

React Performance Cheatsheet

1. Use `React.memo` to avoid unnecessary re-renders of functional components.
2. Use `useCallback` and `useMemo` to memoize functions and values.
3. Avoid anonymous functions in render methods.
4. Use `dynamic import()` for code splitting.
5. Profile performance using React Developer Tools.
6. Keep component trees shallow and reusable.
7. Use virtualization (e.g., `react-window`) for long lists.