

Metadata: <https://www.youtube.com/watch?v=NlrI7ZiECXM>

So linking the techniques from the back step, if we've got a cross face and there's not a lot of forward pressure, we're able to get underneath the head, frame away, frame away the arm, hip out, put our hook in front of the hip, over the top and we can either recover back to guard or spin through. If I'm able to, almost immediately I want to be turning my hips to face away. So when Aaron gets in position I want to face away. This can work whether his arms on on this side or whether his arm goes to the to the far side. If you're able to get your your hooks, work your leg nice and close to the knee and then you can reach underneath and start to come on top. If you happen to be turned in while this leg is on the far side and the hips aren't too far away, so maybe you've done a good job of keeping his hips close but he manages to start to turn you in, you might be able to reach to the far side and keep the hip close. From here we can work to change feet, hook nice and tight with a back heel, arm comes above our head, shoot our leg behind and start to take the back.