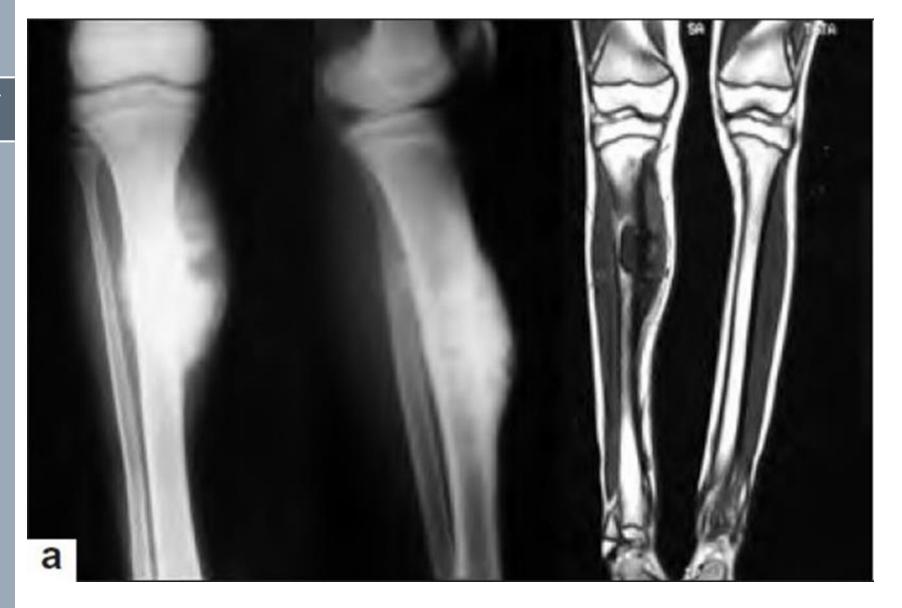
Radiological Anatomy of Lower Limb

- A 25-year-old male presented with increasing pain in the right upper calf for approximately 3 months' duration and a recent onset of low-grade fever.
- On physical examination, there was some local tenderness and soft tissue swelling over the proximal and mid thirds of the calf



Diagnosis: Ewings Sarcoma

What are the radiological modalities to investigate lower limb?

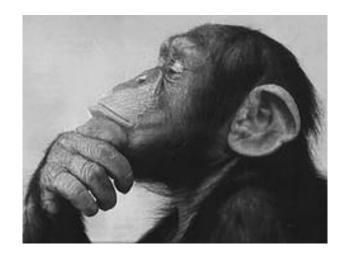
- Plain radiographs
- Ultrasound scan
- CT
- MRI
- Arthrograms
- Bone scans
- Angiograms



As a doctor

"What radiological modalities should I use for this particular problem"

is frequently asked question in clinical practice







Leisure time reading material.....

rthritis Research UK Practical advice for GPs on management of rheumatic disease

Hands On

Reports on the Rheumatic Diseases | Series 7 | Summer 2013 | Hands On No 3

Musculoskeletal imaging for GPs

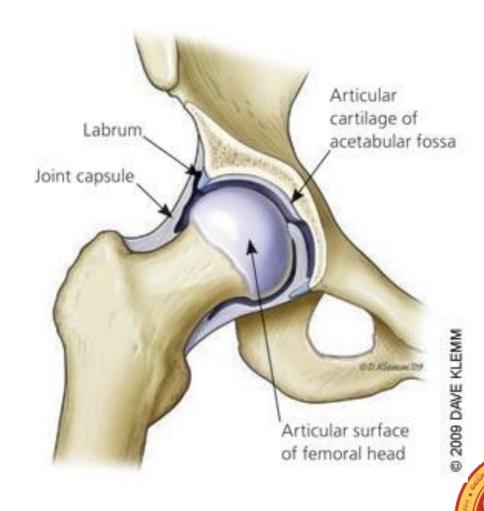
Jonathan D Spratt

Consultant Radiologist, Co Durham & Darlington NHS Foundation Trust/Spire Washington Hospital

Introduction

Radiological investigations of hip joint.....

- The hip joint is a synovial joint
- ball and socket joint
- Between the femoral head and the acetabulum of the pelvis.



