

Verbal Advantage 精简版

FDURandy 整理

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Word	Definition	Synonym(s)	Antonym(s)	Notes
▼ Day 1				
• paraphrase				
• ostensible	apparent, stated as true but not necessarily proved	plausible, specious	real, actual	
• digress	go off in another direction	deviate , stray, wander, ramble		<u>ing</u> ress, <u>eg</u> ress
• uncanny		eerie , strange, weird, mysterious; striking, remarkable, extraordinary		
• candor	sincere expression	frankness, openness, straightforwardness , outspokenness , forthrightness , ingenuousness		
• morose		gloomy , moody, glum , grumpy , ill-tempered, dolorous , lugubrious , saturnine , sullen	jovial , sanguine	
• adept	skilled	deft , adroit , dexterous , proficient		adept(n.) : expert
• saturated	soaked, thoroughly wet, full of moisture	drenched , steeped , permeated , impregnated , imbued , sodden		saturate, saturation
• pragmatic				
• congenial	having the same taste, nature, or temperament	sympathetic, agreeable , compatible, kindred , harmonious	alien, dissident, incongruous	
▼ Day 2				
• capricious		flighty , fickle , erratic, whimsical , volatile , mercurial		caprice=whim
• blatant	noisy, disagreeably or offensively loud	boisterous , clamorous , obtrusive , flagrant		
• obligatory		binding, mandatory		
• negligible				
• adamant	refusing to give in	determined, inflexible, unyielding , immovable , unshakable , unrelenting , implacable		
• sporadic	occurring in a scattered or random way	occasional, infrequent,	constant, incessant , unremitting	
• vanguard				rearguard
• concur	to agree, be in accord with	agree , coincide		
• precociousness	early development or maturity, especially in mental ability		retardation	
• aloof		removed , withdrawn , unsympathetic, indifferent, unapproachable , standoffish		
▼ Day 3				
• creed		doctrine, dogma, credo		credulous =gullible
• tawdry	cheap and showy,	gaudy , garish		
• peevish		ill-humored , irritable , cross		peeve(v.) , pet peeve(n.)
• arduous	requiring great effort	strenuous , laborious , toilsome		
• personable	attractive and pleasant	comely , fair, presentable	unbecoming	having a nice personality: sociable, affable, amiable
• resolute		resolved , steadfast , unwavering , persevering	vacillating =wavering	
• supposition		conjecture		
• arbitrary				arbitrator =judge/ umpire

Word	Definition	Synonym(s)	Antonym(s)	Notes
• monotonous				
• legacy		bequest		
▼ Day 4				
• manifold	having great variety and diversity	multifarious, multitudinous		
• pliant	bending easily, flexible; easily influenced	pliable, supple, limber		pliers
• retort	a quick reply, in an angry or humorous way	rejoinder		
• obstinate	stubborn, unwilling to compromise	intractable, intransigent		
• lacerate	to cut roughly; to wound, afflict, cause pain	tear, rip, rend,		
• omnipotent				
• unscrupulous		dishonorable, deceitful, corrupt,		scruple(v./n.): 顾虑
• renaissance		revival, renewal, resurgence		
• genesis		origin		
• warrant		justify, sanction(v./n.)		
▼ Day 5				
• cantankerous		bad-tempered, argumentative, disagreeable, uncooperative, contentious, quarrelsome, irascible		
• flippant	disrespectful in a frivolous way	cheeky, fresh, impertinent	solemn, sober, sedate, grave	
• subjugate		defeat, conquer, vanquish, suppress		subject
• wry	twisted, crooked, lopsided, distorted in an odd, amusing way	ironic, sardonic,		
• urbane		polished, suave, cosmopolitan, courteous, sophisticated		
• jargon				
• prudent	cautious, careful	discreet, judicious, circumspect		
• inviolable		unassailable		
• commodious	having plenty of room	spacious, ample, capacious		commodus: convenient → accommodate, accommodating =obliging (willing to help)
• proximity				vicinity=neighborhood
▼ Day 6				
• eschew	refrain from, give up	avoid, abandon, shun		
• aver		assert, declare,		
• impugn	call into question	challenge, question		
• distaff	of or concerning women			spear: male
• bruit	spread (a report or rumor) widely			
• advocate		champion, endorse, espouse		avocation (a hobby or minor occupation), convoke (to call together), evocative
• delegate				
• unprecedented				
• poignant		touching, piecing, sharp, penetrating		pungent (having a strong taste or smell), expunge (to remove, delete)

Word	Definition	Synonym(s)	Antonym(s)	Notes
• nebulous		vague, obscure, hazy, indistinct		
• clandestine	done or kept secret	underhand, covert, stealthy, furtive, surreptitious		
• tirade	a long-drawn-out speech, especially a vehement and abusive one			vituperative =vicious (full of angry and cruel criticism), censorious (tending to censure , criticize)
• recur				
• tacit				taciturn (reserved, uncommunicative)
• allegation	an assertion or declaration, especially one made without proof			
▼ Day 7				
• gullible				gull (v.) = dupe (v.) sb into doing sth
• benign		propitious, healthful, wholesome, salubrious		
• peripheral		irrelevant, nonessential, tangential		periphery
• rebuff	to reject bluntly	snub, spurn, nix		
• animosity	ill will, strong dislike or hatred	hostility, antagonism, malice, aversion, malevolence, antipathy, rancor, enmity		
• tenuous	thin, weak, slight	slender, flimsy		
• complacent		smug		
• acme		peak, zenith, summit	nadir	
• defunct	dead, no longer in operation or existence	extinct, obsolete		
• abet	to encourage, help sb to do sth wrong or illegal			to aid and abet (LEGAL)
• debunk	to expose as false, deceitful, or exaggerated			
▼ Day 8				
• haggard	tired, worn out	gaunt, drawn, wasted, emaciated		
• waive	to relinquish voluntarily, give up	forgo		
• carnal		sensual, corporeal, bodily		
• sanction (v.)	to approve, allow, permit, authorize	certify, ratify		
• ambiguous		dubious, enigmatic, cryptic, equivocal	distinct, conspicuous, manifest	
• spendthrift		wasteful, improvident, prodigal, profligate	miserly	squander
• mollify	to calm	soothe, pacify, appease, placate		emollient (softening, soothing)
• unequivocal				
• malleable	capable of being shaped	adaptable, impressionable, tractable		
• verbose	wordy	long-winded, garrulous, loquacious, voluble, prolix		
• proffer	put forward for acceptance			
• summarily		immediately		
▼ Day 9				
• transient	temporary, vagabond(n.)	momentary, fleeting, transitory, evanescent,		tempus fugit (time flies)

