



Yourself to Science

by Mario Marcolongo

Building the world's simplest way for anyone to contribute to science — starting now.

Date: February 28, 2026

URL: <https://yourselftoscience.org>

DOI: 10.5281/zenodo.15110328

Contribute to Research

A comprehensive open-source catalogue for contributing your biological and digital self to scientific research. Browse opportunities to share your data, genome, biological samples, and more.

Enter your email to subscribe...

Subscribe

BIOLOGICAL SAMPLES

HEALTH & DIGITAL DATA

COMMERCIAL



23andMe Research Participation

23andMe Holding Co. • Based in United States

Requires being a customer

Contribute to scientific research aimed at making and supporting meaningful scientific discoveries using your genetic and self-reported data.

AVAILABLE IN

Worldwide

Genome

Health data

Microbiome

Instructions



BIOLOGICAL SAMPLES

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT



AATB Accredited Bank Search

American Association of Tissue Banks (AATB) • Based in United States

A search tool to find AATB-accredited tissue banks in the United States, covering various types of tissue, organ, and birth tissue donation.

AVAILABLE IN

United States

Tissue

Body

Organ

Placenta

Eggs

Sperm

Embryos

Contribute



HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



All of Us

■ National Institutes of Health (NIH) • Based in United States

A research program from the NIH to gather health data from one million or more people living in the US.

AVAILABLE IN



Genome

Health data

[Contribute ↗](#)

HEALTH & DIGITAL DATA

COMMERCIAL



Altruist Database (Sequencing.com)

■ Sequencing.com • Based in United States

A free database of anonymous genotypic, phenotypic and interpretation data that allows public searching and analysis. Researchers can request to contact individuals holding specific traits for additional paid studies and opportunities.

AVAILABLE IN

Worldwide

Genome

[Instructions](#)**Ref(s): [1] [2]**

HEALTH & DIGITAL DATA

COMMERCIAL



Ancestry Human Diversity Project

■ Ancestry.com Inc. • Based in United States

ⓘ Requires being a customer

Participate in research to help understand human history, health, and genetics by sharing your DNA data and survey responses.

AVAILABLE IN

Worldwide

Genome

Health data

Instructions



HEALTH & DIGITAL DATA

COMMERCIAL



Apple Research

■ Apple • Based in United States

Participate in health studies using your iPhone and Apple Watch.

AVAILABLE IN

United States

Health data

Contribute



ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT



Body & Tissues Donation

Ministero della Salute • Based in Italy

AVAILABLE IN



Body

Tissue

[Contribute ↗](#)

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT



Body Donation

Faculty of Medicine at the University of British Columbia • Based in Canada

The UBC Body Donation Program accepts donations for anatomical study and medical research.

AVAILABLE IN



Body

[Contribute ↗](#)

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT



Body Donation; Tissue Donation

- Department of Anatomy, University of Cambridge, Cambridge Biomedical Research Centre
• Based in United Kingdom

Information on donating your body to medical science at the University of Cambridge.

AVAILABLE IN

United Kingdom

Body

Tissue

[Contribute ↗](#)

CLINICAL TRIALS

COMMERCIAL



Clinical Trial Discovery

- Esperity • Based in Belgium

A patient-centric platform for finding and participating in clinical trials.

AVAILABLE IN

Worldwide

Clinical trials

[Contribute ↗](#)

Ref(s): [3] [4] [5] [6] [7]

CLINICAL TRIALS

PUBLIC & NON-PROFIT



ClinicalTrials.gov

United States National Library of Medicine (NLM) • Based in United States

A comprehensive registry and results database of publicly and privately supported clinical studies conducted around the world. Managed by the U.S. National Library of Medicine.

AVAILABLE IN

Worldwide

Clinical trials

[Contribute ↗](#)

CLINICAL TRIALS

PUBLIC & NON-PROFIT



Cochrane Central Register of Controlled Trials (CENTRAL)

Cochrane • Based in United Kingdom

A highly concentrated source of reports of randomized and quasi-randomized controlled trials from various databases and other sources. Access requires a subscription to the Cochrane Library.

