

Metadata: <https://www.youtube.com/watch?v=Ns5N6l1a1hk>

Okay guys, another option that I really like here from the 50-50, always hiding your foot. He's extending more his feet right now, exactly, because I'm trying to come up, so the way we do to keep the guys, always to like extend their legs, so he's extending here more. So I'm going to go between his feet right here, you know, have my armpit on top of his foot, and now I'm having this gable grip right here, okay? I'm not sure if this position is still legal for a BJJF, so please make sure to see the rules, I don't want you guys, you know, to blame me after. So just make sure we have this position right here, gable grip, and now I'm using the bottom foot to do like a kid's slicer right here. So I just need to pull and towards me right here, as I'm laying a little bit on his foot. So we have a little bit of the straight foot lock, and also the bottom foot going for the calf slicer right here, and that's, I'm going to do this one more time, he's closing the legs, he's trying, you know, I'm trying to come up, so exactly, he's extending his legs. So I come between, feed, gable grip, now lay down back here, keep this knee open to keep him away, and then just lay down as I bring this all the way up.