

NATIONAL FOOD SURVEY: BLANK DIARIES, SURVEY QUESTIONNAIRES AND CODING NOTES

There is little background material held by Defra on the National Food Survey. Fortunately, a copy of the data, together with a copy of a blank food diary (known as the log-book), the household questionnaire (known as the schedule) and the coding notes used for transferring the raw data to computer was supplied each year to the United Kingdom Data Archive, now known as the UK Data Service. The data and background information continues to be available for academic or commercial research under licence, and we are grateful for this, as it has enabled us to interpret much of the gaps in our knowledge and records.

Here is a copy of the blank diary for 2000, questionnaire from 2000 and coding notes from 1997, taken from the UK Data Service holding for National Food Survey 2000. Not all elements were available for the specific year, so UKDS stored the closest available copies by year, hence the discrepancies in dates.

Please note that all of the questions on the household questionnaire will not necessarily be reflected in the content of the datasets we are making available. You'll see that there are references to "Housewife" throughout the diary and this (and other terms such as "Head of Household") reflects those in common usage at the time of the survey. In the later years of the survey such as this, the term "Main Diary Keeper" is used for the person completing the diary.

Some of the original log-books are preserved in the National Archive at Kew, dating back as far as 1940. A record for the holdings is here:

http://discovery.nationalarchives.gov.uk/details/r/C10495

Link to UKDS record for the 2000 National Food Survey database, available under an End User Licence:

https://discover.ukdataservice.ac.uk/catalogue/?sn=4512&type=Data%20catalogue

Further information: mailto:familyfood@defra.gsi.gov.uk

NATIONAL FOOD SURVEY 2000 QUESTIONNAIRE

Office for National Statistics Central Survey Unit

INTE	RVIEWER NO.	INTERVIEWER NA	AME		•••••
С	SERIAL NUMBER		Month Qu	iota	Address
	HOUSEHOLD NUMBER (1-3)				Hsehld
	Is this household in the sample as	Main Diary only			
	If ONE household per address: Even address no. = Main + EO For concealed multi-households at <u>any</u> address: Even hhld no. = Main + EO (i.e. household 2 always gets Main + EO)	Main Diary plus Eating Out [*]		2	
	Date of first interview [TWO DIGITS FOR DAY AND MONTH]		Day	Month	2000 Year
E	Does your household own or have the use of			Yes No	
				1 2	
	a separate deep freeze or a fridge-freezer? [A FRIDGE-FREEZER HAS A FRIDGE WITH ITS COMBINED WITH A FREEZER WITH ITS OWN			1 2	
F	Does your household grow or receive free NC any of the following home grown or home pro		Yes	1	
	SHOW CARD A: HOME PRODUCE		No	2	
	[NB INCLUDE ONLY HOME GROWN ITEMS W IF YES, LIST BELOW	HICH ARE AVAILABLE NOW]			
	REMEMBER - ENTER IN SECTION 4 OF THE D				

Н	Does your household have any milk deliv	pes your household have any milk delivered to your home?					
	What types of milk?	(i)	(ii)	(iii)			
	FULL CREAM/ SKIMMED/ SEMI PASTEURISED/ STERILISED/		,,				
	How much per pint (or litre)?		,.,				
	How many pints/litres per week?	,		******************************			
	INTERVIEWER RING	pints/ litres	pints/ litres	pints/ litres			
	·		I	i	l		

J (i)	In which of these ways do you occupy this accommodation? USE SHOW CARD. RING ONE ONLY	ļ	7
	Own it outright	1	
	Buying it with the help of a mortgage or loan	2	→ Go to K
	Shared ownership (pay part rent and part mortgage)	3	_
	Rent it	4	→ Ask J (ii)
	Live rent free (including rent free in relative/friend's property, but excluding squatting)	5	ASK V (II)
	Squatting	6	→ Go to K
J (ii)	Does the accommodation go with the job of Yes	ı	Ask J (iii)
	No	2	<u> </u>
J (iii)	Who is your landlord? CODE FIRST THAT APPLIES		
	Organisations the local authority/council/New Town Development/Scottish Homes	1	٦
	a housing association/co-operative/charitable trust	2	
	employer (organisation) of a household member	3	
	another organisation	4	Ask J (iv)
	Individuals relative/friend (before you lived here) of a household member	5	
	employer (individual) of a household member	6	
	another individual private landlord	7	
J (iv)	Is the accommodation provided:		
	furnished	1	
	partly furnished	2	→ Ask K
	or unfurnished?	3	
ASK	ALL – HOUSING BENEFIT		·
ĸ	Is housing benefit received? Yes	1	
	No/Not apply	2	

REGULAR VISITORS (4 nights or more)

REGULAR VISITORS: THESE CAN BE COMPLETELY CODED FROM THE MAIN DIARY AFTER THE FINAL INTERVIEW DO NOT ASK OCCUPATION: OCC = 006 (aged 0-15) or 007 (aged 16+).

WORKING CODE = 0

Person No.	Relationship	Sex	Age		DE FIR	rital s ST THA	tatus T APPI	LIES	Pregnant	Working Code		INT	ERVIEV	VER C	ODE			
(Ring HOH only)	to Main Diary Keeper (MDK)		last birthday (DK=999)	1= 2=r t 3=r f 4=c	narrie iusba narrie	e, never ed and nd/wife ed and usban ed	living e sepai	with	ASK OR RECORD 1 = Yes 2 = No/ Not apply	(see below) Code 0-5	OCC (3 digits)	Net Balance (Deduct meals from 100)	1		hous mer away nigh	this on a ehold nber / four ts or re?	per	this rson a ssover OH?
		MF		S	М	Sep	D	w			Í		Yes	No	Yes	No	Yes	s No
1	MDK	1 2		1	2	3	4	5	1 2				1	2	1	2	1	2
2		1 2		1	2	3	4	5	1 2			•	1	2	1	2		2
3		1 2		1	2	3	4	5	1 2					2		2	<u> </u>	2
4	· · · · · · · · · · · · · · · · · · ·	1 2		1	2	3	4	 5	1 2					2	1	2	1	2
5		1 2	·		2	3	4	5	1 2		7			2			<u> </u>	
6		1 2	··	1	2	3	4	5	1 2			· 		2		2		2
_													I	۷	l		J	2

Head of Household

[RING PERSON NUMBER OF HOH]

IF THE HOUSEHOLD COMPRISES HUSBAND + WIFE, OR HUSBAND + WIFE & CHILDREN < 16, HOH = HUSBAND

IF MORE THAN ONE PERSON IN HOUSEHOLD WITH AGE >= 16 ASK:

In whose name is the accommodation owned or rented?

Working Code [WRITE CODE IN BOX]

For the 7 days ending last Sunday, were you working.....

Economically active:		Code
Full time incl. Govt training (over 30 f	ırs/wk)	1
Part-time (over 10 hrs to 30 hrs/wk)	ĺ	2
Unemployed less than a year		3
Full or part-time, but sick or on holida	y	4
Economically Inactive: Unemployed 1 yr. or more Not working Work 10 hrs per week or less)	5
Full time Education Retired ?)	0

OCCUPATION/ DESCRIBE WHAT DOING

Person No.	ASK MDK ON BEHALF OF HOUSEHOLD IF WORKING, OR UNEMPLOYED FOR LESS THAN A YEAR (i.e. CODE 1, 2, 3 or 4) [WRITE IN BOX] (a) What is/was your/'s (main) job? (b) What do/did you/ mainly do in your job? (c) What does/did the firm/organisation mainly make or do? IF NOT WORKING [i.e. CODE 0 OR 5]: DESCRIBE WHAT DOING (EG SCHOOL, RETIRED, UNEMPLOYED MORE THAN ONE YEAR)	(d) Are/were you/ we 1 = employee 2 = or were you self ASK EMPLOYEES Of (e) Do/did you/ have or were you supervising 1 = Manager 2 = Foreman/superv 3 = Neither	e any managerial duties, g any other employees?	ASK BOTH EMPLOYEES AND SELF-EMPLOYED (f) EMPLOYEE: How many people work(ed) at the establishment? SELF-EMPLOYED: How many people do/did you/ employ at the place where you/ worked? 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more
1	(a/b) Occ: (c) Ind:	(d) I = Employee 2 = Self- employed	(e) 1 = Manager 2 = Foreman 3 = Neither	(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more
2	(a/b) Occ: (c) Ind:	(d) 1 = Employee 2 = Self- employed	(e) 1 = Manager 2 = Foreman 3 = Neither	(f) 0 = None (Self-employed only) l = 1-24 2 = 25 or more
3	(a/b) Occ: (c) Ind:	(d) 1 = Employee 2 = Self- employed	(e) 1 = Manager 2 = Foreman 3 = Neither	(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more
4	(a/b) Occ: (c) Ind:	(d) 1 = Employee 2 = Self- employed	(c) 1 = Manager 2 = Foreman 3 = Neither	(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more
5	(a/b) Occ: (c) Ind:	(d) 1 = Employee 2 = Self- employed	(e) 1 = Manager 2 = Foreman 3 = Neither	(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more
6	(a/b) Occ: (c) Ind:	(d) 1 = Employee 2 = Self- employed	(e) 1 = Manager 2 = Foreman 3 = Neither	(f) 0 = None (Self-employed only) 1 = 1-24 2 = 25 or more

Ç

ASK MDK ON BEHALF OF HOUSEHOLD.

