

Metadata: https://www.youtube.com/watch?v=_G-g1A2M_Gs

Hey guys, so let's keep working on the pass here, remember the first option everything worked very well, I could pass easily in the guard, no problem at all. The second option, the guy got my foot stuck on the half guard there, maybe I lost the time or maybe he opened in the space and blocked him after there. Now the third option is just almost the same thing, but now before I went to the pass, he started working to put me on the deep half guard and before that happens, I'm just going to use my hand to make the pressure and also just slide my foot out of the pass, okay. So let's keep working here on top, remember base, grips, elbow, close it, otherwise you're going to get on bar here, okay. So as soon as I start bringing him, maybe I lost the time, maybe he'll start to knee, I'm not sure, he'll lock in my foot here, my foot is stuck, I cannot remove, okay. So remember as I said the first time, he already has the foot, so I can't let him get anything else. So I'm going to close my elbow and start getting the underhook here. I started getting the underhook here on him, but then he started putting his hand under my leg to start bringing to the deep half guard here and before it happens, I'm going to place my head on the ground, see. So I have the underhook, he starts getting it right there, before he starts bringing it up, I'm going to place my head on the ground, boom. Here now, here now, his head prevents my opponent from bringing it up, you see, it's not hard for him to bring me up for this position. Now my hand is not going to be an underhook, I'm going to place my hand on the ground here under his outfit. My head is not going to be on here on this side to create a base. His head here is going to slide to the right side here, slide to the side to create like a little, a little pressure on his head, that's a little uncomfortable. Now it's pretty simple, just slide my foot out, I'm going to face my knee to the outside, I'm going to use this right here to kick the bottle here and now I can just slide my foot, but just remember I'm going to tell you, you see my foot here is stuck, if I try to remove my foot when he's like this, it's kind of hard because my foot's going to get stuck, it's like a hook, you see, it's kind of hard to remove. So I'm just going to do my foot like that, I'm going to stretch my foot, you see, it's much easier to remove. So don't put your foot like a hook, stretch it, okay. So my hand is here, I have my hand on the ground, now I'm going to slide my knee to the outside here and also my foot, if it's stuck you can just use one foot here, kick, then remember, this is on the second one, I'm not going to kick my leg, otherwise I'm going to be out of balance here and just try to go up. So just place your foot on the ground, toes alive, a little lower here, so I'm just going to keep following him, if he tries to run away or if there's a reaction I'm just going to slide back, slide back, slide back, put him on his side, now I can stabilize the second chair, grab the hand, I'm up, I'm down, that's how this position here, okay. you