

# NATIONAL FOOD SURVEY: BLANK DIARIES, SURVEY QUESTIONNAIRES AND CODING NOTES

There is little background material held by Defra on the National Food Survey. Fortunately, a copy of the data, together with a copy of a blank food diary (known as the log-book), the household questionnaire (known as the schedule) and the coding notes used for transferring the raw data to computer was supplied each year to the United Kingdom Data Archive, now known as the UK Data Service. The data and background information continues to be available for academic or commercial research under licence, and we are grateful for this, as it has enabled us to interpret much of the gaps in our knowledge and records.

Here is a copy of the blank diary, questionnaire and coding notes from 1990, taken from the UK Data Service holding for National Food Survey 1990.

Please note that all of the questions on the household questionnaire will not necessarily be reflected in the content of the datasets we are making available. You'll see that there are references to "Housewife" throughout the diary and this (and other terms such as "Head of Household") reflects those in common usage at the time of the survey. In later years this was changed to "Main Diary Keeper".

Some of the original log-books are preserved in the National Archive at Kew, dating back as far as 1940. A record for the holdings is here:

http://discovery.nationalarchives.gov.uk/details/r/C10495

Link to UKDS record for the 1990 National Food Survey database, available under an End User Licence:

https://discover.ukdataservice.ac.uk/catalogue/?sn=2949&type=Data%20catalogue

Further information: <a href="mailto:familyfood@defra.gsi.gov.uk">mailto:familyfood@defra.gsi.gov.uk</a>

N/	ATIONAL FOOD SURVEY 1990							
TO	BE COMPLETED AT FIRST INTERVIEW		J	Do you grow any of your ve				INTERVIEWER'S NAME
ME	PLAIN THE PURPOSE OF THE SURVEY ENTION KEEPING A RECORD BOOK UNTI			IF YES (Y) (a) Where? PROMPT EACH IN TURN		Yes No	X	AUTH NO  10-DAY PERIOD BEGINNING
A B	REGION	A		PHOMPT EACH IN TURIS	Garden Allotment	Yes Y Y	X	LOCAL AUTHORITY
С	PERIOD				Farm	Υ	X	
[D	AREA TYPE]			(b) Have you a store of hor PROMPT EACH IN TURN	me-grown vegetables	or fruit	•	
E.	SERIAL NO OF HOUSEHOLD			,,,•	Potatoes Beans	Yes Y Y	No X X	
F	Date of first interview (2 digits for day, month and year)				Sprouts Peas Greens Carrots	Y Y Y	X X X	NOTE IF HOUSEWEE HIS STORY OF THE PROPERTY OF
G	Can you tell me how much you spent on food for your household last week? (Excluding cleaning materials, cigarettes, and food for pets)	î P			Beetroot Onions Tomatoes Apples Pears Bottled own fruit Jam from own fruit	Y Y Y Y Y	× × × × × × ×	IF HOUSEWIFE HAS STOCKS OF HOME-PRODUCED FOODS (QNS J & K2), REMEMBER THE QUANTITY OF THE FOOD TAKEN FROM STORE SHOULD BE ENTERED IN THE LOWER PANEL OF THE RECORD BOOK ON THE DAY IT IS TAKEN OUT OF STOCK FOR HOUSEHOLD USE
Н	Do you have a microwave oven?				Any other SPECIFY	Y	X	
	Yes = 1 If No, leave blank	2			No to all		X	
ı	Do you have a deep freezer - that is a separate deep freezing unit, (not a refrigerator frozen food compartment)?	3	<b>K</b> 1	Have you your own hens, ducks or geese?		Yes No	Y X	
,	Yes = 1 If No, leave blank		K	Do you have a store of honey from your own hives	; <b>?</b>	Yes No	Y X	SOCIAL SURVEY DIVISION, OPCS St Catherines House, 10, Kingsway,
<b>L</b> 3								London, WC2B 6JP

COMPLETE AT Try to get net incomes After deductions = net Before deuctions = gross

	Sex M F Age			F	ether working PN USH		OFFIC	E US	SE .			lousewife	Occup	tions of n	vorkers in on earners	s, grving				Incon	ne l	Incon or co	1	Ту	pe of	ncom	18
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and visitors	24		25	26		27		29				-								<del>-</del>		Ţ		N	G	Α	Ε
staying the night) together with any	29	7	30	31		32		33									·							N	G	Α	Ε
absentee	34		35	36	;	37		38	-													i		N	G	A	Е
members of household	39		40	41		42		43							-					-		i		N	G	A	Ε
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M. Ownership of dwelling codes	Furni Rent Owns	mished shed free s outr	ed, other , rented		ed			1 2 3 4 5 6	74		7	give reas	of HOH no on and you planation	ur estimal	•												
	(	)FFI	CE US	E				-									···-							•			
Visitors		75	76	;		7	7	78		Total no	of person	s Numbe	r of visitors	Pern	s. no of	income (	Grade HOH	No of e	amers in	OCC HO	l (4 digrts)		Fa	mily l	псотне		
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## D0900

THE NATIONAL FOOD SURVEY
1990

All the particulars you give on this form will be treated in STRICT CONFIDENCE.

