Dark Matter Heating vs. Rotochemical Heating in Old Neutron Stars

Keisuke Yanagi (University of Tokyo)

Based on Koichi Hamaguchi, Natsumi Nagata, KY [arXiv: 1904.04667, 1905.02991]

Introduction/Motivation

Dark matter search

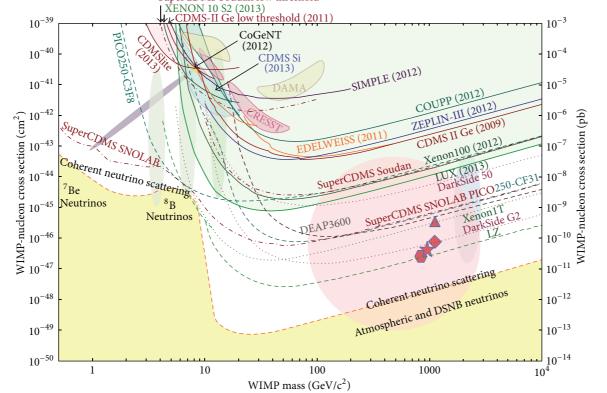
Weakly Interacting Massive Particle (WIMP)

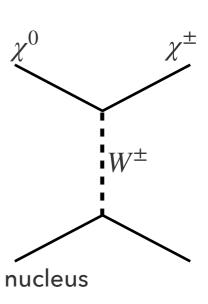
- DM candidate which has standard model weak interaction
- Typical mass range: m ~ 100 GeV 1 TeV

Limitation of DM direct detection

- DM + nucleus → DM + nucleus
- Neutrino floor limits ultimate sensitivity

Insensitive to Inelastic scattering ($\Delta M < 100 \text{ keV}$) $\longleftrightarrow \Delta M \sim O(100) \text{ MeV}$ SuperCDMS Soudan low threshold for pure Higgsino/Wino

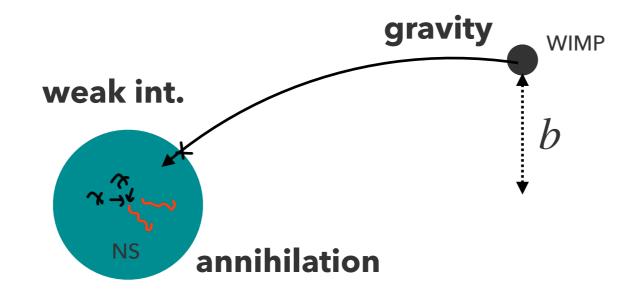




Dark matters accrete in neutron stars

- Consider weakly interacting massive particles (WIMPs)
- WIMPs scatter with nucleons and lose their kinetic energy
- Then they are trapped by a NS, and annihilate to SM particles

[Kouvaris, 0708.2362]



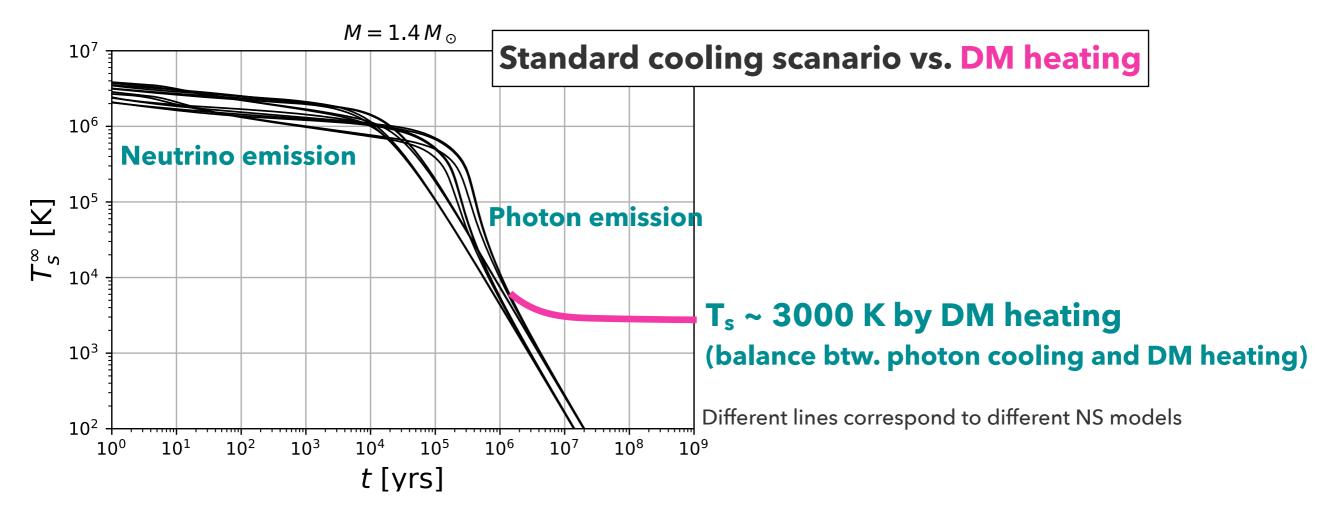
Energy injection

$$L_{
m WIMP} =$$
 (Energy flux) x (Capture probability)
$$\sim \rho_{
m DM} v_{
m DM} \pi b_{
m max}^2 \qquad \sim 1 \ {
m for} \ \sigma_n \gtrsim 10^{-45} \ {
m cm}^2$$

Dark matter kinetic/mass energy heats NS

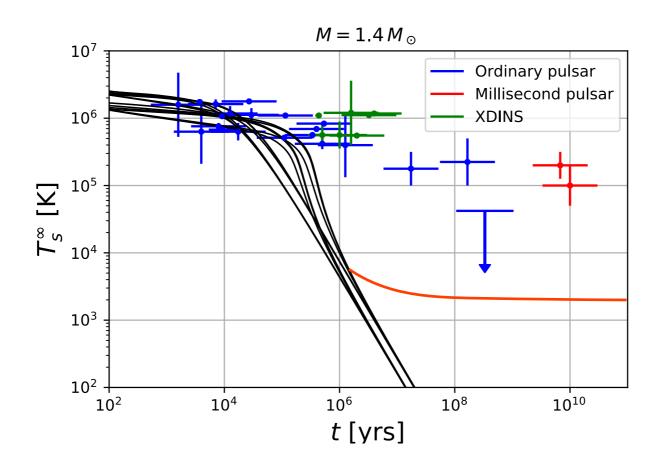
DM scattering/annihilation deposits energy in NS

Late time heating!



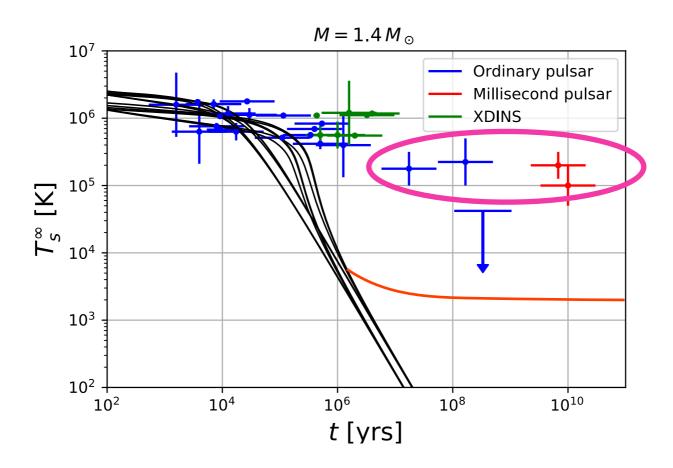
- w/o WIMP : $T_s < 1000 \text{ K} @ t > 10 \text{ Myr}$
- w/ WIMP : T_s ~ 3000 K @ t > 10 Myr
- Sensitive to $\Delta M \lesssim 1 \, \text{GeV}$

The observation suggests presence of other heating mechanisms



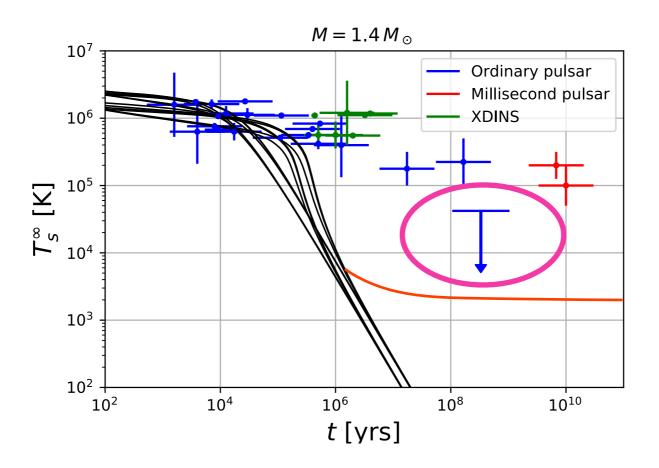
- Old NSs can be hotter than the cooling prediction or DM heating prediction
 - Several old (t > 10 Myr) pulsars have $T_s \sim 10^5 \, K$
 - WIMP cannot heat up a NS to $T_s \sim 10^5 \, K$
- An old NS is not always warm; it sometimes remains cold
 - PSR2144-3933: $T_s < 4 \times 10^4 \text{ K}$ @ t ~ 100 Myr

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Theoretically, several heating mechanisms are suggested

[Gonzalez & Reisenegger, 1005.5699]

Non-equilibrium beta process (rotochemical heating)

- Superfluid vortex heating
- Decay of magnetic field
- e.t.c...

