

# Yourself to Science

by Mario Marcolongo

Building the world's simplest way for anyone to contribute to science — starting now.

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**URL:** <https://yourselftoscience.org>

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## Contribute to Research

A comprehensive open-source catalogue for contributing your biological and digital self to scientific research. Browse opportunities to share your data, genome, biological samples, and more.

BIOLOGICAL SAMPLES

HEALTH &amp; DIGITAL DATA

COMMERCIAL



## 23andMe Research Participation

🏢 23andMe Holding Co. • Based in United States

ⓘ Requires being a customer

Contribute to scientific research aimed at making and supporting meaningful scientific discoveries using your genetic and self-reported data.

AVAILABLE IN

Worldwide

Genome

Health data

Microbiome

Instructions



BIOLOGICAL SAMPLES

ORGAN, BODY &amp; TISSUE DONATION

PUBLIC &amp; NON-PROFIT



## AATB Accredited Bank Search

🏢 American Association of Tissue Banks (AATB) • Based in United States

A search tool to find AATB-accredited tissue banks in the United States, covering various types of tissue, organ, and birth tissue donation.

AVAILABLE IN

United States

Tissue

Body

Organ

Placenta

Eggs

Sperm

Embryos

Contribute




HEALTH &amp; DIGITAL DATA

PUBLIC &amp; NON-PROFIT



## All of Us

 National Institutes of Health (NIH) • Based in United States

A research program from the NIH to gather health data from one million or more people living in the US.

AVAILABLE IN

 United States

Genome

Health data

[Contribute](#) 

HEALTH &amp; DIGITAL DATA

COMMERCIAL



## Altruist Database (Sequencing.com)

 Sequencing.com • Based in United States

A free database of anonymous genotypic, phenotypic and interpretation data that allows public searching and analysis. Researchers can request to contact individuals holding specific traits for additional paid studies and opportunities.

AVAILABLE IN

Worldwide

Genome

[Instructions](#)Ref(s): [\[1\]](#) [\[2\]](#)

HEALTH &amp; DIGITAL DATA

COMMERCIAL



## Ancestry Human Diversity Project

Ancestry.com Inc. • Based in United States

Requires being a customer

Participate in research to help understand human history, health, and genetics by sharing your DNA data and survey responses.

AVAILABLE IN

Worldwide

Genome

Health data

Instructions



HEALTH &amp; DIGITAL DATA

COMMERCIAL



## Apple Research

Apple • Based in United States

Participate in health studies using your iPhone and Apple Watch.

AVAILABLE IN

United States

Health data

Contribute



ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT

## Body & Tissues Donation

Ministero della Salute • Based in Italy

Official guidelines for donating body and tissues for study, training, and scientific research in Italy.

AVAILABLE IN

Italy

Body

Tissue

Contribute

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT

## Body Donation

Faculty of Medicine at the University of British Columbia • Based in Canada

The UBC Body Donation Program accepts donations for anatomical study and medical research.

AVAILABLE IN

Canada

Body

Contribute

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT

## Body Donation; Tissue Donation

Department of Anatomy, University of Cambridge, Cambridge Biomedical Research Centre

• Based in United Kingdom

Information on donating your body to medical science at the University of Cambridge.

AVAILABLE IN

United Kingdom

Body

Tissue

Contribute

CLINICAL TRIALS

COMMERCIAL

## Clinical Trial Discovery

Esperity • Based in Belgium

A patient-centric platform for finding and participating in clinical trials.

AVAILABLE IN

Worldwide

Clinical trials

Contribute

Ref(s): [\[3\]](#) [\[4\]](#) [\[5\]](#) [\[6\]](#) [\[7\]](#)

CLINICAL TRIALS

PUBLIC &amp; NON-PROFIT



## ClinicalTrials.gov

 United States National Library of Medicine (NLM) • Based in United States

A comprehensive registry and results database of publicly and privately supported clinical studies conducted around the world. Managed by the U.S. National Library of Medicine.

AVAILABLE IN

 Worldwide

Clinical trials


[Contribute](#) 

CLINICAL TRIALS

PUBLIC &amp; NON-PROFIT



## Cochrane Central Register of Controlled Trials (CENTRAL)

 Cochrane • Based in United Kingdom

A highly concentrated source of reports of randomized and quasi-randomized controlled trials from various databases and other sources. Access requires a subscription to the Cochrane Library.

