



Speaking Section : People2

核心英语基础

Dalian University of Technology



Academic Report Dedication



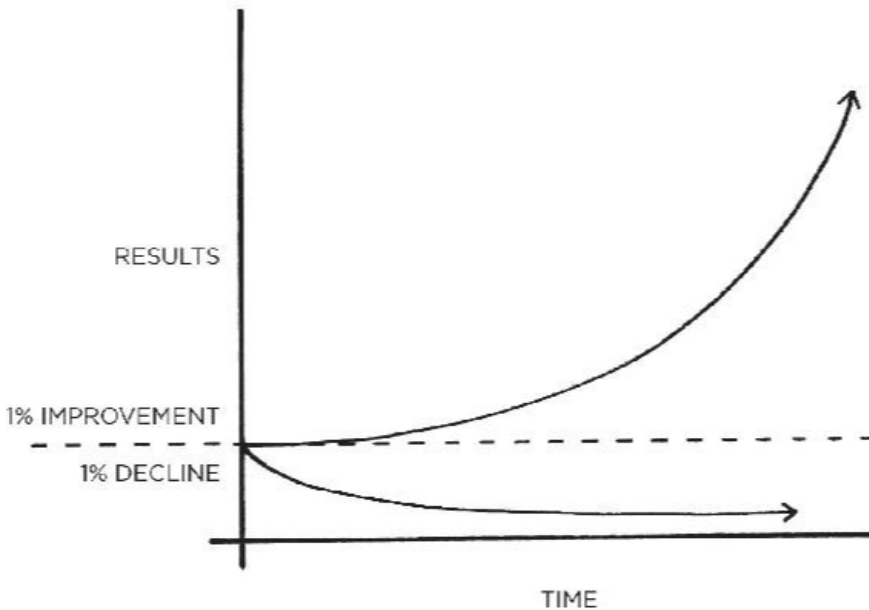
What is your life story?

WHY SMALL HABITS MAKE A BIG DIFFERENCE

1% BETTER EVERY DAY

1% worse every day for one year. $0.99^{365} = 00.03$

1% better every day for one year. $1.01^{365} = 37.78$



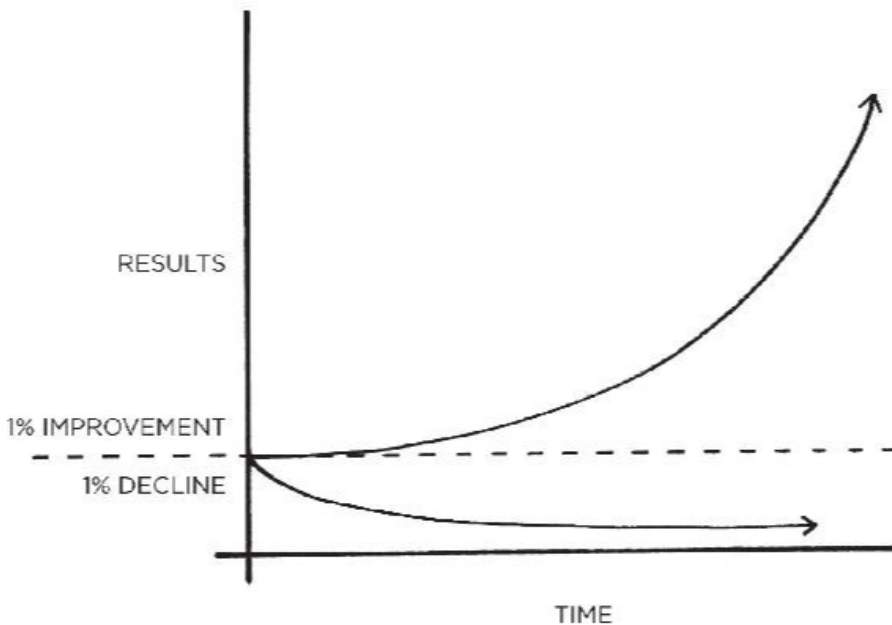
It is so easy to overestimate the importance of one defining moment and underestimate the value of making small improvements on a daily basis. Too often, we convince ourselves that massive success requires massive action. Whether it is losing weight, building a business, writing a book, winning a championship, or achieving any other goal, we put pressure on ourselves to make some earth-shattering improvement that everyone will talk about.

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Meanwhile, improving by 1 percent isn't particularly notable—sometimes it isn't even noticeable—but it can be far more meaningful, especially in the long run. The difference a tiny improvement can make over time is astounding. Here's how the math works out: if you can get 1 percent better each day for one year, you'll end up thirty-seven times better by the time you're done. Conversely, if you get 1 percent worse each day for one year, you'll decline nearly down to zero. What starts as a small win or a minor setback accumulates into something much more.