Radiological investigations of hip joint

- X Ray
- USS
- CT
- MRI
- Arthrograms
- Bone scans



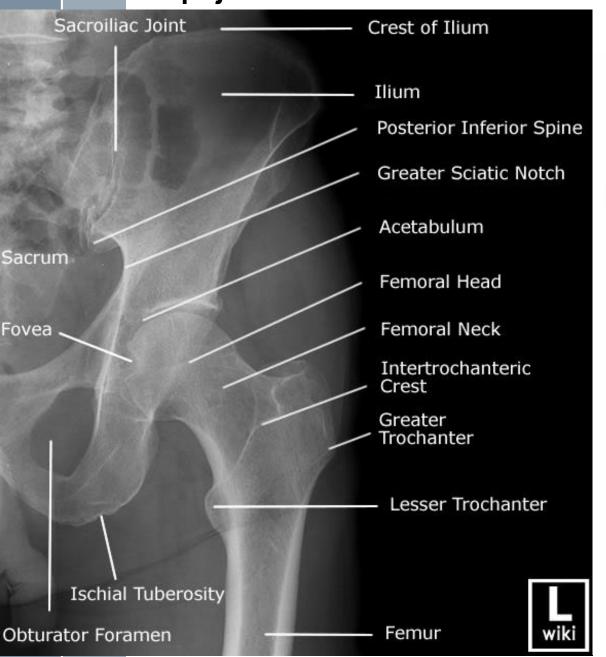
Common plain X Ray views

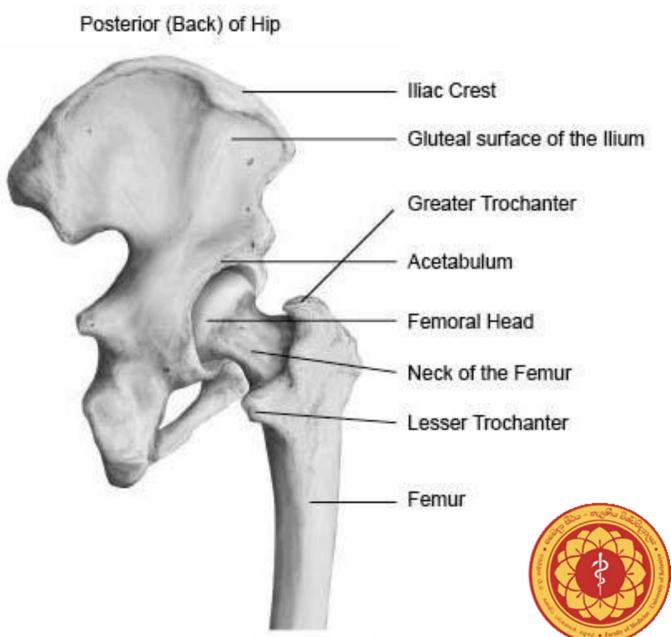
- > AP
- > Lateral Horizontal Ray
- > Frog lateral



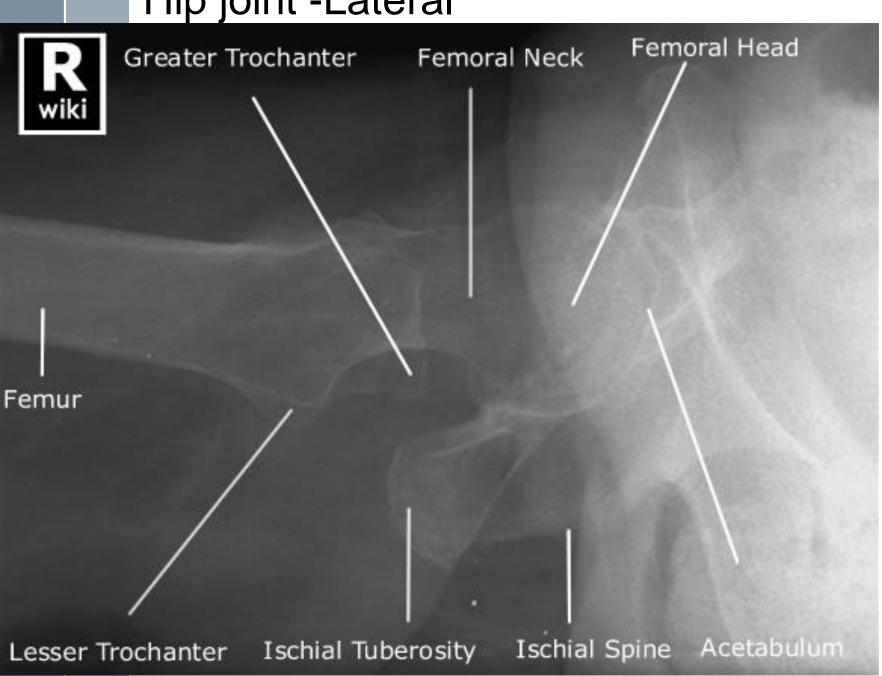


Hip joint -AP





Hip joint -Lateral





Frog Lateral view



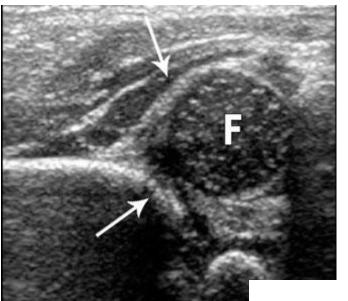


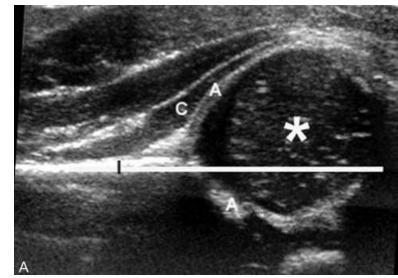
- Do not order a frog leg lateral in any patient suspected of having hip fracture or dislocation
- The hip joints and femoral necks are better visualised
- Important in assessment of:
 - -Perthes disease

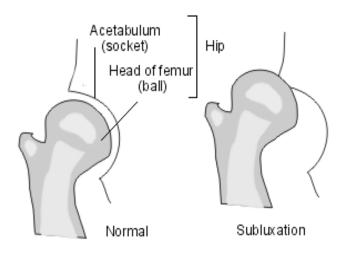


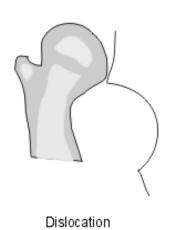
- Abnormalities of the muscles, such as tears and soft-tissue masses.
- Bleeding, infections or other types of fluid collections.
- Benign and malignant soft tissue tumors.
- Early changes of arthritis.
- Infant ultrasound -can check the hips for <u>developmental</u> <u>dysplasia of the hip (DDH)</u>,
- Ultrasound on infants can be done up to approximately six months of age.





