AVAILABLE IN

Worldwide

Clinical trials

[Contribute ↗](#)

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



Conversational AI Data Donation

Max Planck Institute for Software Systems • Based in Germany

Donate your chat history from assistants like ChatGPT, Gemini, and Claude to help researchers understand human-AI interaction patterns.

AVAILABLE IN

Worldwide

Conversational AI data

[Contribute ↗](#)

CLINICAL TRIALS

PUBLIC & NON-PROFIT



CRC ed i Volontari per la Ricerca Clinica

Centro Ricerche Cliniche di Verona • Based in Italy

A center in Verona, Italy, conducting clinical trials for healthy volunteers and patients. Volunteers can register to participate in various studies.

AVAILABLE IN

Italy

Clinical trials

[Contribute ↗](#)

CLINICAL TRIALS

COMMERCIAL



Curewiki

■ Curewiki • Based in Belgium

A platform connecting patients with clinical trials for various conditions.

AVAILABLE IN

European Union

Iceland

Liechtenstein

Norway

Clinical trials

[Contribute ↗](#)

Ref(s): [8]

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT



Donate Blood for Research

■ Bloodworks Northwest • Based in United States

Bloodworks Northwest's research program accepts blood donations to support a variety of studies, from developing new treatments to understanding blood-related diseases. This service is available in the Pacific Northwest.

AVAILABLE IN

United States

Blood

Plasma

Stem cells

[Contribute ↗](#)

Ref(s): [9]

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT



Donate the Body to Science

Service-Public.fr • Based in France

Official information on body donation for science and medical research in France.

AVAILABLE IN

France

Body

[Contribute ↗](#)

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



Donate Your Cover Letter to Research

Eurac Research • Based in Italy

A data donation campaign focused on collecting cover letters for doctoral research to understand the impact of writing styles in a multilingual professional context.

AVAILABLE IN

Worldwide

Cover letters

[Contribute ↗](#)

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



Donate Your Data for Health

Penn Medicine • Based in United States

Share your digital data to help Penn Medicine researchers understand health.

AVAILABLE IN



Health data

Wearable data

Social media data

Search history

[Contribute ↗](#)

Ref(s): [10] [11]

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT



Eggs, Sperm and Embryos Donation to Research

Human Fertilisation and Embryology Authority • Based in United Kingdom

Information on donating eggs, sperm, and embryos for research in the UK.

AVAILABLE IN



Eggs

Embryos

Sperm

[Contribute ↗](#)

CLINICAL TRIALS

PUBLIC & NON-PROFIT



EU Clinical Trials Register

European Medicines Agency (EMA) • Based in European Union

The European Union's official database for clinical trials conducted in the EU and EEA.

AVAILABLE IN

[European Union](#)[Iceland](#)[Liechtenstein](#)[Norway](#)[Clinical trials](#)[Contribute ↗](#)

CLINICAL TRIALS

COMMERCIAL



European Clinical Trials Information Network

Clinical Trials Information Network (CTIN Poland) • Based in Poland

A clinical trials information network providing access to studies in Poland and Europe.

AVAILABLE IN

[European Union](#)[Clinical trials](#)[Contribute ↗](#)**Ref(s):** [\[12\]](#) [\[13\]](#)

HEALTH & DIGITAL DATA

COMMERCIAL



FamilyTreeDNA Group Projects

FamilyTreeDNA • Based in United States

Join thousands of collaborative genealogy projects based on surname, geography, or haplogroup to support citizen science and migration pattern discovery.

AVAILABLE IN

Worldwide

Genome

[Contribute ↗](#)

CLINICAL TRIALS

COMMERCIAL



FluCamp

hVIVO • Based in United Kingdom

Conducts clinical trials for flu and common cold viruses in London and Manchester, compensating volunteers for their time.

