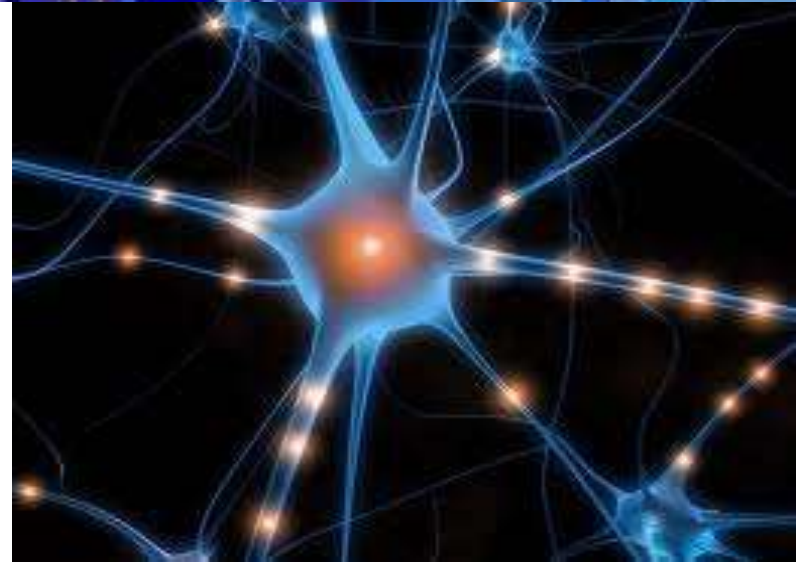
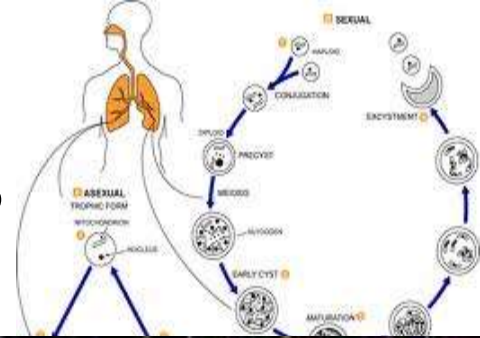


# THE EXPANDING CONSCIOUSNESS

*“The obvious is that which is never  
seen until someone expresses it  
simply.”*

