

	Activity Type	Record Count	Total Energy Burned (kcal)	Duration
1.	Strength Training	197	37,134.83	6,858.72
2.	Running	80	9,652.06	956.7
3.	Climbing	76	8,785.73	1,114.18
4.	High Intensity	24	4,231.45	645.28
	Grand total	377	59,804.07	9,574.88
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