

Metadata: https://www.youtube.com/watch?v=3Kp_kCQG8kE

So guys, I have my partner in the close guard, okay? So I'm going to look for the lasso. So the first thing I'm going to do, I'm going to control both hips. All right, so I'm going to control both. The same side that I'm going to put the lasso is the side that I'm going to step on the mat and I do the hip escape. So, step, I'm going to do the hip escape. Once I do the hip escape, I'm going to step on his hips, all right? I step on his hips, I have the space between me, I create a space between me and him. So now I'm going to pass my leg over and I'm going to connect the top of my foot on his back. All right? So now guys, I'm going to start looking for the Tornado Sweep. So what I'm going to do, the leg that I step on his hips, I'm going to pass through this space here, okay? So, the guy, like when I turn, he's going to think that I'm going to go show blood. So actually, he's going to try to pause for a little bit. So, I'm here, so I'm going to pass through, okay? This hand here, I'm going to grab his pants. I grab the inside of his pants, okay? I'm going to use my foot, my toes on the mat and I'm going to lift my hips. So I'm going to lift my hips. So now, what I'm going to do, I'm going to start roll over like my neck. So I start to roll over my neck and now, actually, I'm going to pause for a little bit. So I can go to my plan. So what I'm going to do, I'm going to use this leg as a pendulum and I'm going to grab the sweep. Control his hand, and I get the side control. So, it's very important when I have the control, the lasso, I pass through, the guy is going to pause for it. So I got to stay with my hook strong here and my grips is going to go inside. So look, once I lift, I can go to my plan. So I got to use my leg as a pendulum. So I use this as a pendulum and now I move all the way and this leg is going to move down too, okay? The same time, I move down. Look, my, this arm here is helping me to drive him for that way to get the sweep. And I'm going to get the side control. So, sometimes we're going to get the lasso and we're going to do the sweep. It's not going to go like really beautiful position, like on one way. Sometimes we're going to get it and you're going to lift. It's going to be more like side position here. Like I'm going to drive him for, I'm going to sweep him for that way. Look, sometimes I can get the sweep. Again. I can get this, I can get the lasso, I lift and I can get a beautiful sweep here. It's going to depend where I connect my shin. So if I connect his biceps or if I connect right on his triceps or armpit here, okay? So, I have him with the closed guard, control both his legs, step, I move my hips back, step on his hips, it's very important that. Now I'm going to circle my leg and connect the top of my foot on his back. Now look, I keep the grip. This is going to pass through this space. So my leg goes through this space, let it go this grip. I'm going to grab his pants. So now, what I'm going to do, I'm going to start to lift. Why I need to lift? Because I need to roll over my shoulder. Okay, it's kind of like a bimbolo. So I connect, this is going to help me lift. Use my toes on the mat too. Now look, roll, and now look, the pendulum. It's very important to use the pendulum. Now I get the side control, okay? Okay. Okay.