

Metadata: <https://www.youtube.com/watch?v=cUzWARv6ApU>

All right, here we go. So if a guy ever puts me in the truck, I'm usually, I'm usually not too worried about it. It just depends, you know, on the positioning, but like if I'm in, if the guy has me in twister side and he laces up the truck, I want to force the guy to roll right away. I don't want to be caught in topside twister with the guy finishing on top. Then I'm in bad shape, right? But right here, we're going to work a twister flip or a truck, a truck flip, right? So let's see. He has me in the truck again, right here, bro. He drops into the truck and we're here, right? It's controlling the foot. So what I'm looking to do, um, yeah, if the guy knows the game, he's going to be playing triangle right here. So I can't get over that foot. If I get over that foot, I can start jumping in a leg box. But right here, I need to change my angle. So this foot right here, I'm going to lock it out and I'm going to swing it wide, right? And I'm going to sit up and this left arm, I'm going to reach around and look to grab his hip. So I'm going to go this way. I'm going to rock all the way up and right away, I'm reaching for his hip and I'm sitting all the way up right here. I'm going to get him off that foot. And now from here, I'm going to just strip out and bring my calf behind his knee, right? And I can start pulling him back into the truck. And then we're back here again, attacking, right? Of course, you have some kamikaze options if you want, but again, he's going to, he's going to put me in the truck and I'm going to look to flip it, right? He drops in, we're here, he's controlling the foot. Yeah. And of course, if he's up right there, I might jump in a leg box. So we're just going to play traditional style triangle. So again, this foot right here, I'm just swinging it all the way wide. This hand, I'm reaching for his hip and I'm going to sit up, right? So I'm going to swing wide, reaching for his hip right here and clear this foot. And I'm just going to strip out trying to drop my calf behind the back of the guy's knee. And then of course we're in the, in the truck. We can start jumping on calf crushes or twisters where we were at earlier.