

Metadata: <https://www.youtube.com/watch?v=Lw1ZzUHPj-g>

Okay so now we're gonna be doing the same positioning but with the Kimura now my opponent is able to roll free and he rolls through it. So I'm saying we do the same thing and break the grip I started attacking the Kimura, no the Mukata and now my foot goes and I pull and I get in here. Now he starts rolling before I start to get the yank in the hand so immediately my feet needs to swing over and now I switch my hand to be going with the Mukata kind of like mid-air because if not he's gonna be starting to be getting through all the way and now it's hard for me to finish because he uses the momentum of the roll. So I break, I break, go and I get here. Now my opponent is rolling I need to be pulling it fast and I get my hands immediately here. Now I pull inwards, locking, keeping my thighs tight again I never try to do armbar like this, too much space for him to move, keep it tight, get it here and like you if you have this grip you switch immediately and you control and get the submission. A little bit faster so this is a nice little detail to the Mukata and if the person is escaping