

Metadata: <https://www.youtube.com/watch?v=Ap-dw1Nx-iE>

Alright guys, this situation is going to be a side control arm drag escape, okay? So this situation happens a lot when my opponent's moving, okay, so between the transition from the side control to the north south, that's when I like to use the position and set up my arms in the right spot, alright? So look. Okay, so my opponent's working the side control, so when he passes the hand over my head and go over the hip, so look, what I like to do here is what? Make sure that I never, when you have this situation here, put your head out of the mat, otherwise the guy, if the guy feels that right away, he's gonna try to hold and go like to the north side choke, and that's gonna be like a different situation for you. So as soon as he get this position here, guys, look, head on the mat and make sure that your shoulder is always like aware here, because if he hands comes, so look, you turn, right, so it's gonna be a hard time. It's different if you lift your head, then look, once you get caught this, it's gonna be hard to escape, alright, so make sure that you keep, look, no grips, you don't need to make grips, but you just need to be aware here, alright? Whatever he's trying to do, if my opponent's still going to the north south, I follow him, alright, you see how I keep like follow him, so he doesn't have like a good position, so I don't let him feel like really confident, right? So now, what's gonna be the move of the situation here? I have to control his arm, right? Doesn't matter if he still has the hand next to my hip, or he's trying to go over, exactly, over like under my arm, so what I have to do is what? So let's say he's still, even if he's still on my hip, right, what I have to do is what? I control his biceps, right, and the other hand, what I have to do? I'm gonna make this movement, right? You see how I push him away, not just forward, but to that direction, right, diagonal, and then I'm gonna escape, right? But at the same time, what I'm gonna do? I'm gonna bring the arm to me, kind of like an arm drag, and then at the same time, I'm gonna make like a punch, but with my biceps on his neck. It's not on the face, guys, but on the neck, right? So look, what I have to do? I bump, I push, and I cross the arm, like an arm drag at the same time. So even if I catch him doing the transition, moving, like let's say he start moving, and I'm gonna escape.