

Metadata: <https://www.youtube.com/watch?v=4q4P4TjBYC0>

Okay, so before he starts passing, I kind of watch him, you know, we haven't connected yet. He's standing above me. I know that he wants to make grips. So if I allow him to make grips on my gi, or even if it's no gi, and he gets the kind of grips that he wants, he gets a little bit of a head start. And then I'm looking to make grips second, and then he's already passing, and by the time I get the grips I want, he's at a head start, he's created angles, and he might be passing my guard. So I'm going to have him stand above me for this drill, and what I want to focus on is the grips. So he's standing up, and I know that he wants to pass. Now if I start like this, even though I know there's a lot of techniques you can do from sit-up guard, my feet, when they're like this on the ground, they're not serving a purpose. So he has the ability to run around, and then I have to take my feet up. It's like I just have two versus four. So what I want to do is I want to be able to present this situation right here. And if you notice, my hands are very close to where I know he's going to grab. He's going to grab some corner of my gi pads. Even if he didn't grab the gi pads and he just did C-clamps on my ankles, I know he's going to grab my legs somehow. Otherwise, he's not going to pass my guard easily. If I have my hands here, like sometimes you see people doing stuff like this, they're trying to fight, and they're like this, and then he grabs my pants and passes. Go ahead, anyway. And then I'm like this. Now he's already got a big far head start. He's head starting on the pass. I'm not head starting on the sweep. Go back. So I already know it's a game of grips, so when he goes to grab, I get grips too. And I'm not saying I'm going to beat him and I'm going to have these grips and he's not going to have mine, but there's no way he gets his without me getting mine. So now it's equal. I can kick the grip off like this and strip it, and I can start to play any game that I want. So what I want you to do is have that as a drill. I know he's going to get the pants, and I get my grips just as fast, if not first. Don't forget my hands are by my pants. It's going to be fast that way. If I have them here, this is more like I'm thinking about punches and stuff, which is a different kind of guard. It's okay. But if you're wearing gi pants and he's going to grab, and it's a passing sport type of thing, I don't want him making the grips that he wants, and they could be these grips, they could be any grips. I don't want him making the ones that he wants without me getting some grips. Whether they're offensive or defensive, I want grips too at the same time or first. So that's the drill for this one. So you have your partner back up. Don't sit like this. If you want to play sit-up guard, at least have one up. If you want to have two up and have this balancing action, this is good. And then you can go right into anything. At least have one up. Don't put two down like this. He's going to pin your legs, and he's going to pass your guard. So for me, I like to play when he gets close. I like to be like this and invite him in. I don't have to go to him. He's going to come to me, and then we're going to see how quick I'm already grabbing, and then we're here. That make sense? Go to Beadaholique.com for all of your beading supply needs!