

星荣英语笔记

零基础学英语

(第 54 课)

Hello 你好，我是星荣，这是我们零基础学英语的第 54 课。

英文的句子里有一个非常常见嵌套结构，叫做“主语从句”，可以理解为“主语”本来是一个名词，现在用“一句话”来代替这个名词。说起来很复杂，其实非常简单。

主语从句最常见的结构是使用“what”这个词来引出下面的内容。这个“what”不是疑问词，而是一个连接词，用来引导一个句子，整个“what + 句子”在英文里就像一个“东西”一样，可以放在句首，做主语使用。

比如我们来看下面这三句话：

What he needs now is some rest.

What they want is more time.

What I love about this job is the freedom.

这三句话看起来结构不同，其实都用了同样的语法结构：“What + 句子”作为主语，放在句首。

在第一句中，What he needs now 表示“他现在需要的东西”，这个“东西”就是主语。整句话的意思是：他现在需要的是休息。

第二句中，What they want 表示“他们想要的东西”，这个“东西”是主语，整句话的意思是：他们想要的是更多的时间。

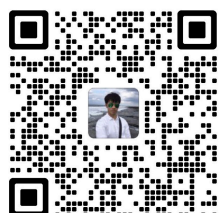
第三句稍微复杂一点，What I love about this job 是“我喜欢这份工作的地方”，这个“地方”或“方面”是主语，整句话的意思是：我喜欢这份工作最重要的一点是它的自由。

可以看到，“what + 句子”这个结构可以把一个复杂的意思变成一个整体的主语。掌握了这个结构，你就能轻松表达各种抽象的“事情”或“内容”。

所以，不要怕长句子，只要你知道“what”引导的是一整个主语，后面加上一个系动词“is”，你就可以清晰地表达出“是什么”这个核心意思。

这就是我们第 54 课的全部内容，答案以及视频的 PDF 课件可以在微信公众号【Hi 要大声说来】回复课程序号获取，付费课程也可以在公众号里找到试听内容，下次再见，拜拜。

微信：xingrongyy



公众号：Hi 要大声说出来



中文	英文	K.K.音标
工作	to work	/tə/ /wɜ:k/
工作(ing 形式)	working	/'wɜ:kɪŋ/
一直在做	have been doing	/hæv/ /bɪn/ /'duɪŋ/
一直在工作	have been working	/hæv/ /bɪn/ /'wɜ:kɪŋ/
他一直在工作	he has been working	/hi/ /hæz/ /bɪn/ /'wɜ:kɪŋ/
小时	hour	/'aʊə/
十个小时	ten hours	/ten/ /'aʊəz/
持续十个小时	for ten hours	/fə/ /ten/ /'aʊəz/
他一直在工作, 持续十个小时了	he has been working for ten hours	/hi/ /hæz/ /bɪn/ /'wɜ:kɪŋ/ /fə/ /ten/ /'aʊəz/
一直在做……持续……	have been doing...for...	/hæv/ /bɪn/ /'duɪŋ/ /fə/
需要	to need	/tə/ /nid/
他需要	he needs	/hi/ /nidz/
什么	what	/wət/
他需要的东西	what he needs	/wət/ /hi/ /nidz/
休息	rest	/rest/
一些	some	/səm/
一些休息	some rest	/səm/ /rest/
他需要的东西是一些休息	what he needs is some rest	/wət/ /hi/ /nidz/ /ɪz/ /səm/ /rest/
现在	now	/naʊ/
他现在需要的东西是一些休息	what he needs now is some rest	/wət/ /hi/ /nidz/ /naʊ/ /ɪz/ /səm/ /rest/
此时此刻	right now	/raɪt/ /naʊ/
他此时此刻需要的东西是一些休息	what he needs right now is some rest	/wət/ /hi/ /nidz/ /raɪt/ /naʊ/ /ɪz/ /səm/ /rest/
他一直在工作, 持续十个小时了	he has been working for ten hours	/hi/ /hæz/ /bɪn/ /'wɜ:kɪŋ/ /fə/ /ten/ /'aʊəz/
他一直在工作, 持续十个小时了 他此时此刻需要的东西是一些休息	he has been working for ten hours what he needs right now is some rest	/hi/ /hæz/ /bɪn/ /'wɜ:kɪŋ/ /fə/ /ten/ /'aʊəz/ /wət/ /hi/ /nidz/ /raɪt/ /naʊ/ /ɪz/ /səm/ /rest/
他此时此刻需要的东西是一些休息	what he needs right now is some rest	/wət/ /hi/ /nidz/ /raɪt/ /naʊ/ /ɪz/ /səm/ /rest/
说	to say	/tə/ /se/
说(过去)	said	/sed/
你说	you said	/ju/ /sed/
什么	what	/wət/
你说的东西	what you said	/wət/ /ju/ /sed/
真的	true	/tru/
你说的东西是真的	what you said is true	/wət/ /ju/ /sed/ /ɪz/ /tru/
相信	to believe	/tə/ /br'liv/
我相信	I believe	/aɪ/ /br'liv/