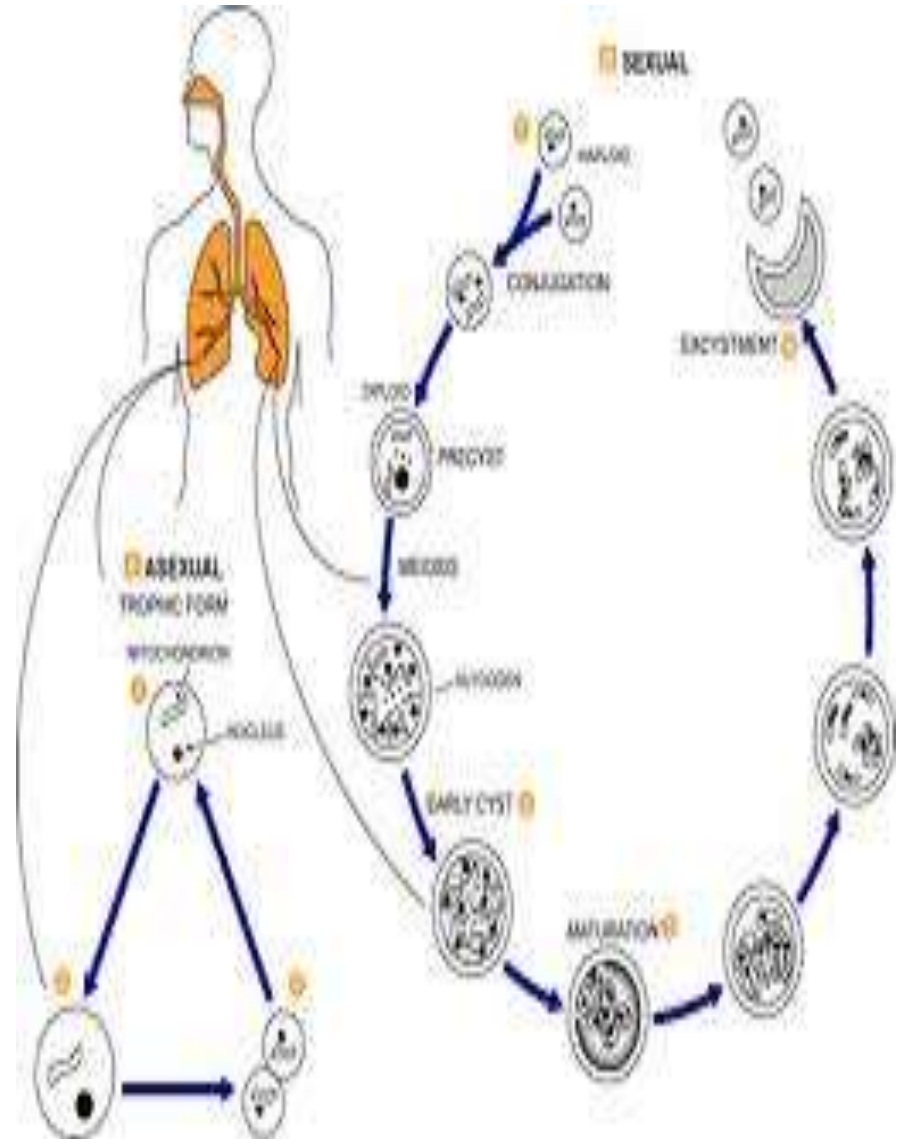
# Life $\neq$ Consciousness

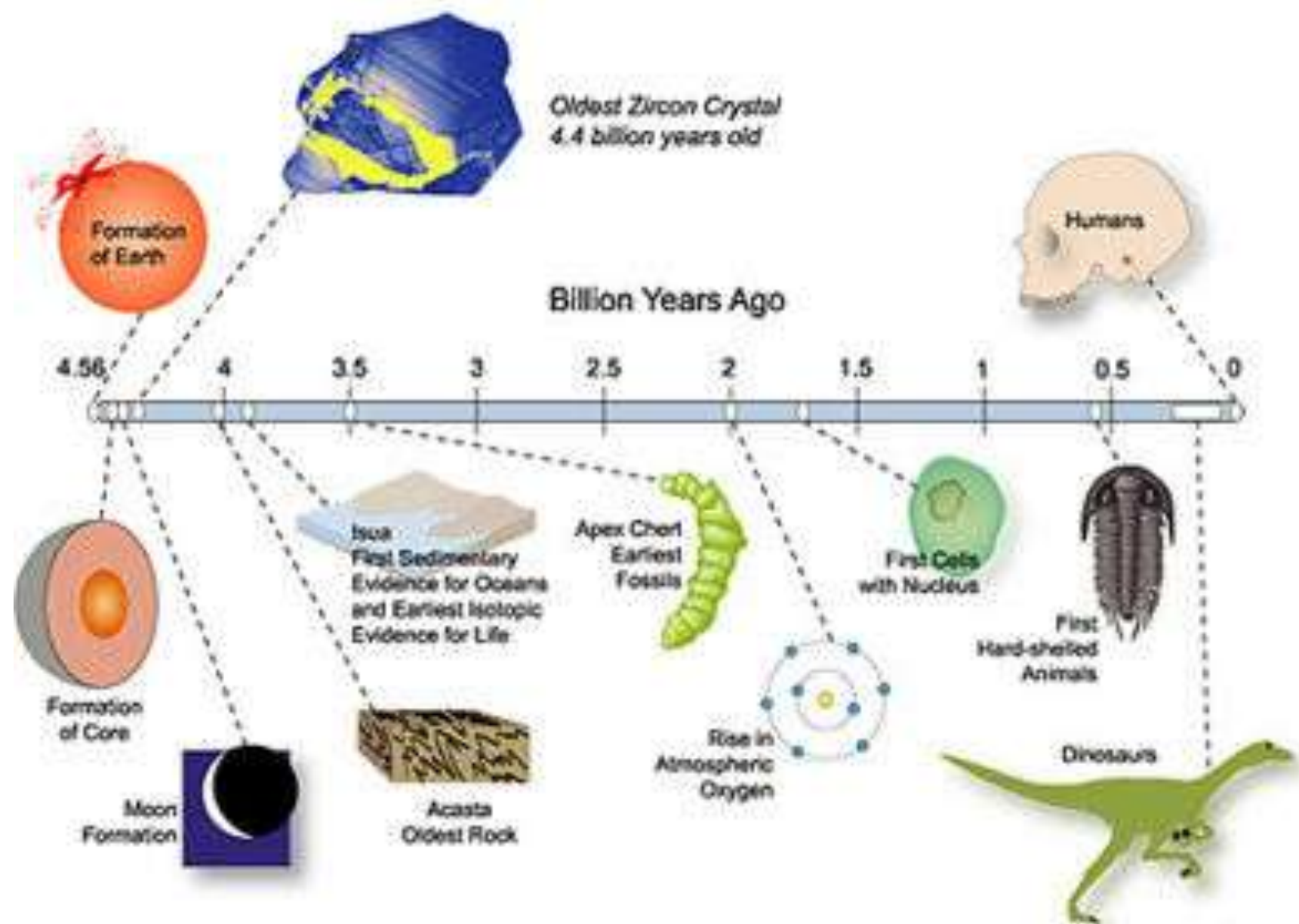
- Life and consciousness seem to be synonymous. It is obvious that without life, there can be no consciousness and on the other hand it is also true that without the **most elementary concept of consciousness**, there can be no life.  
**What then exactly is life and what is consciousness!**



