

Metadata: <https://www.youtube.com/watch?v=Gh3wZ2rHXvE>

Another position, and I have a lot of questions that they have a hard time in the fan, is the Kimura from the deep half, from the underhook deep, let's put it away. And I myself defend very well that game by doing simple steps that I think gonna help you guys, by hiding my hand behind the armpits, by never let he actually control my wrist to find the Kimura, okay? I will show the position that I will talk about, and then I show the defense, okay? So, I already see on the half guard, but he go to the underhook, and the deep half on the same time. In a very simple setup, you guys, just for you guys understand, in a very simple way, a lot of people just really move their body, find the wrist, and when they fall, I'm already have the Kimura setup. They even free their leg in here, and I'm forced, you are forced to come up, to make a mistake to come up, because if you don't come up, I go on top and I already have the Kimura here. So, they come up, I enter my knee, top hook, bring him to the side, okay? So, a very common position there. Sometimes you get stuck on the head back, but once they have the Kimura, it's hard to escape, switch for the back, or the arm back, or the Kimura itself. So, one detail that is very important in this type of battle, it's hide the hand behind the armpits when I have the underhook. I'm gonna show how. Very simple, very important. So, while sometimes I can't go just to the underhook, I have to go to the deep, because he's strong and I have to bring him, so I go underhook, deep. But when he starts to find my wrist, look at my hand, it's simple, guys. Find my hand, find my hand, find the Kimura. Come on, you see that? It's just one detail, my hand here, and look at my hip. My hip is always moving in, out, in, out. But the moment that I play the game, and I relax with my arm here, your hip trap, and then you're gonna start pushing his head, try to feed the leg, feed the knee out, sometimes even I don't let him hold that, but he put the other leg under. That can push him, go to the arm back. So, I hate it, you guys cannot let the guy on top find the underhook wrist control, because that's already dangerous enough. When I have the knee shield, he can't find it, because my knee shield keeping him away, go to the Kimura from here. They tried, elbows in, but when I go here, if you relax with your hand here, they're gonna get it. Now look, if when I go, I put my hand behind the armpit, what do I get? I try to get the Kimura, and I move my leg outside. Watch. Come back, do it again. Do I go to the hip? You wanna find the Kimura? I elevate, I can't let my head down here. So I go to the Kimura again. Try to find the wrist, and now from here, when he insists on finding the Kimura, that's when I move my hip outside, look, like I'm in the river, and I push his leg down to my bottom leg, and then my other leg overlook, where I put my heels over my calf. Then I switch, I bring my leg back to the dog's side. Boom. Once I'm in the dog fight, we can choose one, any position from the system that I've been showing on all these last DVDs. I'm gonna choose one, and just hold his same leg. One. And then I drive, walk in, and reach in, see if he turn around. Boom. Okay? So I want you guys to mix all the attacks that we've been doing from the dog fight. Again, and then when I go to the hip, open more your legs so you try to get the Kimura. Don't forget, that is the secret here. If my hand is here, look, yes, now look. Find my wrist. My hand's like that. And look, look, my hand is already high here. So when he go, he try fight, he can't. And when he over exaggerate, that's when I go, and I switch, extend my knee, dog fight. One. See how, I do that variation, especially when the guys have good, a lot of wrestlers, they have good wisdom here, they push my shoulder down, push my shoulder down, and I can't get a good base to go outside. So he put my shoulder down, I'm gonna have to put my head on the mat, and maintain my another arm on that space here. And make a grip on his leg like that, like a spoon grip. So I go one knee, when I switch here, look, I let him go there, his right leg to go on the outside of his hip here. Okay, pass. So sometimes already, when I find him the hook, high already, look, see that? When I go to the deep, he can't. This is important, if my hand is here relaxing, a lot of people will find, and it's a big trouble here, super uncomfortable. So keep the hand behind, go to the kimura. Extend the hip, bring my leg back. He drive the reason hide, put my head on the mat, so he don't flip me down again, and put me down again. And take my hand behind his arm string, and make a grip

on his quads, like a spoon grip. Same kind of grip that I use here on the hip, like a no-gi grip. And look, I switch there, one, two. No. Look at this.