

MEALS, AT THE RESTAURANT

1) Describe Czech breakfast.

Daily meals in this country usually start with breakfast. It consists of something to drink – tea, milk or cocoa, coffee, and something to eat, e.g. bread and butter and cheese or eggs, ham, salami, jam etc. We can also eat rolls, buns or cakes. Quite a lot of people eat cereals for their breakfast – cornflakes, muesli or porridge. Breakfast usually takes place between 6 and 8 o'clock on weekdays, at weekends often later.

2) What do we usually have for lunch?

Around noon we have lunch. It is warm and consists of a soup, a main dish, something to drink and sometimes a salad or a dessert. On weekdays most people go to a canteen or a restaurant but some have a fast lunch in a buffet or even only buy something in a shop.

3) What types of soup do you know?

Soups are most often either vegetable soups (potato, tomato, carrot, celery, pea, bean, mushroom) or broths (beef, chicken or hen broths, tripe or goulash soups etc.).

4) Speak about the main dish. Do you know any sweet dishes? Enumerate some kinds of meat. In what ways can meat be prepared; what do we usually have with it? What can we drink?

The main dish can be sweet – e.g. strawberry or plum dumplings, pancakes, baked yeast dumplings, doughnuts etc. Or we can have meat, poultry or fish with potatoes, chips, rice, Czech dumplings, and spaghetti. We distinguish the following types of meat: beef, pork, veal, mutton; we can prepare it in various ways – boil, fry, stew, roast or grill it. Poultry is things like chicken, hen, duck, goose, turkey. A lot of people in this country also eat rabbits. The most popular fish to eat here is carp; it is traditionally eaten on Christmas Eve.

After the main dish people have e.g. tea, syrup and water, mineral water, juice, Coca-Cola, beer or black coffee.

5) Describe Czech supper.

An evening meal in a Czech family can be either warm or cold. A quick cold supper may consist of bread or rolls and butter with cheese, salami or some spread. Some people prefer making a simple warm dish.

6) What are some typical Czech meals?

Typical Czech dishes are: tripe soup, potato soup, roasted sirloin beef in sour cream sauce and Czech dumplings, roasted pork and sauerkraut and Czech dumplings, Spanish birds (rolled beef steaks filled with salami, eggs and pickles), potato pancakes, fruit dumplings, baked yeast dumplings, potato or “hairy” dumplings, fried cheese etc. However, traditional Czech cuisine is quite unhealthy and people often get fat. But many families prefer to cook more vegetable dishes; some become vegetarians or try some kind of foreign food.

7) Give general description of British cuisine.

In the past, overcooked vegetables and tasteless meat used to be typical for British cuisine, but British eating habits have changed. These days a lot of families prefer to eat out at restaurants or to buy takeaway meals to eat at home. The selection of foreign food is larger now too.

8) Enumerate daily meals in Britain.

People in Britain have 5 or 6 meals a day: breakfast, elevenses (morning snack), lunch, (afternoon) tea, dinner, and later in the evening perhaps supper.

9) Describe British breakfast, compare it to Czech breakfast.

British breakfast is a bigger meal than ours, especially at weekends. On weekdays it usually consists of cornflakes, muesli or porridge to eat plus a glass of juice and a cup of tea or coffee with milk to drink.

Most people also like toasts (often with jam or marmalade). At weekends breakfast is often cooked – the full English breakfast includes also ham and eggs, scrambled/fried eggs; fried bacon, sausages, beans, mushrooms, fried tomatoes.

10) What do British people usually have for lunch?

British lunch is usually cold – people most often eat sandwiches (meat, ham or salami with cheese and vegetable put between two slices of bread).

11) What is 5 o'clock tea?

The typical British break is 5 o'clock tea. Tea is usually strong. They usually add milk to it and often have cakes or biscuits with it.

12) What is the main daily meal in Britain?

