Understanding the Essence of Culture

Definition and Importance of Culture

Culture refers to the values, norms, traditions, and artifacts
that define a group of people and create their distinct
identity. It shapes our relationships, behavior, and
perceptions, acting as a lens through which we view the
world. Appreciating cultural diversity can promote mutual
respect and reduce prejudices and discrimination. It's a
societal glue, holding people together and fostering a sense
of belonging and community.