

Metadata: <https://www.youtube.com/watch?v=4ahshiHcqrY>

Okay guys, another option that I have after I get the leg drag, right, and my opponent starts kicking my chest, is the toe hold or the leg lock if he's sitting. So, I'm going to look for the leg drag, he's going to kick my chest this way here. Now I'm going to just need to let go the grip that I have around his waist, right, and I'm going to look for it to bring my arm, my forearm right in front of his shin this way. And when I do this, I'm going to look for it to bring his foot towards the ground and pass my leg over his hip. So, this leg go over the hip and the other one is going to start to come behind this way here, right. Now I'm going to look for it to bring my armpit right on top of his knee, trap, keeping his knee point out inside of here. I don't want his knee to start pointing outside this way right now. I want to keep his knee inside to make sure I can't expose his foot, right. So, I'm going to be here and expose his foot. I'm going to start bringing his foot off the ground and I'm going to hold his toes and I'm going to start pressure his toe towards his butt, just like so. Here I can try to submit him from that position or I can reinforce with the second hand come on top of my wrist this way, okay. Another option if he spins, he spins, if he spins, I can go start going for take this leg out and pass over and end up going for the leg lock, right. When I have here now, I'm not going to keep trying to finish him on the toe hold. I will look for to bring my ear right on top of his toes this way. On this way now, I'm going to avoid his come back to the same place and spin also to the other side and the leg lock pressure is going to be trying to bring his hips towards my hip with my leg, controlling the ankle, do kind of him like a choke and put a lot of pressure on top of his knee this way, right. Kind of doing an arm bar, okay. So, let's go one more time to these two options. Here we start kicking, so hand in front of his shin, start bringing his foot towards the ground, pass my leg over and trap his leg, just like so. Now remember, use the armpit to start expose his foot, right. Try to take his foot off the ground and then I'm going to start pressure his toes, right on his toes. My goal is try to bring his toes towards his butt. It's not just here, it's going here, right. I want to do this motion, kind of turn his foot this way, I go here. If you don't tap, I can reinforce with my second hand, right, on top of my wrist and finish him in the toe hold, right. Another option, if I keep start throwing the toe hold, he's going to start spinning. My leg that is under, his leg this way, I'm going to try to bring out and lock, kind of doing an arm bar, right. So, I kind of let my arm bar here, so I'm going to try to bring his hip towards my hip, bring my head on top of his toes, control the ankle, do a hirinage choke grip and finish him in the leg lock. So, the pressure here, it's ankle, it's my ear on top of his toes, hold the ankle, hirinage choke grip, close my knees, pressure my, his hip towards my hip and with the pressure with my hip, right. One more time. From here, I'm going to kick, go over, expose, expose, catch the toe, look for the toe hold and if he don't spin, release, start kick my leg out and catch him on the leg lock, ear on top of the toes, ankle, hirinage choke grip, bring my knees together and stretch my hip.