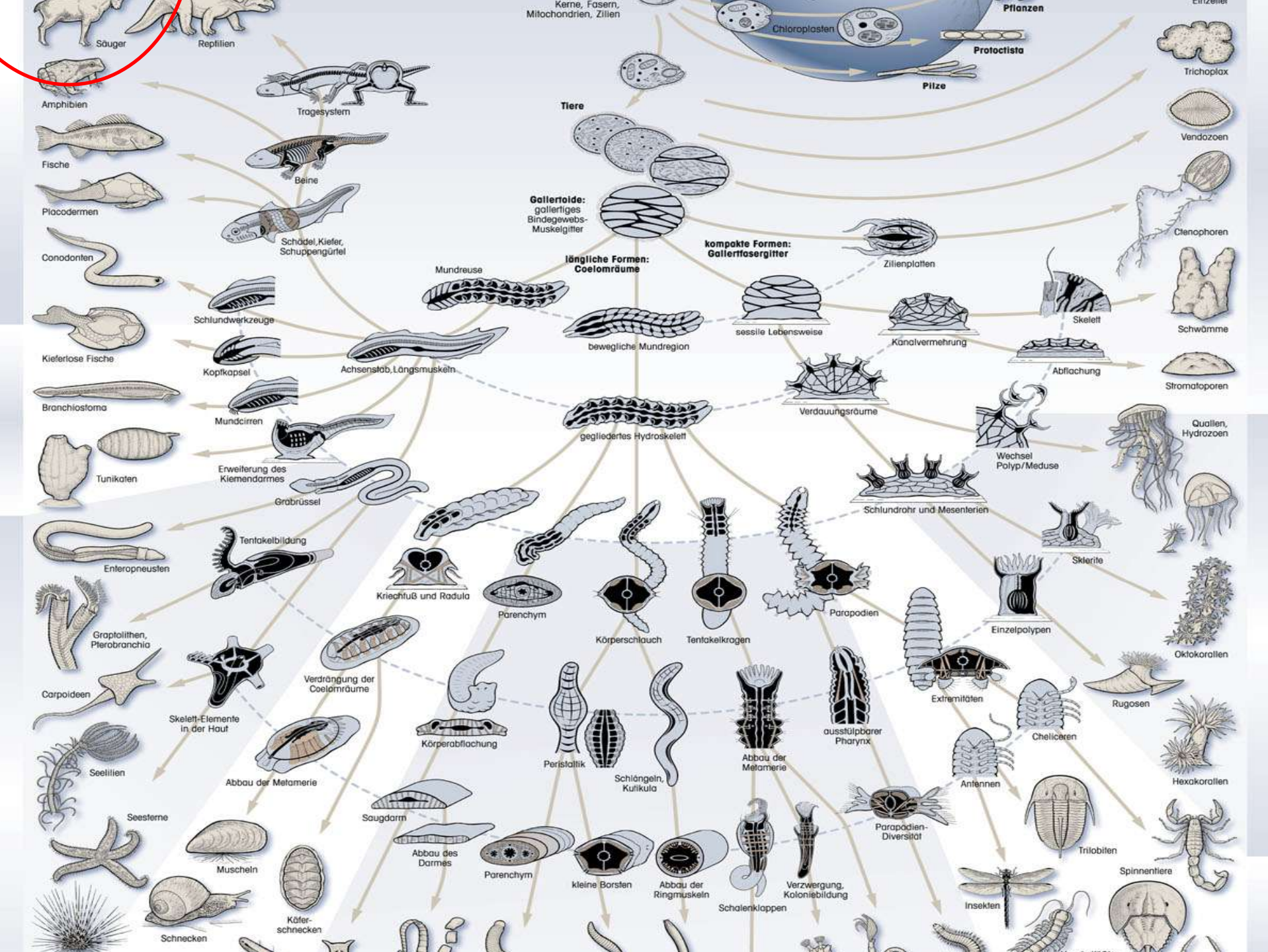
# Can we know life better now?