Word	Definition	Synonym(s)	Antonym(s)	Notes
		ephemeral, fugitive, fugacious		
• nettle	to irritate, annoy	vex, provoke , harass, pester,		
• repudiate	to reject, disown, refuse to accept as true	renounce, deny		
• impetuous	hasty, rush,		prudent	
• frugal		parsimonious (cheap, miserly, mean)		
• incongruous	out of place		congruent,	
• assuage	to relieve, ease	allay, mitigate , appease		
• contenance		accept, support, approve		
• corroborate	confirm, support, verify	substantiate,		
• embellish	to decorate	adorn, ornament		
• avaricious	greedy	money-grubbing, covetous		avarice
• illicit		illegal		
▼ Day 10				
• cursory	quick, hasty, done rapidly with little attention to detail	haphazard, slapdash, hurried, superficial	thorough , exhaustive	courier (messenger)
• vacillate	to waver, fluctuate			
• clement	mild, calm, merciful	tranquil, moderate, temperate, lenient	inclement	
• lucrative	profitable	remunerative		lucre (money)
• allocate	to assign	designate, earmark		
• reconcile	reunite; make compatible; persuade to accept	settle, resolve,		
• paragon	model of excellence			
• analogous		akin , comparable		
• diurnal	daily; happening or active in the daytime		nocturnal	
• pretext	excuse			
• pique	arouse, stimulate			
▼ Day 11				
• malefactor		criminal, wrongdoer		
• malapropos		inopportune (ly), inappropriate (ly)		
• defray	to pay, to cover the cost of expense of sth, especially to provide money for a portion of that cost or expense			
• taciturn		reserved, uncommunicative, reticent	effusive	
• terse	brief and to the point	pithy, succinct, laconic		
• boon	a blessing, timely and welcome benefit			
• supplicate	to ask or beg for sth earnestly or humbly			supplicant,
• proletariat				
• exponent		advocate , champion; master		
• heterogeneous	varied	miscellaneous		
• pittance	a small amount, portion (of money)			
• glib	smooth-talking; said easily (superficial)	slick, suave, unctuous; facile		

Word	Definition	Synonym(s)	Antonym(s)	Notes
• unctuous	oily, having a slimy, slippery, or smarmy manner			unguent (ointment, salve)
• penchant	a liking, leaning	propensity, proclivity (neg)		
• solicitous	concerned [+of, for, about] eager [+to]			
• apposite		suitable, appropriate		
• peruse	read carefully			
• loath	reluctant			loathe (to despise)
• emulate	to try to do sth as well as sb else because you admire them			
▼ Day 12				
• circumscribe				circumvent (to avoid/ bypass in a clever way)
• dearth	a lack, scarcity, insufficiency	paucity	superfluity =excess =plethora =surfeit	
• ingratiating	flattering	sycophantic, unctuous,		curry favor (with sb)
• mercenary	greedy, interested in money only	covetous, avaricious		mercenary (n. a hired soldier)
• extemporize	to improvise			extemporaneous =impromptu=off the cuff
• erudite				
• sham	fake, pretended			
• austere		severe, plain; somber, stern, serious, grim, grave, dour		
• laconic	brief, concise, terse			
• ameliorate		improve, amend		
• expunge	to erase, delete	eradicate, obliterate		
▼ Day 13				
• circumspect		discreet, vigilant, prudent		
• quiescent	still, quiet, tranquil, at repose		vigorous, animated, vivacious, ebullient	latent = dormant (inactive, underlying)
• foible	a weak point, slight fault or flaw	peculiarity		feeble=frail
• fervent		passionate, fiery, impassioned, vehement, ardent, fervid, zealous	lukewarm, listless, apathetic, impassive, phlegmatic (=calm)	
• protract	to draw/drag out, prolong		curtail, truncate	
• ostentatious	showy	flamboyant	unassuming	
• quandary	a state of uncertainty, perplexity, or doubt	predicament, dilemma		
• censure	to blame, condemn	denounce, reprimand, reprehend	commend, extol, laud	
• cavil	point out petty flaws	nitpick, niggle, carp, quibble		
• assimilate	to absorb, incorporate; to adapt to			
▼ Day 14				
• rescind	to cancel (a law)	revoke, repeal, annul		
• discernible		perceptible, evident, manifest,		discernment = astuteness, acumen, perspicacity
• cataclysm	a disaster, great mishap	calamity, debacle		deluge (a great flood), cataclysmic
• narcissism		amour-propre, vanity, conceit		
• incriminate	to charge with a crime	implicate		
• stigma				

