

Metadata: <https://www.youtube.com/watch?v=PI7rr0TzmWw>

S-mount is one of the worst positions I can get to and by having this frame and keeping your arms correctly that should never happen, so let's go from the side. So S-mount is pretty much a very high mount here. Try to S-mount. It's very hard, my arms are here, alright? And another thing, if I feel a lot of pressure is coming towards me, I can come up on my shoulders. No, no, just try to climb your legs. Yeah, I can walk on my shoulders to keep him lower, okay? This is something I use a lot. Alright, now let's say he manages to come all the way up to the S-mount. Now you're going to be in a really, really bad position, okay? If he's angled already, you need to realign yourself with him. So if he's here, you need to realign yourself with him and push him lower. Now probably he's going to recover to a normal mount, because if he doesn't, go back to the S-mount. I realign, and now I can just push him off and recover, okay? And if he has a high mount, it's a bit of a different story, yeah, let's go this way again. Okay, he has a high mount. Again, this should not happen because I didn't have the frame. I'm still going to put the frame here. Now do not try to push him with your arms, okay? It's very hard and you are not going to be able to do it. So what you need to do is walk on your shoulders, and we are back from the beginning, okay? But like I said, this shouldn't happen because I'm maintaining the frame. This is the whole idea of this, keeping him at the right range. This should never happen, and if it happens, okay, and we are back here. If he just mounted me, I need to realign myself with him, and then I do the same thing, okay? I almost forgot not to add this, because this never happens if you control with the right frame.