- In our age of interplanetary travel are we nearer to knowing life than the proverbial ape, our one time ancestor? What exactly is life?
- This vital factor Life makes us live, just as it allows the animals, birds, fishes and plants to live.



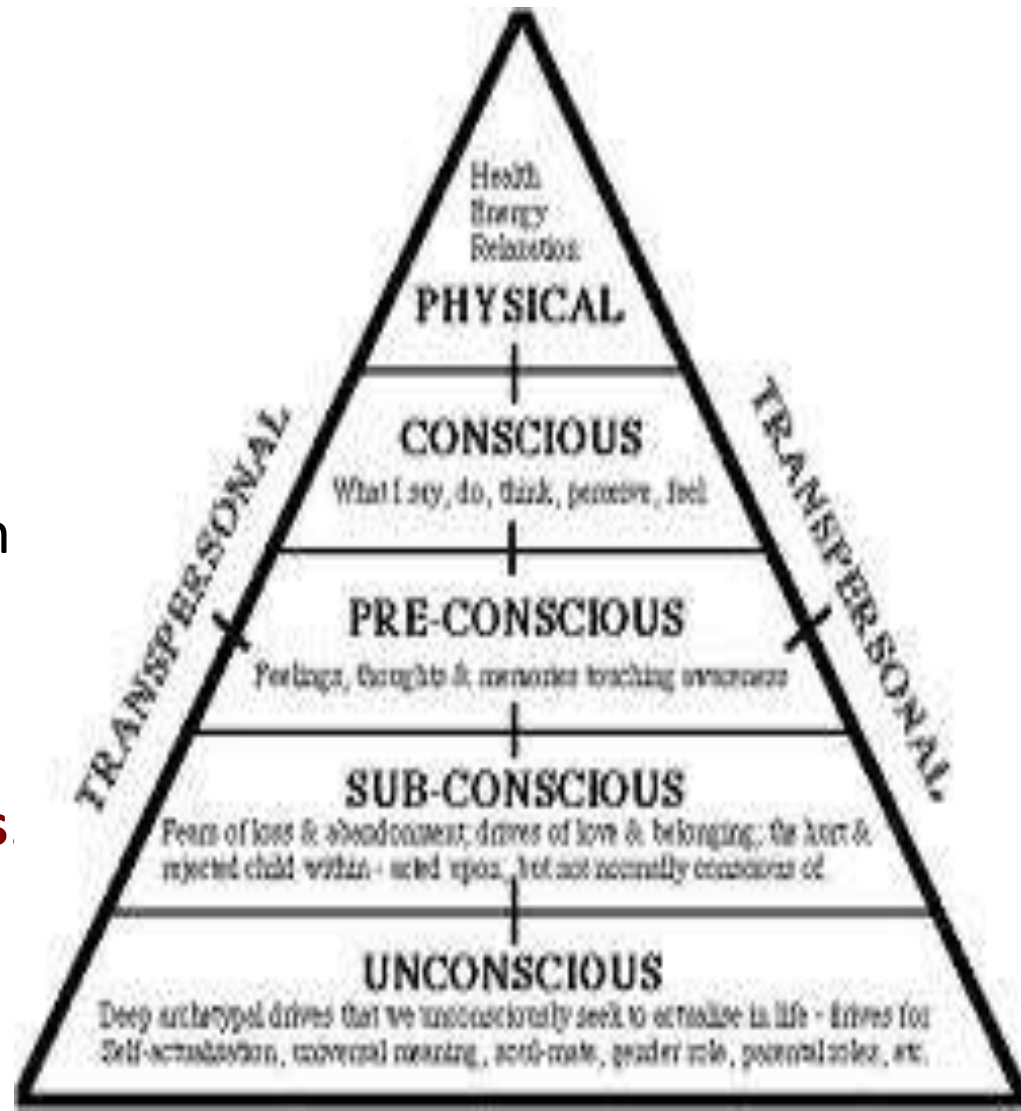






# What makes man rational

- But accompanying life is what we call consciousness or awareness, which is imperceptible in the mineral kingdom, very limited in plants, less limited in the animal kingdom, still less limited in an average human being.
- **This makes man rational intelligent being as compared to other entities.**







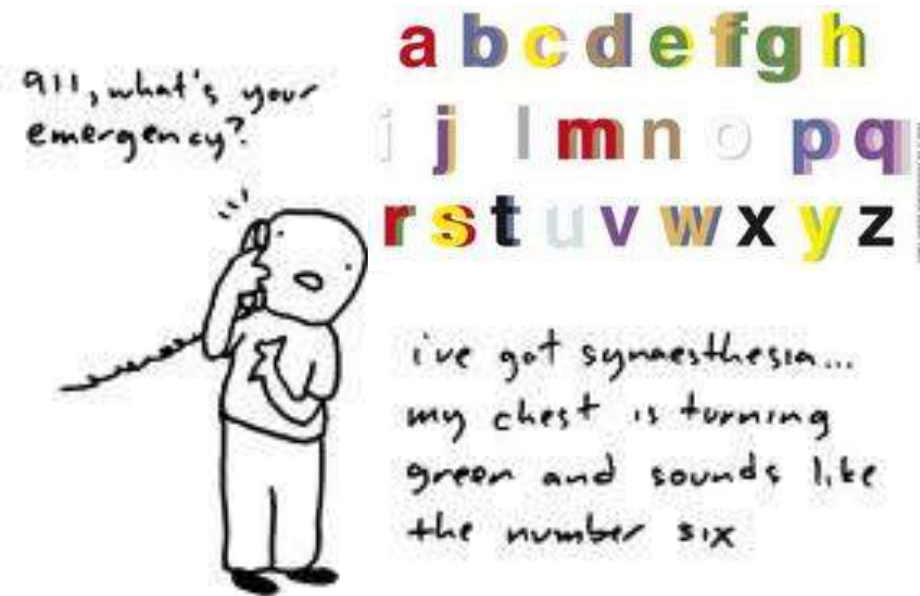
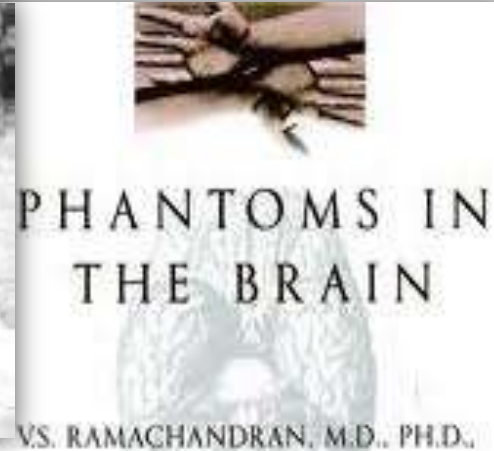
# mAn

- But man thinks that in all creation, there is not a kingdom or kingdoms with consciousness as much or more advanced than is his in comparison (or as his consciousness appears in comparison) to the other lower kingdoms.



