TED演讲者: Dina Katabi | 迪娜・卡塔比

演讲标题: A new way to monitor vital signs (that can see through walls) | 一种(可穿透墙壁)监测 生命体征的全新方式

内容概要: At MIT, Dina Katabi and her team are working on a bold new way to monitor patients' vital signs in a hospital (or even at home), without wearables or bulky, beeping devices. Bonus: it can see through walls. In a mind-blowing talk and demo, Katabi previews a system that captures the reflections of signals like Wi-Fi as they bounce off people, creating a reliable record of vitals for healthcare workers and patients. And in a brief Q&A with TED curator Helen Walters, Katabi discusses safeguards being put in place to prevent people from using this tech to monitor somebody without their consent.

在麻省理工学院、迪娜・卡塔比和她的团队正在研发一种不需要使用笨重的仪器就可监测病人生命体征的新 方式,无论是在家中还是在医院,甚至隔着墙壁也可以使用。通过这次开阔眼界的演讲和演示,卡塔碧展示 了一项早期研究成果,可以捕捉像Wi-Fi一样被人体反射的无线信号,为病人和医护人员提供一个稳定的生命 体征监控记录。在之后与TED策展人——海伦·沃尔特斯的提问环节中,卡塔比还讨论了已经被研发出来, 可以防止任何人滥用此项科技的保护措施。

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When I was a kid, I was, like many of you in this room, very much fascinated by Star Wars, and what fascinated me the most is this notion of the Force,

this energy that connects all people and all objects and allows you to feel people that you can't even see.

And I remember many nights, I would be sitting at home, just, like, concentrating and focusing, trying to feel the Force, and I didn't feel anything, don't worry.

(Laughter) And later in life, I became a scientist.

I joined the MIT **faculty** and started working on **wireless**

These are things like **Wi-Fi** or **cellular** systems, and I did a lot 我在像 Wi-Fi,蜂窝网络 这样的领域投入了很多精 of work in that domain.

But then, again, this Force thing kept **nagging** me, and at some point, I was just like, "Wait a minute, these wireless signals -- they are like the Force."

So if you think about it, wireless signals, they travel through space, they go through **obstacles** and walls and **occlusions**, and some of them, they reflect off our bodies, because our bodies are full of water, and some of these minute **reflections**, they come back.

锡育软件

当我还是个孩子的时候, 同房间里的很多人一样, 很喜欢星球大战, 其中最令我着迷的, 是这个原力 的概念,[00:12]

这股能量可以将所有 人和物体联系起来, 并且可以 让你感受到 那些你看不见的人。[00:23] 记得很多个深夜里, 我坐在家中, 尝试集中精力去 感受这股原力, 不过你们放心, 我没感受到任何东 西。[00:30]

(笑声) 在我长大之后, 我成为了一名科学家。 [00:41]

我进入了麻省理工学院, 开始无线信号方面的研 究。[00:45]

力。[00:51]

但对于"原力"的念想 仍然徘徊在我的脑海中, 某 -天,我突然想到,对了,这些无线电信号,不就像是 电影中的原力吗?"[00:57]

如果你思考一下,这些无线信号穿梭在空间里,它 们中的一部分穿过障碍物, 墙壁和闭塞的区域, 另 一部分 则从我们身上反射, 因为我们身体中充满了 水,有些信号在反射之后,又反射回来。[01:08]

concentrating: n.浓缩;精选/v.浓缩(concentrate的ing形式);专心 faculty: n.科,系;能力;全体教员 wireless: adj.无线 的;无线电的/n.无线电/vt.用无线电报与...联系;用无线电报发送/vi.打无线电报;打无线电话 Wi-Fi: abbr.无线保真技术 (wirelessfidelity);无线上网技术 cellular: adj.细胞的;多孔的;由细胞组成的/n.移动电话:单元 nagging: adj.唠叨的;挑剔的;使 人不得安宁的/n.唠叨;挑剔/v.唠叨(nag的ing形式) obstacles: n.障碍;障碍物(obstacle的复数形式);阻碍 occlusions: n.闭塞; 吸收;锢囚锋 reflections: n.反光;反响,回声;回旋曲

And if, just if, I had a device that can just sense these minute 如果,我能有一个仪器 可以捕捉到这些反射, 那么 reflections, then I would be able to feel people that I cannot 我就能够感知到 那些我看不见的人了。[01:24]

So I started working with my students on building such a device, and I want to show you some of our early results.

