

Metadata: <https://www.youtube.com/watch?v=kW8cs6soC8M>

The first thing when I want to try to force the half guard, one of the first things that I want to be thinking about is not letting Tom's feet, so the first layer of his defense, which is his feet, be in contact anywhere pretty much from my torso, that's from my hips up to my shoulders. So anywhere along here, if Tom has connection there, he could be pushing me back. Often if he's got a foot on my leg, that's annoying, but actually when he pushes, I can sort of like go with it and keep my forward pressure. But when it's on my torso, it will move my whole body back and make me reset the position a bit. So we want to make sure that we are clearing the feet, usually just like gripping ankles, moving them out of the way. And then the next sort of thing we want to do is usually try to trap a leg. So it's almost like we're almost forcing like a version of half guard quite early. So I could be holding this leg and I'm going to step. So that leg is between my legs now. So essentially this is a variant of half guard. That could be like a headquarters here like this, where the leg's trapped, could be a knee cut. But now essentially it's just one leg that we have to get through before we're actually forcing itself into the traditional style of half guard that we'll be focusing on in this series.