Maybe responsible, but theoretically less clear...

If these mechanisms keep NS at $T_s \sim 10^5$ K, DM heating may be hidden...

Can we really see the DM heating? If so, we want to clarify the condition!

Theoretically, several heating mechanisms are suggested

[Gonzalez & Reisenegger, 1005.5699]

- Non-equilibrium beta process (rotochemical heating)
 - Inevitable for pulsars, our focus
- Superfluid vortex heating
- Decay of magnetic field
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Can we really see the DM heating? If so, we want to clarify the condition!

Outline

- Minimal cooling theory
- Rotochemical heating
- Results
 - We compare theory and observation including rotochemical heating [KY, Koichi Hamaguchi, Natsumi Nagata, arXiv: 1904.04667]
 - We discuss the possibility to search DM under the rotochemical heating [Koichi Hamaguchi, Natsumi Nagata, KY, arXiv: 1905.02991]

Minimal cooling of a neutron star

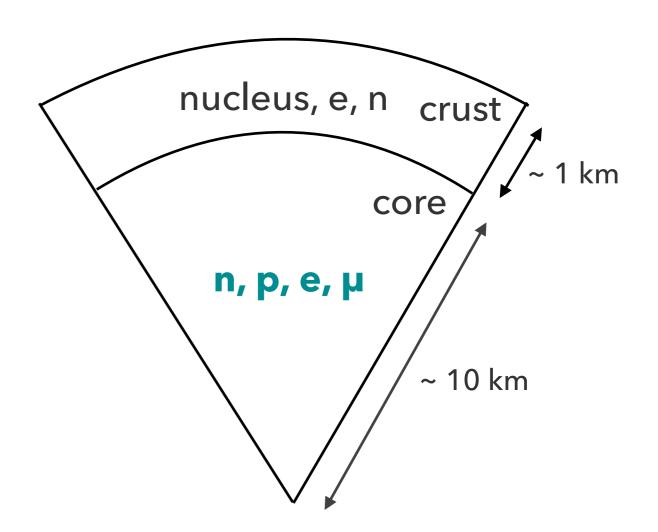
Basics of NS

- NS core consists of n, p, e, μ
- They are Fermi-degenerate

$$p_{F,n} \sim O(100) \,\mathrm{MeV}$$

 $p_{F,e,p,\mu} \sim O(10) \,\mathrm{MeV}$

- Birth temperature $\sim 10^{11}$ K, and quickly cools to T $< 10^{10}$ K
- NS is cold system



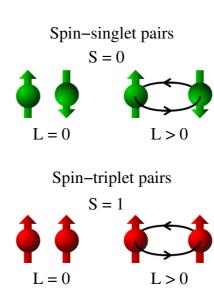
Nucleon superfluidity in NS

Cooper pairing occurs due to the attractive nuclear force

At
$$T < T_c^{(N)} \sim 10^{8-9} \,\mathrm{K}$$

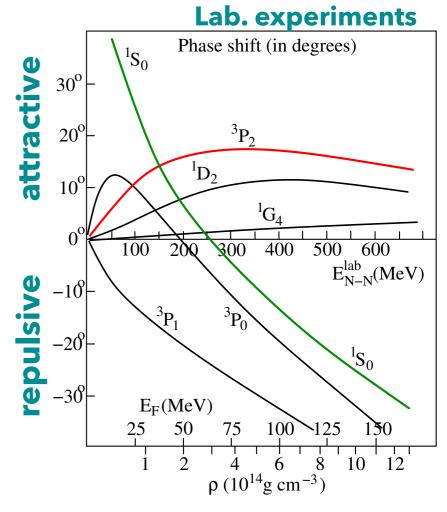
Superfluid in NS core

- Proton singlet pairing $({}^{1}S_{0})$
- Neutron triplet pairing (³P₂)



Superfluid in NS crust (not important for thermal evolution)

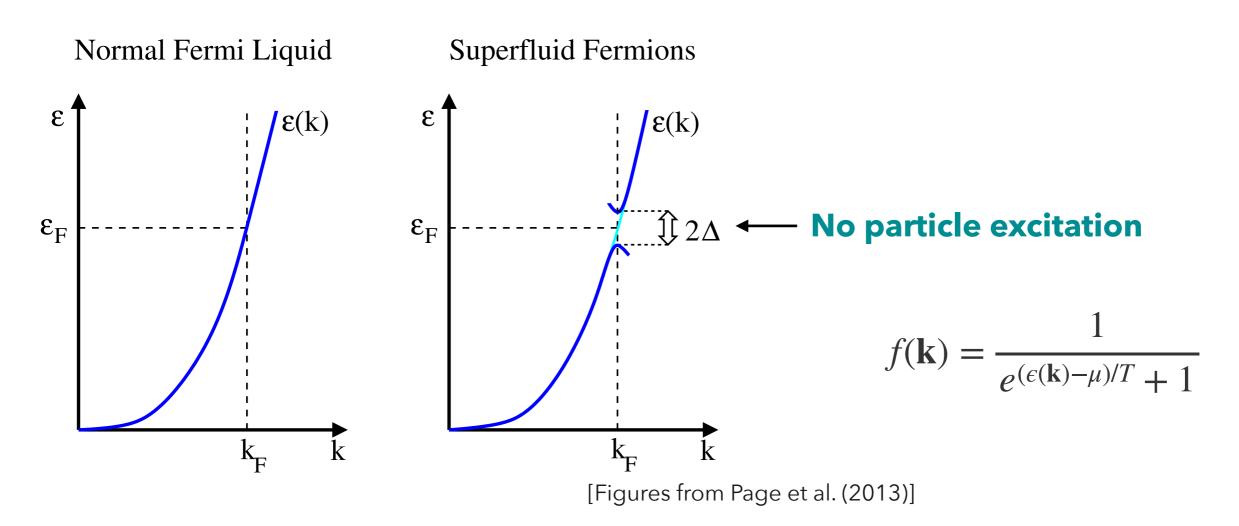
• Neutron singlet pairing $({}^{1}S_{0})$



[Figures from Page et al. (2013)]

Energy gap

Once Cooper paring occurs, the energy gap appears in the spectrum



Energy spectrum near Fermi surface

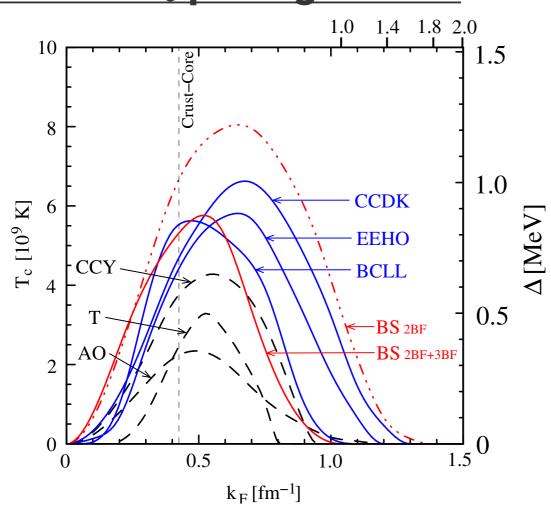
$$\epsilon_N(\mathbf{p}) \simeq \mu_N + \text{sign}(p - p_{F,N}) \sqrt{\Delta_N^2 + v_{F,N}^2 (p - p_{F,N})^2}$$

Pairing gap models

The effects of superfluidity depends on momentum dependence of gap

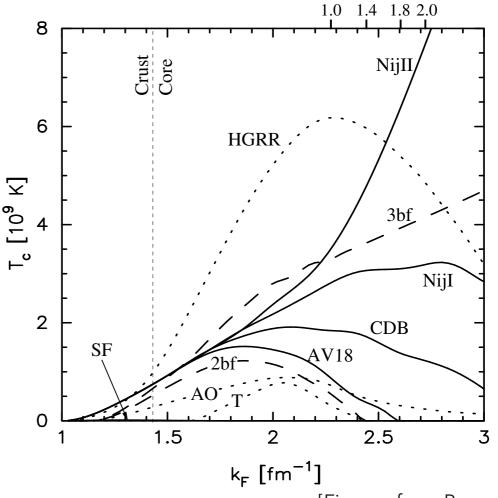
$$\Delta_N = \Delta_N(\mathbf{k}_F, T = 0)$$

