

Metadata: <https://www.youtube.com/watch?v=UASH-a3oycQ>

Now I'm going to be in a situation where it's common for us to get to off of sweeps, off of scrambles, and especially off of takedowns, okay? It has to do where I'm smashing my partner's legs together, kind of holding my partner's legs down, and he is trying to get away from me, alright? Another common scenario I end up in this is if I'm inside of his open guard, okay, he's flat on the mat here, is when I come to the side and I fold his legs, like this. Right here, he doesn't have much of an option as to just hip escape because I'm crushing his hips here. A common thing that he's going to do is sit up on his elbow, like this, okay? When he sits up on his elbow, I don't want to bring my head outside when I try to control, okay? I don't want my head way up here. I want to stay with my head squat down, I want to find his wrist and turn his wrist in first. After I do, I'm going to bring my hand in and cave his base down. Once I do, I've got him down on his shoulder right here. If he's trying to come back towards me now, it's very hard as I keep his hips smashed and I keep him down on his left shoulder, okay? I'm going to step to the side, I want to step behind my partner right here and now I can take his back. I keep my chest wedged between me and him and I'm going to bring my knee to block his elbow here. The only defense he really has from here is if I keep my arm like this, he's going to pull his elbow back towards the camera and escape, something like this. I want to keep my knee wedged between he and I, okay? From here, I can use my leg to step over into the technical mount here. I escape my hand and I come up to my seatbelt control one more time. He's already down flat on the mat here, okay? I might be able to sprawl and finish him here. If not, I want to get my second hook in, again, seated, other side, my other hook comes in. One more time, let's say I'm going to go from this side here, I smash his legs down, he sits up on that elbow, when he's sitting up on the elbow here, I'm going to find his wrist, I'm going to have to drive with my hand to get it. I don't want his arm way away here, my arm extended. I find his wrist, I pull in, and now I drive forward, my head below his head, to get to this two-on-one grip, okay? That's why I don't want my head out here when I'm driving forward. I want to drive forward, walk to the side, and now I'm here, okay? I'm going to use my knee behind his elbow to keep him from escaping this arm. My top hand escapes, comes in for the seatbelt. Look where he is now. His elbow is stuck, his body is stuck facing towards the wall, and he can't roll back into me here. From here, we can windshield wipe our legs. The good way to get up to the technical mount from here, rather than trying to step one, two, is here where we move from the knee down once again. I'm going to windshield wiper, lift my knee up, and step over, okay? One more time from that angle, if I'm here, I'm going to windshield wiper one, two, three. Pull my partner up, straighten my chest and lap to my side. Same scenario again, bring the second hook.