

Metadata: <https://www.youtube.com/watch?v=yG4HKyQfjjM>

Alright guys, we are in the spider guard and time to switch our grips, let's try using both grips and the pants. Let me show you guys, are you here? In the spider guard, and your opponent is very tough, you can control him, it's very hard to do, to do your sweeps. For the first time, make sure you're going to give him a nice, he's going to give a nice close-up for you, you must go to control his calf, right here. You're going to use the grip to control his pants, behind the calf here. Let me show you the difference, let's go. Are you here? Okay, in the spider guard, one leg over, bow, you're going to slide your hand and grab right here, behind the calf. Okay, then after, you go to the simple axe guard, step on the belt, kick out, hips in, alright? So, many guys are doing this, just try, let it go here, and put the hooks in. When you drag your foot, or this way, these smart guys on top, keep your grips very strong here, and control your foot right here. When you try to put your other foot here, you lost the position, right? You do not do that. Let me show you again, this is happening, because you control his arms here, he controls your pants. This is an exchange, right? And you try, just drag your foot this way, but he is a smart guy, when you try, take his legs right here, he's going to pull down our legs, he's going to pass our guard. Just to make sure this is not going to happen with you, after passing right here, make him put the hands on the mat, so, catch his belt. Alright, he put the hands on the mat, and he can come back. Now, we can switch our hook, and hold his legs right here, and let it go, his arms, and switch to the pants right here. Okay, now you have both pants to control, both legs to control with the pants. So, this way, you can throw him this way, or sometimes the guys come over and try to recover the balance, you're going to switch your hook here, to step on your heel, and over here, right in over the heel, right? Now, you can control the legs, and if you control the legs, you can control the hips, control the hips, you can give a direction to put him down, alright? One more time, over here, okay guys, the next guard, make sure you're going to bring his legs very close, switch over his, behind the calf here, you go to the next guard, step on the belt, hips out, hips in, okay? Don't try to let it go, the grip right here, and grab his pants here, because if you let it go here, and switch here, you're going to step, you're going to pass the guard, okay? Be smart over here, okay? Don't try to put the hook here, because when you're going to do this transition, you're going to take off your legs, your both legs, right? First, you must make him touch the hands on the mat, so like a conscious balance, alright? Now, you got time to hook his legs, and switch your grip, your grip here is very important, he's normal, he's always come over to replace his balance, when he come over, that's under, when you are under, step over your own heel, alright? Control here, and throw your opponent, after throw your opponent, you got to try to get the stand up position, to pass his guard, and take a good position. Now, watch my foot, watch my leg, so, I'm going to put my leg for the back side, my elbows come first to the mat, he slide the foot this way, okay? And my left shoulder is come first, look, even he try block my passage, I'm going to use my shoulder to open the way, and after, first hand is coming to the outside, and the second hand is on the arm here, control him, now we can do a side control, or make him give the back, go to the back control, okay? Let me show you the full position, here, step over, grab the pants, step on the belt, press your knee under, hips out, hips in, make him put the hand on the mat, hug his legs right here, control his pants, make sure you got to under, step over your own your own foot right here, sit down with him, I choose one side, my elbow first, let's do the second time, your shoulder come first here, I'm gonna try block my passage, look, take the side control, or take his back, all right? Hope you guys enjoy.