

Metadata: <https://www.youtube.com/watch?v=aH8AJrbBEul>

A common issue when we're trying to high step is our opponent goes reverse de la jiva, if I'm correct. So our opponent's playing supine, he's on his back. We enter this knee to knee position, but he enters reverse de la jiva and he grabs our ankle. A common thing I like to do here, I'm still posting by my opponent's far ankle, I'm posting with an inverted grip as I step my free leg over and I'm posting by his far shoulder. Once I'm here, I like to step on my opponent's forearm. This helps clear the grip. So I'm not just trying to, when I'm trying to clear the grip, I'm not just stepping upwards, I'm trying to sheer my knees away and I'm almost shooting my leg in a 45 degree angle and then I'm stepping outwards. Rather than just stepping straight up or straight away, I'm going for like a 45 degree angle and I'm stepping away this way. So we're here, our opponent goes reverse de la jiva, I'm stepping on the forearm while posting by my opponent's far shoulder and the far leg, pinching my knees together, sheering my knees away as I step in a 45 degree angle and I'm stepping outwards. As I'm here, I can enter the north-south and complete the pass with the elbow-elbow or the shoulder or I can just do the typical finish for the high step pass where I'm here posting far shoulder, far ankle, posting on the, my foot goes on his forearm, sheering my knees away, 45 degree angle away and then I'm completing the pass as I'm going knee on belly here. So we're here, opponent grabs our ankle here, we're still pinning by our opponent's far shoulder and far ankle, I'm stepping on my opponent's forearm, given like we're drilling here so I'm being light but you can really just step, put all your weight on your opponent's forearm, this will really trap their arm and stop them from having any success with this grip. Sheering my knees away as I step in a 45 degree angle, stepping away and then I can go knee on belly from here. One more time, so we're here, our opponent enters reverse to the heel up, pinning with the inverted grip, pinning his heel to his butt, as I post by the far shoulder, I'm stepping with my free leg, stepping over his knee, pinching my knees together as I have my foot on his forearm, as I have my foot on his forearm, sheering my knees away from his head as I shoot my leg up in a 45 degree angle, stepping away and I'm circling towards knee on belly here.