# TANG YINMAYUE

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## EDUCATION

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| **9/2022-10/2023** | **City University of Hong Kong** | Master of Social Sciences in Psychology | Applied Psychology | 3.54/4.3 |
| **9/2017-6/2021** | **Nankai University** | Bachelor's Degree in Management | Public Administration | 3.69/4 |

## INTERNSHIP & TRAINING

**7/2023-Present  The Psychiatric Hospital of Jiangyou, Clinical Psychology Department**                **Intern**
- Conduct daily **ward rounds** with attending physicians to check on hospitalized patients; assisting with **assessment**, **medical history inquiry**, and **records** collation towards new patients.
- Receive trainings (intervention on self-injury action, DBT), responsible for **supportive therapy** to hospitalized patients (children/teenagers), collaborating with medication and physical therapy.

**2/2023-3/2023  Mental Health First Aid Training**                **Trainee**
- Acknowledge of **symptoms** and **diagnosis requirements** of common emotional/mental distress problems; learning how to provide **initial and usual support** for these people (situation simulation) and guidance towards professional help; completion and **certification** acquired.

## RESEARCH EXPERIENCE

**6/2023-Present   Beijing 301 Hospital: Brain Science and psychology Laboratory**                **Lab Member**
- Planning and optimizing the mindfulness-based intervention of insomnia.
- Project member of a VR based mindfulness program (in application).

**1/2023-7/2023  Master's Degree Thesis: Posttraumatic Depreciation Functioned as A Mediator in the Relationship between Fear of Infection and Adjustment Disorder during the Pandemic**
- Conducted **literature reviews** on pandemic-related stress symptoms, research of PTG and PTD during Covid-19, and the severity of infected fear; identified research gap and formed research proposal.
- Designed **questionnaire** and carried out an online investigation based on the proposal.
- Data analysis conducted by **SPSS**, include: descriptive analysis, correlational matrix, and mediation effect by **PROCESS**.
- Conclusion formation, thesis finalization.

**6/2022-9/2022  National Mental Health Evaluation and Development Center of the Institute of Psychology, the Chinese Academy of Sciences (CAS)**
**"National Mental Health Database"**                **Research Assistant**
*Aims to build a first-class mental health basic database of China:* http://mhdata.psych.ac.cn/home.
- Responsible for **data processing**: Organized 6 original research data sets of National Mental Health Survey (ranging from adolescent to elder) in SPSS; familiar with the **psychological assessments** in mental health.
- **External contact:** Contacted and attracted 800+ psychological researchers and 128 professional institutions in the research field of mental health in mainland to cooperate with database.
- **Text editing:** drafted the user manual of the database platform during the internship.

**5/2019-5/2020  Evaluation of Junior School Entrance Policy (Second Prize in Nankai project training)       Member**
- Visualized the literature research by **Citespace**, and crystallize the study topic and framework in the early stage; questionnaire design, **interview** outline (parents, teachers), and data collection offline in several schools in Tianjin during the middle stage; data analysis and finalized report in the late stage.
- Report: Evaluating the Effectiveness of the Junior School Entrance Policy in Tianjin - Based on Stakeholders' Theory.

## VOLUNTEER EXPERIENCE

**7/2019-8/2019  Voluntary teaching**
- Responsible for art teaching and activities planning for children of migrant workers in Foshan;

**7/2017-7/2018  Help canter for children with cerebral palsy**
- Accompany them through psychological support and provide aid in rehabilitating motor control.

## HONORS

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| **2018** | *Nankai Encouragement Scholarship (school- level)* |
| **2019** | *Outstanding Student Leader* |
| **2019** | *Jiu'er Gongneng Scholarship (faculty-level)* |

## SKILLS

**Language:** Mandarin-Native/ English-Fluent (IELTS 7.0)
**Computer Skills:** Microsofts/SPSS/Ps/R/Citespace/Xmind
**Certificate:** Mental health First Aid (MHAHK)