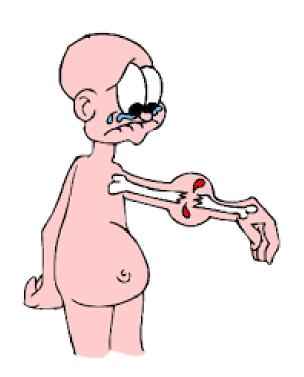


Healing II

Dr Roshitha de Silva Department of Pathology

#### Bone

- Procallus formation
- Osseous callus formation
- Remodelling



#### Procallus formation

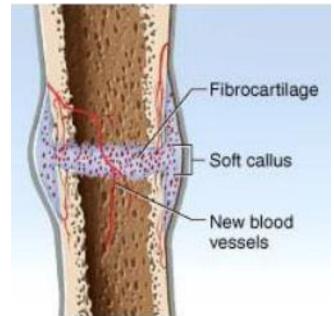
- Haematoma
  - Clotted blood forms a fibrin mesh
    - Seal off the fracture site
    - Creates a framework for infla cells, FB, new capillaries
- Local inflammatory response due to tissue damage
  - Polymorphs
  - Macrophages
    - clears fibrin, cells, inflammatory exudate
    - Remove dead bone fragments

### Procallus formation cont.

- Ingrowth of granulation tissue formation
  - New vessel formation
  - Proliferation of mesenchymal cells
- Fusiform uncalcified mass forms a soft tissue

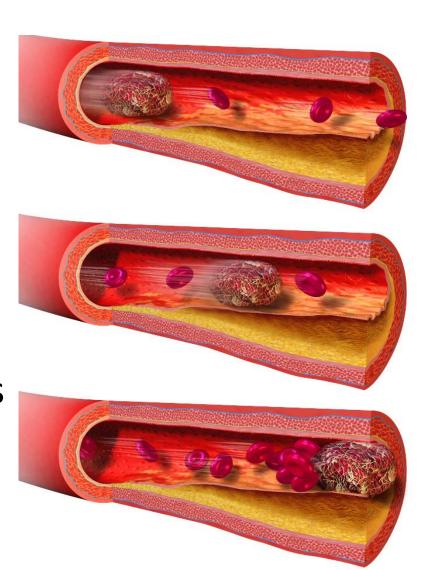
callus (procallus)

- Provides some anchorage
   between 2 ends of the bones
- No structural rigidity for weight bearing



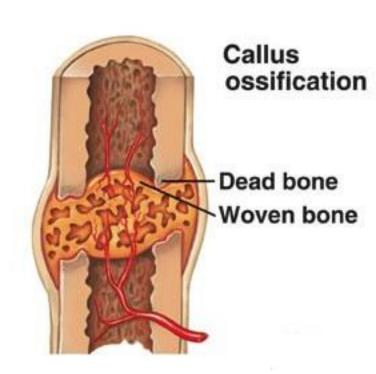
### **Emboli**

- Fatty marrow undergo necrosis
- Globules of fat are released
- Fat globules may enter disrupted vascular spaces
- Can become emboli



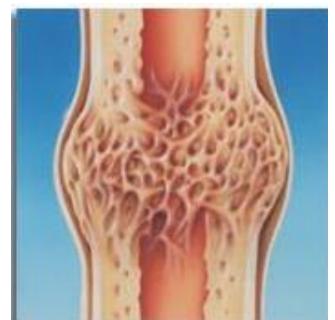
### Osseous callus formation

- Periosteal cells  $\rightarrow$  osteoblasts
- Osteoblasts form
  - collagen fibres
  - Ground substance in which they are embedded
- Osteoid (formed during maturation of GT)
- Osteoid undergo calcification
  - →woven bone



### Osseous callus formation cont.

- Periosteal cells → chondroblasts which form hyaline cartilage → new cartilage undergoes endochondral ossification
- Fusiform in shape and act as a scaffold.
- Final adult lamellar bone can be built on this.



#### Osseous callus formation cont.

- Woven bone cleared by osteoclasts
- Osteoblasts lay down osteoid which calcifies to form bone.
- It's collagen fibres are arranged in orderly lamellar fashion.
- Lamellar bone is formed.



## Remodelling

- Callus formation occur in excess.
- Excess fibrous tissue, cartilage, bone
- Callus matures, when subjected to weight bearing forces, portions that are not
  - physically stressed are reabsorbed.
- Callus is reduced in size.
- Medullary cavity is restored.

### Remodelling cont.

- Osteoclasts clear the excess bone
- Osteoblasts lay down bone
- External callus Cleared away

Intermediate callus is converted to compact

bone containing Haversian systems (cortex).

 Internal callus is hollowed out to form bone marrow.

