We find the time in your schedule.

We create your workout session.

So you reach your potential.

NO EXCUSES

Get Started

Hi, Tony

I'm your new personal assistant, Ynot. I will schedule all your workout sessions for you every week using your Google Calendars.

I will only use the calendars you give me access to find the free time slots you have.

Don't worry.

I won't check where I'm not supposed to!

So, let's start by giving me some instructions to start scheduling you to become who you want to be!

G **Sign In**

SCHEDULE

Which calendar(s) should I check for schedule conflicts?

Work	☐
School	☐
Gatherings	☐
Trips	☐
Bill Payments	☐

Next >

TIME

When are you availble to workout? Try to find the time when you are free from your commitments, meals and rest.

From

| 05 | 30 | PM |

To

| 09 | 30 | PM |

Next >

REPETITIONS

How many times a week should I schedule workouts for you?

4
_____

Done!

Hi, Tony

Just to make sure, these are your requirements, correct?

4 Times per week

From 04 44 AM | To 04 44 PM

If you want to change any of these, you can edit them here!

Edit Settings

If these are correct, let me find some suitable timeslots for you!

Create Schedule