我相信你说的东西是真的	I believe what you said is true	/aɪ/ /br'liv/ /wat/ /ju/ /sed/ /ɪz/ /tru/
想要	to want	/tə/ /want/
他们想要	they want	/ðe/ /want/
他们想要的东西	what they want	/wat/ /ðe/ /want/
时间	time	/taɪm/
更多的	more	/mɔː/
更多的时间	more time	/mɔː/ /taɪm/
他们想要的东西是更多的时间	what they want is more time	/wat/ /ðe/ /want/ /ɪz/ /mɔː/ /taɪm/
喜爱	to love	/tə/ /lʌv/
我喜爱	I love	/aɪ/ /lʌv/
我喜爱的东西	what I love	/wat/ /aɪ/ /lʌv/
自由	free	/fri/
自由	freedom	/'frɪdəm/
我喜爱的东西是自由	what I love is the freedom	/wat/ /aɪ/ /lʌv/ /ɪz/ /ðə/ /'frɪdəm/
工作	job	/dʒʌb/
这个工作	this job	/ðɪs/ /dʒʌb/
关于	about	/ə'baʊt/
关于这个工作	about this job	/ə'baʊt/ /ðɪs/ /dʒʌb/
关于这个工作我喜爱的东西	what I love about this job	/wat/ /aɪ/ /lʌv/ /ə'baʊt/ /ðɪs/ /dʒʌb/
关于这个工作我喜爱的东西是自由	what I love about this job is the freedom	/wat/ /aɪ/ /lʌv/ /ə'baʊt/ /ðɪs/ /dʒʌb/ /ɪz/ /ðə/ /'frɪdəm/
想要	to want	/tə/ /want/
他想要	he wants	/hi/ /wants/
什么	what	/wat/
他想要的东西	what he wants	/wat/ /hi/ /wants/
昂贵	expensive	/ɪk'spensɪv/
太	too	/tu/
太贵了	too expensive	/tu/ /ɪk'spensɪv/
他想要的东西太贵了	what he wants is too expensive	/wat/ /hi/ /wants/ /ɪz/ /tu/ /ɪk'spensɪv/
购买	to buy	/tə/ /baɪ/
他想要的东西	what he wants	/wat/ /hi/ /wants/
他想要购买的东西	what he wants to buy	/wat/ /hi/ /wants/ /tə/ /baɪ/
他想要购买的东西太贵了	what he wants to buy is too expensive	/wat/ /hi/ /wants/ /tə/ /baɪ/ /ɪz/ /tu/ /ɪk'spensɪv/
保存	to save	/tə/ /sev/
存款	saving	/seɪɪŋ/
一些	some	/səm/
一些存款	some savings	/səm/ /seɪɪŋ/
有	have	/hæv/
他有	he has	/hi/ /hæz/
他有一些存款	he has some savings	/hi/ /hæz/ /səm/ /seɪɪŋ/
他想要购买的东西太贵了	what he wants to buy is too expensive	/wat/ /hi/ /wants/ /tə/ /baɪ/ /ɪz/ /tu/ /ɪk'spensɪv/

