

Department of Health and Leisure Management

Introduction

History

Department of Health and Leisure Management (DHLM) of Yuanpei University was accredited by Ministry of Education in 2010. The main goal of this department is to foster the professional guidance experts in health promotion, leisure management, and healthcare. Currently, there are nearly 366 students in the department.

Features

Curriculum

To enhance the development in health promotion and leisure healthcare industry, the excellent faculty designs and organizes different professional learning, teaching and researching in the fields of health risk assessment, health management, health information analysis, health promotion, nutrition health, diet health, herbal science, stress management, fitness guide, fragrance therapy, meridian massage, weight control, health and leisure travel planning. This constructs and develops the knowledge and skills in health promotion and healthcare. Besides, the cooperation with other professionals in other fields can be promoted, basing on our major. This helps in health assessment and health behavior guidance operating model and cultivates comprehensive professional skills. This design and development contribute in fitness guide and leisure healthcare system and increase the employment rate of students.

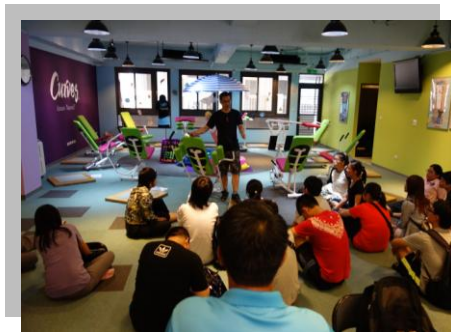
Faculty

The faculty in the department supports various health services and administration. They are specialists in the health-related fields and industries. We have a faculty of

8 full-time teachers, with 1 professor, 2 associate professors, and 5 assistant professors.

Facilities

This department is well-equipped with cloud health management classroom, data-based professional sports implement classroom, fragrance therapy classroom, beauty and fitness classroom, and fitness and physiological indicator assessment classroom.



Career Development

Students can develop a career as a health promotion administrator in health clinics, fitness centers, weight control centers and healthcare institutions. Students can also work as health promotion instructors in private organizations or health-related government agencies.

Degrees Offered

■ Bachelor

Mission & Objectives

Educational Objectives

Program	Objectives
Undergraduate	<ol style="list-style-type: none"> 1. To conduct integration of cross-field teachers and to equip students with prevention and healthcare knowledge and skills of health promotion implementation. 2. To set up a cloud-based platform for health management and health quantitative data analysis and to promote the application of health lifestyle in teaching. 3. Linking courses with industry, government, academia, medicine and other external resources to achieve the purpose of curriculum integration and innovation. 4. Recruiting industry for collaborative teacher education and training to implement workplace skills training, industrial training and to strengthen the combination of theory and practice.
Graduate	<ol style="list-style-type: none"> 1. Ability to cultivate innovation, think independently, and solve problems. 2. Ability to cultivate communication and expansion of international view. 3. Handling the modern professional knowledge and ability of health care management.

Core Competences

Program	Competence
Undergraduate	<ol style="list-style-type: none"> 1. Possess the theoretical foundation of professional management. 2. Possess the ability of teamwork, analysis, and problem solving. 3. Possess the awareness of global multi-cultures. 4. Possess the ability to think independently. 5. Grasp the latest development trend of relevant issues of health care management.
Graduate	<ol style="list-style-type: none"> 1. Possess knowledge and ability of health care management profession. 2. Possess ability to analyze and solve problems. 3. Possess international view of health care management. 4. Possess innovating application ability of health care

management profession.

5. Possess research ability of health care management new knowledge.

Curriculum

Undergraduate Program of Department of Healthcare Management, Yuanpei University(Academic Year 2014)			
Year 1			
Required	Credits	Elective	Credits
Psychology	2	Introduction to the Health of Elderly Population	2
Physiology	2		
Basic First Aid	2		
Health-Related Physical Fitness	3		
Principle and Experiment of Human	2		
Anatomy	2		
Biochemistry	2		
Advanced First Aid	3		
Health Fitness Assessment	3		
Exercise Physiology	2		
Introduction to the Health of Elderly Population	2		
Year 2			
Required	Credits	Elective	Credits
Public Health	2	Introduction to Healthy Recreation	2
Health Promotion	3	Health Care and Regulation	2
Statistics	2	Introduction to Traditional Chinese Medicine	2
Design of Exercise Prescription	2	Community Health Building	2
Sports Medicine	2	Design of Exercise Prescription for Special Group	2
Aerobic Dance	2	Designing and Training of	2

