

Metadata: <https://www.youtube.com/watch?v=6-CtducCY3k>

Let's talk a little bit about back maintenance when Maopun is using the Chiong Wa All right. So what I mean is like we can have like some situations like that So let's say that you know I'm showing my arm on his collar on his neck and Maopun grab my hand with two hands Or maybe I have my sitting belt over here and Maopun is able to like dig his hands underneath and break Boom, all right, until he has this control over here That's a really dangerous control for me and really effective for him. Once he throw his arm over There's nothing stopping him to you know, like escape. So What I have to do here is understanding how I can I'm able to maintain the back All right. So let's say that he breaks the grip He holds first thing that I'm gonna really important this thing over here guys I needed to solve one problem at a time Right doesn't I cannot like try to yank my arm or circle my hand if he has two hands controlling my arm over there He's gonna be able to escape. So what I'll do is I'm gonna bring I'm gonna use my left hand on his wrist I'm gonna grab his wrist over here and I want to circle my hand underneath his hand watch All right. So even though he's grabbing really tight. I Just have to trap grab his wrist and circle my hand He's still holding my hand. So the approach now is a little different. I'm not gonna circle my hand All right. I want to I want to move against the weakest part of his grip, which is his thumb So when I yank my back And now I'm able to grab his both wrists and you know work damn trap something that we're working before I'm able can you grab again two hands? I'm able to Go back with my seat belt And I'm also able To work on his neck or his collar or neck All right So that's a really effective way for him to escape but I just have it you you know Be calm and as soon as he has my hand, you know use the right the right technique the proper technique Which is circle yank back and then you guys can choose the approach that you guys prefer like rear neck choke and so on