BUT IF POSSIBLE, FIND OUT INCOME FROM PERSON RECEIVING INCOME, CONSULT WAGE SLIPS ETC.

* ELIGIBILITY:

ALL USUAL MEMBERS OF HOUSEHOLD ONLY.

EXCLUDE: REGULAR OR OCCASIONAL VISITORS, BOARDERS OR LODGERS

ALL INCOME SOURCES: PART TIME WORK, UNEMPLOYED, CHILDREN'S SATURDAY JOBS, ...

(i) Income source:

This card shows various possible sources of income. Can you tell me what kinds of income you and your household receive (PROMPT)?

SHOW SOURCES OF INCOME CARD

RECORD INCOME SOURCE AGAINST EACH PERSON ON GRID OPPOSITE

IF CHILDREN, PROMPT FOR CHILD BENEFIT.
CHILD BENEFIT IS CODED OPPOSITE THE WOMAN, UNLESS LONE MALE PARENT, AND IS NET + ACTUAL.
DO NOT INCLUDE HOUSING BENEFIT

FOR EACH PERSON IN TURN, AND FOR EACH INCOME SOURCE:

(ii) CODE WHETHER THE INCOME IS ACTUAL, ESTIMATED OR CARD

OBTAIN IN ORDER OF PREFERENCE: ACTUAL, ESTIMATE, AMOUNT FROM CARDS (B, C, D, E, F)

(iii) Income

How much was paid, the last time it was paid? [LAST TIME PAID, EVEN IF UNTYPICAL: INCLUDE OVERTIME, BONUSES, TIPS]

NET (= TAKE HOME PAY, AFTER ALL DEDUCTIONS) PREFERRED; BUT FOR HOH ASK FOR BOTH NET AND GROSS (= BEFORE DEDUCTIONS)

ASK SELF EMPLOYED

What was your income from this job/business, after paying expenses and wages, for the most recent period (e.g. 12 months) for which you have figures?

CHECK: Is that with tax and National

Insurance deducted?

GROSS = Expenses/wages deducted NET = Tax and NI also deducted.

(iv) <u>CODE WHETHER THE INCOME IS NET OR GROSS</u>

(v) Frequency:

How long does this cover? (PROMPT: HOW OFTEN IS THAT PAID, WEEKLY, MONTHLY...?)

IF MONTHLY, CHECK WHETHER CALENDAR MONTH OR 4 WEEKLY

(vi) Extra information:

IF YOU HAVE COLLECTED INCOME INFORMATION AS NET TRY TO OBTAIN, IF POSSIBLE, THE EQUIVALENT GROSS PAYMENT. SIMILARLY IF YOU HAVE COLLECTED A GROSS PAYMENT, TRY TO OBTAIN THE NET PAYMENT. ENTER IN THE FINAL COLUMN.

SIMILARLY IF A PAYMENT DOES NOT ATTRACT ANY DEDUCTIONS, THEN ENTER THE SAME PAYMENT AGAIN.

M INCOME GRID

N

Person No.	Income source	Actu Estim	ate,	Incon		1	t or ss?	Frequency of receiving	INTERVIEWER NOTE
	Description or code	or code			(Enter amount or card code)		(wkly, mo		(GROSS) AND ARE ABLE TO OBTAIN GROSS (NET) THEN ENTER GROSS (NET) HERE
1	1a	Act Est	3	τ.	р	<u> </u>		4 wkly, etc.)	(121)
1				A. A		1	2		
į	1b	1 2	3			1	2	Marine Annual Control of the Control	
	1c	1 2	3			1	2	NAMES OF THE STREET OF THE STR	
	1d	1 2	3			1	2		
2	2a	1 2	3			1	2		
	2b	1 2	3			1	2	(and	term of the company of the community of
	2c	1 2	3	Annual Control of the		1	2	Mildon Tarana Maria Carana Carana Maria Carana Car	The state of the s
	2d	1 2	3			1	2		
3	3a	1 2	3		The same of the sa	1	2		
ļ	3b	1 2	3			1	2		
	3c	1 2	3	A CONTRACTOR OF THE CONTRACTOR		1	2		
4	4a	1 2	3		_	1	2		
	4b	1 2	3			1	2		
·	4c	1 2	3	A CONTRACTOR OF THE PARTY OF TH		1	2		
5	5a	1 2	3			1	2		
	5b	1 2	3	de manager (1875) Militar de la company de l		1	2		от при
	5 <u>c</u>	1 2	3			1	2		
6	6a	1 2	3			1	2		
{	6b	1 2	3		ĺ	1	2		
ĺ	6c	1 2	3			1	2	1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	

IF ANY INDIVIDUAL INCOMES OF ADULT MEMBERS ARE MISSING, ESTIMATE NET HOUSEHOLD INCOME

(afte	er ALL deductions for income tax	, National Insurance	e, etc)
F	SHOW INCOME CARD G	or if necessary	SHOW INCOME CARD H

Could you estimate the total household income each week?

WRITE IN CODE LETTERS OF INCOME BAND

ASK ALL HOUSEHOLDS WITH CHILDREN AT SCHOOL

[Include those in reception class of primary school, but exclude nurseries]

0	Does the child/do any of the	children usually get	Yes	No	Not Apply	
	(i) school milk?		1	2	3	
	(ii) school meals?		. 1	2	3	

IF YES TO SCHOOL MILK AND/OR SCHOOL MEALS ASK (a) - (d)

- (a) Which child/children get school milk/school meals?
- (b) Is the school milk/school meal paid for or free?

IF PAID FOR

(c) What is the cost per day (or per week or per term)?

ASK FOR MILK ONLY

(d) Check the amount of milk: And what is the size of the bottles/cartons? (PROMPT: Standard 1/3 pint?)

		School Milk						
Person Numbers	********							
Paid for Free	Y O	Y	Y O	Y				
	£р	£ p	£р	£р				
Cost		1		,				
Per day Per week Per term	1 2 3	1 2 3	1 2 3	1 2 3				
1/3 pint Other	1	1	1	1				

	School N	Meals	
Y O	 Y O £ p	Y O £ p	Y O £ p
	. 1	ı	1
1 2 3	1 2 3	1 2 3	1 2 3

ASK ALL [NOT JUST PENSIONERS]

P Does anyone in the household have meals on wheels?

Yes 1 — Ask (a) to (d)

No 2

<u>IF</u>	YES

- (a) Which people?
- (b) On which days of the week?

GIVE DETAILS OF DELIVERY DAYS IF NECESSARY

(c) Is the meals on wheels paid for or free?

IF PAID FOR (Y)

(d) How much is paid per meal?