Please do not put your name and address on it

## HOW TO USE THIS BOOKLET

- 1 There are two pages for each day
- On the first of the two pages please write down all the items of food coming into the house on that day
- 3 On the second page please show what was eaten at each meal and who ate the meal

HOUSEHOLD COMPOSITION

SEX	AGE

The interviewer will call again on -

DAY	DATE	TIME

Household scales or spring balance	Yes	
owned?	No	
Spring balance	Yes	
loaned?	No [	

Total Persons

interviewer's name	
Authority number	
Period beginning	
Local Authority	
Region	 
Area	
Period	
Area type]	
Serial No of household	
Day of week on which recording starts	DAY

SOCIAL SURVEY DIVISION, OPCS St Catherine's House, 10, Kingsway, London WC2B 6JP Telephone number 01-242 0262 ext 2079

on behalf of Ministry of Agriculture, Fisheries and Food, Whitehall Place, (West Block) London, SW1A 2HH

## **EXAMPLE PAGE**

## FOOD COMING INTO HOME

DAY	

FOOD BOUGHT AT NORMAL PRICES

		RMAL PRICES	1		DAY
Oz, ibs, pints, or number	Grammes, kilos or litres	DESCRIPTION OF FOOD  Please describe ITEM in full and give BRAND  Use one line for each ITEM	£	COST	PLEASE LEAVE BLAN Food Q
6		Eggs - Free range		96	
l pt		Vita Pint (Blue Carton semi-skimmed milk)		29	N /A A
2x28o <b>z</b> s		Sunblest sliced white loaves	1	04	
160zs		Weetabix - family Pack	ŀ	77	
Hb		frying Steak - fresh	4	50	
116		Pork chops - on bone - frozen	1	50	
Hb	]	Danish bacon, streaky, Loose	1	54	
1202s		Jar Baxter's Sliced Beetroot	<b>1</b> .	42	
	2x580gms	Tins Heinz baked beans		96	
	200gms	Ross frozen cod steaks in natural crumbs	<b>i</b> .	98	
Hb		Walls beef sausages - uncooked		98	
11b 2oz		Cucumber		76	$ \setminus$ $\setminus$ $\setminus$ $\setminus$ $\setminus$
	150gms	Ski fruit yoghurt		28	V   V
	2x250gms	Krona Double Blend		80	
	250gms	Kerrygold butter - Irish		57	// / / / /
1/2/16		Runner beans - fresh		38	
	2x283gms	Lin-Can tinned garden peas		60	
1402		3 eating apples - loose		39	
	l litre	Robinson's orange squash		84	
3x40z		3 pieces of fried cod from fish and chip shop	2	55	1 1111
3x40z		3 portions of chips " " " " "		35	
cubes= /2 ozs		Oxo cubes		53	1 111 11
	411gms	Libby's tinned peaches in syrup		42	1 111 11
					/ \\  \\
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			I I	, ,	₩ 1

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

	DESCRIPTION OF FOOD		FREE OR COST	PLEASE LE	EAVE BLAN
KIIOS or litres	DESCRIPTION OF FOOD	clinic employer own business etc	£ p	Food	Q Fr
	Milk	School	Free		
	Potatoes	Garden Store	Free		
	Jam, Strawberry	fruit, garden	Filee		
	from own fruit	grown			
	Radishes	Garden grown	Filee		1 1
	Grammes, kilos or litres	kilos or litres  DESCRIPTION OF FOOD  MIlk  Potatoes  Jam, Strawberry  from own fruit	kilos or litres  DESCRIPTION OF FOOD Gerden, farm, school, clinic employer own business etc  Milk  Potatoes  Jam, Strawberry  from own fruit  Gerden, farm, school, clinic employer own business etc  Fruit, garden  grown	kilos or litres  DESCRIPTION OF FOOD Clinic employer own business etc  Milk  Potatoes  Jam, Strawberry  from own fruit  Garden, farm, school, clinic employer own business etc  £ p  Free  Free  Fruit, garden  Free  from own fruit  Garden Store  Free  Fruit, garden  Free	kilos or litres  DESCRIPTION OF FOOD  Cinic employer own business etc  Milk  Potatoes  Jam, Strawberry  from own fruit  Garden, fam, fam, fam, fam, fam, fam, fam, fam

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## FOR OFFICE USE

SCHOOL	SCHOOL MEALS (PROVIDED)	$\sum Z$
CHILDREN'S	PACKED LUNCHES	X
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME	

MEALS
OUT, EXCL
PACKED
LUNCHES

MEALS ON WHEELS		7
TOTAL MIDDAY MEALS OUTSIDE HOME	$\Box \lambda$	$\Box$
TOTAL MEALS OUTSIDE HOME	7	$\int$

## REMINDER ABOUT RECORDING WHAT YOU BUY

## The left-hand page (opposite)

It will help us very much if you make sure that you put down all the food you buy on the day you buy it

In each case we should like to know, if possible, the exact amount or weight (in lbs and ozs or kilos and grammes, pints or litres and the number of items) and the exact total cost

It would be very helpful if you would put down details of the type of food For, example, if you bought sausages you could have chosen either pork or beef sausages. Bread can be white, brown or wholemeal, etc., and sliced or unsliced, wrapped or unwrapped. The more details like this which you can give, the better. Brand names are particularly helpful.

An example of the detail we would like to know, if possible, is given opposite

We realise that you may not buy as many items as we show when you go shopping and that you may not buy the same items as we have listed. We have simply shown as many examples of different foods as we can so that you are clear about the details we need.

