BRUCELLA

These are obligate intra-cellular pathogens of animals

The main species of medical importance are

•B.abortus - in cattle

•B.melitensis - in goats

•B.suis - in pigs

The organism can be transmitted to humans in the following ways

- Drinking of unpasteurized milk or milk products
- Through damaged skin or the eyes
- Inhalation of aerosols

Infection with Brucella is called Brucellosis or Undulant Fever

Those working with animals or animal meat are at risk

Clinical features associated with Brucellosis include

Fever

• Back pain, arthritis and arthralgia

splenomegaly

Laboratory diagnosis

Specimens for brucellosis include

- Blood for antibody testing
- Bone marrow, lymph gland fluid, joint aspirates and blood for culture
- Brucella sp. are highly infectious
- Must be marked as HIGH RISK

Microscopy

Brucella are rarely found in direct smears from uncultured specimens.

- They are Gram negative, non-motile coco-bacilli
- They stain unevenly and show bipolar staining

Culture

- Brucella species are often difficult to isolate
- They need CO₂ enriched atmosphere to grow.
- All blood cultures therefore require CO₂ during incubation.

 Blood culture should be kept for 4-6 weeks before reporting as "No organisms"

For subculturing, biphasic medium is used

Castaneda bottles consisting of an agar slope and a broth

Serology

Techniques that can be used to test serum for *Brucella* antibodies include

- Rapid slide agglutination test
- Tube agglutination titration test

Treatment

• Doxicycline alone or in combination with streptomycin of refampin

Prevention

- Vaccination of animals
- Pasteurization of milk

Pasteurella multocida

Is primarily a animal pathogen

 Occasionally humans become infected by being bitten or scratched by an infected animal such as a cat, dog or rat.

P.Multicida can cause

- Respiratory infections
- Abscesses
- Ulcers
- Meningitis
- Osteomyelitis

• P.multocida is small, Gram negative, coco-bacilli

Non-motile

• Most strains show bipolar staining with Giemsa

Laboratory diagnosis

Specimens include

- Pus
- Secretions
- CSF if indicated

Culture

• Grows well on Blood agar at 37° C

• Does not grow on MacConkey agar or other selective media

• P.multocida is highly sensitive to penicillin

 Other antibiotics that show activity against this organism include tetracycline and chloramphenicol