但是	but	/bət/
但是他想要购买的东西太贵了	but what he wants to buy is too expensive	/bət/ /wat/ /hi/ /wants/ /tə/ /baɪ/ /ɪz/ /tu/ /ɪk'spensɪv/
他有一些存款 但是他想要购买的东西太贵了	he has some savings but what he wants to buy is too expensive	/hi/ /hæz/ /səm/ /seɪvɪŋ/ /bət/ /wat/ /hi/ /wants/ /tə/ /baɪ/ /ɪz/ /tu/ /ɪk'spensɪv/
需要	to need	/tə/ /nɪd/
我们需要	we need	/wi/ /nɪd/
我们需要的东西	what we need	/wat/ /wi/ /nɪd/
现在	now	/naʊ/
我们现在需要的东西	what we need now	/wat/ /wi/ /nɪd/ /naʊ/
解决	to solve	/tə/ /sɒlv/
解决办法	solution	/sə'luʃn/
我们现在需要的东西是一个解决办法	what we need now is a solution	/wat/ /wi/ /nɪd/ /naʊ/ /ɪz/ /ə/ /sə'luʃn/
跑	to run	/tə/ /rʌn/
向外	out	/aʊt/
耗尽	to run out	/tə/ /rʌn/ /aʊt/
时间	time	/taɪm/
耗尽时间	to run out of time	/tə/ /rʌn/ /aʊt/ /əv/ /taɪm/
跑(ing 形式)	running	/'rʌnɪŋ/
耗尽时间(ing 形式)	running out of time	/'rʌnɪŋ/ /aʊt/ /əv/ /taɪm/
正在耗尽时间	be running out of time	/bi/ /'rʌnɪŋ/ /aʊt/ /əv/ /taɪm/
我们正在耗尽时间	we are running out of time	/wi/ /ə/ /'rʌnɪŋ/ /aʊt/ /əv/ /taɪm/
因为	because	/bɪ'kɔz/
因为我们正在耗尽时间	because we are running out of time	/bɪ'kɔz/ /wi/ /ə/ /'rʌnɪŋ/ /aʊt/ /əv/ /taɪm/
我们现在需要的东西是一个解决办法	what we need now is a solution	/wat/ /wi/ /nɪd/ /naʊ/ /ɪz/ /ə/ /sə'luʃn/
因为我们正在耗尽时间 我们现在需要的东西是一个解决办法	because we are running out of time what we need now is a solution	/bɪ'kɔz/ /wi/ /ə/ /'rʌnɪŋ/ /aʊt/ /əv/ /taɪm/ /wat/ /wi/ /nɪd/ /naʊ/ /ɪz/ /ə/ /sə'luʃn/
讨厌	to hate	/tə/ /het/
我讨厌	I hate	/aɪ/ /het/
我讨厌的东西	what I hate	/wat/ /aɪ/ /het/
最	most	/most/
我最讨厌的东西	what I hate most	/wat/ /aɪ/ /het/ /most/
醒	to wake	/tə/ /wek/
向上	up	/ʌp/
醒来	to wake up	/tə/ /wek/ /ʌp/
早	early	/'ɜ:li/
早早地醒来	to wake up early	/tə/ /wek/ /ʌp/ /'ɜ:li/
早早地醒来(ing 形式)	waking up early	/wekɪŋ/ /ʌp/ /'ɜ:li/