## The right-hand page (opposite)

Please write in a detailed description of each meal served at home, together with the number of people eating it, and an account of how many members of your Household who did **not** eat it obtained a meal. Thus everyone in the Household should be accounted for at each meal, as well as any visitors

The kind of detail we want is that which would be found on a normal menu. We do not need the ingredients of made-up dishes, but the ingredients of salads should be itemised. Quantities are not required. There is no need to distinguish between things eaten by everyone and things eaten by certain members only.

If a member of your household has a packed meal for, say, their mid-day meal, note the sex and age of the individual in the space provided, and write briefly the content of that packed meal at the bottom of the page. See example opposite

THANK YOU FOR YOUR TIME AND TROUBLE.

	<u></u>		<u> 1</u>		2			3				4				
		BREA	KFAST	•		MID-DA	AY ME	AL .	AF	C	EA )R )ON ME	EAL	E	C	IG MEA PPER	AL .
	Cor	nflak	es		Whi	ting-	- fille	t	Scr	amble	ed egg	is	PIZ:	zas		
	Too				ſ	Peas - frozen			Toa		* *		Sau	isage:	s	
	Mill	k			Chips - home made  Bread				Margarine Tea				Fried Tomatoes			
What did you	Теа	ï										Bread				
serve?	Sug				Margarine					ar			Margarine			
	Ι.	Margarine			Squash				Milk Raspberries				Coffee			
	ļ ,												Sugar			
	}				•				Strawberry jam				Milk			
	}				<u>.</u>				)	200 150	i y ju	,,,	/"""	`		
How many of the people on the front of this book ate the meal at home?	Number 5 of people			Number 2				Number 3			Number 5 of people					
	VISI	TORS TO	_	FAST	VISIT	VISITORS TO MID-DAY MEAL				VISITORS TO TEA			VISITO		VENING	MEAL
Did you have any visitors for this meal?		SEX AGE		SEX   AGE			SEX AGE				SEX	AGE 20				
FEMALE = F MALE = M																
			10T O	· T	MID-DAY MEAL OUT			TEA OUT				EVE	NING	MEAL	) IT	
	SEX	AGE			SEX AGE WHERE?			SEX AGE WHERE?			SEX AGE WHERE					
Did anyone obtain	SEA	AGE	VVIII	INE,	-				SEX	AGE	TTTL	<u> 17L.</u>	JLX	AGL	*****	-1 11-
a meal out? (for which you did not provide the food?) Where was it eaten?					M F	16		hool hool							i	
FEMALE = F MALE = M			•				-									
Did anyone take	PAC	KED B		AST	PACK	ED MI		MEAL			D TEA	<del></del>	PACK			MEAL
a packed meal		SEX	AGE				AGE			SEX	AGE			SEX	AGE	
from home to eat out?						M	40									
FEMALE = F MALE = M																
Contents of a packed meal?					bre	Sandwich Brown bread, beef and										
Who did not					but	ter			/ /	116 137	} NO 1	rea				
have a meal?						ishes Kat				,	•		]			
FEMALE = F MALE = M						Kıt-Kat Apple							7		5	
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FOOD	COMING	INTO	HOME
	~~		

DAY -1

FOOD BOU	GHT AT NOF			DATE		
Oz, lbs, pints, or number	Grammes, kilos or litres	DESCRIPTION OF FOOD  Please describe ITEM in full and give BRAND  Use one line for each ITEM	TOTAL			AVE BLANK
or number	or litres	Use one line for each ITEM	£	р	Food	0
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HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

Oz, lbs, pints, kilos or litres

DESCRIPTION OF FOOD

Oz, lbs, pints, or number

Oz, lbs, pints, kilos or litres

DESCRIPTION OF FOOD

Oz, lbs, pints, kilos or litres

DESCRIPTION OF FOOD

Oz, lbs, pints, kilos or litres

Oz, lbs, pint

FOR	$\sim$ $=$	1100

SCHOOL	SCHOOL MEALS (PROVIDED)	] <sub>N</sub>
	PACKED LUNCHES	   C
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME	ا [

MEALS OUT, EXCL PACKED LUNCHES

MEALS ON WHEELS	
TOTAL MIDDAY MEALS OUTSIDE HOME	
TOTAL MEALS OUTSIDE HOME	

	1		2			3			4							
		BREA	KFAST		A	AID-DA		۸L	AF	TE	EA PR	EAL	Ε	VENIN O SUP	R	L
What did you serve?																
Llaw many of the			<del></del>			-										
How many of the people on the front of this book ate the meal at home?	Numb of pec				Numb of pec				Number of peop				Numb of pec			
Did you have any visitors for this meal?  FEMALE = F MALE = M	VISI	SEX	BREAK AGE	FAST	VISIT	SEX	AGE	MEAL		SEX	AGE		VISITO	SEX		MEAL
	BF	REAKF	AST O	JT	MIC	DAY I	MEAL (	DUT		TEA	OUT		EVE	NING I	MEAL (	JUT
	SEX	AGE	WHE	RE?	SEX	AGE	WHE	RE?	SEX	AGE	WHE	RE?	SEX	AGE	WHE	RE?
Did anyone obtain a meal out? (for which you did not provide the food?) Where was it eaten? FEMALE = F MALE = M						-	-									
Did anyone take a packed meal from home to eat out? FEMALE = F MALE = M	PAC	SEX	REAKF AGE	AST	PACK	ED MII	AGE	MEAL		PACKE	AGE		PACK	ED EVI	ENING AGE	MEAL
Contents of a packed meal? Who did not have a meal? FEMALE = F															I	7

