

Spiritual plane



“All knowledge that is divorced from justice must be called cunning rather than wisdom.”

CCS-Critical certain stage-

- In the life of all persons comes eventually that moment when he finds himself standing on the threshold. What is this threshold and of what kingdom is this the threshold? In the life of such a person comes a moment when without being told or even without passing through trials and tribulations the zest of life seems to leave him. No longer do the usual pleasure of the flesh or mind give satisfaction; on the contrary, a distinct disgust is experienced.
- This is indeed a blessed moment and at the same time a terrible one.



BLESSED

Some come knowing others by
unknowingly

- A few persons, due to certain reasons, come to this stage unconsciously without any deliberate thinking about it, whilst some earn this blessed moment.
- But not knowing the laws which bring about this experience they miss the opportunity and even misunderstand this moment. We call this moment : “that critical certain stage”.
- In the last chapter, we noted that ‘outside factors’, food, or impulse (in different forms) introduced within ourselves are through : breathing (b) food and drink (c) coded impulses received through our senses.



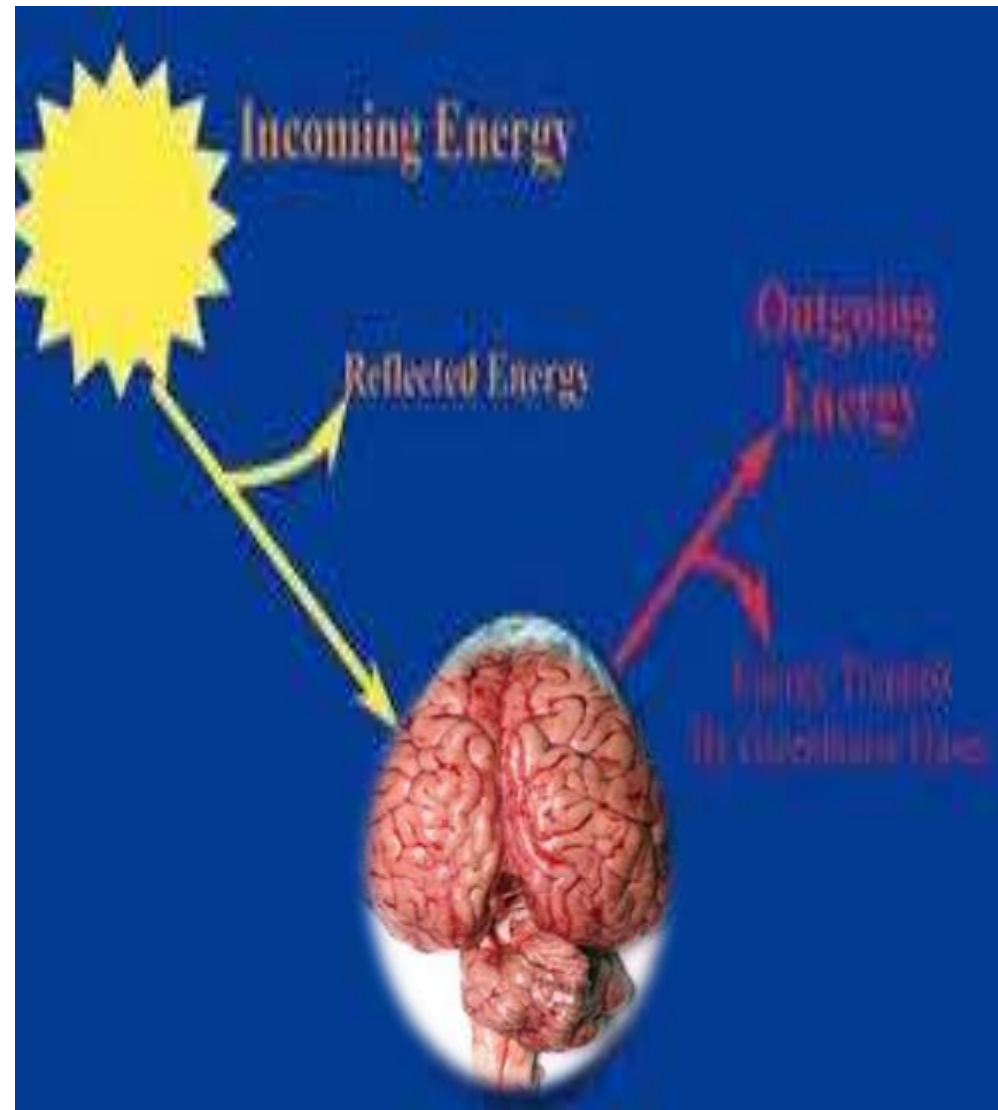
Many process improvement ideas were discovered by mistake.

