客旅要热诚地款待。 (Romans 12:13)

I will not forget to do good and to share with others, for with such sacrifices God is well pleased. 你们也不要忘记行善和捐输，这样的祭是　神所喜悦的。 (Hebrews 13:16)

Day 7

**The Attributes of God**

God is wise in heart and mighty in strength. Who has resisted Him without harm? 他心里有智慧，而且有极大的能力，有谁对他刚硬而平安无事呢？ (Job 9:4)

The eyes of the Lord are everywhere, keeping watch on the evil and the good. 耶和华的眼目无所不在；坏人好人他都鉴察。 (Proverbs 15:3)

**The Works of God**

Christ has appeared once for all at the end of the ages to do away with sin by the sacrifice of Himself. And as it is appointed for man to die once and after that to face judgment, so Christ was offered once to bear the sins of many; and He will appear a second time, not to bear sin but to bring salvation to those who eagerly wait for Him. 如果这样，他从创世以来，就必须受许多次的苦了。可是现在他在这世代的终结，只显现一次，把自己作为祭品献上，好除掉罪。  按着定命，人人都要死一次，死后还有审判。  照样，基督为了担当许多人的罪，也曾经一次把自己献上；将来他还要再一次显现，不是为担当罪，而是要向那些热切期待他的人成全救恩。 (Hebrews 9:26-28)

I have come to Mount Zion, to the heavenly Jerusalem, the city of the living God, to myriads of angels, and to the assembly and church of the firstborn, who are enrolled in heaven. I have come to God, the Judge of all men, to the spirits of righteous men made perfect, to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks better things than the blood of Abel. 你们却是来到锡安山和永活的　神的城，就是天上的耶路撒冷；在那里有千万的天使聚集，  有名字登记在天上众长子的教会，有审判众人的　神，有被成全的义人的灵魂，  有新约的中保耶稣，还有他所洒的血。这血所传的信息比亚伯的血所传的更美。 (Hebrews 12:22-24)

**My Relationship to God**

I want to follow Abraham’s example of willingness to offer all that I have to You, holding nothing back and trusting in Your character and in Your promises. 　神说：“带着你的儿子，就是你所爱的独生子以撒，到摩利亚地去，在我所要指示你的一座山上，把他献为燔祭。”  亚伯拉罕清早起来，预备好了驴，带着两个童仆和自己的儿子以撒，也劈好了献燔祭用的柴，就起程到　神指示他的地方去。  第三日，亚伯拉罕举目观望，远远地看见了那地方。  亚伯拉罕对他的童仆说：“你们和驴留在这里，我与孩子要到那边去敬拜，然后回到你们这里来。”  亚伯拉罕把献燔祭的柴，放在他儿子以撒的身上，自己手里拿着火与刀。他们二人一起向前走的时候，  以撒问他父亲亚伯拉罕说：“爸爸！”亚伯拉罕回答：“我儿！有什么事？”以撒说：“你看，火与柴都有了，可是献燔祭用的羊羔在哪里呢？”  亚伯拉罕回答：“我儿，　神自己必亲自预备献燔祭用的羊羔。”于是二人继续一起前行。  他们到了　神指示的地方，亚伯拉罕就在那里筑了一座祭坛，摆好了柴，捆绑了自己的儿子以撒，就把他放在祭坛的柴上。  亚伯拉罕伸手拿刀，要宰杀自己的儿子的时候，  耶和华的使者从天上呼叫亚伯拉罕，说：“亚伯拉罕，亚伯拉罕！”亚伯拉罕回答：“我在这里。” (Genesis 22:2-11)

Like Josiah, I want a tender and responsive heart, so that I will humble myself before God when I hear His word. 因为你听了我指着这地方和这里的居民所说的话，就心里感动，在　神面前谦卑；你既然在我的面前谦卑，又撕裂衣服，在我的面前哭泣，所以我就垂听你的祷告；这是耶和华的宣告。 (2 Chronicles 34:27)

**The Character I Want to Cultivate**

I will not lay up for myself treasures on earth, where moth and rust destroy and where thieves break in and steal. But I will lay up for myself treasures in heaven, where moth and rust do not destroy and where thieves do not break in and steal. For where my treasure is, there my heart will be also. “不可为自己在地上积聚财宝，因为地上有虫蛀，有锈侵蚀，也有贼挖洞来偷。  要为自己积聚财宝在天上，那里没有虫蛀锈蚀，也没有贼挖洞来偷。  你的财宝在哪里，你的心也在哪里。 因为你们的财宝在哪里，你们的心也在哪里。 (Matthew 6:19-21; Luke 12:34)

I do not want to lay up treasure for myself without being rich toward God. 凡为自己积财，在　神面前却不富足的，也是这样。” (Luke 12:21)

**My Relationship to Others**

The sons of this world are more shrewd in dealing with their own kind than are the sons of light. I would be wise to use worldly wealth to make friends for myself, so that when it is gone, they may welcome me into the eternal dwellings. 主人就夸奖这不义的管家作事机警；因为在应付自己的世事上，今世之子比光明之子更精明。  我告诉你们，要用不义的钱财去结交朋友，好叫钱财无用的时候，他们可以接你们到永恒的帐棚里。 (Luke 16:8-9)

What is my hope or joy or crown of rejoicing in the presence of the Lord Jesus at His coming? My glory and joy is the people in whose lives I have been privileged to have a ministry. 我们主耶稣再来的时候，我们在他面前的盼望、喜乐或所夸耀的冠冕是什么呢？不就是你们吗？  是的，你们就是我们的荣耀，我们的喜乐。 (1 Thessalonians 2:19-20)

Day 8

**The Attributes of God**

Let me fall into the hands of the Lord, for His mercies are very great; but do not let me fall into the hands of men. 大卫对迦得说：“我十分作难，我情愿落在耶和华的手里，因为他有极丰盛的怜悯，我不愿落在人的手里。” (1 Chronicles 21:13)

You, Lord, are good and ready to forgive and abundant in mercy to all who call upon You. 主啊！你是良善，又乐意饶恕人的，向你呼求的，你都以丰盛的慈爱待他们。 (Psalm 86:5)

**The Works of God**

We should not be ignorant about those who fall asleep or grieve like the rest of men, who have no hope. For if we believe that Jesus died and rose again, even so God will bring with Him those who have fallen asleep in Jesus. According to the Lord’s own word, we who are alive and remain until the coming of the Lord will not precede those who have fallen asleep. For the Lord Himself will come down from heaven, with a loud command, with the voice of the archangel, and with the trumpet of God, and the dead in Christ will rise first. Then we who are alive and remain will be caught up together with them in the clouds to meet the Lord in the air. And so we will be with the Lord forever. 弟兄们，论到睡了的人，我们不愿意你们不知道，免得你们忧伤，像那些没有盼望的人一样。  我们若信耶稣死了，又复活了，照样，也应该相信那些靠着耶稣已经睡了的人，　神必定把他们和耶稣一同带来。  我们现在照着主的话告诉你们：我们这些活着存留到主再来的人，绝不能在那些睡了的人以先。  因为主必亲自从天降临，那时，有发令的声音，有天使长的呼声，还有　神的号声，那些在基督里死了的人必先复活；  然后，我们还活着存留的人，必和他们一同被提到云里，在空中与主相会。这样，我们就要和主常常同在。 (1 Thessalonians 4:13-17)

We are looking for the blessed hope and the glorious appearing of our great God and Savior, Christ Jesus, who gave Himself for us to redeem us from all iniquity and to purify for Himself a people for His own possession, zealous for good works. 等候那有福的盼望，就是我们伟大的　神，救主耶稣基督荣耀的显现。  他为我们舍己，为的是要救赎我们脱离一切不法的事，并且洁净我们作他自己的子民，热心善工。 (Titus 2:13-14)

**My Relationship to God**

I would have lost heart unless I had believed that I would see the goodness of the Lord in the land of the living. I will hope in the Lord and be of good courage, and He will strengthen my heart; yes, I will hope in the Lord. 我还是相信，在活人之地，我可以看见耶和华的恩惠。  你要等候耶和华，要刚强，要坚定你的心，要等候耶和华。 (Psalm 27:13-14)

I wait for the Lord; my soul waits, and in His word I put my hope. I hope in the Lord, for with Him is unfailing love and abundant redemption. 我等候耶和华，我的心等候他，我仰望他的话。  以色列啊！你要仰望耶和华，因为耶和华有慈爱，也有丰盛的救恩。 (Psalm 130:5, 7)

**The Character I Want to Cultivate**

I want to be above reproach, temperate, sensible, respectable, hospitable, able to teach, not given to drunkenness, not violent but gentle, not quarrelsome, not a lover of money, one who manages his own family well, and who keeps his children under control with proper respect. And I want a good reputation with outsiders, so that I will not fall into disgrace and the snare of the devil. 所以作监督的，必须无可指摘，只作一个妻子的丈夫，有节制，自律，庄重，乐意接待客旅，善于教导，  不好酒，不打人，只要温和，与人无争，不贪财，  好好管理自己的家，使儿女凡事敬重顺服。  作监督的也必须在教外有好声誉，免得他被人毁谤，就落在魔鬼的陷阱里。 (1 Timothy 3:2-4, 7)

I want to be above reproach, blameless as a steward of God, not self-willed, not quick-tempered, not given to wine, not violent, not fond of dishonest gain, but hospitable, a lover of what is good, sensible, just, holy, and self-controlled. 如果有人无可指摘，只作一个妻子的丈夫，儿女都信主，也没有人控告他们放荡或不受约束，才可以作长老。  因为监督是　神的管家，所以必须无可指摘、不任性、不随便动怒、不好酒、不打人、不贪不义之财；  却要接待客旅、喜爱良善、自律、公正、圣洁、自制， (Titus 1:6-8)

**My Relationship to Others**

The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife’s body does not belong to her alone, but also to her husband. In the same way, the husband’s body does not belong to him alone, but also to his wife. 丈夫对妻子应该尽他的本分，妻子对丈夫也应当这样。  妻子对自己的身体没有主权，权在丈夫；照样，丈夫对自己的身体也没有主权，权在妻子。 (1 Corinthians 7:3-4)

Each husband must love his own wife as he loves himself, and each wife must respect her husband. 无论怎样，你们各人都要爱自己的妻子，好像爱自己一样。妻子也应当敬重丈夫。 (Ephesians 5:33)

Day 9

**The Attributes of God**

You have chosen me as Your witness and servant so that I may know and believe You and understand that You are the Lord. Before You no God was formed, nor will there be one after You. 耶和华说：“你们就是我的见证人，我所拣选的仆人，为要使你们知道，并且相信我，又明白我就是‘那位’；在我以前没有神被造出来，在我以后也必没有。 (Isaiah 43:10)

The Lord God is the Alpha and the Omega, who is, and who was, and who is to come, the Almighty. 主　神说：“我是阿拉法，我是俄梅格；我是今在、昔在、以后永在，全能的　神。” (Revelation 1:8)

**The Works of God**

Blessed be the Lord, the God of Israel, because He has visited us and has redeemed His people. He has raised up a horn of salvation for us in the house of His servant David (as He spoke by the mouth of His holy prophets of long ago), salvation from our enemies and from the hand of all who hate us—to show mercy to our fathers and to remember His holy covenant, the oath He swore to our father Abraham, to rescue us from the hand of our enemies, and to enable us to serve Him without fear in holiness and righteousness before Him all our days. “主，以色列的　神，是应当称颂的，因他眷顾自己的子民，施行救赎，  在他仆人大卫家中，为我们兴起救恩的角，  正如主自古以来借圣先知口中所说的，  救我们脱离仇敌，和恨我们的人的手；  向我们列祖施怜悯，记念他的圣约，  就是他对我们祖先亚伯拉罕所起的誓，  把我们从仇敌手中救拔出来，叫我们可以坦然无惧，用圣洁公义，在他面前一生一世敬拜他。 (Luke 1:68-75)

The Scriptures predicted that the Christ should suffer and rise from the dead on the third day, and that repentance and forgiveness of sins should be preached in His name to all nations, beginning at Jerusalem. 又说：“经上这样记着：基督必须受害，第三天从死人中复活。  人要奉他的名，传讲悔改与赦罪的道，从耶路撒冷起，直传到万国。 (Luke 24:46-47)

**My Relationship to God**

God will keep me strong to the end, so that I will be blameless on the day of our Lord Jesus Christ. God is faithful, through whom I was called into fellowship with His Son, Jesus Christ our Lord. 他也必坚定你们到底，使你们在我们主耶稣基督的日子无可指摘。  　神是信实的，他呼召了你们，是要你们与他的儿子我们主耶稣基督连合在一起。 (1 Corinthians 1:8-9)

Thanks be to God, who always leads us in triumph in Christ and through us spreads everywhere the fragrance of the knowledge of Him. 感谢　神，他常常在基督里，使我们这些作俘虏的，列在凯旋的队伍当中，又借着我们在各地散播香气，就是使人认识基督。 (2 Corinthians 2:14)

**The Character I Want to Cultivate**

I will rejoice in hope, persevere in affliction, and continue steadfastly in prayer. 在盼望中要喜乐，在患难中要坚忍，祷告要恒切。 (Romans 12:12)

I will fight the good fight of faith and lay hold of the eternal life to which I was called when I made the good confession in the presence of many witnesses. In the sight of God, who gives life to all things, and of Christ Jesus, who testified the good confession before Pontius Pilate, I want to keep this command without blemish or reproach until the appearing of our Lord Jesus Christ, which God will bring about in His own time. (1 Timothy 6:12-15a)

**My Relationship to Others**

Children should obey their parents in the Lord, for this is right. “Honor your father and mother”—which is the first commandment with a promise—”that it may go well with you, and that you may live long on the earth.” 你们作儿女的，要在主里听从父母，因为这是理所当然的。  “要孝敬父母，使你得福，在世长寿。”这是第一条带着应许的诫命。 (Ephesians 6:1-3)

Children should obey their parents in everything, for this is well-pleasing to the Lord. 你们作儿女的，要凡事听从父母，因为这在主里是可喜悦的。 (Colossians 3:20)

Day 10

**The Attributes of God**

Lord, You have been our dwelling place throughout all generations. Before the mountains were born or You brought forth the earth and the world, from everlasting to everlasting, You are God. You turn men back into dust, and say, “Return, O children of men.” For a thousand years in Your sight are like yesterday when it passes by or like a watch in the night. 主啊！你世世代代作我们的居所。（本节在《马索拉抄本》包括细字标题）  群山尚未生出，大地和世界你未曾造成，从永远到永远，你是　神。  你使人归回尘土，说：“世人哪！你们要归回尘土。”  在你看来，千年好像刚过去了的昨天，又像夜里的一更。 (Psalm 90:1-4)

My days are like a lengthened shadow, and I wither away like grass. But You, O Lord, will endure forever, and the remembrance of Your name to all generations. Of old, You laid the foundations of the earth, and the heavens are the work of Your hands. They will perish, but You will endure; they will all wear out like a garment. Like clothing, You will change them, and they will be discarded. But You are the same, and Your years will have no end. (Psalm 102:11-12, 25-27)

**The Works of God**

Christ has been raised from the dead, the firstfruits of those who have fallen asleep. For since death came through a man, the resurrection of the dead comes also through a Man. For as in Adam all die, so in Christ all will be made alive. But each in his own order: Christ, the firstfruits; afterward, those who are Christ’s at His coming. Then the end will come, when He delivers the kingdom to God the Father, when He has abolished all rule and all authority and power. For He must reign until He has put all His enemies under His feet. The last enemy that will be destroyed is death. 现在基督已经从死人中复活，成为睡了的人初熟的果子。  死既借着一人而来，死人复活也借着一人而来。  在亚当里众人都死了，照样，在基督里众人也都要复活；  只是各人要按着自己的次序：初熟的果子是基督，以后，在他来的时候，是那些属基督的人。  再后，末期到了的时候，基督把所有的统治者、掌权者和有能者都毁灭了，就把国度交给父　神。  因为基督必要作王，直到　神把所有的仇敌都放在他的脚下。  最后要毁灭的仇敌就是死， (1 Corinthians 15:20-26)

We will not all sleep, but we will all be changed, in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised imperishable, and we shall be changed. For this perishable must clothe itself with the imperishable, and this mortal with immortality. 我现在把一个奥秘告诉你们：我们不是都要睡觉，而是在一剎那，眨眼之间，就是号角最后一次吹响的时候，我们都要改变；因为号角要吹响，死人要复活，成为不朽坏的，我们也要改变。  这必朽坏的必须穿上不朽坏的，这必死的必须穿上不死的； (1 Corinthians 15:51-53)

**My Relationship to God**

As many as received Christ, to them He gave the right to become children of God, to those who believe in His name, who were born not of blood, nor of the will of the flesh, nor of the will of man, but of God. 凡接受他的，就是信他名的人，他就赐给他们权利，成为　神的儿女。  他们不是从血统生的，不是从肉身的意思生的，也不是从人意生的，而是从　神生的。 (John 1:12-13)

Unless one is born again, he cannot see the kingdom of God; unless one is born of water and the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. The wind blows wherever it pleases, and we hear its sound, but we cannot tell where it comes from, or where it is going. So it is with everyone born of the Spirit. 耶稣回答：“我实实在在告诉你，人若不重生，就不能见　神的国。”  耶稣回答：“我实实在在告诉你，人若不是从水和圣灵生的，就不能进　神的国。  从肉身生的就是肉身，从灵生的就是灵。  风随意而吹，你听见它的响声，却不知道它从哪里来，往哪里去；凡从圣灵生的，也是这样。” (John 3:3, 5-6, 8)

**The Character I Want to Cultivate**

Who may ascend the hill of the Lord? Who may stand in His holy place? He who has clean hands and a pure heart, who has not lifted up his soul to an idol or sworn by what is false. 谁能登上耶和华的山？谁能站在他的圣所中呢？  就是手洁心清的人，他不倾向虚妄，起誓不怀诡诈。 (Psalm 24:3-4)

The path of the righteous is like the first gleam of dawn, shining ever brighter until the full light of day. But the way of the wicked is like darkness; they do not know what makes them stumble. 义人的路径却像黎明的曙光，越来越明亮，直到日午。  恶人的道路幽暗，他们不知道自己因什么跌倒。 (Proverbs 4:18-19)

**My Relationship to Others**

I want to speak words of encouragement to other believers. 他走遍那一带地方，用许多话劝勉众人，然后来到希腊。 (Acts 20:2)

We should encourage one another and build each other up in Christ Jesus. 所以，你们应该彼此劝慰，互相造就，正如你们一向所行的。 (1 Thessalonians 5:11)

Day 11

**The Attributes of God**

The Lord reigns forever; He has established His throne for judgment. He will judge the world in righteousness, and He will govern the peoples with justice. The Lord will also be a refuge for the oppressed, a stronghold in times of trouble. Those who know Your name will trust in You, for You, Lord, have never forsaken those who seek You. 耶和华却永远坐着为王，为了施行审判，他已经设立宝座。  他必以公义审判世界，按正直判断万民。  耶和华要给受欺压的人作保障，作患难时的避难所。  认识你名的人必倚靠你；耶和华啊！你从未撇弃寻求你的人。 (Psalm 9:7-10)

The Lord is righteous in all His ways and gracious in all His works. 耶和华在他一切所行的事上，都是公义的，他对他一切所造的，都存着慈爱的心。 (Psalm 145:17)

**The Works of God**

Christ died for our sins according to the Scriptures; He was buried, and He was raised on the third day according to the Scriptures. 我从前领受了又传交给你们那最要紧的，就是基督照着圣经所记的，为我们的罪死了，  又埋葬了，又照着圣经所记的，第三天复活了； (1 Corinthians 15:3-4)

Our Lord Jesus Christ gave Himself for our sins to rescue us from the present evil age, according to the will of our God and Father, to whom be glory for ever and ever. 愿恩惠平安从我们的父　神和主耶稣基督临到你们。  基督照着我们父　神的旨意，曾经为我们的罪舍己，为的是要救我们脱离现在这邪恶的世代。  愿荣耀归给他，直到永永远远。阿们。 (Galatians 1:3-5)

**My Relationship to God**

My Father knows what I need before I ask Him. 你们不可像他们，因为在你们祈求以先，你们的父已经知道你们的需要了。 (Matthew 6:8)

The Spirit helps me in my weakness, for I do not know what I ought to pray for, but the Spirit Himself intercedes for me with groans that words cannot express. And He who searches the hearts knows the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. 照样，圣灵也在我们的软弱上帮助我们。原来我们不晓得应当怎样祷告，但圣灵亲自用不可言喻的叹息，替我们祈求。  那鉴察人心的，晓得圣灵的心意，因为圣灵照着　神的旨意替圣徒祈求。 (Romans 8:26-27)

**The Character I Want to Cultivate**

If I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal. And if I have the gift of prophecy and understand all mysteries and all knowledge, and if I have all faith so as to remove mountains, but have not love, I am nothing. And if I give all my possessions to the poor, and if I deliver my body to be burned, but have not love, it profits me nothing. 我若能说世人和天使的方言，却没有爱，我就成了鸣的锣、响的钹一样。  我若有先知讲道的恩赐，也明白各样的奥秘，各样的知识；并且有全备的信，叫我能够移山，却没有爱，我就算不得什么。  我若把一切所有的分给人，又舍己身被人焚烧，却没有爱，对我仍然毫无益处。 (1 Corinthians 13:1-3)

I want everything I do to be done in love. (1 Corinthians 16:14)

**My Relationship to Others**

Concerning the lost, Jesus said, “What man among you, if he has a hundred sheep and loses one of them, does not leave the ninety-nine in the open country and go after the one that is lost until he finds it? And when he finds it, he lays it on his shoulders, rejoicing. And when he comes into his house, he calls his friends and neighbors together and says to them, ‘Rejoice with me, for I have found my sheep which was lost!’ I tell you that in the same way there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance. There is joy in the presence of the angels of God over one sinner who repents.” “你们中间谁有一百只羊，失去一只，不把九十九只留下在旷野，去寻找那失落的，直到找着呢？  既找着了，就欢欢喜喜地放在肩上，  回到家里，请朋友邻舍来，对他们说：‘请大家和我一同欢乐，因为我失去的羊已经找到了！’  我告诉你们，因为一个罪人悔改，天上也要这样为他欢乐，比为九十九个不用悔改的义人欢乐更大。  我告诉你们，因为一个罪人悔改，　神的使者也必这样为他欢乐。” (Luke 15:4-7, 10)

From now on I will regard no one only according to the flesh. 所以，从今以后，我们不再按照人的看法认识人；虽然我们曾经按照人的看法认识基督，但现在不再这样了。 (2 Corinthians 5:16)

Day 12

**The Attributes of God**

Your righteousness, O God, reaches to the heavens, You who have done great things. O God, who is like You? 　神啊！你的公义达到高天，你曾经行过大事，　神啊！有谁像你呢？ (Psalm 71:19)

You, the Lord, alone have declared what is to come from the distant past. There is no God apart from You, a righteous God and a Savior; there is none besides You. You are God, and there is no other. 你们述说吧！提出理由吧！让他们彼此商议吧！谁从古时使人听见这事呢？谁从上古把这事述说出来呢？不是我耶和华吗？除了我以外，再没有　神，我是公义的　神，又是拯救者；除了我以外，并没有别的　神。  全地的人哪！你们都要归向我，都要得救。因为我是　神，再没有别的　神。 (Isaiah 45:21-22)

**The Works of God**

Everything exposed by the light becomes visible, for it is light that makes everything visible. For this reason it says, “Awake, you who sleep; arise from the dead, and Christ will shine on you.” 凡被光揭露的，都是显而易见的。  因为一切显露出来的就是光，所以有话说：“睡了的人哪，醒过来，从死人中起来吧！基督必要照亮你。” (Ephesians 5:13-14)

The day of the Lord will come like a thief, in which the heavens will pass away with a roar, and the elements will be destroyed by intense heat, and the earth and its works will be laid bare. The day of God will bring about the destruction of the heavens by fire, and the elements will melt with intense heat. 但主的日子必要像贼一样来到。在那日，天必轰然一声地消失，所有元素都因烈火而融化；地和地上所有的，都要被烧毁。  等候并催促　神的日子降临呢？因为在那日，天要被火焚烧就融化了，所有元素都因烈火而融解！ (2 Peter 3:10, 12)

**My Relationship to God**

Father in heaven, hallowed be Your name. Your kingdom come; Your will be done on earth as it is in heaven. 所以你们要这样祈祷：‘我们在天上的父，愿你的名被尊为圣，  愿你的国降临，愿你的旨意成就在地上，如同在天上一样。 (Matthew 6:9-10)

Though I have not seen Jesus, I love Him; and though I do not see Him now but believe in Him, I rejoice with joy inexpressible and full of glory, for I am receiving the end of my faith, the salvation of my soul. 你们虽然没有见过他，却爱他；现在虽然不能看见他，却信他。因此，你们就有无法形容、满有荣耀的大喜乐，  得到你们信心的效果，就是灵魂得救。 (1 Peter 1:8-9)

**The Character I Want to Cultivate**

Wisdom is foremost; therefore I will get wisdom, and though it costs all I have, I will get understanding. I will esteem her, and she will exalt me; I will embrace her, and she will honor me. 智慧的开端（“智慧的开端”或译：“智慧是首要的”）是求取智慧，要用你所得的一切换取哲理。  你要高举智慧，智慧就必使你高升；你要怀抱智慧，智慧就必使你得尊荣。 (Proverbs 4:7-8)

Blessed is the man who listens to wisdom, watching daily at her gates, waiting at her doorposts. For whoever finds wisdom finds life and obtains favor from the Lord. But he who sins against her injures his own soul; all who hate her love death. 听从我，天天在我门口警醒仰望，在我门框旁边守候的人，是有福的。  因为找到我的，就找到生命，他也必得着耶和华的恩惠。  得罪我的，是伤害自己；凡是恨恶我的，就是喜爱死亡。” (Proverbs 8:34-36)

**My Relationship to Others**

You have given us a new commandment to love one another even as You have loved us; so we must love one another. By this all men will know that we are Your disciples, if we have love for one another. 我给你们一条新命令，就是要你们彼此相爱；我怎样爱你们，你们也要怎样彼此相爱。 (John 13:34)

This is Your commandment, that we love one another, as You have loved us. 你们要彼此相爱，像我爱你们一样，这就是我的命令。 (John 15:12)

Day 13

**The Attributes of God**

Where can I go from Your Spirit? Or where can I flee from Your presence? If I ascend to heaven, You are there; if I make my bed in Sheol, You are there. If I take the wings of the dawn, if I dwell in the furthest part of the sea, even there Your hand will lead me; Your right hand will lay hold of me. If I say, “Surely the darkness will cover me,” even the night will be light around me. The darkness is not dark to You, and the night shines as the day; darkness and light are alike to You. 我到哪里去躲避你的灵？我往哪里去逃避你的面呢？  如果我升到天上，你在那里；如果我在阴间下榻，你也在那里。  如果我展开清晨的翅膀，飞到海的极处居住，  就是在那里，你的手仍必引导我，你的右手也必扶持我。  如果我说：“愿黑暗遮盖我，愿我周围的亮光变成黑夜。”  但对你来说，黑暗也不算是黑暗，黑夜必如同白昼一样发亮，黑暗和光明，在你看来都是一样的。 (Psalm 139:7-12)

You know me, O Lord; You see me and test my thoughts about You. 但耶和华啊！你认识我，了解我，你察验了我对你的心意。求你把他们拉出来，好像将宰的羊一般；求你把他们分别出来，留待宰杀的日子。 (Jeremiah 12:3)

**The Works of God**

Surely the Lord’s hand is not too short to save, nor His ear too dull to hear. But our iniquities have separated us from our God; our sins have hidden His face from us, so that He will not hear. Yet the Lord saw that there was no one to intervene; so His own arm worked salvation for Him, and His righteousness sustained Him. He put on righteousness as His breastplate, and the helmet of salvation on His head; He put on the garments of vengeance and wrapped Himself in zeal as a cloak. From the west, men will fear the name of the Lord, and from the rising of the sun, they will revere His glory. For He will come like a flood that the breath of the Lord drives along. 看哪！耶和华的手不是缩短了，以致不能拯救；他的耳朵不是不灵，不能听见；  而是你们的罪孽使你们与你们的　神隔绝；你们的罪恶使他掩面不顾你们，不听你们的祷告。  他见无人行善，无人代求，就非常诧异，所以他用自己的膀臂为他施行拯救，以自己的公义扶持他。  他穿上公义的铠甲，戴上救恩的头盔，穿上复仇的衣服，披上热心作外袍。  他要按照各人的行为施行报应，把烈怒降与他的敌人，把报应加给他的仇敌，向众海岛的人施行报应。  这样，人从日落之处必敬畏耶和华的名，从日出之地也必敬畏他的荣耀，仇敌像河水冲来的时候，耶和华的气必向他催逼。 (Isaiah 59:1-2, 16-19)

You led Your people with cords of human kindness, with bands of love; You lifted the yoke from their neck and bent down to feed them. 我用慈绳爱索牵引他们，我待他们像人拉高牛的轭在两颚之上，又向他们俯身，喂养他们。 (Hosea 11:4)

**My Relationship to God**

I will sing of Your strength, yes, I will sing of Your mercy in the morning, for You have been my stronghold, my refuge in times of trouble. To You, O my Strength, I will sing praises, for God is my fortress, my loving God. 至于我，我要歌颂你的能力，每天早晨我要向你的慈爱欢呼，因为你作了我的高台，在患难的日子，作了我的避难所。  我的力量啊！我要向你歌唱；　神啊！你是我的高台，是向我施慈爱的　神。 (Psalm 59:16-17)

Bless the Lord, O my soul, and forget not all His benefits; who forgives all your iniquities and heals all your diseases; who redeems your life from the pit and crowns you with love and compassion; who satisfies your desires with good things, so that your youth is renewed like the eagle’s. 我的心哪！你要称颂耶和华；不可忘记他的一切恩惠。  他赦免你的一切罪孽，医治你的一切疾病；  他救赎你的性命脱离死亡，以慈爱和怜悯作你的冠冕；  他以福乐使你的心愿满足，以致你好像鹰一般恢复青春的活力。 (Psalm 103:2-5)

**The Character I Want to Cultivate**

I will have accurate and honest standards in my business practices. 你要有准确公正的法码，你要有准确公正的升斗，好使你在耶和华你的　神赐给你的地上，得享长寿。 (Deuteronomy 25:15)

He who walks in integrity walks securely, but he who perverts his way will be found out. 行为完全的，步步安稳；行事弯曲的，终必败露。 (Proverbs 10:9)

**My Relationship to Others**

He who oppresses the poor reproaches their Maker, but whoever is kind to the needy honors Him. 欺压贫寒的，就是辱骂造他的主；恩待穷苦人的，就是尊敬造他的主。 (Proverbs 14:31)

He who is kind to the poor lends to the Lord, and He will reward him for what he has done. 恩待穷人的，等于借钱给耶和华；他所行的，耶和华必偿还。 (Proverbs 19:17)

Day 14

**The Attributes of God**

The law of the Lord is perfect, restoring the soul. The testimony of the Lord is sure, making wise the simple. The precepts of the Lord are right, rejoicing the heart. The commandment of the Lord is pure, enlightening the eyes. The fear of the Lord is clean, enduring forever. The judgments of the Lord are true and altogether righteous. They are more desirable than gold, than much pure gold; they are sweeter than honey, than honey from the comb. Moreover, by them is Your servant warned; in keeping them there is great reward. 耶和华的律法是完全的，能使人心苏醒；耶和华的法度是坚定的，能使愚人有智慧。  耶和华的训词是正直的，能使人心快乐；耶和华的命令是清洁的，能使人的眼睛明亮。  耶和华的话语（“耶和华的话语”原文作“耶和华的敬畏”）是洁净的，能坚立到永远；耶和华的典章是真实的，完全公义；  都比金子宝贵，比大量的精金更宝贵；比蜜甘甜，比蜂房滴下来的蜜更甘甜；  并且你的仆人也借着这些得到警戒，谨守这些就得着大赏赐。 (Psalm 19:7-11)

The sum of Your words is truth, and all of Your righteous judgments are eternal. 你的话的总纲就是真理，你一切公义的典章要存到永远。 (Psalm 119:160)

**The Works of God**

The Lord, He is God. It is He who made us, and not we ourselves; we are His people and the sheep of His pasture. (Psalm 100:3)

God has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end. 他使万事各按其时，成为美好；他又把永恒的意识放在人的心里；虽然这样，人还是不能察觉　神自始至终的作为。 (Ecclesiastes 3:11)

**My Relationship to God**

It is because of God that I am in Christ Jesus, who has become for me wisdom from God and righteousness and sanctification and redemption. 你们因着　神得以在基督耶稣里，他使基督成了我们的智慧；就是公义、圣洁和救赎， (1 Corinthians 1:30)

God raised me up with Christ and seated me with Him in the heavenly realms in Christ Jesus, in order that in the coming ages He might show the surpassing riches of His grace in kindness toward me in Christ Jesus. 又使我们在基督耶稣里，与他一同复活，一同坐在天上，  为的是要在将来的世代中，显明他在基督耶稣里赐给我们的恩典，是多么的丰盛。 (Ephesians 2:6-7)

**The Character I Want to Cultivate**

Reckless words pierce like a sword, but the tongue of the wise brings healing. 有人说话不慎，好像利刀刺人，智慧人的舌头却能医治人。 (Proverbs 12:18)

Do you see a man who is hasty in his words? There is more hope for a fool than for him. 你见过言语急躁的人吗？愚昧人比他更有指望。 (Proverbs 29:20)

**My Relationship to Others**

I will do no injustice in judgment, nor show partiality to the poor or favoritism to the great, but I will judge my neighbor fairly. (Leviticus 19:15)

In my faith in our glorious Lord Jesus Christ, I will not show partiality to some people above others. 我的弟兄们，你们既然对我们荣耀的主耶稣基督有信心，就不应该凭外貌待人。 (James 2:1)

Day 15

**The Attributes of God**

The Lord is the true God; He is the living God and the everlasting King. At His wrath, the earth trembles, and the nations cannot endure His indignation. 只有耶和华是真神；他是永活的　神，是永远的君王。他一发怒，大地就震动，万国都不能抵受他的忿怒。 (Jeremiah 10:10)

The Lord Jesus is the first and the last, and the Living One; He was dead, and behold He is alive forevermore and holds the keys of death and of Hades. 我看见了他，就仆倒在他脚前，像死了一样。他用右手按着我，说：“不要怕！我是首先的，我是末后的，  又是永活的；我曾经死过，看哪，现在又活着，直活到永永远远，并且拿着死亡和阴间的钥匙。 (Revelation 1:17-18)

**The Works of God**

God’s power toward us who believe is according to the working of His mighty strength, which He exerted in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly realms, far above all rule and authority, power and dominion, and every title that can be given, not only in the present age but also in the one to come. 　神照着他强大的力量，向我们信他的人显出的能力，是何等的浩大。  这力量运行在基督身上，使他从死人中复活，并且在天上坐在自己的右边，  远超过一切执政的、掌权的、有能的、作主的，和今生来世所能举出的一切名衔。 (Ephesians 1:19-21)

By common confession, great is the mystery of godliness: He who was revealed in the flesh, vindicated in the Spirit, seen by angels, preached among the nations, believed on in the world, taken up in glory. 敬虔的奥秘真伟大啊，这是众人所公认的，就是：“他在肉身显现，在圣灵里称义，被天使看见；被传于列国，被世人信服，被接到荣耀里。” (1 Timothy 3:16)

**My Relationship to God**

Peace You leave with me; Your peace You give to me. Not as the world gives, do You give to me. I will not let my heart be troubled nor let it be fearful. 我留下平安给你们，我把自己的平安赐给你们；我给你们的，不像世界所给的。你们心里不要难过，也不要恐惧。 (John 14:27)

It is in You, Lord Jesus, that I have peace. In this world I will have tribulation, but I will be of good cheer, because You have overcome the world. 我把这些事告诉你们，是要使你们在我里面有平安。在世上你们有患难，但你们放心，我已经胜了这世界。” (John 16:33)

**The Character I Want to Cultivate**

I will not boast about tomorrow, for I do not know what a day may bring forth. 不要为明日自夸，因为今天要发生什么事，你尚且不知道。 (Proverbs 27:1)

I should not say, “Today or tomorrow I will go to this or that city, spend a year there, carry on business, and make a profit.” For I do not even know what my life will be tomorrow. I am a vapor that appears for a little while and then vanishes away. Instead, I ought to say, “If the Lord wills, I will live and do this or that.” Otherwise, I boast in my arrogance, and all such boasting is evil. 你们说：“今天或明天，我们要到某城去，在那里住一年，作生意赚钱。”  其实明天怎样，你们并不知道。你们的生命是什么呢？你们本来是过眼云烟，转瞬之间就消逝了。  你们倒不如说：“主若愿意，我们就可以活着，作这事或作那事。”  但现在你们竟然张狂自夸；这一切自夸，都是邪恶的。 (James 4:13-16)

**My Relationship to Others**

Wives should be submissive to their own husbands, so that even if any of them disobey the word, they may be won without a word by the behavior of their wives, when they see their purity and reverence. 照样，你们作妻子的，要顺服自己的丈夫，好使不信道的丈夫受到感动，不是因着你们的言语，而是因着你们的生活，  因为他们看见了你们敬畏和纯洁的生活。 (1 Peter 3:1-2)

Husbands should be considerate as they live with their wives and treat them with respect as the weaker vessel and as co-heirs of the grace of life. 照样，你们作丈夫的，也要合情合理的与妻子同住。要体谅她比你软弱，要尊敬她，因为她是和你一同承受生命的恩典的。这样，就使你们的祷告不受拦阻。 (1 Peter 3:7)

Day 16

**The Attributes of God**

I know that You can do all things and that no purpose of Yours can be thwarted. “我知道你万事都能作，你的旨意是不能拦阻的。 (Job 42:2)

From the rising of the sun to its setting, the name of the Lord is to be praised. The Lord is high above all nations, His glory above the heavens. Who is like the Lord our God, the One who is enthroned on high, who humbles Himself to behold the things that are in the heavens and in the earth? 从日出之地到日落之处，耶和华的名都该受赞美。  耶和华高过万国，他的荣耀超越诸天。  谁像耶和华我们的　神呢？他坐在至高之处，  他俯首垂顾天上和地下的事。 (Psalm 113:3-6)

**The Works of God**

In the resurrection of the dead, the body that is sown is perishable, but it is raised imperishable; it is sown in dishonor, but it is raised in glory; it is sown in weakness, but it is raised in power; it is sown a natural body, but it is raised a spiritual body. If there is a natural body, there is also a spiritual body. 死人复活也是这样。所种的是必朽坏的，复活的是不朽坏的；  所种的是卑贱的，复活的是荣耀的；所种的是软弱的，复活的是有能力的；  所种的是属血气的身体，复活的是属灵的身体。既然有属血气的身体，也会有属灵的身体。 (1 Corinthians 15:42-44)

The first man is of the dust of the earth; the second Man is from heaven. As was the earthly man, so are those who are of the earth; and as is the Man from heaven, so also are those who are of heaven. And just as we have borne the image of the earthly man, so shall we bear the likeness of the heavenly Man. 第一个人是出于地，是属土的；第二个人是出于天。  那属土的怎样，所有属土的也都怎样；属天的怎样，所有属天的也都怎样。  我们既然有了属土的形象，将来也必有属天的形象。 (1 Corinthians 15:47-49)

**My Relationship to God**

He who does not take his cross and follow after You is not worthy of You. He who finds his life will lose it, and he who loses his life for Your sake will find it. 凡不背起自己的十字架来跟从我的，也不配作属我的。  顾惜自己生命的，必要丧掉生命；但为我牺牲生命的，必要得着生命。 (Matthew 10:38-39)

Whoever wishes to become great among others must become their servant, and whoever wishes to be first among them must be their slave. 但你们中间却不要这样；谁想在你们中间成为大的，就要作你们的仆役；  谁想在你们中间为首的，就要作你们的奴仆。 但你们中间却不要这样；谁想在你们中间为大的，就要作你们的仆役，  谁想在你们中间为首的，就要作大家的奴仆。 (Matthew 20:26-27; Mark 10:43-44)

**The Character I Want to Cultivate**

Your commandment is a lamp; Your teaching is a light, and Your reproofs of discipline are the way to life. 因为诫命是灯，训诲是光，出于管教的责备是生命之道， (Proverbs 6:23)

All Scripture is God-breathed and is useful for teaching, for reproof, for correction, for training in righteousness, that the man of God may be thoroughly equipped for every good work. 全部圣经都是　神所默示的，在教训、责备、矫正和公义的训练各方面，都是有益的，  为要使属　神的人装备好，可以完成各样的善工。 (2 Timothy 3:16-17)

**My Relationship to Others**

I will train up each child according to his way; even when he is old he will not depart from it. 教养孩童走他当行的路，就是到老，他也不会偏离。 (Proverbs 22:6)

Correct your son, and he will give you rest; he will bring delight to your soul. 管教你的儿子，他必使你得安息；也必使你的心得喜乐。 (Proverbs 29:17)

Day 17

**The Attributes of God**

O Lord, God of heaven, You are the great and awesome God, keeping Your covenant of loyal love with those who love You and obey Your commands. 说：“耶和华天上的　神，伟大可畏的　神啊，你向那些爱你，遵守你诫命的人，守约施慈爱。 (Nehemiah 1:5)

Great and marvelous are Your works, Lord God Almighty! Righteous and true are Your ways, King of the nations! Who will not fear You, O Lord, and glorify Your name? For You alone are holy. All nations will come and worship before You, for Your righteous acts have been revealed. 他们唱着　神仆人摩西的歌和羊羔的歌，说：“主啊！全能的　神，你的作为又伟大又奇妙！万国的王啊，你的道路又公义又真实！  主啊！谁敢不敬畏你，不荣耀你的名呢？因为只有你是神圣的，万国都要来，在你面前下拜，因为你公义的作为已经显明出来了。” (Revelation 15:3-4)

**The Works of God**

John was called a prophet of the Most High; for he went on before the Lord to prepare the way for Him, and to give His people the knowledge of salvation through the forgiveness of their sins—because of the tender mercy of our God, with which the Sunrise from on high came from heaven to shine on those living in darkness and in the shadow of death—to guide their feet into the path of peace. 孩子啊，你要称为至高者的先知，因为你要行在主的面前，预备他的路，  使他的子民，因罪得赦，就知道救恩。  因我们　神的怜悯，使清晨的阳光从高天临到我们，  光照那坐在黑暗中死荫里的人，引导我们的脚，走上平安的路。” (Luke 1:76-79)

Jesus is the Lamb of God, who takes away the sin of the world. 第二天，约翰见耶稣迎面而来，就说：“看哪，　神的羊羔，是除去世人的罪孽的！ (John 1:29)

**My Relationship to God**

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit are with me. 愿主耶稣基督的恩惠，　神的慈爱，圣灵的契通，常与你们众人同在。 (2 Corinthians 13:14)

In Christ I have obtained an inheritance, having been predestined according to the plan of Him who works all things according to the counsel of His will, that we who have trusted in Christ should be to the praise of His glory. 那凭着自己旨意所计划而行万事的，按着他预先所安排的，预定我们在基督里得基业（“得基业”或译：“成为　神的产业”），  借着我们这在基督里首先有盼望的人，使他的荣耀得着颂赞。 (Ephesians 1:11-12)

**The Character I Want to Cultivate**

No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. I cannot serve God and wealth. “一个人不能服事两个主人；他若不是恨这个爱那个，就是忠于这个轻视那个。你们不能服事　神，又服事金钱。 “一个家仆不能服事两个主人；他若不是恨这个爱那个，就是忠于这个轻视那个。你们不能服事　神，又服事金钱。” (Matthew 6:24; Luke 16:13)

I will not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but of the world. And the world and its lusts are passing away, but the one who does the will of God abides forever. 不要爱世界和世上的东西。人若爱世界，爱父的心就不在他里面了。  原来世上的一切，就如肉体的私欲，眼目的私欲和今生的骄傲，都不是出于父，而是从世界来的。  这世界和世上的私欲都要渐渐过去，但那遵行　神旨意的却存到永远。 (1 John 2:15-17)

**My Relationship to Others**

In Christ Jesus, God’s whole building is joined together and growing into a holy temple in the Lord, in whom we also are being built together into a dwelling of God in the Spirit. 整座建筑都靠着他连接配合，渐渐增长成为在主里面的圣所。  你们在他里面也一同被建造，成为　神借着圣灵居住的所在。 (Ephesians 2:21-22)

Grace has been given to each one of us according to the measure of the gift of Christ. And He gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, for the equipping of the saints for the work of ministry, for the building up of the body of Christ. (Ephesians 4:7, 11-12)

Day 18

**The Attributes of God**

I will regard the Lord of hosts as holy; He shall be my fear, and He shall be my dread. 你们要尊万军之耶和华为圣，他是你们当怕的，也是你们当畏惧的。 (Isaiah 8:13)

The Lord is in His holy temple; let all the earth be silent before Him. 然而耶和华在他的圣殿里，全地当在他面前肃静。 (Habakkuk 2:20)

**The Works of God**

Who has measured the waters in the hollow of His hand, or marked off the heavens with the breadth of his hand? Who has calculated the dust of the earth in a measure, or weighed the mountains in the balance and the hills in scales? 谁曾用掌心量过海水，用手掌测过苍天呢？谁曾用升斗量过大地的尘土，用秤称山岭，用天平称冈陵呢？ (Isaiah 40:12)

It is God the Lord who created the heavens and stretched them out, who spread out the earth and all that comes out of it, who gives breath to its people, and spirit to those who walk on it. 那创造诸天，展开穹苍，铺张大地和大地所出的一切，赐气息给地上的众人，又赐灵性给在地上行的人的耶和华　神这样说： (Isaiah 42:5)

**My Relationship to God**

My soul waits in hope for the Lord; He is my help and my shield. My heart rejoices in Him, because I trust in His holy name. 我们的心等候耶和华，他是我们的帮助、我们的盾牌。  我们的心因他欢乐，因为我们倚靠他的圣名。 (Psalm 33:20-21)

Since I am a child of God, I am an heir of God and a joint heir with Christ, if indeed I share in His sufferings in order that I may also share in His glory. For I consider that the sufferings of this present time are not worth comparing with the glory that will be revealed to me. 既然是儿女，就是后嗣；是　神的后嗣，也和基督一同作后嗣。我们既然和他一同受苦，就必和他一同得荣耀。  我看现在的苦难，与将要向我们显出的荣耀，是无法相比的。 (Romans 8:17-18)

**The Character I Want to Cultivate**

Since I belong to the day, I will be self-controlled, putting on the breastplate of faith and love, and the hope of salvation as a helmet. 但我们既然属于白昼，就应当谨慎，披上信和爱的胸甲，戴上救恩的盼望作头盔。 (1 Thessalonians 5:8)

I will prepare my mind for action and be self-controlled, setting my hope fully on the grace to be brought to me at the revelation of Jesus Christ. (1 Peter 1:13)

**My Relationship to Others**

I should walk in wisdom toward outsiders, making the most of every opportunity. My speech should always be with grace, seasoned with salt, so that I may know how to answer each person. 你们要把握时机，用智慧与外人来往。  你们的话要常常温和，好像是用盐调和的，使你们知道应当怎样回答各人。 (Colossians 4:5-6)

I will sanctify Christ as Lord in my heart, always being ready to make a defense to everyone who asks me to give the reason for the hope that is in me, but with gentleness and respect. 只要心里尊基督为圣，以他为主；常常作好准备，去回答那些问你们为什么怀有盼望的人， (1 Peter 3:15)

Day 19

**The Attributes of God**

I will ascribe to the Lord glory and strength. I will ascribe to the Lord the glory due His name and worship the Lord in the beauty of holiness. 　神的众子啊！要归给耶和华，你们要把荣耀和能力归给耶和华。（本节在《马索拉抄本》包括细字标题）  要把耶和华的名的荣耀归给他，要以圣洁的装束敬拜耶和华（“要以圣洁的装束敬拜耶和华”或译：“在耶和华显现的时候，要敬拜他”，或“要在耶和华圣洁的光辉中敬拜他”）。 (Psalm 29:1-2)

The Lord reigns; He is clothed with majesty; the Lord is robed in majesty and is armed with strength. Indeed, the world is firmly established; it cannot be moved. Your throne is established from of old; You are from everlasting. Your testimonies stand firm; holiness adorns Your house, O Lord, forever. 耶和华作王，他以威严为衣；耶和华以威严为衣，以能力束腰，世界就得以坚立，永不动摇。  你的宝座自古就立定，你从亘古就存在。  耶和华啊！你的法度极为确定；你的殿永远被称为圣是合宜的。 (Psalm 93:1-2, 5)

**The Works of God**

Jesus is the stone which was rejected by the builders, but which has become the chief cornerstone. Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved. 他是你们‘建筑工人所弃的石头，成了房角的主要石头。’  除了他以外，别无拯救，因为在天下人间，没有赐下别的名，我们可以靠着得救。” (Acts 4:11-12)

In the past God overlooked the times of ignorance, but now He commands all people everywhere to repent. For He has set a day when He will judge the world with justice by the Man He has appointed. He has given assurance of this to all men by raising Him from the dead. 过去那无知的时代，　神不加以追究；现在，他却吩咐各处的人都要悔改，  因为他已经定好了日子，要借着他所立的人，按公义审判天下，并且使他从死人中复活，给万人作一个可信的凭据。” (Acts 17:30-31)

**My Relationship to God**

All of us have become like one who is unclean, and all our righteous acts are like filthy rags; we all shrivel up like a leaf, and our iniquities, like the wind, sweep us away. But now, O Lord, You are our Father. We are the clay; You are the potter; we are all the work of Your hand. 我们众人都像不洁净的人，我们所有的义，都像污秽的衣服；我们众人都像叶子枯干，我们的罪孽好像风一般把我们吹去。  耶和华啊！现在你还是我们的父；我们不过是泥土，你才是陶匠；我们众人都是你手所作的。 (Isaiah 64:6, 8)

“Even now,” declares the Lord, “return to Me with all your heart, with fasting and weeping and mourning.” So rend your heart and not your garments. Return to the Lord your God, for He is gracious and compassionate, slow to anger and abounding in lovingkindness, and He relents from sending calamity. 耶和华说：“现在虽然如此，你们仍要全心全意，以禁食、哭泣、哀号，归向我。”  你们要撕裂你们的心肠，不要撕裂你们的衣服。并要归向耶和华你们的　神，因为他有恩典有怜悯，不轻易发怒，并且有丰盛的慈爱，随时转意不降灾祸。 (Joel 2:12-13)

**The Character I Want to Cultivate**

Thanks be to God, who gives us the victory through our Lord Jesus Christ. Therefore I will be steadfast, immovable, abounding in the work of the Lord, knowing that my labor in the Lord is not in vain. 感谢　神，他借着我们的主耶稣基督，把胜利赐给我们。  所以，我亲爱的弟兄们，你们务要坚固，不可动摇，常常竭力多作主工，因为知道你们的劳苦，在主里面不是徒然的。 (1 Corinthians 15:57-58)

May our Lord Jesus Christ Himself and God our Father, who has loved us and has given us eternal consolation and good hope by grace, comfort our hearts and strengthen us in every good work and word. 愿我们的主耶稣基督自己，和那爱我们、开恩把永远的安慰和美好的盼望赐给我们的父　神，  安慰你们的心，并且在一切善行善言上，坚定你们。 (2 Thessalonians 2:16-17)

**My Relationship to Others**

In obedience to the truth I will purify my soul for a sincere love of the brethren, and I will love others fervently from the heart. 你们既因顺从真理，洁净了自己的心灵，以致能真诚地爱弟兄，就应当从清洁的心里彼此切实相爱。 (1 Peter 1:22)

This is the message we heard from the beginning, that we should love one another. We know that we have passed out of death into life, because we love the brethren. The one who does not love abides in death. By this we know love, that Christ laid down His life for us, and we ought to lay down our lives for the brethren. 我们应当彼此相爱，因为这是你们从起初听见的信息。  我们因为爱弟兄，就知道我们已经出死入生了；不爱弟兄的，仍然住在死中。  主为我们舍命，这样，我们就知道什么是爱；我们也应当为弟兄舍命。 (1 John 3:11, 14, 16)

Day 20

**The Attributes of God**

Once God has spoken; twice I have heard this: that power belongs to God, and that You, O Lord, are loving. For You reward each person according to what he has done. 　神说了一次，我两次听过这事：能力都属于　神。  主啊！慈爱也属于你，你必照各人所作的报应各人。 (Psalm 62:11-12)

The Lord is our judge, the Lord is our lawgiver, the Lord is our king; it is He who will save us. 因为耶和华是我们的审判者，耶和华是我们的立法者，耶和华是我们的君王，他必拯救我们。 (Isaiah 33:22)

**The Works of God**

The Holy City, new Jerusalem, will come down out of heaven from God, prepared as a bride adorned for her husband. A loud voice from the throne will say, “Behold, the tabernacle of God is with men, and He will dwell with them, and they will be His people, and God Himself will be with them and be their God, and He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the first things have passed away.” He who is seated on the throne will say, “Behold, I make all things new.” 我又看见圣城，新耶路撒冷，从天上由　神那里降下来，预备好了，好像打扮整齐等候丈夫的新娘。  我听见有大声音从宝座那里发出来，说：“看哪！　神的帐幕在人间，他要与人同住，他们要作他的子民。　神要亲自与他们同在，要作他们的　神。  他要抹去他们的一切眼泪，不再有死亡，也不再有悲哀、哭号、痛苦，因为先前的事都过去了。”  坐在宝座上的那一位说：“看哪，我把一切都更新了！”又说：“你要写下来，因为这些话是可信的、真实的。” (Revelation 21:2-5)

The Lord Jesus is coming quickly. His reward is with Him, and He will give to everyone according to what he has done. He is the Alpha and the Omega, the First and the Last, the Beginning and the End. Yes, He is coming quickly. Amen. Come, Lord Jesus. “看哪，我必快来！赏赐在我，我要照着各人所行的报应他。  我是阿拉法，是俄梅格；我是首先的，也是末后的；我是创始的，也是成终的。”  证明这些事的那一位说：“是的，我必快来！”阿们！主耶稣啊，请你来吧！ (Revelation 22:12-13, 20)

**My Relationship to God**

No temptation has overtaken me except what is common to man. And God is faithful, who will not let me be tempted beyond what I am able, but with the temptation will also provide a way out, so that I may be able to endure it. 你们所受的试探，无非是人受得起的；　神是信实的，他必不容许你们受试探过于你们抵受得住的，而且在受试探的时候，必定给你们开一条出路，使你们能忍受得住。 (1 Corinthians 10:13)

The Lord is faithful, who will strengthen me and protect me from the evil one. 主是信实的，他必坚定你们，保护你们脱离那恶者。 (2 Thessalonians 3:3)

**The Character I Want to Cultivate**

Direct my footsteps according to Your word, and let no iniquity have dominion over me. 求你用你的话引导我的脚步，不容什么罪孽辖制我。 (Psalm 119:133)

The hour has come for me to wake up from sleep, for my salvation is nearer now than when I first believed. The night is nearly over; the day is almost here. Therefore I will cast off the works of darkness and put on the armor of light. 还有，你们知道这是什么时期了，现在正是你们应该睡醒的时候，因为我们得救，现在比初信的时候更加接近了。  黑夜已深，白昼近了，所以我们要除掉暗昧的行为，带上光明的武器。 (Romans 13:11-12)

**My Relationship to Others**

I will remember those in prison as though bound with them, and those who are mistreated, since I myself am also in the body. 你们要记念那些被囚禁的人，好像跟他们一起被囚禁；也要记念那些受虐待的人，好像你们也亲自受过。 (Hebrews 13:3)

This is pure and undefiled religion before our God and Father: to visit orphans and widows in their affliction and to keep oneself unspotted from the world. 在父　神看来，纯洁无玷污的虔诚，就是照顾患难中的孤儿寡妇，并且保守自己不被世俗所污染。 (James 1:27)

Day 21

**The Attributes of God**

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. 太初有道，道与　神同在，道就是　神。  这道太初与　神同在。 (John 1:1-2)

The Word became flesh and dwelt among us. We have seen His glory, the glory of the only begotten of the Father, full of grace and truth. 道成了肉身，住在我们中间，满有恩典和真理。我们见过他的荣光，正是从父而来的独生子的荣光。 (John 1:14)

**The Works of God**

God will impute righteousness to us who believe in Him who raised Jesus our Lord from the dead, who was delivered over to death because of our sins and was raised because of our justification. 也是为我们这将来得算为义的人写的，就是为我们这信　神使我们的主耶稣从死人中复活的人写的。  耶稣为我们的过犯被交去处死，为我们的称义而复活。 (Romans 4:24-25)

If the many died by the trespass of the one man, how much more did the grace of God and the gift that came by the grace of the one Man, Jesus Christ, abound to the many. And the gift of God is not like the result of the one man’s sin, for the judgment followed one sin and brought condemnation, but the gift followed many trespasses and brought justification. 但恩赏和过犯是截然不同的；如果因着那一人的过犯，众人都死了，　神的恩典和这一人耶稣基督在恩典里的赏赐，对众人就更加丰盛了。  这赏赐和那一人犯罪的后果也是不同的；因为审判是由一人而来，以致定罪，恩赏却由许多过犯而来，以致称义。 (Romans 5:15-16)

**My Relationship to God**

As the deer pants for the water brooks, so my soul pants for You, O God. My soul thirsts for God, for the living God. When shall I come and appear before God? 　神啊！我的心渴慕你，好像鹿渴慕溪水。  我的心渴想　神，就是永活的　神；我什么时候可以来朝见　神的面呢？ (Psalm 42:1-2)

O God, You are my God; earnestly I seek You; my soul thirsts for You; my body longs for You, in a dry and weary land where there is no water. 　神啊！你是我的　神，我要切切寻求你；在干旱、疲乏、无水之地，我的心，我的身，都渴想你，切慕你。 (Psalm 63:1)

**The Character I Want to Cultivate**

I want to abound in faith, in speech, in knowledge, in all diligence, in love, and in the grace of giving. 你们在一切事上，就如信心、口才、知识、热情和爱我们的心，既然都是富足的，那么，在这慈善的事上，也要显出你们是富足的。 (2 Corinthians 8:7)

I want to abound in love and faith toward the Lord Jesus and to all the saints. (Philemon 5)

**My Relationship to Others**

I will trust in You enough to honor You as holy in the sight of others. (Numbers 20:12)

As iron sharpens iron, so one man sharpens another. 铁磨铁，磨得锋利；朋友互相切磋，才智（“才智”原文作“面”）也变得敏锐。 (Proverbs 27:17)

Day 22

**The Attributes of God**

All Your works will praise you, O Lord, and Your saints will bless You. They will speak of the glory of Your kingdom and talk of Your power, so that all men may know of Your mighty acts and the glorious majesty of Your kingdom. Your kingdom is an everlasting kingdom, and Your dominion endures through all generations. 耶和华啊！你一切所造的都要称谢你，你的圣民也要称颂你。  他们要讲论你国的荣耀，也要述说你大能的作为。  好使世人知道你大能的作为，和你国威严的尊荣。  你的国是永远的国，你的王权存到万代。 (Psalm 145:10-13)

In Your majesty, You dwell in the likeness of a throne of sapphire above the expanse that is over the cherubim. 我观看，见基路伯头顶以上的穹苍，有好像蓝宝石宝座的形状，显现出来。 (Ezekiel 10:1)

**The Works of God**

The Lord by wisdom founded the earth; by understanding He established the heavens; by His knowledge the deeps were divided, and the clouds drop down the dew. 耶和华以智慧奠定大地，以聪明坚立高天。  因他的知识，深渊就裂开，天空也滴下甘露。 (Proverbs 3:19-20)

You made the earth and created man upon it. Your own hands stretched out the heavens, and You ordered their starry hosts. 我造了地，又造了人在地上；我亲手展开了诸天，又命定了天上的万象。 (Isaiah 45:12)

**My Relationship to God**

We should not get drunk on wine, for that is dissipation. Instead, we should be filled with the Spirit, speaking to one another with psalms, hymns, and spiritual songs; singing and making music in our hearts to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. (Ephesians 5:18-20)

I will rejoice always, pray without ceasing, and give thanks in all circumstances, for this is God’s will for me in Christ Jesus. 要常常喜乐，  不住祷告，  凡事谢恩；这就是　神在基督耶稣里给你们的旨意。 (1 Thessalonians 5:16-18)

**The Character I Want to Cultivate**

Blessed is the man who finds wisdom, and the man who gains understanding, for its profit is greater than that of silver, and its gain than fine gold. She is more precious than jewels, and nothing I desire can compare with her. Long life is in her right hand; in her left hand are riches and honor. Her ways are pleasant ways, and all her paths are peace. She is a tree of life to those who embrace her, and happy are those who hold her fast. 得着智慧，获致聪明的人，是有福的。  因为智慧的利润胜过银子的利润，智慧的收益胜过黄金的收益。  智慧比红宝石更宝贵；你一切所喜爱的，都不足与智慧比较。  智慧的右手有长寿，左手有财富和尊荣。  智慧的道路尽是欢悦，智慧的路径全是平安。  对紧握智慧的人来说，智慧是生命树，凡是紧抓智慧的，都是有福的。 (Proverbs 3:13-18)

He who gets wisdom loves his own soul; he who keeps understanding will find good. 得着智慧的，爱惜自己的性命；保持明达的，必得益处。 (Proverbs 19:8)

**My Relationship to Others**

We must all attain to unity of the faith and of the knowledge of the Son of God to a mature man, to the measure of the stature of the fullness of Christ, so that we will no longer be infants, being blown and carried around by every wind of doctrine, by the cunning and craftiness of men in their deceitful scheming; but speaking the truth in love, we must grow up in all things into Him who is the Head, that is, Christ. 直到我们众人对　神的儿子都有一致的信仰和认识，可以长大成人，达到基督丰盛长成的身量；  使我们不再作小孩子，中了人的诡计和骗人的手段，给异教之风摇撼，飘来飘去，  却要在爱中过诚实的生活，在各方面长进，达到基督的身量。他是教会的头， (Ephesians 4:13-15)

We must not forsake our meeting together, as some are in the habit of doing, but encourage one another, and all the more as we see the day approaching. 我们不可放弃聚会，好像有些人的习惯一样；却要互相劝勉。你们既然知道那日子临近，就更应该这样。 (Hebrews 10:25)

Day 23

**The Attributes of God**

You, O Lord, are a compassionate and gracious God, slow to anger, and abounding in lovingkindness and truth. 但是，主啊！你是有怜悯有恩典的　神，你不轻易发怒，并且有极大的慈爱和信实。 (Psalm 86:15)

Great are the works of the Lord; they are pondered by all who delight in them. Splendid and majestic is His work, and His righteousness endures forever. He has caused His wonderful acts to be remembered; the Lord is gracious and compassionate. 耶和华的作为伟大，喜爱他作为的人都努力查究。  他的作为满有尊荣和威严，他的公义永远长存。  他使人记念他所行的奇事；耶和华有恩典，有怜悯。 (Psalm 111:2-4)

**The Works of God**

My attitude should be the same as that of Christ Jesus, who, being in the form of God, did not consider equality with God something to be grasped, but emptied Himself, taking the form of a servant, being made in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to death, even death on a cross. 你们应当有这样的意念，这也是基督耶稣的意念。（全节或译：“你们当以基督耶稣的心为心。”）  他本来有　神的形象，却不坚持自己与　神平等的地位，  反而倒空自己，取了奴仆的形象，成为人的样式；  既然有人的样子，就自甘卑微，顺服至死，而且死在十字架上。 (Philippians 2:5-8)

Christ had to be made like His brothers in every way, in order that He might become a merciful and faithful high priest in things pertaining to God, to make propitiation for the sins of the people. Because He Himself suffered when He was tempted, He is able to help those who are being tempted. 所以，他必须在各方面和他的弟兄们相同，为了要在　神的事上，成为仁慈忠信的大祭司，好为人民赎罪。  因为他自己既然经过试探，受了苦，就能够帮助那些被试探的人。 (Hebrews 2:17-18)

**My Relationship to God**

All of us who were baptized into Christ Jesus were baptized into His death. I was therefore buried with Him through baptism into death, in order that just as Christ was raised from the dead through the glory of the Father, so I too may walk in newness of life. 难道你们不晓得我们这受洗归入基督耶稣的人，是受洗归入他的死吗？  所以我们借着洗礼归入死，与他同葬，为的是要我们过新生命的生活，像基督借着父的荣耀从死人中复活一样。 (Romans 6:3-4)

If anyone is in Christ, he is a new creation; the old things passed away; behold, they have become new. 如果有人在基督里，他就是新造的人，旧事已经过去，你看，都变成新的了！ (2 Corinthians 5:17)

**The Character I Want to Cultivate**

I will let the fear of the Lord be upon me, and I will be careful in what I do, for with the Lord my God there is no injustice or partiality or bribery. 现在你们要敬畏耶和华；你们要谨慎行事，因为耶和华我们的　神没有不义，不偏待人，也不受贿赂。” (2 Chronicles 19:7)

He who is faithful with very little is also faithful with much, and whoever is dishonest with very little will also be dishonest with much. If one is not faithful in handling worldly wealth, who will trust him with true riches? And if one is not faithful with someone else’s property, who will give him property of his own? 在最小的事上忠心的，在大事上也忠心；在最小的事上不义的，在大事上也不义。  如果你们在不义的钱财上不忠心，谁还把真实的钱财托付给你们呢？  如果你们在别人的东西上不忠心，谁还把你们自己的东西交给你们呢？ (Luke 16:10-12)

**My Relationship to Others**

We are the fragrance of Christ to God among those who are being saved and among those who are perishing; to the one an aroma from death to death; to the other, an aroma from life to life. And who is sufficient for these things? 因为无论在得救的人或灭亡的人中间，我们都是基督的馨香，是献给　神的。  对于灭亡的人，这是死亡的气味叫人死；对于得救的人，这却是生命的香气使人活。这些事谁够资格作呢？ (2 Corinthians 2:15-16)

I pray that the sharing of my faith may become effective through the knowledge of every good thing which is in me for Christ’s sake. 愿你与众人分享你的信心的时候，会产生功效，使我们可以知道在我们中间的一切善事，都是为基督作的。 (Philemon 6)

Day 24

**The Attributes of God**

Jesus is Your beloved Son in whom You are well pleased. 又有声音从天上来，说：“这是我的爱子，我所喜悦的。” 又有声音从天上来说：“你是我的爱子，我喜悦你。” 圣灵仿佛鸽子，有形体地降在他身上；有声音从天上来，说：“你是我的爱子，我喜悦你。” (Matthew 3:17; Mark 1:11; Luke 3:22)

No one has ever seen God, but the only begotten God, who is in the bosom of the Father, has made Him known. 从来没有人见过　神，只有在父怀里的独生子把他彰显出来。 (John 1:18)

**The Works of God**

God highly exalted Christ Jesus and gave Him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. 因此　神把他升为至高，并且赐给他超过万名之上的名。  使天上、地上和地底下的一切，因着耶稣的名，都要屈膝，  并且口里承认耶稣基督为主，使荣耀归给父　神。 (Philippians 2:9-11)

Jesus Christ is coming with the clouds, and every eye will see Him, even those who pierced Him; and all the peoples of the earth will mourn because of Him. Even so, Amen. 看哪，他驾着云降临，每一个人都要看见他，连那些刺过他的人也要看见他，地上的万族都要因他捶胸。这是必定的，阿们。 (Revelation 1:7)

**My Relationship to God**

You are the light of the world. He who follows You will not walk in the darkness but will have the light of life. 耶稣又对众人说：“我是世界的光，跟从我的，必定不在黑暗里走，却要得着生命的光。” (John 8:12)

You are the true vine, and Your Father is the vinedresser. He cuts off every branch in You that bears no fruit, while every branch that does bear fruit He prunes, that it may bear more fruit. I will abide in You, and You will abide in me. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can I, unless I abide in You. “我是真葡萄树，我父是培植的人。  所有属我而不结果子的枝子，他就剪去；所有结果子的，他就修剪干净，让它结更多的果子。  你们要住在我里面，我也就住在你们里面。枝子若不连在葡萄树上，自己就不能结果子；你们若不住在我里面，也是这样。 (John 15:1-2, 4)

**The Character I Want to Cultivate**

A simple man believes everything, but a prudent man considers his steps. 愚蒙人凡话都信；精明的人却步步谨慎。 (Proverbs 14:15)

A prudent man sees evil and hides himself, but the simple keep going and suffer for it. 精明人看见灾祸，就躲藏起来；愚蒙人却往前走，自取祸害。 (Proverbs 22:3; 27:12)

**My Relationship to Others**

I will bless those who persecute me; I will bless and not curse. 迫害你们的，要为他们祝福；只可祝福，不可咒诅。 (Romans 12:14)

I will bear with others and forgive whatever complaints I have against them; I will forgive just as the Lord forgave me. 如果有人对别人有嫌隙，总要彼此宽容，互相饶恕；主怎样饶恕了你们，你们也要照样饶恕人。 (Colossians 3:13)

Day 25

**The Attributes of God**

Who has directed the Spirit of the Lord, or instructed Him as His counselor? Whom did the Lord consult to enlighten Him, and who taught Him the path of justice? Who taught Him knowledge or showed Him the way of understanding? Surely the nations are like a drop in a bucket and are regarded as dust on the scales; He weighs the islands as though they were fine dust. Before Him all the nations are as nothing; they are regarded by Him as less than nothing and worthless. To whom, then, will I compare God? Or what likeness will I compare with Him? 谁曾测度耶和华的灵，或作过他的谋士教导他呢？  他与谁商议，谁使他有聪明？谁把正确的路指教他，把知识指教他，又把明智的路教导他呢？  看哪！万国都像水桶里的一滴，又被看作天平上的微尘。看哪！他举起众海岛，好像微细之物。  万国在他跟前好像不存在，在他看来，只是乌有和虚空。  你们把谁来跟　神相比呢？你们用什么形象来与　神并列呢？ (Isaiah 40:13-15, 17-18)

You are the Lord, the God of all mankind. Nothing is too difficult for You. “看哪！我是耶和华，是全人类的　神；在我有难成的事吗？ (Jeremiah 32:27)

**The Works of God**

Through Jesus the forgiveness of sins is proclaimed, that through Him everyone who believes is justified from all things from which they could not be justified by the law of Moses. (Acts 13:38-39)

What the law was powerless to do in that it was weakened through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin; He condemned sin in the flesh, in order that the requirement of the law might be fully met in us, who do not walk according to the flesh, but according to the Spirit. 律法因肉体的软弱所作不到的，　神作到了：他差遣自己的儿子成为罪身的样式，为了除掉罪，就在肉体中把罪判决了，  使律法所要求的义，可以在我们这些不随从肉体而随从圣灵去行的人身上实现出来。 (Romans 8:3-4)

**My Relationship to God**

Christ must increase; I must decrease. 他必兴旺，我必衰微。 (John 3:30)

Unless a grain of wheat falls to the ground and dies, it remains alone. But if it dies, it bears much fruit. The one who loves his life will lose it, and the one who hates his life in this world will keep it for eternal life. 我实实在在告诉你们，一粒麦子若不落在地里死了，仍旧是一粒；如果死了，就结出许多果实来。  爱惜自己生命的，就丧掉生命；在这世上恨恶自己生命的，必会保全生命到永远。 (John 12:24-25)

**The Character I Want to Cultivate**

Should I seek great things for myself? I will seek them not. 你要为自己图谋大事吗？不要图谋！看哪！我必使灾祸降在全人类身上，但无论你到什么地方去，我必使你捡回自己的性命。’”这是耶和华的宣告。 (Jeremiah 45:5)

Whoever exalts himself will be humbled, and whoever humbles himself will be exalted. 凡高抬自己的，必被降卑；凡自己谦卑的，必被升高。 因为凡高抬自己的，必要降卑；自己谦卑的，必要升高。” (Matthew 23:12; Luke 14:11; 18:14)

**My Relationship to Others**

I will submit myself to the governing authorities. For there is no authority except from God, and the authorities that exist have been established by God. Consequently, he who resists authority has opposed the ordinance of God, and those who do so will bring judgment on themselves. 政府的权柄，人人都应当服从。因为没有一样权柄不是从　神来的；掌权的都是　神设立的。  所以抗拒掌权的，就是反对　神所设立的；反对的人必自招刑罚。 (Romans 13:1-2)

I will submit myself for the Lord’s sake to every human authority, whether to a king as being supreme, or to governors as sent by him to punish evildoers and to praise those who do right; for it is the will of God that by doing good I may silence the ignorance of foolish men. (1 Peter 2:13-15)

Day 26

**The Attributes of God**

Be exalted, O God, above the heavens; let Your glory be over all the earth. For Your mercy reaches to the heavens, and Your faithfulness reaches to the clouds. 　神啊！愿你被尊崇，过于诸天；愿你的荣耀遍及全地。  因为你的慈爱伟大，高及诸天，你的信实上达云霄。 (Psalm 57:5, 10)

Your word is settled in heaven forever, O Lord. Your faithfulness continues through all generations; You established the earth, and it stands. They continue to this day according to Your ordinances, for all things serve You. 耶和华啊！你的话存到永远，坚立在天上。  你的信实存到万代；你坚立了地，地就长存。  天地照着你的安排存到今日，因为万有都是你的仆役。 (Psalm 119:89-91)

**The Works of God**

The Lord who created the heavens, He is God. He fashioned and made the earth and established it; He did not create it to be empty but formed it to be inhabited. He is the Lord, and there is no other. 因为创造诸天的耶和华，他是　神，塑造大地，把大地造成；他坚立大地；他创造大地，不是荒凉的；他塑造大地，是要给人居住；他这样说：“我是耶和华，再没有别的　神。 (Isaiah 45:18)

God made the earth by His power; He established the world by His wisdom and stretched out the heavens by His understanding. 耶和华用自己的能力创造了大地，用自己的智慧坚立了世界，又用自己的聪明展开了诸天。 (Jeremiah 10:12)

**My Relationship to God**

By this is Your Father glorified, that I bear much fruit, showing myself to be Your disciple. 这样，你们结出很多果子，我父就因此得荣耀，你们也就是我的门徒了。 (John 15:8)

Just as I presented the members of my body as slaves to impurity and to ever-increasing lawlessness, so I now present my members as slaves to righteousness, leading to holiness. 因为你们肉体的弱点，我就按一般人的话来说，你们从前怎样把你们的肢体献给不洁和不法作奴仆，以致于不法，现在也要照样把你们的肢体献给义作奴仆，以致于成圣。 (Romans 6:19)

**The Character I Want to Cultivate**

The way of a fool is right in his own eyes, but a wise man listens to counsel. 愚妄人所行的，在自己眼中看为正直，只有智慧人肯听劝告。 (Proverbs 12:15)

I will listen to counsel and accept instruction, that I may be wise in my latter days. 你要听劝告，受管教，好使你将来作个有智慧的人。 (Proverbs 19:20)

**My Relationship to Others**

We should always thank God for other believers, mentioning them in our prayers. (1 Thessalonians 1:2)

We should ask for one another’s prayers. 弟兄们，请为我们祷告。 (1 Thessalonians 5:25)

Day 27

**The Attributes of God**

O Sovereign Lord, You are God! Your words are true, and You have promised good things to Your servant. 主耶和华啊！你是　神；你的话是真实可信的。你向你仆人应许了这美好的福分。 (2 Samuel 7:28)

The Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 主就是那灵；主的灵在哪里，哪里就有自由。 (2 Corinthians 3:17)

**The Works of God**

When You promised to make a new covenant with the house of Israel, You said, “I will put My law within them and write it on their hearts. I will be their God, and they will be My people. No longer will each one teach his neighbor, or each one his brother, saying, ‘Know the Lord,’ because they shall all know Me, from the least of them to the greatest of them. For I will forgive their iniquity and will remember their sins no more.” “但那些日子以后，我要与以色列家所立的约是这样（这是耶和华的宣告）：我要把我的律法放在他们里面，写在他们的心里。我要作他们的　神，他们要作我的子民。  他们各人必不再教导自己的邻舍和自己的同胞，说：‘你们要认识耶和华。’因为所有的人，从最小到最大的都必认识我。我也要赦免他们的罪孽，不再记着他们的罪恶。”这是耶和华的宣告。 (Jeremiah 31:33-34)

Jesus took bread, gave thanks, and broke it, and gave it to His disciples, saying, “Take and eat; this is My body.” Then He took the cup, gave thanks, and offered it to them, saying, “Drink from it, all of you. This is My blood of the new covenant, which is poured out for many for the forgiveness of sins.” 他们吃的时候，耶稣拿起饼来，祝谢了就擘开，递给门徒，说：“你们拿去吃吧，这是我的身体。”  耶稣又拿起杯来，祝谢了就递给他们，说：“你们都喝吧，  这是我的血，是为立约的，为许多人流出来，使罪得赦。 (Matthew 26:26-28)

**My Relationship to God**

Having the firstfruits of the Spirit, I groan inwardly as I wait eagerly for my adoption, the redemption of my body. For in hope I have been saved, but hope that is seen is not hope; for who hopes for what he sees? But if I hope for what I do not yet see, I eagerly wait for it with perseverance. 不但这样，连我们这些有圣灵作为初熟果子的人，自己也在内心叹息，热切期待成为嗣子，就是我们的身体得赎。  我们得救时就存着这盼望；但是看得见的盼望不是盼望，因为谁会盼望自己看见了的呢？  但如果我们盼望没有看见的，就会耐心地热切期待。 (Romans 8:23-25)

The God of hope will fill me with all joy and peace as I trust in Him, so that I may overflow with hope by the power of the Holy Spirit. 愿那赐盼望的　神，因着你们的信，把一切喜乐平安充满你们，使你们靠着圣灵的大能满有盼望。 (Romans 15:13)

**The Character I Want to Cultivate**

I will not worry about my life, what I will eat or what I will drink; or about my body, what I will wear. Life is more than food, and the body more than clothes. The birds of the air do not sow or reap or gather into barns, and yet my heavenly Father feeds them. Am I not much more valuable than they? Who by worrying can add a single hour to his life? And why do I worry about clothes? I will consider how the lilies of the field grow; they neither labor nor spin, yet not even Solomon in all his splendor was dressed like one of these. But if God so clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will He not much more clothe me? So I will not worry, saying, “What shall I eat?” or “What shall I drink?” or “What shall I wear?” For the pagans run after all these things, and my heavenly Father knows that I need them. But I will seek first His kingdom and His righteousness, and all these things will be added to me. 所以我告诉你们，不要为生命忧虑吃什么喝什么，也不要为身体忧虑穿什么。难道生命不比食物重要吗？身体不比衣服重要吗？  你们看天空的飞鸟：它们不撒种，不收割，也不收进仓里，你们的天父尚且养活它们；难道你们不比它们更宝贵吗？  你们中间谁能用忧虑使自己的寿命延长一刻呢？  何必为衣服忧虑呢？试想田野的百合花怎样生长，它们不劳苦，也不纺织。  但我告诉你们，就是所罗门最威荣的时候所穿的，也比不上这花中的一朵。  田野的草，今天还在，明天就投进炉里，　神尚且这样妆扮它们；小信的人哪，何况你们呢？  所以不要忧虑，说：‘我们该吃什么？喝什么？穿什么？’  这些都是教外人所寻求的，你们的天父原知道你们需要这一切。  你们要先求他的国和他的义，这一切都必加给你们。 耶稣又对门徒说：“所以我告诉你们，不要为生命忧虑吃什么，也不要为身体忧虑穿什么。  因为生命比饮食重要，身体比衣服重要。  你们想想乌鸦：它们不种也不收，无仓又无库，　神尚且养活它们；你们比飞鸟贵重得多了。  你们中间谁能用忧虑使自己的寿命延长一刻呢？  既然连这极小的事都不能作，为什么还忧虑其他的事呢？  你们想想百合花，怎样不劳苦，也不纺织。但我告诉你们，就是所罗门最荣华的时候所穿的，也比不上这花中的一朵呢。  小信的人哪，田野的草，今天还在，明天就投进炉里，　神尚且这样给它装饰，何况你们呢？  你们不要求吃什么，喝什么，也不要忧虑，  因为这一切都是世上不信的人所寻求的。你们的父原知道你们需要这一切。  你们只管求他的国，这些东西都必加给你们。 (Matthew 6:25-33; Luke 12:22-31)

I will keep my life free from the love of money and be content with what I have, for You have said, “I will never leave you, nor will I forsake you.” 你们为人不要贪爱钱财，要以现在所有的为满足；因为　神亲自说过：“我决不撇下你，也不离弃你。” (Hebrews 13:5)

**My Relationship to Others**

I pray that words may be given to me, that I may open my mouth boldly to make known the mystery of the gospel. 也要为我祈求，使我传讲的时候，得着当说的话，可以坦然无惧地讲明福音的奥秘， (Ephesians 6:19)

I pray that God may open to me a door for the word, so that I may speak the mystery of Christ and proclaim it clearly, as I ought to speak. 也要为我们祷告，求　神为我们开传道的门，宣讲基督的奥秘（我就是为了这个缘故被捆锁），  使我照着我所应当说的，把这奥秘显明出来。 (Colossians 4:3-4)

Day 28

**The Attributes of God**

You are the righteous God, who searches the hearts and secret thoughts. 愿恶人的恶行止息，愿你使义人坚立。公义的　神啊！你是察验人心肠肺腑的。 (Psalm 7:9)

All a man’s ways are right in his own eyes, but the Lord weighs the hearts. 人看自己一切所行的，都是正直的；耶和华却衡量人心。 (Proverbs 21:2)

**The Works of God**

Like the roar of rushing waters and like loud peals of thunder, a great multitude will shout, “Hallelujah! For the Lord God Almighty reigns. Let us rejoice and be glad and give Him glory! For the marriage of the Lamb has come, and His bride has made herself ready.” Blessed are those who are invited to the marriage supper of the Lamb. 我又听见一个声音，好像一大群人的声音，像众水的声音，又像大雷的声音，说：“哈利路亚！因为主、我们全能的　神作王了！  我们要欢喜快乐，把荣耀归给他！因为羊羔的婚期到了；他的新娘也自己预备好了。  天使对我说：“你要写下来：‘被邀请赴羊羔婚筵的人有福了！’”他又对我说：“这都是　神真实的话。” (Revelation 19:6-7, 9)

John saw heaven opened, and there before him was a white horse, whose rider is called Faithful and True; and in righteousness He judges and makes war. His eyes are like a flame of fire, and on His head are many crowns. He has a name written on Him that no one knows except Himself. He is clothed in a robe dipped in blood, and His name is the Word of God. And the armies of heaven, riding on white horses and dressed in fine linen, white and clean, were following Him. And out of His mouth goes a sharp sword with which He will strike down the nations, and He will rule them with a rod of iron. He treads the winepress of the fury of the wrath of God Almighty. And on His robe and on His thigh He has a name written: KING OF KINGS AND LORD OF LORDS. 我观看，见天开了。有一匹白马，那骑马的称为“忠信”和“真实”；他按着公义审判和作战。  他的眼睛好像火焰，头上戴着许多皇冠，他身上写着一个名字，这名字除了他自己没有人认识。  他身穿一件浸过血的衣服，他的名字称为“　神的道”。  天上的众军，都骑着白马，穿着洁白的细麻衣，跟随着他。  有一把利剑从他口中吐出来，他要用这剑击打列国，他必用铁杖治理他们；并且还要踹全能　神烈怒的压酒池。  在他的衣服和大腿上，写着“万王之王，万主之主”的名号。 (Revelation 19:11-16)

**My Relationship to God**

Many, O Lord my God, are the wonders You have done, and Your thoughts toward us no one can recount to You; were I to speak and tell of them, they would be too many to declare. 耶和华我的　神啊！你所行的奇事，并你向我们所怀的意念很多，没有人可以和你相比；如果我要述说陈明，也多到不能胜数。 (Psalm 40:5)

God chose me in Christ before the foundation of the world to be holy and blameless in His sight. In love He predestined me to be adopted as His son through Jesus Christ, according to the good pleasure of His will, to the praise of the glory of His grace, which He bestowed upon me in the One He loves. 就如创立世界以前，他在基督里拣选了我们，使我们因着爱，在他面前成为圣洁，没有瑕疵。  他又按着自己旨意所喜悦的，预定我们借着耶稣基督得儿子的名分，  好使他恩典的荣耀得着颂赞。这恩典是他在爱子里赐给我们的。 (Ephesians 1:4-6)

**The Character I Want to Cultivate**

I want to be worthy of respect, not double-tongued, not addicted to wine, not fond of dishonest gain, but holding the mystery of the faith with a clear conscience. 照样，执事也必须庄重，不一口两舌，不酗酒，不贪不义之财，  用清洁的良心持守信仰的奥秘。 (1 Timothy 3:8-9)

The grace of God has appeared, bringing salvation to all men, teaching us to deny ungodliness and worldly passions and to live sensibly, righteously, and godly in the present age. 　神拯救万人的恩典已经显明出来了。  这恩典训练我们除去不敬虔的心，和属世的私欲，在今生过着自律、公正、敬虔的生活， (Titus 2:11-12)

**My Relationship to Others**

Above all, I will have a fervent love for others, because love covers a multitude of sins. 最重要的是要彼此切实相爱，因为爱能遮盖许多的罪。 (1 Peter 4:8)

In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins. Since God so loved us, we also ought to love one another. No one has ever seen God; but if we love one another, God abides in us, and His love is perfected in us. 不是我们爱　神，而是　神爱我们，差遣他的儿子为我们的罪作了赎罪祭，这就是爱了。  亲爱的，　神既然这样爱我们，我们也应当彼此相爱。  从来没有人见过　神，我们若彼此相爱，　神就住在我们里面，他的爱也在我们里面得到成全了。 (1 John 4:10-12)

Day 29

**The Attributes of God**

The Lord is righteous; He loves righteousness; the upright will see His face. 因为耶和华是公义的，他喜爱公义的行为，正直的人必得见他的面。 (Psalm 11:7)

Your eyes are too pure to look at evil; You cannot look on wickedness. 你的眼目纯洁，不看邪恶，不能坐视奸恶；为什么见行诡诈的人而不理？恶人吞灭比自己公义的人，你为什么缄默呢？ (Habakkuk 1:13)

**The Works of God**

The Lord said, “In My Father’s house are many dwellings; if it were not so, I would have told you. I am going there to prepare a place for you. And if I go and prepare a place for you, I will come again and receive you to Myself, that you also may be where I am.” 在我父的家里，有许多住的地方；如果没有，我怎么会告诉你们我去是要为你们预备地方呢？（下半节或译：“如果没有，我早就对你们说了，因为我去是为你们预备地方。”）  我若去为你们预备地方，就必再来接你们到我那里去，好使我在哪里，你们也在哪里。 (John 14:2-3)

John looked and heard the voice of many angels encircling the throne and the living creatures and the elders; and their number was myriads of myriads, and thousands of thousands, saying with a loud voice, “Worthy is the Lamb, who was slain, to receive power and riches and wisdom and strength and honor and glory and blessing!” 我又观看，听见了千千万万天使的声音，他们都在宝座、活物和长老的四周，  大声说：“被杀的羊羔是配得权能、丰富、智慧、力量、尊贵、荣耀、颂赞的！” (Revelation 5:11-12)

**My Relationship to God**

God will not always strive with us, nor will He harbor His anger forever; He does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is His love for those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear Him. 他不长久责备，也不永远怀怒。  他没有按着我们的罪过待我们，也没有照着我们的罪孽报应我们。  天离地有多高，他的慈爱向敬畏他的人也有多大。  东离西有多远，他使我们的过犯离我们也有多远。  父亲怎样怜恤儿子，耶和华也照样怜恤敬畏他的人； (Psalm 103:9-13)

“Come now, let us reason together,” says the Lord. “Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.” 耶和华说：“你们来，我们彼此辩论；你们的罪虽像朱红，必变成雪白；虽红如丹颜，必白如羊毛。 (Isaiah 1:18)

**The Character I Want to Cultivate**

I will be on my guard, stand firm in the faith, act with courage, and be strong. 你们要警醒，要在信仰上站立得稳，要作大丈夫，要刚强。 (1 Corinthians 16:13)

I will be self-controlled in all things, endure hardship, do the work of an evangelist, and fulfill my ministry. 你却要凡事谨慎，忍受磨难、作传福音者的工作，完成你的职务。 (2 Timothy 4:5)

**My Relationship to Others**

I will obey those who are in authority over me with fear and trembling and with sincerity of heart, as to Christ; not with external service as a pleaser of men, but as a slave of Christ, doing the will of God from my heart. With good will I will serve as to the Lord and not to men, knowing that I will receive back from the Lord whatever good I do. 你们作仆人的，要存着敬畏、战兢和真诚的心，听从世上的主人，好像听从基督一样。  作事不要只作给人看，像那些讨人欢心的一样，却要像基督的仆人，从心里遵行　神的旨意，  甘心服务，像是服事主，不是服事人。  你们知道，无论是奴仆或自由的人，如果作了什么善事，都必从主那里得到赏赐。 (Ephesians 6:5-8)

I will treat subordinates with respect, not threatening them, knowing that both their Master and mine is in heaven, and there is no partiality with Him. 你们作主人的，也要照样对待仆人，不要威吓他们；你们知道，他们和你们在天上同有一位主，他并不偏待人。 (Ephesians 6:9)

Day 30

**The Attributes of God**

I will proclaim the name of the Lord and praise the greatness of my God. 因为我要宣告耶和华的名；你们要尊崇我们的　神的伟大。 (Deuteronomy 32:3)

I know that You alone, whose name is the Lord, are the Most High over all the earth. 使他们知道只有你的名是耶和华，唯有你是掌管全地的至高者。 (Psalm 83:18)

**The Works of God**

The Lord God of hosts—He who touches the earth and it melts, and all who live in it mourn; He who builds His staircase in the heavens and founded the expanse over the earth; He who calls for the waters of the sea and pours them out over the face of the earth—the Lord is His name. 万军之主耶和华摸地，地就融化，住在地上的都要悲哀。这地必像尼罗河高涨，像埃及的大河退落。  他在天上建立楼阁，在大地之上奠立穹苍；他召唤海水，把海水浇在地上；耶和华是他的名。 (Amos 9:5-6)

God, who made the world and everything in it, since He is Lord of heaven and earth, does not dwell in temples built by hands. And He is not served by human hands, as though He needed anything, since He Himself gives all men life and breath and everything else. 创造宇宙和其中万有的　神，既然是天地的主，就不住在人手所造的殿宇，  也不受人手的服事，好像他缺少什么；他自己反而把生命、气息和一切，赐给万人。 (Acts 17:24-25)

**My Relationship to God**

I will both lie down in peace and sleep, for You alone, O Lord, make me dwell in safety. 我必平平安安躺下睡觉，因为只有你耶和华能使我安然居住。 (Psalm 4:8)

May the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of the sheep, equip me in every good thing to do His will, working in me what is pleasing in His sight, through Jesus Christ, to whom be glory forever and ever. 愿赐平安的　神，就是那凭着永约的血，把群羊的大牧人我们的主耶稣，从死人中领出来的那一位，  在一切善事上成全你们，好使你们遵行他的旨意；又借着耶稣基督在我们里面，行他所喜悦的事。愿荣耀归给他，直到永永远远。阿们。 (Hebrews 13:20-21)

**The Character I Want to Cultivate**

You have shown me what is good; and what does the Lord require of me but to act justly and to love mercy and to walk humbly with my God? 世人哪！耶和华已经指示你什么是善，他向你所要的又是什么；无非是要你行公义，好怜悯，谦虚谨慎与你的　神同行。 (Micah 6:8)

I will not seek my own interests, but those of Christ Jesus. 因为大家只顾自己的事，而不理耶稣基督的事。 (Philippians 2:21)

**My Relationship to Others**

Just as the body is one, but has many members, and all the members of the body, being many, are one body; so also is Christ. 正如身体是一个，却有许多肢体，而且肢体虽然很多，身体仍是一个；基督也是这样。 (1 Corinthians 12:12)

From Christ the whole body is being joined and held together by every supporting ligament, according to the effective working of each individual part, causing the growth of the body for the edifying of itself in love. 全身靠着他，借着每一个关节的支持，照着每部分的功用，配合联系起来，使身体渐渐长大，在爱中建立自己。 (Ephesians 4:16)

Day 31

**The Attributes of God**

All men are like grass, and all their glory is like the flower of the field. The grass withers and the flower fades, because the breath of the Lord blows on it. Surely the people are grass. The grass withers and the flower fades, but the word of our God stands forever. 有声音说：“你呼喊吧！”他问：“我呼喊什么呢？”“所有的人尽都如草；他们的荣美都像野地的花。  草必枯干，花必凋谢；因为耶和华的气吹在上面；真的，这民的确是草！  草必枯干，花必凋谢，唯有我们　神的道永远长存。” (Isaiah 40:6-8)

How great are God’s signs, and how mighty are His wonders! His kingdom is an eternal kingdom; His dominion endures from generation to generation. 他的神迹多么伟大，他的奇事多么有力；他的国是永远的国，他的统治直到万代！（本章第1-3节在《马索拉抄本》为3:31-33） (Daniel 4:3)

