

Metadata: <https://www.youtube.com/watch?v=9BhLVfkXKdk>

Okay, now we're going to see a variation from the knee cut, okay? It's the same concept, okay? From this style of passing. Up here, okay? Remember, if he control my ankle or my heel, anything like that, I'm going to break, okay? I'm going to break. Now I'm going to get my forearm inside, control his hip. I was following him, and now I want to break his de la riva guard, okay? I want to break his de la riva guard, but when he make the de la riva guard, he's going to control my ankle again or my heel, whatever, okay? In this case, sometimes it's hard for me to break the grip sometimes. Let's say that I cannot break the grip, okay? Most of the time I'm going to be able, but let's say that this time I'm not going to be able to break the grip, okay? So I'm going to be here. Now the goal is not break the grip that I have on my ankle or in my heel. The goal now is take it out, remove this inverted de la riva that he has on me. So what I want to do, I'm going to push him down, change my level, and now I'm going to place my knee towards outside. So I was here, right? Control, put it in this heel, controlling, I'm going to change, and now I'm going to place my knee to the outside, okay? And right now, it will be even harder for me to break this grip because now he has his knee protecting his hand. Now if I try to take it out, it will be a little bit harder, okay? So from here, what I want to do, I'm still controlling his hip, and now I'm going to come with this free leg, okay? I'm going to come with this free leg and place one hook behind his ankle. I'm going to do this move and extend his leg, okay? And as soon as I extend his leg, what I want to do, he's still controlling my heel, but it doesn't matter. I'm going to put all my weight on top of my knee, and then I'm going to drop my knee in the front of his thigh. I'm going to do this move. One, and now I'm going to do the windshield wiper. You see, now he doesn't have the control of my ankle anymore, okay? And I keep my shin behind his ankle so he doesn't come back with the reverse de la riva, okay? So control, leg, I break, okay? Point my knee outside, place my hook. Now I'm going to start putting my weight, my knee, a lot of weight over his thigh. I'm going to do this move and do the windshield wiper here, and now I'm ready to pass his guard.