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## **Yogesh Haribhau Kulkarni**

Principal Architect (CTO Office, Icertis) | PhD in Geometric Modeling | Google Developer Expert (Machine Learning) | Rasa Hero (Conversational AI) | Neo4j Ninja (Graph Data Science) | Mentor (Mid-career Transition)

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**Yogesh Haribhau Kulkarni • You**

Principal Architect (CTO Office, Icertis) | PhD in Geometric Modeling | Google Devel...

11mo •

• • •

Mind & Body

Although on the professional front my domain has changed from Geometric Modeling to Machine Learning, on the personal front, the practice of 'Yog' (योग) has stayed with me throughout.

'Yog' ('Yoga' to some) is popularly regarded as just a practice of postures but that's not entirely true. Its actually a journey of 8 steps (अष्टाङ्ग), with the first half more about body/external aspects whereas the second half more on mind/internal aspects. Breath is the bridge between the two. Equanimity is the sign of mastery.

In this regard, sharing old pictures of my participation in Guinness World Records covering both the aspects, ie Mind & Body. One is about solving Rubik's cube and the other is about holding a plank. ( Please note that these are group participation records and not the individual ones. The later ones are obviously far more difficult to achieve)

At this resolution time, wish to continue exercising both, Mind & Body, with deliberate actions such as 'do-nothing for an hour', 'diet & digital fasting', certifications, etc.

Wish you a very Happy New Year and mindful resolutions.

Let there be light!!!

#yog #mindbody #career #yoga #fitness #happynewyear #guinness  
#machinelearning #ai #guinnessworldrecords #rubikcube #career #digital  
#careerchange #careeropportunities





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**Yogesh Haribhau Kulkarni** Author

10mo ...

Principal Architect (CTO Office, Icertis) | PhD in Geometric Modeling | Google Developer Expert (Machine Learning) | Rasa Hero (Conversational AI) | Neo4j Ninja (Graph Data Science) | Mentor (Mid-career Transition)

On a lighter note, instead of 'Let there be light', the new AI age blessing can be 'Let the algorithm be with you' !!!

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AI it is !!! Anyways congratulations on your participation.

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**Yogesh Haribhau Kulkarni** • Author

Principal Architect (CTO Office, Icertis) | PhD in Geometric Modeling | Google Developer Expert (Machine Learning) | Rasa Hero (Conversational AI) | Neo4j Ninja (Graph Data Science) | Mentor (Mid-career Transition)

10mo ...

[Guinness World Records College of Engineering Pune Bajaj Allianz Life](#)

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**Dr. Animesh Deval** • 1st

Manager - Data Science

10mo ...

Amazing [Yogesh Kulkarni](#). Thanks for sharing few resolutions such as 'doing nothing for an hour' as well as 'digital fasting'. Absolutely important to work on the mind. Like machine learning mind also follows the principle of 'Garbage in Garbage out'. Mindful living is what I will be focusing on in the new year! 🙌

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**Ashish Sharma** • 1st

Program Manager | PMP® | 14 Years Exp. - Business Consulting |Digital Transformation |Supply Chain |BE & MBA (B-School)

10mo ...

Congratulations [Yogesh Kulkarni](#) and inspiring!

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**Amar Kumar** • 1st

MLAI | NLP | Researcher | Data Science Leader

10mo ...

[Yogesh Kulkarni](#) - amazing stuff!

Like · 1 | Reply



**Sagar Sabade, Ph.D.** • 1st

Experienced VLSI design engineer with strong background on DFT flows and methodology

10mo ...

Do nothing for an hour (not even thinking) is perhaps the hardest goal. as you know - "Man chapal maze navare navarita"!

Like · 1 | Reply



**Sheetal Girase** • 1st

Assistant Professor|Project Coordinator|Enthusiastic Researcher|

10mo ...

Inspiring Yogesh Sir. Wish you can continue with your Resolution and keep inspiring us. Happy New Year



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Director of Engineering | Platform Engineering | Observability | Analytics | Disaster Recovery

Agree. We need to periodically go for Digital fasting.

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PARAG PANSARE • 1st

Material, Corrosion, Quality Assurance / Inspection Engineering

10mo ...

Great achievements Mr. YOG.... and veryproud moment for all COEPIANS.

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dhananjay vaidya • 1st

Designer at नवगेह (naugeh)

10mo ...

अभिनंदन आणि नव्या वर्षाच्या शुभेच्छा !

स्वामी स्वरूपानंद संपादित श्रीमत अभंग ज्ञानेश्वरी (प्रकाशन- सेवा मंडल, पावस, रत्नागिरी)

आपल्याला आपल्या resolution मध्ये बहुउपयोगी ठरेल म्हणून सुचवावी असे वाटले.

तळटीपा आणि शब्दांचे स्पष्टीकरण करणारे परिशिष्ट या मुळे ही प्रत विशेषतः अभ्यासासाठी  
(ज्ञानमार्ग) अप्रतिम आहे.

...see more

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