Major activities and how to treat them ?

The test of a person is how these elementary factors are introduced within his system. These seemingly simple factors create two more simple factors, viz. (d) sleep and/or inertia (e) sex appetite.

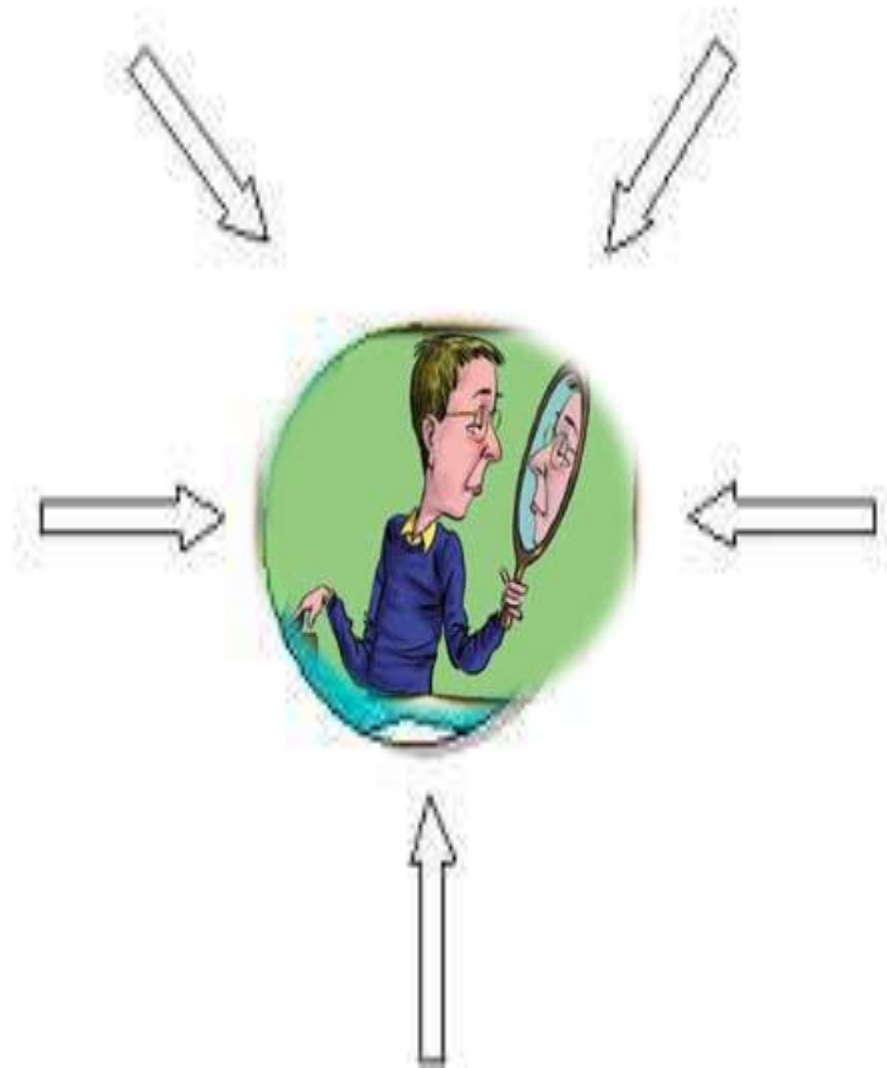
Let us therefore examine how we treat these five factors

- (a) breathing
- (b) food and drink
- (c) incoming coded impulses received from our senses
- (d) sleep and/or inertia
- (e) sex.



Gravity of “Selfc”self consciousness

- The gravitational pull of life, the inherent pull of matter the **hypnotic spell of the self-consciousness** state in which we find ourselves today and the fear to be different from the norm of others, keep us as if held in a vice in the drama of this world where we seem to perform and also to behold the performance of others.



Everything is relative , but relative to what ?

- Life and consciousness are relative terms. All light, all understanding, all truth, good and evil and all religions are relative; but relative in what manner?
- We say relative to the position of a person to “that critical certain stage” or the threshold of that blessed moment in life.



How to cross over CCS

- It is not possible by reading or intellectual gymnastics, dry philosophy or mundane theology, or misleading yoga practices to understand life, consciousness, or vital values much less anything higher. This is all understandable only when one crosses over the threshold to reach “that critical certain stage”.
- The question is, how should one find out whether one has or has not reached “that critical certain stage” and by what means or methods or disciplines can one reach “that critical certain stage?”



Our endeavour is to bring you to CCS ,but....

