

Metadata: <https://www.youtube.com/watch?v=zKFrN3qHdBo>

This is an escape attempt which you shouldn't ever try from the scarfle but a lot of people try it and the reason they try it is because it's a really common headlock escape and so what happens is if Dan is laying on his side right and I just have his head so what that means is I don't have his arm secured I'm just holding him in a headlock one of the escapes he can do is he can actually hook my leg and by using this leg he can actually climb and start to take my back and that's real easy for him to get up a lot of times what happens is when he drives off this back like so by hooking his leg he's actually able to pull himself on top of me and this starts to get into a really really uncomfortable position okay so that's used a lot that escape is used a lot from just the common headlock where I just have his head I'm holding his head if he can hook my leg right he can actually pull himself on top of me and a lot of times he'll take my back or even the mount from there but it's something that you should never ever attempt when someone has scarf or head and arm control and the reason is is because there's no way he can actually pull his pull himself out of this with the scarfle so from here I'm even giving him I'm opening up my leg enough to give to him try to pull yourself out he can't actually pull himself out and what happens is this gets even a little bit worse and so there's actually a really really interesting submission from here where once he hooks I'll actually hook over his legs and I cross my ankles okay so if he hooks over here I'll actually sit and cross my ankles and now I'll pull up on his elbow and I actually stretch my legs so I stretch my legs and this really really puts a ton of compression on him and so one more time how'd that feel horrible pretty terrible right and there's different ways of doing it some people will actually do it from here from this belly down where they actually turn here and they'll stress what I found that works really well is if I cross my legs and I'm using two legs together and keeping keeping my hand on my hips so from here I have this he hooks across my legs right I pinch my knees together and I really start to drive and stretch my body and it creates a ton of pressure so just want you guys to realize that that is not an actual escape from cross side or from the scarf hold when they hook your leg and it can put them in a really really compromising position if you know how to apply pressure and you know how to kind of turn into it and apply pressure it actually turns into a submission so big no-no don't try that escape anytime you get caught in the scarf hold and if someone tries to do that to you we have a nice submission from there