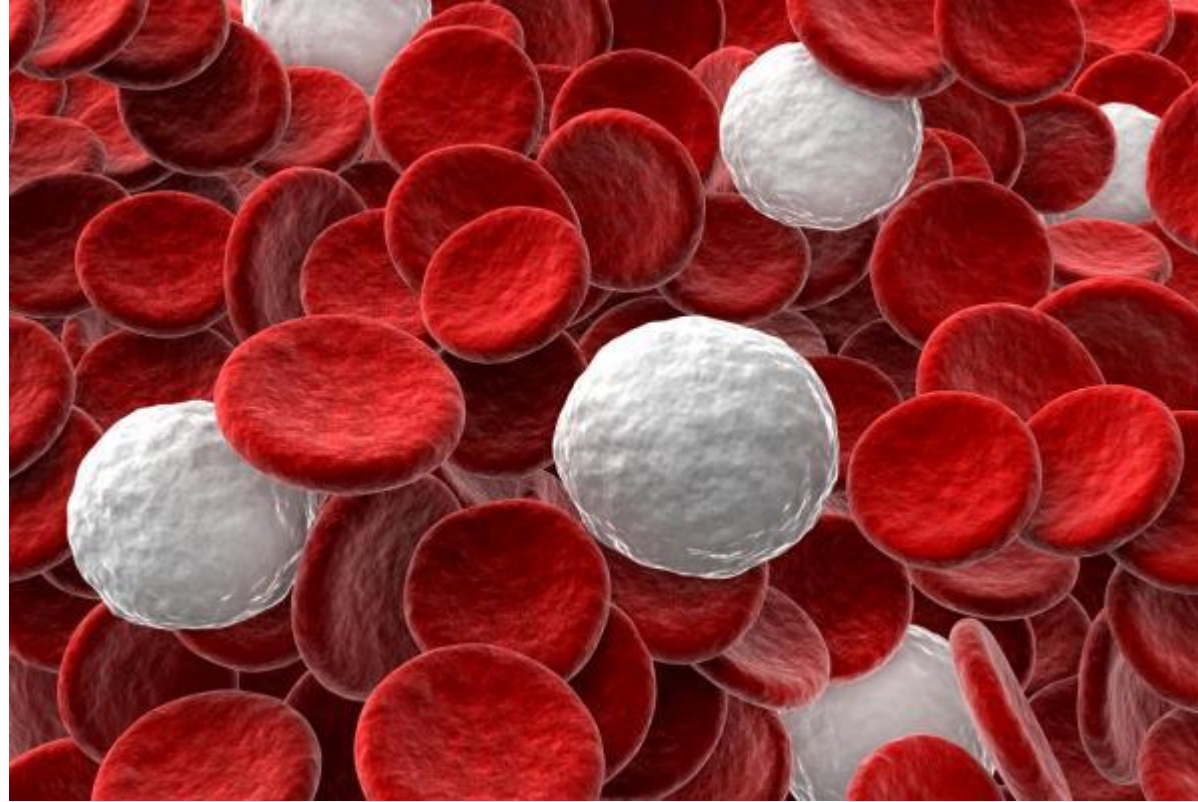


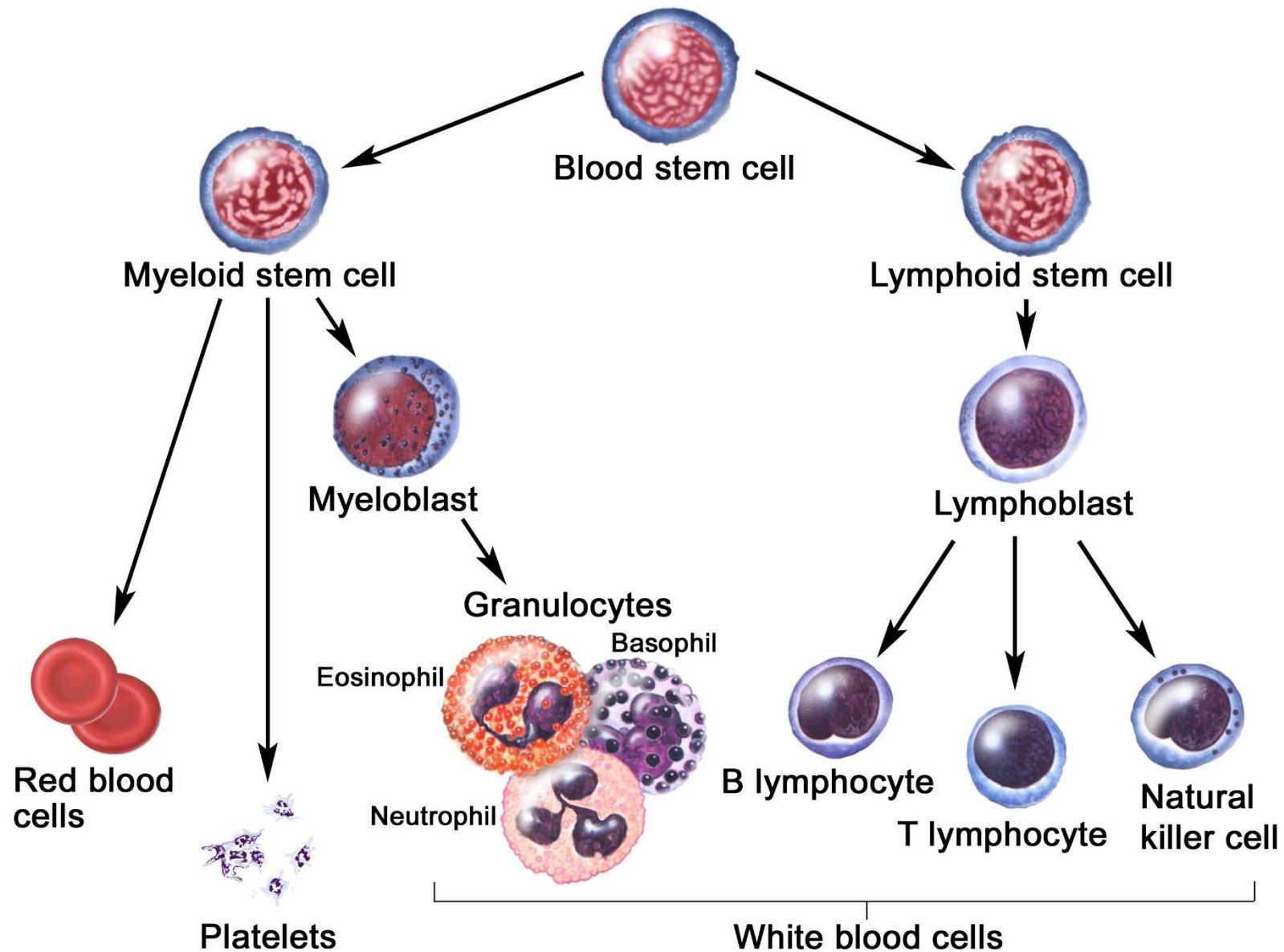
# Acute Leukaemia



Dr Durga Moratuwagama

- Definition
- Classification
- Clinical features
- Diagnosis
- Treatment





# Acute leukaemia

- Malignant transformation at HSC/Early progenitors
  1. Block in cellular differentiation
  2. Increased proliferation
  3. Reduced apoptosis

Accumulation of early haemopoietic cells 'Blasts'

