

WHAT IS THIS MIND OF MAN?

Chapter III

Why don't you fight ?

- There is no struggle of Soul and body save in the minds of those, whose **Souls are asleep** or whose bodies are **out of tune**.
- The brain of a thinking man does not exceed in size the brain of a non-thinking man in anything like the proportion in which the mind of a thinker exceeds the mind of a savage.

Pres-u-me.

- We presume , that our mind and brain will grow automatically like the body.
- It grows but only till the animal part of the body has reached the final point. Beyond that body stops growing so does the growth of mind.
- We don't grow because we PRESUME an automatic growth.
- Our prayer, our God have come out of presumption that if we just say into air, "God please help me" .and big job is done. Sorry friends , this is not helpful and there is a very important reason behind . We will discuss later , for now know **virus called presumption keeps entering and roaming** around in our minds, we need to install an antivirus to **track it and keep deleting** when ever it enters.

What antivirus is needed and how to grow the mind?

- It is not possible by reading , not study, it is not reasoning, it is not deliberation, it is not self-recruiting , forcing oneself.
- It is only by immediate perception of things of **very high intensity** , eye to eye with the **ultimate doers** , spirit to spirit with **unbelievable energies** , peace to peace with **minds of greatness**.
- Later we shall study this possibility when we discuss the portions II, III and IV of the mind and the cellular-molecular, molecular and electronic bodies or 'vehicles' and their vast added dimensions of consciousness.
- Nothing less than **direct contact**, with them who have done or are doing will work until the first step is taken.



We car before map to reach a place !



Important questions for now and for till you reach the peak?

- Question are more important than answers. Disturbance of questions move us, bring in us search , energy to do, to find. Having right questions is like finding a vehicle , right answer is a map , important but lesser half. If u have the car and not map, you may ask , search and reach. But only map will take you longer. Most of you already have right answers (study hear, be good, be disciplined etc. etc.)and very few struggle to find right questions.
- For now imp questions are, What is brain?
- Are mind and brain synonymous?
- Are they different? If so, how?

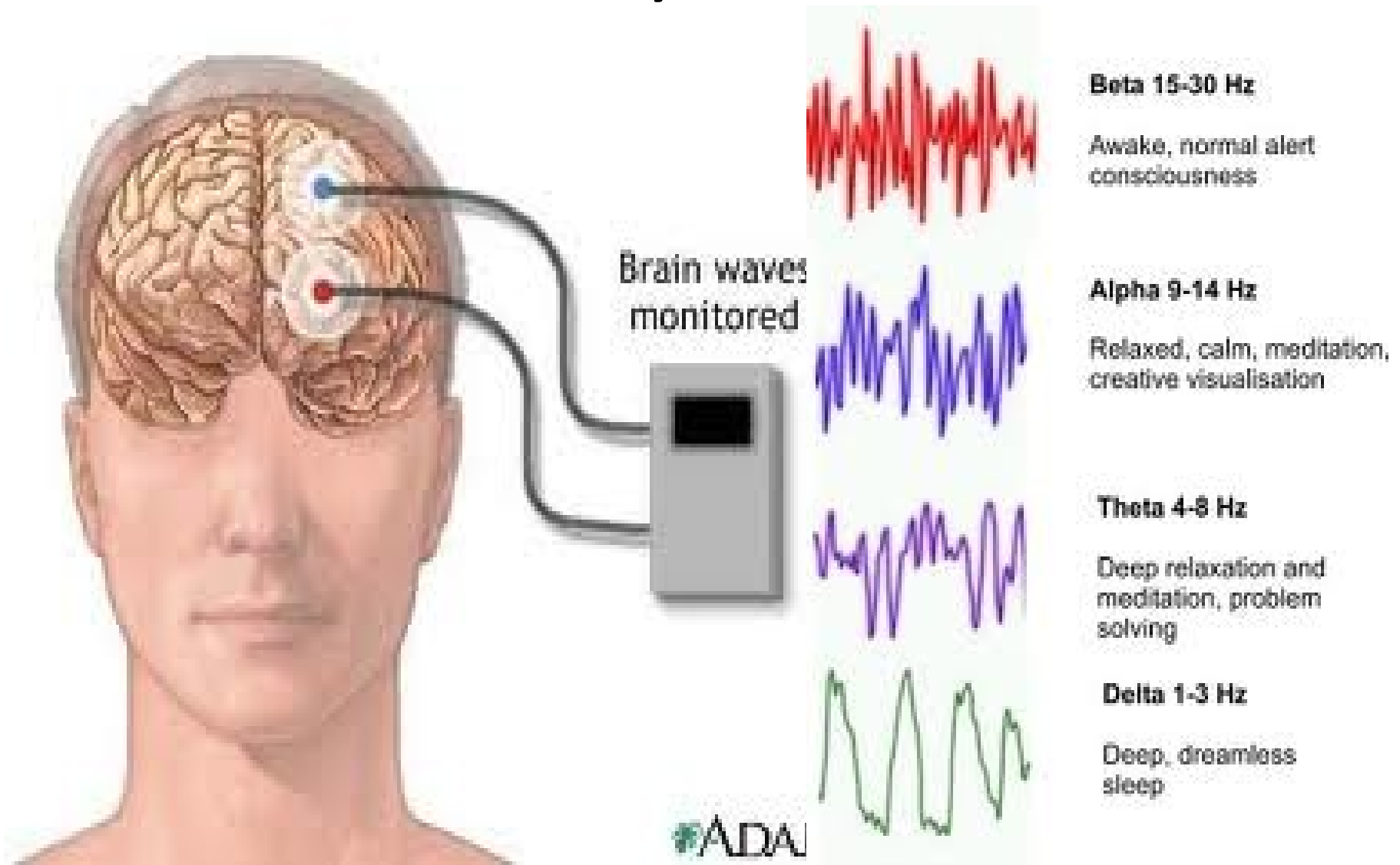
Vibrations of what.

