

# Understanding the Principle of Equality

## Defining Equality

Equality means ensuring that every individual has an equal opportunity to make the most of their lives and talents. It is not about promoting all individuals to the same, rather it is about treating people fairly and with dignity, not discriminating on grounds such as race, religious beliefs, age, gender or otherwise.

## Importance of Equality

Providing and promoting equality can significantly enhance life quality for everyone. Not only does it prevent social unrest and discord, but it also aids in economic growth, social development, and fosters a healthier, more harmonious and inclusive society.