So here, you see my student standing, and here is our device. 在这里,你们可以看到 我的学生站在白线圈中心,

于是,我和我的学生们就开始 研发这样的一个仪器, 我想给你们展示一些早期的成果。[01:36] 这是我们的仪器。[01:44] 我们把仪器放在了一墙之隔的另一间办公室里,我

And we are going to put the device in the other office, behind the wall, and we are going to monitor him as he

们将用仪器 来检测他的移动轨迹。[01:48]

This red dot is tracking him using wireless signals.

你们可以从屏幕上看到, 红点可以准确地展示他的

这个红点代表无线信号 追踪到的他的位置。

And as you can see, the red dot is tracking his movements very accurately, purely based on how his body interacts with 运动轨迹, 而这种监测完全依赖身边的 无线信号和 the surrounding wireless signals. Pretty accurate, isn't it?

他身体接触的情况。[02:02] 相当准确,不是吗? [02:13]

He has no wearables, nothing.

而且他的身上没有任何穿戴式设备。[02:16] (掌声) 你可能会感到好奇,为什么我们可以完全

(Applause) Now you might be wondering, how is it possible

that we can sense people and track them, without any

不用 穿戴式设备,并且隔着墙 来感知和追踪人体

| that we can sense people and track them, without any | 个用 牙製式以留,并且隔有恒 术总和们迫际人体 呢 具然单的米比能且重法 [02:18] |
|---|---|
| wearables, through walls, and the easiest analogy to think | 呢, 最简单的类比就是雷达。[02:18] |
| about is radar. | |
| as you can see: 正如你所看到的;你是知道的 accurately: adv.精确地,准确本的 | 用地 Interacts: VI. 互动;相互作用(Interact的一单形 |
| 式);交互 analogy: n.类比;类推;类似 | |
| I'm sure many of you have seen this picture. | 我相信很多人都看过这样的图片。[02:33] |
| You transmit a wireless signal to the sky, it reflects off some | 当你发射无线信号到空中,它被飞机反射回来,你 |
| airplane, comes back to you, and you start detecting these | 就可以检测到飞机了。[02:35] |
| airplanes. | |
| But if it were just radar, then we would have this 50 years | 但如果仅仅是利用了雷达的工作原理, 我们50年前 |
| ago. | 就应该有这种技术了。[02:44] |
| So it's not just radar. | 所以我们研发的 仪器不仅仅是雷达。[02:49] |
| There are two key differences. | 它和雷达有两个关键的不同点。[02:51] |
| So the first difference, of course you can't, like radar, just | 第一个不同点,毋庸置疑,你不能像雷达一样,随便 |
| blast wireless power at somebody. | 就 向人体发射高强度的无线电波。[02:54] |
| You're going to fry them like if they were in a microwave . | 那么做就等同于是 把人放进了微波炉。[02:59] |
| Don't do that. | 切记不要那么做。[03:02] |
| So it means that you have to be able to deal with very weak | 我们面临的问题是,这个仪器 必须能接收很弱的信 |
| signals, and that means that your device has to be very | 号, 这就意味着,这个仪器 必须非常的灵敏。 |
| sensitive. | [03:04] |
| The second difference is that, unlike the sky, where it's empty | , 第二个不同点,这个仪器的检测空间,不像是天空,空 |
| if you are lucky, there is one airplane that you can catch | 无一物, 如果你很幸运,空中只有一架飞机, 你就可 |
| there. | 以轻松地跟踪到它。[03:13] |
| Like, look at the room and look how many objects and | 但是看看现在这个房间, 有那么多人和物品。 |
| people there are. | [03:21] |
| reflects: 反照/反射 detecting: n.检测;检定/v.发现;探知(detect的现在分) | |
