

# Yitbarek Alemu, MD

## General Medical Practitioner



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### Work Experience



**Physician | Saja General Hospital**  
*Feb 2024 to Present*

- Led multidisciplinary care across Medical, Surgical, Pediatrics, OBGYN, OPD, EOPD, ICU, NICU, and Medical Referral Clinic
- Founded a hospital-based Longevity and Lifestyle Medicine Program, promoting preventive care and wellness
- Trained staff in AI applications in medicine and research, enhancing diagnostic and operational capabilities

### Education History



**Doctor of Medicine | University of Wachemo**  
*Class of 2024*

- Awardee, Certificate of Graduation
- Awardee, Employability skills



**Understanding Research Methods |**  
University of London

**Summary Statistics in Public Health |**  
Johns Hopkins University

**Medical Korean Academy |**  
Medical ICT and Hospital Management

### Summery

Licensed medical doctor with over a year of clinical experience and a strong interest in artificial intelligence, preventive neurology, and longevity science. Experienced in interdisciplinary collaboration, protocol development, and medical technology. Adept at scientific writing, public speaking, and applying AI and data science to improve health outcomes.

### Volunteer Work and Affiliations

**Member, Medical Research Lounge**  
*2025 to Present*

**Volunteer Physician**  
WHO & MOH Ethiopia,  
**MPOX Outbreak Control Team**  
*2025*

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## Program Leadership & Initiatives

- **Longevity Program Coordinator**  
Lifestyle & Longevity Program, Saja General Hospital
- **Contributing as a core team member** to the development of the Preventive Neurology Protocol focused on brain aging, *IsaacHealth*, 2025.
- **Co-created patient education materials** for Lifestyle Medicine for Brain Health
- **Organized seminars and training sessions** for healthcare staff and community members

## Research & Publications

- Lead Author, "The Effect of Proper Blood Pressure Measurement on Hypertension Diagnosis and Management in Saja General Hospital, Ethiopia", presented at the Annual Medical Research Lounge Conference, 2025.
- Co-author of "Exploring AI Companion Use in Adults with Neurological Diseases: A Scoping Review"

## Language

- English: Fluent
- Amharic: Native
- Yemsa: Fluent
- Afaan Oromoo: Basic
- French: Basic

## Relevant Skills

### Clinical:

- Preventive Neurology,
- General Medicine,
- Lifestyle Medicine, Patient Education

### Technical:

- Python, AI, LM
- Web Development,
- Data Visualization

### Research:

- Medical Research,
- Scientific Writing,
- Health Data Modeling

### Leadership:

- Program Coordination,
- Interdisciplinary Collaboration,
- Public Speaking

## Statement of Intent

**Passionate about delivering evidence-based care, promoting longevity and lifestyle medicine, and leveraging AI to enhance patient outcomes and advance medical practice.**

## References

Available upon request