我最讨厌的事情	what I hate most	/wʌt/ /aɪ/ /het/ /most/
我最讨厌的事情是早早地醒来	what I hate most is waking up early	/wʌt/ /aɪ/ /het/ /most/ /ɪz/ /wekiŋ/ /ʌp/ /'əli/
喜爱	to love	/tə/ /lʌv/
我喜爱	I love	/aɪ/ /lʌv/
周	week	/wik/
末	end	/ɛnd/
周末	weekend	/'wikɛnd/
我喜爱周末	I love weekends	/aɪ/ /lʌv/ /'wikɛndz/
因为	because	/bɪ'kɔz/
因为我最讨厌的事情是早早地醒来	because what I hate most is waking up early	/bɪ'kɔz/ /wʌt/ /aɪ/ /het/ /most/ /ɪz/ /wekiŋ/ /ʌp/ /'əli/
我喜爱周末因为我最讨厌的事情是早早地醒来	I love weekends because what I hate most is waking up early	/aɪ/ /lʌv/ /'wikɛndz/ /bɪ'kɔz/ /wʌt/ /aɪ/ /het/ /most/ /ɪz/ /wekiŋ/ /ʌp/ /'əli/
我最讨厌的事情	what I hate most	/wʌt/ /aɪ/ /het/ /most/
等	to wait	/tə/ /wet/
线	line	/laɪn/
在……里面	in	/ɪn/
在线里	in line	/ɪn/ /laɪn/
排队	to wait in line	/tə/ /wet/ /ɪn/ /laɪn/
排队(ing 形式)	waiting in line	/'wetɪŋ/ /ɪn/ /laɪn/
我最讨厌的事情是排队	what I hate most is waiting in line	/wʌt/ /aɪ/ /het/ /most/ /ɪz/ /'wetɪŋ/ /ɪn/ /laɪn/
害怕	to fear	/tə/ /fɪr/
我害怕	I fear	/aɪ/ /fɪr/
我害怕的事情	what I fear	/wʌt/ /aɪ/ /fɪr/
最	most	/most/
我最害怕的事情	what I fear most	/wʌt/ /aɪ/ /fɪr/ /most/
失去	to lose	/tə/ /lu:z/
控制	control	/kən'trɒl/
失去控制	to lose control	/tə/ /lu:z/ /kən'trɒl/
失去控制(ing 形式)	losing control	/'lu:zɪŋ/ /kən'trɒl/
我最害怕的事情	what I fear most	/wʌt/ /aɪ/ /fɪr/ /most/
我最害怕的事情是失去控制	what I fear most is losing control	/wʌt/ /aɪ/ /fɪr/ /most/ /ɪz/ /'lu:zɪŋ/ /kən'trɒl/
记得	to remember	/tə/ /rɪ'membə-/
我记得	I remember	/aɪ/ /rɪ'membə-/
什么	what	/wʌt/
我记得的东西	what I remember	/wʌt/ /aɪ/ /rɪ'membə-/
最	most	/most/
我最记得的东西	what I remember most	/wʌt/ /aɪ/ /rɪ'membə-/ /most/
微笑	smile	/smaɪl/
她的微笑	her smile	/hə-/ /smaɪl/

我最记得的东西是她的微笑	what I remember most is her smile	/wʌt/ /aɪ/ /rɪ'membə/ /most/ /ɪz/ /hə/ /smaɪl/
想到	to think	/tə/ /θɪŋk/
我想到	I think	/aɪ/ /θɪŋk/
她	her	/hə/
我想到她	I think of her	/aɪ/ /θɪŋk/ /əv/ /hə/
当……时候	when	/wen/
当我想到她的时候	when I think of her	/wen/ /aɪ/ /θɪŋk/ /əv/ /hə/
我最记得的东西是她的微笑	what I remember most is her smile	/wʌt/ /aɪ/ /rɪ'membə/ /most/ /ɪz/ /hə/ /smaɪl/
当我想到她的时候 我最记得的东西是她的微笑	when I think of her what I remember most is her smile	/wen/ /aɪ/ /θɪŋk/ /əv/ /hə/ /wʌt/ /aɪ/ /rɪ'membə/ /most/ /ɪz/ /hə/ /smaɪl/

