

Metadata: <https://www.youtube.com/watch?v=QMtBTP4aYbg>

So we just talked about shin-to-shin collar drag sweep. One of the most often random obstacles is when my partner is continuously driving forward into me. Let's recreate this scenario. We have our shin-to-shin, we have all the engagement points, but now my partner is really aggressive, driving the knee inside. Yes, even if I stop right now, I have to acknowledge the fact that he's driving into me, right? Me pulling him down is going to be harder. Not impossible, but harder. Here's another option, an alternative, how we can use this driving forward motion to shift his balance forward. Driving with that, yes, knee pulling down, not so possible. If I lift that foot, that shin, he will simply collapse. Let's do it one more time in slow motion, so we understand where the mechanics are. This is not me launching him, this is really important. I'm simply tipping him over. So as he's driving forward, now instead of his foot being the engagement point, the knee becomes the engagement point. So as I am falling to the side, see now he's still stable, he's on my chest with his knee. His falling is not so smooth, but by lifting his hip, I collapse his shoulder. Switching right to the pass. Let's look at the mechanics from the other side. He's coming in as I'm driving. This is the moment. His knee right now becomes the anchor point. His foot is very light. I can manage that without no problem. Well, my biggest interest is his hips. If his hips shift forward, as a result of it, his shoulders will shift forward. And as a result of it, he will simply dump right to the side. So I still have the sleeve. I will simply lift, turn, and we are right into that passing position. One more time, connecting all the dots. Look how aggressive my partner is right here. I'm going to stop. Uh-huh. Collar control. You have choices here. If he's aggressive, you might have to post, scoot, manage. What's more important, he doesn't smash you to the ground. But if it so happens that he's driving continuously forward, I'm going to accept that. Look what's happening to his posture. He's unable to post here. His arm is fully trapped. His foot is light. Engagement with the knee. If I lift, tilt him over, switch my hip, and we are in a beautiful, beautiful position to pass right to the side.