# But consciousness is not the boss

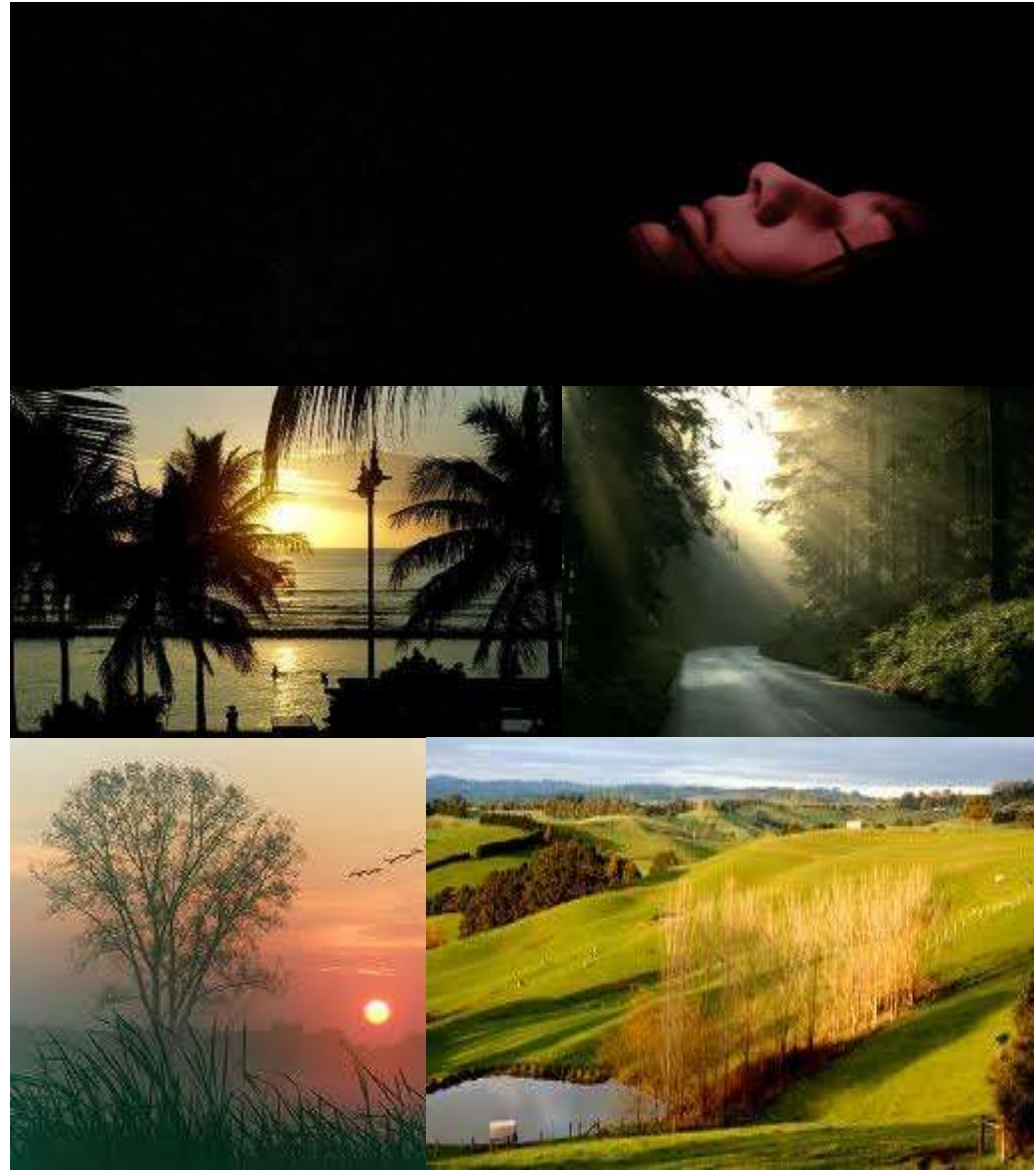
- Yet consciousness alone does not make man a Divine or special Being. There is another subtle, vital principle in man which, when it is able to function within man, makes of him a special or divine Being – we can say that man is the vital principle and has consciousness, life and a physical body, just as a man may 'have' a house, furniture and a car.





