

Metadata: https://www.youtube.com/watch?v=JZHp3VI-X_g

So we're gonna keep the same concept from the spider guard, so but now I gonna pass to the sideways to like Now I'm gonna like take it off his foot It's still like his left foot stays straight on my bicep. So I try to defend this one first What I like to do here is grab the pants like front of his shin and like now I just like Up my chest like to give to have the space to close my to Switch the sizes of my hand here and I get the thing Please like I just turn my hand here and walk to the side so this is the Most important thing. I just turn my hand. I walk to the side. Look I have a space now So I close like if I try to put my hand on my belly and now I move to the other side at the same time when I Put his leg to the other side. I walk him back and do the Toriano for the same side here now I Need going super fast to his chest so I do the Toriano and I go to the like if I jump to the pool so fast and get the Side control because this position is really simple don't have too much details but you need to do it so fast and precise I'm here The big detail here is this defending when Jonathan straightens his leg It's this one because you can do this for a lot of kicks to defending to attack and to escape the position So this is super super good. I Grab the pants turn my my hand when I turn my hand I start to walk to this side and This is important. It's like I put pressure on his leg Because I need this leg like be little bit relaxed to Have this space So the important is close like I like to put my elbow on my hips you like put my legs Here close to to to my elbow to put more pressure now, I'm gonna feel free to get up the this foot and now I just Walk him back and do the Toriano So when I do this I Walk him back and go super fast. So like it's three steps on one So I do At the same time So Jonathan straight the leg I walk to the side close my elbow on my hips switch and I'm gonna go to the side control Go to the side put pressure Grab the both pants turn my right hand Walk him back doing the Toriano And hug the head and jump with your chest on chest One time on the real You