- Have you seen that mind drifts away from the main subject again and again. This drifting gives us a clue to the inner states of mind.
- Whenever a brain is observed or subjected to tests by sensitive instruments, it will be noted that the brain or grey matter shows **agitations**, certain **subtle movements**, certain giving off of rays, certain **striking of notes**, certain creation of intensity or for want of a better word or explanation, a certain “something”. This certain “something” is the mind of man or the effect of the impact of impulses reaching the brain through the senses.

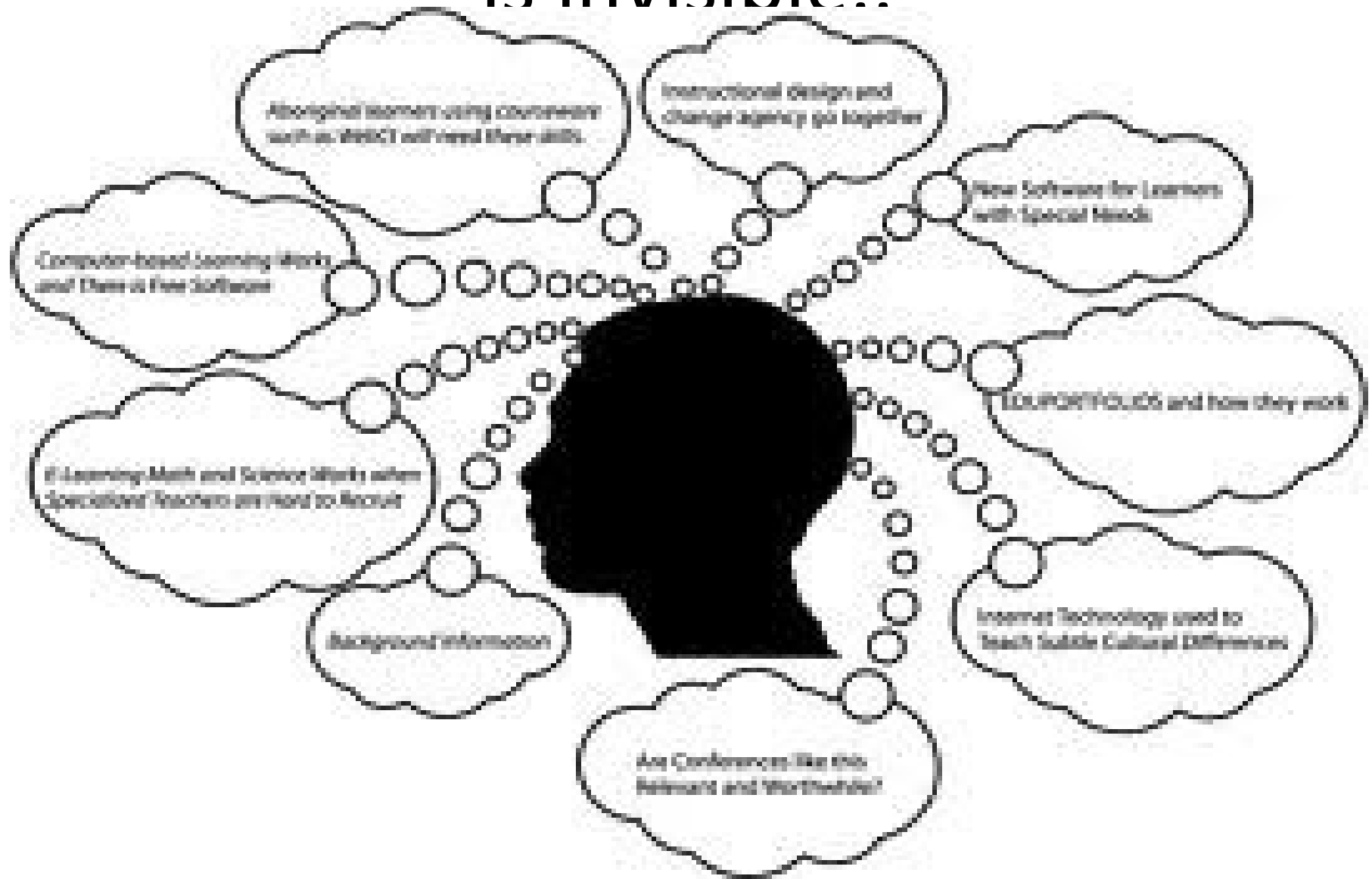