**The Works of God**

He who enters by the door is the shepherd of his sheep. To him the doorkeeper opens, and the sheep listen to his voice; and he calls his own sheep by name and leads them out. When he brings out his own, he goes before them, and his sheep follow him because they know his voice. And they will never follow a stranger but will run away from him because they do not recognize the voice of strangers. Jesus used this figure of speech, but His hearers did not understand what He was telling them. Therefore Jesus said again, “I tell you the truth: I am the door of the sheep. All who came before Me were thieves and robbers, but the sheep did not listen to them. I am the good Shepherd; the good Shepherd lays down His life for the sheep. I am the good Shepherd; I know My sheep and My sheep know Me—just as the Father knows Me and I know the Father—and I lay down My life for the sheep.” 那从门进去的，才是羊的牧人。  看门的给他开门，羊也听他的声音；他按着名字呼叫自己的羊，领它们出来。  他把自己的羊领出来以后，就走在前头，羊也跟随他，因为认得他的声音。  它们决不会跟随陌生人，反而逃避他，因为不认得陌生人的声音。”  耶稣对他们说了这个譬喻，他们却不明白他所说的是什么。  于是耶稣又说：“我实实在在告诉你们，我就是羊的门。  所有在我以先来的，都是贼和强盗；羊却不听从他们。  我是好牧人，好牧人为羊舍命。  我是好牧人，我认识我的羊，我的羊也认识我，  好像父认识我，我也认识父一样；并且我为羊舍命。 (John 10:2-8, 11, 14-15)

Greater love has no one than this, that he lay down his life for his friends. 人为朋友舍命，人间的爱没有比这个更大的了。 (John 15:13)

**My Relationship to God**

Whom have I in heaven but You? And there is nothing on earth I desire besides You. My flesh and my heart may fail, but God is the strength of my heart and my portion forever. Those who are far from You will perish; You have cut off all who are unfaithful to You. But as for me, the nearness of God is my good. I have made the Lord God my refuge, that I may tell of all Your works. 除你以外，在天上，我还有谁呢？除你以外，在地上，我也无所爱慕。  我的肉身和我的内心虽然渐渐衰弱，　神却永远是我心里的磐石，是我的业分。  看哪！远离你的，必定灭亡；凡是对你不贞的，你都要灭绝。  对我来说，亲近　神是美好的，我以主耶和华为我的避难所；我要述说你的一切作为。 (Psalm 73:25-28)

I will give You my heart and let my eyes delight in Your ways. 我儿，把你的心给我；你的眼目要关注我的道路。 (Proverbs 23:26)

**The Character I Want to Cultivate**

I will be an imitator of God as a beloved child, and I will walk in love, just as Christ loved me and gave Himself up for me as a fragrant offering and sacrifice to God. (Ephesians 5:1-2)

This is love: that I walk in obedience to God’s commandments. And this is the commandment: that as I have heard from the beginning, I should walk in love. 我们要照着他的命令行事，这就是爱。你们从起初所听见的那命令，就是要你们凭着爱心行事。 (2 John 6)

**My Relationship to Others**

Knowing the fear of the Lord, I seek to persuade men. 我们既然知道主是可畏的，就劝勉众人。我们在　神面前是显明的，我盼望在你们的良心里也是显明的。 (2 Corinthians 5:11)

All things are from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation: namely, that God was reconciling the world to Himself in Christ, not counting their trespasses against them. And He has committed to us the message of reconciliation. Therefore, we are ambassadors for Christ, as though God were appealing through us, as we implore others on Christ’s behalf to be reconciled to God. 这一切都是出于　神，他借着基督使我们与他自己和好，并且把这和好的职分赐给我们，  就是　神在基督里使世人与他自己和好，不再追究他们的过犯，并且把和好的道理托付了我们。  因此，我们就是基督的使者，　神借着我们劝告世人。我们代替基督请求你们：跟　神和好吧！ (2 Corinthians 5:18-20)

**the THIRD month**

Day 1

**The Attributes of God**

I will sing of the mercies of the Lord forever; with my mouth I will make Your faithfulness known through all generations. I will declare that Your lovingkindness will be built up forever, that You will establish Your faithfulness in the heavens. And the heavens will praise Your wonders, O Lord, Your faithfulness also in the assembly of the holy ones. For who in the heavens can be compared with the Lord? Who is like the Lord among the sons of the mighty? God is greatly feared in the council of the holy ones and more awesome than all who surround Him. O Lord God of hosts, who is like You, O mighty Lord? Your faithfulness also surrounds You. 我要永远歌唱耶和华的慈爱，世世代代用口传扬你的信实。  我要说：“你的慈爱必永远建立；你的信实，你必坚立在天上。  耶和华啊！诸天要称颂你的奇事；在圣者的会中，你的信实也要被称颂。  在天上，谁能和耶和华相比呢？在全能者的众子中，谁能像耶和华呢？  在圣者的议会中，　神是令人惊惧的，比一切在他周围的都更为可畏。  耶和华万军之　神啊！有谁像你？耶和华啊！你是大能的，你的信实在你的周围。 (Psalm 89:1-2, 5-8)

I will sing of Your lovingkindness and justice; to You, O Lord, I will sing praises. 我要歌唱慈爱和公正；耶和华啊！我要向你歌颂。（本节在《马索拉抄本》包括细字标题） (Psalm 101:1)

**The Works of God**

Nothing is hidden that will not be revealed, and nothing is secret that will not be known and come out into the open. 因为没有什么隐藏的事不被显明，也没有什么掩盖的事不被人知道而暴露出来。 (Luke 8:17)

Whoever is ashamed of Jesus and His words, the Son of Man will be ashamed of him when He comes in His glory and in the glory of the Father and of the holy angels. 凡是把我和我的道当作可耻的，人子在他与父并圣天使的荣耀里降临的时候，也必把他当作可耻的。 (Luke 9:26)

**My Relationship to God**

Blessed are those who have learned to acclaim You, who walk in the light of Your presence, O Lord. They rejoice in Your name all day long, and they are exalted in Your righteousness. 晓得向你欢呼的人民是有福的，耶和华啊！他们在你的脸光中行走。  他们因你的名终日欢呼，因你的公义被高举。 (Psalm 89:15-16)

Through Jesus, I will continually offer to God a sacrifice of praise, that is, the fruit of lips that give thanks to His name. 所以，我们要借着耶稣，常常把颂赞的祭品献给　神，这就是承认他的名的人嘴唇的果子。 (Hebrews 13:15)

**The Character I Want to Cultivate**

Wisdom is better than jewels, and all desirable things cannot be compared with her. Wisdom dwells together with prudence and finds knowledge and discretion. 因为智慧比红宝石更好，你一切所喜爱的都不能和智慧比较。  我──智慧──和精明同住，我又获得知识和谋略。 (Proverbs 8:11-12)

The wisdom that comes from above is first pure, then peaceable, gentle, submissive, full of mercy and good fruits, without partiality and hypocrisy. And the fruit of righteousness is sown in peace by those who make peace. 至于从天上来的智慧，首先是纯洁的，其次是和平的，温柔的，谦逊的，满有恩慈和善果，没有偏袒，没有虚伪。  这是缔造和平的人，用和平所培植出来的义果。 (James 3:17-18)

**My Relationship to Others**

I will not judge my brother or regard him with contempt. Instead of judging him, I will resolve not to put a stumbling block or obstacle in my brother’s way. (Romans 14:10a, 13)

I will accept others, just as Christ accepted me to the glory of God. 因此，你们应当彼此接纳，就像基督接纳了你们一样，使荣耀归于　神。 (Romans 15:7)

Day 2

**The Attributes of God**

“The Lord lives! Blessed be my Rock! Exalted be God, the Rock of my salvation! 耶和华是永活的，我的磐石是应当称颂的；拯救我的　神，我的磐石，是应当被尊为至高的。 (2 Samuel 22:47)

I will trust in the Lord forever, for in Yahweh, the Lord, I have an everlasting Rock. 你们要倚靠耶和华，直到永远，因为耶和华是永存的磐石。 (Isaiah 26:4)

**The Works of God**

The wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord. 因为罪的工价就是死，但　神的恩赏，在我们的主基督耶稣里，却是永生。 (Romans 6:23)

Since God’s children have partaken of flesh and blood, He too shared in their humanity so that by His death He might destroy him who holds the power of death, that is, the devil, and free those who all their lives were held in slavery by their fear of death. 孩子们既然同有血肉之体，他自己也照样成为血肉之体，为要借着死，消灭那掌握死权的魔鬼，  并且要释放那些因为怕死而终身作奴仆的人。 (Hebrews 2:14-15)

**My Relationship to God**

If I died with Christ, I believe that I will also live with Him, knowing that Christ, having been raised from the dead, cannot die again; death no longer has dominion over Him. For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. In the same way, I must consider myself to be dead to sin, but alive to God in Christ Jesus. 我们既然与基督同死，就信也必与他同活。  我们知道，基督既然从死人中复活，就不再死，死也不再辖制他了。  他死，是向罪死了，只有这一次；他活，是向　神活着。  你们也应当这样，向罪算自己是死的，在基督耶稣里，向　神却是活的。 (Romans 6:8-11)

With regard to my former way of life, I am to put off my old self, which is being corrupted by its deceitful desires, and be renewed in the spirit of my mind; and I am to put on the new self, which was created according to God in righteousness and true holiness. 就要除去你们那照着从前生活方式而活的旧人。这旧人是随着迷惑人的私欲渐渐败坏的。  你们要把心灵更换一新，  并且穿上新人。这新人是照着　神的形象，在公义和真实的圣洁里创造的。 (Ephesians 4:22-24)

**The Character I Want to Cultivate**

The fear of the Lord is to hate evil; wisdom hates pride and arrogance and the evil way and the perverse mouth. 敬畏耶和华就是恨恶邪恶；骄傲、狂妄、邪恶的行为、乖谬的口，我都恨恶。 (Proverbs 8:13)

I will walk properly as in the daytime, not in revellings and drunkenness, not in promiscuity and debauchery, not in strife and jealousy. Rather, I will put on the Lord Jesus Christ and make no provision to gratify the lusts of the flesh. 行事为人要光明磊落，好像行在白昼。不可荒宴醉酒，不可放荡纵欲，不可纷争嫉妒。  总要披戴主耶稣基督，不要为肉体安排，去放纵私欲。 (Romans 13:13-14)

**My Relationship to Others**

I will not become conceited, provoking others and envying others. 我们不可贪图虚荣，彼此触怒，互相嫉妒。 (Galatians 5:26)

I will do all things without complaining or arguing, so that I may become blameless and pure, a child of God without fault in the midst of a crooked and perverse generation, among whom I shine as a light in the world, holding fast the word of life. 无论作什么，都不要发怨言、起争论，  好使你们无可指摘、纯真无邪，在这弯曲乖谬的世代中，作　神没有瑕疵的儿女；你们要在这世代中发光，好像天上的光体一样，  把生命的道显扬出来，使我在基督的日子可以夸耀我没有空跑，也没有徒劳。 (Philippians 2:14-16)

Day 3

**The Attributes of God**

The Almighty is beyond our reach; He is exalted in power and in His justice and great righteousness, He does not oppress. 论到全能者，我们无法把他查出；他大有能力与公平，又满有公义，他必不苦待人。 (Job 37:23)

Great is our Lord and mighty in power; His understanding is infinite. 我们的主伟大，大有能力；他的智慧无法测度。 (Psalm 147:5)

**The Works of God**

The Lord appoints the number of the stars and calls them each by name. 他数点星辰的数目，一一给它们起名。 (Psalm 147:4)

The Lord gives the sun for light by day, and decrees the moon and stars for light by night; He stirs up the sea so that its waves roar—the Lord of hosts is His name. 那使太阳白昼发光，派定月亮和星辰照耀黑夜，又搅动海洋，使海浪澎湃的，万军之耶和华是他的名，他这样说： (Jeremiah 31:35)

**My Relationship to God**

I am always of good courage and know that as long as I am at home in the body, I am away from the Lord. For I live by faith, not by sight. I am of good courage and would prefer to be absent from the body and to be at home with the Lord. 我们既然一向都是坦然无惧的，又知道住在身内就是与主分开  （因为我们行事是凭着信心，不是凭着眼见），  现在还是坦然无惧，宁愿与身体分开，与主同住。 (2 Corinthians 5:6-8)

Faith is the reality of things hoped for and the conviction of things not seen. 信就是对所盼望的事的把握，是还没有看见的事的明证。 (Hebrews 11:1)

**The Character I Want to Cultivate**

A gentle answer turns away wrath, but a harsh word stirs up anger. The tongue of the wise uses knowledge rightly, but the mouth of the fool pours out folly. 柔和的回答使烈怒消退，暴戾的话激动怒气。  智慧人的舌头阐扬知识；愚昧人的口发出愚妄。 (Proverbs 15:1-2)

I will put away all of these things: anger, wrath, malice, slander, and abusive language from my mouth. 但现在你们要除去忿怒、恼怒、恶毒、毁谤，以及粗言秽语这一切事。 (Colossians 3:8)

**My Relationship to Others**

We should bear one another’s burdens and so fulfill the law of Christ. 你们各人的重担要互相担当，这样就成全了基督的律法。 (Galatians 6:2)

We should submit to one another out of reverence for Christ. 还要存敬畏基督的心，彼此顺服。 (Ephesians 5:21)

Day 4

**The Attributes of God**

It is good to give thanks to the Lord and to sing praises to Your name, O Most High, to declare Your lovingkindness in the morning and Your faithfulness at night. 称谢耶和华，歌颂你至高者的名；  早晨传扬你的慈爱，夜间传讲你的信实； (Psalm 92:1-2)

How precious are Your thoughts to me, O God! How vast is the sum of them! If I should count them, they would outnumber the grains of sand. When I awake, I am still with You. 　神啊！你的意念对我多么珍贵（“珍贵”或译：“深奥”），数目何等众多。  如果我数点，它们比海沙更多；我睡醒的时候，仍然与你同在。 (Psalm 139:17-18)

**The Works of God**

The Son of Man went up to Jerusalem where He was delivered to the chief priests and to the scribes. They condemned Him to death and handed Him over to the Gentiles, who mocked Him and spat upon Him, and scourged Him and killed Him. But on the third day He rose again. 说：“我们现在上耶路撒冷去，人子要被交给祭司长和经学家，他们要定他的罪，并且把他交给外族人。  他们要凌辱他，向他吐唾沫，鞭打他，杀害他，三天以后，他要复活。” (Mark 10:33-34)

After His resurrection, Jesus said to the two disciples on the road to Emmaus, “Did not the Christ have to suffer these things and then enter His glory?” And beginning with Moses and all the Prophets, He explained to them what was said in all the Scriptures concerning Himself. Later, He appeared to His disciples and said to them, “These are the words I spoke to you while I was still with you, that everything must be fulfilled that is written about Me in the Law of Moses, the Prophets and the Psalms.” 基督这样受害，然后进入他的荣耀，不是应当的吗？”  于是他从摩西和众先知起，把所有关于自己的经文，都给他们解释明白了。  主对他们说：“这就是我从前与你们同在的时候，对你们说过的话：摩西的律法、先知书和诗篇上所记关于我的一切事，都必定应验。” (Luke 24:26-27, 44)

**My Relationship to God**

I will not let sin reign in my mortal body that I should obey its lusts. Nor will I present the members of my body to sin, as instruments of wickedness, but I will present myself to God as one who is alive from the dead and my members as instruments of righteousness to God. 所以，不要容罪在你们必死的肉身上掌权，使你们顺从肉身的私欲，  也不要把你们的肢体献给罪，作不义的用具；倒要像出死得生的人，把自己献给　神，并且把你们的肢体献给　神作义的用具。 (Romans 6:12-13)

In view of God’s mercy, I present my body as a living sacrifice, holy and pleasing to God, which is my reasonable service. 所以弟兄们，我凭着　神的仁慈劝你们，要把身体献上，作圣洁而蒙　神悦纳的活祭；这是你们理所当然的事奉。 (Romans 12:1)

**The Character I Want to Cultivate**

This is the one You esteem: he who is humble and contrite of spirit, and who trembles at Your word. (Isaiah 66:2b)

Who makes me different from anyone else? And what do I have that I did not receive? And if I did receive it, why I should I boast as though I had not received it? 使你与人不同的是谁呢？你有什么不是领受的呢？既然是领受的，为什么要自夸，好像不是领受的呢？ (1 Corinthians 4:7)

**My Relationship to Others**

My love must be sincere. I will hate what is evil and cling to what is good. 爱，不可虚伪；恶，要厌恶；善，要持守。 (Romans 12:9)

I will rejoice with those who rejoice and weep with those who weep. 要与喜乐的人一同喜乐，与哀哭的人一同哀哭。 (Romans 12:15)

Day 5

**The Attributes of God**

Jesus is the Christ, the Son of the living God. 西门．彼得回答：“你是基督，是永生　神的儿子。” (Matthew 16:16)

Jesus is the way and the truth and the life. No one comes to the Father except through Him. 耶稣对他说：“我就是道路、真理、生命，如果不是借着我，没有人能到父那里去。 (John 14:6)

**The Works of God**

The kingdom of the world has become the kingdom of our Lord and of His Christ, and He will reign for ever and ever. 第七位天使吹号，天上就有大声音说：“世上的国成了我们的主和他所立的基督的国，他要作王，直到永永远远！” (Revelation 11:15)

You are the Alpha and the Omega, the Beginning and the End. To him who is thirsty, You will give to drink without cost from the spring of the water of life. He who overcomes will inherit all this, and You will be his God and he will be Your son. 他又对我说：“成了！我是阿拉法，是俄梅格；我是创始的，也是成终的。我要把生命的泉水，白白赐给口渴的人喝。  得胜的，必要承受这些福分。我要作他的　神，他要作我的儿子。 (Revelation 21:6-7)

**My Relationship to God**

I will incline my ear and come to You; I will hear You, that my soul may live. 你们要侧耳而听，要到我这里来；你们要听，就可以存活；我必与你们立永远的约，就是应许赐给大卫的那确实的慈爱。 (Isaiah 55:3)

Everyone who hears Your words and does them is like a wise man who built his house on the rock. “所以，凡听见我这些话又遵行的，就像聪明的人，把自己的房子盖在磐石上。 (Matthew 7:24)

**The Character I Want to Cultivate**

I will endure discipline, for God is treating me as a son. For what son is not disciplined by his father? If I am without discipline, of which all have become partakers, then I am an illegitimate child and not a true son. Moreover, we have all had human fathers who disciplined us, and we respected them; how much more should I be subjected to the Father of spirits and live? 为了接受管教，你们要忍受，因为　神待你们好像待儿子一样；哪有儿子不受父亲管教的呢？  作儿子的都受过管教。如果你们没有受管教，就是私生子，不是儿子了。  还有，肉身的父亲管教我们，我们尚且敬重他们；何况那万灵的父，我们不是更要顺服他而得生吗？ (Hebrews 12:7-9)

Our fathers disciplined us for a little while as they thought best, but God disciplines us for our good, that we may share in His holiness. No discipline seems pleasant at the time, but painful; later on, however, it produces the peaceable fruit of righteousness for those who have been trained by it. 肉身的父亲照着自己的意思管教我们，只有短暂的日子；唯有　神管教我们，是为着我们的好处，使我们在他的圣洁上有分。  但是一切管教，在当时似乎不觉得快乐，反觉得痛苦；后来却为那些经过这种操练的人，结出平安的果子来，就是义。 (Hebrews 12:10-11)

**My Relationship to Others**

I will not repay anyone evil for evil, but I will seek to do what is right in the sight of all men. 不可以恶报恶。大家以为美的事，要努力去作。 (Romans 12:17)

I will not repay evil for evil to anyone, but I will pursue what is good for others. 你们要注意，不管是谁都不要以恶报恶，却要在彼此相处和对待众人这方面，常常追求良善。 (1 Thessalonians 5:15)

Day 6

**The Attributes of God**

The Lord is in His holy temple; the Lord is on His heavenly throne. He observes the sons of men; His eyes examine them. 耶和华在他的圣殿里，耶和华的宝座在天上，他的眼睛观看，他的目光察验世人。 (Psalm 11:4)

The heart is deceitful above all things and incurably sick. Who can understand it? You, the Lord, search the heart and test the mind to reward a man according to his ways, according to the fruit of his deeds. 人心比万物都诡诈，无法医治；谁能识透呢？  “我耶和华是察透人心，试验人肺腑的，要照着各人的行为，和各人所作的事应得的结果报应各人。” (Jeremiah 17:9-10)

**The Works of God**

There is one body and one Spirit, just as we were called in one hope of our calling; one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all. 身体只有一个，圣灵只有一位，就像你们蒙召只是借着一个盼望。  主只有一位，信仰只有一个，洗礼只有一种；  　神只有一位，就是万有的父。他超越万有，贯彻万有，并且在万有之中。 (Ephesians 4:4-6)

Christ is the head of the body, the church; He is the beginning and the firstborn from among the dead, so that in everything He might have the supremacy. 他是身体的头，这身体就是教会。他是元始，是死人中首先复生的，好让他在凡事上居首位； (Colossians 1:18)

**My Relationship to God**

Eye has not seen, ear has not heard, nor have entered the heart of man the things that God has prepared for those who love Him. (1 Corinthians 2:9)

Now I see dimly, as in a mirror, but then I shall see face to face. Now I know in part, but then I shall know fully, even as I am fully known. 我们现在是对着镜子观看，模糊不清，到那时就要面对面了。我现在所知道的只是一部分，到那时就完全知道了，好像主完全知道我一样。 (1 Corinthians 13:12)

**The Character I Want to Cultivate**

I will not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. 所以不要为明天忧虑，因为明天自有明天的忧虑，一天的难处一天当就够了。” (Matthew 6:34)

I do not want to be worried and troubled about many things; only one thing is needed. Like Mary, I want to choose the good part, which will not be taken away from me. 主回答她：“马大，马大，你为许多事操心忙碌，  但是最需要的只有一件，马利亚已经选择了那上好的分，是不能从她夺去的。” (Luke 10:41-42)

**My Relationship to Others**

We must encourage one another daily, as long as it is still called “Today,” lest any of us be hardened by the deceitfulness of sin. 趁着还有叫作“今天”的时候，总要天天互相劝勉，免得你们中间有人受了罪恶的诱惑，心里就刚硬了。 (Hebrews 3:13)

We should consider how to stir up one another toward love and good works. 我们又应该彼此关心，激发爱心，勉励行善。 (Hebrews 10:24)

Day 7

**The Attributes of God**

I will give thanks to the Lord according to His righteousness and will sing praise to the name of the Lord Most High. 我要照着耶和华的公义称谢他，歌颂至高者耶和华的名。 (Psalm 7:17)

My soul magnifies the Lord and my spirit rejoices in God my Savior, for the Mighty One has done great things for me, and holy is His name. His mercy is on those who fear Him, from generation to generation. 马利亚说：“我心尊主为大，  我灵以　神我的救主为乐，  全能者为我行了大事，他的名为圣；  他的怜悯世世代代归与敬畏他的人。 (Luke 1:46-47, 49-50)

**The Works of God**

Your hand laid the foundations of the earth, and Your right hand spread out the heavens; when You summon them, they all stand up together. 我的手奠定了大地的根基，我的右手展开了诸天；我一呼唤它们，它们就一同站着侍候。 (Isaiah 48:13)

Heaven is Your throne, and the earth is Your footstool. Your hand made all these things, and so they came into being. (Isaiah 66:1-2a)

**My Relationship to God**

I believe that it is through the grace of our Lord Jesus that I am saved. 我们相信，我们得救是借着主耶稣的恩，和他们也是一样。” (Acts 15:11)

By grace I have been saved through faith, and this not of myself; it is the gift of God, not of works, so that no one can boast. 你们得救是靠着恩典，借着信心。这不是出于自己，而是　神所赐的；  这也不是出于行为，免得有人自夸。 (Ephesians 2:8-9)

**The Character I Want to Cultivate**

Your word is a lamp to my feet and a light to my path. I have inclined my heart to perform Your statutes to the very end. 你的话是我脚前的灯，是我路上的光。  我专心遵行你的律例，永不改变，遵行到底。 (Psalm 119:105, 112)

We are all sons of the light and sons of the day. We do not belong to the night or to the darkness. So then, let us not be like others who are asleep, but let us be alert and self-controlled. 你们都是光明之子、白昼之子；我们不是属于黑夜的，也不是属于黑暗的。  所以，我们不要沉睡像别人一样，总要警醒谨慎。 (1 Thessalonians 5:5-6)

**My Relationship to Others**

I will accept him whose faith is weak, without passing judgment on his opinions. Who am I to judge another’s servant? To his own master he stands or falls, and he will stand, for the Lord is able to make him stand. 你们要接纳信心软弱的人，不要论断引起争论的事。  你是谁，竟然批评别人的家仆呢？他或站稳或跌倒，只和自己的主人有关；但他必定站稳，因为主能够使他站稳。 (Romans 14:1, 4)

Knowledge puffs up, but love builds up. 关于祭过偶像的食物，我们晓得我们都有知识。但知识会使人自高自大，唯有爱心能造就人。 (1 Corinthians 8:1)

Day 8

**The Attributes of God**

Before Abraham was born, Jesus Christ always exists. 耶稣说：“我实实在在告诉你们，亚伯拉罕出生以前，我已经存在了。” (John 8:58)

In Christ all the fullness of the Godhead lives in bodily form. 因为　神本性的一切丰盛，都有形有体地住在基督里面， (Colossians 2:9)

**The Works of God**

The Lord said, “Destroy this temple, and I will raise it again in three days.” But He was speaking of the temple of His body. After He was raised from the dead, His disciples remembered that He had said this to them, and they believed the Scripture and the words that Jesus had spoken. 耶稣回答：“你们拆毁这殿，我三天之内要把它建造起来。”  但耶稣所说的殿，就是他的身体。  所以当耶稣从死人中复活以后，门徒想起了他说过这话，就信了圣经和耶稣所说的话。 (John 2:19, 21-22)

Jesus said, “My Father loves Me because I lay down My life that I may take it up again. No one takes it from Me, but I lay it down of My own accord. I have authority to lay it down and authority to take it up again. This command I received from My Father.” 父爱我，因为我把生命舍去，好再把它取回来。  没有人能夺去我的生命，是我自己舍去的。我有权把生命舍去，也有权把它取回来；这是我从我的父所领受的命令。” (John 10:17-18)

**My Relationship to God**

Everyone who drinks ordinary water will be thirsty again, but whoever drinks the water You give will never thirst. Indeed, the water You give becomes in us a spring of water welling up to eternal life. 耶稣回答：“凡喝这水的，还要再渴；  人若喝我所赐的水，就永远不渴。我所赐的水要在他里面成为涌流的泉源，直涌到永生。” (John 4:13-14)

Whoever hears the word of Jesus and believes Him who sent Him has eternal life and will not come into judgment, but has passed over from death to life. 我实实在在告诉你们，那听见我的话又信那差我来的，就有永生，不被定罪，而是已经出死入生了。 (John 5:24)

**The Character I Want to Cultivate**

I want the Lord to establish my heart as blameless and holy before our God and Father at the coming of our Lord Jesus with all His saints. 也愿他坚定你们的心，好叫你们在我们主耶稣和众圣徒再来的时候，在我们的父　神面前，完全圣洁，无可指摘。 (1 Thessalonians 3:13)

I desire to be diligent to realize the full assurance of hope to the end. I do not want to become sluggish but to imitate those who through faith and patience inherit the promises. 我们深愿你们各人都表现同样的热诚，一直到底，使你们的盼望可以完全实现，  并且不要懒惰，却要效法那些凭着信心和忍耐承受应许的人。 (Hebrews 6:11-12)

**My Relationship to Others**

A righteous man guides his friends, but the way of the wicked leads them astray. 义人作自己邻舍的引导；恶人的道路，却使别人走迷。 (Proverbs 12:26)

I will not give cause for offense in anything, so that my ministry will not be discredited. 我们凡事都没有妨碍人，不让这职分受到毁谤， (2 Corinthians 6:3)

Day 9

**The Attributes of God**

To the Lord my God belongs the heavens, even the highest heavens, the earth and everything in it. 看哪，天和天上的天，地和地上的一切都是属于耶和华你的　神的。 (Deuteronomy 10:14)

There is none like You, O Lord; You are great, and Your name is mighty in power. Who should not revere You, O King of the nations? It is Your rightful due. For among all the wise men of the nations and in all their kingdoms, there is no one like You. 耶和华啊！没有可以跟你相比的；你是伟大的，你的名大有能力。  万国的王啊！谁敢不敬畏你呢？这是你应得的。因为在列国所有的智慧人中，以及在他们的全国里，没有可以跟你相比的。 (Jeremiah 10:6-7)

**The Works of God**

There will be no temple in the new Jerusalem, because the Lord God Almighty and the Lamb are its temple. The city will not need the sun or the moon to shine on it, for the glory of God gives it light, and the Lamb is its lamp. The nations will walk by its light, and the kings of the earth will bring their splendor into it. And its gates will never be shut by day, for there will be no night there. 我没有看见城里有圣所，因为主全能的　神和羊羔就是城的圣所。  这城不需要日月照明，因为有　神的荣耀照明，而羊羔就是城的灯。  列国要借着城的光行走，地上的众王要把他们的荣华带到这城来。  城门白天决不关闭。在那里并没有黑夜。 (Revelation 21:22-25)

There will no longer be any curse. The throne of God and of the Lamb will be in the new Jerusalem, and His servants will serve Him. They will see His face, and His name will be on their foreheads. And there will be no night there; they will not need the light of a lamp or the light of the sun, for the Lord God will give them light. And they shall reign for ever and ever. (Revelation 22:3-5)

**My Relationship to God**

I lift up my eyes to the hills—where does my help come from? My help comes from the Lord, who made heaven and earth. He will not allow my foot to slip; He who watches over me will not slumber. The Lord is my keeper; the Lord is my shade at my right hand. The sun will not harm me by day, nor the moon by night. The Lord will keep me from all evil; He will preserve my soul. The Lord will watch over my coming and going from this time forth and forever. (Psalm 121:1-3, 5-8)

Even to my old age, You are the same, and even to my gray hairs You will carry me. You have made me, and You will bear me; You will sustain me and You will deliver me. 直到你们年老，我还是一样；直到你们发白，我仍然怀抱你。我以前既然这样作了，以后我仍必提携你；我必怀抱你，也必拯救你。 (Isaiah 46:4)

**The Character I Want to Cultivate**

I will commit my works to the Lord, and my plans will be established. 当把你所作的交托耶和华，你的计划就必成功。 (Proverbs 16:3)

I want my conscience to testify that I have conducted myself in the world in the holiness and sincerity that are from God, not in fleshly wisdom but in the grace of God, especially in my relations with others. 我们引以为荣的，就是我们处世为人，是本着　神的圣洁和真诚，不是靠着人的聪明，而是靠着　神的恩典，对你们更是这样，这是我们的良心可以作证的。 (2 Corinthians 1:12)

**My Relationship to Others**

If someone is caught in a trespass, we who are spiritual should restore him in a spirit of gentleness, considering ourselves, lest we also be tempted. 弟兄们，如果有人陷在一些过犯里，你们属灵的人，要用温柔的心使他回转过来，自己却要小心，免得也被引诱。 (Galatians 6:1)

We should let the word of Christ dwell in us richly as we teach and admonish one another with all wisdom and as we sing psalms, hymns, and spiritual songs with gratitude in our hearts to God. 你们要让基督的道丰丰富富地住在你们心里，以各样的智慧，彼此教导，互相劝戒，用诗章、圣诗、灵歌，怀着感恩的心歌颂　神。 (Colossians 3:16)

Day 10

**The Attributes of God**

Righteousness and justice are the foundation of Your throne; lovingkindness and truth go before You. 公义和公正是你宝座的基础，慈爱和信实行在你前面。 (Psalm 89:14)

I will give thanks to the Lord, for He is good; His lovingkindness endures forever. I will give thanks to the Lord for His unfailing love and His wonderful acts to the children of men, for He satisfies the thirsty soul and fills the hungry soul with good things. 你们要称谢耶和华，因他本是良善的；他的慈爱永远长存。  愿人因耶和华的慈爱，和他向世人所行的奇事称谢他。  因为他使干渴的人得到满足，又使饥饿的人饱享美物。 (Psalm 107:1, 8-9)

**The Works of God**

Jesus said to Martha, “I am the resurrection and the life. He who believes in Me will live, even though he dies, and whoever lives and believes in Me will never die.” 耶稣说：“我就是复活和生命；信我的人，虽然死了，也要活着。  所有活着又信我的人，必定永远不死，你信这话吗？” (John 11:25-26)

The earnest expectation of the creation eagerly waits for the revealing of the sons of God. 被造的万物都热切渴望　神的众子显现出来。 (Romans 8:19)

**My Relationship to God**

As the Father has loved You, You also have loved me. I must abide in Your love. If I keep Your commandments, I will abide in Your love, just as You kept Your Father’s commandments and abide in His love. You have told me this so that Your joy may be in me and that my joy may be full. 父怎样爱我，我也怎样爱你们；你们要住在我的爱里。  如果你们遵守我的命令，就必定住在我的爱里，正像我遵守了我父的命令，住在他的爱里一样。  “我把这些事告诉了你们，好让我的喜乐存在你们心里，并且使你们的喜乐满溢。 (John 15:9-11)

This is eternal life: that I may know You, the only true God, and Jesus Christ, whom You have sent. 认识你是独一的真神，并且认识你所差来的耶稣基督，这就是永生。 (John 17:3)

**The Character I Want to Cultivate**

I will keep the pattern of sound teaching that I have heard, in faith and love which are in Christ Jesus. 你要靠着在基督耶稣里的信心和爱心，常常坚守从我这里听过的话，作为纯正话语的模范； (2 Timothy 1:13)

I will not love with words or tongue, but in deed and in truth. By this I will know that I am of the truth and will assure my heart before Him; for if my heart condemns me, God is greater than my heart, and knows all things. If my heart does not condemn me, I have confidence before God and receive from Him whatever I ask, because I keep His commandments and do the things that are pleasing in His sight. 孩子们，我们爱人，不要只在言语和舌头上，总要在行动和真诚上表现出来。  这样，我们就知道我们是属于真理的。即使我们的心责备我们，在　神面前我们也可以心安理得，因为他比我们的心大，他知道一切。  亲爱的，我们的心若不责备我们，在　神面前我们就可以坦然无惧了。  凡我们所求的，就必从他得着，因为我们遵守他的命令，作他所喜悦的事。 (1 John 3:18-22)

**My Relationship to Others**

I was called to freedom, but I will not use my freedom to indulge the flesh, but through love I will serve others. For the whole law is summed up in this word: “You shall love your neighbor as yourself.” 弟兄们，你们蒙召得了自由；只是不可把这自由当作放纵情欲的机会，总要凭着爱心互相服事。  因为全部的律法，都在“爱人如己”这一句话里面成全了。 (Galatians 5:13-14)

Concerning brotherly love, we have been taught by God to love each other, and the Lord urges us to increase more and more. 论到弟兄相爱，用不着人写什么给你们，因为你们自己受了　神的教导，要彼此相爱。  其实，你们向全马其顿所有的弟兄，已经这样行了。但是，弟兄们，我们劝你们要更加彼此相爱； (1 Thessalonians 4:9-10)

Day 11

**The Attributes of God**

Jesus proved through His works that the Father is in Him, and that He is in the Father. 我若作了，你们纵然不信我，也应当信这些事，好使你们确实知道，我父是在我里面，我也在父里面。” (John 10:38)

Jesus knew that the Father had given all things into His hands and that He had come from God and was returning to God. 耶稣知道父已经把万有交在他手中，并且知道自己从　神而来，又要回到　神那里去， (John 13:3)

**The Works of God**

The Lord stretches out the heavens, lays the foundation of the earth, and forms the spirit of man within him. 以下是耶和华的默示，这是耶和华论到以色列的话（是耶和华的宣告，他铺张诸天，奠定大地的根基，造成人里面的灵）： (Zechariah 12:1)

Since the creation of the world God’s invisible attributes—His eternal power and divine nature—have been clearly seen, being understood from what has been made, so that men are without excuse. 其实自从创世以来，　神那看不见的事，就如他永恒的大能和神性，都是看得见的，就是从他所造的万物中可以领悟，叫人没有办法推诿。 (Romans 1:20)

**My Relationship to God**

The righteous shall rejoice in the Lord and trust in Him, and all the upright in heart shall glory. 愿义人因耶和华欢喜，并且投靠他；愿所有心里正直的人，都因他夸耀。 (Psalm 64:10)

I will sing to the Lord as long as I live; I will sing praise to my God while I have my being. May my meditation be pleasing to Him; I will be glad in the Lord. (Psalm 104:33-34)

**The Character I Want to Cultivate**

I will guard my heart with all diligence, for out of it flow the issues of life. 你要谨守你的心，胜过谨守一切，因为生命的泉源由此而出。 (Proverbs 4:23)

Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is of good report—if anything is excellent or praiseworthy—I will think about such things. The things I have learned and received and heard and seen in those who walk with Christ I will practice, and the God of peace will be with me. 最后，弟兄们，凡是真实的、庄重的、公正的、纯洁的、可爱的、声誉好的，无论是什么美德，什么称赞，这些事你们都应当思念。  你们在我身上所学习、所领受、所听见、所看见的，这些事你们都应当实行；那么，赐平安的　神就必与你们同在。 (Philippians 4:8-9)

**My Relationship to Others**

I will avoid foolish and ignorant disputes, knowing that they produce quarrels. The Lord’s servant must not quarrel, but be gentle toward all, able to teach, and patient. 你要拒绝愚蠢无知的问难；你知道这些事会引起争论。  但主的仆人却不可争论，总要待人温和，善于教导，存心忍耐， (2 Timothy 2:23-24)

I will not return evil for evil or insult for insult, but blessing instead, because to this I was called, that I may inherit a blessing. 不要以恶报恶，以辱骂还辱骂，倒要祝福，因为你们就是为此蒙召，好叫你们承受福气。 (1 Peter 3:9)

Day 12

**The Attributes of God**

God fashions the hearts of all and understands all their works. 他是那创造众人的心，了解他们一切作为的。 (Psalm 33:15)

Death and Destruction lie open before the Lord; how much more the hearts of men! 阴间和灭亡展露在耶和华面前，何况世人的心呢？ (Proverbs 15:11)

**The Works of God**

Lord, You have said, “Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy, and My burden is light.” 你们所有劳苦担重担的人哪，到我这里来吧！我必使你们得安息。  我心里柔和谦卑，你们应当负我的轭，向我学习，你们就必得着心灵的安息；  我的轭是容易负的，我的担子是轻省的。” (Matthew 11:28-30)

As Moses lifted up the serpent in the desert, so the Son of Man had to be lifted up, that everyone who believes in Him may have eternal life. 摩西在旷野怎样把铜蛇举起，人子也必照样被举起来，  使所有信他的人都得永生。 (John 3:14-15)

**My Relationship to God**

You have asked the Father, and He has given me another Comforter to be with me forever, even the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him. But I know Him, for He lives in me. 我要请求父，他就会赐给你们另一位保惠师，使他跟你们永远在一起。  这保惠师就是真理的灵，世人不能接受他，因为看不见他，也不认识他。你们却认识他，因为他跟你们住在一起，也要在你们里面。 (John 14:16-17)

I am not in the flesh but in the Spirit, since the Spirit of God lives in me. And if anyone does not have the Spirit of Christ, he does not belong to Him. 　神的灵既然住在你们里面，你们就不是属于肉体，而是属于圣灵的了。如果人没有基督的灵，就不是属于基督的。 (Romans 8:9)

**The Character I Want to Cultivate**

I will not show partiality in judgment; I will hear both small and great alike. I will not be afraid of any man, for judgment belongs to God. 审判的时候，不可偏袒人；无论贵贱尊卑，都要一样地听讼；不可怕人的情面，因为审判是属于　神的；如果你们遇见难断的案件，可以呈到我这里来，让我审断。’ (Deuteronomy 1:17)

I do not want even a hint of immorality, or any impurity, or greed in my life, as is proper for a saint. Nor will I give myself to obscenity, foolish talk, or coarse joking, which are not fitting, but rather to giving of thanks. 至于淫乱和任何污秽或贪心的事，在你们中间连提都不可提，才合圣徒的体统。  更不要讲淫秽和愚妄的话，或下流的笑话，这些都与你们不相称；却要说感谢的话。 (Ephesians 5:3-4)

**My Relationship to Others**

As we have opportunity, we should do good to all people, especially to those who belong to the family of faith. 所以，我们一有机会，就应该对众人行善，对信徒更要这样。 (Galatians 6:10)

God is not unjust to be forgetful of our work and the love we have shown toward His name in having ministered and continuing to minister to the saints. 因为　神并不是不公义，以致忘记了你们的工作，和你们为他的名所表现的爱心，就是你们以前服事圣徒，现在还是服事他们。 (Hebrews 6:10)

Day 13

**The Attributes of God**

The Lord is upright; He is my Rock, and there is no unrighteousness in Him. 好显明耶和华是正直的；他是我的磐石，在他里面没有不义。 (Psalm 92:15)

O Lord of hosts, You judge righteously and test the heart and mind; to You I have committed my cause. 但万军之耶和华啊！你是凭公义审判人，试验人肺腑和心肠的。求你让我看见你在他们身上施行的报复，因为我已经把我的案件向你陈明了。 (Jeremiah 11:20)

**The Works of God**

Blessed are the dead who die in the Lord from now on. They will rest from their labor, for their works will follow them. 我听见从天上有声音说：“你要写下来！从今以后，那在主里死去的人有福了！”圣灵说：“是的，他们脱离自己的劳苦，得享安息了，他们的作为也随着他们。” (Revelation 14:13)

There will be a new heaven and a new earth, for the first heaven and the first earth will pass away, and there will no longer be any sea. 我又看见一个新天新地，因为先前的天地都过去了，海也再没有了。 (Revelation 21:1)

**My Relationship to God**

Your grace is sufficient for me, for Your power is made perfect in weakness. Therefore, I will boast all the more gladly in my weaknesses, that the power of Christ may rest upon me. Therefore, I can be content in weaknesses, in insults, in hardships, in persecutions, in difficulties, for Christ’s sake. For when I am weak, then I am strong. 他却对我说：“我的恩典是够你用的，因为我的能力在人的软弱上显得完全。”所以，我更喜欢夸自己的软弱，好让基督的能力临到我的身上。  因此，我为基督的缘故，就以软弱、凌辱、艰难、迫害、困苦为喜乐，因为我什么时候软弱，什么时候就刚强了。 (2 Corinthians 12:9-10)

Since I have a great high priest who has passed through the heavens, Jesus the Son of God, I will hold firmly to the faith I confess. For I do not have a high priest who is unable to sympathize with my weaknesses, but one who has been tempted in every way, just as I am, yet without sin. Therefore, I will approach the throne of grace with confidence, so that I may receive mercy and find grace to help in time of need. 我们既然有一位伟大的、经过了众天的大祭司，就是　神的儿子耶稣，就应该坚持所宣认的信仰。  因为我们的大祭司并不是不能同情我们的软弱，他像我们一样，也曾在各方面受过试探，只是他没有犯罪。  所以，我们只管坦然无惧地来到施恩的宝座前，为的是要领受怜悯，得到恩惠，作为及时的帮助。 (Hebrews 4:14-16)

**The Character I Want to Cultivate**

Better is open rebuke than love that is concealed. 坦白的责备，胜过暗中的爱。 (Proverbs 27:5)

Faithful are the wounds of a friend, but the kisses of an enemy are deceitful. 爱你的人加的创伤是出于忠诚；恨你的人却与你连连亲嘴。 (Proverbs 27:6)

**My Relationship to Others**

I will put away all bitterness and anger and wrath and shouting and slander, along with all malice. And I will be kind and compassionate to others, forgiving them just as God in Christ also forgave me. 一切苛刻、恼怒、暴戾、嚷闹、毁谤，连同一切恶毒，都应当从你们中间除掉。  要互相友爱，存温柔的心，彼此饶恕，就像　神在基督里饶恕了你们一样。 (Ephesians 4:31-32)

I will not slander other believers. Anyone who slanders his brother or judges his brother slanders the law and judges the law. When I judge the law, I am not a doer of the law, but a judge. There is only one Lawgiver and Judge, the One who is able to save and to destroy. Who am I to judge my neighbor? 弟兄们，不要互相毁谤；人若毁谤弟兄，或判断弟兄，就是毁谤律法、判断律法了。如果你判断律法，就不是实行律法的人，而是审判官了。  立法的，审判的，只有一位，就是那能拯救人，也能毁灭人的　神；你这判断邻舍的，你是谁呢？ (James 4:11-12)

Day 14

**The Attributes of God**

Jesus is in the Father, and the Father is in Him. He spoke the words of His Father and did the works of His Father who dwells in Him. He claimed to be in the Father and the Father in Him and proved it through His works. 你不信我是在父里面，父是在我里面吗？我对你们说的话，不是凭着自己说的，而是住在我里面的父作他自己的事。  你们应当信我是在父里面，父是在我里面；不然，也要因我所作的而相信。 (John 14:10-11)

Jesus is my Lord and my God. 多马对他说：“我的主！我的　神！” (John 20:28)

**The Works of God**

God is able to do immeasurably more than all that we ask or think, according to His power that is at work within us. To Him be glory in the church and in Christ Jesus throughout all generations, for ever and ever. 愿荣耀归给　神，就是归给那能照着运行在我们里面的大能，充充足足地成就一切，超过我们所求所想的。  愿荣耀在教会中和基督耶稣里归给他，直到万代，永世无穷。阿们。 (Ephesians 3:20-21)

The mystery that has been kept hidden for ages and generations is now disclosed to the saints. To them God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory. 　神愿意使他们知道这奥秘在外族人中有多么荣耀的丰盛，这奥秘就是基督在你们里面成了荣耀的盼望。 (Colossians 1:26-27)

**My Relationship to God**

The greatest among us should be like the youngest, and the one who rules like the one who serves. For who is greater, the one who is at the table or the one who serves? Is it not the one who is at the table? But Jesus came among us as the One who serves. 但你们却不要这样；你们中间最大的，应当像最小的；作首领的，应当像服事人的。  哪一个大呢？是坐着吃喝的还是服事人的呢？不是坐着吃喝的吗？然而我在你们中间，如同服事人的。 (Luke 22:26-27)

If anyone serves You, he must follow You; and where You are, Your servant also will be. If anyone serves You, the Father will honor him. 如果有人服事我，就应当跟从我；我在哪里，服事我的人也会在哪里；如果有人服事我，我父必尊重他。 (John 12:26)

**The Character I Want to Cultivate**

I will not trust in myself or in my own righteousness, nor will I view others with contempt. 耶稣向那些自恃为义、轻视别人的人，讲了这个比喻： (Luke 18:9)

I will be of the same mind with others; I will not be haughty in mind or wise in my own estimation, but I will associate with the humble. 要彼此同心，不可心高气傲，倒要俯就卑微的。不可自以为聪明。 (Romans 12:16)

**My Relationship to Others**

We should love one another, for love is from God, and everyone who loves has been born of God and knows God. Whoever does not love does not know God, for God is love. 亲爱的，我们应当彼此相爱，因为爱是从　神那里来的。凡是爱人的，都是从　神生的，并且认识　神。  不爱人的，就不认识　神，因为　神就是爱。 (1 John 4:7-8)

We love, because God first loved us. If anyone says, “I love God,” and hates his brother, he is a liar; for the one who does not love his brother whom he has seen, cannot love God whom he has not seen. And we have this commandment from Him: that the one who loves God must also love his brother. 我们爱，因为　神先爱我们。  人若说“我爱　神”，却恨他的弟兄，就是说谎的。不爱看得见的弟兄，就不能爱看不见的　神。  爱　神的，也应当爱弟兄，这就是我们从　神领受的命令。 (1 John 4:19-21)

Day 15

**The Attributes of God**

The Lord of hosts has sworn, “Surely, as I have thought, so it will be, and as I have purposed, so it will stand. For the Lord of hosts has purposed, and who can annul it? His hand is stretched out, and who can turn it back? 万军之耶和华起了誓，说：“我怎样想，事就怎样成就；我怎样计划，事就怎样立定，  因为万军之耶和华决定的事，谁能阻拦呢？他的手伸了出来，谁能使他收回呢？ (Isaiah 14:24, 27)

You are the Lord, and there is no savior besides You. From ancient days You are He, and no one can deliver out of Your hand; You act, and who can reverse it? 唯有我是耶和华；除我以外，并没有拯救者。  自头一天以来，我就是‘那位’；谁也不能救人脱离我的手；我要行事，谁能拦阻呢？” (Isaiah 43:11, 13)

**The Works of God**

God gives life to the dead and calls into being things that do not exist. 如经上所记：“我已经立了你作万国的父。”他所信的，是叫死人得生命、使无变为有的　神。 (Romans 4:17)

The whole family in heaven and on earth derives its name from the God and Father of our Lord Jesus Christ. 因此，我在父面前屈膝，  （天上地上所有的家族都是由他命名的，） (Ephesians 3:14-15)

**My Relationship to God**

I do not lose heart; even though my outward man is perishing, yet my inner man is being renewed day by day. For this light affliction which is momentary is working for me a far more exceeding and eternal weight of glory, while I do not look at the things which are seen but at the things which are unseen. For the things which are seen are temporary, but the things which are unseen are eternal. 所以，我们并不沮丧，我们外面的人虽然渐渐朽坏，但里面的人却日日更新，  因为我们短暂轻微的患难，是要为我们成就极大无比、永远的荣耀。  我们所顾念的，不是看得见的，而是看不见的；因为看得见的是暂时的，看不见的是永远的。 (2 Corinthians 4:16-18)

My citizenship is in heaven, from which I also eagerly await a Savior, the Lord Jesus Christ, who will transform my lowly body and conform it to His glorious body, according to the exertion of His ability to subject all things to Himself. 但我们是天上的公民，切望救主，就是主耶稣基督，从天上降临；  他要运用那使万有归服自己的大能，改变我们这卑贱的身体，和他荣耀的身体相似。 (Philippians 3:20-21)

**The Character I Want to Cultivate**

I will be anxious for nothing, but in everything by prayer and petition with thanksgiving, I will let my requests be known to God. And the peace of God, which transcends all understanding, will guard my heart and my mind in Christ Jesus. 应当毫无忧虑，只要凡事借着祷告祈求，带着感恩的心，把你们所要的告诉　神。  这样，　神所赐超过人能了解的平安，必在基督耶稣里，保守你们的心思意念。 (Philippians 4:6-7)

I will let the peace of Christ rule in my heart, to which I was called as a member of one body, and I will be thankful. 又要让基督的平安在你们心里作主；你们蒙召归为一体，也是为了这个缘故。你们要有感谢的心。 (Colossians 3:15)

**My Relationship to Others**

I will give to all what they are due: taxes to whom taxes are due, custom to whom custom, respect to whom respect, honor to whom honor. 你们要向各人清还所欠的；应当纳税的，就要给他纳税；应当进贡的，就给他进贡；应当敬畏的，就敬畏他；应当尊敬的，就尊敬他。 (Romans 13:7)

I will honor all people, love the brotherhood of believers, fear God, and honor the king. (1 Peter 2:17)

Day 16

**The Attributes of God**

I will express the memory of Your abundant goodness and joyfully sing of Your righteousness. The Lord is gracious and compassionate, slow to anger, and great in lovingkindness. The Lord is good to all, and His tender mercies are over all His works. 他们要传述你可记念、至善的名，也要歌唱你的公义。  耶和华有恩典有怜悯，不轻易发怒，大有慈爱。  耶和华善待万有，他的怜悯临到他一切所造的。 (Psalm 145:7-9)

The Lord is not slow concerning His promise, as some count slowness, but is patient with us, not wanting anyone to perish, but for all to come to repentance. 主决不耽延他的应许，像有些人以为他是耽延的一样；其实他是宽容你们，不愿有一人灭亡，却愿人人都悔改。 (2 Peter 3:9)

**The Works of God**

You, Lord God, take no pleasure in the death of the wicked but rather that the wicked turn from their ways and live. 难道我喜悦恶人死亡吗？我不是喜悦他回转离开他所行的而存活吗？这是主耶和华的宣告。 (Ezekiel 18:23; 33:11)

Jesus said, “It is not the healthy who need a physician, but those who are sick.” He did not come to call the righteous, but sinners. 耶稣听见了，就说：“健康的人不需要医生，有病的人才需要，  ‘我喜爱怜悯，不喜爱祭祀’，你们去想一想这话的意思吧。我来不是要召义人，而是要召罪人。” (Matthew 9:12-13)

**My Relationship to God**

I am confident of this, that He who began a good work in me will carry it on to completion until the day of Christ Jesus. 我深信那在你们中间开始了美好工作的，到了基督耶稣的日子，必成全这工作。 (Philippians 1:6)

The God of all grace, who called me to His eternal glory in Christ, after I have suffered a little while, will Himself perfect, confirm, strengthen, and establish me. 但满有恩典的　神，就是在基督里召你们进入他永远荣耀的那一位，在你们受了短暂的苦难之后，必定亲自成全你们，坚固你们，赐力量给你们，建立你们。 (1 Peter 5:10)

**The Character I Want to Cultivate**

A hot-tempered man stirs up dissension, but he who is slow to anger calms a quarrel. 脾气暴烈的人常引起纷争；不轻易动怒的可平息争执。 (Proverbs 15:18)

Everyone should be quick to hear, slow to speak, and slow to anger, for the anger of man does not produce the righteousness of God. 我亲爱的弟兄们，你们要知道，人人都应该快快地听，慢慢地说，慢一点动怒；  因为人的忿怒并不能成全　神的义。 (James 1:19-20)

**My Relationship to Others**

Fathers should not provoke their children to wrath but bring them up in the discipline and instruction of the Lord. 你们作父亲的，不要激怒儿女，却要照着主的教训和劝戒，养育他们。 (Ephesians 6:4)

Fathers should not provoke their children, or they will become discouraged. 你们作父亲的，不要激怒儿女，免得他们灰心丧志。 (Colossians 3:21)

Day 17

**The Attributes of God**

Jesus is the Christ, the Son of God, who came into the world. 她说：“主啊，我信；我已经信了，你是基督，是　神的儿子，是那要到世上来的。” (John 11:27)

Anyone who has seen Jesus has seen the Father. 耶稣说：“腓力，我跟你们在一起这么久了，你还不认识我吗？那看见了我的就是看见了父，你怎么还说‘把父显示给我们’呢？ (John 14:9)

**The Works of God**

Jesus Christ is the faithful witness, the firstborn from the dead, and the ruler of the kings of the earth. To Him who loves us and has freed us from our sins by His blood and has made us to be a kingdom and priests to serve His God and Father; to Him be glory and power for ever and ever. 又从那信实的见证人、死人中首先复生的、地上众君王的统治者耶稣基督临到你们。他爱我们，用自己的血把我们从我们的罪中释放出来，  又使我们成为国度，作他父　神的祭司。愿荣耀权能都归给他，直到永永远远。阿们。 (Revelation 1:5-6)

You are worthy to take the scroll and to open its seals, because You were slain, and with Your blood You purchased men for God from every tribe and language and people and nation. You have made them to be a kingdom and priests to serve our God, and they will reign on the earth. 他们唱着新歌，说：“你配取书卷，配拆开封印，因为你曾被杀，曾用你的血，从各支派、各方言、各民族、各邦国，把人买了来归给　神，  使他们成为我们　神的国度和祭司，他们要在地上执掌王权。” (Revelation 5:9-10)

**My Relationship to God**

You are the door; whoever enters through You will be saved and will come in and go out and find pasture. The thief comes only to steal and kill and destroy; You have come that we may have life and have it abundantly. 我就是门，如果有人借着我进来，就必定得救，并且可以出、可以入，也可以找到草场。  贼来了，不过是要偷窃、杀害、毁坏；我来了，是要使羊得生命，并且得的更丰盛。 (John 10:9-10)

Your sheep hear Your voice, and You know them, and they follow You. You give them eternal life, and they shall never perish; no one can snatch them out of Your hand. The Father, who has given them to You, is greater than all; no one can snatch them out of the Father’s hand. (John 10:27-29)

**The Character I Want to Cultivate**

I will fight the good fight, finish the race, and keep the faith, so that there will be laid up for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day; and not only to me, but also to all who have longed for His appearing. 那美好的仗我已经打过了，当跑的路我已经跑尽了，所持的信仰我已经守住了。  从此以后，有公义的冠冕为我存留，就是按公义审判的主在那日要赏给我的；不但赏给我，也赏给所有爱慕他显现的人。 (2 Timothy 4:7-8)

Since I have a great cloud of witnesses surrounding me, I want to lay aside every impediment and the sin that so easily entangles, and run with endurance the race that is set before me, fixing my eyes on Jesus, the author and perfecter of my faith, who for the joy set before Him endured the cross, despising the shame, and sat down at the right hand of the throne of God. I will consider Him who endured such hostility from sinners, so that I will not grow weary and lose heart. 所以，我们既然有这么多的见证人，像云彩围绕着我们，就应该脱下各样的拖累，和容易缠住我们的罪，以坚忍的心奔跑那摆在我们面前的赛程；  专一注视耶稣，就是我们信心的创始者和完成者。他因为那摆在面前的喜乐，就忍受了十字架，轻看了羞辱，现在就坐在　神宝座的右边。  这位忍受罪人那样顶撞的耶稣，你们要仔细思想，免得疲倦灰心。 (Hebrews 12:1-3)

**My Relationship to Others**

We should always pray for other believers, that our God may count them worthy of His calling and fulfill every desire for goodness and every work of faith with power. 因此，我们常常为你们祷告，愿我们的　神看你们是配得上所蒙的召，又用大能成就你们所羡慕的一切良善和信心的工作， (2 Thessalonians 1:11)

We should ask that the name of our Lord Jesus may be glorified in others, and they in Him, according to the grace of our God and the Lord Jesus Christ. 使我们主耶稣的名，照着我们的　神和主耶稣基督的恩，在你们身上得着荣耀，你们也在他身上得着荣耀。 (2 Thessalonians 1:12)

Day 18

**The Attributes of God**

Though the Lord is on high, yet He looks upon the lowly, but the proud He knows from afar. 耶和华虽然高高在上，仍然看顾卑微的人；他却从远处认出骄傲的人。 (Psalm 138:6)

I know, O Lord, that a man’s way is not his own; it is not in a man who walks to direct his steps. 耶和华啊！我知道人的道路是不由自己的；人行走时，也不能确定自己的脚步。 (Jeremiah 10:23)

**The Works of God**

You answer us with awesome deeds of righteousness, O God of our salvation, You who are the hope of all the ends of the earth and of the farthest seas; You formed the mountains by Your strength, having armed Yourself with power; and You stilled the roaring of the seas, the roaring of their waves, and the tumult of the peoples. 拯救我们的　神啊！你必充满威严，按公义应允我们；你本是一切地极和海洋远处的人所倚靠的。  你以大能束腰，用自己的力量坚立众山。  你平息了海洋的洪涛和澎湃的巨浪，以及万民的喧哗。 (Psalm 65:5-7)

Christ is the image of the invisible God, the firstborn over all creation. For by Him all things were created that are in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities; all things were created by Him and for Him. And He is before all things, and in Him all things hold together. 这爱子是那看不见的　神的形象，是首先的，在一切被造的之上。  因为天上地上的万有：看得见的和看不见的，无论是坐王位的，或是作主的，或是执政的，或是掌权的，都是本着他造的；万有都是借着他，又是为着他而造的。  他在万有之先；万有也一同靠着他而存在。 (Colossians 1:15-17)

**My Relationship to God**

If God is for me, who can be against me? He who did not spare His own Son, but delivered Him up for us all, how will He not, also with Him, freely give us all things? 既是这样，我们对这一切还有什么话说呢？　神若这样为我们，谁能敌对我们呢？  他连自己的儿子都舍得，为我们众人把他交出来，难道不也把万有和他一同白白地赐给我们吗？ (Romans 8:31-32)

God’s divine power has given me all things that pertain to life and godliness, through the knowledge of Him who called me by His own glory and virtue. Through these He has given me His very great and precious promises, so that through them I may be a partaker of the divine nature, having escaped the corruption that is in the world by lust. 　神以他神圣的能力，因着我们确实认识那位用自己的荣耀和美善呼召我们的，把一切有关生命和敬虔的事，都赐给了我们。  借着这些，他把又宝贵又极大的应许赐给了我们，好叫你们既然逃脱世上因私欲而来的败坏，就可以分享　神的本性。 (2 Peter 1:3-4)

**The Character I Want to Cultivate**

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. 爱慕公义如饥如渴的人有福了，因为他们必得饱足。 (Matthew 5:6)

The kingdom of God is not a matter of eating and drinking, but of righteousness and peace and joy in the Holy Spirit. 因为　神的国不在于吃喝，而在于公义、和睦，以及圣灵里的喜乐。 (Romans 14:17)

**My Relationship to Others**

May the Lord make me increase and abound in my love for believers and for unbelievers. 又愿主叫你们彼此相爱的心，和爱众人的心，都充充足足，多而又多，好像我们爱你们一样。 (1 Thessalonians 3:12)

The one who loves his brother abides in the light, and there is no cause for stumbling in him. But the one who hates his brother is in the darkness and walks in the darkness and does not know where he is going, because the darkness has blinded his eyes. 凡是爱弟兄的，就是住在光明中，在光明中他就不会跌倒。  凡是恨弟兄的，就是在黑暗里，也在黑暗里行事。他不知道往哪里去，因为黑暗弄瞎了他的眼睛。 (1 John 2:10-11)

Day 19

**The Attributes of God**

I will enter the Lord’s gates with thanksgiving and His courts with praise; I will give thanks to Him and bless His name. For the Lord is good and His lovingkindness endures forever; His faithfulness continues through all generations. 应当充满感恩进入他的殿门，满口赞美进入他的院子；要感谢他，称颂他的名。  因为耶和华本是美善的，他的慈爱存到永远，他的信实直到万代。 (Psalm 100:4-5)

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all comfort. 我们主耶稣基督的父　神是应当称颂的。他是满有怜悯的父，赐各样安慰的　神。 (2 Corinthians 1:3)

**The Works of God**

You save the humble but bring low those whose eyes are haughty. 谦卑的人，你要拯救；高傲的眼睛，你要贬低。 (Psalm 18:27)

The Lord guides the humble in what is right and teaches the humble His way. 他必引导谦卑的人行正义，把他的道路教导谦卑的人。 (Psalm 25:9)

**My Relationship to God**

I have set the Lord always before me; because He is at my right hand, I will not be shaken. Therefore my heart is glad, and my glory rejoices; my body also will rest in hope. You will make known to me the path of life; in Your presence is fullness of joy; in Your right hand are pleasures forever. 我常常把耶和华摆在我面前，因他在我右边，我必不会动摇。  为此我的心快乐，我的灵（“灵”或译：“荣耀”或“肝”；与30:12，57:8，108:1同）欢欣，我的肉身也必安然居住。  你必把生命的路指示我，在你面前有满足的喜乐，在你的右手中有永远的福乐。 (Psalm 16:8-9, 11)

“The Lord is my portion,” says my soul, “therefore I will wait for Him.” The Lord is good to those who wait for Him, to the soul who seeks Him. It is good to hope silently for the salvation of the Lord. 我心里说：“耶和华是我的业分，所以，我必仰望他。”  耶和华善待等候他的和心里寻求他的人。  安静等候耶和华的救恩，是多么的美好！ (Lamentations 3:24-26)

**The Character I Want to Cultivate**

The waywardness of the simple will kill them, and the complacency of fools will destroy them; but whoever listens to wisdom will live securely and be at ease from the fear of evil. 愚蒙人的背道必杀害他们自己，愚昧人的安逸必毁灭他们自己；  唯有听从我的，必安然居住，得享安宁，免受灾祸的惊恐。” (Proverbs 1:32-33)

He who trusts in his own heart is a fool, but he who walks in wisdom will be delivered. 自恃聪明的，是愚昧人；凭着智慧行事的，必蒙拯救。 (Proverbs 28:26)

**My Relationship to Others**

An anxious heart weighs a man down, but a good word makes him glad. 心中忧虑，使人消沉；一句良言使他欢喜。 (Proverbs 12:25)

God comforts us in all our afflictions, so that we can comfort those in any affliction with the comfort we ourselves have received from God. 我们在一切患难中，　神都安慰我们，使我们能用他所赐的安慰，去安慰那些在各样患难中的人。 (2 Corinthians 1:4)

Day 20

**The Attributes of God**

In his heart a man plans his way, but the Lord determines his steps. 人心计划自己的道路，他的脚步却由耶和华指引。 (Proverbs 16:9)

Many are the plans in a man’s heart, but it is the counsel of the Lord that will stand. 人心里的谋算很多，唯有耶和华的计划能实现。 (Proverbs 19:21)

**The Works of God**

In the past God spoke to the fathers through the prophets at many times and in various ways, but in these last days He has spoken to us by His Son, whom He appointed heir of all things, and through whom He made the universe. 　神在古时候，曾经多次用种种方法，借着先知向我们的祖先说话；  在这末后的日子，却借着他的儿子向我们说话。　神已经立他作万有的承受者，并且借着他创造了宇宙（“宇宙”或译：“诸世界”或“众世代”）。 (Hebrews 1:1-2)

By faith I understand that the universe was formed by the word of God, so that what is seen was not made out of things which are visible. 因着信，我们就明白宇宙（“宇宙”或译：“诸世界”或“众世代”）是因着　神的话造成的。这样，那看得见的就是从那看不见的造出来的。 (Hebrews 11:3)

**My Relationship to God**

To me, to live is Christ and to die is gain. 因为我活着就是基督，我死了就有益处。 (Philippians 1:21)

Whatever was gain to me I now consider loss for the sake of Christ. What is more, I consider all things loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have suffered the loss of all things and consider them rubbish, that I may gain Christ and be found in Him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith. 然而以前对我有益的，现在因着基督的缘故，我都当作是有损的。  不但这样，我也把万事当作是有损的，因为我以认识我主基督耶稣为至宝。为了他，我把万事都拋弃了，看作废物，为了要得着基督。  并且得以在他里面，不是有自己因律法而得的义，而是有因信基督而得的义，就是基于信心，从　神而来的义， (Philippians 3:7-9)

**The Character I Want to Cultivate**

I will flee from sexual immorality. All other sins a man commits are outside his body, but the immoral person sins against his own body. 你们要逃避淫乱的事。人所犯的，无论是什么罪，都是在身体以外，唯有行淫乱的，是触犯自己的身体。 (1 Corinthians 6:18)

I will consider the members of my earthly body as dead to immorality, impurity, passion, evil desires, and greed, which is idolatry. Because of these, the wrath of God is coming, and in them I once walked when I lived in them. 所以要治死你们在地上的肢体，就如淫乱、污秽、邪情、恶欲和贪心，贪心就是拜偶像。  因着这些事，　神的忿怒必要临到悖逆的人（有些抄本无“悖逆的人”）。  你们从前在其中生活的时候，也曾经这样行过。 (Colossians 3:5-7)

**My Relationship to Others**

If we have any encouragement from being united with Christ, if any comfort from His love, if any fellowship of the Spirit, if any affection and compassion, we should also be like-minded, having the same love, being one in spirit and one in purpose. 所以，你们在基督里若有什么劝勉，有什么爱心的安慰，有什么灵里的契通，有什么慈悲和怜悯，  就应当有同样的思想，同样的爱心，要心志相同，思想一致，使我充满喜乐。 (Philippians 2:1-2)

We should all be of one mind and be sympathetic, loving as brothers, compassionate, and humble. 总括来说，你们要彼此同心，互相体恤，亲爱像弟兄，满有温柔，存心谦卑。 (1 Peter 3:8)

Day 21

**The Attributes of God**

Your merciful love is higher than the heavens, and Your truth reaches to the skies. 因为你的慈爱伟大，高及诸天；你的信实上达云霄。 (Psalm 108:4)

I will give thanks to the God of heaven, for His merciful love endures forever. 你们要称谢天上的　神，因为他的慈爱永远长存。 (Psalm 136:26)

**The Works of God**

Jesus rejoiced in the Holy Spirit, and said, “I praise You, Father, Lord of heaven and earth, because You have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this was well-pleasing in Your sight. All things have been delivered to Me by My Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal Him.” 就在那时候，耶稣说：“父啊，天地的主，我赞美你，因为你把这些事向智慧和聪明的人隐藏起来，却向婴孩显明。  父啊，是的，这就是你的美意。  我父已经把一切交给我；除了父没有人认识子，除了子和子所愿意启示的人，没有人认识父。 就在这时候，耶稣因圣灵而欢乐，说：“父啊，天地的主，我赞美你，因为你把这些事向智慧和聪明的人隐藏起来，却向婴孩显明。父啊，是的，这就是你的美意。  我父已经把一切交给我；除了父没有人知道子是谁，除了子和子所愿意启示的人，也没有人知道父是谁。” (Matthew 11:25-27; Luke 10:21-22)

Jesus preached the gospel of the kingdom of God, and said, “The time is fulfilled, and the kingdom of God is at hand. Repent and believe the good news.” 约翰被捕以后，耶稣来到加利利，宣讲　神的福音，  说：“时候到了，　神的国近了，你们应当悔改，相信福音。” (Mark 1:14-15)

**My Relationship to God**

I believe that Jesus is the Christ, the Son of God, and by believing, I have life in His name. 但把这些事记下来，是要你们信耶稣是基督，是　神的儿子，并且使你们信了，可以因他的名得生命。 (John 20:31)

If I confess with my mouth the Lord Jesus and believe in my heart that God raised Him from the dead, I will be saved. For it is with my heart that I believe unto righteousness, and it is with my mouth that I confess unto salvation. As the Scripture says, “Whoever trusts in Him will not be put to shame.” 你若口里认耶稣为主，心里信　神使他从死人中复活，就必得救；  因为心里相信就必称义，用口承认就必得救。  经上说：“所有信靠他的人，必不致失望。” (Romans 10:9-11)

**The Character I Want to Cultivate**

Let him who thinks he stands take heed lest he fall. 所以，那自以为站得稳的，应当谨慎，免得跌倒。 (1 Corinthians 10:12)

I do not dare to classify or compare myself with other people, for it is unwise to measure or compare myself with others. I will not boast beyond proper limits but within the sphere of the gospel of Christ. “Let him who boasts boast in the Lord.” For it is not the one who commends himself who is approved, but the one whom the Lord commends. (2 Corinthians 10:12-14, 17-18)

**My Relationship to Others**

I will remind others to be subject to rulers and authorities, to be obedient, to be ready for every good work, to slander no one, to be peaceable and gentle, and to show true humility toward all men. (Titus 3:1-2)

Young men should be submissive to those who are older, and all of us should clothe ourselves with humility toward one another, for “God opposes the proud but gives grace to the humble.” 照样，你们青年人要顺服年长的。就是你们各人也要彼此以谦卑为装束，因为“　神敌挡骄傲的人，赐恩给谦卑的人。” (1 Peter 5:5)

Day 22

**The Attributes of God**

Ah, Lord God! You have made the heavens and the earth by Your great power and outstretched arm. Nothing is too difficult for You. You are the great and mighty God, whose name is the Lord of hosts. You are great in counsel and mighty in deed, and Your eyes are open to all the ways of the sons of men; You reward everyone according to his ways and according to the fruit of his deeds. ‘主耶和华啊！你看，你曾用大能和伸出来的膀臂创造了天地；在你并没有难成的事。  你向千万人施慈爱，又把父亲的罪孽都报应在他们的儿女身上。你是伟大、有能力的　神，万军之耶和华是你（“你”原文作“他”）的名。  你的计划伟大，你的作为满有能力；你的眼睛睁开，察看世人一切所行的，要照着各人的行为，和各人所作的事应得的结果来报应各人。 (Jeremiah 32:17-19)

The word of God is living and active and sharper than any double-edged sword, piercing even to the dividing of soul and spirit and of joints and marrow, and it judges the thoughts and attitudes of the heart. And there is no creature hidden from His sight, but everything is uncovered and laid bare before the eyes of Him to whom we must give account. (Hebrews 4:12-13)

**The Works of God**

By the word of God the heavens existed long ago and the earth was formed out of water and by water. By these waters also the world of that time was deluged and destroyed. By the same word the present heavens and earth are reserved for fire, being kept for the day of judgment and destruction of ungodly men. 他们故意忘记这事：在太古的时候，因着　神的话，就有了天，和从水而出、借水而成的地。  当时的世界，因被水淹没而消灭了。  但现在的天地，还是因着同样的话可以存留，直到不敬虔的人受审判和遭灭亡的日子，用火焚烧。 (2 Peter 3:5-7)

You are worthy, our Lord and God, to receive glory and honor and power, for You created all things, and by Your will they were created and have their being. “主、我们的　神，你是配得荣耀、尊贵、权能的，因为你创造了万有，万有都是因着你的旨意而存在，而被造的。” (Revelation 4:11)

**My Relationship to God**

From everyone who has been given much, much will be required, and from the one who has been entrusted with much, much more will be asked. 但那不知道的，虽然作了该受责打的事，也必少受责打。多给谁就向谁多取，多托谁就向谁多要。 (Luke 12:48)

As a servant of Christ and a steward of His possessions, it is required that I be found faithful. 这样，人应该把我们看作基督的仆人，　神奥秘的事的管家。  对于管家的要求，就是要他忠心。 (1 Corinthians 4:1-2)

**The Character I Want to Cultivate**

I will covet no one’s money or possessions. 我从来没有贪图任何人的金银或衣服。 (Acts 20:33)

Godliness with contentment is great gain. For I brought nothing into the world, and I can take nothing out of it. But if I have food and clothing, with these I will be content. 其实敬虔而又知足，就是得大利的途径，  因为我们没有带什么到世上来，也不能带什么去。  只要有衣有食，就应当知足。 (1 Timothy 6:6-8)

**My Relationship to Others**

I will remember those who led me, who spoke the word of God to me. I will consider the outcome of their way of life and imitate their faith. 你们要记念那些领导过你们，把　神的道传给你们的人；你们要观察他们一生的成果，要效法他们的信心。 (Hebrews 13:7)

I will obey those who lead me and submit to them, for they keep watch over my soul as those who must give an account. I will obey them, so that they may do this with joy and not with grief, for this would be unprofitable for me. 你们要听从那些领导你们的人，也要顺服他们；因为他们为你们的灵魂警醒，好像要交帐的人一样。你们要使他们交帐的时候快快乐乐，不至于叹息；如果他们叹息，对你们就没有好处了。 (Hebrews 13:17)

Day 23

**The Attributes of God**

The Lord of hosts is wonderful in counsel and great in wisdom. 这也是出于万军之耶和华，他的谋略奇妙，他的智慧广大。 (Isaiah 28:29)

In Christ are hidden all the treasures of wisdom and knowledge. 一切智慧和知识的宝库都蕴藏在基督里面。 (Colossians 2:3)

**The Works of God**

The Lord has said, “If My people who are called by My name will humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.” 这称为我名下的子民，若是谦卑、祷告、寻求我的面，转离他们的恶行，我必从天上垂听，赦免他们的罪，医治他们的地。 (2 Chronicles 7:14)

Blessed is the nation whose God is the Lord, the people whom He has chosen for His inheritance. 以耶和华为　神的，那国是有福的；耶和华拣选作自己产业的，那民是有福的。 (Psalm 33:12)

**My Relationship to God**

I know that if my earthly house, or tent, is destroyed, I have a building from God, a house not made with hands, eternal in the heavens. For in this house I groan, longing to be clothed with my heavenly dwelling, because when I am clothed, I will not be found naked. For while I am in this tent, I groan, being burdened, because I do not want to be unclothed but to be clothed, so that what is mortal may be swallowed up by life. Now it is God who has made me for this very purpose and has given me the Spirit as a guarantee. 我们知道，如果我们在地上的帐棚拆毁了，我们必得着从　神而来的居所。那不是人手所造的，而是天上永存的房屋。  我们现今在这帐棚里面叹息，渴望迁到那天上的住处，好像换上新的衣服；  如果穿上了，就不会赤身出现了。  我们这些在帐棚里面的人，劳苦叹息，是由于不愿意脱去这个，却愿意穿上那个，使这必死的被生命吞灭。  那在我们身上完成了工作，使我们达成这目标的，就是　神。他已经把圣灵赐给我们作凭据。 (2 Corinthians 5:1-5)

I make it my ambition to please the Lord, whether I am at home in the body or away from it. For we must all appear before the judgment seat of Christ, that each one may receive what is due for the things done while in the body, whether good or bad. 因此，我们立定志向，无论住在身内或是与身体分开，都要讨主的喜悦。  因为我们众人都必须在基督的审判台前显露出来，使各人按着本身所行的，或善或恶，受到报应。 (2 Corinthians 5:9-10)

**The Character I Want to Cultivate**

I will watch and pray so that I will not fall into temptation; the spirit is willing, but the flesh is weak. 应当警醒、祷告，免得陷入试探；你们心灵虽然愿意，肉体却是软弱的。” (Matthew 26:41)

I will devote myself to prayer, being watchful in it with thanksgiving. 你们要恒切祷告，在祷告的时候存着感恩的心警醒； (Colossians 4:2)

**My Relationship to Others**

I will obey those who are in authority over me in all things, not with external service as a pleaser of men, but with sincerity of heart, fearing the Lord. Whatever I do, I will work at it with all my heart, as to the Lord and not to men, knowing that I will receive the reward of the inheritance from the Lord. It is the Lord Christ I am serving. 你们作仆人的，要凡事听从世上的主人，作事不要只作给人看，像那些讨人欢心的一样，却要以真诚的心敬畏主。  无论你们作什么，都要从心里去作，像是为主作的，不是为人作的，  因为你们知道，你们一定会从主那里得到基业为赏赐。你们应当服事主基督， (Colossians 3:22-24)

I will provide my subordinates with what is just and fair, knowing that I also have a Master in heaven. 你们作主人的，要公平地对待仆人，因为知道你们也有一位主在天上。 (Colossians 4:1)

Day 24

**The Attributes of God**

The Most High is sovereign over the kingdoms of men and gives them to whomever He wishes and sets over them the lowliest of men. I will bless the Most High and praise and honor Him who lives forever. His dominion is an eternal dominion, and His kingdom endures from generation to generation. He regards all the inhabitants of the earth as nothing, and does as He pleases with the host of heaven and the inhabitants of the earth. No one can hold back His hand or say to Him: “What have You done?” I praise, exalt, and honor the King of heaven, for all His works are true, and all His ways are just, and He is able to humble those who walk in pride. 这是守望者宣告的裁决，是圣者颁布的决定，好使世人都知道：至高者在世人的国中掌权，他喜欢把国赐给谁，就赐给谁，甚至立最卑微的人执掌国权。  “七年的日子满了，我尼布甲尼撒举目望天，我的理智恢复过来，我就称颂至高者，赞美尊崇活到永远的　神。他的统治永无穷尽，他的国度直到万代。  地上所有的居民，在他来说都是虚无；在天上的万军中，他凭自己的意旨行事；在地上的居民中，也是这样；没有人能拦住他的手，或问他说：‘你作什么？’  现在我尼布甲尼撒赞美、尊崇、荣耀天上的王，因为他所作的一切都正确，他所行的也都公平；行为骄傲的，他都能贬低。” (Daniel 4:17, 34-35, 37)

All authority in heaven and on earth has been given to the Son of God. 耶稣上前来，对他们说：“天上地上一切权柄都赐给我了。 (Matthew 28:18)

**The Works of God**

He who comes from above is above all; he who is from the earth belongs to the earth, and speaks as one from the earth. He who comes from heaven is above all. He whom God has sent speaks the words of God, for He gives the Spirit without limit. “那从天上来的，是在万有之上；从地上来的，是属于地，所讲的也是属于地。那从天上来的，是超越万有之上。  　神所差来的那一位讲　神的话，因为　神把圣灵无限地赐给他。 (John 3:31, 34)

The Father judges no one, but has given all judgment to the Son, that all may honor the Son just as they honor the Father. He who does not honor the Son does not honor the Father who sent Him. 父不审判人，却已经把审判的权柄完全交给子，  使所有的人尊敬子好像尊敬父一样。不尊敬子的，就是不尊敬那差他来的父。 (John 5:22-23)

**My Relationship to God**

The grace of my Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus. 我们主的恩典，随着在基督耶稣里的信心和爱心，在我身上越发增加。 (1 Timothy 1:14)

God has saved me and called me with a holy calling, not according to my works but according to His own purpose and grace. 　神救了我们，以圣召呼召我们，不是按照我们的行为，却是按照他自己的计划和恩典；这恩典是在永世之先，在基督耶稣里赐给了我们的， (2 Timothy 1:9)

**The Character I Want to Cultivate**

I will consider it all joy whenever I fall into various trials, knowing that the testing of my faith produces endurance. And I will let endurance finish its work, so that I may be mature and complete, lacking in nothing. (James 1:2-4)

Blessed is the man who perseveres under trial, because when he has been approved, he will receive the crown of life that God has promised to those who love Him. 能忍受试炼的人，是有福的；因为他经过考验之后，必得着生命的冠冕，这冠冕是主应许给爱他的人的。 (James 1:12)

**My Relationship to Others**

Each of us must put off falsehood and speak truthfully to his neighbor, for we are members of one another. 所以，你们要除掉谎言，各人要与邻舍说真话，因为我们彼此是肢体。 (Ephesians 4:25)

We ought always to thank God for other believers and pray that their faith would grow more and more, and that the love each of them has toward one another would increase. 弟兄们，我们应该常常为你们感谢　神，这是合适的。因为你们的信心格外长进，你们众人彼此相爱的心也在增加。 (2 Thessalonians 1:3)

Day 25

**The Attributes of God**

The Lord is good, a refuge in times of trouble; He knows those who trust in Him. 耶和华是良善的；在患难的时候，他作人的避难所；信靠他的人，他都认识。 (Nahum 1:7)

God is light; in Him there is no darkness at all. 　神是光，在他里面毫无黑暗；这就是我们从他那里听见，现在传给你们的信息。 (1 John 1:5)

**The Works of God**

Jesus did not ask that the Father should take us out of the world, but that He protect us from the evil one. He prayed, “Father, I desire those You have given Me to be with Me where I am, that they may behold My glory, the glory You have given Me because You loved Me before the foundation of the world.” 我不求你使他们离开世界，只求你保守他们脱离那恶者。  父啊，我在哪里，愿你赐给我的人也和我同在哪里，让他们看见你赐给我的荣耀，因为在创立世界以前，你已经爱我了。 (John 17:15, 24)

The Lord told the apostles, “You will receive power when the Holy Spirit comes upon you; and you will be My witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.” 可是圣灵降临在你们身上，你们就必领受能力，并且要在耶路撒冷、犹太全地、撒玛利亚，直到地极，作我的见证人。” (Acts 1:8)

**My Relationship to God**

Since I have been justified by Christ’s blood, much more shall I be saved from God’s wrath through Him. For if, when I was God’s enemy, I was reconciled to Him through the death of His Son, much more, having been reconciled, shall I be saved through His life. And not only this, but I also rejoice in God through my Lord Jesus Christ, through whom I have now received the reconciliation. 所以，我们现在既然因他的血称义，就更要借着他免受　神的忿怒。  我们作仇敌的时候，尚且借着　神儿子的死与他复和，既然复和了，就更要因他的生得救了！  不但这样，我们现在已经借着我们的主耶稣基督与　神复和，也借着他以　神为荣。 (Romans 5:9-11)

God made Him who knew no sin to be sin for me, so that in Him I might become the righteousness of God. 　神使那无罪的替我们成为有罪的，使我们在他里面成为　神的义。 (2 Corinthians 5:21)

**The Character I Want to Cultivate**

I do not want to justify myself in the eyes of men; God knows our hearts, and what is highly esteemed among men is detestable in the sight of God. 耶稣对他们说：“你们在人面前自称为义，　神却知道你们的心；因为人所高举的，　神却看作是可憎恶的。 (Luke 16:15)

I do not want to love praise from men more than praise from God. 因为他们爱人的荣耀，过于爱　神的荣耀。 (John 12:43)

**My Relationship to Others**

“You shall love the Lord your God with all your heart and with all your soul and with all your mind.” This is the first and great commandment. And the second is like it: “You shall love your neighbor as yourself.” All the Law and the Prophets hang on these two commandments. 他回答：“你要全心、全性、全意爱主你的　神。  这是最重要的第一条诫命。  第二条也和它相似，就是要爱人如己。  全部律法和先知书，都以这两条诫命作为根据。” (Matthew 22:37-40)

This is God’s commandment: that we believe in the name of His Son, Jesus Christ, and love one another as He commanded us. 　神的命令，就是要我们信他的儿子耶稣基督的名，并且照着他的吩咐彼此相爱。 (1 John 3:23)

Day 26

**The Attributes of God**

You declare the end from the beginning, and from ancient times things that have not yet been done, saying, “My purpose will stand, and I will do all My pleasure.” 我从起初就宣告末后的事，从古时就述说还未作成的事，说：‘我的计划必定成功，我所喜悦的，我都必作成。’ (Isaiah 46:10)

The word that goes forth from Your mouth will not return to You empty but will accomplish what You desire and achieve the purpose for which You sent it. 从我的口所出的话也必这样，必不徒然返回我这里，却要作成我所喜悦的，使它在我差遣它去作的事上必然亨通。 (Isaiah 55:11)

**The Works of God**

The law was added that the transgression might increase. But where sin increased, grace abounded all the more, so that just as sin reigned in death, so also grace might reign through righteousness to bring eternal life through Jesus Christ our Lord. 律法的出现，是要叫过犯增多；然而罪在哪里增多，恩典就更加增多了。  罪借着死掌权；照样，恩典也借着义掌权，使人借着我们的主耶稣基督进入永生。 (Romans 5:20-21)

Christ is the end of the law for righteousness to everyone who believes. 因为律法的终极就是基督，使所有信的人都得着义。 (Romans 10:4)

**My Relationship to God**

The love of Christ compels me, because I am convinced that One died for all, and therefore all died. And He died for all, that those who live should no longer live for themselves but for Him who died for them and was raised again. 原来基督的爱催逼着我们，因为我们断定一个人替众人死了，众人就都死了。  他替众人死了，为的是要使活着的人不再为自己活着，却为那替他们死而复活的主而活。 (2 Corinthians 5:14-15)

When the kindness and love of God my Savior appeared, He saved me, not by works of righteousness which I have done, but according to His mercy. He saved me through the washing of regeneration and renewal by the Holy Spirit whom He poured out on me abundantly through Jesus Christ my Savior, so that having been justified by His grace, I might become an heir according to the hope of eternal life. 然而，到了　神我们的救主显明他的恩慈和怜爱的时候，  他就救了我们，并不是由于我们所行的义，而是照着他的怜悯，借着重生的洗和圣灵的更新。  圣灵就是　神借着我们的救主耶稣基督丰丰富富浇灌在我们身上的，  使我们既然因着他的恩典得称为义，就可以凭着永生的盼望成为后嗣。 (Titus 3:4-7)

**The Character I Want to Cultivate**

There is a way that seems right to a man, but its end is the way of death. 有一条路，人以为是正路，走到尽头却是死亡之路。 (Proverbs 14:12)

I will examine all things, hold fast to the good, and abstain from every form of evil. 凡事都要察验，好的要持守，  各样的恶事要远离。 (1 Thessalonians 5:21-22)

**My Relationship to Others**

I will be hospitable to others without grumbling. 你们要互相接待，不发怨言。 (1 Peter 4:9)

As each of us has received a gift, we should use it to serve others, as good stewards of the manifold grace of God. 你们要作　神各样恩赐的好管家，各人照着所领受的恩赐彼此服事。 (1 Peter 4:10)

Day 27

**The Attributes of God**

The Son of Man will come with the clouds of heaven. In the presence of the Ancient of Days, He will be given dominion and glory and a kingdom, so that all peoples, nations, and men of every language will worship Him. His dominion is an everlasting dominion that will not pass away, and His kingdom is one that will never be destroyed. “我在夜间的异象中继续观看，看见有一位像人子的，驾着天云而来，到万古常存者那里，被引领到他面前，  得了权柄、尊荣和国度；各国、各族和说各种语言的人都事奉他。他的权柄是永远的权柄，是不能废去的；他的国度是永不毁灭的。 (Daniel 7:13-14)

To the only God our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all ages and now and forever. Amen. (Jude 25)

**The Works of God**

Faith comes from hearing, and hearing by the word of Christ. 可见信心是从所听的道来的，所听的道是借着基督的话来的。 (Romans 10:17)

The faith of those chosen of God and the knowledge of the truth, which is according to godliness, is a faith and knowledge resting in the hope of eternal life, which God, who does not lie, promised before the beginning of time. At the appointed time, He manifested His word through the preaching entrusted to the apostles by the command of God our Savior. 　神的仆人、耶稣基督的使徒保罗（这是为着　神选民的信心，和那合乎敬虔真理的知识；  这都是根据永生的盼望，这永生就是没有谎言的　神在万世以前所应许的。  到了适当的时候，　神就借着福音的宣讲，把他的道显明出来。照着　神我们救主的命令，这宣讲的使命交托了我）， (Titus 1:1-3)

**My Relationship to God**

God, who is rich in mercy, because of His great love with which He loved me, made me alive with Christ, even when I was dead in transgressions; it is by grace I have been saved. 然而　神满有怜悯，因着他爱我们的大爱，  就在我们因过犯死了的时候，使我们与基督一同活过来，（你们得救是靠着恩典，） (Ephesians 2:4-5)

Once I was alienated from God and was an enemy in my mind because of my evil works. But now He has reconciled me by His fleshly body through death to present me holy and blameless in His sight and free from reproach. 虽然你们从前也是和　神隔绝，心思上与他为敌，行为邪恶，  但现今　神在爱子的肉身上，借着他的死，使你们与　神和好了，为了要把你们这些圣洁、无瑕疵、无可指摘的人，呈献在他面前。 (Colossians 1:21-22)

**The Character I Want to Cultivate**

I will not set my heart on evil things, or be an idolater, or commit sexual immorality. (1 Corinthians 10:6-8)

This is the will of God, my sanctification, that I abstain from immorality and learn to possess my own vessel in sanctification and honor. For God did not call me to be impure, but to live a holy life. 　神的旨意是要你们圣洁，远避淫行；  要你们各人晓得怎样用圣洁尊贵的方法保守自己的身体（“身体”原文作“器皿”）；  　神呼召我们，不是要我们沾染污秽，而是要我们圣洁。 (1 Thessalonians 4:3-4, 7)

**My Relationship to Others**

I will not strive with a man without cause, if he has done me no harm. 如果人没有加害于你，你不可无故与他相争。 (Proverbs 3:30)

I will not take revenge, but leave room for the wrath of God, for it is written: “Vengeance is Mine; I will repay,” says the Lord. I will not be overcome by evil, but overcome evil with good. 亲爱的啊，不要为自己伸冤，宁可等候主的忿怒，因为经上记着，主说：“伸冤在我，我必报应。”  不可被恶所胜，反要以善胜恶。 (Romans 12:19, 21)

Day 28

**The Attributes of God**

I will give thanks to the Lord, for He is good; His lovingkindness endures forever. 你们要称谢耶和华，因他本是良善的；他的慈爱永远长存。 (Psalm 118:1)

Your testimonies, which You have commanded, are righteous and trustworthy. Your righteousness is everlasting, and Your law is truth. 你以公义和至诚，命定了你的法度。  你的公义是永远的公义，你的律法是可信可靠的。 (Psalm 119:138, 142)

**The Works of God**

No one can lay a foundation other than the one already laid, which is Jesus Christ. 因为除了那已经立好的根基以外，没有人能立别的根基。那根基就是耶稣基督。 (1 Corinthians 3:11)

Jesus as our high priest meets our needs: He is holy, blameless, undefiled, set apart from sinners, and exalted above the heavens. Unlike the other high priests, He does not need to offer sacrifices day after day, first for His own sins, and then for the sins of the people, for He did this once for all when He offered up Himself. 这样的一位大祭司，对我们本是合适的。他是圣洁、没有邪恶、没有玷污、从罪人中分别出来、高过众天的。  他不必像那些大祭司，天天先为自己的罪献祭，然后为人民的罪献祭；因为他献上了自己，就把这事一次而永远的成全了。 (Hebrews 7:26-27)

**My Relationship to God**

The Father has qualified me to share in the inheritance of the saints in the light. For He has rescued me from the dominion of darkness and brought me into the kingdom of His beloved Son, in whom I have redemption, the forgiveness of sins. 并且感谢父，他使你们有资格分享圣徒在光明中的基业。  他救我们脱离了黑暗的权势，把我们迁入他爱子的国里。  我们在爱子里蒙了救赎，罪得赦免。 (Colossians 1:12-14)

I was not redeemed with perishable things such as silver or gold from the aimless way of life handed down to me from my forefathers, but with the precious blood of Christ, as of a lamb without blemish or defect. 因为知道你们得赎，脱去你们祖先传下的妄行，不是凭着能坏的金银等物，  而是凭着基督的宝血，就像无瑕疵无玷污的羊羔的血。 (1 Peter 1:18-19)

**The Character I Want to Cultivate**

I will submit myself to God and resist the devil, and he will flee from me. I will humble myself before the Lord, and He will exalt me. 你们应当顺服　神，抵挡魔鬼，魔鬼就逃避你们。  你们务要在主面前谦卑，他就使你们高升。 (James 4:7, 10)

I will humble myself under the mighty hand of God, that He may exalt me in due time, casting all my anxiety upon Him, because He cares for me. 所以你们要谦卑，服在　神大能的手下，到了时候，他必叫你们升高。  你们要把一切忧虑卸给　神，因为他顾念你们。 (1 Peter 5:6-7)

**My Relationship to Others**

Wives should submit to their husbands, as is fitting in the Lord. 你们作妻子的，要顺服丈夫，这在主里是合宜的。 (Colossians 3:18)

