

Metadata: [https://www.youtube.com/watch?v=\\_IGHS-KsDps](https://www.youtube.com/watch?v=_IGHS-KsDps)

Now let's see sweeps from the feet, ok? Pay attention guys, my first grip, here, ok? Now, it's very important my knee is closed. Different angle, here, ok? Now, my foot and knee, my opponent, and kick. This. Close my knee, two points, ok? Whip here, ok? Now, my knee, third, different angle, ok? My foot, kick, and knee my opponent. And sweep, close my knee, ok? Whip here, it's my opponent's, it's very precious my knee, ok? Now, I'm here, here, change, pressure, ok? My knee, my foot and kick for the knee, two points. Now, first grip on the pants, my opponent's pressure on my knee. Now, my hip, turn, no more pressure on my knee, ok? Take my foot and knee, my opponent's, and kick, two points. One. Faster. Here. Two. Three. Four. Five. Six. Seven. Eight. Nine. Ten. Eleven. Twelve. Thirteen. Fourteen. Fifteen. Sixteen.