Word	Definition	Synonym(s)	Antonym(s)	Notes
• brevity				
• perquisite	a benefit, incidental gain or reward			perk
• indigent	poor, impoverished	down-and-out, destitute, impecunious		
• clairvoyant	clear-sighted or discerning, able to see into the future			soothsayer, divination
▼ Day 15				
• adroit		deft, resourceful , ingenious, adept	gauche	southpaw
• platitude	a flat, dull, ordinary remark, a trite or hackneyed statement	truism, bromide (used to calm sb who is angry), banality		platitudinous
• fastidious	extremely delicate, sensitive, or particular, especially in matters of taste or behaviour	fussy, finicky, exacting, scrupulous, meticulous, punctilious,		punctilio
• vendetta		feud		vindictive
• lucid	clear, easy to see or understand, plainly expressed; able to understand and think clearly	comprehensible, limpid, perspicuous	murky, befuddled, nebulous, abstruse,	pellucid (transparent, exceptionally clear, extremely lucid)
• salient		principal, major, prominent, protruding, manifest, obtrusive, protuberant,		
• categorical	absolute	unqualified , unconditional	equivocal	
• inscrutable	incomprehensible	unfathomable, impenetrable, esoteric, arcane		
• construe	interpret			construction (interpretation)
• allude	make a casual reference	insinuate, intimate		
▼ Day 16				
• amalgam		blend , mixture		
• provident	thrifty, economical	prudent, frugal		
• impute	to charge or attribute a blame to	ascribe		“we usually inscribe good, but impute evil”
• astute		shrewd , clever, perceptive, discerning, acute, sagacious, perspicacious , sapient		
• neophyte	beginner	novice, tyro , amateur,		dilettante
• enigma	something inexplicable or inscrutable			
• credence	belief			
• venerate	to respect deeply	revere		
• garrulous				ramble on
• trenchant	expressed very strongly and effectively	keen, penetrating , forceful, acute, incisive		
• autonomous				
▼ Day 17				
• panacea				pan-[GREEK]: all pantheism, pantheon,
• ephemeral	short-lived	fleeting, transitory, evanescent, fugitive, fugacious		jour[FRENCH]: day
• onerous	burdensome			onus: burden, duty
• laity	lay people, as distinct from the clergy			
• pungent		sharp, penetrating, biting, acrid , caustic		

Word	Definition	Synonym(s)	Antonym(s)	Notes
• prosaic	dull, ordinary, unimaginative	humdrum , tedious, stale, mediocre, insipid , bland , pedestrian , vapid, jejune		
• charlatan	a fake, a person who pretends to have special skill or knowledge	quack , imposter , fraud , humbug , mountebank		
• perfunctory	done merely as a duty	mechanical, routine		
• morass	a swamp	marsh , bog		
• sophistry	deceptive reasoning, subtle and misleading argument			
▼ Day 18				
• prolific		fruitful, fertile, productive	barren , sterile	
• mundane	worldly, earthly	terrestrial , temporal , secular , sublunary,	lofty , heavenly , sublime , celestial , ethereal	
• myriad	innumerable, infinite			
• dissident	disaffected			
• laudable		commendable , meritorious , exemplary , estimable	contemptible , deplorable , ignominious	
• inimitable		matchless , unrivaled , peerless , unparalleled , incomparable		
• jaded	worn out (from overwork or overindulgence)	sated, weary,		
• myopic	short-sighted	purblind , obtuse		
• demonstrable		self-evident, obvious, apparent		
• callow	immature, inexperienced, unsophisticated	juvenile , sophomoric , puerile		fledgling
▼ Day 19				
• acquiesce		consent , comply , assent , accede		
• pontificate	to speak in a pompous and overbearing way			
• deleterious	harmful, destructive	injurious, detrimental , ruinous , noxious , pernicious , malignant	healthful , wholesome , salutary	
• ambivalent				ambivert
• pensive		thoughtful , reflective , meditative, contemplative		
• impromptu		extemporaneous		
• conjecture	to guess	presume, speculate , surmise		
• surreptitious		stealthy , furtive , covert , clandestine	overt , manifest	
• exemplary		meritorious , estimable , commendable , laudable	disreputable , contemptible , deplorable , ignominious , odious , heinous , reprehensible	
• impeccable	perfect, flawless	unimpeachable , irreproachable , immaculate , infallible	reprehensible , censurable , culpable	
• complexion	skin color			peccadillo (a small offense or sin) peccant (guilty, sinful) peccable (liable to sin or do wrong)
• respite	an interval of rest or relief	lull , hiatus		
• countenance	tolerate, accept			
▼ Day 20				
• attest	to affirm to be true, genuine, or correct, certify or authenticate			testimony, testimonial (reference),

Word	Definition	Synonym(s)	Antonym(s)	Notes
• copious		abundant, plentiful, ample, bountiful, profuse	scanty, meager, sparse, paltry	cornucopia,
• fallacious		erroneous, spurious, untenable, illusory,		
• stoic	showing no feelings and unaffected by pleasure or pain	impassive, dispassionate, placid, phlegmatic, imperturbable	ardent, vehement, zealous, fervid, fervent	
• recrimination	a countercharge or counteraccusation			recriminative, recriminatory
• affinity	resemblance; liking; relationship	kinship, correspondence, compatibility, consanguinity; penchant, propensity, proclivity		
• volatile		fickle, flighty, capricious, erratic, mercurial, protean	steadfast, invariable, immutable, quiescent	volant (able to fly, agile), volatility
• squalid	dirty from lack of care	seedy, slovenly, unkempt, foul, dilapidated, sordid	unsullied, immaculate, pristine	squalor
• expedite	to speed up, hasten, facilitate		retard, slacken, protract	
• abject	degraded and wretched	debased, despicable, ignoble, squalid		abjection
▼ Day 21				
• voluble		long-winded, glib, garrulous, loquacious, verbose, effusive		
• commiserate	to sympathize, feel or express sympathy	condole (+with sb)		+with sb
• dilemma	a predicament	quandary, quagmire		
• transitory		fleeting, evanescent		
• philanthropic				philharmonic
• lethargy	lack of energy, sluggishness	torpor, lassitude, languor		lethargic = drowsy, sluggish, apathetic
• exonerate	to free from blame, free from a charge or imputation of guilt	acquit, absolve, exculpate		onerous
• pugnacious	combative	contentious, belligerent, bellicose	peaceable, clement, amicable	pugilist (a boxer)
• contrition		remorse, penitence, repentance		contrite
• abrogate	to abolish by legal or authoritative action or decree	revoke, repeal, annul, rescind		
▼ Day 22				
• officious		meddlesome, nosy		meddler, busybody
• intractable	hard to manage or control	stubborn, unruly	obedient, compliant, malleable, docile	
• altruism				
• accolade	an award, expression of praise			
• vernacular				
• judicious	wise and careful	level-headed, prudent, discreet	foolhardy, impetuous, temerarious	
• chrysalis	the pupa of a butterfly			
• genteel				
• jovial		merry, convivial		
• subterfuge	a deception, trick	stratagem, artifice, ruse		
▼ Day 23				
• ebullience	lively enthusiasm, high spirits	exuberance, exhilaration, effervescence		ebullition, ebullient
• impervious	impenetrable	impermeable		