| 的复数) microwave: n.微波 sensitive: adj.敏感的;感觉的;[仪]灵敏的; | |
| 有灵异能力的人 | |
| So in indoor environments, the signal not only reflects off the | 在一个室内的环境下 信号不仅会被监测对象反射 |
| person, if reflects off the person, off the floor, the ceiling, off | 还会被地面,天花板 和身边的其他人反射回来, 仪 |
| other people around, and you get very complex reflections | 器会接收到非常复杂的反射信号,[03:25] |
| where the same signal reflects off me and then off you, and | 因为同一个信号会在你我之间, 天花板、地面等等 |
| then off the ceiling, then off the floor. | 物体之间来回反射。[03:37] |
| And you have to make sense of that mess. | 我们必须能够理解这杂乱的信号。[03:42] |
| But we were lucky. | 但我们还挺幸运的,[03:47] |
| We were coming at the right time. | 在万事俱备的时代开始了这项研究。[03:49] |
| So two things helped us. | 有两项技术帮助了我们。[03:53] |
| | 首先是无线电技术,它在近十年来进化了很多,正 |
| The first thing is radiotechnologies have evolved a lot, and | 是得益于无线电技术变得更加强大,我们才可以制 |
| over the last decade, radio technology became much more | 造出非常灵敏的,可以监测到极弱射频信号的仪 |
| powerful, so we were able to build very sensitive radios that can sense weak and minute RF signals. | 器。[03:54] |
| | 第二项技术是:机器学习。[04:11] |
| The second thing: machine learning. So you keep hearing about machine learning and there was a | |
| | 在深度学习这方面又提升到了一个更高的层次,这 |
| revolution of machine learning recently, in deep learning, | 使得我们有能力去建造一个[04:14] |
| and that allowed us to build machine-learning models | 可以理解并分析无线 信号的机器学习模型, 它可以 |
| that can understand wireless signals and interpret them so | |
| they would know what happened in the environment. | 理解在特定 环境下发生了什么。[04:24] |
| make sense of: 搞清的意思 at the right time: 在适当时候 machine | |
| So if you think of it, the radio is like the ear of our device and | |
| the machine learning is like the brain, and together, they | 器学习就像是它的大脑,两者的结合让仪器变得非常。 |
| have a very powerful device. | 常强大。[04:31] |
| So what else can we sense about people using wireless | 那么我们还可以用这无线信号 去感知人的什么状态。 |
| signals? | 态呢? [04:43] |
| Sleep. | 睡眠。[04:50] |
| Sleep, actually, is something very dear to my heart, because | 睡眠实际上是 我尤为珍惜的事情, 因为我的睡眠状 |
| my sleep is a disaster. | 次修不忍睹。[04:51] |
| (Laughter) So one thing is when you start working on some | (笑声) 当你开始研究生理信号,会发现自己的生 |
| physiological signal and you discover that yours sucks. | 理状况一团糟。[04:55] |
| (Laughter) So you can see why we can capture sleep, because | |
| the person walks and the device sees him as he walks to bed, | |
| when he stops tossing around in bed, when he steps out of | 了床, 什么时候在床上停止了活动, 和什么时候受 |
| bed, and that measure of sleep is what people call | 监测人离开了床,这种记录睡眠的方式也是 人们所说的 "活动记录"。[05:03] |
| actigraphy. | |
| actigraphy. | |