<b>FOOD</b>	COMING	INTO	<b>HOME</b>
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-2 DAY FOOD BOUGHT AT NORMAL PRICES DESCRIPTION OF FOOD
Please describe ITEM in full and give BRAND
Use one line for each ITEM TOTAL COST PLEASE LEAVE BLANK Oz, lbs, Grammes, pints, or number kilos £ Food р or ittres 1

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

Oz, lbs, pints, or number or litres

DESCRIPTION OF FOOD

Oz, lbs, kilos or litres

FREE OR COST

FREE OR COST

FREE OR COST

Free

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SCHOOL	SCHOOL MEALS (PROVIDED)	1
CHILDREN'S	PACKED LUNCHES	1
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME	l

MEALS OUT, EXCL PACKED LUNCHES

MEALS ON WHEELS	
TOTAL MIDDAY MEALS OUTSIDE HOME	
TOTAL MEALS OUTSIDE HOME	

		BREAK					Y MEA		AFT	TE	A R ON MEAL		EVENING MEAL OR SUPPER			
What did you serve?																
How many of the people on the front of this book ate the	Numb				Numb				Numbe				Numb of peo			
meal at home?	of peo	pple			of peo	pple			of peop	)l <b>e</b> 						
Did you have any visitors for this meal?	VISI	SEX	BREAK	AST	VISIT		AGE	MEAL		SEX	AGE		VISITO		AGE	ÆAL
FEMALE - F MALE - M																<del>.</del> .
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FEMALE = F MALE = M	1		<u>'</u>									1				
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Did anyone take a packed meal from home to eat out? FEMALE = F MALE = M	PAC	SEX	AGE	A31	FACE		AGE	•			AGE				AGE	
Contents of a		1					<u> </u>	<u></u>				-		<u> </u>	}	
packed meal? Who did not have a meal?																
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	FOOD COMING INTO HOME		i	•
FOOD BOUGHT AT NORMAL PRICES			DAY [	-3
	DEAADIDTION OF COOD	TOTAL COST	0154051	EAVE DUAN

Oz, lbs,	Grammes, kilos or litres	DESCRIPTION OF FOOD Please describe ITEM in full and give BRAND Use one line for each ITEM		COST			ANK
pints, or number	or litres	Use one line for each ITEM	3	р	Food	Q	_
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HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

Oz, lbs, Grammes, pints, kilos or number or litres		######################################	SOURCE Garden farm, school,	FREE O	R COST	PLEASE LEAVE BLANK			
	KIIOS or litres	DESCRIPTION OF FOOD	clinic employer own business etc	£	р	Food	Q	Free	
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## FOR OFFICE USE

SCHOOL	SCHOOL MEALS (PROVIDED)	М	
CHILDREN'S	PACKED LUNCHES	OI P	_
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME	LI.	J١

EALS JT, EXCL ACKED NCHES

MEALS ON WHEELS	
TOTAL MIDDAY MEALS OUTSIDE HOME	
TOTAL MEALS OUTSIDE HOME	

FOOD COMING	INTO HOME
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FOOD BOUGHT AT NORMAL PRICES					DAY L		
Oz. bs.	Grammes, kilos or litres	DESCRIPTION OF FOOD  Please describe ITEM in full and give BRAND  Use one line for each ITEM	TOTAL	COST	<b>-</b>		
pints, or number	or litres	Use one line for each ITEM	3	р	Food	Q	
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HOME GROWN FOOD GIFTS FREE MILK SCHOOL MILK WELFARE FOOD

Oz, lbs,	Grammes,		SOURCE Garden, farm, school,			PLEASE LE	AVE BL	_ANK
pints, or number_	kilos or litres	DESCRIPTION OF FOOD	clinic employer, own business etc			Food	Q	Free
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## FOR OFFICE USE

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CHILDREN'S	PACKED LUNCHES	40°4	P
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME		L

MEALS
OUT, EXCL
PACKED LUNCHES
LUNCHES

MEALS ON WHEELS	32.22 v 20.7
TOTAL MIDDAY MEALS OUTSIDE HOME	1 3 m/s 1005 5 m/s
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FOOD	COMING	INTO	HOME
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HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

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#### FOR OFFICE USE

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LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME	ί

**MEALS** OUT, EXCL **PACKED** LUNCHES

,	MEALS ON WHEELS	
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## FOOD COMING INTO HOME

DAY -5

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Oz, lbs,	Grammes,	DESCRIPTION OF FOOD	TOTAL	COST	<b>=</b>				
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HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

Oz, lbs,	Grammes,		SOURCE Garden farm, school,	FREE C	R COST	PLEASE LEAVE BLANK		
pints, or number	kilos or litres	DESCRIPTION OF FOOD	clinic, employer own business etc	£	ρ	Food	Q	Free
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## FOR OFFICE USE

SCHOOL	SCHOOL MEALS (PROVIDED)	<u></u>	M
CHILDREN'S	PACKED LUNCHES	F	ر مر
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME	<u> </u>	_L

