# **Becoming Evil**

## Mind over Matter Principle(MioMa)

- "I don't mind, you don't matter"
- individuals will engage in "evil" behaviour if there is expected net benefit to self/ingroup, outweighing expected costs to victims

### **Derivations**

## You don't matter enough

## Not mattering

action or *inaction* - neglect /overlook concerns i.e. leaving a child in hot summer car seat. no need to be directly responsible for the harm, as long as people perceive them having misplaced priority

## **Expected cost != actual**

- victims: ignored, minimized, justified
- perpetrators: awareness of possible costs to self+ perceived likelihood of costs
  - the disconnect b/w the perceived cost and actual cost, "America's dumbest criminals"
  - Ariely& Loewenstein(2006): sexual attitudes- same participants answer questions in normal state and aroused state. When respondents are aroused 1. less positive attitude towards contraception
    - motivation can create "tunnel vision" -ex. what addicts are wiling to do for the next high
  - o the perceived ability to manage potential costs
    - interpersonal: "evil personality"(Peck)-> scapegoating. They are doing harmful things but also deflecting responsibility.
    - organizational: "negative externality" -> deflect costs. "Let's dump it into the water and let others worry about it"
    - managing costs can feel rewarding. Lammers& Maner(2016): higher the occupational status more likely to engage in infidelity, despite having more to lose. The rush of outsmarting others.

## MioMa triggers - Chasing feelings

"If I do A, then B will happen. If B happens, then I will feel more of C/less of D"

- B-> C/D may not be consciously articulated.
- actor's perspective =/= other's perspective
  - i.e. going to prison, maybe it's better than sleeping on the streets?

## B->C: anticipated positive states

- self-expansion, whatever the cost to others, like cancer
  - o example: the travel agent creates fake ticket, call in da bomb threat at the airport

- o example: the tube prankster.
- example: the pro assassin(Shlesinger,2001) tears up when he talks about his family, "it may not be the right way but my only way. I need to provide for my family sending children to private school"
- Eliminating goal blockers: common feeling is anger
  - example: contract killings(Mouzos& veditto): in Australia 1/3 of the cases are related to "I want to be with someone so I need to get rid of the other person"
  - o example: road rage

## B-> D (anticipated relief from negative state)

example: simple annoyance(Mouzos& veditto)

#### Fear

response to threat, motivate us to deal with the threat. "run" or neutralize the threat.

• example: "preemptive strike"(Simunovic)- choose to press the button or not. press the button with cash incentive where neither of you press the button

#### **Disgust**

**rejection or purification**, the need to purge the physical or moral **contamination**.

- example: "wet wipes for the soul"(Ritter&Preston) religious Christians rate lemons more disgusting after looking at atheist manifesto, but physically wipes their hands eliminated the reaction
- example: "poisonous Western fizz"(Bloody Cartoons)
- **disgust sensitivity** -> less aggression & nastiness. "I'd rather not engage", but if it is the "cause" of disgust -> target of nastiness
  - Set up arbitrary ingroup, outgroup, exposed to images. When it comes to disgusting images, there is a distinct ingroup/outgroup bias
- disgust and anger are both responses to moral violations.
  - when they see themselves as the **victim, anger** is the predominant response and leads to direct retaliation.
  - When they **perceive the third party is a victim**, it leads to disgust and "coordinated condemnation".
  - **Political speech + "disgust"-> violence**, disgust is a better predictor in violence to outgroup than anger.
- AVOID if you can. ATTACK if you must. OUTSOURCING is best (good propaganda tool)

#### **Shame**

response to rejection, which is about trying to protect the **self**, "I am a mistake"

- in contrast to shame, guilt is a response to a behaviour, "I made a mistake, thus I feel motivated to fix that."
- public shaming-> humiliation -> Mark of Cain: "there is something wrong with you and everyone should know it"
- if people feel like they cannot escape the message, they harm others to deny helplessness, assert power
  - familicide(Webs): killings inside family

- **livid coercive**: the perpetrator has a history of controlling behaviour, emotional/physical abuse in the family. the trigger is the impending loss of the relationship, usually self-inflicted since the perp is not treating people well. "if I can't have you no one can"
- **civil reputable**: everything looks fine on the outside. "A gendered failure": a family with very stereotypical division of labour, a sense of "I've failed, I'm shamed, and I'm gonna save my family from furthur disgrace too"

## **Individual Differences**

#### Some do... and SOME DONT

there is observable trend, but it does not mean it will happen to everyone

#### "The Dark Triad"

Descriptive, traits tend to **co-occur** and common core is" MioMa is a *LIFESTYLE*". It is a summary, not a cause.

