

## PBL on Family Planning - Batch 26

12<sup>th</sup> and 19<sup>th</sup> June 2019

Tutorial	Date	Time	Group	Venue	Tutors
Family Planning Problems Based Tutorial	12.6.2019 Wed	1.15 – 3.15p.m	B1, B2	New build Tute Rm. 2	Dr. MP
			D1, D2	New build Tute Rm. 3	Prof. CA
	19.6.2019 Wed	1.15 – 3.15p.m	A1, A2	New build Tute Rm. 2	Dr. DJ
			C1,C2	New build Tute Rm. 3	Dr. AJ

At the end of this sessions you will be able to;

1. State the eligibility criteria for the commonly available family planning methods in Sri Lanka
2. Discuss
  - a. their effectiveness, feasibility issues in practice and side effects
  - b. follow up guidelines
3. Develop skills needed for counselling in family planning

Each group will be divided into six subgroups and are expected to fulfill 2 tasks to achieve the above learning outcomes. Given below are three situations related to family planning that can be encountered in different clinical settings.

Situation 1: A married couple comes to you to seek advice for planning their 3<sup>rd</sup> pregnancy. They are both 33 years old and are school teachers. Both children at home are healthy and the younger child is 14 months old. They are currently not practicing any modern family planning methods and intend to postpone the next pregnancy for another 4 years.

Situation 2: A 30 year old housewife comes to you, the MO/IC of a Divisional hospital, to get referred for a BL/LRT. She has discussed with her husband and both have decided that they have completed their family. She has 2 children at home and the youngest child is now 1 ½ years old. Currently she is on DMPA injections.

Situation 3: You are the medical officer in the cardiology unit of National Hospital Sri Lanka. A 25 year old female patient who is a regular patient in your clinic wants to get transferred to the Cardiology clinic in the Teaching Hospital Kandy (THK). When you inquire the reasons for transfer, she reveals that she is going to get married and move to her husband's house in an area nearer to THK. The patient has a cardiac deformity in which pregnancy is contraindicated.

**Task 1:** Each subgroup has to present a role play reflecting the counselling session that will follow the given situation.

**Task 2:** Each subgroup will evaluate the role play presented by another subgroup and is expected to formulate an appropriate marking scheme, assess them using the developed marking scheme and discuss their performance based on the criteria you developed after their performance.

Please refer the reading materials recommended in the lecture to refresh your knowledge on contraceptive methods. Some reading materials are made available under the "Community Health Fixed Learning Materials" in the student net. You can also visit the Family Health Bureau (FHB) website (<http://www.familyhealth.gov.lk/>) for reference.