

Metadata: <https://www.youtube.com/watch?v=VXNrXXnHyFA>

Another sequence that is really beneficial, and hopefully we can like cue this in, we can put a little bit of my match from my second match from Who's Next. I was going against a really tough IBGF guy, shout out to Jansen Gomez, but he really respected my buggy choke, right? But because he really respected my buggy choke, I knew where he was going, you know? Did he pass my guard a hundred times? Yeah. But did I get my guard back a lot of the times? Yeah, you know? So it's about like knowing, right, the person's going to be scared of side control or something like that, or they're in side control and you scare them away. Maybe you don't even go for a buggy choke, maybe you just whisper in their ear, or something like that, and then go to north-south, you know? You have to be a step ahead. You can't just make people move and not be ready for it. So as my opponent moves, the same thing, like we were knee-elbow escaping to my partner's hips, we're going to bring our knee-elbow escape up to my partner's upper body, and we're going to either just get our guard back, or we're going to go for a triangle, okay? So guys, what we're looking for right here, what we're looking for right here, guys, is when we're here, we're looking for this arm, you know? That's how I'm going to get my buggy right here. But if my partner's smart, and like say I just have my frames right here, I'm going to bring my left frame to the inside of his hip, or to the inside of his armpit right here, okay? As soon as I feel his arm coming to this other side, even if he doesn't move to north-south, I just need to invert a little bit, bring my knee to the inside of his trap, and from here I can either re-guard, or I can go for a triangle, okay? But a lot of times, as we're here, my partner's already going to start knee-elbow, or my partner's already going to start moving to north-south. All I need is to use this frame slightly to get a little bit of space, just to get my knee and shin to the inside. Once I get my knee and shin to the inside, I'm going to bring my left hand around his tricep, push off of his hip, rotate through, and lock up my triangle, okay? So as we're here, guys, so notice how my partner's going to switch his hands, right? I'm keeping both frames through, say I'm about to bring this frame around his head, and look, he switches his hand, so maybe his hand's still here, or his hand is right here, either way, okay? All I need to do is I need to circle this in right here, okay? Then this hand's going to become my support hand. As my partner starts to rotate through, I just need to push away a little bit to bring my knee to the inside. Say he continues to circle, I'm going to bring my other knee through, lock the other hip, look how I don't just catch his triangle, look how I bridge into it, elevate my hips, cross my triangle, and just like we were talking about, killing this angle with my knee on his hip. One more time, so we're here, locking that frame already, and all I need to do is just keep him off me a little bit, even if he's smashing me down, I just need a little bit of space to get my shin to the inside, and then I can pick either side. I can either bridge and attack the triangle on this side, right? It's really important to engage my hip, if not, I'm going to be able to find it, or I can continue to rotate and find the triangle on the other side.