Word	Definition	Synonym(s)	Antonym(s)	Notes
• remonstrate	to object, protest, argue or plead against	expostulate		
• efface		eradicate, obliterate, expunge		deface (=mar, disfigure)
• chimera	a foolish fancy			chimerical
• incorrigible		irredeemable, irreclaimable, unrepentant, inveterate, unregenerate		
• juxtapose				
• conversant	familiar, acquainted, well-versed	versed (+in)		+with
• esoteric	known or understood by only a few people	abstruse, inscrutable, cryptic, arcane, recondite	exoteric	
• auspicious	favorable, boding well	propitious		under the auspices(help)
• feckless	lacking initiative, incompetent			
• diametrically	completely			usually used with "opposed"
▼ Day 24				
• itinerant	wandering, traveling about, especially to perform work	nomadic, peripatetic		itinerary
• cull	pick out, select, collect	glean		
• promulgate		promote, proclaim, announce, disseminate, bruit		
• gratuitous	without good reason	baseless, unwarranted		gratis (free), gratuity (tip)
• nomenclature				
• droll	amusing in an unusual way	ridiculous, ludicrous, waggish, farcical	sober, sedate, austere	
• insatiable		ravenous, voracious, unquenchable, unappeasable		satiety
• beguile	deceive, delude, mislead; charm, amuse, delight	dupe, gull, hoodwink, swindle, bamboozle, ensnare, cozen; enchant, enrapture, enthrall, ensorcel		
• vindictive	seeking or waning revenge, vengeful	spiteful		
• replete	fully or richly supplied, well-stocked, chock-full	stuffed, crammed, abounding, brimming, teeming, laden, surfeited, fraught		plenitude, plenary (full or complete in all respects)
▼ Day 25				
• preclude	to prevent, make impossible	avert, obviate, forestall	incite, instigate, engender	
• castigate	to punish or criticize severely	chasten, chastise, rebuke, reprimand, censure	extol, eulogize	
• obstreperous		unruly, undisciplined		
• colloquial				colloquium, colloquy (conversation)
• obfuscate	to make obscure	confuse, muddle, bewilder	elucidate	
• facile	simple; superficial	awkward, laborious, obstinate, onerous, intractable, refractory		facility (ease/dexterity)
• convivial	sociable, merry, festive	jovial, genial , companionable, genial, affable, gregarious	unsociable, solitary, aloof	
• eschew	to avoid, shun, abstain from			
• prodigious	enormous, huge, tremendous	mammoth, monumental , colossal, gargantuan		
• idiosyncrasy		peculiarity, eccentricity, quirk		
• approbation	official approval or acceptance	commendation, endorsement, sanction, ratification, acclamation	renunciation, repudiation, disavowal, abjuration	

Word	Definition	Synonym(s)	Antonym(s)	Notes
▼ Day 26				
• legerdermain	sleight of hand	prestidigitation, thaumaturgy		
• puerile	childish, immature	infantile, juvenile; asinine, fatuous, sophomoric		
• complicity	partnership in wrongdoing	collusion, connivance, conspiracy		accomplice
• transmute		transform		
• abstruse	difficult to understand	profound, incomprehensible, unfathomable, inscrutable, esoteric, occult, cryptic, enigmatic, arcane, recondite	manifest, discernible, perspicuous, lucid	
• edify	to instruct, teach, enlighten			edification
• supercilious		haughty, arrogant, conceited		
• dissemble	to disguise, hide, conceal	feign, affect, camouflage		
• vacuous		empty, vacant, unintelligent, inane, stupid, fatuous		vacuity
• capacious	roomy, spacious			
▼ Day 27				
• mnemonic	assisting or improving the ability to recall			
• sonorous	having a pleasantly deep loud sound	resonant		
• admonish	to warn or notify of a fault or error	advise, counsel, exhort		
• paradigm	an example, model, or pattern			paradigmatic (exemplary, typical)
• circuitous	roundabout, indirect	devious, meandering, sinuous, tortuous, serpentine, labyrinthine		
• vindicate	to clear from blame, free from wrongdoing	exonerate, acquit		
• bucolic	rural	rustic, pastoral, provincial, agrarian, idyllic	urban, municipal, civic, metropolitan	
• ostracize	to banish, expel, bar, exclude			ostracism
• plethora	an excess, surplus, overabundance	superabundance, profusion, superfluity, surfeit	dearth, paucity	plethoric (bombastic, turgid)
• proclivity	an inclination, a strong tendency [usually bad]	partiality, penchant, predisposition, predilection, propensity		
• draconian	ruthlessly severe	harsh, severe		
• epicurean	gaining pleasure from the senses	hedonistic		
• solecism	a grammar mistake or a gaffe			
▼ Day 28				
• commensurate		proportionate, corresponding		
• incessant		interminable, relentless, unremitting	intermittent, sporadic, fitful, erratic	
• sycophant		flatterer, toady, hanger-on		
• tangential	not closely related	peripheral, digressive, divergent		
• tenable	able to be defended	defensible		
• impalpable	incapable of being felt or understood	intangible	perceptible, tangible	
• odious		hateful, detestable, obnoxious, repellent, repugnant, loathsome, abominable, abhorrent		odium = hatred
• ubiquitous				ubiquity

