Metadata: https://www.youtube.com/watch?v=AYvHBWVUD3k

I can just go to his neck and just capitalize like what he just offered me. But a lot of the time, if I put the leg over here, he's gonna stay tucked in and he's not gonna come to meet the toe, right? Because he knows what's coming. But a lot of the time when he try hold, I'm pushing him away, and he try hold, push him away, he try hold, and I'm pushing, I try hold, and I kinda keep him away. When I say I keep him away, it's just because I want to really try get close, and when he try get close, that would be like the best time. So I'm kinda like off of the leg, but I'm not letting him hold my leg. So I'm off of the leg, I'm off of the leg, I'm kinda pushing at the same time. Just because, it's not because I want to defend my leg, if I don't want to give the leg, I just don't put there. So it's not that I don't want to give his leg. I want to just keep him away. And then when I feel he's like overreact to try get my leg, that would be like the best time to go to his neck. So he's sitting there, I push, and I go to the neck. So I put one hand inside, at the same time that I snap with the other. But I have to put the hand inside before I snap, because if I snap, and he take his chin, now my hand is not gonna fit. So I put the hand, and I snap his head. So I go there, push, and I connect. As I connect, the same hand I snap, I push the side, and I step forward. I step forward so I don't roll. If I would like to try roll, if he try to hit me roll, try to hit me roll. I always put my foot on front so I don't want to roll. So I push, and every time he try to make me roll, I put my foot. I don't want to land on my head, so that's why I have to go, that's why I put this foot first. The same thing would happen if he's on his back, and he start to sit up, he start to sit up, he start to sit up, that would be the same thing. So imagine I finish the takedown, I throw, he start to come up, he start to come up. I don't want to let him come up too close. I don't want to let him come up with his neck tucked in. So every time he try to come up, I kick him away. So when I release, his head kind of open up a little more. So the same thing, you try to come up, and I get him there. I push the side, and I step forward. As I step forward, and he try to pull me, I try to stay here, I try to slow down the move so I don't want to land on my head, so I just try to stay here and just force. So one hand, second hand, and just really push straight against his throat. Not around, not inside, just like straight against his throat. Let's go try this.