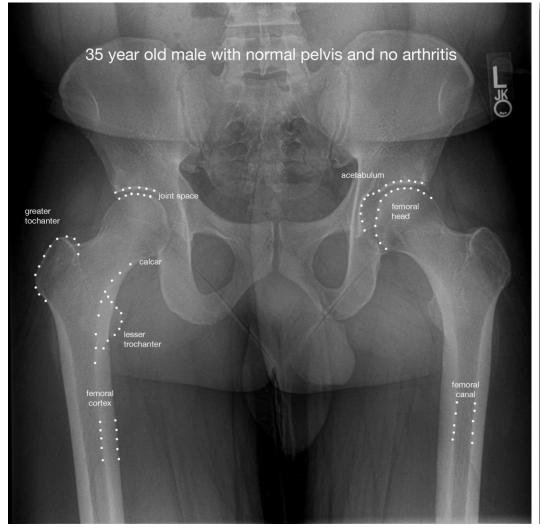


Infant

Adult

X Ray Hip joint -AP

 π



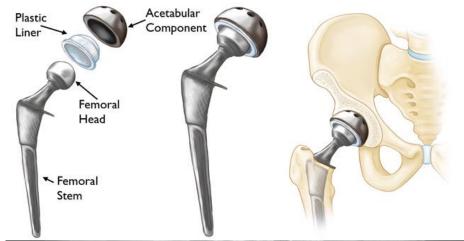


Normal

X Ray Hip joint -AP



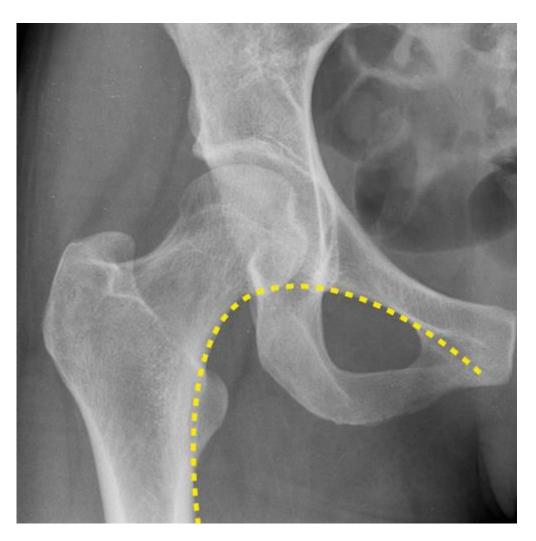






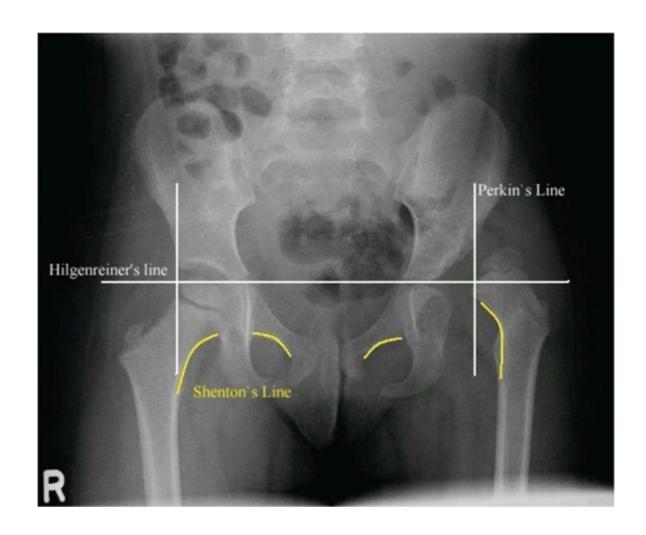
Prosthesis





- AP view- normal alignment of the femoral neck can be traced
- Smooth imaginary line following the inferior edge of the superior pubic ramus and running along the medial edge of the femoral neck and shaft

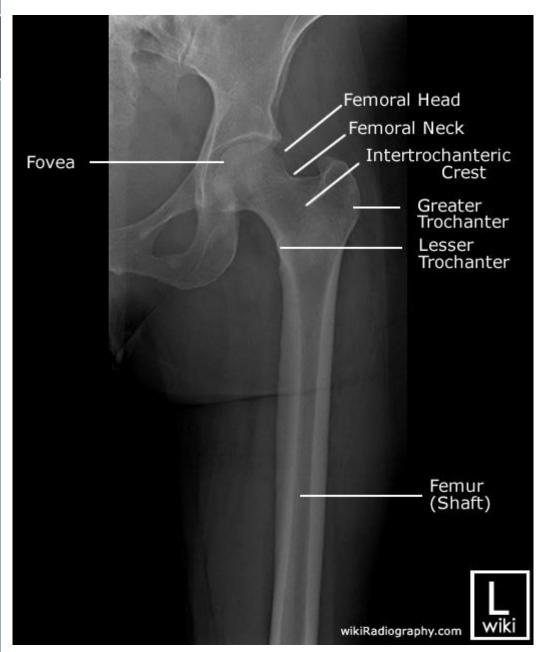
- Interruption of the <u>Shenton's line</u> can indicate
 - DDH
 - Fracture femoral neck
 - Femoral head dislocation