Impact of impulse → thoughts

- These impacts or reactions to impacts are invisible, yet have a definite existence and can be recorded and noted by sensitive instruments. In common parlance such effect is called a **thought**.
- Therefore the mind of man is invisible, unlike the brain which is visible. Such individual reaction to impulse or impact on the grey matter, is called “a thought” and hence, thought is also invisible. Thoughts grouped together make up the mind of man.

Thoughts can be recorded, in fact they are.



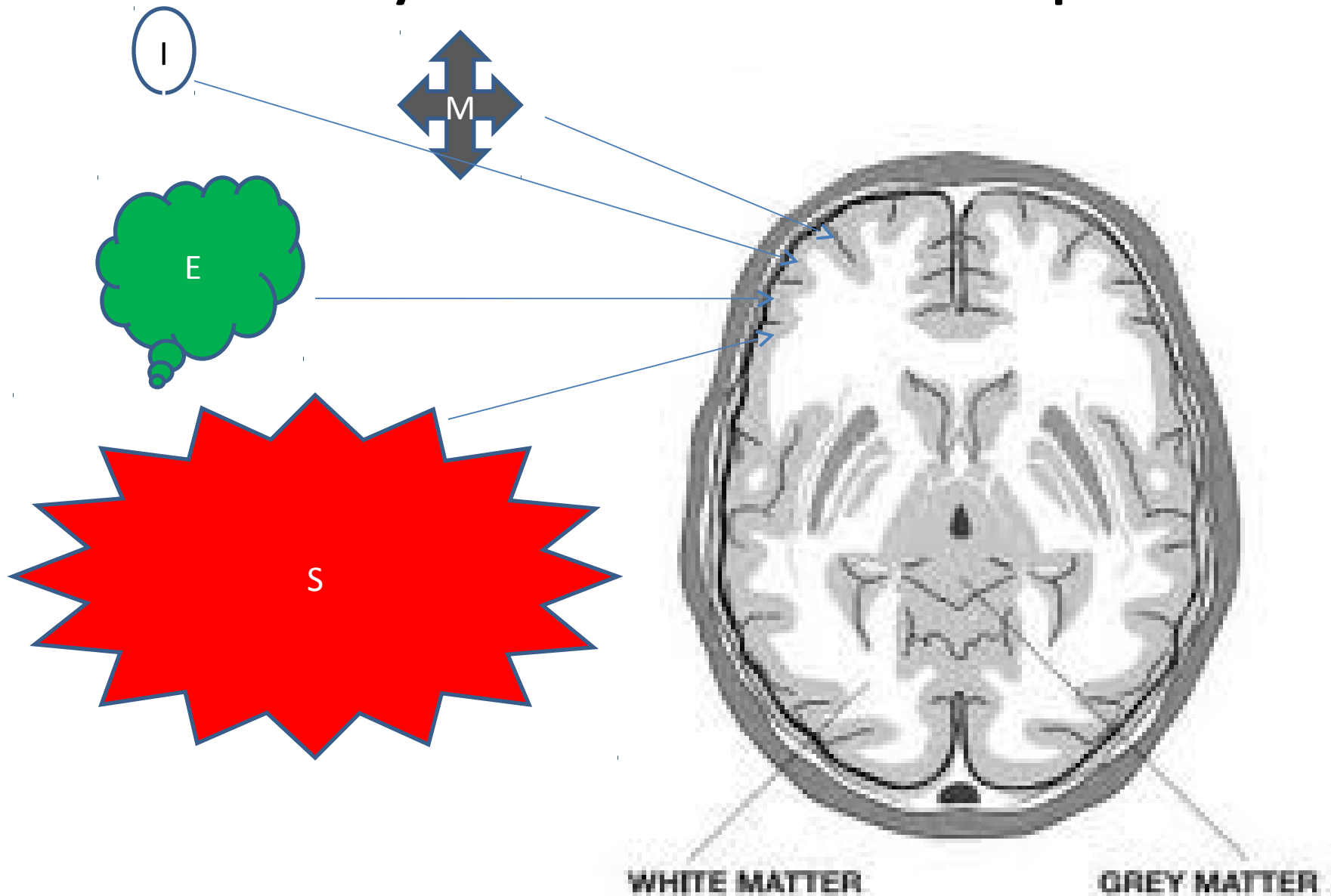
Though thoughts can be seen mind is invisible...



