

Metadata: <https://www.youtube.com/watch?v=0vkKdiCT00c>

All right, so now we looked at front step or forward stepping into just extractions. Now let's look at some of the options we have with passing, whether it be to north-south or whether it be into camping positions. Okay, so this time I'm standing over my partner. We separate the legs where you have V-grip and solve the foot as we always do. We separate our partner's legs from here. We take a big front step forwards like so, but now from here I can extract my leg and turn towards my partner. Right from here, we see what our partner's reaction is. This is where we're going to bridge the gap now between leg lock defense and going into passing. Right from here, if my partner's head stays between my two legs, we go into north-south passing, north-south camping. So when she goes to recover from here, she stays here. I'm just going to put hands here on our partner's ankles and we start playing our game where we start north-south camping. We start coming down to our knees, we start taking elbows inside, we start taking the head inside, and we start going in, and we start passing our partner right from here. So if I see that once I defend, my partner's head stays between my legs, we immediately go in, we start north-south camping. The second I see my partner grabs one of my legs with the post like so, or a cross post or whatever the case is, or from here she goes to put herself back in front of me, the second I see this, immediately, I get ready to go into my camping positions. So right from here, when she goes to start moving, I let her go halfway through, but before I get completely in front of her, we just post on the knee, we post on the inside of the hip, and we just scroll our legs back, we go right into our camping positions. We're ready to go in and start playing our passing 2.0 camping game. Okay, so we start off in a situation where our partner's attacking us, we're defensive down here, we're defending, defending, defending. From here, we build up, we start playing here, we build to our feet, we separate the feet, we're going to run forward, we step out. If I see from here, the head stays between, now from here, we go into all of our favorite camping positions. If I see from here, I try to camp it north-south, pass north-south, and she does a good job of putting herself back in front, as she goes to do so, we move right into our camping positions, out to the side, and we're ready to go. Now we can get on and do all of our favorite passing 2.0 camping positions.