

June 2021

LESSON SCHEDULE

June 6: Youth Sunday School, Doctrine and Covenants 60-62

June 13: Relief Society

June 20: Youth Sunday School, Doctrine and Covenants 64-66

June 27: Adult Sunday School, Doctrine and Covenants 67-70

BIRTHDAYS

June 8: Manar Salha

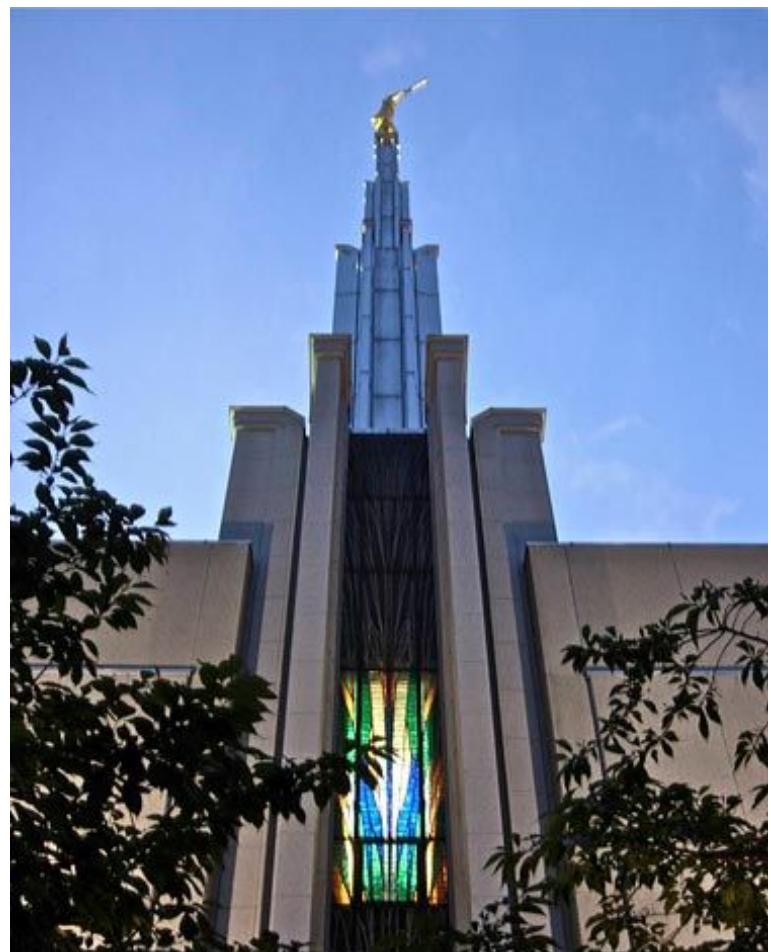
June 14: Cami Hull

June 27: Madison Anderson

June 30: Christina Parks

YOKOTA WARD

RELIEF SOCIETY NEWSLETTER



Announcements

-Our missionaries can be fed in your home and they would love to teach ward families in their homes. They are available to come on base Mondays and Fridays. You can sign up with the following link:

<https://www.signupgenius.com/go/9040C48ABA62CA4F58-missionary> Please also contact the missionaries personally to help feed them.

-We are using the Gospel Living app to stay connected. The app can be found on this page:
<https://www.churchofjesuschrist.org/pages/mobileapps?language=eng>

“I know that temples of the Lord are holy places. My purpose today in speaking of temples is to increase your desire and mine to be worthy and ready for the increased opportunities for temple experiences that are coming for us.”

-Henry B Eyring

In the app you can log in with your username and password used on the church website. We use the circles to send out messages and stay in touch. Please contact one of the presidency if you need help setting it up

-In person church will be alternating each week: Church Groups A (last name A-I) and B (last name J-Z). June 8th is group A and June 14th is group B. Please know that if you're not able to attend on your scheduled week, feel free to come the following Sunday.

-Our ward has a mission plan. Our goal is to make 500 invitations by the end of the year. These invitations can include inviting someone to church or an activity, inviting them to read the Book of Mormon, Inviting them to a lesson or dinner at your house, etc.

-Helpful groups affiliated with Yokota AB: Big Group of Ladies and Book Club. Please note that these group chats are not run by the Relief Society or the Church. For church related discussions, we encourage everyone to use the Gospel Living App.

