

Metadata: <https://www.youtube.com/watch?v=pUaPTV-T7VQ>

So, I definitely prefer to go the RNC route, but it doesn't mean we can't get the collars and go for a more traditional bone arrow finish. Right? Either way, the cards are definitely stacked in our favor because he only has 1 arm, but it would just add a little extra step into our process. Okay. Let's take a look. So, once again, more seatbelt. Leg across the body on our side, blocking the hip, being active with this leg right away, always looking for a chance to trap it. We can always feed it off if we need to, but this is where we're working from right now. Okay. So, maybe for whatever reason, I mean, actually my demonstration partner right here, he's a pretty thick guy. Maybe I don't feel like I can get what I want from underneath his chin, or I just can't reach the way he's moving. All good. No problem. Of course, it can come for our lapel grip, our choking grip on the lapel. Okay. Either going straight or if you need to let go of this wrist for a second to feed, that's fine. You can always feed and then go right back to trapping this off. All right, as you adjust and get this where you want. Now, for me personally, I'm not big on going to the leg. Not that I don't mind it, but whatever it is about me, I prefer the feeling of both colors in my hand. And I feel like there is a little bit more control and more force because now I can pull his head down into the choke. Okay, so I have a lot more of a double collar than a collar and pin. Okay. Now, one thing I want to make sure I'm doing here is not keeping my elbow too high. All right, because we have to finish now. Of course, there's a lot of other submissions I could go to if I lose his head, but we'd rather not. Okay, so I'm going to keep this elbow low, pat down tight to where he can't slide out. Okay, now once I have both collars, really all I need to do is kick and extend my legs and start to point my knee up towards the ceiling. Okay, so I'm here. I'm going to start to kick to bring him down, so my knee is pointed up. From here I can squeeze my knees around his shoulders to allow him to create more pressure with the finish. Okay, I'm going to go there. All right, let's try a little bit of this swing. As you guys can see, I like this angle, okay, right here over his shoulder. That's how I'm going to squeeze, and worst case, anything I might need to transition into is all going to be right there. Okay, so that's the beauty of falling to this side is we have a direct bone angle. Okay, on this side, any time you're able to get collar grips, what I usually involve is an extra step. Okay, I'm going to need to escape my leg, come up, and then create a new position.