

# BMI-for-age\* GIRLS

Birth to 2 years (z-scores)



Year: Month	Month	L	M	S	Z-scores (BMI in kg/m <sup>2</sup> )						
					-3 SD	-2 SD	-1 SD	Median	1 SD	2 SD	3 SD
0: 0	0	-0.0631	13.3363	0.09272	10.1	11.1	12.2	13.3	14.6	16.1	17.7
0: 1	1	0.3448	14.5679	0.09556	10.8	12.0	13.2	14.6	16.0	17.5	19.1
0: 2	2	0.1749	15.7679	0.09371	11.8	13.0	14.3	15.8	17.3	19.0	20.7
0: 3	3	0.0643	16.3574	0.09254	12.4	13.6	14.9	16.4	17.9	19.7	21.5
0: 4	4	-0.0191	16.6703	0.09166	12.7	13.9	15.2	16.7	18.3	20.0	22.0
0: 5	5	-0.0864	16.8386	0.09096	12.9	14.1	15.4	16.8	18.4	20.2	22.2
0: 6	6	-0.1429	16.9083	0.09036	13.0	14.1	15.5	16.9	18.5	20.3	22.3
0: 7	7	-0.1916	16.9020	0.08984	13.0	14.2	15.5	16.9	18.5	20.3	22.3
0: 8	8	-0.2344	16.8404	0.08939	13.0	14.1	15.4	16.8	18.4	20.2	22.2
0: 9	9	-0.2725	16.7406	0.08898	12.9	14.1	15.3	16.7	18.3	20.1	22.1
0:10	10	-0.3068	16.6184	0.08861	12.9	14.0	15.2	16.6	18.2	19.9	21.9
0:11	11	-0.3381	16.4875	0.08828	12.8	13.9	15.1	16.5	18.0	19.8	21.8
1: 0	12	-0.3667	16.3568	0.08797	12.7	13.8	15.0	16.4	17.9	19.6	21.6
1: 1	13	-0.3932	16.2311	0.08768	12.6	13.7	14.9	16.2	17.7	19.5	21.4
1: 2	14	-0.4177	16.1128	0.08741	12.6	13.6	14.8	16.1	17.6	19.3	21.3
1: 3	15	-0.4407	16.0028	0.08716	12.5	13.5	14.7	16.0	17.5	19.2	21.1
1: 4	16	-0.4623	15.9017	0.08693	12.4	13.5	14.6	15.9	17.4	19.1	21.0
1: 5	17	-0.4825	15.8096	0.08671	12.4	13.4	14.5	15.8	17.3	18.9	20.9
1: 6	18	-0.5017	15.7263	0.08650	12.3	13.3	14.4	15.7	17.2	18.8	20.8
1: 7	19	-0.5199	15.6517	0.08630	12.3	13.3	14.4	15.7	17.1	18.8	20.7
1: 8	20	-0.5372	15.5855	0.08612	12.2	13.2	14.3	15.6	17.0	18.7	20.6
1: 9	21	-0.5537	15.5278	0.08594	12.2	13.2	14.3	15.5	17.0	18.6	20.5
1:10	22	-0.5695	15.4787	0.08577	12.2	13.1	14.2	15.5	16.9	18.5	20.4
1:11	23	-0.5846	15.4380	0.08560	12.2	13.1	14.2	15.4	16.9	18.5	20.4
2: 0	24 <sup>†</sup>	-0.5989	15.4052	0.08545	12.1	13.1	14.2	15.4	16.8	18.4	20.3
WHO Child Growth Standards											

\* If a child aged less than 2 years is measured standing up, change the height to length by adding 0.7 cm BEFORE calculating BMI, because the BMI-for-age for Birth to 2 years is based on length. For children 2 to 5 years measured lying down, convert length to height by subtracting 0.7 cm BEFORE calculating BMI for application of the BMI-for-age chart.

<sup>†</sup> 24 months corresponds to 730 days.