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You have 80,000 hours in your career.

With that same theme, #80000Hours is an initiative dedicated to helping people identify fulfilling and impactful career paths. I recently went through their career guide and here are some key takeaways:

## The 3 Career Stages:

- Explore: Don't just "go with your gut" (forget that 'Passion' pep-talk) or narrow down too soon. Take time to explore different paths.
- Build career capital: Choose roles that help you gain valuable skills, reputation, connections, character, and financial stability. Invest deeply in your personal growth until you've taken the best opportunities to prepare yourself.
- ✓ Deploy: Use your career capital to tackle pressing global problems, while also aligning with your personal values and criteria.

### How to Aim Long-Term:

- Focus on pressing social problems that are big in scale, neglected, and solvable. (For me, this is Al Alignment.)
- Think broadly about all the ways you might contribute, then identify the skills and roles where you can make the biggest impact.
- Double down on personal fit. For me, this aligns with IKIGAI and my own "specific knowledge" criteria.

#### Other Lessons:

- ⚠ Eliminate paths with serious downsides (burnout, harm, or unsustainable choices). Always keep a Plan B and Plan Z. But once that's in place, aim high.
- When job hunting, don't just send CVs. Leverage your network, get warm leads, and most importantly, prove you can do the work by actually doing it.
- Framewor: You have 80,000 hours in your career. Don't waste them.

#### Resources:

- Guide https://lnkd.in/dT9uz5aA
- Audio version https://lnkd.in/dUUgzPhJ
- Summary https://lnkd.in/dNfTdmJx
- Free eBook https://lnkd.in/dvjU4N\_D

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