Husbands should love their wives and not be bitter toward them. 你们作丈夫的，要爱妻子，不可苦待她们。 (Colossians 3:19)

Day 29

**The Attributes of God**

Heaven and earth will pass away, but the words of the Lord Jesus will never pass away. 天地都要过去，但我的话决不会废去。 (Matthew 24:35; Luke 21:33)

To the King eternal, immortal, invisible, the only God, be honor and glory forever and ever. 但愿尊贵荣耀归给万世的君王，就是那不朽坏、人不能见、独一的　神，直到永永远远。阿们。 (1 Timothy 1:17)

**The Works of God**

God was pleased to have all His fullness dwell in Christ and through Him to reconcile all things to Himself, whether things on earth or things in heaven, having made peace through the blood of His cross. 因为　神乐意使所有的丰盛都住在爱子里面，  并且借着他在十字架上所流的血成就了和平，使万有，无论是地上天上的，都借着他与　神和好了。 (Colossians 1:19-20)

During the days of His flesh, Jesus offered up prayers and petitions with loud cries and tears to the One who could save Him from death, and He was heard because of His devoutness. Although He was a Son, He learned obedience by the things which He suffered; and being perfected, He became the source of eternal salvation for all who obey Him, being designated by God as a high priest according to the order of Melchizedek. 基督在世的时候，曾经流泪大声祷告恳求那位能救他脱离死亡的　神；因着他的敬虔，就蒙了应允。  他虽然是儿子，还是因着所受的苦难学会了顺从。  他既然顺从到底，就成了所有顺从他的人得到永远救恩的根源；  而且蒙　神照着麦基洗德的体系，称他为大祭司。 (Hebrews 5:7-10)

**My Relationship to God**

Those God foreknew, He also predestined to be conformed to the likeness of His Son, that He might be the firstborn among many brothers. And those He predestined, He also called; those He called, He also justified; those He justified, He also glorified. 因为　神预先知道的人，他就预先命定他们和他儿子的形象一模一样，使他的儿子在许多弟兄中作长子，  他预先命定的人，又呼召他们；所召来的人，又称他们为义；所称为义的人，又使他们得荣耀。 (Romans 8:29-30)

When I was dead in my trespasses and in the uncircumcision of my flesh, God made me alive with Christ. He forgave me all my trespasses, having canceled the written code, with its regulations, that was against me and was contrary to me; He took it away, nailing it to the cross. And having disarmed the powers and authorities, He made a public spectacle of them, triumphing over them by the cross. 你们因着过犯和肉体未受割礼，原是死的，然而　神赦免了我们的一切过犯，使你们与基督一同活过来，  涂抹了那写在规条上反对我们、与我们为敌的字句，并且把这字句从我们中间拿去，钉在十字架上。  他既然靠着十字架胜过了一切执政掌权的，废除了他们的权势，就在凯旋的行列中，把他们公开示众。 (Colossians 2:13-15)

**The Character I Want to Cultivate**

I greatly rejoice in my salvation, though now for a little while, if necessary, I have been grieved by various trials, so that the proving of my faith, being much more precious than gold that perishes, even though refined by fire, may be found to result in praise, glory, and honor at the revelation of Jesus Christ. 因此，你们要喜乐。然而，你们现今在各种试炼中或许暂时会难过，  是要叫你们的信心经过试验，就比那被火炼过，仍会朽坏的金子更宝贵，可以在耶稣基督显现的时候，得着称赞、荣耀和尊贵。 (1 Peter 1:6-7)

I will be self-controlled and alert; my adversary the devil prowls around like a roaring lion looking for someone to devour. But I will resist him, standing firm in the faith, knowing that my brothers throughout the world are undergoing the same kind of sufferings. 你们要谨守、警醒。你们的仇敌魔鬼，好像吼叫的狮子走来走去，寻找可以吞吃的人；  你们要用坚强的信心抵挡他，因为知道你们在世上的弟兄，也经历过同样的苦难。 (1 Peter 5:8-9)

**My Relationship to Others**

I will lay up Your words in my heart and in my soul and teach them to my children, talking about them when I sit in my house and when I walk along the way and when I lie down and when I rise up. “所以你们要把我这些话放在心里，存在意念中；要系在手上作记号，戴在额上作头带。  你们也要把这些话教训你们的儿女，无论你是坐在家里，行在路上，躺下，或是起来，都要讲论。 (Deuteronomy 11:18-19)

A fool despises his father’s discipline, but whoever heeds correction is prudent. 愚妄人藐视父亲的管教；看重责备的是精明的人。 (Proverbs 15:5)

Day 30

**The Attributes of God**

Before You formed me in the womb, You knew me; before I was born, You set me apart. “我使你在母腹中成形以先，就认识你；你还未出母胎，我已把你分别为圣，立你作列国的先知。” (Jeremiah 1:5)

God numbers even the very hairs of my head. 甚至你们的头发都一一数过了。 甚至你们的头发都一一数过了。不要怕，你们比许多麻雀贵重得多呢。 (Matthew 10:30; Luke 12:7)

**The Works of God**

Because Jesus lives forever, He has a permanent priesthood. Therefore He is also able to save completely those who come to God through Him, since He always lives to intercede for them. 另一方面，因为耶稣是永远长存的，就拥有他永不更改的祭司职位。  因此，那些靠着他进到　神面前的人，他都能拯救到底；因为他长远活着，为他们代求。 (Hebrews 7:24-25)

By the will of God, I have been sanctified through the offering of the body of Jesus Christ once for all. And every priest stands daily ministering and offering again and again the same sacrifices, which can never take away sins. But when this Priest had offered for all time one sacrifice for sins, He sat down at the right hand of God, waiting from that time for His enemies to be made a footstool for His feet. For by one offering, He has made perfect forever those who are being sanctified. 我们凭着这旨意，借着耶稣基督一次献上他的身体，就已经成圣。  所有的祭司都是天天站着事奉，多次献上同样的祭品，那些祭品永远不能把罪除去。  唯有基督献上了一次永远有效的赎罪祭，就在　神的右边坐下来。  此后，只是等待　神把他的仇敌放在他的脚下，作他的脚凳。  因为他献上了一次的祭，就使那些成圣的人永远得到完全。 (Hebrews 10:10-14)

**My Relationship to God**

I do not want to be conformed to the pattern of this world but to be transformed by the renewing of my mind, that I may prove that the will of God is good and acceptable and perfect. 不要模仿这个世代，倒要借着心意的更新而改变过来，使你们可以察验出什么是　神的旨意，就是察验出什么是美好的、蒙他悦纳的和完全的事。 (Romans 12:2)

May the God of my Lord Jesus Christ, the Father of glory, give me a spirit of wisdom and of revelation in the full knowledge of Him, and may the eyes of my heart be enlightened, in order that I may know what is the hope of His calling, what are the riches of His glorious inheritance in the saints, and what is the incomparable greatness of His power toward us who believe. (Ephesians 1:17-19)

**The Character I Want to Cultivate**

Since the day of the Lord will come like a thief, what kind of person should I be in holy conduct and godliness as I look for and hasten the coming of the day of God? But according to His promise, I am looking for new heavens and a new earth, in which righteousness dwells. Therefore, since I am looking for these things, I will be diligent to be found by Him in peace, spotless and blameless. 但主的日子必要像贼一样来到。在那日，天必轰然一声地消失，所有元素都因烈火而融化；地和地上所有的，都要被烧毁。  这一切既然都要这样融化，你们应当怎样为人，过着圣洁和敬虔的生活，  等候并催促　神的日子降临呢？因为在那日，天要被火焚烧就融化了，所有元素都因烈火而融解！  但是我们按照他所应许的，等候新天新地，有公义在那里居住。  所以，亲爱的，你们既然等候这些事，就当殷勤努力，使你们没有污点，没有瑕疵，安然见主。 (2 Peter 3:10-14)

I will abide in Christ, so that when He appears, I may have confidence and not be ashamed before Him at His coming. 孩子们，你们要住在主里面。这样，他若显现，我们就可以坦然无惧；他来的时候，我们也不至惭愧地躲避他了。 (1 John 2:28)

**My Relationship to Others**

Better a meal of vegetables where there is love than a fattened calf with hatred. 吃素菜而彼此相爱，胜过吃肥牛却彼此憎恨。 (Proverbs 15:17)

He who covers a transgression seeks love, but he who repeats a matter separates close friends. 遮掩别人过犯的，得到人的喜爱；屡次提起别人过错的，离间亲密的朋友。 (Proverbs 17:9)

Day 31

**The Attributes of God**

Long ago You ordained Your plan, and now You are bringing it to pass. 你没有听过吗？在远古我已决定，在古时我已筹划，现在我要实现，就是你使设防城变成乱堆。 耶和华说：‘难道你没有听见古时我所安排，往昔所计划的吗？现在我才使它成就，使坚固的城镇荒废，变作乱堆。 (2 Kings 19:25; Isaiah 37:26)

With the Lord one day is like a thousand years, and a thousand years are like one day. 亲爱的，这一件事你们不可忘记：在主看来，一日如千年，千年如一日。 (2 Peter 3:8)

**The Works of God**

Every good and perfect gift is from above, coming down from the Father of lights, with whom there is no variation, or shifting shadow. Of His own will He brought us forth by the word of truth, that we might be a kind of firstfruits of His creatures. 各样美好的赏赐，各样完备的恩赐，都是从上面、从众光之父降下来的，他本身并没有改变，也没有转动的影子。  他凭着自己的旨意，借着真理的道生了我们，使我们作他所造的万物中初熟的果子。 (James 1:17-18)

Christ died for sins once for all, the righteous for the unrighteous, to bring me to God. Having been put to death in the body but made alive by the Spirit, He has gone into heaven and is at the right hand of God, after angels and authorities and powers were made subject to Him. 因为基督也曾一次为你们的罪死了，就是义的代替不义的，为要领你们到　神面前。就肉体的方面说，他曾死去；就灵的方面说，他复活了；  基督已进到天上，在　神右边，众天使、有权势的、有能力的，都服从了他。 (1 Peter 3:18, 22)

**My Relationship to God**

I trusted in Christ when I heard the word of truth, the gospel of my salvation. Having believed, I was sealed in Him with the Holy Spirit of promise, who is a deposit guaranteeing my inheritance until the redemption of those who are God’s possession, to the praise of His glory. 你们既然听了真理的道，就是使你们得救的福音，也信了基督，就在他里面受了所应许的圣灵作为印记。  这圣灵是我们得基业的凭据，直到　神的产业得赎，使他的荣耀得着颂赞。 (Ephesians 1:13-14)

Since I have been raised with Christ, I should seek the things above, where Christ is seated at the right hand of God. I will set my mind on the things above, not on the things on the earth, for I died, and my life is now hidden with Christ in God. When Christ who is my life appears, then I also will appear with Him in glory. 所以，你们既然与基督一同复活，就应当寻求天上的事，那里有基督坐在　神的右边。  你们要思念的，是天上的事，不是地上的事。  因为你们已经死了，你们的生命与基督一同隐藏在　神里面。  基督就是你们的生命，他显现的时候，你们也要和他一同在荣耀里显现。 (Colossians 3:1-4)

**The Character I Want to Cultivate**

I will work out my salvation with fear and trembling, for it is God who works in me to will and to act according to His good purpose. 这样看来，我所亲爱的，你们素来是顺服的，（不但我在你们那里的时候是这样，现今我不在，你们更要顺服，）就应当恐惧战兢地作成自己的救恩。  　神为了成全自己的美意，就在你们里面动工，使你们可以立志和行事。 (Philippians 2:12-13)

Whatever I do, whether in word or in deed, I will do all in the name of the Lord Jesus, giving thanks to God the Father through Him. 凡你们所作的，无论是言语或行为，都要奉主耶稣的名，借着他感谢父　神。 (Colossians 3:17)

**My Relationship to Others**

All things are for our sakes, so that the grace that is reaching more and more people may cause thanksgiving to abound to the glory of God. 这一切都是为了你们，好使恩惠既然因着许多人而增多，感恩的心也更加增多了，使荣耀归给　神。 (2 Corinthians 4:15)

I should offer petitions, prayers, intercessions, and thanksgivings on behalf of all men, for kings and all those who are in authority, that we may live peaceful and quiet lives in all godliness and reverence. This is good and acceptable in the sight of God our Savior, who desires all men to be saved and to come to the knowledge of the truth. 因此，我劝你最重要的是要为万人、君王和一切有权位的恳求、祷告、代求和感恩，好让我们可以敬虔庄重地过平静安稳的日子。  在我们的救主　神看来，这是美好的，可蒙悦纳的。  他愿意万人得救，并且充分认识真理。 (1 Timothy 2:1-4)

**part TWO**

**TOPICAL RENEWAL guide**

The Attributes of God

**The Person of God**

You are the God of Abraham, the God of Isaac, and the God of Jacob. 又说：“我是你父亲的　神、亚伯拉罕的　神、以撒的　神、雅各的　神。”摩西因为怕见　神，就把自己的脸蒙住了。 (Exodus 3:6)

You revealed Yourself to Moses as “I AM WHO I AM.” 　神回答摩西：“我是‘自有永有者’。”又说：“你要对以色列人这样说：‘那自有者派我到你们这里来。’” (Exodus 3:14)

You are the Lord, the God of our fathers—the God of Abraham, the God of Isaac and the God of Jacob. This is Your name forever, the name by which You are to be remembered from generation to generation. 　神又对摩西说：“你要对以色列人这样说：‘耶和华你们祖宗的　神，就是亚伯拉罕的　神、以撒的　神、雅各的　神，差遣我到你们这里来；这就是我永久的名字，也是世世代代中我被记念的名字。’ (Exodus 3:15)

I will sing to the Lord, for He is highly exalted. The Lord is my strength and my song; He has become my salvation. He is my God, and I will praise Him, my father’s God, and I will exalt Him. 那时，摩西和以色列人向耶和华唱了以下这首歌，说：“我要向耶和华歌唱，因为他高高地被高举起来；他把马匹和骑马的投在海中。  耶和华是我的力量，我的诗歌，也成了我的拯救；这是我的　神，我要赞美他；他是我父的　神，我要尊崇他。 (Exodus 15:1-2)

I acknowledge this day and take it to my heart that the Lord is God in heaven above and on the earth below; there is no other. 所以今天你要知道，也要记在心里；天上地下，只有耶和华是　神；除他以外，再没有别的神了。 (Deuteronomy 4:39)

I will proclaim the name of the Lord and praise the greatness of my God. 因为我要宣告耶和华的名；你们要尊崇我们的　神的伟大。 (Deuteronomy 32:3)

There is no one holy like the Lord; there is no one besides You; nor is there any Rock like our God. 没有人像耶和华那么圣洁，因为除你以外没有别的神，也没有磐石像我们的　神。 (1 Samuel 2:2)

O Sovereign Lord, You are God! Your words are true, and You have promised good things to Your servant. 主耶和华啊！你是　神；你的话是真实可信的。你向你仆人应许了这美好的福分。 (2 Samuel 7:28)

“The Lord lives! Blessed be my Rock! Exalted be God, the Rock of my salvation! 耶和华是永活的，我的磐石是应当称颂的；拯救我的　神，我的磐石，是应当被尊为至高的。 (2 Samuel 22:47)

I will arise and bless the Lord, my God, who is from everlasting to everlasting. Blessed be Your glorious name, which is exalted above all blessing and praise! 利未人耶书亚、甲篾、巴尼、哈沙尼、示利比、荷第雅、示巴尼和毗他希雅说：“你们要起立，称颂耶和华你们的　神，直到永永远远。”“耶和华啊，你荣耀的名是应当称颂的；愿你的名被尊崇，超过一切称颂和赞美。 (Nehemiah 9:5)

God is exalted beyond our understanding; the number of His years is unsearchable. 　神为至大，我们不能了解，他的年数，无法测度。 (Job 36:26)

O Lord, our Lord, how majestic is Your name in all the earth! You have set Your glory above the heavens! 耶和华我们的主啊！你的名在全地是多么威严，你把你的荣美彰显在天上。 (Psalm 8:1)

I will be still and know that You are God; You will be exalted among the nations, You will be exalted in the earth. 你们要住手，要知道我是　神；我要在列国中被尊崇，我要在全地上被尊崇。 (Psalm 46:10)

The Lord Most High is awesome, the great King over all the earth! God is the King of all the earth, and I will sing His praise. God reigns over the nations; God is seated on His holy throne. 因为耶和华至高者是可敬畏的，他是统治全地的大君王。  因为　神是全地的王，你们要用诗歌歌颂他。  　神作王统治列国，　神坐在他的圣宝座上。 (Psalm 47:2, 7-8)

Great is the Lord, and most worthy of praise in the city of our God, His holy mountain. As is Your name, O God, so is Your praise to the ends of the earth; Your right hand is filled with righteousness. 在我们　神的城中，在他的圣山上，耶和华是至大的，应该大受赞美。  　神啊！你受的赞美，就像你的名一样，达到地极；你的右手满了公义。 (Psalm 48:1, 10)

Your righteousness, O God, reaches to the heavens, You who have done great things. O God, who is like You? 　神啊！你的公义达到高天，你曾经行过大事，　神啊！有谁像你呢？ (Psalm 71:19)

I know that You alone, whose name is the Lord, are the Most High over all the earth. 使他们知道只有你的名是耶和华，唯有你是掌管全地的至高者。 (Psalm 83:18)

Great is the Lord and most worthy of praise; He is to be feared above all gods. For all the gods of the nations are idols, but the Lord made the heavens. Splendor and majesty are before Him; strength and beauty are in His sanctuary. I will ascribe to the Lord glory and strength. I will ascribe to the Lord the glory due His name and worship the Lord in the beauty of holiness. 因为耶和华是伟大的，该受极大的赞美，他当受敬畏，过于众神之上。  因为万民的神都是虚空的偶像，但耶和华创造了诸天。  尊荣和威严在他面前，能力和华美在他圣所之中。  列国的万族啊！你们要归给耶和华，要把荣耀和能力归给耶和华。  要把耶和华的名当得的荣耀归给他，带着礼物进入他的院子。 (Psalm 96:4-8)

Bless the Lord, O my soul. O Lord, my God, You are very great; You are clothed with splendor and majesty. 我的心哪！你要称颂耶和华；耶和华我的　神啊！你真伟大；你以尊荣和威严为衣服。 (Psalm 104:1)

Who can express the mighty acts of the Lord or fully declare His praise? 谁能述说耶和华大能的作为，谁能说尽赞美他的话？ (Psalm 106:2)

Blessed be the Lord, the God of Israel, from everlasting to everlasting. Praise the Lord. 耶和华以色列的　神是应当称颂的，从永远到永远。愿众民都说：“阿们。”你们要赞美耶和华。 (Psalm 106:48)

You are my God, and I will give thanks to You; You are my God, and I will exalt You. I will give thanks to the Lord, for He is good; His loyal love endures forever. 你是我的　神，我要称谢你；你是我的　神，我要尊崇你。  你们要称谢耶和华，因他本是良善的；他的慈爱永远长存。 (Psalm 118:28-29)

My flesh trembles for fear of You; I stand in awe of Your judgments. 我因惧怕你而战栗；我畏惧你的审判。 (Psalm 119:120)

Your name, O Lord, endures forever, Your renown, O Lord, through all generations. 耶和华啊！你的名存到永远；耶和华啊！你可记念的名留存万代。 (Psalm 135:13)

I will exalt You, my God and King; I will bless Your name for ever and ever. Every day I will bless You, and I will praise Your name for ever and ever. Great is the Lord and most worthy of praise; His greatness is unsearchable. 我的　神，我的王啊！我要尊崇你，（本节在《马索拉抄本》包括细字标题）我要永永远远称颂你的名。  我要天天称颂你，我要永永远远赞美你的名。  耶和华是至大的，配受极大的赞美，他的伟大无法测度。 (Psalm 145:1-3)

Holy, Holy, Holy is the Lord of hosts; the whole earth is full of His glory. 他们彼此高呼着说：“圣哉！圣哉！圣哉！万军之耶和华！他的荣光充满全地。” (Isaiah 6:3)

I will regard the Lord of hosts as holy; He shall be my fear, and He shall be my dread. 你们要尊万军之耶和华为圣，他是你们当怕的，也是你们当畏惧的。 (Isaiah 8:13)

I will trust in the Lord forever, for in Yahweh, the Lord, I have an everlasting Rock. 你们要倚靠耶和华，直到永远，因为耶和华是永存的磐石。 (Isaiah 26:4)

You are the Lord, that is Your name. You will not give Your glory to another, or Your praise to idols. 我是耶和华，这是我的名；我必不把我的荣耀归给别人，也不把我当受的称赞归给雕刻的偶像。 (Isaiah 42:8)

You have chosen me as Your witness and servant so that I may know and believe You and understand that You are the Lord. Before You no God was formed, nor will there be one after You. 耶和华说：“你们就是我的见证人，我所拣选的仆人，为要使你们知道，并且相信我，又明白我就是‘那位’；在我以前没有神被造出来，在我以后也必没有。 (Isaiah 43:10)

You are the Lord, and there is no other; apart from You there is no God. From the rising to the setting of the sun, we know there is none besides You. You are the Lord, and there is no other. “我是耶和华，再没有别的神了；除了我以外，并没有真神；你虽然不认识我，我必坚固你，  为要叫从日出之地到日落之地的人都知道，除了我以外，没有真神；我是耶和华，再没有别的神了。 (Isaiah 45:5-6)

You, the Lord, alone have declared what is to come from the distant past. There is no God apart from You, a righteous God and a Savior; there is none besides You. You are God, and there is no other. 你们述说吧！提出理由吧！让他们彼此商议吧！谁从古时使人听见这事呢？谁从上古把这事述说出来呢？不是我耶和华吗？除了我以外，再没有　神，我是公义的　神，又是拯救者；除了我以外，并没有别的　神。  全地的人哪！你们都要归向我，都要得救。因为我是　神，再没有别的　神。 (Isaiah 45:21-22)

I will recall to mind the former things, those of long ago; You are God, and there is no other; You are God, and there is none like You. 你们当记念上古以前的事，因为我是　神，再没有别的神；我是　神，没有神像我。 (Isaiah 46:9)

My Redeemer, the Lord of hosts is Your name; You are the Holy One of Israel. 我们的救赎主，他的名字是万军之耶和华、以色列的圣者，他说： (Isaiah 47:4)

You are He; You are the first, and You are also the last. “雅各，我所呼召的以色列啊！你要听我的话。我就是‘那位’，我是首先的，也是末后的。 (Isaiah 48:12)

The Lord is the true God; He is the living God and the everlasting King. At His wrath, the earth trembles, and the nations cannot endure His indignation. 只有耶和华是真神；他是永活的　神，是永远的君王。他一发怒，大地就震动，万国都不能抵受他的忿怒。 (Jeremiah 10:10)

The Lord is in His holy temple; let all the earth be silent before Him. 然而耶和华在他的圣殿里，全地当在他面前肃静。 (Habakkuk 2:20)

You are the Lord; You do not change. 万军之耶和华说：“因为我耶和华是不改变的，所以你们雅各的子孙也不会灭没。 (Malachi 3:6)

Jesus is Your beloved Son in whom You are well pleased. 又有声音从天上来，说：“这是我的爱子，我所喜悦的。” 又有声音从天上来说：“你是我的爱子，我喜悦你。” 圣灵仿佛鸽子，有形体地降在他身上；有声音从天上来，说：“你是我的爱子，我喜悦你。” (Matthew 3:17; Mark 1:11; Luke 3:22)

Jesus is the Christ, the Son of the living God. 西门．彼得回答：“你是基督，是永生　神的儿子。” (Matthew 16:16)

Glory to God in the highest, and on earth peace to those on whom His favor rests. “在至高之处，荣耀归与　神！在地上，平安归与他所喜悦的人！” (Luke 2:14)

Jesus is Your Son, whom You have chosen. 有声音从云彩里出来，说：“这是我的儿子，我所拣选的（“这是我的儿子，我所拣选的”有些抄本作“这是我的爱子”），你们要听从他！” (Luke 9:35)

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. 太初有道，道与　神同在，道就是　神。  这道太初与　神同在。 (John 1:1-2)

The Word became flesh and dwelt among us. We have seen His glory, the glory of the only begotten of the Father, full of grace and truth. 道成了肉身，住在我们中间，满有恩典和真理。我们见过他的荣光，正是从父而来的独生子的荣光。 (John 1:14)

No one has ever seen God, but the only begotten God, who is in the bosom of the Father, has made Him known. 从来没有人见过　神，只有在父怀里的独生子把他彰显出来。 (John 1:18)

Jesus of Nazareth, the son of Joseph, is the Messiah (that is, the Christ). He is the One Moses wrote about in the Law, and about whom the prophets also wrote. 他先找到自己的哥哥西门，告诉他：“我们遇见弥赛亚了！”（“弥赛亚”的意思就是“基督”。）  腓力找到拿但业，告诉他：“摩西在律法书上所写的，和众先知所记的那位，我们已经遇见了，他就是约瑟的儿子拿撒勒人耶稣。” (John 1:41, 45)

Jesus is the Son of God; He is the King of Israel. 拿但业说：“拉比，你是　神的儿子，你是以色列的王！” (John 1:49)

No one has seen the Father, except the One who is from God; only He has seen the Father. 这不是说有人见过父；只有从　神那里来的那一位，他才见过父。 (John 6:46)

Before Abraham was born, Jesus Christ always exists. 耶稣说：“我实实在在告诉你们，亚伯拉罕出生以前，我已经存在了。” (John 8:58)

Jesus and the Father are one. 我与父原为一。” (John 10:30)

Jesus proved through His works that the Father is in Him, and that He is in the Father. 我若作了，你们纵然不信我，也应当信这些事，好使你们确实知道，我父是在我里面，我也在父里面。” (John 10:38)

Jesus is the Christ, the Son of God, who came into the world. 她说：“主啊，我信；我已经信了，你是基督，是　神的儿子，是那要到世上来的。” (John 11:27)

Jesus knew that the Father had given all things into His hands and that He had come from God and was returning to God. 耶稣知道父已经把万有交在他手中，并且知道自己从　神而来，又要回到　神那里去， (John 13:3)

Jesus is the way and the truth and the life. No one comes to the Father except through Him. 耶稣对他说：“我就是道路、真理、生命，如果不是借着我，没有人能到父那里去。 (John 14:6)

Anyone who has seen Jesus has seen the Father. 耶稣说：“腓力，我跟你们在一起这么久了，你还不认识我吗？那看见了我的就是看见了父，你怎么还说‘把父显示给我们’呢？ (John 14:9)

Jesus is in the Father, and the Father is in Him. He spoke the words of His Father and did the works of His Father who dwells in Him. He claimed to be in the Father and the Father in Him and proved it through His works. 你不信我是在父里面，父是在我里面吗？我对你们说的话，不是凭着自己说的，而是住在我里面的父作他自己的事。  你们应当信我是在父里面，父是在我里面；不然，也要因我所作的而相信。 (John 14:10-11)

Jesus is my Lord and my God. 多马对他说：“我的主！我的　神！” (John 20:28)

There is but one God, the Father, from whom all things came and for whom I live; and there is but one Lord, Jesus Christ, through whom all things came and through whom I live. 然而我们只有一位　神，就是父；万物都是从他而来，我们也为了他而活。我们也只有一位主，就是耶稣基督；万物都是借着他而有的，我们也是借着他而有的。 (1 Corinthians 8:6)

The Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 主就是那灵；主的灵在哪里，哪里就有自由。 (2 Corinthians 3:17)

The God and Father of the Lord Jesus is blessed forever. 主耶稣的父　神是应当永远受称颂的，他知道我没有说谎。 (2 Corinthians 11:31)

In Christ all the fullness of the Godhead lives in bodily form. 因为　神本性的一切丰盛，都有形有体地住在基督里面， (Colossians 2:9)

God is the blessed and only Sovereign, the King of kings and Lord of Lords, who alone has immortality and dwells in unapproachable light, whom no one has seen or can see. To Him be honor and eternal dominion. (1 Timothy 6:15b-16)

The Son is the radiance of God’s glory and the exact representation of His being, upholding all things by His powerful word. After He cleansed our sins, He sat down at the right hand of the Majesty on high, having become as much superior to angels as the name He has inherited is more excellent than theirs. 他是　神荣耀的光辉，是　神本质的真象，用自己带有能力的话掌管万有；他作成了洁净罪恶的事，就坐在高天至尊者的右边。  他所承受的名比天使的名更尊贵，所以他远比天使崇高。 (Hebrews 1:3-4)

Jesus Christ is the same yesterday, today, and forever. (Hebrews 13:8)

The Lord Jesus Christ received honor and glory from God the Father when the voice came to Him from the Majestic Glory who said, “This is My beloved Son, with whom I am well pleased.” 因为他从父　神得着尊贵荣耀的时候，在极显赫的荣光中，有这样的声音对他说：“这是我的爱子，我所喜悦的。” (2 Peter 1:17)

The Lord God is the Alpha and the Omega, who is, and who was, and who is to come, the Almighty. 主　神说：“我是阿拉法，我是俄梅格；我是今在、昔在、以后永在，全能的　神。” (Revelation 1:8)

The Lord Jesus is the first and the last, and the Living One; He was dead, and behold He is alive forevermore and holds the keys of death and of Hades. 我看见了他，就仆倒在他脚前，像死了一样。他用右手按着我，说：“不要怕！我是首先的，我是末后的，  又是永活的；我曾经死过，看哪，现在又活着，直活到永永远远，并且拿着死亡和阴间的钥匙。 (Revelation 1:17-18)

Every creature in heaven and on earth and under the earth and on the sea and all that is in them, will sing: “To Him who sits on the throne and to the Lamb be blessing and honor and glory and power for ever and ever!” 我又听见在天上、地上、地底下和海里的一切被造之物，以及天地间的万有，都说：“愿颂赞、尊贵、荣耀、能力，都归给坐在宝座上的那一位和羊羔，直到永永远远！” (Revelation 5:13)

**The Powers of God**

Nothing is too difficult for the Lord. 耶和华岂有难成的事吗？到明年这个时候，我要回到你这里来，那时，撒拉必生一个儿子。” (Genesis 18:14)

The Lord shall reign for ever and ever. 耶和华必作王，直到永永远远。” (Exodus 15:18)

The Lord will be gracious to whom He will be gracious, and He will have compassion on whom He will have compassion. 耶和华说：“我要使我的一切美善都在你面前经过，并且要把我的名字耶和华在你面前宣告出来；我要恩待谁，就恩待谁；我要怜悯谁，就怜悯谁。” (Exodus 33:19)

No one can see the Lord and live. 他又说：“你不能看我的脸，因为没有人看见了我还能活着。” (Exodus 33:20)

God is not a man, that He should lie, nor a son of man, that He should change his mind. Has He spoken and not done it? Has He promised and not fulfilled it? 　神不是人，必不致说谎，也不是人子，必不致后悔。他说话，怎能不作？他发言，怎能不作成？ (Numbers 23:19)

O Lord God, You have shown Your servants Your greatness and Your strong hand, for what god is there in heaven or on earth who can do the works and mighty deeds You do? ‘主耶和华啊，你已经把你的伟大和你有能力的手显给你的仆人看；在天上地下，哪一个神能有像你所作的工作，能有像你所行的奇事呢？ (Deuteronomy 3:24)

To the Lord my God belongs the heavens, even the highest heavens, the earth and everything in it. 看哪，天和天上的天，地和地上的一切都是属于耶和华你的　神的。 (Deuteronomy 10:14)

You are the living God, and there is no god besides You. You put to death and You bring to life, You have wounded and You will heal, and no one can deliver from Your hand. 现在你们要知道，只有我是那一位，除我以外，并没有别的神；我使人死，也使人活；我打伤，我也医治；没有人可以从我的手里抢救出去。 (Deuteronomy 32:39)

The Lord is the God of knowledge, and by Him actions are weighed. 你们不要多说骄傲的话，也不要口出狂妄之言，因为耶和华是全知的　神，人的一切行为他都鉴察。 (1 Samuel 2:3)

The Lord brings death and makes alive; He brings down to the grave and raises up. The Lord sends poverty and wealth; He humbles and He exalts. He raises the poor from the dust and lifts the needy from the ash heap, to seat them with princes and make them inherit a throne of honor. For the foundations of the earth are the Lord’s, and He has set the world upon them. 耶和华使人死，也使人活；使人下阴间，也使人从阴间上来。  耶和华使人贫穷，也使人富足；使人降卑，也使人升高。  他从灰尘中抬举贫寒的人，从粪堆中提拔穷乏的人，使他们与显贵同坐，承受尊贵的座位。大地的柱子属于耶和华，他把全地安放在柱子上面。 (1 Samuel 2:6-8)

The Lord will guard the feet of His saints, but the wicked will be silenced in darkness. It is not by strength that one prevails; those who contend with the Lord will be shattered. He will thunder against them from heaven; the Lord will judge the ends of the earth. He will give strength to His king and exalt the horn of His anointed. (1 Samuel 2:9-10)

He who is the Glory of Israel does not lie or change His mind, for He is not a man, that He should change His mind. 以色列的大能者必不说谎，也不后悔。因为他不是世人，他决不后悔。” (1 Samuel 15:29)

The Lord does not see as man sees. Man looks at the outward appearance, but the Lord looks at the heart. (1 Samuel 16:7)

Will God indeed dwell on earth? Heaven and the highest heaven cannot contain You. “　神真的住在地上吗？看哪！天和天上的天尚且不能容纳你，何况我建造的这殿呢？ (1 Kings 8:27)

Long ago You ordained Your plan, and now You are bringing it to pass. 你没有听过吗？在远古我已决定，在古时我已筹划，现在我要实现，就是你使设防城变成乱堆。 耶和华说：‘难道你没有听见古时我所安排，往昔所计划的吗？现在我才使它成就，使坚固的城镇荒废，变作乱堆。 (2 Kings 19:25; Isaiah 37:26)

The Lord is great and greatly to be praised; He is to be feared above all gods. For all the gods of the nations are idols, but the Lord made the heavens. Splendor and majesty are before Him; strength and joy are in His place. I will ascribe to the Lord glory and strength. I will ascribe to the Lord the glory due His name and worship the Lord in the beauty of holiness. 因为耶和华是伟大的，当受极大的赞美；他当受敬畏，远在万神之上。  万民的偶像算不得什么，唯独耶和华创造诸天。  尊荣和威严在他面前，能力和欢乐在他的圣所。  万族万民啊，你们要归给耶和华，要把荣耀和能力归给耶和华。  要把耶和华的名应得的荣耀归给他，拿着礼物到他面前来，要以圣洁的装饰敬拜耶和华。 (1 Chronicles 16:25-29)

Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, for everything in heaven and earth is Yours. Yours, O Lord, is the kingdom, and You are exalted as head over all. Both riches and honor come from You, and You are the ruler of all things. In Your hand is power and might to exalt and to give strength to all. Therefore, my God, I give You thanks and praise Your glorious name. All things come from You, and I can only give You what comes from Your hand. 耶和华啊，尊大、能力、荣耀、胜利和威严，都是你的；因为天上地下的万有都是你的；耶和华啊，国度是你的，你超越万有，你是至高的。  富足和尊荣都从你而来，你也统治万有。在你的手里有力量和权能；人的尊大、强盛都是出于你的手。  我们的　神啊，现在我们要称颂你，赞美你荣耀的名。  我算什么？我的人民又算什么？竟有力量这样乐意奉献？因为万物都是从你而来，我们只是把从你手里得来的，奉献给你。 (1 Chronicles 29:11-14)

The heavens and the highest heavens cannot contain the Lord. 但谁能为他建造殿宇呢？天和天上的天也容不下他；我是谁，怎能为他建造殿宇？我不过在他面前烧香罢了。 (2 Chronicles 2:6; 6:18)

O Lord, the God of our fathers, are You not the God who is in heaven? Are You not the ruler over all the kingdoms of the nations? Power and might are in Your hand, and no one is able to withstand You. 说：“耶和华我们列祖的　神啊，你不是天上的　神吗？你不是统治万国的吗？你手中有大能大力，没有人能抵挡你。 (2 Chronicles 20:6)

You are the great, the mighty, and the awesome God, who keeps His covenant of lovingkindness. “我们的　神啊，你是至大、全能、至可畏、守约施慈爱的　神，现在求你不要把我们、我们的君王和领袖、我们的祭司和先知、我们的列祖和你的众民，从亚述列王的日子直到今日所遭遇的一切苦难，看为小事。 (Nehemiah 9:32)

God is wise in heart and mighty in strength. Who has resisted Him without harm? 他心里有智慧，而且有极大的能力，有谁对他刚硬而平安无事呢？ (Job 9:4)

God alone stretches out the heavens and treads on the waves of the sea. 他独自铺开苍天，步行在海浪之上； (Job 9:8)

God reveals deep things out of darkness and brings the shadow of death into the light. He makes nations great and destroys them; He enlarges nations and disperses them. 他从黑暗中彰显奥秘，把死荫领进光中。  他使邦国兴盛，又毁灭他们，扩张邦国，又把他们掳去。 (Job 12:22-23)

God’s voice thunders in marvelous ways; He does great things which we cannot comprehend. 　神以奇妙的方法打雷，他行大事，我们不能了解。 (Job 37:5)

The Almighty is beyond our reach; He is exalted in power and in His justice and great righteousness, He does not oppress. 论到全能者，我们无法把他查出；他大有能力与公平，又满有公义，他必不苦待人。 (Job 37:23)

I know that You can do all things and that no purpose of Yours can be thwarted. “我知道你万事都能作，你的旨意是不能拦阻的。 (Job 42:2)

You are the righteous God, who searches the hearts and secret thoughts. 愿恶人的恶行止息，愿你使义人坚立。公义的　神啊！你是察验人心肠肺腑的。 (Psalm 7:9)

The Lord is in His holy temple; the Lord is on His heavenly throne. He observes the sons of men; His eyes examine them. 耶和华在他的圣殿里，耶和华的宝座在天上，他的眼睛观看，他的目光察验世人。 (Psalm 11:4)

I will ascribe to the Lord glory and strength. I will ascribe to the Lord the glory due His name and worship the Lord in the beauty of holiness. 　神的众子啊！要归给耶和华，你们要把荣耀和能力归给耶和华。（本节在《马索拉抄本》包括细字标题）  要把耶和华的名的荣耀归给他，要以圣洁的装束敬拜耶和华（“要以圣洁的装束敬拜耶和华”或译：“在耶和华显现的时候，要敬拜他”，或“要在耶和华圣洁的光辉中敬拜他”）。 (Psalm 29:1-2)

The counsel of the Lord stands firm forever, the plans of His heart through all generations. 耶和华的谋略永远立定，他心中的计划万代长存。 (Psalm 33:11)

God fashions the hearts of all and understands all their works. 他是那创造众人的心，了解他们一切作为的。 (Psalm 33:15)

Your throne, O God, is forever and ever; a scepter of righteousness is the scepter of Your kingdom. 　神啊！你的宝座是永永远远的，你国的权杖是公平的权杖。 (Psalm 45:6)

Lord, You have been our dwelling place throughout all generations. Before the mountains were born or You brought forth the earth and the world, from everlasting to everlasting, You are God. You turn men back into dust, and say, “Return, O children of men.” For a thousand years in Your sight are like yesterday when it passes by or like a watch in the night. 主啊！你世世代代作我们的居所。（本节在《马索拉抄本》包括细字标题）  群山尚未生出，大地和世界你未曾造成，从永远到永远，你是　神。  你使人归回尘土，说：“世人哪！你们要归回尘土。”  在你看来，千年好像刚过去了的昨天，又像夜里的一更。 (Psalm 90:1-4)

You have set our iniquities before You, our secret sins in the light of Your presence. 你把我们的罪孽摆在你面前，把我们的隐恶摆在你脸光之中。 (Psalm 90:8)

The Lord reigns; He is clothed with majesty; the Lord is robed in majesty and is armed with strength. Indeed, the world is firmly established; it cannot be moved. Your throne is established from of old; You are from everlasting. Your testimonies stand firm; holiness adorns Your house, O Lord, forever. 耶和华作王，他以威严为衣；耶和华以威严为衣，以能力束腰，世界就得以坚立，永不动摇。  你的宝座自古就立定，你从亘古就存在。  耶和华啊！你的法度极为确定；你的殿永远被称为圣是合宜的。 (Psalm 93:1-2, 5)

My days are like a lengthened shadow, and I wither away like grass. But You, O Lord, will endure forever, and the remembrance of Your name to all generations. Of old, You laid the foundations of the earth, and the heavens are the work of Your hands. They will perish, but You will endure; they will all wear out like a garment. Like clothing, You will change them, and they will be discarded. But You are the same, and Your years will have no end. 我的年日好像日影偏斜，我也好像草一般枯干。  耶和华啊！你却永远坐着为王，你可记念的名也必存到万代。  你起初立了地的根基；天也是你手的工作。  天地都要毁灭，你却长存；天地都要像衣服一样渐渐残旧；你要更换天地如同更换衣物一样，天地就被更换。  只有你永不改变，你的年数也没有穷尽。 (Psalm 102:11-12, 25-27)

The Lord has established His throne in heaven, and His kingdom rules over all. 耶和华在天上立定宝座，他的王权统管万有。 (Psalm 103:19)

From the rising of the sun to its setting, the name of the Lord is to be praised. The Lord is high above all nations, His glory above the heavens. Who is like the Lord our God, the One who is enthroned on high, who humbles Himself to behold the things that are in the heavens and in the earth? 从日出之地到日落之处，耶和华的名都该受赞美。  耶和华高过万国，他的荣耀超越诸天。  谁像耶和华我们的　神呢？他坐在至高之处，  他俯首垂顾天上和地下的事。 (Psalm 113:3-6)

Whatever the Lord pleases He does, in the heavens and on the earth, in the seas and all their depths. 在天上，在地上，在海中，在一切深处，耶和华喜欢什么，就作什么。 (Psalm 135:6)

Though the Lord is on high, yet He looks upon the lowly, but the proud He knows from afar. 耶和华虽然高高在上，仍然看顾卑微的人；他却从远处认出骄傲的人。 (Psalm 138:6)

O Lord, You have searched me and You know me. You know when I sit down and when I rise up; You understand my thoughts from afar. You scrutinize my path and my lying down and are acquainted with all my ways. Before a word is on my tongue, O Lord, You know it completely. 耶和华啊！你鉴察了我，你认识我。（本节在《马索拉抄本》包括细字标题）  我坐下，我起来，你都知道；你在远处就明白我的意念。  我行路，我躺卧，你都细察；我的一切行为，你都熟悉。  耶和华啊！我的舌头还没有发言，你已经完全知道了。 (Psalm 139:1-4)

Where can I go from Your Spirit? Or where can I flee from Your presence? If I ascend to heaven, You are there; if I make my bed in Sheol, You are there. If I take the wings of the dawn, if I dwell in the furthest part of the sea, even there Your hand will lead me; Your right hand will lay hold of me. If I say, “Surely the darkness will cover me,” even the night will be light around me. The darkness is not dark to You, and the night shines as the day; darkness and light are alike to You. 我到哪里去躲避你的灵？我往哪里去逃避你的面呢？  如果我升到天上，你在那里；如果我在阴间下榻，你也在那里。  如果我展开清晨的翅膀，飞到海的极处居住，  就是在那里，你的手仍必引导我，你的右手也必扶持我。  如果我说：“愿黑暗遮盖我，愿我周围的亮光变成黑夜。”  但对你来说，黑暗也不算是黑暗，黑夜必如同白昼一样发亮，黑暗和光明，在你看来都是一样的。 (Psalm 139:7-12)

All Your works will praise you, O Lord, and Your saints will bless You. They will speak of the glory of Your kingdom and talk of Your power, so that all men may know of Your mighty acts and the glorious majesty of Your kingdom. Your kingdom is an everlasting kingdom, and Your dominion endures through all generations. 耶和华啊！你一切所造的都要称谢你，你的圣民也要称颂你。  他们要讲论你国的荣耀，也要述说你大能的作为。  好使世人知道你大能的作为，和你国威严的尊荣。  你的国是永远的国，你的王权存到万代。 (Psalm 145:10-13)

Great is our Lord and mighty in power; His understanding is infinite. 我们的主伟大，大有能力；他的智慧无法测度。 (Psalm 147:5)

The eyes of the Lord are everywhere, keeping watch on the evil and the good. 耶和华的眼目无所不在；坏人好人他都鉴察。 (Proverbs 15:3)

Death and Destruction lie open before the Lord; how much more the hearts of men! 阴间和灭亡展露在耶和华面前，何况世人的心呢？ (Proverbs 15:11)

In his heart a man plans his way, but the Lord determines his steps. 人心计划自己的道路，他的脚步却由耶和华指引。 (Proverbs 16:9)

The refining pot is for silver and the furnace for gold, but the Lord tests the hearts. 用锅炼银，用炉炼金；唯有耶和华锻炼人心。 (Proverbs 17:3)

Many are the plans in a man’s heart, but it is the counsel of the Lord that will stand. 人心里的谋算很多，唯有耶和华的计划能实现。 (Proverbs 19:21)

The spirit of a man is the lamp of the Lord, searching the inward depths of his being. 人的灵是耶和华的灯，探照人的脏腑。 (Proverbs 20:27)

All a man’s ways are right in his own eyes, but the Lord weighs the hearts. 人看自己一切所行的，都是正直的；耶和华却衡量人心。 (Proverbs 21:2)

I know that whatever God does will remain forever; nothing can be added to it and nothing taken from it. God does it so that men will revere Him. 我知道　神所作的一切，都必永存，无可增添，无可减少；　神这样作，为要使人在他面前存敬畏的心。 (Ecclesiastes 3:14)

God will bring every work into judgment, including every hidden thing, whether it is good or evil. 人所作的每一件事，连一切隐藏的事，无论是善是恶，　神都必审问。 (Ecclesiastes 12:14)

The Lord of hosts has sworn, “Surely, as I have thought, so it will be, and as I have purposed, so it will stand. For the Lord of hosts has purposed, and who can annul it? His hand is stretched out, and who can turn it back? 万军之耶和华起了誓，说：“我怎样想，事就怎样成就；我怎样计划，事就怎样立定，  因为万军之耶和华决定的事，谁能阻拦呢？他的手伸了出来，谁能使他收回呢？ (Isaiah 14:24, 27)

All men are like grass, and all their glory is like the flower of the field. The grass withers and the flower fades, because the breath of the Lord blows on it. Surely the people are grass. The grass withers and the flower fades, but the word of our God stands forever. 有声音说：“你呼喊吧！”他问：“我呼喊什么呢？”“所有的人尽都如草；他们的荣美都像野地的花。  草必枯干，花必凋谢；因为耶和华的气吹在上面；真的，这民的确是草！  草必枯干，花必凋谢，唯有我们　神的道永远长存。” (Isaiah 40:6-8)

Who has directed the Spirit of the Lord, or instructed Him as His counselor? Whom did the Lord consult to enlighten Him, and who taught Him the path of justice? Who taught Him knowledge or showed Him the way of understanding? Surely the nations are like a drop in a bucket and are regarded as dust on the scales; He weighs the islands as though they were fine dust. Before Him all the nations are as nothing; they are regarded by Him as less than nothing and worthless. To whom, then, will I compare God? Or what likeness will I compare with Him? (Isaiah 40:13-15, 17-18)

God sits enthroned above the circle of the earth, and its inhabitants are like grasshoppers. He stretches out the heavens like a curtain and spreads them out like a tent to dwell in. He reduces rulers to nothing and makes the judges of this world meaningless. 　神坐在大地的圆穹之上，地上的居民好像蚱蜢，他铺张诸天如铺张幔子，展开众天像展开可以居住的帐棚。  他使诸侯都归于无有，使地上的审判官成为虚空。 (Isaiah 40:22-23)

You are the Lord, and there is no savior besides You. From ancient days You are He, and no one can deliver out of Your hand; You act, and who can reverse it? 唯有我是耶和华；除我以外，并没有拯救者。  自头一天以来，我就是‘那位’；谁也不能救人脱离我的手；我要行事，谁能拦阻呢？” (Isaiah 43:11, 13)

You have sworn by Yourself; the word has gone out of Your mouth in righteousness and will not return. Every knee will bow before You, and every tongue will acknowledge You. 我指着自己起誓，我的口凭着公义说出的话，决不改变：‘万膝都必向我跪拜，万口都要指着我起誓。’ (Isaiah 45:23)

To whom can I liken You or count You equal? To whom can I compare You that You may be alike? 你们要把谁与我相比，谁与我相似呢？你们把谁与我比较，好使我们同等呢？ (Isaiah 46:5)

You declare the end from the beginning, and from ancient times things that have not yet been done, saying, “My purpose will stand, and I will do all My pleasure.” 我从起初就宣告末后的事，从古时就述说还未作成的事，说：‘我的计划必定成功，我所喜悦的，我都必作成。’ (Isaiah 46:10)

The word that goes forth from Your mouth will not return to You empty but will accomplish what You desire and achieve the purpose for which You sent it. 从我的口所出的话也必这样，必不徒然返回我这里，却要作成我所喜悦的，使它在我差遣它去作的事上必然亨通。 (Isaiah 55:11)

You are the high and lofty One who inhabits eternity, whose name is holy. You live in a high and holy place but also with him who is contrite and lowly in spirit, to revive the spirit of the lowly and to revive the heart of the contrite. 因为那至高无上、永远存在、他名为圣的这样说：“虽然我住在至高至圣的地方，却与心灵痛悔和谦卑的人同在，要使谦卑人的灵苏醒，也使痛悔人的心苏醒。 (Isaiah 57:15)

Before You formed me in the womb, You knew me; before I was born, You set me apart. “我使你在母腹中成形以先，就认识你；你还未出母胎，我已把你分别为圣，立你作列国的先知。” (Jeremiah 1:5)

There is none like You, O Lord; You are great, and Your name is mighty in power. Who should not revere You, O King of the nations? It is Your rightful due. For among all the wise men of the nations and in all their kingdoms, there is no one like You. 耶和华啊！没有可以跟你相比的；你是伟大的，你的名大有能力。  万国的王啊！谁敢不敬畏你呢？这是你应得的。因为在列国所有的智慧人中，以及在他们的全国里，没有可以跟你相比的。 (Jeremiah 10:6-7)

I know, O Lord, that a man’s way is not his own; it is not in a man who walks to direct his steps. 耶和华啊！我知道人的道路是不由自己的；人行走时，也不能确定自己的脚步。 (Jeremiah 10:23)

You know me, O Lord; You see me and test my thoughts about You. 但耶和华啊！你认识我，了解我，你察验了我对你的心意。求你把他们拉出来，好像将宰的羊一般；求你把他们分别出来，留待宰杀的日子。 (Jeremiah 12:3)

The heart is deceitful above all things and incurably sick. Who can understand it? You, the Lord, search the heart and test the mind to reward a man according to his ways, according to the fruit of his deeds. 人心比万物都诡诈，无法医治；谁能识透呢？  “我耶和华是察透人心，试验人肺腑的，要照着各人的行为，和各人所作的事应得的结果报应各人。” (Jeremiah 17:9-10)

Are You a God nearby, and not a God far away? Can anyone hide in secret places so that You cannot see him? Do You not fill heaven and earth? 难道我只是近处的　神吗？不也是远处的　神吗？”这是耶和华的宣告。  “人怎能躲藏在隐密处，以致我看不见他呢？（这是耶和华的宣告）。我岂不是充满天地吗？”这是耶和华的宣告。 (Jeremiah 23:23-24)

Ah, Lord God! You have made the heavens and the earth by Your great power and outstretched arm. Nothing is too difficult for You. You are the great and mighty God, whose name is the Lord of hosts. You are great in counsel and mighty in deed, and Your eyes are open to all the ways of the sons of men; You reward everyone according to his ways and according to the fruit of his deeds. ‘主耶和华啊！你看，你曾用大能和伸出来的膀臂创造了天地；在你并没有难成的事。  你向千万人施慈爱，又把父亲的罪孽都报应在他们的儿女身上。你是伟大、有能力的　神，万军之耶和华是你（“你”原文作“他”）的名。  你的计划伟大，你的作为满有能力；你的眼睛睁开，察看世人一切所行的，要照着各人的行为，和各人所作的事应得的结果来报应各人。 (Jeremiah 32:17-19)

You are the Lord, the God of all mankind. Nothing is too difficult for You. “看哪！我是耶和华，是全人类的　神；在我有难成的事吗？ (Jeremiah 32:27)

In Your majesty, You dwell in the likeness of a throne of sapphire above the expanse that is over the cherubim. 我观看，见基路伯头顶以上的穹苍，有好像蓝宝石宝座的形状，显现出来。 (Ezekiel 10:1)

Blessed be the name of God for ever and ever, for wisdom and power belong to Him. He changes the times and the seasons; He raises up kings and deposes them. He gives wisdom to the wise and knowledge to those who have understanding. He reveals deep and hidden things; He knows what is in the darkness, and light dwells with Him. 但以理说：“愿　神的名得称颂，从永远直到永远，因为智慧和能力都是属他的。  他改变时间、季节；他废王、立王；他赐智慧给智慧人，赐知识给聪明人。  他显明深奥和隐密的事，他洞悉暗中的一切，因为光明与他同住。 (Daniel 2:20-22)

How great are God’s signs, and how mighty are His wonders! His kingdom is an eternal kingdom; His dominion endures from generation to generation. 他的神迹多么伟大，他的奇事多么有力；他的国是永远的国，他的统治直到万代！（本章第1-3节在《马索拉抄本》为3:31-33） (Daniel 4:3)

The Most High is sovereign over the kingdoms of men and gives them to whomever He wishes and sets over them the lowliest of men. I will bless the Most High and praise and honor Him who lives forever. His dominion is an eternal dominion, and His kingdom endures from generation to generation. He regards all the inhabitants of the earth as nothing, and does as He pleases with the host of heaven and the inhabitants of the earth. No one can hold back His hand or say to Him: “What have You done?” I praise, exalt, and honor the King of heaven, for all His works are true, and all His ways are just, and He is able to humble those who walk in pride. 这是守望者宣告的裁决，是圣者颁布的决定，好使世人都知道：至高者在世人的国中掌权，他喜欢把国赐给谁，就赐给谁，甚至立最卑微的人执掌国权。  “七年的日子满了，我尼布甲尼撒举目望天，我的理智恢复过来，我就称颂至高者，赞美尊崇活到永远的　神。他的统治永无穷尽，他的国度直到万代。  地上所有的居民，在他来说都是虚无；在天上的万军中，他凭自己的意旨行事；在地上的居民中，也是这样；没有人能拦住他的手，或问他说：‘你作什么？’  现在我尼布甲尼撒赞美、尊崇、荣耀天上的王，因为他所作的一切都正确，他所行的也都公平；行为骄傲的，他都能贬低。” (Daniel 4:17, 34-35, 37)

The Son of Man will come with the clouds of heaven. In the presence of the Ancient of Days, He will be given dominion and glory and a kingdom, so that all peoples, nations, and men of every language will worship Him. His dominion is an everlasting dominion that will not pass away, and His kingdom is one that will never be destroyed. “我在夜间的异象中继续观看，看见有一位像人子的，驾着天云而来，到万古常存者那里，被引领到他面前，  得了权柄、尊荣和国度；各国、各族和说各种语言的人都事奉他。他的权柄是永远的权柄，是不能废去的；他的国度是永不毁灭的。 (Daniel 7:13-14)

I will be silent before the Lord, for He is aroused from His holy dwelling place. 全人类都当在耶和华面前肃静，因为他从自己圣洁的居所被激动起来了。 (Zechariah 2:13)

God numbers even the very hairs of my head. 甚至你们的头发都一一数过了。 甚至你们的头发都一一数过了。不要怕，你们比许多麻雀贵重得多呢。 (Matthew 10:30; Luke 12:7)

Where two or three come together in the name of Jesus, He is there in their midst. 因为无论在哪里，有两三个人奉我的名聚会，我就在他们中间。” (Matthew 18:20)

All things are possible with God. 耶稣看着他们说：“在人这是不能的，在　神却凡事都能。” 耶稣看着他们，说：“在人不能，在　神却不然，因为在　神凡事都能。” (Matthew 19:26; Mark 10:27)

Heaven and earth will pass away, but the words of the Lord Jesus will never pass away. 天地都要过去，但我的话决不会废去。 天地都过去，但我的话决不会废去。 (Matthew 24:35; Luke 21:33)

All authority in heaven and on earth has been given to the Son of God. 耶稣上前来，对他们说：“天上地上一切权柄都赐给我了。 (Matthew 28:18)

Nothing is impossible with God. 因为在　神没有一件事是不可能的。” (Luke 1:37)

It is easier for heaven and earth to disappear than for a stroke of a letter of God’s law to fail. 天地过去，要比律法的一点一画失效还容易呢。 (Luke 16:17)

The Father loves the Son and has given all things into His hand. 父爱子，已经把万有交在他手里。 (John 3:35)

To the King eternal, immortal, invisible, the only God, be honor and glory forever and ever. 但愿尊贵荣耀归给万世的君王，就是那不朽坏、人不能见、独一的　神，直到永永远远。阿们。 (1 Timothy 1:17)

The word of God is living and active and sharper than any double-edged sword, piercing even to the dividing of soul and spirit and of joints and marrow, and it judges the thoughts and attitudes of the heart. And there is no creature hidden from His sight, but everything is uncovered and laid bare before the eyes of Him to whom we must give account. 　神的道是活的，是有效的，比一切两刃的剑更锋利，甚至可以刺入剖开灵与魂，关节与骨髓，并且能够辨明心中的思想和意念。  被造的在　神面前没有一样不是显明的，万有在他的眼前都是赤露敞开的；我们必须向他交帐。 (Hebrews 4:12-13)

With the Lord one day is like a thousand years, and a thousand years are like one day. 亲爱的，这一件事你们不可忘记：在主看来，一日如千年，千年如一日。 (2 Peter 3:8)

To the only God our Savior, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all ages and now and forever. Amen. (Jude 25)

The Lord Jesus, who is holy and true, holds the key of David. What He opens no one can shut, and what He shuts no one can open. “你要写信给在非拉铁非教会的使者，说：‘那圣洁的、真实的，拿着大卫的钥匙，开了就没有人能关，关了就没有人能开的（“拿着大卫的钥匙......没有人能开的”引自赛22:22），这样说： (Revelation 3:7)

**The Perfections of God**

Far be it from You to kill the righteous with the wicked, treating the righteous and the wicked alike. Far be it from You! Will not the Judge of all the earth do right? 你绝不会作这样的事：把义人与恶人一同杀死，把义人和恶人一样看待，你绝不会这样！审判全地的主，岂可不行公义吗？” (Genesis 18:25)

Who is like You, O Lord? Who is like You—majestic in holiness, awesome in praises, working wonders? 耶和华啊，万神之中有谁像你呢？有谁像你荣耀圣洁，可颂可畏，施行奇事呢？ (Exodus 15:11)

The Lord is a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate Him, but showing lovingkindness to a thousand generations of those who love Him and keep His commandments. 不可跪拜它们，也不可事奉它们，因为我耶和华你们的　神是忌邪的　神；恨恶我的，我必追讨他们的罪，从父亲到儿子，直到三四代。  爱我和遵守我诫命的，我必向他们施慈爱，直到千代。 不可跪拜它们，也不可事奉它们，因为我耶和华你们的　神是忌邪的　神；恨恶我的，我必追讨他们的罪，从父亲到儿子，直到三四代。  爱我和遵守我诫命的，我必向他们施慈爱，直到千代。 (Exodus 20:5-6; Deuteronomy 5:9-10)

The Lord, the Lord God, is compassionate and gracious, slow to anger, and abounding in lovingkindness and truth, maintaining love to thousands, and forgiving iniquity, transgression, and sin. 耶和华在摩西面前经过，并且宣告说：“耶和华，耶和华，是有怜悯有恩典的　神，不轻易发怒，并且有丰盛的慈爱和诚实，  为千千万万人留下慈爱，赦免罪孽、过犯和罪恶。一定要清除罪，追讨罪孽自父及子至孙，直到三四代。” (Exodus 34:6-7)

I will not worship any other god, for the Lord, whose name is Jealous, is a jealous God. 你不可敬拜别的神，因为耶和华是忌邪的　神，他名为忌邪者。 (Exodus 34:14)

You must be treated as holy by those who come near You, and before all people, You will be honored. 于是摩西对亚伦说：“这就是耶和华曾经告诉我们的，他说：‘在亲近我的人中，我要显为圣，在众人面前，我要得荣耀。’”亚伦就默然无语。 (Leviticus 10:3)

The Lord my God is a consuming fire, a jealous God. 因为耶和华你的　神是烈火，是忌邪的　神。 (Deuteronomy 4:24)

The Lord my God is the faithful God, who keeps His covenant and His lovingkindness to a thousand generations of those who love Him and keep His commands. 所以你要知道耶和华你的　神，他是　神，是信实可靠的　神；他向爱他和守他诫命的人，守约并且施慈爱，直到千代。 (Deuteronomy 7:9)

The Lord my God is God of gods and Lord of Lords, the great God, mighty and awesome, who shows no partiality and accepts no bribes. He executes justice for the fatherless and the widow and loves the alien, giving him food and clothing. 因为耶和华你们的　神，他是万神之神、万主之主、伟大有力和可畏的　神；他不徇情面，也不受贿赂。  他为孤儿寡妇伸张正义，又把衣食给寄居的人。 (Deuteronomy 10:17-18)

God is the Rock; His work is perfect, for all His ways are just. A God of faithfulness and without injustice, upright and just is He. 他是磐石，他的作为完全，因为他一切所行的全都公平；他是诚实无伪的　神，又公义，又正直。 (Deuteronomy 32:4)

As for God, His way is perfect; the word of the Lord is proven. He is a shield for all who take refuge in Him. For who is God besides the Lord? And who is the Rock except our God? 这位　神，他的道路是完全的；耶和华的话是炼净的；凡是投靠他的，他都作他们的盾牌。  除了耶和华，谁是　神呢？除了我们的　神，谁是磐石呢？ (2 Samuel 22:31-32)

O Lord, God of Israel, there is no God like You in heaven above or on earth below; You keep Your covenant and mercy with Your servants who walk before You with all their heart. 祷告说：“耶和华以色列的　神啊，天上地下没有别的神像你；你对一心在你面前行事为人的仆人守约施慈爱。 说：“耶和华以色列的　神啊，天上地下没有神可以和你相比的，你向那些一心行在你面前的仆人，常是守约施慈爱的； (1 Kings 8:23; 2 Chronicles 6:14)

I will give thanks to the Lord, for He is good; His love endures forever. 你们要称谢耶和华，因他是良善的，他的慈爱永远常存。 (1 Chronicles 16:34)

Let me fall into the hands of the Lord, for His mercies are very great; but do not let me fall into the hands of men. 大卫对迦得说：“我十分作难，我情愿落在耶和华的手里，因为他有极丰盛的怜悯，我不愿落在人的手里。” (1 Chronicles 21:13)

O Lord, God of heaven, You are the great and awesome God, keeping Your covenant of loyal love with those who love You and obey Your commands. 说：“耶和华天上的　神，伟大可畏的　神啊，你向那些爱你，遵守你诫命的人，守约施慈爱。 (Nehemiah 1:5)

You have been just in all that has happened to us; You have acted faithfully, while we did wrong. 在一切临到我们身上的事上，你都是公义的；因为你所行的是信实的，我们所行的是邪恶的。 (Nehemiah 9:33)

To God belong wisdom and power; counsel and understanding are His. 他有智慧与能力，又有谋略与聪明。 (Job 12:13)

Where does wisdom come from? Where does understanding dwell? It is hidden from the eyes of every living thing and concealed from the birds of the air. Destruction and Death say, “Only a rumor of it has reached our ears.” God understands its way, and He knows its place. For He looks to the ends of the earth and sees everything under the heavens. 然而，智慧从哪里来，聪明之地在哪里呢？  众生的眼睛都看不到，空中的飞鸟也不能发现。  灭亡和死亡都说：‘我们只风闻它的事罢了。’  　神明白智慧的道路，也晓得智慧的所在，  因为他察看全世界，遍观全地。 (Job 28:20-24)

You are not a God who takes pleasure in wickedness; evil cannot dwell with You. 因为你是不喜爱邪恶的　神，恶人不能与你同住。 (Psalm 5:4)

I will give thanks to the Lord according to His righteousness and will sing praise to the name of the Lord Most High. 我要照着耶和华的公义称谢他，歌颂至高者耶和华的名。 (Psalm 7:17)

The Lord reigns forever; He has established His throne for judgment. He will judge the world in righteousness, and He will govern the peoples with justice. The Lord will also be a refuge for the oppressed, a stronghold in times of trouble. Those who know Your name will trust in You, for You, Lord, have never forsaken those who seek You. 耶和华却永远坐着为王，为了施行审判，他已经设立宝座。  他必以公义审判世界，按正直判断万民。  耶和华要给受欺压的人作保障，作患难时的避难所。  认识你名的人必倚靠你；耶和华啊！你从未撇弃寻求你的人。 (Psalm 9:7-10)

The Lord is righteous; He loves righteousness; the upright will see His face. (Psalm 11:7)

As for God, His way is perfect; the word of the Lord is proven. He is a shield to all who take refuge in Him. For who is God besides the Lord? And who is the Rock except our God? 这位　神，他的道路是完全的；耶和华的话是炼净的；凡是投靠他的，他都作他们的盾牌。  除了耶和华，谁是　神呢？除了我们的　神，谁是磐石呢？ (Psalm 18:30-31)

The law of the Lord is perfect, restoring the soul. The testimony of the Lord is sure, making wise the simple. The precepts of the Lord are right, rejoicing the heart. The commandment of the Lord is pure, enlightening the eyes. The fear of the Lord is clean, enduring forever. The judgments of the Lord are true and altogether righteous. They are more desirable than gold, than much pure gold; they are sweeter than honey, than honey from the comb. Moreover, by them is Your servant warned; in keeping them there is great reward. 耶和华的律法是完全的，能使人心苏醒；耶和华的法度是坚定的，能使愚人有智慧。  耶和华的训词是正直的，能使人心快乐；耶和华的命令是清洁的，能使人的眼睛明亮。  耶和华的话语（“耶和华的话语”原文作“耶和华的敬畏”）是洁净的，能坚立到永远；耶和华的典章是真实的，完全公义；  都比金子宝贵，比大量的精金更宝贵；比蜜甘甜，比蜂房滴下来的蜜更甘甜；  并且你的仆人也借着这些得到警戒，谨守这些就得着大赏赐。 (Psalm 19:7-11)

Good and upright is the Lord; therefore He instructs sinners in His ways. 耶和华是良善和正直的，因此他必指示罪人走正路。 (Psalm 25:8)

The word of the Lord is upright, and all His work is done in faithfulness. He loves righteousness and justice; the earth is full of the lovingkindness of the Lord. 因为耶和华的话是正直的，他的一切作为都是诚实的。  耶和华喜爱公义和公正，全地充满耶和华的慈爱。 (Psalm 33:4-5)

Your lovingkindness, O Lord, reaches to the heavens, Your faithfulness to the skies. Your righteousness is like the mountains of God; Your judgments are like a great deep. O Lord, You preserve man and beast. How priceless is Your lovingkindness, O God! The children of men find refuge in the shadow of Your wings. For with You is the fountain of life; in Your light we see light. 耶和华啊！你的慈爱上及诸天，你的信实高达云霄。  你的公义好像大山，你的公正如同深渊；耶和华啊！人和牲畜，你都庇佑。  　神啊！你的慈爱多么宝贵；世人都投靠在你的翅膀荫下。  因为生命的泉源在你那里；在你的光中，我们才能看见光。 (Psalm 36:5-7, 9)

Be exalted, O God, above the heavens; let Your glory be over all the earth. For Your mercy reaches to the heavens, and Your faithfulness reaches to the clouds. 　神啊！愿你被尊崇，过于诸天；愿你的荣耀遍及全地。  因为你的慈爱伟大，高及诸天，你的信实上达云霄。 (Psalm 57:5, 10)

Once God has spoken; twice I have heard this: that power belongs to God, and that You, O Lord, are loving. For You reward each person according to what he has done. 　神说了一次，我两次听过这事：能力都属于　神。  主啊！慈爱也属于你，你必照各人所作的报应各人。 (Psalm 62:11-12)

Lovingkindness and truth have met together; righteousness and peace have kissed each other. Truth shall spring forth from the earth, and righteousness looks down from heaven. 慈爱和信实彼此相遇，公义和平安互相亲嘴。  信实从地上生出，公义从天上俯视。 (Psalm 85:10-11)

You, Lord, are good and ready to forgive and abundant in mercy to all who call upon You. 主啊！你是良善，又乐意饶恕人的，向你呼求的，你都以丰盛的慈爱待他们。 (Psalm 86:5)

You, O Lord, are a compassionate and gracious God, slow to anger, and abounding in lovingkindness and truth. 但是，主啊！你是有怜悯有恩典的　神，你不轻易发怒，并且有极大的慈爱和信实。 (Psalm 86:15)

I will sing of the mercies of the Lord forever; with my mouth I will make Your faithfulness known through all generations. I will declare that Your lovingkindness will be built up forever, that You will establish Your faithfulness in the heavens. And the heavens will praise Your wonders, O Lord, Your faithfulness also in the assembly of the holy ones. For who in the heavens can be compared with the Lord? Who is like the Lord among the sons of the mighty? God is greatly feared in the council of the holy ones and more awesome than all who surround Him. O Lord God of hosts, who is like You, O mighty Lord? Your faithfulness also surrounds You. 我要永远歌唱耶和华的慈爱，世世代代用口传扬你的信实。  我要说：“你的慈爱必永远建立；你的信实，你必坚立在天上。  耶和华啊！诸天要称颂你的奇事；在圣者的会中，你的信实也要被称颂。  在天上，谁能和耶和华相比呢？在全能者的众子中，谁能像耶和华呢？  在圣者的议会中，　神是令人惊惧的，比一切在他周围的都更为可畏。  耶和华万军之　神啊！有谁像你？耶和华啊！你是大能的，你的信实在你的周围。 (Psalm 89:1-2, 5-8)

Righteousness and justice are the foundation of Your throne; lovingkindness and truth go before You. 公义和公正是你宝座的基础，慈爱和信实行在你前面。 (Psalm 89:14)

It is good to give thanks to the Lord and to sing praises to Your name, O Most High, to declare Your lovingkindness in the morning and Your faithfulness at night. 称谢耶和华，歌颂你至高者的名；  早晨传扬你的慈爱，夜间传讲你的信实； (Psalm 92:1-2)

The Lord is upright; He is my Rock, and there is no unrighteousness in Him. 好显明耶和华是正直的；他是我的磐石，在他里面没有不义。 (Psalm 92:15)

I will exalt the Lord my God and worship Him, for the Lord God is holy. 你们要尊崇耶和华我们的　神，在他的圣山上敬拜，因为耶和华我们的　神是圣洁的。 (Psalm 99:9)

I will enter the Lord’s gates with thanksgiving and His courts with praise; I will give thanks to Him and bless His name. For the Lord is good and His lovingkindness endures forever; His faithfulness continues through all generations. 应当充满感恩进入他的殿门，满口赞美进入他的院子；要感谢他，称颂他的名。  因为耶和华本是美善的，他的慈爱存到永远，他的信实直到万代。 (Psalm 100:4-5)

I will sing of Your lovingkindness and justice; to You, O Lord, I will sing praises. 我要歌唱慈爱和公正；耶和华啊！我要向你歌颂。（本节在《马索拉抄本》包括细字标题） (Psalm 101:1)

The Lord executes righteousness and justice for all who are oppressed. The Lord is compassionate and gracious, slow to anger, and abounding in lovingkindness. 耶和华施行公义，为所有受欺压的人主持公道。  耶和华有怜悯，有恩典，不轻易发怒，并且有丰盛的慈爱。 (Psalm 103:6, 8)

I will give thanks to the Lord, for He is good; His lovingkindness endures forever. I will give thanks to the Lord for His unfailing love and His wonderful acts to the children of men, for He satisfies the thirsty soul and fills the hungry soul with good things. 你们要称谢耶和华，因他本是良善的；他的慈爱永远长存。  愿人因耶和华的慈爱，和他向世人所行的奇事称谢他。  因为他使干渴的人得到满足，又使饥饿的人饱享美物。 (Psalm 107:1, 8-9)

Your merciful love is higher than the heavens, and Your truth reaches to the skies. 因为你的慈爱伟大，高及诸天；你的信实上达云霄。 (Psalm 108:4)

Great are the works of the Lord; they are pondered by all who delight in them. Splendid and majestic is His work, and His righteousness endures forever. He has caused His wonderful acts to be remembered; the Lord is gracious and compassionate. 耶和华的作为伟大，喜爱他作为的人都努力查究。  他的作为满有尊荣和威严，他的公义永远长存。  他使人记念他所行的奇事；耶和华有恩典，有怜悯。 (Psalm 111:2-4)

The Lord’s lovingkindness is great toward us, and the truth of the Lord endures forever. Praise the Lord! 他向我们所施的慈爱极大；耶和华的信实永远长存。你们要赞美耶和华。 (Psalm 117:2)

I will give thanks to the Lord, for He is good; His lovingkindness endures forever. 你们要称谢耶和华，因他本是良善的；他的慈爱永远长存。 (Psalm 118:1)

Your word is settled in heaven forever, O Lord. Your faithfulness continues through all generations; You established the earth, and it stands. They continue to this day according to Your ordinances, for all things serve You. 耶和华啊！你的话存到永远，坚立在天上。  你的信实存到万代；你坚立了地，地就长存。  天地照着你的安排存到今日，因为万有都是你的仆役。 (Psalm 119:89-91)

Your testimonies, which You have commanded, are righteous and trustworthy. Your righteousness is everlasting, and Your law is truth. 你以公义和至诚，命定了你的法度。  你的公义是永远的公义，你的律法是可信可靠的。 (Psalm 119:138, 142)

The sum of Your words is truth, and all of Your righteous judgments are eternal. 你的话的总纲就是真理，你一切公义的典章要存到永远。 (Psalm 119:160)

I will give thanks to the God of heaven, for His merciful love endures forever. 你们要称谢天上的　神，因为他的慈爱永远长存。 (Psalm 136:26)

How precious are Your thoughts to me, O God! How vast is the sum of them! If I should count them, they would outnumber the grains of sand. When I awake, I am still with You. 　神啊！你的意念对我多么珍贵（“珍贵”或译：“深奥”），数目何等众多。  如果我数点，它们比海沙更多；我睡醒的时候，仍然与你同在。 (Psalm 139:17-18)

I know that the Lord will maintain the cause of the afflicted and justice for the poor. 我知道耶和华必为困苦人伸冤，必替穷乏人辨屈。 (Psalm 140:12)

I will express the memory of Your abundant goodness and joyfully sing of Your righteousness. The Lord is gracious and compassionate, slow to anger, and great in lovingkindness. The Lord is good to all, and His tender mercies are over all His works. 他们要传述你可记念、至善的名，也要歌唱你的公义。  耶和华有恩典有怜悯，不轻易发怒，大有慈爱。  耶和华善待万有，他的怜悯临到他一切所造的。 (Psalm 145:7-9)

The Lord is righteous in all His ways and gracious in all His works. 耶和华在他一切所行的事上，都是公义的，他对他一切所造的，都存着慈爱的心。 (Psalm 145:17)

The Lord of hosts will be exalted in judgment, and the holy God will show Himself holy in righteousness. 唯独万军之耶和华，因公平被高举；至圣的　神，因公义显为圣。 (Isaiah 5:16)

The Lord of hosts is wonderful in counsel and great in wisdom. 这也是出于万军之耶和华，他的谋略奇妙，他的智慧广大。 (Isaiah 28:29)

The Lord longs to be gracious and rises to show compassion. For the Lord is a God of justice; blessed are all those who wait for Him! 因此，耶和华必等候要恩待你们；他必兴起来怜悯你们，因为耶和华是公义的　神。等候他的，都是有福的。 (Isaiah 30:18)

The Lord is our judge, the Lord is our lawgiver, the Lord is our king; it is He who will save us. 因为耶和华是我们的审判者，耶和华是我们的立法者，耶和华是我们的君王，他必拯救我们。 (Isaiah 33:22)

It pleased the Lord for the sake of His righteousness to make His law great and glorious. (Isaiah 42:21)

Only in the Lord are righteousness and strength. 人论到我必说：‘只有在耶和华里面才有公义和能力’；向他发怒的，都必来到他面前，并且要蒙羞。 (Isaiah 45:24)

“My thoughts are not your thoughts, neither are your ways My ways,” declares the Lord. “As the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts.” 耶和华说：“我的意念不是你们的意念，你们的道路也不是我的道路。  天怎样高过地，我的道路也怎样高过你们的道路，我的意念也怎样高过你们的意念。 (Isaiah 55:8-9)

You, Lord, love justice; You hate robbery and iniquity. 因为我耶和华喜爱公平，恨恶不义的抢夺；我要凭真理赏赐他们，与他们立永远的约。 (Isaiah 61:8)

O Lord of hosts, You judge righteously and test the heart and mind; to You I have committed my cause. 但万军之耶和华啊！你是凭公义审判人，试验人肺腑和心肠的。求你让我看见你在他们身上施行的报复，因为我已经把我的案件向你陈明了。 (Jeremiah 11:20)

I call this to mind, and therefore I have hope: The Lord’s mercies never cease, for His compassions never fail. They are new every morning; great is Your faithfulness. 但我的心一想起下面这件事，我就有指望。  耶和华的慈爱永不断绝，他的怜悯永不止息。  每天早晨都是新的；你的信实多么广大！ (Lamentations 3:21-23)

I know that You are a gracious and compassionate God, slow to anger and abounding in lovingkindness, a God who relents from sending calamity. 就向耶和华祷告，说：“耶和华啊！我还在本国的时候，不是这样说过吗？我知道你是有恩典有怜悯的　神，不轻易发怒，并且有丰盛的慈爱，转意不降灾祸，所以我才急忙逃往他施去。 (Jonah 4:2)

The Lord is good, a refuge in times of trouble; He knows those who trust in Him. 耶和华是良善的；在患难的时候，他作人的避难所；信靠他的人，他都认识。 (Nahum 1:7)

Your eyes are too pure to look at evil; You cannot look on wickedness. 你的眼目纯洁，不看邪恶，不能坐视奸恶；为什么见行诡诈的人而不理？恶人吞灭比自己公义的人，你为什么缄默呢？ (Habakkuk 1:13)

My soul magnifies the Lord and my spirit rejoices in God my Savior, for the Mighty One has done great things for me, and holy is His name. His mercy is on those who fear Him, from generation to generation. 马利亚说：“我心尊主为大，  我灵以　神我的救主为乐，  全能者为我行了大事，他的名为圣；  他的怜悯世世代代归与敬畏他的人。 (Luke 1:46-47, 49-50)

Your word is truth. 求你用真理使他们成圣；你的道就是真理。 (John 17:17)

Oh, the depth of the riches both of the wisdom and knowledge of God! How unsearchable are His judgments, and His ways past finding out! For who has known the mind of the Lord? Or who has been His counselor? Or who has first given to Him, that He should repay him? For from Him and through Him and to Him are all things. To Him be the glory forever! Amen. 　神的丰富、智慧和知识，是多么高深啊！他的判断是多么难测，他的道路是多么难寻！  “谁知道主的心意，谁作过他的参谋？”  “谁先给了他，以致他要偿还呢？”  因为万有都是本于他，倚靠他，归于他。愿荣耀归给他，直到永远。阿们。 (Romans 11:33-36)

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all comfort. 我们主耶稣基督的父　神是应当称颂的。他是满有怜悯的父，赐各样安慰的　神。 (2 Corinthians 1:3)

In Christ are hidden all the treasures of wisdom and knowledge. 一切智慧和知识的宝库都蕴藏在基督里面。 (Colossians 2:3)

The Lord is not slow concerning His promise, as some count slowness, but is patient with us, not wanting anyone to perish, but for all to come to repentance. 主决不耽延他的应许，像有些人以为他是耽延的一样；其实他是宽容你们，不愿有一人灭亡，却愿人人都悔改。 (2 Peter 3:9)

God is light; in Him there is no darkness at all. 　神是光，在他里面毫无黑暗；这就是我们从他那里听见，现在传给你们的信息。 (1 John 1:5)

Great and marvelous are Your works, Lord God Almighty! Righteous and true are Your ways, King of the nations! Who will not fear You, O Lord, and glorify Your name? For You alone are holy. All nations will come and worship before You, for Your righteous acts have been revealed. 他们唱着　神仆人摩西的歌和羊羔的歌，说：“主啊！全能的　神，你的作为又伟大又奇妙！万国的王啊，你的道路又公义又真实！  主啊！谁敢不敬畏你，不荣耀你的名呢？因为只有你是神圣的，万国都要来，在你面前下拜，因为你公义的作为已经显明出来了。” (Revelation 15:3-4)

Hallelujah! Salvation and glory and power belong to our God, because His judgments are true and righteous. 这些事以后，我听见天上好像有一大群人大声说：“哈利路亚！救恩、荣耀、权能都属于我们的　神，  因为他的审判是真实公义的。他审判了那大淫妇，那以淫乱败坏了世界的；并且为他的仆人向淫妇伸了流血的冤。” (Revelation 19:1-2)

The works of God

**Creation**

In the beginning God created the heavens and the earth. Now the earth was formless and empty, and darkness was over the surface of the deep, and the Spirit of God was hovering over the face of the waters. And God said, “Let there be light,” and there was light. And God saw that the light was good, and He separated the light from the darkness. God called the light “day,” and the darkness He called “night.” So the evening and the morning were the first day. Then God said, “Let there be an expanse in the midst of the waters, and let it separate the waters from the waters.” So God made the expanse and separated the waters under the expanse from the waters above it, and it was so. And God called the expanse “heaven.” So the evening and the morning were the second day. Then God said, “Let the waters under the heavens be gathered into one place, and let dry ground appear”; and it was so. And God called the dry ground “earth,” and the gathered waters He called “seas.” And God saw that it was good. 起初，　神创造天地。  地是空虚混沌；深渊上一片黑暗；　神的灵运行在水面上。  　神说：“要有光！”就有了光。  　神看光是好的，他就把光暗分开了。  　神称光为昼，称暗为夜。有晚上，有早晨；这是第一日。  　神说：“众水之间要有穹苍，把水和水分开！”事就这样成了。  　神造了穹苍，把穹苍以下的水和穹苍以上的水分开了。  　神称穹苍为天。有晚上，有早晨；这是第二日。  　神说：“天下的水要聚在一处，使旱地露出来！”事就这样成了。  　神称旱地为地，称水的聚处为海。　神看这是好的。 (Genesis 1:1-10)

God said, “Let the earth produce vegetation: seed-bearing plants and trees that yield fruit with seed in it, according to their various kinds”; and it was so. And the earth produced vegetation: plants bearing seed according to their kinds and trees bearing fruit with seed in it according to their kinds. And God saw that it was good. So the evening and the morning were the third day. 　神说：“地上要长出青草、结种子的蔬菜和结果子的树木，各从其类，在地上的果子都包着核！”事就这样成了。  于是，地上长出了青草和结种子的蔬菜，各从其类；又长出结果子的树木，各从其类，果子都包着核。　神看这是好的。  有晚上，有早晨；这是第三日。 (Genesis 1:11-13)

God said, “Let there be lights in the expanse of the heavens to separate the day from the night, and let them serve as signs to mark seasons and days and years, and let them be lights in the expanse of the heavens to give light on the earth”; and it was so. God made two great lights—the greater light to govern the day and the lesser light to govern the night. He also made the stars. God set them in the expanse of the heavens to give light on the earth, and to govern the day and the night, and to separate the light from the darkness. And God saw that it was good. So the evening and the morning were the fourth day. 　神说：“在天上穹苍中，要有光体来分昼夜；这些光体要作为记号，定节令、日子和年岁；  它们要在天上穹苍中发光，照耀地上！”事就这样成了。  于是，　神造了两个大光体，大的管昼，小的管夜；又造了星星。  　神把这些光体安放在天上穹苍中，照耀地上，  管昼夜，分光暗。　神看这是好的。  有晚上，有早晨；这是第四日。 (Genesis 1:14-19)

God said, “Let the waters teem with an abundance of living creatures, and let birds fly above the earth across the expanse of the heavens.” So God created great sea creatures and every living creature with which the waters abounded, according to their kinds, and every winged bird according to its kind. And God saw that it was good. God blessed them and said, “Be fruitful and multiply, and fill the waters in the seas, and let the birds multiply on the earth.” So the evening and the morning were the fifth day. 　神说：“水要滋长生物；地上和天空之中，要有雀鸟飞翔！”  于是，　神创造了大鱼和在水中滋生各种能活动的生物，各从其类；又创造了各种有翅膀的飞鸟，各从其类。　神看这是好的。  　神就赐福给它们，说：“要繁殖增多，充满海洋；雀鸟也要在地上增多！”  有晚上，有早晨；这是第五日。 (Genesis 1:20-23)

God said, “Let the earth produce living creatures according to their kinds: livestock, creatures that creep on the earth, and beasts of the earth, each according to its kind”; and it was so. God made the beasts of the earth according to their kinds, the livestock according to their kinds, and all the creatures that creep on the earth according to their kinds. And God saw that it was good. 　神说：“地上要生出活物来，各从其类；牲畜、昆虫和地上的野兽，各从其类！”事就这样成了。  于是，　神造了地上的野兽，各从其类；牲畜，各从其类；地上的各种昆虫，各从其类。　神看这是好的。 (Genesis 1:24-25)

God said, “Let Us make man in Our image, in Our likeness, and let them rule over the fish of the sea and the birds of the air and over the livestock and over all the earth and over all the creatures that creep on the earth.” So God created man in His own image; in the image of God He created him; male and female He created them. Then God blessed them and said to them, “Be fruitful and multiply; fill the earth and subdue it; and rule over the fish of the sea and the birds of the air and over every living creature that moves on the earth.” Then God said, “Behold, I have given you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it; they will be yours for food. And to all the beasts of the earth and all the birds of the air and all the creatures that move on the ground, in which there is life, I have given every green plant for food”; and it was so. God saw all that He had made, and it was very good. So the evening and the morning were the sixth day. 　神说：“我们要照着我们的形象，按着我们的样式造人；使他们管理海里的鱼、空中的鸟、地上的牲畜，以及全地，和地上所有爬行的生物！”  于是，　神照着自己的形象创造人；就是照着他的形象创造了人；他所创造的有男有女。  　神就赐福给他们，对他们说：“要繁殖增多，充满这地，征服它；也要管理海里的鱼、空中的鸟和地上爬行的所有生物。”  　神说：“看哪！我把全地上结种子的各样蔬菜，和一切果树上有种子的果子，都赐给你们作食物。  至于地上的各种野兽，空中的各种飞鸟，和地上爬行有生命的各种活物，我把一切青草蔬菜赐给它们作食物。”事就这样成了。  　神看他所造的一切都很好。有晚上，有早晨；这是第六日。 (Genesis 1:26-31)

God completed the heavens and the earth in all their vast array. By the seventh day God finished the work which He had done, and He rested on the seventh day from all His creative work. And God blessed the seventh day and sanctified it, because on it He rested from all the work of creating that He had done. 这样，天地万物都造齐了。  第七日，　神完成了他所作的工；在第七日　神歇了他所作的一切工。  　神赐福第七日，把它分别为圣，因为在这一日，　神停了他一切所创造的工，歇息了。 (Genesis 2:1-3)

The Lord God formed man from the dust of the ground and breathed into his nostrils the breath of life; and man became a living being. And out of the ground the Lord God made every tree grow that is pleasing to the eye and good for food. In the middle of the garden were the tree of life and the tree of the knowledge of good and evil. Then the Lord God took the man and put him in the Garden of Eden to cultivate it and take care of it. 耶和华　神用地上的尘土造成人形，把生气吹进他的鼻孔里，那人就成了有生命的活人，名叫亚当。  耶和华　神使各样的树从地上长起来，能悦人的眼目，也好作食物。园子中间又有生命树，和知善恶树。  耶和华　神把那人安置在伊甸园里，叫他耕种和看守那园子。 (Genesis 2:7, 9, 15)

In the day that God created man, He made him in the likeness of God. 以下是亚当后代的记录。　神创造人的时候，是按着自己的样式造的； (Genesis 5:1)

In six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy. 因为耶和华在六日之内造天、地、海和其中的万物，第七日就歇息了；所以耶和华赐福安息日，定为圣日。 (Exodus 20:11)

O Lord, God of Israel, enthroned between the cherubim, You alone are God over all the kingdoms of the earth. You have made heaven and earth. 希西家在耶和华面前祷告，说：“耶和华以色列的　神，坐在二基路伯中间的啊，只有你是地上万国的　神，天地是你创造的。 (2 Kings 19:15)

You alone are the Lord. You made the heavens, even the heaven of heavens, and all their starry host, the earth and all that is on it, the seas and all that is in them. You give life to all that is in them, and the host of heaven worships You. 你，唯独你是耶和华，你造了天，天上的天和天军，地和地上的万物，海和海中的万物，你使这一切生存，天军也都敬拜你。 (Nehemiah 9:6)

God is the maker of the Bear and Orion, the Pleiades, and the constellations of the south. He does great things that cannot be fathomed and wonderful works that cannot be counted. 他造北斗与参星，昴星和南方的星座；  他所行的大事无法测度，所行的奇事不可胜数。 (Job 9:9-10)

When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have set in place, what is man that You are mindful of him, and the son of man that You care for him? You made him a little lower than the heavenly beings and crowned him with glory and honor. You made him ruler over the works of Your hands, and You put everything under his feet. 我观看你手所造的天，和你所安放的月亮和星星。  啊！人算什么，你竟记念他？世人算什么，你竟眷顾他？  你使他比天使（“天使”或译：“　神”）低微一点，却赐给他荣耀尊贵作冠冕。  你叫他管理你手所造的，把万物都放在他的脚下， (Psalm 8:3-6)

The heavens declare the glory of God, and the skies proclaim the work of His hands. Day after day they pour forth speech; night after night they reveal knowledge. 诸天述说　神的荣耀，穹苍传扬他的作为。  天天发出言语，夜夜传出知识。 (Psalm 19:1-2)

The earth is the Lord’s, and everything in it, the world and all who dwell in it. For He founded it upon the seas and established it upon the waters. 地和地上所充满的，世界和住在世上的，都是属于耶和华的。（本节在《马索拉抄本》包括细字标题）  因为他把地奠定在海上，使世界安定在众水之上。 (Psalm 24:1-2)

By the word of the Lord the heavens were made, and by the breath of His mouth their starry host. 诸天借着耶和华的话而造，天上的万象借着他口中的气而成。 (Psalm 33:6)

The Mighty One, God, the Lord, has spoken and summoned the earth from the rising of the sun to the place where it sets. 大能者　神耶和华已经说话，从日出之地到日落之处呼唤大地。（本节在《马索拉抄本》包括细字标题） (Psalm 50:1)

Every animal of the forest is Yours, and the cattle on a thousand hills. You know every bird in the mountains, and everything that moves in the field is Yours. 因为树林中的百兽是我的，千山上的牲畜也是我的。  山中的雀鸟我都认识，田野的走兽也都属我。 (Psalm 50:10-11)

You answer us with awesome deeds of righteousness, O God of our salvation, You who are the hope of all the ends of the earth and of the farthest seas; You formed the mountains by Your strength, having armed Yourself with power; and You stilled the roaring of the seas, the roaring of their waves, and the tumult of the peoples. 拯救我们的　神啊！你必充满威严，按公义应允我们；你本是一切地极和海洋远处的人所倚靠的。  你以大能束腰，用自己的力量坚立众山。  你平息了海洋的洪涛和澎湃的巨浪，以及万民的喧哗。 (Psalm 65:5-7)

The day is Yours; the night also is Yours; You established the sun and moon. It was You who set all the boundaries of the earth; You made both summer and winter. 白昼是你的，黑夜也是你的，月亮和太阳，都是你设立的。  地上的一切疆界都是你立定的，夏天和冬天都是你制定的。 (Psalm 74:16-17)

The heavens are Yours; the earth also is Yours; You founded the world and all its fullness. 天是你的，地也是你的；世界和世界充满的，都是你建立的。 (Psalm 89:11)

The Lord is the great God, the great King above all gods. In His hand are the depths of the earth, and the summits of the mountains are His also. The sea is His, for He made it, and His hands formed the dry land. He is our God and we are the people of His pasture and the sheep under His care. 因为耶和华是伟大的　神，是超越众神的大君王。  地的深处在他手中，山的高峰也都属他。  海洋属他，因为是他创造的，陆地也是他的手造成的。  因为他是我们的　神，我们是他草场上的子民，是他手下的羊群。如果你们今天听从他的声音， (Psalm 95:3-5, 7)

The Lord, He is God. It is He who made us, and not we ourselves; we are His people and the sheep of His pasture. 要知道耶和华是　神；他创造了我们，我们是属他的（“我们是属他的”有古抄本作“不是我们自己”）；我们是他的子民，也是他草场上的羊。 (Psalm 100:3)

