

# RENAL FAILURE

Acute Kidney Injury (AKI)

Chronic Kidney Disease (CKD)

Dr. Kushan Medagoda MD MRCP

# Renal failure

- Failure of the excretory function of the kidney
- As a result of depression of GFR
- Accompanied by variable degree of
  - \_ Failure of erythropoietin production
  - \_ Reduction of vitamin D hydroxylation
  - \_ Alteration of acid base balance
  - \_ Alteration of salt and water balance
  - \_ Increase in blood pressure

# Acute Renal Failure – (AKI)

- Abrupt deterioration of renal function
- Usually reversible but not invariable
- Result accumulation of urea in blood
- Known as uremia
- Result reduction of urine output-Oliguria
- May result sudden life threatening biochemical abnormalities

# Uraemia

- Accumulation of nitrogen waste product in serum
- Uraemia can be classified to
  - Pre renal
  - Renal
  - Post renal

# Pre renal uraemia

- Result due to inadequate perfusion of kidneys
- Result from
  - Hypovlaemia
  - Hypotension
- Due to failure of auto regulation
- Leads parenchymal damage and progression to acute renal failure
- Improves with restoration of normal perfusion

# Renal uraemia

- Due to parenchymal damage
- Commonly due to tubular damage
- Known as acute tubular necrosis
- Other causes include
  - \_ Severe hypertension
  - \_ Glomerular damage due to glomerulonephritis

# Post renal uraemia

Result due to obstruction of outflow track

# Life threatening problems of acute renal failure

- Hyperkalaemia

- Result cardiac arrhythmias
- Needs urgent treatment
  - Intravenous calcium
  - Insulin glucose infusion
  - Dialysis

- Pulmonary oedema

- Due to fluid accumulation
- Treatment
  - Loop diuretics
  - Dialysis



# Biochemical disturbances of acute renal failure

- Uraemia
- Hyperkalaemia
- Metabolic acidosis

# Chronic renal failure - CKD

- Implies impairment of renal function which
  - Long standing
  - Progressive

# Chronic renal failure - CKD

- Leads to accumulation of numerous metabolites
- Symptoms are common when urea concentration exceeds 40mmol/l
- Symptoms of renal failure
  - Constitutional symptoms
    - Malaise, loss of appetite
  - Nausea, Vomiting
  - Itching
  - Bone pain
  - Symptoms of anaemia
  - Endocrine problems

# Chronic renal failure - CKD

- Signs
  - Pallor
  - Pigmentation
  - Scratch marks
  - Signs of fluid overload

# Chronic renal failure - CKD

- Investigation
- Serum biochemistry
  - Urea and creatinine
  - Electrolytes
- Urine biochemistry
  - Urinalysis-Proteinuria , Haematuria
  - Urine microscopy for
    - Cells – dysmorphic
    - Casts

# Complication of chronic renal failure-CKD

- Due to depression of renal parenchymal function
  - Reduction of erythropoietin production
  - Reduction of 1 alpha hydroxylase activity

# Complication of chronic renal failure-CKD

- Anaemia
- Multifactorial
  - Reduction of erythropoietin level
  - Suppression of bone marrow by toxins
  - Deficiency of haematinics
  - Increased red cell breakdown
  - Increase loss – most from GI track

# Complication of chronic renal failure-CKD

- Renal osteodystrophy
- Reduction of 1 alpha hydrolase
- Reduction of metabolically active vitamin D
- Result
  - Gut calcium malabsorption
  - Increase PTH secretion
    - Reabsorption of calcium from bone
    - Retention of phosphate
    - Increase osteoclastic activity – cyst formation and fibrosis bones



