



NUMEROLOGY 101

New to Numerology? Here's What You Need to Know...

By The Numerologist Team January 20, 2021 Numerology, Numerology 101

What Is Numerology? The Numbers You Need To K...



Have the numbers been calling to you?!

If you're interested in the mystical art of numerology, then you're joining a long line of ancient truth seekers.

Welcome in!

Since ancient times, people from all corners of the world have understood the power inherent in numbers. And here, in our modern-day, this spiritual sister-science of astrology is making something of a come-back!

So before you dive into what's sure to be an exciting and revealing journey, we wanted to cover some of the origins with you – the basics of where numerology comes from and how it's used as a predictive art.

Your Comprehensive Guide To Numerology

This guide seeks to tell you everything you need to know about numerology so you can start to understand your numbers and use them to improve your life.

You can jump to the section you want to check out here:

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- [How Can Numerology Help Me](#)
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Before you continue, did you know that this article is “Day 1” of our 30 Day Numerology Challenge? [Click here to get your free challenge pack download and start your journey to abundance, joy and light.](#)

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What IS Numerology?

Numerology is a method of divination that uses numbers to symbolize the vibrational patterns which **make up our human experience.**

Simply put, numerology is a method of interpreting the numbers in your life so you can reveal personal insights about:

- who you are
- who you will become
- how you will personally achieve abundance
- the challenges you'll face in life
- your personal strengths and how to use them to your advantage
- your ideal [career path](#)

- your compatibility, your romantic style, and ideal partner
- your parenting style

pretty much everything about you...

The way that numbers come together in our lives, (either in very obvious ways, such as **repeating number patterns** OR in more hidden ways, such as through shape, sound or personality) all form a blueprint to meaning. And let's face it, meaning in our lives is something we're all searching for, right?

So, when you tap into these numbers and align your mind and your heart with their symbolism and messages – through Numerology – you can begin to understand SO much more about yourself and the world.

Ultimately, this leads to self-realization, conscious manifestation, and healing.

How Can Numerology Help Me?

Really?! Can a Number Really Help Me?!

Yes! *Trust us – we've seen this system work for hundreds of thousands of people, all over the world.*

It's true, that some folks can **struggle with the idea of Numerology**. It usually doesn't take much for most to believe in the mystical diagrams of Astrology, or the mythic images of Tarot, and the multitudes of meanings and symbols they represent.

Yet it can be a lot harder for most people to imagine those same attributes being represented by a common number or letter of the alphabet. We can have a hard time seeing numbers as anything other than ciphers for quantities and measurements because that's how we use them every day.

Yet perhaps what they taught you in those math classes at school isn't the whole truth? It wouldn't be the first time that ancient knowledge was withheld from the people...

Much like astrology, numerology can be used to unlock the intricate details about who you are and provide a framework on which you can build your life. Knowing which numbers appear in your unique numerology chart can help you understand why you struggle with some things in your life. It can reveal your life's purpose. It can help you feel safe in the knowledge that your shortcomings are just opportunities to get to where you need to be. At its very core, numerology helps you understand who you are so you can work with those forces, overcome limitations and smash through any blocks that you might be facing.

READ MORE: [How Numerology Can Help Me In My Life](#)

READ MORE: [How Numerology Can SAVE Your Life](#)

The History of Numerology

The origins of numerology are somewhat of a mystery. The earliest instances of finding meaning in numbers were in ancient Egyptian and Babylonian civilizations. There is evidence of numerology being used thousands of years ago in Rome, Greece, China and Japan too.

The ancient Chaldeans (waaaay back in ancient Babylonia) understood that all things are composed of energy vibrating at different frequencies (today, modern science is just catching up with this concept!). For them, numerology provided a simple system to understand the qualities of these vibrations, on both personal and universal levels.

Greek philosopher, Pythagoras is usually credit with creating what we know as numerology today. Although it is not thought that he invented the entire system, he is thought to have brought a whole new meaning to numbers.

The term Numerology was coined by Dr. Julia Seton, and first seen in a book published around 1937. Before then, this type of divination was referred to as the Science of Numbers, Arithmancy, or sometimes erroneously, Kabbalah.

Want Numerology for Wizards? [Read About Arithmancy Here!](#)

The Two Major Schools of Numerology

There are two major schools of Numerology practiced today: **Pythagorean Numerology**, and **Chaldean Numerology**.

