October **2020**

LESSON SCHEDULE

October 4: 3 Nephi 12-19 taught by Emily Faggard

October 11: General Conference

October 18: 3 Nephi 20-26 taught by Emily Faggard

October 25: Lesson TBD taught by Cindy Badger

BIRTHDAYS

Oct 8: Camilla Saulo

Oct 15: Mary-Lorraine Cox

Oct 19: Yoshimi Romney

Oct 22: Alice Merrill

YOKOTA WARD

RELIEF SOCIETY NEWSLETTER



Announcements

-Welcome to our new ward members: Liz Monson and Colleen Jones and their families! We also wish Cami Farrales the best on their next adventure to Guam, though we are sad to see her go.

-Here is a letter about the Youth Protection Training:
<a href="https://www.churchofjesuschrist.org/callings/church-safety-and-health/training-and-video-resources/youth-protection?lang=eng&fbclid=lwAR2nB3E-5iTW1JrWasSRLGJKEsh7TxTScOSYimLIR4RBL3UR082NZP8uHgE Certification is good for 3 years. If you haven't yet, please take a few minutes to complete this training.

-Church Groups A (last name A-I) and B (last name J-Z) will be alternating each week. Please know that if you're not able to attend on your scheduled week, feel free to come the following Sunday. October 11 will be our General Conference Sunday.

-Helpful groups affiliated with Yokota AB: Big Group of Ladies and Book Club. Please note that these group chats are not run by the Relief Society or the Church. For church related discussions, we encourage everyone to use the Gospel Living App.

As we lose ourselves in the service of others, we discover our own lives and our own happiness.

~Dieter F. Uchtdorf

If you have any questions or concerns, please feel free to contact any of us in the Presidency!

Randi Anderson—President Keiko Jenkins—1st Counselor Joy Young —2nd Counselor Sarah Van Drew—Secretary

Energy Balls - Shannon Cothran

1 cup old-fashioned oats
2/3 cup toasted unsweetened shredded coconut
½ cup creamy peanut butter
½ cup ground flaxseed
½ cup mini semisweet chocolate chips
1/3 cup honey
1 tsp. vanilla

Stir. Chill. Balls.

SPOTLIGHT — Joy Young



Hello Sisters! My name is Joy Young, and my family and I just got here August 19th. I grew up in Portland, Oregon where my parents and most of our family still lives. I am the oldest of 6 siblings, 1 boy and 5 girls. I have been married to my husband, Eric, for 25 years on Wednesday the 7th of October. We have 7 beautiful children, 3 boys and 4 girls. Most of them are in the states adulting and we have the two youngest girls with us. Erica who is 17 and a Senior in high school and Audrey who is 13 and in the seventh grade. If you had asked me 12 ½ years ago that this Air Force life is the life I would be leading, I would have called you crazy. We came to the Air Force much later in life than most. But I cannot imagine a better life to lead. We have been lucky enough to live in Okinawa, Turkey, Germany, Texas, Idaho, and now back to Japan for the second time. I am excited to get to explore mainland Japan. I love to hike, read, camp, and bake. Cake decorating is my favorite. I grew up with a mom who decorated cakes and I am now teaching myself to do it too. I am currently a student at BYU-Idaho working on my bachelor's degree in Marriage and Family Studies. I hope to graduate in the next year and a half. That's me in a nutshell. I look forward to meeting and getting to know all of you!