TANG YINMAYUE

China

Phone: +86 18181750414

Email: <u>yinmtang@uiowa.edu</u> Personal Website: <u>Yinmayue TANG (Zoe)</u>

EDUCATION

8/2024-6/2030 Ph.D. student, Counseling Psychology

The University of Iowa

9/2022-10/2023 Master of Social Sciences in Psychology

City University of Hong Kong Major: Applied Psychology

Main Courses: Psychological Research Design and Analysis, Psychopathology, Cognitive Psychology, Life Span Development, Psychological Testing, Social Psychology, Behavioral Neuroscience, Personality Theories, Health Psychology.

GPA: 3.54/4.3

Honors Thesis: Posttraumatic Depreciation Functioned as A Mediator in the Relationship between Fear of Infection and Adjustment Disorder during the Pandemic (grade: A-) Supervisor: Prof. HO Samuel M.Y.

9/2017-6/2021 Bachelor in Management

Nankai University

Major: Public Administration

Main Courses: Principles of Political Science, Policy Principles and Analysis, Administrative Management, Administrative Jurisprudence, Human Resource and Management, Comparative Public Administration, Civics, Organization Theory, Management Information System, Administrative Case Analysis, and others.

GPA: 3.69/4

Honors Thesis: The Influence of Emergency State on Citizen Policy Compliance from the

Perspective of Field Theory (grade: 4)

Supervisor: Prof. CHANG Jian

5/2019-6/2021 Bachelor in Management (Minor)

Tianjin University

Major: Business Management

GPA: 3.56/4

WORKING EXPERIENCE

1/2024-Present The First People's Hospital of Suining City, China

Therapist (employed)

- Provide **psychological testing** and **care strategies** for patients with mental illness. Deliver **individual** and **group therapy** to diverse patient population, mainly focused on teenagers (NSSI). Cope and manage the **emergency cases** happened among hospitalized patients.
- Collaborated with multidisciplinary teams (e.g., obstetrics, oncology) to screen the high-risk
 patients, and develop comprehensive treatment plans and coordinated care to ensure continuity
 and effectiveness of services.
- Conducted the **psychoeducational** public lectures in schools and companies.

7/2023-11/2023 Department of Clinical Psychology, The Psychiatric Hospital of Jiangyou City, China Intern

- Conduct daily **ward rounds**, caring for the behaviors, emotions, and symptoms of hospitalized patients; assist attending physicians with **assessment**, **medical history inquiry**, and **records** collation towards new patients.
- Responsible for **supportive therapy** to hospitalized patients, collaborating with medication and physical therapy.

8/2021-6/2022 Chengdu Blue Whale Times Management Consulting Co., Ltd., China

Focusing on human resources recruitment in the semiconductor and AI fields.

Recruitment Consultant

- Responsible for the recruitment of senior IC design engineers (digital/ analog) in SOC, NOC, GPU, etc., including job analysis, talent profiling, talent sourcing, demand matching, and case tracking.
- The passing rate of resume screening was 90%, and the offer rate was 27%. 8 candidates had been offered, and 3 of them signed back. My performance indicator ranked top 3 among AC consultants in the same period.

9/2019-9/2020 Zhangmen Education Inc., China

Math Teacher (Remote, Part-time)

• Taught junior high school mathematics, communicated with parents on teaching objectives and teaching plans; communicated with parents about their children's status and created a positive learning environment for students through the cooperation of parents and teachers.

RESEARCH EXPERIENCE

6/2023-3/2024 Awareness Neuroscience Laboratory of Chinese People's Liberation Army General Hospital Research Assistant (remote), China

- Based on previous studies of lab, optimizing the mindfulness intervention of insomnia.
- Member of the VR-based Mindfulness intervention project, responsible for the preliminary literature research and intervention planning.

6/2022-9/2022 National Mental Health Evaluation and Development Center of the Institute of Psychology, the Chinese Academy of Sciences (CAS), China

"National Mental Health Database"

Research Assistant

Aims to build a first-class mental health database of China: http://mhdata.psych.ac.cn/home.

- Responsible for data processing: Organized 6 original research data sets of National Mental Health Survey (ranging from adolescent to elder) in SPSS; familiar with the psychological assessments in mental health.
- External contact: Contacted and attracted 800+ psychological researchers and 128 professional institutions in the research field of mental health in the mainland to cooperate with our database.
- **Text editing:** drafted the user manual of the database platform during the internship.

5/2019-5/2020 Evaluation of Junior High School Entrance Policy (Second Prize in Nankai project training) Project Member, China

- Visualized the literature research by **Citespace**, and crystallized the study topic and framework in the <u>early stage</u>; questionnaire design, **interview** outline (parents, teachers), and data collection offline in several schools in Tianjin during the <u>middle stage</u>; data analysis and finalized report in the <u>late stage</u>.
- Report: Evaluating the Effectiveness of the Junior School Entrance Policy in Tianjin Based on Stakeholders' Theory.

GRANTS, HONORS, & SCHOLARSHIPS

2019	Jiu'er Gongneng Scholarship (faculty-level)
2019	Outstanding Student Leader
2018	Nankai Encouragement Scholarship (school-level)
2018	First Prize of the 13th Campus Psychological Drama Competition for College Students in Tianiin

TRAINING & VOLUNTEER EXPERIENCE

2/2023-3/2023 Mental Health First Aid Training (Certificate of MHAHK) Trainee

- Learned **symptoms** and **diagnosis requirements** of common emotional/mental distress problems: depression, anxiety disorder, substance abuse, etc.; how to provide **initial and usual support** for these people (situation simulation) and guidance towards professional help.
- Completion and certification acquired.

7/2020-8/2020 Fujiang Community, Jiangyou City, Sichuan Province

Community service and epidemic prevention volunteer work.

7/2019-8/2019 Voluntary teaching

• Responsible for art teaching and activities planning for children of migrant workers in Foshan.

7/2017-7/2018 Help canter for children with cerebral palsy

Accompany them through psychological support and provide aid in rehabilitating motor control.

CAMPUS INVOLVEMENT

9/2019-12/2020 Psychological Association of Nankai University Member

- Responsible for the organization and arrangement of sand tray activities;
- Publicized the association's daily activities, and promoted mental health knowledge.

9/2018-6/2019 Student Union, Zhou Enlai School of Government Minister of the Secretary Department

• In charge of coordination, evaluation, and financial management within the Student Union, ensuring the rights of students. Planned and organized the university-level event "National Policy Forum" (school-level); held 6 large meetings, 20 medium meetings and several small meetings.

SKILLS AND PROFICIENCIES

- Computer Skills: Microsofts/ SPSS/ Citespace / PS / R /Xmind;
- Language: Chinese-Native; English-Proficient.
- **Soft Skills:** Excellent Listening and Communication Skills; Mindful Awareness; Team Player; Time Management; Problem Solver.

INTERESTS

- Musical Instrument: Piano, Guitar, Hulusi, Kalimba;
- Photographing
- Yoga; Mindfulness