The Lord covers Himself in light as with a garment; He stretches out the heavens like a tent curtain and lays the beams of His upper chambers in the waters. He makes the clouds His chariot and walks on the wings of the wind. He makes the winds His messengers, flames of fire His servants. He set the earth on its foundations, so that it can never be moved. You covered it with the deep as with a garment; the waters stood above the mountains. At Your rebuke the waters fled; at the sound of Your thunder they hurried away. They flowed over the mountains and went down into the valleys to the place You assigned for them. You set a boundary they cannot cross, that they will not return to cover the earth. O Lord, how manifold are Your works! In wisdom You made them all; the earth is full of Your possessions. 你披上亮光好像披上外袍；展开诸天好像铺张帐幔。  你在水上立起你楼阁的栋梁；你以云彩为战车；乘驾风的翅膀而行。  你用风作你的使者，用火焰作你的仆役。  你把大地坚立在根基上，使地永永远远不动摇。  你用深水像衣服一般覆盖大地，使众水高过群山。  因你的斥责，水就退去；因你的雷声，水就奔逃。  众水流经群山，向下流往众谷，流到你为它们指定的地方。  你定了界限，使众水不能越过；它们不再转回掩盖大地。  耶和华啊！你所造的真是众多。它们都是你用智慧造成的；全地充满你所造的东西。 (Psalm 104:2-9, 24)

Your hands made me and fashioned me. 你的手造了我，建立了我；求你使我有悟性，可以学习你的命令。 (Psalm 119:73)

You formed my inward parts; You wove me together in my mother’s womb. I thank You because I am fearfully and wonderfully made; Your works are wonderful, and my soul knows it full well. My frame was not hidden from You when I was made in secret and skillfully wrought in the depths of the earth. Your eyes saw my embryo, and all the days ordained for me were written in Your book before one of them came to be. 我的脏腑是你所造的，在我母腹中你塑造了我。  我要称谢你，因为我的受造奇妙可畏；你的作为奇妙，这是我深深知道的。  我在隐密处被造，在地的深处被塑造，那时，我的形体不能向你隐藏。  我未成形的身体，你的眼睛早已看见；为我所定的日子，我还未度过一日，都完全记在你的册上了。 (Psalm 139:13-16)

The Lord appoints the number of the stars and calls them each by name. 他数点星辰的数目，一一给它们起名。 (Psalm 147:4)

The Lord by wisdom founded the earth; by understanding He established the heavens; by His knowledge the deeps were divided, and the clouds drop down the dew. 耶和华以智慧奠定大地，以聪明坚立高天。  因他的知识，深渊就裂开，天空也滴下甘露。 (Proverbs 3:19-20)

God has made everything beautiful in its time. He has also set eternity in the hearts of men; yet they cannot fathom what God has done from beginning to end. 他使万事各按其时，成为美好；他又把永恒的意识放在人的心里；虽然这样，人还是不能察觉　神自始至终的作为。 (Ecclesiastes 3:11)

O Lord of hosts, God of Israel, enthroned between the cherubim, You alone are God over all the kingdoms of the earth. You have made heaven and earth. “万军之耶和华，以色列的　神，坐在二基路伯中间的啊！唯独你是地上万国的　神；你创造了天地。 (Isaiah 37:16)

Who has measured the waters in the hollow of His hand, or marked off the heavens with the breadth of his hand? Who has calculated the dust of the earth in a measure, or weighed the mountains in the balance and the hills in scales? 谁曾用掌心量过海水，用手掌测过苍天呢？谁曾用升斗量过大地的尘土，用秤称山岭，用天平称冈陵呢？ (Isaiah 40:12)

“To whom will you compare Me? Or who is My equal?” says the Holy One. Lift your eyes to the heavens and see who has created them, He who brings out the starry host by number and calls them each by name. Because of His great might and the strength of His power, not one of them is missing. Do you not know? Have you not heard? The everlasting God, the Lord, the Creator of the ends of the earth, does not grow tired or weary. No one can fathom His understanding. 那圣者说：“你们把谁来跟我相比，使他与我相等呢？”  你们向天举目吧！看是谁创造了这些万象？是谁按着数目把万象领出来，一一指名呼唤？因他的大能大力，连一个也不缺少。  你不知道吗？你没有听过吗？永在的　神、耶和华、地极的创造主既不疲乏，也不困倦；他的知识无法测度。 (Isaiah 40:25-26, 28)

It is God the Lord who created the heavens and stretched them out, who spread out the earth and all that comes out of it, who gives breath to its people, and spirit to those who walk on it. 那创造诸天，展开穹苍，铺张大地和大地所出的一切，赐气息给地上的众人，又赐灵性给在地上行的人的耶和华　神这样说： (Isaiah 42:5)

You form the light and create darkness; You bring prosperity and create disaster; You, the Lord, do all these things. 我造光，也造黑暗；我赐平安，也降灾祸；我耶和华是造成这一切事的。 (Isaiah 45:7)

You made the earth and created man upon it. Your own hands stretched out the heavens, and You ordered their starry hosts. 我造了地，又造了人在地上；我亲手展开了诸天，又命定了天上的万象。 (Isaiah 45:12)

The Lord who created the heavens, He is God. He fashioned and made the earth and established it; He did not create it to be empty but formed it to be inhabited. He is the Lord, and there is no other. 因为创造诸天的耶和华，他是　神，塑造大地，把大地造成；他坚立大地；他创造大地，不是荒凉的；他塑造大地，是要给人居住；他这样说：“我是耶和华，再没有别的　神。 (Isaiah 45:18)

Your hand laid the foundations of the earth, and Your right hand spread out the heavens; when You summon them, they all stand up together. 我的手奠定了大地的根基，我的右手展开了诸天；我一呼唤它们，它们就一同站着侍候。 (Isaiah 48:13)

Heaven is Your throne, and the earth is Your footstool. Your hand made all these things, and so they came into being. (Isaiah 66:1-2a)

God made the earth by His power; He established the world by His wisdom and stretched out the heavens by His understanding. 耶和华用自己的能力创造了大地，用自己的智慧坚立了世界，又用自己的聪明展开了诸天。 (Jeremiah 10:12)

The Lord gives the sun for light by day, and decrees the moon and stars for light by night; He stirs up the sea so that its waves roar—the Lord of hosts is His name. 那使太阳白昼发光，派定月亮和星辰照耀黑夜，又搅动海洋，使海浪澎湃的，万军之耶和华是他的名，他这样说： (Jeremiah 31:35)

The Lord made the earth by His power; He established the world by His wisdom and stretched out the heavens by His understanding. 耶和华用自己的能力创造了大地，用自己的智慧坚立了世界，又用自己的聪明展开了诸天。 (Jeremiah 51:15)

The Lord God of hosts—He who touches the earth and it melts, and all who live in it mourn; He who builds His staircase in the heavens and founded the expanse over the earth; He who calls for the waters of the sea and pours them out over the face of the earth—the Lord is His name. 万军之主耶和华摸地，地就融化，住在地上的都要悲哀。这地必像尼罗河高涨，像埃及的大河退落。  他在天上建立楼阁，在大地之上奠立穹苍；他召唤海水，把海水浇在地上；耶和华是他的名。 (Amos 9:5-6)

The Lord stretches out the heavens, lays the foundation of the earth, and forms the spirit of man within him. 以下是耶和华的默示，这是耶和华论到以色列的话（是耶和华的宣告，他铺张诸天，奠定大地的根基，造成人里面的灵）： (Zechariah 12:1)

Through Christ all things were made, and without Him nothing was made that has been made. In Him was life, and the life was the light of men. 万有是借着他造的；凡被造的，没有一样不是借着他造的。  在他里面有生命，（有些抄本第3、4节或译：“万有是借着他造的，没有一样不是借着他造的；凡被造的，都在他里面有生命......”）这生命就是人的光。 (John 1:3-4)

God, who made the world and everything in it, since He is Lord of heaven and earth, does not dwell in temples built by hands. And He is not served by human hands, as though He needed anything, since He Himself gives all men life and breath and everything else. 创造宇宙和其中万有的　神，既然是天地的主，就不住在人手所造的殿宇，  也不受人手的服事，好像他缺少什么；他自己反而把生命、气息和一切，赐给万人。 (Acts 17:24-25)

Since the creation of the world God’s invisible attributes—His eternal power and divine nature—have been clearly seen, being understood from what has been made, so that men are without excuse. 其实自从创世以来，　神那看不见的事，就如他永恒的大能和神性，都是看得见的，就是从他所造的万物中可以领悟，叫人没有办法推诿。 (Romans 1:20)

God gives life to the dead and calls into being things that do not exist. 如经上所记：“我已经立了你作万国的父。”他所信的，是叫死人得生命、使无变为有的　神。 (Romans 4:17)

The whole family in heaven and on earth derives its name from the God and Father of our Lord Jesus Christ. 因此，我在父面前屈膝，  （天上地上所有的家族都是由他命名的，） (Ephesians 3:14-15)

Christ is the image of the invisible God, the firstborn over all creation. For by Him all things were created that are in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities; all things were created by Him and for Him. And He is before all things, and in Him all things hold together. 这爱子是那看不见的　神的形象，是首先的，在一切被造的之上。  因为天上地上的万有：看得见的和看不见的，无论是坐王位的，或是作主的，或是执政的，或是掌权的，都是本着他造的；万有都是借着他，又是为着他而造的。  他在万有之先；万有也一同靠着他而存在。 (Colossians 1:15-17)

Everything God created is good, and nothing is to be rejected if it is received with thanksgiving, because it is sanctified by the word of God and prayer. 因为凡　神所造的，都是好的，只要存感谢的心领受，没有一样是可以弃绝的；  都因着　神的道和人的祈求成为圣洁了。 (1 Timothy 4:4-5)

In the past God spoke to the fathers through the prophets at many times and in various ways, but in these last days He has spoken to us by His Son, whom He appointed heir of all things, and through whom He made the universe. 　神在古时候，曾经多次用种种方法，借着先知向我们的祖先说话；  在这末后的日子，却借着他的儿子向我们说话。　神已经立他作万有的承受者，并且借着他创造了宇宙（“宇宙”或译：“诸世界”或“众世代”）。 (Hebrews 1:1-2)

By faith I understand that the universe was formed by the word of God, so that what is seen was not made out of things which are visible. 因着信，我们就明白宇宙（“宇宙”或译：“诸世界”或“众世代”）是因着　神的话造成的。这样，那看得见的就是从那看不见的造出来的。 (Hebrews 11:3)

By the word of God the heavens existed long ago and the earth was formed out of water and by water. By these waters also the world of that time was deluged and destroyed. By the same word the present heavens and earth are reserved for fire, being kept for the day of judgment and destruction of ungodly men. 他们故意忘记这事：在太古的时候，因着　神的话，就有了天，和从水而出、借水而成的地。  当时的世界，因被水淹没而消灭了。  但现在的天地，还是因着同样的话可以存留，直到不敬虔的人受审判和遭灭亡的日子，用火焚烧。 (2 Peter 3:5-7)

You are worthy, our Lord and God, to receive glory and honor and power, for You created all things, and by Your will they were created and have their being. “主、我们的　神，你是配得荣耀、尊贵、权能的，因为你创造了万有，万有都是因着你的旨意而存在，而被造的。” (Revelation 4:11)

**Redemption**

Because Adam listened to the voice of his wife and ate from the tree about which God commanded him, “You must not eat of it,” the ground was cursed; through painful toil he ate of it all the days of his life. It produced thorns and thistles for him, and he ate the plants of the field. By the sweat of his brow he ate his food until he returned to the ground, because from it he was taken; “For dust you are and to dust you will return.” 耶和华　神又对亚当说：“因为你听从了你妻子的话，吃了我吩咐你不可吃的那树上的果子；地就必因你的缘故受咒诅；你必终生劳苦，才能从地里得吃的。  地要给你长出荆棘和蒺藜来；你也要吃田间的蔬菜；  你必汗流满面，才有饭吃，直到你归回地土，因为你是从地土取出来的；你既然是尘土，就要归回尘土。” (Genesis 3:17-19)

The earth became corrupt in God’s sight and was filled with violence. God looked upon the earth and saw how corrupt it had become, for all the people on earth had corrupted their ways. 当时，世界在　神面前败坏了，地上满了强暴。  　神观看大地，看见世界已经败坏了；全人类在地上所行的都是败坏的。 (Genesis 6:11-12)

In the judgment of the flood, every living thing that moved on the earth perished—birds, livestock, wild animals, all the creatures that swarm over the earth, and all mankind. Everything on dry land that had the breath of life in its nostrils died. Every living thing on the face of the earth was wiped out; men and animals and the creatures that move along the ground and the birds of the air were destroyed from the earth. Only Noah was left, and those with him in the ark. 凡有生命仍在地上行动的，无论是飞鸟或是牲畜，走兽或是在地上滋生的各样小生物，以及所有的人都死了；  仍在陆地上，鼻孔里有气息的生灵都死了。  耶和华把地上的所有生物，从人类到牲畜，爬行动物，以及空中的飞鸟都除灭了；于是，这一切都从地上消灭了。只留下挪亚和那些与挪亚一同在方舟里的人。 (Genesis 7:21-23)

After the flood, Noah brought out every kind of living creature that was with him—the birds, the animals, and all the creatures that move along the ground—so they could multiply on the earth and be fruitful and increase in number upon it. All the animals and all the creatures that move along the ground and all the birds—everything that moves on the earth—went out according to their families from the ark. 所有和你在一起有生命的活物：飞鸟、牲畜和一切在地上爬行的动物，你都要带出来，使它们可以在地上滋生、繁殖，也可以在地上增多。”  各样走兽、牲畜、飞禽和各样在地上爬行的动物，各从自己的族类，都出了方舟。 (Genesis 8:17, 19)

When Noah made an offering after the flood, the Lord smelled the pleasing aroma and said in His heart: “I will never again curse the ground because of man, even though every inclination of his heart is evil from childhood; nor will I again destroy all living creatures, as I have done. While the earth remains, seedtime and harvest, cold and heat, summer and winter, day and night will never cease.” 耶和华闻了那馨香的气味，就心里说：“我必不再因人的缘故咒诅这地（因为人从小时开始心中所想的都是邪恶的）；我也必不再照着我作过的，击杀各样的活物。  大地尚存之日，播种、收割，寒暑、冬夏、白昼和黑夜必然循环不息。” (Genesis 8:21-22)

God blessed Noah and his sons, and told them to be fruitful and multiply and fill the earth. He established His covenant with them and with their descendants after them and with every living creature that was with them—the birds, the livestock and all the beasts of the earth, all those that came out of the ark with them—every living creature on earth. God established His covenant that never again will all life be cut off by the waters of a flood; never again will there be a flood to destroy the earth. The sign of God’s covenant for all generations to come is the rainbow that He set in the clouds; whenever a rainbow appears in the clouds, He will remember His everlasting covenant with mankind and every living creature of every kind on the earth. 　神赐福给挪亚和他的儿子，对他们说：“你们要繁殖增多，充满大地。  “看哪，我现在与你们和你们的后裔立约，  并且与所有跟你们在一起有生命的活物立约，包括飞鸟、牲畜和所有地上的走兽，就是与从方舟里出来的立约。  我要与你们立约：凡有生命的必不再被洪水除灭，再没有洪水来毁灭大地了。”  　神说：“这就是我与你们，与一切跟你们同在有生命的活物所立之约的记号，直到万代；  我把天虹放在云彩中，作我与大地立约的记号。  我使云彩遮盖大地时，天虹出现云彩中，  我就记念我与你们和一切有生命的活物所立的约：水不再成为洪水，来毁灭凡有生命的。  天虹在云彩中出现，我看见了就记念我与地上一切有生命的活物，所立的永约。” (Genesis 9:1, 9-16)

The Lord said to Abram, “Leave your country, your people and your father’s household and go to the land I will show you. I will make you into a great nation and I will bless you; I will make your name great, and you will be a blessing. I will bless those who bless you, and whoever curses you I will curse; and all the families of the earth will be blessed through you.” 耶和华对亚伯兰说：“你要离开本地、本族、父家，到我指示你的地方去。  我必使你成为大国，赐福给你，使你的名为大，你也必使别人得福，  给你祝福的，我必赐福给他；咒诅你的，我必咒诅他；地上的万族，都必因你得福。” (Genesis 12:1-3)

The Lord said to Abram after Lot had separated from him, “Now lift up your eyes and look from the place where you are north and south, east and west. All the land that you see I will give to you and to your descendants forever. I will make your descendants like the dust of the earth, so that if anyone could count the dust, then your offspring also could be counted.” 罗得离开亚伯兰以后，耶和华对亚伯兰说：“你要举目，从你所在的地方向东南西北观看。  你看见的地方，我都要赐给你和你的后裔，直到永远。  我要使你的后裔好像地上灰尘那么多；若能数算地上的灰尘，才能数算你的后裔。 (Genesis 13:14-16)

After Abram rescued Lot, Melchizedek, king of Salem, brought out bread and wine; he was a priest of God Most High, and he blessed him and said, “Blessed be Abram of God Most High, Possessor of heaven and earth. And blessed be God Most High, who delivered your enemies into your hand.” Then Abram gave him a tenth of everything. 撒冷王麦基洗德也带着饼和酒出来；他是至高　神的祭司。  他给亚伯兰祝福，说：“愿创造天地的主、至高的　神，赐福给亚伯兰。  把敌人交在你手里的至高的　神，是应当称颂的！”亚伯兰就把所得的一切，拿出十分之一来，给了麦基洗德。 (Genesis 14:18-20)

God took Abram outside and said, “Look up at the heavens and count the stars if you are able to count them.” Then He said to him, “So shall your descendants be.” And Abram believed in the Lord, and He credited it to him as righteousness. 于是领他到外面去，说：“你向天观看，数点众星，看你能不能把它们数得清楚。”又对他说：“你的后裔将要这样众多。”  亚伯兰信耶和华，耶和华就以此算为他的义了。 (Genesis 15:5-6)

The Lord appeared to Abram and said to him, “I am El Shaddai; walk before Me and be blameless. And I will confirm My covenant between Me and you and will greatly increase your numbers.” Then Abram fell on his face, and God talked with him, saying, “As for Me, My covenant is with you, and you will be the father of many nations. No longer will you be called Abram; your name will be Abraham, for I have made you a father of many nations. I will make you exceedingly fruitful; I will make nations of you, and kings will come from you. And I will establish My covenant as an everlasting covenant between Me and you and your descendants after you for the generations to come, to be your God and the God of your descendants after you.” 亚伯兰九十九岁的时候，耶和华向他显现，对他说：“我是全能的　神，你要在我面前行事为人；你要作完全人。  我要与你立约，要使你的后裔人丁兴旺。”  于是亚伯兰俯伏在地，　神又告诉他，说：  “看哪，这就是我和你所立的约：你要作多国的父。  你的名不要再叫亚伯兰，要叫亚伯拉罕，因为我已经立了你作万国的父。  我要使你极其昌盛，国度因你而立，君王必从你而出。  我要与你，和你世世代代的后裔，坚立我的约，成为永远的约，使我作你和你的后裔的　神。 (Genesis 17:1-7)

The Lord confirmed that Abraham would surely become a great and powerful nation, and all nations on earth would be blessed through him. 亚伯拉罕必要成为强大兴盛的国，地上的万国，都必因他得福。 (Genesis 18:18)

The Lord said to Abraham, “By Myself I have sworn, that because you have not withheld your son, your only son, I will surely bless you and make your descendants as numerous as the stars in the sky and as the sand on the seashore. Your descendants will take possession of the cities of their enemies, and through your offspring all nations on earth will be blessed, because you have obeyed My voice.” 说：“耶和华说：‘我指着自己起誓，你既然作了这事，没有留下你的独生子，  我必定赐福给你，必使你的后裔繁多，像天上的星，海边的沙；你的后裔必占领仇敌的城门。  地上万国都要因你的后裔得福，因为你听从了我的话。’” (Genesis 22:16-18)

The Lord appeared to Isaac and said, “Do not go down to Egypt; dwell in the land of which I shall tell you. Sojourn in this land, and I will be with you and will bless you. For to you and your descendants I will give all these lands and will confirm the oath I swore to your father Abraham. I will make your descendants as numerous as the stars in the sky and will give them all these lands, and through your offspring all nations on earth will be blessed, because Abraham obeyed me and kept My charge, My commands, My statutes, and My laws.” 耶和华向以撒显现，说：“你不要下到埃及去，要住在我所指示你的地方。  你要寄居在这地，我必与你同在，必赐福给你，因为我要把这全地都赐给你和你的后裔，履行我向你父亲亚伯拉罕所起的誓。  我必使你的后裔增多，好像天上的星那样多；我必把这全地都赐给你的后裔；地上的万国都必因你的后裔得福。  这是因为亚伯拉罕听从了我的话，遵守了我的吩咐、我的命令、我的条例和我的律法。” (Genesis 26:2-5)

Jacob had a dream in which he saw a ladder resting on the earth, with its top reaching to heaven; and the angels of God were ascending and descending on it. There above it stood the Lord, and He said: “I am the Lord, the God of your father Abraham and the God of Isaac. I will give you and your descendants the land on which you are lying. Your descendants will also be like the dust of the earth, and you will spread out to the west and to the east, to the north and to the south; and all the families of the earth will be blessed through you and your offspring.” 他作了一个梦，梦见一个梯子立在地上，梯顶直通到天，　神的众使者在梯子上下往来。  耶和华站在梯子上，说：“我是耶和华你祖父亚伯拉罕的　神，也是以撒的　神，我要把你现在躺着的这块地赐给你和你的后裔。  你的后裔必像地面的灰尘那么多；你必向东、南、西、北扩展；地上的万族必因你和你的后裔得福。 (Genesis 28:12-14)

After Jacob returned from Paddan Aram, God appeared to him again and blessed him. And God said to him, “Your name is Jacob, but you will no longer be called Jacob; your name will be Israel.” So He called his name Israel. And God said to him, “I am El Shaddai; be fruitful and increase in number. A nation and a company of nations will proceed from you, and kings will come from your body. The land I gave to Abraham and Isaac I also give to you, and I will give this land to your descendants after you.” 雅各从巴旦．亚兰回来以后，　神再次向他显现，赐福给他。  　神对他说：“你的名原是雅各，但以后不要再叫雅各，以色列才是你的名。”这样，　神给他改名叫以色列。  　神对他说：“我是全能的　神，你要繁殖增多，必有一大国从你而生，又必有很多君王从你而出。  我赐给亚伯拉罕和以撒的地，我要赐给你，我也要把这地赐给你的后裔。” (Genesis 35:9-12)

Joseph said to his brothers, “Do not be grieved or angry with yourselves for selling me here, for God sent me before you to save lives. He sent me ahead of you to preserve for you a remnant on earth and to save your lives by a great deliverance. So it was not you who sent me here, but God.” 现在你们不要因为把我卖到这里来，而自忧自责。这原是　神差派我在你们以先来这里，为要保全性命。  　神差派我在你们以先来这里，为要给你们在地上留下余种，大大施行拯救，保全你们的性命。  这样看来，差派我到这里来的，不是你们，而是　神。他立我作法老之父，作他全家之主，又作全埃及地的首相。 (Genesis 45:5, 7-8)

You raised up Pharaoh for this purpose, that You might show him Your power and that Your name might be proclaimed through all the earth. 然而我使你存留，是为了使你看见我的能力，并且在全地上传讲我的名。 (Exodus 9:16)

In Your unfailing love You have led the people You have redeemed. In Your strength You have guided them to Your holy dwelling. You brought them in and planted them in the mountain of Your inheritance—the place, O Lord, You made for Your dwelling; the sanctuary, O Lord, Your hands have established. 你凭着慈爱，带领了你买赎的人民；你凭着能力，引导了他们到你的圣所。  你要把他们领进去，栽种在你产业的山上，耶和华啊，就是在你为自己预备的住处；主啊，就是在你手建立的圣所上。 (Exodus 15:13, 17)

You overwhelmed the Egyptians and carried Your people on eagles’ wings and brought them to Yourself. ‘我向埃及人所行的，你们都看见了；也看见了我怎样像鹰一样把你们背在翅膀上，带领你们到我这里来。 (Exodus 19:4)

You are the Lord our God, who brought Your people out of Egypt, out of the land of slavery. “我是耶和华你的　神，曾经把你从埃及地，从为奴之家领出来。 (Exodus 20:2)

You are the Lord our God, who brought Your people out of Egypt so that they would no longer be their slaves; You broke the bars of their yoke and enabled them to walk with heads held high. 我是耶和华你们的　神，曾经把你们从埃及地领出来，使你们不再作他们的奴仆；我折断了你们所负的轭，使你们挺身昂首地行走。 (Leviticus 26:13)

Has any other people heard the voice of God speaking out of the midst of the fire, as the children of Israel have, and lived? Has any god ever tried to take for himself one nation from the midst of another nation, by trials, by miraculous signs and wonders, by war, by a mighty hand and an outstretched arm, and by great and awesome deeds, like all the things the Lord God did for Israel in Egypt before their very eyes? The Israelites were shown these things so that they might know that the Lord, He is God; there is no other besides Him. Out of heaven He made the children of Israel hear His voice to discipline them. On earth He showed them His great fire, and they heard His words out of the midst of the fire. Because He loved their fathers, He chose their descendants after them, and He brought them out of Egypt by His presence and His great power; He drove out from before the Israelites nations greater and mightier than they, to bring them in and to give them their land as an inheritance. 有没有一个民族听见　神在火中说话的声音，像你听见的一样，还能活着呢？  有没有一位神尝试借着试验、神迹、奇事、战争、大能的手和伸出来的膀臂，以及大而可畏的事，把一国的人民从别的国中领出来，像耶和华你们的　神在埃及，在你们面前为你们所作的一切事呢？  这是要显明给你看，使你知道，只有耶和华是　神；除了他以外，再没有别的神。  他从天上使你听见他的声音，为要教导你；又在地上使你看见他的大火，并且叫你听到他从火中所说的话。  因为他爱你的列祖，所以才拣选了他们的后裔，用大能亲自把你从埃及领出来，  为要把比你大比你强的民族，从你面前赶走，然后领你进去，把他们的地赐给你作产业，像今日一样。 (Deuteronomy 4:33-38)

The children of Israel were a people holy to the Lord their God. The Lord God chose them out of all the peoples on the face of the earth to be His people, His treasured possession. The Lord did not set His love on them and choose them because they were more numerous than other peoples, for they were the fewest of all peoples. But it was because the Lord loved them and kept the oath He swore to their fathers that He brought them out with a mighty hand and redeemed them from the house of slavery, from the hand of Pharaoh king of Egypt. “因为你是归耶和华你的　神作圣洁的子民的；耶和华你的　神从地上的万族中，拣选了你作他自己的产业，自己的子民。  耶和华喜爱你们，拣选你们，并不是因为你们的人数比别的民族多，其实你们的人数在万族中是最少的；  而是因为耶和华对你们的爱，又因为他遵守他向你们的列祖所起的誓，他才用大能的手把你们领出来，把你们从为奴之家，从埃及王法老的手里拯救出来。 (Deuteronomy 7:6-8)

The Lord led His people all the way in the wilderness for forty years, to humble them and to test them in order to know what was in their heart, whether or not they would keep His commands. He humbled them, allowing them to hunger and then feeding them with manna, which neither they nor their fathers had known, to teach them that man does not live on bread alone; but man lives by every word that proceeds from the mouth of the Lord. 你也要记念耶和华你的　神这四十年在旷野引导你的一切路程，为要使你受苦，要试炼你，要知道你心里怎样，看看你肯守他的诫命不肯。  他使你受苦，任你饥饿，把你和你的列祖不认识的吗哪赐给你吃，使你知道人活着，不是单靠食物，更要靠耶和华口里所出的一切话。 (Deuteronomy 8:2-3)

The Lord set His affection on the forefathers of Israel to love them, and He chose their descendants above all peoples. 但耶和华只喜悦你的列祖，爱他们；他从万民中拣选了他们的后裔，就是你们，像今日一样。 (Deuteronomy 10:15)

The Lord is our praise, and He is our God, who performed for the children of Israel those great and awesome wonders which they saw with their own eyes. 他是你当颂赞的；他是你的　神，他为你作了那些大而可畏的事，就是你亲眼见过的。 (Deuteronomy 10:21)

The children of Israel were a people holy to the Lord their God. Out of all the peoples on the face of the earth, the Lord chose them to be His treasured possession. 因为你是属于耶和华你的　神的圣洁子民；耶和华从地上的万民中拣选了你们，特作他自己的子民。 (Deuteronomy 14:2)

The Lord God is the One who went with Israel to fight for them against their enemies, to save them. 因为耶和华你们的　神和你们同去，要为你们攻打你们的仇敌，要拯救你们。’ (Deuteronomy 20:4)

You set before Your people life and prosperity, death and destruction; and You commanded them to love You, the Lord their God, to walk in Your ways, and to keep Your commandments, statutes, and judgments, so that they would live and multiply and that You would bless them in the land they were entering to possess. You called heaven and earth as witnesses against them that You set before them life and death, blessings and curses, and told them to choose life, so that they and their children would live by loving You, listening to Your voice, and holding fast to You. “你看，我今日把生命和福乐，死亡与灾祸，都摆在你的面前了。  如果你听从耶和华你的　神的诫命，就是我今日吩咐你的；爱耶和华你的　神，行他的道路，谨守他的诫命、律例、典章，使你可以存活，人数增多，耶和华你的　神就必在你要进去得为业的地上赐福给你。  我今日呼天唤地向你们作证，我把生与死，福与祸，都摆在你面前了；所以你要选择生命，好让你和你的后裔都可以活着，  爱耶和华你的　神，听从他的话，紧靠他，因为那就是你的生命，你的长寿；这样，你才能在耶和华向你的列祖亚伯拉罕、以撒、雅各起誓应许要赐给他们的地上居住。” (Deuteronomy 30:15-16, 19-20)

Joshua said to Israel, “Now I am about to go the way of all the earth. You know with all your hearts and souls that not one of all the good promises the Lord your God gave you has failed. Every promise has been fulfilled; not one has failed.” “看哪，我今天要走世人必经的路了。你们清清楚楚（“清清楚楚”原文作“一心一意”）知道耶和华你们的　神应许赐福给你们的话，没有一句落空；完全应验在你们身上，没有一句落空。 (Joshua 23:14)

Blessed is the Lord, who has not left His people without a kinsman-redeemer. 妇女对拿俄米说：“耶和华是应当称颂的，因为他今天没有断绝你有买赎权的近亲，愿他在以色列中扬名。 (Ruth 4:14)

The Lord does not save by sword or by spear, for the battle is the Lord’s. 也使这些人群都知道，耶和华拯救人不是靠刀，不是靠枪，因为战争的胜败在于耶和华，他必把你们交在我们的手里。” (1 Samuel 17:47)

With the kind You show Yourself kind; with the blameless You show Yourself blameless; with the pure You show Yourself pure; but to the crooked You show Yourself shrewd. You save the humble, but Your eyes are on the haughty to bring them low. 对慈爱的人，你显出你的慈爱；对完全的人，你显出你的完全。  对清洁的人，你显出你的清洁；对狡诈的人，你显出你的机巧。  谦卑的人，你要拯救；你的眼睛察看高傲的人，要使他们降卑。 (2 Samuel 22:26-28)

The Lord has said, “If My people who are called by My name will humble themselves and pray and seek My face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.” 这称为我名下的子民，若是谦卑、祷告、寻求我的面，转离他们的恶行，我必从天上垂听，赦免他们的罪，医治他们的地。 (2 Chronicles 7:14)

When the children of Judah were victorious, it was because they relied on the Lord, the God of their fathers. 那时，以色列人被击败了，犹大人获得胜利，因为他们倚靠耶和华他们列祖的　神。 (2 Chronicles 13:18)

The eyes of the Lord move to and fro throughout the whole earth to strengthen those whose hearts are fully committed to Him. 耶和华的眼目遍察全地，一心归向他的，他必以大能扶助他们；你作这事太愚昧了。从今以后，你必常有战争。” (2 Chronicles 16:9)

You save the humble but bring low those whose eyes are haughty. 谦卑的人，你要拯救；高傲的眼睛，你要贬低。 (Psalm 18:27)

The Lord guides the humble in what is right and teaches the humble His way. 他必引导谦卑的人行正义，把他的道路教导谦卑的人。 (Psalm 25:9)

Blessed is the nation whose God is the Lord, the people whom He has chosen for His inheritance. 以耶和华为　神的，那国是有福的；耶和华拣选作自己产业的，那民是有福的。 (Psalm 33:12)

I will praise You forever for what You have done; I will hope in Your name, for it is good. I will praise You in the presence of Your saints. 我要永远称谢你，因为你行了这事；我必在你圣民的面前，宣扬（“宣扬”原文作“仰望”）你的名，因你的名是美好的。 (Psalm 52:9)

Blessed be the Lord God, the God of Israel, who alone does wonderful things. 独行奇事的以色列的　神，就是耶和华　神，是应当称颂的。 (Psalm 72:18)

I will remember the works of the Lord; surely, I will remember Your wonders of long ago. I will meditate on all Your works and consider all Your mighty deeds. Your way, O God, is holy. What god is so great as our God? You are the God who works wonders; You have revealed Your strength among the peoples. You redeemed Your people with Your power, the descendants of Jacob and Joseph. 我要述说耶和华的作为，我要记念你古时所行的奇事。  我要默想你一切所行的，思想你的作为。  　神啊！你的道路是圣洁的，有哪一位神好像我们的　神这样伟大呢？  你是行奇事的　神，你在万民中显明你的能力。  你曾用你的膀臂救赎你的子民，就是雅各和约瑟的子孙。（细拉） (Psalm 77:11-15)

How great are Your works, O Lord! Your thoughts are very deep. The senseless man does not know; fools do not understand that when the wicked spring up like grass and all the evildoers flourish, they will be destroyed forever. But You, O Lord, are exalted forever. 耶和华啊！你的工作多么伟大，你的心思极为深奥。  无理性的人不晓得，愚昧的人不明白这事：  恶人虽好像草一样繁茂，所有作孽的人虽然兴旺，他们都要永远灭亡。 (Psalm 92:5-7)

O Lord, what is man that You know him, or the son of man that You think of him? Man is like a breath; his days are like a passing shadow. 耶和华啊！人算什么，你竟关怀他，世人算什么，你竟眷念他。  人不过像一口气，他的年日仿佛影子消逝。 (Psalm 144:3-4)

One generation shall praise Your works to another, and shall declare Your mighty acts. I will meditate on the glorious splendor of Your majesty and on Your wonderful works. Men shall speak of the might of Your awesome works, and I will proclaim Your great deeds. 世世代代的人都要颂赞你的作为，他们要传扬你大能的作为。  他们要讲述你威严的尊荣，我也要默想你奇妙的作为。  他们要述说你所行可畏的事的能力，我也要宣扬你的伟大。 (Psalm 145:4-6)

The Lord upholds all who fall and lifts up all who are bowed down. The eyes of all look to You, and You give them their food at the proper time. You open Your hand and satisfy the desire of every living thing. 跌倒的，耶和华都扶持他们；被压迫的，他都扶他们起来。  万人的眼睛都仰望你，你按时把粮食赐给他们。  你把手张开，使所有生物都随愿得到饱足。 (Psalm 145:14-16)

The Lord is near to all who call upon Him, to all who call upon Him in truth. He fulfills the desire of those who fear Him; He hears their cry and saves them. The Lord preserves all who love Him, but all the wicked He will destroy. 凡是求告耶和华的，耶和华都和他们接近，就是和所有真诚求告他的人接近。  敬畏他的，他必成就他们的心愿，也必听他们的呼求，拯救他们。  耶和华保护所有爱他的人，却要消灭所有恶人。 (Psalm 145:18-20)

The Lord watches over the strangers; He sustains the orphan and the widow, but He thwarts the way of the wicked. 耶和华保护寄居的，扶持孤儿寡妇，却使恶人的行动挫败。 (Psalm 146:9)

The Lord relieves the humble, but He casts the wicked to the ground. 耶和华扶持谦卑的人，却把恶人丢弃在地。 (Psalm 147:6)

A Shoot will come forth from the stump of Jesse; from his roots a Branch will bear fruit. The Spirit of the Lord will rest on Him—the Spirit of wisdom and of understanding, the Spirit of counsel and of power, the Spirit of knowledge and of the fear of the Lord—and He will delight in the fear of the Lord. He will not judge by what He sees with His eyes, or decide by what He hears with His ears, but with righteousness He will judge the poor and decide with fairness for the meek of the earth. And He will strike the earth with the rod of His mouth; with the breath of His lips He will slay the wicked. Righteousness will be His belt, and faithfulness the sash around His waist. 从耶西的树干必生出一根嫩芽，从他的根而出的枝条必结果子。  耶和华的灵必停留在他身上，就是智慧的灵和聪明的灵，谋略的灵和能力的灵，知识的灵和敬畏耶和华的灵。  他必以敬畏耶和华为乐。他不凭眼睛所见的施行审判，也不凭耳朵所听的断定是非；  却要以公义审判贫穷人，以正直判断地上的困苦人；以口中的杖击打世界，以嘴里的气杀死恶人。  公义必作他腰间的带子，信实必作他胁下的带子。 (Isaiah 11:1-5)

O Lord, You are my God; I will exalt You and praise Your name, for You have done wonderful things, things planned long ago in perfect faithfulness. 耶和华啊！你是我的　神，我要尊崇你，称谢你的名，因为你以信实真诚作成了奇妙的事，就是你远古以前所计划的事。 (Isaiah 25:1)

The Lord humbles those who dwell on high and lays the lofty city low; He levels it to the ground and casts it down to the dust. 他使那些骄傲的降卑，使那些高耸的城败落；把它拆毁，散在地上，变作尘土。 (Isaiah 26:5)

God gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young men stumble and fall; but those who wait for the Lord will renew their strength; they will mount up with wings like eagles; they will run and not grow weary; they will walk and not be faint. 疲乏的，他赐气力，无力的，他加力量。  就是年轻人也会疲乏困倦，强壮的人也会全然跌倒。  但那些仰望耶和华的人，必重新得力；他们必像鹰一样展翅上腾；他们奔跑，也不困倦，他们行走，也不疲乏。 (Isaiah 40:29-31)

Shout for joy, O heavens! Rejoice, O earth! Break out into singing, O mountains! For the Lord has comforted His people and will have compassion on His afflicted. 诸天哪！你们要欢呼。大地啊！你当快乐。众山啊！你们要发声欢呼。因为耶和华已经安慰了他的子民，也必怜悯他受困苦的人。 (Isaiah 49:13)

Was it not You who dried up the sea, the waters of the great deep; who made the depths of the sea a road so that the redeemed might cross over? 使海，就是大渊的水干涸，使海的深处变为蒙救赎的人经过之路的，不是你吗？ (Isaiah 51:10)

The Lord has bared His holy arm in the sight of all the nations, and all the ends of the earth will see the salvation of our God. 耶和华在万国的眼前，显露他的圣臂，地极的人必看见我们　神的拯救。 (Isaiah 52:10)

The Servant of God was despised and rejected by men, a man of sorrows, and acquainted with grief. And like one from whom men hide their faces, He was despised, and we esteemed Him not. Surely He has borne our infirmities and carried our sorrows; yet we considered Him stricken, smitten by God, and afflicted. But He was pierced for our transgressions, He was crushed for our iniquities; the punishment that brought us peace was upon Him, and by His wounds we are healed. All of us like sheep have gone astray, each of us has turned to his own way, and the Lord has laid on Him the iniquity of us all. He was oppressed and afflicted, yet He did not open His mouth; He was led like a lamb to the slaughter, and as a sheep before her shearers is silent, so He did not open His mouth. By oppression and judgment He was taken away. And who can speak of His descendants? For He was cut off from the land of the living; He was stricken for the transgression of God’s people. He was assigned a grave with the wicked, yet with a rich man in His death, though He had done no violence, nor was any deceit in His mouth. Yet it was the Lord’s will to crush Him and cause Him to suffer. When He makes His soul a guilt offering, He will see His offspring and prolong His days, and the pleasure of the Lord will prosper in His hand. He will see the fruit of the travail of His soul and be satisfied; by His knowledge God’s righteous Servant will justify many, and He will bear their iniquities. Therefore God will give Him a portion among the great, and He will divide the spoils with the strong, because He poured out His life unto death, and was numbered with the transgressors. For He bore the sin of many, and made intercession for the transgressors. 他被藐视，被人拒绝，是个多受痛苦，熟悉病患的人。他像个被人掩面不看的人一样；他被藐视，我们也不重视他。  原来他担当了我们的病患，背负了我们的痛苦；我们却以为他受责打，被　神击打和苦待了。  然而他是为了我们的过犯被刺透，为了我们的罪孽被压伤；使我们得平安的惩罚加在他身上，因他受了鞭伤，我们才得医治。  我们众人都如羊走迷了路，各人偏行己路；耶和华却把我们众人的罪孽，都归在他身上。  他被虐待，受痛苦的时候，他并不开口；他像羊羔被牵去屠宰，又像羊在剪羊毛的人面前寂然无声，他也是这样不开口。  他受拘禁和审判以后被带走；至于他那个世代的人中，有谁想到从活人之地被剪除，被击打，是因我子民的过犯呢？  虽然他从来没有行过强暴，他的口里也没有诡诈，人还是使他与恶人同埋，但死的时候与财主同葬。  耶和华却喜悦把他压伤，使他受痛苦；耶和华若以他的性命作赎罪祭，他必看见后裔，并且得享长寿；耶和华所喜悦的，必在他手中亨通。  他受了生命之苦以后，必看见光明，并且心满意足；我的义仆必使许多人因认识他而得称为义，他也必背负他们的罪孽。  所以，我要使他与伟大的人同分，他必与强盛的均分掳物，因为他把自己的性命倾倒，以致于死。他被列在罪犯之中，却担当了多人的罪，又为罪犯代求。 (Isaiah 53:3-12)

Surely the Lord’s hand is not too short to save, nor His ear too dull to hear. But our iniquities have separated us from our God; our sins have hidden His face from us, so that He will not hear. Yet the Lord saw that there was no one to intervene; so His own arm worked salvation for Him, and His righteousness sustained Him. He put on righteousness as His breastplate, and the helmet of salvation on His head; He put on the garments of vengeance and wrapped Himself in zeal as a cloak. From the west, men will fear the name of the Lord, and from the rising of the sun, they will revere His glory. For He will come like a flood that the breath of the Lord drives along. 看哪！耶和华的手不是缩短了，以致不能拯救；他的耳朵不是不灵，不能听见；  而是你们的罪孽使你们与你们的　神隔绝；你们的罪恶使他掩面不顾你们，不听你们的祷告。  他见无人行善，无人代求，就非常诧异，所以他用自己的膀臂为他施行拯救，以自己的公义扶持他。  他穿上公义的铠甲，戴上救恩的头盔，穿上复仇的衣服，披上热心作外袍。  他要按照各人的行为施行报应，把烈怒降与他的敌人，把报应加给他的仇敌，向众海岛的人施行报应。  这样，人从日落之处必敬畏耶和华的名，从日出之地也必敬畏他的荣耀，仇敌像河水冲来的时候，耶和华的气必向他催逼。 (Isaiah 59:1-2, 16-19)

Nations will come to Your light and kings to the brightness of your dawning. 万国要在你的光中行走，列王必在你如旭日初升的光辉中行走。 (Isaiah 60:3)

As the earth brings forth its sprouts and as a garden causes that which is sown to spring up, so the Lord God will make righteousness and praise spring up before all nations. 地怎样发生苗芽，园子怎样使所种的生长起来，主耶和华也必怎样使公义和赞美，在万国之前生长出来。 (Isaiah 61:11)

I will tell of the lovingkindnesses of the Lord, the praises of the Lord, according to all the Lord has done for us, and the great goodness toward the house of Israel, which He has bestowed on them according to His mercies, and according to the multitude of His lovingkindnesses. 我照着耶和华为我们所作的一切，提说耶和华的慈爱，耶和华可称颂的事，和他赐给以色列家的大福，就是照着他的怜悯和丰盛的慈爱为他们作成的。 (Isaiah 63:7)

I will sing to the Lord and give praise to the Lord, for He has rescued the life of the needy from the hands of evildoers. 你们要歌颂耶和华，赞美耶和华；因为他救了穷乏人的性命，脱离恶人的手。 (Jeremiah 20:13)

When You promised to make a new covenant with the house of Israel, You said, “I will put My law within them and write it on their hearts. I will be their God, and they will be My people. No longer will each one teach his neighbor, or each one his brother, saying, ‘Know the Lord,’ because they shall all know Me, from the least of them to the greatest of them. For I will forgive their iniquity and will remember their sins no more.” “但那些日子以后，我要与以色列家所立的约是这样（这是耶和华的宣告）：我要把我的律法放在他们里面，写在他们的心里。我要作他们的　神，他们要作我的子民。  他们各人必不再教导自己的邻舍和自己的同胞，说：‘你们要认识耶和华。’因为所有的人，从最小到最大的都必认识我。我也要赦免他们的罪孽，不再记着他们的罪恶。”这是耶和华的宣告。 (Jeremiah 31:33-34)

You promised to restore the children of Israel and Judah, saying, “They shall be My people, and I will be their God. And I will give them one heart and one way, so that they will always fear Me for their own good and the good of their children after them.” 他们必作我的子民，我也必作他们的　神。  我要使他们有同一的心志和同一的行为，终生敬畏我，使他们和他们的子孙都得到福乐。 (Jeremiah 32:38-39)

When the glory of the Lord departed from the temple, it rose from above the cherubim and moved to the threshold of the temple. The cloud filled the temple, and the court was full of the radiance of the glory of the Lord. The sound of the wings of the cherubim could be heard as far away as the outer court, like the voice of El Shaddai when He speaks. Then the glory of the Lord departed from over the threshold of the temple and stood over the cherubim. While Ezekiel watched, the cherubim spread their wings and rose from the ground, and as they went, their wheels went with them, and they stood still at the entrance to the east gate of the Lord’s house, and the glory of the God of Israel was above them. Each of the cherubim had four faces and four wings, and under their wings was what looked like the hands of a man. Each one went straight ahead. Then the cherubim spread their wings with the wheels beside them, and the glory of the God of Israel was high above them. And the glory of the Lord went up from the midst of the city and stood over the Mount of Olives which is east of the city. 耶和华的荣耀从基路伯上面升到殿的门槛那里；殿里充满了云彩，院子也充满了耶和华荣耀的光辉。  基路伯的翅膀发出的声音在外院也可以听到，好像全能的　神说话的声音。  以后，耶和华的荣耀离开殿的门槛，停在基路伯上面。  基路伯离开的时候，他们在我眼前展开翅膀，飞离地面，轮子也与他们一起；他们停在耶和华殿的东门口，在他们上面有以色列　神的荣耀。  这些是我在迦巴鲁河边所看见、在以色列　神荣耀下面的活物，我就知道他们是基路伯。  四个基路伯各有四个脸孔，四个翅膀；在翅膀下面有人手的形状。  至于他们脸孔的形状，就像我从前在迦巴鲁河边所看见的一样。他们每个都是朝着脸孔的方向行走。 (Ezekiel 10:4-5, 18-22; 11:22-23)

The Lord God promised to gather the children of Israel from the nations and bring them back from the countries where they were scattered. “And I will give them the land of Israel. They will return to it and remove all its detestable images and abominations. I will give them one heart and put a new spirit within them, and I will remove the stony heart out of their flesh and give them a heart of flesh, that they may walk in My statutes and keep My ordinances. They shall be My people, and I will be their God.” 因此你要说：‘主耶和华这样说：我要从万族中招聚你们，从你们被分散到的各地聚集你们，把以色列地赐给你们。’  他们必回到那里，也必除掉那里所有可厌的偶像和所有可憎之物。  “我要把一颗心赐给他们，把新的灵放在他们里面；我要从他们肉体中除掉石心，赐给他们肉心，  使他们遵从我的律例，谨守遵行我的典章，这样，他们就必作我的子民，我必作他们的　神。 (Ezekiel 11:17-20)

Although the glory of the Lord departed because of the unfaithfulness of Israel, God has promised that because of His faithfulness, He will redeem His people and His glory will return. Ezekiel was given a vision of the glory of the God of Israel coming from the east. His voice was like the roar of rushing waters, and the earth was radiant with His glory. The glory of the Lord entered the temple through the gate facing toward the east. Then the Spirit lifted him up and brought him into the inner court, and the glory of the Lord filled the temple. The Lord said to him, “Son of man, this is the place of My throne and the place for the soles of My feet. This is where I will dwell among the children of Israel forever. And the house of Israel will never again defile My holy name, neither they nor their kings, by their harlotry and idolatry.” 看哪！以色列　神的荣耀从东面而来；他的声音好像洪水的声音，大地因他的荣耀而发光。  耶和华的荣耀，从朝东的门进入殿中。  灵把我提起来，领我进了内院。我看见耶和华的荣耀充满了殿。  那人站在我旁边的时候，我听见主从殿中对我说话。  他对我说：“人子啊！这是我宝座之地，是我脚掌所踏之地；我要住在那里，在以色列人中间，直到永远。以色列家和他们的诸王，都必不再以他们的淫乱和诸王在邱坛上的石碑玷污我的圣名。 (Ezekiel 43:2, 4-7)

You, Lord God, take no pleasure in the death of the wicked but rather that the wicked turn from their ways and live. 难道我喜悦恶人死亡吗？我不是喜悦他回转离开他所行的而存活吗？这是主耶和华的宣告。 (Ezekiel 18:23; 33:11)

You led Your people with cords of human kindness, with bands of love; You lifted the yoke from their neck and bent down to feed them. 我用慈绳爱索牵引他们，我待他们像人拉高牛的轭在两颚之上，又向他们俯身，喂养他们。 (Hosea 11:4)

Who is a God like You, who pardons iniquity and passes over the transgression of the remnant of His inheritance? You do not stay angry forever but delight to show mercy. You will have compassion on Your people; You will tread their iniquities underfoot and hurl all their sins into the depths of the sea. 有何神像你，赦免罪孽，不追究产业之余民的过犯呢？他不永远怀怒，因为他喜爱怜悯。  他必再怜爱我们，把我们的罪孽都践踏在脚下，又把我们的一切罪恶都投在深海里。 (Micah 7:18-19)

Lord, I have heard of Your fame, and I stand in awe of Your deeds. O Lord, revive Your work in the midst of the years, in our time make them known; in wrath remember mercy. 耶和华啊！我听见你的声音，惧怕你的作为；求你在这些年间复兴，在这些年间彰显，发怒的时候以怜悯为怀。 (Habakkuk 3:2)

Rejoice greatly, O daughter of Zion! Shout, O daughter of Jerusalem! Behold, Your King is coming to you; He is just and having salvation, humble and riding on a donkey, on a colt, the foal of a donkey. He will proclaim peace to the nations; His dominion will extend from sea to sea and from the River to the ends of the earth. 锡安的居民哪！要大大喜乐。耶路撒冷的居民（“居民”原文作“女子”）哪！应当欢呼。看哪！你的王来到你这里了，他是公义的，是得胜的。他又是温柔的，他骑着驴，骑的是小驴。  我必从以法莲除掉战车，从耶路撒冷除掉战马。争战的弓必被除掉，他要向列国宣讲和平。他的统治权必从这海延伸到那海，从幼发拉底河直到地极。 (Zechariah 9:9-10)

The Lord of hosts warned the priests of Israel, “If you do not listen, and if you do not set your heart to honor My name, I will send a curse upon you, and I will curse your blessings; indeed, I have already cursed them, because you have not set your heart to honor Me.” 万军之耶和华说：“你们若不听从，若不放在心上，不把荣耀归给我的名，我就使咒诅临到你们中间，我要咒诅你们应得的福分，并且已经咒诅了，因为你们没有把这命令放在心上。 (Malachi 2:2)

For those who revere Your name, the Sun of righteousness will rise with healing in His wings. And they will go out and leap like calves released from the stall. 可是，对你们敬畏我名的人，必有公义的太阳升起来；它的光线有医治的功能；你们必出来跳跃，像栏里的肥牛犊。” (Malachi 4:2)

Behold, a virgin shall be with child and will give birth to a son, and they will call His name Immanuel, which means, “God with us.” “必有童女怀孕生子，他的名要叫以马内利。”以马内利就是“　神与我们同在”的意思。 (Matthew 1:23)

After His baptism and temptation, Jesus began to preach and say, “Repent, for the kingdom of heaven is at hand.” 从那时起，耶稣就开始传道，说：“天国近了，你们应当悔改。” (Matthew 4:17)

The Son of Man has authority on earth to forgive sins. 然而为了要使你们知道人子在地上有赦罪的权柄，（他就对瘫子说：）起来，拿起你的床，回家去吧。” (Matthew 9:6)

Jesus said, “It is not the healthy who need a physician, but those who are sick.” He did not come to call the righteous, but sinners. (Matthew 9:12-13)

Where Jesus went, the blind received sight, the lame walked, the lepers were cured, the deaf heard, the dead were raised up, and the good news was preached to the poor. 就是瞎的可以看见，瘸的可以走路，患痲风的得到洁净，聋的可以听见，死人复活，穷人有福音听。 (Matthew 11:5)

Jesus rejoiced in the Holy Spirit, and said, “I praise You, Father, Lord of heaven and earth, because You have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this was well-pleasing in Your sight. All things have been delivered to Me by My Father. No one knows the Son except the Father, and no one knows the Father except the Son and those to whom the Son chooses to reveal Him.” 就在那时候，耶稣说：“父啊，天地的主，我赞美你，因为你把这些事向智慧和聪明的人隐藏起来，却向婴孩显明。  父啊，是的，这就是你的美意。  我父已经把一切交给我；除了父没有人认识子，除了子和子所愿意启示的人，没有人认识父。 就在这时候，耶稣因圣灵而欢乐，说：“父啊，天地的主，我赞美你，因为你把这些事向智慧和聪明的人隐藏起来，却向婴孩显明。父啊，是的，这就是你的美意。  我父已经把一切交给我；除了父没有人知道子是谁，除了子和子所愿意启示的人，也没有人知道父是谁。” (Matthew 11:25-27; Luke 10:21-22)

Lord, You have said, “Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls. For My yoke is easy, and My burden is light.” 你们所有劳苦担重担的人哪，到我这里来吧！我必使你们得安息。  我心里柔和谦卑，你们应当负我的轭，向我学习，你们就必得着心灵的安息；  我的轭是容易负的，我的担子是轻省的。” (Matthew 11:28-30)

The Son of Man did not come to be served, but to serve, and to give His life as a ransom for many. 正如人子来，不是要受人的服事，而是要服事人，并且要舍命，作许多人的赎价。” (Matthew 20:28)

The gospel of the kingdom will be preached in the whole world as a witness to all the nations, and then the end will come. 这天国的福音要传遍天下，向万民作见证，然后结局才来到。 (Matthew 24:14)

Jesus took bread, gave thanks, and broke it, and gave it to His disciples, saying, “Take and eat; this is My body.” Then He took the cup, gave thanks, and offered it to them, saying, “Drink from it, all of you. This is My blood of the new covenant, which is poured out for many for the forgiveness of sins.” (Matthew 26:26-28)

Jesus fell with His face to the ground and prayed, “My Father, if it is possible, let this cup pass from Me. Yet not as I will, but as You will.” 他稍往前走，把脸俯伏在地上，祷告说：“我的父啊！可能的话，求你使这杯离开我；但不要照我的意思，只要照你的旨意。” (Matthew 26:39)

Jesus preached the gospel of the kingdom of God, and said, “The time is fulfilled, and the kingdom of God is at hand. Repent and believe the good news.” 约翰被捕以后，耶稣来到加利利，宣讲　神的福音，  说：“时候到了，　神的国近了，你们应当悔改，相信福音。” (Mark 1:14-15)

When Jesus said to the paralytic, “My son, your sins are forgiven,” the scribes were sitting there and reasoned in their hearts, “Why does this man speak blasphemies like this? Who can forgive sins but God alone?” 耶稣看见他们的信心，就对瘫子说：“孩子，你的罪赦了。”  当时有几个经学家也坐在那里，心里议论说：  “这个人为什么这样说话？他说僭妄的话了。除了　神一位以外，谁能赦罪呢？” (Mark 2:5-7)

Jesus said to the scribes and Pharisees, “It is not the healthy who need a physician, but the sick. I have not come to call the righteous, but sinners.” 耶稣听见了，就对他们说：“健康的人不需要医生，有病的人才需要；我来不是要召义人，而是要召罪人。” (Mark 2:17)

Jesus had compassion on the crowds, because they were like sheep without a shepherd. So he began to teach them many things. 耶稣一下船，看见一大群人，就怜悯他们，因为他们好像羊没有牧人一样，就开始教导他们许多事。 (Mark 6:34)

Jesus did all things well. He made the deaf hear and the mute speak. 众人非常惊讶说：“他所作的一切事都好极了；他竟然使聋子听见，又使哑巴说话。” (Mark 7:37)

If anyone is ashamed of You and Your words in this adulterous and sinful generation, the Son of Man will be ashamed of him when He comes in the glory of His Father with the holy angels. 在淫乱罪恶的世代，凡把我和我的道当作可耻的，人子在他父的荣耀里，和圣天使一起降临的时候，也必把他当作可耻的。” (Mark 8:38)

The Son of Man went up to Jerusalem where He was delivered to the chief priests and to the scribes. They condemned Him to death and handed Him over to the Gentiles, who mocked Him and spat upon Him, and scourged Him and killed Him. But on the third day He rose again. 说：“我们现在上耶路撒冷去，人子要被交给祭司长和经学家，他们要定他的罪，并且把他交给外族人。  他们要凌辱他，向他吐唾沫，鞭打他，杀害他，三天以后，他要复活。” (Mark 10:33-34)

The Son of Man did not come to be served, but to serve, and to give His life as a ransom for many. 因为人子来，不是要受人服事，而是要服事人，并且要舍命，作许多人的赎价。” (Mark 10:45)

While Jesus was eating His last Passover meal with His disciples, He took bread, blessed it, and broke it, and gave it to His disciples, saying, “Take it; this is My body.” Then He took the cup, and when He had given thanks He gave it to them, and they all drank from it. And He said to them, “This is My blood of the covenant, which is poured out for many.” 他们吃的时候，耶稣拿起饼来，祝谢了，就擘开，递给门徒，说：“你们拿去吃吧，这是我的身体。”  又拿起杯来，祝谢了就递给门徒，他们都喝了。  耶稣说：“这是我的血，是为立约的，为许多人流出来的。 (Mark 14:22-24)

In Gethsemane, Jesus prayed, “Abba, Father, all things are possible for You; take this cup from Me. Yet not what I will, but what You will.” 他说：“阿爸、父啊，你凡事都能作，求你叫这杯离开我。但不要照我的意思，只要照你的旨意。” (Mark 14:36)

During His trials, some began to spit at Jesus and blindfold Him and strike Him with their fists and say to Him, “Prophesy!” And the guards received Him with slaps in the face. The soldiers put a purple robe on Him, then twisted together a crown of thorns and set it on Him. And they began to call out to Him, “Hail, king of the Jews!” Again and again they struck Him on the head with a staff and spit on Him, and bending their knees, they paid mock homage to Him. When they crucified Him, those who passed by hurled insults at Him, wagging their heads and saying, “Ha! You who are going to destroy the temple and build it in three days, save Yourself and come down from the cross!” And at the ninth hour Jesus cried out in a loud voice, “Eloi, Eloi, lama sabachthani?” which means, “My God, My God, why have You forsaken Me?” 于是有些人就向他吐唾沫，蒙住他的脸。用拳头打他，对他说：“你说预言吧！”差役把他拉去，用手掌打他。 (Mark 14:65; 15:17-19, 29-30, 34)

The Lord has performed mighty deeds with His arm; He has scattered those who are proud in the thoughts of their heart. He has brought down rulers from their thrones and has lifted up the humble. 他用膀臂施展大能，驱散心里妄想的狂傲人。  他使有权能的失位，叫卑微的升高， (Luke 1:51-52)

Blessed be the Lord, the God of Israel, because He has visited us and has redeemed His people. He has raised up a horn of salvation for us in the house of His servant David (as He spoke by the mouth of His holy prophets of long ago), salvation from our enemies and from the hand of all who hate us—to show mercy to our fathers and to remember His holy covenant, the oath He swore to our father Abraham, to rescue us from the hand of our enemies, and to enable us to serve Him without fear in holiness and righteousness before Him all our days. “主，以色列的　神，是应当称颂的，因他眷顾自己的子民，施行救赎，  在他仆人大卫家中，为我们兴起救恩的角，  正如主自古以来借圣先知口中所说的，  救我们脱离仇敌，和恨我们的人的手；  向我们列祖施怜悯，记念他的圣约，  就是他对我们祖先亚伯拉罕所起的誓，  把我们从仇敌手中救拔出来，叫我们可以坦然无惧，用圣洁公义，在他面前一生一世敬拜他。 (Luke 1:68-75)

John was called a prophet of the Most High; for he went on before the Lord to prepare the way for Him, and to give His people the knowledge of salvation through the forgiveness of their sins—because of the tender mercy of our God, with which the Sunrise from on high came from heaven to shine on those living in darkness and in the shadow of death—to guide their feet into the path of peace. 孩子啊，你要称为至高者的先知，因为你要行在主的面前，预备他的路，  使他的子民，因罪得赦，就知道救恩。  因我们　神的怜悯，使清晨的阳光从高天临到我们，  光照那坐在黑暗中死荫里的人，引导我们的脚，走上平安的路。” (Luke 1:76-79)

The angel said to the shepherds, “Do not be afraid. I bring you good news of great joy that will be for all the people. For today in the city of David a Savior has been born to you, who is Christ the Lord.” 天使说：“不要怕！看哪！我报给你们大喜的信息，是关于万民的：  今天在大卫的城里，为你们生了救主，就是主基督。 (Luke 2:10-11)

Jesus fulfilled the words of the prophet Isaiah: “The Spirit of the Lord is upon Me, because He has anointed Me to preach good news to the poor. He has sent Me to proclaim freedom for the captives and recovery of sight to the blind, to set free those who are downtrodden, to proclaim the acceptable year of the Lord.” “主的灵在我身上，因为他膏我去传福音给贫穷的人，差遣我去宣告被掳的得释放，瞎眼的得看见，受压制的得自由，  又宣告主悦纳人的禧年。” (Luke 4:18-19)

Those who had anyone sick with various kinds of diseases brought them to Jesus, and laying His hands on each one, He healed them. (Luke 4:40)

Jesus was sent for the purpose of preaching the good news of the kingdom of God. 他却说：“我也必须到别的城去传　神国的福音，因为我是为了这缘故奉差遣的。” (Luke 4:43)

Many came to hear Jesus and to be healed of their diseases, and those who were tormented by evil spirits were healed. 他们要听他讲道，也要他们的疾病得医好。还有一些被污灵缠扰的也痊愈了。 (Luke 6:18)

Jesus cured many who had diseases, sicknesses, and evil spirits, and gave sight to many who were blind. So He replied to the messengers sent from John the Baptist, “Go back and report to John what you have seen and heard: The blind receive sight, the lame walk, the lepers are cured, the deaf hear, the dead are raised, and the good news is preached to the poor. And blessed is he who does not fall away on account of Me.” 就在那时候，耶稣治好许多患疾病的、遭灾难的、身上有污鬼附着的，并且施恩给瞎眼的，使他们看见。  耶稣回答他们：“你们回去，把看见和听见的都告诉约翰，就是瞎的可以看见，跛的可以走路，患痲风的得到洁净，聋的可以听见，死人复活，穷人有福音听。  那不被我绊倒的，就有福了。” (Luke 7:21-23)

The Lord gave the knowledge of the mysteries of the kingdom of God to His disciples, but to others He spoke in parables, that “seeing they may not see and hearing they may not understand.” 他说：“　神的国的奥秘，只给你们知道，对别人就用比喻，叫他们看却看不见，听却听不明白。 (Luke 8:10)

The Son of Man knew that He must suffer many things and be rejected by the elders, chief priests, and scribes, and be killed and be raised on the third day. 又说：“人子必须受许多苦，被长老、祭司长，和经学家弃绝、杀害，第三日复活。” (Luke 9:22)

When He was asked by the Pharisees when the kingdom of God would come, Jesus replied, “The kingdom of God does not come with observation, nor will people say, ‘Here it is,’ or ‘There it is,’ for behold, the kingdom of God is within you.” 法利赛人问耶稣：“　神的国什么时候来到呢？”他回答：“　神的国来到，是眼睛看不见的。  人不能说：‘看哪！在这里’，或说：‘在那里’；因为　神的国就在你们里面。” (Luke 17:20-21)

Jesus took the twelve aside and told them, “We are going up to Jerusalem, and everything that is written by the prophets about the Son of Man will be fulfilled. He will be handed over to the Gentiles and will be mocked, insulted, and spit upon; and when they have scourged Him, they will put Him to death. And on the third day He will rise again.” 耶稣把十二门徒带到一边，对他们说：“我们现在上耶路撒冷去，先知所写的一切，都要成就在人子身上。  他要被交给外族人，受戏弄，被凌辱，他们要向他吐唾沫，  鞭打他，杀害他；第三日他要复活。” (Luke 18:31-33)

The Son of Man came to seek and to save that which was lost. 因为人子来，是要寻找拯救失丧的人。” (Luke 19:10)

Blessed is the King who comes in the name of the Lord! Peace in heaven and glory in the highest! 说：“奉主名来的王，是应当称颂的！在天上有和平，在至高之处有荣耀！” (Luke 19:38)

On the cross, Jesus said, “Father, forgive them, for they do not know what they are doing.” One of the criminals who hung there hurled insults at Him: “Are You not the Christ? Save Yourself and us!” But the other, answering, rebuked him and said, “Do you not even fear God, since you are under the same sentence? We are punished justly, for we are getting what our deeds deserve. But this man has done nothing wrong.” Then he said, “Jesus, remember me when You come into Your kingdom.” Jesus answered him, “I tell you the truth, today you will be with Me in paradise.” 耶稣说：“父啊，赦免他们！因为他们不知道自己所作的是什么。”士兵抽签，分了他的衣服。  悬挂着的犯人中，有一个侮辱他说：“你不是基督吗？救你自己和我们吧！”  另一个就应声责备他说：“你是同样受刑的，还不惧怕　神吗？  我们是罪有应得的。我们所受的与所作的相称，然而这个人并没有作过什么不对的事。”  他又对耶稣说：“耶稣啊，你得国降临的时候，求你记念我。”  耶稣对他说：“我实在告诉你，今天你必定同我在乐园里了。” (Luke 23:34, 39-43)

After His resurrection, Jesus said to the two disciples on the road to Emmaus, “Did not the Christ have to suffer these things and then enter His glory?” And beginning with Moses and all the Prophets, He explained to them what was said in all the Scriptures concerning Himself. Later, He appeared to His disciples and said to them, “These are the words I spoke to you while I was still with you, that everything must be fulfilled that is written about Me in the Law of Moses, the Prophets and the Psalms.” 基督这样受害，然后进入他的荣耀，不是应当的吗？”  于是他从摩西和众先知起，把所有关于自己的经文，都给他们解释明白了。  主对他们说：“这就是我从前与你们同在的时候，对你们说过的话：摩西的律法、先知书和诗篇上所记关于我的一切事，都必定应验。” (Luke 24:26-27, 44)

The Scriptures predicted that the Christ should suffer and rise from the dead on the third day, and that repentance and forgiveness of sins should be preached in His name to all nations, beginning at Jerusalem. 又说：“经上这样记着：基督必须受害，第三天从死人中复活。  人要奉他的名，传讲悔改与赦罪的道，从耶路撒冷起，直传到万国。 (Luke 24:46-47)

Christ was in the world, and the world was made through Him, and the world did not know Him. He came to His own, but His own did not receive Him. 他在世界，世界也是借着他造的，世界却不认识他。  他到自己的地方来，自己的人却不接受他。 (John 1:10-11)

From Christ’s fullness we have all received, and grace upon grace. For the law was given through Moses; grace and truth came through Jesus Christ. 从他的丰盛里我们都领受了，而且恩上加恩。  律法是借着摩西颁布的，恩典和真理却是借着耶稣基督而来的。 (John 1:16-17)

Jesus is the Lamb of God, who takes away the sin of the world. 第二天，约翰见耶稣迎面而来，就说：“看哪，　神的羊羔，是除去世人的罪孽的！ (John 1:29)

Jesus told Nathanael, “I tell you the truth, you shall see heaven open and the angels of God ascending and descending on the Son of Man.” 又对他说：“我实实在在告诉你们，你们要看见天开了，　神的众使者在人子的身上，上去下来。” (John 1:51)

Jesus performed the first of His miraculous signs in Cana of Galilee and manifested His glory, and His disciples believed in Him. 这是耶稣所行的第一件神迹，是在加利利的迦拿行的。他显出了自己的荣耀，他的门徒就信了他。 (John 2:11)

The Lord said, “Destroy this temple, and I will raise it again in three days.” But He was speaking of the temple of His body. After He was raised from the dead, His disciples remembered that He had said this to them, and they believed the Scripture and the words that Jesus had spoken. 耶稣回答：“你们拆毁这殿，我三天之内要把它建造起来。”  但耶稣所说的殿，就是他的身体。  所以当耶稣从死人中复活以后，门徒想起了他说过这话，就信了圣经和耶稣所说的话。 (John 2:19, 21-22)

Jesus knew all men, and had no need for anyone’s testimony about man, for He knew what was in man. (John 2:24-25)

As Moses lifted up the serpent in the desert, so the Son of Man had to be lifted up, that everyone who believes in Him may have eternal life. 摩西在旷野怎样把铜蛇举起，人子也必照样被举起来，  使所有信他的人都得永生。 (John 3:14-15)

God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have eternal life. For God did not send His Son into the world to condemn the world, but to save the world through Him. “　神爱世人，甚至把他的独生子赐给他们，叫一切信他的，不至灭亡，反得永生。  因为　神差他的儿子到世上来，不是要定世人的罪，而是要使世人借着他得救。 (John 3:16-17)

The light has come into the world, but men loved darkness rather than light because their deeds were evil. For everyone who does evil hates the light and will not come into the light for fear that his deeds will be exposed. But whoever practices the truth comes into the light, so that his deeds may be clearly seen as having been done through God. 光来到世上，世人因为自己的行为邪恶，不爱光倒爱黑暗，定他们罪的原因，就在这里。  凡作恶的都恨光，不来接近光，免得他的恶行暴露出来。  凡行真理的，就来接近光，好显明他所作的都是靠着　神而作的。” (John 3:19-21)

He who comes from above is above all; he who is from the earth belongs to the earth, and speaks as one from the earth. He who comes from heaven is above all. He whom God has sent speaks the words of God, for He gives the Spirit without limit. “那从天上来的，是在万有之上；从地上来的，是属于地，所讲的也是属于地。那从天上来的，是超越万有之上。  　神所差来的那一位讲　神的话，因为　神把圣灵无限地赐给他。 (John 3:31, 34)

Just as the Father raises the dead and gives them life, even so the Son gives life to whom He wishes. 父怎样叫死人复活，使他们得生命，子也照样随自己的意思使人得生命。 (John 5:21)

The Father judges no one, but has given all judgment to the Son, that all may honor the Son just as they honor the Father. He who does not honor the Son does not honor the Father who sent Him. 父不审判人，却已经把审判的权柄完全交给子，  使所有的人尊敬子好像尊敬父一样。不尊敬子的，就是不尊敬那差他来的父。 (John 5:22-23)

All these testified that Jesus is the Son of God: John the Baptist, the works that Jesus did, the Father, and the Scriptures. 我若为自己作证，我的见证就不真。  然而另有一位为我作证的，我知道他为我作的见证是真的。  你们曾经派人到约翰那里，他为真理作过见证。  我不接受从人而来的见证，但我说这些事，是要你们得救。  约翰是一盏点亮的灯，你们情愿暂时在他的光中欢乐。  但我有比约翰更大的见证，因为父赐给我要我完成的工作，就是我所要作的，证明我是父所差来的。  差我来的父亲自为我作了见证。他的声音，你们从没有听过；他的容貌，你们从没有见过；  他的道，你们也不放在心里，因为你们不信他所差来的那一位。  你们研究圣经，因为你们认为圣经中有永生，其实为我作证的就是这圣经， (John 5:31-39)

It is the Spirit who gives life; the flesh counts for nothing. The words Jesus spoke are spirit and are life. 使人活的是灵，肉体是无济于事的。我对你们所说的话是灵、是生命。 (John 6:63)

Never did a man speak the way Jesus did. 差役回答：“从来没有人像他这样讲话的！” (John 7:46)

Jesus told His opponents, “You are from below; I am from above. You are of this world; I am not of this world. I told you, therefore, that you would die in your sins, for if you do not believe that I AM, you will die in your sins.” 耶稣说：“你们是从地上来的，我是从天上来的；你们属这世界，我却不属这世界，  所以我对你们说，你们要在自己的罪中死亡；你们若不信我就是‘那一位’，就要在自己的罪中死亡。” (John 8:23-24)

Jesus told His opponents, “You are of your father, the devil, and you want to carry out your father’s desire. He was a murderer from the beginning and did not stand in the truth, for there is no truth in him. When he lies, he speaks his native language, for he is a liar and the father of lies. But because I tell the truth, you do not believe Me.” (John 8:44-45)

While Jesus was in the world, He was the light of the world. For judgment He came into this world, that those who do not see may see, and that those who see may become blind. 我在世上的时候，是世界的光。”  耶稣说：“我到这世上来是为了审判，使那看不见的能够看见，能看见的反而成了瞎眼的。” (John 9:5, 39)

He who enters by the door is the shepherd of his sheep. To him the doorkeeper opens, and the sheep listen to his voice; and he calls his own sheep by name and leads them out. When he brings out his own, he goes before them, and his sheep follow him because they know his voice. And they will never follow a stranger but will run away from him because they do not recognize the voice of strangers. Jesus used this figure of speech, but His hearers did not understand what He was telling them. Therefore Jesus said again, “I tell you the truth: I am the door of the sheep. All who came before Me were thieves and robbers, but the sheep did not listen to them. I am the good Shepherd; the good Shepherd lays down His life for the sheep. I am the good Shepherd; I know My sheep and My sheep know Me—just as the Father knows Me and I know the Father—and I lay down My life for the sheep.” 那从门进去的，才是羊的牧人。  看门的给他开门，羊也听他的声音；他按着名字呼叫自己的羊，领它们出来。  他把自己的羊领出来以后，就走在前头，羊也跟随他，因为认得他的声音。  它们决不会跟随陌生人，反而逃避他，因为不认得陌生人的声音。”  耶稣对他们说了这个譬喻，他们却不明白他所说的是什么。  于是耶稣又说：“我实实在在告诉你们，我就是羊的门。  所有在我以先来的，都是贼和强盗；羊却不听从他们。  我是好牧人，好牧人为羊舍命。  我是好牧人，我认识我的羊，我的羊也认识我，  好像父认识我，我也认识父一样；并且我为羊舍命。 (John 10:2-8, 11, 14-15)

Jesus said, “My Father loves Me because I lay down My life that I may take it up again. No one takes it from Me, but I lay it down of My own accord. I have authority to lay it down and authority to take it up again. This command I received from My Father.” 父爱我，因为我把生命舍去，好再把它取回来。  没有人能夺去我的生命，是我自己舍去的。我有权把生命舍去，也有权把它取回来；这是我从我的父所领受的命令。” (John 10:17-18)

Jesus said to Martha, “I am the resurrection and the life. He who believes in Me will live, even though he dies, and whoever lives and believes in Me will never die.” 耶稣说：“我就是复活和生命；信我的人，虽然死了，也要活着。  所有活着又信我的人，必定永远不死，你信这话吗？” (John 11:25-26)

The Lord said, “I have come as a light into the world, that whoever believes in Me should not stay in darkness. And if anyone hears My words but does not keep them, I do not judge him; for I did not come to judge the world, but to save the world.” 我是光，我到世上来，叫所有信我的不住在黑暗里。  人若听见我的话却不遵守的，我不审判他，因为我来不是要审判世人，而是要拯救世人。 (John 12:46-47)

When Judas went out to betray Him, Jesus said, “Now is the Son of Man glorified, and God is glorified in Him. If God is glorified in Him, God will glorify the Son in Himself and will glorify Him immediately.” 他出去以后，耶稣就说：“现在人子得了荣耀，　神也在人子身上得了荣耀，  （　神既然在人子身上得了荣耀，）（有些抄本无此句）也要在自己身上荣耀人子，并且要立刻荣耀他。 (John 13:31-32)

The Lord said, “In My Father’s house are many dwellings; if it were not so, I would have told you. I am going there to prepare a place for you. And if I go and prepare a place for you, I will come again and receive you to Myself, that you also may be where I am.” 在我父的家里，有许多住的地方；如果没有，我怎么会告诉你们我去是要为你们预备地方呢？（下半节或译：“如果没有，我早就对你们说了，因为我去是为你们预备地方。”）  我若去为你们预备地方，就必再来接你们到我那里去，好使我在哪里，你们也在哪里。 (John 14:2-3)

Greater love has no one than this, that he lay down his life for his friends. 人为朋友舍命，人间的爱没有比这个更大的了。 (John 15:13)

He who hates Jesus hates His Father as well. 恨我的，也恨我的父。 (John 15:23)

The Holy Spirit convicts the world concerning sin and righteousness and judgment. 他来了，就要在罪、在义、在审判各方面指证世人的罪。 (John 16:8)

Jesus told His disciples, “The Spirit will glorify Me by taking from what is Mine and making it known to you. All that belongs to the Father is Mine. Therefore I said that He will take from what is Mine and make it known to you.” 他要荣耀我，因为他要把从我那里所领受的告诉你们。  父所有的一切，都是我的；所以我说，他要把从我那里所领受的告诉你们。 (John 16:14-15)

Jesus told His disciples, “I came from the Father and entered the world; now I am leaving the world and going back to the Father.” 我从父那里来，到了这世界；我又离开这世界，到父那里去。” (John 16:28)

The Father granted the Son authority over all people that He might give eternal life to as many as He has given Him. 正如你把管理全人类的权柄给了他，使他赐永生给你所赐给他的人。 (John 17:2)

The Lord prayed, “I glorified You on the earth by completing the work You gave Me to do. And now, Father, glorify Me in Your presence with the glory I had with You before the world began.” 我在地上已经荣耀了你，你交给我要作的工，我已经完成了。  父啊，现在让我在你自己面前得着荣耀，就是在创世以前我与你同享的荣耀。 (John 17:4-5)

Jesus did not ask that the Father should take us out of the world, but that He protect us from the evil one. He prayed, “Father, I desire those You have given Me to be with Me where I am, that they may behold My glory, the glory You have given Me because You loved Me before the foundation of the world.” 我不求你使他们离开世界，只求你保守他们脱离那恶者。  父啊，我在哪里，愿你赐给我的人也和我同在哪里，让他们看见你赐给我的荣耀，因为在创立世界以前，你已经爱我了。 (John 17:15, 24)

The Lord Jesus was taken up to heaven, after He gave instructions through the Holy Spirit to the apostles He had chosen. 一直到他借着圣灵吩咐所拣选的使徒之后，被接上升的日子为止。 (Acts 1:2)

After His suffering, Jesus showed Himself to the apostles and gave many convincing proofs that He was alive. He appeared to them over a period of forty days and spoke of the things concerning the kingdom of God. 他受难以后，用许多凭据向使徒显示自己是活着的。他向使徒显现，并且讲论　神的国的事，有四十天之久。 (Acts 1:3)

The Lord told the apostles, “You will receive power when the Holy Spirit comes upon you; and you will be My witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth.” 可是圣灵降临在你们身上，你们就必领受能力，并且要在耶路撒冷、犹太全地、撒玛利亚，直到地极，作我的见证人。” (Acts 1:8)

God raised Jesus from the dead, freeing Him from the agony of death, because it was impossible for Him to be held by it. 　神却把死的痛苦解除，使他复活了，因为他不能被死亡拘禁。 (Acts 2:24)

The believers in Jerusalem continually devoted themselves to the apostles’ teaching and to fellowship, to the breaking of bread and to prayer. 他们恒心遵守使徒的教训，彼此相通、擘饼和祈祷。 (Acts 2:42)

Jesus is the stone which was rejected by the builders, but which has become the chief cornerstone. Salvation is found in no one else, for there is no other name under heaven given to men by which we must be saved. 他是你们‘建筑工人所弃的石头，成了房角的主要石头。’  除了他以外，别无拯救，因为在天下人间，没有赐下别的名，我们可以靠着得救。” (Acts 4:11-12)

Peter told the council, “The God of our fathers raised up Jesus whom you had killed by hanging Him on a tree. God exalted Him to His own right hand as Prince and Savior, that He might give repentance and forgiveness of sins to Israel.” 你们挂在木头上亲手杀害的耶稣，我们祖先的　神已经使他复活了。  　神把他高举在自己的右边，作元首作救主，把悔改的心赐给了以色列人，使他们罪得赦免。 (Acts 5:30-31)

The church throughout all Judea and Galilee and Samaria enjoyed a time of peace and was edified. And living in the fear of the Lord and in the comfort of the Holy Spirit, it multiplied. 那时犹太、加利利、撒玛利亚各处的教会，都得到平安，被建立起来，存着敬畏主的心过生活，并且因着圣灵的激励，人数增多起来。 (Acts 9:31)

God does not show favoritism but accepts those from every nation who fear Him and do what is right. 彼得就开口说：“我实在看出　神是不偏待人的。  原来在各民族中，凡敬畏他而行义的，都蒙他悦纳。 (Acts 10:34-35)

God sent His word to the children of Israel, telling the good news of peace through Jesus Christ, who is Lord of all. He commanded the apostles to preach to the people and to testify that He is the One whom God appointed as judge of the living and the dead. To Him all the prophets witness that through His name, everyone who believes in Him receives forgiveness of sins. 　神借着耶稣基督（他是万有的主）传和平的福音，把这道传给以色列人。  他吩咐我们向人民传讲，郑重证明他是　神所立，审判活人死人的主。  所有先知都为他作见证：所有信他的，都必借着他的名，罪得赦免。” (Acts 10:36, 42-43)

Through Jesus the forgiveness of sins is proclaimed, that through Him everyone who believes is justified from all things from which they could not be justified by the law of Moses. 所以弟兄们，你们当知道，赦罪之道是由这位耶稣传给你们的。在你们靠摩西律法不能称义的一切事上，  信靠他的人就得称义了。 (Acts 13:38-39)

As the gospel spread to the Gentiles, many rejoiced and glorified the word of the Lord, and all who were appointed for eternal life believed. 外族人听见了就欢喜，赞美主的道，凡指定得永生的都信了。 (Acts 13:48)

In the past God overlooked the times of ignorance, but now He commands all people everywhere to repent. For He has set a day when He will judge the world with justice by the Man He has appointed. He has given assurance of this to all men by raising Him from the dead. 过去那无知的时代，　神不加以追究；现在，他却吩咐各处的人都要悔改，  因为他已经定好了日子，要借着他所立的人，按公义审判天下，并且使他从死人中复活，给万人作一个可信的凭据。” (Acts 17:30-31)

Both Jews and Greeks must turn to God in repentance and have faith in our Lord Jesus Christ. 我对犹太人和希腊人都作过见证，要他们悔改归向　神，信靠我们的主耶稣。 (Acts 20:21)

God promised the gospel beforehand through His prophets in the Holy Scriptures, concerning His Son—who was a descendant of David according to the flesh, and who was declared with power to be the Son of God, according to the Spirit of holiness, by His resurrection from the dead—Jesus Christ our Lord. 这福音是　神借着众先知在圣经上预先所应许的，  就是论到他的儿子我们的主耶稣基督：按肉身说，他是从大卫的后裔生的；  按圣洁的灵说，因为从死人中复活，显明他是大有能力的、　神的儿子（“显明他是大有能力的、　神的儿子”或译：“以大能显明他是　神的儿子”）。 (Romans 1:2-4)

The wrath of God is revealed from heaven against all the godlessness and unrighteousness of men who suppress the truth by their unrighteousness, since what may be known about God is manifest in them, because God has manifested it to them. 　神的震怒，从天上向所有不虔不义的人显露出来，就是向那些以不义压制真理的人显露出来。  　神的事情，人所能知道的，在他们里面原是明显的，因为　神已经向他们显明了。 (Romans 1:18-19)

Men exchanged the truth of God for a lie and worshipped and served the creation rather than the Creator, who is blessed forever. 他们用虚谎取代了　神的真理，敬拜事奉受造之物，却不敬拜事奉造物的主。他是永远可称颂的，阿们。 (Romans 1:25)

God’s judgment against those who judge others and practice the same things themselves is based on truth. 你这判断人的啊！无论你是谁，都没有办法推诿。你在什么事上判断人，就在什么事上定自己的罪；因为你所作的，正是你所判断的事。  我们知道，　神必照着真理审判行这些事的人。 (Romans 2:1-2)

Those who show contempt for the riches of God’s kindness, forbearance, and patience do not realize that the kindness of God leads toward repentance. 还是你藐视　神丰富的恩慈、宽容和忍耐，不晓得他的恩慈是要领你悔改的吗？ (Romans 2:4)

There is no one righteous, not even one; there is no one who understands, no one who seeks God. All have turned away; they have together become useless; there is no one who does good, not even one. 正如经上所说：“没有义人，连一个也没有，  没有明白的，没有寻求　神的；  人人都偏离了正道，一同变成污秽；没有行善的，连一个也没有。 (Romans 3:10-12)

We know that whatever the law says, it says to those who are under the law, that every mouth may be silenced, and the whole world held accountable to God; because no one will be justified in His sight by the works of the law, for through the law comes the knowledge of sin. 然而我们晓得，凡律法所说的，都是对在律法之下的人说的，好让每一个人都没有话可讲，使全世界的人都伏在　神的审判之下。  没有一个人可以靠行律法，在　神面前得称为义，因为借着律法，人对于罪才有充分的认识。 (Romans 3:19-20)

Apart from the law the righteousness of God has been made known, being witnessed by the law and the prophets, even the righteousness of God through faith in Jesus Christ to all who believe. For there is no difference, for all have sinned and fall short of the glory of God, being justified freely by His grace through the redemption that is in Christ Jesus. 现在，有律法和先知的话可以证明：　神的义在律法之外已经显明出来，  就是　神的义，因着信耶稣基督，毫无区别地临到所有信的人。  因为人人都犯了罪，亏缺了　神的荣耀，  但他们却因着　神的恩典，借着在基督耶稣里的救赎，就白白地称义。 (Romans 3:21-24)

God set forth Christ to be a propitiation through faith in His blood. He did this to demonstrate His righteousness, because in His forbearance He passed over the sins committed beforehand; He did it to demonstrate His righteousness at the present time, that He might be just and the justifier of those who have faith in Jesus. Where, then, is boasting? It is excluded. By what law? Of works? No, but by a law of faith. For we maintain that a man is justified by faith apart from works of the law. 　神设立了耶稣为赎罪祭（“赎罪祭”原文作“蔽罪所”），是凭着他的血，借着人的信，为的是要显明　神的义；因为　神用忍耐的心宽容了人从前所犯的罪，  好在现今显明他的义，使人知道他自己为义，又称信耶稣的人为义。  这样，有什么可夸的呢？没有可夸的了。凭什么准则说没有的呢？凭行为吗？不是的，而是以信心为准则说的。  因为我们认定，人称义是由于信，并不是靠行律法。 (Romans 3:25-28)

God will impute righteousness to us who believe in Him who raised Jesus our Lord from the dead, who was delivered over to death because of our sins and was raised because of our justification. 也是为我们这将来得算为义的人写的，就是为我们这信　神使我们的主耶稣从死人中复活的人写的。  耶稣为我们的过犯被交去处死，为我们的称义而复活。 (Romans 4:24-25)

When we were helpless, at the right time, Christ died for the ungodly. For rarely will anyone die for a righteous man, though perhaps for a good man someone would even dare to die. But God demonstrates His own love for us in that while we were still sinners, Christ died for us. 当我们还软弱的时候，基督就照所定的日期，为不敬虔的人死了。  为义人死，是少有的；为好人死，或有敢作的；  唯有基督在我们还作罪人的时候为我们死，　神对我们的爱就在此显明了。 (Romans 5:6-8)

If the many died by the trespass of the one man, how much more did the grace of God and the gift that came by the grace of the one Man, Jesus Christ, abound to the many. And the gift of God is not like the result of the one man’s sin, for the judgment followed one sin and brought condemnation, but the gift followed many trespasses and brought justification. 但恩赏和过犯是截然不同的；如果因着那一人的过犯，众人都死了，　神的恩典和这一人耶稣基督在恩典里的赏赐，对众人就更加丰盛了。  这赏赐和那一人犯罪的后果也是不同的；因为审判是由一人而来，以致定罪，恩赏却由许多过犯而来，以致称义。 (Romans 5:15-16)

If by the trespass of the one man, death reigned through that one man, much more will those who receive the abundance of grace and of the gift of righteousness reign in life through the one Man, Jesus Christ. Consequently, just as the result of one trespass was condemnation for all men, so also the result of one act of righteousness was justification that brings life for all men. For just as through the disobedience of the one man the many were made sinners, so also through the obedience of the one Man the many will be made righteous. 如果因着那一人的过犯，死就因那一人而掌权，那些蒙丰富的恩典并且得公义为赏赐的，就更要因这一位耶稣基督在生命中掌权了。  这样看来，因一次的过犯，全人类都被定罪；照样，因一次的义行，全人类都被称义得生命了。  因着那一人的悖逆，众人就被列为罪人；照样，因着这一人的顺服，众人也被列为义人了。 (Romans 5:17-19)

The law was added that the transgression might increase. But where sin increased, grace abounded all the more, so that just as sin reigned in death, so also grace might reign through righteousness to bring eternal life through Jesus Christ our Lord. 律法的出现，是要叫过犯增多；然而罪在哪里增多，恩典就更加增多了。  罪借着死掌权；照样，恩典也借着义掌权，使人借着我们的主耶稣基督进入永生。 (Romans 5:20-21)

The wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord. 因为罪的工价就是死，但　神的恩赏，在我们的主基督耶稣里，却是永生。 (Romans 6:23)

What the law was powerless to do in that it was weakened through the flesh, God did by sending His own Son in the likeness of sinful flesh, on account of sin; He condemned sin in the flesh, in order that the requirement of the law might be fully met in us, who do not walk according to the flesh, but according to the Spirit. 律法因肉体的软弱所作不到的，　神作到了：他差遣自己的儿子成为罪身的样式，为了除掉罪，就在肉体中把罪判决了，  使律法所要求的义，可以在我们这些不随从肉体而随从圣灵去行的人身上实现出来。 (Romans 8:3-4)

The earnest expectation of the creation eagerly waits for the revealing of the sons of God. 被造的万物都热切渴望　神的众子显现出来。 (Romans 8:19)

God will have mercy on whom He has mercy, and He will have compassion on whom He has compassion. It does not depend on human desire or effort, but on God’s mercy. 因为他对摩西说：“我要怜悯谁，就怜悯谁；我要恩待谁，就恩待谁。”  这样看来，既不是出于人意，也不是由于人为，只在于那怜悯人的　神。 (Romans 9:15-16)

Christ is the end of the law for righteousness to everyone who believes. 因为律法的终极就是基督，使所有信的人都得着义。 (Romans 10:4)

Faith comes from hearing, and hearing by the word of Christ. 可见信心是从所听的道来的，所听的道是借着基督的话来的。 (Romans 10:17)

Christ died and returned to life, that He might be the Lord of both the dead and the living. 为了这缘故，基督死了，又活过来，就是要作死人和活人的主。 (Romans 14:9)

Where is the wise man? Where is the scholar? Where is the disputer of this age? Has not God made foolish the wisdom of the world? But to those whom God has called, both Jews and Greeks, Christ is the power of God and the wisdom of God. 智慧人在哪里？经学家在哪里？今世的辩士在哪里？　神不是使属世的智慧变成了愚笨吗？  但对那些蒙召的人，不论是犹太人或希腊人，基督是　神的能力，　神的智慧。 (1 Corinthians 1:20, 24)

The foolishness of God is wiser than men, and the weakness of God is stronger than men. But God chose the foolish things of the world to shame the wise, and God chose the weak things of the world to shame the strong; and the lowly things of this world and the despised things God has chosen, and the things that are not, to nullify the things that are, so that no one may boast before Him. 因为　神的愚笨总比人智慧，　神的软弱总比人刚强。  但是　神却拣选了世上愚笨的，使那些有智慧的羞愧。他也拣选了世上软弱的，使那些刚强的羞愧。  他也拣选了世上卑贱的和被人轻视的，以及算不得什么的，为了要废弃那些自以为是的，  使所有的人在　神面前都不能自夸。 (1 Corinthians 1:25, 27-29)

No one can lay a foundation other than the one already laid, which is Jesus Christ. 因为除了那已经立好的根基以外，没有人能立别的根基。那根基就是耶稣基督。 (1 Corinthians 3:11)

Christ, our Passover lamb, has been sacrificed for us. 你们既是无酵的面，就应当把旧酵除净，好让你们成为新的面团；因为我们逾越节的羊羔基督已经被杀献祭了。 (1 Corinthians 5:7)

The things that happened to the Israelites in the wilderness were examples and were written for our admonition, upon whom the fulfillment of the ages has come. 这些事发生在他们身上，作为鉴戒，并且记下来，为了要警戒我们这些末世的人。 (1 Corinthians 10:11)

Christ died for our sins according to the Scriptures; He was buried, and He was raised on the third day according to the Scriptures. 我从前领受了又传交给你们那最要紧的，就是基督照着圣经所记的，为我们的罪死了，  又埋葬了，又照着圣经所记的，第三天复活了； (1 Corinthians 15:3-4)

The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God. 这些不信的人被这世代的神弄瞎了他们的心眼，使他们看不见基督荣耀的福音的光；基督就是　神的形象。 (2 Corinthians 4:4)

