Name	Jonathan Yong
College	Lincoln College
Thesis title	*Optimising NMR Spectroscopy through Method and Software Development*

Statement of authorship

The thesis to be submitted consists entirely of my own work, except for section 3.5 on ESR-POISE. I wrote almost all of the underlying code for optimisation; however, the Xepr-facing code was written by Jean-Baptiste Verstraete and David Goodwin, and all ESR data (including that used in the figure) were acquired by Jean-Baptiste Verstraete and William Myers.

All of the text in this thesis was written solely by me.