

Metadata: https://www.youtube.com/watch?v=Mz_0WE73aU8

I think everyone brings a motivation with them. When you think about it, it's a strange thing that would draw anyone to come in to train at all. I often say when someone comes in, they have to have a certain amount of madness just to enter the doors of the academy. There has to be some demons inside. Everyone carries their own very personal demons within them. But those demons bring them in the door. But it takes even bigger demons to keep them inside the door for long periods of time. No one is going to get a black belt in this sport without some physical suffering and some aches and pains to tell their grandchildren about.