

Okay, every double leg we've looked at so far has been from the iotsu situation, right versus right. The natural question for you guys to be asking is, what if my opponent's left-handed, comes out lefty? We know from our grip fighting session that it's permissible for us to start putting the power hand on first in kenki otsu. This would not be recommended if it were iotsu. Now he can go in and attack my exposed power hand with a simple rotation. When he stands kenki otsu, the rotation is so big now that it's easy for me to counter as he tries to make such a big rotation. We also know that double legs are best done on an opponent that we've squared up. It's hard to do it on someone who's in a staggered stance. The problem with kenki otsu is he's in a staggered stance, so we need to do something about that. I'm going to take my power hand and instead of going to the straight lapel, I'm going to go across to the cross lapel. From the grip fight situation, I come out with my training partner and I fence my hand in just like so. Now I'll give a little pull. As I make my pull, I want to square him up by drawing the rear leg in, just like so. Now I'm in perfect position to go straight on through and lock into our training partner's legs and get a win with the double leg. Once again, kenki otsu situation. From here, I come out, I fake the hand fight, I go straight on through, cross grip. I give a little pull and square the man up, and as a result, we can go right in and get to our double leg. Again, kenki otsu situation, cross grip method. Fake the hand fight, cross grip, pull. Straight on in, locking, and scoring our technique. Very simple, very effective method of scoring the double leg in the kenki otsu situation.