We know the grace of our Lord Jesus Christ, that though He was rich, yet for our sakes He became poor, that we through His poverty might become rich. 你们是知道我们的主耶稣基督的恩典的：他本来富足，却为你们成了贫穷，要使你们因他的贫穷成为富足。 (2 Corinthians 8:9)

Thanks be to God for His indescribable gift! 感谢　神，他的恩赐难以形容。 (2 Corinthians 9:15)

Satan himself masquerades as an angel of light. It is not surprising, then, if his servants masquerade as servants of righteousness, whose end will be according to their works. 这并不希奇，因为撒但自己也装作光明的天使，  所以，撒但的仆役装成公义的仆役，也不必大惊小怪。他们的结局必按他们所作的而定。 (2 Corinthians 11:14-15)

Our Lord Jesus Christ gave Himself for our sins to rescue us from the present evil age, according to the will of our God and Father, to whom be glory for ever and ever. 愿恩惠平安从我们的父　神和主耶稣基督临到你们。  基督照着我们父　神的旨意，曾经为我们的罪舍己，为的是要救我们脱离现在这邪恶的世代。  愿荣耀归给他，直到永永远远。阿们。 (Galatians 1:3-5)

If righteousness could be gained through the law, Christ died for nothing. 我不废弃　神的恩；如果义是借着律法而来的，基督就白白地死了。 (Galatians 2:21)

Clearly no one is justified before God by the law, for “The righteous will live by faith.” 很明显，在　神面前，没有一个人可以靠着律法称义，因为“义人必因信得生”（“义人必因信得生”或译：“因信称义的人，必定得生”）。 (Galatians 3:11)

Christ redeemed us from the curse of the law by becoming a curse for us, for it is written: “Cursed is everyone who hangs on a tree.” 基督替我们受了咒诅，就救赎我们脱离了律法的咒诅，因为经上记着：“凡挂在木头上的，都是受咒诅的。” (Galatians 3:13)

Is the law opposed to the promises of God? Certainly not! For if a law had been given that could impart life, then righteousness would indeed have been by the law. But the Scripture has confined all under sin, so that the promise by faith in Jesus Christ might be given to those who believe. 这样，律法和　神的应许是对立的吗？绝对不是。如果所赐下的律法能使人得生命，义就真的是出于律法了。  但圣经把所有的人都圈在罪中，好把那因信耶稣基督而来的应许，赐给相信的人。 (Galatians 3:21-22)

Before faith in Christ came, we were guarded by the law, confined for the faith which was later to be revealed. So the law has become our tutor to lead us to Christ, that we might be justified by faith. Now that faith has come, we are no longer under a tutor. 但信的道理还没有来到以前，我们在律法下被囚禁、被围困，直到那要来的信的道理显明出来。  这样，律法成了我们的启蒙教师，领我们到基督那里，使我们可以因信称义。  但信的道理既然来到，我们就不再在启蒙教师之下了。 (Galatians 3:23-25)

When the fullness of time had come, God sent forth His Son, born of a woman, born under law, to redeem those under law, that we might receive the adoption as sons. 但到了时机成熟，　神就差遣他的儿子，由女人所生，而且生在律法之下，  要把律法之下的人救赎出来，好让我们得着嗣子的名分。 (Galatians 4:4-5)

God’s power toward us who believe is according to the working of His mighty strength, which He exerted in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly realms, far above all rule and authority, power and dominion, and every title that can be given, not only in the present age but also in the one to come. 　神照着他强大的力量，向我们信他的人显出的能力，是何等的浩大。  这力量运行在基督身上，使他从死人中复活，并且在天上坐在自己的右边，  远超过一切执政的、掌权的、有能的、作主的，和今生来世所能举出的一切名衔。 (Ephesians 1:19-21)

God placed all things under Christ’s feet and gave Him to be head over all things to the church, which is His body, the fullness of Him who fills all in all. 　神又使万有都归服在他的脚下，并且使他作教会至高的元首。  教会是他的身体，是那充满万有者所完全充满的。 (Ephesians 1:22-23)

Through the gospel, the Gentiles are fellow heirs with Israel, fellow members of the same body, and fellow partakers of the promise in Christ Jesus. 这奥秘就是外族人在基督耶稣里，借着福音可以同作后嗣，同为一体，同蒙应许。 (Ephesians 3:6)

God is able to do immeasurably more than all that we ask or think, according to His power that is at work within us. To Him be glory in the church and in Christ Jesus throughout all generations, for ever and ever. 愿荣耀归给　神，就是归给那能照着运行在我们里面的大能，充充足足地成就一切，超过我们所求所想的。  愿荣耀在教会中和基督耶稣里归给他，直到万代，永世无穷。阿们。 (Ephesians 3:20-21)

There is one body and one Spirit, just as we were called in one hope of our calling; one Lord, one faith, one baptism, one God and Father of all, who is over all and through all and in all. 身体只有一个，圣灵只有一位，就像你们蒙召只是借着一个盼望。  主只有一位，信仰只有一个，洗礼只有一种；  　神只有一位，就是万有的父。他超越万有，贯彻万有，并且在万有之中。 (Ephesians 4:4-6)

My attitude should be the same as that of Christ Jesus, who, being in the form of God, did not consider equality with God something to be grasped, but emptied Himself, taking the form of a servant, being made in the likeness of men. And being found in appearance as a man, He humbled Himself and became obedient to death, even death on a cross. 你们应当有这样的意念，这也是基督耶稣的意念。（全节或译：“你们当以基督耶稣的心为心。”）  他本来有　神的形象，却不坚持自己与　神平等的地位，  反而倒空自己，取了奴仆的形象，成为人的样式；  既然有人的样子，就自甘卑微，顺服至死，而且死在十字架上。 (Philippians 2:5-8)

Christ is the head of the body, the church; He is the beginning and the firstborn from among the dead, so that in everything He might have the supremacy. 他是身体的头，这身体就是教会。他是元始，是死人中首先复生的，好让他在凡事上居首位； (Colossians 1:18)

God was pleased to have all His fullness dwell in Christ and through Him to reconcile all things to Himself, whether things on earth or things in heaven, having made peace through the blood of His cross. 因为　神乐意使所有的丰盛都住在爱子里面，  并且借着他在十字架上所流的血成就了和平，使万有，无论是地上天上的，都借着他与　神和好了。 (Colossians 1:19-20)

The mystery that has been kept hidden for ages and generations is now disclosed to the saints. To them God has chosen to make known among the Gentiles the glorious riches of this mystery, which is Christ in you, the hope of glory. 　神愿意使他们知道这奥秘在外族人中有多么荣耀的丰盛，这奥秘就是基督在你们里面成了荣耀的盼望。 (Colossians 1:26-27)

In Christ there is neither Greek or Jew, circumcised or uncircumcised, barbarian, Scythian, slave or free, but Christ is all and in all. 在这一方面，并不分希腊人和犹太人，受割礼的和未受割礼的，未开化的人和西古提人，奴隶和自由人，唯有基督是一切，也在一切之内。 (Colossians 3:11)

There is one God and one Mediator between God and men, the Man Christ Jesus, who gave Himself as a ransom for all, the testimony given in its proper time. 因为　神只有一位，在　神和人中间也只有一位中保，就是降世为人的基督耶稣。  他舍了自己作万人的赎价，到了适当的时候，这事就证实了。 (1 Timothy 2:5-6)

By common confession, great is the mystery of godliness: He who was revealed in the flesh, vindicated in the Spirit, seen by angels, preached among the nations, believed on in the world, taken up in glory. 敬虔的奥秘真伟大啊，这是众人所公认的，就是：“他在肉身显现，在圣灵里称义，被天使看见；被传于列国，被世人信服，被接到荣耀里。” (1 Timothy 3:16)

God’s grace was given to us in Christ Jesus before the beginning of time and has now been revealed through the appearing of our Savior, Christ Jesus, who abolished death and brought life and immortality to light through the gospel. 　神救了我们，以圣召呼召我们，不是按照我们的行为，却是按照他自己的计划和恩典；这恩典是在永世之先，在基督耶稣里赐给了我们的，  但现在借着我们救主基督耶稣的显现，才表明出来。他废掉了死亡，借着福音把生命和不朽彰显出来。 (2 Timothy 1:9-10)

The faith of those chosen of God and the knowledge of the truth, which is according to godliness, is a faith and knowledge resting in the hope of eternal life, which God, who does not lie, promised before the beginning of time. At the appointed time, He manifested His word through the preaching entrusted to the apostles by the command of God our Savior. 　神的仆人、耶稣基督的使徒保罗（这是为着　神选民的信心，和那合乎敬虔真理的知识；  这都是根据永生的盼望，这永生就是没有谎言的　神在万世以前所应许的。  到了适当的时候，　神就借着福音的宣讲，把他的道显明出来。照着　神我们救主的命令，这宣讲的使命交托了我）， (Titus 1:1-3)

How shall we escape if we ignore God’s great salvation? This salvation, which was first announced by the Lord, was confirmed by those who heard Him. God also bore witness to it by signs and wonders and various miracles and gifts of the Holy Spirit distributed according to His will. 如果我们忽略了这么大的救恩，怎么能逃罪呢？这救恩起初是由主亲自宣讲的，后来听见的人给我们证实了。  　神又照着自己的旨意，用神迹、奇事和各样异能，以及圣灵的恩赐，与他们一同作见证。 (Hebrews 2:3-4)

We see Jesus, who was made a little lower than the angels, now crowned with glory and honor because He suffered death, that by the grace of God He might taste death for everyone. For it was fitting for Him, for whom are all things and through whom are all things, in bringing many sons to glory, to make the author of their salvation perfect through sufferings. 不过，我们看见那位暂时成了比天使卑微的耶稣，因为受了死的痛苦，就得了荣耀尊贵作冠冕，好叫他因着　神的恩典，为万人尝了死味。  万有因他而有、借他而造的那位，为了要带领许多儿子进入荣耀里去，使救他们的元首借着受苦而得到成全，本是合适的。 (Hebrews 2:9-10)

Since God’s children have partaken of flesh and blood, He too shared in their humanity so that by His death He might destroy him who holds the power of death, that is, the devil, and free those who all their lives were held in slavery by their fear of death. 孩子们既然同有血肉之体，他自己也照样成为血肉之体，为要借着死，消灭那掌握死权的魔鬼，  并且要释放那些因为怕死而终身作奴仆的人。 (Hebrews 2:14-15)

Christ had to be made like His brothers in every way, in order that He might become a merciful and faithful high priest in things pertaining to God, to make propitiation for the sins of the people. Because He Himself suffered when He was tempted, He is able to help those who are being tempted. 所以，他必须在各方面和他的弟兄们相同，为了要在　神的事上，成为仁慈忠信的大祭司，好为人民赎罪。  因为他自己既然经过试探，受了苦，就能够帮助那些被试探的人。 (Hebrews 2:17-18)

During the days of His flesh, Jesus offered up prayers and petitions with loud cries and tears to the One who could save Him from death, and He was heard because of His devoutness. Although He was a Son, He learned obedience by the things which He suffered; and being perfected, He became the source of eternal salvation for all who obey Him, being designated by God as a high priest according to the order of Melchizedek. 基督在世的时候，曾经流泪大声祷告恳求那位能救他脱离死亡的　神；因着他的敬虔，就蒙了应允。  他虽然是儿子，还是因着所受的苦难学会了顺从。  他既然顺从到底，就成了所有顺从他的人得到永远救恩的根源；  而且蒙　神照着麦基洗德的体系，称他为大祭司。 (Hebrews 5:7-10)

Because Jesus lives forever, He has a permanent priesthood. Therefore He is also able to save completely those who come to God through Him, since He always lives to intercede for them. 另一方面，因为耶稣是永远长存的，就拥有他永不更改的祭司职位。  因此，那些靠着他进到　神面前的人，他都能拯救到底；因为他长远活着，为他们代求。 (Hebrews 7:24-25)

Jesus as our high priest meets our needs: He is holy, blameless, undefiled, set apart from sinners, and exalted above the heavens. Unlike the other high priests, He does not need to offer sacrifices day after day, first for His own sins, and then for the sins of the people, for He did this once for all when He offered up Himself. 这样的一位大祭司，对我们本是合适的。他是圣洁、没有邪恶、没有玷污、从罪人中分别出来、高过众天的。  他不必像那些大祭司，天天先为自己的罪献祭，然后为人民的罪献祭；因为他献上了自己，就把这事一次而永远的成全了。 (Hebrews 7:26-27)

When Christ came as high priest of the good things that have come, He went through the greater and more perfect tabernacle that is not made with hands, that is to say, not a part of this creation. Not through the blood of goats and calves but through His own blood, He entered the Most Holy Place once for all, having obtained eternal redemption. 但基督已经来了，作了已经实现的美好事物的大祭司；他经过更大、更完备的会幕（不是人手所做的，也就是不属于这被造的世界的）。  他不是用山羊和牛犊的血，而是用自己的血，只一次进了至圣所，就得到了永远的救赎。 (Hebrews 9:11-12)

If the blood of goats and bulls and the ashes of a heifer sprinkled on those who are ceremonially unclean sanctify them so that they are outwardly clean, how much more will the blood of Christ, who through the eternal Spirit offered Himself unblemished to God, cleanse our consciences from acts that lead to death, so that we may serve the living God? 如果山羊和公牛的血，以及母牛犊的灰，洒在不洁的人身上，尚且可以使他们成为圣洁，身体洁净，  何况基督的血呢？他借着永远的灵，把自己无瑕无疵的献给　神，他的血不是更能洁净我们的良心脱离死行，使我们可以事奉永活的　神吗？ (Hebrews 9:13-14)

Christ is the mediator of a new covenant, by means of death, for the redemption of the transgressions committed under the first covenant, that those who are called may receive the promise of the eternal inheritance. 因此，他作了新约的中保，借着他的死，使人在前约之下的过犯得到救赎，就叫那些蒙召的人，得着永远基业的应许。 (Hebrews 9:15)

Christ has appeared once for all at the end of the ages to do away with sin by the sacrifice of Himself. And as it is appointed for man to die once and after that to face judgment, so Christ was offered once to bear the sins of many; and He will appear a second time, not to bear sin but to bring salvation to those who eagerly wait for Him. 如果这样，他从创世以来，就必须受许多次的苦了。可是现在他在这世代的终结，只显现一次，把自己作为祭品献上，好除掉罪。  按着定命，人人都要死一次，死后还有审判。  照样，基督为了担当许多人的罪，也曾经一次把自己献上；将来他还要再一次显现，不是为担当罪，而是要向那些热切期待他的人成全救恩。 (Hebrews 9:26-28)

By the will of God, I have been sanctified through the offering of the body of Jesus Christ once for all. And every priest stands daily ministering and offering again and again the same sacrifices, which can never take away sins. But when this Priest had offered for all time one sacrifice for sins, He sat down at the right hand of God, waiting from that time for His enemies to be made a footstool for His feet. For by one offering, He has made perfect forever those who are being sanctified. 我们凭着这旨意，借着耶稣基督一次献上他的身体，就已经成圣。  所有的祭司都是天天站着事奉，多次献上同样的祭品，那些祭品永远不能把罪除去。  唯有基督献上了一次永远有效的赎罪祭，就在　神的右边坐下来。  此后，只是等待　神把他的仇敌放在他的脚下，作他的脚凳。  因为他献上了一次的祭，就使那些成圣的人永远得到完全。 (Hebrews 10:10-14)

I have come to Mount Zion, to the heavenly Jerusalem, the city of the living God, to myriads of angels, and to the assembly and church of the firstborn, who are enrolled in heaven. I have come to God, the Judge of all men, to the spirits of righteous men made perfect, to Jesus the mediator of a new covenant, and to the sprinkled blood that speaks better things than the blood of Abel. 你们却是来到锡安山和永活的　神的城，就是天上的耶路撒冷；在那里有千万的天使聚集，  有名字登记在天上众长子的教会，有审判众人的　神，有被成全的义人的灵魂，  有新约的中保耶稣，还有他所洒的血。这血所传的信息比亚伯的血所传的更美。 (Hebrews 12:22-24)

Every good and perfect gift is from above, coming down from the Father of lights, with whom there is no variation, or shifting shadow. Of His own will He brought us forth by the word of truth, that we might be a kind of firstfruits of His creatures. 各样美好的赏赐，各样完备的恩赐，都是从上面、从众光之父降下来的，他本身并没有改变，也没有转动的影子。  他凭着自己的旨意，借着真理的道生了我们，使我们作他所造的万物中初熟的果子。 (James 1:17-18)

As living stones, we are being built into a spiritual house to be a holy priesthood, offering spiritual sacrifices acceptable to God through Jesus Christ. We are a chosen people, a royal priesthood, a holy nation, a people for God’s own possession, that we may declare the praises of Him who called us out of darkness into His marvelous light. 也就像活石，被建造成为灵宫，作圣洁的祭司，借着耶稣基督献上蒙　神悦纳的灵祭。  然而你们是蒙拣选的族类，是君尊的祭司，是圣洁的国民，是属　神的子民，为要叫你们宣扬那召你们出黑暗入奇妙光明者的美德。 (1 Peter 2:5, 9)

Christ suffered for me, leaving me an example that I should follow in His steps. “He committed no sin, and no deceit was found in his mouth.” When He was reviled, He did not retaliate; when He suffered, He made no threats, but entrusted Himself to Him who judges righteously; and He himself bore our sins in His body on the tree, so that I might die to sins and live for righteousness; by His wounds I have been healed. For I was like a sheep going astray, but now I have returned to the Shepherd and Overseer of my soul. 你们就是为此蒙召，因基督也为你们受过苦，给你们留下榜样，叫你们跟随他的脚踪行。  “他从来没有犯过罪，口里也找不到诡诈。”  他被骂的时候不还嘴，受苦的时候也不说恐吓的话；只把自己交托给那公义的审判者。  他在木头上亲身担当了我们的罪，使我们既然不活在罪中，就可以为义而活。因他受的鞭伤，你们就得了医治。  你们从前好像迷路的羊，但现在已经回到你们灵魂的牧人和监督那里了。 (1 Peter 2:21-25)

Christ died for sins once for all, the righteous for the unrighteous, to bring me to God. Having been put to death in the body but made alive by the Spirit, He has gone into heaven and is at the right hand of God, after angels and authorities and powers were made subject to Him. 因为基督也曾一次为你们的罪死了，就是义的代替不义的，为要领你们到　神面前。就肉体的方面说，他曾死去；就灵的方面说，他复活了；  基督已进到天上，在　神右边，众天使、有权势的、有能力的，都服从了他。 (1 Peter 3:18, 22)

By this the love of God was manifested to us, that God has sent His only begotten Son into the world that we might live through Him. In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins. 　神差遣他的独生子到世上来，要使我们借着他而活；　神的爱就在我们中间显明了。  不是我们爱　神，而是　神爱我们，差遣他的儿子为我们的罪作了赎罪祭，这就是爱了。 (1 John 4:9-10)

The Father has sent the Son to be the Savior of the world. Whoever confesses that Jesus is the Son of God, God abides in him and he in God. 父差遣子作世人的救主，这是我们见过的，并且现在作见证。  凡承认耶稣是　神的儿子的，　神就住在他里面，他也住在　神里面。 (1 John 4:14-15)

Jesus Christ is the faithful witness, the firstborn from the dead, and the ruler of the kings of the earth. To Him who loves us and has freed us from our sins by His blood and has made us to be a kingdom and priests to serve His God and Father; to Him be glory and power for ever and ever. 又从那信实的见证人、死人中首先复生的、地上众君王的统治者耶稣基督临到你们。他爱我们，用自己的血把我们从我们的罪中释放出来，  又使我们成为国度，作他父　神的祭司。愿荣耀权能都归给他，直到永永远远。阿们。 (Revelation 1:5-6)

The Lord said, “Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me. To him who overcomes, I will give the right to sit with Me on My throne, just as I overcame and sat down with My Father on His throne.” 看哪！我站在门外敲门；如果有人听见我的声音就开门的，我要进到他那里去，我要跟他在一起，他也要跟我在一起吃饭。  得胜的，我必定赐他和我一同坐在我的宝座上，正像我得了胜和我父一同坐在他的宝座上一样。 (Revelation 3:20-21)

You are worthy to take the scroll and to open its seals, because You were slain, and with Your blood You purchased men for God from every tribe and language and people and nation. You have made them to be a kingdom and priests to serve our God, and they will reign on the earth. 他们唱着新歌，说：“你配取书卷，配拆开封印，因为你曾被杀，曾用你的血，从各支派、各方言、各民族、各邦国，把人买了来归给　神，  使他们成为我们　神的国度和祭司，他们要在地上执掌王权。” (Revelation 5:9-10)

John looked and heard the voice of many angels encircling the throne and the living creatures and the elders; and their number was myriads of myriads, and thousands of thousands, saying with a loud voice, “Worthy is the Lamb, who was slain, to receive power and riches and wisdom and strength and honor and glory and blessing!” 我又观看，听见了千千万万天使的声音，他们都在宝座、活物和长老的四周，  大声说：“被杀的羊羔是配得权能、丰富、智慧、力量、尊贵、荣耀、颂赞的！” (Revelation 5:11-12)

A great multitude, which no one could number, from all nations and tribes and peoples and languages will stand before the throne and before the Lamb, clothed with white robes with palm branches in their hands, and will cry out with a loud voice, “Salvation belongs to our God, who sits on the throne, and to the Lamb!” 这些事以后，我观看，见有一大群人，没有人能数得过来，是从各邦国、各支派、各民族、各方言来的。他们都站在宝座和羊羔面前，身穿白袍，手里拿着棕树枝。  他们大声呼喊，说：“愿救恩归给那坐在宝座上我们的　神，也归给羊羔！” (Revelation 7:9-10)

**Consummation**

To us a child is born, to us a son is given, and the government will be on His shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace. Of the increase of His government and peace there will be no end. He will reign on the throne of David and over His kingdom, establishing and upholding it with justice and righteousness from that time on and forever. The zeal of the Lord of hosts will accomplish this. 因为有一个婴孩为我们而生，有一个儿子赐给我们；政权必担在他的肩头上；他的名必称为“奇妙的策士、全能的　神、永恒的父、和平的君”。  他的政权与平安必无穷无尽地增加，他在大卫的宝座上治理他的国，以公平和公义使国坚立稳固，从现在直到永远。万军之耶和华的热心必成全这事。 (Isaiah 9:6-7)

The wolf will dwell with the lamb, and the leopard will lie down with the goat, and the calf and the lion and the yearling together, and a little child will lead them. The cow will feed with the bear; their young will lie down together, and the lion will eat straw like the ox. The infant will play near the hole of the cobra, and the young child will put his hand into the viper’s hole. They will neither harm nor destroy on all My holy mountain, for the earth will be full of the knowledge of the Lord as the waters cover the sea. 豺狼必与绵羊羔同住，豹子要与山羊羔同卧，牛犊、幼狮和肥畜必同群；小孩子要牵引它们。  牛必与母熊一同吃食，牛犊必与小熊一起躺卧；狮子就像牛一般吃草。  吃奶的婴儿必在虺蛇的洞口玩耍，断奶的孩子必放他的手在毒蛇的穴上。  在我整个圣山上面，这一切都不行伤害或毁灭之事；因为认识耶和华的知识要充满大地，好像海水覆盖海洋一般。 (Isaiah 11:6-9)

You will punish the world for its evil, the wicked for their iniquity. You will put an end to the arrogance of the haughty and will humble the pride of the ruthless. 我必因世界的邪恶施行刑罚，也必因恶人的罪孽惩罚他们；我要使狂妄人的骄傲止息，使强暴人的狂傲降卑。 (Isaiah 13:11)

The Lord of hosts has planned it, to bring low the pride of all glory and to humble all who are renowned on the earth. 这是万军之耶和华所定的旨意，要凌辱那些因荣美而有狂傲，使地上所有的尊贵人被藐视。 (Isaiah 23:9)

The Lord God will swallow up death forever, and He will wipe away the tears from all faces; He will remove the reproach of His people from all the earth. For the Lord has spoken. And it will be said in that day, “Behold, this is our God; we have waited for Him, and He will save us. This is the Lord, we have trusted in Him; let us rejoice and be glad in His salvation.” 他要吞灭死亡，直到永远；主耶和华必擦去各人脸上的眼泪，又从地上除掉他子民的羞辱；这是耶和华说的。  到那日，必有人说：“看哪！这是我们的　神；我们信靠他，他必拯救我们。这是耶和华，我们所倚靠的，我们要因他的拯救欢喜快乐。 (Isaiah 25:8-9)

Behold, the Lord God will come with power, and His arm will rule for Him. Behold, His reward is with Him, and His recompense accompanies Him. He will feed His flock like a shepherd; He will gather the lambs in His arms and carry them close to His heart; He will gently lead those that have young. 看哪！主耶和华必像大能者临到，他的膀臂要为他掌权；看哪！他给予人的赏赐在他那里，他施予人的报应在他面前。  他必像牧人牧养自己的羊群，像用膀臂聚集羊羔，抱在自己的怀中，慢慢引导乳养小羊的。 (Isaiah 40:10-11)

The heavens will vanish like smoke; the earth will wear out like a garment, and its inhabitants will die in the same way. But Your salvation will last forever, and Your righteousness will never fail. 你们要仰观天空，俯视大地；因为诸天必像烟云消散，大地要像衣服渐渐破旧；其上的居民必像蠓虫死亡，但我的拯救却永远长存，我的公义也不会废去。 (Isaiah 51:6)

You will create new heavens and a new earth. The former things will not be remembered, nor will they come to mind. “看哪！我要创造新天新地；先前的事不再被人记念，也不再涌上心头了。 (Isaiah 65:17)

The wolf and the lamb will feed together, and the lion will eat straw like the ox, and dust will be the serpent’s food. They will neither harm nor destroy in all Your holy mountain. 豺狼必与羊羔在一起吃东西，狮子要像牛一样吃草，蛇必以尘土为食物。在我圣山的各处，它们都必不作恶，也不害物；这是耶和华说的。” (Isaiah 65:25)

The Lord will come with fire, and with His chariots like a whirlwind; He will render His anger with fury and His rebuke with flames of fire. 看哪！耶和华必在火中降临，他的战车好像旋风；他要以猛烈的怒气施行报应，用火焰施行斥责。 (Isaiah 66:15)

You will magnify Yourself and sanctify Yourself, and You will make Yourself known in the sight of many nations, and they will know that You are the Lord. 我必显为大、显为圣，在列国的人眼前显现自己。这样，他们就知道我是耶和华。’” (Ezekiel 38:23)

Multitudes who sleep in the dust of the earth will awake, some to everlasting life, others to shame and everlasting contempt. Those who are wise will shine like the brightness of the heavens, and those who lead many to righteousness like the stars for ever and ever. 必有许多睡在尘土中的人醒过来，有的要得永生，有的要受羞辱，永远被憎恶。  那些使人有智慧的必发光，好像天上的光体；那些使许多人归义的必发光，如同星星，直到永永远远。 (Daniel 12:2-3)

God is jealous and the Lord avenges; the Lord takes vengeance and is filled with wrath. The Lord takes vengeance on His adversaries, and He reserves wrath against His enemies. The Lord is slow to anger and great in power and will not leave the guilty unpunished. His way is in the whirlwind and the storm, and clouds are the dust of His feet. 耶和华是嫉恶和施行报复的　神；耶和华施行报复，并且满怀烈怒；耶和华向他的对头施行报复，向他的仇敌怀怒。  耶和华不轻易发怒，可是大有能力；他绝不以有罪的为无罪。耶和华乘着狂风暴雨而来，云彩是他脚下的尘土。 (Nahum 1:2-3)

The earth will be filled with the knowledge of the glory of the Lord, as the waters cover the sea. 认识耶和华之荣耀的知识，必充满全地，好像众水遮盖海洋一样。 (Habakkuk 2:14)

From the rising to the setting of the sun, Your name will be great among the nations. In every place incense and pure offerings will be brought to Your name, for Your name will be great among the nations. (Malachi 1:11)

The Son of Man is going to come in the glory of His Father with His angels, and then He will reward each person according to his works. 人子要在父的荣耀里和众天使一同降临，那时他要照各人的行为报应各人。 (Matthew 16:27)

As the lightning comes from the east and flashes to the west, so will be the coming of the Son of Man. The sign of the Son of Man will appear in the sky, and all the nations of the earth will mourn, and they will see the Son of Man coming on the clouds of the sky with power and great glory. 电光怎样从东方闪出来，一直照到西方，人子降临的时候，也是这样。  “那时，人子的征兆要显在天上，地上的万族都要哀号，并且看见人子带着能力，满有荣耀，驾着天上的云降临。 (Matthew 24:27, 30)

I must be ready, for the Son of Man will come at an hour when I do not expect Him. 所以，你们也要准备妥当，因为在想不到的时候，人子就来了。 你们也要准备妥当，因为在想不到的时候，人子就来了。” (Matthew 24:44; Luke 12:40)

When the Son of Man comes in His glory, and all the angels with Him, He will sit on His glorious throne. All the nations will be gathered before Him, and He will separate the people one from another as a shepherd separates the sheep from the goats. He will put the sheep on His right and the goats on His left. Then the King will say to those on His right, “Come, you who are blessed by My Father; inherit the kingdom prepared for you since the foundation of the world.” “当人子在他的荣耀里，带着所有的使者降临的时候，他要坐在荣耀的宝座上。  万族要聚集在他面前，他要把他们彼此分开，好像牧羊人把绵羊和山羊分开一样：  把绵羊放在右边，山羊放在左边。  那时，王要对右边的说：‘蒙我父赐福的，来承受创世以来为你们预备好的国吧。 (Matthew 25:31-34)

Men will see the Son of Man coming in clouds with great power and glory. And He will send His angels and gather His elect from the four winds, from the ends of the earth to the ends of the heavens. We must take heed and be watchful, for we do not know when that time will come. 那时，他们要看见人子，满有能力和荣耀，驾着云降临；  他要差派天使，把他的选民从四方，从地极直到天边，都招聚来。  你们要小心，要警醒，因为你们不知道那日期什么时候来到。 (Mark 13:26-27, 33)

Jesus will be great and will be called the Son of the Most High. The Lord God will give Him the throne of His father David, and He will reign over the house of Jacob forever, and His kingdom will never end. 他将要被尊为大，称为至高者的儿子，主　神要把他祖大卫的王位赐给他，  他要作王统治雅各家，直到永远，他的国没有穷尽。” (Luke 1:32-33)

Nothing is hidden that will not be revealed, and nothing is secret that will not be known and come out into the open. 因为没有什么隐藏的事不被显明，也没有什么掩盖的事不被人知道而暴露出来。 (Luke 8:17)

Whoever is ashamed of Jesus and His words, the Son of Man will be ashamed of him when He comes in His glory and in the glory of the Father and of the holy angels. 凡是把我和我的道当作可耻的，人子在他与父并圣天使的荣耀里降临的时候，也必把他当作可耻的。 (Luke 9:26)

The children of this age marry and are given in marriage, but those who are considered worthy to attain that age and the resurrection from the dead will neither marry nor be given in marriage. They can no longer die, for they are like the angels and are sons of God, being sons of the resurrection. 耶稣说：“这世界的人又娶又嫁，  但配得那世界的，又配从死人中复活的人，也不娶也不嫁。  他们和天使一样，不能再死；既然是复活了的人，就是　神的儿女了。 (Luke 20:34-36)

An hour is coming, and now is, when the dead will hear the voice of the Son of God; and those who hear will live. For as the Father has life in Himself, so He has granted the Son to have life in Himself, and He has given Him authority to execute judgment, because He is the Son of Man. 我实实在在告诉你们，时候将到，现在就是了，死人要听见　神儿子的声音，听见的人就要活了。  就如父是生命的源头，照样他也使子成为生命的源头，  并且把执行审判的权柄赐给他，因为他是人子。 (John 5:25-27)

An hour is coming when all who are in the graves will hear the voice of the Son of Man, and will come out—those who have done good to a resurrection of life, and those who have done evil to a resurrection of judgment. 你们不要把这事看作希奇，因为时候将到，那时所有在坟墓里的都要听见他的声音，  并且都要出来；行善的复活得生命，作恶的复活被定罪。 (John 5:28-29)

God will judge the secrets of men through Jesus Christ, according to the gospel. 这也要照着我所传的福音，在　神借着耶稣基督审判各人隐情的那一天，彰显出来。 (Romans 2:16)

We will all stand before the judgment seat of God. For it is written, “As I live, says the Lord, every knee will bow before Me, and every tongue will confess to God.” So then, each of us will give an account of himself to God. (Romans 14:10b-12)

Christ has been raised from the dead, the firstfruits of those who have fallen asleep. For since death came through a man, the resurrection of the dead comes also through a Man. For as in Adam all die, so in Christ all will be made alive. But each in his own order: Christ, the firstfruits; afterward, those who are Christ’s at His coming. Then the end will come, when He delivers the kingdom to God the Father, when He has abolished all rule and all authority and power. For He must reign until He has put all His enemies under His feet. The last enemy that will be destroyed is death. 现在基督已经从死人中复活，成为睡了的人初熟的果子。  死既借着一人而来，死人复活也借着一人而来。  在亚当里众人都死了，照样，在基督里众人也都要复活；  只是各人要按着自己的次序：初熟的果子是基督，以后，在他来的时候，是那些属基督的人。  再后，末期到了的时候，基督把所有的统治者、掌权者和有能者都毁灭了，就把国度交给父　神。  因为基督必要作王，直到　神把所有的仇敌都放在他的脚下。  最后要毁灭的仇敌就是死， (1 Corinthians 15:20-26)

In the resurrection of the dead, the body that is sown is perishable, but it is raised imperishable; it is sown in dishonor, but it is raised in glory; it is sown in weakness, but it is raised in power; it is sown a natural body, but it is raised a spiritual body. If there is a natural body, there is also a spiritual body. (1 Corinthians 15:42-44)

The first man is of the dust of the earth; the second Man is from heaven. As was the earthly man, so are those who are of the earth; and as is the Man from heaven, so also are those who are of heaven. And just as we have borne the image of the earthly man, so shall we bear the likeness of the heavenly Man. 第一个人是出于地，是属土的；第二个人是出于天。  那属土的怎样，所有属土的也都怎样；属天的怎样，所有属天的也都怎样。  我们既然有了属土的形象，将来也必有属天的形象。 (1 Corinthians 15:47-49)

We will not all sleep, but we will all be changed, in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised imperishable, and we shall be changed. For this perishable must clothe itself with the imperishable, and this mortal with immortality. 我现在把一个奥秘告诉你们：我们不是都要睡觉，而是在一剎那，眨眼之间，就是号角最后一次吹响的时候，我们都要改变；因为号角要吹响，死人要复活，成为不朽坏的，我们也要改变。  这必朽坏的必须穿上不朽坏的，这必死的必须穿上不死的； (1 Corinthians 15:51-53)

Everything exposed by the light becomes visible, for it is light that makes everything visible. For this reason it says, “Awake, you who sleep; arise from the dead, and Christ will shine on you.” 凡被光揭露的，都是显而易见的。  因为一切显露出来的就是光，所以有话说：“睡了的人哪，醒过来，从死人中起来吧！基督必要照亮你。” (Ephesians 5:13-14)

God highly exalted Christ Jesus and gave Him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father. 因此　神把他升为至高，并且赐给他超过万名之上的名。  使天上、地上和地底下的一切，因着耶稣的名，都要屈膝，  并且口里承认耶稣基督为主，使荣耀归给父　神。 (Philippians 2:9-11)

We should not be ignorant about those who fall asleep or grieve like the rest of men, who have no hope. For if we believe that Jesus died and rose again, even so God will bring with Him those who have fallen asleep in Jesus. According to the Lord’s own word, we who are alive and remain until the coming of the Lord will not precede those who have fallen asleep. For the Lord Himself will come down from heaven, with a loud command, with the voice of the archangel, and with the trumpet of God, and the dead in Christ will rise first. Then we who are alive and remain will be caught up together with them in the clouds to meet the Lord in the air. And so we will be with the Lord forever. 弟兄们，论到睡了的人，我们不愿意你们不知道，免得你们忧伤，像那些没有盼望的人一样。  我们若信耶稣死了，又复活了，照样，也应该相信那些靠着耶稣已经睡了的人，　神必定把他们和耶稣一同带来。  我们现在照着主的话告诉你们：我们这些活着存留到主再来的人，绝不能在那些睡了的人以先。  因为主必亲自从天降临，那时，有发令的声音，有天使长的呼声，还有　神的号声，那些在基督里死了的人必先复活；  然后，我们还活着存留的人，必和他们一同被提到云里，在空中与主相会。这样，我们就要和主常常同在。 (1 Thessalonians 4:13-17)

The Lord will give relief to His own who are afflicted when the Lord Jesus is revealed from heaven in blazing fire with His powerful angels, punishing those who do not know God and do not obey the gospel of our Lord Jesus. 又要报应那些不认识　神、不听从我们主耶稣的福音的人。 (2 Thessalonians 1:7-8)

We are looking for the blessed hope and the glorious appearing of our great God and Savior, Christ Jesus, who gave Himself for us to redeem us from all iniquity and to purify for Himself a people for His own possession, zealous for good works. 等候那有福的盼望，就是我们伟大的　神，救主耶稣基督荣耀的显现。  他为我们舍己，为的是要救赎我们脱离一切不法的事，并且洁净我们作他自己的子民，热心善工。 (Titus 2:13-14)

The day of the Lord will come like a thief, in which the heavens will pass away with a roar, and the elements will be destroyed by intense heat, and the earth and its works will be laid bare. The day of God will bring about the destruction of the heavens by fire, and the elements will melt with intense heat. 但主的日子必要像贼一样来到。在那日，天必轰然一声地消失，所有元素都因烈火而融化；地和地上所有的，都要被烧毁。  等候并催促　神的日子降临呢？因为在那日，天要被火焚烧就融化了，所有元素都因烈火而融解！ (2 Peter 3:10, 12)

Jesus Christ is coming with the clouds, and every eye will see Him, even those who pierced Him; and all the peoples of the earth will mourn because of Him. Even so, Amen. 看哪，他驾着云降临，每一个人都要看见他，连那些刺过他的人也要看见他，地上的万族都要因他捶胸。这是必定的，阿们。 (Revelation 1:7)

The kingdom of the world has become the kingdom of our Lord and of His Christ, and He will reign for ever and ever. 第七位天使吹号，天上就有大声音说：“世上的国成了我们的主和他所立的基督的国，他要作王，直到永永远远！” (Revelation 11:15)

Blessed are the dead who die in the Lord from now on. They will rest from their labor, for their works will follow them. 我听见从天上有声音说：“你要写下来！从今以后，那在主里死去的人有福了！”圣灵说：“是的，他们脱离自己的劳苦，得享安息了，他们的作为也随着他们。” (Revelation 14:13)

Like the roar of rushing waters and like loud peals of thunder, a great multitude will shout, “Hallelujah! For the Lord God Almighty reigns. Let us rejoice and be glad and give Him glory! For the marriage of the Lamb has come, and His bride has made herself ready.” Blessed are those who are invited to the marriage supper of the Lamb. 我又听见一个声音，好像一大群人的声音，像众水的声音，又像大雷的声音，说：“哈利路亚！因为主、我们全能的　神作王了！  我们要欢喜快乐，把荣耀归给他！因为羊羔的婚期到了；他的新娘也自己预备好了。  天使对我说：“你要写下来：‘被邀请赴羊羔婚筵的人有福了！’”他又对我说：“这都是　神真实的话。” (Revelation 19:6-7, 9)

John saw heaven opened, and there before him was a white horse, whose rider is called Faithful and True; and in righteousness He judges and makes war. His eyes are like a flame of fire, and on His head are many crowns. He has a name written on Him that no one knows except Himself. He is clothed in a robe dipped in blood, and His name is the Word of God. And the armies of heaven, riding on white horses and dressed in fine linen, white and clean, were following Him. And out of His mouth goes a sharp sword with which He will strike down the nations, and He will rule them with a rod of iron. He treads the winepress of the fury of the wrath of God Almighty. And on His robe and on His thigh He has a name written: KING OF KINGS AND LORD OF LORDS. 我观看，见天开了。有一匹白马，那骑马的称为“忠信”和“真实”；他按着公义审判和作战。  他的眼睛好像火焰，头上戴着许多皇冠，他身上写着一个名字，这名字除了他自己没有人认识。  他身穿一件浸过血的衣服，他的名字称为“　神的道”。  天上的众军，都骑着白马，穿着洁白的细麻衣，跟随着他。  有一把利剑从他口中吐出来，他要用这剑击打列国，他必用铁杖治理他们；并且还要踹全能　神烈怒的压酒池。  在他的衣服和大腿上，写着“万王之王，万主之主”的名号。 (Revelation 19:11-16)

There will be a new heaven and a new earth, for the first heaven and the first earth will pass away, and there will no longer be any sea. 我又看见一个新天新地，因为先前的天地都过去了，海也再没有了。 (Revelation 21:1)

The Holy City, new Jerusalem, will come down out of heaven from God, prepared as a bride adorned for her husband. A loud voice from the throne will say, “Behold, the tabernacle of God is with men, and He will dwell with them, and they will be His people, and God Himself will be with them and be their God, and He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the first things have passed away.” He who is seated on the throne will say, “Behold, I make all things new.” 我又看见圣城，新耶路撒冷，从天上由　神那里降下来，预备好了，好像打扮整齐等候丈夫的新娘。  我听见有大声音从宝座那里发出来，说：“看哪！　神的帐幕在人间，他要与人同住，他们要作他的子民。　神要亲自与他们同在，要作他们的　神。  他要抹去他们的一切眼泪，不再有死亡，也不再有悲哀、哭号、痛苦，因为先前的事都过去了。”  坐在宝座上的那一位说：“看哪，我把一切都更新了！”又说：“你要写下来，因为这些话是可信的、真实的。” (Revelation 21:2-5)

You are the Alpha and the Omega, the Beginning and the End. To him who is thirsty, You will give to drink without cost from the spring of the water of life. He who overcomes will inherit all this, and You will be his God and he will be Your son. 他又对我说：“成了！我是阿拉法，是俄梅格；我是创始的，也是成终的。我要把生命的泉水，白白赐给口渴的人喝。  得胜的，必要承受这些福分。我要作他的　神，他要作我的儿子。 (Revelation 21:6-7)

There will be no temple in the new Jerusalem, because the Lord God Almighty and the Lamb are its temple. The city will not need the sun or the moon to shine on it, for the glory of God gives it light, and the Lamb is its lamp. The nations will walk by its light, and the kings of the earth will bring their splendor into it. And its gates will never be shut by day, for there will be no night there. 我没有看见城里有圣所，因为主全能的　神和羊羔就是城的圣所。  这城不需要日月照明，因为有　神的荣耀照明，而羊羔就是城的灯。  列国要借着城的光行走，地上的众王要把他们的荣华带到这城来。  城门白天决不关闭。在那里并没有黑夜。 (Revelation 21:22-25)

There will no longer be any curse. The throne of God and of the Lamb will be in the new Jerusalem, and His servants will serve Him. They will see His face, and His name will be on their foreheads. And there will be no night there; they will not need the light of a lamp or the light of the sun, for the Lord God will give them light. And they shall reign for ever and ever. 所有咒诅都不再有了。城里有　神和羊羔的宝座，他的仆人都要事奉他，  也要见他的面。他的名字必写在他们的额上。  不再有黑夜了，他们也不需要灯光或日光了，因为主　神要光照他们。他们要作王，直到永永远远。 (Revelation 22:3-5)

The Lord Jesus is coming quickly. His reward is with Him, and He will give to everyone according to what he has done. He is the Alpha and the Omega, the First and the Last, the Beginning and the End. Yes, He is coming quickly. Amen. Come, Lord Jesus. “看哪，我必快来！赏赐在我，我要照着各人所行的报应他。  我是阿拉法，是俄梅格；我是首先的，也是末后的；我是创始的，也是成终的。”  证明这些事的那一位说：“是的，我必快来！”阿们！主耶稣啊，请你来吧！ (Revelation 22:12-13, 20)

my relationship

to God

**God’s Grace and Love**

I am unworthy of all the lovingkindness and faithfulness You have shown Your servant. 你向你仆人所施的一切慈爱和信实，我实在不配得。从前我只拿着我的手杖过这约旦河；现在我却拥有这两队人马了。 (Genesis 32:10)

You have blessed me and kept me; You have made Your face shine upon me and have been gracious to me; You have turned Your face toward me and given me peace. 愿耶和华赐福你，保护你；  愿耶和华使他的脸光照你，赐恩给你；  愿耶和华敞脸垂顾你，赐你平安。’ (Numbers 6:24-26)

You, O Lord, are a shield around me; You bestow glory on me and lift up my head. 耶和华啊！你却是我周围的盾牌，是我的荣耀，是使我抬起头来的。 (Psalm 3:3)

My shield is God Most High, who saves the upright in heart. 　神是我的盾牌，他拯救心里正直的人。 (Psalm 7:10)

I will be glad and rejoice in Your love, for You saw my affliction and have known the anguish of my soul. 我要因你的慈爱欢喜快乐，因为你看见了我的困苦，知道我心中的痛苦； (Psalm 31:7)

How great is Your goodness, which You have stored up for those who fear You, which You have prepared for those who take refuge in You before the sons of men! 耶和华啊！你为敬畏你的人所珍藏的好处，为投靠你的人在世人面前所施行的恩惠，是多么丰盛。 (Psalm 31:19)

Many are the sorrows of the wicked, but he who trusts in the Lord, lovingkindness shall surround him. 恶人必受许多痛苦；但倚靠耶和华的，必有慈爱四面环绕他。 (Psalm 32:10)

The eye of the Lord is on those who fear Him, on those whose hope is in His unfailing love. 耶和华的眼睛看顾敬畏他的人，和那些仰望他慈爱的人； (Psalm 33:18)

Many, O Lord my God, are the wonders You have done, and Your thoughts toward us no one can recount to You; were I to speak and tell of them, they would be too many to declare. 耶和华我的　神啊！你所行的奇事，并你向我们所怀的意念很多，没有人可以和你相比；如果我要述说陈明，也多到不能胜数。 (Psalm 40:5)

Blessed is the one You choose and bring near to live in Your courts. We will be satisfied with the goodness of Your house, of Your holy temple. 你所拣选，使他亲近你，可以住在你院子中的人，是有福的！愿我们因你的居所，就是你圣殿的美福心满意足。 (Psalm 65:4)

In the day of my trouble I will call upon You, for You will answer me. You are great and do wondrous deeds; You alone are God. 在我遭难的日子，我要求告你，因为你必应允我。  因为你是伟大的，并且行奇妙的事，只有你是　神。 (Psalm 86:7, 10)

Because I love You, You will deliver me; You will protect me, for I acknowledge Your name. I will call upon You, and You will answer me; You will be with me in trouble, You will deliver me and honor me. (Psalm 91:14-15)

You know how I am formed; You remember that I am dust. As for man, his days are like grass; he flourishes like a flower of the field. The wind passes over it and it is gone, and its place remembers it no more. But the lovingkindness of the Lord is from everlasting to everlasting on those who fear Him, and His righteousness with their children’s children, to those who keep His covenant and remember to obey His precepts. 因为他知道我们的本体，记得我们不过是尘土。  至于世人，他的年日好像草一般；他又像野地繁茂的花。  经风一吹，就归无有；他原来的地方再不认识他。  但从亘古到永远，耶和华的慈爱临到敬畏他的人；他的公义也归于他们的子子孙孙，  就是那些谨守他的约，记住他的训词，并且遵行的人。 (Psalm 103:14-18)

May Your merciful kindness be my comfort, according to Your promise to Your servant. 求你按着你给你仆人的应许，以你的慈爱安慰我。 (Psalm 119:76)

The Lord will judge His people and have compassion on His servants. 因为耶和华要为自己的子民伸冤，他要怜悯自己的仆人。 (Psalm 135:14)

You have loved me with an everlasting love; You have drawn me with lovingkindness. 耶和华在古时（“在古时”或译：“从远处”）曾向以色列（“以色列”按照《马索拉抄本》应作“我”，现参照《七十士译本》翻译）显现，说：“我以永远的爱爱你，因此，我对你的慈爱延续不息（“我对你的慈爱延续不息”或译：“我要以慈爱吸引你”）。 (Jeremiah 31:3)

No one can come to Jesus unless it has been granted him from the Father. 耶稣跟着说：“所以我对你们说过，如果不是父所赐的，没有人能到我这里来。” (John 6:65)

I believe that it is through the grace of our Lord Jesus that I am saved. 我们相信，我们得救是借着主耶稣的恩，和他们也是一样。” (Acts 15:11)

I have been set apart for the gospel of God—I am among those who are called to belong to Jesus Christ. (Romans 1:1, 6)

I have been loved by God and called to be a saint; grace and peace have been given to me from God our Father and the Lord Jesus Christ. 我写信给各位住在罗马，为　神所爱，蒙召作圣徒的人。愿恩惠平安从我们的父　神和主耶稣基督临到你们。 (Romans 1:7)

Having been justified by faith, I have peace with God through the Lord Jesus Christ, through whom I have gained access by faith into this grace in which I stand; and I rejoice in the hope of the glory of God. 所以，我们既然因信称义，就借着我们的主耶稣基督与　神和好；  我们也凭着信，借着他可以进入现在所站的这恩典中，并且以盼望得享　神的荣耀为荣。 (Romans 5:1-2)

Who shall separate me from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? As it is written: “For Your sake we face death all day long; we are considered as sheep to be slaughtered.” Yet in all these things I am are more than a conqueror through Him who loved me. 谁能使我们与基督的爱隔绝呢？是患难吗？是困苦吗？是迫害吗？是饥饿吗？是赤身露体吗？是危险吗？是刀剑吗？  正如经上所记：“为你的缘故，我们终日面对死亡，人看我们像待宰的羊。”  但靠着爱我们的那一位，我们在这一切事上就得胜有余了。 (Romans 8:35-37)

I am convinced that neither death nor life, nor angels nor principalities, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all creation, will be able to separate me from the love of God that is in Christ Jesus my Lord. (Romans 8:38-39)

Grace and peace come from God our Father and the Lord Jesus Christ. 愿恩惠平安从我们的父　神和主耶稣基督临到你们。 愿恩惠平安从我们的父　神和主耶稣基督临到你们。 愿恩惠平安从我们的父　神和主耶稣基督临到你们。 (1 Corinthians 1:3; 2 Corinthians 1:2; Galatians 1:3)

I thank God because of His grace in Christ Jesus. In Him we have been enriched in every way, in all speech and in all knowledge. We do not lack any spiritual gift, as we eagerly wait for the revelation of our Lord Jesus Christ. 我因着　神在基督耶稣里赐给你们的恩典，常常为你们感谢我的　神，  因为你们在他里面凡事都富足，很有口才，知识丰富，  以致你们在恩赐上一无所缺，殷切盼望着我们主耶稣基督的显现； (1 Corinthians 1:4-5, 7)

God will keep me strong to the end, so that I will be blameless on the day of our Lord Jesus Christ. God is faithful, through whom I was called into fellowship with His Son, Jesus Christ our Lord. 他也必坚定你们到底，使你们在我们主耶稣基督的日子无可指摘。  　神是信实的，他呼召了你们，是要你们与他的儿子我们主耶稣基督连合在一起。 (1 Corinthians 1:8-9)

Thanks be to God, who always leads us in triumph in Christ and through us spreads everywhere the fragrance of the knowledge of Him. 感谢　神，他常常在基督里，使我们这些作俘虏的，列在凯旋的队伍当中，又借着我们在各地散播香气，就是使人认识基督。 (2 Corinthians 2:14)

The grace of the Lord Jesus Christ and the love of God and the fellowship of the Holy Spirit are with me. 愿主耶稣基督的恩惠，　神的慈爱，圣灵的契通，常与你们众人同在。 (2 Corinthians 13:14)

God set me apart from my mother’s womb and called me through His grace. 然而，当我在母腹里就把我分别出来，又用他的恩呼召我的那一位， (Galatians 1:15)

God chose me in Christ before the foundation of the world to be holy and blameless in His sight. In love He predestined me to be adopted as His son through Jesus Christ, according to the good pleasure of His will, to the praise of the glory of His grace, which He bestowed upon me in the One He loves. 就如创立世界以前，他在基督里拣选了我们，使我们因着爱，在他面前成为圣洁，没有瑕疵。  他又按着自己旨意所喜悦的，预定我们借着耶稣基督得儿子的名分，  好使他恩典的荣耀得着颂赞。这恩典是他在爱子里赐给我们的。 (Ephesians 1:4-6)

In Christ I have obtained an inheritance, having been predestined according to the plan of Him who works all things according to the counsel of His will, that we who have trusted in Christ should be to the praise of His glory. (Ephesians 1:11-12)

By grace I have been saved through faith, and this not of myself; it is the gift of God, not of works, so that no one can boast. 你们得救是靠着恩典，借着信心。这不是出于自己，而是　神所赐的；  这也不是出于行为，免得有人自夸。 (Ephesians 2:8-9)

I am confident of this, that He who began a good work in me will carry it on to completion until the day of Christ Jesus. 我深信那在你们中间开始了美好工作的，到了基督耶稣的日子，必成全这工作。 (Philippians 1:6)

The grace of the Lord Jesus Christ is with my spirit. 愿主耶稣基督的恩惠与你们同在（“与你们同在”原文作“与你们的心灵同在”）。 (Philippians 4:23)

The grace of my Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus. (1 Timothy 1:14)

God has saved me and called me with a holy calling, not according to my works but according to His own purpose and grace. 　神救了我们，以圣召呼召我们，不是按照我们的行为，却是按照他自己的计划和恩典；这恩典是在永世之先，在基督耶稣里赐给了我们的， (2 Timothy 1:9)

The God of all grace, who called me to His eternal glory in Christ, after I have suffered a little while, will Himself perfect, confirm, strengthen, and establish me. 但满有恩典的　神，就是在基督里召你们进入他永远荣耀的那一位，在你们受了短暂的苦难之后，必定亲自成全你们，坚固你们，赐力量给你们，建立你们。 (1 Peter 5:10)

We have known and have believed the love God has for us. God is love, and he who abides in love abides in God, and God in him. In this way, love has been perfected among us so that we may have confidence in the day of judgment; because as He is, so are we in this world. There is no fear in love, but perfect love casts out fear, because fear involves punishment, and the one who fears has not been perfected in love. 　神对我们的爱，我们已经明白了，而且相信了。　神就是爱；住在爱里面的，就住在　神里面，　神也住在他里面。  这样，爱在我们里面就得到成全，使我们在审判的日子，可以坦然无惧。因为他怎样，我们在这世上也怎样。  爱里没有惧怕，完全的爱可以把惧怕驱除，因为惧怕含有刑罚，惧怕的人在爱里还没有完全。 (1 John 4:16-18)

I have been called, having been loved by God the Father and kept by Jesus Christ. 耶稣基督的仆人，雅各的兄弟犹大，写信给那些被召的人，就是在父　神里蒙爱，并且为了耶稣基督而蒙保守的人。 (Jude 1)

**God’s Salvation and Forgiveness**

This poor man cried out, and the Lord heard him, and saved him out of all his troubles. 我这困苦人呼求，耶和华就垂听，拯救我脱离一切患难。 (Psalm 34:6)

The Lord is close to the brokenhearted and saves those who are crushed in spirit. 耶和华亲近心中破碎的人，拯救灵里痛悔的人， (Psalm 34:18)

The salvation of the righteous comes from the Lord; He is their stronghold in time of trouble. The Lord helps them and delivers them; He delivers them from the wicked and saves them, because they take refuge in Him. 义人的拯救是由耶和华而来；在患难的时候，他作他们的避难所。  耶和华帮助他们，搭救他们；他搭救他们脱离恶人，拯救他们，因为他们投靠他。 (Psalm 37:39-40)

God lifted me out of the slimy pit, out of the mud and mire; He set my feet on a rock and gave me a firm place to stand. He put a new song in my mouth, a hymn of praise to our God. Many will see and fear and put their trust in the Lord. 他把我从荒芜的坑里，从泥沼中拉上来；他使我的脚站在磐石上，又使我的脚步稳定。  他使我口唱新歌，赞美我们的　神；许多人看见了，就必惧怕，并且要倚靠耶和华。 (Psalm 40:2-3)

The sacrifices of God are a broken spirit; a broken and contrite heart, O God, You will not despise. 　神所要的祭，就是破碎的灵；　神啊！破碎痛悔的心，你必不轻看。 (Psalm 51:17)

Have mercy on me, O God, have mercy on me, for in You my soul takes refuge. I will take refuge in the shadow of Your wings until destruction passes by. I cry out to God Most High, to God who fulfills His purpose for me. 　神啊，求你恩待我！求你恩待我！因为我投靠你；我要投靠在你翅膀的荫下，直到灾害过去。  我要向至高的　神呼求，就是向为我成就他旨意的　神呼求。 (Psalm 57:1-2)

My soul silently waits for God alone; my salvation comes from Him. He alone is my rock and my salvation; He is my stronghold; I will never be shaken. 唯独等候　神，我的心才有安息；我的拯救从他而来。  唯独他是我的磐石，我的拯救；他是我的保障，我必不至动摇。 (Psalm 62:1-2)

Blessed be the Lord; day by day He bears our burdens, the God of our salvation. Our God is the God of salvation, and to God the Lord belongs escape from death. 主，拯救我们的　神，是应当称颂的，他天天背负我们的重担。（细拉）  我们的　神是施行拯救的　神；人能逃脱死亡，是在于主耶和华。 (Psalm 68:19-20)

My mouth will tell of Your righteousness and of Your salvation all day long, though I know not its measure. I will come in the strength of the Lord God; I will proclaim Your righteousness, Yours alone. Since my youth, O God, You have taught me, and to this day I declare Your wondrous deeds. 我的口要述说你的公义，终日讲述你的救恩，尽管我不知道它们的数量。  我要来述说主耶和华大能的事；我要提说你独有的公义。  　神啊！我自幼以来，你就教导我；直到现在，我还是宣扬你奇妙的作为。 (Psalm 71:15-17)

Surely Your salvation is near to those who fear You. 他的救恩的确临近敬畏他的人，使他的荣耀住在我们的地上。 (Psalm 85:9)

God will not always strive with us, nor will He harbor His anger forever; He does not treat us as our sins deserve or repay us according to our iniquities. For as high as the heavens are above the earth, so great is His love for those who fear Him; as far as the east is from the west, so far has He removed our transgressions from us. As a father has compassion on his children, so the Lord has compassion on those who fear Him. 他不长久责备，也不永远怀怒。  他没有按着我们的罪过待我们，也没有照着我们的罪孽报应我们。  天离地有多高，他的慈爱向敬畏他的人也有多大。  东离西有多远，他使我们的过犯离我们也有多远。  父亲怎样怜恤儿子，耶和华也照样怜恤敬畏他的人； (Psalm 103:9-13)

I love the Lord, because He has heard my voice and my supplications. Because He turned His ear to me, I will call on Him as long as I live. 我爱耶和华，因为他听了我的声音、我的恳求。  因为他留心听我的恳求，我一生一世要求告他。 (Psalm 116:1-2)

The Lord is my strength and my song; He has become my salvation. 耶和华是我的力量，我的诗歌；他也成了我的拯救。 (Psalm 118:14)

There is not a righteous man on earth who continually does good and never sins. 世上实在没有一个行善而不犯罪的义人。 (Ecclesiastes 7:20)

“Come now, let us reason together,” says the Lord. “Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool.” 耶和华说：“你们来，我们彼此辩论；你们的罪虽像朱红，必变成雪白；虽红如丹颜，必白如羊毛。 (Isaiah 1:18)

Surely God is my salvation; I will trust and not be afraid. For the Lord God is my strength and my song, and He has become my salvation. 看哪！　神是我的拯救；我要倚靠他，并不惧怕，因为耶和华　神是我的力量，我的诗歌，他也成了我的拯救。” (Isaiah 12:2)

This is what the Lord God, the Holy One of Israel, says: “In repentance and rest is your salvation; in quietness and trust is your strength.” 因为主耶和华以色列的圣者这样说：“你们得救在于悔改和安息，你们得力在于平静和信靠。”但你们竟不愿意。 (Isaiah 30:15)

Let the wicked forsake his way and the unrighteous man his thoughts; let him return to the Lord, and He will have mercy on him, and to our God, for He will abundantly pardon. 恶人要离弃自己的道路，不义的人当除去自己的意念，回转过来归向耶和华，耶和华就必怜悯他。你们当回转过来归向我们的　神，因为他大大赦免人的罪。 (Isaiah 55:7)

I will greatly rejoice in the Lord; my soul will be joyful in my God. For He has clothed me with garments of salvation and arrayed me in a robe of righteousness, as a bridegroom decks himself with ornaments, and as a bride adorns herself with her jewels. 我因耶和华大大欢喜，我的心靠着我的　神快乐，因为他给我穿上救恩的衣服，给我披上公义的外袍，好像新郎戴上华冠，又像新娘佩戴装饰。 (Isaiah 61:10)

All of us have become like one who is unclean, and all our righteous acts are like filthy rags; we all shrivel up like a leaf, and our iniquities, like the wind, sweep us away. But now, O Lord, You are our Father. We are the clay; You are the potter; we are all the work of Your hand. 我们众人都像不洁净的人，我们所有的义，都像污秽的衣服；我们众人都像叶子枯干，我们的罪孽好像风一般把我们吹去。  耶和华啊！现在你还是我们的父；我们不过是泥土，你才是陶匠；我们众人都是你手所作的。 (Isaiah 64:6, 8)

Heal me, O Lord, and I will be healed; save me, and I will be saved, for You are my praise. 耶和华啊！求你医治我，我就得医治；求你拯救我，我就得拯救；因为你是我所赞美的。 (Jeremiah 17:14)

Why should any living man complain when punished for his sins? Let us search out and examine our ways, and let us return to the Lord. 人活在世上，因自己的罪受惩罚，为什么发怨言呢？  我们要检讨和省察自己的行为，然后归向耶和华。 (Lamentations 3:39-40)

“Even now,” declares the Lord, “return to Me with all your heart, with fasting and weeping and mourning.” So rend your heart and not your garments. Return to the Lord your God, for He is gracious and compassionate, slow to anger and abounding in lovingkindness, and He relents from sending calamity. 耶和华说：“现在虽然如此，你们仍要全心全意，以禁食、哭泣、哀号，归向我。”  你们要撕裂你们的心肠，不要撕裂你们的衣服。并要归向耶和华你们的　神，因为他有恩典有怜悯，不轻易发怒，并且有丰盛的慈爱，随时转意不降灾祸。 (Joel 2:12-13)

From within, out of the heart of men, proceed evil thoughts, sexual immorality, thefts, murders, adulteries, greed, wickedness, deceit, lewdness, envy, slander, arrogance, and folly. All these evil things come from within and defile a man. 因为从里面，就是从人的心里，发出恶念、淫乱、偷盗、凶杀、  奸淫、贪心、邪恶、诡诈、放荡、嫉妒、毁谤、骄傲、愚妄；  这一切恶事，是从人里面出来的，都能使人污秽。” (Mark 7:21-23)

I do not rejoice that the spirits are subject to me, but I rejoice that my name is written in heaven. 然而不要因为鬼服了你们就欢喜，却要因为你们的名字记录在天上而欢喜。” (Luke 10:20)

As many as received Christ, to them He gave the right to become children of God, to those who believe in His name, who were born not of blood, nor of the will of the flesh, nor of the will of man, but of God. 凡接受他的，就是信他名的人，他就赐给他们权利，成为　神的儿女。  他们不是从血统生的，不是从肉身的意思生的，也不是从人意生的，而是从　神生的。 (John 1:12-13)

Unless one is born again, he cannot see the kingdom of God; unless one is born of water and the Spirit, he cannot enter into the kingdom of God. That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. The wind blows wherever it pleases, and we hear its sound, but we cannot tell where it comes from, or where it is going. So it is with everyone born of the Spirit. 耶稣回答：“我实实在在告诉你，人若不重生，就不能见　神的国。”  耶稣回答：“我实实在在告诉你，人若不是从水和圣灵生的，就不能进　神的国。  从肉身生的就是肉身，从灵生的就是灵。  风随意而吹，你听见它的响声，却不知道它从哪里来，往哪里去；凡从圣灵生的，也是这样。” (John 3:3, 5-6, 8)

Whoever believes in the Son has eternal life, but whoever rejects the Son will not see life, for the wrath of God remains on him. 信子的，有永生；不信从子的，必不得见永生，　神的震怒却常在他身上。” (John 3:36)

Everyone who drinks ordinary water will be thirsty again, but whoever drinks the water You give will never thirst. Indeed, the water You give becomes in us a spring of water welling up to eternal life. 耶稣回答：“凡喝这水的，还要再渴；  人若喝我所赐的水，就永远不渴。我所赐的水要在他里面成为涌流的泉源，直涌到永生。” (John 4:13-14)

Whoever hears the word of Jesus and believes Him who sent Him has eternal life and will not come into judgment, but has passed over from death to life. 我实实在在告诉你们，那听见我的话又信那差我来的，就有永生，不被定罪，而是已经出死入生了。 (John 5:24)

I should not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man gives me, for God the Father has set His seal on Him. 不要为那必朽坏的食物操劳，却要为那存到永生的食物操劳，就是人子所要赐给你们的，因为人子是父　神所印证的。” (John 6:27)

Lord Jesus, all that the Father gives You will come to You, and whoever comes to You, You will never cast out. For You have come down from heaven not to do Your own will, but the will of Him who sent You. And this is the will of Him who sent You, that You will lose none of all that He has given You, but raise them up at the last day. For Your Father’s will is that everyone who looks to the Son and believes in Him may have eternal life, and You will raise him up at the last day. 凡是父赐给我的人，必到我这里来；到我这里来的，我决不丢弃他，  因为我从天上降下来，不是要行自己的意思，而是要行那差我来者的旨意。  那差我来者的旨意就是：他所赐给我的人，我连一个也不失落，并且在末日我要使他们复活。  因为我父的旨意，是要使所有看见了子而信的人有永生，并且在末日我要使他们复活。” (John 6:37-40)

I shall know the truth, and the truth shall set me free. Everyone who commits sin is a slave of sin. And a slave has no permanent place in the family, but a son belongs to it forever. So if the Son sets me free, I shall be free indeed. 你们必定认识真理，真理必定使你们自由。”  耶稣说：“我实实在在告诉你们，凡犯罪的都是罪的奴隶。  奴隶不能永远住在家里，唯有儿子才可以永远住在家里。  所以，　神的儿子若使你们自由，你们就真的得自由了。 (John 8:32, 34-36)

You are the door; whoever enters through You will be saved and will come in and go out and find pasture. The thief comes only to steal and kill and destroy; You have come that we may have life and have it abundantly. 我就是门，如果有人借着我进来，就必定得救，并且可以出、可以入，也可以找到草场。  贼来了，不过是要偷窃、杀害、毁坏；我来了，是要使羊得生命，并且得的更丰盛。 (John 10:9-10)

Your sheep hear Your voice, and You know them, and they follow You. You give them eternal life, and they shall never perish; no one can snatch them out of Your hand. The Father, who has given them to You, is greater than all; no one can snatch them out of the Father’s hand. 我的羊听我的声音，我也认识他们，他们也跟随我。  我赐给他们永生，他们永不灭亡，谁也不能把他们从我手里夺去。  那位把羊群赐给我的父比一切都大，也没有人能把他们从我父的手里夺去。 (John 10:27-29)

Blessed are those who have not seen Jesus and yet have believed in Him. 耶稣说：“你因为看见我才信吗？那些没有看见就信的人，是有福的。” (John 20:29)

Since I have been justified by Christ’s blood, much more shall I be saved from God’s wrath through Him. For if, when I was God’s enemy, I was reconciled to Him through the death of His Son, much more, having been reconciled, shall I be saved through His life. And not only this, but I also rejoice in God through my Lord Jesus Christ, through whom I have now received the reconciliation. 所以，我们现在既然因他的血称义，就更要借着他免受　神的忿怒。  我们作仇敌的时候，尚且借着　神儿子的死与他复和，既然复和了，就更要因他的生得救了！  不但这样，我们现在已经借着我们的主耶稣基督与　神复和，也借着他以　神为荣。 (Romans 5:9-11)

Sin shall not be my master, because I am not under law, but under grace. I have been set free from sin and have become a slave of righteousness. 罪必不能辖制你们，因为你们不是在律法之下，而是在恩典之下。  你们既然从罪里得了释放，就作了义的奴仆。 (Romans 6:14, 18)

Those God foreknew, He also predestined to be conformed to the likeness of His Son, that He might be the firstborn among many brothers. And those He predestined, He also called; those He called, He also justified; those He justified, He also glorified. 因为　神预先知道的人，他就预先命定他们和他儿子的形象一模一样，使他的儿子在许多弟兄中作长子，  他预先命定的人，又呼召他们；所召来的人，又称他们为义；所称为义的人，又使他们得荣耀。 (Romans 8:29-30)

The message of the cross is foolishness to those who are perishing, but to us who are being saved, it is the power of God. 因为十字架的道理，对走向灭亡的人来说是愚笨的，但对我们这些得救的人，却是　神的大能。 (1 Corinthians 1:18)

I was washed, I was sanctified, I was justified in the name of the Lord Jesus Christ and by the Spirit of our God. 你们有些人从前也是这样的，但现在借着我们主耶稣基督的名，靠着我们　神的灵，都已经洗净了，圣洁了，称义了。 (1 Corinthians 6:11)

The love of Christ compels me, because I am convinced that One died for all, and therefore all died. And He died for all, that those who live should no longer live for themselves but for Him who died for them and was raised again. 原来基督的爱催逼着我们，因为我们断定一个人替众人死了，众人就都死了。  他替众人死了，为的是要使活着的人不再为自己活着，却为那替他们死而复活的主而活。 (2 Corinthians 5:14-15)

God made Him who knew no sin to be sin for me, so that in Him I might become the righteousness of God. 　神使那无罪的替我们成为有罪的，使我们在他里面成为　神的义。 (2 Corinthians 5:21)

I must not receive God’s grace in vain. For He says, “In the acceptable time I heard you, and in the day of salvation I helped you.” Now is the time of God’s favor; now is the day of salvation. 我们这些与　神同工的，也劝你们不要白受　神的恩典。  因为他说：“在悦纳的时候，我应允了你；在拯救的日子，我帮助了你。”看哪！现在就是悦纳的时候，现在就是拯救的日子。 (2 Corinthians 6:1-2)

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. 因为依照　神的意思而有的忧伤，可以生出没有懊悔的悔改，以致得救；世俗的忧伤却会招致死亡。 (2 Corinthians 7:10)

In Christ I have redemption through His blood, the forgiveness of sins, in accordance with the riches of God’s grace that He lavished on me with all wisdom and understanding. 我们在他爱子里，借着他的血蒙了救赎，过犯得到赦免，都是按着他丰盛的恩典。  这恩典是他用各样的智慧和聪明，充充足足地赐给我们的； (Ephesians 1:7-8)

We were dead in our trespasses and sins, in which we used to live when we followed the course of this world and of the ruler of the kingdom of the air, the spirit who is now at work in the sons of disobedience. All of us also lived among them at one time, gratifying the cravings of our flesh and of the mind, and were by nature children of wrath. 你们因着自己的过犯和罪恶，原是死的。  那时你们在过犯和罪恶中行事为人，随着时代的潮流，也服从空中掌权的首领，就是现今在悖逆的人身上运行的灵。  我们从前也都和他们在一起，放纵肉体的私欲，随着肉体和心意所喜好的去行；我们与别人一样，生来都是可怒的儿女。 (Ephesians 2:1-3)

God, who is rich in mercy, because of His great love with which He loved me, made me alive with Christ, even when I was dead in transgressions; it is by grace I have been saved. 然而　神满有怜悯，因着他爱我们的大爱，  就在我们因过犯死了的时候，使我们与基督一同活过来，（你们得救是靠着恩典，） (Ephesians 2:4-5)

I am no longer a stranger and alien, but a fellow citizen with God’s people and a member of God’s household, built on the foundation of the apostles and prophets, with Christ Jesus Himself as the chief cornerstone. 这样看来，你们不再是外人和客旅，而是与圣徒一同作国民，是　神家里的人了，  并且建造在使徒和先知的根基上，基督耶稣自己就是奠基石， (Ephesians 2:19-20)

The Father has qualified me to share in the inheritance of the saints in the light. For He has rescued me from the dominion of darkness and brought me into the kingdom of His beloved Son, in whom I have redemption, the forgiveness of sins. 并且感谢父，他使你们有资格分享圣徒在光明中的基业。  他救我们脱离了黑暗的权势，把我们迁入他爱子的国里。  我们在爱子里蒙了救赎，罪得赦免。 (Colossians 1:12-14)

Once I was alienated from God and was an enemy in my mind because of my evil works. But now He has reconciled me by His fleshly body through death to present me holy and blameless in His sight and free from reproach. 虽然你们从前也是和　神隔绝，心思上与他为敌，行为邪恶，  但现今　神在爱子的肉身上，借着他的死，使你们与　神和好了，为了要把你们这些圣洁、无瑕疵、无可指摘的人，呈献在他面前。 (Colossians 1:21-22)

When I was dead in my trespasses and in the uncircumcision of my flesh, God made me alive with Christ. He forgave me all my trespasses, having canceled the written code, with its regulations, that was against me and was contrary to me; He took it away, nailing it to the cross. And having disarmed the powers and authorities, He made a public spectacle of them, triumphing over them by the cross. 你们因着过犯和肉体未受割礼，原是死的，然而　神赦免了我们的一切过犯，使你们与基督一同活过来，  涂抹了那写在规条上反对我们、与我们为敌的字句，并且把这字句从我们中间拿去，钉在十字架上。  他既然靠着十字架胜过了一切执政掌权的，废除了他们的权势，就在凯旋的行列中，把他们公开示众。 (Colossians 2:13-15)

God did not appoint me to suffer wrath but to obtain salvation through my Lord Jesus Christ. He died for me, so that, whether I am awake or asleep, I may live together with Him. 因为　神不是定意要我们受刑罚（“刑罚”原文作“忿怒”），而是要我们借着我们的主耶稣基督得着救恩。  基督替我们死，使我们无论是醒着或睡着，都和他一同活着。 (1 Thessalonians 5:9-10)

From the beginning, God chose me for salvation through sanctification by the Spirit and through belief in the truth. He called me to this through the gospel, that I might obtain the glory of my Lord Jesus Christ. 主所爱的弟兄们，我们应该常常为你们感谢　神，因为他从起初就拣选了你们，借着圣灵成圣的工作，和你们对真道的信心，使你们可以得救。  因此，　神借着我们所传的福音呼召你们，使你们得着我们主耶稣基督的荣耀。 (2 Thessalonians 2:13-14)

It is a trustworthy saying, that deserves full acceptance, that Christ Jesus came into the world to save sinners. I obtained mercy as the worst of sinners, so that Christ Jesus might display His unlimited patience as an example for those who would believe on Him for eternal life. “基督耶稣降世，为要拯救罪人。”这话是可信的，是值得完全接纳的。在罪人中我是个罪魁。  可是，我竟然蒙了怜悯，好让基督耶稣在我这个罪魁身上，显明他完全的忍耐，给后来信他得永生的人作榜样。 (1 Timothy 1:15-16)

When the kindness and love of God my Savior appeared, He saved me, not by works of righteousness which I have done, but according to His mercy. He saved me through the washing of regeneration and renewal by the Holy Spirit whom He poured out on me abundantly through Jesus Christ my Savior, so that having been justified by His grace, I might become an heir according to the hope of eternal life. 然而，到了　神我们的救主显明他的恩慈和怜爱的时候，  他就救了我们，并不是由于我们所行的义，而是照着他的怜悯，借着重生的洗和圣灵的更新。  圣灵就是　神借着我们的救主耶稣基督丰丰富富浇灌在我们身上的，  使我们既然因着他的恩典得称为义，就可以凭着永生的盼望成为后嗣。 (Titus 3:4-7)

I was not redeemed with perishable things such as silver or gold from the aimless way of life handed down to me from my forefathers, but with the precious blood of Christ, as of a lamb without blemish or defect. 因为知道你们得赎，脱去你们祖先传下的妄行，不是凭着能坏的金银等物，  而是凭着基督的宝血，就像无瑕疵无玷污的羊羔的血。 (1 Peter 1:18-19)

If I claim to be without sin, I deceive myself, and the truth is not in me. If I confess my sins, He is faithful and just and will forgive me my sins and purify me from all unrighteousness. If I claim I have not sinned, I make Him a liar and His word is not in me. 我们若说自己没有罪，就是自欺，真理就不在我们里面了。  我们若承认自己的罪，　神是信实的、公义的，必定赦免我们的罪，洁净我们脱离一切不义。  我们若说自己没有犯过罪，就是把　神当作说谎的，他的道就不在我们心里了。 (1 John 1:8-10)

Those whom You love You rebuke and discipline. Therefore I will be zealous and repent. 凡是我所爱的，我就责备管教；所以你要热心，也要悔改。 (Revelation 3:19)

**God’s Care, Guidance, and Provision**

Blessed be the Lord, the God of Abraham, who has not abandoned His lovingkindness and His truth. 说：“耶和华我主人亚伯拉罕的　神是应当称颂的，因为他不断以慈爱和信实待我的主人；耶和华也一路引导我，到了我主人的兄弟家里。” (Genesis 24:27)

As you said to Jacob, “Behold, I am with you and will watch over you wherever you go; I will not leave you until I have done what I have promised you.” 我与你同在，你无论到哪里去，我必看顾你；我必领你回到这地方来，因为我必不离弃你，直到我实现了我对你所应许的。” (Genesis 28:15)

I have waited for Your salvation, O Lord. 耶和华啊，我向来等候你的拯救。 (Genesis 49:18)

Others may intend evil, but God can use it for good to accomplish His loving purposes. 从前你们有意要害我，但　神有美好的意思在其中，为要成就今日的光景，使许多人的性命得以保全。 (Genesis 50:20)

You sent an angel before Your people to guard them along the way and to bring them to the place You prepared for them. “看哪，我在你面前差派使者，好在路上保护你，领你到我预备的地方去。 (Exodus 23:20)

Your presence will go with me, and You will give me rest. 耶和华说：“我必亲自与你同去，也必给你安息。” (Exodus 33:14)

I know in my heart that as a man disciplines his son, so the Lord my God disciplines me. (Deuteronomy 8:5)

The secret things belong to the Lord our God, but the things revealed belong to us and to our children forever, that we may observe Your words. “奥秘的事，是属于耶和华我们的　神的，只有显露的事，是永远属于我们和我们子孙的，好叫我们遵行这律法上的一切话。” (Deuteronomy 29:29)

The Lord Himself goes before me and will be with me; He will never leave me nor forsake me. I will not be afraid or be dismayed. 耶和华亲自在你前头行，与你同在；他决不撇下你，也不离弃你；你不要害怕，也不要惊慌。” (Deuteronomy 31:8)

The Lord is my rock and my fortress and my deliverer; my God is my rock; I will take refuge in Him, my shield and the horn of my salvation, my stronghold and my refuge—my Savior, You save me from violence. I call on the Lord, who is worthy of praise, and I am saved from my enemies. 他说：“耶和华是我的岩石、我的山寨、我的救主、  我的　神、我的磐石、我所投靠的、我的盾牌、我救恩的角、我的高台、我的避难所、我的救主；你是救我脱离强暴的。  我向那当受赞美的耶和华呼求，就得到拯救，脱离我的仇敌。 (2 Samuel 22:2-4)

You are my lamp, O Lord; the Lord turns my darkness into light. With Your help I can advance against a troop; with my God I can leap over a wall. 耶和华啊！你是我的灯；耶和华照明了我的黑暗。  借着你，我攻破敌军；靠着我的　神，我跳过墙垣。 (2 Samuel 22:29-30)

God is my strong fortress, and He sets the blameless free in His way. He makes my feet like the feet of a deer; He enables me to stand on the heights. He trains my hands for battle, so that my arms can bend a bow of bronze. You give me Your shield of victory; You stoop down to make me great. You broaden the path beneath me, and my feet have not slipped. 这位　神是我坚固的避难所，他使我的道路完全。  他使我的脚像母鹿的蹄，又使我站稳在高处。  他教导我的手怎样作战，又使我的手臂可以拉开铜弓。  你把你救恩的盾牌赐给我；你的回答使我昌大。  你使我脚底下的路径宽阔，我的两膝动摇。 (2 Samuel 22:33-37)

Jabez cried out to the God of Israel, “Oh, that You would bless me and enlarge my territory! Let Your hand be with me and keep me from evil, so it may not grieve me.” And God granted his request. 雅比斯呼求以色列的　神说：“深愿你大大地赐福给我，扩张我的境界，你的能力常与我同在，保护我免遭灾祸，不受痛苦。”　神就应允了他所求的。 (1 Chronicles 4:10)

Lord, there is no one besides You to help the powerless against the mighty. Help us, O Lord our God, for we rest in You. O Lord, You are our God; do not let man prevail against You. 亚撒呼求耶和华他的　神说：“耶和华啊，强弱悬殊，除你以外没有别的帮助。耶和华我们的　神啊，求你帮助我们。因为我们倚靠你，奉你的名去对抗这大军。耶和华啊，你是我们的　神，不要让人胜过你。” (2 Chronicles 14:11)

I will both lie down in peace and sleep, for You alone, O Lord, make me dwell in safety. 我必平平安安躺下睡觉，因为只有你耶和华能使我安然居住。 (Psalm 4:8)

You will light my lamp; the Lord my God will make my darkness light. 耶和华啊！你点亮了我的灯；我的　神照明了我的黑暗。 (Psalm 18:28)

It is God who arms me with strength and makes my way perfect. 他是那位以能力给我束腰的　神，他使我的道路完全。 (Psalm 18:32)

The Lord is my shepherd; I shall not be in want. He makes me lie down in green pastures; He leads me beside quiet waters; He restores my soul. He guides me in the paths of righteousness for His name’s sake. Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me. You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. Surely goodness and mercy will follow me all the days of my life, and I will dwell in the house of the Lord forever. 耶和华是我的牧人，我必不会缺乏。（本节在《马索拉抄本》包括细字标题）  他使我躺卧在青草地上，领我到安静的水边。  他使我的灵魂苏醒；为了自己的名，他引导我走义路。  我虽然行过死荫的山谷，也不怕遭受伤害，因为你与我同在；你的杖你的竿都安慰我。  在我敌人面前，你为我摆设筵席；你用油膏了我的头，使我的杯满溢。  我一生的日子，必有恩惠慈爱紧随着我；我也要住在耶和华的殿中，直到永远。 (Psalm 23:1-6)

Who is the man that fears the Lord? He will instruct him in the way he should choose. (Psalm 25:12)

In You, O Lord, I have taken refuge; let me never be ashamed; deliver me in Your righteousness. Since You are my rock and my fortress, for Your name’s sake lead me and guide me. Into Your hands I commit my spirit; redeem me, O Lord, God of truth. 耶和华啊！我投靠你；求你使我永不羞愧，求你按着你的公义搭救我。  因为你是我的岩石、我的坚垒；为你名的缘故，求你带领我，引导我。  我把我的灵魂交在你手里，耶和华信实的　神啊！你救赎了我。 (Psalm 31:1, 3, 5)

My times are in Your hand; deliver me from the hand of my enemies and from those who pursue me. 我的一生都在你的手中；求你救我脱离我仇敌的手，和那些迫害我的人。 (Psalm 31:15)

You are my hiding place; You will preserve me from trouble and surround me with songs of deliverance. 你是我藏身之处，你必保护我脱离患难，以得救的欢呼四面环绕我。（细拉） (Psalm 32:7)

You will instruct me and teach me in the way I should go; You will counsel me and watch over me. 我要教导你，指示你应走的路；我要劝戒你，我的眼睛看顾你。 (Psalm 32:8)

God is my refuge and strength, an ever-present help in trouble. Therefore I will not fear, though the earth changes and the mountains slip into the heart of the sea. 　神是我们的避难所，是我们的力量，是我们在患难中随时都可得到的帮助。  因此，地虽然震动，群山虽然崩塌入海洋的深处，我们也不害怕。 (Psalm 46:1-2)

I will call upon You in the day of trouble, and You will deliver me, and I will honor You. 在患难的日子，你呼求我。我必搭救你，你也必尊敬我。” (Psalm 50:15)

Surely God is my helper; the Lord is the sustainer of my soul. 看哪！　神是我的帮助；主是扶持我性命的。 (Psalm 54:4)

You have been a shelter for me and a strong tower against the enemy. 因为你作过我的避难所，作过我逃避仇敌的坚固堡垒。 (Psalm 61:3)

I am continually with You; You hold me by my right hand. You guide me with Your counsel, and afterward You will take me to glory. 但是，我仍常与你同在；你紧握着我的右手。  你要以你的训言引领我，以后还要接我到荣耀里去。 (Psalm 73:23-24)

Blessed is the man You discipline, O Lord, the man You teach from Your word. 耶和华啊！你所管教，用律法教导的人，是有福的。 (Psalm 94:12)

If Your law had not been my delight, I would have perished in my affliction. 如果我不是喜欢你的律法，就早已在苦难中灭亡了。 (Psalm 119:92)

I lift up my eyes to the hills—where does my help come from? My help comes from the Lord, who made heaven and earth. He will not allow my foot to slip; He who watches over me will not slumber. The Lord is my keeper; the Lord is my shade at my right hand. The sun will not harm me by day, nor the moon by night. The Lord will keep me from all evil; He will preserve my soul. The Lord will watch over my coming and going from this time forth and forever. 我要向群山举目，我的帮助从哪里来呢？（本节在《马索拉抄本》包括细字标题）  我的帮助是从造天地的耶和华而来。  他必不使你的脚滑倒；保护你的必不打盹。  保护你的是耶和华，耶和华在你的右边荫庇你。  白天太阳必不伤你，夜里月亮必不害你。  耶和华要保护你脱离一切灾祸，他要保护你的性命。  你出你入，耶和华要保护你，从现在直到永远。 (Psalm 121:1-3, 5-8)

My help is in the name of the Lord, who made heaven and earth. 我们的帮助在于耶和华的名，他是造天地的主。 (Psalm 124:8)

I will not despise the discipline of the Lord nor resent His correction; for the Lord disciplines those He loves, as a father the son he delights in. 我儿，不可轻看耶和华的管教，也不可厌恶他的责备；  因为耶和华所爱的，他必责备，正如父亲责备他喜爱的儿子一样。 (Proverbs 3:11-12)

I will not fear, for You are with me; I will not be dismayed, for You are my God. You will strengthen me and help me; You will uphold me with Your righteous right hand. For You are the Lord my God, who takes hold of my right hand and says to me, “Do not fear; I will help you.” 不要惧怕，因为我与你同在；不要四处张望，因为我是你的　神，我必坚固你，我必帮助你；我必用公义的右手扶持你。  因为我，耶和华你们的　神，紧握着你的右手，对你说：“不要惧怕，我必帮助你。” (Isaiah 41:10, 13)

Even to my old age, You are the same, and even to my gray hairs You will carry me. You have made me, and You will bear me; You will sustain me and You will deliver me. 直到你们年老，我还是一样；直到你们发白，我仍然怀抱你。我以前既然这样作了，以后我仍必提携你；我必怀抱你，也必拯救你。 (Isaiah 46:4)

Thus says the Lord, my Redeemer, the Holy One of Israel: “I am the Lord your God, who teaches you to profit, who leads you in the way you should go.” 耶和华你的救赎主，以色列的圣者，这样说：‘我是耶和华你的　神，是教导你，使你得益处的，是在你当行的道路上引导你的。 (Isaiah 48:17)

The Lord God has given me the tongue of the learned, to know the word that sustains the weary. He awakens me morning by morning; He awakens my ear to hear as the learned. 主耶和华赐给了我一个受教者的舌头，使我知道怎样用言语扶助疲乏的人；主每天清晨唤醒我，他每天清晨唤醒我的耳朵，使我能像受教者一样静听。 (Isaiah 50:4)

I called to the Lord in my distress, and He answered me. From the depths of the grave, I called for help, and You heard my voice. 说：“我从患难中求告耶和华，他就应允我；我从阴间的深府呼求，你就垂听我的声音。 (Jonah 2:2)

My Father knows what I need before I ask Him. 你们不可像他们，因为在你们祈求以先，你们的父已经知道你们的需要了。 (Matthew 6:8)

The Spirit helps me in my weakness, for I do not know what I ought to pray for, but the Spirit Himself intercedes for me with groans that words cannot express. And He who searches the hearts knows the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. 照样，圣灵也在我们的软弱上帮助我们。原来我们不晓得应当怎样祷告，但圣灵亲自用不可言喻的叹息，替我们祈求。  那鉴察人心的，晓得圣灵的心意，因为圣灵照着　神的旨意替圣徒祈求。 (Romans 8:26-27)

I know that all things work together for good to those who love God, to those who have been called according to His purpose. 我们知道，为了爱　神的人，就是按他旨意蒙召的人的益处，万事都一同效力。 (Romans 8:28)

If God is for me, who can be against me? He who did not spare His own Son, but delivered Him up for us all, how will He not, also with Him, freely give us all things? 既是这样，我们对这一切还有什么话说呢？　神若这样为我们，谁能敌对我们呢？  他连自己的儿子都舍得，为我们众人把他交出来，难道不也把万有和他一同白白地赐给我们吗？ (Romans 8:31-32)

Who will bring a charge against those whom God has chosen? It is God who justifies. Who is he who condemns? It is Christ Jesus who died, who was furthermore raised to life, who is at the right hand of God and is also interceding for me. (Romans 8:33-34)

The gifts and the calling of God are irrevocable. 因为　神的恩赏和呼召是决不会反悔的。 (Romans 11:29)

No temptation has overtaken me except what is common to man. And God is faithful, who will not let me be tempted beyond what I am able, but with the temptation will also provide a way out, so that I may be able to endure it. 你们所受的试探，无非是人受得起的；　神是信实的，他必不容许你们受试探过于你们抵受得住的，而且在受试探的时候，必定给你们开一条出路，使你们能忍受得住。 (1 Corinthians 10:13)

As the sufferings of Christ abound in me, so also my comfort abounds through Christ. 我们既然多受基督所受的痛苦，就靠着基督多得安慰。 (2 Corinthians 1:5)

The Lord is faithful, who will strengthen me and protect me from the evil one. 主是信实的，他必坚定你们，保护你们脱离那恶者。 (2 Thessalonians 3:3)

May the Lord of peace Himself give me peace always and in every way. The Lord be with all of us. 愿赐平安的主亲自随时随地赐平安给你们。愿主与你们众人同在。 (2 Thessalonians 3:16)

May the God of peace, who through the blood of the eternal covenant brought back from the dead our Lord Jesus, that great Shepherd of the sheep, equip me in every good thing to do His will, working in me what is pleasing in His sight, through Jesus Christ, to whom be glory forever and ever. 愿赐平安的　神，就是那凭着永约的血，把群羊的大牧人我们的主耶稣，从死人中领出来的那一位，  在一切善事上成全你们，好使你们遵行他的旨意；又借着耶稣基督在我们里面，行他所喜悦的事。愿荣耀归给他，直到永永远远。阿们。 (Hebrews 13:20-21)

God’s divine power has given me all things that pertain to life and godliness, through the knowledge of Him who called me by His own glory and virtue. Through these He has given me His very great and precious promises, so that through them I may be a partaker of the divine nature, having escaped the corruption that is in the world by lust. 　神以他神圣的能力，因着我们确实认识那位用自己的荣耀和美善呼召我们的，把一切有关生命和敬虔的事，都赐给了我们。  借着这些，他把又宝贵又极大的应许赐给了我们，好叫你们既然逃脱世上因私欲而来的败坏，就可以分享　神的本性。 (2 Peter 1:3-4)

**Knowing and Loving God**

Like Noah, I want to find favor in the eyes of the Lord. 只有挪亚在耶和华眼前蒙恩。 (Genesis 6:8)

If I have found grace in Your sight, teach me Your ways, so I may know You and continue to find favor with You. 现在我若是在你眼前蒙恩，求你把你的道路指示我，使我可以认识你，可以在你眼前蒙恩；也求你想到这民族是你的人民。” (Exodus 33:13)

I pray You, show me Your glory. 摩西说：“求你给我看看你的荣耀。” (Exodus 33:18)

When I seek the Lord my God, I will find Him if I seek Him with all my heart and with all my soul. 但你们在那里必寻求耶和华你的　神；如果你一心一意寻找他，就必寻见。 (Deuteronomy 4:29)

The Lord my God, the Lord is one. I want to love the Lord my God with all my heart and with all my soul and with all my strength. “以色列啊，你要听，耶和华我们的　神是独一的耶和华；  你要全心、全性、全力爱耶和华你的　神。 (Deuteronomy 6:4-5)

The Lord my God wants me to fear Him, to walk in all His ways, to love Him, and to serve the Lord my God with all my heart and with all my soul. “以色列啊，现在耶和华你的　神向你要的是什么呢？只要你敬畏耶和华你的　神，行在他的一切道路上，爱他，一心一意事奉耶和华你的　神， (Deuteronomy 10:12)

I want to love the Lord my God and to serve Him with all my heart and with all my soul. “如果你们留心听我今日吩咐你们的诫命，爱耶和华你们的　神，一心一意事奉他， (Deuteronomy 11:13)

I will carefully observe all the commandment to love the Lord my God, to walk in all His ways and to hold fast to Him. 如果你们殷勤谨守遵行我吩咐你们的这一切诫命，爱耶和华你们的　神，行他的一切道路，又紧紧地依靠他， (Deuteronomy 11:22)

