

Metadata: <https://www.youtube.com/watch?v=PIHeyHXoVhg>

All right guys, so it's really important that once we get to this position, I want to keep him on his feet, okay? I need to keep him stuck, right? And one way to do this is to keep possibly attacking. Some guys, they want to stall, they want to hold off, and they're not really trying to engage. Maybe they're bigger than you, and you might have a hard time opening up here. So, a really good way that I like to start putting pressure on the guys is by getting higher than him, okay? A lot of times, there's only two guaranteed ways that someone will move in jiu-jitsu. It's one, if they feel there's a threat for submission, nobody wants to attack, okay? Or the second one, if he's extremely unfaithful, then from there he wants to escape. Other than that, the guy, he might just stay here for a long time. So, how can I make him move? Every time I make him move, it's easier just to keep moving him. So, I'm going to get higher than him. The hand that's on the ground, he's going to push off. I'm sitting on this leg, I'm just going to get on my knee. Boom, now my head goes higher than him. He has to address this. If he doesn't, it's very easy for me to start attacking his neck and putting pressure on him, okay? The head has to always kind of match the same level. So, once I do this, the quickest way for him to get his head higher, just to pop off his knees a little bit, exactly, okay? So, once I feel him doing this, he's getting a little bit lighter, I'm going to kick the knee, I'm going to throw a punch over his shoulder that way. So, I'm going to go one, two, to get him down, and from here, I go straight to side control. So, it's not like I'm pulling, he's going back, good job, just staying back and putting pressure. I'm going to go into him and get higher. Your head needs to get higher than his one. So, if he doesn't address, again, the neck is wide open, he will do it, okay? A lot of times, you're going to go, I go here, he puts the head up, and then you push from there and get on top, okay? Right away, follow side control. Okay, guys? Let's try this one.