

Notes

September 16, 2014

- 6 dimensions of health
- physical dimension
 - diet and exercise
 - etc
- psychological well being
 - self efficacy
 - coping
 - stress
- spiritual
 - purpose and meaning
 - perspective
 - giving and receiving
- health disparity:gender, socio-economic, race/ethnicity
- race disparity:cancer, etc
- gender disparity:obesity, mental health, mortality, life expectancy