



# The Ultimate Beginner's Guide to the Basics of Numerology

MARGARET PAN • JUL 28, 2022 5:01 PM EDT

## Learning Numerology?

Do you have a favorite number? Does a particular number constantly show up throughout your life? Do you find yourself drawn to a particular number? If so, you might want to explore numerology. According to numerology, numbers have a certain meaning and each one of them tells a specific story. Thus, they can help a person discover themselves and the world around them, find their purpose, and make the right decisions. If you're already familiar with astrology, you'll find it much easier to understand and explore numerology. Either way, here you'll find all the necessary basics.

# Is Numerology Real?

Well, that's up to you to decide. Does God exist? Is astrology real? Are tarot readings accurate? There is not a simple, single answer to these questions, but it rather comes down to each person's beliefs. Personally, I believe that there are things beyond the visible, and have always found myself drawn to the paranormal. On top of that, throughout my life, I have experienced some things, that just didn't have a "logical" explanation. When it comes to numerology, numbers are a symbolic system, which means that they do not cause themselves certain events nor have direct power over us. One could say that numerology works like the Feng shui system. Just as the latter shows us a map of the energy in our house and items placed in it, our personal numbers create an energetic pattern in our lives. Just as the former can help us change the energy of our house, numerology can help us understand how to lead a life according to our natural energy.

## What Is Numerology Based On?

The Greek philosopher Pythagoras, is considered to be the pioneer of modern-day numerology. Numerology is based on the idea or belief that our universe is a system, which, once broken down, leaves humanity with certain basic elements: numbers. According to it, everything in the world comes from and can equate to numbers. As a consequence, there can be found connections between numbers and personality traits, events, and circumstances. By calculating them, one may come to a better understanding of themselves and the world around them. More specifically, our names and birthdays and the numbers that equate to them can show in detail who we are, what we want, and how to achieve our goals. There are five basic numbers in our "numerology profile", but the most important ones are our life path number and our destiny number.

Numbers are the Universal language offered by the deity to humans as confirmation of the truth.

— St. Augustine of Hippo

Number	How to Find Yours
Life Path Number	Add together the day, month and the year you were born
Destiny Number	Add together the letters of your name
Soul Number	Add together your name's vowels
Personality Number	Add together your name's consonants
Maturity Number	Add together your life path number and your destiny number

5 Basic Numerology Numbers

## How Do I Find My Life Path Number?

Your life path number reveals your personality traits, strengths, and weaknesses, your greater purpose, and your talents or ambitions. It can help you understand why certain events occur in your life and why you find yourself around certain circumstances. In order to calculate your life path number, simply add together the day, month, and year of your birth, until you get a single digit. For example, if you were born on 6th of March, 1990, you add  $6+3+1+9+9+0 = 28 = 8+2 = 10 = 1$ . Your life path number is 1.

## How Do I Calculate My Name in Numerology?

Your destiny number indicates the life cycle that you are in and is based on the name you were given. In order to find your destiny number, you need to add together your name's letters. Let's see the process, which consists of 5 simple steps.

1. Write out the alphabet from A to Z.
2. Assign each letter a digit from 1 to 9. For example, A is 1, B is 2, etc. Once you reach I (which is 9), *start back at 1*.

The alphabet can be summarized like this:

- 1- A,J,S
- 2- B,K,T
- 3- C,L,U
- 4- D,M,V
- 5- E,N,W
- 6- F,O,X
- 7- G,P,Y
- 8- H,Q,Z
- 9- I,R

3. Write out your official full name (if you have a middle name, make sure you include it as well).
4. Match each letter of your name to its corresponding number.
5. Add together all numbers and reduce them until you have a single digit.  
Careful! *If you get 11, 22, 33, don't add them in order to get a single digit.* These are called "master numbers" and apply to different rules.

Let's take the name "Margaret Hill" for example. We have M=4, A=1, R=9, G=7, A=1, R=9, E=5, T=2 and H=8, I=9, L=3, L=3. As a result, we have  $4+1+9+7+1+9+5+2+8+9+3+3 = 61$ , which we reduce to  $6+1 = 7$ .

There you have it, your destiny number!

Number	Keyword
1	leadership, initiative, independence, determination, selfishness
2	sensitivity, compromise, harmony, balance, cooperation
3	creativity, enthusiasm, optimism, fantasy, inspiration
4	stability, security, tradition, hard work, cautiousness
5	change, freedom, revolution, progressiveness, sexuality
6	care, responsibility, family, duty, romanticism
7	loneliness, skepticism, mysticism, philosophy, perfectionism
8	power, domination, money, success, recognition
9	forgiveness, compassion, integration, reward, spirituality

### *Numbers and their keywords*

Unfortunately, the field of numerology isn't as much explored as others like astrology or tarot readings, which means that it's difficult to find sufficient, valuable information about it easily. A lot of the things I wrote in this article, I learned from a very informative and valuable book, which I recommend to everyone who is interested in numerology and can be found [here](#). Feel free to visit the comments section for any questions you might have and let me know your thoughts on numerology!

*This content is accurate and true to the best of the author's knowledge and is not meant to substitute for formal and individualized advice from a qualified professional.*

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## Comments

**Margaret Pan (author)** from Athens on April 03, 2020:

Thanks for visiting Chitrangada, I appreciate your comment.

**Chitrangada Sharan** from New Delhi, India on April 02, 2020:

Interesting article about numerology. I understood some of it, but would need further reads, to understand better.

Thanks for sharing this interesting information.

**Laurinzoscott** from Kanab, Utah on March 24, 2020:

Yes but the science and language of numbers is different so were okay...lol

**Margaret Pan (author)** from Athens on March 24, 2020:

MG, thank you for your comment! I'm not aware of it- I'll definitely check it out!

**Margaret Pan (author)** from Athens on March 24, 2020:

Hahah, I've always been horrible with math too! Thank you very much!

**MG Singh emge** from Singapore on March 24, 2020:

Numerology and astrology are my hobbies and I did a course a few years back at the College of Astrology, Bangalore. Your article was interesting. I wonder if you are aware of the number pyramid for answering questions.. Thank you.

**Laurinzoscott** from Kanab, Utah on March 24, 2020:

Welll, this is pretty fascinating Margaret Pan...ive Always been fascinated with numbers...though horrible with math...my social sec # has four 6's in a row...ive always liked that but inclined to 3...excellent hub

**Kyler J Falk** from California on March 23, 2020:

Someone I worked with once told me that I should look into numerology because I do things in 3's and 7's, and to this day I still can't bring myself to sit and break everything down into numbers. This is a very helpful article that would make that process much easier, however, but I still can't find it within me to do it myself.

Should I ever wish to explore numerology as it would apply to me I have this article bookmarked!