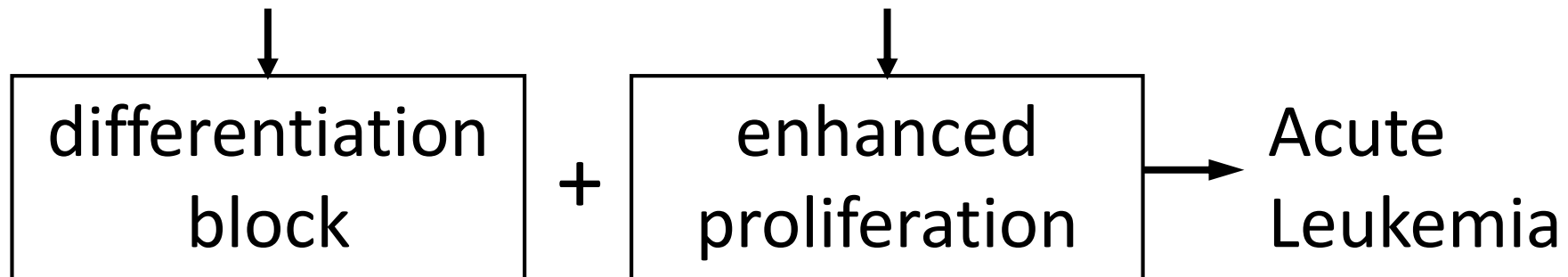
# Two-hit model of leukemogenesis

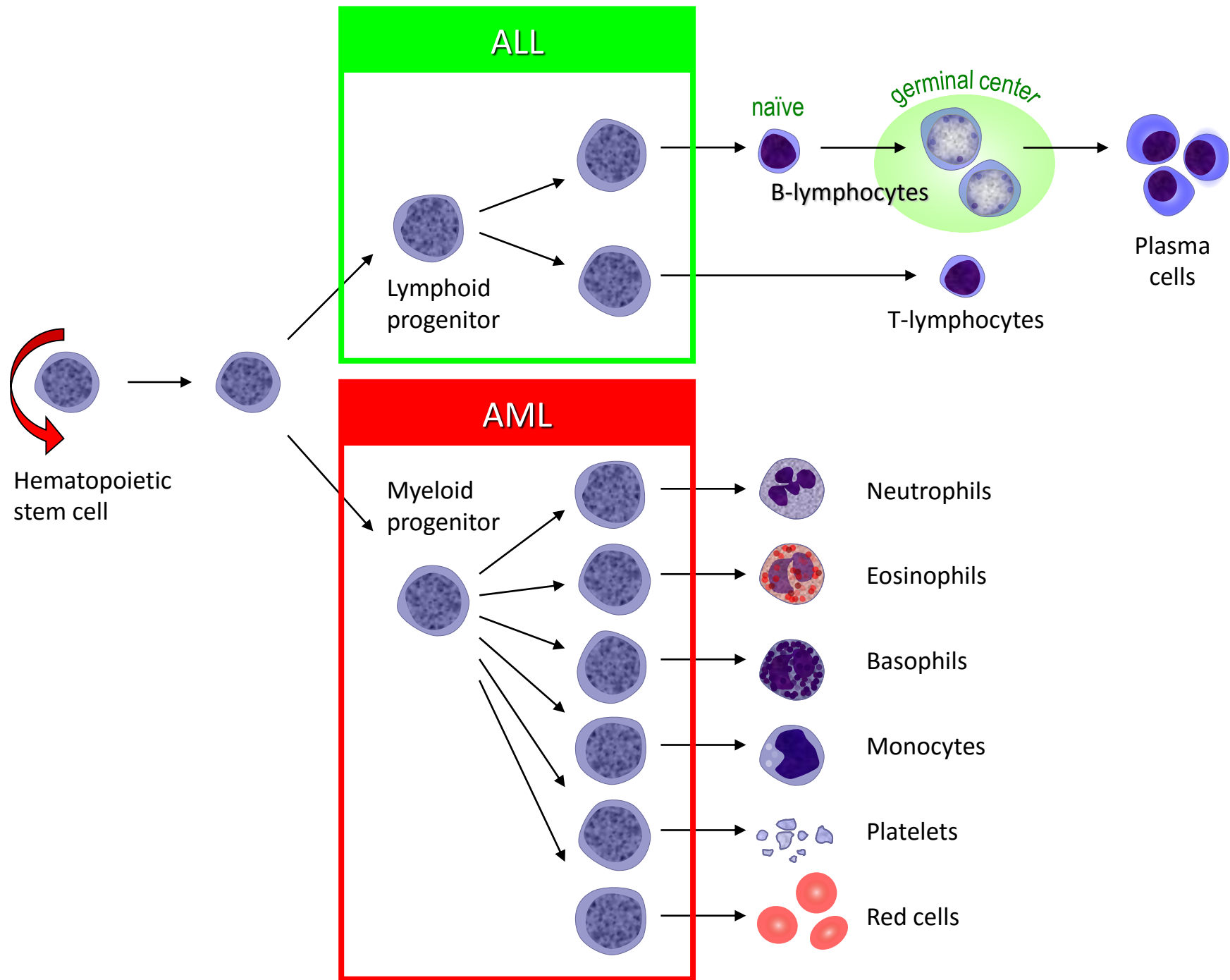
Loss of function of  
transcription factors needed  
for differentiation

eg. AML1-ETO  
CBF $\beta$ -SMMHC  
PML-RAR $\alpha$

Gain of function mutations of  
tyrosine kinases

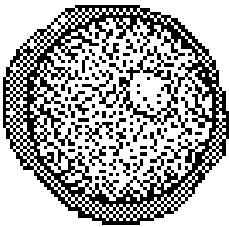
eg. FLT3, c-KIT mutations  
N- and K-RAS mutations  
BCR-ABL  
TEL-PDGFR $\beta$



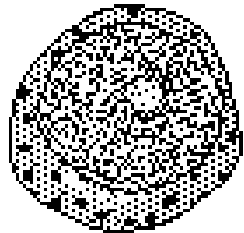


# Myeloid maturation

myeloblast



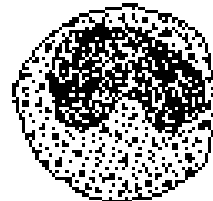
promyelocyte



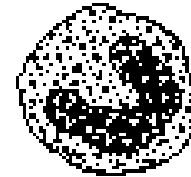
myelocyte



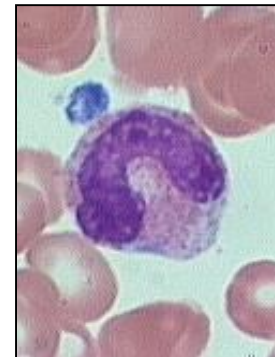
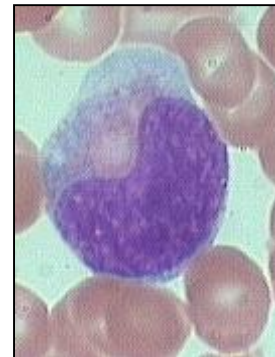
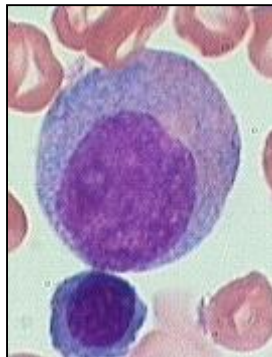
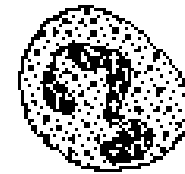
metamyelocyte



band



neutrophil

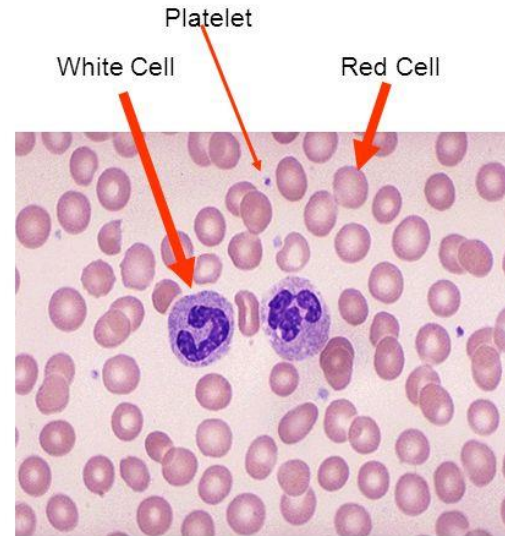


**MATURATION**

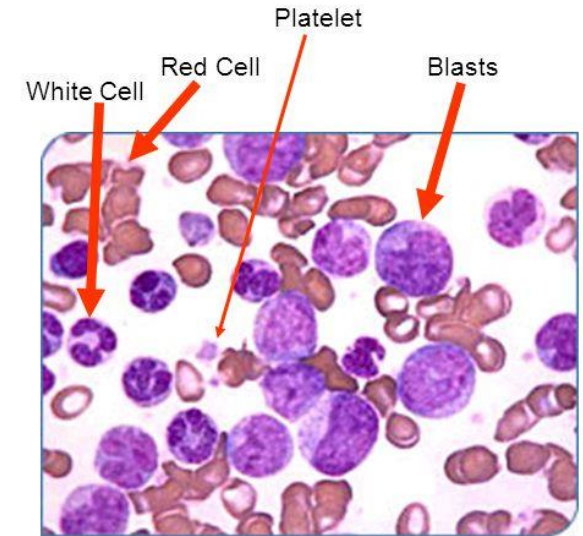


# How many blast cells?

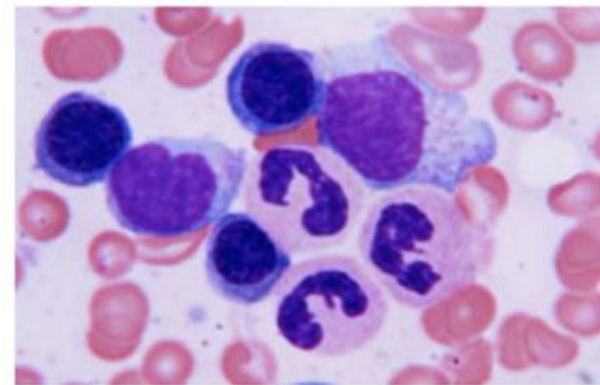
- Peripheral Blood-No blasts
- Normal BM < 5%
- **Blasts > 20% in blood or BM**



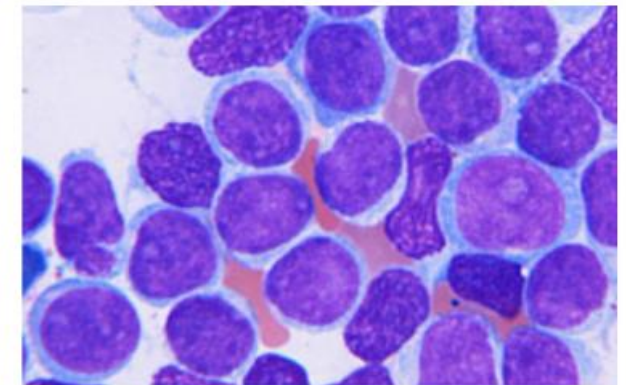
Normal human blood



Blood with leukemia



Normal bone marrow



Bone marrow with  
acute leukaemia



# Classification of Leukaemia

Lineage	Acute	Chronic
Myeloid	Myeloblastic (AML)	Myeloid(CML)
Lymphoid	Lymphoblastic (ALL)	Lymphocytic(CLL)

# Leukaemia

- Acute leukaemias: rapid onset, rapid death if treatment is not successful
- Chronic leukaemias: natural history measured in years, even without initial treatment

