

Metadata: <https://www.youtube.com/watch?v=A-3YAz5I1HY>

Okay guys, so what happens when you, let's say he attacked you from the single leg standing up and you ended up over top of him, right? This is a common position to where you get, your leg gets so heavy, you get over top of him like this, right? And he's trying to bring your leg in to regain guard, right? Yeah, go ahead and try to bring in guard. Thank you for doing this. Yeah. Boom. Now I'm in his guard. So when I'm here, no get the guard, really get the guard. So go from here to the guard. Yeah. So go from here to close guard. Close guard. Or just to get any guard. All right, that's what he wants. He wants to get back into the guard position. I want to prevent him from being able to set up any of his grips to collect me and gather me back into his guard. So I have to really pay attention to the details of this Kimura that I've isolated from the standing position, right? Anytime I'm over top of him like this, gravity is going to be on my side, right? And because he's trying to bring his leg close to him, I'm trying to extend my leg out and away, right? And from here, I'm going to still keep the grip on the Kimura, but I'm trying to put pressure away from his body. Once I get here, I can take my legs out, up and over, and I can hug the back of him. And I can start, if I'm using the kimono, I like to, what I like to do when I have the kimono is I like to bring my leg over and bring him back underneath over top of me. And now I'm starting to feed the lapel from this position. So I hold the lapel open with my opposite hand and I feed that up into the, let's turn this way, right? Once I get here, I open up the lapel, feed the lapel inside, hug down and find the cross collar choke. That's option one if you're in the heat. Another option from when you're in this dominant over top position, hugging over him, you're going to send it back, right? Swim over here and bring your arm in front to where I'm in this position. And this seems like it's like, oh, why would you, you know, why wouldn't you just put your hooks in right away? Because I want him to feel like he can start to escape. I want to give him that, that space that he needs to get past this knee line. So he's starting to go away. He's actually giving me better of the kimura. I'm going to go back to my side body finishes. So again, I'm here in the standard, let's say I collapse the single leg or collapse it. You don't, this move is not legal in NCAA wrestling because it is a torque on his shoulder, right? So we can get here a lot of times, and this is called the Merkel position where I'm holding this position and I'm here, but anytime I start to isolate here and torque on it, it's going to be illegal. But in jujitsu, right, this is our goal. I get here, I'm sending this leg back to break it, to break it off. And I'm going to get behind him, right? If I'm in the gi, I like to, I like to get this grip, open it, feed the lapel and get the cross collar choke. Or if I'm in the nogi, I like to get here and boom, I'm back in the standard juji or setting up the Aguzon finish from earlier. But it's really just knowing how to maneuver around him in a way that you're, you're, you're getting to these standard finishes. So on this one, I'm breaking out, coming out from behind him and I'm getting here and I'm pulling him back. I'm letting him feel like there's space for him to go out this way, which is allowing me to come back out from underneath him. And same thing, same side body finish. So let's say he stand up again. He attacks from the standing position. Boom. I bring the leg out, go over top of him. I get them all the way down to the mat, to where I'm here. I can bring my leg out, find the lapel, get the lapel choke, get the crook, get the clock choke. This is a really good one for when you get to this position here. I come out, I re-wrist and I have here now. When I get here, I started with the Kimura trap. I held just the wrist and then now the hand that's on the wrist is going to open up and it's going to feed the lapel. Right? This is, this is the similar to the cross collar choke if I were to take his back, but it's the same concept. I'm holding the wrist. Now I'm holding the wrist here. I'm keeping this wrist tucked in and I'm walking my legs close to his head in the clock choke position. All right. That's a really tight choke that gets on really super tight. If you're not careful, you know, your partner can pass out. So I'm just thinking like, you know, what are the best case scenarios for you to do off the Kimura trap? What are the best case scenarios for you to do off the Kimura trap from the standing position? Right? In this case, I feel him collapsing and going to the ground. I'm going to stay over top of him and let gravity continue to work

on my side. So in this case where I get him over top of it, I have the Kimura trap. I'm going to send this leg back. If I get in and have an opportunity to grab the collar, I'll grab the collar. If I'm a nogi and I go from the Kimura trap to the seat belt, that's good too. Or I can go from the Kimura to bringing my leg out to coming out back from behind him to pulling him down, making him feel like he's going to escape from underneath him and going back into my side body finishes from here. The key to the Kimura is just knowing where to go based on what he does. Right? We brought him back down to the mat. We're going to let gravity continue to work on his side. And we can do that by going, if we're in the gi, going to the lapel chokes, going to the cross collar choke, going to the clock choke, or if we're in nogi, going to the seat belt, back control, letting him feel like he's escaping out from in front of us just to continue to create the space to get us to finish. Let me go over that one more time from standing to, uh, standing to Kimura. All right, the tactical right between, get this here. I'm going to get back down to the ground and I'm walking here. When I walk here, I like to replace it and just be in this side body control position right here. Punching, obviously holding this Kimura, getting the clock choke, opening up the lapel, walking forward. Or if I'm going for this, for the back, I have the back, I feed the cross collar choke. If I'm going in nogi, there's no grips to hold. I go from here, I go to the seat belt, or the other option is to be here and I'm going to bring my legs up, over, and I'm going to fall back into this position. If he falls with me, right, it'll look like that. Or when I'm here, I get to this position, I'm going to bring him with me. So I, boom, I go over and I finish right to this position. I have to keep in mind that my arm is going to be across his head and I'm keeping the lock pointing us downwards while I bring my knee across his head and I open up and now make space for me to get back into standard juji position. I'm here, right. From here, there's so many different variations, right. We can grab our own, our low lapel if we're in the gi, bring that leg over, go back to that standard external rotation with the shoulder by applying pressure on the, on the joint that way. If I need the reinforcement of my hand underneath, I can get it or again once finished, I can slam my heel into his carotid artery, open up, get my knee under his head, and find the agadon finish.