

Lan Chen

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EDUCATION

Zhejiang University (ZJU), Hangzhou, China

Sep 2016 – June 2020

- Bachelor of Education in **Pedagogy** GPA: 3.90/4.0 (Jr./Sr. GPA:3.95/4.0)
- Minor in **Undergraduate of Public Administration**, Chu Kochen Honors College

PUBLICATIONS

Lan Chen, Qinmei Xu. Helicopter Parenting of College Students' Parents in the Age of 5G Communication. Presentation in "*Concepts, Methods and Paradigms of Educational Technology Research*" Hybrid Seminar.

Lan Chen, Qinmei Xu, Mengdi Chen. Helicopter Parenting and its Influence on Chinese College Students' Well-being and Sleep Problems. Submitted to *Journal of Child and Family Studies*.

RESEARCH PROJECTS

Florida State University, College of Human Sciences

Tallahassee, FL

Supervisor: *Prof. Ming Cui*

Cross-cultural Research of Overparenting

Aug 2020 – Present

- Discuss how college students define, perceive, attribute, and cope with overparenting, their perceived consequence of parental overparenting, and how cultural values and norms play out in this process.
- Explore details in students' interaction with parents during Covid-19 during a long stay-at-home period.
- Perform qualitative interview research, engage in the interviews and serve as the second data coder.

Zhejiang University-Jiaxing Joint Center for Mental Health

Jiangxing, China

Supervisor: *Prof. Qinmei Xu*

Risk Assessment Project for Children and Adolescents

Apr 2020 – Present

- Integrate evaluable indicators, design assessment scale, and screen high-risk candidates for intervention.
- Take charge of a sub-project to study the relationship between family education quality and the mental health of children and adolescents.

Zhejiang University Center for Learning and Cognitive Science

Hangzhou, China

Supervisor: *Prof. Qinmei Xu*

Helicopter Parenting of College Students' Parents in the Age of 5G Communication

Mar – July 2020

- Focused on the indigenous definition of "Helicopter Parenting" to analyze correlations through AMOS.
- Confirmed that helicopter parenting was characterized by rejection and overprotection.

Helicopter Parenting and Its Influence on Chinese College Students' Well-being and Sleep Problems

June 2019 – July 2020

- Conducted structural equation model tests through AMOS to understand the multirelation.
- Confirmed that helicopter parenting had an indirect effect on sleep problems by the full mediation of

college students' well-being.

- Delivered a presentation in the 17th Zhejiang Academic Congress of Psychology.

Zhejiang University Center for Learning and Cognitive Science & Cornell Little Thinkers Lab

Supervisor: *Prof. Qinmei Xu & Prof. Lin Bian*

Hangzhou, China & New York, NY

Collaborative Project on Leadership Stereotype

Jan 2020 – Present

- Search domestic data to conclude if both boys and girls have leadership stereotypes.
- Complete experiments to record data and fill in data sheets.

Zhejiang University Student Research Training Program

Hangzhou, China

Supervisor: *Prof. Liya Tu*

Professionalism and Curricular Support of College Students in Special Education—Taking Hangzhou and Zhejiang Normal University as an Example

Apr 2018 – May 2019

- Investigated into professionalism of college students majored in special education by conducting both questionnaire and interview surveys to access and weigh the effectiveness of current curriculum setups.
- Completed Pearson correlative analysis, variance analysis and multiple linear regression, using SPSS.

PROFESSIONAL

RA, **Zhejiang University-Jiaxing Joint Center for Mental Health**, Jiaxing, China Mar 2020 – July 2020

- Co-constructed and ran “Good Heart Online” to provide social mentality services on residential demands.
- Composed a proposal to apply for the National Social Science Fund of China; discussed the psychological crisis intervention mechanism in significant unexpected emergencies.
- Designed a training plan for over 300 psychological consultants to teach education and psychology.

RA, **UNESCO International Research and Training Centre for Rural Education**, Beijing, China July 2019

- Delved into issues of education deficiency of rural females to write a case report on targeted poverty alleviation of education about girls' classes in multinational autonomous county of Longsheng.
- Carried out TA and research tasks during the BNU Summer Training Program for “The Belt and Road”.

HR Specialist, **Jiande Bureau of Education**, Hangzhou, China

July 2018 – Aug 2018

- Co-organized new teacher recruitment events for schools of 12 towns, one village, and three streets.
- Comparatively studied the popularity of private schools in China, based on an investigation into four junior middle schools.

HONORS & AWARDS

Outstanding Graduate, Zhejiang University	June 2020
Second-class Scholarship for Outstanding Students, Zhejiang University, twice	Sep 2017, 2019
Second-class Scholarship for Outstanding Merits, Zhejiang University, twice	Sep 2017, 2019
Excellent Social Practice Scholarship, Zhejiang University	Jan 2019
Five-Star Honorable Mention, Youth Volunteer Services of Zhejiang University	June 2018
Excellent League Member, Zhejiang University	May 2018
Outstanding Student Leader Award, Zhejiang University	Nov 2017