

April  
2021

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### LESSON SCHEDULE

April 4: Youth Sunday School, Easter

April 11: General Conference

April 18: Youth Sunday School, Doctrine and Covenants 37-40

April 25: Adult Sunday School, Doctrine and Covenants 41-44

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### BIRTHDAYS

April 2: Josephine Kobayashi

April 2: Hoai-My Winder

April 3: Janae Wise

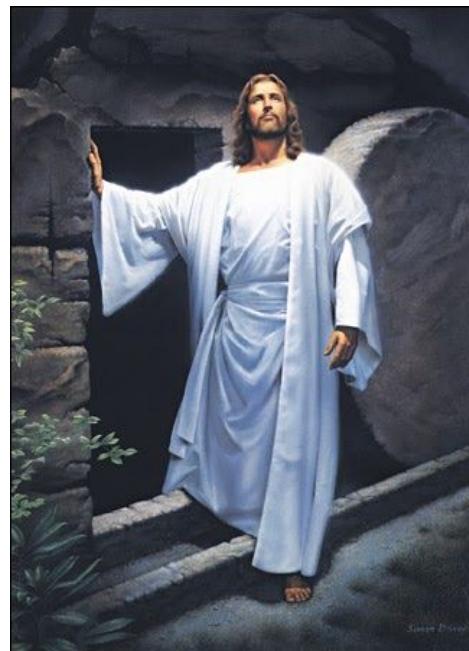
April 14: Kristen Hardy

April 16: Rachel Moore

April 23: Keiko Jenkins

# YOKOTA WARD

## RELIEF SOCIETY NEWSLETTER



### Announcements

-We are using the Gospel Living app to stay connected. The app can be found on this page: <https://www.churchofjesuschrist.org/pages/mobile-apps?lang=eng>

In the app you can log in with your username and password used on the church website. We use the circles to send out messages and stay in touch. Please contact one of the presidency if you need help setting it up

-In person church will be alternating each week: Church Groups A (last name A-I) and B (last name J-Z). April 18th is group B and April 25 is group A. Please know that if you're not able to attend on

“Because of Jesus Christ, our failures do not have to define us. They can refine us.”

-Elder Dieter F. Uchtdorf

your scheduled week, feel free to come the following Sunday.

-Our ward has a mission plan. Our goal is to make 500 invitations by the end of the year. These invitations can include inviting someone to church or an activity, inviting them to read the Book of Mormon, Inviting them to a lesson or dinner at your house, etc.

-Our missionaries can be fed in your home and they would love to teach ward families in their homes. Please contact the missionaries personally to help feed them.

-Helpful groups affiliated with Yokota AB: Big Group of Ladies and Book Club. Please note that these group chats are not run by the Relief Society or the Church. For church related discussions, we encourage everyone to use the Gospel Living App.

-Remember your ministering sisters this month, how can you bless them.

**Slow Cooker Minestrone Soup - Randi Anderson**  
**(One of the soups at our recent activity)**

6 1/2 cups low-sodium vegetable broth  
2 (14.5 oz) cans diced tomatoes  
1 cup diced celery (3 stalks)  
1 cup diced carrots (2 carrots)  
1 cup diced yellow onion (1 small)  
4 cloves garlic, minced  
2 tsp dried basil  
1 tsp dried oregano  
¾ tsp dried rosemary crushed  
½ tsp dried thyme  
Salt and Pepper to taste  
1 ½ cups zucchini sliced in half moons (1 small)

If you have any questions or concerns, please feel free to contact any of us in the Presidency!

Randi Anderson—President

Keiko Jenkins—1<sup>st</sup> Counselor

Joy Young —2<sup>nd</sup> Counselor

Liz Monson—Secretary

1 1/3 cups frozen green beans, thawed under warm water

1 1/3 cups small or medium pasta shells or orzo

2 cups packed chopped fresh spinach

1 (15 oz) can dark red kidney beans, drained, rinsed

1 (15 oz) can white navy or cannellini beans, drained, rinsed

3 Tbsp chopped fresh parsley

Finely shredded parmesan or romano cheese, for serving

1. Add vegetable stock, tomatoes, celery, carrots, onion, garlic, basil, oregano, thyme, rosemary to a 6 or 7 quart slow cooker.
2. Season with salt and pepper to taste and cook on low for 7-8 hrs or high 3 1/2 - 4 hrs.
3. Stir in zucchini, pasta, green beans, and cook on high heat for an additional 20-30 minutes or until pasta is tender.
4. Stir in spinach, kidney beans and white beans, and parsley and cook several minutes until heated through
5. Stir in more vegetable broth to thin as desired. Serve warm topped with shredded cheese.

### Spotlight – Katherine Brown



I was born and raised in San Diego, CA. My parents are both deaf and so I grew up signing. I played competitive soccer growing up. If I wasn't playing soccer, I was playing some other sport. I went to college in San Diego and studied American Sign Language. I worked as an ASL Interpreter. I met Rob in 1995 at a single adult dance and we married in 1997. He joined the Air Force and for the next 20 years the Air Force moved us to Dover, DE; Anchorage, AK; Okinawa, Japan; Travis AFB, CA; and Ramstein, Germany. He retired from the Air Force in 2017 and we settled in San Diego. Not long after retirement he got a job with the military as a civilian so here we are. I have 6 kids; Indy (21- away at BYU), Callie (19), Carson (16), Brooks (13), Julian (9), Annie (7). I currently work as an educational aide at the high school.

I love to take pictures. I'm always in awe of the beauty that surrounds me. My favorite thing to do to unwind at the end of the day is watch Outside TV. I love watching soccer matches and am an Olympic junkie. I love waking up early for some yoga. The thing I miss most about the states is long road trips, Chic-fil-a runs and exploring our National Parks. My husband and I dream about living a "van life" one day and traveling the states full time.

### Spotlight – Christina Parks



I grew up in Southern Utah and always considered myself a desert baby until I lived through two Russian winters

and realized that I much prefer adding layers to keep warm than sweating my face off in the heat. I traveled a bunch after high school, doing volunteer semesters in China, Russia, and Ukraine as well as serving a mission in Belgium (did you hear the announcement in conference? Brussels is getting a temple!!!). I finally settled down to complete my education at BYU--a school I'd avoided for years because I didn't want to be cliché and get married within a semester. So, naturally, when I finally went there that's exactly what I did. #karma

Aaron and I have been married for 10 years in June and have three children. Gwenaëlle (8), Edith (3), and Nathan (6 months). We've been in the air force for 4 years and have been here at Yokota for 3 (don't worry, we still have one more year here, woot!). Aaron is an LSCW and can be found at the mental health clinic. I'm a writer and live most of my life in imaginary worlds so if you ever see me walking around with glassy eyes, I'm probably devising ways to torture my characters. I like to sing and perform, though I'm actually pretty shy in group settings. I've found that (except when I'm pregnant) I love spending hours in the kitchen trying new recipes and am especially fond of bread.

Motherhood has been the hardest, scariest, most amazing adventure of my life. It's been an incredible journey so far, and I can honestly say that embracing my motherhood has made me happier than I ever imagined possible.