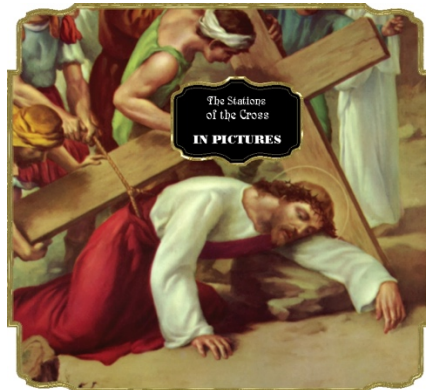


## The Way of the Cross



**Leader: (make the sign of the cross and say:)**

In the name of the Father, and of the Son, and of the Holy Spirit

**All: Amen**

### **Preparatory Prayer.**

Dear Lord Jesus, you have made this journey to die for us with love unutterable. / We have so many times /unworthily abandoned you. But now we love you with whole heart /and repent sincerely for ever having offended you. / Pardon us and permit us to accompany you on this journey. Let us not hurt you again, but love you more and more. Give us your grace to always do your will.

Almighty and eternal Father, accept our prayers of thanksgiving /for your Beloved Son, our savior and Lord. As we recall his sacred passion and Death, send the spirit of Christ into our hearts.

*At the cross, her station keeping,  
Stood the mournful Mother weeping,  
Close to Jesus to the last*



**Leader: The First Station: Jesus is Condemned to Death**

We adore You, O Christ, and we praise You. (Kneel)

**All:** Because, by Your holy cross, you have redeemed the world.

**Leader:** Dear Jesus, / it was not Pilate, / it was our sins that condemned You to die. / By the merits of this sorrowful journey, we beg you / to assist our journey to eternity. / Jesus, help us never to condemn others. / Through your Love, give us passion to reach out to others condemned to illness, rejection, humiliation and poverty/.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*Through her heart, His sorrow sharing  
All His bitter anguish bearing  
Now at length the sword has passed*



**Leader: The Second Station: Jesus accepts his Cross**

We adore You, O Christ, and we praise You. (Kneel)

**All:** Because, by Your holy cross, you have redeemed the world

**Leader:** Most beloved Jesus, / we embrace all the sufferings You have destined for us until death. /we beg You, by all You suffered in carrying Your cross, / to help us carry our cross with Your perfect peace and resignation. / Jesus, you still carry your cross /in your persecuted brothers and sisters throughout the world. /Make us feel the needs of all persons and to help them as you would.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*O, how sad and sore depressed  
Was that Mother highly blessed  
Of the sole Begotten One.*



**Leader: The Third Station: Jesus falls the first time**

We adore You, O Christ, and we praise You. (kneel)

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** Beloved Jesus, / it was not the weight of the cross / but the weight of our sins which made You suffer so much. / By the merits of this first fall, / save us from falling into mortal sin. /. Jesus, there are so many who are weak /who sink down under the weight of sorrows, isolation, unemployment, ill health and feelings of guilt. /help them to raise up,/ by your love. Strengthen us to our baptismal resolution /so that through the passion of this life's sufferings, we can be of joyful service to others /free of all selfishness.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*Christ above in torment hangs  
She beneath beholds the pangs  
of her dying, glorious Son*



**Leader: The Fourth station: Jesus meets His afflicted Mother (kneel)**

We adore You, O Christ, and we praise You.

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** Most loving Jesus, / by the pain You suffered in this meeting / grant us the grace of being truly devoted to Your most holy Mother. / Grant us the love and trust we need to remain close to those who suffer /to stand up for those who bear the cross of rejection/ to look with love upon those in pain/and to accompany them to the very end.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*Is there one who would not weep,  
'whelmed in miseries so deep  
Christ's dear Mother to behold?*



**Leader: The Fifth Station: Simon helps carry the Cross**

We adore You, O Christ, and we praise You. (Kneel)

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** Beloved Jesus / help us to see the sufferings and shortcomings of our lives, as /a share in your cross, /strengthen and console us in the belief that we bear all things in union with you. /Jesus, you who are there, hidden with those who fall and weep, / grant us the strength and the love to be there, too /shouldering their heavy burden with them.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*Can the human heart refrain?  
From partaking in her pain,  
In that Mother's pain untold?*



**Leader: The Sixth Station: Veronica offers her veil to Jesus**

We adore You, O Christ, and we praise You. **(Kneel)**

**All:** Because, by Your holy cross, You have redeemed the world.

**People Beloved** Jesus, / grant us also the courage and the strength of love to step out of ourselves/out of our comfort and our fear/ to step away from the indifference of the crowd, /to wipe your face in the face of the poor, /to see your face in the gaze of the least of your people.

