

Metadata: <https://www.youtube.com/watch?v=9Z9TSmFppbM>

So to end up in the switch base half guard there's probably two main times that we would we would end up there as in by swinging this arm over the top. One might be like Tom's got a knee shield and I feel like I can clear the knee shield by rolling my hips but of course Tom's gonna be blocking my arm as I as I do that so I can't just go oh yeah I've cleared the the knee shield I need to do something with this arm because he was just just gonna recover if he blocks it like that. So often what people will do is they'll pummel through and bring the arm over the top to the far side but I've switched my base now I'm in a switch base half guard so it's a good way to clear the knee shield. The other time you might end up in switch base half guard is when Tom gets an underhook like this so Tom I've just got the underhook he's starting to to set up his sweep and it's a good way for me to pummel turn my sorry swing my arm over the top and then it can be a good time for me to repummel or set up my my pass and changing the position on him.