| It's based on motion. | 这是一种以活动为基础的记录方式。[05:20] |
|--|---|
| But it turned out that we can actually get sleep at a much | 但实际上,我们可以更加深入地 监测睡眠活动。 |
| more important level. | [05:22] |
| We can understand the change in the brain waves that occur | · 我们可以通过仪器来理解 人在睡眠时脑电波的变 |
| during sleep. | 化。[05:28] |
| So, many of you probably know that as we go to sleep, our | 很多人应该会了解,在我们睡觉的时候,脑电波会 |
| | |
| brainwaves change and we enter different stages : awake, | 随着我们进入不同的睡眠状态而改变: 醒着、浅睡 |
| light sleep, deep sleep and REM, or rapid eye movement. | 期、深度睡眠 和快速眼动期各不相同。[05:35] |
| physiological: adj.生理学的,生理的 tossing: n.洗矿;抖动,摇动;颠簸 b | |
| n.[计]阶段(stage的复数);舞台;戏剧表演/v.计划;表演;分阶段进行(stage的三 | 三单形式) |
| These stages are of course related to sleep disorders , but | 这些不同阶段的特征 不仅能反映出睡眠障碍, 更与 |
| they are also related to various diseases. | 多种不同的疾病相关联。[05:46] |
| So for example, disturbances in REM are associated with | 比如说,快速动眼期存在干扰 往往与抑郁症有关。 |
| depression. | [05:53] |
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| | 锡育软件 |
| Disturbances in deep sleep are associated with Alzheimer 's. | 深度睡眠期存在干扰往往与 阿兹海默症(老年痴 |
| | <u>呆症)有关。[05:59]</u> |
| So if you want to get sleep staging , today, you will send the | 通常如果你想知道 自己在各阶段的睡眠状况, 你需 |
| person to the hospital, they put all of these electrodes on | 要去大型医院, 医护人员会将很多电极 连接到你的 |
| their head, and they ask them to sleep like that. | 身上, 并且让你连着那些电极睡觉。[06:04] |
| (Laughter) It's not really a happy experience. | (笑声) 这实在不是一个愉快的经历。[06:13] |
| So what if I tell you that I can do the same thing but without | |
| | 极 就可以监测你的各个 睡眠阶段的状况,听起来如 |
| any of these electrodes on the person's body? | 何? [06:19] |
| Colone is an also is a transport time to the colone in the colone is a colone in the colone in the colone in the colone is a colone in the colone in the colone in the colone is a colone in the colon | |
| So here is our device, transmitting very low power wireless | 这是我们的仪器,它会发射低能无线信号,并且用 |
| signal, analyzes the reflections using AI and spits out the | 人工智能分析信号的反射,辨认出你在整晚不同的 |
| sleep stages throughout the night. | 睡眠阶段。[06:27] |
