

Metadata: <https://www.youtube.com/watch?v=653whvHQDBU>

So, as you guys saw all the application of the tomoe nage, now we will understand using tomoe nage or yoko tomoe nage, where to go when you get to the ground. So one of the options is the armbar, right? If your opponent blocks the tomoe nage. And then the second option is the option that you should be looking forward to, is the tomoe nage and mount. So we have all the reactions here, right? So you circulate and mount. So this is what you should be looking at, right? This is the connection from standing to the ground.