



Rules & Regulations of NUS Biathlon 2021

1. General

1.1. The members of the organising committee of NUS Biathlon 2021 under NUS Sports Club ("the Organisers"), reserve the right to use any photographs, motion pictures, recording, or any other record of this race and its participants for any legitimate purpose(s), including commercial advertising.

1.2. The organisers reserve the right to amend the rules and regulations without prior notification.

1.3. Participants are responsible for checking the most updated route and missions before commencing their race between 20 March 2021 to 27 March 2021.

1.4. The organisers reserve the right to cancel or postpone the event without prior notification. In this scenario, registration fees are non-refundable.

1.5. Participants partake in this event at their own risk and the organisers shall not be liable for any bodily injuries, loss and/or damage to property, whether personal or otherwise, and howsoever arising. Participants are strongly encouraged to purchase their own personal insurance for the race as no insurance will be provided for non-NUS participants.

1.6. Once the participant's registration has been processed, there will be no refunds of the registration fee.

1.7. Individual race entries are non-transferable. Any person doing so will be disqualified. In the case of accidents arising from, or incidents provoked by other persons during the race, the organisers shall hold the individuals involved responsible.

1.8 The organisers reserve the right to exclude parties that do not adhere to the rules and regulations from future events.

1.9. The organisers will not be responsible for any disputes arising from incomplete or incorrect details given by the participants.

1.10. In the event of any dispute arising over any participant, the organiser shall be the final authority in adjudicating the dispute upon receipt of the protest.

2. Registration and Payment

2.1. Participants must be at least 16 years old to participate in the event.

2.2. Participants below 18 years old (as of the date of event) have to seek parental consent.

2.3. The teams of the Power Duo Race must consist of 2 people.

2.4. The organisers reserve the right to close registration before the closing date (27th Mar 2021) should limits on the number of participants be reached before the date mentioned.

2.5. Upon completion of registration, payment and submission of completed races, the participant is assumed to have read the Rules and Regulations of NUS Biathlon 2021. Failure to observe the Rules and Regulations will result in their disqualification.

2.6. The organisers reserve the right to limit and reject registration entries.

2.7. The race registration will only be completed when full payment is made.

3. Attire

3.1. Dress lightly for your run on the day of the event.

3.2. Swim goggles may be worn.

3.3. Fins, paddles, pool buoys, snorkels or any other swimming aids are NOT allowed.

3.4. Wetsuits are not allowed.

4. Race

4.1. Participants are partaking in this event at their own risk and the organisers shall not be liable for any bodily injuries, loss and/or damage to property, whether personal or otherwise, and howsoever arising.

4.2. Participants are responsible for their own personal belongings and the organisers will not be held responsible for any loss of personal items during the event.

4.3. Participants are required to strictly abide by the race route for the Power Duo Race as any modification to it without valid reason will be deemed as cheating and the participant will be disqualified from the race. It is the participants' own responsibility to ensure that they adhere to the route provided in the race booklet.

4.4. Lucky draw winners will be notified after the event.

4.5. Race packs and finisher medals will be mailed to the address indicated in the sign up forms after the event.

4.6 Sprint & Novice Individual and Power Duo Race. Cases for **disqualification from the race and lucky draw** but are not limited to:

- Failure to complete the full distance of run & swim
- Failure to upload race timings

4.7 Power Duo Race. Cases for **disqualification from the lucky draw** but are not limited to:

- Failure to complete all 5 missions
- Disqualified from Power Duo Race

5. Inclement Weather

5.1. In the event of inclement weather, participants are responsible for their own safety and if needed opt to run another day within the event duration.

6. Safety

6.1. Should any participant feel unwell in the course of the race, he/she should stop and seek immediate medical attention.

6.2. Ensure that you are well rested and well-hydrated prior to the race.

6.3. Participants should not participate in the event should they have fever, cough or breathing difficulties.

6.4. When in doubt, please consult a doctor before participating.

6.5. Participants are to complete the indemnity form, health declaration, and swimming ability form and have them submitted before the event duration.

6.6. To minimise injuries, always do at least 15 minutes of warm-up/stretching before the start and at the end of your training.

7. COVID-19 Management

7.1 Participants should take their temperature before they participate in the race. Participants whose temperature is 37.5°C and above should postpone their race to another day.

7.2 Participants are to adhere to the national safe distancing guidelines when participating in the race.

7.3 Participants are to don their masks at all times when they are not engaging in any physical vigorous activity.

7.4 Participants are to use TraceTogether for SafeEntry before entering any public swimming pool or OCBC Aquatic Centre.