I want to love the Lord my God, obey His voice, and hold fast to Him. For the Lord is my life and the length of my days. 爱耶和华你的　神，听从他的话，紧靠他，因为那就是你的生命，你的长寿；这样，你才能在耶和华向你的列祖亚伯拉罕、以撒、雅各起誓应许要赐给他们的地上居住。” (Deuteronomy 30:20)

I will set my heart and my soul to seek the Lord my God. (1 Chronicles 22:19)

I want to know God and serve Him with a whole heart and with a willing mind; for the Lord searches all hearts and understands every motive behind the thoughts. “至于你，我儿所罗门哪，你要认识耶和华你父亲的　神，一心乐意事奉他，因为耶和华鉴察万人的心，知道人的一切心思意念。你若是寻求他，就必寻见；你若是离弃他，他必永远丢弃你。 (1 Chronicles 28:9)

The joy of the Lord is my strength. 尼希米又对他们说：“你们应当去吃肥美的肉，喝甘甜的酒，把部分饮食分给没有能力预备的人，因为今天是我们的主的圣日；你们不要忧愁，因为靠耶和华而得的喜乐是你们的力量。” (Nehemiah 8:10)

It is the spirit in a man, the breath of the Almighty, that gives him understanding. 但是在人心里面有灵，全能者的气息使人有聪明。 (Job 32:8)

I have set the Lord always before me; because He is at my right hand, I will not be shaken. Therefore my heart is glad, and my glory rejoices; my body also will rest in hope. You will make known to me the path of life; in Your presence is fullness of joy; in Your right hand are pleasures forever. 我常常把耶和华摆在我面前，因他在我右边，我必不会动摇。  为此我的心快乐，我的灵（“灵”或译：“荣耀”或“肝”；与30:12，57:8，108:1同）欢欣，我的肉身也必安然居住。  你必把生命的路指示我，在你面前有满足的喜乐，在你的右手中有永远的福乐。 (Psalm 16:8-9, 11)

I love You, O Lord, my strength. The Lord is my rock and my fortress and my deliverer; my God is my rock, in whom I take refuge. He is my shield and the horn of my salvation, my stronghold. I call upon the Lord, who is worthy of praise, and I am saved from my enemies. 耶和华我的力量啊！我爱你。  耶和华是我的岩石、我的山寨、我的救主、我的　神、我的磐石、我所投靠的、我的盾牌、我救恩的角、我的高台。  我向那当受赞美的耶和华呼求，就得到拯救，脱离我的仇敌。 (Psalm 18:1-3)

As the deer pants for the water brooks, so my soul pants for You, O God. My soul thirsts for God, for the living God. When shall I come and appear before God? 　神啊！我的心渴慕你，好像鹿渴慕溪水。  我的心渴想　神，就是永活的　神；我什么时候可以来朝见　神的面呢？ (Psalm 42:1-2)

O God, You are my God; earnestly I seek You; my soul thirsts for You; my body longs for You, in a dry and weary land where there is no water. 　神啊！你是我的　神，我要切切寻求你；在干旱、疲乏、无水之地，我的心，我的身，都渴想你，切慕你。 (Psalm 63:1)

Whom have I in heaven but You? And there is nothing on earth I desire besides You. My flesh and my heart may fail, but God is the strength of my heart and my portion forever. Those who are far from You will perish; You have cut off all who are unfaithful to You. But as for me, the nearness of God is my good. I have made the Lord God my refuge, that I may tell of all Your works. 除你以外，在天上，我还有谁呢？除你以外，在地上，我也无所爱慕。  我的肉身和我的内心虽然渐渐衰弱，　神却永远是我心里的磐石，是我的业分。  看哪！远离你的，必定灭亡；凡是对你不贞的，你都要灭绝。  对我来说，亲近　神是美好的，我以主耶和华为我的避难所；我要述说你的一切作为。 (Psalm 73:25-28)

How lovely are Your dwellings, O Lord of hosts! My soul longs and even faints for the courts of the Lord; my heart and my flesh cry out for the living God. 万军之耶和华啊！你的居所多么可爱。  我的灵渴想切慕耶和华的院子，我的心身向永活的　神欢呼。 (Psalm 84:1-2)

Blessed are those whose strength is in You, who have set their hearts on pilgrimage. 靠你有力量，心中向往通到圣殿大道的，这人是有福的。 (Psalm 84:5)

Better is one day in Your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked. For the Lord God is a sun and shield; the Lord will give grace and glory; no good thing does He withhold from those who walk in integrity. O Lord of hosts, blessed is the man who trusts in You! 在你院子里住一日，胜过在别处住千日；宁愿站在我　神殿中的门槛上，也不愿住在恶人的帐棚里。  因为耶和华　神是太阳，是盾牌，耶和华赐下恩惠和光荣；他没有留下一样好处，不给那些行为正直的人。  万军之耶和华啊！倚靠你的人是有福的。 (Psalm 84:10-12)

Teach me Your way, O Lord; I will walk in Your truth; unite my heart to fear Your name. 耶和华啊！求你把你的道路指教我，使我行在你的真理中，专心敬畏你的名。 (Psalm 86:11)

Let those who love the Lord hate evil. He preserves the souls of His saints and delivers them from the hand of the wicked. Light is sown for the righteous and gladness for the upright in heart. 你们爱耶和华的，都要恨恶罪恶；耶和华保护圣民的性命，救他们脱离恶人的手。  有亮光照耀（“照耀”有古抄本作“散播”）义人，心里正直的人得享喜乐。 (Psalm 97:10-11)

Blessed is the man who fears the Lord, who finds great delight in His commands. 你们要赞美耶和华。敬畏耶和华、热爱他的诫命的，这人是有福的。 (Psalm 112:1)

I will give You my heart and let my eyes delight in Your ways. 我儿，把你的心给我；你的眼目要关注我的道路。 (Proverbs 23:26)

Walking in the way of Your laws, O Lord, I wait for You; Your name and Your memory are the desire of my soul. 耶和华啊！我们等候你那审判的路径；你的名字和称号，都是我们心里所爱慕的。 (Isaiah 26:8)

My soul yearns for You in the night; my spirit within me diligently seeks You. When Your judgments come upon the earth, the inhabitants of the world learn righteousness. 夜间我的心渴想你，我里面的灵切切寻求你，因为你的审判临到大地的时候，世上的居民就会学习到什么是公义了。 (Isaiah 26:9)

I do not want to be like those who draw near to You with their mouths and honor You with their lips, but whose hearts are far from You, and whose reverence for You is made up only of rules taught by men. 主说：“因为这子民只用言语来亲近我，用嘴唇尊崇我，他们的心却远离我。他们对我的敬畏，只是遵从传统的吩咐。 (Isaiah 29:13)

I will seek the Lord while He may be found and call upon Him while He is near. 你们要趁着耶和华可以寻找的时候，寻找他，趁着他靠近的时候，呼求他。 (Isaiah 55:6)

I will call upon You and come and pray to You, and You will listen to me. I will seek You and find You when I search for You with all my heart. ‘你们要呼求我，要来向我祷告，我就必应允你们。  你们要寻找我，只要一心寻求，就必寻见。 (Jeremiah 29:12-13)

“The Lord is my portion,” says my soul, “therefore I will wait for Him.” The Lord is good to those who wait for Him, to the soul who seeks Him. It is good to hope silently for the salvation of the Lord. 我心里说：“耶和华是我的业分，所以，我必仰望他。”  耶和华善待等候他的和心里寻求他的人。  安静等候耶和华的救恩，是多么的美好！ (Lamentations 3:24-26)

Father in heaven, hallowed be Your name. Your kingdom come; Your will be done on earth as it is in heaven. 所以你们要这样祈祷：‘我们在天上的父，愿你的名被尊为圣，  愿你的国降临，愿你的旨意成就在地上，如同在天上一样。 (Matthew 6:9-10)

He who loves his father or mother more than You is not worthy of You; he who loves his son or daughter more than You is not worthy of You. 爱父母过于爱我的，不配作属我的；爱儿女过于爱我的，不配作属我的； (Matthew 10:37)

I want to walk in the steps of Jesus, who often withdrew to lonely places and prayed. 次日凌晨，天还没有亮，耶稣起身出去，来到荒野的地方，在那里祷告。 耶稣却退到旷野去祷告。 (Mark 1:35; Luke 5:16)

I will not be afraid of those who kill the body and after that can do no more. But I will fear the One who, after killing, has authority to cast into hell. “我的朋友，我告诉你们，那杀身体以后不能再作什么的，不要怕他们。  我要指示你们当怕的是谁：当怕那杀身体以后，有权把人投入地狱里的；我告诉你们，应当怕他。 (Luke 12:4-5)

Whoever acknowledges You before men, the Son of Man will also acknowledge him before the angels of God. But he who disowns You before men will be denied before the angels of God. “我告诉你们，凡在人面前承认我的，人子在　神的使者面前也承认他；  在人面前不认我的，我在　神的使者面前也不认他。 (Luke 12:8-9)

If anyone comes to You and does not hate his father and mother, his wife and children, his brothers and sisters—yes, even his own life—he cannot be Your disciple. And whoever does not carry his cross and follow You cannot be Your disciple. “如果有人到我这里来，爱我不超过爱（“爱我不超过爱”原文作“不恨”）自己的父母、妻子、儿女、兄弟、姊妹，甚至自己的性命，就不能作我的门徒。  凡不背着自己的十字架跟随我的，也不能作我的门徒。 (Luke 14:26-27)

As the Father has loved You, You also have loved me. I must abide in Your love. If I keep Your commandments, I will abide in Your love, just as You kept Your Father’s commandments and abide in His love. You have told me this so that Your joy may be in me and that my joy may be full. 父怎样爱我，我也怎样爱你们；你们要住在我的爱里。  如果你们遵守我的命令，就必定住在我的爱里，正像我遵守了我父的命令，住在他的爱里一样。  “我把这些事告诉了你们，好让我的喜乐存在你们心里，并且使你们的喜乐满溢。 (John 15:9-11)

We are Your friends if we do what You command. No longer do You call us servants, because a servant does not know what his master is doing. Instead, You have called us friends, for everything that You learned from Your Father, You have made known to us. We did not choose You, but You chose us and appointed us to go and bear fruit, and that our fruit should remain, that whatever we ask the Father in Your name, He may give to us. 你们若行我所吩咐你们的，就是我的朋友了。  我不再称你们为仆人，因为仆人不知道主人所作的事；我已经称你们为朋友了，因为我从我父那里听见的一切，都已经告诉你们了。  不是你们拣选了我，而是我拣选了你们，并且分派你们去结果子，就是结常存的果子，使你们奉我的名，无论向父求什么，他必定赐给你们。 (John 15:14-16)

The Father Himself loves me because I have loved Jesus and have believed that He came forth from God. 父自己爱你们，因为你们已经爱我，并且信我是从　神那里来的。 (John 16:27)

This is eternal life: that I may know You, the only true God, and Jesus Christ, whom You have sent. 认识你是独一的真神，并且认识你所差来的耶稣基督，这就是永生。 (John 17:3)

I do not want to be conformed to the pattern of this world but to be transformed by the renewing of my mind, that I may prove that the will of God is good and acceptable and perfect. 不要模仿这个世代，倒要借着心意的更新而改变过来，使你们可以察验出什么是　神的旨意，就是察验出什么是美好的、蒙他悦纳的和完全的事。 (Romans 12:2)

A natural man does not receive the things of the Spirit, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned. “For who has known the mind of the Lord that he may instruct Him?” But we have the mind of Christ. 然而属血气的人不接受　神的灵的事，因为他以为是愚笨的；而且他也不能够明白，因为这些事，要有属灵的眼光才能领悟。  如经上所记：“谁曾知道主的心意，能够指教他呢？”但我们已经得着基督的心意了。 (1 Corinthians 2:14, 16)

If anyone loves God, he is known by God. 如果有人爱　神，这人是　神所知道的。 (1 Corinthians 8:3)

God made known to us the mystery of His will according to His good pleasure, which He purposed in Himself, that in the stewardship of the fullness of the times, He might gather together all things in Christ, things in the heavens and things upon the earth. 他照着自己在基督里预先安排的美意，使我们知道他旨意的奥秘，  到了所计划的时机成熟，就使天上地上的万有，都在基督里同归于一。 (Ephesians 1:9-10)

May the God of my Lord Jesus Christ, the Father of glory, give me a spirit of wisdom and of revelation in the full knowledge of Him, and may the eyes of my heart be enlightened, in order that I may know what is the hope of His calling, what are the riches of His glorious inheritance in the saints, and what is the incomparable greatness of His power toward us who believe. 求我们主耶稣基督的　神，荣耀的父，赐给你们智慧和启示的灵，使你们充分地认识他，  并且使你们心灵的眼睛明亮，可以知道他的呼召有怎样的盼望；他基业的荣耀，在圣徒中是多么的丰盛；  　神照着他强大的力量，向我们信他的人显出的能力，是何等的浩大。 (Ephesians 1:17-19)

May God grant me, according to the riches of His glory, to be strengthened with power through His Spirit in my inner being, so that Christ may dwell in my heart through faith. And may I, being rooted and grounded in love, be able to comprehend with all the saints what is the width and length and height and depth of the love of Christ, and to know this love that surpasses knowledge, that I may be filled to all the fullness of God. 求他按着他荣耀的丰盛，借着他的灵，用大能使你们内在的人刚强起来，  使基督借着你们的信，住在你们心里，使你们既然在爱中扎根建基，  就能和众圣徒一同领悟基督的爱是多么的长阔高深，  并且知道他的爱是超过人所能理解的，使你们被充满，得着　神的一切丰盛。 (Ephesians 3:16-19)

Grace be with all who love our Lord Jesus Christ with an incorruptible love. 愿一切以不朽的爱爱我们主耶稣基督的人，都蒙恩惠。 (Ephesians 6:24)

May my love abound more and more in full knowledge and depth of insight, so that I may be able to approve the things that are excellent, in order to be sincere and blameless until the day of Christ—having been filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of God. (Philippians 1:9-11)

May God fill me with the knowledge of His will through all spiritual wisdom and understanding, so that I may walk worthy of the Lord and please Him in every way, bearing fruit in every good work, and growing in the knowledge of God; strengthened with all power according to His glorious might, so that I may have great endurance and patience with joy. 因此，我们从听见的那天起，就不停地为你们祷告祈求，愿你们借着一切属灵的智慧和悟性，可以充分明白　神的旨意，  使你们行事为人对得起主，凡事蒙他喜悦；在一切善事上多结果子，更加认识　神；  依照他荣耀的大能得着一切能力，带着喜乐的心，凡事忍耐宽容； (Colossians 1:9-11)

May our hearts be encouraged, being joined together in love, so that we may have the riches of the full assurance of understanding. 为的是要他们的心得着勉励，在爱中彼此联系，可以得着凭悟性、因确信而来的一切丰盛，也可以充分认识　神的奥秘，这奥秘就是基督； (Colossians 2:2)

May the Lord direct my heart into the love of God and into the patience of Christ. 愿主引导你们的心，使你们有　神的爱和基督的坚忍。 (2 Thessalonians 3:5)

As one who shares in the heavenly calling, I should fix my thoughts on Jesus, the Apostle and High Priest of my confession. 因此，同蒙天召的圣洁的弟兄啊！你们应该想想耶稣，就是作使徒、作我们所宣认的大祭司的那一位。 (Hebrews 3:1)

Though I have not seen Jesus, I love Him; and though I do not see Him now but believe in Him, I rejoice with joy inexpressible and full of glory, for I am receiving the end of my faith, the salvation of my soul. 你们虽然没有见过他，却爱他；现在虽然不能看见他，却信他。因此，你们就有无法形容、满有荣耀的大喜乐，  得到你们信心的效果，就是灵魂得救。 (1 Peter 1:8-9)

May I grow in the grace and knowledge of my Lord and Savior Jesus Christ. To Him be glory both now and forever. 你们却要在我们的主、救主耶稣基督的恩典和知识上长进。愿荣耀归给他，从现在直到永远。阿们。 (2 Peter 3:18)

Those who obey Christ’s commandments abide in Him, and He in them. And this is how I know that He abides in me: by the Spirit whom He has given me. 凡是遵守　神命令的，就住在　神里面，　神也住在他里面。凭着　神所赐给我们的圣灵，我们就可以知道　神住在我们里面。 (1 John 3:24)

I know that I abide in Christ, and He in me, because He has given me of His Spirit. 　神把他的灵赐给我们，我们就知道我们是住在他里面，他也住在我们里面。 (1 John 4:13)

**Praising and Thanking God**

The Lord is my Banner. 摩西筑了一座祭坛，给它起名叫“耶和华尼西”。 (Exodus 17:15)

My heart rejoices in the Lord; my horn is exalted in the Lord. My mouth boasts over my enemies, for I delight in Your salvation. 哈拿祷告说：“我的心因耶和华喜乐，我的角因耶和华高举，我的口向仇敌大大夸耀，因为我以你的救恩为乐。 (1 Samuel 2:1)

I will give thanks to the Lord, call upon His name, and make known to others what He has done. I will sing to Him, sing praises to Him, and tell of all His wonderful acts. “你们要称谢耶和华，呼求他的名，在万民中宣扬他的作为。  要向他歌唱，向他颂扬，述说他一切奇妙的作为。 (1 Chronicles 16:8-9)

Glory in the holy name of the Lord; let the hearts of those who seek the Lord rejoice. Seek the Lord and His strength; seek His face always. Remember the wonderful works He has done, His miracles, and the judgments He pronounced. 要以他的圣名为荣，愿寻求耶和华的人，心中喜乐。  要寻求耶和华和他的能力，常常寻求他的面。  他的仆人以色列的后裔啊，他所拣选的雅各的子孙啊，你们要记念他奇妙的作为、他的奇事和他口中的判语。 (1 Chronicles 16:10-12)

I will praise You, O Lord, with all my heart; I will tell of all Your wonders. I will be glad and rejoice in You; I will sing praise to Your name, O Most High. 耶和华啊！我要全心称谢你，我要述说你一切奇妙的作为。  我要因你快乐欢欣；至高者啊！我要歌颂你的名。 (Psalm 9:1-2)

I trust in Your loyal love; my heart rejoices in Your salvation. I will sing to the Lord, for He has dealt bountifully with me. 至于我，我倚靠你的慈爱，我的心必因你的救恩欢呼。  我要歌颂耶和华，因他以厚恩待我。（本章第5-6节在《马索拉抄本》为13:6） (Psalm 13:5-6)

The Lord lives! Blessed be my Rock! Exalted be the God of my salvation! 耶和华是永活的，我的磐石是应当称颂的，拯救我的　神是应当被尊为至高的。 (Psalm 18:46)

Rejoice in the Lord, O you righteous; praise is becoming to the upright. 义人哪！你们要靠着耶和华欢呼；正直人赞美主是合宜的。 (Psalm 33:1)

I will bless the Lord at all times; His praise will always be in my mouth. 我要时常称颂耶和华，赞美他的话必常在我口中。 (Psalm 34:1)

I will sing of Your strength, yes, I will sing of Your mercy in the morning, for You have been my stronghold, my refuge in times of trouble. To You, O my Strength, I will sing praises, for God is my fortress, my loving God. 至于我，我要歌颂你的能力，每天早晨我要向你的慈爱欢呼，因为你作了我的高台，在患难的日子，作了我的避难所。  我的力量啊！我要向你歌唱；　神啊！你是我的高台，是向我施慈爱的　神。 (Psalm 59:16-17)

Because Your lovingkindness is better than life, my lips will praise You. So I will bless You as long as I live; I will lift up my hands in Your name. (Psalm 63:3-4)

The righteous shall rejoice in the Lord and trust in Him, and all the upright in heart shall glory. 愿义人因耶和华欢喜，并且投靠他；愿所有心里正直的人，都因他夸耀。 (Psalm 64:10)

I will praise the name of God in song and magnify Him with thanksgiving. 我要用诗歌赞美　神的名，以感谢尊他为大。 (Psalm 69:30)

I will praise You, O Lord my God, with all my heart, and I will glorify Your name forever. For great is Your love toward me, and You have delivered my soul from the depths of the grave. 主我的　神啊！我要满心称赞你，我要永远荣耀你的名。  因为你向我大施慈爱，你救了我的命，免入阴间的深处。 (Psalm 86:12-13)

Blessed are those who have learned to acclaim You, who walk in the light of Your presence, O Lord. They rejoice in Your name all day long, and they are exalted in Your righteousness. 晓得向你欢呼的人民是有福的，耶和华啊！他们在你的脸光中行走。  他们因你的名终日欢呼，因你的公义被高举。 (Psalm 89:15-16)

Bless the Lord, O my soul, and forget not all His benefits; who forgives all your iniquities and heals all your diseases; who redeems your life from the pit and crowns you with love and compassion; who satisfies your desires with good things, so that your youth is renewed like the eagle’s. 我的心哪！你要称颂耶和华；不可忘记他的一切恩惠。  他赦免你的一切罪孽，医治你的一切疾病；  他救赎你的性命脱离死亡，以慈爱和怜悯作你的冠冕；  他以福乐使你的心愿满足，以致你好像鹰一般恢复青春的活力。 (Psalm 103:2-5)

I will sing to the Lord as long as I live; I will sing praise to my God while I have my being. May my meditation be pleasing to Him; I will be glad in the Lord. 我一生要向耶和华歌唱；我还在世的时候，我要向我的　神歌颂。  愿我的默想蒙他喜悦；我要因耶和华欢喜。 (Psalm 104:33-34)

My mouth will speak the praise of the Lord, and all flesh will bless His holy name for ever and ever. 我的口要说赞美耶和华的话；愿所有的人都永永远远称颂他的圣名。 (Psalm 145:21)

I will praise the Lord while I live; I will sing praises to my God while I have my being. 我还活着的时候，我要赞美耶和华；我还在世上的时候，我要歌颂我的　神。 (Psalm 146:2)

I will exult in the Lord; I will rejoice in the God of my salvation. The Lord God is my strength; He makes my feet like the feet of a deer and enables me to go on the heights. 我却要因耶和华欢喜，以救我的　神为乐。  主耶和华是我的力量，他使我的脚快如母鹿的蹄，在高地上行走。交诗班长，用丝弦的乐器伴奏。 (Habakkuk 3:18-19)

We should not get drunk on wine, for that is dissipation. Instead, we should be filled with the Spirit, speaking to one another with psalms, hymns, and spiritual songs; singing and making music in our hearts to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. 不要醉酒，醉酒能使人放荡乱性，却要让圣灵充满。  应当用诗章、圣诗、灵歌，彼此呼应，口唱心和地赞美主。  凡事要奉我们主耶稣基督的名，常常感谢父　神， (Ephesians 5:18-20)

I will rejoice in the Lord always. 你们要靠着主常常喜乐，我再说，你们要喜乐。 (Philippians 4:4)

I will rejoice always, pray without ceasing, and give thanks in all circumstances, for this is God’s will for me in Christ Jesus. 要常常喜乐，  不住祷告，  凡事谢恩；这就是　神在基督耶稣里给你们的旨意。 (1 Thessalonians 5:16-18)

Since I am receiving a kingdom that cannot be shaken, I will be thankful and so worship God acceptably with reverence and awe, for my God is a consuming fire. 因此，我们既然领受了不能震动的国，就应该感恩，照着　神所喜悦的，用虔诚敬畏的心事奉他；  因为我们的　神是烈火。 (Hebrews 12:28-29)

Through Jesus, I will continually offer to God a sacrifice of praise, that is, the fruit of lips that give thanks to His name. 所以，我们要借着耶稣，常常把颂赞的祭品献给　神，这就是承认他的名的人嘴唇的果子。 (Hebrews 13:15)

I will fear God and give Him glory, because the hour of His judgment has come. I will worship Him who made the heavens and the earth, the sea and the springs of water. 他大声说：“应当敬畏　神，把荣耀归给他！因为他审判的时候到了，应当敬拜创造天、地、海和众水泉源的那一位！” (Revelation 14:7)

**Identity and Life in Christ**

I am the salt of the earth, but if the salt loses its flavor, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot by men. I am the light of the world. A city set on a hill cannot be hidden. Neither do people light a lamp and put it under a basket, but on a lampstand, and it gives light to all who are in the house. In the same way, I must let my light shine before men, that they may see my good deeds and praise my Father in heaven. “你们是地上的盐；如果盐失了味，怎能使它再咸呢？结果毫无用处，唯有丢在外面任人践踏。  你们是世上的光。建在山上的城是无法隐藏的；  人点了灯，不会放在量器底下，而是放在灯台上，就照亮一家人。  照样，你们的光也应当照在人前，让他们看见你们的好行为，又颂赞你们在天上的父。 (Matthew 5:13-16)

You have asked the Father, and He has given me another Comforter to be with me forever, even the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him. But I know Him, for He lives in me. 我要请求父，他就会赐给你们另一位保惠师，使他跟你们永远在一起。  这保惠师就是真理的灵，世人不能接受他，因为看不见他，也不认识他。你们却认识他，因为他跟你们住在一起，也要在你们里面。 (John 14:16-17)

Lord Jesus, You are in Your Father, and I am in You, and You are in me. 到那日，你们就知道我是在我父里面，你们是在我里面，我也在你们里面。 (John 14:20)

It is for my good that You returned to the Father, because You have sent the Counselor, the Holy Spirit, to me. 但我要把实情告诉你们，我去是对你们有益的。如果我不去，保惠师就不会到你们这里来；我若去了，就会差他到你们这里来。 (John 16:7)

He is a Jew who is one inwardly; and circumcision is circumcision of the heart, by the Spirit, not by the written code. Such a man’s praise is not from men, but from God. 唯有在内心作犹太人的才是犹太人；割礼也是心里的，是靠着圣灵而不是靠着仪文。这样的人所受的称赞，不是从人来的，而是从　神来的。 (Romans 2:29)

I died to sin; how can I live in it any longer? 绝对不可！我们向罪死了的人，怎么可以仍然活在罪中呢？ (Romans 6:2)

All of us who were baptized into Christ Jesus were baptized into His death. I was therefore buried with Him through baptism into death, in order that just as Christ was raised from the dead through the glory of the Father, so I too may walk in newness of life. 难道你们不晓得我们这受洗归入基督耶稣的人，是受洗归入他的死吗？  所以我们借着洗礼归入死，与他同葬，为的是要我们过新生命的生活，像基督借着父的荣耀从死人中复活一样。 (Romans 6:3-4)

If I have been united with Christ in the likeness of His death, I will certainly also be united with Him in the likeness of His resurrection. 我们若在他死的样式上与他联合，也要在他复活的样式上与他联合。 (Romans 6:5)

I know that my old self was crucified with Christ, so that the body of sin might be done away with, that I should no longer be a slave to sin; for the one who has died has been freed from sin. 我们知道，我们的旧人已经与基督同钉十字架，使罪身丧失机能，使我们不再作罪的奴仆，  因为死了的人已经脱离罪了。 (Romans 6:6-7)

If I died with Christ, I believe that I will also live with Him, knowing that Christ, having been raised from the dead, cannot die again; death no longer has dominion over Him. For the death that He died, He died to sin once for all; but the life that He lives, He lives to God. In the same way, I must consider myself to be dead to sin, but alive to God in Christ Jesus. 我们既然与基督同死，就信也必与他同活。  我们知道，基督既然从死人中复活，就不再死，死也不再辖制他了。  他死，是向罪死了，只有这一次；他活，是向　神活着。  你们也应当这样，向罪算自己是死的，在基督耶稣里，向　神却是活的。 (Romans 6:8-11)

I have become dead to the law through the body of Christ, that I might belong to another, to Him who was raised from the dead, in order that I might bear fruit to God. But now, by dying to what once bound me, I have been released from the law so that I serve in newness of the Spirit and not in oldness of the letter. 这样，我的弟兄们，你们借着基督的身体，对律法来说也已经死了，使你们归属另一位，就是那从死人中复活的，为的是要我们结果子给　神。  但现在，我们既然向那捆绑我们的律法死了，就脱离了律法的约束，好让我们用心灵的新样子，而不用仪文的旧方式来服事主。 (Romans 7:4, 6)

I delight in the law of God in my inner being. 按着我里面的人来说，我是喜欢　神的律， (Romans 7:22)

There is now no condemnation for those who are in Christ Jesus, because the law of the Spirit of life in Christ Jesus has set me free from the law of sin and death. 所以现在，那些在耶稣基督里的人就不被定罪了；  因为生命之灵的律在基督耶稣里使我自由，脱离了罪和死的律。 (Romans 8:1-2)

I am not in the flesh but in the Spirit, since the Spirit of God lives in me. And if anyone does not have the Spirit of Christ, he does not belong to Him. 　神的灵既然住在你们里面，你们就不是属于肉体，而是属于圣灵的了。如果人没有基督的灵，就不是属于基督的。 (Romans 8:9)

If Christ is in me, my body is dead because of sin, yet my spirit is alive because of righteousness. And if the Spirit of Him who raised Jesus from the dead is living in me, He who raised Christ from the dead will also give life to my mortal body through His Spirit, who lives in me. 基督若在你们里面，你们的身体因着罪的缘故是死的，而圣灵却因着义的缘故赐给你们生命。  如果那使耶稣从死人中复活者的灵住在你们里面，那使基督从死人中复活的，也必借着住在你们里面的圣灵，使你们必死的身体活过来。 (Romans 8:10-11)

I did not receive a spirit of slavery again to fear, but I received the Spirit of adoption by whom I cry, “Abba, Father.” The Spirit Himself testifies with my spirit that I am a child of God. 你们接受的，不是奴仆的灵，使你们仍旧惧怕；你们接受的，是使人成为嗣子的灵，使我们呼叫“阿爸、父”。  圣灵亲自和我们的灵一同证明我们是　神的儿女。 (Romans 8:15-16)

None of us lives to himself alone and none of us dies to himself alone. If we live, we live to the Lord; and if we die, we die to the Lord. So, whether we live or die, we belong to the Lord. 我们没有一个人为自己活，也没有一个人为自己死。我们若活着，是为主而活；  我们若死了，是为主而死。所以，我们无论活着或是死了，总是属于主的人。 (Romans 14:7-8)

I have been sanctified in Christ Jesus and called to be a saint, together with all those everywhere who call on the name of our Lord Jesus Christ, their Lord and ours. 写信给在哥林多　神的教会，就是在基督耶稣里已经被分别为圣，蒙召为圣徒的人，和所有在各地呼求我们主耶稣基督的名的人。基督是他们的主，也是我们的主。 (1 Corinthians 1:2)

It is because of God that I am in Christ Jesus, who has become for me wisdom from God and righteousness and sanctification and redemption. 你们因着　神得以在基督耶稣里，他使基督成了我们的智慧；就是公义、圣洁和救赎， (1 Corinthians 1:30)

We are the temple of God, and the Spirit of God lives in us. 难道不知道你们是　神的殿，　神的灵住在你们里面吗？ (1 Corinthians 3:16)

He who is joined to the Lord is one with Him in spirit. 但那与主联合的，就是与他成为一灵了。 (1 Corinthians 6:17)

We were all baptized by one Spirit into one body—whether Jews or Greeks, slave or free—and we were all given the one Spirit to drink. 我们无论是犹太人，是希腊人，是作奴隶的，是自由的，都在那一位圣灵里受了洗，成为一个身体，都饮了那一位圣灵。 (1 Corinthians 12:13)

He who makes me stand firm in Christ and anointed me is God, who also sealed me and gave me the Spirit in my heart as a deposit. 那在基督里坚定我们和你们，又膏抹我们的，就是　神。  他在我们身上盖了印，就是赐圣灵在我们心里作凭据。 (2 Corinthians 1:21-22)

We are an epistle from Christ, written not with ink, but with the Spirit of the living God, not on tablets of stone, but on tablets of human hearts. 显明你们自己是基督的书信，是借着我们写成的，不是用墨，而是用永活　神的灵写的；不是写在石版上，而是写在心版上。 (2 Corinthians 3:3)

I am not competent in myself to claim anything for myself, but my competence comes from God. He has made me competent as a minister of a new covenant, not of the letter, but of the Spirit; for the letter kills, but the Spirit gives life. 我们不敢以为自己有资格作什么，我们所能够作的是出于　神。  他使我们有资格作新约的仆役，这新约不是从仪文来的，而是从圣灵来的；因为仪文会使人死，而圣灵却使人活。 (2 Corinthians 3:5-6)

We all, with unveiled face beholding as in a mirror the glory of the Lord, are being transformed into the same image from glory to glory, which comes from the Lord, who is the Spirit. 我们众人脸上的帕子既然已经揭开，反映主的荣光（“反映主的荣光”或译：“对着镜子看见主的荣光”），就变成主那样的形象，大有荣光。这是主所作成的，他就是那灵。 (2 Corinthians 3:18)

God who said, “Let light shine out of darkness” made His light shine in my heart to give me the light of the knowledge of the glory of God in the face of Christ. But I have this treasure in an earthen vessel to show that this all-surpassing power is from God and not from me. 因为那说“要有光从黑暗里照出来”的　神，已经照在我们的心里，要我们把　神的荣光照出去，就是使人可以认识那在基督脸上的荣光。  我们有这宝贝在瓦器里，是要显明这极大的能力是属于　神，不是出于我们。 (2 Corinthians 4:6-7)

If anyone is in Christ, he is a new creation; the old things passed away; behold, they have become new. 如果有人在基督里，他就是新造的人，旧事已经过去，你看，都变成新的了！ (2 Corinthians 5:17)

Christ is not weak in dealing with us, but is powerful among us. For though He was crucified in weakness, yet He lives by the power of God. For we are weak in Him, yet by the power of God we will live with Him to serve others. 因为你们在找基督借着我说话的凭据。基督对你们不是软弱的，相反地，在你们身上是有能力的。  他因着软弱被钉死了，却靠着　神的大能活着。我们在他里面也是软弱的，但靠着　神向你们所显的大能，也必与他一同活着。 (2 Corinthians 13:3-4)

Through the law I died to the law so that I might live for God. I have been crucified with Christ; and it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh, I live by faith in the Son of God, who loved me and gave Himself for me. 我借着律法已经向律法死了，使我可以向　神活着。  我已经与基督同钉十字架；现在活着的，不再是我，而是基督活在我里面；如今在肉身中活着的我，是因信　神的儿子而活的；他爱我，为我舍己。 (Galatians 2:19-20)

We are all sons of God through faith in Christ Jesus, for all of us who were baptized into Christ have clothed ourselves with Christ. 你们因着信，在基督耶稣里都作了　神的儿子。  你们所有受洗归入基督的人，都是披戴基督的， (Galatians 3:26-27)

If I belong to Christ, then I am Abraham’s seed and an heir according to the promise. 如果你们属于基督，就是亚伯拉罕的后裔，是按照应许承受产业的了。 (Galatians 3:29)

Because I am a son, God has sent the Spirit of His Son into my heart, crying, “Abba, Father.” So I am no longer a slave, but a son; and if a son, then an heir through God. 你们既然是儿子，　神就差遣他儿子的灵进入我们心里，呼叫“阿爸、父！”  这样，你不再是奴仆，而是儿子；既然是儿子，就靠着　神承受产业了。 (Galatians 4:6-7)

It is for freedom that Christ has set me free. I should stand firm, therefore, and not let myself be burdened again by a yoke of slavery. 基督释放了我们，为了要使我们得自由。所以你们要站立得稳，不要再被奴役的轭控制。 (Galatians 5:1)

Those who belong to Christ Jesus have crucified the flesh with its passions and desires. 属基督耶稣的人，是已经把肉体和邪情私欲都钉在十字架上了。 (Galatians 5:24)

May I never boast except in the cross of our Lord Jesus Christ, through which the world has been crucified to me, and I to the world. 至于我，我绝不以别的夸口，只夸我们主耶稣基督的十字架。借着这十字架，在我来说，世界已经钉在十字架上了；就世界来说，我也已经钉在十字架上了。 (Galatians 6:14)

Neither circumcision nor uncircumcision means anything; what counts is a new creation. 受割礼或不受割礼，都算不得什么，要紧的是作新造的人。 (Galatians 6:15)

Blessed be the God and Father of our Lord Jesus Christ, who has blessed me with every spiritual blessing in the heavenly realms in Christ. 我们主耶稣基督的父　神是应当称颂的。他在基督里，曾经把天上各种属灵的福分赐给我们： (Ephesians 1:3)

I trusted in Christ when I heard the word of truth, the gospel of my salvation. Having believed, I was sealed in Him with the Holy Spirit of promise, who is a deposit guaranteeing my inheritance until the redemption of those who are God’s possession, to the praise of His glory. 你们既然听了真理的道，就是使你们得救的福音，也信了基督，就在他里面受了所应许的圣灵作为印记。  这圣灵是我们得基业的凭据，直到　神的产业得赎，使他的荣耀得着颂赞。 (Ephesians 1:13-14)

God raised me up with Christ and seated me with Him in the heavenly realms in Christ Jesus, in order that in the coming ages He might show the surpassing riches of His grace in kindness toward me in Christ Jesus. 又使我们在基督耶稣里，与他一同复活，一同坐在天上，  为的是要在将来的世代中，显明他在基督耶稣里赐给我们的恩典，是多么的丰盛。 (Ephesians 2:6-7)

I am God’s workmanship, created in Christ Jesus for good works, which God prepared beforehand for me to do. 我们原是　神所作成的，是在基督耶稣里创造的，为的是要我们行各样的善事，就是　神预先所安排的。 (Ephesians 2:10)

With regard to my former way of life, I am to put off my old self, which is being corrupted by its deceitful desires, and be renewed in the spirit of my mind; and I am to put on the new self, which was created according to God in righteousness and true holiness. 就要除去你们那照着从前生活方式而活的旧人。这旧人是随着迷惑人的私欲渐渐败坏的。  你们要把心灵更换一新，  并且穿上新人。这新人是照着　神的形象，在公义和真实的圣洁里创造的。 (Ephesians 4:22-24)

I do not want to grieve the Holy Spirit of God by whom I was sealed for the day of redemption. (Ephesians 4:30)

To me, to live is Christ and to die is gain. 因为我活着就是基督，我死了就有益处。 (Philippians 1:21)

It has been granted to us on behalf of Christ not only to believe in Him, but also to suffer for Him. 因为　神为了基督的缘故赐恩给你们，使你们不单是信基督，也是要为他受苦； (Philippians 1:29)

We are the true circumcision, who worship by the Spirit of God and glory in Christ Jesus and put no confidence in the flesh. 其实我们这些靠　神的灵来敬拜，在基督耶稣里夸口而不倚靠肉体的人，才是受割礼的， (Philippians 3:3)

Whatever was gain to me I now consider loss for the sake of Christ. What is more, I consider all things loss compared to the surpassing greatness of knowing Christ Jesus my Lord, for whose sake I have suffered the loss of all things and consider them rubbish, that I may gain Christ and be found in Him, not having a righteousness of my own that comes from the law, but that which is through faith in Christ—the righteousness that comes from God on the basis of faith. 然而以前对我有益的，现在因着基督的缘故，我都当作是有损的。  不但这样，我也把万事当作是有损的，因为我以认识我主基督耶稣为至宝。为了他，我把万事都拋弃了，看作废物，为了要得着基督。  并且得以在他里面，不是有自己因律法而得的义，而是有因信基督而得的义，就是基于信心，从　神而来的义， (Philippians 3:7-9)

I want to know Christ and the power of His resurrection and the fellowship of His sufferings, being conformed to His death, that I may attain to the resurrection from the dead. (Philippians 3:10-11)

I have been made complete in Christ, who is the head over all rule and authority. 你们也是在他里面得了丰盛。他是一切执政掌权者的元首。 (Colossians 2:10)

In Christ I was circumcised with a circumcision made without hands, in the removal of the body of the flesh by the circumcision of Christ, having been buried with Him in baptism and raised with Him through faith in the working of God, who raised Him from the dead. 你们也在他里面受了不是由人手所行的割礼，而是受了基督的割礼，就是除掉你们的罪身。  你们在洗礼中已经与他一同埋葬，也在洗礼中，因信那使基督从死人中复活的　神所运行的动力，与他一同复活了。 (Colossians 2:11-12)

Since I died with Christ to the basic principles of this world, I should not submit to its regulations as though I still belonged to it. 你们若与基督一同死了，脱离了世俗的言论，为什么仍然好像活在世俗中一样， (Colossians 2:20)

Since I have been raised with Christ, I should seek the things above, where Christ is seated at the right hand of God. I will set my mind on the things above, not on the things on the earth, for I died, and my life is now hidden with Christ in God. When Christ who is my life appears, then I also will appear with Him in glory. 所以，你们既然与基督一同复活，就应当寻求天上的事，那里有基督坐在　神的右边。  你们要思念的，是天上的事，不是地上的事。  因为你们已经死了，你们的生命与基督一同隐藏在　神里面。  基督就是你们的生命，他显现的时候，你们也要和他一同在荣耀里显现。 (Colossians 3:1-4)

I have put off the old self with its practices and have put on the new self, who is being renewed in full knowledge according to the image of its Creator. 不要彼此说谎，因为你们已经脱去了旧人和旧人的行为，  穿上了新人。这新人照着他的创造者的形象渐渐更新，能够充分认识主。 (Colossians 3:9-10)

I have been chosen according to the foreknowledge of God the Father, in sanctification of the Spirit, for obedience to Jesus Christ and sprinkling of His blood; grace and peace are mine in abundance. 就是照着父　神的预知蒙拣选，借着圣灵得成圣洁，因而顺服，并且被耶稣基督的血洒过的人。愿恩惠平安多多地加给你们。 (1 Peter 1:2)

How great is the love the Father has lavished on me, that I should be called a child of God—and I am! Therefore the world does not know me, because it did not know Him. 你们看，父赐给我们的是怎样的爱，就是让我们可以称为　神的儿女，我们也真是他的儿女。因此，世人不认识我们，是因为他们不认识父。 (1 John 3:1)

I am from God and am an overcomer, because He who is in me is greater than he who is in the world. 孩子们，你们是属于　神的，并且已经胜过他们，因为那在你们里面的比那在世上的更大。 (1 John 4:4)

God has given me eternal life, and this life is in His Son. He who has the Son has life; he who does not have the Son of God does not have life. Since I believe in the name of the Son of God, I know that I have eternal life. 这见证就是　神已经把永远的生命赐给我们，这生命是在他儿子里面的。  凡有　神儿子的，就有生命；没有　神儿子的，就没有生命。  我把这些事写给你们信　神的儿子之名的人，是要你们知道自己有永生。 (1 John 5:11-13)

**Faith, Trust, and Dependence**

When Israel saw the great power the Lord displayed against the Egyptians, the people feared the Lord and put their trust in Him and in Moses His servant. 以色列人看见耶和华向埃及人所显大能的手，就敬畏耶和华，又信服耶和华和他的仆人摩西。 (Exodus 14:31)

Hezekiah trusted in the Lord, the God of Israel, so that there was no one like him among all the kings of Judah, either before him or after him. He held fast to the Lord and did not depart from following Him, but kept His commandments. (2 Kings 18:5-6)

I will not depend on human strength, but on the Lord my God for help and deliverance. 那时，先见哈拿尼来见犹大王亚撒，对他说：“因你倚靠亚兰王，没有倚靠耶和华你的　神，所以亚兰王的军队才可以脱离你的手。  古实人和路比人不是有强大的军队吗？战车和马兵不是极多吗？只因你倚靠耶和华，耶和华就把他们交在你手里。  亚撒在位第三十九年，患了脚病，病情严重；可是，连他患病的时候，也没有寻求耶和华，只管寻求医生。 (2 Chronicles 16:7-8, 12)

In the morning, O Lord, You will hear my voice; in the morning I will set my prayers before You and I will look to You. 耶和华啊！求你在清晨听我的声音；我要一早向你陈明，并且迫切等候。 (Psalm 5:3)

Some trust in chariots and some in horses, but I will remember the name of the Lord my God. 有人靠车，有人靠马。我们却靠耶和华我们　神的名。 (Psalm 20:7)

The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid? 耶和华是我的亮光，是我的救恩，我还怕谁呢？耶和华是我性命的避难所，我还惧谁呢？（本节在《马索拉抄本》包括细字标题） (Psalm 27:1)

The Lord is my strength and my shield; my heart trusts in Him, and I am helped. My heart greatly rejoices, and I will give thanks to Him in song. 耶和华是我的力量，是我的盾牌；我的心倚靠他，我就得到帮助；所以我的心欢乐。我要用诗歌颂赞他。 (Psalm 28:7)

I have tasted and seen that the Lord is good; blessed is the man who takes refuge in Him! 你们要亲自体验，就知道耶和华是美善的；投靠他的人，都是有福的。 (Psalm 34:8)

I will trust in the Lord and do good; I will dwell in the land and feed on His faithfulness. I will delight myself in the Lord, and He will give me the desires of my heart. I will commit my way to the Lord and trust in Him, and He will bring it to pass. I will rest in the Lord and wait patiently for Him; I will not fret because of him who prospers in his way, with the man who practices evil schemes. 你要倚靠耶和华，并要行善；你要住在地上，以信实为粮食。  你要以耶和华为乐，他就把你心里所求的赐给你。  你要把你的道路交托耶和华，并倚靠他，他就必成全。  你要在耶和华面前静默无声，耐心地等候他；不要因那凡事顺利的，和那恶谋得逞的，心怀不平。 (Psalm 37:3-5, 7)

Lord, all my longings are before You, and my sighing is not hidden from You. 主啊！我的心愿都在你面前，我不向你隐瞒我的叹息。 (Psalm 38:9)

Blessed is the man who makes the Lord his trust, who does not look to the proud or those who turn aside to lies. 那倚靠耶和华，不转向高傲和偏向虚谎的人的，这人是有福的。 (Psalm 40:4)

I will cast my burden on the Lord and He will sustain me; He will never allow the righteous to be shaken. 你要把你的重担卸给耶和华，他必扶持你；他永远不会让义人动摇。 (Psalm 55:22)

When I am afraid, I will trust in You. In God, whose word I praise, in God I have put my trust. I will not fear; what can mortal man do to me? 至高者（“至高者”原文放在第2节末，在那里或译：“因逞骄傲攻击我的人很多”）啊！我惧怕的时候，就要倚靠你。  靠着　神，我要赞美他的话；我倚靠　神，就必不惧怕，人能把我怎么样呢？ (Psalm 56:3-4)

You preserve my life, and I am devoted to You. You are my God; You will save Your servant who trusts in You. 求你保护我的性命，因为我是虔诚的人；我的　神啊！求你拯救这倚靠你的仆人。 (Psalm 86:2)

He who dwells in the shelter of the Most High will rest in the shadow of the Almighty. I will say of the Lord, “He is my refuge and my fortress, my God, in whom I trust.” 住在至高者的隐密处的，必在全能者的荫庇下安居。  我要对耶和华说：“你是我的避难所，我的保障，你是我的　神，我所倚靠的。” (Psalm 91:1-2)

The Lord is my stronghold, and my God is a rock of refuge to me. 但耶和华作了我的高台，我的　神作了我避难的磐石。 (Psalm 94:22)

I will seek the Lord and His strength; I will seek His face continually. I will remember the wonders He has done, His miracles, and the judgments of His mouth. 你们要追求耶和华与他的能力，常常寻求他的面。  记念他所作的奇事、他的神迹，和他口里的判词。 (Psalm 105:4-5)

I lift up my eyes to You, to You who dwell in heaven. As the eyes of servants look to the hand of their master, as the eyes of a maid look to the hand of her mistress, so my eyes look to the Lord my God, until He shows me His mercy. 坐在天上的主啊！我向你举目。（本节在《马索拉抄本》包括细字标题）  仆人的眼睛怎样望着主人的手，婢女的眼睛怎样望着主母的手，我们的眼睛也照样望着耶和华我们的　神，直到他向我们施恩。 (Psalm 123:1-2)

Though I walk in the midst of trouble, You will revive me; You will stretch out Your hand against the anger of my foes, and Your right hand will save me. The Lord will perfect His work in me; Your mercy, O Lord, endures forever; You will not abandon the works of Your hands. (Psalm 138:7-8)

My eyes are upon You, O God the Lord; in You I take refuge; You will not leave my soul destitute. 主耶和华啊！我的眼睛仰望你；我投靠你，求你不要使我丧命。 (Psalm 141:8)

I cry out to You, O Lord, and say, “You are my refuge, my portion in the land of the living.” 耶和华啊！我向你呼求；我说：“你是我的避难所，是我在活人之地的业分。 (Psalm 142:5)

You are my lovingkindness and my fortress, my high tower and my deliverer, my shield, in whom I take refuge. 他是我慈爱的　神、我的堡垒、我的高台、我的救主、我的盾牌、我所投靠的，他使我的人民服在我以下。 (Psalm 144:2)

I will trust in the Lord with all my heart and lean not on my own understanding; in all my ways I will acknowledge Him, and He will make my paths straight. I will not be wise in my own eyes, but I will fear the Lord and depart from evil. 你要一心仰赖耶和华，不可倚靠自己的聪明；  在你一切所行的路上，都要承认他，他必使你的路径平坦正直。  不可自以为有智慧，要敬畏耶和华，远离恶事。 (Proverbs 3:5-7)

Every word of God is tested; He is a shield to those who take refuge in Him. 　神所说的话句句都是炼净的，投靠他的，他就作他们的盾牌。 (Proverbs 30:5)

You will keep in perfect peace him whose mind is stayed on You, because he trusts in You. 专心倚靠你的，你必保护他一切平安，因为他倚靠你。 (Isaiah 26:3)

Because the Lord God helps me, I will not be disgraced. Therefore I have set my face like flint, and I know I will not be put to shame. He who vindicates me is near; who will contend with me? Surely the Lord God will help me; who is he that will condemn me? 但主耶和华必帮助我，所以我必不羞愧，因此我板着脸好像坚硬的燧石，我也知道我必不会蒙羞。  那称我为义的，与我相近；谁与我争讼呢？让我们一同站起来吧！谁是指控我的？让他就近我来。  看哪！主耶和华帮助我，谁能定我有罪呢？看哪！他们都要像衣服渐渐破旧，蛀虫必把他们吃光。 (Isaiah 50:7-9)

O Lord, the hope of Israel, all who forsake You will be put to shame. Those who depart from You will be written in the dust because they have forsaken the Lord, the fountain of living water. 耶和华以色列的盼望啊！离弃你的，都必蒙羞；偏离你（“你”原文作“我”）的，他们的名字必写在沙土上，因为他们离弃了耶和华这活水的源头。 (Jeremiah 17:13)

The righteous will live by his faith. 迦勒底人自高自大，心不正直；然而义人必因信得生（“必因信得生”或译：“必因他的信实得生”）。 (Habakkuk 2:4)

“Not by might nor by power, but by My Spirit,” says the Lord of hosts. 他对我说：“这是耶和华对所罗巴伯所说的话：‘不是倚靠权势，不是倚靠能力，而是倚靠我的灵。’这是万军之耶和华说的。 (Zechariah 4:6)

Man shall not live on bread alone but on every word that comes from the mouth of God. (Matthew 4:4)

I look to You for my daily bread, to forgive me my debts as I also have forgiven my debtors, and to lead me not into temptation, but to deliver me from the evil one. For Yours is the kingdom and the power and the glory forever. (Matthew 6:11-13)

When I ask, it will be given to me; when I seek, I will find; when I knock, the door will be opened to me. For everyone who asks receives; he who seeks finds; and to him who knocks, the door will be opened. “你们祈求，就给你们；寻找，就寻见；叩门，就给你们开门。  因为凡祈求的就得着，寻找的就寻见，叩门的就给他开门。 我又告诉你们，你们祈求，就给你们；寻找，就寻见；叩门，就给你们开门。  因为所有祈求的就得着，寻找的就寻见，叩门的就给他开门。 (Matthew 7:7-8; Luke 11:9-10)

Lord Jesus, You have said that unless I am converted and become like a little child, I will never enter the kingdom of heaven. Therefore, whoever humbles himself like a child is the greatest in the kingdom of heaven. “我实在告诉你们，如果你们不回转，变成像小孩子一样，一定不能进天国。  所以，凡谦卑像这小孩子的，他在天国里是最大的。 (Matthew 18:3-4)

You did not want the little children to be hindered from coming to You, for of such is the kingdom of heaven. 但耶稣说：“让小孩子到我这里来，不要禁止他们，因为天国是属于这样的人的。” (Matthew 19:14)

All things are possible to him who believes. 耶稣对他说：“‘如果你能’（“如果你能”有些抄本作“你若能信”）──对于信的人，什么都能！” (Mark 9:23)

Whoever does not receive the kingdom of God like a little child will never enter it. 我实在告诉你们，凡是不像小孩子一样接受　神的国的，绝对不能进去。” 我实在告诉你们，凡不像小孩子一样接受　神的国的，决不能进去。” (Mark 10:15; Luke 18:17)

You have said, “Whatever you ask for in prayer, believe that you have received it, and it will be yours.” 所以我告诉你们，凡是你们祷告祈求的，只要相信能够得到，就必得到。 (Mark 11:24)

I will believe Your words, which will come true at their proper time. 看吧！到了时候我的话必要应验；因为你不信我的话，你必成为哑巴，直到这些事成就的那一天，才能说话。” (Luke 1:20)

I am the Lord’s servant; may Your will be done in me according to Your word. 马利亚说：“我是主的婢女，愿照你的话成就在我身上！”天使就离开她去了。 (Luke 1:38)

He who believes in God’s Son is not condemned, but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God. 信他的，不被定罪；不信的，罪已经定了，因为他不信　神独生子的名。 (John 3:18)

The hour is coming and now is, when true worshipers will worship the Father in spirit and truth, for the Father is seeking such to worship Him. God is spirit, and those who worship Him must worship in spirit and truth. 然而时候将到，现在就是了，那用心灵按真理敬拜父的，才是真正敬拜的人；因为父在寻找这样敬拜他的人。  　神是灵，敬拜他的必须用心灵按真理敬拜他。” (John 4:23-24)

What we must do to work the works of God is to believe in Him whom He has sent. 众人又问他：“我们应该作什么，才算是作　神的工作呢？”  耶稣回答：“信　神所差来的，就是作　神的工了。” (John 6:28-29)

The bread of God is He who comes down from heaven and gives life to the world. You are the bread of life. He who comes to You will never hunger, and he who believes in You will never thirst. 因为　神的食物就是从天上降下来，把生命赐给世人的那一位。”  耶稣说：“我就是生命的食物，到我这里来的，必定不饿；信我的，永远不渴。 (John 6:33, 35)

He who believes in the Son of God has everlasting life. 我实实在在告诉你们，信的人有永生。 (John 6:47)

You are the living bread that came down from heaven. If anyone eats of this bread, he will live forever. This bread is Your flesh, which You have given for the life of the world. 我就是从天上降下来生命的食物，人若吃了这食物，就必活到永远。我要赐的食物就是我的肉，是为了世人的生命而赐的。” (John 6:51)

Unless I eat the flesh of the Son of Man and drink His blood, I have no life in me. Whoever eats Your flesh and drinks Your blood has eternal life, and You will raise him up at the last day. For Your flesh is true food, and Your blood is true drink. Whoever eats Your flesh and drinks Your blood abides in You, and You in him. As the living Father sent You, and You live because of the Father, so the one who feeds on You will live because of You. 耶稣就对他们说：“我实实在在告诉你们，你们若不吃人子的肉，不喝人子的血，就没有生命在你们里面。  吃我肉、喝我血的，就有永生，在末日我要使他复活；  因为我的肉是真正的食物，我的血是真正的饮料。  吃我肉、喝我血的人，就住在我里面，我也住在他里面。  正如永活的父差遣了我，我也因父活着；照样，吃我肉的人也必因我而活。 (John 6:53-57)

Lord Jesus, I have nowhere else to go; You have the words of eternal life. I believe and know that You are the Holy One of God. 西门．彼得回答：“主啊，你有永生之道，我们还跟从谁呢？  我们已经相信，并且知道你是　神的圣者。” (John 6:68-69)

He who believes in You, as the Scripture has said, rivers of living water will flow from within him, because Your Spirit indwells him. 信我的人，就像圣经所说的，从他的腹中要涌流出活水的江河来。”  他这话是指着信他的人要接受圣灵说的；那时圣灵还没有降临，因为耶稣还没有得着荣耀。 (John 7:38-39)

You are the light of the world. He who follows You will not walk in the darkness but will have the light of life. 耶稣又对众人说：“我是世界的光，跟从我的，必定不在黑暗里走，却要得着生命的光。” (John 8:12)

I will believe the light while I have it, so that I may become a son of light. (John 12:36)

Lord Jesus, he who believes in You does not believe in You only, but in the One who sent You. And he who beholds You beholds the One who sent You. 耶稣大声说：“信我的，不单是信我，也是信那差我来的。  看见我的，就是看见那差我来的。 (John 12:44-45)

He who receives whomever You send receives You, and whoever receives You receives the One who sent You. 我实实在在告诉你们，那接待我所差遣的，就是接待我；接待我的，就是接待那差我来的。” (John 13:20)

I will not let my heart be troubled. I will trust in God and trust also in Christ. “你们心里不要难过，你们应当信　神，也应当信我。 (John 14:1)

Peace You leave with me; Your peace You give to me. Not as the world gives, do You give to me. I will not let my heart be troubled nor let it be fearful. 我留下平安给你们，我把自己的平安赐给你们；我给你们的，不像世界所给的。你们心里不要难过，也不要恐惧。 (John 14:27)

You are the true vine, and Your Father is the vinedresser. He cuts off every branch in You that bears no fruit, while every branch that does bear fruit He prunes, that it may bear more fruit. I will abide in You, and You will abide in me. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can I, unless I abide in You. “我是真葡萄树，我父是培植的人。  所有属我而不结果子的枝子，他就剪去；所有结果子的，他就修剪干净，让它结更多的果子。  你们要住在我里面，我也就住在你们里面。枝子若不连在葡萄树上，自己就不能结果子；你们若不住在我里面，也是这样。 (John 15:1-2, 4)

You are the vine; I am a branch; if I abide in You, and You in me, I will bear much fruit; for apart from You, I can do nothing. 我是葡萄树，你们是枝子。住在我里面的，我也住在他里面，他就结出很多果子；因为离开了我，你们就不能作什么。 (John 15:5)

If I abide in You, and Your words abide in me, I can ask whatever I wish, and it will be done for me. As I ask in Your name, I will receive, that my joy may be full. 你们若住在我里面，我的话也留在你们里面；无论你们想要什么，祈求，就给你们成就。  你们向来没有奉我的名求什么；现在你们祈求，就必定得着，让你们的喜乐满溢。 (John 15:7, 16:24)

It is in You, Lord Jesus, that I have peace. In this world I will have tribulation, but I will be of good cheer, because You have overcome the world. 我把这些事告诉你们，是要使你们在我里面有平安。在世上你们有患难，但你们放心，我已经胜了这世界。” (John 16:33)

I believe that Jesus is the Christ, the Son of God, and by believing, I have life in His name. (John 20:31)

I want to continue in the grace of God. 散会以后，许多犹太人和归信犹太教的虔诚人，跟从了保罗和巴拿巴。两人对他们谈话，勉励他们要恒久住在　神的恩典中。 (Acts 13:43)

I have believed in the Lord Jesus, so that I will be saved—me and my household. 他们说：“当信主耶稣，你和你一家人都必定得救。” (Acts 16:31)

I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first, and also to the Gentile. For in it the righteousness of God is revealed from faith to faith, just as it is written: “The righteous will live by faith.” 我不以福音为耻；这福音是　神的大能，要救所有相信的，先是犹太人，后是希腊人。  　神的义就是借着这福音显明出来，本于信而归于信，正如经上所记：“义人必因信得生。” (Romans 1:16-17)

Like Abraham, I will not waver through unbelief regarding the promise of God, but I want to be strengthened in my faith and give glory to God, being fully persuaded that God is able to do what He has promised. 也没有因着不信而疑惑　神的应许，反倒坚信不移，把荣耀归给　神，  满心相信　神所应许的，　神必能成就。 (Romans 4:20-21)

Those who live according to the flesh set their minds on the things of the flesh; but those who live according to the Spirit set their minds on the things of the Spirit. The mind of the flesh is death, but the mind of the Spirit is life and peace. 随从肉体的人，以肉体的事为念；随从圣灵的人，以圣灵的事为念。  以肉体为念就是死，以圣灵为念就是生命、平安； (Romans 8:5-6)

If I live according to the flesh, I will die; but if by the Spirit I put to death the deeds of the body, I will live. For those who are led by the Spirit of God are sons of God. 如果随着肉体而活，你们必定死；如果靠着圣灵治死身体的恶行，你们就必活着。  因为蒙　神的灵引导的，都是　神的儿子。 (Romans 8:13-14)

If I confess with my mouth the Lord Jesus and believe in my heart that God raised Him from the dead, I will be saved. For it is with my heart that I believe unto righteousness, and it is with my mouth that I confess unto salvation. As the Scripture says, “Whoever trusts in Him will not be put to shame.” 你若口里认耶稣为主，心里信　神使他从死人中复活，就必得救；  因为心里相信就必称义，用口承认就必得救。  经上说：“所有信靠他的人，必不致失望。” (Romans 10:9-11)

I will not think of myself more highly than I ought to think, but I will think soberly, in accordance with the measure of faith God has given me. 我凭着所赐给我的恩典，对你们各人说，不可自视太高，高于所当看的，反而应该照着　神分给各人信心的大小，看得适中。 (Romans 12:3)

It is by faith that I stand firm. 我们并不是要辖制你们的信仰，而是要作你们的同工，使你们喜乐，因为你们在信仰上已经站稳了。 (2 Corinthians 1:24)

I am always of good courage and know that as long as I am at home in the body, I am away from the Lord. For I live by faith, not by sight. I am of good courage and would prefer to be absent from the body and to be at home with the Lord. 我们既然一向都是坦然无惧的，又知道住在身内就是与主分开  （因为我们行事是凭着信心，不是凭着眼见），  现在还是坦然无惧，宁愿与身体分开，与主同住。 (2 Corinthians 5:6-8)

Your grace is sufficient for me, for Your power is made perfect in weakness. Therefore, I will boast all the more gladly in my weaknesses, that the power of Christ may rest upon me. Therefore, I can be content in weaknesses, in insults, in hardships, in persecutions, in difficulties, for Christ’s sake. For when I am weak, then I am strong. 他却对我说：“我的恩典是够你用的，因为我的能力在人的软弱上显得完全。”所以，我更喜欢夸自己的软弱，好让基督的能力临到我的身上。  因此，我为基督的缘故，就以软弱、凌辱、艰难、迫害、困苦为喜乐，因为我什么时候软弱，什么时候就刚强了。 (2 Corinthians 12:9-10)

Knowing that a man is not justified by the works of the law, but through faith in Christ Jesus, I have believed in Christ Jesus, that I may be justified through faith in Christ and not by the works of the law; for by the works of the law, no flesh will be justified. 既然知道人称义不是靠行律法，而是因信耶稣基督，我们也就信了基督耶稣，使我们因信基督称义，不是靠行律法；因为没有人能靠行律法称义。 (Galatians 2:16)

Having begun in the Spirit, I will not seek to be perfected by the flesh. 你们是这样的无知吗？你们既然靠着圣灵开始，现在还要靠着肉体成全吗？ (Galatians 3:3)

As I walk in the Spirit, I will not fulfill the desires of the flesh. For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh; for they oppose each other, so that I may not do the things that I wish. But if I am led by the Spirit, I am not under the law. 我是说，你们应当顺着圣灵行事，这样就一定不会去满足肉体的私欲了。  因为肉体的私欲和圣灵敌对，圣灵也和肉体敌对；这两样互相敌对，使你们不能作自己愿意作的。  但你们若被圣灵引导，就不在律法以下了。 (Galatians 5:16-18)

The works of the flesh are evident, which are: immorality, impurity, sensuality, idolatry, sorcery, hatred, discord, jealousy, fits of rage, selfish ambition, dissensions, factions, envyings, drunkenness, revelries, and the like. Those who practice such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. 肉体所行的都是显而易见的，就如淫乱、污秽、邪荡、  拜偶像、行邪术、仇恨、争竞、忌恨、忿怒、自私、分党、结派、  嫉妒、醉酒、荒宴，和类似的事。我从前早就告诉过你们，现在又事先告诉你们：行这些事的人，必定不能承受　神的国。  但圣灵的果子是仁爱、喜乐、平安、忍耐、恩慈、良善、信实、  温柔、节制；这样的事，是没有律法禁止的。 (Galatians 5:19-23)

Since I live in the Spirit, I will also walk in the Spirit. 如果我们靠圣灵活着，就应该顺着圣灵行事。 (Galatians 5:25)

In Christ Jesus my Lord, I have boldness and confident access through faith in Him. 我们因信基督，就在他里面坦然无惧，满有把握地进到　神面前。 (Ephesians 3:12)

God will supply all my needs according to His glorious riches in Christ Jesus. To my God and Father be glory for ever and ever. 我的　神必照他在基督耶稣里荣耀的丰富，满足你们的一切需要。  愿荣耀归给我们的父　神，直到永远。阿们。 (Philippians 4:19-20)

Just as I received Christ Jesus the Lord, so I will walk in Him, rooted and built up in Him, and established in the faith, as I was taught, and abounding in thanksgiving. 你们怎样接受了基督耶稣为主，就当照样在他里面行事为人，  按着你们所学到的，在他里面扎根、建造，信心坚定，满有感谢的心。 (Colossians 2:6-7)

I am not ashamed, because I know whom I have believed and am convinced that He is able to guard what I have entrusted to Him until that day. 为了这缘故，我也受这些苦，但我不以为耻，因为我知道我所信的是谁，也深信他能保守我所交托他的，直到那日。 (2 Timothy 1:12)

This is a trustworthy saying: If we died with Him, we will also live with Him; if we endure, we will also reign with Him. If we deny Him, He will also deny us; if we are faithless, He will remain faithful, for He cannot deny Himself. “我们若与基督同死，就必与他同活；  我们若能坚忍，就必与他一同作王；我们若不认他，他必不认我们；  我们纵然不信，他仍然是信实的，因为他不能否定自己。”这话是可信的。 (2 Timothy 2:11-13)

Since I have a great high priest who has passed through the heavens, Jesus the Son of God, I will hold firmly to the faith I confess. For I do not have a high priest who is unable to sympathize with my weaknesses, but one who has been tempted in every way, just as I am, yet without sin. Therefore, I will approach the throne of grace with confidence, so that I may receive mercy and find grace to help in time of need. (Hebrews 4:14-16)

I will draw near to God with a sincere heart in full assurance of faith, having my heart sprinkled to cleanse me from an evil conscience and my body washed with pure water. 我们良心的邪恶既然被洒净，身体也用清水洗净了，那么，我们就应该怀着真诚的心和完备的信，进到　神面前； (Hebrews 10:22)

Faith is the reality of things hoped for and the conviction of things not seen. 信就是对所盼望的事的把握，是还没有看见的事的明证。 (Hebrews 11:1)

Without faith it is impossible to please God, for he who comes to Him must believe that He exists, and that He is a rewarder of those who earnestly seek Him. 没有信，就不能得到　神的喜悦；因为来到　神面前的人，必须信　神存在，并且信他会赏赐那些寻求他的人。 (Hebrews 11:6)

I can say with confidence, “The Lord is my helper; I will not be afraid. What can man do to me?” 所以我们可以放胆说：“主是我的帮助，我决不害怕，人能把我怎么样呢？” (Hebrews 13:6)

Through faith I am guarded by the power of God for salvation that is ready to be revealed in the last time. 就是你们这因信蒙　神能力保守的人，得着预备在末世要显现的救恩。 (1 Peter 1:5)

Christ was chosen before the creation of the world but was revealed in these last times for our sake. Through Him I believe in God, who raised Him from the dead and glorified Him, so that my faith and hope are in God. 基督是在创立世界以前，是　神所预知的，却在这末后的世代才为你们显现出来。  借着他，你们信那使他从死人中复活、又给他荣耀的　神，叫你们的信心和盼望都在于　神。 (1 Peter 1:20-21)

Everyone who believes that Jesus is the Christ is born of God, and everyone who loves the father loves Him who is begotten of Him. Whatever is born of God overcomes the world, and this is the victory that has overcome the world—our faith. Who is he who overcomes the world, but he who believes that Jesus is the Son of God? 凡信耶稣是基督的，都是从　神生的，凡爱那生他的，也必爱那从他而生的。  因为凡从　神生的就胜过世界。使我们胜过世界的，就是我们的信心。  胜过世界的是谁呢？不就是那信耶稣是　神的儿子的吗？ (1 John 5:1, 4-5)

This is the confidence I have in the Son of God, that if I ask anything according to His will, He hears me. And if I know that He hears me, whatever I ask, I know that I have the requests that I have asked from Him. (1 John 5:14-15)

**Faithfulness, Commitment, and Submission**

You are God Almighty; I want to walk before You and be blameless. 亚伯兰九十九岁的时候，耶和华向他显现，对他说：“我是全能的　神，你要在我面前行事为人；你要作完全人。 (Genesis 17:1)

Like Abraham, I want to fear God and not withhold anything from Him. 天使说：“不可在这孩子身上下手，一点也不可害他；现在我知道你是敬畏　神的了，因为你没有留下你的独生子不给我。”  说：“耶和华说：‘我指着自己起誓，你既然作了这事，没有留下你的独生子， (Genesis 22:12, 16)

By God’s grace, I will not despise my birthright for the things of this world. 雅各说：“你先向我起誓吧。”以扫就向他起了誓，把自己的长子名分卖给雅各。  于是，雅各把饼和红豆汤给了以扫；以扫吃了，喝了，就起来走了。以扫就这样轻看了他的长子名分。 (Genesis 25:33-34)

I shall have no other gods before You. “除我以外，你不可有别的神。 “‘除我以外，你不可有别的神。 (Exodus 20:3; Deuteronomy 5:7)

I shall not make for myself an idol in any form. “不可为自己做偶像，也不可做天上、地下和地底下水中各物的形象。 “‘你不可为自己做偶像，也不可做天上、地下和地底下水中各物的形象。 (Exodus 20:4; Deuteronomy 5:8)

I shall not take the name of the Lord my God in vain, for the Lord will not hold anyone guiltless who misuses His name. “不可妄称耶和华你　神的名，因为妄称耶和华的名的，耶和华必不以他为无罪。 “‘不可妄称耶和华你　神的名，因为妄称耶和华的名的，耶和华必不以他为无罪。 (Exodus 20:7; Deuteronomy 5:11)

I shall not revile God or curse the ruler of my people. “不可咒骂　神，也不可咒诅你人民的领袖。 (Exodus 22:28)

I shall dedicate the best of the firstfruits of God’s provision to the Lord my God. 要把你地上最上好的初熟之物带到耶和华你　神的殿中。不可用山羊羔母的奶去煮山羊羔。 (Exodus 23:19)

You are the Lord my God; I will consecrate myself and be holy, because You are holy. You are the Lord who brought Your people up out of Egypt to be their God; therefore I will be holy, because You are holy. 因为我是耶和华你们的　神，所以你们要使自己成为圣洁。你们要分别为圣，因为我是圣洁的。你们不可因在地上爬行的任何动物玷污自己，  因为我是耶和华，曾把你们从埃及地领上来，为要作你们的　神；你们要分别为圣，因为我是圣洁的。” (Leviticus 11:44-45; 19:2)

I shall not swear falsely by Your name and so profane the name of my God; You are the Lord. 不可奉我的名起假誓，亵渎你　神的名；我是耶和华。 (Leviticus 19:12)

I shall consecrate myself and be holy, because You are the Lord my God. I shall keep Your statutes and practice them; You are the Lord who sanctifies me. 所以你们要使自己成为圣洁。你们要分别为圣，因为我是耶和华你们的　神。  你们要谨守遵行我的律例，我是使你们分别为圣的耶和华。 (Leviticus 20:7-8)

I shall be holy to You, for You the Lord are holy, and You have set me apart to be Your own. 你们要归我为圣，因为我耶和华是圣洁的，我把你们从万民中分别出来，使你们归我。 (Leviticus 20:26)

I will not let Your word depart from my mouth, but I will meditate on it day and night, so that I may be careful to do according to all that is written in it; for then I will make my way prosperous, and I will act wisely. 这律法书不可离开你的口，要昼夜默诵，好使你谨守遵行书中所记的一切；这样，你的道路就必顺利，你必一路亨通。 (Joshua 1:8)

As for me and my household, we will serve the Lord. 如果你们认为事奉耶和华不好，那么今日你们就可以选择你们所要事奉的：是你们列祖在大河那边事奉的神呢，还是你们现在所住亚摩利人之地的神呢？至于我和父家，我们必事奉耶和华。” (Joshua 24:15)

Far be it from me that I should forsake the Lord to serve other gods. 众民回答：“我们绝对不会离弃耶和华，去事奉别的神； (Joshua 24:16)

I will not turn aside from following the Lord, but I will serve the Lord with all my heart. 撒母耳对人民说：“不要惧怕！虽然你们行了这一切恶事，只是不可偏离不跟随耶和华，总要一心事奉他。 (1 Samuel 12:20)

I will fear the Lord and serve Him in truth with all my heart, for I consider what great things He has done for me. 你们只要敬畏耶和华，诚实全心事奉他，因为你们已经看过他为你们所作的是何等大的事。 (1 Samuel 12:24)

I will not turn my heart away from the Lord, the God of Israel, but I will keep what the Lord has commanded. 耶和华向所罗门发怒，因为他的心偏离了曾经两次向他显现的耶和华以色列的　神。  耶和华为了这事曾经吩咐他，不可随从别的神，可是他没有遵守耶和华吩咐的。 (1 Kings 11:9-10)

I will not forget the covenant You have made with me, nor will I worship other gods. But I will fear the Lord my God; it is He who will deliver me from the hand of all my enemies. 他和你们所立的约你们不可忘记，不要崇敬别的神。  但要敬畏耶和华你们的　神，他必救你们脱离所有仇敌的手。” (2 Kings 17:38-39)

I want to remove the places of idolatry from my life, and like Asa, I want my heart to be fully committed to God all my days. 只是邱坛还没有从以色列中除掉，但亚撒的心一生都完全忠于耶和华。 (2 Chronicles 15:17)

Like Jehoshaphat, I want my heart to take delight in the ways of the Lord and to remove the places of idolatry from my life. 他勇敢地遵行耶和华的道路，并且从犹大地中除掉邱坛和亚舍拉。 (2 Chronicles 17:6)

I shall act in the fear of the Lord, faithfully and with a loyal heart. 约沙法吩咐他们说：“你们要以敬畏耶和华的心，忠心和尽心办事。 (2 Chronicles 19:9)

Naked I came from my mother’s womb, and naked I will depart. The Lord gives, and the Lord takes away; blessed be the name of the Lord. 说：“我赤身出于母胎，也必赤身归去。赏赐的是耶和华，收回的也是耶和华；耶和华的名是应当称颂的。” (Job 1:21)

Though He slay me, yet will I hope in God. 他必杀我，我没有指望了，我必在他面前辩明我所行的； (Job 13:15)

I will not forget the God of my salvation; I will remember the Rock of my refuge. 因为你忘记了那拯救你的　神，又不记念那作你避难所的磐石，所以你虽然栽下佳美的树秧子，种下异种的幼苗， (Isaiah 17:10)

By Your grace I will not forsake You, the fountain of living waters, to dig my own cisterns, broken cisterns that can hold no water. “因为我的子民作了两件恶事，就是离弃了我这活水的泉源，为自己凿了池子，是破裂不能存水的池子。 (Jeremiah 2:13)

I will return to my God, maintain mercy and justice, and wait on my God continually. 所以你要靠着你的　神归回，谨守忠信和公平，常常等候你的　神。 (Hosea 12:6)

I shall worship the Lord my God, and serve Him only. 但耶稣说：“撒但，走开！经上记着：‘当拜主你的　神，单要事奉他。’” (Matthew 4:10)

He who does not take his cross and follow after You is not worthy of You. He who finds his life will lose it, and he who loses his life for Your sake will find it. 凡不背起自己的十字架来跟从我的，也不配作属我的。  顾惜自己生命的，必要丧掉生命；但为我牺牲生命的，必要得着生命。 (Matthew 10:38-39)

The kingdom of heaven is like treasure hidden in a field, which a man found and hid; and from his joy, he went and sold all he had and bought that field. Again, the kingdom of heaven is like a merchant looking for fine pearls; and finding one pearl of great value, he went away and sold all that he had and bought it. “天国好像藏在田里的宝贝，有人发现了，就把它藏起来，高高兴兴地离去，变卖了他的一切，来买那田地。  “天国好像一个商人，搜罗宝贵的珍珠。  他发现了一颗极贵重的珍珠，就离去，变卖了他的一切，来买那颗珍珠。 (Matthew 13:44-46)

If anyone wishes to come after You, he must deny himself and take up his cross and follow You. For whoever wants to save his life will lose it, but whoever loses his life for Your sake and the gospel’s will find it. For what is a man profited if he gains the whole world, yet forfeits his soul? Or what will a man give in exchange for his soul? 于是耶稣对门徒说：“如果有人愿意跟从我，就当舍己，背起他的十字架来跟从我。  凡是想救自己生命的，必丧掉生命；但为我牺牲生命的，必得着生命。  人若赚得全世界，却赔上自己的生命，有什么好处呢？人还能用什么换回自己的生命呢？ 于是把众人和门徒都叫过来，对他们说：“如果有人愿意跟从我，就应当舍己，背起他的十字架来跟从我。  凡是想救自己生命的，必丧掉生命；但为我和福音牺牲生命的，必救了生命。  人就是赚得全世界，却赔上自己的生命，有什么好处呢？  人还能用什么换回自己的生命呢？ 耶稣又对众人说：“如果有人愿意跟从我，就当舍己，天天背起他的十字架来跟从我。  凡是想救自己生命的，必丧掉生命；但为我牺牲自己生命的，必救了生命。  人若赚得全世界，却丧失自己，或赔上自己，有什么好处呢？ (Matthew 16:24-26; Mark 8:34-37; Luke 9:23-25)

Many who are first will be last, and the last first. 然而许多在前的将要在后，在后的将要在前。” 然而许多在前的将要在后，在后的将要在前。” (Matthew 19:30; Mark 10:31)

Whoever wishes to become great among others must become their servant, and whoever wishes to be first among them must be their slave. 但你们中间却不要这样；谁想在你们中间成为大的，就要作你们的仆役；  谁想在你们中间为首的，就要作你们的奴仆。 (Matthew 20:26-27; Mark 10:43-44)

Who is the faithful and wise servant, whom the master has put in charge of his household to give them their food at the proper time? Blessed is that servant whom his master finds so doing when he comes. “谁是忠心和精明的仆人，被主人指派管理全家，按时分派粮食的呢？  主人来到，看见他这样作，那仆人就有福了。 (Matthew 24:45-46)

By Your grace, I want to hear the words, “Well done, good and faithful servant; you have been faithful with a few things; I will put you in charge of many things. Enter into the joy of your Lord.” 主人对他说：‘又良善又忠心的仆人哪，你作得好！你既然在不多的事上忠心，我要派你管理许多的事。进来，享受你主人的快乐吧！’ (Matthew 25:21)

If anyone wants to be first, he must be the last of all and the servant of all. 耶稣坐下，叫十二门徒来，对他们说：“谁想为首，就该作众人中最末的一个，作众人的仆人。” (Mark 9:35)

Whoever receives a little child in Your name receives You, and whoever receives You receives Him who sent You. For he who is least among us all is the one who is great. 对他们说：“凡因我的名接待这小孩子的，就是接待我；凡接待我的，就是接待那差我来的。谁是你们中间最小的，那人就是最大的。” (Luke 9:48)

From everyone who has been given much, much will be required, and from the one who has been entrusted with much, much more will be asked. 但那不知道的，虽然作了该受责打的事，也必少受责打。多给谁就向谁多取，多托谁就向谁多要。 (Luke 12:48)

Whoever does not count the cost and renounce all his possessions cannot be Your disciple. 你们当中有谁要盖一座楼，不先坐下计算费用，能不能盖成呢？  这样，你们中间不论谁，如果不撇下一切所有的，就不能作我的门徒。 (Luke 14:28, 33)

Whoever seeks to keep his life will lose it, and whoever loses his life will preserve it. 凡是想保全生命的，必丧掉生命；凡是牺牲生命的，却必保全生命。 (Luke 17:33)

The greatest among us should be like the youngest, and the one who rules like the one who serves. For who is greater, the one who is at the table or the one who serves? Is it not the one who is at the table? But Jesus came among us as the One who serves. 但你们却不要这样；你们中间最大的，应当像最小的；作首领的，应当像服事人的。  哪一个大呢？是坐着吃喝的还是服事人的呢？不是坐着吃喝的吗？然而我在你们中间，如同服事人的。 (Luke 22:26-27)

Christ must increase; I must decrease. 他必兴旺，我必衰微。 (John 3:30)

Like Jesus, my food is to do the will of Him who sent me and to accomplish His work. 耶稣说：“我的食物就是遵行差我来者的旨意，并且完成他的工作。 (John 4:34)

Unless a grain of wheat falls to the ground and dies, it remains alone. But if it dies, it bears much fruit. The one who loves his life will lose it, and the one who hates his life in this world will keep it for eternal life. 我实实在在告诉你们，一粒麦子若不落在地里死了，仍旧是一粒；如果死了，就结出许多果实来。  爱惜自己生命的，就丧掉生命；在这世上恨恶自己生命的，必会保全生命到永远。 (John 12:24-25)

If anyone serves You, he must follow You; and where You are, Your servant also will be. If anyone serves You, the Father will honor him. 如果有人服事我，就应当跟从我；我在哪里，服事我的人也会在哪里；如果有人服事我，我父必尊重他。 (John 12:26)

I am not of the world, even as Jesus is not of the world. 他们不属于这世界，像我不属于这世界一样。 (John 17:16)

I want the name of the Lord Jesus to be magnified in my life. 所有住在以弗所的犹太人和希腊人，都知道这件事；大家都惧怕，尊主耶稣的名为大。 (Acts 19:17)

I do not consider my life dear to me, if only I may finish my course and the ministry which I received from the Lord Jesus, to testify to the gospel of the grace of God. 但我并不珍惜自己的性命，只求跑完我的路程，完成我从主耶稣所领受的职分，为　神恩惠的福音作见证。 (Acts 20:24)

I am committed to God and to the word of His grace, which is able to build me up and give me an inheritance among all those who are sanctified. 现在我把你们交托给　神和他恩惠的道；这道能建立你们，也能在所有成圣的人中赐基业给你们。 (Acts 20:32)

I will not let sin reign in my mortal body that I should obey its lusts. Nor will I present the members of my body to sin, as instruments of wickedness, but I will present myself to God as one who is alive from the dead and my members as instruments of righteousness to God. 所以，不要容罪在你们必死的肉身上掌权，使你们顺从肉身的私欲，  也不要把你们的肢体献给罪，作不义的用具；倒要像出死得生的人，把自己献给　神，并且把你们的肢体献给　神作义的用具。 (Romans 6:12-13)

In view of God’s mercy, I present my body as a living sacrifice, holy and pleasing to God, which is my reasonable service. 所以弟兄们，我凭着　神的仁慈劝你们，要把身体献上，作圣洁而蒙　神悦纳的活祭；这是你们理所当然的事奉。 (Romans 12:1)

As a servant of Christ and a steward of His possessions, it is required that I be found faithful. 这样，人应该把我们看作基督的仆人，　神奥秘的事的管家。  对于管家的要求，就是要他忠心。 (1 Corinthians 4:1-2)

My body is a temple of the Holy Spirit, who is in me, whom I have from God, and I am not my own. For I was bought at a price; therefore I will glorify God in my body. 你们不知道你们的身体就是那位住在你们里面的圣灵的殿吗？这圣灵是你们从　神那里领受的。你们不是属于自己的，  因为你们是用重价买来的。所以你们务要用自己的身体荣耀　神。 (1 Corinthians 6:19-20)

I will be strong in the Lord and in His mighty power. I will put on the full armor of God, so that I will be able to stand against the schemes of the devil. 最后，你们要靠主的大能大力，在他里面刚强。  要穿戴　神所赐的全副军装，使你们能抵挡魔鬼的诡计。 (Ephesians 6:10-11)

My struggle is not against flesh and blood, but against the rulers, against the authorities, against the world rulers of this darkness, against the spiritual forces of evil in the heavenly realms. Therefore, I will put on the full armor of God, so that I may be able to resist in the day of evil, and having done all, to stand. 因为我们的争战，对抗的不是有血有肉的人，而是执政的、掌权的、管辖这黑暗世界的和天上的邪灵。  所以要穿起　神所赐的全副军装，使你们在这邪恶的时代里可以抵挡得住，并且在作完了一切之后，还能站立得稳。 (Ephesians 6:12-13)

I will stand firm, having girded my waist with truth, having put on the breastplate of righteousness, and having shod my feet with the readiness of the gospel of peace; above all, taking up the shield of faith with which I will be able to quench all the fiery darts of the evil one. I will take the helmet of salvation and the sword of the Spirit, which is the word of God. With all prayer and petition, I will pray always in the Spirit, and to this end I will be watchful with all perseverance and petition for all the saints. 因此，你们要站稳，用真理当带子束腰，披上公义的胸甲，  把和平的福音预备好了，当作鞋子，穿在脚上，  拿起信心的盾牌，用来扑灭那恶者所有的火箭；  并且要戴上救恩的头盔，拿起圣灵的宝剑，就是　神的道，  借着各样的祷告和祈求，随时在圣灵里祈祷，并且要在这事上恒久警醒，为众圣徒祈求。 (Ephesians 6:14-18)

As an obedient child, I will not conform myself to the former lusts I had when I lived in ignorance, but as He who called me is holy, so I will be holy in all my conduct, because it is written: “You shall be holy, for I am holy.” 你们既是顺服的儿女，就不要再效法从前无知的时候放纵私欲的生活。  那召你们的既是圣洁的，你们在一切所行的事上也要圣洁。  因为圣经上记着说：“你们要圣洁，因为我是圣洁的。” (1 Peter 1:14-16)

**Responsiveness and Obedience**

Like Noah, I want to do everything just as God commands me. 挪亚就这样作了；　神吩咐他的，他都照样作了。 (Genesis 6:22; 7:5)

I want to follow Abraham’s example of willingness to offer all that I have to You, holding nothing back and trusting in Your character and in Your promises. 　神说：“带着你的儿子，就是你所爱的独生子以撒，到摩利亚地去，在我所要指示你的一座山上，把他献为燔祭。”  亚伯拉罕清早起来，预备好了驴，带着两个童仆和自己的儿子以撒，也劈好了献燔祭用的柴，就起程到　神指示他的地方去。  第三日，亚伯拉罕举目观望，远远地看见了那地方。  亚伯拉罕对他的童仆说：“你们和驴留在这里，我与孩子要到那边去敬拜，然后回到你们这里来。”  亚伯拉罕把献燔祭的柴，放在他儿子以撒的身上，自己手里拿着火与刀。他们二人一起向前走的时候，  以撒问他父亲亚伯拉罕说：“爸爸！”亚伯拉罕回答：“我儿！有什么事？”以撒说：“你看，火与柴都有了，可是献燔祭用的羊羔在哪里呢？”  亚伯拉罕回答：“我儿，　神自己必亲自预备献燔祭用的羊羔。”于是二人继续一起前行。  他们到了　神指示的地方，亚伯拉罕就在那里筑了一座祭坛，摆好了柴，捆绑了自己的儿子以撒，就把他放在祭坛的柴上。  亚伯拉罕伸手拿刀，要宰杀自己的儿子的时候，  耶和华的使者从天上呼叫亚伯拉罕，说：“亚伯拉罕，亚伯拉罕！”亚伯拉罕回答：“我在这里。” (Genesis 22:2-11)

I want to listen carefully to the voice of the Lord my God and do what is right in His sight; I want to pay attention to His commandments and keep all His statutes. 耶和华又说：“如果你留意听耶和华你　神的声音，行他眼中看为正的事，侧耳听他的诫命，遵守他的一切律例；这样，我决不把加在埃及人身上的一切疾病加在你们身上，因为我是医治你的耶和华。” (Exodus 15:26)

Like Moses, I wish to do according to all that the Lord commands me. 这一切工作，耶和华怎样吩咐摩西，以色列人就怎样作。 (Exodus 39:42; 40:16)

By Your grace, I want to observe Your judgments and keep Your statutes, to walk in them; You are the Lord my God. I will keep Your statutes and Your judgments, by which a man may live if he does them; You are the Lord. 你们要遵行我的典章，谨守我的律例，要遵照奉行；我是耶和华你们的　神。  所以你们要谨守我的律例和典章；人应该遵行这些，按照它们生活，我是耶和华。 (Leviticus 18:4-5)

I will observe all Your statutes and all Your judgments and follow them; You are the Lord. 你们要谨守遵行我的一切律例和一切典章；我是耶和华。” (Leviticus 19:37)

I will keep Your statutes and Your commandments. I will be careful to do as the Lord my God has commanded me; I will not turn aside to the right or to the left. 你要遵守我今日吩咐你的律例和诫命，使你和你的子孙得享福乐，也使你在耶和华你的　神赐给你的那地上得享长寿。” (Deuteronomy 4:40; 5:32)

I will keep the commandments of the Lord my God, to walk in His ways and to fear Him. I will follow the Lord my God and fear Him; I will keep His commandments, hear His voice, serve Him, and hold fast to Him. 所以你要谨守耶和华你的　神的诫命，遵行他的道路，敬畏他。 (Deuteronomy 8:6; 13:4)

The word is very near me; it is in my mouth and in my heart, so that I may obey it. 其实这话离你很近，就在你口里，也在你心里，使你可以遵行。 (Deuteronomy 30:14)

You will honor those who honor You, but those who despise You will be disdained. 因此，耶和华以色列的　神说：‘我曾说：你的家和你的父家，必永远行在我面前。’现在耶和华却说：‘我决不容你们这样行了，因为尊重我的，我必尊重他；藐视我的，必受到轻视。 (1 Samuel 2:30)

Has the Lord as much delight in burnt offerings and sacrifices as in obeying the voice of the Lord? To obey is better than sacrifice, and to heed is better than the fat of rams. For rebellion is like the sin of divination, and stubbornness is as iniquity and idolatry. 撒母耳说：“耶和华喜悦燔祭和平安祭，岂像喜悦人听从耶和华的话呢？听从胜过献祭，听命胜过公羊的脂油。  因为悖逆与行邪术的罪相同，顽梗与拜虚无偶像一样，因为你弃绝了耶和华的话，耶和华也弃绝了你作王。” (1 Samuel 15:22-23)

Like Josiah, I want to do what is right in the sight of the Lord and walk in all the ways of David, not turning aside to the right or to the left. 约西亚登基的时候只有八岁。他在耶路撒冷作王共三十一年。他母亲名叫耶底大，是亚大雅的女儿，来自波斯加。  他行耶和华看为正的事，跟随他祖宗大卫所行的一切道路，不偏左右。 (2 Kings 22:1-2)

Like Asa, I want to do what is good and right in the sight of the Lord my God. 亚撒行耶和华他的　神看为善为正的事。（本节在《马索拉抄本》为14:1） (2 Chronicles 14:2)

I do not want to transgress the commandments of the Lord, for I cannot prosper in disobedience. I will not forsake the Lord. 那时，　神的灵临到耶何耶大祭司的儿子撒迦利亚身上，他就站在众民的面前，对他们说：“　神这样说：‘你们为什么违背耶和华的诫命，使你们不得亨通呢？因为你们离弃了耶和华，所以耶和华也离弃你们。’” (2 Chronicles 24:20)

In my distress I will seek the favor of the Lord my God, and humble myself greatly before the God of my fathers, for I know that the Lord is God. 玛拿西在急难的时候，就恳求耶和华他的　神，并且在他列祖的　神面前非常谦卑。  他向耶和华祷告，耶和华应允他的恳求，垂听他的祈求，使他归回耶路撒冷，恢复他的王位。玛拿西这才知道只有耶和华是　神。 (2 Chronicles 33:12-13)

Like Josiah, I want a tender and responsive heart, so that I will humble myself before God when I hear His word. 因为你听了我指着这地方和这里的居民所说的话，就心里感动，在　神面前谦卑；你既然在我的面前谦卑，又撕裂衣服，在我的面前哭泣，所以我就垂听你的祷告；这是耶和华的宣告。 (2 Chronicles 34:27)

I will serve the Lord with fear and rejoice with trembling. (Psalm 2:11)

Blessed are those whose ways are blameless, who walk in the law of the Lord. Blessed are those who keep His testimonies and seek Him with all their heart. 行为完全，遵行耶和华律法的，都是有福的。  谨守他的法度，全心寻求他的，都是有福的。 (Psalm 119:1-2)

I will incline my ear and come to You; I will hear You, that my soul may live. 你们要侧耳而听，要到我这里来；你们要听，就可以存活；我必与你们立永远的约，就是应许赐给大卫的那确实的慈爱。 (Isaiah 55:3)

Everyone who hears Your words and does them is like a wise man who built his house on the rock. “所以，凡听见我这些话又遵行的，就像聪明的人，把自己的房子盖在磐石上。 (Matthew 7:24)