AVAILABLE IN

 Worldwide

Clinical trials

[Contribute](#) 

HEALTH &amp; DIGITAL DATA

PUBLIC &amp; NON-PROFIT



## Conversational AI Data Donation

🏢 Max Planck Institute for Software Systems • Based in Germany

Donate your chat history from assistants like ChatGPT, Gemini, and Claude to help researchers understand human-AI interaction patterns.

AVAILABLE IN

Worldwide

Conversational AI data

[Contribute](#) 

CLINICAL TRIALS

PUBLIC &amp; NON-PROFIT



## CRC ed i Volontari per la Ricerca Clinica

🏢 Centro Ricerche Cliniche di Verona • Based in Italy

A center in Verona, Italy, conducting clinical trials for healthy volunteers and patients. Volunteers can register to participate in various studies.

AVAILABLE IN

Italy

Clinical trials

[Contribute](#) 



CLINICAL TRIALS

COMMERCIAL



## Curewiki

 Curewiki • Based in Belgium

A platform connecting patients with clinical trials for various conditions.

AVAILABLE IN

 European Union Iceland Liechtenstein Norway

Clinical trials

[Contribute](#) 


Ref(s): [8]

BIOLOGICAL SAMPLES

PUBLIC &amp; NON-PROFIT



## Donate Blood for Research

 Bloodworks Northwest • Based in United States

Bloodworks Northwest's research program accepts blood donations to support a variety of studies, from developing new treatments to understanding blood-related diseases. This service is available in the Pacific Northwest.

AVAILABLE IN

 United States

Blood

Plasma

Stem cells

[Contribute](#) 

Ref(s): [9]

ORGAN, BODY &amp; TISSUE DONATION

PUBLIC &amp; NON-PROFIT



## Donate the Body to Science

Service-Public.fr • Based in France

Official information on body donation for science and medical research in France.

AVAILABLE IN

France

Body

[Contribute](#) 

HEALTH &amp; DIGITAL DATA

PUBLIC &amp; NON-PROFIT



## Donate Your Cover Letter to Research

Eurac Research • Based in Italy

A data donation campaign focused on collecting cover letters for doctoral research to understand the impact of writing styles in a multilingual professional context.

AVAILABLE IN


Worldwide

Cover letters


[Contribute](#) 

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT




### Donate Your Data for Health

 Penn Medicine • Based in United States

Share your digital data to help Penn Medicine researchers understand health.

AVAILABLE IN


 Worldwide


Health data

Wearable data

Social media data

Search history

Contribute 



Ref(s): [\[10\]](#) [\[11\]](#)

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT



### Eggs, Sperm and Embryos Donation to Research

 Human Fertilisation and Embryology Authority • Based in United Kingdom

Information on donating eggs, sperm, and embryos for research in the UK.

AVAILABLE IN

 United Kingdom

Eggs

Embryos

Sperm

Contribute 



CLINICAL TRIALS

PUBLIC & NON-PROFIT

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### EU Clinical Trials Register

🏢 European Medicines Agency (EMA) • Based in European Union

The European Union's official database for clinical trials conducted in the EU and EEA.

AVAILABLE IN

🇪🇺 European Union

🇮🇸 Iceland

🇱🇮 Liechtenstein

🇳🇴 Norway

Clinical trials

Contribute

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CLINICAL TRIALS

COMMERCIAL

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### European Clinical Trials Information Network

🏢 Clinical Trials Information Network (CTIN Poland) • Based in Poland

A clinical trials information network providing access to studies in Poland and Europe.

AVAILABLE IN

🇪🇺 European Union

Clinical trials

Contribute

🔗

Ref(s): [\[12\]](#) [\[13\]](#)

HEALTH &amp; DIGITAL DATA

COMMERCIAL



## FamilyTreeDNA Group Projects

FamilyTreeDNA • Based in United States

Join thousands of collaborative genealogy projects based on surname, geography, or haplogroup to support citizen science and migration pattern discovery.

AVAILABLE IN

Worldwide

Genome

[Contribute](#) 

CLINICAL TRIALS

COMMERCIAL



## FluCamp

hVIVO • Based in United Kingdom

Conducts clinical trials for flu and common cold viruses in London and Manchester, compensating volunteers for their time.