Health risk Assessment	3	Team Sport	2
Application of Statistical Software Packages	2	The Practical Writing For Vocation and Presentation Skills	
Year 3			
Required	Credits	Elective	Credits
Research Methods	2	Life and Death Studies	2
Yoga	2	Fragrance Therapy	2
Nutrition Introduction	2	Body Shaping	2
Circuit Exercise	2	Professional English(1)	2
Management of Health, Leisure Organization	3	Meridian Massage	2
Health Industry Organization Internship	6	Seniors Care and Healthy Eating	2
Health Management	2	Dietary Health Study	2
Information System Design and Application			
Health Tai Chi	2	Humanities Ecological Explanation and Training	2
		Chinese Herbal Medicine	2
		Ease mind Stress	2
		Health and Leisure Travel Planning	2
		Professional English(2)	2
		Swimming	2
Year 4			
Required	Credits	Elective	Credits
Studies in Health Promotion and Nurturing Hygiene	4	Recreational Resources Investigation	2
		Table Tennis Instruction	2
		Consume Society and Leisure Culture	2
		Golf Instruction	2
		Tennis Instruction	2
		Art Health Promotion	2
		Badminton Instruction	2
		Flywheel aerobic	2
		Health Management and Hygiene of Aging	2
		Integrated Health Passport	2

Faculty and Staff

Name	Nean-Ben Kan
Title	Associate Professor and Chair
Education Background	Department of Physical Education, Fu Jen Catholic University, Taiwan (R.O.C.)
Areas of Specialization	Fitness guide, weight management, health information management
Email	neanben@mail.ypu.edu.tw
Office	N606
Phone	+886-3-5381183 ext. 2369

Name	Shu-Chin Tung
Title	Associate Professore
Education Background	Ph.D., Department of Health Promotio and Health Education, National Taiwan Normal University, Taiwan(R.O.C)
Areas of Specialization	Health Promotion, Health Education, Action Resarch
Email	sctun@mail.ypu.edu.tw
Office	N618
Phone	+886-3-5381183 ext. 8616

Name	Ching-Hwa Yeh
Title	Assistant Professore
Education Background	Master, Department of Physical Education, National Hsinchu University of Education, Taiwan(R.O.C)
Areas of Specialization	Health Fitness Assessment, Aerobic Dance, Yoga, Circuit Exercise
Email	erica@mail.ypu.edu.tw
Office	N636
Phone	+886-3-5381183 ext. 8636

Faculty and Staff

Name	Chin-Hui Chen
Title	Assistant Professore
Education Background	Ph.d.,School of Pharmacy Taipei Medical University,Taiwan(R.O.C)
Areas of Specialization	Nutrition Introduction, Chinese Herbal Medicine, Dietary Health Study
Email	chinhui@mail.ypu.edu.tw
Office	H311
Phone	+886-3-5381183 ext. 8172

Name	Chang-Tsen Hung
Title	Assistant Professore
Education Background	Master, Graduate Institute of Sport Coaching Science, Chinese Culture University, Taiwan(R.O.C)
Areas of Specialization	Sports Injuries and Protection, Health Tai Chi, Health Information Management and Analysis System
Email	hongct@mail.ypu.edu.tw
Office	N652
Phone	+886-3-5381183 ext. 8652

Name	Chien-Chang Ho
Title	Assistant Professore
Education Background	Ph.d.,Department of Sports Sciences, University of Taipei, Taiwan(R.O.C)
Areas of Specialization	Sports Medicine, Design of Exercise Prescription, Research Methods
Email	ccho@mail.ypu.edu.tw
Office	N656
Phone	+886-3-5381183 ext. 8656

Faculty and Staff

Name	Jui-Chen Huang
Title	Assistant Professore
Education Background	Ph.D., Department of Technology Management, Chung Hua University, Taiwan(R.O.C)
Areas of Specialization	Public Health, Integrated Health Passport, Health Management and Hygiene of Aging
Email	juichen@mail.ypu.edu.tw
Office	M503
Phone	+886-3-5381183 ext.7503

Research

The specialties of research is divided into six areas: Health risk assessment, fitness guide, weight management, health management and senior citizens care, health information management, community health building, cloud Health Cities. DHA's faculty will actively request and apply for funding from health-related institutes, such as Ministry of Science and Technology (MOST), National Health Research Institutes (NHRI), Ministry of Health and Welfare (MOHW), and the Bureau of National Health Insurance (BNHI).