| So we know, for example, when this person is dreaming. | 由此我们可以知道,例如说这个人什么时候在做 |
| | 梦。[06:38] |
| disorders: n.无秩序,混乱;小病(disorder的复数形式)/v.[电子]扰乱(disord | er的单三形式) disturbances: n.[通信][电子]干扰; |
| 失调(disturbance的复数形式);困惑 depression: n.沮丧;洼地;不景气;忧愁 | |
| 人間(distal barreell)交叉///上の/ 面心 depression: II./正尺//上が/ 「泉 W///// | |
| staging: n 上海: 公卧污蛉: 脚干炉: 乖咚卫车的旋汽 // 丰海: 屏顶: 公阶段进行 | |
| staging: n.上演;分段运输;脚手架;乘驿马车的旅行/v.表演;展现;分阶段进行 | ī;筹划(stage的ing形式) electrodes: n.[电]电极 |
| (electrode的复数);电焊条 transmitting: v.传递,发射(transmite的现在分 | ī;筹划(stage的ing形式) electrodes: n.[电]电极 |
| (electrode的复数);电焊条 transmitting: v.传递,发射(transmite的现在分口水;发出劈啪声/vt.吐,吐出;发出;发射/n.唾液 | r;筹划(stage的ing形式) electrodes: n.[电]电极词形式)/n.传送,传递/adj.传送中 spits: vi.吐痰;吐 |
| (electrode的复数);电焊条 transmitting: v.传递,发射(transmite的现在分口水;发出劈啪声/vt.吐,吐出;发出;发射/n.唾液 Not just that | 示;筹划(stage的ing形式) electrodes: n.[电]电极词形式)/n.传送,传递/adj.传送中 spits: vi.吐痰;吐不仅如此,[06:44] |
| (electrode的复数);电焊条 transmitting: v.传递,发射(transmite的现在分口水;发出劈啪声/vt.吐,吐出;发出;发射/n.唾液 Not just that we can even get your breathing while you are sitting like | r;筹划(stage的ing形式) electrodes: n.[电]电极词形式)/n.传送,传递/adj.传送中 spits: vi.吐痰;吐不仅如此,[06:44] 当你像画面中的人一样坐着的时候,它可以在不接 |
| (electrode的复数);电焊条 transmitting: v.传递,发射(transmite的现在分口水;发出劈啪声/vt.吐,吐出;发出;发射/n.唾液 Not just that | r;筹划(stage的ing形式) electrodes: n.[电]电极词形式)/n.传送,传递/adj.传送中 spits: vi.吐痰;吐不仅如此,[06:44] |
| (electrode的复数);电焊条 transmitting: v.传递,发射(transmite的现在分口水;发出劈啪声/vt.吐,吐出;发出;发射/n.唾液 Not just that we can even get your breathing while you are sitting like that, and without touching you. | r;筹划(stage的ing形式) electrodes: n.[电]电极词形式)/n.传送,传递/adj.传送中 spits: vi.吐痰;吐不仅如此,[06:44] 当你像画面中的人一样坐着的时候,它可以在不接 |
| (electrode的复数);电焊条 transmitting: v.传递,发射(transmite的现在分口水;发出劈啪声/vt.吐,吐出;发出;发射/n.唾液 Not just that we can even get your breathing while you are sitting like | 示;筹划(stage的ing形式) electrodes : n.[电]电极词形式)/n.传送,传递/adj.传送中 spits : vi.吐痰;吐不仅如此,[06:44] 当你像画面中的人一样坐着的时候,它可以在不接触你的状态下监测你的呼吸。[06:46] 你可以看到他在坐着看书,这些曲线波动是他在吸 |
