

Metadata: <https://www.youtube.com/watch?v=cPxQngVOxmo>

One more time, I'm looking for the best control possible. I'm looking for a hold that can give me enough time to set up the sweep. Not a hold that's going to last too long, but a hold that gives me the opportunity. Just like I was looking before, if I cannot have the underhook, I go on top of the neck, I go on the collar tight. If I don't have the wrist, I go straight on the elbow. If I don't have the 201, this works. But the same way how I pick the person up before and then he keeps his balance, I can keep him up and then he just don't fall. If the person is tall on the knee, it doesn't matter how high I go, his leg can always be able to stop my sweep because he's just too high. So I have to be able, instead of sweeping with just my flexibility or with my reach, I have to sweep based on breaking his post, breaking his defense. Even if I don't have the underhook like before, if I have the collar tight over here and I start to lift it up from this position, I cannot take too long. If he lands over here, he's going to pull the underhook on me. So even with him there, my foot has to go over there. Remember, before when you did this, I don't have no underhook, I have just the neck control. So as soon as the other person opens up, I get the underhook. If he doesn't open up, I'm just staying over here and just looking for maybe a north-south position. But remember, if you don't have underhook, but you just have the back of the neck control waiting for the underhook, as soon as the other person does the underhook, you take. And if he's just taking his elbow, I'm sorry I'm going that far, but we need to remember this. If the person always just take his elbow, also he's not escaping. You cannot escape if you don't go to the other person's leg. You cannot escape from your back on the floor if you just keep your elbows tight. When I say escape, you cannot get back on top, you need to pose your hand, you need to underhook. So as soon as the other person opens up, you get the underhook on him. One more time, other side. I don't have no underhook, I go the whole time, you keep this bounce, like go there. Switch. One last thing, if you pick the person up, and if the leg is so close, I can always take this leg, I can always take this leg and change everything. We have X guard, but I don't have to, switch. I don't have to switch, if I have options, when I say options, I still have options from there. And the whole thing is this, I lift him up, if I get over here, I can almost push his leg down. I can almost go here and just kind of push his leg down. I cannot take too long in the air, but I can go with my foot, push his leg a little bit, and climb my foot a little bit above his knee, because if I want to break his pose, I cannot be below his knee, it has to be above his knee. And once you kick the top of his knee, I believe if you have the back of the neck, if you have the arm, if he's in the air, he's going to fall. And as he falls, you just need to look to stay there, and hook with a good underhook.