The Reinforcement Learning (RL) field has seen huge advancement in recent years. such as agent 57 (Badia et al., 2020) which could play all 57 atari games and the generalist agent (Reed et al., 2022) which could perform a wide range of tasks. Despite the improvement, they are still brittle in terms of generalization, and efficiency that prevents massive real-world application, they are unable to maintain similar performance when moving to a similar unseen setting where humans can adapt to that quickly and still spend a lot of time on the relative hard-to-explore game yet seems easy in human's perspective. These problems motivate me to explore how to leverage the knowledge that we learned from ourselves (neuroscience and psychology) and causality to improve RL's efficiency and generalizability. I'm fortunate to have conducted some initial research in these areas under the guidance of Prof. Julian Togelius alongside other wonderful collaborators, and I am passionate to continue studying these problems in my Ph.D.

**Neuroscience and psychology inspired RL.** Neuroscience and psychology has lots of connections to reinforcement learning. One important aspect I want to discover is how agents could learn from humans to make decisions when only a few of external rewards are provided which is rather common in our life. Many current RL algorithms rely on the hardcoded reward function. The problem with it is it only gives rewards for some specific states, and with some predefined number, in contrast, humans will consistently motivate themselves internally when making sequential decisions, For instance, when learning to play a game after watching others' demonstrations. Humans will prefer to take some actions when they could reach to same or similar state that they saw from others' good demonstrations, and avoid them if the demonstrations are bad even though the game does not provide any reward for these transitions. They will also have a preference on the action choice based on the goal even if the game does not return any reward for these state-action pairs. Motivated by how humans learn from others. Draw inspiration from (Aytar et al., 2018) on my first RL project: finding a policy that could match the tree search agent performance on grid-based games, I designed an algorithm to train an agent by providing extra reward when the current state embedding is close to learned play trace embedding. The trained agent was able to win some levels which proves the feasibility of improving performance by imitating human demonstrations. From that experiences, I learned how RL works and am excited to explore ways of improving agent efficiency by designing reward functions that mimic human's behavior.

Among different type of intrinsic motivations, curiosity might be one of the most important factor to human society's advancement. RL community already adopts it to improve the performance on hard-exploration games, and it solved some of the problems that hardcoded reward function is facing, but is prone to be distracted by unrelated examples, for instance, in random network distillation (Burda et al., 2018), when they put a random noisy TV on the wall, it completely attracts the agent which is totally irrelevant to the game's goal. Observing that the agent keeps getting high rewards for watching noisy TV, I proposed to use the difference of intrinsic reward from 2 consecutive steps to construct a new reward. The preliminary results show similar performance and I would like to further probe the model performance under the random noisy TV setting and to explore ways to construct a better curiosity reward for these situations, especially how to incorporate it with the goal so they can avoid the aforementioned situations.

Visual information is another crucial factor in human's decision-making process. Humans usually attend to one or several area in the scene for making decisions. Many RL agents also involve visual input. But most of the RL algorithms are using standard 3 layers conv-net from nature atari paper (Mnih et al., 2015) which provides equal weights to all regions of the input image at the beginning. And that results in the failure or slow-to-learn in some pretty simple games. To leverage the attention mechanism from humans. I proposed an algorithm that

forces the agent to only focus to local view for grid-based games (Ye et al. 2020; CoG) as in the grid-based game, local information plays a crucial role in winning the game. By manually cropping the input frame to a local ego-centric view, we force the agent to attend to important areas. The result proves that the local view provides more information for winning the game than a global view without any attention. But it comes with a problem, even though the models be forced into an ego-centric view, we need to access the game engine to retrieve an ego-centric view. Besides, the ego-centric view might lose other information when applied to different settings such as RTS where key information might be spread out on the screen but not limited into one small area. With that question, we proposed a self-supervised representation learning model that is weakly supervised by pseudo-spatial human attention labels generated by a teacher model trained on human saliency data (Yao et al. 2022; SVRHM @ NeurIPS). The model learns to attend areas where humans are likely to attend while also boosts the classification and image retrieval performance. I'm interested to utilize such model to further improve RL model's efficiency and generalizability.

Causal representation learning in RL. Beyond neuroscience and psychology inspired RL, I'm also getting more interest in causal representation learning in RL as I found out that even though agents that combine an image-only representation learning model show some generalization performance on the unseen level within the same game, but its performance is not close to the training levels and will still completely fail on a similar setting game. Unlike that, humans could quickly adapt to new settings or new levels in the same setting as they share a similar causal model, such as driving a car in different games or shoot objects in FPS games (Schölkopf et al., 2021). Some current works (Zhang et al., 2020; Wang et al., 2022) start exploiting such attributes to improve the generalization performance, I believe it could play a crucial role in advancing the generalizability of RL model and would love to explore this area.

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