# Classification of acute leukaemias

## ALL

- mainly children

### Commonest childhood cancer

- **curable in 85% of children**
- curable in minority of adults



## AML

- mainly adults

- curable in minority of adults



# Classification of AML & ALL

**TABLE 1: 2008 WHO classification of acute myelogenous leukemia (AML)**

**AML with recurrent genetic abnormalities**

AML with t(8;21)(q22;q22); *RUNX1-RUNX1T1*  
AML with inv(16)(p13;q22) or t(16;16)(p13.1;q22); *CBFB-MYH11*  
AML with t(15;17)(q22;q12); *PML-RARA*  
AML with t(9;11)(p22;q23); *MLLT3-MLL*  
AML with t(6;9)(p23;q34); *DEK-NUP214*  
AML with inv(3)(q21q26.2) or t(3;3)(q21;q26.2); *RPN1-EVI1*  
AML (megakaryoblastic) with t(1;22)(p13;q13); *RBM15-MKL1*  
Provisional entity: AML with mutated *NPM1*  
Provisional entity: AML with mutated *CEBPA*

**AML with myelodysplasia-related changes**

**Therapy-related myeloid neoplasms**

**AML, not otherwise specified**

AML with minimal differentiation  
AML without maturation  
AML with maturation  
Acute myelomonocytic leukemia  
Acute monoblastic/monocytic leukemia  
Acute erythroid leukemias  
    Pure erythroid leukemia  
    Erythroleukemia, erythroid/myeloid  
Acute megakaryoblastic leukemia  
Acute basophilic leukemia  
Acute panmyelosis with myelofibrosis

**Myeloid sarcoma**

WHO = World Health Organization

Swerdlow SH, Campo E, Harris NL, et al (eds): WHO classification of tumours of haematopoietic and lymphoid tissues. Lyon, France: IARC Press; 109–138, 2009.

Vardiman JW, Thiele J, Arber DA, et al: The 2008 revision of the World Health Organization classification of myeloid neoplasms and acute leukemia: Rationale and important changes. *Blood* 114:937–951, 2009

## Acute lymphoblastic leukemia (ALL): WHO classification

**Precursor lymphoid neoplasms**

**B-cell lymphoblastic leukemia/lymphoma, not otherwise specified**

**B-cell lymphoblastic leukemia/lymphoma with recurrent genetic abnormalities**

B-cell lymphoblastic leukemia/lymphoma with t(9;22)(q34;q11.2); *BCR-ABL1*  
B-cell lymphoblastic leukemia/lymphoma with t(v;11q23); *MLL* rearranged  
B-cell lymphoblastic leukemia/lymphoma with t(12;21)(p13;q22);  
*TEL-AML1 (ETV6-RUNX1)*  
B-cell lymphoblastic leukemia/lymphoma with hyperploidy  
B-cell lymphoblastic leukemia/lymphoma with hypoploidy (hypodiploid ALL)  
B-cell lymphoblastic leukemia/lymphoma with t(5;14)(q31;q32); *IL3-IGH*  
B-cell lymphoblastic leukemia/lymphoma with t(1;19)(q23;p13.3);  
*E2A-PBX1 (TCF3-PBX1)*

**T-cell lymphoblastic leukemia/lymphoma**

WHO = World Health Organization

Swerdlow SH, Campo E, Harris NL, et al (eds): WHO classification of tumours of haematopoietic and lymphoid tissues. Lyon, France: IARC Press; 109–138, 2009.

[http://imaging.uibm.medica.com/cancernetwork/cmhb13/13\\_79\\_Table2.gif](http://imaging.uibm.medica.com/cancernetwork/cmhb13/13_79_Table2.gif)

# Risk Factors-AML

- Pre-existing haematological disorders
- Age - Older adults are more likely to develop AML
- Smoking
  - 20% of AML cases are linked to smoking
  - Doubles the risk of disease in people older than 60
- Genetic disorders - Down syndrome, Fanconi anemia
- High doses of radiation
  - Long-term survivors of atomic bombs
- Previous chemotherapy treatment
  - Breast cancer, ovarian cancer, lymphoma
- Exposure to industrial chemicals - Benzene

# Risk Factors-ALL

- Prenatal exposure to x-rays
- Postnatal exposure to high doses of radiation (e.g., therapeutic radiation as previously used for conditions such as tinea capitis and thymus enlargement)
- Exposure to high levels of certain chemicals, such as benzene, which is used in oil refineries, chemical plants, and other industries
- Genetic conditions, including Down syndrome, neurofibromatosis, Shwachman-Diamond syndrome, Bloom syndrome, ataxia-telangiectasia, Diamond-Blackfan anemia, Fanconi anemia, Klinefelter syndrome, Li-Fraumeni syndrome, and trisomy 8
- Severe congenital neutropenia (also called *Kostmann syndrome*)
- Inherited genetic polymorphisms
- Having a sibling with a history of ALL



# Clinical manifestations

- Symptoms due to:
  - marrow failure
  - tissue infiltration
  - leukostasis
  - constitutional symptoms
  - others- DIC (*acute promyelocytic leukaemia*)
- usually short duration of symptoms

# Marrow failure

- Neutropenia: :infections, sepsis
- Anaemia : fatigue, pallor
- Thrombocytopenia: bleeding

# Petechiae



# Infiltration of tissues/organs

- enlargement of liver, spleen, lymph nodes
- gum hypertrophy
- bone pain
- other organs: CNS, skin, testis, any organ



Figure—Prominent gingival hypertrophy.

**AML – gingival hypertrophy**

# BONE PAIN-ALL







(a)



(b)

From: *Essential Haematology*, 6th Edn. © A. V. Hoffbrand & P. A. H. Moss.  
Published 2011 by Blackwell Publishing Ltd.

# T ALL



Source: K. Kaushansky, M.A. Lichtman, J.T. Prchal, M.M. Levi, O.W. Press, L.J. Burns, M. Caligiuri: Williams Hematology, 9th edition  
[www.accessmedicine.com](http://www.accessmedicine.com)  
Copyright © McGraw-Hill Education. All rights reserved.

# Constitutional symptoms

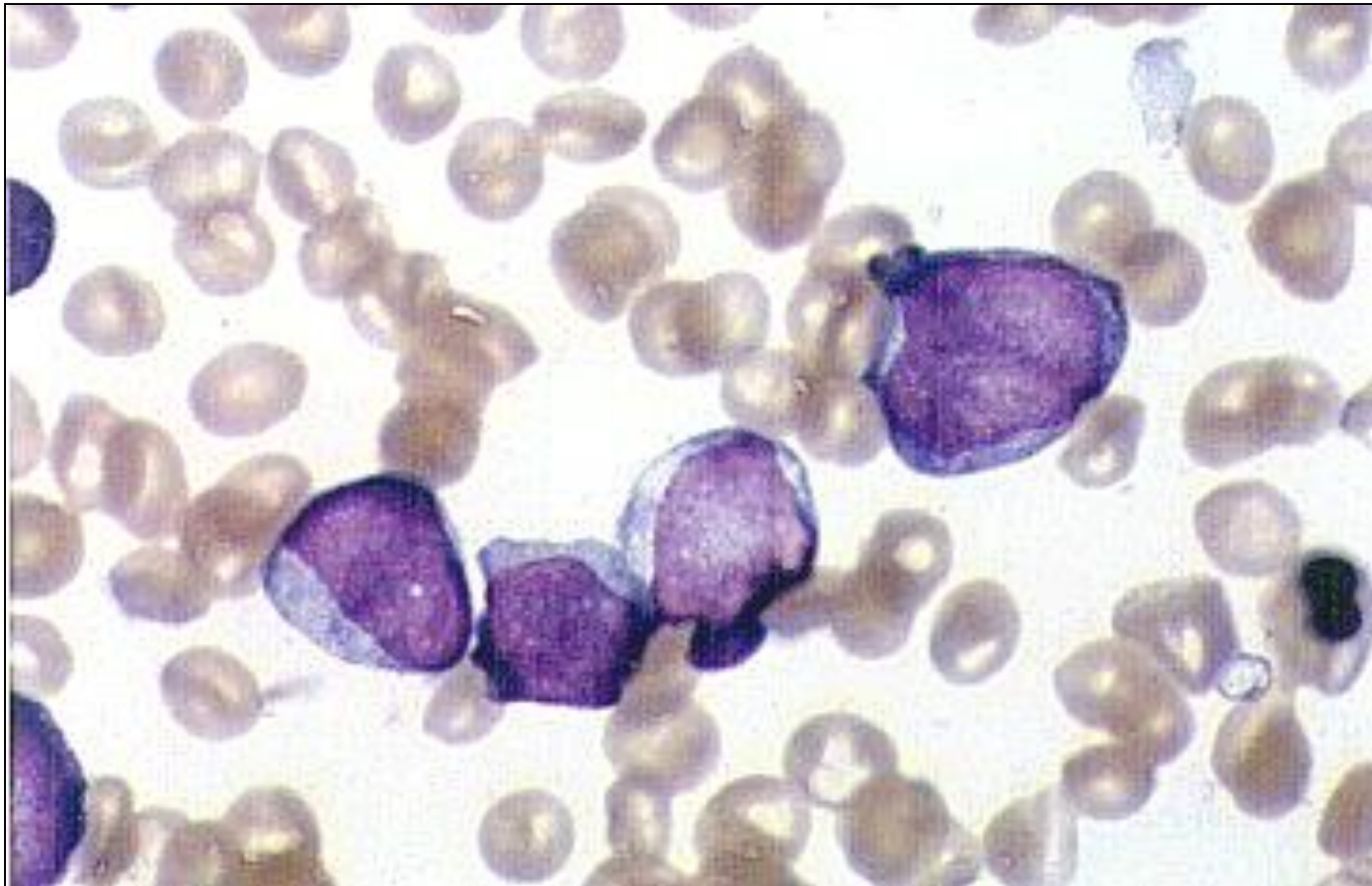
- Fever
- Sweats
- Weight loss
- Loss of appetite

