

Metadata: https://www.youtube.com/watch?v=V8C_aB_-BzI

Fight Commentary Breakdowns and we have here an ADCC match. You guys asked us to watch more matches. All right, here we go. This is real. This is the real deal stuff. This is not people that aren't familiar with their martial art. These are top, top of the line guys. This is Gordon Ryan. He's part of the Donahue Death Squad and we have Cyborg who's a legend and yeah, both these guys highly trained. Now, Gordon Ryan had just recently put on a huge amount of muscle weight, but he's still very small in comparison to Cyborg, obviously. But Cyborg went into this match injured slightly, but that's pretty par for the course when you go into these tournaments because I believe this was the semi-finals. This was right before the finals and Gordon Ryan backing Cyborg up, which is pretty impressive. I mean, Cyborg's a beast, but you know what's so impressive about Gordon Ryan is that because he trains with beasts, he really, really doesn't allow them to get pushed. He doesn't allow himself to get pushed around and he's so good at attacking from the bottom because what he'll do is he'll just go for legs. He'll go for leg locks and that allows him to be vicious on the bottom. I like how Cyborg just grabbed him and pulled him earlier. Yeah, well Cyborg's aware. He knows how dangerous this guy is and Gordon Ryan just doing the famous butt scoot. When babies do butt scoots, it means they're going to be good at jiu-jitsu. Cyborg trying to pass. He's got him in deep half guard here. Well, this is interesting. The reason why he slipped his arm out is so incredible. He slips his leg underneath Cyborg's leg, figure fours the leg. So now he has his leg trapped in his two legs and his leg is unable to be attacked, which is fascinating. So this is the best way to have a leg lock in because your ankle is not going to be attacked. I see. So he has his ankle underneath the knee of Cyborg unable to be attacked. And so what he's doing here is he's making his way backwards. Cyborg is holding on to Gordon Ryan's hand because he knows that if he lets go of that hand, it's over. Gordon Ryan is going to lock in the heel hook and it's going to be done skis. So Gordon Ryan says, I'm going to put my hand on your knee here so you can't pull your leg away. And he's going underneath. He makes it look like he's attacking that outside leg by putting his hand underneath it. But the play here is, as you'll see, look how strong Cyborg is. Ryan is just biding his time. He's just slowly waiting for his arm to get let go of because now he's going for the real leg. Oh my God. So see, Cyborg taps because he knew it was just a matter of seconds before Gordon Ryan did that heel hook. Wow. He had some deception going around. Yeah. Wow. Let's watch that in slower motion. So Cyborg thinks it's his right leg in trouble. Well, I think Cyborg really knows the play here, but because of the way that Gordon Ryan has the legs trapped, if he holds both legs, he can ultimately go for one of them later on. If he goes for one, he might miss both. But if he attacks both, he'll definitely get one. Wow. But you can see that a lot of these guys go into these matches with injuries. It's probable that Cyborg has had a couple of injuries in his leg already, so he just wasn't willing to risk it. You can see John Donahair right there. Just a really remarkable mind. You know, he's trained these guys to be very vicious in terms of the leg locks. Wow. Yeah. I mean, Cyborg is just a bigger, stronger guy, and Gordon Ryan was able to get his leg underneath his leg to figure four and isolate the leg. And then I think he went on to win his weight class. Wow. So now he's transitioning to mixed martial arts. Very interesting. Yeah. So yeah, the real smart move here, the real level up here was when, from underneath, he slipped his leg underneath Cyborg's leg. I think it was about 20 seconds away from here. Yeah, right here. Oh, yeah. So when he gets down here, it looks like it's kind of stalemated because Cyborg looks to pass. This is a very awkward position to be in. There's really not a whole lot you can do, but Gordon Ryan slips his leg underneath. This is really right there. Bam. Now he's attacking. That was incredible. Not many people are looking for that. Not many people are looking to lock in that. Yeah. So bam. He slides. He waits for it. He waits for it. And then he says, as soon as he lets up, he goes, okay, I'm going to. And then boom. Because Cyborg's mentality right there was, I need to pass. If I can pass, I can move up the body. But knowing that Gordon Ryan waited for the moment that he was going to pass and he locked in

the figure four. And because of the thigh bone here, it forces the threat of Cyborg to go away from Gordon Ryan's face. And now he's able to isolate that heel and get the heel hook. Wow. Wow. Yeah. This is fascinating. Yeah. Yeah. Well, these are, these guys are really, really talented. Yeah. Anything leg related just scares me so much. Oh, it's terrifying. It's absolutely terrifying. Heel hooks feel terrifying. Knee bars are probably the scariest feeling in the world. Really, people don't understand is that a lot of the, see Gordon Ryan's doing a great job here of grabbing the knee. If you grab the knee, it's difficult for them to remove the leg from your, from your attack or submission. So again, he's going for that leg, but see how he's trapping. He's going for the left leg, but he's trapping the right leg. Right. So Cyborg can't remove his left leg either because it looks as though Gordon Ryan is going for the right leg. Yeah. I think one of the things, even though Cyborg is, he's bigger by, by weight, not weight, but he's bigger by size. He, I think Gordon has longer legs. He's more, he's lankier a little. He might be. He might be a little bit lankier. Have you seen him standing together? Yeah. He has a few inches, so his legs probably are a little longer. Yeah. A little bit. So like, but yeah, Cyborg has been dominant for many, many years. Wow. Wow. So for those of you watching, man, if you guys train in jujitsu or anything, let us know what is your favorite move? Have you guys seen this fight? Um, what, what do you guys like to train when you do jujitsu? Yeah. Don't pull heel hooks if you're a white belt, it'll get your butt kicked. I bet. No, seriously, it's very dishonorable to, to try and pull a heel hook if you're a lower belt just because they're so dangerous and you really, really need to, you need to have an agreement. Like before you're going into a role session, you need to say like, Hey, yeah, we're, you know, like, you know, if I'm, if I'm going up against a friend of mine who's a black belt or a brown belt, I'm, I'm cool with them because I know that they're not going to rip it. They're not going to yank it. If they secure the submission, I'm going to tap and we're both going to walk away with the ability to, to use our legs. So there's a, there's an underlying agreement, but usually the injuries occur in jujitsu when you're rolling with, with the new people. Yeah, exactly. Exactly. Awesome, man. Well, this was Fight Commentary Breakdowns. Yeah.