

Metadata: <https://www.youtube.com/watch?v=6qBEnI-gmtg>

Okay guys, there's another way to go for the submissions too, because my opponent is defending and he's probably using the leg up to put pressure forward to make me collapse on this side. So, what I do here, I'm going to have to give up on the cross collar, but still remain with this grip here. Okay, I'm going to stick with that grip. If I don't get the deep collar, there's a seam going on here on the gi that goes from the back of the tricep all the way in front, so I like to use that to hang when I can't find the collar, I just use this to hang, and it's really tight, you see? So, what happens next is he's going to have that leg up and I need to always keep this knee inwards, pointing inwards, because that way I keep his posture down. Even though the leg is up, I'm going to bring my other foot, the outside one, under my heel and I'm going to scoop in, like this, scoop in and reach for his back of the ankle. Once I have these guys, my main goal is to hip into him, so then, you see how he's falling back? Hip into him and sneak this under, so then I can pull the extension.