

Metadata: <https://www.youtube.com/watch?v=BaPbOLX2vdo>

So now we're gonna go another back step. This time, you're on top of cross side, you have a strong opponent that's got good movement on the bottom, and he tries to grab, wrap your legs for a single. So, you have a couple of choices. You can try to cross face him down, but if he tucked in his head well, you're gonna have a hard time. Once he gets past perpendicular, you kind of start to lose him. If that were to happen, I'd try to pancake him down and go into guillotine. But, if you act quickly, I back step and I scoop up his arm. So again, now, my biggest problem is I'm not in the angle that I want to be. So by now, you guys know how we address that. As I'm extending his arm, I'm getting ready. My right hand brings it into the armpit grip. So again, the armpit grip can cure a lot of improper angles. When you're back stepping into these arm locks, you're kind of countering the movement he initiated. And because of the nature, sometimes he actually holds onto one of your legs. Because of that nature, you will not always be able to get that perpendicular position that I'm looking for, that I usually initiate most of the arm bars from. But, it's a very easy cure. You just get in position, isolate the arm, and then you can fix it with the armpit grip, even though your angle is way off. All right, so let's look at it again. So, on the top curl, Enrique starts, I just back step. That's my biggest concern, right, back step. I don't worry about the arm. Now, I'm gonna start to take the arm. As I'm doing this, I know I'm driving my left thigh heavy. It's very important. This is way looser than this. As I'm laying down, my right hand is already getting in position to block his wrist from changing the angle or retracting. I get it under my armpit, and very, very strong finish. All right. So again, it's very important. I try to hit this before here is the latest time I can hit it. If he gets further, what I would do is just get a headlock and try to straighten out my leg to sprawl on him, to bring him into my guillotine or anaconda. But, if I act quicker, before he gets vertical to the ground, post and back step. Now, I'm gonna start to isolate the arm. My right hand is already in position. I just need to keep it there briefly. So, my upper body does bulk in the movement. If his hand is deep, I go under. If it's shallower, I just go over. Either way, I get a very strong armpit grip, which allows me to finish the arm bar even from a less than ideal angle.