

Metadata: <https://www.youtube.com/watch?v=VU4zta6tkls>

Alright, so this one we're going to hit that modified uchi mata and they end up getting up to like a good turtle. The guillotine just doesn't work this time maybe they're they're just not giving us the space to try and slide that knee in so we're going to block that arm so as we spin they don't try and catch a single leg or anything and we're going to spin off to the back to hit a series of different attacks. So hit that wall, I block, feed it off, go hip to hip, I kick and I put him down. I lose that control so he manages to scramble up. So here he's heavy on that turtle maybe I can't pry that arm up at all and I don't feel good on trying to slide to that guillotine right that arm and guillotine I really like getting some elevation and then sliding that knee through and then I get that lock and I go 12 to 6. So this time he gets up to his turtle I don't want him to catch my leg as I spin right if I don't block it he's gonna catch that. Okay so real simple all I'm gonna do is keep good chest pressure I'm gonna bring my arm cross side and block it like this kind of like a reverse monkey grip or false grip. You block now I'm gonna reach to like a spiral ride as I go so here up on my toes, block, spin, boom, here I am. Okay so we'll do that another angle. So here he got up to that turtle I don't want him to catch my leg so take my arm across block if I'm going this way across block keeping my weight on him weight off of my off of my knees on my feet. Another quick tangent just to keep in mind if you got a good wrestler if he's driving into me real hard he wants to scoop my legs if on my toes he's gonna get traction he's gonna gain ground so if he's driving in hard I want to be laces down and I want to slide here. Okay when I'm ready I'm gonna get on my toes because I have to have an active base here. I'm gonna block, spiral ride, spin. Nice and heavy, block, spin, spiral ride. Okay once I'm here pretty basic back takes if we want to do that where you know I'm blocking the arm I jump switch slide my knee in boom now I'm on the neck but we're gonna work on a few more attacks that are a little bit more intricate that are good for MMA though