Proton 1S₀ pairing models



$T_c^{(p)} = O(1) \times 10^9 \,\mathrm{K}$ $\Delta_N(k_F, T = 0) \simeq 1.764 \,k_B T_c^{(N)}$

Neutron ³P₂ pairing models

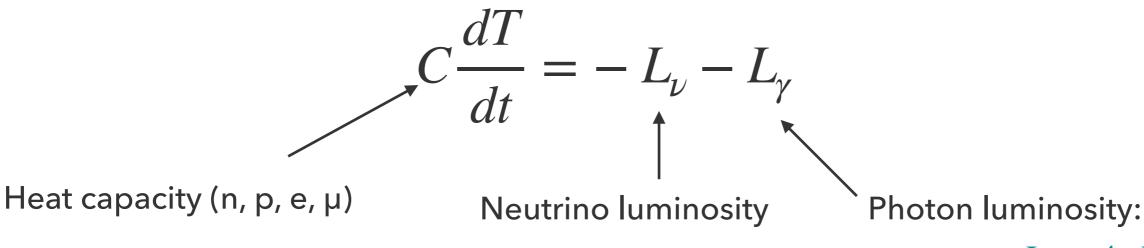


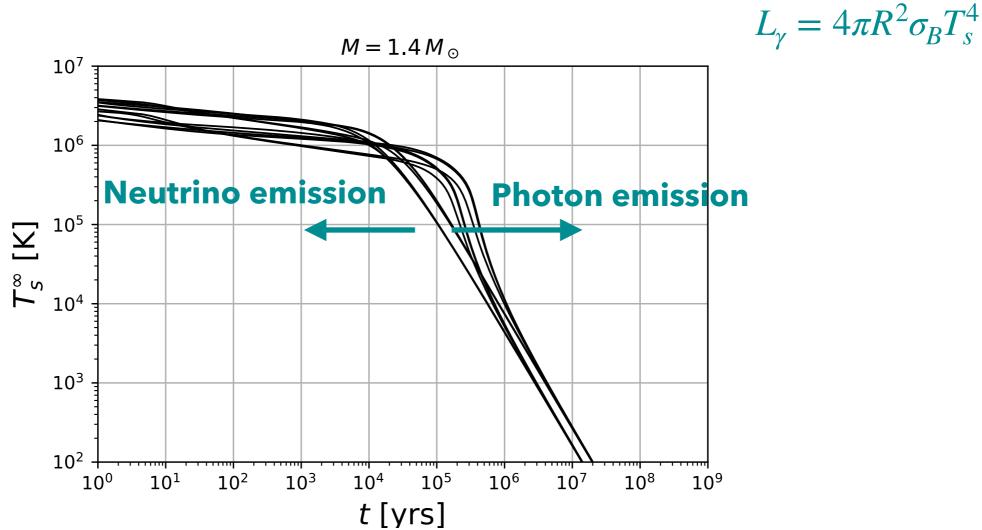
 $T_c^{(n)} \sim 10^8 - 10^9 \,\mathrm{K}$ [Figures from Page et al. (2013)]

$$\Delta_N(k_F, \cos \theta = 0, T = 0) \simeq 1.188 \, k_B T_c^{(N)}$$

Thermal evolution

Thermal evolution is governed by the energy conservation law

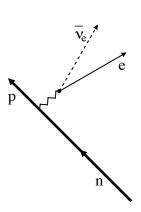




Direct Urca process

Neutrino emission from beta decay and its inverse on Fermi surface

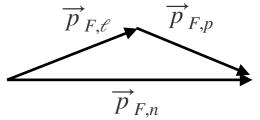
$$\begin{array}{ll} n \to p + \ell + \bar{\nu}_{\ell} & p + \ell \to n + \nu_{\ell} \\ \\ L_{\nu}^{\rm DU} \propto T^6 & \\ \end{array}$$



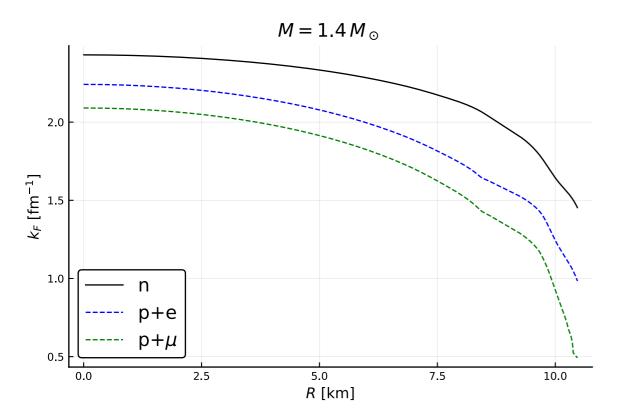
Direct Urca does not operate unless the NS is very heavy

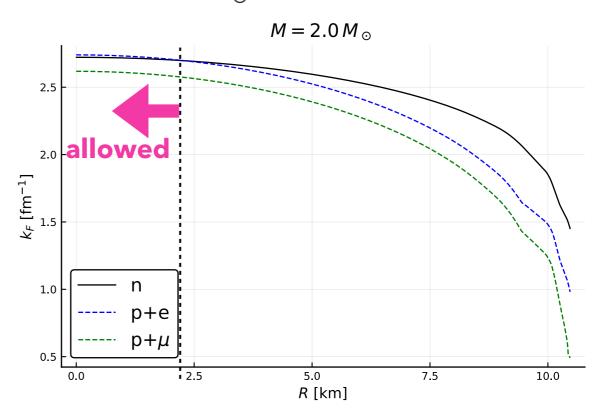
- Nucleons and leptons are strongly degenerate; $p_{\nu} \sim T \ll p_{F,n,p,\ell}$
- Momentum conservation requires

$$p_{F,p} + p_{F,\ell} > p_{F,n}$$



• Since $p_F^3 \propto n$, direct Urca requires **high p, e, \mu density** $(M \gtrsim 2 M_{\odot} \text{ for APR EOS})$

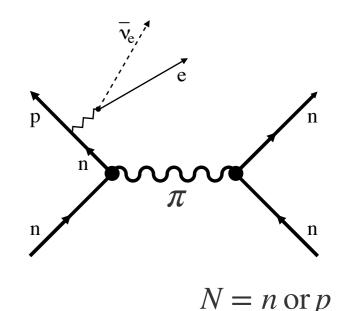




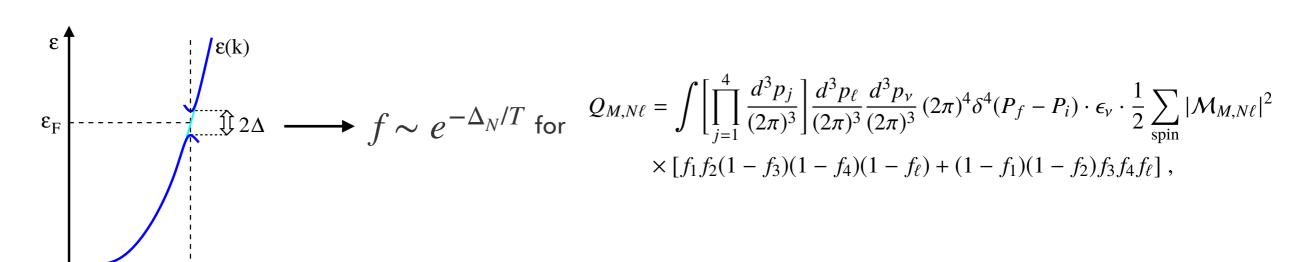
Modified Urca process

Threshold of direct Urca is relaxed by spectator nucleon

$$n + N \to p + N + \ell + \bar{\nu}_{\ell}$$
$$p + N + \ell \to n + N + \nu_{\ell}$$



- Beta equilibrium is usually assumed: $\mu_n = \mu_p + \mu_\ell$
- Before Cooper pairing: Luminosity = $L_{\nu}^{\rm MU} \propto T^8$
- After Cooper pairing: modified Urca is highly suppressed



Cooper pair-breaking and formation (PBF)

The Cooper pairing triggers rapid neutrino emission (called PBF)

[Flowers et al. (1976)]