中文	原形	第三人称单数	过去式	ing 形式	ed 形式
想要	want	wants	wanted	wanting	wanted
喜欢	like	likes	liked	liking	liked
有; (+to)不得不	have	has	had	having	had
计划	plan	plans	planned	planning	planned
需要	need	needs	needed	needing	needed
做	do	does	did	doing	done
告诉	tell	tells	told	telling	told
说话	talk	talks	talked	talking	talked
是	be(am)	is	was	being	been
是	be(is)	is	was	being	been
是	be(are)	is	were	being	been
看到	see	sees	saw	seeing	seen
吃	eat	eats	ate	eating	eaten
喝	drink	drinks	drank	drinking	drunk
知道	know	knows	knew	knowing	known
忘记	forget	forgets	forgot	forgetting	forgotten
失去	lose	loses	lost	losing	lost
离开	leave	leaves	left	leaving	left
睡觉	sleep	sleeps	slept	sleeping	slept
明白	understand	understands	understood	understanding	understood
买	buy	buys	bought	buying	bought
洗	wash	washes	washed	washing	washed
打电话	call	calls	called	calling	called
帮助	help	helps	helped	helping	helped
相信	believe	believes	believed	believing	believed
学习	study	studies	studied	studying	studied
解释	explain	explains	explained	explaining	explained
问	ask	asks	asked	asking	asked
飞	fly	flies	flew	flying	flown

阅读	read	reads	read	reading	read
走路	walk	walks	walked	walking	walked
跳舞	dance	dances	danced	dancing	danced
回答	answer	answers	answered	answering	answered
工作	work	works	worked	working	worked
待在	stay	stays	stayed	staying	stayed
支付	pay	pays	paid	paying	paid
旅行	travel	travels	traveled	traveling	traveled
给	give	gives	gave	giving	given
到达	get	gets	got	getting	got
锁	lock	locks	locked	locking	locked
记得	remember	remembers	remembered	remembering	remembered
清理	clean	cleans	cleaned	cleaning	cleaned
找到	find	finds	found	finding	found
关闭	close	closes	closed	closing	closed
教	teach	teaches	taught	teaching	taught
展示	show	shows	showed	showing	shown
让	let	lets	let	letting	let
休息	rest	rests	rested	resting	rested
用	use	uses	used	using	used
做饭	cook	cooks	cooked	cooking	cooked
去	go	goes	went	going	gone
决定	decide	decides	decided	deciding	decided
驾驶	drive	drives	drove	driving	driven
改变	change	changes	changed	changing	changed
尝试	try	tries	tried	trying	tried
停止	stop	stops	stopped	stopping	stopped
参加	join	joins	joined	joining	joined
邀请	invite	invites	invited	inviting	invited
拒绝	refuse	refuses	refused	refusing	refused
接受	accept	accepts	accepted	accepting	accepted

学习	learn	learns	learnt/learned	learning	learnt/learned
完成	finish	finishes	finished	finishing	finished
看	watch	watches	watched	watching	watched
游泳	swim	swims	swam	swimming	swum
掌握	master	masters	mastered	mastering	mastered
购物	shop	shops	shopped	shopping	shopped
等待	wait	waits	waited	waiting	waited
讨论	discuss	discusses	discussed	discussing	discussed
面对	face	faces	faced	facing	faced
解决	solve	solves	solved	solving	solved
疑惑	wonder	wonders	wondered	wondering	wondered
递给	hand	hands	handed	handing	handed
玩	play	plays	played	playing	played
跑	run	runs	ran	running	run
挑战	challenge	challenges	challenged	challenging	challenged
希望	hope	hopes	hoped	hoping	hoped
见到	meet	meets	met	meeting	met
打开	open	opens	opened	opening	opened
认为	think	thinks	thought	thinking	thought
说话	speak	speaks	spoke	speaking	spoken
看	look	looks	looked	looking	looked
听	hear	hears	heard	hearing	heard
强迫	force	forces	forced	forcing	forced
操作	handle	handles	handled	handling	handled
握	hold	holds	held	holding	held
做	make	makes	made	making	made
承诺	promise	promises	promised	promising	promised
保持	keep	keeps	kept	keeping	kept
钓鱼	fish	fishes	fished	fishing	fished
保存	save	saves	saved	saving	saved
注意到	notice	notices	noticed	noticing	noticed

