

TANG YINMAYUE

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EDUCATION

9/2022-10/2023 City University of Hong Kong Master of Social Sciences in Psychology | Applied Psychology | 3.54/4.3
9/2017-6/2021 Nankai University Bachelor's Degree in Management | Public Administration | 3.69/4
3/2019-6/2021 Tianjin University Bachelor's Degree in Management (dual degree) | Business Administration | 3.52/4

INTERNSHIP & TRAINING

7/2023-Present The Psychiatric Hospital of Jiangyou, Clinical Psychology Department Intern

- Conduct daily **ward rounds**, focusing on the behavior, emotion, and symptoms in hospitalized patients; assist attending physicians with **assessment, medical history inquiry**, and **records** collation towards new patients.
- Receive trainings (intervention on self-injury action, DBT), responsible for **supportive therapy** to hospitalized patients (children/teenagers), collaborating with medication and physical therapy.

2/2023-3/2023 Mental Health First Aid Training (Certificate) Trainee

- Acknowledge of **symptoms** and **diagnosis requirements** of common emotional/mental distress problems: depression, anxiety disorder, substance abuse, etc.; learning how to provide **initial and usual support** for these people (situation simulation) and guidance towards professional help.
- Completion and **certification** acquired.

RESEARCH EXPERIENCE

1/2023-7/2023 Master's Degree Thesis: Posttraumatic Depreciation Functioned as A Mediator in the Relationship between Fear of Infection and Adjustment Disorder during the Pandemic
Supervisor: Prof. HO Samuel M.Y.

- Conducted **literature reviews** on pandemic-related stress symptoms, research of PTG and PTD during Covid-19, and the severity of infected fear; identified research gap and formed research proposal.
- Designed **questionnaire** and carried out an online investigation based on the proposal.
- Data analysis conducted by **SPSS**, include: descriptive analysis, correlational matrix, and mediation effect by **PROCESS**.
- Conclusion formation, thesis finalization.

6/2022-9/2022 National Mental Health Evaluation and Development Center of the Institute of Psychology, the Chinese Academy of Sciences (CAS)
"National Mental Health Database" Research Assistant
Aims to build a first-class mental health basic database of China: <http://mhdata.psych.ac.cn/home>.

- Responsible for **data processing**: Organized 6 original research data sets of National Mental Health Survey (ranging from adolescent to elder) in SPSS; familiar with the **psychological assessments** in mental health.
- External contact**: Contacted and attracted 800+ psychological researchers and 128 professional institutions in the research field of mental health in mainland to cooperate with database.
- Text editing**: drafted the user manual of the database platform during the internship.

5/2019-5/2020 Evaluation of Junior School Entrance Policy (Second Prize in Nankai project training) Member

- Visualized the literature research by **Citespace**, and crystallize the study topic and framework in the early stage; questionnaire design, **interview** outline (parents, teachers), and data collection offline in several schools in Tianjin during the middle stage; data analysis and finalized report in the late stage.
- Report: Evaluating the Effectiveness of the Junior School Entrance Policy in Tianjin - Based on Stakeholders' Theory.

VOLUNTEER EXPERIENCE

7/2019-8/2019 Voluntary teaching

- Responsible for art teaching and activities planning for children of migrant workers in Foshan;

7/2017-7/2018 Help canter for children with cerebral palsy

- Accompany them through psychological support and provide aid in rehabilitating motor control.

HONORS

2018 Nankai Encouragement Scholarship (school-level)
2019 Outstanding Student Leader
2019 Jiu'er Gongneng Scholarship (faculty-level)

SKILLS

Language: Mandarin-Native/ English-Fluent (IELTS 7.0)
Computer Skills: Microsofts/SPSS/Ps/R/Citespace/Xmind
Certificate: Mental health First Aid (MHAHK)

唐音马乐

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教育背景

- 9/2022-10/2023 香港城市大学 | 社会与行为科学系 心理学硕士 | 应用心理学
课程：心理学研究设计与分析(A-)、精神病理学(A-)、发展心理学(A-)、认知心理学(A)、心理学量表、社会心理学、行为神经科学、人格理论、健康心理学。
- 9/2017-6/2021 南开大学 | 周恩来政府管理学院 管理学学士 | 行政管理 | 学分绩: 3.69/4
- 3/2019-6/2021 天津大学 | 经济与管理学院 管理学学士 (双学位) | 工商管理 | 学分绩: 3.52/4

实习和培训经历

- 7/2023-至今 江油市第三人民医院(精神专科): 临床心理科 住院部见习
- 跟随科室主治医师每日进行查房工作, 关注住院患者行为、情绪状态和病症发展情况; 协助主治医师对新患者进行评估、病史询问和病历整理。
 - 接受相关培训, 负责临床心理科住院部的个案心理支持性治疗, 配合药物和物理治疗开展工作, 主要针对抑郁和焦虑相关症状, 以青少年为主。
- 2/2023-3/2023 心理急救培训 受训者
- 认识常见情绪/精神困扰问题的相关症状和诊断要求: 譬如抑郁症、焦虑症、药物滥用等; 并学习如何为这些人提供初始和常规支持(情境模拟) 并引导其接受专业帮助;
 - 完成并获得证书。

项目经历

- 1/2023-7/2023 硕士学位论文研究: 创伤后折旧(PTD)在大流行期间对感染的恐惧与适应障碍(AJD)之间关系的中介作用研究
- 对大流行相关的应激症状、Covid-19 期间 PTG 和 PTD 的研究以及 COVID 感染恐惧程度进行了文献调研; 确定研究问题并形成研究计划。
 - 设计问卷, 并根据研究计划开展在线调查。
 - 用 SPSS 进行数据分析: 包括描述数据, 相关矩阵, 回归分析和中介作用分析(PROCESS)。
 - 形成结论, 完成论文撰写。
- 6/2022-9/2022 中科院心理研究所: 国家心理健康评估与发展中心 “国家心理健康数据库” 科研助理
- 旨在建设国际一流的中国国民心理健康数据库: <http://mhdata.psych.ac.cn/home>。
- 负责数据集处理: 实习期间完成了 6 个原始研究数据集的标准化; 熟悉各种心理健康领域的量表。
 - 对外联络工作: 联络并吸引了 800+心理学研究人员和 128 个心理机构与数据库达成合作。
 - 文字编辑工作: 编写了数据库平台的用户使用手册。
- 5/2019-5/2020 小升初政策评估-南开大学百项工程训练二等奖 项目组成员
- 前期: 负责运用可视化计量分析软件 Citespace 对文献进行精读和整理, 确定课题和研究思路; 中期: 负责问卷设计和访谈提纲的设计及部分访谈记录的文本分析工作, 完成调研; 后期: 负责报告调研方法, 数据分析, 及成果的撰写, 同时协助答辩, 项目顺利结题。
 - 报告: 天津市小升初入学政策效果评估——基于利益相关者的视角, 荣获百项工程二等奖。

志愿经历

- 7/2019-8/2019 支教: 负责佛山外来务工人员子女美术教学及活动策划
- 7/2017-7/2018 脑瘫儿童帮助中心: 为他们提供心理支持, 帮助他们恢复运动控制能力。

荣誉

- 2018 南开大学励志奖学金(校级)
- 2019 南开大学“九二公能”奖学金(院级)
- 2019 优秀学生干部

其他

- 语言: 普通话 / 英语 (IELTS 7.0)
- 技能: Microsofts/ SPSS/ Citespace / PS / R / Xmind
- 证书: 心理急救课程(香港心理卫生会)