$$\delta\psi_{\alpha} = -i(\sigma^{\mu}\epsilon^{\dagger})_{\alpha}\partial_{\mu}\phi + \epsilon_{\alpha}\mathcal{F}, \quad \delta\psi_{\dot{\alpha}}^{\dagger} = i(\epsilon\sigma^{\mu})_{\dot{\alpha}}\partial_{\mu}\phi^{*} + \epsilon_{\dot{\alpha}}^{\dagger}\mathcal{F}^{*}$$