Grey matter with 4 Specialist

- The 'grey matter' called brain has four sections or main portions. These four sections have certain special characteristics peculiar to each. Hence the reaction to impact in each section is different according to the characteristics of the different portions of the brain.

Grey matter with 4 dept



Due to this “some thing”...

- Every single mind, due to its inherent characteristics of that “certain something”, creates an affinity, or repulsion, or indifference, towards other minds (i.e. : of other persons).

Between two minds is

- 1. *Affinity* : leads to friendship, love, courtship, sex, possession, courage, hope, devotion, attention.



repulsion

2. *Repulsion* : leads to anger, egoism, greed, envy, arrogance, cruelty, doubts, disbelief and in sex even rape.



In-difference :

3. Indifference : leads to ignorance, drifts, depression, day-dreaming.



affinity

1. *Affinity* : between one mind and another leads to a master mind, groups, camps, United Nations, religions, philosophical, scientific or social groups.

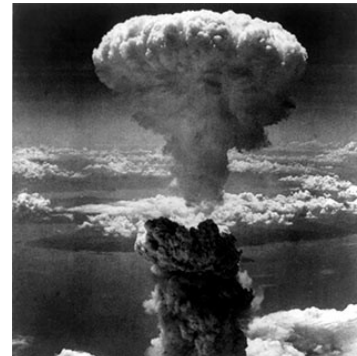




repulsion



2. *Repulsion* : between one mind and another leads to misunderstanding, resulting in crime and every conceivable nature of misunderstanding. This, in turn, leads to every conceivable nature of crime such as war, violence, destruction etc. because of frustrated reactions registered in the matter.



Indifference



Indifferent : The relation of indifference between one mind and another; a mind which can feel neither repulsion nor affinity. It lives alone in very restricted surroundings and, it not given repeated opportunities of feelings either affinity or repulsion towards other minds, tends to become morbid and to develop various mental and psychological diseases.



Line of least resistance

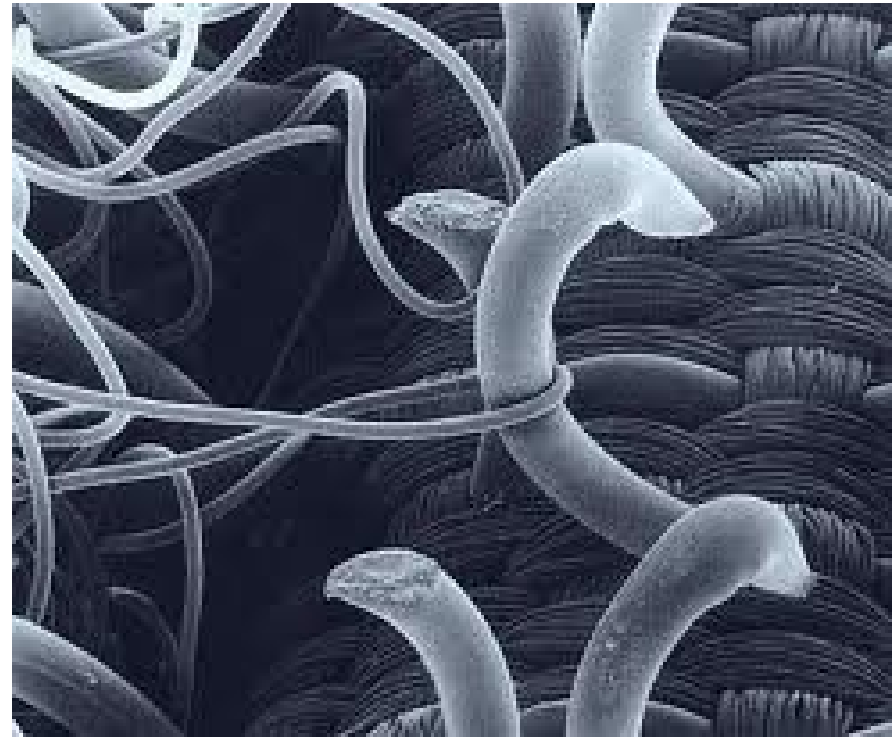


- Frequency, due to its habit of taking the line of least resistance, the indifferent mind becomes repellant to every other mind and we see then the early traces of insanity. We can call all such people “mentally unhappy”.



