

Metadata: <https://www.youtube.com/watch?v=Lo9s1LF2KVE>

All right, so now we're going to go through the shin to shin finish, the sweeps, okay? But as I mentioned before as well, all the entries, the way how you're going to do, that can come from a Della Riva guard as well. We're here, same way, kick, drive, open the lapel, you can finish both sweep, bicycle sweep, or just shift the hip under and shin to shin guard, okay? We can divide it in those three scenarios. All the scenarios, the only one you put the back on the ground for a short time is the bicycle sweep, okay? So for here, first sweep from the shin to shin guard. Let's say I got the lapel and I'm fighting someone really strong. That's one reaction that used to happen a lot for me. And the guy trying to push it up to break this lapel here with the way how he trying to push it out like that. And then his leg is away from me, okay? And then I can't hold the sleeve, I can't hold anything here because it's really strong. So what we're going to do, we're just going to hold the lapel here, we're going to pull the lapel down, create some tension, and I'm going to hook, I'm going to make my hook really active here, force him doing one step forward with his left leg. So that's the movement here. The reason why I step back is not because I'm just pulling the collar, but just pull the collar, I will only break his posture. The reason why he's stepping forward is because I'm using the hook here, plus the lapel. So, you see that? Step a little bit away. So here, pulling the collar, and when you step back, I ankle pick and come up. And it's really important to understand as well, like, my opponent is going to try to step back, do the back step, you're going to try to push your back on the ground, and while you're doing all those techniques, whatever happens, head on the ground and move your butt back. So if he's leaning towards my chest and I feel uncomfortable to do the technique, keep driving, keep driving, I just move back, I just move back. If he's trying to back step, I'm trying to lean my weight to this side here to avoid his back step. So if I'm neutral here on the middle, he can actually back step and then remove the leg out. But this will never happen if I have really good control here on the lapel, and I'm leaning my weight forward like that. Try to back step. See, the intention of my body is leaning to the side that I want to sweep him, okay? But he's reacting, trying to push it up, hold the lapel, foot on the ground, it's like this movement you're going to do. Make him step forward. When you step back, let go, ankle pick. Make sure your body is leaning to the side, you want to sweep him, avoid the back step, hold the lapel, and here you have the ankle pick sweep. you