AVAILABLE IN

United Kingdom

Clinical trials

[Contribute ↗](#)**Ref(s): [14]**

HEALTH & DIGITAL DATA

COMMERCIAL



GEDmatch

Verogen Inc. • Based in United States

A public genealogy database that allows users to opt-in to share their data for research purposes.

AVAILABLE IN

Worldwide

Genome

Instructions



HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



Genes for Good

University of Michigan • Based in United States

A research study run through a Facebook App that connects health, behavior, and genetics. Participants complete surveys and may become eligible to provide a saliva sample for DNA analysis.

AVAILABLE IN

United States

Genome

Health data

Contribute ↗



HEALTH & DIGITAL DATA

COMMERCIAL



Genomes.io

■ Genomes.io • Based in United Kingdom

A DNA data bank and personal DNA data platform that allows users to control and monetize their genomic data using blockchain technology.

AVAILABLE IN



Genome

[Contribute ↗](#)

Ref(s): [15] [16] [17]

CLINICAL TRIALS

PUBLIC & NON-PROFIT



German Clinical Trials Register (DRKS)

■ Federal Institute for Drugs and Medical Devices (BfArM) • Based in Germany

The primary register for clinical trials conducted in Germany, providing public access to study information.

AVAILABLE IN



Clinical trials

[Contribute ↗](#)

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT



GIMM Biobank

■ Gulbenkian Institute for Molecular Medicine (GIMM) • Based in Portugal

A biobank collecting biological samples (primarily blood) from diverse populations to support biomedical research and precision medicine.

AVAILABLE IN

Portugal

Blood

[Contribute ↗](#)

BIOLOGICAL SAMPLES

COMMERCIAL



GoodNature Program

■ Nestlé Health Science U.S. • Based in United States

A stool donation program supporting research into microbiome-based therapeutics.

AVAILABLE IN

United States

Stool

[Contribute ↗](#)

HEALTH & DIGITAL DATA

COMMERCIAL



Google Health Studies

Google • Based in United States

A platform that lets you contribute to health research using the Google Health Studies app.

AVAILABLE IN

Worldwide

Health data

Contribute ↗



HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



Harvard Personal Genome Project

Harvard Medical School • Based in United States

An open science project by Harvard Medical School where participants publicly share their genetic, health, and trait data to drive biological research.

AVAILABLE IN

United States

Genome

Health data

Contribute ↗



CLINICAL TRIALS

PUBLIC & NON-PROFIT



Health Canada's Clinical Trials Database

Health Canada • Based in Canada

A listing of specific information relating to phase I, II, and III clinical trials in patients authorized by Health Canada.

AVAILABLE IN

Canada

Clinical trials

[Contribute ↗](#)

HEALTH & DIGITAL DATA

COMMERCIAL



Health research and product development

Fitbit • Based in United States

Requires being a customer

Share your Fitbit data to help improve health research and product development.

AVAILABLE IN

Worldwide

Wearable data

[Instructions](#)

CLINICAL TRIALS

PUBLIC & NON-PROFIT



HealthStreet

University of Florida Health • Based in United States

Connects community members in Florida with health research opportunities at the University of Florida.

AVAILABLE IN

United States

Clinical trials

[Contribute ↗](#)

HEALTH & DIGITAL DATA

COMMERCIAL



hEDS & Dysautonomia Study (Sequencing.com)

Sequencing.com, Medical University of South Carolina • Based in United States

Requires being a customer

Participate in a genetic study for hypermobile Ehlers-Danlos Syndrome (hEDS) and Dysautonomia in collaboration with the Norris Lab at the Medical University of South Carolina.

AVAILABLE IN

Worldwide

Genome

[Instructions](#)

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT



Human Hair Decomposition

■ Department of Human Biology, University of Wrocław • Based in Poland

Research on human hair decomposition at the University of Wrocław.

