

Metadata: <https://www.youtube.com/watch?v=OTydMDuL4JA>

so we talked about proactively going for tomonage and kouchi and leg pick but now we need to sort of look at the opposite side of the spectrum where george is the one initiating a lot of these moves right and if i could anticipate those actions i could score some cheap points if takedown is rewarded uh like it is in the sport right so classic right side versus right side position george looks to sit down and go for tomonage right great opportunity for me to counter this with a quick leg pick or a kouchi guard okay so tomonage bring kouchi leg through i need to close the distance to prevent the knee shield from coming in right really important that i control the hand on the chin okay that's uh one of the important points another one that's very easy to score is the leg pick if george is standing directly in front of me right and we have the hands locked up for me to just grab down and ankle pick him here it's going to be very difficult okay even with dominant position here right if all that weight is on this leg and if i just reach out and grab this leg it might not be sufficient to take the person down okay i have my favorite leg picks that i'd like to do going to cross body high leg pick and lots of different other leg picks uh but this one's a nice quick cheap one because he's essentially giving me the off balance that i desire in order for me to successfully apply this technique right so right side versus right side george just sit down and goes tomonage i catch and then i go right into the takedown okay it looks kind of silly but it definitely works especially if i'm going for tomonage right if george could time this okay i'm about to go tomonage one i'm leaning back i'm doing tomonage i'm leaning back legs coming up and he picks this kochi into the leg pick or he just simply reaches down and grabs the ankle okay so those are some quick options that you can use to uh attack and score using kochi gari and leg pick right and it's very low risk if i fake tomonage he reaches out and tries to grab his leg right oh but he doesn't get it it's okay because georgie didn't really low risk right he puts his hands back on the gi right and then he goes for a tomonage of his own oh shoot right nice park right something of that nature if georgie doesn't succeed there and then we just both go to the ground right uh let's fake try to grab the leg i'm gonna do the tomonage try to grab the leg well no right he grabs he goes tomonage right and i defend okay now this is a position that you're familiar with we both attempted a couple different takedown right i attempted a turn throw he attempted to go for an ankle pick and then he put his hands back on and went for a tomonage of his own very low risk stuff you're actually going for the techniques you're improving your judo knowledge and your judo iq throwing iq or takedown iq whatever you want to call it right and then effectively you're on the ground doing the waza right so that's the tomonage kochi gari sort of counter to the person taking the initiative to go for the tomonage