

Metadata: <https://www.youtube.com/watch?v=0sNCJ8e3oiQ>

Okay, as I said we're gonna break down now the position when my opponent breaks my grip from his pants but I'm not able to get the dominant grip. So I have a grip on his sleeve but we have a grip below. So it's not a very strong grip but still it's gonna be enough to hold his hand but we're gonna change the mechanic of the sweep a little bit. So first of all we can use that move from both type of controls if I have a grip here on the pants from above or if I'm having my grip from below. So the first move is going to be exactly the same as we did before. So I'm going to turn myself in to get the grip on his pants. So I'm turning myself in, I get the grip on his pants and right now he's gonna break my grip, right? And I'm not able to, his grip is so strong that I'm not able to rotate the arm this way to get the grip. So what I'm gonna do, I'm gonna go from below to grab the sleeve underneath his grip. So he still has a pretty strong grip but all we need to do here is just to hold the arm in a place. So from here we're gonna put our foot on the mat and I'm gonna use that foot to change the position of my hips. So what I'm gonna do, I'm gonna scoop my hips out so right now I can feel that this hook here is getting stronger. When this one is getting stronger I'm gonna push with my hook and I'm gonna pull with the arm with the bottom grip and I land on top. As I said, same thing when I'm having this kind of grip. So first I'm going for his pants but he's breaking the grip, I'm getting the grip from below. So now it's gonna be even easier to get the proper angle for the sweep. Again I'm gonna put my foot on the mat and I'm switching my hips. As I switch my hips this hook is getting here stronger. So then I just pull his sleeve towards me and I land with the hook to come on top. Let's change the angle. So first this one. I can go for the pants or I can just fake so he's approaching with the arm. So I'm getting the grip from below just to have a nice grip here to hold his arm to be able to pull. But even though I'm not having dominant grip this is gonna be okay. So now I'm gonna drop my leg on the mat and I'm gonna use this leg to turn my hips and put my hook behind his thigh like really close to his knee. And now this one stays on the mat and this one is gonna push him up. This one is gonna pull his arm so his shoulder is approaching the mat. So there's an easy sweep again and I'm coming on top. Like I said, same thing when I'm having my grip from the top. Okay, so I didn't go underneath the leg. I'm having my grip from the top. Again, I'm going for the leg. He's breaking the grip. I'm grabbing the grip from below, foot on the mat, switch the hips, push, pull his arm, land on top.