

Metadata: <https://www.youtube.com/watch?v=ulGkG22K8jM>

Another option to smash butterfly guard is when my opponent does a poor job when he's controlling me in a sweeping situation. So whenever he lifts me up, he's not doing a good job with the top leg. Top leg should be always bent, always strong, holding my hip to resist all kinds of hip switches. But whenever my opponent is in a hurry with a sweep, he's out of time and he has to perform something very fast, he's going to initiate the sweep. He's initiating the sweep, I'm putting my forehead on the ground and I'm putting my both feet on the ground as well. Now from here, I feel like my opponent's knee is pointing a little bit sideways. That means that he's not really willing to elevate with the bottom leg. Now from here, I can grab the belt just to hold to something. Now I'm going to drive my knee in between his legs. Now from here, when I get in, I'm going to put the pressure on top of his leg. Now we're already in the smashing position giving him a lot of trouble. So once again, so he's elevating me, forehead on the mat and leg to the side. Now I drive my knee in and I put my chest over my opponent's hip. Now we land in a knee in smash position, ready to pass further.