

Metadata: <https://www.youtube.com/watch?v=qdtphNG6Ci8>

Okay, I showed once we open the guard on the knees, how I step up, simple. It's unorthodox, but with practice and time, it works better and better. On the back now. So now we have someone here. So people think I'm going to pass. It's true, I can pass, try to pass. Or I can make them fear the leg lock, and then pass. I can pass, and they try to stop me, I can leg lock them. They can buy me pretty well a leg lock, so I'm going to pass, okay? It's simpler than that. All of them are stepping up. Lock it here. You can actually finish standing, but let's go ahead and finish this hand. As before. See? Of course, you don't want to be doing this. Big no-no, of course. Cross your feet, your base is about here. Over here, simple. You can actually pass this off into your hip. Lock it up. If we do this, he's going to jump over. Okay? That's why you want to make sure you sit here, and sit set. By the way, I'm in the right place on the foot. I've been doing this for 25 years, so it makes more sense. Don't be discouraged if you're off, if you're on the calf. With time, you'll get in the right place more consistently. One more time. Here. Okay? Hold, lock it. Place it there. Lock it. I sit, and the foot's over. He's in big trouble now. If your opponent is on top of this, you can still recompose your guard, or get back in his guard, actually. The first one was inside the guard, once you opened. Now, we're standing versus an open guard. Very similar, but the same outcome.