Word	Definition	Synonym(s)	Antonym(s)	Notes
• ruminate		ponder, contemplate, deliberate, muse, cogitate, mull		
• remuneration	payment, compensation, reward	recompense, consideration, emolument		
▼ Day 29				
• peccadillo	a small sin, minor fault	failing, frailty, foible		peccant (guilty)
• supine	lying down on the back			prone=prostrate, recumbent
• banal		trite, humdrum, hackneyed, shop-worn, insipid, vapid, bromidic	ingenious	
• heterodox		heretical		
• doxastic	relating to an individual's beliefs			
• grandiloquent		bombastic, grandiose, florid, turgid, magniloquent	unaffected	
• lugubrious	mournful and gloomy (in an exaggerated, affected way)	dismal, melancholy, doleful, dolorous, disconsolate, plaintive, lachrymose, saturnine	cheerful, jubilant, joyous, gleeful, mirthful, jovial, sanguine	
• infinitesimal	extremely small	tiny, minute, microscopic, minuscule		
• goad	to prod or urge to action	egg on, spur, incite, impel, instigate	soothe, pacify, appease, assuage, mollify	
• malingering	to pretend to be sick or incapacitated so as to avoid work			
• aver	to declare with confidence	assert, avow, affirm, avow, contend		
• untoward		unseemly, inappropriate		
• transpire	become known			
• condone	excuse, pardon, forgive			
• promiscuous	indiscriminate, unselective			
▼ Day 30				
• cacophony	a harsh, jarring sound	dissonance, discord, stridency	tranquility, serenity, quiescence	cacophonous=strident, cacography, cacology, cacothesis
• refractory	stubborn and disobedient	willful, headstrong, obstinate, intractable, perverse, recalcitrant, intransigent	compliant, deferential, malleable, docile, acquiescent	
• iconoclast	a person who attacks cherished or popular beliefs	radical, insurgent, firebrand		
• enervate	to drain of energy, deprive of force	deplete, devitalize, debilitate	invigorate, revive, enliven, animate, vitalize, fortify	
• levity	a lightness or lack of seriousness that is inappropriate or unbecoming	frivolity, flippancy,	gravity, sobriety, solemnity	
• equanimity	calmness	composure , self-possession, placidity, sang-froid		collected=calm
• stricture	a criticism; limitation, restriction	reproof, censure, reproach	commendation, plaudit, acclamation	stringent
• opulent	rich, wealthy	luxurious, sumptuous	indigent, destitute, impecunious	
• disparage	to depreciate, discredit	belittle , ridicule, scorn, slander, defame, denigrate, malign, vilify, traduce, calumniate		
• discursive	wandering from one subject to another	rambling, digressive, desultory		
• ilk		type, kind		

Word	Definition	Synonym(s)	Antonym(s)	Notes
▼ Day 31				
• redress		reparation, compensation, amends, recompense, requital		
• anomalous		aberrant		anomaly
• obsequious		servile, subservient, slavish, ingratiating, truckling, sycophantic	intractable, refractory, intransigent	
• didactic	instructive, designed or intended to teach	edifying		
• truncate		condense, abridge, curtail	elongate, prolong, protract	
• abstemious	sparing or moderate, characterized by abstinence	sober, temperate, ascetic		
• ethereal	heavenly, very light, airy, delicate, or refined	celestial, lofty, elevated, tenuous, sublime	mundane, terrestrial, sublunary	
• bombastic		pompous, pretentious, inflated, overblown, grandiloquent, turgid		bombast
• senescent	aging, growing old, on the decline	senile, decrepit	juvenescent	senescence
• pernicious		injurious, ruinous, deleterious, noxious, baneful, malign	wholesome, salutary, salubrious	
▼ Day 32				
• catholic	universal, all-inclusive, all-embracing	open-minded, liberal, ecumenical, latitudinarian	bigoted, parochial	
• objurgation	a harsh rebuke, vehement scolding or denunciation	reproof, reproach, upbraiding, vilification, vituperation		
• effusive	gushing, overflowing, overly demonstrative	exuberant, profuse, ebullient, impassioned, rhapsodic	undemonstrative	effusion
• umbrage	offense, resentment	displeasure, irritation, indignation, pique		take umbrage at sth
• vicissitude	a change, variation	fluctuation, alternation, mutation		
• contentious	argumentative, quarrelsome	pugnacious, disputatious, belligerent, bellicose, litigious	peaceable, equable	
• obeisance	a gesture of respect or submission	deference, homage, adoration, reverence, veneration		
• assiduous	hardworking, industrious	diligent, painstaking, persevering, sedulous	shiftless, indolent, languid, phlegmatic	
• duplicity	deceit	trickery, dishonesty, fraud, guile, chicanery, mendacity		duplicitous
• insouciant	carefree, nanchalant			san souci, in souciance
▼ Day 33				
• myrmidon	a loyal follower who is unquestioningly obedient			
• rapine	the act of seizing and carrying off property by force	pillage, plunder		
• nascent	beginning to exist or develop	dawning, incipient, embryonic, inchoate	antediluvian	
• accede	to consent, yield, give in	comply, submit, assent	oppose, dispute	
• magnanimous	noble, generous, high-minded		vile, contemptible, malicious, despicable, ignominious, covetous, avaricious, sordid,	magnanimity
• nonage	the period of immaturity or youth			
• invective	vehement or abusive language	slander, defamation, aspersion, objurgation, vituperation, obloquy	commendation, adulation, eulogy, encomium	inveigh