# Consciousness x unconsciousness

- Supposing we were to live in a world of perfect darkness. Now suppose, that we come into possession of light equal to one candle power. Even so, we should be able to differentiate between light and darkness. If hits one candle power of light be not there and only darkness existed, then we could never distinguish between light and darkness.
- In the same way, we sleep at night; our consciousness (by comparison to other standards) is one candle power during our waking hours! However, if we were always asleep, we could understand what consciousness is. Are we actually conscious for sometime, however short the duration, or are we completely asleep and always so?



# As doctors we have little clue of Sleep process ?

- We do not understand even today what sleep is. We have another state in which we are not aware or conscious of our body even though awake. In deep sleep we are not conscious or aware of our relation with other people, our health or ill-health, even our own body; in short, we are in oblivion. Nothing exists, neither we, nor God, nor the world. Yet when we get up we say, "I slept wonderfully."
- How time flies. To think I had eight hours of sleep! **Seems as if I went to sleep only a moment ago."**
- If we were in oblivion how could we say, "I slept wonderfully?" What is that state of consciousness? Who testifies to it? and who is this 'I' that slept and who is that 'I' that testifies, or is, or was, conscious of the fact?





INCEPTION

A Warner Bros. Entertainment Production

# The 5 Levels Of **INCEPTION**

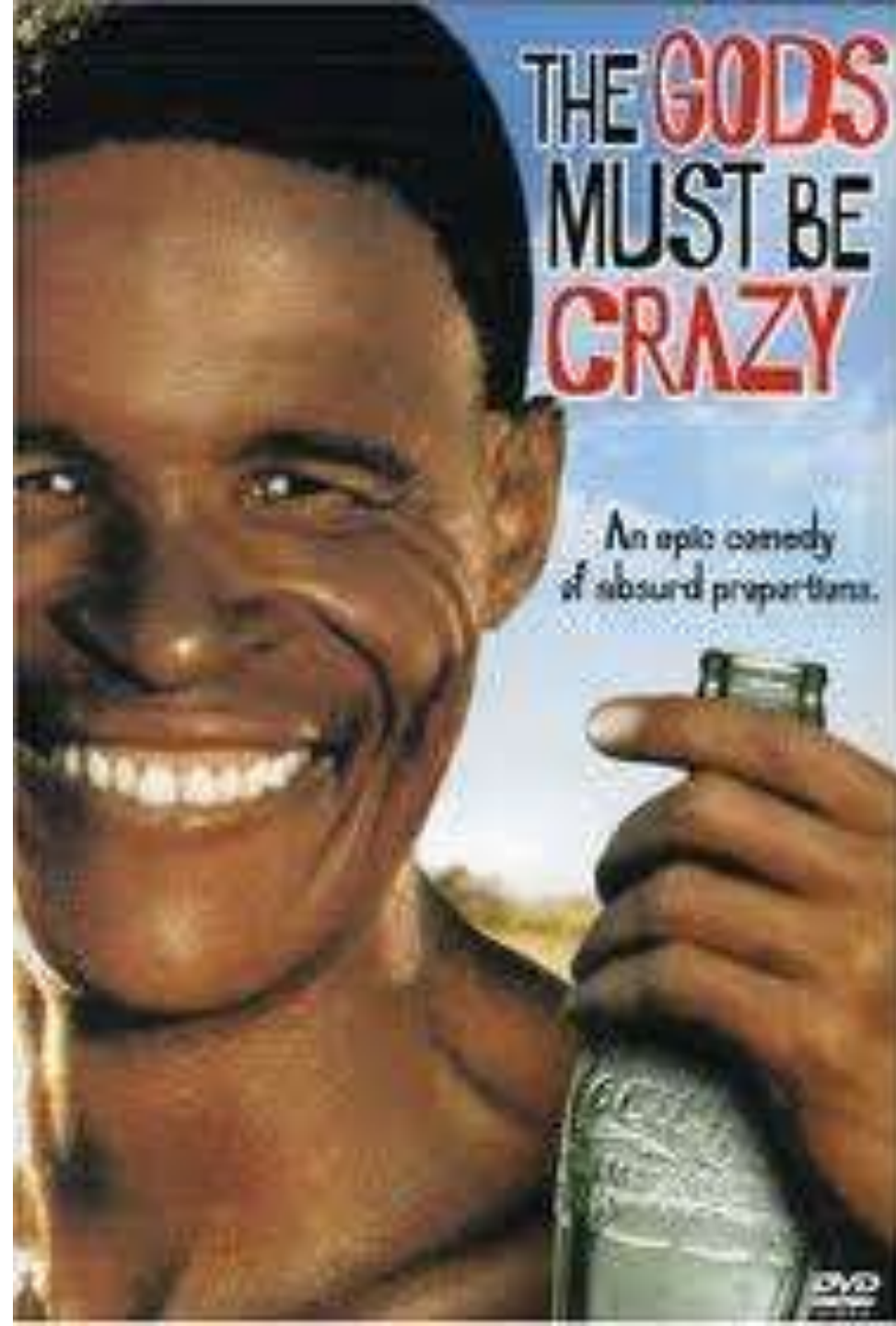
LEVEL	WHO DREAMED IT?	WHO GOES THERE?	WHY ARE THEY THERE?	THE KICK
LEVEL 1 <b>REALITY</b>	No one... We think	Cobb, Arthur, Ariadne, Eames, Saito, Yusuf and Robert Fischer Jr.	To drug Fischer Jr. and bring his subconscious into a dream.	There isn't one. The timer counts down and the machine shuts off.
LEVEL 2 <b>VAN CHASE</b>	Yusuf "The Chemist"	Cobb, Arthur, Ariadne, Eames, Saito, Yusuf and Robert Fischer Jr.	Fischer Jr. is kidnapped. They force him to give them random numbers which are used later, and begin planting the idea in his head that his father wants him to break up the company.	Yusef drives the van off a bridge. That fails. A second Kick occurs when the van hits the water.
LEVEL 3 <b>THE HOTEL</b>	Arthur "The Point Man"	Cobb, Arthur, Ariadne, Eames, Saito and Robert Fischer Jr.	Fischer Jr. is tricked into believing Browning is a traitor. He joins the team for their next mission.	Arthur blows up an elevator, simulating freefall.
LEVEL 4 <b>SNOW FORTRESS</b>	Eames "The Forger"	Cobb, Ariadne, Eames, Saito and Robert Fischer Jr.	Fischer Jr. must be taken to the fort, where the idea they wish to plant will finally take hold.	Eames blows up the supports of the fortress, dropping it and causing freefall.
LEVEL 5 <b>LIMBO</b>	No one It's a shared state	Cobb, Ariadne, Saito, Robert Fischer Jr. and Mal's projection	To get Fischer Jr. and Saito out.	Ariadne and Fischer fall off a building. Cobb and Saito shoot themselves.