The main meal of the day is called dinner and is eaten in the evening at about 6 or 7 o'clock. It consists of a soup, a main dish (often meat or fish with vegetables), and a dessert (fruit, ice cream or some cakes). With the meal they have beer, cider or wine, and they finish with coffee (usually white) or tea.

13) Describe British supper.

Some people have their supper later in the evening: tea, cocoa or milk plus sandwiches, bread and butter, cheese, cakes or biscuits.

14) American food

Typical American food is mostly unhealthy – things like hamburgers + cheeseburgers, hot chicken wings + French fries, hot dogs, apple pies, cheesecakes, muffins or donuts. They hardly ever cook, they eat out very often, or just buy some takeaway or a ready-to-cook meal. Having a meal delivered is a popular option too.

15) Why is eating out very popular?

Not only in Britain and in the U.S.A., eating out is popular in this country too. In the course of the whole year but especially on holiday it is a very pleasant change for many people: You don't have to cook at home, you have more free time and on top of that you may try something new and unusual.

16) Where can you eat out? Describe ordering and paying at a restaurant.

A typical feature of both British and American life styles is fast food (which has become very popular in Czechia too). The *fast food restaurants* (McDonald's, KFC, Burger King, Wendy's...) offer soft drinks (Coca-Cola, Pepsi-Cola, tea, coffee, milkshakes...) and something to eat: hamburgers, roasted chicken and chips, sandwiches, salads or desserts.

Italian pizza can be enjoyed at a *pizzeria*, something sweet at a *confectionery* or a *café*.

When you come to a *restaurant*, you sit down at a table and order with a waiter (or a waitress). At first you usually choose drinks (alcoholic or non-alcoholic = soft) according to a list of drinks. According to a menu you order mostly a soup and a main dish, sometimes also a starter and a dessert.

Before you leave, you ask the waiter to bring you a bill. The guests can pay both together and separately. If you are satisfied with the service, you can give the waiter a tip.

17) Healthy diet (and you)

18)

- Do you like Czech cuisine or do you prefer anything else? What are your favourite meals? How often do you have them? Can you prepare any of them?
- What meals do we eat on special occasions (Xmas, Easter, birthdays, and weddings)?
- How often do you eat out? What kind(s) of places do you prefer? Why? Who do you go there with? What do you usually order?

MEALS – EXPLANATIONS, PRACTICE

Food (jídlo obecně - strava, potraviny)

Meal (jídlo - pokrm, denní jídlo)

Dish (jídlo - pokrm; mísa; **dishes** nádobí)

Course (chod, jídlo – polévka a druhé jídlo)

Try to answer the questions:

What's your favourite **food**?

What's your favourite meal of the day?

What's your favourite **meal/dish**?

What's your favourite **course** at dinner?

What's your favourite **meat**?

A photo to guess and describe

https://www.google.com/search?q=full+english+breakfast&client=firefox-b-e&sxsrf=ALeKk033NoSKB1Ge2dh6z9LVv5pFFjfBDA:1611082064562&tbm=isch&source=iu&ictx=1&fir=V6ayg2MS-598qM%252Cnhy4CewvU0eYfM%252C &vet=1&usg=AI4 - kTqeeOonK udDg1KPQjHf s2NCijA&sa=X&ved=2ahUKEwjts6Wx1KjuAhWL-aQKHcHHcF0Q_h16BAgLEAE#imgsrc=0DFQ68Rd6CGtpM&imgdii=tG9CprbilmFjSM

Photo Description + Comparison– Activator p. 111

MATCH THE OFFERS OR REQUESTS WITH SUITABLE RESPONSES:

Offers (requests):

What would you like to drink?

Will you pass me the salt, please?

Another piece of cake?

Shall I make a cup of coffee?

Another slice of bread?

Help yourself to some more cake.

One lump or two?

Cocktail? Or whisky?

Some more gravy?

Would you care for some cheese?

Responses:

I will.

That would be lovely.

No, thank you.

Yes, please.

No, thank you, I think I've had enough.

I'd rather have beer.

Here you are.

Yes, please, it's delicious.

Two please.

I'd like some mineral water.