Analysis + Exercises

Task 1

Form into groups of three and try to use the following information to introduce Zhong Nanshan. You have three minutes to prepare.

Who

Name:	Zhong Nanshan
Nationality:	Chinese (born in Nanjing, Jiangsu Province)
Age:	83
Occupation:	medical scientist
Study:	Beijing Medical College (1955-1960) The University of Edinburgh (1979-1981)
Hobby:	do sports, basketball, singing and dancing...

What

How

Why



Analysis + Exercises

Task 4 Can you explain why you admire Dr. Zhong from these three aspects

Who

01 敬业 Devote to work

It's because of his professional dedication. Although he is 83 years old, he still chooses to brave the coronavirus risk and has been hailed as a "hero in harm's way".

What

02 友善 Friendly

He has been sharing the COVID-19 exposure control tips with experts from other countries. He has provided a lot of valuable experience with the rest of the world. From him I know that love is boundless.

How

03 爱国 Patriotic

Dr. Zhong is a faithful patriot. After graduation from abroad, he chose to return to China without any hesitation and has devoted himself to the improvement of our country's scientific research.

Why

Analysis + Exercises

逻辑连接词 logical connectors

Addition (递进)

moreover,
what is more,
furthermore,
let alone,
additionally,
besides,
in addition, ...

Example (举例)

such as,
particularly,
especially,
for example,
like,
in particular,
for one thing,
first, ...

Effect/Result (影响或结果)

consequently,
hence,
thus,
because (of this),
as a result (of this),
for this reason,
so that,
accordingly,
as a consequence,
so,
therefore,...

Emphasis (强调)

even more,
above all,
indeed,
more importantly,

Time (时间关系)

As soon as,
the moment,
when,
since,
at that time,
soon,...

Analysis + Exercises

Task 5

Try to use the logical connectors and sentence structures below to integrate all of the information in today's class into an oral composition.

Speaking of a famous person I would like to talk about _____. As for
the second question about _____... In terms of _____...
Finally, I would like to mention that _____...

Analysis + Exercises

Use sentence structures and logical words to connect parts into a composition (粘合成文)

Speaking of a famous person I would like to talk about Zhong Nanshan. Dr. Zhong Nanshan was born in October 1936 in Nanjing, Jiangsu Province. He is one of the famous medical scientists in the 21st century. He graduated from Beijing Medical College in 1960 and stayed there to teach after graduation. In 1979, he was sponsored by Chinese government to study in The University of Edinburgh and **when** he finished his study abroad he chose to return to China. Dr. Zhong likes doing sports. In the first Chinese National Games, he got the championship of the Men's 400m Hurdles and set up a national record at that time.

Analysis + Exercises

As for the second question about how this person became famous, in the spring of 2003, the SARS epidemic broke out in China and across the globe. Zhong Nanshan not only led but also took an active part in the battle against SARS. At that time no one really knew much about SARS and most people had no natural defenses against the disease. Dangerous as it was, Zhong Nanshan worked hard day and night treating the patients. Through their hard work for several months, Zhong Nanshan and his workmates achieved remarkable results. Soon the SARS epidemic was stopped in its track.

Analysis + Exercises

In terms of how I know about this person, I first found out about Doctor Zhong from an image of him taking a short break on a train heading to Wuhan. **While** telling people “Do not go to Wuhan if you don’t have to” Doctor Zhong ran to the frontline of the epidemic to see if he could help patients in Wuhan. I’m really touched by this picture and that was the first time I started to know him.

Analysis + Exercises

Finally, I would like to mention that why I really admire Dr. Zhong. **First of all**, it's because of his professional dedication. **Although** he is 83 years old, he still chooses to brave the coronavirus risk and has been hailed as a "hero in harm's way". **And more impressively**, he has been sharing the COVID-19 exposure control tips with experts from other countries. He has provided a lot of valuable experience with the rest of the world. From him I know that love is boundless. **What's more**, Dr. Zhong is a faithful patriot. After graduation from abroad, he chose to return to China without any hesitation and has devoted himself to the improvement of our country's scientific research.

Summary



How to describe a famous person?

- 1 Interrogative-Guided Method (疑问词导向法)
- 2 Logical Connectors & Sentence Structures
- 3 Dominoes Method (多米诺骨牌联想法)

Describe a famous person who you admire/ Describe a celebrity who you are interested in/ Describe a person in the news who you want to meet/ A person you want to become one day/ A person who has an important job/ Your ideal job/ An unusual job/ Your future plan/ A leader/ A successful person/ An idol/ A person who is good at his/her job...

Assignment

01

Revise your life story.

02

Recite Word List 2.

03

Watch online videos 1.6 1.7 1.8.



THANK YOU

Dalian University of Technology
Liu Hui