- We on our part will endeavour so guide, but the reader should honestly examine and judge himself and then unfailingly and painstakingly follow day to day the methods and disciplines outlined.
- It is a prevalent notion that such guidance is only given by a teacher to the disciple. It is to be presumed that a teacher, after ascertaining the peculiar tendencies of the disciple, gives a; particular line of treatment. Yet a general course in a book form would immediately meet with resistance.



Your but is right , only for few who have crossed over C.C.S.

- This is very true and should be so. However, this book is not written for those few who have labored and crossed the threshold and have become accepted disciples. It is also true that one often sincerely believes himself to be a disciple of some teacher or guru or master. This is usually self-imposed or imaginary and such teachers and such disciples are countless. When a person has crossed the threshold (=Einweihung) we hear the oft repeated, “When the disciple is ready, the master will appear”;and unfailingly it is so.



Follow the non glamorous road first.

- The main question is, how should a person make himself ready? We, therefore, wish to guide those who would first like to reach that fruitful, Critical-Certain-Stage and then be ready for a real master or teacher.
- There are many sincere people who in their very eager search unfortunately lose their way, their heart and even their heads for so-called schools, ashrams, teachers, methods new and old and theories old and new-but who would not take into account this very important factor, viz., that of *first* reaching "that critical certain stage.". **Not knowing this fact, or ignoring the same, they apply certain higher methods and discipline rather prematurely! How can they then expect results without first reaching "that critical certain stage?"**
- All such methods outlined as dharana (concentration), dhyana (meditation) and Samadhi (identification) are for persons who have already reached "that critical certain stage".
- Let there be no mistake about this unimpeachable fact. Experience, not theory, reveals this miracle-moving law.



Why people doubt ? because of

- The four most misunderstood, exploited and even abused words are : God , Religion, Love and Yoga.
- The great yoga systems, as the other ancient systems, have deteriorated and are now looked upon with suspicion. This is because they have been followed and practiced by people below “that critical certain stage” and by many foreign scholars who after getting a few fragments, clothe the same in appealing language and postulate fancy theories.



**People bellow CCS
practice things
“only for beyond CCS”.**

Body needs preparation for higher experience or it will give way.

- Sometimes, due to the operation of a certain law, a person crosses the threshold to that Critical-Certain-stage, for a split second. When this happens without conscious effort, it is not possible for him to control it or to remain long enough in that state. However, by conscious efforts and methodical approach, it is possible to live the rest of one's life in that blessed state.
- The effect of the intensity of such an acceleration of the flow of consciousness on the physical body is too strenuous. Thus (before this stage) it is better, nay rather it is necessary, to consciously pass through certain methods and disciplines. We thereby raise the intensity of the body replacing generations of weak cells, by cells able to withstand the blessed event.



Unprepared body will get damaged irreparably -

- The body and brain being ill prepared to meet and withstand the intensity, will have to depart from such a state, within fractions of a second. Mercifully; for without preparation, the body and mind would be damaged irreparably by prolonged flow of such high intensity.
- Such a person, so to say, passes through a new state or 're-birth'. He is born into a new way of life and rises high on the moral and spiritual plane and is never again the same old self? This stage is not a supernatural stage. It is just a normal human growth promised to man by God which gives us a taste of things to come!
- Only if man were not to use his free will unwisely, the blessed day for the whole race would soon be at hand!



Is there a step by step practical way for C.C.S. ?

- Can we define “that critical certain stage?” Can we find or know the practical ways and means or have a yardstick to measure and find out in a simple and direct way ‘where’ a person is at a given time in this life? Can we give simple and straight forward instructions? The methods and instructions should be such that nothing is left to faith, fate or chance nor should they be impracticable.



If man be classes as conscious being..

- Men should deserve to be classed as conscious beings; such as could deliberately work out their causes and weave patterns to that effect. Whenever a person reaches such a high stage, the internal self-diagnoses reveal even microscopic faults and defects of the left-over previous patterns and as such a desire to remove the same; such a person's aim being, Perfection. To that end, therefore, it is imperative for such persons to bend their whole will and work for that one purpose-Perfection.



The fiber cross-section in the middle of this photograph measures about 12 um - this is smaller than most bacteria.

Hair raising experience

- To reach that end, such persons work out causes, deliberately setting out to fulfill through efforts which carry moral lessons for the average person and once having fixed causes consciously, they work out unflinchingly the effects.
- The higher the order of being, the more poignant is the way in which the causes are set to create most hair raising effects. The last traces of the ego are destroyed completely. The self-created drama therefore includes, insult, humiliation and a subdued mind which refuses to act even in self-defence; besides setting less advanced people an example.

