

Metadata: [https://www.youtube.com/watch?v=eXTxlywX4\\_8](https://www.youtube.com/watch?v=eXTxlywX4_8)

Okay, guys, so in this situation over here, we were just talking about the birdie rate, and I said that we can use the birdie in many different situations. What you're gonna do here is like, the birdie is not gonna work, but even though the birdie is not gonna work, we're gonna still be able to stop the over-under pass, because we tried the birdie. So, let me show you guys what I mean with that. So, that's why I love trying the birdie, because he's gonna get the over-under pass, right? And then I was able to do this, but I didn't get to fully place his head here to finish the position. So, I'm not gonna be able to birdie him, because his head is on my way, and I didn't get to go there and control the belt. But just the fact that I got over here, it's gonna be enough for me to push his shoulder and bring this knee up, and now I was able to set up my guard again. And from here, as you guys can see, I could go for triangle, I could go for an omoplata, and etc, etc, etc. So, pay attention to that. Tai is gonna come here, and guys, let's just understand some concept over here. In order for the over-under to work perfectly, his head has to be over here. In order for the birdie to work perfectly, his head has to be all the way down to the other side. So, what happened in this scenario over here was like, was not good for him and not good for me. His head was not here, but I was also not able to place his head over there. So, his head stayed in the mirror. So, it was enough to stop my birdie, but it's also gonna be enough for me to stop his over-under pass. So, to me it was a win, because here I'm losing. So, I'm gonna control there, I'm gonna try to do the birdie. The birdie didn't fully work, so his head is on my way. But what I'm gonna do, I'm gonna place my left hand on his shoulder, I'm gonna push his shoulder away, and it's gonna be a quick kind of move. So, I'm gonna bring my knee up. So, don't do that slow. It's almost like bumping your knee up as fast as you can. So, from here, I'm gonna push his shoulder, and I'm gonna do this, look, until my knee go above his shoulder line. And now, I have my both feet on his hip, and I have a lot of options to attack him. I could go to the omoplata. I could go to the triangle. I could just set up an open guard here and start attacking him, and et cetera, et cetera, et cetera. So, the most important thing is we were able to stop the over-under pass. We chose the goal. Okay, so, Tai got here again. He's gonna set up the over-under. I'm gonna try to do the birdie. The birdie didn't work, but I was able to lift this leg up and have my foot on his hip. And now, I'm ready to start attacking him. Does it make sense, guys? So, the idea is even if the birdie fail, it's still profit. It's still profits for you. So, it's still like money in the bank. You're still better than you were. So, that's why I highly advise everybody to try the birdie, try the birdie, try the birdie. You have nothing to lose. Even if it doesn't work, you can still make it a good move. So, very good option. I try that all the time. And it's one of my tools to stop the over-under.