

Metadata: https://www.youtube.com/watch?v=CkX_FzPFw8M

All right, so now let's look at, we're in offense, and she goes to go into a roll. She can use either that half roll we like to talk about, or she can go into a full roll where she goes completely, where she just rolls, rolls, rolls, rolls. For the first one, we go for the heel hook, and my ashi garami is compromised, whatever the case is, it's not perfect, and she goes into a half roll, and she gets that knee out and down, and from here, she tries to go and start kicking out and away. Now, right from here, I have my legs figured forward to the outside, so I want to immediately invert that inside knee. So when she goes to kick on my butt, she can't do it. She can only get my shin from here, but the shin doesn't really do much in getting her out. When she goes to kick from here, it's not gonna be easy. It's not gonna be impossible, but it's not gonna be easy. From here, we have that nice pendulum. We get up to our partner's hip. Now we start scooting out and around the corner. As we scoot out and around the corner, we pull ourself up. We make that two-on-one on our partner's leg. We have our shin hitting the lower leg. We have our knee wedged in front of our partner's knee and quadricap, blocking the upper leg, and right from here is obviously back exposure, and wherever my partner goes to turn from here, she comes onto that tight waist, that body lock, and from here, we can start playing a game. We start passing, and we start splitting the legs, whatever the case is, and we start all of our passing with body locks there, okay? And then, of course, she can go into a full roll where the knee comes out somewhere halfway through, and as she goes to start rolling, we roll, roll, roll, roll, roll, and immediately pop into this position here, knee and elbow connected. So that right from here, we can shoot into a tight waist, or right from here, we can go right into our knee slot, and we can start playing games where the second we come out, we use the opportunity of failure. She thinks we're gonna reset to neutral, and we go, boom, right into our attacks.