| (electrode的复数);电焊条 transmitting: v.传递,发射(transmite的现在分口水;发出劈啪声/vt.吐,吐出;发出;发射/n.唾液 Not just that we can even get your breathing while you are sitting like that, and without touching you. So he is sitting and reading and this is his inhales , exhales . | 示(等划(stage的ing形式) electrodes : n.[电]电极词形式)/n.传送,传递/adj.传送中 spits : vi.吐痰;吐不仅如此,[06:44] 当你像画面中的人一样坐着的时候,它可以在不接触你的状态下监测你的呼吸。[06:46] 你可以看到他在坐着看书,这些曲线波动是他在吸气,呼气。[06:51] |
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| (electrode的复数):电焊条 transmitting: v.传递,发射(transmite的现在分口水;发出劈啪声/vt.吐,吐出;发出;发射/n.唾液 Not just that we can even get your breathing while you are sitting like that, and without touching you. So he is sitting and reading and this is his inhales, exhales. We asked him to hold his breath, and you see the signal staying at a steady level because he exhaled. He did not inhale. And I want to zoom in on the signal. And this is the same signal as before. These are the inhales, these are the exhales. And you see these blips on the signal? These are not noise. They are his heartbeats. And you can see them beat by beat. So I want to stop here for a moment and show you a live demo. Zach is going to help me with the demo, and we're going to use the device to monitor Zach's breathing. inhales: vt.吸入;猛吃猛喝/vi.吸气 exhales: vt.呼气;发出;发散;使蒸发/vi.响约/vi.稳固/vt.使稳定; 稳固;使坚定/adv.稳定地; 稳固地/n.关系固定的情发/vi.呼气;发出;发散 blips: abbr.债券相关发行溢价结构(BondLinkedIssu(heartbeat的复数) So this white box that you see here is the device, and Zach is turning it on and I see that he breathes well. So we're going to do exactly what we did in the video with | (元) (i司形式)/n.传送,传递/adj.传送中 spits: vi.吐痰;吐 词形式)/n.传送,传递/adj.传送中 spits: vi.吐痰;吐 不仅如此,[06:44] 当你像画面中的人 一样坐着的时候,它可以在不接触你的状态下 监测你的呼吸。[06:46] 你可以看到他在坐着看书,这些曲线波动是他在吸气,呼气。[06:51] 我们让他屏住呼吸,你可以看到信号停留 在了一个稳定的水平 因为他呼出了气,[06:55] 没有再吸气。[07:01] 现在我放大来看这些信号,[07:05] 这些是和以前一样的信号。[07:05] 这些是和以前一样的信号。[07:07] 这些是吸气的时候,这些是呼气的时候。[07:09] 你看到这些信号上的小波动了吗?[07:13] 它们并不是噪音。[07:15] 那是他的心跳。[07:16] 你可以看到心脏的每一次跳动,[07:19] 我想暂停一下讲解,来给你们做一个现场演示。[07:23] 扎克会帮助我做这个演示,我们将在这里直接用我们的仪器 来监测扎克的呼吸。[07:27] 严气;发出;发散 steady: adj.稳定的;不变的;沉着18日;固定支架 exhaled: vt.呼气;发出;发散;使蒸中PremiumStructure) heartbeats: n.心跳 这个白色的盒子里 装着我们的仪器,扎克正在将它的电源打开,[07:35] 让我们看看他的呼吸怎么样。[07:43] 我们正在做和之前视频中 完全一样的事情,当无线信号传播过来的时候,会接触扎克的身体,然后反 |