AVAILABLE IN

Poland

Hair

[Contribute ↗](#)

Ref(s): [18] [19]

CLINICAL TRIALS

PUBLIC & NON-PROFIT



International Clinical Trials Registry Platform (ICTRP)

■ World Health Organization (WHO) • Based in Switzerland

A central database managed by the WHO to search for clinical trials from registries around the world.

AVAILABLE IN

Worldwide

Clinical trials

[Contribute ↗](#)

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT



Microbiome donation

Australian Red Cross Lifeblood • Based in Australia

Australian Red Cross Lifeblood's microbiome research program.

AVAILABLE IN



Stool

[Contribute ↗](#)

HEALTH & DIGITAL DATA

COMMERCIAL



MyHeritage DNA Research Project

MyHeritage Ltd • Based in Israel

Requires being a customer

Participate in research to help understand human genetics, genealogy, and anthropology by sharing your DNA results and survey responses.

AVAILABLE IN



Genome

Health data

[Instructions](#)

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



MyPHD

Stanford University • Based in United States

A platform for collecting health data from wearables to detect early signs of infectious diseases.

AVAILABLE IN



Health data

Wearable data

[Contribute ↗](#)

Ref(s): [20]

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



Open Humans

Open Humans Foundation • Based in United States

A platform for participant-centered research and personal data exploration.

AVAILABLE IN



Genome

Health data

Wearable data

Search history

Location history

[Contribute ↗](#)

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT



OrganDonor.gov

U.S. Department of Health & Human Services • Based in United States

The official U.S. government website for organ, eye, and tissue donation. Provides information and links to state registries to sign up as a donor.

AVAILABLE IN

United States

Organ

Tissue

[Contribute ↗](#)

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT



Placenta Donation

Wesley Research Institute • Based in Australia

Placenta donation program at Wesley Research Institute.

AVAILABLE IN

Australia

Placenta

[Contribute ↗](#)

BIOLOGICAL SAMPLES

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT



PURA Biobank

Helmholtz Munich • Based in Germany

Collects biological samples from patients with PURA syndrome, other neurological disorders, and healthy controls to support research.

AVAILABLE IN



Blood

Tissue

[Contribute ↗](#)

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



Research Summaries

NHS Health Research Authority • Based in United Kingdom

Plain-language summaries of research studies approved by the NHS Health Research Authority.

AVAILABLE IN



Health data

[Contribute ↗](#)

CLINICAL TRIALS

PUBLIC & NON-PROFIT



ResearchMatch

Vanderbilt University Medical Center • Based in United States

A nonprofit program funded by the National Institutes of Health (NIH) that connects people interested in research studies with researchers from top medical centers across the U.S.

AVAILABLE IN

United States

Clinical trials

[Contribute ↗](#)

CLINICAL TRIALS

PUBLIC & NON-PROFIT



Rete Cittadini per la Ricerca

San Camillo IRCCS • Based in Italy

A network for citizens to participate in scientific research at San Camillo IRCCS, contributing to medical progress and new therapies.

AVAILABLE IN

Italy

Clinical trials

[Contribute ↗](#)

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



SPARK for Autism

Simons Foundation • Based in United States

A landmark autism research project connecting autistic individuals and their families to research.

AVAILABLE IN

United States

Genome

Health data

[Contribute ↗](#)

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT



Stool Donation

Wesley Research Institute • Based in Australia

Stool donation program at Wesley Research Institute.

AVAILABLE IN

Australia

Stool

[Contribute ↗](#)

HEALTH & DIGITAL DATA

COMMERCIAL



tellmeGen Research

GENELINK, S.L. (tellmeGen) • Based in Spain

Requires being a customer

Contribute to research by sharing your genetic data and answering surveys about your health, traits, and wellness.

