

Metadata: <https://www.youtube.com/watch?v=y2emusvRC-0>

Okay, so the next submission series that I do from here, especially when I'm attacking the Stima Lock, is there's a reverse toe hold that's here. So, like I said, you've got two reactions you usually get from people when going for the Stima Lock. You get that flat foot effect, or you get a kick across. So the kick across is going to give you another submission attempt, and it's also going to give you another pass. So I'm going to use both of them right now. So anytime I get that guy bringing me up and over, I go to attack my Stima Lock, and because I have this pressure in the bottom leg, what I get a lot is this guy tries to kick his leg straight. So as he kicks his leg straight, let's go back. As he kicks his leg straight, this bottom arm, I'm not going to resist that kick. So as he kicks, my bottom arm follows. So you can see that my bottom arm, the same side that it's on, that pressure down trying to fight this, as he kicks his leg straight, I go with him. So I'm really going to go pinky to pinky on his foot. Now all I'm going to do is I'm going to put the center of my palm on the pointer knuckle of my other hand. Now what I want to do is I want to pull this into my chest first, and then pull it towards his chest. I don't want to try and pull it in then pull it in because that's basically not going to work. Here I'm strong, and here I'm strong. I want to get it to me as soon as possible. So now all I want to do is I want to rotate his pinky toe back again towards his knee. So I'm going to do that by rotating my right hand down, my left hand in towards him to finish the reverse toe hold. And the great thing about this is if you don't like the toe hold, I can use the toe hold to replace the foot to go back to the Stima Lock again. So it's a nice connection to have. If you just want the Stima Lock, and maybe depending on your belt level, you can't do toe holds, you have the ability to go toe hold, to connect, to bring it back, to go back to a Stima Lock again. So it's very important to have that connection. So anytime you're settling this Stima Lock position, and you're going for it, and he tries to kick out of it, I just go with it. I don't resist it. I'm inside, pinky to pinky. The center of my palm is on the pointer finger knuckle. I pull it into my chest, and I pull it towards his chest. All I'm trying to do now is rotate with my hands, his pinky towards his knee to get that tap. If you don't like that position, you put it back on your chest, staple down the Stima Lock again. That chain can go on forever. So it's important to settle the Stima Lock. If he kicks pinky to pinky, attack the reverse toe hold, or place it back, and you're back in your Stima Lock position. But now you have a two-for-one submission chain from the reverse De La Riva Stima Lock position. [■ Music ■ Ends ■ ■ [■ Music ■ Ends ■ ■