

Metadata: <https://www.youtube.com/watch?v=jMe-VM6jLIw>

all right guys continuing on the deep half using the far leg all right now from the far leg we're gonna control both lapels of our opponent and use that on our favor to sweep all right so the motion like a lot of times gonna look kind of like the same or very similar on the deep half because it's all like a lot of times like i'll say most of the times gonna be pretty much about rolling forward or rolling backwards all right so what's gonna change a lot are the grips the gripping sequence and details how you get like your partner and or opponent off balance so we're gonna go here for the deep half starting on that angle so how i'm gonna do here first thing i'm gonna open that side all right if i have my back on the mat and do that i'm giving my arm for him to attack all right so again i don't gonna get tired of telling you guys that you guys have to be on your side he pulls now look how i can pass the lapel much easier because he doesn't want to fall once i pass the lapel now i go under the leg and feed back right so and that has to be the first one because the second one i come here and just gonna pull and grab so both i'm gonna grab as high as possible because i want to yank down like his body right i want to put my both hands on the mat all right so what i do first i do a little bump with my foot again look make him pose and now i'm gonna yank back down on coming up look in a double under scenario again another very good situation for you guys are working on your pass and even back attacks from here so do a different angle now so again go on my side then clear the lapel pass and transition under his knee so some people they're gonna grab the very end i like to grab high as possible i want a full control of the upper body i'm gonna switch open up the other side look not on the very end as well higher like i wanted his upper body he knows that i can bring him down maybe he's gonna try to see it all right but what i'm gonna do i'm gonna use my right foot like to make him pose when he pose i yank down look coming up up in a double under pass like scenario all right pressure pass and stack pass so people gonna have like different names uh we're gonna work one more angle all right always make sure that you guys don't stay on your back so so we're over here so just put inside the belt real quick so i have to take it out right so what i want i want him to pose i'm gonna open look how i'm ready to work now double under pass scenario all right one more time now a little bit more real speed so make pose boom transitioning get his sitting push bring back oh look always always like not giving space as well as you come up all right so they're gonna be the deep half far leg controlling the lapels to come up you