

Metadata: <https://www.youtube.com/watch?v=9-qpBWIDeMc>

Okay guys, Bernardo Faria here, huge honor for me, guys I'm making this video here to ask what do you guys want to know about Jiu-Jitsu, what do you guys want to know about me, so almost like one AMA, asking me anything, because we are here in the middle of the coronavirus, and I'm not being able to make as much content as I used to because everything is closed and I'm not meeting any Jiu-Jitsu black belt, any Jiu-Jitsu athlete, so I'm gonna start making a little bit more content to you guys, about myself, about questions that you guys have related to Jiu-Jitsu, please just don't ask me questions about Jiu-Jitsu techniques, because I'm not gonna be able to demonstrate, because I don't have like a UK to show the technique, so please ask me any question you wanna know, like any Jiu-Jitsu question, physical condition question, like psychological question about Jiu-Jitsu, so anything that I can help, and I'm gonna take this time off during the coronavirus to make this type of content to you guys, more like a conversation, so just write down in the comments any questions you guys have, and I'm gonna try to reply at least the most important ones, making a video, and mention your name in the video, so I'm excited to do that and see how it goes, and I wanna keep putting out content here to you guys, so I'm kind of like sad that I can't make it like Jiu-Jitsu techniques as I normally do, so let's do that, so just write down in the comments any questions that you guys have about me, about Jiu-Jitsu, about physical conditioning, about any type of question, and I'm gonna try to reply here making videos for you guys, I hope you guys enjoy it, please help me out to grow my YouTube channel, just click subscribe, and to watch more videos just click under see more videos, I hope you enjoyed. BJJ Fanatics.com, use the promo code YouTube Faria to get 10% off any instructional video, improve your Jiu-Jitsu faster.