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**Problem Statement:**

Many people are waking up feeling sluggish and feel as though they are not getting good, or enough, sleep. Our solution plans to set dynamic alarms that will help wake our users up at the optimal time while helping them get more sleep.

**Who's experiencing the problem?:**

Students and other people who have trouble balancing sleep with their daytime activities.

**What is the problem?:**

Many people try to get proper rest but are unable to do so and always wake up feeling just as tired as before they slept.

**Where does the problem present itself?:**

Everywhere they go while feeling tired.

**Why does it matter?:**

When people are well rested, they become more productive and happier.