

I save the best till last. In my opinion, this is the most effective snap down in all of Jiu Jitsu. If I could only have one for the rest of my life, this is the one I would choose. It's extremely easy. You can use it on people who are better in the standing position than you, and it works like a damn charm. Kenki Yatsu situation. From here, he reaches, I intercept. Or, he gets a grip, I snap it off. We have a cross cuff grip on our training partner. I bring my head over my training partner's arm, and I grip over his back. So I have a good grip here in his middle back, and I have a good grip here. I have two hands on him. How many does he have on me? Zero. Okay? Hips in. Now, from here, we're going to hit a half Tai Otoshi. Again, it's not Uchimaki. It's half Tai Otoshi. I line my left foot up with his three feet. Sorry, his two feet. So three feet in a straight line. Now, from here, you snap, and it puts you right behind him, right from the start. It doesn't get any better than that, guys. It's just, it's so easy, and so damn effective. Okay? He's in front of us. Distance. I come out. I read. Ah, yes. Kenki Yatsu situation. He's a lefty. I'm a righty. Okay? He reaches for his grip. I intercept. I bring it on past. I bring my hand over his back, and I aggressively step in. He goes to back away from me, and I follow. Follow. I line my body up on his center line. Now, everything goes around the corner like a half Tai Otoshi, and his hands go down to the mat. Now, we're in perfect position to score. Facing this way. My opponent comes out right-handed. Catch. I bring the hand across my center line. I bring my body inside. I get to my grips. I start walking. I don't care if he puts his second hand on me. It's irrelevant. Okay? Now, I line up on his center line. It's nice and low. I come in half Tai Otoshi. Hands to the floor. Spin. Go behind. Okay? Changing the angle. From here. Catch. Hand goes across. Head in the center. Grip. Walking in. Alignment. Over she goes. Hands go in. Cover the hips, and we're ready to play. Changing the angle. Catch. Across the center line. In we go. Half Tai Otoshi. Cover the hips, and we're ready to play. So simple. So effective.