Word	Definition	Synonym(s)	Antonym(s)	Notes
• machination	a crafty or treacherous plot, cunning design	stratagem, ruse , cabal , contrivance		
• docile	submissive, obedient, compliant	amenable, deferential, malleable, tractable, acquiescent, obsequious	willful, wayward	docility
• redoubtable		formidable, fearsome		
• prognosticate	to predict	prophecy , presage, vaticinate		prognostic, prognosis
• conceivable		possible		
▼ Day 34				
• engender		produce, generate	suppress, subdue, quell, quash	
• fetid	having an extremely offensive odor	rank , rancid , malodorous , putrid , noisome, mephitic	fragrant, aromatic	
• pedantic				pedagogue
• mea culpa	my fault			
• capitulate	to yield, surrender			
• inchoate	in an early stage of development	nascent , elementary, preliminary, rudimentary , incipient		
• exponent	a representative or advocate			expound
• mendacious	not truthful, lying, deceitful	fraudulent, duplicitous	veracious	mendacity
• strident	loud and harsh-sounding	grating, shrill, earsplitting , screeching , discordant , cacophonous,	subdued, faint , melodious, dulcet , euphonious	stridor, stridulous, stridulate
• oligarchy				oligarchic, oligarchial
• refulgent	shining brightly	brilliant, radiant, gleaming, blazing, sparkling, luminous, incandescent, coruscating	dull, dim, gloomy, obscure, murky, tenebrous ,	
▼ Day 35				
• nepotism				nepotistic
• ribald	humorous in a mildly indecent, coarse, or vulgar way	gross, indelicate, lewd, immodest, obscene	refined, decent, tasteful, cultured, polished, cultivated, urbane	ribaldry
• avuncular	friendly and helpful towards someone younger			
• supplicate	to ask, beg or plead for	entreat , petition, beseech		supple, suppliant, supplicant
• irascible	easily-angered	cranky , testy , peevis , cantankerous , snappish , choleric , splenetic	unruffled, placid, amiable, affable, equable	irate, ire
• inexorable	relentless, merciless	unrelenting , unswerving , uncompromising, intransigent, obdurate, implacable	compliant, docile, tractable, acquiescent, complaisant	
• parvenu	an upstart			arriviste
• salubrious	healthful, wholesome		deleterious , pernicious, noxious, baneful	salutary
• hyperbole				
• sanctimonious	self-righteous, holier-than-thou			sanctimony
▼ Day 36				
• alacrity	cheerful readiness, eagerness	briskness , celerity		
• obviate	to prevent, clear out of the way			
• emolument	wages, salary	compensation, recompense , remuneration		
• intransigent	uncompromising	irreconcilable, unyielding, diehard, obstinate , recalcitrant, refractory , obdurate	compromising, compliant, malleable, docile, deferential, acquiescent, complaisant	

Word	Definition	Synonym(s)	Antonym(s)	Notes
• mordant		biting , cutting, keen, scathing , caustic , trenchant , virulent, acrimonious		
• sagacious		insightful, astute, judicious, sage, sapient, percipient, perspicacious	inane, witless, indiscriminating, obtuse	sagacity
• acerbic	sour, bitter	tart , caustic , pungent , acrid , acidulous		
• variegated		spotted, streaked, dappled		
• succor	to aid, help, relieve			
• importune	to ask someone for something continuously in an annoying or unreasonable way			importunate
•				
▼ Day 37				
• palliate	to lessen the severity of	diminish, mitigate , extenuate	aggravate , exacerbate	
• wizened	dried up	shriveled , withered		
• captious	quick to point out faults or raise trivial objections	carping , quibbling , caviling , ensorious		
• emendation	a correction, alteration			emend
• truculent	fierce, ferocious	pugnacious , belligerent	humane, merciful, compassionate, benevolent, clement; timid, demure, diffident, timorous	truculence
• expurgate	to cleanse by removing offensive material	censor , purge , bowdlerize		
• reprobate	thoroughly bad, wicked, corrupt	unprincipled, degenerate, depraved	virtuous, pure, righteous	
• spurious	false, counterfeit	sham , bogus , phony , fabricated, fraudulent	genuine, authentic, valid, bona fide	
• volition	will, choice, decision, determination			
• interpolate	to insert	interpose , interject		
▼ Day 38				
• adduce	to offer or cite as a reason			
• miscreant	an evil, unscrupulous, vicious person	scoundrel, rascal, rogue, hoodlum, hooligan, blackguard, desperado, malefactor, reprobate		
• quixotic		fanciful, whimsical,		
• suppurate	to fester , form pus			putrefaction, putrefy, putrid, decomposition
• martinet	a strict disciplinarian			
• compunction	regret caused by an uneasy conscience	remorse, misgiving , scruple , qualm , contrition		
• mercurial	having an unpredictable temperament	flighty , impulsive , fickle , capricious , volatile , erratic , protean		quicksilver
• nostrum	a quack remedy; a dubious or dishonest plan or scheme for curing a social or political problem			
• propitiate	to appease, cause to become favorably inclined	conciliate , pacify, mollify, placate, assuage	alienate, offend, antagonize, estrange, disaffect	
• efficacy				efficacious
▼ Day 39				
• tantamount	equivalent			
• pariah		derelict		

