

Metadata: https://www.youtube.com/watch?v=_sBB-O8fqP4

Some other stuff that can happen in the stand up is just you know notice that we're starting in a center position so I let him do stuff so he goes for a choke yeah so he needs that side mostly yeah so when this happens and it's already neutral it's bad so your job is to kind of always get that angle and now even if he wants to get to the side I'm always trying to do this yeah and then peel and go so one more time so that's really I'm talking to also camera so I will be pushing this because he wants to balance this way that makes my life way more difficult so I like to balance and hide your legs I'm trying to get the legs and go and now I'm not afraid of him because there's no way they're gonna even if they pull it's a little bit uncomfortable but eventually they slide off so I have to keep that even with a double lapel grip yeah so I need this so this is I would probably do this but for you I would recommend a little bit more shoulder so they they want this even some people put this leg over the shoulder so you want this way and then again I have to wait a little bit here also maybe just go down maybe if you have to let go so game continues and forcing the game on a mat sometimes forces them to let go so just if you like to enjoy that so that's the twist you like to do and the centerpiece is that the most problematic so don't let them behind you you want to prevent or over exaggerate so you