Person Numbers			******		
Mon Tues Wed Thurs Fri Sat Sun	1 2 3 4 5 6 7	1 2 3 4 5 6 7	1 2 3 4 5 6 7	1 2 3 4 5 6 7	
Paid for Free	Y 0	> 0	Y 0	Y	
	£ p	£р	£р	£р	
Cost					

NORTHERN IRELAND ONLY. ASK OF MDK AND HOH

What is your religious denomination? [RING]

	Q	R
	Main Diary Keeper	Head of Household
Catholic	1	1
Presbyterian	2	2
Church of Ireland	3	3
Methodist		4
Baptist	5	5
Free Presbyterian	6	6
Brethren	7	7
Protestant - not specified	8	8
Other protestant	9	9
Other Christian	10	10
Jew		11
Other Non-Christian	12	12
No religion	13	12
Unwilling to answer/ DK/ Not asked	14	14

EXPLAIN DIARY

ALL - ASK AT FINAL VISIT

VISITORS / HOUSEHOLD MEMBERS GONE AWAY

S	Can I just check please:		
	(i) Did you have any visitors staying 4 nights or more (during the diary week)?	Yes	1
	IF YES, WRITE IN AGE AND SEX OF EACH[ADD THESE TO THE HOUSEHOLD GRID]	No	2
	(ii) Was anyone away for 4 nights or more (during the diary week)?	Yes	1
	<u>IF YES,</u> WRITE IN AGE AND SEX OF EACH	No	2

MDK/ HOH/ XHOH will always remain on the Household Grid - even if away all week. They should never be coded as absent household members.

Others away for 4 nights or more (e.g. children on school trip, at relative's), THESE SHOULD ALWAYS BE INCLUDED IN THE HOUSEHOLD GRID, BUT SHOULD BE CODED AS ABSENT HOUSEHOLD MEMBERS.
INCLUDE ABSENT HOUSEHOLD MEMBERS IN THE OCCASIONAL VISITORS GRID IF THEY WERE PRESENT AT SOMETIME DURING THE WEEK.

PERMISSION TO RECALL

That is the end of the interview. Our work is very important, so my office likes to get in touch with a percentage of the people who have helped us, just to check that you are happy with the way we do things. Would it be okay for the office to contact you for this reason?

res,	, it would be all right (UNCONDITIONAL)	1
No	(UNCONDITIONAL)	2
Yes	(WITH CONDITIONS/ QUALIFICATIONS)	3

Van Brown I de a all de la CINIO ONDITIONALS

ALL REMAINING QUESTIONS INTERVIEWER CHECK AT HOME

OCCASIONAL VISITORS

Q75

Q79

Q83

Q87

Q91 **Q95**

Q99

These have eaten at least one meal in the household, but have NOT stayed for 4 nights or more. Code from the 'Visitors' row of the Main Meals page of the completed Main Diary)

(RING) Code age = 999 if 16 yrs. or more (Not coded) (Computer codes) (Start at 0) 1 2 Not coded Computer codes 1 2 Not coded Computer codes	SEX	AGE	WORKING CODE	occ	CODE NET BALANCE
1 2 Not coded Computer codes		999 if 16 yrs.	(Not coded)	(Computer codes)	(Start at 0)
1 2 Not coded Computer codes	1 2		Not coded	Computer codes	
1 2 Not coded Computer codes 1 2 Not coded Computer codes 1 2 Not coded Computer codes	1 2		Not coded	Computer codes	
1 2 Not coded Computer codes 1 2 Not coded Computer codes	1 2		Not coded	Computer codes	
1 2 Not coded Computer codes	1 2		Not coded	Computer codes	
	1 2		Not coded	Computer codes	
1 2 Not coded Computer codes	1 2		Not coded	Computer codes	
	1 2		Not coded	Computer codes	

Rules for coding Occasional Visitor's Grid

One line for ALL adult males (16 yrs. or more), age is always 999; sum individual net balances.

One line for ALL adult females (16 yrs. or more), age is always 999; sum individual net balances.

One line for EACH child (15 yrs. or less); code actual age. BUT if two people aged 15 yrs. or less have same sex and age, combine on one line (code actual age) and sum individual net balances

Points are added as follows:

breakfast

= 3 - midday meal = 4

- evening meal

Each person is allowed to score a maximum of 3 meals a day.

Q133	Are any individua [CHECK INCOME					
		No.	all known			1
		Yes,	one or more mi	issing, total hhld income esting	mated at N	2
		Yes,		issing, total hhld income NO		3
		OFFICE	USE ONLY - M	lissing incomes checked &	no income imputed	5
				-	one income imputed	6
2160	Code type of ince			respondents: 0), DO NOT INCLUDE CHILD	BENEFIT]	
	Each person's inc	ome kno	own and is:	•	·	
	•					1
						2
						_
				of codes 1 - 4)		5
	00///0 ////	ixta, o o	abovo (, , , , , , , , , , , , , , , , , , ,		_
	One or more indiv	idual ind	comes unknown:	:		
				ne imputed		6
				ed at Question N (cards G or		7
				•	•	
	Don't Kn	ow				
	(i.e. mor	e than c	ne income not g	given, one income not given		
				nswer to Income Card G or H)	9
Q161	Code type of hou	usehold				
				(SEE (a) BELOW FOR D		
	STATE pensioner	House	nolds	(SEE (b) BELOW)		3
	TES			·	·	
(a)	An earner include code 0 or 5.	s some	one <u>unemployed</u>	for less than one year i.e. w	orking codes 1 - 4, but not	
(b)		rom a st	ate benefit paid i	ich 75% or more of the total hin place of the state pension.		пе

OCCUPATION CODES FOR THE ECONOMICALLY INACTIVE

Every household member/ regular visitor must be given an Occupation code (in OCC Box).

Those working or unemployed less than one year (i.e. with Working Code 1, 2, 3 or 4) get one of the Standard Occupation Codes.

All others (school children, housewives, pensioners, i.e. those with Working Code 0, and unemployed more than one year, i.e. those with Working Code 5) get one of the following non-standard codes:

Occupation Code

RETIRED/PENSIONS

- 001 Unoccupied and retired - main source of income (i.e. largest amount) is State Retirement pension (OAP; including widows over 60 with widows' pensions)
- 002 Unoccupied and retired - main source of income (i.e. largest amount) other state pensions (e.g. Widows under 60, disability pensions including blind pension).
- 003 Unoccupied and retired - main source of income (i.e. largest amount) is NOT from state (e.g. from employer's pension). If person is below retirement age (60 for women, 65 for men) and receives for instance an employer's pension, but is looking for work (and available to start), then code as unemployed.

UNEMPLOYED/STUDENTS

004 Unemployed: state benefits are main source of income

(e.g. Job Seekers Allowance/ Unemployment Benefit, Income Support).

005 Unemployed: state benefits are NOT main source of income.

Students. (INCL aged 16 or more at school)

Sick Leave - code their job: Individuals who are off work on sick leave should be coded according to their job.

NON-EARNERS/ REGULAR VISITORS

006 Other non-earners (children 0-15 yrs., 'housewives', etc) including women in receipt of maternity allowances who are not working and not returning to work.

Regular visitors: children (i.e. aged 0 - 15)

007 Regular visitors: adults (i.e. aged 16 or more)

800 No information

NET BALANCE

- Each person starts with a score of 100 points
- Deduct points for meals out (NOT for meals missed or packed lunches)
 - Meals out are shown on 'Meals Out' row of Meals page of Main Diary
- Points are as follows:

breakfast

= 3 points

midday meal

evening meal

= 4 points = 7 points

- A 'meal out' is a meal that is 'not from the household food supplies'.
- Meals on wheels are meals out.
- EXAMPLE: A person has an evening meal in a friend's house. All other meals are at home. Net balance = 100 - 7 = 93
- EXAMPLE: A person eats lunch in the works canteen 5 days per week. All other meals are at home. Net balance = 100 - 20 = 80
- EXAMPLE: A person eats 1 meal a day at home, and eats nothing else. Net balance = 100 (no deductions for missed meals)