# Management of chronic renal failure

## Renal replacement therapy

### 1. Dialysis

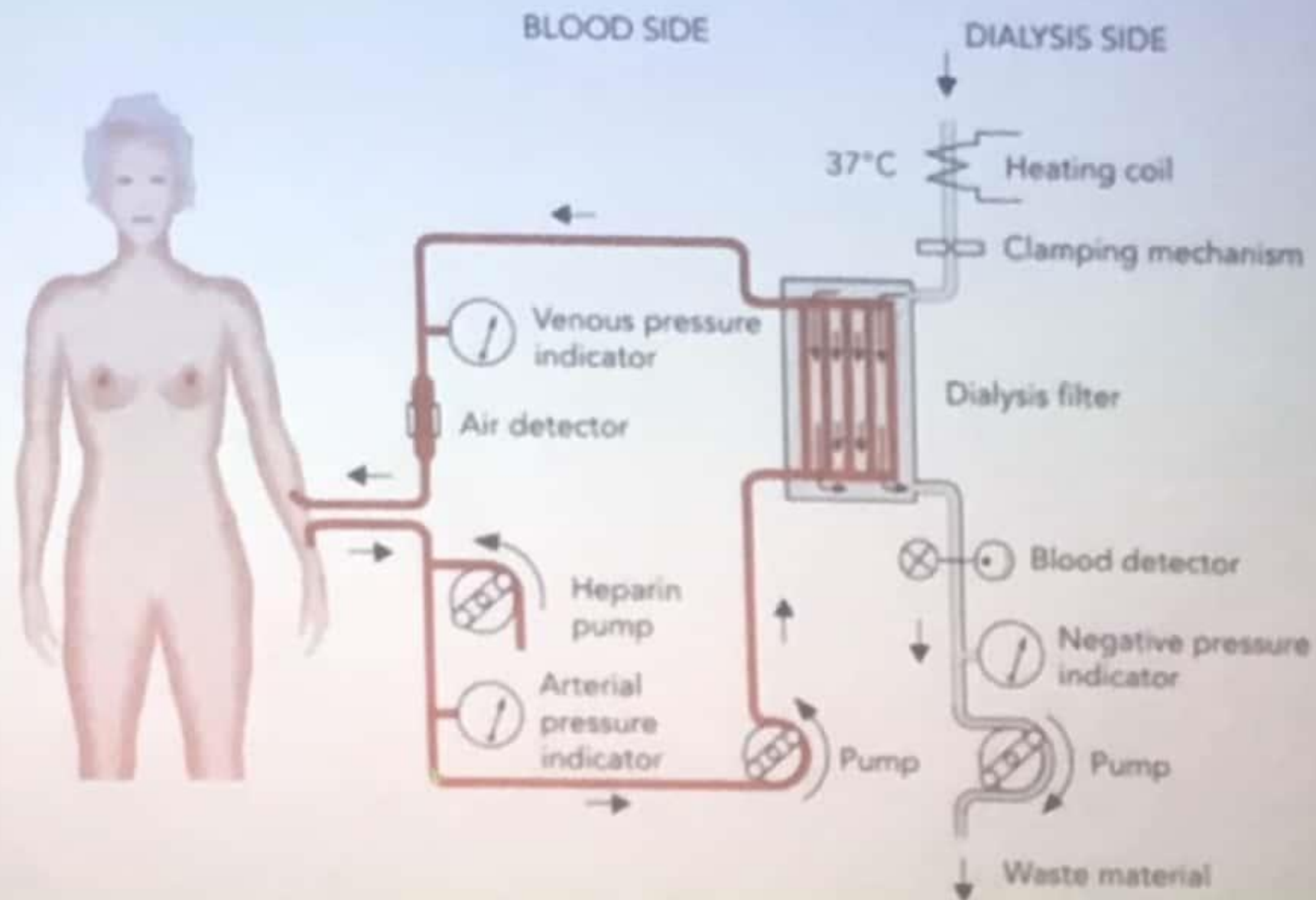
- Hemodialysis
- Peritoneal dialysis

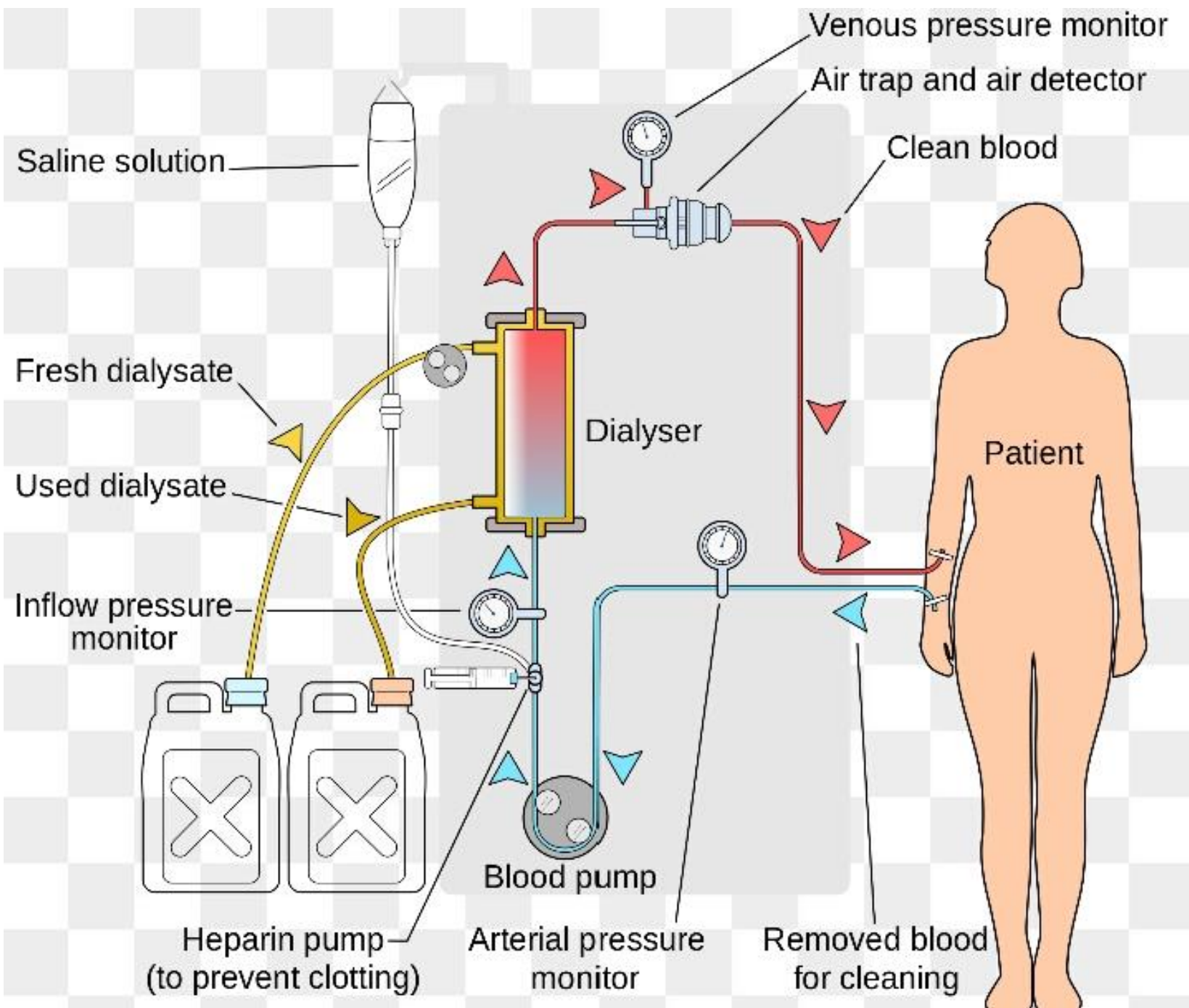
### 2. Renal transplant

# Hemodialysis

- Blood is pumped through the artificial kidney dialyzer
  - An array of semi permeable membranes
- Brings the blood in to close contact with dialysis
  - Dialysate-the fluid used to do dialysis
- Blood and dialysate flow counter currently
- The molecules move according to the concentration gradient

# Haemodialysis





# Peritoneal dialysis

- Utilize the peritoneal membrane as a semipermeable membrane
- A tube is placed in to the peritoneal cavity
- Dialysate runs in to the cavity
- Urea, creatinine, potassium, phosphate and other products passes from peritoneal capillaries to dialysate
- The dialysate is removed regularly and the process is repeated