Artwork by Matt Slocum  
www.inceptionpullbook.com



# Body becomes the boss

- During deep sleep, the body had its own type of consciousness; for it continued breathing regularly. The circulation of blood, the beating of the heart, the digestion of food and even turning on our side in sound sleep, all continued.
- **What is this state of consciousness within?** When we are not aware of our body as in deep sleep, **it is life that makes the body exist.** That state when you are not dependent on your five senses **is the state of the vital principle.** It lives by its own inherent capacity independent of any material or **physical laws or the consciousness of circulation, breathing, etc.**
- It is the **inherent consciousness in matter of all forms and grades due to the prevalence of the substance Life in all creation.** All creation therefore breathes from those taking in very short breath to those taking a very long breath-and everything moves, rotates, circulates in all the various realms of creation.



# Why do we keep going out and out and out ?

- It is not due to want of consciousness 'beyond our Earth', but want of observation and the means to observe beyond our Earth, **that we presume there is no life or consciousness in interstellar space.**
- It is this rate of flow of life, it is this
  - 1.rate of flow of consciousness,
  - 2.it is the state of the vital principle
  - 3.in its original state as in deep sleep, or
  4. as identifying itself with the physical body in what is known as the waking state together with the inherent different levels of consciousness that makes men different from each other.**Circumstances, environment nor heredity could be the sole cause.**



One in 700 people wake up during surgery.

Imagine if you woke up during your murder.



HAYDEN CHRISTENSEN JESSICA ALBA AND TERRENCE HOWARD

# A W A K E

cert 15



[illegible]

# Who is awake ?

- Take this thought for serious thinking. **“What is sleep and who keeps awake to carry on the vital functions during sleep?”**