AVAILABLE IN

Worldwide

Genome

Health data

Instructions



HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT



UCSF Archives and Special Collections social media archive

UCSF Library Archives • Based in United States

Donate your social media archives to the UCSF Library for research.

AVAILABLE IN

Worldwide

Social media data

Contribute



References

1. Contacting Individual Altruists | Sequencing.com Knowledge Center
2. Additional Offers & Altruism Rewards | Sequencing.com Knowledge Center

3. De Corte, W., Delrue, H., Vanfleteren, L. J. J., Dutré, P. E. M., Pottel, H., Devriendt, D. K. J. C., ... & Desmet, M. B. (2012). Randomized clinical trial on the influence of anaesthesia protocol on intestinal motility during laparoscopic surgery requiring small bowel anastomosis. *Journal of British Surgery*, 99(11), 1524-1529.
4. Desmet, M., Braems, H., Reynvoet, M., Plasschaert, S., Van Cauwelaert, J., Pottel, H., ... & Van de Velde, M. (2013). IV and perineural dexamethasone are equivalent in increasing the analgesic duration of a single-shot interscalene block with ropivacaine for shoulder surgery: a prospective, randomized, placebo-controlled study. *British journal of anaesthesia*, 111(3), 445-452.
5. Jacobs, H., Bockaert, M., Bonte, J., D'Haese, M., Degrande, J., Descamps, L., ... & De Bacquer, D. (2020). The impact of a group-based multidisciplinary rehabilitation program on the quality of life in patients with fibromyalgia: results from the QUALIFIBRO study. *JCR: Journal of Clinical Rheumatology*, 26(8), 313-319.
6. Terryn, S., De Medts, J., & Delsupehe, K. (2015). Comparative effectiveness of the different treatment modalities for snoring. *Otolaryngology—Head and Neck Surgery*, 153(3), 468-475.
7. Calus, L., Van Bruaene, N., Bosteels, C., Dejonckheere, S., Van Zele, T., Holtappels, G., ... & Gevaert, P. (2019). Twelve-year follow-up study after endoscopic sinus surgery in patients with chronic rhinosinusitis with nasal polyposis. *Clinical and translational allergy*, 9(1), 30.
8. van der Laan, P., van Houdt, W. J., van Boven, H., Snaebjornsson, P., Bosch, L. J. W., Monkhorst, K., ... & van der Graaf, W. T. A. (2025). The role of whole-genome sequencing for guiding systemic therapy in patients with soft tissue sarcoma. *ESMO open*, 10(6), 105287.
9. Miller, M. J., Skrzekut, A., Kracalik, I., Jones, J. M., Lofy, K. H., Konkle, B. A., ... & Paranjape, S. (2021). How do I... facilitate a rapid response to a public health emergency requiring plasma collection with a public–private partnership?. *Transfusion*, 61(10), 2814-2824.
10. J.C. Eichstaedt, R.J. Smith, R.M. Merchant, L.H. Ungar, P. Crutchley, D. Preoțiu-Pietro, D.A. Asch, & H.A. Schwartz, Facebook language predicts depression in medical records, *Proc. Natl. Acad. Sci. U.S.A.* 115 (44) 11203-11208, (2018).
11. Grande D, Mitra N, Marti XL, et al. Consumer Views on Using Digital Data for COVID-19 Control in the United States. *JAMA Netw Open*. 2021;4(5):e2110918
12. Figueira-Gonçalves, J. M., Callejas-González, F. J., Golpe, R., Máiz-Carro, L., Marín-Oto, M., de Miguel-Díez, J., ... & Hurtado-Fuentes, Á. (2025). Current Evidence on the Usefulness of Potential Therapies in the Prevention of COPD Exacerbations: Beyond the Use of Bronchodilator Therapy and Inhaled Corticosteroids. *Open Respiratory Archives*, 7(2), 100438.
13. Pranaitytė, G., Grybaitė, B., Endriulaityte, U., Mickevičius, V., & Petrikaitė, V. (2025). Exploration of 1-(2, 4-difluorophenyl)-5-oxopyrrolidine-3-carboxylic acid derivatives effect on triple-negative breast, prostate cancer and melanoma cell 2D and 3D cultures. *Scientific Reports*, 15(1), 1-16.
14. Kelly, G., Laxton, C., Garelnabi, M., Alton, B., Addan, F., Catchpole, A., ... & Murray, E. J. (2015). Use of qualitative integrative cycler PCR (qicPCR) to identify optimal therapeutic dosing time-points in a Respiratory Syncytial Virus Human Viral Challenge Model (hVCM). *Journal of virological methods*, 224, 83-90.