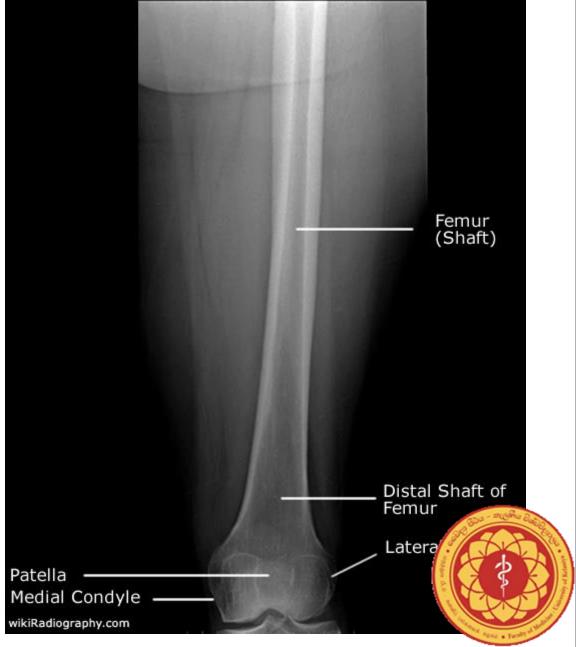




- To diagnose fractures
- To see bone tumours, metabolic conditions







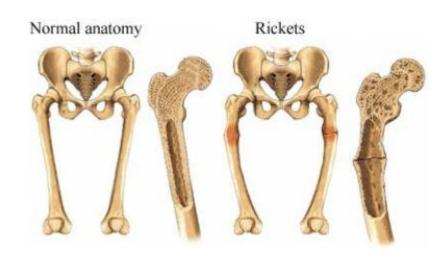






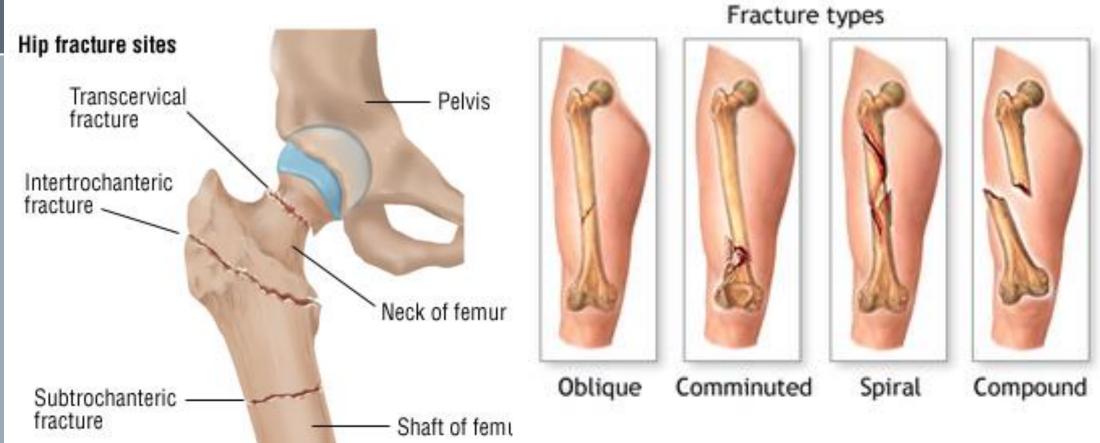


6 year old /c Hypophosphatemic rickets





Femoral fractures

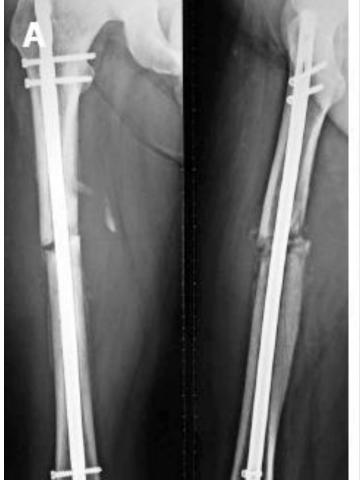


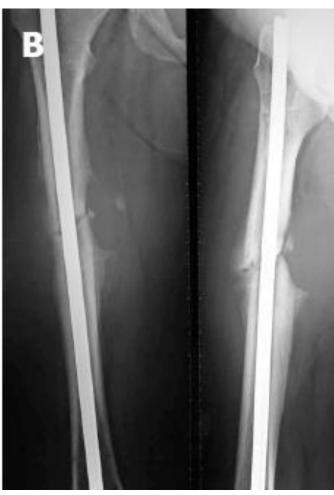




Femoral fractures





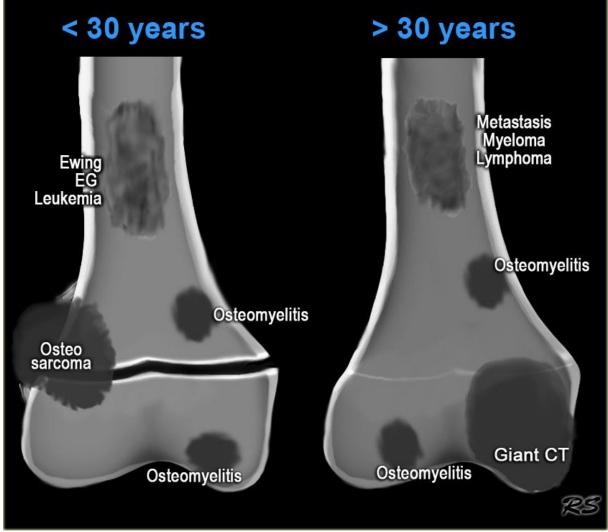


K-Nail





Ewing sarcoma



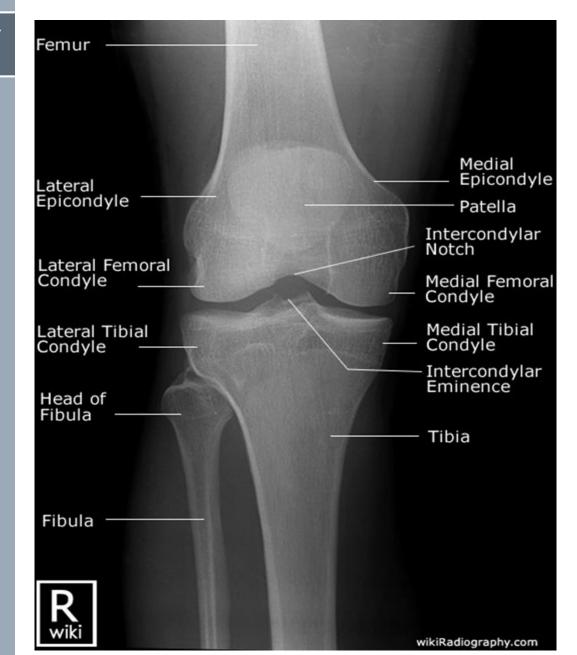
Knee joint

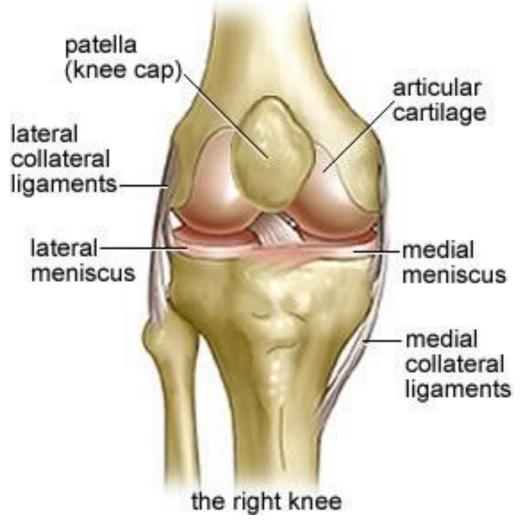
- Commonly used X Ray views
 - AP
 - Lateral Horizontal Ray
 - Skyline
- The knee bones include the
 - -Distal femur
 - -Patella
 - -Proximal tibia and fibula.

Knee-distal femur

- Has lateral and medial condyles
- Articulate with the tibial plateau.
- The intercondylar fossa has attachment surfaces for the anterior and posterior cruciate ligaments (ACL and PCL).