退出	quit	quits	quit/quitted	quitting	quit/quitted
抽烟	smoke	smokes	smoked	smoking	smoked
更喜欢	prefer	prefers	preferred	preferring	preferred
爱	love	loves	loved	loving	loved
打破	break	breaks	broke	breaking	broken
享受	enjoy	enjoys	enjoyed	enjoying	enjoyed
练习	practice	practices	practiced	practicing	practiced
改善	improve	improves	improved	improving	improved
分享	share	shares	shared	sharing	shared
假装	pretend	pretends	pretended	pretending	pretended
撒谎	lie	lies	lied	lying	lied
否认	deny	denies	denied	denying	denied
作画	paint	paints	painting	painting	painting
偷	steal	steals	stole	stealing	stolen
承认	admit	admits	admitted	admitting	admitted
避免	avoid	avoids	avoided	avoiding	avoided
感觉	feel	feels	felt	feeling	felt
复制	copy	copies	copied	copying	copied
保持	maintain	maintains	maintained	maintaining	maintained
伤害	hurt	hurts	hurt	hurting	hurt
乘坐	take	takes	took	taking	taken
保护	protect	protects	protected	protecting	protected
允许	permit	permits	permitted	permitting	permitted
禁止	prohibit	prohibits	prohibited	prohibiting	prohibited
笑	laugh	laughs	laughed	laughing	laughed
唱歌	sing	sings	sang	singing	sung
沉浸	immerse	immerses	immersed	immersing	immersed
骑自行车	cycle	cycles	cycled	cycling	cycled
参加	attend	attends	attended	attending	attended
举起	lift	lifts	lifted	lifting	lifted
设法做到	manage	manages	managed	managing	managed

写	write	writes	wrote	writing	written
克服	overcome	overcomes	overcame	overcoming	overcome
访问	visit	visits	visited	visiting	visited
居住	live	lives	lived	living	lived
遗弃	abandon	abandons	abandoned	abandoning	abandoned
修理	fix	fixes	fixed	fixing	fixed
收到	receive	receives	received	receiving	received
装饰	decorate	decorates	decorated	decorating	decorated
搬家	move	moves	moved	moving	moved
设计	design	designs	designed	designing	designed
达到	arrive	arrives	arrived	arriving	arrived
改编	adapt	adapts	adapted	adapting	adapted
出生	bear	bears	bore	bearing	born
发送	send	sends	sent	sending	sent
出版	publish	publishes	published	publishing	published
建造	construct	constructs	constructed	constructing	constructed
修复	repair	repairs	repaired	repairing	repaired
宣布	announce	announces	announced	announcing	announced
翻译	translate	translates	translated	translating	translated
疏散	evacuate	evacuates	evacuated	evacuating	evacuated
蔓延	spread	spreads	spread	spreading	spread
停车	park	parks	parked	parking	parked
纠正	correct	corrects	corrected	correcting	correct
提交	submit	submits	submitted	submitting	submitted
卖	sell	sells	sold	selling	sold
非法入侵	hack	hacks	hacked	hacking	hacked
准备	prepare	prepares	prepared	preparing	prepared
返回	return	returns	returned	returning	returned
集合	assemble	assembles	assembled	assembling	assembled
浇水	water	waters	watered	watering	watered
完成	complete	completes	completed	completing	completed

讨厌	hate	hates	hated	hating	hated
醒	wake	wakes	woke	waking	woken/waked
害怕	fear	fears	feared	fearing	feared

练习题

我正在寻找的东西是一个新的挑战。

What I'm looking for is a new challenge..

答案