

Metadata: <https://www.youtube.com/watch?v=nNBA7D7x8d0>

So guys, I plan on putting the reversal of the hiba. So, when I'm doing the reverse, like if I gotta keep my balance good here, so I cannot put all my weight on that side because he's gonna roll under. So I gotta always keep my knee, like all my weight on my knee, that he's controlling my leg. Okay, so I have a better balance here. So the first thing I'm gonna do, when I have the reversal here, I'm gonna connect my hand on his collar. So I'm not gonna connect on this side now, I'm gonna connect on the other side, okay? So now what I'm gonna do, the other hand, I'm gonna connect on his knee, okay? Because actually when the guy have the frame, yeah, it's really hard to pass when I have both frames, or get a different, yeah, and he open his elbow, yeah, it's really hard to pass to this side, because all the time that I get the knee cut, he just keep me far from him. So what I'm gonna do, grab his collar, grab his knee, okay? So now I'm gonna start to walk to the other side. So I'm gonna lift, and I'm gonna start to walk to the other side. My knee is gonna drop on the man, okay? Once my knee drops on the man, what I'm gonna do, I gotta do a long step, okay? So once I have the long step, I'm gonna come back right in front to him, and I'm gonna use my knee between his chest and his hips, so he cannot recover, and I get the second choke. So it's gonna be kinda like a quick movement, like you gotta do this quick, not like very detail position, it's kinda like you have the connection, like you have the collar and the knee, so we connect both. Once I start to walk, I drop my knee on the man, and I have to back step as soon as possible. Now I stay on the front of my partner, and my knee goes up between his chest and his hips to block to him, like he cannot recover, and I get the second choke. So, I'm here, I keep a good balance, okay? He have the frame, yeah, so I cannot pass to this side because he have both frames. Okay, so I grab his pants, I start to walk to the other side, look, my knee is open, look, I already open, so I gotta drop, okay? I don't drop over his knee, okay? I don't drop my knee over, like smash his knee on the mat, I drop like far from his knee. And now I give the long step, I face him, and I get the second choke. All right.