

Metadata: <https://www.youtube.com/watch?v=onilyL4esto>

Okay, some finer points to remember when you're doing this guard pass. Again, foot up against his butt, knee folds right there. This hand here, you need to immobilize the arm. Now, before you do the knee cut, you have to dig in and grab that collar and cinch your forearm down. If I don't control him like that and I go to knee cut, he's going to slide out and the whole thing is going to be for naught. So I go here, I maintain my position, I drop my knee and knee cut. Once I get here, I just baseball slide through, maintaining this. And then if he still is with that, you can arm guard here like this. But we're saying that he's a black belt, so he's not going to give you that straight arm. So this position here, I'm going to bring up, replace with my knee, on the ear, on the hip, and maintain.