

Metadata: <https://www.youtube.com/watch?v=JAN3TfqPUNI>

From sit-up guard it's not too different, so he's come up on a single leg, I'm standing so my knees are already free, I don't have to worry about what I talked about before from the half guard. Probably the more difficult thing here is his arm can be quite straight. But generally if you dive and they're arm's straight you'll still be okay if you look for the grip. Again, not reaching in front, but if I dive over the top I connect my grip, now he's bent his arm which is perfect here. But even if his arm stays straight and I connect to Kimura grip, I've still got, I've improved my position from where I started. So now I've got the T-Kimura against a straight arm, it's not as easy to put Kimura pressure on, but maybe when he goes to move or turn that might start to bend, or if it stays straight we've got a chance to use that to pass too. Now, so I talked about it again, it's harder to get around the head generally in the sit-up guard because they're very aware of their posture. You might need to use both hands, like a pass of the head here just to get around and keep good posture. So we're here, and I need to make him slower at getting up as well, so if I'm leaning back he's just going to get up too quick, he takes that arm off the ground and now it's much more difficult. Single leg Kimura, which is another topic we're going to cover, but if I can, stuff, get my body around, dive, and take the grip.