- 1. **psychopathy**: careless of other people
- 2. **Machiavellianism**: how to get the edge over others, cynical, low opinion of other people. Manipulative, tell people what they want to. Long con.
- 3. narcissism: grandiose

#### What's the engine?

- Desire for power/dominance and less interest in belonging. "It's risky to trust because it makes you vulnerable"
- **Appetite for "more"**: greed predicts fluctuations in dark triad indorsement overtime, making it a possible engine. Dark Triad=strategies and justification in service of appetite for "more".
  - Where does this appetite comes from? Unpredictable, harsh environment(Brumbach) follows
     American teens over years, and witnessing violence and inadequate parental care predicts dark
     behaviours. It creates a survivalist worldview, "in stuff we trust since nobody else is here for you".

## **Shame sensitivity**

- When "unpleasant" becomes "intolerable"
- Abuse/trauma(implicating the SELF) -> PTSD -> shame processing bias "you think I suck" negative
  problem is not something to be solved, but something about the self -> violence, narcissistic personality
  disorder(boost yourself), borderline personality(unstable)

## Hate

- Deflecting- label the hate as love
  - Henton et all(1983)-high school couples, motivation?
    - Abusers: 54% angry, 60% confused, 3%hate, 31%love
    - Abused: 71% angry, 59% confused, 4%hate, 27%love
  - Dunn(1999)-stalking
    - "no contact" ex shoes up with flowers or gifts
    - flattered(and frightened) <-> "love" and mayhem
- Justified Admission: "I hate X because X is EVIL"

- Normalized Admission: "Yes I hate, but we all hate. Hate happens"
  - subliminal prime "I hate" very clear pattern where they are more likely to engaged in normalized admission, comparing with other primes
  - o "You would, too/I'm no wore than you."
- "Real" hate... doesn't require action, it can simply require the desire of wanting the target to suffer. Hate is not always a eventuated behaviour, but without hate the action will not happen
- why "hate"?
  - chasing a feeling(MioMa)

## **Sadism**

## What's sadism?

an instrumental form of hate

means: harm other(physical, psychological)

ultimate goal: positive effect for self

- if the want is here, whether or not they act upon it or if there is payoff, is still sadism
- "want" without the pursuit of positive emotional goal is not sadism
- coerced harmful behavior "I need to do this because I'm under threat" is not sadism
- "harming" to gratify target is not sadism genuine sadism will deny harming others if they enjoy being hurt
- sadism is a luxury.

## Is sadism evil?

- part of the MOPE
- LEAST acceptable justification
- the ultimate MioMa- "I'm willing to harm you for the lel" -> Mark of Cain
- assert invulnerability or minimize/justify
  - "I am so badass that I can admit I'm sadistic. What are you gonna do?"

### Who "isn't" sadistic?

- intimate partner violence: perps and victims(Neal&Edwards,2017) of all the reasons of motivations, sadism is not listed by neither abusers nor victims.
- Arriaga(2002):"joking" intimate partner violence
- "SADISM" IS A DEALBREAKER it's hard for people to live with, so victims avoid going there

### Sadism as an individual difference

- dark triad + (dispositional) sadism = "DARK TETRAD"
  - o descriptive summary: lots of nasty correlates

### What does sadism feel like?

- hearing stranger's severe injury, crushing defeat -> schadenfreude(sadistic emotions like satisfying,enjoyable)
- reading story about perps attempt harm -> sadists "joy" -> gives lenient moral judgement
- violent scenes->"positive"; peaceful/joyful ->"negative"
- unrelated to emotional instability, linked to expressive suppression(control my emotions by controlling their expression, emotional poker face)

## Why sadistic motivation?

- 1. Perceived insults to the self
- 2. (nonconscious) motivation to restore the self
- 3. displaced intent to harm not striking back at people who insulted me, but at others
- 4. (Temporary) elevation of self, positive emotional payoff

#### **Evidence for the model?**

#### Boosting the self via pranking?

- disrespect sensitivity+ anger rumination
  - o predicts dispositional sadism and
  - o prank-related: sadistic thoughts, positive emotions, justifications, desire to prank again

#### Boosting the self via watching pranks?

- disrespect sensitivity+ anger rumination
  - o predicts dispositional sadism and
  - o sadistic motivation, self-elevation/victim derogation only when long-term harm is likely