

Lan Chen

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EDUCATION

Zhejiang University (ZJU), Hangzhou, China

Sep 2016 – June 2020

- Bachelor of Education in **Pedagogy** GPA: 3.90/4.0 (Jr./Sr. GPA:3.95/4.0)
- Minor in **Undergraduate of Public Administration**, Chu Kochen Honors College

PUBLICATIONS

Lan Chen, Qinmei Xu. Helicopter Parenting of College Students' Parents in the Age of 5G Communication. Presentation in "*Concepts, Methods and Paradigms of Educational Technology Research*" Hybrid Seminar.

Lan Chen, Qinmei Xu, Mengdi Chen. Helicopter Parenting and its Influence on Chinese College Students' Well-being and Sleep Problems. Submitted to *Journal of Child and Family Studies*.

RESEARCH PROJECTS

Florida State University, College of Human Sciences

Tallahassee, FL

Supervisor: *Dr. Ming Cui*

Cross-cultural Research of Overparenting

Aug 2020 – Present

- Discuss how college students define, perceive, attribute, and cope with overparenting, their perceived consequence of parental overparenting, and how cultural values and norms play out in this process.
- Explore details in students' interaction with parents during Covid-19 during a long stay-at-home period.
- Perform qualitative interview research, engage in the interviews and serve as the second data coder.

Zhejiang University-Jiaxing Joint Center for Mental Health

Jiaxing, China

Supervisor: *Dr. Qinmei Xu*

Risk Assessment Project for Children and Adolescents

Apr 2020 – Present

- Integrate evaluable indicators, design assessment scale, and screen high-risk candidates for intervention.
- Take charge of a sub-project to study the relationship between family education quality and the mental health of children and adolescents.

Zhejiang University Center for Learning and Cognitive Science

Hangzhou, China

Supervisor: *Dr. Qinmei Xu*

Helicopter Parenting of College Students' Parents in the Age of 5G Communication

Mar – July 2020

- Focused on the indigenous definition of "Helicopter Parenting" to analyze correlations through AMOS.
- Confirmed that helicopter parenting was characterized by rejection and overprotection.

Helicopter Parenting and Its Influence on Chinese College Students' Well-being and Sleep Problems

June 2019 – July 2020

- Conducted structural equation model tests through AMOS to understand the multirelation.
- Confirmed that helicopter parenting had an indirect effect on sleep problems by the full mediation of

college students' well-being.

- Delivered a presentation in the 17th Zhejiang Academic Congress of Psychology.

Zhejiang University Center for Learning and Cognitive Science & Cornell Little Thinkers Lab

Supervisor: *Dr. Qinmei Xu & Dr. Lin Bian*

Hangzhou, China & New York, NY

Collaborative Project on Leadership Stereotype

Jan 2020 – Present

- Search domestic data to conclude if both boys and girls have leadership stereotypes.
- Complete experiments to record data and fill in data sheets.

Zhejiang University Student Research Training Program

Hangzhou, China

Supervisor: *Dr. Liya Tu*

Professionalism and Curricular Support of College Students in Special Education—Taking Hangzhou and Zhejiang Normal University as an Example

Apr 2018 – May 2019

- Investigated into professionalism of college students majored in special education by conducting both questionnaire and interview surveys to access and weigh the effectiveness of current curriculum setups.
- Completed Pearson correlative analysis, variance analysis and multiple linear regression, using SPSS.

HONORS & AWARDS

Outstanding Graduate, Zhejiang University	June 2020
Second-class Scholarship for Outstanding Students, Zhejiang University, twice	Sep 2017, 2019
Second-class Scholarship for Outstanding Merits, Zhejiang University, twice	Sep 2017, 2019
Excellent Social Practice Scholarship, Zhejiang University	Jan 2019
Outstanding Student Leader Award, Zhejiang University	Nov 2017

PROFESSIONAL

Research Assistant, Zhejiang University-Jiaxing Joint Center for Mental Health

Jiaxing, China *Mar 2020 – July 2020*

- Co-constructed and ran “Good Heart Online” to provide social mentality services on residential demands.
- Composed a proposal to apply for the National Social Science Fund of China; discussed the psychological crisis intervention mechanism in significant unexpected emergencies.
- Designed a training plan for over 300 psychological consultants to teach education and psychology.

Research Assistant, UNESCO International Research and Training Centre for Rural Education

Beijing, China *July 2019*

- Delved into issues of education deficiency of rural females to write a case report on targeted poverty alleviation of education about girls' classes in multinational autonomous county of Longsheng.
- Carried out TA and research tasks during the BNU Summer Training Program for “The Belt and Road”.

HR Specialist, Jiande Bureau of Education

Hangzhou, China *July 2018 – Aug 2018*

- Co-organized new teacher recruitment events for schools of 12 towns, one village, and three streets.
- Comparatively studied the popularity of private schools in China, based on an investigation into four junior middle schools.