Pythagorean Numerology

The **Pythagorean Numerology** (also known as Western Numerology, or Modern Numerology) claims a lineage going back to Pythagoras, the Greek philosopher who lived around 500 BC. But the story of his invention of a “new number system” was made by Philolaus who was born 25 years after Pythagoras’ death, and after the original Pythagorean mystery school burned down.

Chaldean Numerology

The Chaldeans were a people who ruled ancient Babylonia. **Chaldean Numerology** verifies its roots in antiquity through cuneiform tablets dating back to thousands of years before the birth of Pythagoras.

What’s the Difference?

The chief difference between these two systems is that Chaldean Numerology is based on the vibration that a number represents, even before it is spoken. While the “Pythagorean” system considered each single digit in relation to the alphabetical letters, in a strict, linear sequence.

Another difference between Chaldean and Pythagorean Numerology is that the Chaldean system places more emphasis on the name, while the Pythagorean system is more concerned with permutations of the birth date.

Other Types of Numerology

There are other schools of Numerology which have their origin in ancient Taoist cosmologies that follow the theory of Yin and Yang and the Five Elements. It is believed that these methods, (developed into what’s known as 9 Ki or Kyusei in Japan), along with the Yijing (I-Ching) are older than the origin of numbers.

Chinese Numerology

Chinese Numerology differs again, in that it’s based on how a number sounds when spoken.

READ THIS RECENT POST: [A Quick Introduction to Chinese Numerology](#)

It’s also interesting to note that the more modern and very popular system of **Chinese Astrology**, known as the Four Pillars, is really a numerological method based on the calendar, rather than the movements of the stars.

Kaballah Numerology

A fascinating strand of Numerology is the Kaballah system, which is based on the Hebrew alphabet.

This is a most mystical art and uses only the name. Usually, one needs to be especially trained and/or have studied extensively to understand this system and its number meanings.

Learning Pythagorean Numerology

Here at Numerologist.com, we use the Pythagorean system of Numerology, so that's what we'll be teaching you.

We believe this is a profound and reliable way to examine your inner nature and gain a deeper understanding of the various psychological, physical and spiritual processes that make up your life experience.

Through even the most basic knowledge of your **personal numerology** chart – and your 5 core numbers – you can begin to uncover your strengths (and begin to play to them), and gain a truer sense of your deepest needs and desires.

Pythagorean Numerology Basics

In numerology, each number has a different meaning, and it's those meanings that make up a unique code by which you can live your life. At its core, numerology only has 12 number meanings since numerology looks at all of the single digits (1-9) and 3 master numbers (11, 22 and 33). In numerology calculations, numbers are reduced down to a single digit or one of the master numbers.

Generally, numerology works with dates and names.

For example, if we were looking at the numerology of the date 5/5/2019, we would find the single digit of that number by adding all the numbers together and repeating the process until we had just a single digit, as follows:

$$5+5+2+0+1+9 = 22$$

$$2+2 = 4$$

So, the numerology of the date 5/5/2019 is 4.

Similarly, if you want to discover the numerology of a name, each letter is assigned a number, and the process is the same as above. The letters and their number assignments are:

So, for example, if you wanted to figure out the numerology of the name Jane Doe...

The calculation would be $1+1+5+5+4+6+5 = 31$ and $3+1 = 4$. **The numerology of Jane Doe is 4.**

It's important to note that these two calculations are just the basic concepts of numerology. There are a great deal of calculations and formulae that you can look at but the method of reducing to a single digit and the letter/number assignments remain consistent throughout.

Number Meanings

Each number has its own unique meaning. Just like zodiac signs in astrology, each number has positive and negative traits.

As a quick rundown of each number, the following list will give you a brief idea about the meaning of each number in numerology but you can read more about each number [here](#).

