

Artist Statement / Bio Brain Storm

Bio Brainstorm

Prior to writing a bio, I wanted to brain dump everything that I realized about myself in the last 21 years of existence. I will structure these points into a bio for next week's assignment.

- Her interest lies in design, specifically design for optimizing well-being.
- Private Person
- Loves dogs
- Likes being flexible
- In my head a lot
- Loves talking about meaningful things with people
- But needs to recharge 3x after such interactions
- Likes growing.
- Not perfect, will never be, do not strive to be.
- Likes black but also like colorful things.
- Likes slow paced lifestyle
- Loves looking at music videos
- Thinks a lot
- But also simple at times
- Controller of her condition through routine, but feels the uncontrollable factors of the universe as they come.
- Love well designed furniture / architecture
- loves handwritten notes
- looks tasting all types of tastes
- injustice angers her
- sloth / capybaras are her spirit animals
- enjoys taking walks in solidarity or nature in silence
- music de-stresses her
- she loves reading books that changes the way she thinks
- she loves people that challenge her views
- she likes speaking truth
- she likes people who speak truth
- women creating art about feminism and showing example through life inspire her
- loves windy day, loose clothing, androgynous fashion
- Driven by a vision of the future
- Determined and sometimes stubborn
- Desire to find a new road rather than rely on the tried-and-true technique
- Individualistic and independent
- Stimulated by challenges
- Motivated by inspiration and discontented with routine
- Tries to look for the underlying meaning behind everything
- Most alive self when using creativity to design solutions / solve problems

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- Loves looking at big well printed story books (the obscure abstract simple language along with pleasing visuals)
- Likes stationary that's why artbox made her happy.
- She loves walking in the city and listening to songs that describe her mood and empathize with her verbally.
- Loves lipstick, makeup.
- Highly sensitive to other people's moods
- Loves spending a day exploring abstract concepts that can potentially be adapted for self-development such as enlightenment, spirituality, how to sharpen intuition, how to empathize, self-actualization, etc and implementing them into her life.
- Likes people who are honest. Liberating oneself to be honest is hard but important to her. She could risk other things for honesty.
- She likes entertaining abstract concepts that she can come back to at any stage in life and add wisdom and experience on the go.

Artist Statement

For the artist statement, I will work around the paragraphs I have written from last week's blog posts.

"The books curated in the studio had a central theme of 'good design' that optimizes well-being. The form varied from architecture, cuisine, furniture, life-style, fashion, perfume, lighting - all things that stimulate our senses. After consuming such content, I always remember feeling great. The studio also had furniture in the physical space that followed all the principles of design laid out theoretically in the books.

I found the effects of good design really powerful, perhaps due to consuming such content during the pandemic when my well-being was not the best. Being exposed to how design could completely alter the way we feel about the physical space around, which directly influences our mental space, made me inspired to focus my capstone on how I could integrate good design into the digital space.

Feel good design, design for well-being, has been a focus in architecture and interior design for quite some time. Yet, it is still a relatively new concept in the digital space. I want to investigate how I can bring some of these principles into the digital space so that more people - those who do not have access to good design in the physical world due to geographical restraints - could have access to these principles and knowledge so that they can be inspired to optimize their well-being, and life."