15. Carvalho, A., Merhout, J. W., Kadiyala, Y., & Bentley II, J. (2021). When good blocks go bad: Managing unwanted blockchain data. *International Journal of Information Management*, 57, 102263.
16. Kabra, S., Sharma, S., & Sachdeva, M. (2025). Blockchain: A new frontier in secure patient data management. *Blockchain-Enabled Solutions for the Pharmaceutical Industry*, 319-334.
17. Wang, R., Ye, F., Tang, S., Zhang, H., He, J., Zhang, X., & Xu, C. (2025). Blockchain Technology for Big-data Sharing in Material Genome Engineering. *Scientific Data*, 12(1), 1813.
18. Palacz, K., Cholewa, M., Bonar, M., Krzyżanowska, M., & Kadej, M. (2023). The rate and quality of post-mortem hair root changes in relation to melanin content. *Forensic Science International*, 350, 111784.
19. University of Wrocław. (2023, November 9). Donate your hair for science.
20. Shandhi, M.M.H., Cho, P.J., Roghanizad, A.R. et al. A method for intelligent allocation of diagnostic testing by leveraging data from commercial wearable devices: a case study on COVID-19. *npj Digit. Med.* 5, 130 (2022)
21. Greshake Tzovaras, B., Angrist, M., Arvai, K., Dulaney, M., Estrada-Galiñanes, V., Gunderson, B., ... & Price Ball, M. (2019). Open Humans: A platform for participant-centered research and personal data exploration. *GigaScience*, 8(6), giz076.

Subscribe

How to Cite This Page

APA:

Marcolongo, M. (2026). *Yourself to Science™: A comprehensive open-source catalogue for contributing your biological and digital self to scientific research*. Yourself to Science™. <https://yourselftoscience.org>.
<https://doi.org/10.5281/zenodo.15110328>

MLA:

Marcolongo, Mario. "Yourself to Science™: A comprehensive open-source catalogue for contributing your biological and digital self to scientific research" *Yourself to Science™*, 2026, <https://yourselftoscience.org>,
<https://doi.org/10.5281/zenodo.15110328>.

Chicago:

Marcolongo, Mario. 2026. "Yourself to Science™: A comprehensive open-source catalogue for contributing your biological and digital self to scientific research" *Yourself to Science™*. Accessed February 28, 2026.
<https://yourselftoscience.org>. <https://doi.org/10.5281/zenodo.15110328>.

BibTeX:

```
@misc{Marcolongo_2026_YourselfToScience,
  author = {Marcolongo, Mario},
  title = {Yourself to Science™: A comprehensive open-source catalogue for contributing your
biological and digital self to scientific research},
  year = {2026},
  publisher = {Yourself to Science™},
  journal = {yourselftoscience.org},
  howpublished = {\url{https://yourselftoscience.org}},
  doi = {10.5281/zenodo.15110328}
}
```

RIS (for Zotero/EndNote):

TY - GEN
AU - Marcolongo, Mario
PY - 2026
TI - Yourself to Science™: A comprehensive open-source catalogue for contributing your biological
and digital self to scientific research
UR - <https://yourselftoscience.org>
PB - Yourself to Science™
DO - 10.5281/zenodo.15110328
ER -