# Investigations

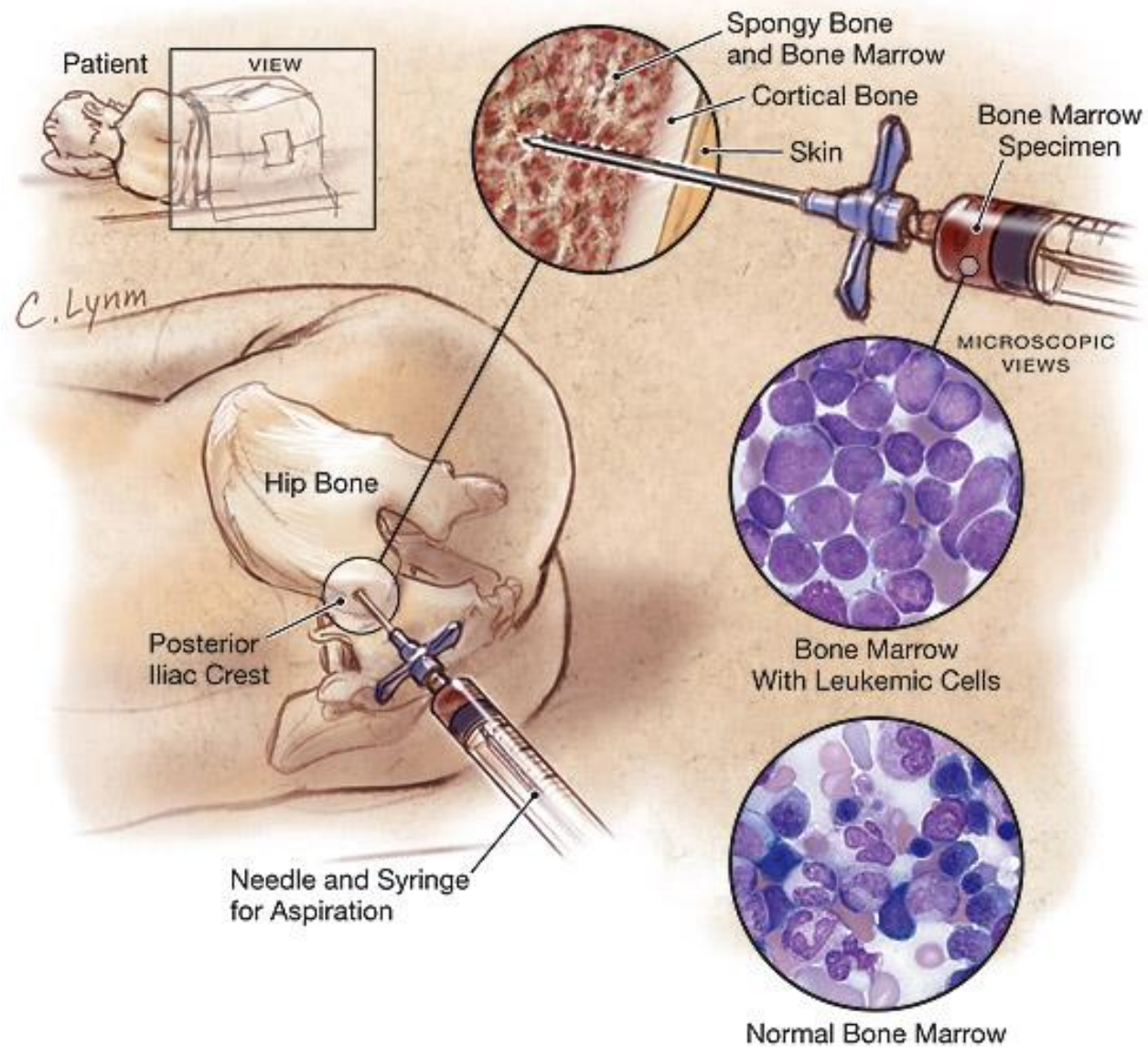
- FBC+BP
  - Bone marrow aspiration & trephine biopsy
- } demonstrate the presence of excess blasts
- Special stains-Sudan black/PAS
  - Flow cytometry
  - Cytogenetics
- EX: t(15,17)  
Acute promyelocytic Leukaemia
- } Lineage(Myeloid/lymphoid)
- } Help diagnosis/prognosis/MRD assessment
- Other supportive Ix

# Acute Leukemia

- accumulation of blasts in the PB/BM



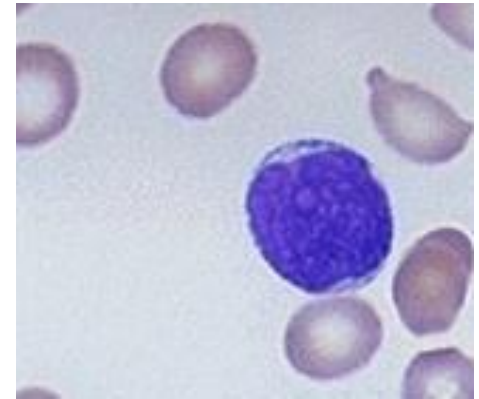
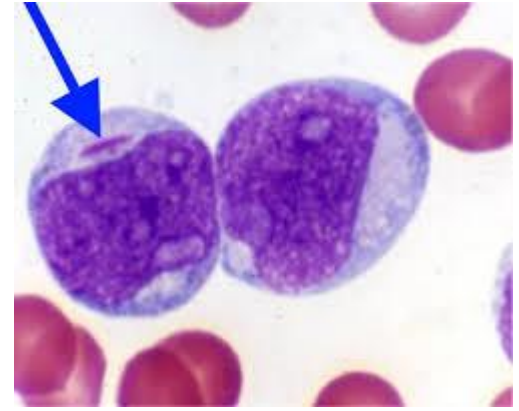
## Bone Marrow Aspiration