AVAILABLE IN

United Kingdom

Clinical trials

[Contribute](#) **Ref(s): [14]**

HEALTH &amp; DIGITAL DATA

COMMERCIAL



## GEDmatch

Verogen Inc. • Based in United States

A public genealogy database that allows users to opt-in to share their data for research purposes.

AVAILABLE IN

Worldwide

Genome

Instructions



HEALTH &amp; DIGITAL DATA

PUBLIC &amp; NON-PROFIT



## Genes for Good

University of Michigan • Based in United States

A research study run through a Facebook App that connects health, behavior, and genetics. Participants complete surveys and may become eligible to provide a saliva sample for DNA analysis.

AVAILABLE IN

United States

Genome

Health data

Contribute



HEALTH &amp; DIGITAL DATA

COMMERCIAL



## Genomes.io

Genomes.io • Based in United Kingdom

A DNA data bank and personal DNA data platform that allows users to control and monetize their genomic data using blockchain technology.

AVAILABLE IN

Worldwide

Genome

[Contribute](#) Ref(s): [\[15\]](#) [\[16\]](#) [\[17\]](#)

CLINICAL TRIALS

PUBLIC &amp; NON-PROFIT



## German Clinical Trials Register (DRKS)

Federal Institute for Drugs and Medical Devices (BfArM) • Based in Germany

The primary register for clinical trials conducted in Germany, providing public access to study information.

AVAILABLE IN

Germany

Clinical trials

[Contribute](#) 

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT

## GIMM Biobank

Gulbenkian Institute for Molecular Medicine (GIMM) • Based in Portugal

A biobank collecting biological samples (primarily blood) from diverse populations to support biomedical research and precision medicine.

AVAILABLE IN 

Portugal

Blood

Contribute

BIOLOGICAL SAMPLES

COMMERCIAL

## GoodNature Program

Nestlé Health Science U.S. • Based in United States

A stool donation program supporting research into microbiome-based therapeutics.

AVAILABLE IN 

United States

Stool

Contribute



HEALTH & DIGITAL DATA

COMMERCIAL

## Google Health Studies

Google • Based in United States

A platform that lets you contribute to health research using the Google Health Studies app.

AVAILABLE IN

Worldwide

Health data

Contribute

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT

## Harvard Personal Genome Project

Harvard Medical School • Based in United States

An open science project by Harvard Medical School where participants publicly share their genetic, health, and trait data to drive biological research.

AVAILABLE IN

United States

GenomeHealth data

Contribute

CLINICAL TRIALS

PUBLIC & NON-PROFIT

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## Health Canada's Clinical Trials Database

🏢

 Health Canada • Based in Canada

A listing of specific information relating to phase I, II, and III clinical trials in patients authorized by Health Canada.

AVAILABLE IN

🇨🇦 Canada

Clinical trials

Contribute

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HEALTH & DIGITAL DATA

COMMERCIAL

♥

## Health research and product development

🏢

 Fitbit • Based in United States

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 Requires being a customer

Share your Fitbit data to help improve health research and product development.

AVAILABLE IN

🌐 Worldwide

Wearable data

Instructions

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CLINICAL TRIALS

PUBLIC &amp; NON-PROFIT



## HealthStreet

 University of Florida Health • Based in United States

Connects community members in Florida with health research opportunities at the University of Florida.

AVAILABLE IN



United States

Clinical trials


[Contribute](#) 


HEALTH &amp; DIGITAL DATA

COMMERCIAL



## hEDS & Dysautonomia Study (Sequencing.com)

 Sequencing.com, Medical University of South Carolina • Based in United States

 Requires being a customer

Participate in a genetic study for hypermobile Ehlers-Danlos Syndrome (hEDS) and Dysautonomia in collaboration with the Norris Lab at the Medical University of South Carolina.

AVAILABLE IN



Worldwide

Genome

[Instructions](#)

BIOLOGICAL SAMPLES

PUBLIC &amp; NON-PROFIT



## Human Hair Decomposition

Department of Human Biology, University of Wrocław • Based in Poland

Research on human hair decomposition at the University of Wrocław.

AVAILABLE IN

Poland

Hair

[Contribute](#) Ref(s): [\[18\]](#) [\[19\]](#)

CLINICAL TRIALS

PUBLIC &amp; NON-PROFIT



## International Clinical Trials Registry Platform (ICTRP)

World Health Organization (WHO) • Based in Switzerland

A central database managed by the WHO to search for clinical trials from registries around the world.