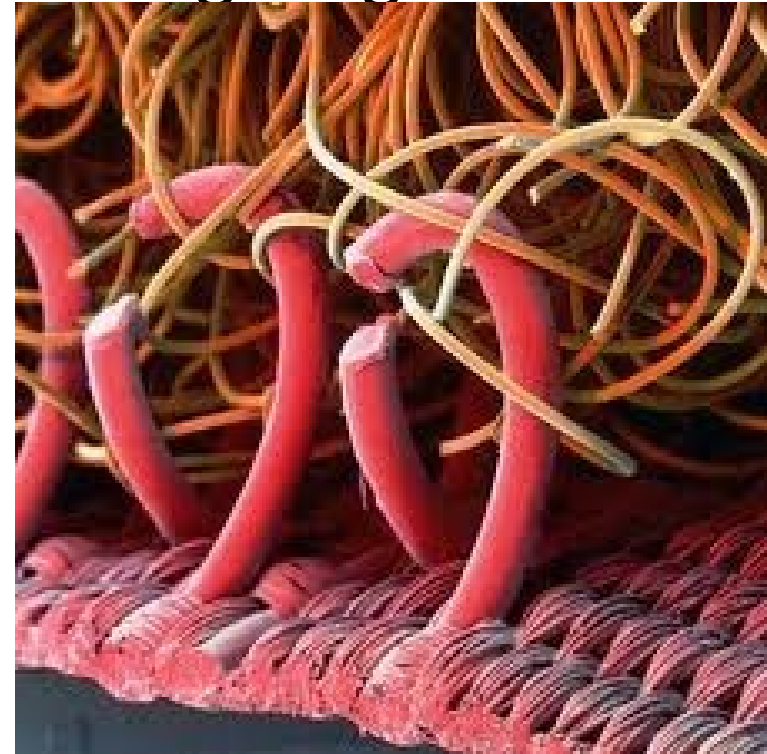
Cloth called mind

3. The mind of man is like a cloth,
the strands of which are the thoughts
with which the cloth is woven. Emotions give
colour to this cloth.



Repetition or habit

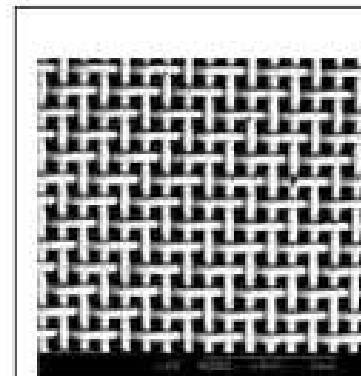
- Repetition or habit gives the cloth strength or durability. The quality of the internal states or stored in thoughts give it coarseness or fineness.



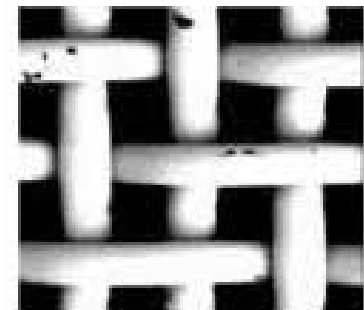


Durability called character

- The grey matter or brain then shapes this cloth into clothes which manifests itself as character. Likes and dislikes give fashion to the clothes, i.e., give shades of expression the character and life of the individual.



Twill fabric



Basic cell

-M*i)!@n./d&# → ***Mind***

- Constant daily practice as explained and taking proper steps to remedy or correct, (which we shall study later) will **refine our emotions** and with it the **quality of our thoughts**. Our **likes and dislikes** will change, which means a **reevaluation of the things of the world**, which in turn will enable us to have a **higher ‘quality’ of character** or level of thought than the old.

