

Metadata: <https://www.youtube.com/watch?v=WCyz3Syq3fE>

Alright guys, so very similar to all of our other strangles, I'm going to show you how on the bottom position we can enter the backside 50-50 from the Gyaku Senkaku. So it's the same thing as we've done previous. He postures out of our lock, but he leaves his legs vulnerable. So let's take a look at how he would posture out of this position. And again, the beauty of all our entries here is they're coming off of the scoop grip here. So we scoop, we enter, we lock it up, Placido starts to posture, and we can get our knee inside very easy. Now we've got our base position, we've got our palm-to-palm, our feet are connected, we've got the knee inside, we can push, and we can throw this over the top to secure our backside 50-50. One more time guys, we've got our scoop grip, we've got our tricep grip, we shoot, we lock it up. But they're incredibly strong, they break the posture open, I bring the knee inside, I connect the feet in palm-to-palm grip, we push onto the hands, we bring that shin up next to our head, we throw it over, we lock up our 50-50, we secure toe control, we pummel it, and we turn belly down to the finish. So just like we did from the front triangle, and just like we did with the secondary triangle, they're all the same. So we have a scoop grip and they posture out, we can enter the backside 50-50.