

Metadata: <https://www.youtube.com/watch?v=l-hmPPwr9Xg>

So guys, now I'm going to show you one position, like, I use this position a lot, so it works a lot, it's really simple. So, Jonathan, put the lasso, put the lasso, so sometimes, like, the guy have a strong grip, it's hard to, like, turn my hand to the other side to break the lasso, or how to, like, the simple way to defend, but now I like to use this part of my hand on the other side, from here, and now, what I'm going to do, I like to walk to the right side from here, because now Jonathan has, like, only one way, he needs to straighten his leg to come back to play guard. So, at this moment, I do the toriando, and my hand keeps turning to the other side, and I try to hug his hips. So, when I do the toriando, I need to make this movement so fast, so I put my hand right here, I move, and when I do the toriando, this hand keeps going to the belt, to the hips, and my other hand goes to the head. Or sometimes you can, like, finish, grab the triceps, and then you go to the head. So, the detail is, use this part of your hand behind his thigh, and start to walk to this side. From here, now I do the toriando, and my hand keeps going to, like, cross his hips, and then I switch the grip and go to the head. So, I turn my hand, walk to the side, and make the toriando. From here, start to put the pressure, cross your hand to the other side, start walking, and make the toriando. When you do the throw-by, you need to, like, you do it, you cross this arm, and my right arm, I open, because Jonathan is keeping me to the grip, so I need to open, and now I just decide to throw. So, this position works, but you need to make it super fast, so you need to do this.