

Metadata: [https://www.youtube.com/watch?v=r9Kkce04\\_wM](https://www.youtube.com/watch?v=r9Kkce04_wM)

All right, now we're going to deal with probably another common response. So one is to grab the hands, the other is to posture up, right? You know, the Darce Natasha, any headlock, I want to break her base. If she simply pulls her head out of the hole and postures up tall, well what has she done? The same thing that she was doing to my reverse arm drag, which gives me all the same options. I can simply, if she postures up too hard, sit up and try and sweep her, right? Or if she's learned her lesson from that as I'm posturing up, she's too strong, well look, it's now an opportunity to re-grip. From right here, I can roll my head and acquire that reverse arm drag position. From here, I can also see her arm, well look, acquire that sumi gaeshi position. So that moment that she gives me, by fleeing my strangle, gives me all these options as to what I want. I'm up and she's very, very open. Now, most people aren't going to sit there and give me the full options of their whole body, but they're going to open something up. And because my leg is between hers, all of my leglock dreams will come true. So as I come down, she doesn't want me to touch her head, awesome, I'm touching her legs. And that's the way that I use these. I use them as a dilemma. The head-leg dilemma is a very, very powerful tool because no one can really defend their head and their leg. And I can enter into all of these offensive cycles anytime someone allows me to place my frame on the net.