

Metadata: <https://www.youtube.com/watch?v=jTwg3UN9So0>

Hello everyone, and welcome back to the channel. Today we're going to be taking a look at Craig Jones' entries into the legs from Knee Shield. And I'm a purple belt in Jiu Jitsu, definitely don't claim to know everything, but I did notice a few different ways Craig was setting up his entry, and a few different ways he was finishing that entry based on his opponent's reactions. So I think it would be fun to maybe go through these same videos in a few years and see if I notice anything that I missed now. So if you like the idea, find the video, if you like the content, please like and subscribe, and let's get to it. So as you can see, Craig has his Knee Shield in, it's pretty hard to see, there's a ref standing right here, but he has his Knee Shield in. But he starts attacking this far arm of his opponent, Chael Sonnen, gets two on one grip. He goes into a Kimura attack here, and you can see he's not getting anywhere with this Kimura. But I think what his intentions are with this is to get his opponent to overreact. And by overreacting, they'll posture up and they'll rip their arm out, right? And by doing that, they'll leave this far leg available for Craig to attack. But to his credit, Chael does not do that, and he prevents this leg entry here. Now in this scenario, we could see Craig high step to his elbow here. Chael has a forearm frame on Craig here, and Craig has a very deep Knee Shield all the way to the far hip over here of his opponent. But this knee right here of Chael is much closer. So Craig is going to try and dive underneath the forearm frame of Chael and get access to this leg here. You can see that didn't work, right? Chael was able to follow Craig down, and this frame is still very strong and able to push Craig's face away to prevent that entry. But the next thing that happens is very, very cool. You could see this frame is strong. This hand right here of Chael is monitoring the leg of Craig here. But Craig is able to create the tiniest Kazushi, just off balance his opponent just a little bit. And you could see this hand goes to the ground over here because Craig was able to off balance him in this direction, and that alleviates the pressure of this frame as well. So now Craig is able to get past this frame, connect his hands, and start driving this leg towards the opposite hip over here. Now you can see this foot is going down, or this leg is going down this way, and his foot is actually connecting to the hamstring of Chael Sonnen. And this prevents Craig from getting in a toehold battle with Chael here, prevents counter leg locking against Craig. So from here, Craig's going to start turning his hips towards the sky and start extending that leg of Chael Sonnen. Now Craig's in a standard or Rimi Ashigurami, where he's got a closed circle with his knee connecting to his heel right here, and this foot is on the inside. And what I think he's hoping Chael does right now is I think he's hoping Chael tries to run and rip his leg out. And if Chael were to do that, I think Craig would cross Chael's leg over to his right hip here, and he would attack an inside heel hook from 50-50, which is a pretty strong breaking position, right? One of the strongest in the game. So I think that's what Craig is hoping happens, but again, to his credit, Chael stays in there and he starts hand fighting. Now Craig's able to expose the heel very quickly, and he'll get the tap here. But I do think that Chael had good reactions, right? His instincts were good. He didn't try and turn and run, he tried to address the problem. And I don't think Craig wanted to finish from this Rimi Ashi position with his foot still on the inside here with an outside heel hook. I think he would prefer to finish from an inside heel hook from a 50-50, but he was able to get the finish here. And you could see Chael's reaching for his toes and he's pulling his toes back this way, which is actually amplifying the heel hook. So it just kind of shows he's not too familiar with this situation, but I think his instincts were good. And I don't think this was the ideal finishing position for Craig, but he gets a tap nonetheless. So now we go into this match against Jake Shields. You can see right away Jake is playing very conservative. This leg is super far back, he's playing very low, and he's waiting for Craig to dive for that leg. And as soon as he does, that crossface comes in, this leg sprawls back, and he's not having any of it. So yep, they reset. You can see his leg is so far back. So now Craig takes this cross shoulder post here and is pushing with his forearm here. He's elevating Jake off this way. And this top leg right here of this knee shield is driving this way as well, so he's off-balancing his opponent this way. And you can

see Jake actually falls down. Now, the same as last time, this top leg is going to drive towards the far hip. Boom. So it's dropping down towards the far hip of Jake Shields. Now Jake goes from this Achilles grip, you can see, he switches to grab the thigh right here of Craig Jones. Now the intention of this is to prevent Craig from spinning all the way around his leg and entering into that cross-ashigurami position. Now personally, I think if Jake were to hold on to the Achilles grip, I think it would give him a better chance of preventing that entry, but then again, who knows. But yeah, that was his intentions with this grip, I believe. But you can see, Craig is able to successfully spin around the leg, free his foot, and enter into cross-ashigurami here. So now here, he begins with this grip over here, kind of around the armpit of that far arm. But then he puts this overhook on the near sidearm. This is different from the first two. The first one, he was attacking two-on-one grips and kimuras on this far sidearm. This time he goes overhook on the near sidearm. Now he heists up to an elbow, and he uses this overhook to put pressure downwards, causing his opponent to have to put some weight on this hand. And that leaves it available to be grabbed. So now he's starting to threaten the triangle. And to defend the triangle, what his opponent does is he stands up, and that leaves that leg right there for Craig. So again, he stands up, hooks that leg, but this time he doesn't have half guard, right? This knee needs to get in, or he has half guard, he doesn't have a knee shield. So this knee needs to get in. So this foot goes to the ground first, a little hip escape, shoots that knee across. Now depends on what reaction he's going to give, right? Whether it's he'll fall down like Jake Shields did, or he sits up strong like Chael Sonnen did and doesn't fall over. His opponent here falls down to his hip. But you can see this leg, he's going to long-step his leg out. You can see it right here, boom. So it's hard to see, it's hard to see, let me replay it. So scoop, hip escape, drives knee across. Now what happens, so this is the same situation as Jake Shields, right? He's going to fall down to a hip. And in that situation, Craig spun the leg to cross Ashi Garami. But in this situation, watch this leg of his opponent here. It's going to back-step this leg out. So by doing that, now Craig has no feet inside. So he can't enter into cross Ashi Garami. So his opponent steps out, leaving Craig with no feet inside, and he pinches his legs together really tight so Craig can't get his feet back inside. Boom, see him drop-step that leg, and kind of goes into a long-step. So now Craig's kind of in like no-man's land here. Doesn't really know what to do, he's trying to get his knee, see he's trying to dig his knee back inside here. Boom, long-step, he's trying to drive his knee inside to reclaim that inside position, but his opponents have none of it. He's closing his knee down, just not letting him get the inside position. So what Craig does is he back-steps over everything. So now he enters into somewhat like a cross Ashi Garami position, but he has both his opponent's legs inside that cross Ashi. So pretty, pretty crazy. And he exposes the heel here for the inside heel hook. But yeah, you can see both, so Craig's basically wrapped his legs around both of his opponent's legs. Now it's possible because his opponent was clamping his legs so close together to prevent that inside position. Done deal. Done deal. So yeah, that was a bit of a breakdown on some different entries, different setups, and different finishes that Craig does from that knee shield position to enter into the legs. So if you liked the video, please like, please subscribe, and we'll see you next time.