

Metadata: <https://www.youtube.com/watch?v=1s86J3s-WJY>

Okay guys, welcome to the scoop grip passing portion of the DVD We're gonna start to understand when it makes sense to essentially under hook their hamstring. All right Don't get triangled. Don't get knee levered over those like two of Many things that can go wrong. They're the two major ones I would say as you start putting your hands under their legs watch out that you have a good elbow knee connection on the other side Watch out that your base is wide enough so they can't you know, lace on to your feet and start to crank your arm in uncomfortable ways But more more often than not a good scoop grip is gonna do more good than harm to you So examples of this can come from as your knees sliding There's common battles between this form frame and this knee shield, right? I'm trying to flare it get space to punch an under hook and he slide across he's trying to collapse it You know stop me from opening up this this side of his body flattening him out. He's trying to collapse it He could weave through with his leg. Yeah, like so and start to ruin my ability to open up that side of his body Scoop grips come into play as that happens as he goes in to collapse my bicep frame here my sorry collapse my form frame here That's when scoop grips come into play. I can start to hike his leg up and pressure forward and finish knee sliding I could start to go to the other side of his body here and pass in that direction I could start to take a shallow scoop grip start to bring him up to North South drop him and pass in that direction It works from outside passing as we start to outside pass. He goes into a high leg here We could drop in the scoop grip passing like so we get a grip on his bottom leg and a good scoop grip where we? Jam our form between the spine is a ribcage. We could pass in this direction Like so or we could pass to North South like so Depending on follow-up reactions, so Scoop grips are great options for the third or second part of various guard passes Rarely, you're gonna. Just walk into a guard and scoop grip right away It's possible if I'm up here I could drop down and go straight to scoop grips But more often than not at least where I set them up from it starts from positions where I'm already Deep in on another pass like so Like so Or Like so okay, those are three major examples of when scoop grips come into play But they're not limited to those three examples. They're really good for When he starts to bring his legs back into the guard where you're sort of but getting getting past his knee frames a bit too much for him to be comfortable with he starts to push you off of his arms to get his legs back in the game as They come into your peripheral vision. That's when your arms can start looking for scoop grips To start to continue that pressure as you're applying pressure you get his legs out of the way He starts to regard with his legs you get those scoop grips in to maintain that pressure that momentum that chain passing