## **Understanding Inspiration**

## **Defining Inspiration**

Inspiration is a unique emotional experience that encourage individuals to feel motivated and passionate. It typically comes from admiring someone or something, or experiencing a particular event or piece of information that instigates a new perspective. Yet, it is subjective and varies widely based on personal experiences, likes, and aspirations. Interestingly, it often leads to creativity and innovative thinking, acting as a catalyst for change and achievement.