It does not matter whether you enter one or serveral spaces after a word. An empty line starts a new paragraph.

I read the Knuth divides the people working with $T_{\!E}X$ into $T_{\!E}X$ nicians and $T_{\!E}X$ erts.

Today is September 30, 2017

You can lean on me!

Please, start a new line right here!

Thank you!

This is an example: Supercalifragilistic expialidocious

This is another example for embedding comments in your document.