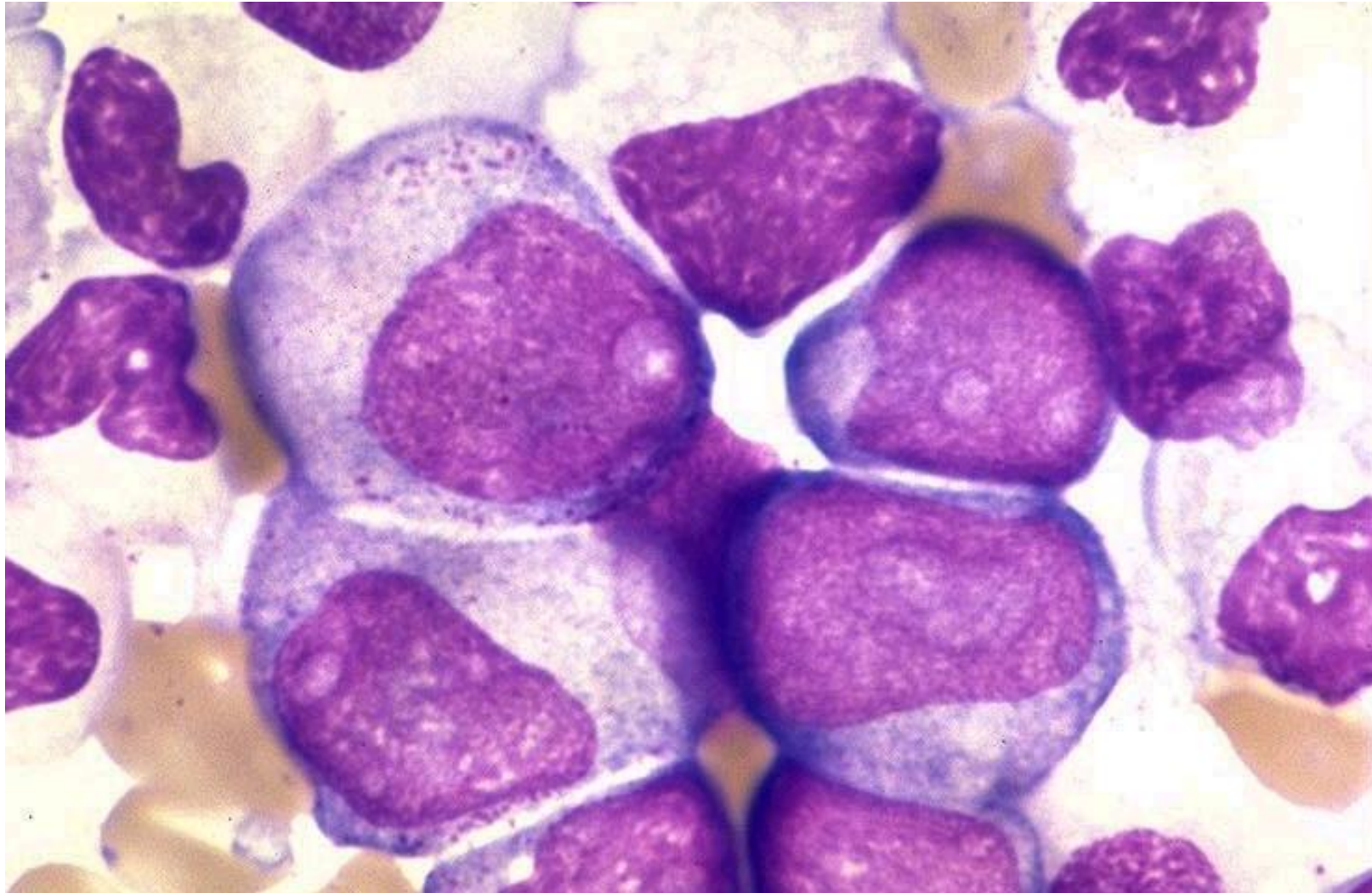


## HOW DO YOU IDENTIFY A BLAST CELL?

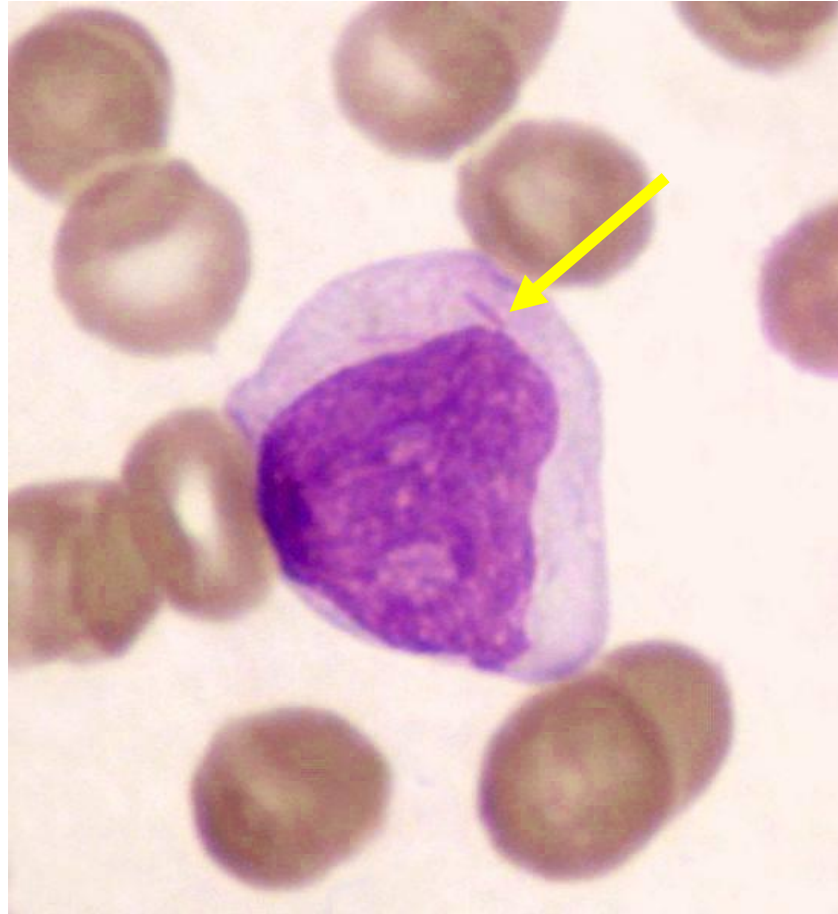
- Large nucleus, immature chromatin, a prominent nucleolus, scant cytoplasm and few or no cytoplasmic granules.
- Cell size - Medium to large cells. Larger than a lymphocyte
- Large nucleus -a high N/C ratio
- Immature chromatin - the nuclear chromatin looks as if it composed of fine dots.
- Prominent nucleolus.
- Scant cytoplasm.
- Granules- +/-  
Acute promyelocytic leukemia : Granules+++
- Auer rods - orange-pink, needle-like cytoplasmic structures in blasts of myeloid lineage. These may be numerous in acute promyelocytic leukemia.



