$$\delta\psi_\alpha = -i(\sigma^\mu\epsilon^\dagger)_\alpha\partial_\mu\phi + \epsilon_\alpha\mathcal{F}, \quad \delta\psi^\dagger_{\dot\alpha} = i(\epsilon\sigma^\mu)_{\dot\alpha}\partial_\mu\phi^* + \epsilon^\dagger_{\dot\alpha}\mathcal{F}^*$$