

Metadata: <https://www.youtube.com/watch?v=jvbSVlwMdsM>

So you're gonna see now, okay, a technique that I did the last World Championship, back 2019, okay. So this like, you know, fly knee cut works perfectly when your opponent is not controlling your pants, okay. That means that you're going to be free to go, okay. So when the guy holds your pants, it's going to be another scenario that you can go and break down a little bit more, but when he is not holding your pants, you can, you know, just take a risk and go for it, okay. The fly knee cut. So basic is like, first of all, we have to understand, okay, how my opponent is gonna like make the grips, okay. As I'm saying, he's not grab my pants at this point, okay. He's gonna hold my sleeve and hold my collar, okay. Can be on this side, can be on this side, okay. And start, you know, putting the foot behind my knee that he probably wants to elevate me. This situation, this scenario was the same scenario that happened with me that I was able to apply the fly knee cut, okay. So just you guys understand the concepts, why, like, how you can use this technique, okay. So basically like this, the situation was this. He was holding my collar and sleeve. Probably he was trying to lift me up, you know. So then what I did is, keep holding the collar, holding the arm, okay. And then I just like, you know, went straight to the knee cut. My right knee goes here and stop right here. Toes on the mat, my heel very close to my butt, base my leg like so. So he's trying to turn into me. Look how he's impossible because I'm holding the arm, still I'm pushing his arm towards his chest and keep my elbows nice and tight, you know. And the only way he needs to try to turn is out. Then I can have the back take, you know. But from here, I want you guys go, apply the knee on belly, score, you know, two more points before we want to go to something else, okay. So let's try again. We want to be here. So my opponent has, like, the knee behind my knee, De La Riva, okay, holding the collar and sleeve, okay. I want to be like so, hold the collar and hold his arm. When I see, like, for example, let's say my opponent has the foot over here. When I see he start hiding the knee behind my knee, this foot behind my knee, I'm going to start, like, you know, go straight to the knee cut, okay. So he was here. When he transition and there is a time, boom, I go straight that I can surprise him, okay. And then stay nice and tight, pushing his arm towards his chest to don't let him turn into to me, okay. And then now I stop over here, get the points and then I can transition the knee on belly or I can just stay on the side control. I can apply the back take, you know, whatever my opponent is going to give to me, okay. On the other side over here, I'm going to be here, okay. He has the grips, hold one, two. When he hides the foot behind my knee, it's the time that I go straight, okay, and sit on his hips, okay, and don't let him turn into to me. Then from here, I can just go to the pass.