Change invisible to seen



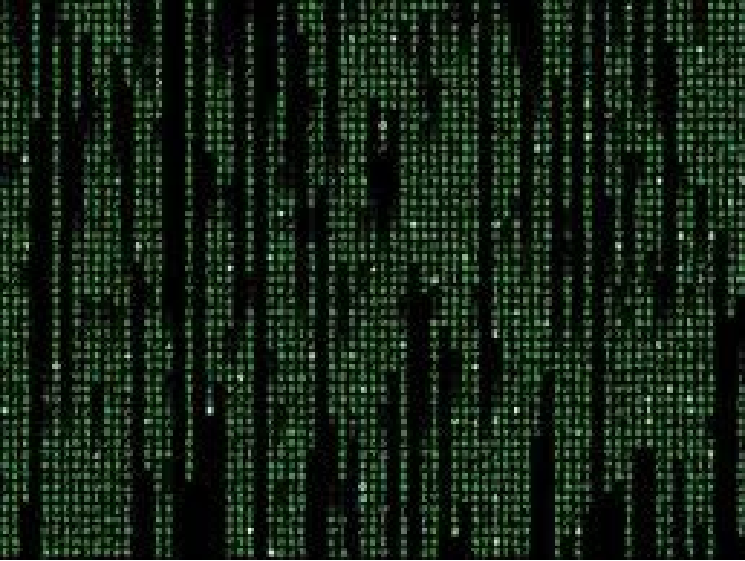
- Mind is invisible. Were it to become visible, we could observe and study it. Because it is invisible we cannot observe and understand. If we cannot observe and understand our own mind, it is much more difficult to observe and understand another mind and this leads to misunderstanding.



How to see water (see the mind)

- Is there is a way to overcome this obstacle of seeing my own mind ? Who has done.
- The ancient sages were able to both observe and understand.
- All reactions of the grey matter to impulses or impacts received from what we call collectively “the mind”, consists of a reaction which occurs.

“See the
pattern”

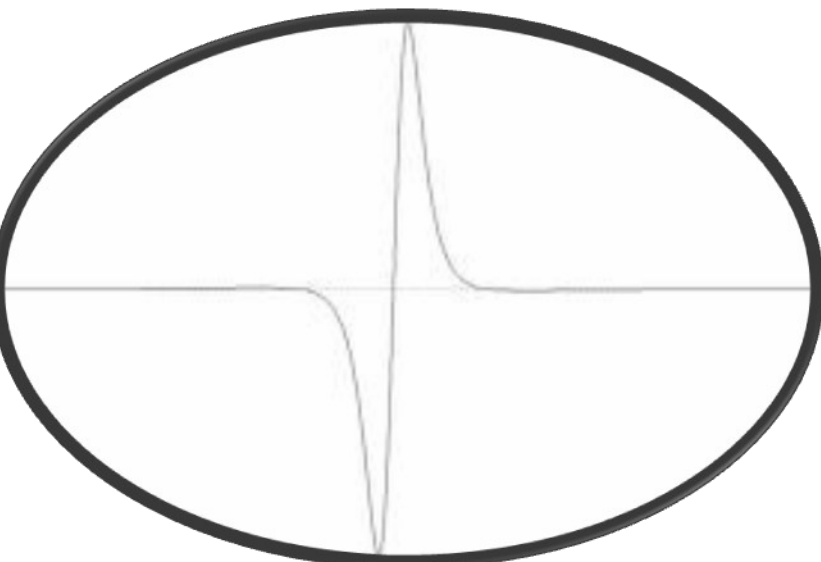


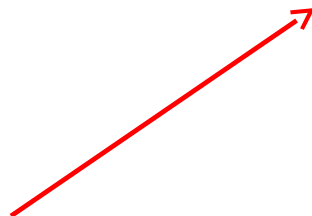
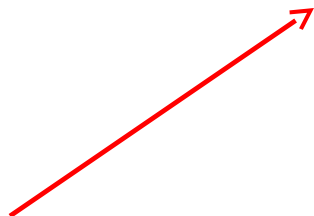
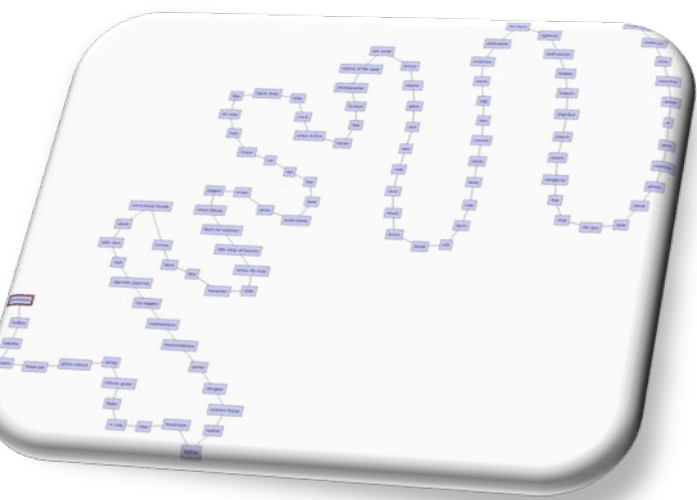
How are thoughts registered?

