

$$\delta\psi_a=-i(\sigma^\mu\epsilon^\dagger)_a\partial_\mu\phi+\epsilon_a\mathcal{F},\quad\delta\psi^\dagger_{\dot{a}}=i(\epsilon\sigma^\mu)_{\dot{a}}\partial_\mu\phi^*+\epsilon^\dagger_{\dot{a}}\mathcal{F}^*$$