

Metadata: <https://www.youtube.com/watch?v=pj500itU80E>

So we're gonna talk about how to, when I'm on top, from this kind of turtle position, how I can transition to the side. Because normally when we're, if he's here, normally I do not wanna stay in front of my opponent. And the reason is because he's got too easy access to my legs. With access to my legs, it's a lot easier for him to take me down. And so how we transition to the side, which is really important, because once I transition to the side too, it makes it easier for me to get my hooks in, makes it easier for me to take his back, if I wanna take his back. Plus it opens up some other nice attacks for me, like the clock choke, okay? So from here, I wanna be on my toes, okay? The idea is I'm gonna throw my arm over his body, and the same time I throw my arm over, I'm kicking back. So even if he's grabbing my legs, so yeah, you put your head on the outside and grabbing both my legs, right? So even from this situation, once I kick back, what happens is now I'm no longer directly in front of him, and you see, it's a lot harder to take me down. And usually from here, I'm already passing the collar to the hand and starting to set up some clocks, some chokes to finish. So what's important is getting good at transitioning, transitioning from this position to the side. So instead of just trying to hop around like this, which takes, it's a lot of movement, it takes a lot more movement, it takes a lot more time. And also, if he catches my leg, so if he catches my leg here, it's a lot harder for me to walk around, he can still take me down, okay? By actually switching my legs and switching my arms. So I'm gonna do it the other side. From here, you can even grab my legs from here, right? Grab my legs, you can both legs. From here, once I transition, once I kick over and bring my arm over, now, right, it's a lot harder for him to take me down, okay? And from here, depending on what I'm looking to do, normally I don't leave my hand inside, I'm either gonna pull him down and put him on his side or put him, you know, take him to the cross side position, I put him back on his back, or I'll get my hooks in and take his back, okay? So, just get good from here, get used to being on your toes and switching your arm and kicking over. Switching your arm and kicking over. It's a drill that I do, switching your arm and kicking over, okay? Even when they grab the leg, we can still transition to the side, and that's the idea is to transition to the side. Even when guys are grabbing my leg, right, I'll transition to the side so that I can start to attack. And I put them at a really, really weak angle, even if he's grabbing my leg, once I transition to the side, it's really hard for him to hang on and hold me.