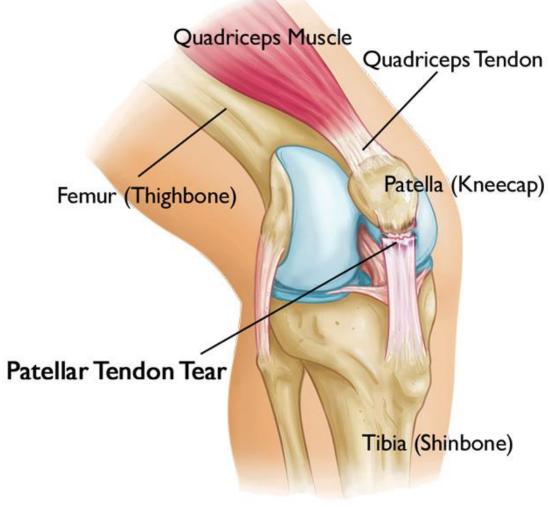
Knee joint-X Ray -AP



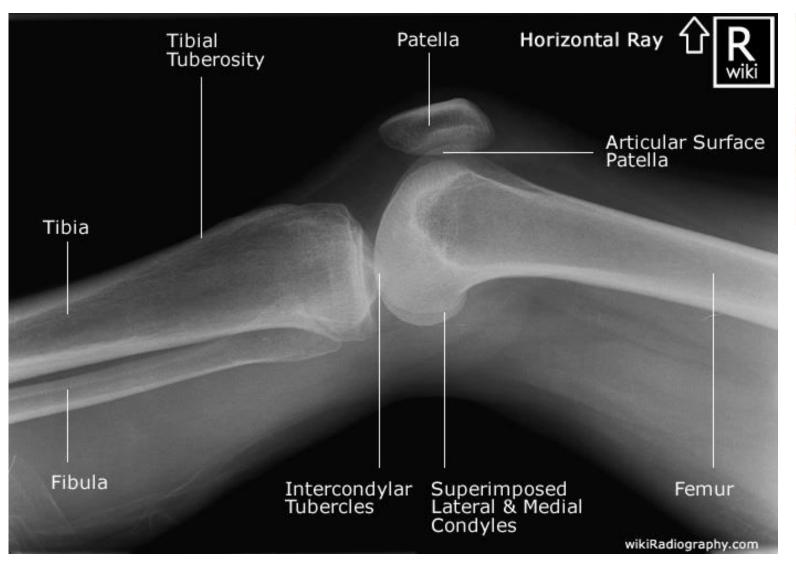


Knee joint-X Ray



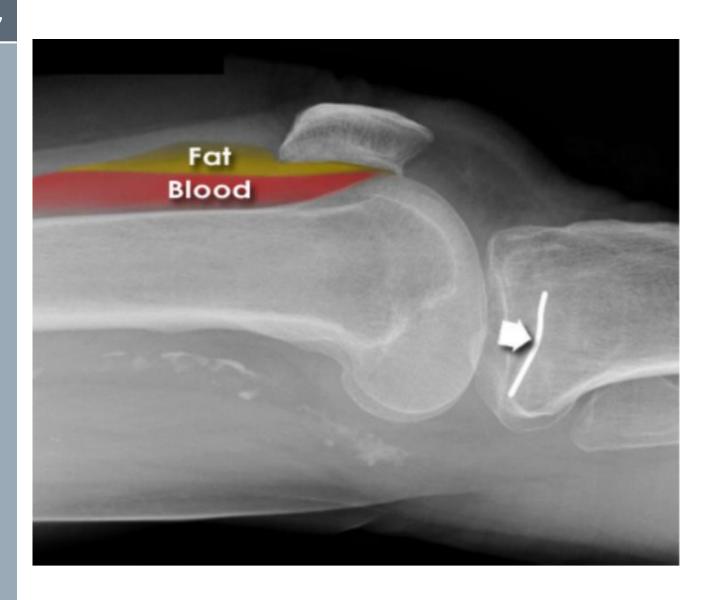


Knee joint- Horizontal Ray Lateral View



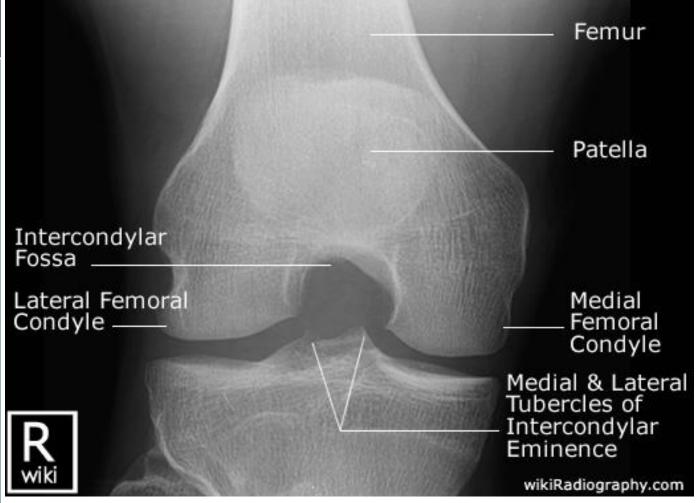


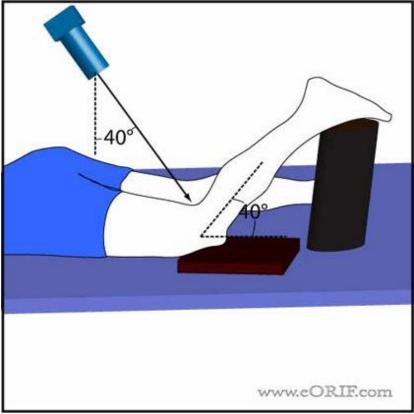
Adult Knee (trauma) - Horizontal Ray Lateral View





Tunnel view intercondylar view





Knee-patella

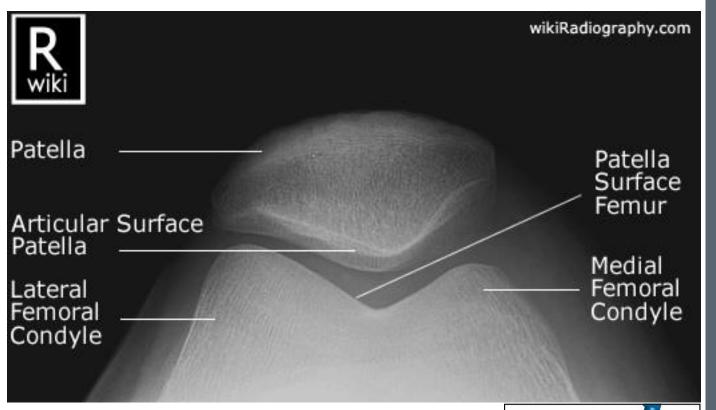
 π

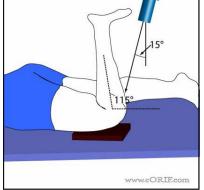
Largest sesamoid bone of the body.

