

Metadata: <https://www.youtube.com/watch?v=qkERCPM9ahM>

Alright so what's the person defending going to be looking to do to try to stop or counter this position. Okay so Jayden's got the Kimura grip and he's stepped over my head. Okay so he's on my hip. So obviously one thing they might do is just connect their hands and try and make it hard to free the arm out for the Kimura. So just by connecting hands that makes it difficult. Now the simple one that you'll run into is people just trying to posture and straighten the arm. If I posture and straighten the arm it becomes hard to get the Kimura or most of the, if I actually get good posture, most of these options become difficult. So usually a bigger stronger person to step on my hip. Start getting here right and they just kind of like push and straighten to free themselves from the grip. Another option they might look for if I can if I'm on top and I can pummel my head through I can take some of the pressure off the foot on the hip right. So I'm kind of like going in here and I also want to get my hand to block this leg so that that leg's out. Okay now it's going to kind of force Jayden to play from this somewhat inverted position right which is harder for him to hold on. So by getting my head in and kind of blocking this leg above the knee line he can't really step this leg well and you know if I can keep him in this inverted position it's harder to get really good purchase. He can't finish from here right and I can kind of block with the head and usually they'll start like you know looking to free grips or just posture and pull out of the position. So just keep that in mind when you're on bottom. You'd probably rather not get caught in this like it's better where Jayden is now where he can put pressure on my shoulder down and keep me like low posture. This is this tends to be much harder for me to defend. He can step on my hips just the Kimura grip keeps me low right. You know we want to tend to avoid getting caught in this like inverted position where it can be hard to upgrade our grips and your opponent can look to us.