Metadata: https://www.youtube.com/watch?v=tqufaFxEOrQ

Now I'll show you the Aris Onage with the hip. I like to do it while I do an opening attack and then from this opening attack, I'm going for Aris Onage. So while he catches me in this position, I do the opening. I pull him to me and from this position, I like to attack the Aris Onage from this side. Like I showed you before, stretch my hand, break his grip, pull him to me and from here I get inside to the Aris Onage. Break, pull, this hand is catching the collar that is close to his sleeve that I want to catch. I do a change. I break, this hand catches the collar and this hand is going for the sleeve. So first break, like I told you before, changing my position to the right. This hand is catching the collar, this hand is going for the sleeve and from here I pull and go to Aris Onage. Change position, this hand goes to the collar, to the sleeve, pull him from here and go to Aris Onage with the hip. I'll show from here. Break, this hand is going to the collar while I am changing my position. Break, changing my position, this hand goes to the collar, this hand goes to the sleeve, pull him to here and go to Aris Onage with the hip. One, two, three. Break, changing the grip. Break, this hand goes to the collar, this hand to the grip and from here I do also Aris Onage with the hip. Break. Break. Break. For example, this technique I do right and left. Every technique that I do, any side, I am always trying to do it also with the other side. Because when you have more weapons, it can make your fight easier and open your fight for different directions. So, I'll show you the right side and I'll show you the left side. Open him, pull.