

Metadata: <https://www.youtube.com/watch?v=WR7EwTNMvzQ>

So another great way you can attack the back of your opponent, especially when your opponent has both knees on the floor, is going with the top leg, right, around his waist, all the way to the far side leg, and then you get in the hook from the far side leg. And when you get there, you just use the limb arm to keep on the back of your opponent. So the way I do it is like, I get the RTV guard, okay, I turn, I turtle, and then look, I use my forehead on the floor. So for this technique, you gotta be a little bit more athletic, okay? If you keep both knees on the floor, it's great. If you start standing up the leg, of course, it's gonna be a little bit harder for me to do it, but I still can do it. And then I start like, stepping my leg over, and that's the hook I want. So I pose my hand on the floor, and I push the ground. While I'm pushing the ground, I step the hook in, okay? Go back. So if you keep both knees on the floor, keep your knees on the floor like this, okay? I need to do like this, okay? I go with my leg over, pulse, stand up, and that's my first hook, okay? So once I have this hook right here, you still have the wizard. And that right here is gonna be a big battle, okay? It's gonna be hard for me to attack his back like that. Even though I can force, and then I force the position, and then he's gonna start feeling pain on his shoulder, he end up letting go, but I like to do this first. I like to bring my elbow up by doing a limb arm, go back again. Slow, I go one, turn my hand up, okay? And then I lift my arm out, going around, and I get the seatbelt. This hook here is super strong, because now it's hard for Johnson to face to me and put on the half guard. He only can face away from me, okay? Exactly, and because of that, I can take his back pretty easy. So again, I got a shoulder trap him right here, okay? And then from here, you're gonna start either jumping the hook in, or if you block the hook, right? I force him to roll forward like this, okay? Like sideways, and now I start getting the top of his wrist, control the C-grip, and then applying the second hook, okay? So it's a little bit more athletic, right? This technique is a little bit more athletic. So I need a little bit of athleticism to do it, okay? Because you gotta be with your forehead on the floor, and you gotta push the mat with your hand. So one, two, even when you step the leg over like this, I go one, and then I turn. I need to keep my kneecap, this kneecap here, stand up, Johnson, they can see. So my kneecap goes on the mat first, okay, like this. And then my forehead goes on the mat. So now my hand, so I go one, two, forehead, three-handed the next time going on top of him, okay? While I'm applying this hook right here, okay? So once I get this hook, I like to put my foot on the floor, okay, like this. Now I go for a limp arm, okay? Then I start attacking the C-belt, or I go for the shoulder trap. I can fall and start attacking the arm in guillotine if you want, okay? So don't forget the three steps, okay? So I hook, I come over, right, I pass his calf, I'm behind his leg right now. Step one, the leg, keep the hip up. Step two, forehead, okay? And then step three, my hand, okay? But at the same time, I'm applying this hook all the way across. I go, secure. As I stand up, I put this hook in. Once I put the hook in, right, I got a limp arm, and then I hook his arm. Okay, I can get the hook from here if I want. Once I secure his back, now I can start immediately start attacking his neck, sorry, right here. Goes here, immediately start attacking the neck like this, or this side. So I prefer on this side right here. Same side I was attacking, I keep my head on the same shoulder so I can choke him out faster. From here, step one, I get over here, hop over, lift my hip, forehead, and then get the hook. Limp arm out, okay? Shoulder trap. Control, I have both hooks in. If he's defending the hook really well, right here, you can go for a shoulder crunch, which is like having your hand that's under the arm facing down, and the hand that's over the neck facing up. So now I can start forcing your opponent to roll forward like this, and then you get the back right here too. But I don't like to fall on my back to attack the back of my opponent. So if I'm here, okay, and I can't get the hook, protect the hook, right here, right? I immediately start attacking his neck, or I start attacking the hook right here, or I go to the roll like this. Okay, I bring his elbow towards the mat by pushing both of my toes, both side of my legs, right, my toes. Okay, I push with both feet on the mat, forward. So just protect the hook. Say, just protect the hook. I use my toes on the mat, and I force him to roll. You see, so once he roll here,

forehead on the floor, face this way. Now I start attacking his back. Okay, or sometimes you're attacking the back here, okay, in this position, and your opponent stand up, stand up, he's off the mat. So he's defending, so I use my toes on the mat, especially the one that's between his legs, and push forward, sorry, push forward so he can roll like that, okay? So now, take his back. So every time I'm on his back, and he's defending, even if I have the regular seat belt, like this, stand up front, like a regular seat belt, I force him to roll forward. I push my toes, right? I use my foot on the mat to push him forward so he's gonna like, fall like this, and then I can, I like, follow the back and set up both hooks or attack his neck. Okay, last one, faster, the complete technique. Step one, okay, so I got here, stand up, okay, I got here, now, that's how it's gonna work, like, faster, okay? So fast, again, the fight. One, you see, like, while I'm going for the hook, I'm already limping the arm out. If you like, you can keep the arm here, you can extend his leg here, and then push forward. Look, you torque his body, and then end up in the mount position here, okay? You can also use the outside leg after you get the first hook to push forward, and don't take the arm out, keep the wizard, and then your opponent will end up sideways, and then you're gonna be on mount position. That's also a very good way for you to attack your opponent, but I prefer to get the limp arm, right? So once I get the limp arm, I limp the arm out, I can easily take the back or attack his neck, all right? So that's it. I hope you enjoyed this video. If you did, please give it a thumbs up, and if you want to see more videos like this, please subscribe to my channel. Thank you, and I'll see you in the next video. Bye.