CODING CHECKLIST

Questionna * Occupation (e	t ire veryone gets a code, even those not working). See page 14 for non-standard cod	ies.					
* Net balance (do not deduct points if a meal is missed). See page 14 for coding rules.						
* Household gr	 check that anyone in household except MDK and HOH who 4 nights have been coded yes at the absent householders' appear in the occasional visitors' grid, if they were home at keeping week. check that regular visitors have been coded yes at the regular 	questior sometin	n and that ne during	they also the recor	P _d		
* Income - don't forget the child benefit @ £15.00 & £10.00 from April 2000 to March 2001							
* Occasional vi	sitors grid - adults: age ≈ 999 - all male adults (16+) summed on one line - all female adults (16+) summed on one line						
* Code page 12	2.						
Main Diary	(If the answer to any of the following is 'No', give full exp	olanat	ion)				
* Right page: A	re all members of household accounted for at each meal?	Yes		No			
* Left page; Are	e bottom boxes coded: Meals out and children's (5-14yrs) lunches?	Yes		No			
* Section 1:	- Are all food items coded?	Yes		No			
	- Are any weights/prices missing? (but no weights for codes 33501 & 33601)	Yes		No			
	- Are weights and prices plausible?	Yes		No			
	- Are the correct units used? The main units are: Litres = L (not LT); Millilitres Kilograms = KG (not K); grams = 0 Ounces = OZ; Pounds = LB (not L EGG not EGGS	G (not G	Pints = PT iRM or GR	; RMS); No			
	- Is milk shown as delivered on questionnaire included on main diary shopping pages?	Yes		No			
	- Yogurts, desserts and milk products; converted to liquid milk equivalent?	Yes		No			
	- Are nuts converted to net weight, and trimmed vegetables to gross weight?	Yes		No			
* Section 4:	- Is school milk added (section 2 indicates if received that day)?	Yes		No			
	- Are only eligible gifts included? Delete others.	Yes		No			
	- Is margin code 1 or 2 added?	Yes		No			
Eating Out * Cross out 'ho	Diary me' food (e.g. packed lunches)						
* Check that m	eals out are consistent with main diary.						
* Write food co	des and outlet codes on EO Diaries						
* Add meal/sna	ack codes where several main items covered by one price.						
* Code respon (response co * Use meal/sna - si	heet sheet per person (unless whole household refused = 1 sheet) se correctly - codes 1 and 2 only if agree with main diary (check specially 2) de should be written on EO Diary and transfer sheet) ack codes as 'headers' ngle items with one price do not need a meal/snack code on't bracket several lines with one price						
General pl	ea - please put a full serial number on diaries that the	ie hou	ısehol	d will p	ost		

16

NATIONAL FOOD SURVEY

(HOUSEHOLD DIARY)

IN CONFIDENCE

All the particulars you give in this diary will be treated in STRICT CONFIDENCE.

Please do not put your name and address on it.

		The	interviewer wil	call again	on			
			DAY	1	DATE	TIME		
				<u> </u>				
		-						
	HOUSEHOLI)		Day of w	veek on which	_	٦,	
	COMPOSITIO	NC		recordin	g starts	Enter	code	
-	AGE SEX	<u> </u>		= Mon	2 = Tues			
1			5	= Wed = Fri	4 = Thurs 6 = Sat			
2			7	= Sun				
3	<u> </u>				·	" "		
4								Tick Box(e
5	_				Main sampl	le only		
6					Main + EO	sample		
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8					keeping per	iod	ed during diar	y
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EXAMPLE PAGE

1.	FOOD	AND DRINKS	BOUGHT	AND BRO	LIGHT HOM
٠.		כאווואט טייי	BUIKHI	AND BRO	HIGHT HOM

rinclude soft drinks, alcoholic drinks, sweets, takeaways brought home and milk delivered today)

DAY]

OH Oneck	TOTAL WEIGHT Oz. lbs. gms,	z, lbs, gms, Please describe in FULL and give BRAND;		TAL ST	INTERVIEWER USE ONLY PLEASE LEAVE BLANK			
	kilos, pints, litres	Use one line for each ITEM	£	P	Food code	Qty	Unit	
	lpt .	Vita Pint (Blue Carton semi-skimmed milk)	j	38				Ī
	1600g	2 Sunblest sliced white loaves @ 800gms	1	20				1
	450g	Weetabix - Family Pack x 24 biscuits	1	39				1
	11b	Frying steak - Fresh	5	25				1
K	11b	Pork chops – on bone – fresh	2	83				1
j 	11b	1 pack danish bacon, streaky, pre-packed	2	74				1
	12oz	6 Doughnuts @ 20zs – fresh from bakers	1	80		• • • • • • • • • • •		1
	840g	2 tins Heinz baked beans @ 420gms		84				1
	200g	Birds Eye frozen cod steaks in natural crumbs	2	09		+		1
l:	11b	Walls beef sausages - frozen	1	32		• • • • • • • • • •		1
	493g	McCain Deep Pizza, frozen - pepperoni	~ 2	29				1
	150g	Ski fruit yogurt, low fat with pieces of fruit	I	42	• - • • •	•		1
	500g	2 packets Krona Reduced fat 2 @ 250gms	N	14		· · · · · · ·		1
	250g	1 packet Kerrygold butter – Irish		95				1
· • • • • • • • • • • • • • • • • • • •	5Kg	"Old" Potatoes, fresh, prepacked	2	50				1
	Ilb 4oz	Cauliflower – fresh	Y	<i>75</i>				1
	1½lb	Eating apples - fresh	·[······	64			 	1
	1 litre	Robinson's orange squash - low calo	1	19				1
	7 <i>oz</i>	I piece of fried cod @ 7oz - (fish and crip	2	50				1
	6oz	I portion of chips @ 60z - (fish and cmp shop)		80	• • • • • • • • • • • • • • • • • • •	• • • • • • •		1
	420g	Del Monte tinned peaches in syrup		67			}	-:-
· · · · · · · · · · · · · · · · · · ·	*	6 eggs - free range	1	32				1
!	2lt	4 tins Kronenbourg 1664 strong lager @ 500ml	4	36	· · · · · · · · · · · ·			1

