

Metadata: <https://www.youtube.com/watch?v=b1zOliQl2Ss>

Alright guys, so now that we've looked at defending the guillotine and the darts, so let's look at defending a little bit more of an unorthodox position from the top, which is the kimura. Guys, the kimura is like, people might do it from top to try to feed you into a rolling kimura, but the position we're going to look at, let me show on Tai what they're actually trying to accomplish, because it's something that I've encountered quite a bit. So you have to have butterfly, they start to pin your wrist and they're here. They either are going to attempt at some point to roll and do a kimura trap, or they're going to wait for you to hook sweep them and time it so that they can roll. So if somebody gets the kimura from half butterfly on top, and they're on their hip, and they fall to this hip, guys, we want to act pretty quickly, okay, because we never want them to be able to roll through here. So if I feel he's trying to roll, I'm going to immediately stop him by grabbing his pants, and I'm going to immediately stop him by keeping my hook super tight here and here. Now guys, all I'm going to do is make a grip with my kimura hand. You guys can't see it right now, but the hand that he's trapping has a grip. I can grip anything. This hand is going to make a nice grip behind the pants, okay, and keep my arms straight. Now all I have to do, guys, is I have to extend him and put his leg in between my legs, much like we did with the guillotine. So I extend, okay, and look, I bring my leg out, and I bring it here. Now we are not out of the woods yet. If the guy is strong, and he's got his kimura grip past your elbow line like here, Tai can still finish me here, okay. So I have to keep my grip with my kimura hand tight, and I have to start to come up and draw my elbow back as hard as possible. So I come up, and I pull my elbow back. I pull my elbow back until I can get my elbow free. That's going to be the fight. I want to make sure I get my elbow past any breaking point where he can actually apply pressure. So switching the angle, we're here in this position. He starts to switch. Look, guys, if I can't grab anything on him, I grab something on me, okay. Now I don't want him to roll. If he tries to roll, I stop him with my grips, okay. Now I extend, stop the pants, okay, and now I'm here, and look, I draw my elbow back until I can get my elbow free, okay. Oftentimes, the guy tries to kind of turn into you. I actually end up going into the leg drag, so turn the other way, and I just come here and pass the leg drag. So one more time. We're here, and he's got this kimura, guys. As soon as he starts to feed the kimura, you can start to go, guys. You can start to turn him, extend, come through, start to get your elbow out, and then you can come up into a leg drag, or if you want to hunt the back, you can hunt the back, whatever works for you. I find that based off reactions, you'll end up in the leg drag more often than not because once they lose the kimura and they're here, they're going to start to try to turn into you really, really hard, and so when they try to turn into you, it kind of opens a perfect opportunity to go into that leg drag. So simple escape, definitely worth knowing, especially if you're going to play half butterfly, and guys, the escape can also be applied from different guards. So for example, even if it's just a traditional half guard and the guy's just bigger and thinks he can kimura you from top, falls onto his hip, guys, same thing. I take my butterfly hook, I throw it in, turn him, right, using that mobility we learned in the beginning, extend, stuff, and now I'm in this position, and I start to get my elbow free. Okay, so from anywhere on top half, when they start to do that, it's viable to try to counter the kimura by taking the back.