AML

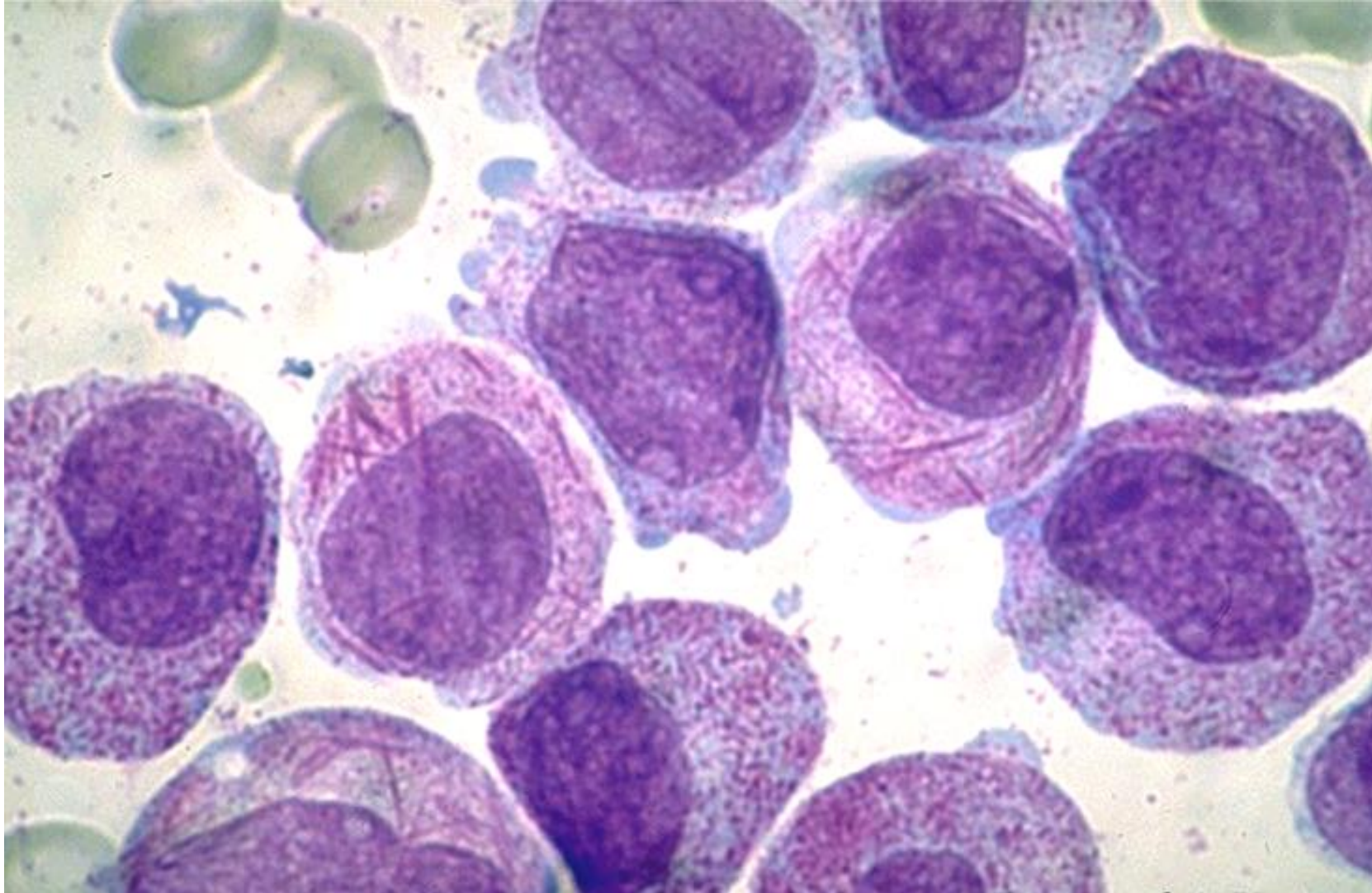


# Auer rod

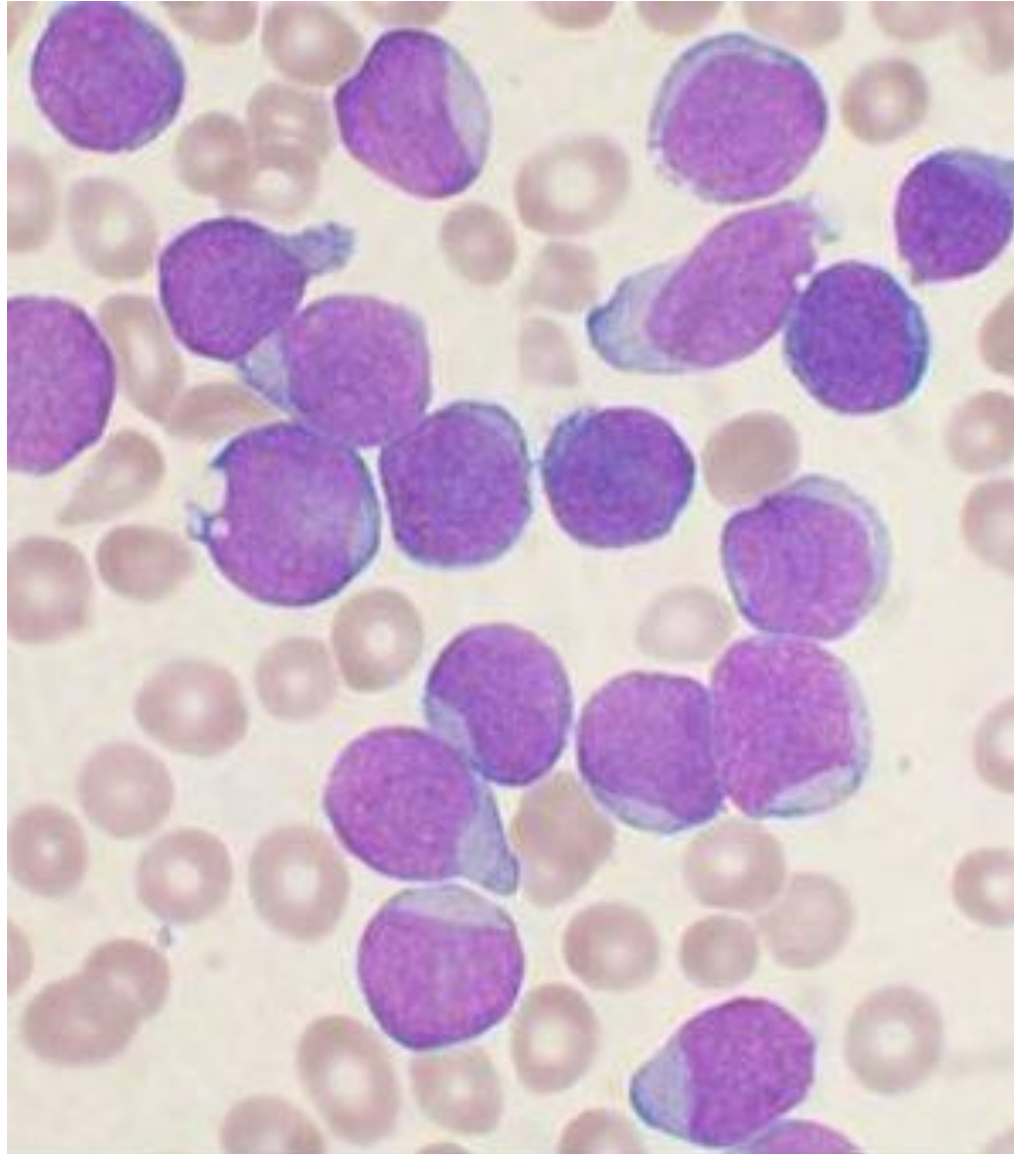




## Auer rods in Acute promyelocytic leukaemia-Faggot cells



ALL



# Distinguishing AML from ALL

- light microscopy
  - AML: Auer rods, cytoplasmic granules
  - ALL: no Auer rods or granules.
- special stains (cytochemistry)
- surface markers (immunophenotype)
- cytogenetics



### Myeloblast



Size  
Cytoplasm  
Auer rod  
Nuclear chromatin  
Nucleoli

Larger  
Moderate  
May be present  
Fine  
Prominent, 1–4

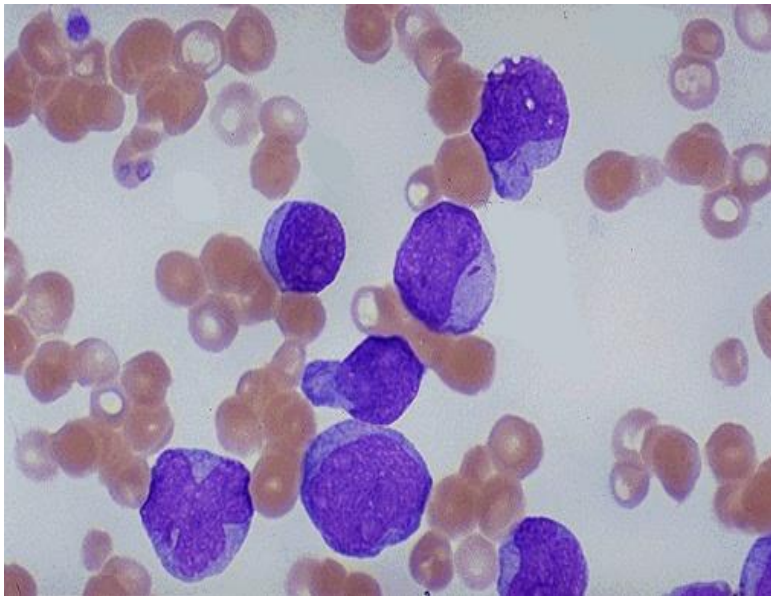
### Lymphoblast



Smaller  
Scanty  
Absent  
Coarse  
Indistinct

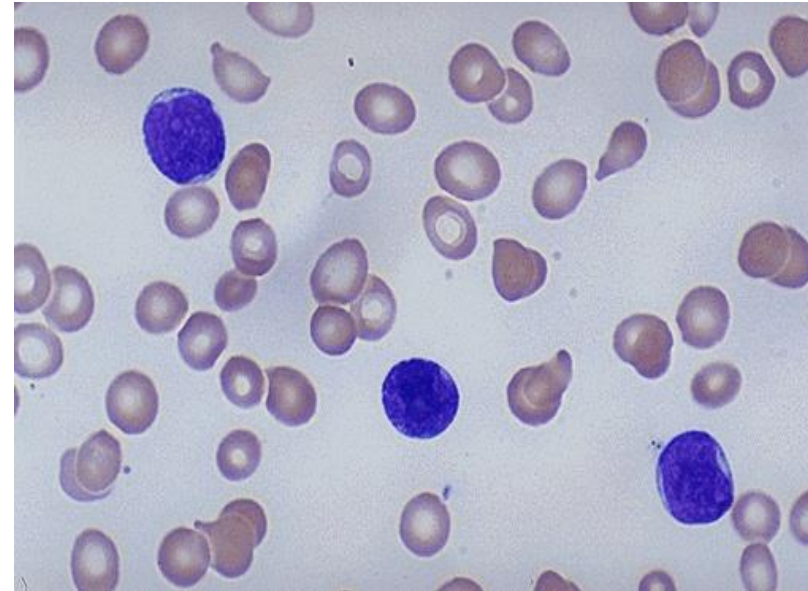
# AML

delicate chromatin  
much cytoplasm  
fine granules/Auer rods



# ALL

coarse chromatin  
scanty cytoplasm  
no granules



# Cytochemical Reactions in Acute Leukemia

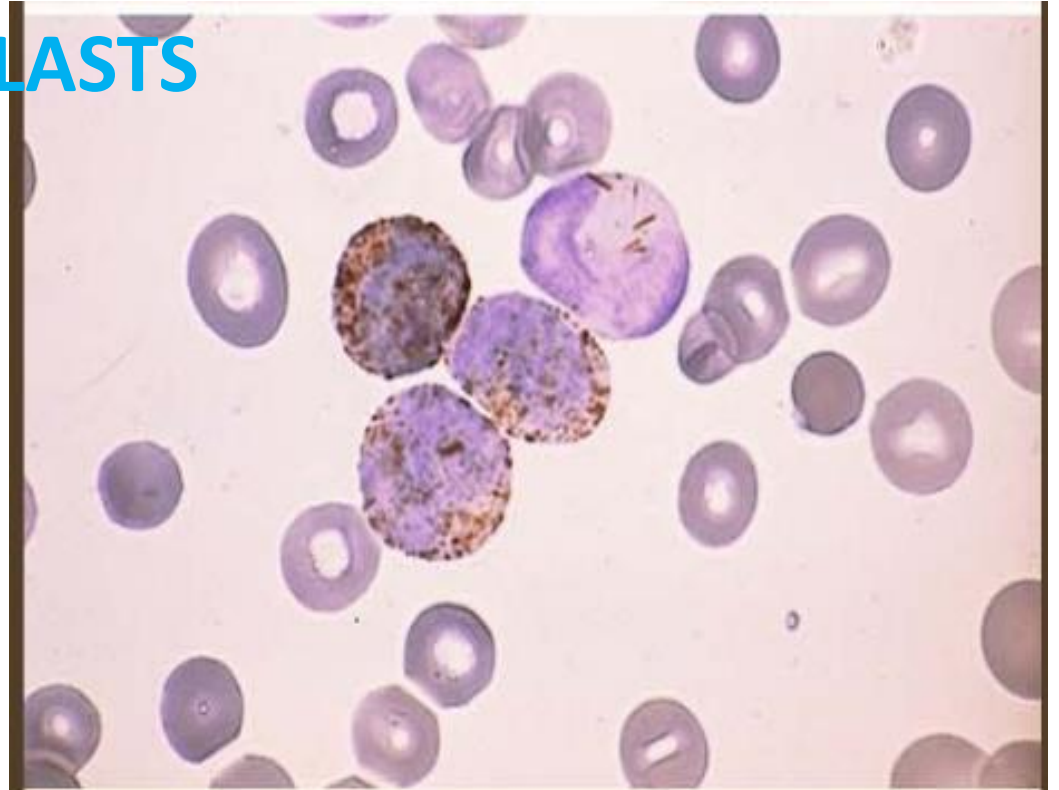
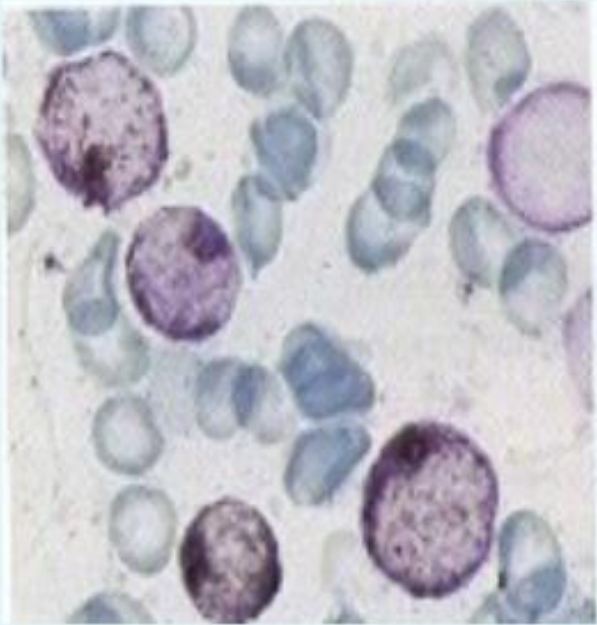
Cytochemical Reaction	Cellular Element Stained	Blasts Identified
Myeloperoxidase (MPO)	Neutrophil primary granules	Myeloblasts strong positive; monoblasts faint positive
Sudan Black B (SBB)	Phospholipids	Myeloblasts strong positive; monoblasts faint positive
Specific esterase	Cellular enzyme	Myeloblasts strong positive
Nonspecific esterase (NSE)	Cellular enzyme	Monoblasts strong positive
Periodic acid-Schiff	Glycogen and related substances	Variable, coarse or block-like positivity often seen in lymphoblasts and pronormoblasts, myeloblasts usually negative although faint diffuse reaction may occasionally be seen



