

Metadata: <https://www.youtube.com/watch?v=LxI9n0SXDks>

Okay, so this is a very effective way to put your partner back into the half guard once they're already in side control and they go to the mount. So I have to be very in tune with baiting him to mount me. I want him to go for that mount, and as he goes for the mount, I'm going to put him in half guard. Okay, so when I'm here, if Chad just goes around my head and then just throws his right leg over sloppily, and I might be able to catch it into the half guard, even if he went like his knee on the stomach all sneakily, I might be able to keep going, I'm able to push it and retain some sort of a half guard. This is what he's thinking when he mounts, and this is what most people are thinking on the bottom too. They're thinking about the right leg in this situation, the leg that's on my hip, creeping up past my hip, going to maybe knee on stomach, or maybe going to the mount, okay? And if we both kind of have this understanding of what the person on top is going to do, it's going to make it very hard for me to deal with that, because he knows what I know. So what I do in this situation is I put the other leg in the half guard, okay? So this hand right here, it can do anything that it wants to help me do that. It can make a butterfly-type frame in here with my forearm, okay? Right in here where I can use my elbow, or I can get to this pant leg or ankle grip, but I don't want him to be suspicious, so I don't grab it super hard. Oftentimes, I just put my elbow on the inside like it already was, and it's hanging out. Now, my right leg, the one that I always had glued to the ribs, ready to go in at any time, it's going to do something different. It's going to go flat to the ground. This leg stays bent, the leg closest to him goes flat to the ground. Now if I turn this way, it entices him to mount, because it's a quick step over. Boom. I'm not even flat on the back, he just goes over the hump, and then he has the mount. Go back. When I stay flat on my back, it entices him to go knee on stomach a little bit, and that's not really what I'm looking for, even though we can deal with knee on stomach a variety of ways. I want him to go for the mount. So when I turn a little bit, he goes, now freeze, as he's going, look, I start framing here and pushing it into the half bar. So during his, go ahead, do it again, during his journey to mount, as soon as I feel him make that commitment, remember, my leg is flat, and it's ready to go underneath. This leg's ready to shrimp, and I'm waiting, right now I know he's going, so look, my leg goes under his shin, and my elbow helps, now I have him in half bar. I'm re-guarding the other leg. And from here, of course, I would turn sideways, and start framing possibly, doing some different things. But the main thing is you're not in side control anymore. Attack that far side leg, and bait him to creep the mount. If you practice this enough, and you get sneaky with it, you can catch lots of people with this.