

Metadata: <https://www.youtube.com/watch?v=r9p44ID8dqE>

now we're going to see an option when our opponent is having his knee in front of us we're not able to conquer the bottom leg by pummeling our leg on top because he's following us with a hook so whenever i lift my hips up he's following there's no space for power so whenever this happens there's a possibility for me to enter with my knee to me and me in smash so let's say we're here again and now i'm conquering the top hip i'm coming up and now he's having his knee in front of me i'm not able to pummel because whenever i lift my hips up his legs down so then i'm gonna lift my hips up and when he's following i'm gonna put my knee i'm gonna like sneak my in behind his thigh and i'm gonna put it between his legs whenever my knee goes between his legs i drop my way down when i when i drop my way down here i want to stay tight on his top leg now i'm gonna work to get the underhook from this position we know how to pass already if not check the first dvd so again i'm here conquering the top leg shifting my weight forward staying on my hands now i'm trying to pummel my leg on top i'm not able to so i sneak my leg in i sneak my knee in whenever my knee goes between his legs i drop my way down now from here push the head away bring your arm in ready to pass let's go from the front okay shift he's following so i go with my knee in drop down