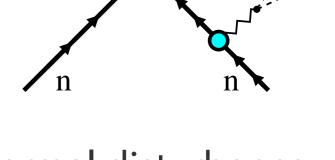
Pair-breaking

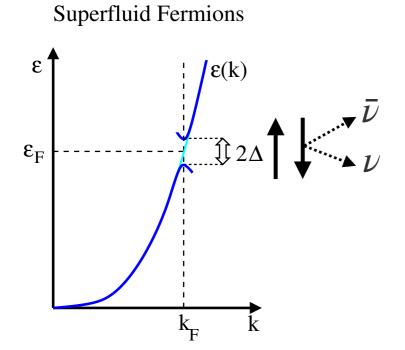
$$[\tilde{N}\tilde{N}] \rightarrow \tilde{N} + \tilde{N}$$
 (thermal disturbance)

Cooper pair Single (quasi-)nucleon

Pair-formation

$$\tilde{N} + \tilde{N} \rightarrow [\tilde{N}\tilde{N}] + \nu + \bar{\nu}$$





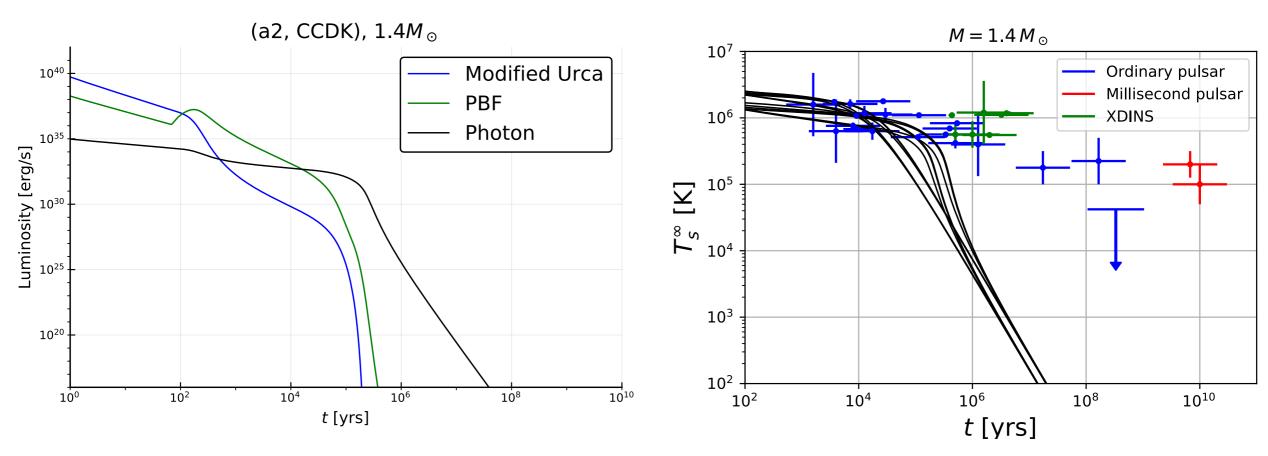
Pair breaking occurs by thermal disturbance \longrightarrow efficient while T ~ Δ

PBF dominates L_{ν} for $T < T_c$

Minimal cooling

Minimal cooling paradigm explains many NSs surface temperatures

[Page et al., astro-ph/0403657; Gusakov et al., astro-ph/0404002; Page et al., 0906.1621]



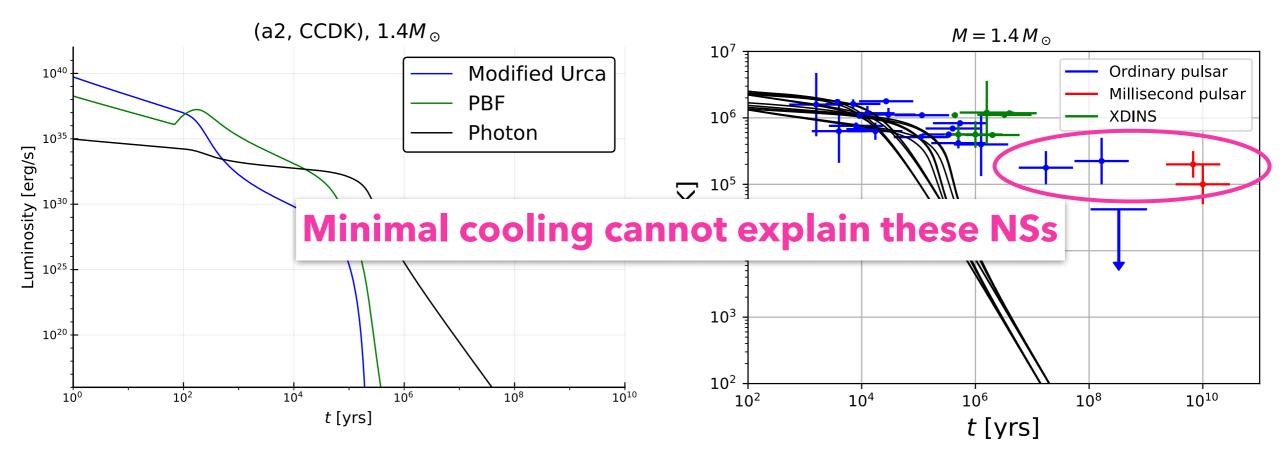
Direct Urca is not included

- Different lines = Different gap/envelope model
- t < 10 100 yr: Equilibrium modified urca $n + N \leftrightarrow p + N + \ell \pm \bar{\nu}_{\ell}$
- 10 100 yr < t < 10⁵ yr: PBF $[\tilde{N}\tilde{N}] \rightarrow \tilde{N}\tilde{N}$ $\tilde{N}\tilde{N} \rightarrow [\tilde{N}\tilde{N}] + \nu\bar{\nu}$
- t > 10⁵ yr : Photon emission $L_{\gamma} = 4\pi R^2 \sigma_B T_s^4$

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Rotochemical heating

Pulsar spin-down

Spin-down: pulsar is rotating, and its rotation is gradually slowing down

$$P \sim 10^{-3} - 1 \,\mathrm{s}$$

$$\dot{P} \sim 10^{-20} - 10^{-13}$$

Spin-down is caused by the magnetic dipole radiation

$$\frac{d\Omega}{dt} = -k\Omega^3 \qquad \longrightarrow \qquad \Omega(t) = \frac{2\pi}{\sqrt{P_0^2 + 2P\dot{P}t}}$$

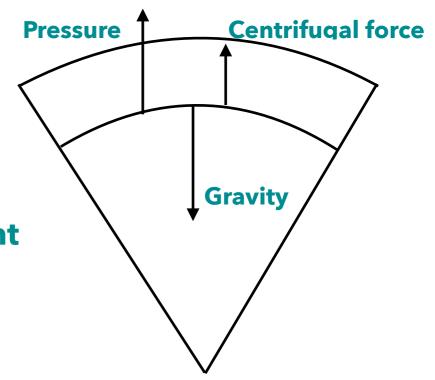
$$k \propto B^2 \propto P\dot{P}$$

$$B \sim 3.2 \times 10^{19} (P\dot{P}/s)^{1/2} \,\text{G}$$

- Centrifugal force is continuously decreasing
 - \rightarrow NS tries to change local pressure P(r)
 - → Number density of each particle has to be rearranged
 - → (Hydrostatic) Equilibrium density is time-dependent

