

Metadata: <https://www.youtube.com/watch?v=uqOj84zlgz8>

It's one of the chokes I like and please be careful with it. It's called the Deadman. I've learned this when I was in Brazil in Rio de Janeiro back in 2012. Summer of 2012, close to 2013, I think. And Chico Mello is a very high level judo and jiu-jitsu black belt champion from the north of Europe. And he showed me this, which is basically I am arm dragging him, turning it into the choke. But I'm going back and taking him down. There's a spoke, so be careful so you don't snap your partner's neck. So it goes like this. If I attack, I've got to realize this thing. I grab the sleeve, I go for the arm drag here, and come back. Now, the key to this, as we see here, my gripping, I'm Gable gripping. I'm putting my head, I'm pulling him backwards, seating him down. If you notice, I'm going slower, Brian. My shoulder is in the back of his neck, ear to ear. And you would take a look and sprawl at this. I'm not doing that because that's going to hurt him, that hurts your training partner. So I'm going to go backwards slowly. And yeah, it's rough. He'll take him out. So imagine if you sprawl, that can affect and damage the neck. So this comes right here. So I'm going in for an arm drag. Again, grab the sleeve because we're utilizing this. I can pull him to it if I want. And turn, or just go for the arm drag, hit one, two, grab. And as I'm taking him this way so he gets the sleeve from here, I'll put my head down, I'm pulling my partner down, seating him down, and going back. And that's your dead man choke.