



## SANDWICHES

(Available all day)

### **BLT \$5.60**

bacon, lettuce & tomato

### **Egg & Bacon \$5.60**

fried egg & bacon

### **Chicken Avocado \$6.60**

roast chicken, avocado, lettuce, cheese & mayonnaise

### **Chicken Schnitzel \$7.00**

crumbed chicken breast, lettuce, tomato relish, cheese & mayonnaise

### **Smoked Salmon \$7.50**

smoked salmon, cream cheese, red onion, capers & freshly cooked spinach

### **Delish Vegetarian \$7.90**

pesto spread with a delicious filling of roasted red capsicum, grilled eggplant, sun dried tomato & feta cheese

### **Chicken & Chorizo \$8.00**

roast chicken, chorizo salami, caramelised onion, roasted capsicum, lettuce, mayonnaise & sweet chilli sauce

### **All served with your choice of bread**

white, wholemeal, or multigrain

rye \$1.00, turkish roll/focaccia \$1.50, gluten free \$2.00

### **Sides**

Salad or chips \$2.00

# BREAKFAST

(Available all day)

## **Toast/Fruit Toast \$4.60**

two slices of toast served with butter & strawberry jam on the side

## **Breakfast Bruschetta \$7.90**

two slices of bread topped with scramble egg, chives & cherry tomato

## **Buttermilk Pancakes \$10.00**

triple-stack of buttermilk pancakes served with strawberry,  
banana, ice cream & topped with maple syrup

## **Traditional Bacon & Eggs \$11.60**

nice & crispy long bacon with two eggs cooked to your liking,  
a toast, mushroom & grilled tomato

## **Eggs Benedict \$11.50**

two poached eggs on an English muffin with honey leg ham & Hollandaise sauce

## **Eggs Atlantic \$12.00**

two poached eggs on an English muffin with smoked salmon & Hollandaise sauce

## **Scrambled Delight \$13.60**

two scrambled eggs, salmon & avocado on turkish bread  
with freshly cooked spinach & cherry tomato on the side

## **The Big Veggie Breakfast \$13.70**

two eggs cooked to your liking with spinach, grilled tomato,  
mushroom, baked beans, feta cheese, hash brown & a toast

## **The Big Breakfast \$16.70**

two eggs cooked to your liking with short bacon,  
sausage, grilled tomato, mushroom, spinach,  
hash brown & a toast

## **Eggs and Toast \$5.60**

two eggs cooked to your liking on toasts with additional sides

## **Extras**

egg, toast - \$1.00	spinach, mushroom - \$3.20
feta cheese, hash brown - \$2.00	avocado - \$3.30
baked beans, grilled tomato - \$2.80	bacon, ham sausage - \$3.50
	smoked salmon - \$3.70

# LUNCH

(Available after 11.00)

## **Soup of the day \$ 7.00**

Ask our staff for daily fresh made soup

## **Gourmet Chicken Burger \$9.90**

Lightly crumbed chicken, caramelised onion, fresh tomato, lettuce, & mayonnaise topped with melted tasty cheese encased in a lightly toasted burger bun

**with additional sides**

Salad or chips \$2.00

## **Lasagna \$11.70**

Traditional homemade lasagna with bolognaise sauce & béchamel

## **Pasta Carbonara \$11.90**

Bacon, egg & fresh parmesan with a hint of cream & black pepper

## **Chicken Parmigiana \$15.90**

Oven baked chicken schnitzel topped with shaved ham, Napoli sauce & mozzarella cheese with chips or salad on the side

## **Sides**

Bowl of chips \$6.00

# BEVERAGES

## Coffee

Espresso

Single Shot

\$3.00

Double Shot

\$3.30

Cappuccino / Latte / Flat White / Long Black / Macchiato

Regular

\$3.00

Medium

\$3.50

Mug

\$4.50

## Chai Latte

\$3.50

## Mocha

\$3.50

## Hot Chocolate

Small

\$3.30

Medium

\$3.80

Large

\$4.50

## Fraus Flavoured Hot Chocolate

\$4.50

(Extra - soymilk, decaf or strong - 30c)

## Iced Chocolate

\$4.50

## Iced Coffee

\$4.50

## Milkshakes

\$4.50

chocolate, banana, strawberry, vanilla, caramel, coffee

## Smoothies

\$4.50

mango & banana, mixed berry

## Freshly squeezed juice

\$3.50

orange, apple, apple & celery, apple & carrot

## LLB

\$3.60

## Tea Drop tea

\$3.50

English Breakfast, Earl Grey, Spring Green,

Chamomile, Peppermint, Jasmine, Oolong