and we want to monitor his breathing, his inhale-exhale 动。[07:45] So we see the inhales, exhales -- so see, these ups and downs我们可以在这儿看到他的呼吸, 这些上下浮动的曲 are Zach breathing. 线 就是扎克的呼吸。[08:00] Inhaling, exhaling. 吸气,呼气。[08:10] (Applause) So, he can breathe. (掌声) 看来他呼吸得不错。[08:12] (Laughter) Zach, can you hold your breath, please? (笑声) 扎克,可以请你屏住呼吸一会儿么? [08:19] OK, so now he's holding his breath, so you see the signal 好的,他现在屏住了呼吸,那么你可以看到信号停 stays at a steady level, and these are his heartbeats. 留在了一个稳定的水平,还有这些是他的心跳。 Beat, beat, beat, beat. 砰,砰,砰,砰, 砰。[08:32] (Applause) OK, Zach, you can breathe again. (掌声) 谢谢你扎克, 你可以正常呼吸了。[08:35] (Laughter) We don't want accidents here. (笑声) 我们可不想让他在台上缺氧。[08:38] breathes: vi.呼吸;低语;松口气;(风)轻拂/vt.呼吸;使喘息;流露,低声说 reflecting: adj.反射的;沉思的/v.反射;表明;考虑(reflect 的ing形式) **ups and downs:** n.沉浮:盛衰;高低 **Inhaling:** n.吸入;吸气/v.吸入;吸气:猛喝(inhale的现在分词) **exhaling:** v.呼 气;发散;排出(exhale的现在分词形式) (Laughter) OK, thank you. (笑声) 好的,谢谢你。[08:42] (Applause) So as you can see, we have this device that can (掌声) 那么你可以看到,我们的这个仪器 可以监 测很多生理信号, 最特别的是, 这个仪器不需要连 monitor so many physiological signals for you, and what is 接 任何配戴式设备, 也不需要让被监测者 改变他 really interesting about this device is that it does all this without any wearables, without asking the person to change 的日常行为,不需要穿戴任何东西,也不需要充电。 [08:45] his behavior or to wear anything or charge anything special. And that got doctors very excited, because doctors, they 这令医生们十分感兴趣, 因为医生们 一直想要了解 always want to know more information about their patients, 更多 他们病人的体征信息, 特别是那些患有慢性疾 病的人 在家中的状态,尤其像一些肺部疾病, 比如 particularly at home, and this is particularly true in **chronic** diseases, like **pulmonary** diseases, like COPD, or heart failure 说COPD (慢阻肺), 或是心脏衰竭,阿兹海默症, 甚 至是抑郁症。[09:09] or Alzheimer's and even depression. All of these chronic diseases are very important. 所有这类慢性疾病都不容忽视。[09:29] In fact -- perhaps you know -- two-thirds of the cost of 实际上,你可能知道,美国三分之二的医疗支出都 health care in the US is due to chronic diseases. 源于慢性疾病。[09:31] 但慢性疾病真正麻烦的是, 比如说一个人的健康问 But what is really interesting about chronic diseases is that 题, 已经发展到需要去医院 或是急症室的时候, 这 when the person, for example, has a problem that leads to the hospital and the emergency room, this problem doesn't 些疾病并不是一晚上发展出来的。[09:39] happen overnight. chronic: adj.慢性的;长期的;习惯性的 pulmonary: adj.肺的;有肺的;肺状的 two-thirds: n.三分之二/三分之二的/三分之二 Actually, things happen gradually. 这些慢性疾病都是渐渐发展的。[09:50] So if we can monitor chronic disease patients in their home, 那么当我们可以在慢性疾病 患者家中对其进行检 测, 我们就可以及时发现病人在呼吸、心率、 身体 we can detect changes in their breathing, heartbeat, 机能、睡眠等方面的异常,从而在紧急情况发生之 **mobility**, sleep -- and we can detect **emergencies** before 前,尽早地通知医生进行干预,这样我们就可以避 they occur and have the doctor intervene earlier so that we 免住院治疗。[09:52] can avoid **hospitalization**. 如今,我们已经在与多名医生合作,对不同的疾病类 And indeed, today we are working with multiple doctors in different disease categories. 型进行研究。[10:10] So I'm really excited because we have **deployed** the device 我对此真的非常兴奋, 因为我们已经开始使用 仪器 with many patients. 监测很多病人了。[10:16] We have deployed the device with patients that have COPD,比如说我们在监测慢阻肺患者,慢阻肺是一种肺部 which is a pulmonary disease, patients that have Alzheimer's, 疾病, 阿兹海默症患者, 抑郁症与焦虑症患者, 还有 patients that have depression and anxiety and people that -些帕金森患者。[10:20] have Parkinson's. And we are working with the doctors on improving their life, 我们在和医生们一起努力, 去了解这些疾病的成因, understanding the disease better. 去改善这些病人的生活。[10:32] So when I started, I told you that I'm really fascinated with 在我演讲的最开始, 我告诉过你们, 我对星球大战 Star Wars and the Force in Star Wars, and indeed, I'm still 非常的着迷, 尤其是星球大战里的原力, 实际上,随 着我一点点长大, 甚至现在, 我依然对其非常着迷, very much fascinated, even now, as a grown-up, with Star 期待着星球大战的下一部巨作。[10:38] Wars, waiting for the next movie. mobility: n.移动性;机动性;[电子]迁移率 emergencies: n.紧急事件;紧急需要 intervene: vi.干涉;调停;插入 hospitalization: n.住院治疗;医院收容;住院保险(等于hospitalizationinsurance) deployed: v.部署(deploy的过去式);展开 grown-up: adj.成熟的/n.成年人 But I'm very fascinated now and excited about this new Force 但是我现在对新的原力更加着迷,对无线信号的力

