

Metadata: <https://www.youtube.com/watch?v=k2nVWGAr3aY>

Okay, so we're going to do another attack from the single leg to back take, okay. So now it's like basically instead we're going to go to the same side that I'm controlling his arm, I'm going to surprise my opponent and go to the opposite side, okay. So I'm going to be here like what he expects when I'm here and start to attack the single leg, you know, going to the same side that he has the arm holding my collar, right, that's very common. So what I do a lot of times I go to the other side, okay, so that I can surprise him a little bit. So when I start going over here I'm going to point my knee outside the guy's foot, okay, I'm not like this, I'm going to just like I do not pull the collar much, I just go here and start going straight to the side. Once I get over here I get up and I'm going to pinch the guy's leg with my knees and then from here I'm going to start switching my grips. Hold the material on the other side, now I'm going to drop both of my knees on the floor and die like spin with him, okay. I'm going to go like this, I'm going to actually I'm going to drop my inside knee and the other one I'm going to do that and then I'm going to end up here. So of course the guy will not stop over here, he's going to try to get up. Now is the time that when he starts trying to turn, I'm going to start doing this, go straight to the seat belt, jump with my bottle hooking and be on the back, okay. You have to be quickly because he's going to try to turn and get up again. When he's turning that hand goes to the back take, okay. So one more time, I'm going to be here, I'm going to go to the opposite side that he's holding my collar. We just go here, go on, get up, pinch my knees together and switch, look my ribs, okay. Now he's going to step my inside leg and the other one I'm going to base out, turning him, okay. So now from here, I still put the pressure, when the guy tries to turn him, I go straight to the seat belt, jumping, bottle hook comes in and I'm going to apply the seat belt and the back take. So I do this Gi and no Gi, it works perfectly, all right. I have to, you know, train to get the time for when your opponent turns, you don't miss the time to start going to the back. Otherwise you're going to get up with your opponent again and you have to do the same position again.