

Metadata: <https://www.youtube.com/watch?v=lezS1HhDEQw>

okay guys now I'm going to show a calf slice from the single X guard so it's a variation from the knee bar from the single X guard but sometimes it's hard to lift your hip up too high and then we can switch the calf slice which works good too. So we're going to start here with the De La Riva controlling the fence okay and the collar here and now he's going to try to put my foot down in between his legs to try to smash my legs now what I'm going to do I'm going to switch my grip that is under my leg and I'm going to switch the top of his leg at the same time that I'm going to lift him up with my hook okay passing this leg inside okay lift his leg and then I pass my leg okay now what I'm going to do here same thing I'm going to start like making him look to the side so then this leg is light for me and then I can under hook okay what I'm going to do always try to switch this grip to the sleeve so it's going to be hard for him to take my foot off his hip here now I'm going to take this leg out I'm going to put my leg on his hip like that and now I'm going to switch my my leg behind him and I'm going to put behind his his knee here okay so I'm going to lift my hip switch my hip to the other side and I'm going to hide my foot and switch the calf slice okay I'm going to use my hands to lift me up control the belt okay and I'm going to start like walking sweeping his leg back okay and then I'm going to hug his waist okay and then finish with the calf slice once again we're going to start here from the De La Riva and then controlling the cross collar here he's going to try to hide my foot here to go to the smash pass here okay what I'm going to do I'm going to switch my grip that is under my leg I'm going to switch to the top of my leg okay now I'm going to at the same time that I switch this grip I start lifting him with my hook and then putting on the single X guard okay always nice and tight okay never to relax never to slow up here okay always with my with my hip high my knees closed like that and my ankle and my hook here strong okay now I'm going to start like putting or using this grip here to make him look to the side then I under hook his leg and bring to my shoulder the next step here he will try to take my foot off his of his hip and then I switch the grip from the collar to the sleeve I break his grip here and then now I have space to put my foot out okay take this hook that is inside and I put on his on his leg okay now what I'm going to do here I'm going to switch the position of my hip you see that my hip is facing that way now I'm going to switch inside at the same time I'm gonna pass this leg behind his knee and then the other one I'm gonna hook the other leg okay now what I'm gonna do I'm gonna release the grips using my hands to help me to sit then control his belt okay once I control his belt and I have my hand on the mat I'm gonna start like sweeping his leg back like this okay now I'm gonna hug him and start like forcing the cat's lap so we're gonna start here the Tela Riva controlling his pants and the grip okay here the cross collar is gonna try to hide my foot to do the smash pass here okay now I have to switch my grip that is under my leg to the top but this is a is gonna be the same time okay the same time that I switch the grip I lift him up and then put in a single X guard okay now I'm gonna make him look to the side so this is gonna make his leg feel light for me okay I'm gonna switch the grip to the under hook and I under hook his leg bring to my shoulder okay and control his pants here now I'm gonna let go this grip and I'm gonna control his sleeve here breaking the grip and open up the space for me to take this hook to put on his leg here now I'm gonna switch the position of my hip my hip is facing that side inside of his leg now I'm gonna face the other side at the same time I'm gonna pass my leg over okay and I'm gonna switch to behind his knee and the other one I'm gonna hook his other leg because this help me to this help me the to make him not like run away from him okay and make him he's like being this angle here okay I release the grips here to use my hands to start see and then I control his belt okay now what I'm gonna do here I'm gonna take this foot off and I'm gonna start like sweeping his leg back like this okay then I come on top and I start like finishing him with calf slice you