How is an impact called thoughts registered?

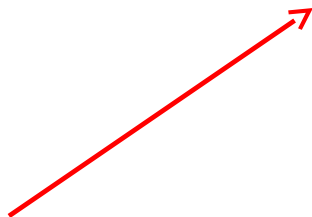
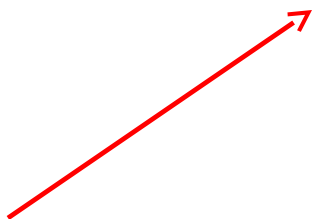
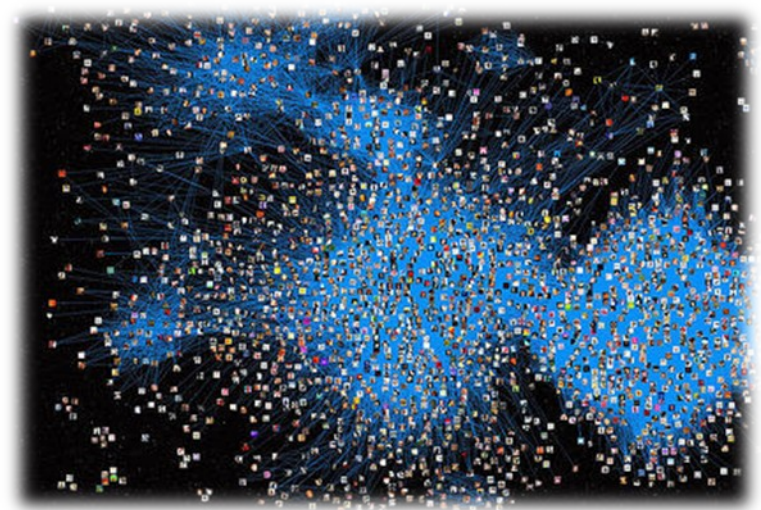
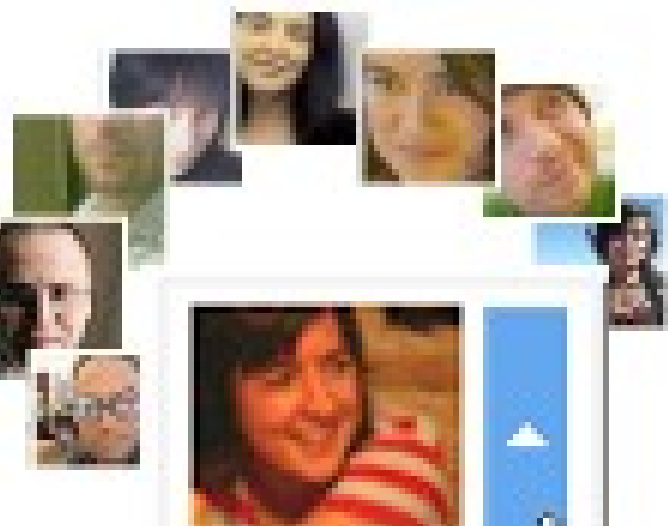
Our senses (eyes, ear etc.) in the physical body do this. These senses are mediums which note the impacts as coded impulses received; they also in turn receive decoded thoughts (or messages or commands) sent out by the brain as a result of the coded impulses being received.

