False.

Proof:

Assume that $(\exists m \in \mathbb{N})(\exists n \in \mathbb{N})(\exists m + 5n = 12)$

We have
$$m = \frac{12}{3} - \frac{5n}{3} = 4 - \frac{5n}{3}$$

Since n is a natural number, m is a natural number, n, m are both non-negative,

so
$$m = 4 - \frac{5n}{3}$$
 can not hold,

i.e., we can not find a natural number n that satisfy $m = 4 - \frac{5n}{3}$.

We have a contradiction. So the original statement is false.