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Stumbled upon the National Institute of Open Schooling (NIOS nios.ac.in) site while searching for some topic related to Yoga and found that it's a profound repository of training materials across various disciplines. The course material is open and free to download, and I'm finding the quality and presentation of the material superlative!

NIOS provides education opportunities to those who missed completing formal education. It offers Open School, Open Learning, and Vocational courses from primary to senior secondary level. The courses cover a diverse range of subjects like Sciences, Arts, Commerce, IT, and even job-oriented vocational courses.

With NIOS, there's just no excuse for not learning and upgrading yourself. 

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