

Metadata: <https://www.youtube.com/watch?v=oqnh7otA0bw>

You know, the biggest thing when you get to the back is I personally like to attack from here. The reason being is kind of using the seatbelt position. When I go to here, it's a lot easier for him to escape. He gets to his side and now he turns to his side and he's out. He didn't have to move my arms. So the big thing is making sure that you're always kind of here. Regardless, even if he's on his knees, guys, I always want to be with one arm low and one arm over. You know, because it's like when I get to here, I can get bumped and land on my head, slide off to the side, etc. So it's like I want to make sure when I'm on the back that I'm taking it in and using the seatbelt. From here, guys, I can take a reach across and I'm just grabbing opposite lapels. I like to twist the grips. Guys, rather than being here, I take it and I twist like that and I put my fingers. It turns it kind of into a rope. And I take it with the other hand and now I'm here. From here, guys, I'm taking a squeeze and I come out to the side and I go to there. I can also come there like that. So that's one of my submissions from the back. The other one is, I've reached up here and I grab his shoulder. Just like that. And I'm going to go for the rear naked. So I really grab this there and now I can take it and come into here and go finish there. I can come here, finish there. I can slide also and finish with the rear naked that way. So a lot of different ways on how to finish the rear naked. The key being that I've reached up here and I grab the back of his shoulder. And now the final way is that I just do it one-armed. And I'm just grabbing the shoulder and thinking about pulling this elbow back towards his hip. Bringing it back like that. And then I do it one-armed and that's the final way that I submit from the back.