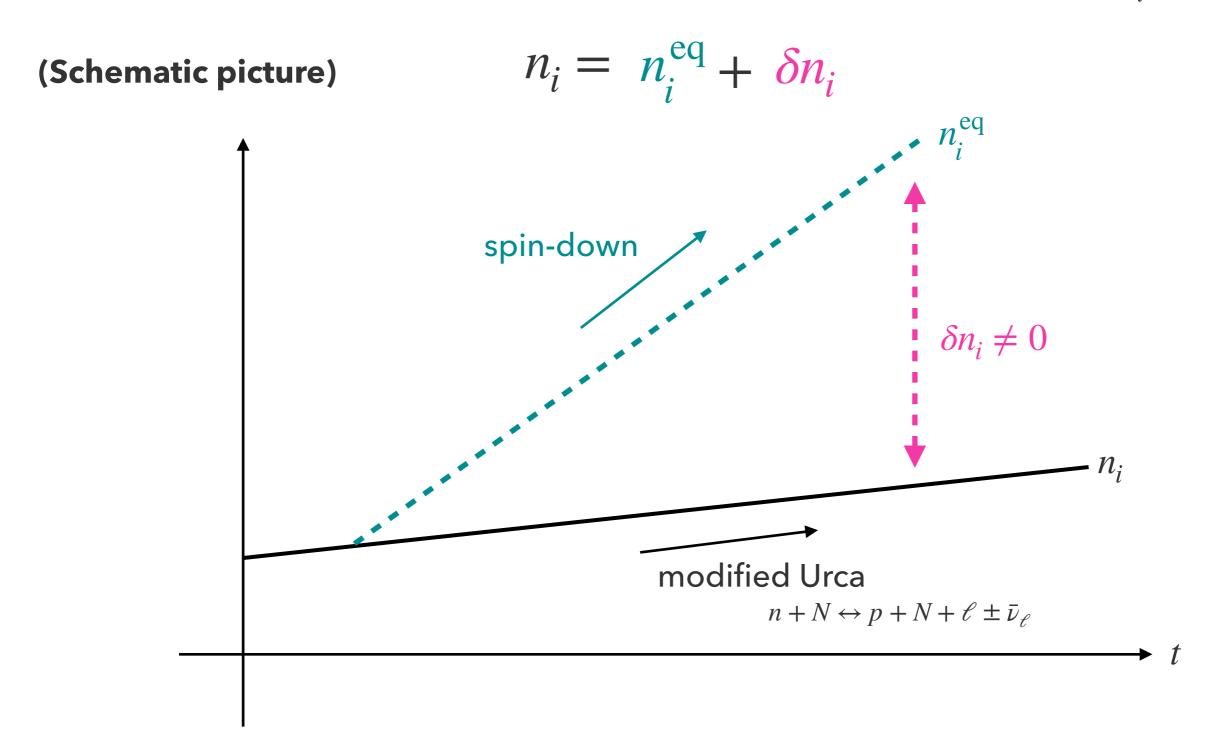
$$n_i^{\text{eq}} = n_i^{\text{eq}}(t)$$

$$i = n, p, e, \mu$$



Hydrostatic equilibrium is not guaranteed

Each particle goes to new equilibrium $n_i^{eq}(t)$ by modified Urca process If (modified) Urca is too slow, it cannot catch up with change of $n_i^{eq}(t)$



Heat production through entropy production

 (Hydrostatic) equilibrium density is changing, so chemical (or beta) equilibrium is also not guaranteed

Measure of departure from beta equilibrium:

$$\eta_{\ell} = \mu_n - \mu_p - \mu_{\ell} = \delta \mu_n - \delta \mu_p - \delta \mu_{\ell}$$

$$\uparrow$$

$$\mu_i = \mu_i^{\text{eq}} + \delta \mu_i$$

Departure from chemical equilibrium generates heat

$$C\frac{dT^{\infty}}{dt} = -L_{\nu}^{\infty} - L_{\gamma}^{\infty} + L_{H}^{\infty}$$

$$L_{H}^{\infty} = \sum_{\ell=e,\mu} \sum_{N=n,p} \int dV \eta_{\ell} \cdot \Delta \Gamma_{M,N\ell} e^{2\Phi(r)}$$

$$dE^{\infty} = T^{\infty}dS + \sum_{i=n,p,e,\mu} \mu_i^{\infty} dN_i = -(L_{\nu}^{\infty} + L_{\gamma}^{\infty})dt$$

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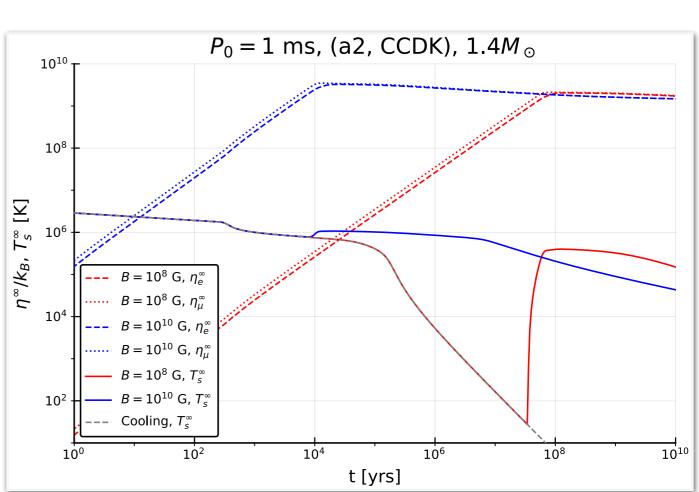
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Effect of superfluidity

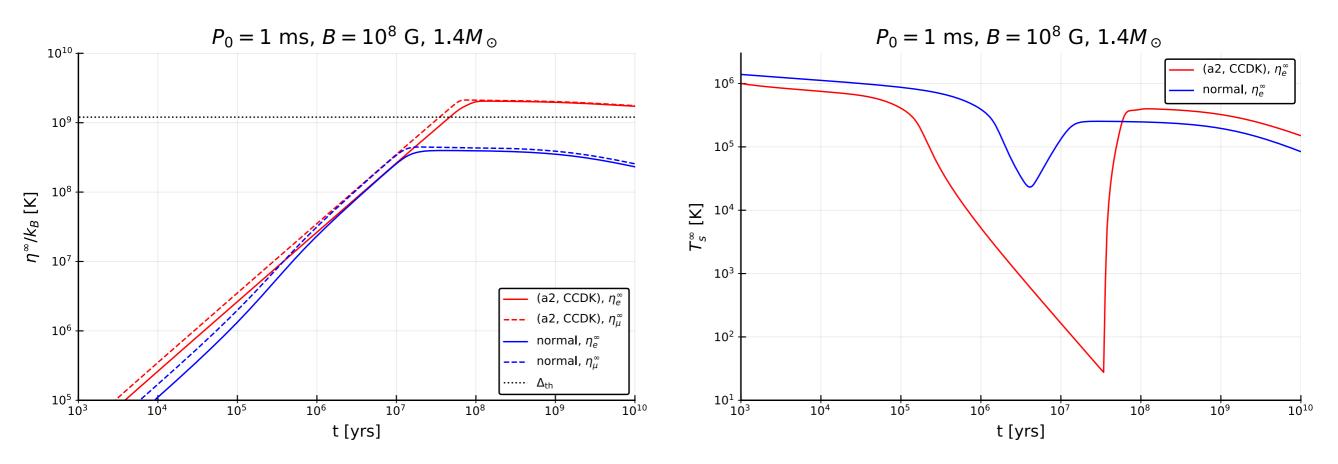
Nucleon superfluidity generates threshold

[Petrovich & Reisenegger, 0912.2564]

$$\Delta_{\text{th}} = \min\{3\Delta_n + \Delta_p, \Delta_n + 3\Delta_p\}$$

 $\eta_{\ell} > \Delta_{\rm th}$: heating begins

Larger $\Delta \sim \text{larger } \eta \rightarrow \text{hotter NS}$



Previous work incorporates only neutron triplet pairing [González-Jiménez et al, 1411.6500] We include both neutron and proton pairing

Rotochemical heating vs. observation

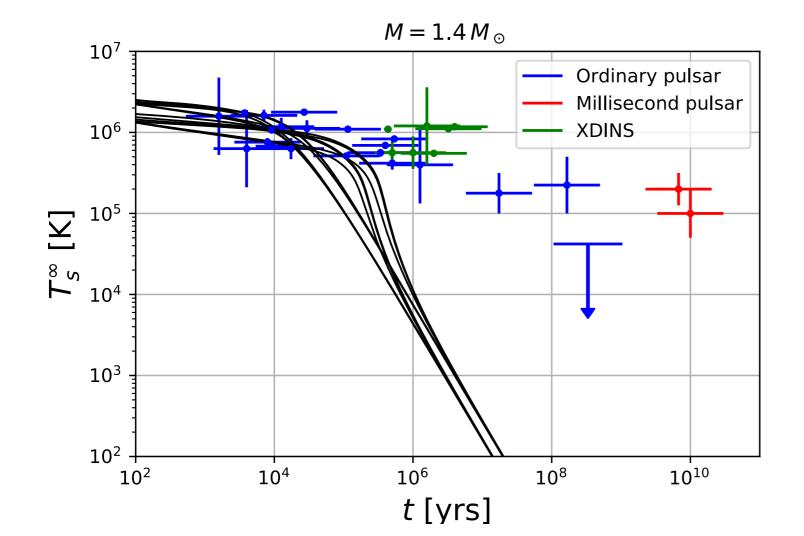
Two categories of observed pulsars

Ordinary pulsars and XDINSs $P \sim 1 - 10 \text{ s}, \dot{P} \sim 10^{-(15-13)}$

- Ordinary pulsars: most NSs belong to this class
- XDINSs (X-ray dim Isolated Neutrons Stars): large magnetic field, thought to be remnants of magneter

Millisecond pulsars $P \sim 1 \text{ ms}, \dot{P} \sim 10^{-20}$

• Millisecond pulsars: small rotational period and its derivative, formed by recycle of a binary system