## MYELOBLASTS

### Sudan black

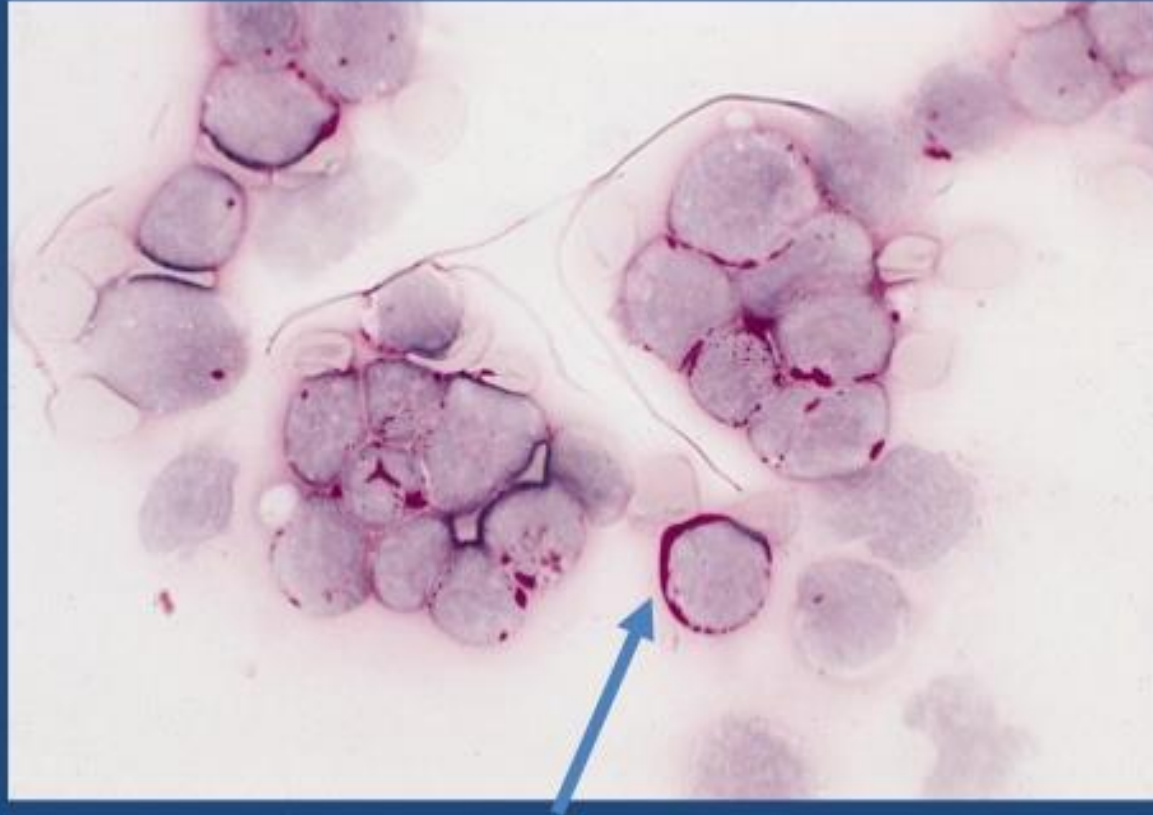
- Black staining in cytoplasm



MPO positive

**Lymphoblasts- SBB and MPO - Negative**

## PAS STAIN

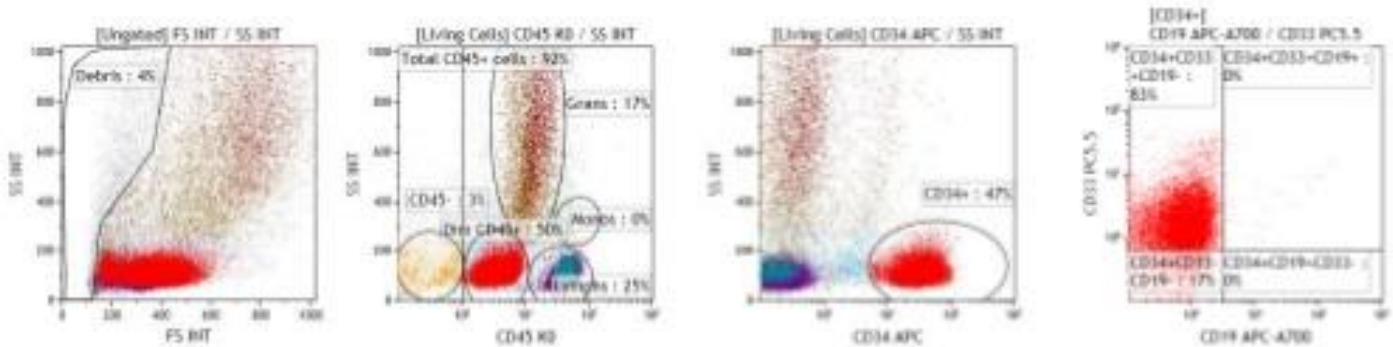


LYMPHOBLAST WITH BLOCK & COARSE GRANULAR STAINING

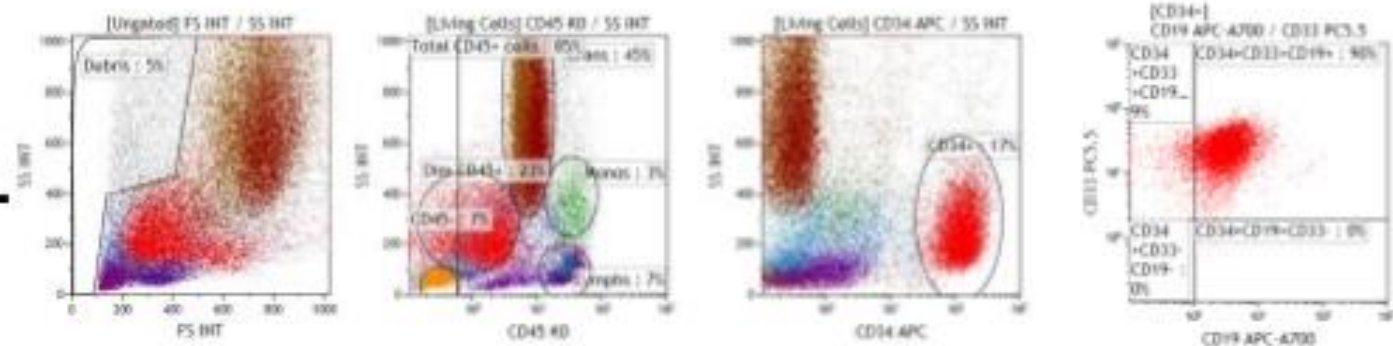
# Flow cytometry

# Acute Leukemia

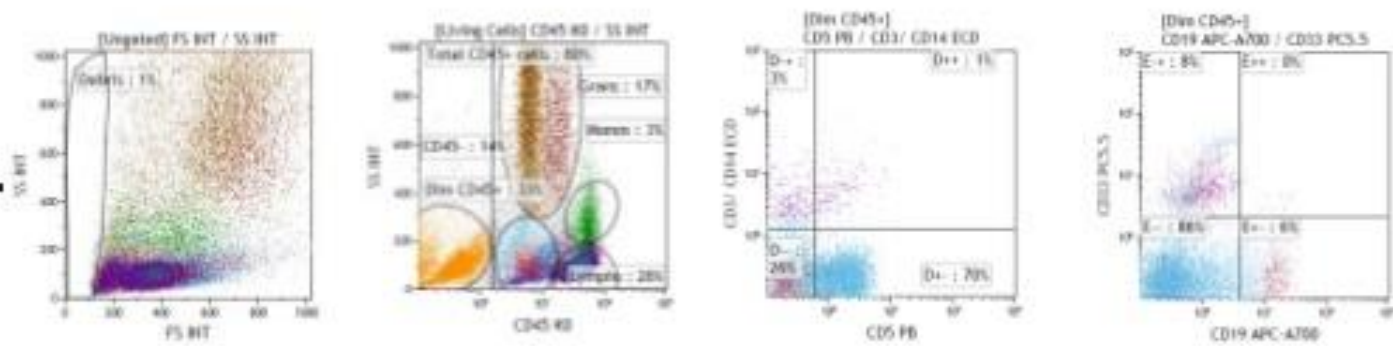
AML



B-ALL

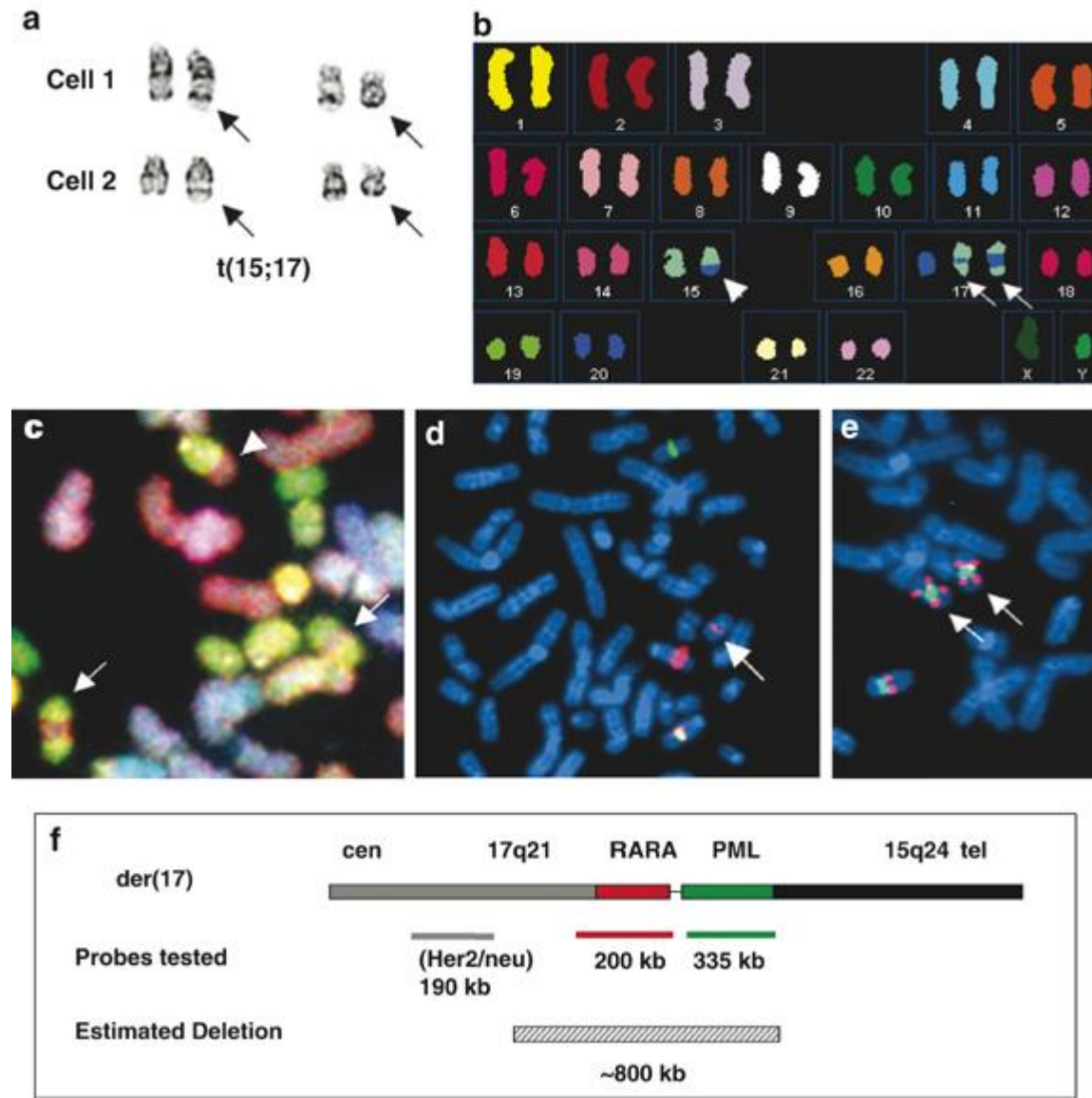


T-ALL



# t(15;17) translocation in AML

Karyotyping  
FISH  
PCR







# Principles of treatment

**Aim: Eradicate the blasts /Establish Normal Bone marrow**

- combination chemotherapy
  - first goal is complete remission
  - further Rx to prevent relapse
- supportive medical care
  - transfusions, antibiotics, nutrition
- psychosocial support
  - patient and family

# Chemotherapy for ALL

- Phases of ALL treatment
  - Induction
  - intensification
  - CNS prophylaxis
  - Maintenance or transplant



# Prognosis for AML

Survival rates greatly improved over past 25 years.

Majority of patients still succumb to the disease.

Remission rates inversely related to age.

**5-year survival rate in adults under 65 is 33%**

**5-Year survival rate in adults over 65 is 4%**

Dependent upon several factors.

**Presence of chromosome translocations in bone marrow**

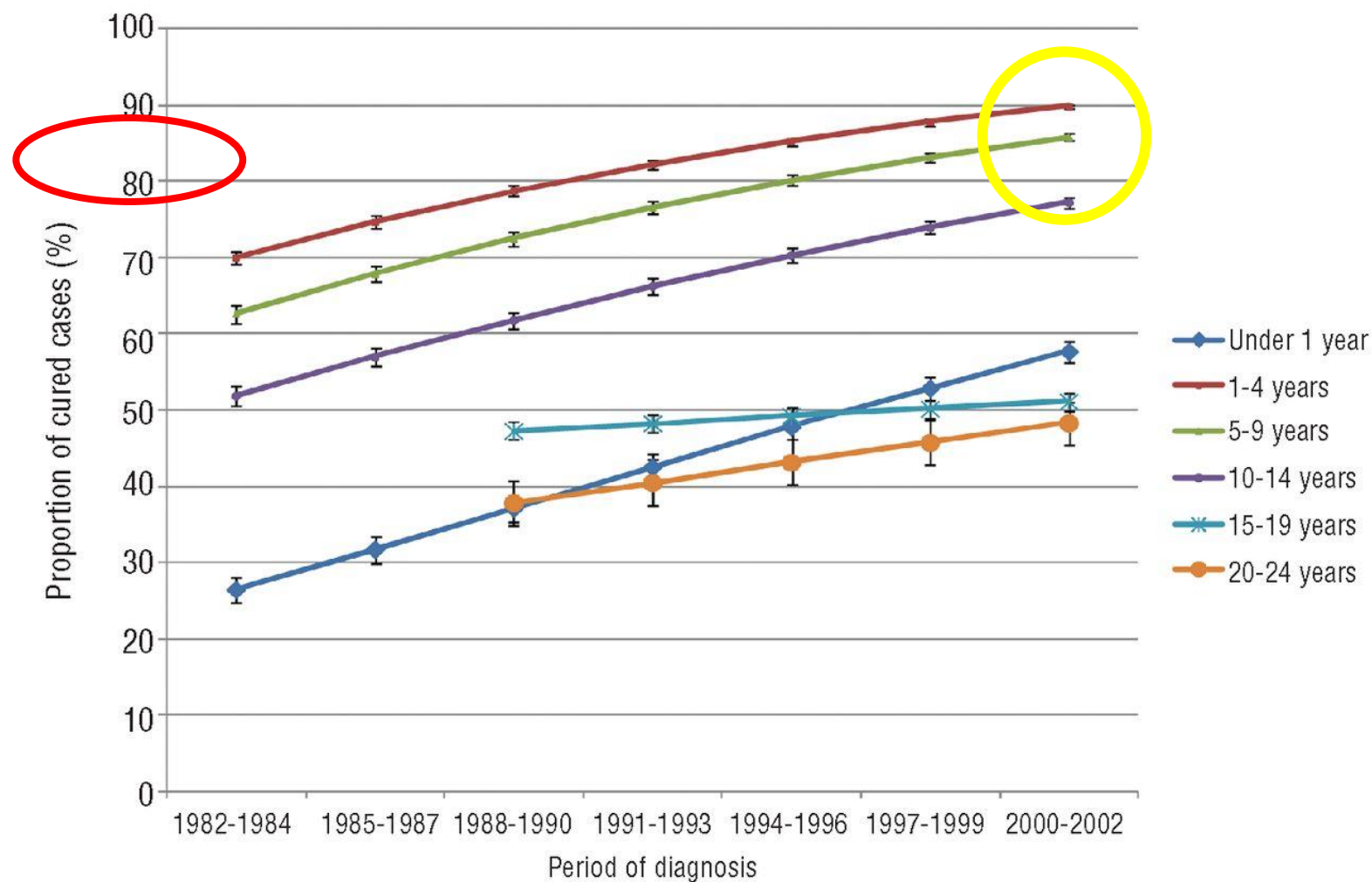
**Age**

**Preceding haematological disorder**

# Prognostic factors in AML

<i>parameters</i>	<i>Favorable</i>	<i>unfavorable</i>
<i>Cytogenetics</i>	<i>T(15;17). T(8;21). Inv(16).</i>	<i>Deletion of chromosome 5 or 7. 11q23 T(6;9) Abn(3q) complex rearrangments</i>
