

Metadata: <https://www.youtube.com/watch?v=R3eslYjInyo>

So, I'm going to put, discuss, talk a little bit about the, some details when the people try to have your hand control, cross face, shoulder on the neck, sometimes the hand can go over the shoulder over there, or go under to the back, goes in that area, to your ear, to your shoulder, go in that position over there to put a holding tight pressure. So how we can reduce the power of the perspective hold over there and then preserve your mobility to change, to be able to change the angles, you want to change the angles for you to continue your movement, you avoid the person finishing the pass, because the person is not below your hips line, the person is already very close, like in the zone two, but it's not in the zone three there, end of the chapter when the person has the pass being finished. So basically, if you go for the cross face over there, maybe your hand is palming out, you try to maybe block the person here, as you see the elbows open up because the palm of the hand is external, and eventually the person starts to get over here, come back, because as your palm of the hand is facing out, you don't have much power to sustain the weight, as when you have your palm of the hand facing to you, then you can rotate the hand, the back of the hand, to the cross face. So as the person goes now here, now I'm here, for the back of the hand, my feet are off the ground, as you continue to go there, I'm going for the other one, as the shoulder goes away, as you keep going for the cross face, I block there. So with the back of the hand here, moving the shoulder away, I give some freedom to start to engage the legs, now it's already below my hips line, so as little as I'm able to climb, like if I would climb myself up here, in terms of, not this, but there. So as you go for the cross face, if I go just here, if I move my hip out, as I move my hip out, he can't come here, he can't surround, right? But if he goes now, and then here, just with the back of the hand, move the bottom shoulder, alternate, move the bottom shoulder, then the leg can go over, and then we can have a position to counter attack. So, let's say, if I'm already, like, I can, sitting down, I'm going there, I'm going over there, I can't come, see me, I go right there, I just want to make a mask, block, alternate, we can combine now, block the head, so, he was here, his hips and legs was here, now his hips and legs is down there, not just between my legs, not about that, it's about my hips line, his body is way more now, below of my hips line, in the zone one, there, move yourself around a lot, not just your legs, hips, around here, press, now he's on zone two, he's way more on my hips. So, that work, as you go for cross face, allows you to bring the person back in there, stage one or zone one, when below your hips line.