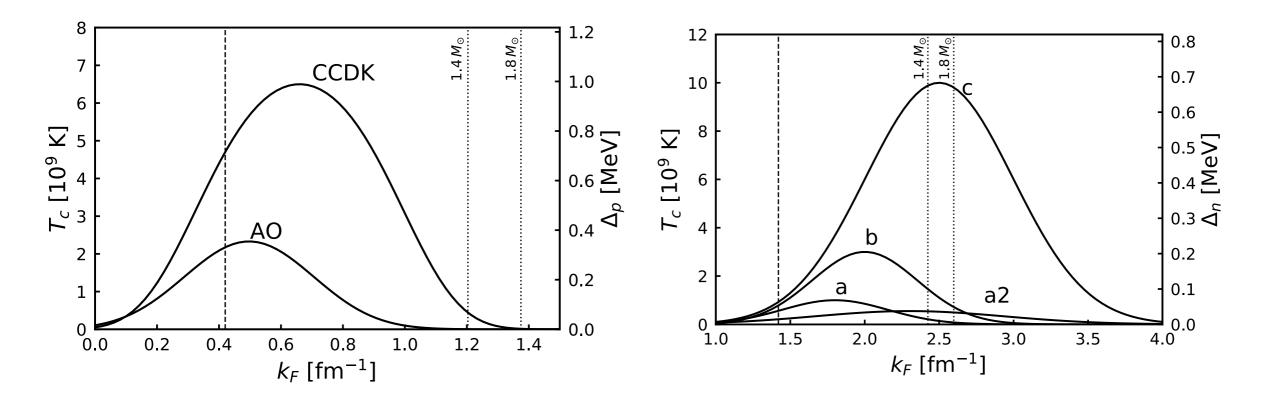


$$\Omega(t) = \frac{2\pi}{\sqrt{P_0^2 + 2P\dot{P}t}}$$

$$B \sim 3.2 \times 10^{19} \left(\frac{P\dot{P}}{s}\right)^{1/2} \text{ G}$$

Gap models we use

The profile of pairing gap is one major source of uncertainty



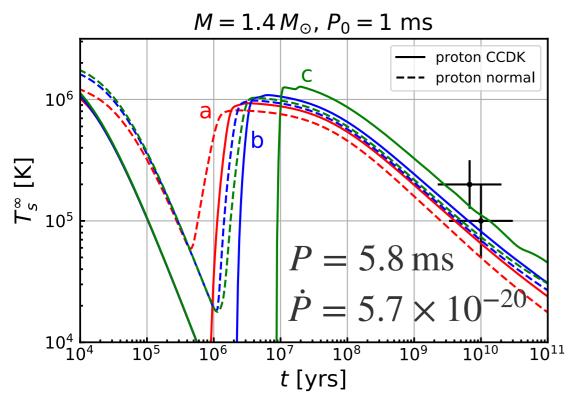
$$\Delta_{\text{th}} = \min\{3\Delta_n + \Delta_p, \Delta_n + 3\Delta_p\}$$

- Large gap delays the beginning of rotochemical heating
- Heating power is stronger for larger gap

Results

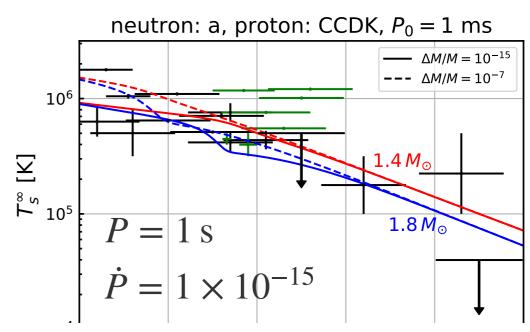
Observed pulsars are explained for various choice of gap models