2.	SCHOOL	MIL	ĸ
	~~~~		,,

had school milk today? (YPRITE IN NUMBER; 0 IF NONE/NOT APPLY)

1	

3. HOME GROWN FOOD, GIFTS, FR. REDUCED FROM WORK, WELFARF MILK

ЭĦ	TOTAL WEIGHT Oz. lbs. gms.		SOURCE garden, farm,	TOTAL COST		INTERVIEWER USE ONLY PLEASE LEAVE BLANK			
Sheck	kilos, pints, litres		clinic, employer, own business etc.	£	Ф	Food code	Qty	Qty Unit	
	2lbs	Potatoes	Own garden store	F	ree				
	11/4lbs	Chocolate cake	Made by Granny	F	ree				
	20z	Radishes	Own garden grown	F	ree	• • • • • • • • • • • • • • • • • • • •	• • • • • • • • • • • • • • • • • • • •	*********	

II	N	ΤE	R	V	ΙE	W	ľΕ	R	U	S	E	O	ΝI	Υ.

4.	MEALS	OUT	(EXCL.	<b>PACKED</b>	LUNCHES)
----	-------	-----	--------	---------------	----------

Any meals out/meals on wheels today? (See 'meals out' opposite)

Yes	1
No	2

IF YES, WRITE IN NUMBER (LEAVE BLA	NK IF NONE):
Alco Mode Out information on according	

(Use 'Meals Out' information on opposite page) MEALS ON WHEELS

MEALS ON WHEELS	
TOTAL MIDDAY MEALS OUT (Incl. meals on wheels and school meals)	
TOTAL MEALS OUTSIDE HOME (incl. midday meals out)	

## 5. CHILDREN (5-14 YRS, INCL.)

Yes... Are there any 5-14 yr. old (incl.) children in the household?

IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)

SCHOOL MEALS (PROVIDED BY SCHOOL)	
PACKED LUNCHES FROM HOME	
OTHER LUNCHES BOUGHT OUTSIDE HOME	

# Covoconilacyour day

### FOOD AND DRINK PURCHASES

- ❖ Write down all items of food and drink that you, or members of your household, buy and bring home on the day that it is bought. This will help you not to forget any items.
- Do not enter record anything that you buy and eat, or drink, outside your home.
- Enter each different item of food or drink on a separate line.
- Enter as full a description of the item as possible, including brand name. All items are assigned a code from a large list of codes. This list of codes separately identifies items such as different types of bread (white, brown, wholemeal, unsliced, sliced as well as many of the more unusual breads). In addition less common items of food also need to be assigned a code. A full description will help in assigning the correct code.
- For each item enter the total weight of each item, a description of the item bought, and the total cost.
- Please identify whether the item is fresh, frozen, tinned, or anything else.
- For packaged and tinned foods or soft drinks, the weight or volume is frequently marked on the tin, bottle or package.
- ❖ If the weight is not on the item's packaging or on the till receipt, please weigh it yourself. Your interviewer can lend you a set of scales if necessary.
- If you buy more than one item of a particular brand, it is not necessary to make an entry for each item. Enter the one description (including the number of items) and the total weight and cost for all the items together. Therefore three cans of baked beans would be entered on one line, with a description of Baked Beans x 3, and the total cost and weight of the three cans entered in the relevant columns.
- ❖ Do not enter the number of items of fruit and vegetables that you buy, it is the weight that is wanted. Therefore 1Kg of fresh Granny Smith apples (not six fresh Granny Smith apples). The one exception to this is that we need to know the <u>number</u> of eggs you have bought; do <u>not</u> weigh the eggs.
- * Takeaway foods: All takeaway foods and snacks brought home to eat, such as fish and chips, Chinese, Indian, pizza, etc., should be recorded on the left hand page with the weight, or the number of portions, and the price of each item. Please record whether the food was delivered to your home, bought from a restaurant, takeaway place, fish and chip shop or other catering place, or bought from a retail shop, such as bakery or supermarket. If the item of food was a pizza then state whether it was a whole pizza, or a slice or slices. In both cases note the size of the pizza, and, if slices, the number of slices, in addition to the price. If the takeaway food consists of a number of different items, an entry should be made for each of the items. Therefore fish and chips should have two different entries, one for fish, and the other for chips, with weights and prices for each.

## MEALS INFORMATION

The right hand page asks you to complete information concerning the people who were present at particular meals:

- ❖ On the front of the diary, the interviewer will have written down information about each member of your household. In the first section note how many of these people actually ate that particular meal.
- ❖ In section 2 enter the sex and age of any visitors that were present at any of the meals.
- Not all members of your household will sit down at a mealtime. The remaining sections on this page identify those people who did not eat a particular meal and why they did not. There are therefore separate sections for those people who had a packed meal, those who eat out, and those who did not eat at all. At each you are asked to enter the sex and age of the household member involved.
- ❖ You may find that your meal times do not conform to the three 'main' meals identified in the diary, i.e. breakfast, mid-day, main afternoon/evening meal. For example one member of your household may work shifts and therefore eat at odd times of the day. Entries should be made against the meal that the member of the household feels most appropriate.

Remember if you have any problems at all, don't worry as your interviewer will be able to help you when he or she returns.

		2	3
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home3	Number of people at home	Number of people at home4
VISITORS Did you have any visitors for this meal?  FEMALE = F MALE = M	VISITORS TO BREAKFAST  SEX AGE	VISITORS TO MIDDAY MEAL  SEX AGE  F 38	VISITORS TO AFTERNOON/EVENING MEAL SEX AGE
PACKED MEALS Did anyone take a packed meal or snack from home to eat out?  FEMALE = F MALE = M	PACKED BREAKFAST  SEX AGE	PACKED MIDBLY MEAL  PACKED MIDBLY MEAL  AGE  AV 40	PACKED AFTERNOON/EVENING MEAL  SEX AGE
MEALS OUT  Did anyone obtain a meal out (for which you did not provide the food)?  Where was it eaten?  FEMALE = F	BREAKFAST OUT  SEX AGE WHERE?	MIDDAY MEAL OUT  SEX AGE WHERE?  F 6 School  M 11 School	AFTERNOON/EVENING MEAL OUT  SEX AGE WHERE?
OID NOT EAT A MEAL  Who did not have a neal at this time, whether at home or ut?  EMALE = F IALE = M	DID NOT EAT A MEAL  SEX AGE  F 6	DID NOT EAT A MEAL  SEX AGE	DID NOT EAT A MEAL  SEX AGE

(inclu	ide soft drinks, alcoh	olic drinks, sweets, takeaways brought home ar	id milk delivere	d toda	у)			DAY		-1
Off	TOTAL WEIGHT	DESCRIPTION OF FOOD OR D	PRINK			TAL	INTER	VIEWER I	JSE ONL	Y 7
Check	Oz, fbs, gms, kilos, pints, fitres	Please describe in FULL and give Use one line for each ITEM	BRAND; 1		£	DST p	PLEA Food code	SE LEAVI Qty	E BLANK Unit	ļ
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	CHOOL MILK	- How many children had sch (WRITE IN NUMBER; 0 IF NO	NE/NOT APPL	Y)						
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Off. Check	Oz. lbs. gms.	DESCRIPTION OF FOOD OR DRINK	garden, farn clinic, employ	n,	_ cc		PLEA	SE LEAV		
	kilos, pints, litres		own business		£	Р	Food code	Qty	Unit	Marg code
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		. PACKED LUNCHES)		5. CH	IILDR	EN (5-1	4 YRS. INC	L.)		_
Any m (See 'i	eals out/meals on meals out' opposit	wheels today? Yes( e) No	2	Are th	nere a en in t	ny 5-14 he hous	yr. old (incl. sehold?	)	Yes	2