-Remember your ministering sisters this month, how can you bless them.

**Glowing Spiced Lentil Soup - Christina Parks
(One of the soups at our March activity, recipe
from ohsheglows.com)**

INGREDIENTS

- 1 1/2 tablespoons (22.5 mL) extra-virgin olive oil
- 2 cups (280 grams) diced onion (1 medium/large)
- 2 large garlic cloves, minced
- 2 teaspoons ground turmeric
- 1 1/2 teaspoons ground cumin
- 1/2 teaspoon cinnamon
- 1/4 teaspoon ground cardamom
- 1 (14-ounce/398 mL) can diced tomatoes, with juices
- 1 (14-ounce/398 mL) can full-fat coconut milk*
- 3/4 cup (140 grams) uncooked red lentils, rinsed and drained

If you have any questions or concerns, please feel free to contact any of us in the Presidency!

Randi Anderson—President

Keiko Jenkins—1st Counselor

Joy Young —2nd Counselor

Liz Monson—Secretary

- 3 1/2 cups (875 mL) low-sodium vegetable broth
- 1/2 teaspoon fine sea salt, or to taste
- Freshly ground black pepper, to taste
- Red pepper flakes or cayenne pepper, to taste (for a kick of heat!)
- 1 (5-ounce/140-gram) package baby spinach
- 2 teaspoons (10 mL) fresh lime juice, or more to taste

DIRECTIONS

- In a large pot, add the oil, onion, and garlic. Add a pinch of salt, stir, and sauté over medium heat for 4 to 5 minutes until the onion softens.
- Stir in the turmeric, cumin, cinnamon, and cardamom until combined. Continue cooking for about 1 minute, until fragrant.
- Add the diced tomatoes (with juices), entire can of coconut milk, red lentils, broth, salt, and plenty of pepper. Add red pepper flakes or cayenne, if desired, to taste. Stir to combine. Increase heat to high and bring to a low boil.
- Once it boils, reduce the heat to medium-high, and simmer, uncovered, for about 18 to 22 minutes, until the lentils are fluffy and tender.
- Turn off the heat and stir in the spinach until wilted. Add the lime juice to taste. Taste and add more salt and pepper, if desired. Ladle into bowls and serve with toasted bread and lime wedges.

Spotlight – Sarah Clark



Hello! My name is Sarah Clark and my husband is David Clark and we have two kids, Sophia(5) and CJ (2). Sophia, CJ, and I all share September birthdays and David's is in March. We usually go to USJ (Universal Studios Japan) to celebrate our big birthday month! We are huge Harry Potter fans and we have a Harry Potter under the stairs closet! I love photography, reading, blogging, baking, gardening, the outdoors, camping, hiking, and exploring beautiful Japan. And our family has a love for amusement parks! David and I met the summer before our senior year, working together at Lagoon, an amusement park in Utah. David joined the military right out of high school, then we got married after his tech school training, then we moved to Okinawa, Japan for 6 years. There we adopted Angel and had our two kids! Then we moved here and have been here for two years and have two more years here, making that 10 years total in Japan! I wish we could live here forever! I am a stay at home mom until the kiddos go to school and then I hope to become a birth, newborn and family photographer. I have been doing photography on and off since Sophia was born but I still have a LOT to learn. This is the first time our family has actively been going to church and we absolutely love this ward and everyone in it! Thank you everyone for being so kind and welcoming!

Spotlight – Jana Farnsworth



I was born in Arizona. I grew up in a big family and am six of seven children. I grew up swimming and running. I like skiing, volleyball, basketball, well pretty much all sports. I also enjoy gardening, online scrapbooking and creative lettering. Strider and I knew each other in high school, but didn't date until college. I attended college at BYU Provo and finished my degree at ASU after Strider and I were married in 2007. I have a Bachelors of Arts in Education. I love teaching. Once we joined the military in 2010, my teaching was focused in the home. My physical education skills served me well as we added busy active boys and then a girl to our family. We have 5 children. Grayson (12), Tolman (10), Bridger (7), Reddek (5) and Bria (2). I've embraced military life as it's taken us to Maryland, Nevada, Texas and here! I'm grateful to be here and love eating & adventuring through Japan!