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Summary of “Lateral Thinking”

YouTube channel: Mind Gym

Original Source

Dr. Prasanna Gadre in mind Gym ([YouTube](#) 1 hr 44 mins)

Jottings

- Theme: Lateral Thinking
- Need: Enthusiasm, Appreciation
- People don't even think (no need, discouragement)
- Academic intelligence is not everything
- Intelligence has other facets, like muscle, builds with practice
- Lateral Thinking: crazy-abnormal-unreasonable but healthy-novel thinking
- Self-Intro: a bit 'hatke', interesting, story-form
- Out-of-The-Box thinking, against flow, creativity
- Examples of Lateral Thinking:
 - Strategies: Krishna, Shivaji maharaj, Chanakya
 - Stories: Akbar-Birbal, Tenali Ram, Vikram-Vetal



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- Read history/fiction, creative writing,
- Puzzles, aptitude tests, try something new,
- hobbies, hacks, give music, try left-hand

The above summary was also posted in the Comments section of the original [YouTube video](#).

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