MEALS OUT, EXCL PACKED LUNCHES

	MEALS ON WHEELS					
-	TOTAL MIDDAY MEALS OUTSIDE HOME					
	TOTAL MEALS OUTSIDE HOME	 				

BREAKFAST MID-DAY MEAL TEAP AFTERMOON MEAL SUPPER  What did you serve?  What did you serve?  What did you serve?  What did you serve?  What did you serve?  Number of people on the front of this book ate the meal at home?  Did you have any visitors for this meal?  FEMALE – F MALE – M M MALE – M M MALE – M M M M M M M M M M M M M M M M M M															
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**FOOD COMING INTO HOME** -6 DAY FOOD BOUGHT AT NORMAL PRICES DESCRIPTION OF FOOD
Please describe ITEM in full and give BRAND
Use one line for each ITEM Oz, lbs, pints, or number Grammes, TOTAL COST PLEASE LEAVE BLANK kılos or litres р Food 1 1 1 1 1 1

HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

Oz, Iba,	Grammes,		SOURCE Garden, farm, achool	FREE O	R COST	PLEASE LE	AVE BL	ANK
pints, <u>or number</u>	kilos or litres	DESCRIPTION OF FOOD	clinic employer, own business etc	£	р	Food	Q	Free
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## FOR OFFICE USE

SCHOOL	SCHOOL MEALS (PROVIDED)	M
CHILDREN'S	PACKED LUNCHES	P
LUNCHES	OTHER LUNCHES BOUGHT OUTSIDE HOME	L

MEALS	
OUT, EXCL	
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	MEALS ON WHEELS	
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## FOOD COMING INTO HOME

DAY -7

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HOME GROWN FOOD, GIFTS, FREE MILK, SCHOOL MILK, WELFARE FOOD

Oz, lbs,	Grammes,		SOURCE Garden farm, school,	FREE O	R COST	PLEASE LEAVE BLANK		
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## FOR OFFICE USE

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SCHOOL MEALS (PROVIDED)	М
PACKED LUNCHES	P
OTHER LUNCHES BOUGHT OUTSIDE HOME	빈

MEALS OUT, EXCL PACKED LUNCHES

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i	WERE THERE ANY SPECIAL CIRCUMSTANCES ABOUT THIS WEEK'S SHOPPING?
ľ	NOTES

			PLEASE	LEAVE BLAN	<	 
BREAD	POTATOES					
Separate delivery charge	Bought in bulk					

## NATIONAL FOOD SURVEY

#### 1990

#### 1. Basic data

The basic data are gathered from two documents .-

- (i) family and personal details taken from the NFS schedules;
- (ii) details of purchased or free food taken from the NFS log-books.

The question numbers and answers for each household are keyed to disc and then put on magnetic tape in the order as printed on the schedule (omitting both items if the question is unanswered), followed by the food code details from the log-book. All the information for all the households in one cycle is keyed on to one reel of magnetic tape.

#### 2. Generated data

The computer program validates the punched data and indicates any inconsistencies (eg, wrong question numbers, food codes which are not in current use, abnormally large quantities, etc). For records which are totally acceptable, certain additional household and personal details are generated, and a permanent record is written to a magnetic disc file. (All records are eventually preserved on a special magnetic tape). The permanent record includes a fixed area containing details such as region, area, cycle number, total purchase value, etc., followed by two variable length areas. The first of these records, for each person and visitor, the age, sex, occupation code, whether working, nutrient code and net balance. The second contains all details from the left-hand pages of the log-books, in the same sequence, including the day of survey/day of week marker and, for each food acquisition, the food code, purchase/free code, quantity and purchase value.

- 3. Appendix A gives the classification of occupations.
- 4. Appendix B lists the Local Authority Districts being surveyed.
- 5. Appendix C lists the food codes in current use.
- 6. Appendix D is the timetable.
- 7. Appendix E lists the field dates.

National Food Survey Economics & Statistics (Food) Division Whitehall Place (West) SWIA 2HH

January 1990

NFS 1466

**FELAAR** 

## A. HOUSEHOLD AND PERSONAL DETAILS TAKEN FROM SCHEDULE

'A' to 'E'   on schedule	Serial Number of the log-book completed by the housewife
on schedute	A. One digit code denoting the standard ) statistical region.  Denote the area (local  B. Three digit code denoting the area (local authority district) within (local authority
Í 1	C. Two digit period code (the periods are successive 10 day sampling periods throughout the year).
<u>{</u>	D. One digit "type-of-area" (sample class) code
 	1. Greater London
1	2. The Metropolitan districts and the Central Clydeside conurbation
	Non-Metropolitan districts
 	<ol> <li>Local authority districts with an electoral density of 7 or more electors per acre</li> </ol>
 	<ol> <li>Local authority districts with an electoral density of 3 but fewer than 7 electors per acre</li> </ol>
 	<ol> <li>Local authority districts with an electoral density of 0.5 but fewer than 3 electors per acre</li> </ol>
 	<ol> <li>Local authority districts with an electoral density of fewer than 0.5 electors per acre</li> </ol>
	E. Serial number of household in area (local authority district)
1 1 1	A distinguishing number (from 1 upwards) allocated to each household for each period/area group.
'F' on schedule	Date of first interview
	day, month and year (2 digits each day, month and year)
i	

1.

FELAAR

#### Question No on Schedule

### Expenditure in previous week

Amount of money spent on food during preceding week, expressed in £'s to 2 decimal places. Don't know, etc, coded 9.

