

Metadata: https://www.youtube.com/watch?v=7L44EZ2K5_4

Okay, so now we're gonna again put some elements together, okay, we're gonna start from the whizzer and we're gonna switch sides when our opponent is defending really well, okay. So I try to sweep him on that side by, again, he's putting all his weight back and I can feel like it's almost impossible to drag him to this side, okay. So there are two ways that I'm using to switch the side. First way, I'm mixing this one, so I'm faking to this side, so he's really committed going to the other side and now just switch hips, grab the head and this one turns into steering wheel sweep, okay, the basic one that we did. So once again, I'm here, now exactly he's defending, so I'm gonna use this arm now to just to sweep the hips, I'm going to the head. Now the hook comes here behind his other knee, the one that is raised up. We have a sweep to the other side. Second option that I use, when he's defending, I'm not gonna switch to his head, what I'm gonna do here, I'm gonna go to the other arm like this, I'm just gonna squeeze the arm here, I'm gonna track the arm on my hip and I'm gonna slowly change the side and look here, I'm landing on this arm, okay, so this arm will be fully tracked. Let's change the angle, so I'm here, trying to sweep in that direction, now I'm tracking both arms and look, I'm gonna lay down on that one, raise his leg, go to the sweep, doesn't matter if it's a knee on belly or half guard or side control, you're gonna choose. Okay, so once again, I'm here, I want to sweep him there when he's defending, so I'm gonna sweep the hips and get the control over the second arm, okay, so those are kind of the same type of controls, both arms are controlled from the top, I'm switching the side, try to sweep him here, if he's defending some kind of here somehow, then I can always switch to another side and sweep him back, okay, so when you have this kind of control over both of his arms, then you can choose which way is the best to go, okay, so once again, here we got optional, this one, switching to the steering wheel to sweep or I'm gonna get the same control over both arms, I'm gonna switch the direction of the sweep.