- 1. Allow the T-shirt to sit in the plastic bag for at least four hours (preferably overnight).
- 2. Put on latex gloves and cover your clothing. Rinse the shirt with warm water.

Name

- 3. Remove the rubber bands. Rinse with cool water repeatedly until the water runs clear.
- 4. Wash the shirt by itself in the washing machine with only cold water. (After removing the shirt, run the washing machine again with warm water and soap to remove any dye residue in the machine.)
- 5. Hang up the shirt to dry or dry it in the dryer on the coolest setting.
- 6. After the shirt is worn, wash and dry it separately one more time in case the dye continues to run.

## Washing and Drying Instructions Nar

- 1. Allow the T-shirt to sit in the plastic bag for at least four hours (preferably overnight).
- 2. Put on latex gloves and cover your clothing. Rinse the shirt with warm water.
- 3. Remove the rubber bands. Rinse with cool water repeatedly until the water runs clear.
- 4. Wash the shirt by itself in the washing machine with only cold water. (After removing the shirt, run the washing machine again with warm water and soap to remove any dye residue in the machine.)
- 5. Hang up the shirt to dry or dry it in the dryer on the coolest setting.
- 6. After the shirt is worn, wash and dry it separately one more time in case the dye continues to run.