

Metadata: <https://www.youtube.com/watch?v=rwk1iPbjnKc>

For these next positions, we're going to work the topside. That can either be accomplished through a sweep or through them sitting down first and you working an open guard pass. In general, I'm working knee slice passes to establish quarter guard to get into my bread and butter choke, the marble. So again, with Ryan on his back in this open guard setting, I'm working to keep my elbows inside. I don't need to talk through a knee slice pass, but what I'm trying to do is open up and bring my knee to the ground, okay? Ryan is probably going to frame, so I have to keep my body low and I'm working to establish a thumb inside grip, same as before on that collar. A couple of things that are important in this quarter guard position, my knee position continues to drive into his body and my toe position comes into his knee. I can't allow Ryan to push my knee away to sit up to my back, okay? So to prevent that, my knee stays tight to his hip. I keep my body squatted down on that leg, okay? I'm not leaning forward too much. I'm not sitting back. I'm in a good position. Thumb inside grip, and I'm going to work four fingers underneath his collar, again, ratcheting. That's the first method to do it. My other method is my head comes to the side, I've got a straighter arm, and now I can work it. Once I've established the cross collar grip, first step, bottom side hand control, okay? I can also staple with my knee. That allows me to center my hip, anchor it to the ground, and really start attacking. Ryan's arm is probably going to initially be there as a frame, which works out best for me. When I'm in this position and I establish that cross collar grip, I'm going to immediately come up to it and cross his arm, okay? If his arm isn't there, that's when I'm going to go to start working the staple. But initially, if his arm isn't there, I need to do some type of control on the bottom. Cross collar, hand, come across between my legs, knee down to the ground, and then I work to give Ryan a hug, okay? So again, from this open guard position, I work to establish my knee slice, hands to the hip, open, knee to the ground. From here, I'm immediately establishing a thumb inside grip and a lot of times I'll post it onto the ground. From here, slide four fingers inside, ratchet back if Ryan's arm's already there, knee down to the ground, give him a hug, okay? So again, from this position, I'm working to establish my knee slice. It comes in, I get a thumb inside grip. Most of the time when I do, I open it just like this so that way when I come inside, it's easier to establish my backpack strap. From this position, I put my elbow on his chest, pulling him up into me. His arm is generally going to be here. First stop is going to be crossing the arm, knee down, and choke, okay? Couple of things that are important here, guys. You cannot let them get you out of quarter guard. You have to keep control of their hip. The purpose of the quarter guard is to not let their hip run away. If they get rid of that quarter guard, their hip's going to go away, and that's coming later is what we're trying to do. But right now, I have to establish hip control with the quarter guard while I attack the neck. If the hip's run away, I don't have the choke any longer. All right?