

Motivational model

Version ID	Description	Date
1.0	First version based on initial requirements of the project and the feedback from the first client meeting	2020-8-25

V1.0

Do-Be-Feel-Who List

Overall goal: Encourage and assist athletes and coaches in terms of developing personal goals

Do(Functional Goal)			Be(Quality Goal)	Feel(Emotion Goal)	Who(Roles)
Data integration	Read credentials using Garmin connect API				
	Connect and fetch data from MongoDB				
Data visualisation	Athlete's training data history		Real-time display	Satisfied	Coach
	Retrieve data via training API	Display workout schedules	Real-time display	Excited	Athlete
	Retrieve data via Garmin Health API	Sleep data against time	Real-time display	Satisfied	Athlete
		Health rate against time	Real-time display	Fun	Athlete
		Step data against time	Real-time display	Excited	Athlete

Table1 Do-Be-Feel-Who List v1.0

Goal Model V1.0

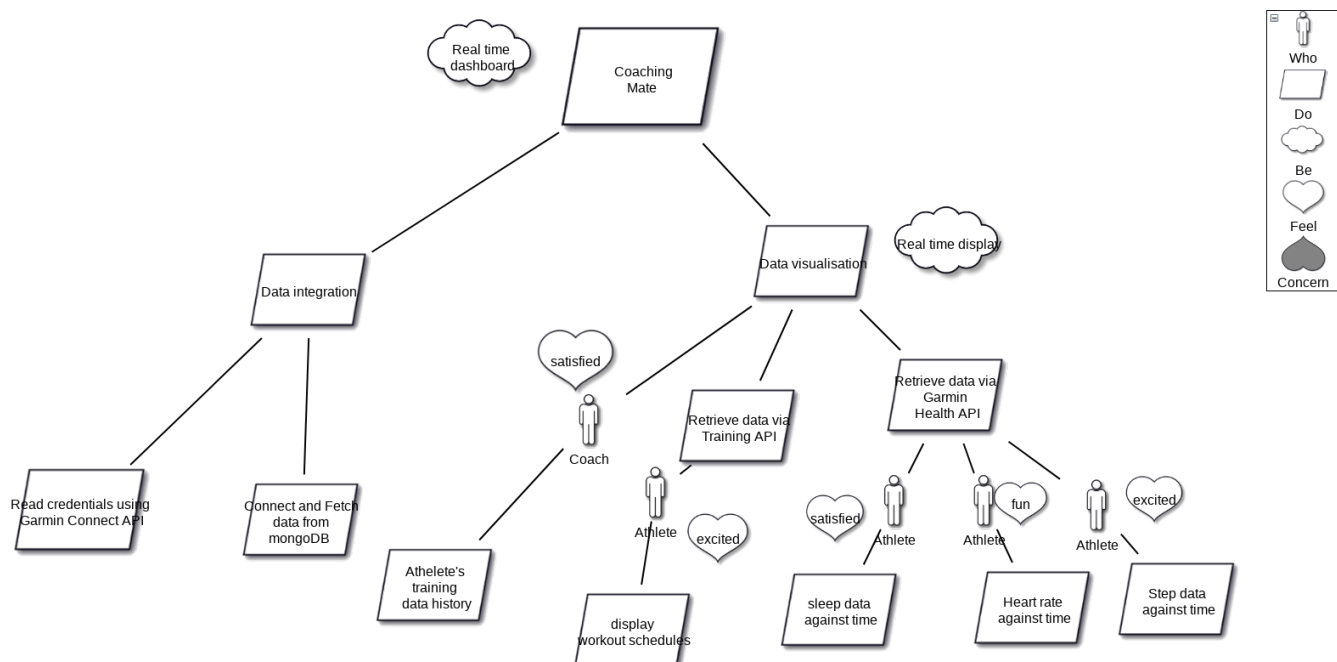


Figure 1 Goal Model v1.0

Source of Tools

[Motivational Model Editor](#)

28 Aug 2020