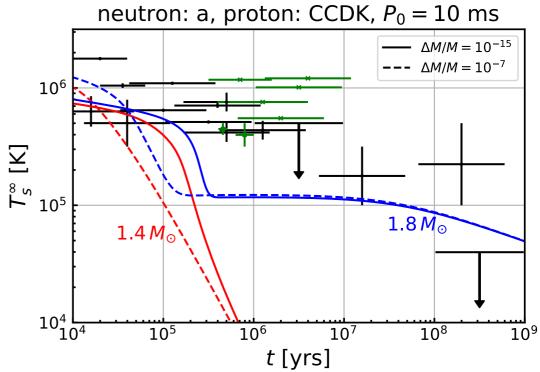
MSP



$$\Omega(t) = \frac{2\pi}{\sqrt{P_0^2 + 2P\dot{P}t}}$$

Ordinary pulsars & XDINSs

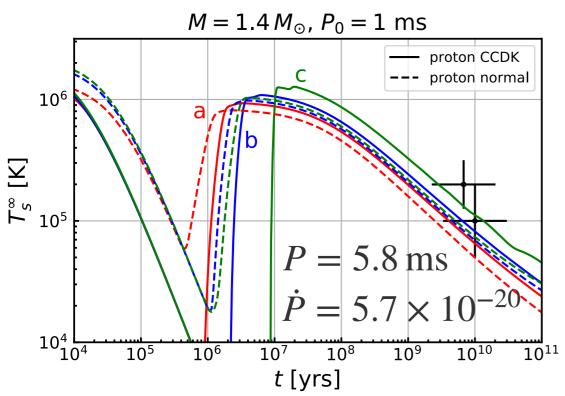




Results

Observed pulsars are explained for various choice of gap models

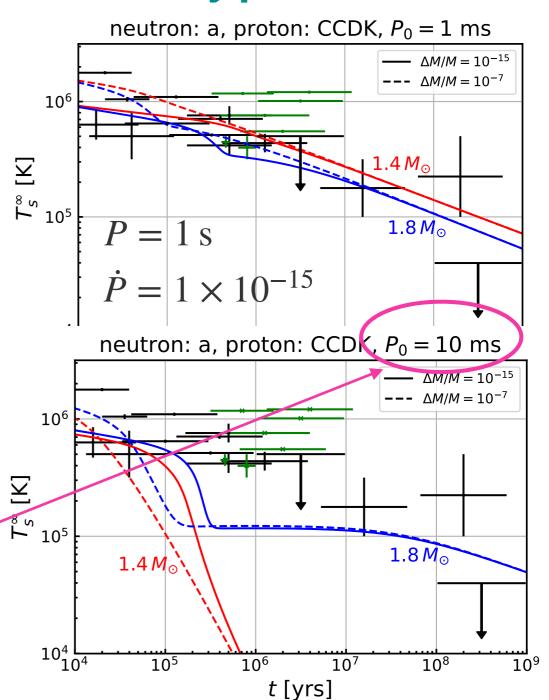
MSP



$$\Omega(t) = \frac{2\pi}{\sqrt{P_0^2 + 2P\dot{P}t}}$$

Increasing P_0 significantly suppresses rotochemical heating

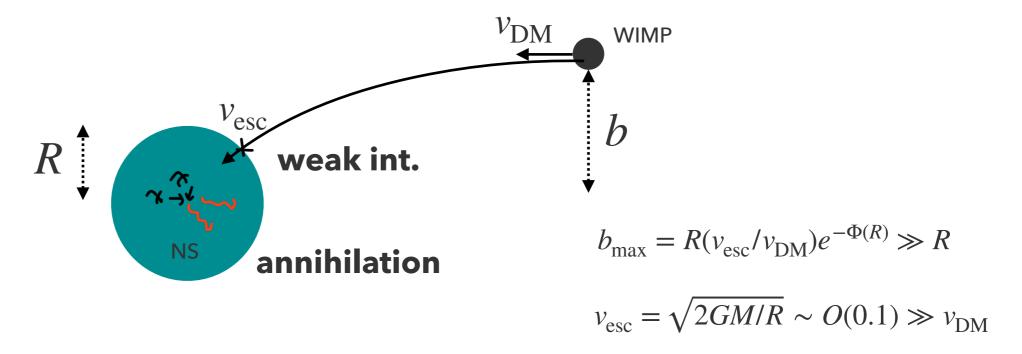
Ordinary pulsars & XDINSs



DM heating vs. rotochemical heating

DM heating rate

DM accretion



Rate of DM hitting the NS

$$\dot{N} \simeq \pi b_{\rm max}^2 v_{\rm DM} (\rho_{\rm DM}/m_{\rm DM})$$

Heating luminosity

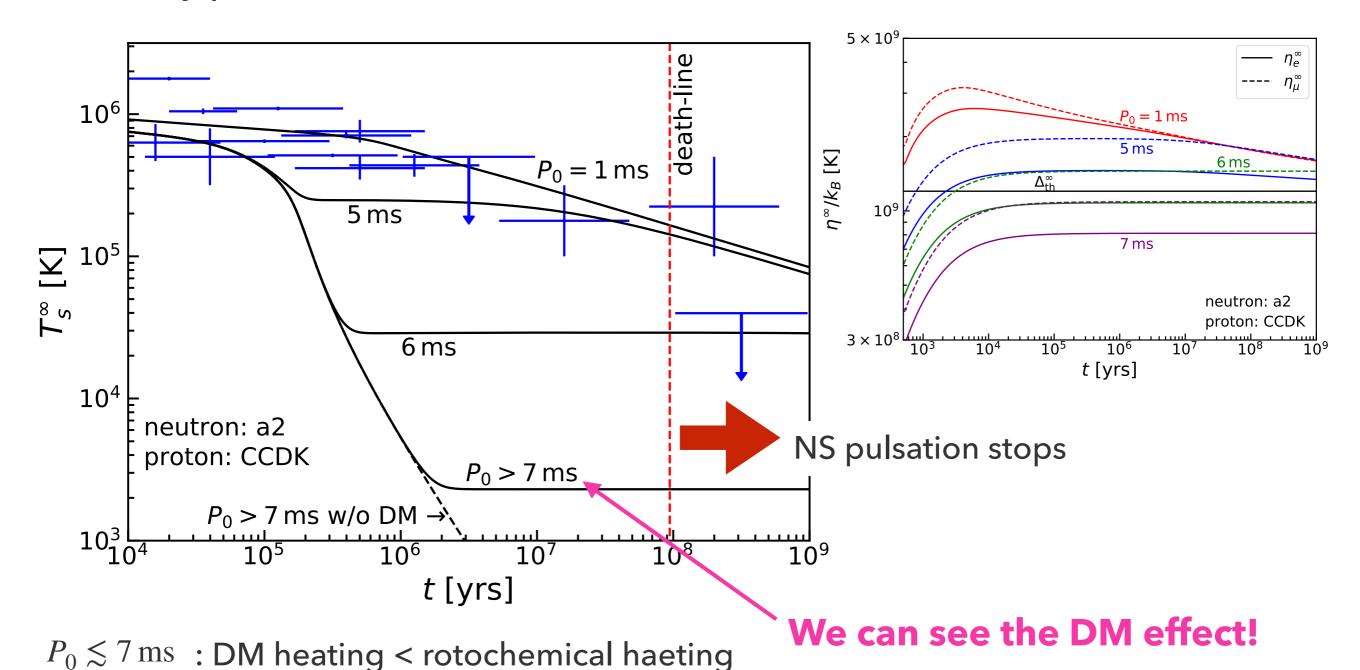
$$L_H^\infty = e^{2\Phi(R)} \dot{N} m_{\rm DM} [\chi + (\gamma - 1)]$$
 gravitational redshift factor
$$\frac{1}{\sqrt{1 - v_{\rm esc}^2}}$$
 fraction of ann. energy into heat
$$= 1 \text{ for all annihilation into heat}$$

$$= 0 \text{ for no annihilation or all DM ann. into (e.g.) neutrinos}$$

DM heating vs. rotochemical heating

DM heating effect is visible if the initial period is sufficiently large!

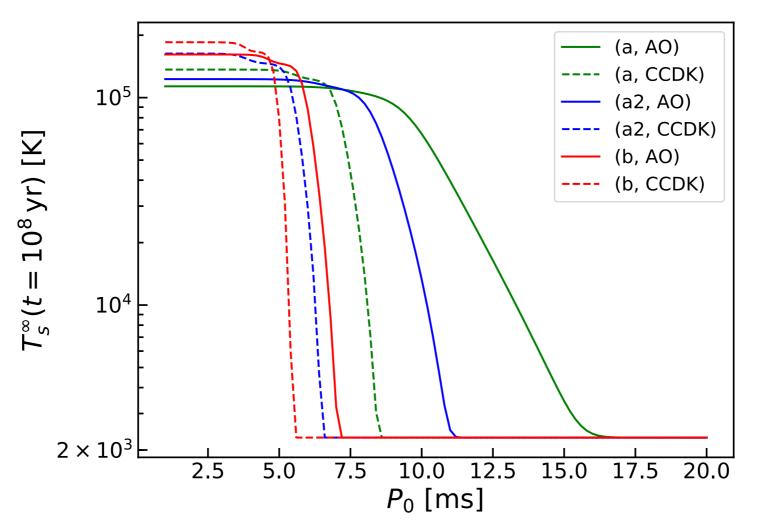
Ordinary pulsar: P = 1 s $\dot{P} = 10^{-15}$



Uncertainty from superfluid gap models

- Critical P₀ depends on the choice of gap models
- (DM heating) >> (rotochemical heating) for $P_0 \gtrsim 100\,\mathrm{ms}$ indep. of gap models
- Recent studies of NS birth period suggest $P_0 = O(100) \,\mathrm{ms}$

[Popov & Turolla, 1204.0632; Noutsos et.al., 1301.1265; Igoshev & Popov, 1303.5258; Faucher-Giguere & Kaspi, astro-ph/0512585; Popov et al., 0910.2190; Gullo'n et al., 1406.6794, 1507.05452; Mu'ller et al., 1811.05483]



(neutron gap, proton gap)

Summary

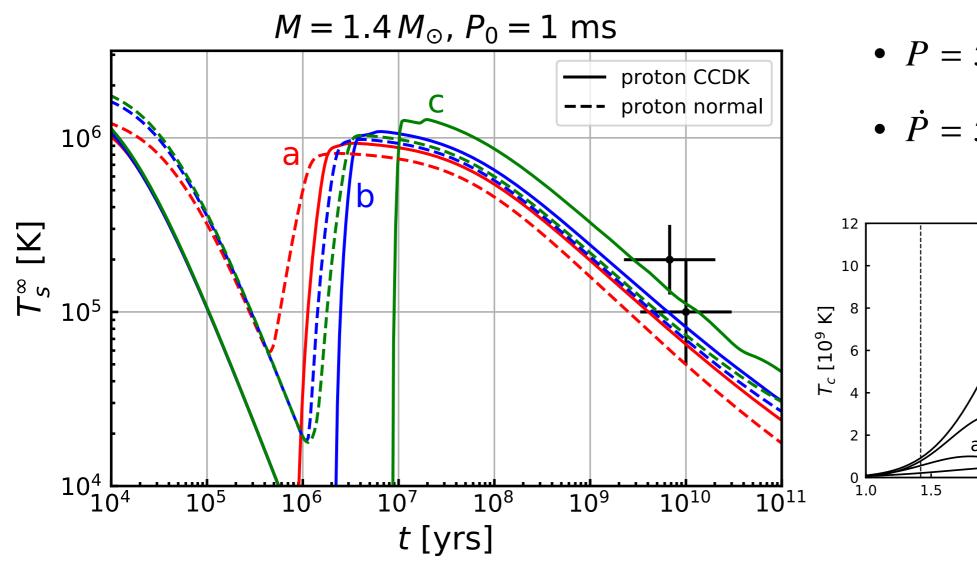
Summary

- It is known that DM heating can heat up a old NS
- We point out that DM heating may be hidden by other NS heating mechanisms
- Among proposed heating mechanisms, rotochemical heating is inevitable for any pulsar
- We compare the prediction of rotochemical heating to observations including both neutron and proton pairing gaps
- We then find that if the initial spin period is long enough, DM heating is stronger than rotochemical heating

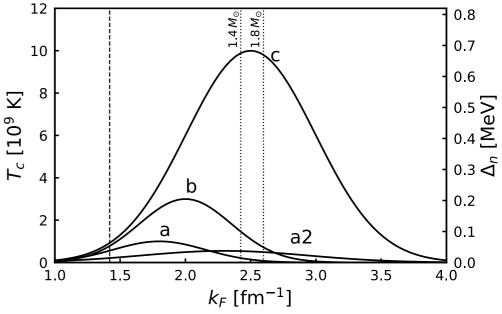
Backup

Millisecond pulsars

Can we explian hot MSPs?



- $P = 5.8 \,\mathrm{ms}$.
- $\vec{P} = 5.7 \times 10^{-20}$.