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3

1

Microwave oven in the household

Yes = 1

If no, left blank

Computer code

| Owns microwave only = freezer 2 3

both neither

## Deep-freezer in the household

Yes - 1 If no, left blank

	Person No (a)	Sex	(b) Age	(c) Whether Working	(d) Occupation	(e) Net <u>Balance</u>
4-8	(1)	4	5	6	7	8
9-13	(2)	9	10	11	12	13
14-18	(3)	14	15	16	17	18
19-23	(4)	19	20	21	22	23
24-28	(5)	24	25	26	27	28
29-33	(6)	29	30	31	32	33
34-38	(7)	34	35	36	37 , ,	38
39-43	(8)	39	40	41	42	` 43
44-48	(9)	44	45	46	47	48
49-53	(10)	49	50	51	52	53
54~58	(11)	54	55	56	57	58
59-63	(12)	59	60	61	62	63
64-68	(13)	64	65	66	67	68
69-73	(14)	69	70	71	72	73

74

## Ownership of dwelling

- 1 Unfurnished, council
- 2 Unfurnished, other, rented
- 3 = Furnished, rented
- Rent free
- Owns outright

	- 1	6 = Owns wit	h mortgage	(		
	- 1	(f)		(b)	(d)	Net
	ļ	Visitor No	<u>Sex</u>	Age	Occupation	Balance
75-78	1	(1)	75	76	77	78
79-82	ĺ	(2)	79	80	81	82
83-86	ĺ	(3)	83	84	85	86
87-90	İ	(4)	87	88	89	90
91-94	i	(5)	91	92	93	94
95-98	i	(6)	95	96	97	98
99-102	į	(7)	99	100	101	102

2.

- Notes. (a) A person is anyone who spends at least four nights in the household during the week of Survey and also has at least one meal a day from the household food supply on at least four days, except that if he/she is the head of the household, the "cross-over" head of household or the housewife, he or she is regarded as a person, in all cases.
  - (b) If the age is not given, coded as 999
  - (c) Whether working:
    - (F) Full-time worker = 1 or, if pregnant, 6
    - (P) Part-time worker = 2 ", " " , 7
    - (N) Non-worker = 0 ", " " , 5
    - (U) Unemployed temporarily = 3", " " , 8
    - (SH) Sick temporarily = 4 ", " ", 9
  - (d) Occupation. A four-digit NFS code derived from the Registrar-General's coding of occupation. An additional (5th) digit has been assigned to the occupation-code to indicate the degree of activity for males between the ages of 18 and 64 years. Details are given in Appendix A.
  - (e) Net balance. A net balance is a mathematical expression of the number of meals consumed from the household supplies. A person having all his meals at home during the week (including packed meals provided by the housewife) is said to have a total net balance of 1.00; when meals are obtained from elsewhere deductions are made from this total to give a "net balance" of meals eaten at home by that person. The scale of deductions used for this purpose is as follows.

(per day)
Breakfast .03
Dinner .04
Tea .02) These weights are interchangeable
Supper .05) whichever meal is the larger; if
only one evening meal is taken,
the two weights are combined

(f) Visitor. A visitor is anyone who does not qualify as a person (see note (a) above) but has at least one meal from the household food supply during the week of Survey.

Question No on Schedule

103

Total persons. The total number of all persons (excluding visitors) in the household during the Survey week.

3.

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## Question No on Schedule

104

Total visitor lines. The total number of lines (starting with question Nos 75, 79, 83, 87, 91, 95 and 99) on which visitors (as defined in note (f) above) are recorded.

105

#### Cross over HOH

When this situation occurs (see 106) the line number of the cross over HOH from section L is entered (ie 4,9,14 etc).

106

Income group of the head of the household (or principal earner).

Income groups are based on the gross weekly income of the head of household, except that if the gross weekly income (earned or unearned) of the head of household is less than £125 and the household contains one or more earners, one at least of whom has a weekly income of £125 or more, the income group is then based on the gross weekly income of the principal earner. In the latter case question 105 indicates the principal earner (cross over head).

The income ranges are revised periodically and, in 1990, are:

## BMRB

Code

= £645 or more ) with one or (A1) = £475 but less than £645 ) more earners i 2 (A2) **-** £250 " \*\* 11 £475 13 ) in the (B) \*\* (C) = £125 " 11 14 £250 ) household 15 - Less than £125 (D) **£**125 or more i 6 (E1) ) with no earner (E2) = Less than £125 ) in the household 17 8 (OAP) = Pensioner households (ie households in which at least three-quarters of the total income is derived from N.I. retirement or similar pensions and/or supplementary pensions or allowances paid in supplementation or instead of such pensions). Such households will include at least one person over retirement age.

107

#### Number of earners in the household.

108

Occupation of the head of the household (or principal earner).

This is a four-digit NFS code derived from the Registrars-General's coding of occupations. Details are given in Appendix A.

109

Total weekly net family income in £'s to one decimal place. "Not known" is punched 9.

4.

#### A' continued

#### Ouestion No on schedule

110

Family income type, showing the exactness of the information regarding the composition of the family income.

