

Metadata: <https://www.youtube.com/watch?v=Ym2F1OBy1Vs>

Now look at this principle. Any time the opponent is grabbing my wrist or my sleeve, I should be able to attack a wrist lock on them, okay, so I can bait them into grabbing my hands. All right, so check this out. I'll go over the basics with you real quick. So let me close the guard. So let's just say he goes to grab my sleeve to open up the guard. Okay, so since he's grabbing it, watch. I come in, catch it, boom. Okay, so whether he's grabbing the gi or no gi, just grab with like, just grab the no gi, grab the wrist, grab my wrist. Yeah, same thing. So look, I pull it up, bring it up on my chest, and if he starts using the other hand to remove, yeah, if the hand is too strong, okay, so he's got one hand controlling the posture, the other hand controlling the sleeve, hold the sleeve, so yeah, hold my sleeve, bring it in, finish. Okay, now there's other ways I can get him. I may just put my hand like right in his face right here. What, yeah, exactly. Okay, I put my hand in his face, and I could also climb my legs up higher. Okay, and even, even if the guard is open, let's just say I'm over here playing this type of guard I like to play. All right, I put my hand over here. Yeah, look, pull it right into my hip. All right, so boom. Yeah, and look, I could do it here low on the wrist as well. Okay, or I can catch it over there by the elbow. Okay, so that's, yeah, look at that. Okay, and look, if you can cover the thumb like I'm doing, it's going to make it way harder for him to do anything. So, yeah, anytime I can get him, whatever, anytime I get him to grab, if he grabs my sleeve, touches my hand, I'm gonna go, keep grabbing sleeves, go. Tap, tap, tap. So this is the joy, just let the guy grab your sleeve. He grabs your sleeve. Look, I could do it right here on the wrist. Tap. Okay, I could climb my legs up and catch it. All right, us older guys, it's going to be hard to climb on people's shoulders. Okay, so yeah, there I wouldn't do it. We're doing, he's trying to grab my wrists. Anytime I get him to grab my sleeve or my wrist. Tap, tap, tap. That's the drill. Keep going, grab a sleeve or a wrist. Tap, tap, tap. Okay, and if I could climb my legs, that's going to make it worse. And even if my guard is open, all right, yeah, what are you, tap, tap, tap, tap. So you understand that principle is if I can't grab his wrist, yeah, wait for him to grab mine. Tap, tap, tap, tap, tap.