

Metadata: <https://www.youtube.com/watch?v=i422T9BJ47o>

okay one more option when opponent defends with the shin so we come here with the knee slide he again puts his shin in front of us okay so once again I'm gonna go to his collar but let's say right now he's tight here really tight control so I can't go between his legs I don't feel like I can find a space there so instead of going between the legs and grabbing the bottom one I'm gonna grab the pants on the of the top leg okay and right now I'm gonna stretch my arm back okay until I'll have a stiff arm here because if I'll go with a stiff arm it's really hard for him to break this control okay in this position my arm is really strong and I can deal with the power of his leg okay if I keep my arm bended then it's gonna be easy for him exactly to come back okay so I always want to stretch back my arm fully extended but still the arm is safe you don't have to be afraid that he can he can attack anytime he would like to change the position you're ready to go back with your arm perfectly safe okay so we keep that straight here and now I again I'm gonna go with the knee cut okay but sometimes you will not be able to go in a classic way here okay sometimes he will let you go that direction the easiest angle but sometimes he'll use his arm here to defend right because it's the only the only way he can defend now so in this case we're gonna change the angle and we're gonna go through his shin okay as we go through his shin we need to activate again our feet and push towards the opponent to the moment when he's lying flat on the mat now I'm gonna change the control and grab the side control position okay so I go in with the knee he stopped me with this one first collar now I grab the top top leg okay so grab the bottom of the pants don't grab the knee because we're not gonna be able to have like a really strong grip here it's gonna be easier for him to to break the grip okay we grab the bottom of the pants fully extended head down so we're gonna put a little bit of pressure with our head here okay now change the angle if he's defending if not we're gonna just go through here and we are already close okay if we need to change the angle we're gonna end up a little bit further from our opponent so now I have to activate the leg and push until we feel he's lying flat on the mat one, two, stretch the arm, put the hand on his chest, now knee cup, activate the feet, get the side control