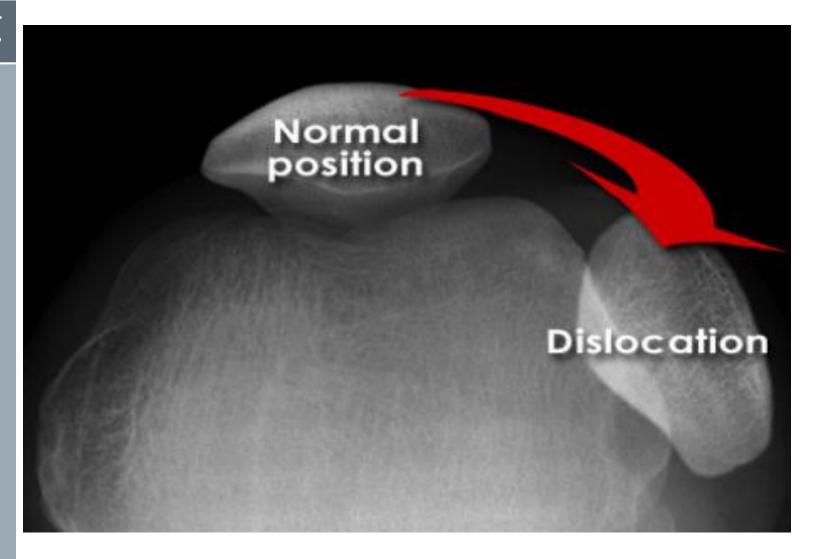
- It overlies the superior aspect of the articular surface of the distal femur
- Articulates with the femur at the patellofemoral joint.

Patella-lateral and sky line view









- This has a plateau divided into medial and lateral compartments by the anterior and posterior tibial spines
- Attachment points for the cruciate ligaments.
- The tibial tuberosity lies on the anterior proximal tibial surface the patellar tendon attaches.

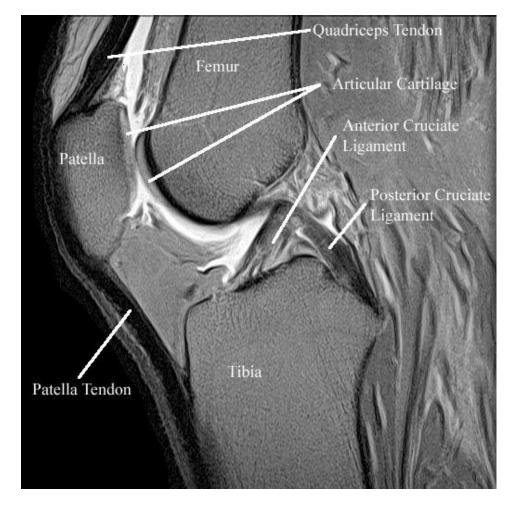
Knee-proximal tibia





Indications for Knee MRI

- Meniscal disorders: nondisplaced and displaced tears, discoid menisci, meniscal cysts
- Ligament tears: cruciate, collateral, retinacular
- Extensor mechanism abnormalities: quadriceps tendon, patellar tendon, patella
- Osteochondral and articular cartilage abnormalities: osteochondral fractures, osteochondritis dissecans, degenerative chondrosis, chondromalacia, chondral fissures, fractures, flaps and separations
- Loose bodies: chondral, osteochondral, osseous
- Synovial-based disorders: symptomatic plicae, synovitis (including pigmented villonodular synovitis), bursitis, and popliteal cysts
- Marrow abnormalities: avascular necrosis, marrow edema syndromes, and stress fractures
- Muscle and tendon disorders: strains, partial and complete tears, tendonitis, tendonopathy, infiltration
- Neoplasms of bone, joint or soft tissue
- Infections of bone, joint or soft tissue
- Congenital and developmental conditions: Blount disease, dysplasia, normal variants
- Vascular conditions: entrapment, aneurysm, stenosis, occlusion, cystic change
- **Neurologic conditions**: entrapment, compression, denervation, and peripheral neuritis









PCL Tear

ACL Tear







Meniscal tear

MCL tear

Knee joint- MRI

 π



Tibial plateau fracture





Osteosarcoma

Ankle joint

π

- AP view
- Lateral view
- Mortise view

The ankle bones include

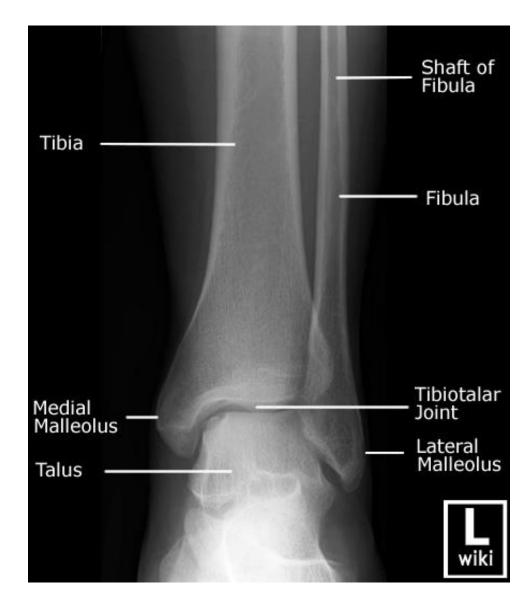
- -Distal tibia
- -Distal fibula
- -Talus.