Word	Definition	Synonym(s)	Antonym(s)	Notes
• germane	relevant, fitting, appropriate	pertinent, apposite, apropos	extraneous, malapropos	
• licentious	lacking moral restraint, especially in sexual conduct	lewd , loose, lustful, lecherous , lascivious, libertine, lubricious, lickerish, libidinous, bawdy , wanton , ribald , prurient , debauched , dissolute , salacious , concupiscent	pure, chaste, virtuous	
• superannuated	retired because of age; outdated	timeworn , antiquated , decrepit, passé, effete		
• egregious	conspicuously bad	flagrant , outrageous, monstrous , notorious, grievous, arrant		
• vapid	lifeless, dull, boring, stale	insipid , trite, prosaic , pedestrian , jejune	lively, vigorous, animated, robust, vivacious	
• crotchet	an odd notion or whim that one clings to stubbornly			crotchety=bad-tempered
• epigraph	an inscription			epigram , epitaph
• expatiate	to elaborate	discourse , expound		
▼ Day 40				
• sinecure	a position that provides a good income or salary but requires little or no work; a cushy job			
• predilection		preference, partiality, inclination, disposition, predisposition, propensity, proclivity		
• imbroglio	a complicated or intricate situation	entanglement, embroilment, predicament , quandary		
• ineffable	inexpressible	unutterable, unspeakable, indescribable		
• stolid	not easily moved or aroused	unemotional , unresponsive, impassive, apathetic, phlegmatic		
• offal	waste, garbage, refuse, rubbish			
• lissome	limber, flexible, moving with ease and grace	nimble , agile, supple, lithe		
• mellifluous	flowing smoothly and sweetly, like honey			
• surfeit	to supply to excess	sate , satiare		
• blandishment	flattering or coaxing speech or action; an ingratiating remark or gesture			usually: blandishments
• forte	strength, specialty			
▼ Day 41				
• prolix	wordy and tiresome	circumlocutory , pleonastic	terse, pithy, succinct	
• apocryphal	not genuine, counterfeit,	spurious , supposititious	genuine, bona fide	apocrypha
• cupidity	greed	avarice, acquisitiveness, covetousness,		
• vernal	pertaining to spring	hibernal, hiemal, wintry	estival(summer), autumnal	
• temerity		recklessness , rashness , foolhardiness ; nerve, check, gall, audacity , heedlessness , imprudence , impetuosity , presumptuousness , effrontery	timidity , bashfulness , sheepishness , apprehension , diffidence , faint-heartedness , timorousness	temerarious
• rapprochement	reconciliation			
• disquisition	a formal discussion of or inquiry into a subject; a discourse	treatise , critique , thesis, dissertation		
• proscribe	to prohibit, forbid, outlaw		permit, tolerate, sanction	≠prescribe

Word	Definition	Synonym(s)	Antonym(s)	Notes
• munificence	great generosity, lavish giving	philanthropy, liberality, benevolence, largess	stinginess, miserliness, parsimony	
• probity	honesty, integrity	uprightness, rectitude	dishonesty, deceitfulness, duplicity, perfidy=treachery	
▼ Day 42				
• puissant	powerful, mighty, strong	vigorous, potent , dynamic, stalwart	feeble, infirm, debilitated, enervated, flaccid,	puissance
• peculate	to steal, misappropriate, embezzle	defalcate		
• diffident	shy, timid, bashful			
• venal	corruptible, bribable	mercenary,		venality, venial (excusable, forgivable)
• parsimonious	stingy, miserly	grasping, close-fisted, penurious, niggardly		parsimony
• pusillanimous	cowardly, timid, faint-hearted			pusillanimity
• extant	existing			
• meretricious	attractive in a flashy or cheap way	tawdry, gaudy,		
• xenophobia				xenophilia
• quotidian	daily, routine and ordinary	daily, diurnal		
• faux pas	<a false step>: an error or (social) blunder, a tactless act or rude remark			
• bête noire	<a black beast>: someone or something one especially dislikes or fears			
• bon mot	<a good word>: a witty or clever remark			
• élan	energy, style and enthusiasm	verve, vivacity		
• chutzpah	nerve, shameless self-assurance, audacity, impudence, gall			
• qui vive	on the qui vive: on the alert, ready and watchful			
• coup de grâce	the finishing blow or stroke			coup d'état
• ad infinitum	to infinity; continuing without ever ending			
• pro tempore (pro tem)	temporarily			
• sine qua non	<without which not> something absolutely necessary or indispensable			
• quid pro quo	something given in return for something else, an equal exchange	tit for tat		
• caveat emptor	<let the buyer beware> the principle that the person who buys something is responsible for checking that it is not broken, damaged etc			
• pro bono publico (pro bono)	for the public good; done without charge			
▼ Day 43				
• exigency	an urgency , pressing need			exigent
• pulchritude	physical beauty or external appeal			pulchritudinous
• denouement	the unraveling or resolution of a complex situation or a plot, as of a novel or drama	resolution , climax, culmination; outcome, upshot		
• fugacious	fleeting, passing quickly away	transient, ephemeral , transitory, evanescent , fugitive		
• turbid	muddy, clouded, roiled , murky; muddled, obscure , confused			turgid=tumid (swollen, inflated)

Word	Definition	Synonym(s)	Antonym(s)	Notes
• indefeasible	not capable of being undone, taken away, annulled, or rendered void	inalienable		defeasance
• disingenuous	insincere , crafty, not straightforward or frank	wily, deceptive, fraudulent , mendacious	truthful, frank, candid, guileless	ingénue
• scurrilous	foul-mouthed, obscene; using or expressed in language that is coarse, vulgar , and abusive	insulting, slanderous, libelous, insolent	polite, refined, cultured, urbane, cultivated, decorous	scurrility , scurrilousness
• recrudescence	a revival, renewal			recrudesce, recrudescence
• defenestrate	to throw something or someone out of a window			
▼ Day 44				
• dilatory	delaying, slow, tardy; causing delay			
• vilify	to defame , slander , attack with vicious, abusive language	disparage , denigrate , malign, revile, vituperate , calumniate , traduce	commend, laud, extol, eulogize, venerate	
• phlegmatic	calm and unemotional			
• adventitious	happening by chance; coming from outside, not native	fortuitous , supervenient ; foreign, extrinsic , extraneous		
• desiccated	dried up, dehydrated			desiccation
• comity	respectful and considerate behavior	courtesy , civility , politeness		comity of nations
• specious	appearing to be true			
• noisome	very unpleasant; unwholesome; foul-smelling	injurious, ruinous, deleterious , noxious, baneful, malign, pernicious; rank, rancid, putrid, fetid , malodorous, mephitic	salutary , salubrious	
• calumny	defamation, slander	backbiting , denigration, vilification		calumnious
• excoriate	to scrape or tear off the skin; to rebuke or denounce harshly and severely	censure , castigate, vituperate , flay		
▼ Day 45				
• lassitude		weariness , fatigue , listlessness , languor , lethargy , enervation		
• traduce	to publicly disgrace or humiliate by making false and malicious statements	defame, slander, denigrate, malign, vituperate, calumniate, vilify	extol, laud, adulate	
• dishabille	the state of being only partly or scantily clothed			
• saturnalia	an orgy , licentious merrymaking , unrestrained revelry			
• extirpate	to pull or dig up by the roots, exterminate	eradicate , deracinate		
• flagitious	extremely wicked, shamefully and scandalously criminal , villainous	atrocious , egregious , heinous , diabolical , nefarious , odious , execrable		
• peripatetic	walking about, going from place to place on foot	itinerant , ambulating		
• cachinnate	to laugh loudly (convulsively and hysterically)			
• manumit	to set free, liberate	unshackle, unfetter, disenthral, emancipate	enslave, enthrall, subjugate, manacle, trammel	
• expiation	reparation for a sin, crime or offense	atonement		
• effete	exhausted, worn out			
▼ Day 46				
• jeune	<barren of interest> dull, uninteresting	flat , stale , arid , insipid , vapid		

