

Metadata: <https://www.youtube.com/watch?v=ZlrlqUuyPfU>

So, let's gonna work here the first way to attack the person. In this case here, to go to the full mount position when I have like this side control. So, right, I open the guy here, my head's up, I turn the guy to the side, I put my knee, my head is there, okay? So now look, I place my knee. When I place my knee here, I didn't commit yet. All right? So now try to do anything here. Look, oh, boom, I go. Okay? So what I like to do here, look, if you see, when I'm in here, all right, I put my chest over here. Okay, so my head's there. So now look, I'm gonna put my knee, and my head's not here, right? Because if I do this, now he flip me that way, okay? So I need to come in here. Now look, from here, palm to palm, I can like open, you see my shoulder here, I even flatten me out even more. So now I touch my knee on the back, and then my foot goes. So then I have the full mount position here. Okay? So this, I like to, because when I put the knee here, I can like control the person. You see, I don't commit. You see, I have like an angle here. All right, I mean, a good angle to control him. But also, I'm not here putting too much pressure. I'm just feeling here. Okay? So now I'm mobile, okay? So every time you put too much pressure on here, you lock yourself. So you need to be mobile. Sometimes from here, look, I can start to attack him. Here, arm lock here, okay? Because I'm in a position to attack with just my knee here. Okay? So one more time here. Okay?