<i>BM response to remission induction</i>	<i>&lt;5% blasts after first course</i>	<i>&gt;20% blasts after first course.</i>
<i>age</i>	<i>&lt;60yrs</i>	<i>&gt;60yrs</i>

**Cure model-based estimates of proportion of infants, children (three age classes), adolescents, and young adults cured of acute lymphoblastic leukemia by diagnosis period (3-year periods from 1982 to 2002) in Europe.**



Gemma Gatta et al. Haematologica 2013;98:744-752



# Prognostic factors in ALL

<b>Table 1</b> Prognosis Features in Childhood ALL		
Risk Factor	Favorable	Unfavorable
Age	1-10 years	<1 or ≥ 10 years
Gender	Female	Male
Race/ethnicity	Caucasian, Asian	Black, Hispanic
White blood cell count at diagnosis	<50,000/ $\mu$ l	≥50,000/ $\mu$ l
Immunophenotype	B-precursor	T-cell, mature B-cell
Genetic features	Hyperdiploidy <i>ETV6-RUNX1</i> /t (12;21)	<i>BCR-ABL1</i> /t (9;22) <i>MLL</i> rearrangement Hypodiploidy iAmp(21) <i>CRLF2</i> overexpression
Extramedullary involvement (CNS, testicular)	No	Yes
<b>Early treatment response</b>		
Predisone window	Peripheral absolute blast count <1,000/ $\mu$ l	Peripheral absolute blast count >1,000/ $\mu$ l
Induction day 8 peripheral blood MRD	<0.01-1%	>1%
Induction day 8 and day 15 bone marrow morphology	M1	M2 or M3
<b>Later treatment response</b>		
End-induction bone marrow MRD	<0.01%	≥0.01%

ALL = acute lymphoblastic leukemia; CNS = central nervous system; MRD = minimal residual disease.



# Summary

- Emergency
- Accurate and prompt diagnosis
- Immediate treatment
- ALL is curable
- Out come continue to improve





