

Metadata: <https://www.youtube.com/watch?v=MqtG9kuVt-Q>

Let's now say we missed the reap we can't clear the reap whatever the case is our partner's too fast We feel like we're gonna get broken Just roll through go back to belly up same thing as we did before but from a different context So this time she goes in she puts a strong reap on And she starts Hipping in and I feel like I'm gonna get broken from here from here if I stay here I can't get broke especially when our knee starts coming down now when I start really getting Catastrophically broken from here. So from here the second I see this I immediately go into a situation where I put myself belly down And so she has to follow me. Otherwise my legs gonna slip out So as I go belly down she has to start going belly down to from here We just come up to our knee and once we come up to our knee if she stays in this position And now I start rotating It's a pretty easy thing to pull my leg free so she has to Start rotating with me and as I go to high leg over I tuck my heel into my butt. So as she goes to follow We Just land on our knee we've weight on our foot We're over our partner now we can start going in and making our necessary adjustments to go into our follow-up attacks So she goes through she gets a strong reap. I feel like all man. I'm gonna get broken from here I can't take her back belly up. I can't clear their reap as I go as I start to rotate She has to follow me. Otherwise my leg comes free and as she follows me the high leg makes it easy You know end up in a situation where I'm on top of my partner on my knee Foot weighted and ready to go into all of our escapes right from there