IF YES	S, WRITE IN NUM	BER (LEAVE BLANK IF NONE):		IF YF	S, WF	RITE IN	THE NUMB	ER OF	UNCHE?	·
(Use 'l	Meals Out' informa	ation on opposite page)	┰╼═╸	IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)						
	S ON WHEELS	COUT (mot most)	<u> </u>				PROVIDED		OOL)	<u></u>
$\overline{}$	<del></del>	OUT (incl. meals on wheels and school meals	4				S FROM HO			
TOTAL	L MENES OUTSID	E HOME (incl. midday meals out)		OTHE	RLU	NCHES	BOUGHT (	DUTSIDE	HOME	

1. FOOD AND DRINKS BOUGHT AND BROUGHT HOME

		2	3			
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL			
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home	Number of people at home	Number of people at home			
VISITORS Did you have any visitors for this meal?  FEMALE = F MALE = M	VISITORS TO BREAKFAST  SEX AGE	VISITORS TO MIDDAY MEAL  SEX AGE	VISITORS TO AFTERNOON/EVENING MEAL SEX AGE			
PACKED MEALS  Did anyone take a packed meal or snack from home to eat out?  FEMALE = F MALE = M	PACKED BREAKFAST  SEX AGE	PACKED MIDDAY MEAL  SEX AGE	PACKED AFTERNOON/EVENING MEAL  SEX AGE			
MEALS OUT Did anyone obtain a meal out (for which you did not provide the food)?	BREAKFAST OUT  SEX   AGE   WHERE?	MIDDAY MEAL OUT  SEX AGE WHERE?	AFTERNOON/EVENING MEAL OUT  SEX AGE WHERE?			
Where was it eaten? FEMALE = F MALE = M						
DID NOT EAT A MEAL  Who did not have a meal at this time, whether at home or out?  FEMALE = F MALE = M	DID NOT EAT A MEAL  SEX AGE	DID NOT EAT A MEAL  SEX AGE	DID NOT EAT A MEAL  SEX AGE			

(inclu	de soft drinks, alcoh	olic drinks, sweets, takeaways brought home an	d milk deliv	vered tod	ay)			-2			
Off Onece	TOTAL WEIGHT Oz. lbs. gms.	DESCRIPTION OF FOOD OR D Please describe in FULL and give b				OTAL OST		INTERVIEWER USE ONLY PLEASE LEAVE BLANK			
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	OME GROWN FO  TOTAL WEIGHT Oz, lbs, gms,	- How many children had school (WRITE IN NUMBER; 0 IF NOT OD, GIFTS, FREE/REDUCED FROM WOI DESCRIPTION OF FOOD OR DRINK	RK, WELI SOUP garden	FARE M RCE , farm,	TO	TAL OST	PLE		USE ONL VE BLANK		
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4. M	EALS OUT (EXCL	PACKED LUNCHES)		5. C	HILDR	EN (5-1	4 YRS. INC	CL.)			
Any m	neals out/meals on	wheels today? Yes	1				yr. old (inc	1.)	Yes	1_	
(See	meals out' opposit	No	2	child	dren in	the hous	sehold?		No	2	
		IBER (LEAVE BLANK IF NONE):		IF Y	ES, W	RITE IN	THE NUM	BER OF	LUNCHE	 \$:	
<i>i</i> — —	S ON WHEELS	carrie on opposite page/	1	1 1			n opposite (PROVIDE		HOOL'		
<u> </u>		S OUT (incl. meals on wheels and school meals	1				S FROM H		100L)		
		DE HOME (incl. midday meals out)	1	j			BOUGHT		E HOME		
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1. FOOD AND DRINKS BOUGHT AND BROUGHT HOME

	1	2	3
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home	Number of people at home	Number of people at home
VISITORS Did you have any visitors for this meal?  FEMALE = F MALE = M	VISITORS TO BREAKFAST  SEX AGE	VISITORS TO MIDDAY MEAL  SEX AGE	VISITORS TO AFTERNOON/EVENING MEAL SEX AGE
PACKED MEALS Did anyone take a packed meal or snack from home to eat out?  FEMALE = F	PACKED BREAKFAST  SEX AGE	PACKED MIDDAY MEAL  SEX AGE	PACKED AFTERNOON/EVENING MEAL  SEX AGE
MALE = M  MEALS OUT  Did anyone obtain a	BREAKFAST OUT  SEX AGE WHERE?	MIDDAY MEAL OUT	AFTERNOON/EVENING MEAL OUT
meal out (for which you did not provide the food)?	SEX AGE WHERE?	SEX AGE WHERE?	SEX AGE WHERE?
Where was it eaten? FEMALE = F MALE = M			
DID NOT EAT A MEAL	DID NOT EAT A MEAL	DID NOT EAT A MEAL	DID NOT EAT A MEAL
Who did not have a meal at this time, whether at home or out?	SEX AGE	SEX AGE	SEX AGE
FEMALE = F MALE = M			

(incl	lude soft drinks, alcoh	- tancotta, o ot ought thomas	NO THIN DELIVERED TO	uay)				Υ	-3
Off Check	TOTAL WEIGHT Oz. lbs. gms. kilos, pints, litres	DESCRIPTION OF FOOD OR I Please describe in FULL and give Use one line for each ITEM	BRAND:		OTAL COST		EASE LEA	R USE ONL AVE BLANK Unit	
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OH:	TOTAL WEIGHT	DESCRIPTION OF FOOD OR DRINK	SOURCE garden, farm.	TC	TAL			R USE ONL	
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4. M	EALS OUT (EXCL	. PACKED LUNCHES)				4 YRS. IN		Von	
<b>4. M</b> Any m		. PACKED LUNCHES) wheels today? Yes	1 Are	there a		yr. old (in		Yes	1 2
4. M Any m (See '	EALS OUT (EXCL neals out/meals on 'meals out' opposit	wheels today? Yes e) No  BER (LEAVE BLANK IF NONE):	1 Are chil	there a dren in 'ES, W	any 5-14 the hous	yr. old (in sehold? THE NUN	cl.) 1BER OF	No	2
4. M Any m (See '	EALS OUT (EXCL neals out/meals on 'meals out' opposit S, WRITE IN NUM 'Meals Out' informa	wheels today?  Yes  No	1 Are chil	there a dren in 'ES, W e inform	any 5-14 the hous RITE IN nation or	yr. old (in sehold? THE NUM opposite	cl.) IBER OF page)	No	2
A. M Any m (See ' IF YE (Use '	EALS OUT (EXCL neals out/meals on 'meals out' opposit S, WRITE IN NUM 'Meals Out' informa S ON WHEELS	wheels today? Yes e) No  BER (LEAVE BLANK IF NONE):	1 Are chil	there a dren in 'ES, W e inform	nny 5-14 the hous RITE IN nation or MEALS (	yr. old (in sehold? THE NUN	cl.) 1BER OF page) ED BY SC	No	2

1. FOOD AND DRINKS BOUGHT AND BROUGHT HOME

	1	2	3
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON, EVENING MEAL
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home	Number of people at home	Number of people at home
VISITORS Did you have any visitors for this meal?	VISITORS TO BREAKFAST  SEX AGE	VISITORS TO MIDDAY MEAL  SEX AGE	VISITORS TO AFTERNOON/EVENING MEAL SEX AGE
FEMALE = F MALE = M			
PACKED MEALS	PACKED BREAKFAST	PACKED MIDDAY MEAL	PACKED AFTERNOON/EVENING MEAL
Did anyone take a packed meal or snack from home to eat out?	SEX AGE	SEX AGE	SEX AGE
FEMALE = F MALE = M			
MEALS OUT	BREAKFAST OUT	MIDDAY MEAL OUT	AFTERNOON/EVENING MEAL OUT
Did anyone obtain a meal out (for which you did not provide the food)?  Where was it eaten?  FEMALE = F	SEX AGE WHERE?	SEX AGE WHERE?	SEX AGE WHERE
MALE = M		k	
DID NOT EAT A MEAL  Who did not have a meal at this time, whether at home or out?	SEX AGE	DID NOT EAT A MEAL  SEX AGE	DID NOT EAT A MEAL  SEX AGE
FEMALE = F MALE = M			

									DAY		
Off Check	TOTAL WEIGHT Oz. lbs. gms,	Please d	RIPTION OF FOOD OR escribe in FULL and give	BRAND;	<u></u> -	C	TAL OST		RVIEWER ( ASE LEAV		
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1. FOOD AND DRINKS BOUGHT AND BROUGHT HOME

	11	2	3
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home	Number of people at home	Number of people at home
VISITORS Did you have any visitors for this meal?	VISITORS TO BREAKFAST  SEX AGE	VISITORS TO MIDDAY MEAL  SEX AGE	VISITORS TO AFTERNOON/EVENING MEAL SEX AGE
FEMALE = F MALE = M			
PACKED MEALS	PACKED BREAKFAST	PACKED MIDDAY MEAL	PACKED AFTERNOON/EVENING MEAL
Did anyone take a packed meal or snack from home to eat out?  FEMALE = F MALE = M	SEX AGE	SEX AGE	SEX AGE
MEALS OUT	BREAKFAST OUT	MIDDAY MEAL OUT	AFTERNOON/EVENING MEAL
Did anyone obtain a meal out (for which you did not provide the food)?	SEX AGE WHERE?	SEX AGE WHERE?	SEX AGE WHERE?
Where was it eaten?			
FEMALE = F MALE = M			
DID NOT EAT A MEAL	DID NOT EAT A MEAL	DID NOT EAT A MEAL	DID NOT EAT A MEAL
Who did not have a meal at this time, whether at home or out?	SEX AGE	SEX AGE	SEX AGE
FEMALE = F MALE = M			

DITAL KEIGHT   DESCRIPTION OF FOOD ORI CRINK   COST   PLEASE LEAVE MICHAY   Press description FILL and give BITATION   E p FOOD Code   Qt y Und	(inclu	de soft drinks, alcon	olic drinks, sweets, takeaways brought home ar	id milk delivered to	oday)			DAY	L	-5
