

Metadata: <https://www.youtube.com/watch?v=11PmyJolUS4>

Now we're going to break down some sneaky choke. I wouldn't say it's a high percentage choke, but you can surprise the opponent as not many people do that choke. So, we're in the side and we have this one arm, this arm taken out already, right? So, I got my arm underneath my opponent's head, the other one is underneath his arm, and now what I have to do is I have to circle my arm to be above my opponent's arm, okay? I don't want to have his arm on the way, and now what we're gonna do is we're gonna go like this, palm to palm, okay? So, palm to palm, fingers grabbing to the side of my hand, and now it's gonna be easy for us when we get this grip, it's gonna be easy for us to move the forearm towards my opponent's neck, okay? So, this one I slide on his chest and I land with the bottom part of my forearm on my opponent's neck, and now what we're gonna do is we're gonna squeeze like a scissor, so elbow down here from the top and elbow up from the bottom, okay? As I said, it's not a high percentage choke, but one thing, it can surprise the opponent, so you can get a surprising submission here, the other thing is sometimes when I'm having this one, he's starting to open up for different kind of submissions or different kind of attacks or different kind of control, right? So, whenever he's trying to go towards me, I can grab the other kind of submission, so we got a transition option here as well. So, we're in the side control, take out the bottom arm, and now I'm circling to get on top of my opponent's shoulder, hand to hand, palm to palm, and now the elbow goes down and we go with a scissor motion, so the top elbow goes down, the bottom elbow goes up, sometimes you can add the knee here, so your opponent can't really turn towards you, scissor motion squeezes the choke.