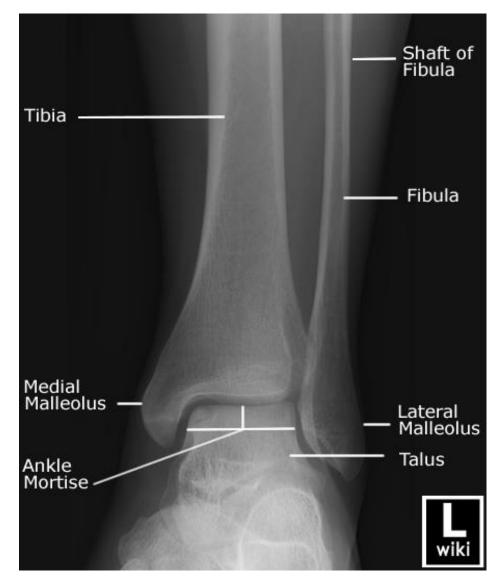
Ankle-malleoli

- Medial malleolus medial edge of the distal tibia.
- Lateral malleolus distal fibula.
- Dome of the talus lies within the mortise, a formed by the distal tibia and fibula



Ankle joint -X Ray



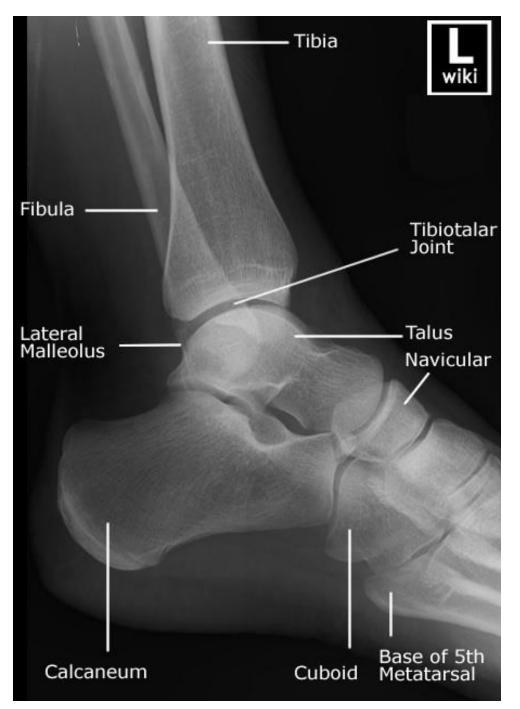


AP-View

Ankle - Mortise View

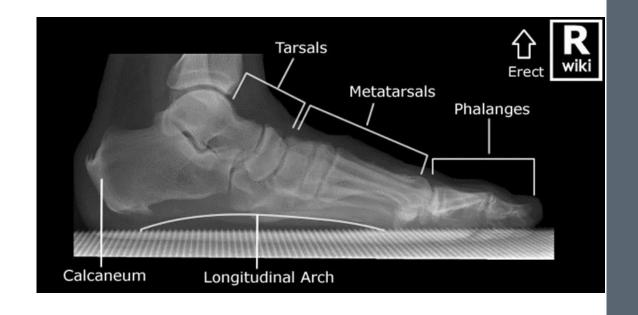
Ankle joint -X Ray lateral





X Ray -foot

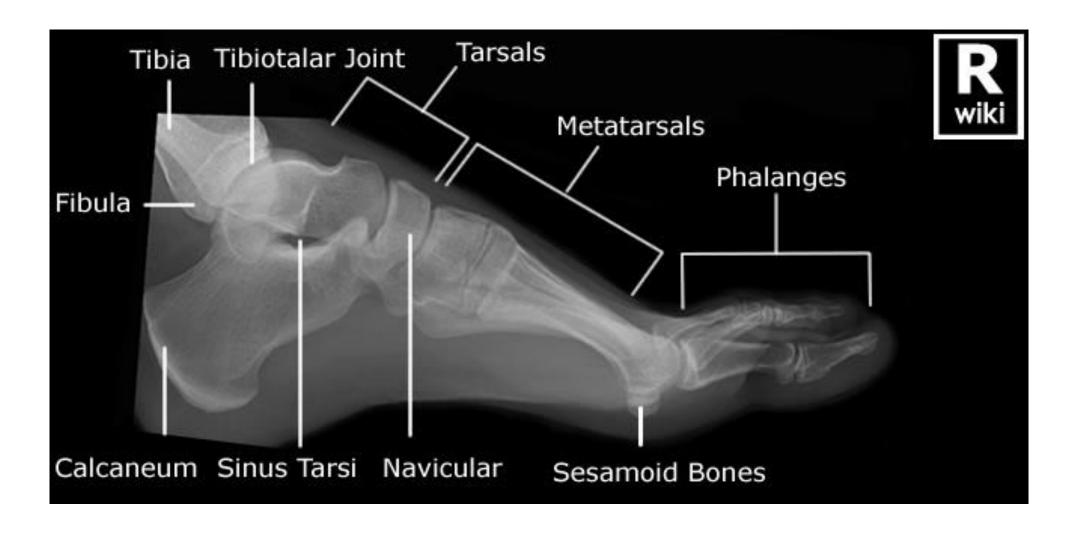
- The foot bones include the
 - Anterior margin of calcaneus
 - Head of talus,
 - Mid foot bones (navicular, cuboid and cuneiforms),
 - Metatarsals and phalanges.

