

Metadata: <https://www.youtube.com/watch?v=Kn2ssg1BvT4>

Okay so here we're going to look at an arm lock that can come from these situations. It's not the most common or accessible move but it definitely happens and that is when you when we're doing a good job of keeping someone low by closing off that armpit space against sealing our elbow to our hip, sometimes people will reach with this underhooking arm and they'll try to grab towards the top of our shoulder. Okay so they're bringing their hand really kind of high and in the same line as their shoulder rather than hugging around my body. Okay and this position now he's put his arm in a vulnerable situation. I just need to move my hip a bit. I'm going to try to keep his arm in the same position by clamping and now I'm going to release this arm that's blocking head control as I reach through and find his elbow line. I'm going to drag the elbow line through. This arm is helping. Okay and now I'm going to be able to put his arm in a bit position. Now I want to stop my opponent from smashing into me to release that elbow to kind of drive that elbow deeper and if he wants to pull away great. Okay so I'm keeping his leg locked down with my half guard until I step on the hip with the near leg and now step on the opposite hip. Knees together, hips in for the finish. Okay so again it's not the most common thing to happen but sometimes they do reach high there and now I'm kind of funneling his arm down. I need his elbow to cross to the inside of that line of my ribs. Okay so I'm moving it into position with my overhooking arm and also reaching through and dragging. Okay connect the hands and there's our finish.