of wireless signals, and the potential of changing health care 量, 以及新的原力可能改变 现有医疗现状的潜力。

with this new force.

| One of the patients with whom we deployed is actually my aunt. | 现在配备有我们仪器的病人 之一是我的姑妈。 [11:07] |
|---|---|
| She has heart failure, and I'm sure many of you guys in the audience have parents, grandparents , loved ones who have chronic diseases. | 她患有心力衰竭, 我相信很多在座的听众, 你们的 父母,祖父母,或是 所爱之人当中有人患有慢性疾 病。[11:10] |
| So I want you to imagine with me a future where in every home that has a chronic disease patient, there is a device like this device sitting in the background and just monitoring passively | 我希望让你们和我一起想象一下这个未来,在每一个病人的家中,有这样的一个仪器默默地监测病人的睡眠,呼吸,[11:21] |
| sleep, breathing, the health of this chronic disease patient, and before an emergency occurs, it would detect the degradation in the physiological signal and alert the doctor so that we can avoid hospitalization. | 以及身体健康状况,它可以在紧急情况发生之前, 检测到病人的生理信号的异常,并且向医生发出预警,从而避免住院治疗。[11:32] |
| This can change health care as we know it today, improve how we understand chronic diseases and also save many lives. | 这可以大大地改善 现有的医疗状况, 让我们对慢性疾病 有更深层次的理解, 并且救助很多的生命。 [11:46] |
| Thank you. | 谢谢。[11:54] |
| grandparents: n.祖父母(grandparent的复数);外祖父母 monitoring: n. | |
| 督(monitor的ing形式) passively: adv.被动地;顺从地 degradation: n.退 | |
| (Applause) Helen Walters: Dina , thank you so much. | (掌声) 海伦·沃尔特斯: "谢谢你,迪娜。 [11:55] |
| Thank you too, Zach. | 同样谢谢你,扎克。[12:02] |
| So glad you're breathing. | 很高兴看到你还在正常呼吸。[12:04] |
| So Dina, this is amazing. | 迪娜,这仪器非常的不可思议。[12:05] |
| The positive applications are incredible. | 它积极的应用前景是不可估量的。[12:08] |
| What is the framework, though, like the ethical framework around this? | 我想问一下它的框架是什么?比如说,使用此仪器需要遵从的道德框架? [12:11] |
| What are you doing to prevent this technology from being used for other, perhaps less positive types of applications? | 你们有什么防范措施, 去防止别人不正当地使用这 仪器呢?" [12:15] |
| Dina Katabi: Yeah, this is a very important question, of course like, what about misuse , or what about, I guess you could | ,迪娜·卡塔比:"对,这确实是 一个非常重要的问题, 就像如果有人滥用, 或是,像黑暗原力?"[12:21] |
| say, about the Dark Side of the Force? | |
| HW: Right, right. | 海伦·沃尔特斯: "对,是的。" [12:29] |
| (Laughter) DK: So we actually have technologies that prevent people from trying to use this device to monitor somebody without their consent . | (笑声) 迪娜: "我们实际上有开发一些技术, 去防止任何人使用此仪器 来监控未征得本人同意的个人。[12:31] |
| Because the device understands space, it will ask you to prove, by doing certain movements, that you have access to the space and you are the person who you are asking the device to monitor. | 因为这个仪器能识别空间,它会要求被监测人做出指定动作来向仪器证明你有在此空间活动的权限,以及你愿意被此仪器监控。[12:43] |
| Dina: n.[军][电子]第纳干扰器 ethical: adj.伦理的;道德的;凭处方出售的用;虐待 consent: vi.同意;赞成;答应/n.同意;(意见等的)一致;赞成 | |
| So technology-wise, we have technology that we integrate to prevent misuse, but also, I think there is a role for policy, like everything else, and hopefully, with the two of them, we can control any misuse. |) 所以从技术的层面来说, 我们有这样的技术去防止 滥用, 但同时,我觉得就像其他事物一样, 需要特定 的法规约束, 希望在技术和法规的双重约束下, 我 们可以控制住滥用。"[12:54] |
| HW: Amazing. Thank you so much. DK: Thank you. | 海伦·沃尔特斯: "太好了,谢谢你。" [13:09] |
| (Applause) | /帝士》[13.11] |

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