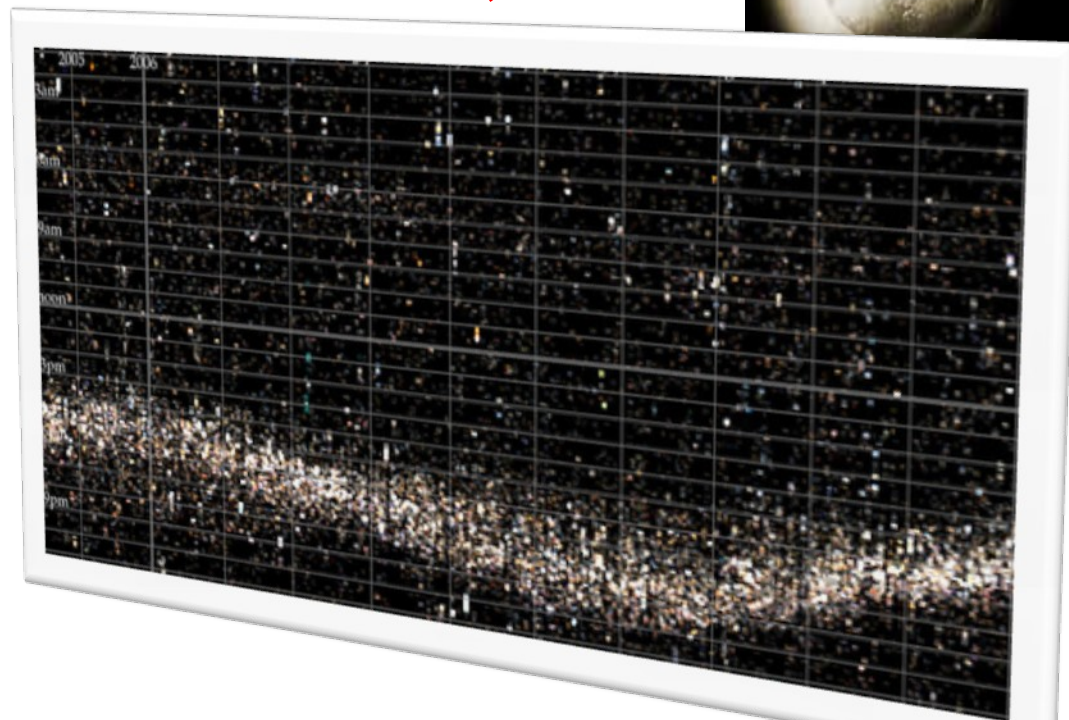
process











that → this

- This change over, from coded impulses received to decoded thoughts sent back is done with the help of the brain and certain mechanism of the body-system which is very interesting and important to understand to be able to control i.e. to slow, speed, or change according to will.

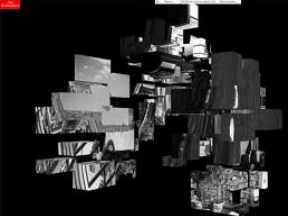
Coding and decoding

- Coding and decoding i.e., noting and translating of the impulses received into thoughts ,feelings and actions is the work of the mind in conjunction with the 'grey matter' brain.

What is your mind?

- Each human being has a number of thought patterns. The number is really large and grows daily. These patterns repeat themselves as a person lives his daily life. They accumulate from infancy, through parents, teachers, schools, colleges , friends, home and other environment, and general experiences.





Still East India company school ?



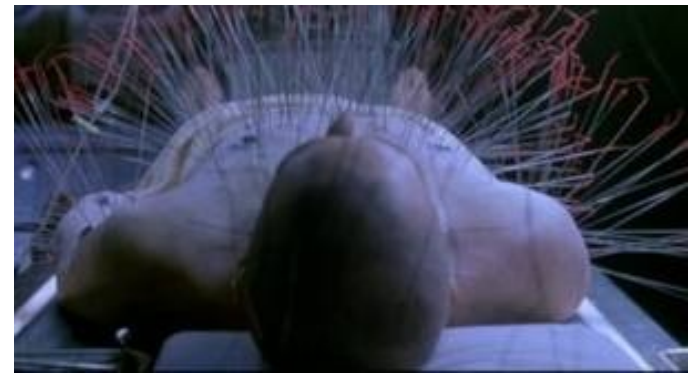
The important point is that nobody makes an effort to carry out certain **daily mental disciplines** which would analyze these patterns, and no **independent thinking** is done apart from the **play of regularly stored up patterns**. Any sort of corrective method is seldom considered. The drifts of the mind are not even examined, and indeed, often **go unnoticed**.





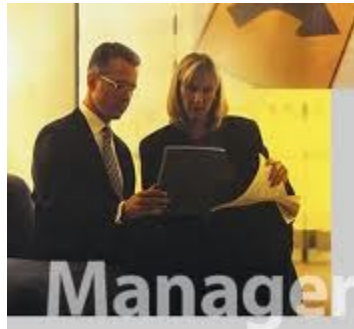
No protest!

- On the other hand, most persons live by playing back some of these stored-in patterns as if from a tape-recorder, depending on the stimulation, inhibition or irritation received from the outside world through the senses. Such a person drifts through life and makes no attempt to improve his situation. We would go so far as to say, - HE DOES NOT EVEN PROTEST. He is probably not even aware of it.



Professionals/ skilled

- Some predominating drift makes a person do one thing in preference to others and he **may do that to perfection**. But whatever a man does, he should at the same time ask the question, “What is the purpose of life and birth and am I approaching nearer to it however slowly?” If the answer is not honest and forthright then whatever he is engaged in is a drift-however nice, grand or noble it may appear to him.



Drite(drift write)

- Take this thought for serious thinking and note the drifts.

“All that I have read so far, is elementary. I know more.”

