

Metadata: <https://www.youtube.com/watch?v=luIA7mHK3aM>

Okay, right now we're gonna go towards a little bit more complex Ezekiel Chop with a little bit more tricky option. So first of all, we're in the mount position and I can see my opponent's hand like really really high, making like a frame here. It's a very common situation. So from here I'm gonna untie his lapel, I'm gonna take out his lapel and I'm gonna make like a rope out of the lapel. So I'm squeezing the lapel and right now I'm gonna get over his forearm. When I get over his forearm, I'm passing the grip towards the other hand that is underneath his hand. So right now if I make the whole thing really tight, his arm is trapped. But I want my opponent actually to take this one out. So I'm gonna make it a bit looser and I'm gonna place my hand inside. So right now of course my opponent is gonna work to free his arm. So he's slowly taking his arm out. Whenever he takes his arm out, I'm coming in with my with my hand to his neck but I'm aiming for the other side of the neck. So again not the throat here, I'm going all the way towards the other side and now I'm gonna squeeze. Again I'm gonna work like a scissor. Fist closing the space here, pressing against his neck. The other one I'm gonna squeeze the lapel by moving my elbow up. So I'm doing both moves together. I'm pressing down and squeezing the lapel by elevating the elbow. So again we're here. I can see my opponent is framing. His forearm is quite close to his elbow. So I'm always looking for this kind of situation when the arm is already bent. If the arm is like this, more than 90 degrees bent, then I'm not gonna try this one because then the lapel is gonna slip out of his forearm. So always when I'm thinking about this one I'm looking for the forearm bent like this, already really tight. So I'm taking out the lapel and I'm gonna get over his forearm. So right now the arm is tied up. So first I can go really tight so my opponent thinks that I'm gonna work with his hand or that I really want this to stay like that, for his arm to stay tight. But I'm gonna loosen up a little bit and I'm gonna go in with my own arm. So right now my opponent is working to take his arm away. Whenever this happens I'm coming in towards the other side of his neck and now I'm gonna press my fist down and lift my elbow up in the same time. Here scissor move again.