I do not want to be like those rocky places on whom seed was thrown, who hear the word and at once receive it with joy, but since they have no root, last only a short time; when affliction or persecution comes because of the word, they quickly fall away. Nor do I want to be like those among the thorns on whom seed was sown, who hear the word, but the worries of this world, the deceitfulness of riches and pleasures, and the desires for other things come in and choke the word, making it immature and unfruitful. Instead, I want to be like the good soil on whom seed was sown, who with a noble and good heart hear the word, understand and accept it, and with perseverance bear fruit, yielding thirty, sixty, or a hundred times what was sown. 那撒在石地上的，就是人听了道，立刻欢欢喜喜地接受，  可是他里面没有根，只是暂时的；一旦为道遭遇患难，受到迫害，就立刻跌倒了。  那撒在荆棘里的，就是人听了道，有今世的忧虑和财富的迷惑把道挤住，结不出果实来。  那撒在好土里的，就是人听了道，又明白了，结出果实来，有一百倍的，有六十倍的，有三十倍的。” 照样，那撒在石地上的，就是人听了道，立刻欢欢喜喜地接受了；  可是他们里面没有根，只是暂时的；一旦为道遭遇患难，受到迫害，就立刻跌倒了。  那撒在荆棘里的，是指另一些人；他们听了道，  然而今世的忧虑、财富的迷惑，以及种种的欲望，接连进来，把道挤住，就结不出果实来。  那撒在好土里的，就是人听了道，接受了，并且结出果实，有三十倍的、有六十倍的、有一百倍的。” 那落在石头地上的，就是人听了，欢欢喜喜地接受，但是没有根，不过是暂时相信，一旦遭遇试炼，就倒退了。  那落在荆棘里的，就是人听了，走开以后，被今世的忧虑、财富和宴乐挤住了，结不出成熟的子粒来。  但那落在好土里的，就是人用诚实良善的心来听，把道持守住，忍耐着结出果实。 (Matthew 13:20-23; Mark 4:16-20; Luke 8:13-15)

I want to be righteous before God, walking blamelessly in all the commandments and ordinances of the Lord. 他们在　神面前都是义人，遵行主的一切诫命规条，无可指摘， (Luke 1:6)

I desire not only to call You Lord but to do what You say. By Your grace, I will come to You, hear Your words, and put them into practice. Then I will be like a man building a house, who dug down deep and laid the foundation on rock, and when a flood came, the torrent struck that house but could not shake it, because it was well built. “你们为什么称呼我‘主啊！主啊！’却不遵行我的吩咐呢？  每一个到我跟前，听我的话并且去行的，我要指示你们他像什么人。  他像一个人建造房屋，挖深了地，把根基建在磐石上。大水泛滥的时候，急流冲击那房屋，不能使它动摇，因为它建造得好。 (Luke 6:46-48)

When I have done all the things which are commanded me, I should realize that I am an unworthy servant; I have only done what I ought to have done. 你们也是这样，作完一切吩咐你们的事，应该说：‘我们是无用的仆人，我们只作了应分作的。’” (Luke 17:10)

I am willing to do God’s will. 人若愿意遵行　神的旨意，就会知道这教训是出于　神，还是我凭着自己的意思说的。 (John 7:17)

I must do the work of Him who sent me while it is day; night is coming, when no one can work. 趁着白昼，我们必须作那差我来者的工；黑夜一到，就没有人能作工了。 (John 9:4)

Since I love You, I will obey Your commandments. “如果你们爱我，就要遵守我的命令。 (John 14:15)

He who has Your commandments and obeys them, he is the one who loves You; and he who loves You will be loved by Your Father, and You will love him and manifest Yourself to him. 那领受我的命令，并且遵守的，就是爱我的；爱我的，我父必定爱他，我也要爱他，并且要亲自向他显现。” (John 14:21)

If anyone loves You, he will keep Your word; and Your Father will love him, and You and Your Father will come to him and make Your home with him. 耶稣回答：“人若爱我，就要遵守我的话，我父必定爱他，并且我们要到他那里去，跟他住在一起。 (John 14:23)

By this is Your Father glorified, that I bear much fruit, showing myself to be Your disciple. 这样，你们结出很多果子，我父就因此得荣耀，你们也就是我的门徒了。 (John 15:8)

Just as I presented the members of my body as slaves to impurity and to ever-increasing lawlessness, so I now present my members as slaves to righteousness, leading to holiness. 因为你们肉体的弱点，我就按一般人的话来说，你们从前怎样把你们的肢体献给不洁和不法作奴仆，以致于不法，现在也要照样把你们的肢体献给义作奴仆，以致于成圣。 (Romans 6:19)

I want to be a doer of the word and not merely a hearer who deceives himself. For if anyone is a hearer of the word and not a doer, he is like a man who looks at his natural face in a mirror, and after looking at himself, goes away, and immediately forgets what kind of person he was. But the one who looks intently into the perfect law of freedom and continues in it and is not a forgetful hearer but a doer of the word, this one will be blessed in what he does. 你们应该作行道的人，不要单作听道的人，自己欺骗自己；  因为人若只作听道的人，不作行道的人，他就像一个人对着镜子看自己本来的面貌，  看过走开以后，马上就忘记自己的样子。  唯有详细察看那使人自由的全备的律法，并且时常遵守的人，他不是听了就忘记，而是实行出来，就必因自己所作的蒙福。 (James 1:22-25)

**Hope and Reward**

You are my shield, my very great reward. 这些事以后，耶和华的话在异象中临到亚伯兰说：“亚伯兰，你不要惧怕，我是你的盾牌；你的赏赐是很大的。” (Genesis 15:1)

If a man dies, will he live again? All the days of my hard service I will wait for my renewal to come. 人若死了，怎能再活呢？我要在我一切劳苦的日子等待，等到我得释放的时候来到。 (Job 14:14)

I know that my Redeemer lives and that in the end He will stand upon the earth. And after my skin has been destroyed, yet in my flesh I will see God; whom I myself will see and behold with my own eyes and not another. How my heart yearns within me! 我知道我的救赎主活着，最后他必在地上兴起。  我的皮肉遭受毁坏以后，这事就要发生，我必在肉体以外得见　神。  我必见他在我身边，我要亲眼见他，并非外人，我的心肠在我里面渴想极了。 (Job 19:25-27)

As for me, I will see Your face in righteousness; when I awake, I will be satisfied with Your likeness. 至于我，我必在义中得见你的面；我醒来的时候，得见你的形象就心满意足。 (Psalm 17:15)

No one who waits for You will be ashamed, but those who are treacherous without cause will be ashamed. Show me Your ways, O Lord, teach me Your paths; lead me in Your truth and teach me, for You are the God of my salvation, and my hope is in You all day long. 等候你的必不羞愧，但那些无故以诡诈待人的必要羞愧。  耶和华啊！求你把你的道路指示我，求你把你的路径教导我，  求你以你的真理引导我，教训我，因为你是拯救我的　神；我整天等候的就是你。 (Psalm 25:3-5)

I would have lost heart unless I had believed that I would see the goodness of the Lord in the land of the living. I will hope in the Lord and be of good courage, and He will strengthen my heart; yes, I will hope in the Lord. 我还是相信，在活人之地，我可以看见耶和华的恩惠。  你要等候耶和华，要刚强，要坚定你的心，要等候耶和华。 (Psalm 27:13-14)

I will sing praises to the Lord and give thanks at the remembrance of His holy name. For His anger lasts only a moment, but His favor is for a lifetime; weeping may endure for a night, but joy comes in the morning. 耶和华的圣民哪！你们要歌颂耶和华，赞美他的圣名。  因为他的怒气只是短暂的，他的恩惠却是一生一世的；夜间虽然不断有哭泣，早晨却必欢呼。 (Psalm 30:4-5)

My soul waits in hope for the Lord; He is my help and my shield. My heart rejoices in Him, because I trust in His holy name. 我们的心等候耶和华，他是我们的帮助、我们的盾牌。  我们的心因他欢乐，因为我们倚靠他的圣名。 (Psalm 33:20-21)

Why are you downcast, O my soul? Why are you disturbed within me? Hope in God, for I will yet praise Him for the help of His presence. O my God, my soul is downcast within me; therefore I will remember You. Why are you downcast, O my soul? Why are you disturbed within me? Hope in God, for I will yet praise Him, the help of my countenance and my God. 我的心哪！你为什么沮丧呢？为什么在我里面不安呢？应当等候　神；因为我还要称赞他，他是我面前的救助、我的　神。  我的心在我里面沮丧；因此我从约旦地，从黑门岭，从米萨山，记念你。  我的心哪！你为什么沮丧呢？为什么在我里面不安呢？应当等候　神；因为我还要称赞他，他是我面前的救助、我的　神。 (Psalm 42:5-6, 11)

You are my hope, O Lord God; You are my trust from my youth. As for me, I will always have hope; I will praise You more and more. 因为你是我的盼望；主耶和华啊！你是我自幼以来所倚靠的。  至于我，我要常常仰望你，要多多赞美你。 (Psalm 71:5, 14)

You are my hiding place and my shield; I have put my hope in Your word. 你是我的避难所，我的盾牌；我仰望你的话。 (Psalm 119:114)

I wait for the Lord; my soul waits, and in His word I put my hope. I hope in the Lord, for with Him is unfailing love and abundant redemption. 我等候耶和华，我的心等候他，我仰望他的话。  以色列啊！你要仰望耶和华，因为耶和华有慈爱，也有丰盛的救恩。 (Psalm 130:5, 7)

The Lord takes pleasure in those who fear Him, who put their hope in His unfailing love. 耶和华喜悦敬畏他的人，喜悦仰望他慈爱的人。 (Psalm 147:11)

“I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you a future and a hope.” 因我自己知道我为你们所定的计划，是使你们得平安，而不是遭受灾祸的计划；要赐给你们美好的前程和盼望。’这是耶和华的宣告。 (Jeremiah 29:11)

I will watch in hope for the Lord; I will wait for the God of my salvation; my God will hear me. 至于我，我却要仰望耶和华，我要等候那拯救我的　神；我的　神必应允我。 (Micah 7:7)

Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven. Blessed are you when people insult you, persecute you, and falsely say all kinds of evil against you because of Me. Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you. 为义遭受迫害的人有福了，因为天国是他们的。  人若因我的缘故辱骂你们，迫害你们，并且捏造各样坏话毁谤你们，你们就有福了。  你们应该欢喜快乐，因为你们在天上的赏赐是大的；在你们以前的先知，他们也曾这样迫害。 (Matthew 5:10-12)

Everyone who has left houses or brothers or sisters or father or mother or children or fields for Your sake will receive a hundred times as much and will inherit eternal life. 凡为我的名撇下房屋、兄弟、姊妹、父母、儿女或田地的，他必得着百倍，并且承受永生。 (Matthew 19:29)

There is no one who has left house or brothers or sisters or mother or father or children or fields for Your sake and the gospel’s, who will not receive a hundred times as much in this present age—houses, brothers, sisters, mothers, children and fields, along with persecutions—and in the age to come, eternal life. 耶稣说：“我实在告诉你们，人为着我和福音舍弃了房屋、弟兄、姊妹、母亲、父亲、儿女、田地，  没有不在今生得百倍──就是房屋、弟兄、姊妹、母亲、儿女、田地，同时要受迫害──在来世还要得永生。 (Mark 10:29-30)

I have hope in God, that there will be a resurrection of both the righteous and the wicked. In view of this, I strive always to keep my conscience blameless before God and men. 我靠着　神所存的盼望，也是他们自己所期待的，就是义人和不义的人都要复活；  因此，我常常勉励自己，对　神对人要常存无亏的良心。 (Acts 24:15-16)

I rejoice in my tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. And hope does not disappoint, because the love of God has been poured out into my heart through the Holy Spirit who was given to me. 不但这样，我们更以患难为荣；知道患难产生忍耐，  忍耐产生毅力，毅力产生盼望；  盼望是不会令人蒙羞的，因为　神借着所赐给我们的圣灵，把他的爱浇灌在我们的心里。 (Romans 5:3-5)

Since I am a child of God, I am an heir of God and a joint heir with Christ, if indeed I share in His sufferings in order that I may also share in His glory. For I consider that the sufferings of this present time are not worth comparing with the glory that will be revealed to me. 既然是儿女，就是后嗣；是　神的后嗣，也和基督一同作后嗣。我们既然和他一同受苦，就必和他一同得荣耀。  我看现在的苦难，与将要向我们显出的荣耀，是无法相比的。 (Romans 8:17-18)

Having the firstfruits of the Spirit, I groan inwardly as I wait eagerly for my adoption, the redemption of my body. For in hope I have been saved, but hope that is seen is not hope; for who hopes for what he sees? But if I hope for what I do not yet see, I eagerly wait for it with perseverance. 不但这样，连我们这些有圣灵作为初熟果子的人，自己也在内心叹息，热切期待成为嗣子，就是我们的身体得赎。  我们得救时就存着这盼望；但是看得见的盼望不是盼望，因为谁会盼望自己看见了的呢？  但如果我们盼望没有看见的，就会耐心地热切期待。 (Romans 8:23-25)

Whatever things were written in the past were written for our learning, so that through endurance and the encouragement of the Scriptures we might have hope. 从前经上所写的，都是为教训我们而写的，好使我们借着忍耐和圣经中的安慰得着盼望。 (Romans 15:4)

The God of hope will fill me with all joy and peace as I trust in Him, so that I may overflow with hope by the power of the Holy Spirit. 愿那赐盼望的　神，因着你们的信，把一切喜乐平安充满你们，使你们靠着圣灵的大能满有盼望。 (Romans 15:13)

Eye has not seen, ear has not heard, nor have entered the heart of man the things that God has prepared for those who love Him. 正如经上所记：“　神为爱他的人所预备的，是眼睛未曾见过，耳朵未曾听过，人心也未曾想到的。” (1 Corinthians 2:9)

I will judge nothing before the time, until the Lord comes, who will bring to light what is hidden in darkness and will expose the motives of men’s hearts; and then each one’s praise will come from God. 所以时候还没有到，你们不要批评，直等到主来；他要照出黑暗中的隐情，显明人心里的动机。那时，各人要从　神那里得着称赞。 (1 Corinthians 4:5)

God both raised the Lord and will also raise me up through His power. 　神不但使主复活了，也要用他的能力使我们复活。 (1 Corinthians 6:14)

Now I see dimly, as in a mirror, but then I shall see face to face. Now I know in part, but then I shall know fully, even as I am fully known. 我们现在是对着镜子观看，模糊不清，到那时就要面对面了。我现在所知道的只是一部分，到那时就完全知道了，好像主完全知道我一样。 (1 Corinthians 13:12)

Since God has made me adequate as a minister of the new covenant, as I have received mercy, I do not lose heart. 他使我们有资格作新约的仆役，这新约不是从仪文来的，而是从圣灵来的；因为仪文会使人死，而圣灵却使人活。   所以，我们既然蒙了怜悯，得着这职分，就不沮丧， (2 Corinthians 3:6, 4:1)

I know that He who raised the Lord Jesus will also raise me with Jesus and present me in His presence. 因为知道那使主耶稣复活的，也必定使我们与耶稣一同复活，并且把我们和你们呈献在他的面前。 (2 Corinthians 4:14)

I do not lose heart; even though my outward man is perishing, yet my inner man is being renewed day by day. For this light affliction which is momentary is working for me a far more exceeding and eternal weight of glory, while I do not look at the things which are seen but at the things which are unseen. For the things which are seen are temporary, but the things which are unseen are eternal. (2 Corinthians 4:16-18)

I know that if my earthly house, or tent, is destroyed, I have a building from God, a house not made with hands, eternal in the heavens. For in this house I groan, longing to be clothed with my heavenly dwelling, because when I am clothed, I will not be found naked. For while I am in this tent, I groan, being burdened, because I do not want to be unclothed but to be clothed, so that what is mortal may be swallowed up by life. Now it is God who has made me for this very purpose and has given me the Spirit as a guarantee. 我们知道，如果我们在地上的帐棚拆毁了，我们必得着从　神而来的居所。那不是人手所造的，而是天上永存的房屋。  我们现今在这帐棚里面叹息，渴望迁到那天上的住处，好像换上新的衣服；  如果穿上了，就不会赤身出现了。  我们这些在帐棚里面的人，劳苦叹息，是由于不愿意脱去这个，却愿意穿上那个，使这必死的被生命吞灭。  那在我们身上完成了工作，使我们达成这目标的，就是　神。他已经把圣灵赐给我们作凭据。 (2 Corinthians 5:1-5)

I make it my ambition to please the Lord, whether I am at home in the body or away from it. For we must all appear before the judgment seat of Christ, that each one may receive what is due for the things done while in the body, whether good or bad. 因此，我们立定志向，无论住在身内或是与身体分开，都要讨主的喜悦。  因为我们众人都必须在基督的审判台前显露出来，使各人按着本身所行的，或善或恶，受到报应。 (2 Corinthians 5:9-10)

Through the Spirit, by faith, I eagerly await the righteousness for which I hope. 我们靠着圣灵，凭着信，热切等候所盼望的义。 (Galatians 5:5)

I have not been made perfect, but I press on to lay hold of that for which Christ Jesus also laid hold of me. I do not consider myself yet to have attained it, but one thing I do: forgetting what is behind and stretching forward to what is ahead, I press on toward the goal to win the prize of the upward call of God in Christ Jesus. 这并不是说我已经得着了，已经完全了，而是竭力追求，好使我可以得着基督耶稣要我得着的。  弟兄们，我不以为自己已经得着了，我只有一件事，就是忘记背后，努力面前，  向着目标竭力追求，为要得着　神在基督耶稣里召我往上去得的奖赏。 (Philippians 3:12-14)

My citizenship is in heaven, from which I also eagerly await a Savior, the Lord Jesus Christ, who will transform my lowly body and conform it to His glorious body, according to the exertion of His ability to subject all things to Himself. (Philippians 3:20-21)

My faith in Christ Jesus and love for all the saints spring from the hope that is stored up for me in heaven, of which I have heard in the word of truth, the gospel. 因为听见你们在基督耶稣里的信心，和对众圣徒的爱心。  这都是由于那给你们存在天上的盼望，这盼望是你们从前在福音真理的道上听过的。 (Colossians 1:4-5)

I desire that the God of peace Himself will sanctify me completely, and that my whole spirit, soul, and body will be preserved blameless at the coming of my Lord Jesus Christ. He who calls me is faithful, who also will do it. 愿赐平安的　神亲自使你们完全成圣，又愿你们整个人：灵、魂和身体都得蒙保守，在我们的主耶稣基督再来的时候，无可指摘。  那呼召你们的是信实的，他必成就这事。 (1 Thessalonians 5:23-24)

I have been called by God my Savior, and Christ Jesus is my hope. 奉我们的救主　神，和我们的盼望基督耶稣的命令，作基督耶稣使徒的保罗， (1 Timothy 1:1)

I have set my hope on the living God, who is the Savior of all men, especially of those who believe. 我们也是为这缘故劳苦努力，因为我们的盼望在于永活的　神。他是万人的救主，更是信徒的救主。 (1 Timothy 4:10)

Those who are rich in this present world should not be arrogant or set their hope on the uncertainty of riches but on God, who richly provides us with everything for our enjoyment. They should do good, be rich in good works, and be generous and willing to share. In this way they will lay up treasure for themselves as a firm foundation for the future, so that they may lay hold of true life. 你要嘱咐那些今世富有的人，叫他们不要心高气傲，也不要寄望在浮动的财富上，却要仰望那厚赐百物给我们享用的　神。  又要嘱咐他们行善，在善事上富足，慷慨好施。  这样，就为自己在来世积聚财富，作美好的基础，好叫他们能够得着那真正的生命。 (1 Timothy 6:17-19)

The Lord will deliver me from every evil work and will bring me safely to His heavenly kingdom. To Him be glory forever and ever. 主必救我脱离一切邪恶的事，也必救我进入他天上的国。愿荣耀归给他，直到永永远远。阿们。 (2 Timothy 4:18)

My hope in God is an anchor of my soul, both sure and steadfast, and it enters the inner sanctuary behind the veil, where Jesus the forerunner has entered on my behalf, having become a high priest forever, according to the order of Melchizedek. 我们有这盼望，就像灵魂的锚，又稳当又坚固，通过幔子直进到里面。  耶稣已经为我们作先锋进入了幔子里面；他是照着麦基洗德的体系，成了永远的大祭司。 (Hebrews 6:19-20)

I will hold fast the confession of my hope, for He who promised is faithful. 又应该坚持我们所宣认的盼望，毫不动摇，因为那应许我们的是信实的。 (Hebrews 10:23)

Like Abraham, I am looking for a city which has foundations, whose architect and builder is God. 因为他等待那座有根基的城，就是　神所设计所建造的。 (Hebrews 11:10)

By God’s grace I want to live to the end in faith, knowing that I will not receive the promises on earth, but seeing them and welcoming them from a distance, I confess that I am a stranger and a pilgrim on the earth. Instead, I long for a better country, a heavenly one. In this way, God will not be ashamed to be called my God, for He has prepared a city for me. Like Moses, I esteem reproach for the sake of Christ as of greater value than the treasures of this world, because I am looking to the reward. 这些人都是存着信心死了的，还没有得着所应许的，只不过是从远处看见，就表示欢迎，又承认他们在世上是异乡人，是客旅。  但是现在他们所向往的，是一个更美的、在天上的家乡。所以，　神不以他们称他为　神而觉得羞耻；因为他已经为他们预备了一座城。  在他看来，为着基督受的凌辱，比埃及的财物更宝贵，因为他注视将来的赏赐。 (Hebrews 11:13, 16, 26)

Here I do not have an enduring city, but I am seeking the city that is to come. 因为在这里我们没有长存的城，我们却是寻求那将要来的城。 (Hebrews 13:14)

Blessed be the God and Father of my Lord Jesus Christ, who according to His great mercy has given me new birth into a living hope through the resurrection of Jesus Christ from the dead, and into an inheritance that is incorruptible and undefiled and unfading, reserved in heaven for me. 我们主耶稣基督的父　神是应当称颂的。他照着自己的大怜悯，借着耶稣基督从死人中复活，重生了我们，使我们有永活的盼望，  可以得着不能朽坏、不能玷污、不能衰残，为你们存留在天上的基业， (1 Peter 1:3-4)

Now I am a child of God, and what I shall be has not yet been revealed. I know that when He is revealed, I shall be like Him, for I shall see Him as He is. And everyone who has this hope in Him purifies himself, just as He is pure. 亲爱的，现在我们是　神的儿女，将来怎样，还没有显明；然而我们知道：主若显现，我们必要像他，因为我们必要看见他本来是怎样的。  凡对他存着这盼望的，就洁净自己，像他一样的洁净。 (1 John 3:2-3)

God is able to keep me from falling and to present me before His glorious presence faultless and with great joy. 愿荣耀、威严、能力、权柄，借着我们的主耶稣基督，从万世以前，及现在，直到永永远远，归给独一的　神我们的救主。他能保守你们不至跌倒，使你们毫无瑕疵，欣然站在他荣光之前。阿们。 (Jude 24)

The character i want

to cultivate

**Godliness and Reverence**

Like Noah, I want to be a righteous person, blameless among the people of my time, and one who walks with God. 以下是挪亚的后代。挪亚是个义人，是当时一个完全人。挪亚和　神同行。 (Genesis 6:9)

I desire to be righteous before You in my generation. 耶和华对挪亚说：“你和你全家都要进入方舟，因为在这世代中，我见只有你在我面前是个义人。 (Genesis 7:1)

I will be careful not to forget the Lord my God by failing to observe His commandments, His ordinances and His statutes. “你要自己谨慎，免得忘记耶和华你的　神，不守他的诫命、典章、律例，就是我今日吩咐你的； (Deuteronomy 8:11)

The Lord rewards every man for his righteousness and faithfulness. 耶和华必按着各人的公义和信实报答他；今天耶和华把你交在我手里，我却不愿伸手伤害耶和华的受膏者。 (1 Samuel 26:23)

The God of Israel spoke, the Rock of Israel said to me: “He who rules over men in righteousness, who rules in the fear of God, is like the light of morning when the sun rises, a morning without clouds, like the tender grass springing out of the earth through the sunshine after rain.” 以色列的　神说，以色列的磐石告诉我：那以公义统治人的，那存敬畏　神的心施行统治的，  他必像旭日升起的光芒，像无云的早晨，像雨后的晴朗，使地长出绿草。 (2 Samuel 23:3-4)

Like Hezekiah, I want to do what is good and right and true before the Lord my God by seeking Him with all my heart. 希西家在犹大全地都这样行，他在耶和华他的　神面前行良善、正直和诚实的事。  他经办的一切事，无论是关于　神殿的事奉，或是关于律法和诫命的遵行，他都寻求他的　神。因为他尽心去行，所以尽都顺利。 (2 Chronicles 31:20-21)

Like Josiah, I desire to do what is right in the sight of the Lord, walking in the ways of David and not turning aside to the right or to the left. 约西亚登基的时候是八岁；他在耶路撒冷作王共三十一年。  他行耶和华看为正的事，效法他先祖大卫所行的，不偏左，也不偏右。 (2 Chronicles 34:1-2)

Like Job, I want to be blameless and upright, fearing God and shunning evil. 乌斯地有一个人，名叫约伯。这人完全、正直，敬畏　神，远离罪恶。 (Job 1:1)

You know the way that I take; when You have tested me, I shall come forth as gold. My feet have held fast to Your steps; I have kept to Your way without turning aside. 可是他知道我所行的道路，他试炼我以后，我必像精金出现。  我的脚紧随他的脚步，我谨守他的道，并不偏离。 (Job 23:10-11)

Men fear You, for You do not regard any who are wise of heart. 因此人人都应该敬畏他；心中自以为有智慧的，他都不看顾。” (Job 37:24)

The Lord knows the way of the righteous, but the way of the wicked will perish. 因为耶和华看顾义人的道路，恶人的道路却必灭亡。 (Psalm 1:6)

I know that the Lord has set apart the godly for Himself; the Lord hears when I call to Him. 你们要知道耶和华已经把虔诚人分别出来，归他自己；我向耶和华呼求的时候，他就垂听。 (Psalm 4:3)

Lord, who may dwell in Your tabernacle? Who may live on Your holy mountain? He who walks uprightly and works righteousness and speaks the truth in his heart; he does not slander with his tongue nor does evil to his neighbor nor takes up a reproach against his friend; he despises the reprobate but honors those who fear the Lord. He keeps his oath even when it hurts, lends his money without interest, and does not accept a bribe against the innocent. He who does these things will never be shaken. 耶和华啊！谁能在你的帐幕里寄居？谁能在你的圣山上居住呢？（本节在《马索拉抄本》包括细字标题）  就是行为完全，作事公义，心里说诚实话的人。  他不以舌头诋毁人，不恶待朋友，也不毁谤他的邻居。  他眼中藐视卑鄙的人，却尊重敬畏耶和华的人。他起了誓，纵然自己吃亏，也不更改。  他不拿自己的银子放债取利，也不收受贿赂陷害无辜；行这些事的人，必永不动摇。 (Psalm 15:1-5)

Who may ascend the hill of the Lord? Who may stand in His holy place? He who has clean hands and a pure heart, who has not lifted up his soul to an idol or sworn by what is false. 谁能登上耶和华的山？谁能站在他的圣所中呢？  就是手洁心清的人，他不倾向虚妄，起誓不怀诡诈。 (Psalm 24:3-4)

Come, my children, listen to me; I will teach you the fear of the Lord. Who is the man who desires life and loves many days that he may see good? Keep your tongue from evil and your lips from speaking guile. Depart from evil and do good; seek peace and pursue it. The eyes of the Lord are on the righteous, and His ears are attentive to their cry. 孩子们！你们要来听我；我要教导你们敬畏耶和华。  谁喜爱生命，爱慕长寿，享受美福，  就要禁止舌头不出恶言，嘴唇不说诡诈的话；  也要离恶行善，寻找并追求和睦。  耶和华的眼睛看顾义人，他的耳朵垂听他们的呼求。 (Psalm 34:11-15)

The mouth of the righteous speaks wisdom, and his tongue speaks what is just. The law of his God is in his heart; his steps do not slide. 义人的口说出智慧，他的舌头讲论正义。  　神的律法在他心里，他的脚步必不滑跌。 (Psalm 37:30-31)

I will not be like the man who did not make God his strength but trusted in the abundance of his wealth and strengthened himself in his evil desires. “看哪！这就是那不以　神为自己保障的人，他只倚靠自己丰盛的财富，以毁灭别人来加强自己的力量。” (Psalm 52:7)

I will be careful to lead a blameless life. I will walk in the integrity of my heart in the midst of my house. I will set no wicked thing before my eyes. I hate the work of those who fall away; it will not cling to me. A perverse heart shall depart from me; I will not know evil. Whoever slanders his neighbor in secret, I will put to silence; I will not endure him who has haughty eyes and a proud heart. My eyes will be on the faithful in the land, that they may dwell with me; he whose walk is blameless will minister to me. No one who practices deceit will dwell in my house; no one who speaks falsely will stand in my presence. 我要小心谨慎行正直的路；你什么时候才到我这里来呢？我要在我的家中，以正直的心行事。  邪恶的事，我都不摆在眼前；离开正路的人所作的事，我都恨恶，决不容这些沾染我。  狡诈的心思，我要远离；邪恶的事，我不参与。  暗中诽谤邻舍的，我必把他灭绝；眼目高傲，心里骄横的，我必不容忍他。  我的眼目必看顾国中的诚实人，使他们与我同住；行为正直的，必要侍候我。  行诡诈的，必不得住在我的家里；说谎话的，必不能在我眼前坚立。 (Psalm 101:2-7)

It is better to take refuge in the Lord than to trust in man. 投靠耶和华，胜过倚靠人。 (Psalm 118:8)

I will praise You with uprightness of heart as I learn Your righteous judgments. 我学会了你公义的法则，就以正直的心称谢你。 (Psalm 119:7)

I have sought You with my whole heart; do not let me stray from Your commands. 我一心寻求你，求你不要容我偏离你的诫命。 (Psalm 119:10)

Direct my footsteps according to Your word, and let no iniquity have dominion over me. 求你用你的话引导我的脚步，不容什么罪孽辖制我。 (Psalm 119:133)

Trouble and anguish have come upon me, but Your commands are my delight. 我遭遇患难和困苦，但你的命令仍是我欢喜的。 (Psalm 119:143)

I rejoice at Your word as one who finds great spoil. I hate and abhor falsehood, but I love Your law. Great peace have they who love Your law, and nothing causes them to stumble. O Lord, I hope for Your salvation, and I follow Your commands. My soul keeps Your testimonies, for I love them greatly. I keep Your precepts and Your testimonies, for all my ways are known to You. 我因你的话语欢喜，像得了许多战利品的人一样。  虚伪是我憎恨厌恶的，你的律法却是我所爱的。  喜爱你律法的必有丰盛的平安，什么都不能绊倒他们。  耶和华啊！我要等候你的救恩，我要遵行你的命令。  我的心谨守你的法度，这些法度是我热爱的。  我谨守你的训词和法度，因我所行的一切都在你面前。 (Psalm 119:162-163, 165-168)

Unless the Lord builds the house, its builders labor in vain. Unless the Lord guards the city, the watchmen stay awake in vain. 如果不是耶和华建造房屋，建造的人就徒然劳苦；如果不是耶和华看守城池，看守的人就徒然警醒。（本节在《马索拉抄本》包括细字标题） (Psalm 127:1)

Blessed is everyone who fears the Lord, who walks in His ways. 敬畏耶和华，遵行他的道的人，是有福的。（本节在《马索拉抄本》包括细字标题） (Psalm 128:1)

Surely the righteous will give thanks to Your name; the upright will dwell in Your presence. 义人必称赞你的名，正直的人必住在你面前。 (Psalm 140:13)

I will honor the Lord with my wealth and with the firstfruits of all my increase. 你要把你的财物，和一切初熟的农作物，敬奉耶和华。 (Proverbs 3:9)

The path of the righteous is like the first gleam of dawn, shining ever brighter until the full light of day. But the way of the wicked is like darkness; they do not know what makes them stumble. 义人的路径却像黎明的曙光，越来越明亮，直到日午。  恶人的道路幽暗，他们不知道自己因什么跌倒。 (Proverbs 4:18-19)

I will let my eyes look straight ahead, and fix my gaze straight before me. I will ponder the path of my feet so that all my ways will be established. I will not turn to the right or to the left but keep my foot from evil. 你双眼要向前正视，你的眼睛要向前直望。  你要谨慎你脚下的路径，你一切所行的就必稳妥。  不可偏左偏右，要使你的脚远离恶事。 (Proverbs 4:25-27)

The ways of a man are before the eyes of the Lord, and He examines all his paths. 因为人的道路都在耶和华眼前，他也审察人的一切路径。 (Proverbs 5:21)

The prospect of the righteous is joyful, but the hopes of the wicked will perish. 义人的盼望使他们喜乐，恶人的希望终必幻灭。 (Proverbs 10:28)

Riches do not profit in the day of wrath, but righteousness delivers from death. 在　神发怒的日子，财物毫无益处；唯有公义能救人脱离死亡。 (Proverbs 11:4)

The righteousness of the blameless makes a straight way for them, but the wicked will fall by their own wickedness. (Proverbs 11:5)

He who trusts in his riches will fall, but the righteous will flourish like a green leaf. 倚赖自己财富的，必然衰落；义人却必繁茂，好像绿叶。 (Proverbs 11:28)

In the way of righteousness there is life, and in that pathway there is no death. 在公义的路上有生命，这路径之上没有死亡（“这路径之上没有死亡”有古译本作“邪恶的路，引到死亡”）。 (Proverbs 12:28)

Righteousness exalts a nation, but sin is a disgrace to any people. 正义使国家兴盛，罪恶是人民的羞辱。 (Proverbs 14:34)

The Lord is far from the wicked, but He hears the prayer of the righteous. 耶和华远离恶人，却垂听义人的祷告。 (Proverbs 15:29)

All a man’s ways are pure in his own eyes, but the Lord weighs the motives. 人看自己一切所行的，都是清洁的；耶和华却衡量人心。 (Proverbs 16:2)

I will commit my works to the Lord, and my plans will be established. 当把你所作的交托耶和华，你的计划就必成功。 (Proverbs 16:3)

The name of the Lord is a strong tower; the righteous run to it and are safe. 耶和华的名是坚固的高台，义人投奔，就得安全。 (Proverbs 18:10)

Blessed is the man who always fears God, but he who hardens his heart falls into trouble. 常存戒惧之心的，这人就为有福；心里刚硬的，必陷在祸患里。 (Proverbs 28:14)

The fear of man brings a snare, but he who trusts in the Lord is set on high. 惧怕人的，必陷入网罗；倚靠耶和华的，必得安全。 (Proverbs 29:25)

I will fear God and keep His commandments, for this applies to every person. 你们一切都听见了，总而言之，应当敬畏　神，谨守他的诫命，因为这是每一个人的本分。 (Ecclesiastes 12:13)

I will stop trusting in man, whose breath is in his nostrils. For in what should he be esteemed? 你们不要倚靠世人，他的鼻孔里只有一口气息，他实在算得什么呢？ (Isaiah 2:22)

Who among us fears the Lord and obeys the word of His Servant? Let him who walks in darkness and has no light trust in the name of the Lord and rely upon his God. (Isaiah 50:10)

As one who knows righteousness, who has Your law in my heart, I will not fear the reproach of men or be terrified by their revilings. 认识公义，把我的训诲存在心里的人民哪！你们要听我的话。你们不要怕人的辱骂，也不要因人的毁谤而惊惶。 (Isaiah 51:7)

A person’s wickedness will punish him; his backsliding will reprove him. I know therefore and see that it is evil and bitter to forsake the Lord my God and have no fear of Him. 你自己的罪恶要惩罚你，你背道的事必责备你。你当知道，也要明白，离弃耶和华你的　神，没有畏惧我的心，是邪恶的，是痛苦的。”这是主万军之耶和华的宣告。 (Jeremiah 2:19)

Cursed is the one who trusts in man, who depends on flesh for his strength and whose heart turns away from the Lord. But blessed is the man who trusts in the Lord, whose confidence is in Him. 耶和华这样说：“倚靠世人，恃凭肉体为自己的力量，心里偏离耶和华的，这人该受咒诅。  但倚靠耶和华，以耶和华为他所信赖的，这人是有福的。 (Jeremiah 17:5, 7)

I want to let justice roll down like a river, and righteousness like an ever-flowing stream. 但愿公正好像潮水滚流，公义好像河水长流。 (Amos 5:24)

You have shown me what is good; and what does the Lord require of me but to act justly and to love mercy and to walk humbly with my God? 世人哪！耶和华已经指示你什么是善，他向你所要的又是什么；无非是要你行公义，好怜悯，谦虚谨慎与你的　神同行。 (Micah 6:8)

Blessed are those who hunger and thirst for righteousness, for they shall be satisfied. 爱慕公义如饥如渴的人有福了，因为他们必得饱足。 (Matthew 5:6)

I will take heed not to practice my righteousness before men to be seen by them. Otherwise, I will have no reward from my Father in heaven. “你们小心，不要在众人面前行你们的义，让他们看见；如果这样，就得不到你们天父的赏赐。 (Matthew 6:1)

A disciple is not above his teacher, nor a servant above his master. It is enough for the disciple to be like his teacher, and the servant like his master. “学生不能胜过老师，奴仆也不能胜过主人。  学生若能像老师一样，奴仆若能像主人一样，也就够了。如果一家之主也被称为别西卜（“别西卜”是鬼王的名字），何况他的家人呢？ (Matthew 10:24-25)

I will not fear those who kill the body but cannot kill the soul, but rather, I will fear the One who is able to destroy both soul and body in hell. 那些杀身体却不能杀灵魂的，不要怕他们；倒要怕那位能把灵魂和身体都投入地狱里的。 (Matthew 10:28)

I want to be more concerned about the things of God than the things of men. 耶稣转过身来，望着门徒，斥责彼得说：“撒但，退到我后面去！因为你不思念　神的事，只思念人的事。” (Mark 8:33)

I do not want to justify myself in the eyes of men; God knows our hearts, and what is highly esteemed among men is detestable in the sight of God. 耶稣对他们说：“你们在人面前自称为义，　神却知道你们的心；因为人所高举的，　神却看作是可憎恶的。 (Luke 16:15)

I do not want to love praise from men more than praise from God. 因为他们爱人的荣耀，过于爱　神的荣耀。 (John 12:43)

Like Barnabas, I want to be a good person, full of the Holy Spirit and of faith. 巴拿巴是个好人，满有圣灵和信心，于是许多人归了主。 (Acts 11:24)

I will not be lacking in zeal, but I will keep fervent in spirit, serving the Lord. 殷勤不可懒惰，心灵要火热，常常服事主； (Romans 12:11)

The hour has come for me to wake up from sleep, for my salvation is nearer now than when I first believed. The night is nearly over; the day is almost here. Therefore I will cast off the works of darkness and put on the armor of light. 还有，你们知道这是什么时期了，现在正是你们应该睡醒的时候，因为我们得救，现在比初信的时候更加接近了。  黑夜已深，白昼近了，所以我们要除掉暗昧的行为，带上光明的武器。 (Romans 13:11-12)

The kingdom of God is not a matter of eating and drinking, but of righteousness and peace and joy in the Holy Spirit. 因为　神的国不在于吃喝，而在于公义、和睦，以及圣灵里的喜乐。 (Romans 14:17)

Whatever is not from faith is sin. 但如果有人存着疑惑的心去吃，他就被定罪了，因为他不是出于信心。凡不是出于信心的，都是罪。 (Romans 14:23)

I must not test the Lord or grumble as some of the Israelites did. 我们也不可试探主，像他们有些人那样，结果就被蛇咬死了。  你们也不可发怨言，像他们有些人那样，就被那毁灭者所灭。 (1 Corinthians 10:9-10)

Whatever I do, I should do all to the glory of God. 所以，你们或吃喝，或作什么，一切都要为　神的荣耀而行。 (1 Corinthians 10:31)

I want my conscience to testify that I have conducted myself in the world in the holiness and sincerity that are from God, not in fleshly wisdom but in the grace of God, especially in my relations with others. 我们引以为荣的，就是我们处世为人，是本着　神的圣洁和真诚，不是靠着人的聪明，而是靠着　神的恩典，对你们更是这样，这是我们的良心可以作证的。 (2 Corinthians 1:12)

Since I have God’s promises, I will cleanse myself from all pollution of body and spirit, perfecting holiness in the fear of God. 所以，亲爱的，我们有了这些应许，就应该洁净自己，除去身体和心灵上的一切污秽，存着敬畏　神的心，达到成圣的地步。 (2 Corinthians 7:1)

I am not trying to win the approval of men, but of God. If I were still trying to please men, I would not be a servant of Christ. 我现在是要得人的欢心，还是要得　神的欢心呢？难道我想讨人欢喜吗？如果我仍然要讨人欢喜，就不是基督的仆人了。 (Galatians 1:10)

God is not mocked, for whatever a man sows, this he will also reap. The one who sows to please his flesh will reap corruption; the one who sows to please the Spirit will of the Spirit reap eternal life. 不要自欺，　神是不可轻慢的。人种的是什么，收的也是什么：  顺着自己的肉体撒种的，必定从肉体收取败坏；顺着圣灵撒种的，必定从圣灵收取永生。 (Galatians 6:7-8)

I was once darkness, but now I am light in the Lord. I will walk as a child of light (for the fruit of the light consists in all goodness and righteousness and truth), learning what is pleasing to the Lord. 你们从前是黑暗的，现今在主里却是光明的，行事为人就应当像光明的儿女。  光明所结的果子，就是一切良善、公义、诚实。  你们要察验什么是主所喜悦的。 (Ephesians 5:8-10)

I will conduct myself in a manner worthy of the gospel of Christ, standing firm in one spirit with other believers, with one mind striving together for the faith of the gospel. 不过，你们行事为人应当和基督的福音相配。这样，无论我来见你们或是不在你们中间，都可以听到你们的情况，就是你们有同一的心志，站立得稳，为了福音的信仰齐心努力， (Philippians 1:27)

I will work out my salvation with fear and trembling, for it is God who works in me to will and to act according to His good purpose. 这样看来，我所亲爱的，你们素来是顺服的，（不但我在你们那里的时候是这样，现今我不在，你们更要顺服，）就应当恐惧战兢地作成自己的救恩。  　神为了成全自己的美意，就在你们里面动工，使你们可以立志和行事。 (Philippians 2:12-13)

I will not seek my own interests, but those of Christ Jesus. 因为大家只顾自己的事，而不理耶稣基督的事。 (Philippians 2:21)

Whatever I do, whether in word or in deed, I will do all in the name of the Lord Jesus, giving thanks to God the Father through Him. 凡你们所作的，无论是言语或行为，都要奉主耶稣的名，借着他感谢父　神。 (Colossians 3:17)

Since I have been approved by God to be entrusted with the gospel, I speak not as pleasing men but God, who tests my heart. I will not seek glory from men. 相反地，　神既然考验过我们，把福音委托给我们，我们就传讲，不像是讨人欢心的，而是讨那察验我们心思的　神的喜悦。  也没有向你们或别人求取人的荣誉。 (1 Thessalonians 2:4, 6)

As I have been instructed how I ought to walk and to please God, I want to follow Paul’s exhortation in the Lord Jesus to do this more and more. 此外，弟兄们，我们在主耶稣里求你们，劝你们，你们既然接受了我们的教训，知道应该怎样行事为人，并且怎样讨　神喜悦，就要照你们现在所行的更进一步。 (1 Thessalonians 4:1)

Physical exercise profits a little, but godliness is profitable for all things, since it holds promise for both the present life and the life to come. 因为操练身体，益处还少；唯独操练敬虔，凡事有益，享有今生和来世的应许。 (1 Timothy 4:8)

I want to be an example for other believers in speech, in behavior, in love, in faith, and in purity. 不要叫人小看你年轻，总要在言语、行为、爱心、信心和纯洁上，都作信徒的榜样。 (1 Timothy 4:12)

I will be strong in the grace that is in Christ Jesus. 所以，我儿啊，你应当在基督耶稣的恩典里刚强起来， (2 Timothy 2:1)

I will flee youthful lusts and pursue righteousness, faith, love, and peace, with those who call on the Lord out of a pure heart. 你应当逃避年轻人的私欲，要和那些以清洁的心求告主的人，一同追求公义、信心、爱心、和平。 (2 Timothy 2:22)

As one who has believed in God, I want to be careful to devote myself to doing what is good. These things are good and profitable for everyone. 这话是可信的，我愿你确实地强调这些事，使信　神的人常常留心作善工；这些都是美事，并且是对人有益的。 (Titus 3:8)

I will pursue peace with all men and sanctification, without which no one will see the Lord. 你们要竭力寻求与众人和睦，并且要竭力追求圣洁。如果没有圣洁，谁也不能见主。 (Hebrews 12:14)

To him who knows the good he ought to do and does not do it, to him it is sin. 人若知道该行善事，却不去行，这就是他的罪了。 (James 4:17)

Since I call on the Father who judges each man’s work impartially, I should conduct myself in fear during the time of my sojourn on earth. 你们既称那不偏待人、按各人行为审判的主为父，就当存敬畏的心，过你们寄居的日子； (1 Peter 1:17)

I should live as one who is free, but without using my freedom as a cloak for evil, but as a servant of God. 你们是自由的人，但不要用自由来掩饰邪恶，总要像　神的仆人。 (1 Peter 2:16)

Whoever would love life and see good days must keep his tongue from evil and his lips from speaking guile. He must turn from evil and do good; he must seek peace and pursue it. For the eyes of the Lord are on the righteous, and His ears attend to their prayer, but the face of the Lord is against those who do evil. 因为“凡希望享受人生，要看见好日子的，就要禁止舌头不出恶言，嘴唇不说诡诈的话；  也要离恶行善，寻找并追求和睦。  因为主的眼睛看顾义人，他的耳朵垂听他们的呼求；但主的脸敌对作恶的人。” (1 Peter 3:10-12)

I will be diligent to add to my faith, virtue; and to virtue, knowledge; and to knowledge, self-control; and to self-control, perseverance; and to perseverance, godliness; and to godliness, brotherly kindness; and to brotherly kindness, love. For if these qualities are mine in increasing measure, they will keep me from being barren and unfruitful in the full knowledge of our Lord Jesus Christ. 正因这缘故，你们要多多努力：有了信心，又要增添美德；有了美德，又要增添知识；  有了知识，又要增添节制；有了节制，又要增添忍耐；有了忍耐，又要增添敬虔；  有了敬虔，又要增添弟兄的爱；有了弟兄的爱，还要增添神圣的爱。  因为你们有了这几样，并且继续增长，就必叫你们在确实认识我们的主耶稣基督上，不至于闲懒不结果子。 (2 Peter 1:5-8)

If I say that I have fellowship with Christ and yet walk in the darkness, I lie and do not practice the truth. But if I walk in the light, as He is in the light, we have fellowship with one another, and the blood of Jesus His Son purifies me from all sin. 我们若说自己与他心灵相通，却行在黑暗里，就是说谎话，不实行真理了。  我们若行在光中，像他在光中一样，就彼此心灵相通，他儿子耶稣的血也洁净我们脱离一切罪。 (1 John 1:6-7)

My desire is to continue to walk in the truth and to take pleasure when others do the same. 有些弟兄来到，证实你心中存有真理，就是你按真理行事，我就非常欣慰。  我听见我的儿女按真理行事，我的喜乐没有比这更大的了。 (3 John 3-4)

I will not imitate what is evil but what is good. The one who does good is of God; the one who does evil has not seen God. 亲爱的，不要效法恶，应该效法善。行善的属于　神，作恶的没有见过　神。 (3 John 11)

**Love and Compassion**

I will not let love and truth leave me; I will bind them around my neck and write them on the tablet of my heart. 不可让慈爱诚实离开你，要系在你的颈项上，刻在你的心版上。 (Proverbs 3:3)

A righteous man has regard for the needs of his animal, but the mercies of the wicked are cruel. 义人连自己牲畜的性命也顾惜；但恶人的怜悯也是残忍。 (Proverbs 12:10)

Through love and truth, iniquity is atoned for; and by the fear of the Lord, one turns aside from evil. When a man’s ways are pleasing to the Lord, he makes even his enemies live at peace with him. (Proverbs 16:6-7)

He who pursues righteousness and love finds life, righteousness, and honor. 追求公义与慈爱的，必得着生命、公义和荣耀。 (Proverbs 21:21)

You desire mercy, not sacrifice, and the knowledge of God more than burnt offerings. 我喜爱怜恤，不喜爱祭祀；我喜爱人认识　神的知识，胜过人献的燔祭。 (Hosea 6:6)

I will sow righteousness, reap the fruit of unfailing love, and break up my fallow ground; for it is time to seek the Lord, until He comes and rains righteousness on me. 你们要为自己撒种公义，就能收割慈爱的果子，你们要翻松荒地。现在是寻求耶和华的时候，直等到他来，降下公义的雨在你们身上。 (Hosea 10:12)

Blessed are the merciful, for they shall obtain mercy. 怜悯人的人有福了，因为他们必蒙怜悯。 (Matthew 5:7)

If I speak in the tongues of men and of angels, but have not love, I am only a resounding gong or a clanging cymbal. And if I have the gift of prophecy and understand all mysteries and all knowledge, and if I have all faith so as to remove mountains, but have not love, I am nothing. And if I give all my possessions to the poor, and if I deliver my body to be burned, but have not love, it profits me nothing. 我若能说世人和天使的方言，却没有爱，我就成了鸣的锣、响的钹一样。  我若有先知讲道的恩赐，也明白各样的奥秘，各样的知识；并且有全备的信，叫我能够移山，却没有爱，我就算不得什么。  我若把一切所有的分给人，又舍己身被人焚烧，却没有爱，对我仍然毫无益处。 (1 Corinthians 13:1-3)

Love is patient, love is kind, it does not envy; love does not boast, it is not arrogant, it does not behave rudely; it does not seek its own, it is not provoked, it keeps no record of wrongs; it does not rejoice in unrighteousness but rejoices with the truth; it bears all things, believes all things, hopes all things, endures all things. Love never fails. 爱是恒久忍耐，又有恩慈。爱是不嫉妒，不自夸，不张狂；  不作失礼的事，不求自己的益处，不轻易动怒，不计较人的过犯；  不喜欢不义，只喜欢真理。  爱是凡事包容，凡事相信，凡事盼望，凡事忍耐。  爱是永存不息的。先知的讲道终必过去，方言终必停止，知识终必消失。 (1 Corinthians 13:4-8)

I want everything I do to be done in love. 你们所作的一切，都要凭爱心去作。 (1 Corinthians 16:14)

I want to abound in faith, in speech, in knowledge, in all diligence, in love, and in the grace of giving. 你们在一切事上，就如信心、口才、知识、热情和爱我们的心，既然都是富足的，那么，在这慈善的事上，也要显出你们是富足的。 (2 Corinthians 8:7)

I will be an imitator of God as a beloved child, and I will walk in love, just as Christ loved me and gave Himself up for me as a fragrant offering and sacrifice to God. 因此，你们既然是蒙爱的儿女，就应当效法　神。  要凭着爱心行事，好像基督爱我们，为我们舍己，当作馨香的供品和祭物献给　神。 (Ephesians 5:1-2)

As one who has been chosen of God, holy and beloved, I will put on a heart of compassion, kindness, humility, gentleness, and patience, bearing with others and forgiving others even as the Lord forgave me; and above all these things, I will put on love, which is the bond of perfection. 所以，你们既然是　神所拣选的，是圣洁、蒙爱的人，就要存怜悯的心肠、恩慈、谦卑、温柔和忍耐。  如果有人对别人有嫌隙，总要彼此宽容，互相饶恕；主怎样饶恕了你们，你们也要照样饶恕人。  在这一切之上，还要有爱心，爱心是联系全德的。 (Colossians 3:12-14)

The goal of our instruction is love, which comes from a pure heart and a good conscience and a sincere faith. 这嘱咐的目的是出于爱；这爱是发自纯洁的心、无愧的良心和无伪的信心。 (1 Timothy 1:5)

I will keep the pattern of sound teaching that I have heard, in faith and love which are in Christ Jesus. 你要靠着在基督耶稣里的信心和爱心，常常坚守从我这里听过的话，作为纯正话语的模范； (2 Timothy 1:13)

I want to abound in love and faith toward the Lord Jesus and to all the saints. (Philemon 5)

I will not love with words or tongue, but in deed and in truth. By this I will know that I am of the truth and will assure my heart before Him; for if my heart condemns me, God is greater than my heart, and knows all things. If my heart does not condemn me, I have confidence before God and receive from Him whatever I ask, because I keep His commandments and do the things that are pleasing in His sight. 孩子们，我们爱人，不要只在言语和舌头上，总要在行动和真诚上表现出来。  这样，我们就知道我们是属于真理的。即使我们的心责备我们，在　神面前我们也可以心安理得，因为他比我们的心大，他知道一切。  亲爱的，我们的心若不责备我们，在　神面前我们就可以坦然无惧了。  凡我们所求的，就必从他得着，因为我们遵守他的命令，作他所喜悦的事。 (1 John 3:18-22)

This is love: that I walk in obedience to God’s commandments. And this is the commandment: that as I have heard from the beginning, I should walk in love. 我们要照着他的命令行事，这就是爱。你们从起初所听见的那命令，就是要你们凭着爱心行事。 (2 John 6)

**Wisdom, Discernment, and Understanding**

I ask for a wise and understanding heart to discern between good and evil. 所以，求你赐给仆人一颗明辨的心，可以判断你的子民，能辨别是非，因为谁能判断你这众多的子民呢？”  我就照着你所求的而行；赐给你一个智慧和明辨的心，在你以前没有人像你，在你以后也不会有人像你。 (1 Kings 3:9, 12)

The fear of the Lord, that is wisdom, and to depart from evil is understanding. 他对人说：‘敬畏主就是智慧，远离邪恶就是聪明。’” (Job 28:28)

Lord, make me to know my end and what is the measure of my days; let me know how fleeting is my life. “耶和华啊！求你使我知道我的结局，我的寿数有多少，使我知道我的生命多么短促。 (Psalm 39:4)

A man who has honor, yet without understanding, is like the beasts that perish. 人享富贵而不聪明，就像要灭亡的牲畜一样。 (Psalm 49:20)

Surely You desire truth in the inner parts, and in the hidden part You make me know wisdom. 看哪！你喜爱的是内心的诚实；在我内心的隐密处，你使我得智慧。 (Psalm 51:6)

Teach me to number my days, that I may gain a heart of wisdom. 求你教导我们怎样数算自己的日子，好使我们得着智慧的心。 (Psalm 90:12)

Whoever is wise will consider the lovingkindness of the Lord. 凡有智慧的，愿他留意这些事；愿他思想耶和华的慈爱。 (Psalm 107:43)

The fear of the Lord is the beginning of wisdom; all who practice His commandments have a good understanding. His praise endures forever. 敬畏耶和华是智慧的开端；凡是这样行的都是明智的。耶和华该受赞美，直到永远。 (Psalm 111:10)

The entrance of Your words gives light; it gives understanding to the simple. 你的话一解开，就发出亮光，使愚人有悟性。 (Psalm 119:130)

The fear of the Lord is the beginning of knowledge, but fools despise wisdom and discipline. 敬畏耶和华是知识的开端，但愚妄人藐视智慧和教训。 (Proverbs 1:7)

The waywardness of the simple will kill them, and the complacency of fools will destroy them; but whoever listens to wisdom will live securely and be at ease from the fear of evil. 愚蒙人的背道必杀害他们自己，愚昧人的安逸必毁灭他们自己；  唯有听从我的，必安然居住，得享安宁，免受灾祸的惊恐。” (Proverbs 1:32-33)

I will receive the words of wisdom and treasure her commands within me, turning my ear to wisdom and applying my heart to understanding. If I cry for discernment and lift up my voice for understanding, if I seek her as silver and search for her as for hidden treasures, then I will understand the fear of the Lord and find the knowledge of God. 我儿，如果你接受我的话，把我的诫命珍藏在心里，  留心听智慧，致力求聪明；  如果你为求哲理而呼喊，为求聪明而扬声；  如果你寻找它如同寻找银子，搜寻它好像搜寻宝藏；  你就明白怎样敬畏耶和华，并且获得对　神的认识。 (Proverbs 2:1-5)

The Lord gives wisdom; from His mouth come knowledge and understanding. He stores up sound wisdom for the upright; He is a shield to those who walk in integrity, guarding the paths of justice and protecting the way of His saints. Then I will understand righteousness and justice and honesty—every good path. For wisdom will enter my heart, and knowledge will be pleasant to my soul. Discretion will protect me, and understanding will guard me. 因为耶和华赐人智慧，知识和聪明都出自他的口。  他为正直人珍藏大智慧，给行为完全的人作盾牌；  为要看顾正直人的路径，护卫虔诚人的道路。  这样，你就明白公义、公正、正直，以及一切善道。  智慧必进入你的心，知识必使你欢悦。  明辨的能力必护卫你，聪明必看顾你； (Proverbs 2:6-11)

Blessed is the man who finds wisdom, and the man who gains understanding, for its profit is greater than that of silver, and its gain than fine gold. She is more precious than jewels, and nothing I desire can compare with her. Long life is in her right hand; in her left hand are riches and honor. Her ways are pleasant ways, and all her paths are peace. She is a tree of life to those who embrace her, and happy are those who hold her fast. 得着智慧，获致聪明的人，是有福的。  因为智慧的利润胜过银子的利润，智慧的收益胜过黄金的收益。  智慧比红宝石更宝贵；你一切所喜爱的，都不足与智慧比较。  智慧的右手有长寿，左手有财富和尊荣。  智慧的道路尽是欢悦，智慧的路径全是平安。  对紧握智慧的人来说，智慧是生命树，凡是紧抓智慧的，都是有福的。 (Proverbs 3:13-18)

I will preserve sound wisdom and discretion, not letting them out of my sight; they will be life to my soul. 我儿，要谨守大智慧和明辨的态度，不可让它们离开你的眼目。  这样，它们就必作你的生命，作你颈上的华饰。 (Proverbs 3:21-22)

Wisdom is foremost; therefore I will get wisdom, and though it costs all I have, I will get understanding. I will esteem her, and she will exalt me; I will embrace her, and she will honor me. 智慧的开端（“智慧的开端”或译：“智慧是首要的”）是求取智慧，要用你所得的一切换取哲理。  你要高举智慧，智慧就必使你高升；你要怀抱智慧，智慧就必使你得尊荣。 (Proverbs 4:7-8)

I will guard my heart with all diligence, for out of it flow the issues of life. 你要谨守你的心，胜过谨守一切，因为生命的泉源由此而出。 (Proverbs 4:23)

Wisdom is better than jewels, and all desirable things cannot be compared with her. Wisdom dwells together with prudence and finds knowledge and discretion. 因为智慧比红宝石更好，你一切所喜爱的都不能和智慧比较。  我──智慧──和精明同住，我又获得知识和谋略。 (Proverbs 8:11-12)

Blessed is the man who listens to wisdom, watching daily at her gates, waiting at her doorposts. For whoever finds wisdom finds life and obtains favor from the Lord. But he who sins against her injures his own soul; all who hate her love death. 听从我，天天在我门口警醒仰望，在我门框旁边守候的人，是有福的。  因为找到我的，就找到生命，他也必得着耶和华的恩惠。  得罪我的，是伤害自己；凡是恨恶我的，就是喜爱死亡。” (Proverbs 8:34-36)

The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding. 敬畏耶和华是智慧的开端，认识至圣者就是聪明。 (Proverbs 9:10)

Doing evil is like sport to a fool; so is wisdom to a man of understanding. 愚昧人以行恶为嬉戏，聪明人却以智慧为乐。 (Proverbs 10:23)

The fruit of the righteous is a tree of life, and he who wins souls is wise. 义人所结的果子就是生命树；智慧人必能得人。 (Proverbs 11:30)

The teaching of the wise is a fountain of life to turn one away from the snares of death. 智慧人的训诲是生命的泉源，能使人避开死亡的网罗。 (Proverbs 13:14)

There is a way that seems right to a man, but its end is the way of death. 有一条路，人以为是正路，走到尽头却是死亡之路。 (Proverbs 14:12)

The fear of the Lord is a fountain of life, to turn one away from the snares of death. 敬畏耶和华是生命的泉源，能使人避开死亡的网罗。 (Proverbs 14:27)

He who gets wisdom loves his own soul; he who keeps understanding will find good. 得着智慧的，爱惜自己的性命；保持明达的，必得益处。 (Proverbs 19:8)

There is no wisdom or understanding or counsel that can succeed against the Lord. 任何智慧、聪明、谋略都不能敌挡耶和华。 (Proverbs 21:30)

He who trusts in his own heart is a fool, but he who walks in wisdom will be delivered. 自恃聪明的，是愚昧人；凭着智慧行事的，必蒙拯救。 (Proverbs 28:26)

Wisdom excels folly as light excels darkness. 于是我看出智慧胜过愚昧，如同光明胜过黑暗一样。 (Ecclesiastes 2:13)

There is a time for everything, and a season for every activity under heaven. 万事都有定期，天下万务都有定时： (Ecclesiastes 3:1)

I will not say, “Why were the former days better than these?” For it is not wise to ask such questions. 你不要说：“为什么从前的日子胜过现在的呢？”你这样问，不是出于智慧。 (Ecclesiastes 7:10)

There is a proper time and procedure for every matter. (Ecclesiastes 8:6)

The words of the wise are like goads and like nails driven by the masters who collect them; they are given by one Shepherd. 智慧人的言语像刺棒，他们所汇集的箴言像钉牢的钉子，都是一位牧者所赐的。 (Ecclesiastes 12:11)

Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter. 那些称恶为善，称善为恶，以暗为光，以光为暗，以苦为甜，以甜为苦的人，有祸了！ (Isaiah 5:20)

To the law and to the testimony! If men do not speak according to Your word, they have no light of dawn. 他们应当求问　神的训诲和法度；他们若不照着这些准则说话，就见不到曙光。 (Isaiah 8:20)

You are the stability of our times, a wealth of salvation, wisdom, and knowledge; the fear of the Lord is the key to this treasure. 他是你一生一世的保障、丰盛的救恩、智慧和知识；敬畏耶和华就是你的至宝。 (Isaiah 33:6)

Whoever is wise understands these things; whoever is discerning knows them. The ways of the Lord are right; the righteous will walk in them, but transgressors will stumble in them. (Hosea 14:9)

Like the Bereans, I want the nobility of mind to receive the word with great eagerness and to examine the Scriptures daily. 这里的人，比帖撒罗尼迦人开明，热切接受主的道，天天考查圣经，要知道所听的是否与圣经相符。 (Acts 17:11)

In my obedience, I want to be wise about what is good and innocent about what is evil. 你们的顺服已经名闻各处，所以我为你们高兴。我愿你们在善事上有智慧，在恶事上毫不沾染。 (Romans 16:19)

I will not be unequally yoked together with unbelievers. For what does righteousness share with wickedness? Or what fellowship does light have with darkness? 你们和不信的人不可共负一轭，义和不法有什么相同呢？光明和黑暗怎能相通呢？ (2 Corinthians 6:14)

Though I walk in the flesh, I do not war according to the flesh. The weapons of my warfare are not fleshly, but divinely powerful to overthrow strongholds, casting down arguments and every pretension that sets itself up against the knowledge of God, and taking every thought captive to the obedience of Christ. (2 Corinthians 10:3-5)

I will watch carefully how I walk, not as the unwise but as wise, making the most of every opportunity, because the days are evil. I will not be foolish, but understand what the will of the Lord is. 所以，你们行事为人要谨慎，不要像愚昧人，却要像聪明人。  要把握时机，因为这时代邪恶。  因此，不要作糊涂人，要明白什么是主的旨意。 (Ephesians 5:15-17)

Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is of good report—if anything is excellent or praiseworthy—I will think about such things. The things I have learned and received and heard and seen in those who walk with Christ I will practice, and the God of peace will be with me. 最后，弟兄们，凡是真实的、庄重的、公正的、纯洁的、可爱的、声誉好的，无论是什么美德，什么称赞，这些事你们都应当思念。  你们在我身上所学习、所领受、所听见、所看见的，这些事你们都应当实行；那么，赐平安的　神就必与你们同在。 (Philippians 4:8-9)

I will see to it that no one takes me captive through philosophy and empty deceit, according to the tradition of men, according to the basic principles of this world, and not according to Christ. 你们要谨慎，免得有人不照着基督，而照着人的传统，和世俗的言论，借着哲学和骗人的空谈，把你们掳去。 (Colossians 2:8)

I will examine all things, hold fast to the good, and abstain from every form of evil. 凡事都要察验，好的要持守，  各样的恶事要远离。 (1 Thessalonians 5:21-22)

Anyone who partakes only of milk is not accustomed to the word of righteousness, for he is an infant. But solid food is for the mature, who because of use have their senses trained to distinguish good from evil. Therefore I will leave the elementary teachings about Christ and go on to maturity. 凡是吃奶的，还是个婴孩，对公义的道理没有经历；  只有长大成人的，才能吃干粮，他们的官能因为操练纯熟，就能分辨是非了。  所以，我们应当离开基督初步的道理，努力进到成熟的地步，不必在懊悔死行，信靠　神，洗礼，按手礼，死人复活，和永远审判的教训上再立根基。 (Hebrews 5:13-6:1)

If I lack wisdom, I should ask of God, who gives generously to all without reproach, and it will be given to me. 你们中间若有人缺少智慧，就当向那厚赐众人，而且不斥责人的　神祈求，他就必得着。 (James 1:5)

Whoever is wise and understanding will show it by his good conduct and works done in the humility that comes from wisdom. If I harbor bitter envy and selfish ambition in my heart, I should not boast and lie against the truth. This wisdom does not come down from above, but is earthly, natural, demonic. For where there is envy and selfish ambition, there is disorder and every evil practice. 你们中间谁是有智慧、有见识的呢？他就应当有美好的生活，用明智的温柔，把自己的行为表现出来。  如果你们心中存着刻薄的嫉妒和自私，就不可夸口，也不可说谎抵挡真理。  这种智慧不是从天上来的，而是属地的、属血气的和属鬼魔的。  因为凡有嫉妒和自私的地方，就必有扰乱和各样的坏事。 (James 3:13-16)

The wisdom that comes from above is first pure, then peaceable, gentle, submissive, full of mercy and good fruits, without partiality and hypocrisy. And the fruit of righteousness is sown in peace by those who make peace. 至于从天上来的智慧，首先是纯洁的，其次是和平的，温柔的，谦逊的，满有恩慈和善果，没有偏袒，没有虚伪。  这是缔造和平的人，用和平所培植出来的义果。 (James 3:17-18)

We have the prophetic word made more certain, to which I will do well to pay attention, as to a light shining in a dark place, until the day dawns and the morning star rises in my heart. 我们还有先知的话，是更确实的。你们要特别注意它，好像注意照在暗处的明灯，直到天将破晓，晨星在你们心里出现的时候。 (2 Peter 1:19)

**Moral Integrity and Honesty**

I shall not murder. “不可杀人。 “‘不可杀人。 (Exodus 20:13; Deuteronomy 5:17)

I shall not commit adultery. “不可奸淫。 “‘不可奸淫。 (Exodus 20:14; Deuteronomy 5:18)

I shall not steal. “不可偷盗。 “‘不可偷盗。 (Exodus 20:15; Deuteronomy 5:19)

I will not follow the crowd in doing wrong. 不可随众行恶，不可在诉讼的事上随众说歪曲正义的话； (Exodus 23:2)

I will not accept a bribe, for a bribe blinds those who see and perverts the words of the righteous. 不可受贿赂，因为贿赂能使明眼人变瞎，又能歪曲义人的话。 (Exodus 23:8)

I will not steal, nor deal falsely, nor deceive others. “你们不可偷窃，不可欺骗，不可彼此说谎。 (Leviticus 19:11)

I will not be dishonest in judgment, in measurement of weight or quantity. I will be honest and just in my business affairs. “你们审判的时候，在度、量、衡上，都不可偏差。  要用公正的天平，公正的法码，公正的升斗，公正的容器；我是耶和华你们的　神，就是曾把你们从埃及地领出来的那位。 (Leviticus 19:35-36)

I will not show partiality in judgment; I will hear both small and great alike. I will not be afraid of any man, for judgment belongs to God. 审判的时候，不可偏袒人；无论贵贱尊卑，都要一样地听讼；不可怕人的情面，因为审判是属于　神的；如果你们遇见难断的案件，可以呈到我这里来，让我审断。’ (Deuteronomy 1:17)

I will not pervert justice or show partiality. I will not accept a bribe, for a bribe blinds the eyes of the wise and perverts the words of the righteous. 不可屈枉正直，不可徇人的情面，不可收受贿赂，因为贿赂能使智慧人的眼变瞎，也能使义人的话颠倒过来。 (Deuteronomy 16:19)

I will have accurate and honest standards in my business practices. 你要有准确公正的法码，你要有准确公正的升斗，好使你在耶和华你的　神赐给你的地上，得享长寿。 (Deuteronomy 25:15)

I know, my God, that You test the heart and are pleased with integrity. 我的　神啊，我知道你察验人心，喜悦正直；至于我，我以正直的心甘愿奉献这一切；现在我也非常欢喜看见你在这里的人民，都甘愿奉献给你。 (1 Chronicles 29:17)

I will let the fear of the Lord be upon me, and I will be careful in what I do, for with the Lord my God there is no injustice or partiality or bribery. 现在你们要敬畏耶和华；你们要谨慎行事，因为耶和华我们的　神没有不义，不偏待人，也不受贿赂。” (2 Chronicles 19:7)

I want to be a faithful person who fears God. 我委任我的兄弟哈拿尼和营楼长哈拿尼雅，管理耶路撒冷，因为哈拿尼雅是个可信靠的人，敬畏　神胜过许多人。 (Nehemiah 7:2)

I will be careful that no one entices me by riches; I will not let a large bribe turn me aside. 你要小心不可让忿怒激动你，以致侮慢　神，也不要因赎价大而偏离正道。 (Job 36:18)

May those who hope in You not be ashamed because of me, O Lord God of hosts; may those who seek You not be dishonored because of me, O God of Israel. 主万军之耶和华啊！愿那些等候你的，不要因我蒙羞；以色列的　神啊！愿那些寻求你的，不要因我受辱。 (Psalm 69:6)

Blessed are they who maintain justice, who do righteousness at all times. 谨守公正，常行公义的人，都是有福的。 (Psalm 106:3)

I will not enter the path of the wicked or walk in the way of evil men. 不可走进恶人的路径，不可踏上坏人的道路。 (Proverbs 4:14)

There are six things the Lord hates, seven that are detestable to Him: haughty eyes, a lying tongue, hands that shed innocent blood, a heart that devises wicked plans, feet that run swiftly to evil, a false witness who breathes lies, and one who causes strife among brothers. 耶和华恨恶的事有六样，连他心里厌恶的，共有七样，  就是高傲的眼、说谎的舌头、流无辜人血的手、  图谋恶事的心、快跑行恶的脚、  说谎的假证人，和在弟兄中散布纷争的人。 (Proverbs 6:16-19)

The fear of the Lord is to hate evil; wisdom hates pride and arrogance and the evil way and the perverse mouth. 敬畏耶和华就是恨恶邪恶；骄傲、狂妄、邪恶的行为、乖谬的口，我都恨恶。 (Proverbs 8:13)

He who walks in integrity walks securely, but he who perverts his way will be found out. 行为完全的，步步安稳；行事弯曲的，终必败露。 (Proverbs 10:9)

Dishonest scales are an abomination to the Lord, but an accurate weight is His delight. 诡诈的天平是耶和华所厌恶的，准确的法码是他所喜悦的。 (Proverbs 11:1)

The integrity of the upright guides them, but the unfaithful are destroyed by their duplicity. 正直人的纯正必引导他们自己，奸诈人的奸恶却毁灭自己。 (Proverbs 11:3)

The thoughts of the righteous are just, but the advice of the wicked is deceitful. 义人的筹算是公平，恶人的计谋却是诡诈。 (Proverbs 12:5)

Wealth gained by dishonesty will dwindle, but he who gathers by labor will increase. 不劳而获的财物，必快减少；慢慢积蓄的，必然增多。 (Proverbs 13:11)

Poverty and shame will come to him who refuses instruction, but whoever heeds correction will be honored. (Proverbs 13:18)

He who walks in uprightness fears the Lord, but he who is devious in his ways despises Him. 行事正直的，敬畏耶和华；行为乖僻的，却藐视他。 (Proverbs 14:2)

He who justifies the wicked, and he who condemns the just; both of them are detestable to the Lord. 宣判恶人为义，裁定义人有罪，二者都是耶和华所厌恶的。 (Proverbs 17:15)

A good name is more desirable than great riches; favor is better than silver or gold. 名誉胜过多财，恩宠胜过金银。 (Proverbs 22:1)

Extortion turns a wise man into a fool, and a bribe corrupts the heart. 勒索会使智慧人变为愚妄，贿赂能败坏人心。 (Ecclesiastes 7:7)

When the sentence for an evil deed is not executed speedily, the heart of the sons of men is fully set in them to do evil. 对恶行已判定的刑罚迟迟没有执行，世人的心就充满行恶的意图。 (Ecclesiastes 8:11)

Everyone who looks at a woman to lust for her has already committed adultery with her in his heart. 可是我告诉你们，凡是看见妇女就动淫念的，心里已经犯了奸淫。 (Matthew 5:28)

He who is faithful with very little is also faithful with much, and whoever is dishonest with very little will also be dishonest with much. If one is not faithful in handling worldly wealth, who will trust him with true riches? And if one is not faithful with someone else’s property, who will give him property of his own? 在最小的事上忠心的，在大事上也忠心；在最小的事上不义的，在大事上也不义。  如果你们在不义的钱财上不忠心，谁还把真实的钱财托付给你们呢？  如果你们在别人的东西上不忠心，谁还把你们自己的东西交给你们呢？ (Luke 16:10-12)

I will walk properly as in the daytime, not in revellings and drunkenness, not in promiscuity and debauchery, not in strife and jealousy. Rather, I will put on the Lord Jesus Christ and make no provision to gratify the lusts of the flesh. 行事为人要光明磊落，好像行在白昼。不可荒宴醉酒，不可放荡纵欲，不可纷争嫉妒。  总要披戴主耶稣基督，不要为肉体安排，去放纵私欲。 (Romans 13:13-14)

I will keep the feast of Christ, my Passover, not with old leaven, or with the leaven of malice and wickedness, but with the unleavened bread of sincerity and truth. 你们既是无酵的面，就应当把旧酵除净，好让你们成为新的面团；因为我们逾越节的羊羔基督已经被杀献祭了。  所以我们守这节，不可用旧酵，也不可用又邪又恶的酵，而是要用纯洁真实的无酵饼。 (1 Corinthians 5:7-8)

I will flee from sexual immorality. All other sins a man commits are outside his body, but the immoral person sins against his own body. 你们要逃避淫乱的事。人所犯的，无论是什么罪，都是在身体以外，唯有行淫乱的，是触犯自己的身体。 (1 Corinthians 6:18)

I will not set my heart on evil things, or be an idolater, or commit sexual immorality. 这些事都是我们的鉴戒，叫我们不要贪恋恶事，像他们那样。  你们也不可拜偶像，像他们有些人那样；正如经上所记：“人民坐下吃喝，起来玩乐。”  我们也不可淫乱，像他们有些人那样，一天就死了二万三千人。 (1 Corinthians 10:6-8)

I do not want even a hint of immorality, or any impurity, or greed in my life, as is proper for a saint. Nor will I give myself to obscenity, foolish talk, or coarse joking, which are not fitting, but rather to giving of thanks. 至于淫乱和任何污秽或贪心的事，在你们中间连提都不可提，才合圣徒的体统。  更不要讲淫秽和愚妄的话，或下流的笑话，这些都与你们不相称；却要说感谢的话。 (Ephesians 5:3-4)

I will have nothing to do with the fruitless deeds of darkness, but rather I will expose them. 不要参与暗昧无益的事，倒要把它揭露出来， (Ephesians 5:11)

I will consider the members of my earthly body as dead to immorality, impurity, passion, evil desires, and greed, which is idolatry. Because of these, the wrath of God is coming, and in them I once walked when I lived in them. 所以要治死你们在地上的肢体，就如淫乱、污秽、邪情、恶欲和贪心，贪心就是拜偶像。  因着这些事，　神的忿怒必要临到悖逆的人（有些抄本无“悖逆的人”）。  你们从前在其中生活的时候，也曾经这样行过。 (Colossians 3:5-7)

This is the will of God, my sanctification, that I abstain from immorality and learn to possess my own vessel in sanctification and honor. For God did not call me to be impure, but to live a holy life. 　神的旨意是要你们圣洁，远避淫行；  要你们各人晓得怎样用圣洁尊贵的方法保守自己的身体（“身体”原文作“器皿”）；  　神呼召我们，不是要我们沾染污秽，而是要我们圣洁。 (1 Thessalonians 4:3-4, 7)

I desire to have a clear conscience and to live honorably in all things. 请为我们祷告，因为我们深信自己良心无亏，愿意凡事遵行正道。 (Hebrews 13:18)

I will not say when I am tempted, “I am being tempted by God”; for God cannot be tempted by evil, nor does He tempt anyone. But each one is tempted when he is drawn away and enticed by his own lust. Then, after lust has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death. 人被试探，不可说“我被　神试探”；因为　神不能被恶试探，他也不试探任何人。  每一个人受试探，都是被自己的私欲所勾引诱惑的。  私欲怀了胎，就生出罪；罪长成了，就产生死亡。 (James 1:13-15)

I will put away all filthiness and the overflow of wickedness, and in meekness I will accept the word planted in me, which is able to save my soul. 所以你们应当摆脱一切污秽和所有的邪恶，以温柔的心领受　神栽种的道；这道能救你们的灵魂。 (James 1:21)

I have been born again, not of perishable seed, but of imperishable, through the living and abiding word of God. Therefore, I will put away all malice and all guile and hypocrisy and envy and all slander. 你们得了重生，并不是由于能坏的种子，却是由于不能朽坏的，就是借着　神永活长存的道。 (1 Peter 1:23; 2:1)

As an alien and a stranger in the world, I will abstain from fleshly lusts, which war against my soul. 亲爱的，我劝你们作客旅和寄居的人，要禁戒肉体的私欲，这私欲是与灵魂争战的。 (1 Peter 2:11)

**Truthfulness and Prudence**

I shall not bear false witness against my neighbor. “不可作假证供陷害你的邻舍。 “‘不可作假证供陷害你的邻舍。 (Exodus 20:16; Deuteronomy 5:20)

I will not spread false reports, nor will I help a wicked man by being a malicious witness. “不可传播谣言，也不可与恶人携手作假见证。 (Exodus 23:1)

I will not go about spreading slander among people, nor will I do anything that endangers the life of my neighbor. 你不可在你的族人中，到处搬弄是非，也不可危害你的邻舍；我是耶和华。 (Leviticus 19:16)

I will put away perversity from my mouth and keep corrupt talk far from my lips. 你要除掉欺诈的口，远离乖谬的嘴唇。 (Proverbs 4:24)

The mouth of the righteous is a fountain of life, but violence covers the mouth of the wicked. 义人的口是生命的泉源，强暴遮盖恶人的口。 (Proverbs 10:11)

In a multitude of words, transgression does not cease, but he who restrains his lips is wise. 多言多语难免有过失；约束自己嘴唇的，是明慧人。 (Proverbs 10:19)

A talebearer reveals secrets, but he who is trustworthy conceals a matter. 到处搬弄是非的，泄露秘密，心里诚实的，遮隐事情。 (Proverbs 11:13)

A man will be satisfied with good from the fruit of his mouth, and the deeds of a man’s hands will return to him. 人因口所结的果子必饱尝美物；人手所作的必归到他身上。 (Proverbs 12:14)

He who speaks truth reveals what is right; but a false witness, deceit. 吐露真情的，彰显正义，作假见证的却是诡诈。 (Proverbs 12:17)

Reckless words pierce like a sword, but the tongue of the wise brings healing. 有人说话不慎，好像利刀刺人，智慧人的舌头却能医治人。 (Proverbs 12:18)

Lying lips are hateful to the Lord, but He delights in those who deal faithfully. 撒谎的嘴唇是耶和华憎恶的；行事诚实是他所喜悦的。 (Proverbs 12:22)

A rod of pride is in the mouth of a fool, but the lips of the wise will preserve them. 愚妄人的口中长出骄傲的枝子；智慧人的嘴唇，能保障自己。 (Proverbs 14:3)

A simple man believes everything, but a prudent man considers his steps. 愚蒙人凡话都信；精明的人却步步谨慎。 (Proverbs 14:15)

A gentle answer turns away wrath, but a harsh word stirs up anger. The tongue of the wise uses knowledge rightly, but the mouth of the fool pours out folly. (Proverbs 15:1-2)

The tongue that brings healing is a tree of life, but perverseness in it crushes the spirit. 说安慰话的舌头是生命树；奸恶的舌头使人心碎。 (Proverbs 15:4)

A man finds joy in giving an apt reply—and how good is a timely word! 应对得当，自己也觉喜乐；合时的话，多么美好！ (Proverbs 15:23)

A man lacking in judgment strikes hands in pledge and puts up security for his neighbor. 为邻舍击掌作保证人的，是无知的人。 (Proverbs 17:18)

A fool has no delight in understanding, but only in airing his own opinions. 愚昧人不喜欢明白事理，只喜欢显露自己的心意。 (Proverbs 18:2)

The words of a gossip are like choice morsels; they go down into the innermost parts of the body. (Proverbs 18:8)

He who answers a matter before he hears, that is his folly and his shame. 不先聆听就回答的，这就是他的愚妄和羞辱。 (Proverbs 18:13)

The tongue has the power of death and life, and those who love it will eat its fruit. 生与死都在舌头的权下；爱把弄这权柄的，必自食其果。 (Proverbs 18:21)

What is desirable in a man is his kindness, and it is better to be a poor man than a liar. 人所渴望的，就是忠诚；作穷人比作撒谎的人还好。 (Proverbs 19:22)

A prudent man sees evil and hides himself, but the simple keep going and suffer for it. 精明人看见灾祸，就躲藏起来；愚蒙人却往前走，自取祸害。 (Proverbs 22:3; 27:12)

Better is open rebuke than love that is concealed. 坦白的责备，胜过暗中的爱。 (Proverbs 27:5)

Faithful are the wounds of a friend, but the kisses of an enemy are deceitful. 爱你的人加的创伤是出于忠诚；恨你的人却与你连连亲嘴。 (Proverbs 27:6)

Do you see a man who is hasty in his words? There is more hope for a fool than for him. 你见过言语急躁的人吗？愚昧人比他更有指望。 (Proverbs 29:20)

These are the things I shall do: speak the truth to others, judge with truth and justice for peace, not plot evil against my neighbor, and not love a false oath; for all these things the Lord hates. 你们应当行这些事：你们各人要与邻舍说真话，在你们的城门口要凭着诚实和公正施行审判。  你们各人不要心里图谋恶事，彼此陷害，也不可好起假誓，因为这些都是我所恨恶的。’这是耶和华的宣告。” (Zechariah 8:16-17)

I will not let any corrupt word come out of my mouth, but only what is helpful for building others up according to their needs, that it may impart grace to those who hear. 一句坏话也不可出口，却要适当地说造就人的好话，使听见的人得益处。 (Ephesians 4:29)

I will put away all of these things: anger, wrath, malice, slander, and abusive language from my mouth. 但现在你们要除去忿怒、恼怒、恶毒、毁谤，以及粗言秽语这一切事。 (Colossians 3:8)

Everyone should be quick to hear, slow to speak, and slow to anger, for the anger of man does not produce the righteousness of God. 我亲爱的弟兄们，你们要知道，人人都应该快快地听，慢慢地说，慢一点动怒；  因为人的忿怒并不能成全　神的义。 (James 1:19-20)

The tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil that is set among the parts of the body, that corrupts the whole body, and sets the whole course of our life on fire and is set on fire by hell. 照样，舌头虽然是个小肢体，却会说夸大的话。试看，星星之火，可以燎原；  舌头就是火，在我们百体中，是个不义的世界，能污秽全身，把整个生命在运转中焚烧起来，而且是被地狱之火点燃的。 (James 3:5-6)

All kinds of animals, birds, reptiles, and creatures of the sea are being tamed and have been tamed by man, but no man can tame the tongue. It is a restless evil, full of deadly poison. With the tongue we praise our Lord and Father, and with it we curse men, who have been made in the likeness of God; out of the same mouth come blessing and cursing, and this should not be. 各类飞禽、走兽、昆虫、水族，都可以驯服，而且都已经被人类制伏了；  可是没有人能够制伏舌头；它是喋喋不休的恶物，充满了致命的毒素。  我们用它来称颂我们的主和天父，又用它来咒诅照　神的形象被造的人。  同一张嘴竟然又称颂主，又咒诅人；我的弟兄们，这是不应该的！ (James 3:7-10)

**Humility**

When I am blessed with abundance, I will beware lest my heart becomes proud, and I forget the Lord my God who provided all good things, thinking that it was my power and the strength of my hand that brought this wealth. 恐怕你吃饱了，建造美好的房屋居住，  你的牛羊加多，你的金银增添，你所有的一切都增加了，  那时，你就心高气傲，忘记了耶和华你的　神，就是把你从埃及地，从为奴之家领出来的那一位。  恐怕你心里说：‘这财富是我的力量，是我手的能力使我得着的。’ (Deuteronomy 8:12-14, 17)

When pride comes, then comes dishonor, but with humility comes wisdom. 傲慢来，羞辱也来；谦卑的人却有智慧。 (Proverbs 11:2)

The fear of the Lord is the instruction for wisdom, and humility comes before honor. (Proverbs 15:33)

Pride goes before destruction, and a haughty spirit before a fall. 在灭亡以先，必有骄傲；在跌倒以前，心中高傲。 (Proverbs 16:18)

It is better to be of a humble spirit with the lowly than to divide the spoil with the proud. 存谦卑的心与穷乏人在一起，胜过与骄傲人同分战利品。 (Proverbs 16:19)

Before his downfall the heart of a man is haughty, but humility comes before honor. 灭亡以先，人心高傲；尊荣以先，必有谦卑。 (Proverbs 18:12)

Haughty eyes and a proud heart, the lamp of the wicked, are sin. 高傲的眼、傲慢的心，恶人的灯，都是罪恶。 (Proverbs 21:4)

Humility and the fear of the Lord bring wealth and honor and life. 谦卑和敬畏耶和华的赏赐，就是财富、荣耀和生命。 (Proverbs 22:4)

I will not boast about tomorrow, for I do not know what a day may bring forth. 不要为明日自夸，因为今天要发生什么事，你尚且不知道。 (Proverbs 27:1)

I will let another praise me, and not my own mouth; a stranger, and not my own lips. 让外人夸奖你，不可自己夸奖自己；让别人称赞你，不可自己称赞自己。 (Proverbs 27:2)

A man’s pride brings him low, but the humble of spirit will gain honor. 人的骄傲必使他卑微；心里谦卑的，必得尊荣。 (Proverbs 29:23)

The proud looks of man will be humbled, and the loftiness of men brought low; the Lord alone will be exalted. 到那日，眼目高傲的人必降卑，性情骄傲的人也必俯首，唯独耶和华被高举。 (Isaiah 2:11)

Woe to those who are wise in their own eyes and clever in their own sight! 那些自以为有智慧，自视为聪明的人，有祸了！ (Isaiah 5:21)

This is the one You esteem: he who is humble and contrite of spirit, and who trembles at Your word. (Isaiah 66:2b)

Thus says the Lord: “Let not the wise man boast of his wisdom, and let not the strong man boast of his strength, and let not the rich man boast of his riches; but let him who boasts boast about this: that he understands and knows Me, that I am the Lord, who exercises lovingkindness, justice, and righteousness on earth; for in these I delight,” declares the Lord. 耶和华这样说：“智慧人不可夸耀自己的智慧，勇士不可夸耀自己的勇力，财主不可夸耀自己的财富。  夸口的却要因了解我，认识我而夸口；认识我是耶和华，我在地上施行慈爱、公正、公义；因为我喜悦这些事。”这是耶和华的宣告。 (Jeremiah 9:23-24)

Should I seek great things for myself? I will seek them not. 你要为自己图谋大事吗？不要图谋！看哪！我必使灾祸降在全人类身上，但无论你到什么地方去，我必使你捡回自己的性命。’”这是耶和华的宣告。 (Jeremiah 45:5)

You have called the humble of the earth who have upheld Your justice to seek the Lord, to seek righteousness, and to seek humility. 地上所有谦卑的人，就是遵守耶和华典章的人哪！你们要寻求耶和华，你们要寻求公义，寻求谦卑。在耶和华忿怒的日子，你们或许得以隐藏起来。 (Zephaniah 2:3)

Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. “心灵贫乏的人有福了，因为天国是他们的。  哀痛的人有福了，因为他们必得安慰。  温柔的人有福了，因为他们必承受地土。 (Matthew 5:3-5)

Whoever exalts himself will be humbled, and whoever humbles himself will be exalted. 凡高抬自己的，必被降卑；凡自己谦卑的，必被升高。 因为凡高抬自己的，必要降卑；自己谦卑的，必要升高。” (Matthew 23:12; Luke 14:11; 18:14)

I will not trust in myself or in my own righteousness, nor will I view others with contempt. 耶稣向那些自恃为义、轻视别人的人，讲了这个比喻： (Luke 18:9)

I will be of the same mind with others; I will not be haughty in mind or wise in my own estimation, but I will associate with the humble. 要彼此同心，不可心高气傲，倒要俯就卑微的。不可自以为聪明。 (Romans 12:16)

Let him who boasts, boast in the Lord. 正如经上所说的：“夸口的应当靠着主夸口。” (1 Corinthians 1:31)

Who makes me different from anyone else? And what do I have that I did not receive? And if I did receive it, why I should I boast as though I had not received it? (1 Corinthians 4:7)

Let him who thinks he stands take heed lest he fall. 所以，那自以为站得稳的，应当谨慎，免得跌倒。 (1 Corinthians 10:12)

I do not dare to classify or compare myself with other people, for it is unwise to measure or compare myself with others. I will not boast beyond proper limits but within the sphere of the gospel of Christ. “Let him who boasts boast in the Lord.” For it is not the one who commends himself who is approved, but the one whom the Lord commends. 我们不敢和那些自我推荐的人相提并论；他们拿自己来量自己，拿自己来比自己，实在不大聪明。  我们所夸的，并没有越过范围，而是在　神量给我们的界限之内；这界限一直延伸到你们那里。  如果我们没有到过你们那里，现在就自夸得过分了；但事实上，我们早就把基督的福音传到你们那里了。  夸口的应当靠着主夸口，  因为蒙悦纳的，不是自我推荐的人，而是主所推荐的人。 (2 Corinthians 10:12-14, 17-18)

If anyone thinks he is something when he is nothing, he deceives himself. 如果有人本来没有什么了不起，却自以为是了不起的，就是欺骗自己。 (Galatians 6:3)

I want to walk in a way that is worthy of the calling with which I was called, with all humility and meekness and patience. 因此，我这为主被囚禁的劝你们：行事为人，要配得上你们所蒙的呼召，  凡事谦虚、温柔、忍耐，用爱心彼此宽容； (Ephesians 4:1-2)

I should let my gentleness be evident to all men; the Lord is near. 要使大家看出你们谦和的心。主已经近了。 (Philippians 4:5)

The brother in humble circumstances should glory in his high position, and the one who is rich should glory in his humiliation, because he will pass away like a flower of the field. 卑微的弟兄应当以高升为荣；  富足的也不应该以降卑为辱；因为他如同草上的花，必要过去。 (James 1:9-10)

I will submit myself to God and resist the devil, and he will flee from me. I will humble myself before the Lord, and He will exalt me. 你们应当顺服　神，抵挡魔鬼，魔鬼就逃避你们。  你们务要在主面前谦卑，他就使你们高升。 (James 4:7, 10)

I should not say, “Today or tomorrow I will go to this or that city, spend a year there, carry on business, and make a profit.” For I do not even know what my life will be tomorrow. I am a vapor that appears for a little while and then vanishes away. Instead, I ought to say, “If the Lord wills, I will live and do this or that.” Otherwise, I boast in my arrogance, and all such boasting is evil. 你们说：“今天或明天，我们要到某城去，在那里住一年，作生意赚钱。”  其实明天怎样，你们并不知道。你们的生命是什么呢？你们本来是过眼云烟，转瞬之间就消逝了。  你们倒不如说：“主若愿意，我们就可以活着，作这事或作那事。”  但现在你们竟然张狂自夸；这一切自夸，都是邪恶的。 (James 4:13-16)

I will humble myself under the mighty hand of God, that He may exalt me in due time, casting all my anxiety upon Him, because He cares for me. 所以你们要谦卑，服在　神大能的手下，到了时候，他必叫你们升高。  你们要把一切忧虑卸给　神，因为他顾念你们。 (1 Peter 5:6-7)

**Teachability**

Before I was afflicted I went astray, but now I keep Your word. It was good for me to be afflicted, so that I might learn Your statutes. 我受苦以先，犯了错误；现在我谨守你的话。  我受苦是对我有益的，为要使我学习你的律例。 (Psalm 119:67, 71)

Your commandment is a lamp; Your teaching is a light, and Your reproofs of discipline are the way to life. 因为诫命是灯，训诲是光，出于管教的责备是生命之道， (Proverbs 6:23)

Instruct a wise man, and he will be wiser still; teach a righteous man, and he will increase in learning. 教导智慧人，他就越有智慧；指教义人，他就增加学问。 (Proverbs 9:9)

The wise in heart accept commands, but a chattering fool will be thrown down. 心存智慧的，必接受诫命；嘴唇愚妄的，必自招灭亡。 (Proverbs 10:8)

He who heeds instruction is on the path of life, but he who refuses correction goes astray. 遵守教训的，走在生命的路上；离弃责备的，却是走上错路。 (Proverbs 10:17)

