

Metadata: https://www.youtube.com/watch?v=maLkM9Y8h_o

Now we're gonna have a situation I believe is very popular between everyone. When I'm playing butterfly and my opponent's holding, all right, my bottom leg. All right, a lot of times in the beginning when we're learning this technique, so as soon as I have my butterfly over here, so what he does, he holds my bottom leg because he knows how much I need to elevate my leg over here, elevate my hip. So the way he holds my leg, give me a very, very tough time to do my butterfly technique, okay? So let's go soon. You know, we're gonna be start from here again. We're gonna start here, all right? I'm gonna look in for this. All right, by the time I start elevate my hook, he saw a chance, he placed that, all right? One of the things, you know, I really like to have this arm always control is because give me less chance to get caught in simple things like that, where he drop my body and I start initiating his pass. Okay, we know how sometimes this pass alone, alone is strong, but imagine this pass coming from a combination of other pass. Sometimes even don't see coming. So that's the reason it's so important, like if you see this pass coming, all right, we have something in our head right away. So the way I like to use, all right, even assuming I'm not control his arm, even assuming like he does this right away. Okay, of course, I wanna watch him for my collar here. All right, and I wanna hold his belt. One of the things I want is making sure if I don't have his hand, I'm always protecting my collar. All right, and then by protecting my collar, maybe my opponent gonna do what? Maybe gonna be doing, holding my collar a little low and then start moving around me. I'm gonna try to post my hand on the floor, keep moving. And then go on my knees. So let's go turn this way. Because as soon my opponent start attacking and he's moving, look at how I go on my knees. Because now by going on my knees, I have leverage now to do what? To kick that leg. And by kicking that leg, if his hand drop, you know, my chance to go to his back gonna be big. If his hand doesn't drop, if his hand, when he's holding my pants here, he's still hanging over my body, I'm gonna try to step over and then right now I'll push the floor until I try sweeping him. Okay, but one of the counters I like to do when I have a little tricky time with that type of grip and that potential pass is always making sure that I protect my collar. If you wanna protect your collar, all right, just use your hand grip. Sometimes you're gonna be using this grip, but when I do this, he can use what? Holding my sleeve and start passing. Start passing now. Now I have to fall on my elbow and then I'll go right away here on turtle position. One time I'm going turtle position here, again, let's go see the kick in a better way. One time I'm going turtle, all right, I'm gonna do what? I'm gonna try to come and then my hamstring go against his grip, break and then I'll swing my leg over. When you swing your leg over, try making sure you post. Not just swing and stay here because then you're gonna fall on the bottom again. You're gonna try to swing your leg and post and push yourself, all right, right away to bring more weight into your body and hopefully be able to try to pursue some strong position over here, okay? But in a lot of situations when I do this technique, I end up in turtle position. All right, as soon as he comes, all right, he moves up, post on my elbow, fall on turtle position, kick, his arm go down, come right away to his back, all right? One of the things I wanna make sure I alert everyone, all right, so a lot of times when you don't, if you have a very long legs, okay, you have to make sure you always protecting your collar because sometimes even for somebody bigger, somebody a little longer, turning turtle is not the easiest thing. So that's the reason we have to make sure you protect the space you think you need. One time that space protect, no problem at all. Turn, turn and do your kick. But if the guy getting himself too close to you, you're gonna feel really uncomfortable. So that's the reason it's so important, all right, making sure you watching for the collar. Even if he get the arm, you still go on your elbow, all right, space to try to turn, go turtle, do your kick. All right, one time you do your kick, no more grip at all. Charlene, if I don't wanna go to the back, can I just sprawl on top of you and try some guillotines or loop chokes on you? Yes, you can try. All right, it's the only thing you're on the bottom, maybe you're looking for a safe position after that hustle. So that's the way I always understand when I learn this from my instructor, you know what I mean? Do the defense, but

right away, try putting an attack or try putting something on his head to making sure he retrieve a little bit, okay?