



Open in app



Published in TL;DR,W,L



Yogesh Haribhau Kulkarni

Nov 28 · 1 min read · Listen



Save



# Notes from Bruce Lee's Notebook

The Marginalian

## Original Source

Bruce Lee's Never-Before-Seen Writings on Willpower, Emotion, Reason, Memory, Imagination, and Confidence ([Article](#))

## Jottings

- You will never get any more out of life than you expect
- Keep your mind on the things you want and off those you don't
- Things live by moving and gain strength as they go
- Be a calm beholder of what is happening around you
- There is a difference a the world b our reaction to it
- Be aware of our conditioning! Drop and dissolve inner blockage
- Inner to outer ... we start by dissolving our attitude not by altering outer condition
- See that there is no one to fight, only an illusion to see through
- No one can hurt you unless you allow him to





Open in app