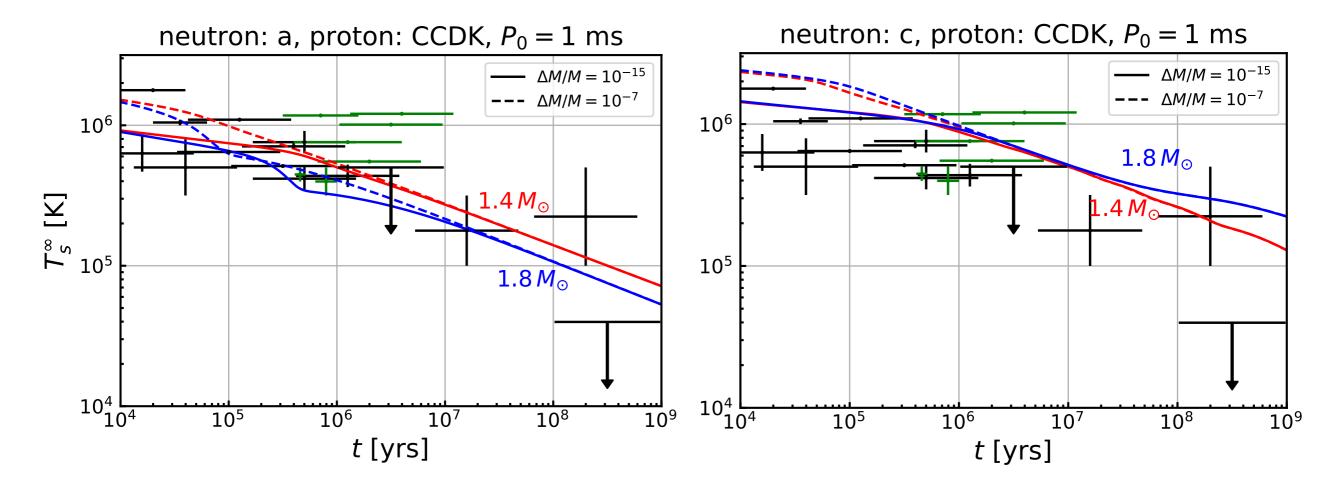


- Two old hot MSPs are explained for various choice of gap models
- Including both proton and neutron gap enhances heating

Ordinary pulsars and XDINSs

Can the same setup explain other NS temperatures?

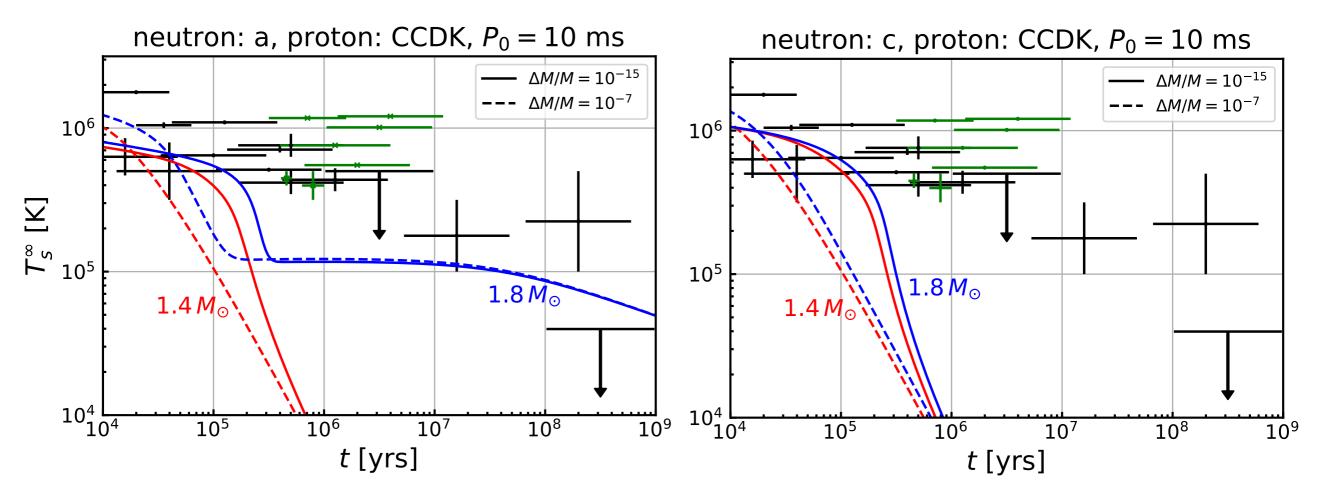
- P = 1 s.
- $\dot{P} = 1 \times 10^{-15}$.



- Many ordinary pulsars and XDINSs are also explained
- XDINSs are warmer, but may be explained by systematic uncertainties or heating caused by strong magnetic field

Initial spin period is a key parameter

$$P_0 = 10 \, \text{ms}$$



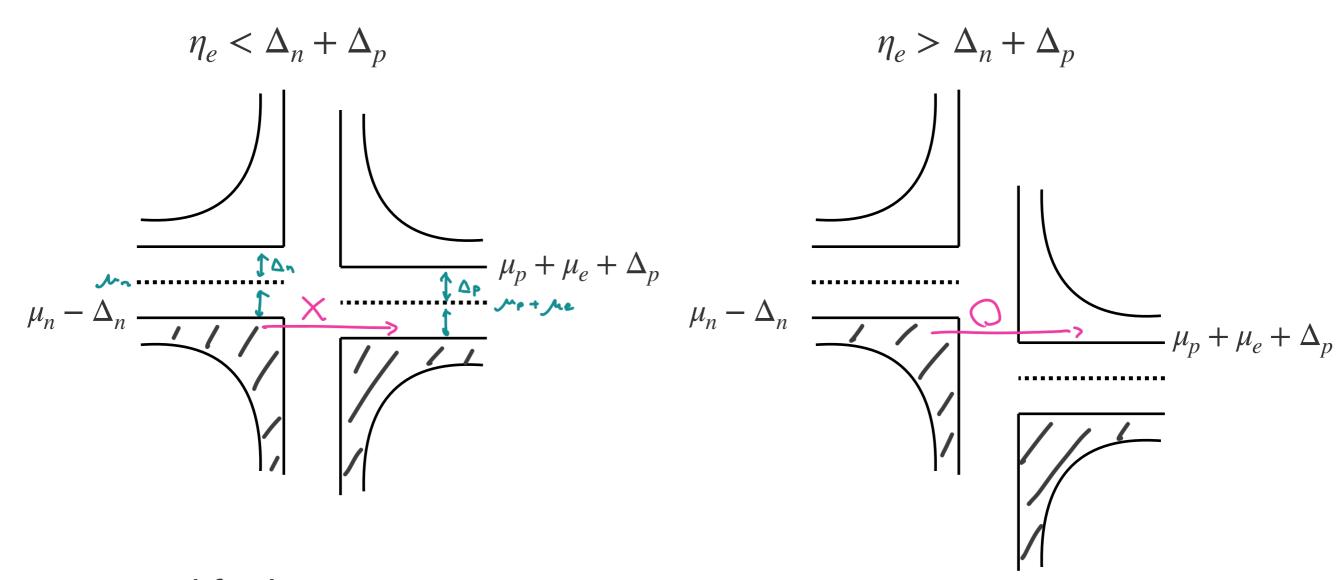
[KY, Koichi Hamaguchi, Natsumi Nagata, arXiv: 1904.04667]

- Heating is weakened for longer initial period
- Old and cold NS is explained by assuming they had long initial period

Threshold of heating

Superfluidity makes threshold for rotochemical heating

For simplicity, consider direct Urca: $n \rightarrow p + e + \bar{\nu}_e$ $p + e \rightarrow n + \nu_e$



For modified Urca $\Delta_{\text{th}} = \min\{3\Delta_n + \Delta_p, \Delta_n + 3\Delta_p\}$

Neutron star envelope

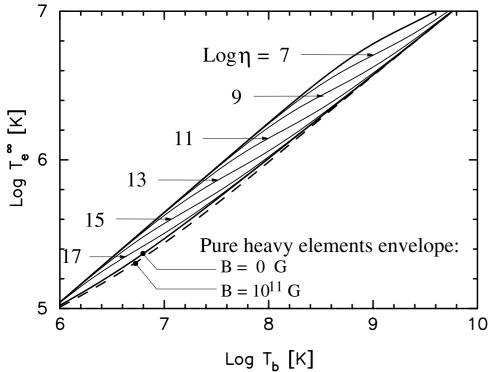
Envelope: composed of light elements (H, He, C,...) and heavy elements (Fe)

Large temperature gradient exists

$$\frac{T}{10^9\,\mathrm{K}} \sim 0.1288 \times \left(\frac{(T_s/10^6\,\mathrm{K})^4}{g_{14}}\right)^{0.455}$$
 [Gudmundsson et al. (1983)] surface gravity [$10^{14}\,\mathrm{cm\,s^{-2}}$]

T_s Core
T

More accurate relation is available [Potekhin et al. (1997)]



Characterized by

$$\eta = g_{14}^2 \Delta M/M$$

mass of light elements

[Figure from Page et al. (2004)]