

Metadata: <https://www.youtube.com/watch?v=jMln4CQ3khE>

Alright, now this one a little controversial right, but I've been using it and it's how to get your guard back from a buggy choke Right, and you know, I don't I've never finished a buggy choke yet on anyone over 12 years old Right mostly under 12. I've been slashing kids with buggy chokes, but Above I haven't gotten them yet, but I will threaten it though because people do know that's there I don't generally like putting my arm across but I'll show you So it's gotten inside control generally I would stay with this frame in I never like to lose this frame But sometimes though I feel like man. Nothing is working I can't get butterfly hooks in and maybe he did push my arm all the way across All right. So from here what I've done is I throw my buggy choke situation up I don't have my leg connected over sometimes a little bit hard for me even though I'm flexible to get this all the way over And squeeze them. I just don't feel like they have it. Well, once I get to here guys know they're like, oh shit I might get buggy choke. My other arm is still in the frame What guys especially strong guys will do is start to lift you up a little bit once they do that's enough space To just shoot my half guard back in and then I would go to where I wanted to be anyways, right? And from here, you don't want to go, right? So again, it's pretty easy right my arms across reason why I don't like this because I feel like he's gonna go for an arm triangle, right but as long as What I found is as long as I throw this up for a second and just hold it I want him to retreat and then from here I can take it all the way back to full guard sometimes and I think that's what Happened to me last time, right? So again, generally one more time I would rather try to use my butterfly hooks over here, right? Not grab onto my leg or anything like that Well, let's say I'm trying to do this I can't and I throw my leg up and now he just knows, right? But the space is already there. I'll just bring my arm and he's once my legs are in front I'm just holding my arm over his head. I'm not trying to go for a guillotine or not Really? I want him to try to remove his head, right? I want to try to bring his head up so I can get back under here or start to get back into my underarm All right, so that's one Little newer one that you guys can throw in there that I have been using like I said I'm not a big buggy choke guy yet, right? Even though I have some guys here that are very good at buggy chokes I'm gonna keep using that to get my guard back, especially if people are afraid and they're like, hey this freaking guy He might go for a buggy choke and might just give up, you know, the guard recovery really