

Metadata: <https://www.youtube.com/watch?v=Yfpwm5OtZ-A>

we're gonna tie our opponent's arm again with his own lapel and right now we're gonna move on to the sneaky execute choke so we're in the side we isolate the bottom arm and now we're gonna take out our opponent's lapel and again I want him to keep this arm here on my on my throw right so right now it's gonna be easy for me to tie my opponent's arm with the lapel so as you can see I'm going over his forearm and I'm grabbing with a with the bottom arm from underneath his head okay so right now his arm is pretty tied but actually if I need to I can let go his arm so I'm gonna loosen up the loop little bit so right now his focus is here you know all he wants is to to free the arm because this control is is annoying this control is uncomfortable so whenever he feels free to go he he gonna free the arm so right now when he frees the arm I'm already waiting with my arm to sneak in to the loop and I'm going forward up against the neck from here I'm gonna put the knee on belly and I'm gonna tighten the choke up so I'm using the bottom one I'm going backward with the elbow and then I'm pressing with my fist against my opponent's neck to finish with the zekio choke let's change the angle so isolate the bottom arm and now use the lapel to tie the arm right now I'm already waiting with this arm to go in to the loop all I need to do is let my opponent go with his arm so he's coming out I'm going in and as you can see I'm going all the way to his neck I'm securing my position here on the side of his neck and I'm using the elbow going backward to make the choke tighter knee on belly and we got the zekio choke you