- 1 = each person's income given to investigator as net, actual
- | 2 = each person's income given to investigator as net, estimated
- | 3 = each person's income given to investigator as gross, actual
- | 4 = each person's income given to investigator as gross, estimated
- [5 = mixed (ie. any combination of above)
- | 6 = mixed (ie, any combination of codes 1 to 4, plus one imputed)
- | 7 = one income only in the household imputed
- 8 = one or more earners temporarily sick or unemployed
- 9 = don't know (ie one or more incomes not given)

Gross weekly income of the head of household (or principal earner) 111

> Expressed in £'s to one decimal place when income has been shown on the schedule as gross, actual or estimated, or net, actual (converted to gross) Where income has been shown as net, estimated, or where it is not possible to impute an income, 9 is punched.

112 Head of household

> Question number on schedule (4, 9, 14 etc) denoting sex of person who is "head of household" and therefore identifying personal details of that person.

113 Housewife

> Question number on schedule (4, 9, 14 etc) denoting sex of person who is the housewife and therefore identifying personal details of the housewife.

114 Not used.

115 Income Support

1 = household in receipt of Income Support

Computer code:

Family Credit 116

1 = household in receipt of Family Credit

F.C. 2 3 Both

I.S. only

Neither

117 Not used

Employment status of head of household

- head of household unemployed at time of Survey
- 2 = otherwise.

5.

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#### B. HOUSEHOLD AND PERSONAL DETAILS

#### GENERATED IN THE COMPUTER

#### 1. Household composition code

- 1. 1 adult only
- 2. 1 adult, 1 or more children
- 3. 2 adults only
- 4. 2 adults, 1 child
- 5. 2 adults, 2 children
- 6. 2 adults, 3 children
- 7. 2 adults, 4 or more children
- 8. 3 adults only
- 9. 4 or more adults only
- 10. 3 or more adults, 1 or 2 children
- 11. 3 or more adults, 3 or more children
- 12. (8 + 9), 3 or more adults
- 13. (6 + 7 + 11), 2 or more adults, 3 or more children

Note: Young couples, where one or both are under 18 years, but not under 16 (against questions 112 and 113 on the schedule), will be treated as if they were both adults.

#### 2. Registrars-General's social class

#### NFS Code

- 1 = Armed Forces, retired or not gainfully occupied, or no information
- 2 = I = Professional, etc, occupations
- 3 = II = Intermediate occupations
- 4 = III = Skilled occupations
- 5 = IV = Partly skilled occupations
- 6 = V = Unskilled occupations

The Registrars-General's social classes are defined in terms of occupation of the head of the household as shown in Appendix A.

6.

#### 3. Registrars-General's socio-economic group

This is based on the occupation of the head of the household or in certain cases (see question 106 above) that of the principal earner.

#### NFS Code

- 1 = Retired or not gainfully employed
- 2 = (1), (2), (12) Employers, managers and own-account workers (other than professional non-agricultural)
- 3 = (3) Professional workers, self-employed
- 4 = (4) " , employees
- 5 = (5) Intermediate non-manual workers
- 6 = (6) Junior non-manual workers
- 7 (7) Personal service workers
- 8 (8) Foreman and supervisors, manual
- 9 = (9) Skilled manual workers
- 10 = (10) Semi-skilled manual workers
- 11 = (11) Unskilled manual workers
- = (13),(14) Farmers, whether or not employing non-family labour
- 13 = (15) Agricultural workers
- = (16) Members of armed forces
- = (17) Occupation inadequately described/no information

The relationship between the Registrars-General's socio-economic groups and the occupation of the head of the household (or principal earner) is shown in Appendix A.

#### 4. Age of housewife

- 1 = aged under 25 years
  - 2 = " 25 to 34 years
- 3 = " 35 to 44 years
- 4 = " 45 to 54 years
- 5 = " 55 to 64 years
- 6 = " 65 to 74 years
- 7 = " 75 years and over
- 8 = age not known

#### 5. Age of head of household

- 1 = aged under 25 years
- 2 = " 25 to 34 years
- 3 = " 35 to 44 years
- 4 = " 45 to 54 years
- 5 = " 55 to 64 years 6 = " 65 to 74 years
- 6 = " 65 to 74 years 7 = " 75 years and over
- 8 = age not known

## 6. Socio-economic groupings ("Professional" or "non-professional" indicator)

- 1 = Registrars-General's social classes I and II ("Professional")
- 2 = " " " III, IV or V

("non-professional")

7.

7. Grouping of households for income elasticity calculations\*

```
*Code is only
 1 = 1 adult aged under 55 years
 2 = 1 adult aged 55 years and over
                                                           allocated to
3 = 2 adults, housewife aged under 55 years
                                                           households declaring
 4 = 2 adults, housewife aged 55 years and over
                                                           a net family income;
                                                           other households are
 5 = 2 adults and 1 child
                                                           given code zero.
 6 = 2 adults and 2 children
7 = 2 adults and 3 children
8 = 2 adults and 4 children
9 = 3 \text{ adults}
10 = 4 adults
```

- 8. Persons in household with a declared family income
- 9. Number of pregnant women

11 = 3 adults and 1 child
12 = 4 adults and 1 child

10. Month (NFS)

Numbered from 1 to 12

- 11. Cross-over head of household (see Section A, question 105)
- 12. Number of.

```
OAPs
adult males
adult females
children aged 16-17
           11
   11
                12-15
   11
           "
                 8-11
   11
           11
                 5-7
   11
           11
                 1-4
Infants
```

