

Metadata: <https://www.youtube.com/watch?v=d-qR0ORFbqQ>

Another option from the backstep is to use it as an opportunity to win our primary underhook and comeback. So, this can happen and turn into several passes, but when I've lost the underhook and I'm in the process of losing my opponent's shoulder line, that's the opportunity to backstep. Just because we've lost the underhook doesn't necessarily mean we should backstep. But here, I'm starting to lose my opponent down my body as they're starting to find my hips and soon he'll be twisting my knee. So, I'm going to free my knee line, swing back, and I'm starting to look and hunt for upper body control, underhooks, head control, a reverse underhook. And oftentimes we can't find anything here. Our opponent's defensive, I can't figure out a way to get to their head. So, what I'm going to do is scoot my body down slightly because I want to further expose this space at my opponent's armpit. Even if my opponent's trying to stay tight, he had initial hip control, I'm going to scoot down to give myself room to pummel back inside. This hand here is monitoring his knee line to try to keep his legs below my knee, although if he does get above my knee line, it's not the end of the world. Now, I'm going to pivot, lift my hip, pivot off this post, and come back around to the other side. Underhook, overhook, head on the ground, or underhook, head control. Now, we're just going to work our foot free and pass the club. So, this can come from any back step variant. I free my knee, I throw the hook over, I walk myself back into the position, and I scoot down to pummel. This time when I come back, for example, he'll win the knee line. As I come back instead, I'm going to go straight to the half guard. Walk my opponent's knee to the mat, pin, free my knee, free my foot, and complete the pass.