**1 Our Father.....1. Hail Mary..... 1. Glory be **(Rise)****

*Bruised, derided, cursed, defiled  
She beheld her tender Child  
All with bloody scourges rent*





**Leader: The Seventh Station: Jesus falls the second time**  
We adore You, O Christ, and we praise You. (Kneel)

**All:** Because, by Your holy cross, you have redeemed the world.

**Leader:** Lord Jesus, you shared in our weaknesses and accepted our guilt. At times we too fall under the weight of depression, in the agony of bereavement or separation, / In physical or psychological pain. / Grant us the favor of rejoicing over our human weaknesses, / so that in all we/ do, your strength dwelling in us may be shown to all others.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*For the sins of His own nation  
Saw Him hang in desolation  
Till His spirit forth He sent*





**Leader: The Eighth Station: Jesus speaks to the women of Jerusalem**

We adore You, O Christ, and we praise You. (Kneel)

**All:** Because, by Your holy cross, you have redeemed the world.

**Leader:** Beloved Jesus, with tears of pity, these women of Jerusalem responded to you/broken, bruised, and beaten. /Deepen our faith, we beg you, / so that we may see You in our brothers and sisters/bruised by envy, beaten down by injustice, and broken by our greed and indifference. / Jesus, bring forth in your Church and in society, good shepherds, guides and witnesses / to awaken our hope / to show us the way towards unity and peace.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*O sweet Mother! Fount of Love,  
Touch my spirit from above  
Make my heart with yours accord*



**Leader: The Ninth Station: Jesus Falls the Third Time**

We adore You, O Christ, and we praise You. **(Kneel)**

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** Dear Lord Jesus, / by the weakness You suffered in going to Calvary, / give us enough strength to overcome all human respect and all our evil passions /which have led us to despise Your friendship. / Break our hearts of stone, tear away our fears and open us up to love and your presence. / Help us also to accept our weaknesses and failings /as fore runners of our glorious resurrection /in union with you.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*Make me feel as You have felt  
Make my soul to glow and melt  
With the love of Christ, my Lord*



**Leader: The Tenth Station: Jesus is stripped of His garments**

We adore You, O Christ, and we praise You. (**Kneel**)

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** Lord Jesus, stripped of everything, You stood exposed to the jeers and contempt of the people whom you loved. Clothe us with genuine love of others, grant us the courage and strength to cloth those who are naked / stripped of their dignity/ to cover them with the of our respect. /

**1 Our Father.....1. Hail Mary..... 1. Glory be (**Rise**)**

*Holy Mother, pierce me through  
In my heart each wound renew  
Of my Savior crucified*



**Leader: The Eleventh Station: Jesus is nailed to the Cross**

We adore You, O Christ, and we praise You. (Kneel)

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** Jesus, Lord and Savior / You have told us that we too must accept crucifixion if we are to accept resurrection with you. /Help us to rejoice in the sufferings that come with the fulfilment of our daily duties ,/ seeing in them the royal road to resurrection.

**1 Our Father.....1. Hail Mary..... 1. Glory be ...(Rise)**

*Let me share with you his pain,  
Who for all my sins was slain,  
Who for me in torments died.*



**Leader: The Twelfth Station: Jesus dies upon the Cross**

We adore You, O Christ, and we praise You. **(Kneel)**

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** Lord Jesus, / grant us hearts of compassion, that we may remain standing close to the crucified of this world. /and offer ourselves to the Father with them.

/Jesus give us all a deep love of the Eucharist, /the most Holy Sacrament of Your passion, death and resurrection. /Help us find in the Holy Mass, a daily renewal of your invitation/ to live our lives through you, with you and in you.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*Let me mingle tears with you,  
Mourning Him who mourned for me,  
All the days that I may live.*



**Leader: The Thirteenth Station: Jesus is taken down from the cross**

We adore You, O Christ, and we praise You. (Kneel)

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** O Jesus, touch the minds, hearts and spirits /of those You call to serve the people of God. / Fill them with the assurance of our Blessed Mother's love /and care for them. /especially as they grow to embrace their vocations . / Enable them to respond to your call/ to bring your redeeming presence, to a world /grieving, fearful and hungry for your truth /through prayer and service.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*By the cross with you to stay  
There with you to weep and pray  
Is all I ask of you to give.*





**Leader: The Fourteenth Station: Jesus is placed in His Tomb**

We adore You, O Christ, and we praise You. (Kneel)

**All:** Because, by Your holy cross, You have redeemed the world.

**Leader:** We thank You , Jesus/ for the infinite power of your death and resurrection / which brought salvation and healing to the world ./ Help us,/ we beg you,/ so to empty ourselves of self-concern ,that we might see your hand in every failure and your victory in every defeat.

**1 Our Father.....1. Hail Mary..... 1. Glory be (Rise)**

*Virgin of all virgins blest!  
Listen to my fond request,  
Let me share your grief divine.*

**Closing Prayer.**

O Kind and most sweet Jesus, we kneel before you. You loved us so much that you died on the cross for us. Give us the grace to love you more and more and be close to you. We pray to impress upon our heart's lively sentiments of faith, hope and charity, with true repentance for our sins and a firm resolve to make amends. Lead us in your ways and help us to do only those things which you want us to do. Let us not hurt you again. we love you Jesus. Amen

**Prayers in Honor of the passion**

1.Our Father,  
1. Hail Mary,  
1.Glory be)



## **Prayers for the intention of The Holy Father, The Pope.**

- 1. Our Father,
- 1. Hail Mary,
- 1. Glory be

## **Act of Contrition.**

O, My God, I am heartily sorry for having offended you. I detest all my sins because of your just punishments, but most of all because they offend you, my God, who are all good and deserving of all my love, I firmly resolve, with the help of your grace, to sin no more and to avoid the near occasion of Sin.

In the name of the Father, and of the Son and of the Holy Spirit, Amen.