

Metadata: <https://www.youtube.com/watch?v=1ujz7K-JiNs>

This next mount, putting the pressure is probably my favorite way to mount, from the side control. So, let's walk this way a little bit. So, here's where we're at. Side control. I don't need to be under his elbow right here. Alright, here's what I'm going to do. I'm going to start walking towards his hips. Just like this. And stick my knee right in the middle. Alright. Now, one knee is good. Two knees are better. Alright. And from here, I'm just going to bring the right leg over. Pinch it in. Left leg. Boom. Get the mount. Again. I'm in side control. I'm going to be walking. Walking back. That's going to give me this underhook right here. Once I have this underhook, my head has to go to the floor. And I like to bring my knee in. I bring my head to the floor so he can't push my head away. Go ahead and push me away. It's really hard. Now, one knee is good in the middle. But two knees are better. Now, when he tries to move, go ahead. He's stuck. He tries to move. He's just going to give me the mount. Again. I'm in side control. I start walking. He's good. I get my underhook. Once I get my underhook, I keep going. I keep going. I keep going. I open him right here. Clenching my hands together. From here, he's going to be trying to maybe donkey guard me. I don't know. I'm going to stretch my legs, get under, and catch. I'm winding him up. I do this a lot from a knee slice pass. So, a knee cut, knee slice, whatever you want to call it. Knee cut. Start backing it up. Start backing it up. Start going. Start going. Boom. Again. A knee cut. Knee cut. I start backing up my hips. What's that going to give me? My underhook. Start getting my knees through. Try to get both knees through. Start stretching him right here. Start stretching him. One goes over. Another one goes over. Have him up to your mount. So, why am I doing that? When his underhook is really strong, and I can't do my other ones, he has his inside elbow glued. So, that's when I'm going to back it up. Alright, I can do that right from side control. Alright, so if I'm here, I can just get him to turn away. Look how I push him away. He's going to turn away a little. I'll just turn him this way. If I push his head, use your hand to turn him. Yeah, he's going to go this way. Alright, so that's the idea. If I pull him in, he's going to turn into me. Either way, he's turning into me. Same thing. Catch it. Catch it. And I have him right here. My hands, if I want to make it worse for him, I can pull him in right to here. I don't even have to go to mount. I can just go right back to side control. Put more pressure.