Whoever loves instruction loves knowledge, but he who hates correction is stupid. 喜爱教训的，就是喜爱知识；厌恶责备的，却是愚顽人。 (Proverbs 12:1)

The way of a fool is right in his own eyes, but a wise man listens to counsel. 愚妄人所行的，在自己眼中看为正直，只有智慧人肯听劝告。 (Proverbs 12:15)

Pride breeds nothing but strife, but wisdom is found in those who take advice. 傲慢只能引起争端；接受劝告的却有智慧。 (Proverbs 13:10)

He who listens to a life-giving rebuke will be at home among the wise. He who refuses instruction despises himself, but he who heeds correction gains understanding. (Proverbs 15:31-32)

He who heeds the word prospers, and blessed is he who trusts in the Lord. 留心听训言的必定得益；倚靠耶和华的是有福的人。 (Proverbs 16:20)

A rebuke goes deeper into a wise man than a hundred lashes into a fool. 对聪明人说一句责备的话，胜过责打愚昧人一百下。 (Proverbs 17:10)

The heart of the prudent acquires knowledge, and the ear of the wise seeks knowledge. 聪明人的心获得知识；智慧人的耳朵寻求知识。 (Proverbs 18:15)

It is not good for a person to be without knowledge, and he who hastens with his feet sins. 一个人没有知识是不好的，脚步匆忙的，难免失足。 (Proverbs 19:2)

I will listen to counsel and accept instruction, that I may be wise in my latter days. 你要听劝告，受管教，好使你将来作个有智慧的人。 (Proverbs 19:20)

All Scripture is God-breathed and is useful for teaching, for reproof, for correction, for training in righteousness, that the man of God may be thoroughly equipped for every good work. 全部圣经都是　神所默示的，在教训、责备、矫正和公义的训练各方面，都是有益的，  为要使属　神的人装备好，可以完成各样的善工。 (2 Timothy 3:16-17)

I will not forget the exhortation that addresses me as a son: “My son, do not despise the Lord’s discipline, nor lose heart when you are rebuked by Him, for whom the Lord loves He disciplines, and He chastises every son whom He receives.” 你们又忘记了那劝你们好像劝儿子的话，说：“我儿！你不可轻看主的管教，受责备的时候也不要灰心；  因为主所爱的，他必管教，他又鞭打所收纳的每一个儿子。” (Hebrews 12:5-6)

I will endure discipline, for God is treating me as a son. For what son is not disciplined by his father? If I am without discipline, of which all have become partakers, then I am an illegitimate child and not a true son. Moreover, we have all had human fathers who disciplined us, and we respected them; how much more should I be subjected to the Father of spirits and live? 为了接受管教，你们要忍受，因为　神待你们好像待儿子一样；哪有儿子不受父亲管教的呢？  作儿子的都受过管教。如果你们没有受管教，就是私生子，不是儿子了。  还有，肉身的父亲管教我们，我们尚且敬重他们；何况那万灵的父，我们不是更要顺服他而得生吗？ (Hebrews 12:7-9)

Our fathers disciplined us for a little while as they thought best, but God disciplines us for our good, that we may share in His holiness. No discipline seems pleasant at the time, but painful; later on, however, it produces the peaceable fruit of righteousness for those who have been trained by it. 肉身的父亲照着自己的意思管教我们，只有短暂的日子；唯有　神管教我们，是为着我们的好处，使我们在他的圣洁上有分。  但是一切管教，在当时似乎不觉得快乐，反觉得痛苦；后来却为那些经过这种操练的人，结出平安的果子来，就是义。 (Hebrews 12:10-11)

**Contentment, Single-mindedness, and Peace**

I shall not covet my neighbor’s house, my neighbor’s wife, his manservant or maidservant, his ox or donkey, or anything that belongs to my neighbor. “不可贪爱你邻舍的房屋；不可贪爱你邻舍的妻子、仆婢、牛驴和他的任何东西。” “‘不可贪爱你邻舍的妻子；不可贪图你邻舍的房屋、田地、仆婢、牛驴和你邻舍的任何东西。’ (Exodus 20:17; Deuteronomy 5:21)

This is the day the Lord has made; I will rejoice and be glad in it. 这是耶和华所定的日子，我们要在这一日欢喜快乐。 (Psalm 118:24)

A heart at peace gives life to the body, but envy is rottenness to the bones. 心里平静，可使身体健康；但嫉妒能使骨头朽烂。 (Proverbs 14:30)

Better a little with the fear of the Lord than great wealth with turmoil. 财物虽少而敬畏耶和华，胜过财物丰富却烦恼不安。 (Proverbs 15:16)

Better is a little with righteousness than great income with injustice. (Proverbs 16:8)

Better is a dry crust with quietness than a house full of feasting with strife. 平静相安地吃一块干饼，胜过筵席满屋，吵闹相争。 (Proverbs 17:1)

I will not wear myself out to get rich; I will have the understanding to cease. I will not set my desire on what flies away, for wealth surely sprouts wings and flies into the heavens like an eagle. 不要劳碌求富，你要明智地放下这企图。  你的眼睛注视在钱财上，钱财却不见了，因为钱财必长起翅膀，如鹰飞往天上。 (Proverbs 23:4-5)

Everyone who eats and drinks and sees good in all his labor—it is the gift of God. 人人有吃有喝，在自己的一切劳碌中自得其乐；这就是　神的恩赐。 (Ecclesiastes 3:13)

He who loves money will not be satisfied with money; nor he who loves abundance, with its increase. 贪爱银子的，不因有银子满足；贪爱财富的，也不因得利知足。这也是虚空。 (Ecclesiastes 5:10)

Blessed are the pure in heart, for they shall see God. Blessed are the peacemakers, for they shall be called sons of God. 内心清洁的人有福了，因为他们必看见　神。  使人和平的人有福了，因为他们必称为　神的儿子。 (Matthew 5:8-9)

I will not lay up for myself treasures on earth, where moth and rust destroy and where thieves break in and steal. But I will lay up for myself treasures in heaven, where moth and rust do not destroy and where thieves do not break in and steal. For where my treasure is, there my heart will be also. “不可为自己在地上积聚财宝，因为地上有虫蛀，有锈侵蚀，也有贼挖洞来偷。  要为自己积聚财宝在天上，那里没有虫蛀锈蚀，也没有贼挖洞来偷。  你的财宝在哪里，你的心也在哪里。 因为你们的财宝在哪里，你们的心也在哪里。 (Matthew 6:19-21; Luke 12:34)

No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. I cannot serve God and wealth. “一个人不能服事两个主人；他若不是恨这个爱那个，就是忠于这个轻视那个。你们不能服事　神，又服事金钱。 “一个家仆不能服事两个主人；他若不是恨这个爱那个，就是忠于这个轻视那个。你们不能服事　神，又服事金钱。” (Matthew 6:24; Luke 16:13)

I will not worry about my life, what I will eat or what I will drink; or about my body, what I will wear. Life is more than food, and the body more than clothes. The birds of the air do not sow or reap or gather into barns, and yet my heavenly Father feeds them. Am I not much more valuable than they? Who by worrying can add a single hour to his life? And why do I worry about clothes? I will consider how the lilies of the field grow; they neither labor nor spin, yet not even Solomon in all his splendor was dressed like one of these. But if God so clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will He not much more clothe me? So I will not worry, saying, “What shall I eat?” or “What shall I drink?” or “What shall I wear?” For the pagans run after all these things, and my heavenly Father knows that I need them. But I will seek first His kingdom and His righteousness, and all these things will be added to me. 所以我告诉你们，不要为生命忧虑吃什么喝什么，也不要为身体忧虑穿什么。难道生命不比食物重要吗？身体不比衣服重要吗？  你们看天空的飞鸟：它们不撒种，不收割，也不收进仓里，你们的天父尚且养活它们；难道你们不比它们更宝贵吗？  你们中间谁能用忧虑使自己的寿命延长一刻呢？  何必为衣服忧虑呢？试想田野的百合花怎样生长，它们不劳苦，也不纺织。  但我告诉你们，就是所罗门最威荣的时候所穿的，也比不上这花中的一朵。  田野的草，今天还在，明天就投进炉里，　神尚且这样妆扮它们；小信的人哪，何况你们呢？  所以不要忧虑，说：‘我们该吃什么？喝什么？穿什么？’  这些都是教外人所寻求的，你们的天父原知道你们需要这一切。  你们要先求他的国和他的义，这一切都必加给你们。 耶稣又对门徒说：“所以我告诉你们，不要为生命忧虑吃什么，也不要为身体忧虑穿什么。  因为生命比饮食重要，身体比衣服重要。  你们想想乌鸦：它们不种也不收，无仓又无库，　神尚且养活它们；你们比飞鸟贵重得多了。  你们中间谁能用忧虑使自己的寿命延长一刻呢？  既然连这极小的事都不能作，为什么还忧虑其他的事呢？  你们想想百合花，怎样不劳苦，也不纺织。但我告诉你们，就是所罗门最荣华的时候所穿的，也比不上这花中的一朵呢。  小信的人哪，田野的草，今天还在，明天就投进炉里，　神尚且这样给它装饰，何况你们呢？  你们不要求吃什么，喝什么，也不要忧虑，  因为这一切都是世上不信的人所寻求的。你们的父原知道你们需要这一切。  你们只管求他的国，这些东西都必加给你们。 (Matthew 6:25-33; Luke 12:22-31)

I will not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. 所以不要为明天忧虑，因为明天自有明天的忧虑，一天的难处一天当就够了。” (Matthew 6:34)

I do not want to be worried and troubled about many things; only one thing is needed. Like Mary, I want to choose the good part, which will not be taken away from me. 主回答她：“马大，马大，你为许多事操心忙碌，  但是最需要的只有一件，马利亚已经选择了那上好的分，是不能从她夺去的。” (Luke 10:41-42)

I will beware and be on my guard against all covetousness, for my life does not consist in the abundance of my possessions. 于是他对众人说：“你们要谨慎，远离一切贪心，因为人的生命并不在于家道丰富。” (Luke 12:15)

I do not want to lay up treasure for myself without being rich toward God. 凡为自己积财，在　神面前却不富足的，也是这样。” (Luke 12:21)

I will covet no one’s money or possessions. 我从来没有贪图任何人的金银或衣服。 (Acts 20:33)

I will be anxious for nothing, but in everything by prayer and petition with thanksgiving, I will let my requests be known to God. And the peace of God, which transcends all understanding, will guard my heart and my mind in Christ Jesus. 应当毫无忧虑，只要凡事借着祷告祈求，带着感恩的心，把你们所要的告诉　神。  这样，　神所赐超过人能了解的平安，必在基督耶稣里，保守你们的心思意念。 (Philippians 4:6-7)

I want to learn to be content in whatever circumstances I am. Whether I am abased or in abundance, whether I am filled or hungry, I want to learn the secret of being content in any and every situation. I can do all things through Him who strengthens me. 我并不是因为缺乏才这样说：我已经学会了，无论在什么情况之下都可以知足。  我知道怎样处卑贱，也知道怎样处富裕；我已经得了秘诀，无论在任何情况之下，或是饱足，或是饥饿，或是富裕，或是缺乏，都可以知足。  我靠着那加给我能力的，凡事都能作。 (Philippians 4:11-13)

I will let the peace of Christ rule in my heart, to which I was called as a member of one body, and I will be thankful. 又要让基督的平安在你们心里作主；你们蒙召归为一体，也是为了这个缘故。你们要有感谢的心。 (Colossians 3:15)

Godliness with contentment is great gain. For I brought nothing into the world, and I can take nothing out of it. But if I have food and clothing, with these I will be content. 其实敬虔而又知足，就是得大利的途径，  因为我们没有带什么到世上来，也不能带什么去。  只要有衣有食，就应当知足。 (1 Timothy 6:6-8)

Those who want to get rich fall into temptation and a snare and into many foolish and harmful desires that plunge men into ruin and destruction. For the love of money is a root of all kinds of evil, and some by longing for it have wandered from the faith and pierced themselves with many sorrows. But I will flee from these things, and pursue righteousness, godliness, faith, love, patience, and gentleness. 但那些想要发财的人，就落在试探中和陷阱里；又落在许多无知而有害的私欲里，使人沉沦在败坏和灭亡中；  因为贪财是万恶之根。有人贪爱钱财，就被引诱离开真道，用许多痛苦把自己刺透了。  但你这属　神的人啊，应该逃避这些事，要追求公义、敬虔、信心、爱心、忍耐和温柔。 (1 Timothy 6:9-11)

I will keep my life free from the love of money and be content with what I have, for You have said, “I will never leave you, nor will I forsake you.” 你们为人不要贪爱钱财，要以现在所有的为满足；因为　神亲自说过：“我决不撇下你，也不离弃你。” (Hebrews 13:5)

I want to be a person of faith, who does not doubt the promises of God, and not a double-minded man, who is unstable in all his ways. 可是，他应该凭着信心祈求，不要有疑惑；因为疑惑的人，就像被风吹荡翻腾的海浪。  因为三心两意的人，在他的一切道路上，都摇摆不定。 (James 1:6, 8)

I know that friendship with the world is enmity toward God. Anyone who wants to be a friend of the world makes himself an enemy of God. 淫乱的人哪，你们不知道与世俗为友，就是与　神为敌吗？所以与世俗为友的，就成了　神的仇敌。 (James 4:4)

I will not love the world or the things in the world. If anyone loves the world, the love of the Father is not in him. For all that is in the world—the lust of the flesh, the lust of the eyes, and the pride of life—is not of the Father but of the world. And the world and its lusts are passing away, but the one who does the will of God abides forever. 不要爱世界和世上的东西。人若爱世界，爱父的心就不在他里面了。  原来世上的一切，就如肉体的私欲，眼目的私欲和今生的骄傲，都不是出于父，而是从世界来的。  这世界和世上的私欲都要渐渐过去，但那遵行　神旨意的却存到永远。 (1 John 2:15-17)

**Discipline and Self-control**

Like Ezra, I want to set my heart to study the word of the Lord, and to do it, and to teach it to others. 因为以斯拉专心寻求研究耶和华的律法，并且遵行，在以色列中教导律例和典章。 (Ezra 7:10)

Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of scorners. But his delight is in the law of the Lord, and in His law he meditates day and night. And he shall be like a tree planted by streams of water, which yields its fruit in its season and whose leaf does not wither; and whatever he does will prosper. 有福的人：不从恶人的计谋，不站罪人的道路，不坐好讥笑的人的座位。  他喜爱的是耶和华的律法，他昼夜默诵的也是耶和华的律法。  他像一棵树，栽在溪水旁，按时结果子，叶子总不枯干；他所作的一切，尽都顺利。 (Psalm 1:1-3)

How can a young man keep his way pure? By keeping it according to Your word. 少年人用什么洁净自己的行为呢？就是要遵守你的话。 (Psalm 119:9)

I have hidden Your word in my heart that I might not sin against You. 我把你的话藏在心里，免得我得罪你。 (Psalm 119:11)

The Lord is my portion; I have promised to keep Your words. I considered my ways and turned my steps to Your testimonies. 耶和华啊！你是我的业分，我曾说我要谨守你的话。  我思想我所行的道路，就转回脚步归向你的法度。 (Psalm 119:57, 59)

I have kept my feet from every evil path that I might keep Your word. I gain understanding from Your precepts; therefore I hate every false way. 我制止我的脚不走任何邪恶的路，为要谨守你的话。  我借着你的训词，得以明白事理；因此，我恨恶一切虚谎的道。 (Psalm 119:101, 104)

Your word is a lamp to my feet and a light to my path. I have inclined my heart to perform Your statutes to the very end. 你的话是我脚前的灯，是我路上的光。  我专心遵行你的律例，永不改变，遵行到底。 (Psalm 119:105, 112)

A fool shows his annoyance at once, but a prudent man overlooks an insult. 愚妄人的恼怒立时显露，精明的人却能忍受羞辱。 (Proverbs 12:16)

A wise man fears and departs from evil, but a fool is arrogant and bold. A quick-tempered man acts foolishly, and a man of evil plots is hated. 智慧人敬畏耶和华（“智慧人敬畏耶和华”或译：“智慧人恐惧战兢”），远离恶事；愚昧人却骄傲自恃。  轻易动怒的，行事愚妄；心怀诡计的人，被人恨恶。 (Proverbs 14:16-17)

A hot-tempered man stirs up dissension, but he who is slow to anger calms a quarrel. 脾气暴烈的人常引起纷争；不轻易动怒的可平息争执。 (Proverbs 15:18)

He who is slow to anger is better than the mighty, and he who rules his spirit than he who takes a city. (Proverbs 16:32)

Laziness casts one into a deep sleep, and an idle person will be hungry. 懒惰使人沉睡，闲懒的人必受饥饿。 (Proverbs 19:15)

A man of great wrath must pay the penalty; if you rescue him, you will have to do it again. 常发烈怒的人，必须受罚，如果你帮助他，就必须一而再帮助他。 (Proverbs 19:19)

I will not be quickly provoked in my spirit, for anger rests in the bosom of fools. 你心里不要轻易动怒，因为恼怒留在愚昧人的胸怀中。 (Ecclesiastes 7:9)

I will watch and pray so that I will not fall into temptation; the spirit is willing, but the flesh is weak. 应当警醒、祷告，免得陷入试探；你们心灵虽然愿意，肉体却是软弱的。” (Matthew 26:41)

In my anger I will not sin; I will not let the sun go down while I am still angry, and I will not give the devil a foothold. 生气却不要犯罪；含怒不可到日落。  不可给魔鬼留地步。 (Ephesians 4:26-27)

I will devote myself to prayer, being watchful in it with thanksgiving. 你们要恒切祷告，在祷告的时候存着感恩的心警醒； (Colossians 4:2)

I will make it my ambition to lead a quiet life, to mind my own business, and to work with my own hands, so that I may walk properly toward those who are outside and lack nothing. 又要立志过安静的生活，办自己的事，亲手作工，正如我们从前吩咐过你们，  使你们行事为人可以得到外人的尊敬，自己也不会有什么缺乏了。 (1 Thessalonians 4:11-12)

We are all sons of the light and sons of the day. We do not belong to the night or to the darkness. So then, let us not be like others who are asleep, but let us be alert and self-controlled. 你们都是光明之子、白昼之子；我们不是属于黑夜的，也不是属于黑暗的。  所以，我们不要沉睡像别人一样，总要警醒谨慎。 (1 Thessalonians 5:5-6)

Since I belong to the day, I will be self-controlled, putting on the breastplate of faith and love, and the hope of salvation as a helmet. 但我们既然属于白昼，就应当谨慎，披上信和爱的胸甲，戴上救恩的盼望作头盔。 (1 Thessalonians 5:8)

I want to be above reproach, temperate, sensible, respectable, hospitable, able to teach, not given to drunkenness, not violent but gentle, not quarrelsome, not a lover of money, one who manages his own family well, and who keeps his children under control with proper respect. And I want a good reputation with outsiders, so that I will not fall into disgrace and the snare of the devil. 所以作监督的，必须无可指摘，只作一个妻子的丈夫，有节制，自律，庄重，乐意接待客旅，善于教导，  不好酒，不打人，只要温和，与人无争，不贪财，  好好管理自己的家，使儿女凡事敬重顺服。  作监督的也必须在教外有好声誉，免得他被人毁谤，就落在魔鬼的陷阱里。 (1 Timothy 3:2-4, 7)

I want to be worthy of respect, not double-tongued, not addicted to wine, not fond of dishonest gain, but holding the mystery of the faith with a clear conscience. 照样，执事也必须庄重，不一口两舌，不酗酒，不贪不义之财，  用清洁的良心持守信仰的奥秘。 (1 Timothy 3:8-9)

I will not neglect my spiritual gifts. 不要忽略你所得的恩赐，就是众长老按手时借着预言赐给你的。 (1 Timothy 4:14)

God has not given me a spirit of timidity, but a spirit of power, of love and of self-control. 因为　神所赐给我们的，不是胆怯的灵，而是有能力、仁爱、自律的灵。 (2 Timothy 1:7)

I will be diligent to present myself approved to God, a workman who does not need to be ashamed and who correctly handles the word of truth. 你应当竭力在　神面前作一个蒙称许、无愧的工人，正确地讲解真理的道。 (2 Timothy 2:15)

I want to be above reproach, blameless as a steward of God, not self-willed, not quick-tempered, not given to wine, not violent, not fond of dishonest gain, but hospitable, a lover of what is good, sensible, just, holy, and self-controlled. 如果有人无可指摘，只作一个妻子的丈夫，儿女都信主，也没有人控告他们放荡或不受约束，才可以作长老。  因为监督是　神的管家，所以必须无可指摘、不任性、不随便动怒、不好酒、不打人、不贪不义之财；  却要接待客旅、喜爱良善、自律、公正、圣洁、自制， (Titus 1:6-8)

The grace of God has appeared, bringing salvation to all men, teaching us to deny ungodliness and worldly passions and to live sensibly, righteously, and godly in the present age. 　神拯救万人的恩典已经显明出来了。  这恩典训练我们除去不敬虔的心，和属世的私欲，在今生过着自律、公正、敬虔的生活， (Titus 2:11-12)

I will prepare my mind for action and be self-controlled, setting my hope fully on the grace to be brought to me at the revelation of Jesus Christ. (1 Peter 1:13)

The end of all things is near; therefore I will be clear minded and self-controlled for prayer. 万物的结局近了，所以你们要谨慎警醒地祷告。 (1 Peter 4:7)

I will be self-controlled and alert; my adversary the devil prowls around like a roaring lion looking for someone to devour. But I will resist him, standing firm in the faith, knowing that my brothers throughout the world are undergoing the same kind of sufferings. 你们要谨守、警醒。你们的仇敌魔鬼，好像吼叫的狮子走来走去，寻找可以吞吃的人；  你们要用坚强的信心抵挡他，因为知道你们在世上的弟兄，也经历过同样的苦难。 (1 Peter 5:8-9)

**Courage and Perseverance**

I will be strong and courageous, being careful to obey Your word; I will not turn from it to the right or to the left, that I may act wisely wherever I go. 你只要坚强，十分勇敢，谨守遵行我仆人摩西吩咐你的一切律法，不可偏离左右，好使你无论到哪里去，都可以亨通。 (Joshua 1:7)

I will be strong and courageous; I will not be afraid or discouraged, for the Lord my God will be with me wherever I go. 我不是吩咐过你要坚强勇敢吗？所以，你不要惧怕，也不要惊慌；因为你无论到哪里去，耶和华你的　神必与你同在。” (Joshua 1:9)

I will be strong and courageous, and act. I will not be afraid or discouraged, for the Lord God is with me. He will not fail me or forsake me. 大卫又对他的儿子所罗门说：“你要坚强勇敢地去作，不要惧怕，也不要惊惶，因为耶和华　神，就是我的　神，与你同在；他必不撇下你，也不丢弃你，直到耶和华殿的一切工作都完成。 (1 Chronicles 28:20)

I will be strong and courageous; I will not be afraid or discouraged because of my adversaries, for there is a greater power with me than with them, for the Lord my God is with me to help me. “你们要坚强勇敢，不要因亚述王和他统领的大军惧怕惊慌；因为和我们同在的，比和他们同在的更多。  和他们同在的，不过是人血肉的手臂；和我们同在的，却是耶和华我们的　神，他必帮助我们，为我们作战。”众民因犹大王希西家的话都得着鼓励了。 (2 Chronicles 32:7-8)

I will not be afraid of my adversaries, but I will remember the Lord, who is great and awesome. 我巡视之后，就起来，对贵族、官长和其余的人民说：“不要怕他们，要记得主是伟大可畏的，要为你们的兄弟、儿女、妻子和你们的家争战。” (Nehemiah 4:14)

I will take courage and not be afraid, for the Lord Jesus is with me. 因为他们都看见了他，非常恐惧。耶稣立刻对他们说：“放心吧！是我，不要怕。” (Mark 6:50)

I will rejoice in hope, persevere in affliction, and continue steadfastly in prayer. 在盼望中要喜乐，在患难中要坚忍，祷告要恒切。 (Romans 12:12)

Thanks be to God, who gives us the victory through our Lord Jesus Christ. Therefore I will be steadfast, immovable, abounding in the work of the Lord, knowing that my labor in the Lord is not in vain. 感谢　神，他借着我们的主耶稣基督，把胜利赐给我们。  所以，我亲爱的弟兄们，你们务要坚固，不可动摇，常常竭力多作主工，因为知道你们的劳苦，在主里面不是徒然的。 (1 Corinthians 15:57-58)

I will be on my guard, stand firm in the faith, act with courage, and be strong. 你们要警醒，要在信仰上站立得稳，要作大丈夫，要刚强。 (1 Corinthians 16:13)

I am hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying about in my body the death of Jesus, so that the life of Jesus may also be revealed in my body. For we who live are always being delivered over to death for Jesus’ sake, so that His life may be revealed in our mortal body. 我们虽然四面受压，却没有压碎；心里作难，却不至绝望，  受到迫害，却没有被丢弃；打倒了，却不至死亡。  我们身上常常带着耶稣的死，好让耶稣的生也在我们的身上显明出来。  我们这些活着的人，为耶稣的缘故常常被人置于死地，好让耶稣的生也在我们必死的身上显明出来。 (2 Corinthians 4:8-11)

God’s servants have commended themselves in every way: in great endurance, in afflictions, in needs, in distresses, in beatings, in imprisonments, in tumults, in labors, in sleeplessness, in hunger, in purity, in knowledge, in patience, in kindness, in the Holy Spirit, in sincere love, in the word of truth, in the power of God—through the weapons of righteousness in the right hand and in the left, through glory and dishonor, through bad report and good report—as deceivers, and yet true; as unknown, and yet well known; as dying, and yet living; as beaten, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. 反而在各样的事上，表明自己是　神的仆人，就如持久的忍耐、患难、贫乏、困苦、  鞭打、监禁、扰乱、劳苦、不睡觉、禁食、  纯洁、知识、容忍、恩慈、圣灵、无伪的爱心、  真理的道、　神的大能等事上；并且是借着左右两手中公义的武器，  借着荣耀和羞辱、坏名声和好名誉。我们好像是骗人的，却是真诚的，  好像是人所不知的，却是人所共知的；好像是必死的，你看，我们却是活着的；好像是受惩罚的，却没有处死；  好像忧愁，却是常常喜乐的；好像贫穷，却使很多人富足；好像是什么都没有，却是样样都有。 (2 Corinthians 6:4-10)

I will not become weary in doing good, for at the proper time I will reap a harvest if I do not give up. 我们行善，不要觉得厌烦；如果不松懈，到了适当的时候，就有收成。 (Galatians 6:9)

I want the Lord to establish my heart as blameless and holy before our God and Father at the coming of our Lord Jesus with all His saints. 也愿他坚定你们的心，好叫你们在我们主耶稣和众圣徒再来的时候，在我们的父　神面前，完全圣洁，无可指摘。 (1 Thessalonians 3:13)

May our Lord Jesus Christ Himself and God our Father, who has loved us and has given us eternal consolation and good hope by grace, comfort our hearts and strengthen us in every good work and word. 愿我们的主耶稣基督自己，和那爱我们、开恩把永远的安慰和美好的盼望赐给我们的父　神，  安慰你们的心，并且在一切善行善言上，坚定你们。 (2 Thessalonians 2:16-17)

I do not want to grow weary in doing what is right. 弟兄们，你们行善不可灰心。 (2 Thessalonians 3:13)

I will fight the good fight of faith and lay hold of the eternal life to which I was called when I made the good confession in the presence of many witnesses. In the sight of God, who gives life to all things, and of Christ Jesus, who testified the good confession before Pontius Pilate, I want to keep this command without blemish or reproach until the appearing of our Lord Jesus Christ, which God will bring about in His own time. (1 Timothy 6:12-15a)

I will be self-controlled in all things, endure hardship, do the work of an evangelist, and fulfill my ministry. 你却要凡事谨慎，忍受磨难、作传福音者的工作，完成你的职务。 (2 Timothy 4:5)

I will fight the good fight, finish the race, and keep the faith, so that there will be laid up for me the crown of righteousness, which the Lord, the righteous Judge, will award to me on that day; and not only to me, but also to all who have longed for His appearing. (2 Timothy 4:7-8)

I desire to be diligent to realize the full assurance of hope to the end. I do not want to become sluggish but to imitate those who through faith and patience inherit the promises. 我们深愿你们各人都表现同样的热诚，一直到底，使你们的盼望可以完全实现，  并且不要懒惰，却要效法那些凭着信心和忍耐承受应许的人。 (Hebrews 6:11-12)

Since I have a great cloud of witnesses surrounding me, I want to lay aside every impediment and the sin that so easily entangles, and run with endurance the race that is set before me, fixing my eyes on Jesus, the author and perfecter of my faith, who for the joy set before Him endured the cross, despising the shame, and sat down at the right hand of the throne of God. I will consider Him who endured such hostility from sinners, so that I will not grow weary and lose heart. 所以，我们既然有这么多的见证人，像云彩围绕着我们，就应该脱下各样的拖累，和容易缠住我们的罪，以坚忍的心奔跑那摆在我们面前的赛程；  专一注视耶稣，就是我们信心的创始者和完成者。他因为那摆在面前的喜乐，就忍受了十字架，轻看了羞辱，现在就坐在　神宝座的右边。  这位忍受罪人那样顶撞的耶稣，你们要仔细思想，免得疲倦灰心。 (Hebrews 12:1-3)

I will consider it all joy whenever I fall into various trials, knowing that the testing of my faith produces endurance. And I will let endurance finish its work, so that I may be mature and complete, lacking in nothing. 我的弟兄们，你们遭遇各种试炼的时候，都要看为喜乐；  因为知道你们的信心经过考验，就产生忍耐。  但忍耐要坚持到底（“坚持到底”原文作“有完全的功效”），使你们可以完全，毫无缺乏。 (James 1:2-4)

Blessed is the man who perseveres under trial, because when he has been approved, he will receive the crown of life that God has promised to those who love Him. 能忍受试炼的人，是有福的；因为他经过考验之后，必得着生命的冠冕，这冠冕是主应许给爱他的人的。 (James 1:12)

I greatly rejoice in my salvation, though now for a little while, if necessary, I have been grieved by various trials, so that the proving of my faith, being much more precious than gold that perishes, even though refined by fire, may be found to result in praise, glory, and honor at the revelation of Jesus Christ. 因此，你们要喜乐。然而，你们现今在各种试炼中或许暂时会难过，  是要叫你们的信心经过试验，就比那被火炼过，仍会朽坏的金子更宝贵，可以在耶稣基督显现的时候，得着称赞、荣耀和尊贵。 (1 Peter 1:6-7)

Who is going to harm me if I am eager to do good? But even if I should suffer for what is right, I am blessed, and I will not fear what they fear or be intimidated. 如果你们热心行善，有谁能害你们呢？  就算你们要为义受苦，也是有福的。”不要怕人的恐吓，也不要畏惧。” (1 Peter 3:13-14)

Those who suffer according to the will of God should commit themselves to their faithful Creator in doing good. 所以那顺着　神的旨意而受苦的人，要继续地行善，把自己的生命交托那信实的创造者。 (1 Peter 4:19)

Since the day of the Lord will come like a thief, what kind of person should I be in holy conduct and godliness as I look for and hasten the coming of the day of God? But according to His promise, I am looking for new heavens and a new earth, in which righteousness dwells. Therefore, since I am looking for these things, I will be diligent to be found by Him in peace, spotless and blameless. 但主的日子必要像贼一样来到。在那日，天必轰然一声地消失，所有元素都因烈火而融化；地和地上所有的，都要被烧毁。  这一切既然都要这样融化，你们应当怎样为人，过着圣洁和敬虔的生活，  等候并催促　神的日子降临呢？因为在那日，天要被火焚烧就融化了，所有元素都因烈火而融解！  但是我们按照他所应许的，等候新天新地，有公义在那里居住。  所以，亲爱的，你们既然等候这些事，就当殷勤努力，使你们没有污点，没有瑕疵，安然见主。 (2 Peter 3:10-14)

I will abide in Christ, so that when He appears, I may have confidence and not be ashamed before Him at His coming. 孩子们，你们要住在主里面。这样，他若显现，我们就可以坦然无惧；他来的时候，我们也不至惭愧地躲避他了。 (1 John 2:28)

Being built up in the most holy faith and praying in the Holy Spirit, I want to keep myself in the love of God as I wait for the mercy of our Lord Jesus Christ to eternal life. 但你们呢，亲爱的，你们要在至圣的信仰上建立自己，在圣灵里祷告，  要保守自己在　神的爱中，仰望我们主耶稣基督的怜悯，直到永生。 (Jude 20-21)

my relationship

to others

**Love and Acceptance**

I will not hate my brother in my heart. “你不可心里恨你的兄弟；应坦诚责备你的邻舍，免得你因他担当罪过。 (Leviticus 19:17)

I will not take vengeance or bear a grudge against others, but I will love my neighbor as myself. 不可报复，也不可向你的族人怀恨，却要爱你的邻舍好像爱自己；我是耶和华。 (Leviticus 19:18)

Hatred stirs up strife, but love covers all transgressions. 恨能挑起纷争，爱能遮掩一切过失。 (Proverbs 10:12)

Better a meal of vegetables where there is love than a fattened calf with hatred. 吃素菜而彼此相爱，胜过吃肥牛却彼此憎恨。 (Proverbs 15:17)

He who covers a transgression seeks love, but he who repeats a matter separates close friends. 遮掩别人过犯的，得到人的喜爱；屡次提起别人过错的，离间亲密的朋友。 (Proverbs 17:9)

A friend loves at all times, and a brother is born for adversity. 朋友常显爱心，兄弟为患难而生。 (Proverbs 17:17)

I will love my enemies and pray for those who persecute me. 可是我告诉你们，当爱你们的仇敌，为迫害你们的祈祷， (Matthew 5:44)

If I forgive men for their transgressions, my heavenly Father will also forgive me. 如果你们饶恕别人的过犯，你们的天父也必饶恕你们。 (Matthew 6:14)

I will not judge, so that I will not be judged. For in the same way I judge others, I will be judged; and with the measure I use, it will be measured to me. “不可判断人，免得你们被判断。  你们怎样判断人，也必怎样被判断；你们用什么标准衡量人，也必照样被衡量。 (Matthew 7:1-2)

Whatever I want others to do to me, I will also do to them, for this is the Law and the Prophets. (Matthew 7:12)

Peter came to Jesus and asked, “Lord, how often shall my brother sin against me, and I forgive him? Up to seven times?” Jesus said to him, “I tell you, not seven times, but up to seventy times seven.” 那时，彼得前来问耶稣：“主啊，如果我的弟兄得罪我，我要饶恕他多少次？七次吗？”  耶稣对他说：“我告诉你，不是七次，而是七十个七次。 (Matthew 18:21-22)

“You shall love the Lord your God with all your heart and with all your soul and with all your mind.” This is the first and great commandment. And the second is like it: “You shall love your neighbor as yourself.” All the Law and the Prophets hang on these two commandments. 他回答：“你要全心、全性、全意爱主你的　神。  这是最重要的第一条诫命。  第二条也和它相似，就是要爱人如己。  全部律法和先知书，都以这两条诫命作为根据。” (Matthew 22:37-40)

The foremost commandment is this: “Hear, O Israel; the Lord our God, the Lord is one; and you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.” The second is this: “You shall love your neighbor as yourself.” There is no commandment greater than these. To love God with all the heart and with the understanding and with all the strength, and to love one’s neighbor as himself are more important than all burnt offerings and sacrifices. 耶稣回答：“第一重要的是：‘以色列啊，你要听！主我们的　神是独一的主。  你要全心、全性、全意、全力，爱主你的　神。’  其次是：‘要爱人如己。’再没有别的诫命比这两条更重要的了。”  我们要用全心、全意、全力去爱他，并且要爱人如己，这就比一切燔祭和各样祭物好得多了。” (Mark 12:29-31, 33)

I will love my enemies, do good to those who hate me, bless those who curse me, and pray for those who mistreat me. Just as I want others to do to me, I will do to them in the same way. “只是我告诉你们听道的人：当爱你们的仇敌，善待恨你们的人。  咒诅你们的，要为他们祝福，凌辱你们的，要为他们祷告。  你们愿意人怎样待你们，你们就应当怎样待人。 (Luke 6:27-28, 31)

I will love my enemies, do good to them, and lend to them, expecting nothing in return. Then my reward will be great, and I will be a child of the Most High; for He is kind to the ungrateful and evil. I will be merciful just as my Father is merciful. (Luke 6:35-36)

If I do not judge, I will not be judged; if I do not condemn, I will not be condemned; if I forgive, I will be forgiven. “你们不要判断人，就必不受判断；不要定人的罪，就必不被定罪；要饶恕人，就必蒙饶恕； (Luke 6:37)

You have given us a new commandment to love one another even as You have loved us; so we must love one another. By this all men will know that we are Your disciples, if we have love for one another. 我给你们一条新命令，就是要你们彼此相爱；我怎样爱你们，你们也要怎样彼此相爱。 (John 13:34)

This is Your commandment, that we love one another, as You have loved us. 你们要彼此相爱，像我爱你们一样，这就是我的命令。 (John 15:12)

My love must be sincere. I will hate what is evil and cling to what is good. 爱，不可虚伪；恶，要厌恶；善，要持守。 (Romans 12:9)

We must be devoted to one another in brotherly love, honoring one another above ourselves. 要以手足之爱彼此相亲，用恭敬的心互相礼让。 (Romans 12:10)

I will bless those who persecute me; I will bless and not curse. 迫害你们的，要为他们祝福；只可祝福，不可咒诅。 (Romans 12:14)

I will rejoice with those who rejoice and weep with those who weep. 要与喜乐的人一同喜乐，与哀哭的人一同哀哭。 (Romans 12:15)

I will owe nothing to anyone except to love them, for he who loves his neighbor has fulfilled the law. For the commandments, “You shall not commit adultery,” “You shall not murder,” “You shall not steal,” “You shall not covet,” and if there is any other commandment, it is summed up in this saying: “You shall love your neighbor as yourself.” Love does no harm to a neighbor; therefore love is the fulfillment of the law. 不要欠人的债；但在彼此相爱的事上，要觉得是欠了人的债。爱别人的，就成全了律法。  那“不可奸淫，不可杀人，不可偷盗，不可贪心”等等的诫命，都包括在“爱人如己”这一句话里面了。  爱是不加害于人的，所以爱是成全律法的。 (Romans 13:8-10)

I will accept him whose faith is weak, without passing judgment on his opinions. Who am I to judge another’s servant? To his own master he stands or falls, and he will stand, for the Lord is able to make him stand. 你们要接纳信心软弱的人，不要论断引起争论的事。  你是谁，竟然批评别人的家仆呢？他或站稳或跌倒，只和自己的主人有关；但他必定站稳，因为主能够使他站稳。 (Romans 14:1, 4)

I will not judge my brother or regard him with contempt. Instead of judging him, I will resolve not to put a stumbling block or obstacle in my brother’s way. (Romans 14:10a, 13)

I will accept others, just as Christ accepted me to the glory of God. 因此，你们应当彼此接纳，就像基督接纳了你们一样，使荣耀归于　神。 (Romans 15:7)

Knowledge puffs up, but love builds up. 关于祭过偶像的食物，我们晓得我们都有知识。但知识会使人自高自大，唯有爱心能造就人。 (1 Corinthians 8:1)

I was called to freedom, but I will not use my freedom to indulge the flesh, but through love I will serve others. For the whole law is summed up in this word: “You shall love your neighbor as yourself.” 弟兄们，你们蒙召得了自由；只是不可把这自由当作放纵情欲的机会，总要凭着爱心互相服事。  因为全部的律法，都在“爱人如己”这一句话里面成全了。 (Galatians 5:13-14)

I will put away all bitterness and anger and wrath and shouting and slander, along with all malice. And I will be kind and compassionate to others, forgiving them just as God in Christ also forgave me. 一切苛刻、恼怒、暴戾、嚷闹、毁谤，连同一切恶毒，都应当从你们中间除掉。  要互相友爱，存温柔的心，彼此饶恕，就像　神在基督里饶恕了你们一样。 (Ephesians 4:31-32)

I will bear with others and forgive whatever complaints I have against them; I will forgive just as the Lord forgave me. 如果有人对别人有嫌隙，总要彼此宽容，互相饶恕；主怎样饶恕了你们，你们也要照样饶恕人。 (Colossians 3:13)

May the Lord make me increase and abound in my love for believers and for unbelievers. 又愿主叫你们彼此相爱的心，和爱众人的心，都充充足足，多而又多，好像我们爱你们一样。 (1 Thessalonians 3:12)

Concerning brotherly love, we have been taught by God to love each other, and the Lord urges us to increase more and more. 论到弟兄相爱，用不着人写什么给你们，因为你们自己受了　神的教导，要彼此相爱。  其实，你们向全马其顿所有的弟兄，已经这样行了。但是，弟兄们，我们劝你们要更加彼此相爱； (1 Thessalonians 4:9-10)

We must let brotherly love continue. 你们总要保持弟兄的爱。 (Hebrews 13:1)

I will not slander other believers. Anyone who slanders his brother or judges his brother slanders the law and judges the law. When I judge the law, I am not a doer of the law, but a judge. There is only one Lawgiver and Judge, the One who is able to save and to destroy. Who am I to judge my neighbor? 弟兄们，不要互相毁谤；人若毁谤弟兄，或判断弟兄，就是毁谤律法、判断律法了。如果你判断律法，就不是实行律法的人，而是审判官了。  立法的，审判的，只有一位，就是那能拯救人，也能毁灭人的　神；你这判断邻舍的，你是谁呢？ (James 4:11-12)

In obedience to the truth I will purify my soul for a sincere love of the brethren, and I will love others fervently from the heart. 你们既因顺从真理，洁净了自己的心灵，以致能真诚地爱弟兄，就应当从清洁的心里彼此切实相爱。 (1 Peter 1:22)

Above all, I will have a fervent love for others, because love covers a multitude of sins. 最重要的是要彼此切实相爱，因为爱能遮盖许多的罪。 (1 Peter 4:8)

The one who loves his brother abides in the light, and there is no cause for stumbling in him. But the one who hates his brother is in the darkness and walks in the darkness and does not know where he is going, because the darkness has blinded his eyes. (1 John 2:10-11)

This is the message we heard from the beginning, that we should love one another. We know that we have passed out of death into life, because we love the brethren. The one who does not love abides in death. By this we know love, that Christ laid down His life for us, and we ought to lay down our lives for the brethren. 我们应当彼此相爱，因为这是你们从起初听见的信息。  我们因为爱弟兄，就知道我们已经出死入生了；不爱弟兄的，仍然住在死中。  主为我们舍命，这样，我们就知道什么是爱；我们也应当为弟兄舍命。 (1 John 3:11, 14, 16)

This is God’s commandment: that we believe in the name of His Son, Jesus Christ, and love one another as He commanded us. 　神的命令，就是要我们信他的儿子耶稣基督的名，并且照着他的吩咐彼此相爱。 (1 John 3:23)

We should love one another, for love is from God, and everyone who loves has been born of God and knows God. Whoever does not love does not know God, for God is love. 亲爱的，我们应当彼此相爱，因为爱是从　神那里来的。凡是爱人的，都是从　神生的，并且认识　神。  不爱人的，就不认识　神，因为　神就是爱。 (1 John 4:7-8)

In this is love, not that we loved God, but that He loved us and sent His Son to be the propitiation for our sins. Since God so loved us, we also ought to love one another. No one has ever seen God; but if we love one another, God abides in us, and His love is perfected in us. 不是我们爱　神，而是　神爱我们，差遣他的儿子为我们的罪作了赎罪祭，这就是爱了。  亲爱的，　神既然这样爱我们，我们也应当彼此相爱。  从来没有人见过　神，我们若彼此相爱，　神就住在我们里面，他的爱也在我们里面得到成全了。 (1 John 4:10-12)

We love, because God first loved us. If anyone says, “I love God,” and hates his brother, he is a liar; for the one who does not love his brother whom he has seen, cannot love God whom he has not seen. And we have this commandment from Him: that the one who loves God must also love his brother. 我们爱，因为　神先爱我们。  人若说“我爱　神”，却恨他的弟兄，就是说谎的。不爱看得见的弟兄，就不能爱看不见的　神。  爱　神的，也应当爱弟兄，这就是我们从　神领受的命令。 (1 John 4:19-21)

**Giving and Serving**

I will give generously to others without a grudging heart. 你必须给他，给他的时候，你不要心里难受，因为为了这事，耶和华你的　神必在你一切工作上，和你所办的一切事上，赐福给你。 (Deuteronomy 15:10)

I will not withhold good from those to whom it is due, when it is in my power to act. 如果你的手有行善的力量，就不可推辞，要向那些需要帮助的人行善。 (Proverbs 3:27)

A generous man will prosper, and he who waters will himself be refreshed. 乐善好施的人，必得丰裕；施惠于人的，自己也必蒙施惠。 (Proverbs 11:25)

He who oppresses the poor reproaches their Maker, but whoever is kind to the needy honors Him. 欺压贫寒的，就是辱骂造他的主；恩待穷苦人的，就是尊敬造他的主。 (Proverbs 14:31)

He who is kind to the poor lends to the Lord, and He will reward him for what he has done. 恩待穷人的，等于借钱给耶和华；他所行的，耶和华必偿还。 (Proverbs 19:17)

He who is generous will be blessed, for he shares his food with the poor. 心存良善看人的，必蒙赐福；因为他把自己的食物分给穷人。 (Proverbs 22:9)

I will learn to do good, seek justice, remove the oppressor, defend the orphan, and plead for the widow. 学习行善，寻求公平，指责残暴的人，替孤儿伸冤，为寡妇辨屈。” (Isaiah 1:17)

Is this not the fast You have chosen: to loose the bonds of wickedness, to undo the cords of the yoke, and to let the oppressed go free and break every yoke? Is it not to share our food with the hungry and to provide the poor wanderer with shelter; when we see the naked, to clothe him, and not to turn away from our own flesh? Then our light will break forth like the dawn, and our healing will quickly appear, and our righteousness will go before us; the glory of the Lord will be our rear guard. Then we will call, and the Lord will answer; we will cry, and He will say, “Here I am.” If we put away the yoke from our midst, the pointing of the finger and malicious talk, and if we extend our souls to the hungry and satisfy the afflicted soul, then our light will rise in the darkness, and our gloom will become like the noonday. 我所拣选的禁食不是这样吗？不是要松开凶恶的锁链，解开轭上的绳索，使被压迫的获得自由，折断所有的轭吗？  不是要把你的食物分给饥饿的人，把流浪的穷困人接到你的家里，见到赤身露体的，给他衣服蔽体，不可逃避自己的骨肉而不顾恤吗？  这样，你的光就必突然发出，像黎明的曙光，你的伤口就必快快复原；你的公义就必行在你的前面，耶和华的荣耀要作你的后盾。  那时，你求告，耶和华必应允；你呼求，他必说：“我在这里！”你若从你中间除掉欺压人的轭，除去指责人的指头和恶毒的言语，  你的心若顾念饥饿的人，使困苦的人得到饱足，你的光就必在黑暗中升起来，你的幽暗必如日中天。 (Isaiah 58:6-10)

When Christ comes to reign as king on His glorious throne, He will say to the sheep on His right hand, “Come, you who are blessed of My Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry, and you gave Me something to eat; I was thirsty, and you gave Me something to drink; I was a stranger, and you invited Me in; I was naked, and you clothed Me; I was sick, and you visited Me; I was in prison, and you came to Me.” Then the righteous will answer Him, “Lord, when did we see You hungry and feed You, or thirsty and give You something to drink? And when did we see You a stranger and invite You in, or naked and clothe You? And when did we see You sick or in prison and come to You?” And the King will answer and say to them, “I tell you the truth, inasmuch as you did it to one of the least of these brothers of Mine, you did it to Me.” “当人子在他的荣耀里，带着所有的使者降临的时候，他要坐在荣耀的宝座上。  那时，王要对右边的说：‘蒙我父赐福的，来承受创世以来为你们预备好的国吧。  因为我饿了，你们给我吃；我渴了，你们给我喝；我作旅客，你们接待我；  我赤身露体，你们给我衣服穿；我病了，你们看顾我；我在监里，你们来看我。’  义人就回答：‘主啊，我们什么时候见你饿了就给你吃，渴了就给你喝呢？  又什么时候见你作旅客就接待你，赤身露体就给你衣服穿呢？  或者什么时候见你病了，或在监里就来看你呢？’  王要回答他们：‘我实在告诉你们，你们所作的，只要是作在我一个最小的弟兄身上，就是作在我的身上了。’ (Matthew 25:31, 34-40)

Whoever gives another a cup of water to drink because of his name as a follower of Christ will by no means lose his reward. 无论谁因你们有属基督的名分，给你们一杯水喝的，我实在告诉你们，他决不会失掉赏赐。 (Mark 9:41)

When I give, it will be given to me; good measure, pressed down, shaken together, running over, will be poured into my lap. For with the measure I use, it will be measured back to me. 要给人，就必有给你们的；并且要用十足的升斗，连按带摇，上尖下流地倒在你们怀里；因为你们用什么升斗量给人，就必用什么升斗量给你们。” (Luke 6:38)

When I give a reception, if I invite the poor, the crippled, the lame, and the blind, I will be blessed, because they cannot repay me; for I will be repaid at the resurrection of the righteous. 你摆筵席的时候，总要邀请那贫穷的、残废的、瘸腿的、瞎眼的，  那你就有福了。因为他们没有什么可以报答你，义人复活的时候，你必定得着报答。” (Luke 14:13-14)

I must help the weak and remember the words of the Lord Jesus, that He said, “It is more blessed to give than to receive.” 我凡事以身作则，你们必须照样辛劳，扶助软弱的人，并且记念主耶稣的话：‘施比受更为有福。’” (Acts 20:35)

I will contribute to the needs of the saints and practice hospitality. 圣徒有缺乏的，就要接济；客旅要热诚地款待。 (Romans 12:13)

He who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one should give as he has decided in his heart, not reluctantly or under compulsion; for God loves a cheerful giver. And God is able to make all grace abound to us, so that always having all sufficiency in everything, we may abound in every good work. As it is written: “He has scattered abroad His gifts to the poor; His righteousness endures forever.” Now He who supplies seed to the sower and bread for food will also supply and increase our seed and will increase the fruits of our righteousness. 还有，少种的少收，多种的多收。  各人要照着心里所决定的捐输，不要为难，不必勉强，因为捐得乐意的人，是　神所喜爱的。  　神能把各样的恩惠多多地加给你们，使你们凡事常常充足，多作各样的善事。  如经上所说：“他广施钱财，赒济穷人；他的仁义，存到永远。”  但那赐种子给撒种的，又赐食物给人吃的　神，必定把种子加倍地供给你们，也必增添你们的义果。 (2 Corinthians 9:6-10)

Because of our ministry of supplying the needs of the saints, they will glorify God for the obedience that accompanies our confession of the gospel of Christ, and for the liberality of sharing with them and with everyone else. 众圣徒因为你们承认和服从了基督的福音，并且慷慨地捐输给他们和众人，借着你们在这供应的事上所得的凭据，就把荣耀归给　神。 (2 Corinthians 9:13)

I will not forget to show hospitality to strangers, for by so doing some have entertained angels without knowing it. 不要忘了用爱心接待人，有人就是这样作，在无意中就款待了天使。 (Hebrews 13:2)

I will remember those in prison as though bound with them, and those who are mistreated, since I myself am also in the body. 你们要记念那些被囚禁的人，好像跟他们一起被囚禁；也要记念那些受虐待的人，好像你们也亲自受过。 (Hebrews 13:3)

I will not forget to do good and to share with others, for with such sacrifices God is well pleased. 你们也不要忘记行善和捐输，这样的祭是　神所喜悦的。 (Hebrews 13:16)

This is pure and undefiled religion before our God and Father: to visit orphans and widows in their affliction and to keep oneself unspotted from the world. 在父　神看来，纯洁无玷污的虔诚，就是照顾患难中的孤儿寡妇，并且保守自己不被世俗所污染。 (James 1:27)

I will be hospitable to others without grumbling. 你们要互相接待，不发怨言。 (1 Peter 4:9)

As each of us has received a gift, we should use it to serve others, as good stewards of the manifold grace of God. 你们要作　神各样恩赐的好管家，各人照着所领受的恩赐彼此服事。 (1 Peter 4:10)

**General Affirmations**

I will not defraud my neighbor or rob him. “不可欺压你的邻舍，也不可抢夺他的东西；雇工的工钱，不可扣留在你那里到早晨。 (Leviticus 19:13)

I will do no injustice in judgment, nor show partiality to the poor or favoritism to the great, but I will judge my neighbor fairly. “你们审判的时候，不可行不义；不可偏袒穷人，也不可偏帮有权势的人；只要按着公义审判你的邻舍。 (Leviticus 19:15)

I will not hate my brother in my heart, but I will reprove my neighbor frankly and not incur sin because of him. “你不可心里恨你的兄弟；应坦诚责备你的邻舍，免得你因他担当罪过。 (Leviticus 19:17)

I will not mistreat my neighbor, but I will fear my God; for You are the Lord my God. 你们不可欺负对方，却要敬畏你的　神，因为我是耶和华你们的　神。 (Leviticus 25:17)

I will trust in You enough to honor You as holy in the sight of others. 耶和华对摩西和亚伦说：“因为你们不信我，不在以色列人眼前尊我为圣，所以你们必不得领这会众进入我赐给他们的地。” (Numbers 20:12)

Far be it from me that I should sin against the Lord by ceasing to pray for others. 至于我，我决不停止为你们祷告，以致得罪耶和华；我要把善道正路教导你们。 (1 Samuel 12:23)

I will not plan evil against my neighbor, since he lives trustfully by me. 你的邻舍在你旁边安居，你不可设计害他。 (Proverbs 3:29)

I will not strive with a man without cause, if he has done me no harm. 如果人没有加害于你，你不可无故与他相争。 (Proverbs 3:30)

An anxious heart weighs a man down, but a good word makes him glad. 心中忧虑，使人消沉；一句良言使他欢喜。 (Proverbs 12:25)

A righteous man guides his friends, but the way of the wicked leads them astray. 义人作自己邻舍的引导；恶人的道路，却使别人走迷。 (Proverbs 12:26)

I will stay away from a foolish man, for I will not find knowledge on his lips. 你当离开愚昧人，因为你不会从他的嘴里晓得知识。 (Proverbs 14:7)

Starting a quarrel is like breaching a dam, so I will stop a quarrel before it breaks out. 纷争的开始，如同决堤的水；所以在争执发生以前，就要制止。 (Proverbs 17:14)

I will not make friends with a hot-tempered man or associate with one easily angered, lest I learn his ways and set a snare for my soul. 容易发怒的人，不要与他为友；脾气暴躁的人，不要与他来往，  免得你效法他的行径，自己就陷在网罗里。 (Proverbs 22:24-25)

As iron sharpens iron, so one man sharpens another. 铁磨铁，磨得锋利；朋友互相切磋，才智（“才智”原文作“面”）也变得敏锐。 (Proverbs 27:17)

The sons of this world are more shrewd in dealing with their own kind than are the sons of light. I would be wise to use worldly wealth to make friends for myself, so that when it is gone, they may welcome me into the eternal dwellings. 主人就夸奖这不义的管家作事机警；因为在应付自己的世事上，今世之子比光明之子更精明。  我告诉你们，要用不义的钱财去结交朋友，好叫钱财无用的时候，他们可以接你们到永恒的帐棚里。 (Luke 16:8-9)

I will not repay anyone evil for evil, but I will seek to do what is right in the sight of all men. 不可以恶报恶。大家以为美的事，要努力去作。 (Romans 12:17)

If it is possible, as far as it depends on me, I will live at peace with all men. 可能的话，总要尽你们的所能与人和睦。 (Romans 12:18)

I will not take revenge, but leave room for the wrath of God, for it is written: “Vengeance is Mine; I will repay,” says the Lord. I will not be overcome by evil, but overcome evil with good. 亲爱的啊，不要为自己伸冤，宁可等候主的忿怒，因为经上记着，主说：“伸冤在我，我必报应。”  不可被恶所胜，反要以善胜恶。 (Romans 12:19, 21)

I will submit myself to the governing authorities. For there is no authority except from God, and the authorities that exist have been established by God. Consequently, he who resists authority has opposed the ordinance of God, and those who do so will bring judgment on themselves. 政府的权柄，人人都应当服从。因为没有一样权柄不是从　神来的；掌权的都是　神设立的。  所以抗拒掌权的，就是反对　神所设立的；反对的人必自招刑罚。 (Romans 13:1-2)

I will give to all what they are due: taxes to whom taxes are due, custom to whom custom, respect to whom respect, honor to whom honor. 你们要向各人清还所欠的；应当纳税的，就要给他纳税；应当进贡的，就给他进贡；应当敬畏的，就敬畏他；应当尊敬的，就尊敬他。 (Romans 13:7)

We who are strong ought to bear the weaknesses of those who are not strong, and not to please ourselves. Each of us should please his neighbor for his good, to build him up. 我们坚强的人，应该担当不坚强的人的软弱，不应该求自己的喜悦。  我们各人务要叫邻舍喜悦，好让他得到益处、得到造就。 (Romans 15:1-2)

No one should seek his own good, but the good of others. 人不要求自己的好处，却要求别人的好处。 (1 Corinthians 10:24)

God comforts us in all our afflictions, so that we can comfort those in any affliction with the comfort we ourselves have received from God. 我们在一切患难中，　神都安慰我们，使我们能用他所赐的安慰，去安慰那些在各样患难中的人。 (2 Corinthians 1:4)

I will not give cause for offense in anything, so that my ministry will not be discredited. 我们凡事都没有妨碍人，不让这职分受到毁谤， (2 Corinthians 6:3)

I will not become conceited, provoking others and envying others. 我们不可贪图虚荣，彼此触怒，互相嫉妒。 (Galatians 5:26)

I will obey those who are in authority over me with fear and trembling and with sincerity of heart, as to Christ; not with external service as a pleaser of men, but as a slave of Christ, doing the will of God from my heart. With good will I will serve as to the Lord and not to men, knowing that I will receive back from the Lord whatever good I do. 你们作仆人的，要存着敬畏、战兢和真诚的心，听从世上的主人，好像听从基督一样。  作事不要只作给人看，像那些讨人欢心的一样，却要像基督的仆人，从心里遵行　神的旨意，  甘心服务，像是服事主，不是服事人。  你们知道，无论是奴仆或自由的人，如果作了什么善事，都必从主那里得到赏赐。 (Ephesians 6:5-8)

I will treat subordinates with respect, not threatening them, knowing that both their Master and mine is in heaven, and there is no partiality with Him. 你们作主人的，也要照样对待仆人，不要威吓他们；你们知道，他们和你们在天上同有一位主，他并不偏待人。 (Ephesians 6:9)

I will do nothing out of selfish ambition or vain conceit, but in humility I will esteem others as more important than myself. I will look not only to my own interests, but also to the interests of others. 不要自私自利，也不要贪图虚荣，只要谦卑，看别人比自己强；  各人不要单顾自己的事，也要顾别人的事。 (Philippians 2:3-4)

I will do all things without complaining or arguing, so that I may become blameless and pure, a child of God without fault in the midst of a crooked and perverse generation, among whom I shine as a light in the world, holding fast the word of life. 无论作什么，都不要发怨言、起争论，  好使你们无可指摘、纯真无邪，在这弯曲乖谬的世代中，作　神没有瑕疵的儿女；你们要在这世代中发光，好像天上的光体一样，  把生命的道显扬出来，使我在基督的日子可以夸耀我没有空跑，也没有徒劳。 (Philippians 2:14-16)

I will obey those who are in authority over me in all things, not with external service as a pleaser of men, but with sincerity of heart, fearing the Lord. Whatever I do, I will work at it with all my heart, as to the Lord and not to men, knowing that I will receive the reward of the inheritance from the Lord. It is the Lord Christ I am serving. 你们作仆人的，要凡事听从世上的主人，作事不要只作给人看，像那些讨人欢心的一样，却要以真诚的心敬畏主。  无论你们作什么，都要从心里去作，像是为主作的，不是为人作的，  因为你们知道，你们一定会从主那里得到基业为赏赐。你们应当服事主基督， (Colossians 3:22-24)

I will provide my subordinates with what is just and fair, knowing that I also have a Master in heaven. 你们作主人的，要公平地对待仆人，因为知道你们也有一位主在天上。 (Colossians 4:1)

What is my hope or joy or crown of rejoicing in the presence of the Lord Jesus at His coming? My glory and joy is the people in whose lives I have been privileged to have a ministry. 我们主耶稣再来的时候，我们在他面前的盼望、喜乐或所夸耀的冠冕是什么呢？不就是你们吗？  是的，你们就是我们的荣耀，我们的喜乐。 (1 Thessalonians 2:19-20)

I will not repay evil for evil to anyone, but I will pursue what is good for others. 你们要注意，不管是谁都不要以恶报恶，却要在彼此相处和对待众人这方面，常常追求良善。 (1 Thessalonians 5:15)

If anyone does not provide for his own, and especially for his family, he has denied the faith and is worse than an unbeliever. 人若连自己的家人也不供养，就是背弃信仰，比不信的人还不如。 (1 Timothy 5:8)

I will avoid foolish and ignorant disputes, knowing that they produce quarrels. The Lord’s servant must not quarrel, but be gentle toward all, able to teach, and patient. 你要拒绝愚蠢无知的问难；你知道这些事会引起争论。  但主的仆人却不可争论，总要待人温和，善于教导，存心忍耐， (2 Timothy 2:23-24)

I will hold firmly to the faithful word as I have been taught, so that I can exhort others by sound doctrine and refute those who oppose it. 坚守那合乎教义、可靠的真道，好使他能够用纯正的道理劝勉人，并且能够折服反对的人。 (Titus 1:9)

I will remind others to be subject to rulers and authorities, to be obedient, to be ready for every good work, to slander no one, to be peaceable and gentle, and to show true humility toward all men. 你要提醒他们服从执政的和掌权的，听从他们，随时准备作各种善工。  不可毁谤人，要与人无争，谦恭有礼，向众人表现充分温柔的心。 (Titus 3:1-2)

In my faith in our glorious Lord Jesus Christ, I will not show partiality to some people above others. 我的弟兄们，你们既然对我们荣耀的主耶稣基督有信心，就不应该凭外貌待人。 (James 2:1)

I will submit myself for the Lord’s sake to every human authority, whether to a king as being supreme, or to governors as sent by him to punish evildoers and to praise those who do right; for it is the will of God that by doing good I may silence the ignorance of foolish men. 你们为主的缘故，要顺服人的一切制度，无论是至尊的君王，  或是君王所派赏善罚恶的官员；  因为这是　神的旨意，要借着你们的善行，塞住糊涂无知人的口。 (1 Peter 2:13-15)

I will honor all people, love the brotherhood of believers, fear God, and honor the king. 要尊重众人，爱护弟兄，敬畏　神，尊敬君王。 (1 Peter 2:17)

I will not return evil for evil or insult for insult, but blessing instead, because to this I was called, that I may inherit a blessing. 不要以恶报恶，以辱骂还辱骂，倒要祝福，因为你们就是为此蒙召，好叫你们承受福气。 (1 Peter 3:9)

Young men should be submissive to those who are older, and all of us should clothe ourselves with humility toward one another, for “God opposes the proud but gives grace to the humble.” 照样，你们青年人要顺服年长的。就是你们各人也要彼此以谦卑为装束，因为“　神敌挡骄傲的人，赐恩给谦卑的人。” (1 Peter 5:5)

**Husband or Wife**

The Lord God said, “It is not good for the man to be alone; I will make a helper suitable for him.” And the Lord God made a woman from the rib He had taken out of the man, and He brought her to the man. And the man said, “This is now bone of my bones and flesh of my flesh; she shall be called ‘Woman,’ because she was taken out of man.” For this reason a man shall leave his father and mother, and shall cleave to his wife, and they shall become one flesh. 耶和华　神说：“那人独居不好，我要为他造个和他相配的帮手。”  然后，耶和华　神用从那人身上所取的肋骨，造了一个女人，带她到那人面前。  那人说：“这是我骨中的骨，肉中的肉；她当称为女人，因她是从男人身上取出来的。”  因此人要离开父母，和妻子连合，二人成为一体。 (Genesis 2:18, 22-24)

A virtuous wife is the crown of her husband, but she who causes shame is like decay in his bones. 有才德的妇人是丈夫的冠冕，贻羞的妇人，如同丈夫骨中的朽烂。 (Proverbs 12:4)

Houses and wealth are inherited from fathers, but a prudent wife is from the Lord. 房屋与财富是祖宗遗留的产业；唯有明慧的妻子是耶和华所赐的。 (Proverbs 19:14)

Who can find a virtuous wife? She is worth far more than jewels. The heart of her husband trusts in her so that he has no lack of gain. She brings him good, not harm, all the days of her life. 有才德的妇人，谁能得着呢？她的价值远胜过红宝石。  她丈夫心里倚靠她，就不会缺少收入。  她一生的年日，只带给丈夫益处，没有害处。 (Proverbs 31:10-12)

Charm is deceptive, and beauty is fleeting; but a woman who fears the Lord, she shall be praised. 艳丽是虚假的，美容是虚浮的；唯有敬畏耶和华的妇女，必得称赞。 (Proverbs 31:30)

Love is as strong as death, and jealousy is as cruel as the grave; its flames are flames of fire, a flame of the Lord. Many waters cannot quench love, nor can rivers overflow it. If a man were to give all the wealth of his house for love, it would be utterly scorned. 求你把我放在你心上如印记，把我带在你臂上如戳印；因为爱情像死亡一般的坚强；嫉妒如阴间一般的坚稳；它的烈焰是火的烈焰，是非常猛烈的火焰。  爱情，众水不能熄灭，洪流不能淹没；如果有人拿自己家里所有的财产去换取爱情，就必被藐视。 (Song of Solomon 8:6-7)

Since she is a companion and a wife by covenant, a husband should not deal treacherously against the wife of his youth. The Lord God of hosts seeks a godly offspring and hates divorce; therefore we must take heed to our spirit and not deal treacherously. 你们还问：“为什么呢？”因为耶和华在你和你年轻时所娶的妻子中间作证；她是你的伴侣，是你立约的妻子，你竟对她不忠！  一个还有灵性的人，是不会这样作的。他会作什么呢？他会寻求　神的子孙。所以要谨守你们的灵性，不可对年轻时所娶的妻子不忠。  耶和华以色列的　神说：“我恨恶休妻和以强暴待妻子。”万军之耶和华说：“所以要谨守你们的灵性，不可行诡诈的事。” (Malachi 2:14-16)

From the beginning of creation God made them male and female. For this reason a man shall leave his father and mother and shall cleave to his wife, and the two shall become one flesh. So they are no longer two, but one flesh. Therefore what God has joined together, let man not separate. 他回答：“造物者从起初‘造人的时候，就造男造女’。’因此人要离开父母，与妻子连合，二人成为一体。’这些话你们没有念过吗？  这样，他们不再是两个人，而是一体的了。所以　神所配合的，人不可分开。” 但从起初创造的时候，　神是‘造男造女’。  ‘因此人要离开父母，与妻子连合，  二人成为一体了。’这样，他们不再是两个人，而是一体的了。  所以　神所配合的，人不可分开。” (Matthew 19:4-6; Mark 10:6-9)

The husband should fulfill his marital duty to his wife, and likewise the wife to her husband. The wife’s body does not belong to her alone, but also to her husband. In the same way, the husband’s body does not belong to him alone, but also to his wife. 丈夫对妻子应该尽他的本分，妻子对丈夫也应当这样。  妻子对自己的身体没有主权，权在丈夫；照样，丈夫对自己的身体也没有主权，权在妻子。 (1 Corinthians 7:3-4)

Wives should submit to their own husbands as to the Lord. For the husband is the head of the wife, as Christ also is the head of the church; and He is the Savior of the body. But as the church is subject to Christ, so also wives should be to their husbands in everything. 你们作妻子的，要顺服自己的丈夫，好像顺服主一样，  因为丈夫是妻子的头，好像基督是教会的头；基督又是教会全体的救主。  教会怎样顺服基督，妻子也要照样凡事顺服丈夫。 (Ephesians 5:22-24)

Husbands should love their wives, just as Christ also loved the church and gave Himself up for her that He might sanctify and cleanse her by the washing with water through the word, that He might present her to Himself as a glorious church, without spot or wrinkle or any other blemish, but holy and blameless. So husbands ought to love their own wives as their own bodies. He who loves his own wife loves himself; for no one ever hated his own flesh, but nourishes and cherishes it, just as Christ also does the church, for we are members of His body. 你们作丈夫的，要爱妻子，好像基督爱教会，为教会舍己，  为的是要用水借着道把教会洗净，成为圣洁，  可以作荣耀的教会归给自己，什么污点皱纹等也没有，而是圣洁没有瑕疵的。  丈夫也应当这样爱妻子，好像爱自己的身体一样。爱妻子的，就是爱自己了。  从来没有人恨恶自己的身体，总是保养顾惜，好像基督对教会一样，  因为我们是他身上的肢体。 (Ephesians 5:25-30)

Each husband must love his own wife as he loves himself, and each wife must respect her husband. 无论怎样，你们各人都要爱自己的妻子，好像爱自己一样。妻子也应当敬重丈夫。 (Ephesians 5:33)

Wives should submit to their husbands, as is fitting in the Lord. 你们作妻子的，要顺服丈夫，这在主里是合宜的。 (Colossians 3:18)

Husbands should love their wives and not be bitter toward them. 你们作丈夫的，要爱妻子，不可苦待她们。 (Colossians 3:19)

Marriage should be honored by all, and the marriage bed should be undefiled; for God will judge fornicators and adulterers. 人人都应该尊重婚姻，婚床也不要玷污，因为　神一定审判淫乱的和奸淫的人。 (Hebrews 13:4)

Wives should be submissive to their own husbands, so that even if any of them disobey the word, they may be won without a word by the behavior of their wives, when they see their purity and reverence. 照样，你们作妻子的，要顺服自己的丈夫，好使不信道的丈夫受到感动，不是因着你们的言语，而是因着你们的生活，  因为他们看见了你们敬畏和纯洁的生活。 (1 Peter 3:1-2)

Husbands should be considerate as they live with their wives and treat them with respect as the weaker vessel and as co-heirs of the grace of life. 照样，你们作丈夫的，也要合情合理的与妻子同住。要体谅她比你软弱，要尊敬她，因为她是和你一同承受生命的恩典的。这样，就使你们的祷告不受拦阻。 (1 Peter 3:7)

**Children**

Like Abraham, I should direct my children and my household after me to keep the way of the Lord by doing what is right and just. 我拣选了他，是要他吩咐子孙，和他的家属，遵守我耶和华的道，秉公行义，好叫我耶和华应许亚伯拉罕的话都可实现。” (Genesis 18:19)

I will honor my father and my mother. “要孝敬父母，使你在耶和华你的　神赐给你的地上得享长寿。 “‘要孝敬父母，照着耶和华你的　神吩咐你的，使你可以得享长寿，也使你在耶和华你的　神赐给你的地上，得享福乐。 (Exodus 20:12; Deuteronomy 5:16)

I will learn to fear You all the days I live on the earth and teach Your words to my children. 免得你忘了你在何烈山，站在耶和华你们的　神面前的那天。那时耶和华对我说：‘你要为我召集众民，我要叫他们听我的话，使他们在那地上生活的日子，可以学习敬畏我，又可以教训自己的儿女。’ (Deuteronomy 4:10)

Your commandments will be upon my heart, and I will teach them diligently to my children and talk about them when I sit in my house and when I walk along the way and when I lie down and when I rise up. 我今日吩咐你的这些话，都要记在你的心上；  你要把这些话不断地教训你的儿女，无论你坐在家里，或行在路上，或躺下，或起来的时候，都要谈论。 (Deuteronomy 6:6-7)

I will lay up Your words in my heart and in my soul and teach them to my children, talking about them when I sit in my house and when I walk along the way and when I lie down and when I rise up. “所以你们要把我这些话放在心里，存在意念中；要系在手上作记号，戴在额上作头带。  你们也要把这些话教训你们的儿女，无论你是坐在家里，行在路上，躺下，或是起来，都要讲论。 (Deuteronomy 11:18-19)

A wise son heeds his father’s instruction, but a scoffer does not listen to rebuke. 智慧的儿子听从父亲的教训，好讥笑人的不听责备。 (Proverbs 13:1)

He who spares his rod hates his son, but he who loves him is careful to discipline him. 不用杖责打儿子的，是恨恶他；爱儿子的，必对他勤加管教。 (Proverbs 13:24)

A fool despises his father’s discipline, but whoever heeds correction is prudent. 愚妄人藐视父亲的管教；看重责备的是精明的人。 (Proverbs 15:5)

I will discipline my child while there is hope and not be a willing party to his death. 趁着还有指望的时候，要管教你的儿子；不可存心任他死亡。 (Proverbs 19:18)

I will train up each child according to his way; even when he is old he will not depart from it. 教养孩童走他当行的路，就是到老，他也不会偏离。 (Proverbs 22:6)

Foolishness is bound up in the heart of a child, but the rod of discipline will drive it far from him. 愚妄束缚孩童的心，管教的杖可以把愚妄远远驱除。 (Proverbs 22:15)

I will not withhold discipline from a child; if I strike him with the rod, he will not die. 要管教孩童，不可姑息，你虽然用杖打他，他也不会死； (Proverbs 23:13)

The father of the righteous will greatly rejoice, and he who begets a wise son will be glad in him. May my father and mother be glad; may she who gave me birth rejoice. 义人的父亲必大有快乐；生下智慧的儿子的，必因儿子欢喜。  要使你的父母欢喜，使生下你的快乐。 (Proverbs 23:24-25)

The rod and reproof impart wisdom, but a child left to himself brings shame to his mother. (Proverbs 29:15)

Correct your son, and he will give you rest; he will bring delight to your soul. 管教你的儿子，他必使你得安息；也必使你的心得喜乐。 (Proverbs 29:17)

Children should obey their parents in the Lord, for this is right. “Honor your father and mother”—which is the first commandment with a promise—”that it may go well with you, and that you may live long on the earth.” 你们作儿女的，要在主里听从父母，因为这是理所当然的。  “要孝敬父母，使你得福，在世长寿。”这是第一条带着应许的诫命。 (Ephesians 6:1-3)

Fathers should not provoke their children to wrath but bring them up in the discipline and instruction of the Lord. 你们作父亲的，不要激怒儿女，却要照着主的教训和劝戒，养育他们。 (Ephesians 6:4)

Children should obey their parents in everything, for this is well-pleasing to the Lord. 你们作儿女的，要凡事听从父母，因为这在主里是可喜悦的。 (Colossians 3:20)

Fathers should not provoke their children, or they will become discouraged. 你们作父亲的，不要激怒儿女，免得他们灰心丧志。 (Colossians 3:21)

**Believers**

How good and pleasant it is when brothers live together in unity! 看哪！弟兄和睦共处，是多么的善，多么的美。（本节在《马索拉抄本》包括细字标题） (Psalm 133:1)

The Lord Jesus prayed these words for the unity of all who would believe in Him: “I ask that all of them may be one, Father, just as You are in Me and I am in You, that they also may be in Us, that the world may believe that You sent Me. And the glory which You gave Me I have given to them, that they may be one, just as We are one: I in them, and You in Me, that they may be perfected in one, that the world may know that You have sent Me and have loved them, even as You have loved Me.” (John 17:21-23)

I want to speak words of encouragement to other believers. 他走遍那一带地方，用许多话劝勉众人，然后来到希腊。 (Acts 20:2)

We must take heed to ourselves and to all the flock of which the Holy Spirit has made us overseers to shepherd the church of God, which He purchased with His own blood. 圣灵既然立你们为全群的监督，牧养　神用自己的血所赎来的教会，你们就应当为自己谨慎，也为全群谨慎。 (Acts 20:28)

Just as we have many members in one body, but all the members do not have the same function, so we who are many are one body in Christ and individually members of one another. And we have different gifts, according to the grace given to us. 就像一个身体有许多肢体，各肢体都有不同的功用；  照样，我们大家在基督里成为一个身体，也是互相作肢体。  照着所赐给我们的恩典，我们各有不同的恩赐：说预言的，就应当照着信心的程度去说； (Romans 12:4-6)

I will pursue the things that lead to peace and to mutual edification. 所以，我们总要追求和睦的事，与彼此造就的事。 (Romans 14:19)

May the God who gives endurance and encouragement grant us to be of the same mind toward one another according to Christ Jesus, so that with one accord and one mouth we may glorify the God and Father of our Lord Jesus Christ. 愿赐忍耐和安慰的　神，使你们彼此同心，效法基督耶稣，  同心一致地荣耀我们主耶稣基督的父　神。 (Romans 15:5-6)

Since we were called into fellowship with the Lord Jesus Christ, all of us should agree with one another, so that there may be no divisions among us, and that we may be perfectly joined together in the same mind and in the same judgment. 　神是信实的，他呼召了你们，是要你们与他的儿子我们主耶稣基督连合在一起。  弟兄们，我凭着我们主耶稣基督的名，劝你们大家要同心，在你们中间不要分党，只要在同一的心思、同一的意念上团结起来。 (1 Corinthians 1:9-10)

I will be careful not to let my liberty in Christ become a stumbling block to the weak. 然而你们要谨慎，免得你们这自由成了软弱的人的绊脚石。 (1 Corinthians 8:9)

There are different kinds of gifts, but the same Spirit. And there are different kinds of service, but the same Lord. And there are different kinds of working, but the same God works all of them in all people. But to each one the manifestation of the Spirit is given for the common good. 恩赐有许多种，却是同一位圣灵所赐的；  服事的职分有许多种，但是同一位主；  工作的方式也有许多种，但仍是一位　神，是他在众人里面作成一切。  圣灵显现在各人的身上，为的是要使人得着益处。 (1 Corinthians 12:4-7)

Just as the body is one, but has many members, and all the members of the body, being many, are one body; so also is Christ. 正如身体是一个，却有许多肢体，而且肢体虽然很多，身体仍是一个；基督也是这样。 (1 Corinthians 12:12)

There should be no division in the body, but its members should have the same concern for each other. If one member suffers, all the members suffer with it; if one member is honored, all the members rejoice with it. Now we are the body of Christ, and each one of us is a member of it. 好使肢体能够互相照顾，免得身体上有了分裂。  如果一个肢体受苦，所有的肢体就一同受苦；如果一个肢体得荣耀，所有的肢体就一同快乐。  你们就是基督的身体，并且每一个人都是作肢体的。 (1 Corinthians 12:25-27)

There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female, for we are all one in Christ Jesus. 并不分犹太人或希腊人，作奴仆的或自由人，男的或女的，因为你们在基督耶稣里都成为一体了。 (Galatians 3:28)

If someone is caught in a trespass, we who are spiritual should restore him in a spirit of gentleness, considering ourselves, lest we also be tempted. 弟兄们，如果有人陷在一些过犯里，你们属灵的人，要用温柔的心使他回转过来，自己却要小心，免得也被引诱。 (Galatians 6:1)

We should bear one another’s burdens and so fulfill the law of Christ. 你们各人的重担要互相担当，这样就成全了基督的律法。 (Galatians 6:2)

As we have opportunity, we should do good to all people, especially to those who belong to the family of faith. 所以，我们一有机会，就应该对众人行善，对信徒更要这样。 (Galatians 6:10)

In Christ Jesus, God’s whole building is joined together and growing into a holy temple in the Lord, in whom we also are being built together into a dwelling of God in the Spirit. 整座建筑都靠着他连接配合，渐渐增长成为在主里面的圣所。  你们在他里面也一同被建造，成为　神借着圣灵居住的所在。 (Ephesians 2:21-22)

We should bear with one another in love and make every effort to keep the unity of the Spirit in the bond of peace. 凡事谦虚、温柔、忍耐，用爱心彼此宽容；  以和睦联系，竭力持守圣灵所赐的合一。 (Ephesians 4:2-3)

Grace has been given to each one of us according to the measure of the gift of Christ. And He gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, for the equipping of the saints for the work of ministry, for the building up of the body of Christ. 我们各人蒙恩，是照着基督量给我们的恩赐。  他所赐的，有作使徒的，有作先知的，有作传福音的，也有作牧养和教导的，  为的是要装备圣徒，去承担圣工，建立基督的身体； (Ephesians 4:7, 11-12)

We must all attain to unity of the faith and of the knowledge of the Son of God to a mature man, to the measure of the stature of the fullness of Christ, so that we will no longer be infants, being blown and carried around by every wind of doctrine, by the cunning and craftiness of men in their deceitful scheming; but speaking the truth in love, we must grow up in all things into Him who is the Head, that is, Christ. 直到我们众人对　神的儿子都有一致的信仰和认识，可以长大成人，达到基督丰盛长成的身量；  使我们不再作小孩子，中了人的诡计和骗人的手段，给异教之风摇撼，飘来飘去，  却要在爱中过诚实的生活，在各方面长进，达到基督的身量。他是教会的头， (Ephesians 4:13-15)

From Christ the whole body is being joined and held together by every supporting ligament, according to the effective working of each individual part, causing the growth of the body for the edifying of itself in love. 全身靠着他，借着每一个关节的支持，照着每部分的功用，配合联系起来，使身体渐渐长大，在爱中建立自己。 (Ephesians 4:16)

Each of us must put off falsehood and speak truthfully to his neighbor, for we are members of one another. 所以，你们要除掉谎言，各人要与邻舍说真话，因为我们彼此是肢体。 (Ephesians 4:25)

We should submit to one another out of reverence for Christ. (Ephesians 5:21)

If we have any encouragement from being united with Christ, if any comfort from His love, if any fellowship of the Spirit, if any affection and compassion, we should also be like-minded, having the same love, being one in spirit and one in purpose. 所以，你们在基督里若有什么劝勉，有什么爱心的安慰，有什么灵里的契通，有什么慈悲和怜悯，  就应当有同样的思想，同样的爱心，要心志相同，思想一致，使我充满喜乐。 (Philippians 2:1-2)

We should let the word of Christ dwell in us richly as we teach and admonish one another with all wisdom and as we sing psalms, hymns, and spiritual songs with gratitude in our hearts to God. 你们要让基督的道丰丰富富地住在你们心里，以各样的智慧，彼此教导，互相劝戒，用诗章、圣诗、灵歌，怀着感恩的心歌颂　神。 (Colossians 3:16)

We should always thank God for other believers, mentioning them in our prayers. 我们常常为你们众人感谢　神，祷告的时候提到你们， (1 Thessalonians 1:2)

We should encourage one another and build each other up in Christ Jesus. 所以，你们应该彼此劝慰，互相造就，正如你们一向所行的。 (1 Thessalonians 5:11)

We should ask for one another’s prayers. 弟兄们，请为我们祷告。 (1 Thessalonians 5:25)

We ought always to thank God for other believers and pray that their faith would grow more and more, and that the love each of them has toward one another would increase. 弟兄们，我们应该常常为你们感谢　神，这是合适的。因为你们的信心格外长进，你们众人彼此相爱的心也在增加。 (2 Thessalonians 1:3)

We should always pray for other believers, that our God may count them worthy of His calling and fulfill every desire for goodness and every work of faith with power. 因此，我们常常为你们祷告，愿我们的　神看你们是配得上所蒙的召，又用大能成就你们所羡慕的一切良善和信心的工作， (2 Thessalonians 1:11)

We should ask that the name of our Lord Jesus may be glorified in others, and they in Him, according to the grace of our God and the Lord Jesus Christ. 使我们主耶稣的名，照着我们的　神和主耶稣基督的恩，在你们身上得着荣耀，你们也在他身上得着荣耀。 (2 Thessalonians 1:12)

We must encourage one another daily, as long as it is still called “Today,” lest any of us be hardened by the deceitfulness of sin. 趁着还有叫作“今天”的时候，总要天天互相劝勉，免得你们中间有人受了罪恶的诱惑，心里就刚硬了。 (Hebrews 3:13)

God is not unjust to be forgetful of our work and the love we have shown toward His name in having ministered and continuing to minister to the saints. 因为　神并不是不公义，以致忘记了你们的工作，和你们为他的名所表现的爱心，就是你们以前服事圣徒，现在还是服事他们。 (Hebrews 6:10)

We should consider how to stir up one another toward love and good works. 我们又应该彼此关心，激发爱心，勉励行善。 (Hebrews 10:24)

We must not forsake our meeting together, as some are in the habit of doing, but encourage one another, and all the more as we see the day approaching. 我们不可放弃聚会，好像有些人的习惯一样；却要互相劝勉。你们既然知道那日子临近，就更应该这样。 (Hebrews 10:25)

I will remember those who led me, who spoke the word of God to me. I will consider the outcome of their way of life and imitate their faith. 你们要记念那些领导过你们，把　神的道传给你们的人；你们要观察他们一生的成果，要效法他们的信心。 (Hebrews 13:7)

I will obey those who lead me and submit to them, for they keep watch over my soul as those who must give an account. I will obey them, so that they may do this with joy and not with grief, for this would be unprofitable for me. (Hebrews 13:17)

We should all be of one mind and be sympathetic, loving as brothers, compassionate, and humble. 总括来说，你们要彼此同心，互相体恤，亲爱像弟兄，满有温柔，存心谦卑。 (1 Peter 3:8)

**Unbelievers**

How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation. 那传福音、宣布平安、传美好的福音、宣布救恩，又对锡安说“你的　神作王了”的，他的脚踪在山上多么的美！ 看哪！那传报佳音、宣告和平之人的脚，已经站在山上，说：犹大啊！守你的节期，还你的愿吧！因为那奸恶的人永不会再从你中间经过；他已被彻底除灭了。（本节在《马索拉抄本》为2:1） (Isaiah 52:7; Nahum 1:15)

As I follow You, You will make me a fisher of men. 耶稣就对他们说：“来跟从我，我要使你们作得人的渔夫。” 耶稣就对他们说：“来跟从我，我要使你们成为得人的渔夫。” (Matthew 4:19; Mark 1:17)

The harvest is plentiful, but the workers are few. Therefore, I will pray that the Lord of the harvest will send out workers into His harvest. 他就对门徒说：“庄稼多，工人少；  所以你们应当求庄稼的主派工人去收割。” 耶稣对他们说：“庄稼多，工人少，所以你们应当求庄稼的主，派工人出去收他的庄稼。 (Matthew 9:37-38; Luke 10:2)

Whoever acknowledges You before men, You will also acknowledge him before Your Father in heaven. But whoever denies You before men, You will also deny him before Your Father in heaven. (Matthew 10:32-33)

You have called us to go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe everything You have commanded us. And surely You are with us always, even to the end of the age. 所以，你们要去使万民作我的门徒，奉父子圣灵的名，给他们施洗（“奉父子圣灵的名，给他们施洗”或译：“给他们施洗，归入父子圣灵的名”），  我吩咐你们的一切，都要教导他们遵守。这样，我就常常与你们同在，直到这世代的终结。” (Matthew 28:19-20)

You have called me to go and proclaim the kingdom of God. 耶稣说：“让死人去埋葬他们的死人，你应该去传扬　神的国。” (Luke 9:60)

Concerning the lost, Jesus said, “What man among you, if he has a hundred sheep and loses one of them, does not leave the ninety-nine in the open country and go after the one that is lost until he finds it? And when he finds it, he lays it on his shoulders, rejoicing. And when he comes into his house, he calls his friends and neighbors together and says to them, ‘Rejoice with me, for I have found my sheep which was lost!’ I tell you that in the same way there will be more joy in heaven over one sinner who repents than over ninety-nine righteous persons who need no repentance. There is joy in the presence of the angels of God over one sinner who repents.” “你们中间谁有一百只羊，失去一只，不把九十九只留下在旷野，去寻找那失落的，直到找着呢？  既找着了，就欢欢喜喜地放在肩上，  回到家里，请朋友邻舍来，对他们说：‘请大家和我一同欢乐，因为我失去的羊已经找到了！’  我告诉你们，因为一个罪人悔改，天上也要这样为他欢乐，比为九十九个不用悔改的义人欢乐更大。  我告诉你们，因为一个罪人悔改，　神的使者也必这样为他欢乐。” (Luke 15:4-7, 10)

Do you not say, “Four months more and then comes the harvest”? Behold, I say to you, lift up your eyes and look at the fields, for they are white for harvest. Even now the reaper draws his wages, and gathers fruit for eternal life, that he who sows and he who reaps may rejoice together. 你们不是说‘还有四个月才到收获的时候’吗？我告诉你们，举目向田观看，庄稼已经熟了，可以收割了。  收割的人得到工资，也积储五谷直到永生，使撒种的和收割的一同快乐。 (John 4:35-36)

As the Father sent the Son into the world, He also has sent us into the world. And He has prayed for those who will believe in Him through our message. 你怎样差我到世上来，我也怎样差他们到世上去。  “我不但为他们求，也为那些因他们的话而信我的人求， (John 17:18, 20)

Jesus said, “As the Father has sent Me, I also send you.” 耶稣又对他们说：“愿你们平安。父怎样差遣了我，我也怎样差遣你们。” (John 20:21)

We are the fragrance of Christ to God among those who are being saved and among those who are perishing; to the one an aroma from death to death; to the other, an aroma from life to life. And who is sufficient for these things? 因为无论在得救的人或灭亡的人中间，我们都是基督的馨香，是献给　神的。  对于灭亡的人，这是死亡的气味叫人死；对于得救的人，这却是生命的香气使人活。这些事谁够资格作呢？ (2 Corinthians 2:15-16)

All things are for our sakes, so that the grace that is reaching more and more people may cause thanksgiving to abound to the glory of God. 这一切都是为了你们，好使恩惠既然因着许多人而增多，感恩的心也更加增多了，使荣耀归给　神。 (2 Corinthians 4:15)

Knowing the fear of the Lord, I seek to persuade men. 我们既然知道主是可畏的，就劝勉众人。我们在　神面前是显明的，我盼望在你们的良心里也是显明的。 (2 Corinthians 5:11)

From now on I will regard no one only according to the flesh. 所以，从今以后，我们不再按照人的看法认识人；虽然我们曾经按照人的看法认识基督，但现在不再这样了。 (2 Corinthians 5:16)

All things are from God, who reconciled us to Himself through Christ and gave us the ministry of reconciliation: namely, that God was reconciling the world to Himself in Christ, not counting their trespasses against them. And He has committed to us the message of reconciliation. Therefore, we are ambassadors for Christ, as though God were appealing through us, as we implore others on Christ’s behalf to be reconciled to God. 这一切都是出于　神，他借着基督使我们与他自己和好，并且把这和好的职分赐给我们，  就是　神在基督里使世人与他自己和好，不再追究他们的过犯，并且把和好的道理托付了我们。  因此，我们就是基督的使者，　神借着我们劝告世人。我们代替基督请求你们：跟　神和好吧！ (2 Corinthians 5:18-20)

I pray that words may be given to me, that I may open my mouth boldly to make known the mystery of the gospel. 也要为我祈求，使我传讲的时候，得着当说的话，可以坦然无惧地讲明福音的奥秘， (Ephesians 6:19)

I pray that God may open to me a door for the word, so that I may speak the mystery of Christ and proclaim it clearly, as I ought to speak. 也要为我们祷告，求　神为我们开传道的门，宣讲基督的奥秘（我就是为了这个缘故被捆锁），  使我照着我所应当说的，把这奥秘显明出来。 (Colossians 4:3-4)

I should walk in wisdom toward outsiders, making the most of every opportunity. My speech should always be with grace, seasoned with salt, so that I may know how to answer each person. 你们要把握时机，用智慧与外人来往。  你们的话要常常温和，好像是用盐调和的，使你们知道应当怎样回答各人。 (Colossians 4:5-6)

I should offer petitions, prayers, intercessions, and thanksgivings on behalf of all men, for kings and all those who are in authority, that we may live peaceful and quiet lives in all godliness and reverence. This is good and acceptable in the sight of God our Savior, who desires all men to be saved and to come to the knowledge of the truth. 因此，我劝你最重要的是要为万人、君王和一切有权位的恳求、祷告、代求和感恩，好让我们可以敬虔庄重地过平静安稳的日子。  在我们的救主　神看来，这是美好的，可蒙悦纳的。  他愿意万人得救，并且充分认识真理。 (1 Timothy 2:1-4)

I will not be ashamed to testify about our Lord, but I will join with others in suffering for the gospel according to the power of God. 所以，不要以给我们的主作见证当作羞耻，也不要以我这为主被囚的当作羞耻，却要为了福音的缘故，靠着　神的大能，与我同受磨难。 (2 Timothy 1:8)

I pray that the sharing of my faith may become effective through the knowledge of every good thing which is in me for Christ’s sake. 愿你与众人分享你的信心的时候，会产生功效，使我们可以知道在我们中间的一切善事，都是为基督作的。 (Philemon 6)

I will sanctify Christ as Lord in my heart, always being ready to make a defense to everyone who asks me to give the reason for the hope that is in me, but with gentleness and respect. 只要心里尊基督为圣，以他为主；常常作好准备，去回答那些问你们为什么怀有盼望的人， (1 Peter 3:15)

I will have mercy on those who are doubting. 有些人心里疑惑，你们要怜悯他们； (Jude 22)

**part THREE**

**PERSONAL RENEWAL PAGES**

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*Handbook to Renewal* is the second in a series of handbooks designed to enhance the devotional life and renew the minds of people who want to grow in faith, hope, and love. As they are published, an audio cassette album of each of these Trinity House products will also be available. Other titles in this series include:

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The author also writes a monthly teaching letter called *Reflections*. If you would like to be on the mailing list, call the same number.