2. SCHOOL MILK  How many children had school milk loday?  (KRITE IN NUMBER; 0 if NOKENOT APPLY)  (KRITE IN NUMBER; 0 if NOKENOT APPLY)  3. HOME GROWN FOOD, GIFTS, FREERREDUCED FROM WORK, WELFARE MILK  COLD by grades term.  COLD by GLEAVE BLANK  FOOD COLD by Unit Many Many Cold finct.  INTERVIEWER USE ONLY  4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out information on opposite page)  INTERVIEWER USE ONLY  4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out information on opposite page)  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE):  (Use information on opposite page)  SCHOLD MEALS (PROVIDED BY SCHOOL)  FACKED LUNCHES FROM HOME  SCHOOL MEALS (PROVIDED BY SCHOOL)		Oz. lbs. gms.	Please describe in FULL and give	BRAND;	C	OST	PLEAS	SE LEAV	E BLANK	
2. SCHOOL MILK  How many children had school milk today?  WRITE IN NUMBER: 0 IF NOMENGT APPLY)  JI  JI  JI  JI  JI  JI  JI  JI  JI  J		kilos, pilits, illes	Use one line for each frei	<i>n</i>	<u> </u>	p	Food code	City	Unit	
2. SCHOOL MILK  How many children had school milk today?  WRITE IN NUMBER: 0 IF NOMENGT APPLY)  JI  JI  JI  JI  JI  JI  JI  JI  JI  J	ú				]					1
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2. SCHOOL MILK  How many children had school milk today? (WRITE IN NUMBER: 0 IF NONE/NOT APPLY)  3. HOME GROWN FOOD, GIFTS, FREE/REDUCED FROM WORK, WELFARE MILK  TOTAL WEIGHT  Cres  TOTAL WEIGHT  Cres  TOTAL WEIGHT  Cres  TOTAL BISHS  LOSS  SOURCE  TOTAL COST  PLEASE LEAVE BLANK FOOD  FOOD OR DRINK  SOURCE  COST  OR DRINK  FOOD  FOOD OR DRINK  SOURCE  COST  OR DRINK FOOD  FOOD OR DRINK  SOURCE  COST  OR DRINK FOOD  FOOD OR DRINK  FOOD  AND Unit  Mag  COST  OR DRINK FOOD  FOOD  FOOD  AND UNITED SOURCE  FOOD  AND UNITED SOURCE  FOOD  FO										
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3. HOME GROWN FOOD, GIFTS, FREE/REDUCED FROM WORK, WELFARE MILK  TOTAL WEIGHT Q2, lbs, gms, kilos, pints, litres  DESCRIPTION OF FOOD OR DRINK Cinic. employer, own pusiness etc.  DESCRIPTION OF FOOD OR DRINK Cinic. employer, own pusiness etc.  DESCRIPTION OF FOOD OR DRINK Cinic. employer, own pusiness etc.  DESCRIPTION OF FOOD OR DRINK Cinic. employer, own pusiness etc.  DESCRIPTION OF FOOD OR DRINK Cinic. employer, own pusiness etc.  DESCRIPTION OF FOOD OR DRINK Cinic. employer, own pusiness etc.  DESCRIPTION OF FOOD OR DRINK Code  SOURCE TOTAL INTERVIEWER USE ONLY  Are there any 5-14 YRS. INCL.)  Are there any 5-14 YRS. INCL.) Are there any 5-14 Yr. old (incl.) No  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  SOURCE TOTAL INTERVIEWER USE ONLY  Are there any 5-14 YRS. INCL.)  Are there any 5-14 YRS. INCL.)  Are there any 5-14 YRS. INCL.)  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME					<u> </u>			_	]	1
TOTAL WEIGHT Oz. ibs. gms. kilos. pints, litres  DESCRIPTION OF FOOD OR DRINK Cinic. employer. own business etc  DESCRIPTION OF FOOD OR DRINK Cinic. employer. own business etc  DESCRIPTION OF FOOD OR DRINK Cinic. employer. own business etc  DESCRIPTION OF FOOD OR DRINK Cinic. employer. own business etc  DESCRIPTION OF FOOD OR DRINK COST PLEASE LEAVE BLANK Marg code  Other PLEASE LEAVE BLANK PLEASE LEAVE BLA			(WRITÉ IN NUMBER; 0 IF NO	NE/NOT APPLÝ)						
Cinic. employer. own business etc. £ p Food code Qty Unit Marg code  INTERVIEWER USE ONLY  4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out/meals on wheels today? Yes 1 No 2 Children in the household? No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  Clinic. employer. £ p Food code Qty Unit Marg code   P S. CHILDREN (5-14 YRS. INCL.)  Are there any 5-14 yr. old (incl.) Yes 1 children in the household? No 2  IF YES, WRITE IN NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME	•	TOTAL WEIGHT	<del></del> -	SOURCE	TO					
INTERVIEWER USE ONLY  4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out/meals on wheels today? (See 'meals out' opposite)  IF YES. WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)			BESSIAN TION OF TOOL ON BRIDE	clinic, employer,			Food			
4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out/meals on wheels today? (See 'meals out' opposite)  Yes 1 No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  5. CHILDREN (5-14 YRS. INCL.)  Are there any 5-14 yr. old (incl.) Yes 1 children in the household?  No 2  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME				own pusiness etc	L	Р	code	Qiy	Unit	
4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out/meals on wheels today? (See 'meals out' opposite)  Yes 1 No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  5. CHILDREN (5-14 YRS. INCL.)  Are there any 5-14 yr. old (incl.) Yes 1 children in the household?  No 2  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME		· · · · · · · · · · · · · · · · · · ·								
4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out/meals on wheels today? (See 'meals out' opposite)  Yes 1 No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  5. CHILDREN (5-14 YRS. INCL.)  Are there any 5-14 yr. old (incl.) Yes 1 children in the household?  No 2  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME					ĺ				-	
4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out/meals on wheels today? (See 'meals out' opposite)  Yes 1 No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  5. CHILDREN (5-14 YRS. INCL.)  Are there any 5-14 yr. old (incl.) Yes 1 children in the household?  No 2  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME	:									
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4. MEALS OUT (EXCL. PACKED LUNCHES)  Any meals out/meals on wheels today? (See 'meals out' opposite)  Yes 1 No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  5. CHILDREN (5-14 YRS. INCL.)  Are there any 5-14 yr. old (incl.) Yes 1 children in the household?  No 2  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME	INTE	RVIEWED LISE	ONLY	}						
Any meals out/meals on wheels today?  (See 'meals out' opposite)  No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  Are there any 5-14 yr. old (incl.) Yes 1 No 2  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME	11416	NYIEWEN OSE	ONLI							
(See 'meals out' opposite)  No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  No 2  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME	4. MI	EALS OUT (EXCL	PACKED LUNCHES)	5.	CHILDR	EN (5-1	4 YRS. INCL	)		
(See 'meals out' opposite)  No 2  IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  No 2  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME				1 A	re there a	nv 5-14	vr. old (incl.)		Yes	1
IF YES, WRITE IN NUMBER (LEAVE BLANK IF NONE): (Use 'Meals Out' information on opposite page)  MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  IF YES, WRITE IN THE NUMBER OF LUNCHES: (Use information on opposite page)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME	(Se <b>e</b> '	meals out opposit	(e) No						No	2
MEALS ON WHEELS  TOTAL MIDDAY MEALS OUT (inci. meals on wheels and school meals)  SCHOOL MEALS (PROVIDED BY SCHOOL)  PACKED LUNCHES FROM HOME				IF	YES, W	RITE IN	THE NUMBE	ER OF L		S:
TOTAL MIDDAY MEALS OUT (incl. meals on wheels and school meals)  PACKED LUNCHES FROM HOME			ation on opposite page)							
		<del></del>	S OLIT (ing) months on wheath				·		IOOL)	<b> </b>
OTHER LUNCHES BOUGHT OUTSIDE HOME				<del></del>			<del></del>			<b> </b>
		L MEALS OUTSIL	DE HOIVIE (INCI. MIDDAY Meals out)		THER LL	INCHES	BOUGHT O	UTSIDE	HOME	<u> </u>

1. FOOD AND DRINKS BOUGHT AND BROUGHT HOME

	1	2	3
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home	Number of people at home	Number of people at home
