

Metadata: <https://www.youtube.com/watch?v=u7s7zIYxy8>

Ok, let me now present you a very good trap and counter whenever my opponent puts an underhook on me, ok? The monoplata and the armor. I like to do this, especially mount, half guard, a lot of the times with... Or a side control, especially side control. Whenever my partner gets an underhook on me, ok? I'm gonna use that to my advantage to pull his arm up and step right here, ok? This is one way I like to do it. Or whenever I'm in the half guard here, ok? I want to look to come up here, ok? So let's do this from the side control. My partner gets an underhook, ok? He's starting his escape. I need to act quickly, ok? Especially if his arm is up. If his arm is low, like it should normally have to be for this escape, I'll lift it up and step. If he traps my leg here, it's not a problem. Now, what I'm going to do here... I'm gonna bend his arm, similar to a kimura position. It's pretty much a kimura. I'm gonna now lean to this side, putting my leg over. And here we are. I'm gonna have a very strong submission. And if his arm somehow comes up, it's right in the half guard position. So, let's see that again. It's more of a trap, but you can bend your partner to give you the underhook. And then you can go to the umbari roll. Or you can go to here. Once we are here, of course nothing wrong with just a kimura. I go right here. Stepping your leg over. Pinching your knee to your ankle. And twisting this way. Ok? If his arms come out, or maybe he's flexible, somehow he escapes. I have my armbar right here. Ok? And here. He's going for his escape. I step really high. I don't care much about this. And I like to do also this when I'm in a 3 quarter mount. When I'm here, sometimes his arm is up. He's doing the mistake of not having his arm here. He's having his arm here. Ok, perfect. Just bring it up. Pinch here. I can try to submit him here. But more of the time, I'll bring it here. Sometimes it happens that I fold this way. He's trying to come up. Maybe he's using this arm to... No, just come on top. The other way. Yes. I can end up in a really tight omoplata. But I want to fold here. To be able to twist his shoulder. There's a lot of pressure. And if his arm wants to come out, I'll squeeze my knees. And finish. Ok? It's a really good attack from my opponent. I'll give you another look.