AVAILABLE IN

Worldwide

Clinical trials

[Contribute](#) 

BIOLOGICAL SAMPLES

PUBLIC &amp; NON-PROFIT



## Microbiome donation

Australian Red Cross Lifeblood • Based in Australia

Australian Red Cross Lifeblood's microbiome research program.

AVAILABLE IN

Australia

Stool

[Contribute](#) 

HEALTH &amp; DIGITAL DATA

COMMERCIAL



## MyHeritage DNA Research Project

MyHeritage Ltd • Based in Israel

Requires being a customer

Participate in research to help understand human genetics, genealogy, and anthropology by sharing your DNA results and survey responses.

AVAILABLE IN

Worldwide

Genome

Health data

[Instructions](#)

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT

## MyPHD

Stanford University • Based in United States

A platform for collecting health data from wearables to detect early signs of infectious diseases.

AVAILABLE IN

Worldwide

Health data

Wearable data

Contribute

Ref(s): [\[20\]](#)

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT

## Open Humans

Open Humans Foundation • Based in United States

A platform for participant-centered research and personal data exploration.

AVAILABLE IN

Worldwide

Genome

Health data

Wearable data

Search history

Location history

Contribute

ORGAN, BODY & TISSUE DONATION

PUBLIC & NON-PROFIT

## OrganDonor.gov

U.S. Department of Health & Human Services • Based in United States

The official U.S. government website for organ, eye, and tissue donation. Provides information and links to state registries to sign up as a donor.

AVAILABLE IN

United States

Organ

Tissue

Contribute

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT

## Placenta Donation

Wesley Research Institute • Based in Australia

Placenta donation program at Wesley Research Institute.

AVAILABLE IN

Australia

Placenta

Contribute

BIOLOGICAL SAMPLES

ORGAN, BODY &amp; TISSUE DONATION

PUBLIC &amp; NON-PROFIT



## PURA Biobank

Helmholtz Munich • Based in Germany

Collects biological samples from patients with PURA syndrome, other neurological disorders, and healthy controls to support research.

AVAILABLE IN

Germany

Blood

Tissue

[Contribute](#) 

HEALTH &amp; DIGITAL DATA

PUBLIC &amp; NON-PROFIT



## Research Summaries

NHS Health Research Authority • Based in United Kingdom

Plain-language summaries of research studies approved by the NHS Health Research Authority.

AVAILABLE IN

United Kingdom

Health data

[Contribute](#) 



CLINICAL TRIALS

PUBLIC &amp; NON-PROFIT



## ResearchMatch

Vanderbilt University Medical Center • Based in United States

A nonprofit program funded by the National Institutes of Health (NIH) that connects people interested in research studies with researchers from top medical centers across the U.S.

AVAILABLE IN



United States

Clinical trials

[Contribute](#) 

CLINICAL TRIALS

PUBLIC &amp; NON-PROFIT



## Rete Cittadini per la Ricerca

San Camillo IRCCS • Based in Italy

A network for citizens to participate in scientific research at San Camillo IRCCS, contributing to medical progress and new therapies.

AVAILABLE IN



Italy

Clinical trials

[Contribute](#) 

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT

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## SPARK for Autism

Simons Foundation • Based in United States

A landmark autism research project connecting autistic individuals and their families to research.

AVAILABLE IN

United States

Genome

Health data

Contribute

BIOLOGICAL SAMPLES

PUBLIC & NON-PROFIT

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## Stool Donation

Wesley Research Institute • Based in Australia

Stool donation program at Wesley Research Institute.

AVAILABLE IN

Australia

Stool

Contribute

HEALTH & DIGITAL DATA

COMMERCIAL

### tellmeGen Research

GENELINK, S.L. (tellmeGen) • Based in Spain

Requires being a customer

Contribute to research by sharing your genetic data and answering surveys about your health, traits, and wellness.

AVAILABLE IN

Worldwide

Genome

Health data

Instructions

HEALTH & DIGITAL DATA

PUBLIC & NON-PROFIT

### UCSF Archives and Special Collections social media archive

UCSF Library Archives • Based in United States

Donate your social media archives to the UCSF Library for research.

AVAILABLE IN

Worldwide

Social media data

Contribute

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### RIS (for Zotero/EndNote):

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TY  - GEN  
AU   - Marcolongo, Mario  
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ER   -
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