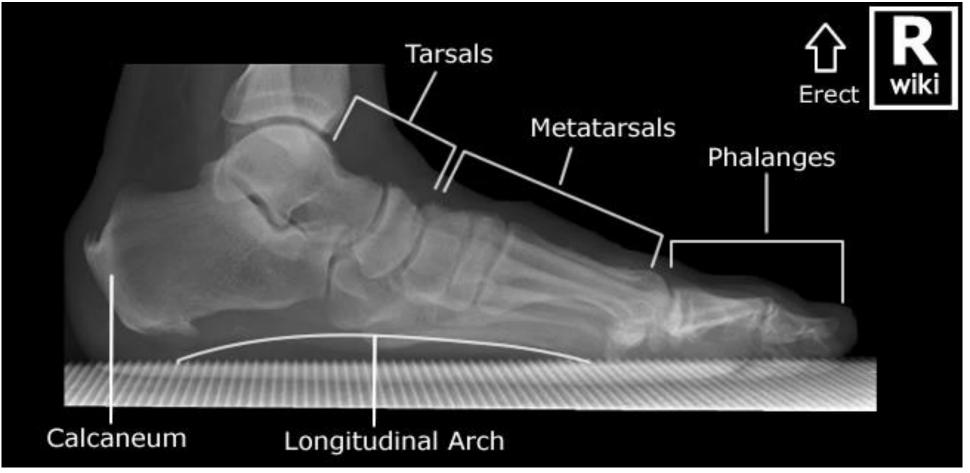


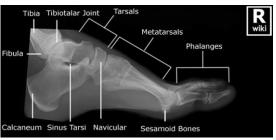
- Dorsal planter view
- Oblique view
- Lateral view
- Weight Bearing view

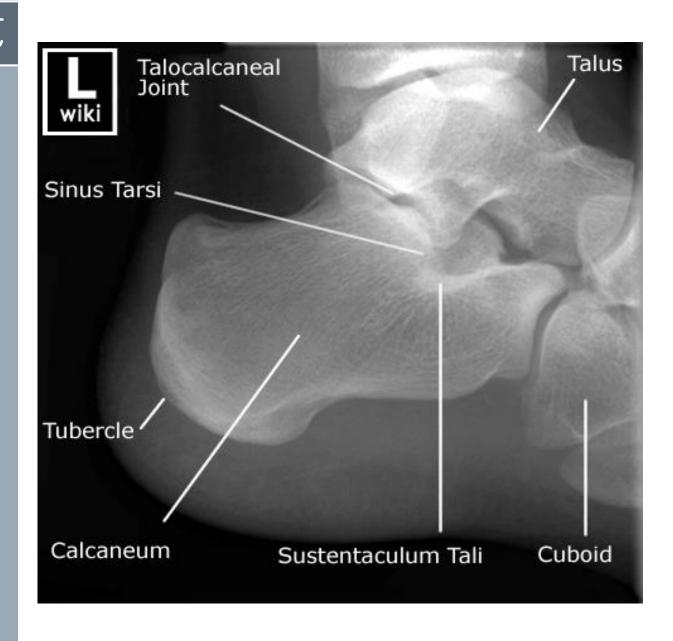


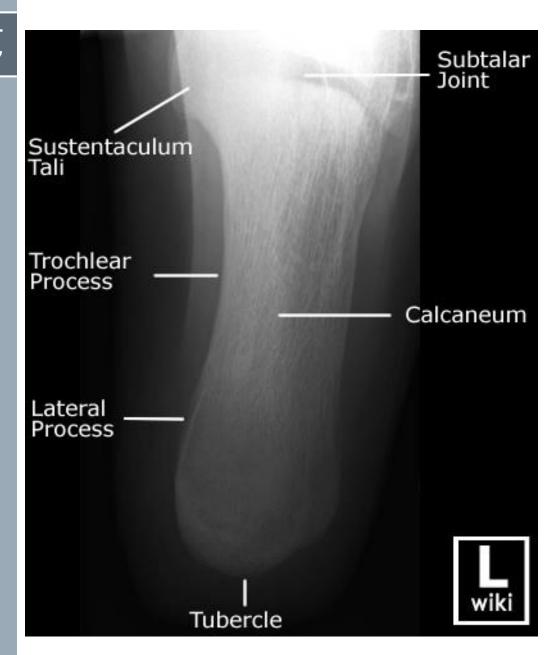


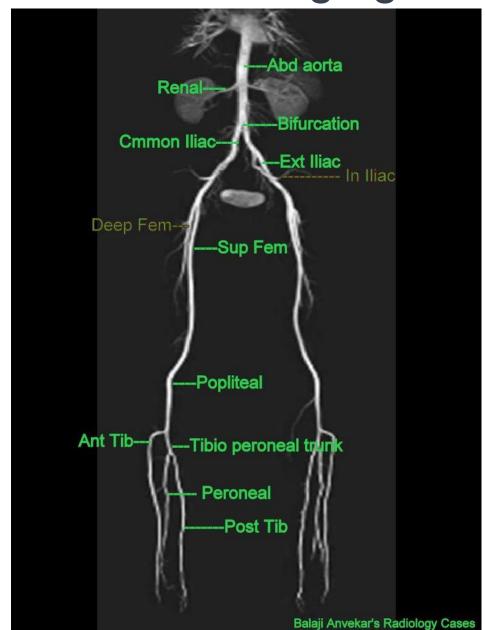




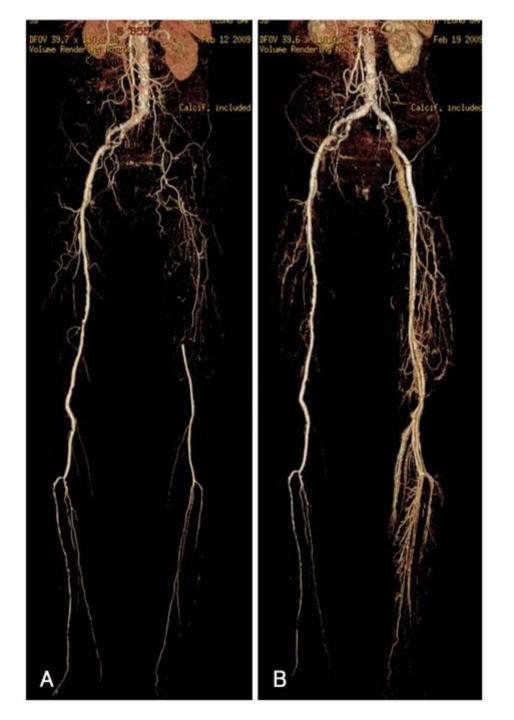












CT-Lower Limb Angiogram



Bone scans

