

Metadata: <https://www.youtube.com/watch?v=uCSmAcaBuow>

It's forcing me to play some different games, and it's forcing me to lie in climax, where they're giving me the pass instead of me forcing it. So we're going to go with a basic knee cut, as I'm going for the knee cut, now he puts in the knee shield. Okay, so in this situation, we go in here, we kind of end up in a position like this. In a knee cut, I want, ideally, I want to be here, and I kind of want this under. This would be like a basic knee cut, but we're going here, right? As I'm knee cutting, he came in with the knee shield here. So he has the knee shield here, and then I have my arm, which I can't really manage my head over here. If I try to pass here, he's going to leave me, so I'm going to push him back. So we're going to go back to a neutral position, so I'm here, I'm going to grab the outside of the pants here, my hands are just going to go right on his hip, I'm going to press on his hip, I'm going to take a lateral step this way, I'm just going to lift him. As I lift, this ultimate transition to the inside, I'm going to go super slow, I'm going to go one, two, back to the inside, and then back to the same position. Now I've beat the knee shield, and I've got the other hand. So once you get to this position, instead of trying to pass, pass, I always like to what I call cockpit position here. I don't want my foot there, I have it on the hook. Different options, but I always like to go here, deep, get my shoulder under his chin, make him look the other way, walk his hips, and make him pass me this position. All right, let's see that one more time. If you have any questions before I ask, it should be pretty easy, right? So I'm going for the knee cut, knee shield, hand on the hip, grab the bottom side of the pants, up, elbow in, knee cut. So I beat the knee shield, underhook, don't pass yet, keep the leg in there, on the palm, shoulder pressure, pass, walk your hips, not getting it from the other side, then we pass, okay, get to the inside. Okay? You see that, you guys? You have any questions? One more time, one more time. Knee cut here, knee shield, hip, hand, elbow, underhook, shoulder pressure, cut. Hips the other way, and pass. Yes? You got it? Let's give it a try. One, two, three.