# Abnormalities of Fracture healing

- Fibrous union
- Non union
- Delayed union

### Fibrous union

- Heal by forming fibrous tissue rather than new bone.
- If the the fracture site is not immobilised, Cells behave as fibroblasts → bone ends become united by simple scar tissue.
- If movement is excessive → cells may differentiate into synovial cells and forms a false joint (pseudoarthrosis)

# Pseudoarthrosis



#### Non union

- A complete lack of union between the two ends.
- Commonly results from interposition of soft parts (muscle, fascia).

# Delayed union

- A certain amount of time is required before bone healing
- May vary according to age, bone involved, level of the fracture, and associated soft tissue injury.
- Delayed union is present when this period of time has elapsed.

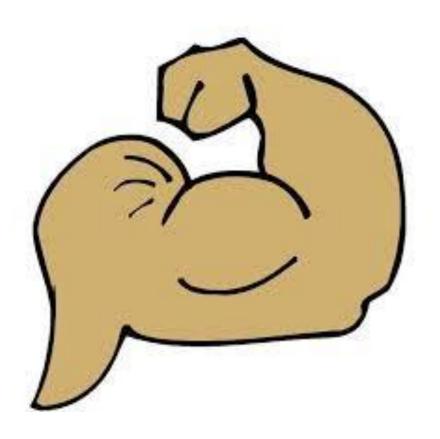
## Delayed union cont.

- The fact that a bone is delayed in its union does not mean that it will become a nonunion.
- Nonunion is one end result of a delayed union.
- Causes;
  - inadequate reduction
  - inadequate immobilization
  - loss of blood supply
  - infection

# Pathological fracture

- Fractures occurring in diseased bones following minimal strain.
- Any lesion that weakens the bones is liable to cause fractures.
- Causes
  - Osteoporosis
  - Secondary metastasis

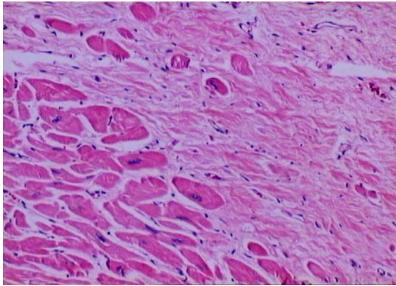
# Muscle



# Muscle healing

- All 3 types have limited capacity to regenerate.
- Damage to the myocardium which results in necrosis is permanent, as cardiac muscle cells do not divide.
- This means that damaged muscle cells are not replaced.
- Healing is by the formation of granulation tissue and fibrosis (i.e. fibrous scar tissue).





### Skeletal muscles

- Cut ends of muscle fibres retract but are held together by stromal connective tissue.
  - Injured site is filled with inflammatory cells, fibrinous material.
  - Macrophages clear the damaged fibres.
- Intact muscle sheath → Properly oriented muscle fibres are formed
- Damaged muscle sheath→Fibrous scar

### Smooth muscles

- Large lesions 
   permanent scar
  - Eg. Healed chronic peptic ulcer
- But SM have potential for regeneration.
- It is thought that they are differentiated from pericytes which are scattered along certain small vessels.

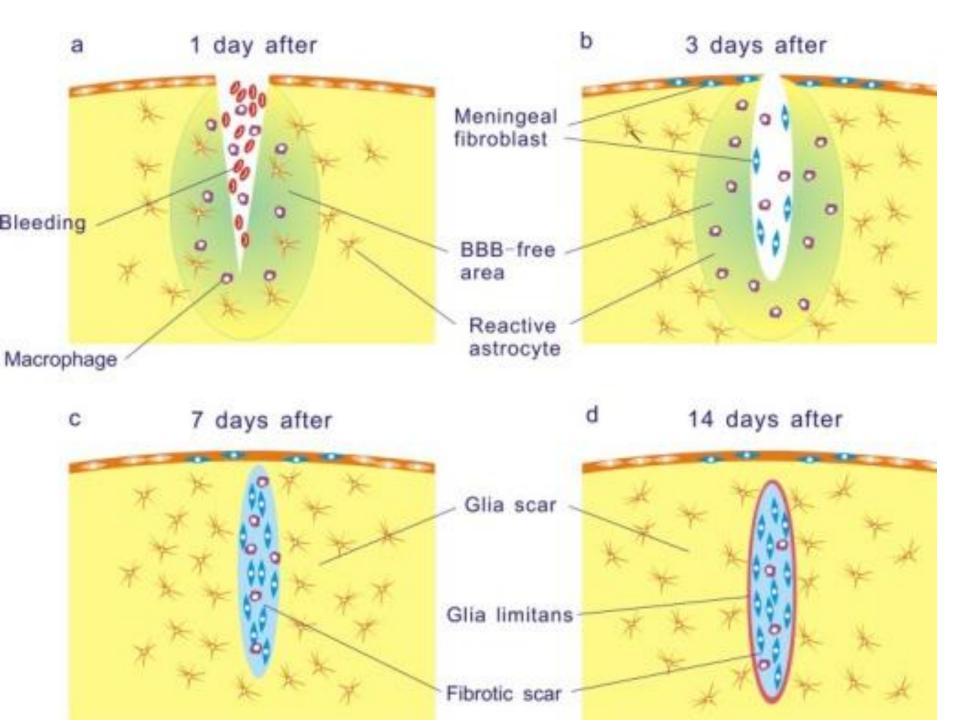
smooth muscle cells
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### Brain healing

