

Metadata: <https://www.youtube.com/watch?v=C5zVTEbR5PQ>

One thing that I really like to say and I hope I can convince you guys with this, but every detail counts and I'm trying to break everything down to make sense and make it easy. If you're not someone that like stay on the mat all day, if you don't understand the whole aspect of Jiu Jitsu, so you need to start to like add things close to each other and this doesn't work just for my game. I hope everyone that has like a different game, they must have like a combination that apply very close and similar to each other and based on that, I'll be able to connect the distance, I'll be able to get over here. I feel the forces try to get out and I connect my hands over here. I have the shoulder, I have the control. From this position, I would love to keep my back most out of the mat and I can sweep him and I don't even have to touch the floor. My back doesn't even touch the mat if he stays here, if he waits for me. But some people, if they cannot pull, sometimes they drive. When I say drive, like if the arm cannot come out, they can close the distance. So I feel like if I keep the shoulder forward, but if you drive really hard and keep the weight, if you keep a lot of weight over here, it's going to be hard to me to sweep because now I'm flat and keep passing the other side, other side, other side. Then he just keeps making the position. So if the person is stalling longer than you and he's driving to you and you're not able to stay there, we still have a chance and an option. But the option has to be almost like just the butterfly guard. You have to just force the sweep as soon as you can because it cannot take too long because the person is really getting his weight out of there. So if I get to a position where I cannot kick and then he just drives forward, that's the time that I just have to lift it up. So as soon as he keeps driving, just kick, don't fall, don't fall, don't fall. As soon as he grabs, just lift, lift, lift and just get him open there. One thing that takes some time for people to understand is that the arm is going close to the floor. The arm could touch the floor and stop the whole position. But if I keep the arm on top of my shoulder to not touch the floor, it's going to be really hard for the person to not turn and don't roll in the sweep. So I have this. So if he keeps driving, you know, he starts really defending, he's always touching the floor, but all I'm doing is just lift and pull his arm out of the floor. It's a type of sweep where even if I don't have the underhook, if I'm on the side control, I don't mind to stay here because that will give me control. I'm not in the mount, I'm on the side control, so any moment if I can, I can look for the underhook. But you can kick and make a turn or you can go to your back and keep lift. But you keep lift, but don't let the person's arm go towards the floor. The person's arm has to be lift. My elbow stays high, my shoulder stays close to my ear and that's how I keep that control. And his weight just has to go towards the side.