13. Household composition x income groups

14. Household composition x income groups

```
In full (including combinations of groups)

Household composition (11 groups - see 1 above) ) 110 groups
Income groups (10 groups - see Section A, 106) )
```

```
15.
      Type of area x income groups
           In full (including combinations of groups)
                          (6 groups - see Section A, D on page 1)) 72 groups
           Type of area
           Income groups (12 groups - see Section A, 106)
      Type of area x household composition
16.
           In full (including combinations of groups)
           Type of area (6 groups - see Section A, D on page 1)) 72 groups
           Household composition (12 groups - see 1 above)
17.
      Type of area x region
           (including combinations of groups)
                          (6 groups* - see Section A, D on page 1))
           Type of area
           Region
                          (11 groups - see Section A, 3)
           *London analysed only for 1) South East
2) East Anglia
      Employment status of head of household (HOH) x household composition
18.
           Adults only
                                                                    )
                                                                    )
           l adult + children
           2 adults + 1 child
           2 adults + 2 children
                                                                    )
                                                                       16 groups
           2 adults + 3 children
           2 adults + 4 or more children)
                                                                    )
                                                                    )
           2 adults + children
           3 or more adults + children
           Employment status (2 groups - see Section A, 118)
19.
      Employment status of HOH x regions
           Scotland
           Wales
           England
           North
           Yorkshire and Humberside
           North West
           East Midlands
                                                                       20 groups
           West Midlands
                                                                    )
           South West
           South East/East Anglia (combined)
           Employment status (2 groups - see Section A, 118)
```

9.

20. Employment status of HOH x sample class

```
Sample class (7 groups - see Section A, page 1) ) 14 groups
Employment status (2 groups - see Section A, 118) )
```

21. Employment status of HOH x income groups

- 22. (a) Total expenditure for previous week
  - (b) " family income
  - (c) Occupation head of household
  - (d) Income of head of household
  - (e) Expenditure during week
  - (f) "Quantity free" indicator
  - (g) Total net balance (see section A, questions 8, 13, 18 etc)
  - (h) Nutrient codes for each person and visitor

    (This nutrient code is based on the sex and/or age of the individual and, in the case of male adults (aged 18-64), the degree of activity entailed in their occupation (see note (d), page 3); used for classifying persons according to their nutrient requirements).

#### NFS Code

1 = Infant (age under 1 year) 2 = Children, 1 year	[Note:	On the tabulations, nutrient codes 1 to 12
		are further sub-divided
3 = " , 2 years		
4 = " , 3-4 years		so that details are
5 = " , 5-6 years		given for each year
6 = " , 7-8 years		of age].
7 = Males, 9, 10 and 11 years		

- 23. (i) NFS code (cont'd)
  - 8 = Males, 12, 13 and 14 years
  - 9 = " , 15, 16 and 17 years
  - 10 = Females, 9, 10 and 11 years
  - 11 = " , 12, 13 and 14 years
  - 12 = " , 15, 16 and 17 years
  - 13 = Males, 18-34 years incl, sedentary
  - 14 = " , " " moderately active
  - 15 = " , " " , very active
  - 16 = ", 35-64"", sedentary
  - 17 = " , " " , moderately active ,
  - 18 = ", "", very active
  - 19 = " , 65-74 incl.
  - 20 = ", 75 years and over
  - 21 = Females, 18-54 years incl., (except pregnant)
  - 22 = " , " " , pregnant
  - 23 = " , 55-59 "
  - 24 = 11, 60-74
  - 25 = " , 75 years and over

11.

### C. PURCHASE DETAILS TAKEN FROM LOG-BOOKS

Day of Survey/day of week. A two digit code preceded by a minus sign: the first digit indicates the day of record keeping (eg first day of log will be 1) and the second digit indicates the day of the calendar week (eg Monday = 1, Sunday = 7).

Each item in the log-book is punched in the sequence

(a) pence

- (b) food code number
- (c) quantity and
- (d) purchase/free code

#### Food codes

The food codes are listed in Appendix C to this note.

#### Quantity

Quantities are expressed in ounces, avoirdupois, with the following exceptions:-

- (1) Fluid ounces. coffee essences, vegetable juices, fruit juices, vegetable and salad oils, ice-cream, mineral water, soft drinks.
- (ii) Tenths of pints: Milk and cream (powdered and condensed, as liquid equivalents). One-third pint of free school milk is coded as 0.3 pt, two-thirds of a pint as 0.6 pt, and so on, the coded amounts being increased by 10 per cent within the computer,
- (iii) Units: Eggs.

#### Purchase/Free Code

This coding indicates whether the item was purchased or obtained free or at a reduced price:

- Ordinary purchase (eg items obtained from friends and other non-retail sources for which a price - usually reduced - is paid, are coded 1).
- 2 Free (eg from own garden, allotment; welfare foods).
- 3 Free from employer.
- 4 Free from own business, farm, market garden, etc.
- 5 = Reduced price food from employer.
- 6 = Free gifts (these must be home-produced).
- 7 = Withdrawn from stock (must be home-produced and consumed during the Survey week).
- 8 = Free gifts from shops or manufacturers as part of advertisement or sales promotion campaign.

## Purchase/Free Code (cont'd)

9 = (a) Welfare milk where a recipient has a free entitlement (to ordinary grades), but elects to pay a quality premium (NFS 546).

Note: Codes 1, 5 and 9 are purchases, except for free welfare milk where code 9 merely records the quantity for which a premium was paid, together with the amount of premium.

13.

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