

Metadata: <https://www.youtube.com/watch?v=hbpRSLI5PTA>

Guys, to finish on the classical De La Riva sweep that we just showed a minute ago, can be a little challenging with a person who has really good flexibility. Because I need that knee push by moving my hip out to make sure that the person commits all the way down and then I'm just gonna keep doing the motion and then finish the sweep. That is something that is needed. But sometimes, the more that I push the knee, and especially this happens to me quite a lot, because my legs are short, so it gets to the point that I can't push it anymore. And then I'm not able to finish the sweep. The head goes down, yeah, because of my hip movement and the pull of the heel, but I can't quite finish the classical sweep. So we're gonna be doing what we call the feeding of the sleeve. When you feed the sleeve, you have an extra hand to dump, which is like a really good stuff to do. So, let's go ahead and already start with the basic control in here, okay? The leg in between the hip and the knee. So, I'll put his weight in there to make sure that my hip goes out and I'm able to put my foot sideways. So, I'll be doing like already this. And now, watch guys, that from here, I can't finish. It's very hard to finish. Not even because it's open so much, open a little bit less, but sometimes because my leg doesn't go anymore. And if I get stuck in here, I eventually lose this grip. I feel that he will try to break this grip and that's never good, okay? So, what I want to do now here, guys, is that as I feel that I can't finish the sweep, I will actually try to sit up. And when I try to sit up, look, I have to be really quick. Moving my knee in, I take it off and then when I sit, look, I will sit, taking this hand out of the heel and going on top of the knee. So, now look, I'm not doing the De La Riva hook anymore. I'm stepping on the floor and I'm bringing his knee really close to me. Almost if I want to bring his knee close to my chest, okay? This leg, this arm, when it comes here, look, I go out, offers the sleeve to this one. Guys, if I have this, you can see from the bottom. I'm offering the sleeve to this one. I'm getting my foot close to prevent the foot to escape and now, guys, the cool thing is that I have a free hand now. Even if he does posture to posture there, Lucas, I have a free hand, look. This hand goes on the outside of the knee, of the shoulder. Now, it's tough because with the hand on the collar, I can keep his posture down and naturally, this arm comes in. I love this sweep. I did a lot in competition back in the day, too. So, I will pretty much try to dump him on the shoulder by putting his arm in between his legs and pushing the collar down and I do, as the other one, even though I don't have a hook, I'm locking this leg to prevent to lose it and I just want to go, go, go, go. And I get on top, okay? He falls because he's completely trapped and look how cool I finish here. I finish out also kind of from a chiropractic position but controlling the sleeve. Controlling the inside arm is huge because he can't push me away easy to get any kind of body recovery. So, from here, guys, look, and I also have the hand on the collar. So, if he can do like a cross face, stiff cross face and then simply just put the weight in there, look, you will get inside control all day. Actually, this one more than the other because I'm tighter. I'm a little closer to him, okay? Okay? Just doing the other angle. So, very important to understand that, again, you need to commit for the first. You need to commit for the first because you need the person's head and shoulder to go down. Okay? If they do posture, it's going to be something that is coming next but not this situation. So, sitting on top, outside sleeve, elbows close. So, as I bump, I move the hip out, I try to sweep, I can't finish. So, now, look, swim, sit up, boom. Control the knee and lock the foot on the ground. When you lock the foot on the ground, look, you offer the sleeve. Once you offer the sleeve, try to make sure that your foot connects almost close to your butt, look, to make sure that he doesn't take the leg out and immediately from here, look, sit up and hold. Okay? So, this is the idea. You're going to be going from there to post, sit up, even if he does posture now, come down, look, you bring him down. Okay? Now, pull the arm in, dump him on the shoulder and keep doing the same motion as you would on the classical sweep, boom, boom, boom, boom, boom. So, once you get on top of him, the hand is already in a great place. Okay? Make it stiff. Make him look the other way. Once you do that, your hip naturally fall the other side. Get on the knee on the side and finishing side control. Like

I said, this one is always more percentage of finishing side control than the other.