- No neuronal regeneration, Only glial cells proliferate.
- Repair begins after injury as astrocytes outside the lesion are activated.
- Astrocytes proliferate and undergo hypertrophy.
- This glial response is called gliosis.

### Brain healing cont.

- In the most extreme form, the proliferation associated with gliosis leads to the formation of a glial scar.
- Glial scar creates a wall around the injury sealing off the injury.
- This is made up of a multilayered sheet of activated astrocytes.



### Brain healing cont.

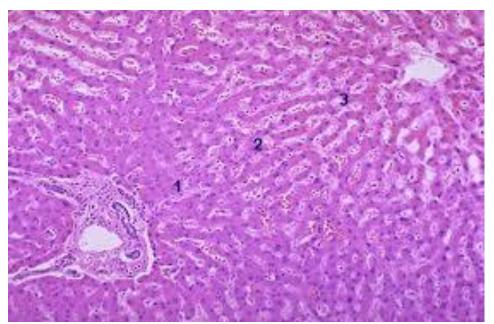
- Gliosis protects healthy cells from injury and assist in healing.
- Contents of damaged neurons /inflammatory constituents do not harm healthy cells.

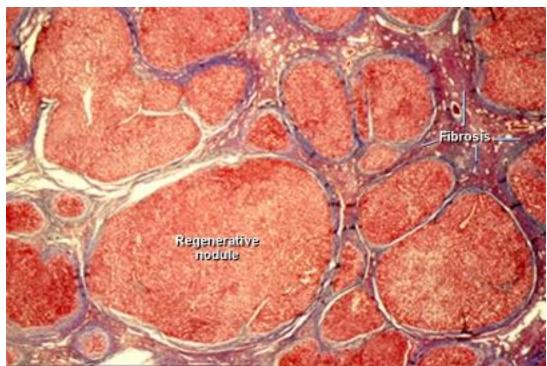
### Liver

- Liver is able to regenerate very well.
- Regeneration of cells seen in any type of necrosis, provided the patient survives.
- Acute hepatic injury caused by viral hepatitis or toxin exposure, can regenerate completely restoring full form and function.

#### Liver cont.

- Chronic insults such as ongoing exposure to alcohol or hepatitis C virus
- Connective tissue network is severely damaged
- May result in the formation of collagen based scars and the development of cirrhosis → loss of function → Liver failure





## Kidneys

- Renal tubular epithelium has good powers of regeneration.
- But whole nephrons do not.
- This means that mild damage to the kidneys will heal completely.
  - Eg. Acute tubular necrosis due to toxins → BM not damaged → complete return to normal.
- Eligible for heamodialysis due to full recovery is expected

### Kidneys cont.

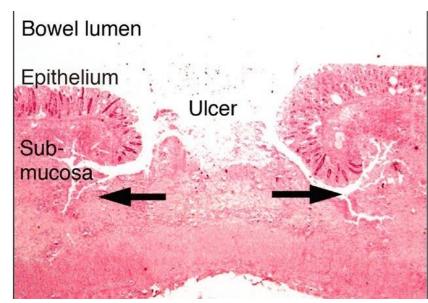
- But more extensive injuries will result in scar formation.
- Regeneration is poor when
  - BM is disrupted
  - Damage to complete nephron
- The glomeruli do not regenerate after injury.
   Once destroyed, it cannot be replaced.
- Glomerular damage → scarring

## Kidneys cont.

 Unilateral nephrectomy→remaining kidney enlarge in size→no new nephrons are formed→increase in cell size and number in the nephrons

### Mucosal ulceration

- Defect covered by blood
- Inflammation
- Macrophage remove debris
- Granulation tissue formed
- Mucosa spread from the margin to the base of the ulcer
- Muscle replaced by scar tissue
- May lead to stenosis and obstruction



### Lungs

- Damage to the alveoli may occur as a result of infection, inhalation of irritants or shock.
- As long as the basement membranes of the alveoli remain intact there can be complete healing.
- More severe damage can lead to areas of pulmonary fibrosis.

# Thank You