- **Number 1** – the leader: confident, creative and bravery
- **Number 2** – partnership: collaboration, relationships, sensitivity
- **Number 3** – the star: creativity, luck, energy
- **Number 4** – the stabilizer: stability, grounded, practicality
- **Number 5** – the adventurer: free-spirited, fun, adventurous
- **Number 6** – the nurturer: family, home, love and trust
- **Number 7** – spirituality: mysticism, magic, intuition and wisdom
- **Number 8** – renewal: balance, ambition, advancement
- **Number 9** – the wise one: completion, **transformation**, release, surrender
- **Number 11** – the first master number: personal growth, evolution, divine support and guidance
- **Number 22** – the second master number: intuition, introspection, partnership with the divine
- **Number 33** – the last master number: caring, nurturing, creative, high frequency

Repeating and Angel Numbers

Aside from looking at your own personality chart, there are other numbers in your life that you should take note of. When certain numbers appear seem to constantly appear around you, it's a sure sign from the universe that there is a message that you need to uncover.

Repeating numbers, also known as Angel Numbers, show up when your Angel Guides Spirit Guide or the Universe is trying to tell you something. The most frequently seen angel numbers are 1111, 222 and 911.

You can read more about repeating numbers [here](#) and we have a [free number messages handbook](#) too that will help you understand the numbers you're seeing in your life too. And if you want to delve further into these powerful signs, our [Meaning of Repeating Numbers program](#) will help you use these incredible signs so you can become absolutely limitless in your life.

Your Numerology Chart

When it comes to understanding which numbers in your life personally affect you, looking into your numerology chart is the first place to start. We have a **free personalized video report** that you can check out to understand your unique chart, but before you check that out, we just wanted to explain the five numbers of your chart that you need to understand.

These 5 core numbers in Numerology are:

- Life Path Number
- Soul Urge Number
- Expression Number
- Birthday Number
- Personality Number

Your Life Path Number

Your **life path number** is the most commonly used number in numerology. You can think of it like your zodiac sign in **astrology**: it's the number that provides a huge amount of guidance in your life and goes a long way to explaining your personality, who you are and who you're likely to become. But, if you know anything about astrology, you'll know that there is not just one aspect of your natal chart that you should look at when you're trying to use these tools as ways to understand your life. So, while it's important to understand your life path number when you're starting out, it's vital you take a deeper look into the other numbers which may be influencing you.

Calculating your Life Path Number

Your life path number is calculated using your date of birth. So, the life path number for a person with 3/11/1989 as their date of birth is 5 ($3+1+1+9+8+9=32$, $3+2=5$)

You can read more about life path numbers and understand what yours means [here](#). (FYI, if you're following along with our "Learn Numerology in 30 days" challenge, you'll learn all about your life path number on day 2. If you've not joined the challenge yet, you can start any time [here](#))

Your Soul Urge Number

Your **soul urge number** is the which reveals your unique talents, gifts and offerings to the world. Your soul urge number goes a long way to uncovering the deeper you and reveals your deepest desires that are hidden from view (both to you and the outside world). Your Soul Urge Number is often referred to as your Heart's Desire Number because it uncovers the direction your heart wants to take you (and it may not be the direction you think it will be).

Calculating your Soul Urge Number

Your Soul Urge Number is calculated using your full birth name. But, unlike the "Jane Doe" example above, you only use the vowels and corresponding letters. So, for Jane Doe, the Soul Urge Number is 8 ($1+5+6+5=17$, $1+7=8$).

You can read more about soul urge numbers and understand what yours means [here](#). (FYI, if you're following along with our "Learn Numerology in 30 days" challenge, you'll learn all about your life path number on day 3. If you've not joined the challenge yet, you can start any time [here](#))

Your Expression Number

Your Expression Number is also known as the Destiny Number since it reveals information about your natural abilities, personal goals and desires for this lifetime. While your Life Path Number reveals the journey through life, your expression number shows you how you'll get there. It reveals your strengths and weaknesses, showing you how to navigate the pitfalls and challenges you'll experience on your path.

Calculating Your Expression Number

Your Expression Number is calculated using your full birth name. The Jane Doe example above shows the expression number.

You can read more about expression numbers and understand what yours means [here](#). (FYI, if you're following along with our "Learn Numerology in 30 days" challenge, you'll learn all about your life path number on day 4. If you've not joined the challenge yet, you can start any time [here](#))

Your Personality Number

As you may expect, your Personality Code reveals a lot about your personality. This is the side of you that you show to the world, unlike your Soul Urge Number. This is a really important number to consider when thinking about self-acceptance, self-love and [self-belief](#).

Calculating your Personality Number.

