

atha yogānuśāsanam

Now the study of yoga begins

Home

Philosophy

Introduction

Booklist

Concepts

Sanskrit alphabet

Heart of Yoga

Bhagavad Gita

Upanishads

Hatha Yoga Pradipika

Patanjali's *Yoga Sutras*: General Introduction to Commentary

My plan is as follows for each sutra:

- to offer meanings for the Sanskrit words (meanings as found in various sources including Monier-Williams Sanskrit dictionary, Satchidananda, Taimni, etc. as indicated)
- to give several meanings for the sutra from various translations in the hope that this will help the reader get closer to the original Sanskrit text.
- to provide commentary, from the *YogaBhasya* of Vyasa, and from various modern editions
- to add my own thoughts or attempts at interpretation (as much as anything this is to help me towards an understanding of the text and I may add to or change my thoughts from time to time, as a result of getting to grips with *avidya*!)

Abbreviations used in the commentary are as follows:

Col. Dic	Cologne Digital Sanskrit Dictionary (an on-line dictionary currently containing c. 160,000 entries from the <i>Monier-Williams Dictionary</i>) available for consultation at: http://www.uni-koeln.de/phil-fak/indologie/tamil/mwd_search.html
B	Bernard Bouanchaud, <i>The Essence of Yoga</i>
D	<i>Patanjali's Yogasutras</i> , translated by TKV Desikachar
H	Swami Hariharananda Aranya, <i>Yoga Philosophy of Patanjali</i> (translated by P.N. Mukerji)
S	<i>The Yoga Sutras of Patanjali</i> , translation and commentary by Sri Swami Satchidananda
T	IK Taimni, <i>The Science of Yoga</i>
V	Vyasa's <i>Yoga Bhasya</i> , as translated by PN Mukerji in Swami Hariharananda Aranya, <i>Yoga Philosophy of Patanjali</i>

Sutra Links

[Chapter 1](#)

[Chapter 2](#)

[Chapter 3](#)

[Chapter 4](#)