VISITORS Did you have any visitors for this meal?  FEMALE = F MALE = M	VISITORS TO BREAKFAST  SEX AGE	VISITORS TO MIDDAY MEAL  SEX AGE	VISITORS TO AFTERNOON/EVENING MEAL  SEX AGE
PACKED MEALS	PACKED BREAKFAST	PACKED MIDDAY MEAL	PACKED AFTERNOON/EVENING
Did anyone take a packed meal or snack from home to eat out?	SEX AGE	SEX AGE	SEX AGE
FEMALE = F MALE = M			
MEALS OUT	BREAKFAST OUT	MIDDAY MEAL OUT	AFTERNOON/EVENING MEAL OUT
Did anyone obtain a meal out (for which you did not provide the food)?	SEX AGE WHERE?	SEX AGE WHERE?	SEX AGE WHERE?
Where was it eaten?			
FEMALE = F MALE = M			
DID NOT EAT A MEAL	DID NOT EAT A MEAL	DID NOT EAT A MEAL	DID NOT EAT A MEAL
Who did not have a meal at this time, whether at home or out?	SEX AGE	SEX AGE	SEX AGE
FEMALE = F MALE = M			

Off	TOTAL WEIGHT Oz, lbs. gms,	DESCRIPTION OF FOOD OR DE Please describe in FULL and give B				TAL OST			R USE ONLY VE BLANK	′
Check	kilos, pints, litres	Use one line for each ITEM	NAIND,		£	p	Food code		Unit	
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2. S	CHOOL MILK	- How many children had sch	ool milk t	oday?						
		(WRITE IN NUMBER; 0 IF NO	IE/NOT A	(PPLY)						
3. H	OME GROWN FOO	DD, GIFTS, FREE/REDUCED FROM WOI	k WFI	FARE	MILK					
	TOTAL WEIGHT		SOU	RCE	TC	TAL			R USE ONL	
Off Check	Oz, lbs, gms, kilos, pints, litres	DESCRIPTION OF FOOD OR DRINK	garden clinic, er	mployer		OST _	Food		AVE BLANK Unit	Marg
	Kilos, pilits, litres		own busi	ness et	). <u>L</u>	P	code	Qty	T	code
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INTE	RVIEWER USE	ONLY								
4. M	EALS OUT (EXCL.	PACKED LUNCHES)		5.	CHILDE	REN (5-	14 YRS. IN	ICL.)		
Any m	neals out/meals on	wheels today? Yes	1	⊿	re there a	anv 5-14	yr. old (in	cl.)	Yes	1
	meals out' opposite		2	c	hildren in	the hou	sehold?	,	No	2
IE VE	C 18/DITE 18/ 8// ***	DED /LEAVE DI ANIZIE MONT		'l		·		.ne= ==		
ıг १ <u>⊨</u> (Use '	o, vvki iE in NUMI Meals Out' informa	BER (LEAVE BLANK IF NONE): tion on opposite page)					I THE NUM on opposite		LUNCHE	<b>S</b> :
	S ON WHEELS	N. M. J.		11 .			(PROVIDE		CHOOL)	
TOTA	L MIDDAY MEALS	OUT (incl. meals on wheels and school meals		Ⅱ —		<del></del>	ES FROM			
ΤΩΤΔ	L MEALS OUTSID	E HOME (incl. midday meals out)	1	ما ال	THERLI	INCHE	S BOUGH	T OUTS!	DE HOME	1

1. FOOD AND DRINKS BOUGHT AND BROUGHT HOME

	11	2	3	
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL	
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home	Number of people at home	Number of people at home	
VISITORS Did you have any visitors for this meal?  FEMALE = F MALE = M	VISITORS TO BREAKFAST  SEX AGE	VISITORS TO MIDDAY MEAL  SEX AGE	VISITORS TO AFTERNOON/EVENING MEAL  SEX AGE	
PACKED MEALS Did anyone take a packed meal or snack from home to eat out?  FEMALE = F	PACKED BREAKFAST  SEX AGE	PACKED MIDDAY MEAL  SEX AGE	PACKED AFTERNOON/EVENING MEAL  SEX AGE	
MALE = M  MEALS OUT  Did anyone obtain a meal out (for which you did not provide the food)?  Where was it eaten?  FEMALE = F  MALE = M	BREAKFAST OUT  SEX AGE WHERE?	MIDDAY MEAL OUT  SEX AGE WHERE?	AFTERNOON/EVENING MEAL OUT  SEX AGE WHERE?	
DID NOT EAT A MEAL  Who did not have a meal at this time, whether at home or out?  FEMALE = F MALE = M	DID NOT EAT A MEAL  SEX AGE	DID NOT EAT A MEAL  SEX AGE	DID NOT EAT A MEAL  SEX AGE	

uncluc		olic drinks sweets, takeaways brought home an		ered toda				DAY		7
Oft Check	TOTAL WEIGHT Oz, lbs, gms, kilos, pints, litres	DESCRIPTION OF FOOD OR D Please describe in FULL and give b Use one line for each ITEM	BRAND;			TAL DST		ASE LEAV	USE ONLY /E BLANK Unit	,
	Kilos, pints, iti co	330 dita lilito loi oddivi i Eli	<u> </u>				, 554 5545		-	į.
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	1	- How many children had sch (WRITE IN NUMBER; 0 IF NO DOD, GIFTS, FREE/REDUCED FROM WO	NE/NOT AF	PLY) -		TAL	INTE	RVIEWER	R USE ONL	<u>Y</u>
ff heck	TOTAL WEIGHT Oz, lbs, gms,	DESCRIPTION OF FOOD OR DRINK	garden, clinic, em	farm,	CC	OST			VE BLANK	
	kilos, pints, litres		own busin		£	р	code	Qty	Unit	M: CC
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NTE	RVIEWER USE	ONLY								
l. M	EALS OUT (EXC	L. PACKED LUNCHES)		5. C	HILDF	REN (5-	14 YRS. IN	CL.)		
	neals out/meals or 'meals out' oppos		2				4 yr. old (ind usehold?	ol.)	Yes No	
		MBER (LEAVE BLANK IF NONE): nation on opposite page)					N THE NUM		LUNCHE	<b>S</b> :
	S ON WHEELS	<u> </u>					(PROVIDE		CHOOL)	
<b>ΔΤΛ</b>	L MIDDAY MEAL	S OUT (incl. meals on wheels and school meal	(a)	DA/	YED I	LINCH	ES FROM I	IOME	·	Г

OTHER LUNCHES BOUGHT OUTSIDE HOME

TOTAL MEALS OUTSIDE HOME (incl. midday meals out)

	1	2	3
	BREAKFAST	MIDDAY MEAL	MAIN AFTERNOON/ EVENING MEAL
NUMBER OF PEOPLE How many people on the front of this diary ate this meal?	Number of people at home	Number of people at home	Number of people at home
VISITORS Did you have any visitors for this	VISITORS TO BREAKFAST  SEX AGE	VISITORS TO MIDDAY MEAL  SEX AGE	VISITORS TO AFTERNOON/EVENING MEAL SEX AGE
meal?  FEMALE = F  MALE = M			
PACKED MEALS Did anyone take a packed meal or	PACKED BREAKFAST  SEX AGE	PACKED MIDDAY MEAL  SEX AGE	PACKED AFTERNOON/EVENING MEAL  SEX AGE
snack from home to eat out?  FEMALE = F MALE = M			
MEALS OUT	BREAKFAST OUT	MIDDAY MEAL OUT	AFTERNOON/EVENING MEAL OUT
Did anyone obtain a meal out (for which you did not provide the food)?	SEX AGE WHERE?	SEX AGE WHERE?	SEX AGE WHERE?
Where was it eaten?			
FEMALE = F MALE = M			
DID NOT EAT A MEAL	DID NOT EAT A MEAL	DID NOT EAT A MEAL	DID NOT EAT A MEAL
Who did not have a meal at this time, whether at home or out?	SEX AGE	SEX AGE	SEX AGE
FEMALE = F MALE = M			

WERE THERE ANY SPECIAL CIRCUMSTANCES ABOUT THIS WEEK'S SHOPPING?
NOTES

Office for National Statistics, 1 Drummond Gate, London, SW1V 2QQ

Central Survey Unit. Londonderry House, 21-27 Chichester Street, Belfast, BT1 4SX

#### **NATIONAL FOOD SURVEY 1997**

#### Basic data for the processing and analysis of the National Food Survey, NFS.

- 1 Basic Data
  - Gathered from two documents -
  - I family and personal data taken from the NFS schedule (interviewers's questionnaire)
  - 2 details of foods, purchased or free, taken from the NFS log-books

The questions are numbered on the schedule Answers for each household are keyed to disc, followed by the food code details from the log-book and the coding unit which is converted to the storage unit before validation

The data is validated and any inconsistencies are flagged. After the validation certain additional household and personal details are generated, and a permanent record written to a database on a mainframe computer.

#### 2 Generated data

There are two main types of data stored on the NFS computer system, log-book data derived from the household diaries, and reference data which is used to interpret and validation. The log-book data, keyed or generated, is described in this document and attributed to variables in one of the following data sets -

- Household (HH)
- Household member (PER)
- Visitor (VIS)
- Food item (FD)
- Meals out (MO)

This information is transferred by tape to an SAS database where it is held as permanent SAS data sets

Useful variables generated using reference data, but not permanently stored are shown in parentheses

- 3 Appendix A gives the classification by occupations
- 4 Appendix B lists the post-code sectors being surveyed
- 5 Appendix C lists current food codes
- 6 Appendix D is the proposed timetable

February 1997 NFS National Food Survey Stats(C&F)F Whitehall Place, West SW1A 2HH