1. Accounts can be created by initializing different Account objects and can be selected by passing into methods as their parameter. For menu options, the selection is carried out by selecting a particular integer that refers to the index of an option within the MenuOption enumeration. Then the corresponding option can be returned and stored in a variable for later process.
2. The advantage of using an enumeration for the menu is that all the options are created and stored in one place, as well as indexed in order. It makes the options easy to refer to. The alternative to using enumeration is that we can just treat these menu options as strings, store they in different variables, call one of the variables when the program needs a particular option.
3. The repetitions are carried out by using do while loop in this program. This allows us to run a block of code for at least once before it checks for any conditions.
4. The control flow statements can help the objects to do repetitive things, do selections and check for conditions with minimal code and simple logic.