Word	Definition	Synonym(s)	Antonym(s)	Notes
• paucity	an insufficiency , scarcity, a dire lack	dearth , deficiency, exiguity	superfluity , plethora	
• minatory	threatening, menacing	minacious		
• putative	supposed, reputed, commonly considered or regarded as such		certain, definite, unquestionable, indisputable, indubitable, incontrovertible, irrefragable	
• lucubration	study, writing, or work done late at night			lucubrate: to compose with laborious effort, to write in a scholarly or pedantic fashion
• troglodyte	a cave dweller; a person who lives or behaves in a primitive manner, or who lives in seclusion	anchorite, eremite		
• aleatory	<depending on the throw of the dice> depending on luck, chance, or on some contingent event; uncertain, unpredictable			
• farrago	a (confused or jumbled) mixture	conglomeration , medley , mishmash , hodgepodge , miscellany, potpourri		farraginous
• cynosure	a center of attention or interest, focal point			
• badinage	banter ; playful, teasing talk; good-natured joking or gently mocking conversation	repartee , raillery , persiflage		
▼ Day 47				
• hieratic	priestly	clerical , ministerial , pastoral , ecclesiastical, sacerdotal		
• demotic	used by or popular with most ordinary people	vernacular		
• saturnine	somber in appearance, manner, or temperament	gloomy , sullen , grave, melancholy, morose	sanguine	
• execrate	to denounce vehemently, declare hateful or detestable; to loathe , abhor , detest utterly			execrable =abominable, abhorrent, loathsome
• vitiate	to corrupt, ruin, spoil , impair the quality of, to defile , debase			
• venial	excusable, forgivable, pardonable		mortal	
• risible	provoking laughter	amusing, ludicrous, hilarious, ridiculous, droll		
• lionize	to treat a person as a celebrity or as an object of great interest or importance			lion
• contretemps	an embarrassing, awkward, unexpected situation or event			
• rodomontade	arrogant boasting or bragging	bluster , braggadocio , vainglory, gasconade, fanfaronade ,		
• hebetude	dullness, lethargy			
▼ Day 48				
• sanguine	confident, cheerful, hopeful, optimistic			sanguinary
• deipnosophist	an adept conversationalist			
• frangible	fragile, brittle	frail , delicate , friable		
• apodictic	clearly established or beyond dispute	incontestable , incontrovertible , indisputable, irrefragable		
• fulminate	to explode (with invective and denunciations)			

Word	Definition	Synonym(s)	Antonym(s)	Notes
• scarify	to wound the feelings of; distress by criticizing sharply	lacerate, flay, castigate, vituperate, excoriate		
• hebdomadal	weekly			hebdomad (seven)
• divagate	to wander, ramble, or drift about, to digress			
• iatrogenic	caused by medical examination or treatment			iatic (medical)
• tergiversation	the act of deserting something to which one was previously loyal	abandonment, defection		
▼ Day 49				
• nacreous	pearly, consisting or resembling mother-of-pearl	iridescent		nacre
• faineant	lazy, idle, sluggish	do-nothing, shiftless, slothful, lackadaisical, lethargic, indolent, hebetudinous		
• hispid	covered with stiff hairs or bristles	hirsute		
• longanimity	long-suffering patience	forbearance		
• sciolist	a person who pretends to be knowledgeable and well informed			
• propinquity	nearness in place or time, proximity ; nearness or similarity in nature, kinship			
• factitious	not natural or genuine; artificial	sham, contrived, bogus, fraudulent, spurious		
• plexiform	complicated or elaborate; like a plexus or network			
• susurrus	a whispering, murmuring, or rustling sound			susurration, susurrate, susurrant
• triturate	to grind, crush, or pound into fine particles or powder	pulverize, comminute, levigate		
• sesquipedalian	(of a word) polysyllabic, long			
• sizable	fairly large			
▼ Day 50				
• protean	highly variable or changeable			
• crepitate	make a crackling sound			
• noctivagant	wandering at night			
• fuliginous	sooty, smoky			
• hortatory	encouraging or urging to some course of action; giving earns counsel or advice			exhort
• heliolatry	worship of the sun			heliocentric, heliotropism
• sciamachy	the act of fighting a shadow or an imaginary enemy			-machy (battle): theomachy, gigantomachy, logomachy,
• glabrous	smooth and bald			
• pettifogger	a mean, tricky lawyer who handles petty cases in an unethical, unscrupulous way	shyster		
• epicene	having characteristics of qualities of both sexes			hermaphroditic
•				
•				