

Metadata: <https://www.youtube.com/watch?v=bMJTVYMDAAY>

Okay, this situation, it's when I try to make my pressure, but my chest is not in the right place. So, I do a double under, and I start to do a pressure, but my chest are too high, like I pass too much. When this happen, my opponent have the opportunity to, like, sweep me, so over here. When this happen, I still have double under arms, so I still have the control. So you can make the balance to go this way, he can't attack you, yeah? So, the only thing that make him stay here is his arm, so I just need to find his arm. I will walk with my leg and kick his arm off. So here, I find his arm, kick his arm off to kill his balance, so I can come on top again and start over. So again, I have double under, and this happen a lot with people, because if I don't have the chest control behind to the hip, and I pass too much like that, it's easier to sweep. So, since that I have this, I need to start making feeling uncomfortable, because I have both arms under, so take one side and take another, like, really pushing him out. When you pushing him out, he put his arm on the floor, so he only have this to make him, to create a base. He just have this arm, so you need to kick that out and turn your body to go on top again. So, again, we are here, I make the pressure, he turn me. I start to bump to side another, and I go higher with this one. So now, I can come with my leg and kick this off, so kick his base off to come on top. Since that you have this, he will try fighting against that, but you are higher than him, so your hip, use your hip to go out. If you still be here and try go, he will be back. So the problem here is about your hip. If your hip get close to him, you don't have any base. So since that you kick his base off, so boom, you kick his base off and you come on top, your hip have to escape, so hip out, and now you can come close again and start over. So one more time. You are here, I try the axel, I fall. I push him to one side and another really hard, so I will move my hip and kick his base. When I kick his base, I start to make my base, but if I still be here, he still fight against me, but we begin like that. So I need to just hip hop, kick, start to stand up, and hip hop to start over.