To calculate your Personality Number, you use the consonants of your full birth name.

You can read more about personality numbers and understand what yours means [here](#). (FYI, if you're following along with our "Learn Numerology in 30 days" challenge, you'll learn all about your life path number on day 5. If you've not joined the challenge yet, you can start any time [here](#)).

Your Birthday Number

This number is sometimes overlooked as it's frequency is calculated in the Life Path but it is no less important. Combined with the other numbers in your chart, your Birthday Number reveals a lot about your unique traits and can even hold the key to your life's purpose.

Calculating your Birthday Number

Your Birthday Number is calculated from the specific day of the month you were born. So those with born on the 11th of a month would have a 2 Birthday Number, and so on

You can read more about birthday numbers and understand what yours means [here](#). (FYI, if you're following along with our "Learn Numerology in 30 days" challenge, you'll learn all about your life path number on day 6. If you've not joined the challenge yet, you can start any time [here](#))

Your Unique Number Code

Just like in astrology, this number can contradict what your Life Path Number is seemingly telling you and it's important to use this number to compliment the others. It's about finding balance.

Where To Begin

Using only your full birth name and date of birth, a simple reading (with a pro, or using a [Numerology calculator](#)) can give you deep insight into what makes you "tick".

Whether your goals are romantic, material or spiritual, *Numerology can help you reach them with less difficulty and fewer delays*, providing an excellent way for you to navigate the currents of daily life, AND plan for your future.

Numerology can help you learn how to emphasize your strengths and overcome your weaknesses – almost anything you need to know can be found within the vibrational patterns of numbers, and the cycles they move in.

Step One: Discover the 5 core numbers in your numerology chart. Your [free numerology reading](#) will help you do this.

Step Two: Write your numbers down and start to get to know what each of your numbers means for you in a general sense.

Step Three: Once you understand your numbers on a basic level, you can start to look into their deeper meanings and start to use them to help you make decisions and understand your life's ripose

Step Four: After you understand your own personal numerology chart, you can start to analyze the charts of the people in your life. This doesn't have to be something you share with those people, but it will help you understand these relationships and give you some guidance in [navigating these relationships](#). So, whether you need to understand how to fix a relationship with a loved one, level with your teenager or get the most from your employees, numerology can absolutely help you with this.

Step Five: Become conscious of the numbers influencing your life every day. While the numbers in your numerology chart are fixed, there are other numbers in your life that will appear from time to time. From understanding the numerology of your phone number to interpreting the number messages the universe is giving you, becoming conscious of the numbers in the world around you will give you the power to become absolutely unstoppable.

Numerology FAQs

- [What Are The 5 Core Numbers In My Numerology Chart?](#)
- [How Can I Use Numerology To Help Me Understand What Will Happen Today?](#)
- [How Do I Calculate My Life Path Number and What Does It Mean?](#)
- [How Can Numerology Help Me Find Lasting Love?](#)
- [What Are Angel Numbers?](#)
- [I keep Seeing 1111. What Does It Mean?](#)
- [How Can I Use Numerology In My Daily Life?](#)
- [Why Do I Have to Use My Full Birth Name?](#)
- [What Happens If I Change My Name?](#)
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Now it's your turn to share with us! Type "YES" below if you're ready to change your life with numbers

If you're joining along with our [Numerology Challenge](#), in the coming days, you'll discover the master numbers in your numerology chart (you can join the challenge any time [here](#)) but if you just can't wait till then...

Ready to Unlock The Key Numbers in Your Numerology Chart So You Can Become The Most Limitless Version of Yourself?

[GET YOUR FREE NUMEROLOGY REPORT HERE](#)

NEXT ARTICLE: [YOUR LIFE PATH NUMBER](#)

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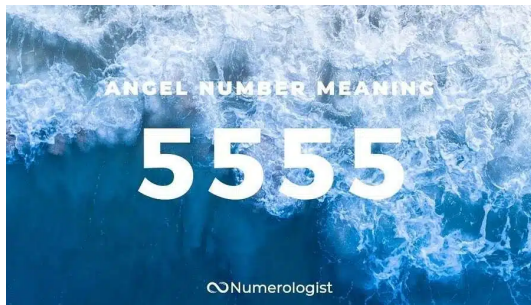
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