

# 1 Constant $\eta$

## 1.1 Toy Problem

Consider simplest spin Hamiltonian  $H = -\vec{B} \cdot \vec{s}$ . It's clear that if we set up initial conditions  $\vec{s}$  misaligned from  $\vec{B}$ , it will simply spin around  $\vec{B}$ , which is fixed. Thus, let  $\hat{B} \cdot \hat{s} = \cos\theta$  the angle between the two, and let  $\phi$  measure the azimuthal angle.

We claim that  $\cos\theta, \phi$  are canonical variables. Since  $\phi$  is ignorable, immediately  $\frac{d\theta}{dt} = \frac{d\cos\theta}{dt} = -\frac{\partial H}{\partial \phi} = 0$ , while  $\frac{d\phi}{dt} = \frac{\partial H}{\partial(\cos\theta)} = Bs$  tells us the rate at which the spin precesses around  $\vec{B}$ .

## 1.2 Cassini State Hamiltonian

This Hamiltonian is Kassandra's Eq. 13, in the co-rotating frame with the perturber's angular momentum:

$$\mathcal{H} = -\frac{1}{2}(\hat{s} \cdot \hat{l})^2 + \eta(\hat{s} \cdot \hat{l}_p). \quad (1)$$

In this frame, we can choose  $\hat{l} \equiv \hat{z}$  fixed, and  $\hat{l}_p = \cos I \hat{z} + \sin I \hat{x}$  fixed as well. Then

$$\hat{s} = \cos\theta \hat{z} - \sin\theta (\sin\phi \hat{y} + \cos\phi \hat{x}).$$

We can choose the convention for  $\phi$  azimuthal angle requiring  $\phi = 0, \pi$  mean coplanarity between  $\hat{s}, \hat{l}, \hat{l}_p$  in the  $\hat{x}, \hat{z}$  plane such that  $\hat{l}_p, \hat{s}$  lie on the same side of  $\hat{l}$ . Then we can evaluate in coordinates

$$\begin{aligned} \hat{s} \cdot \hat{l} &= \cos\theta, \\ \hat{s} \cdot \hat{l}_p &= \cos\theta \cos I - \sin I \sin\theta \cos\phi, \\ \mathcal{H} &= -\frac{1}{2} \cos^2\theta + \eta(\cos\theta \cos I - \sin I \sin\theta \cos\phi). \end{aligned}$$

Note that if we take  $\cos\theta$  to be our canonical variable,  $\sin\theta = \sqrt{1 - \cos^2\theta}$  can be used.

**NB:** Our convention is that  $\phi = 0$  for CS1, 3, 4, all of which are on opposite sides of  $\hat{l}$  from  $\hat{l}_p$ .

## 1.3 Equation of Motion

The correct EOM comes from Kassandra's Eq. 12:

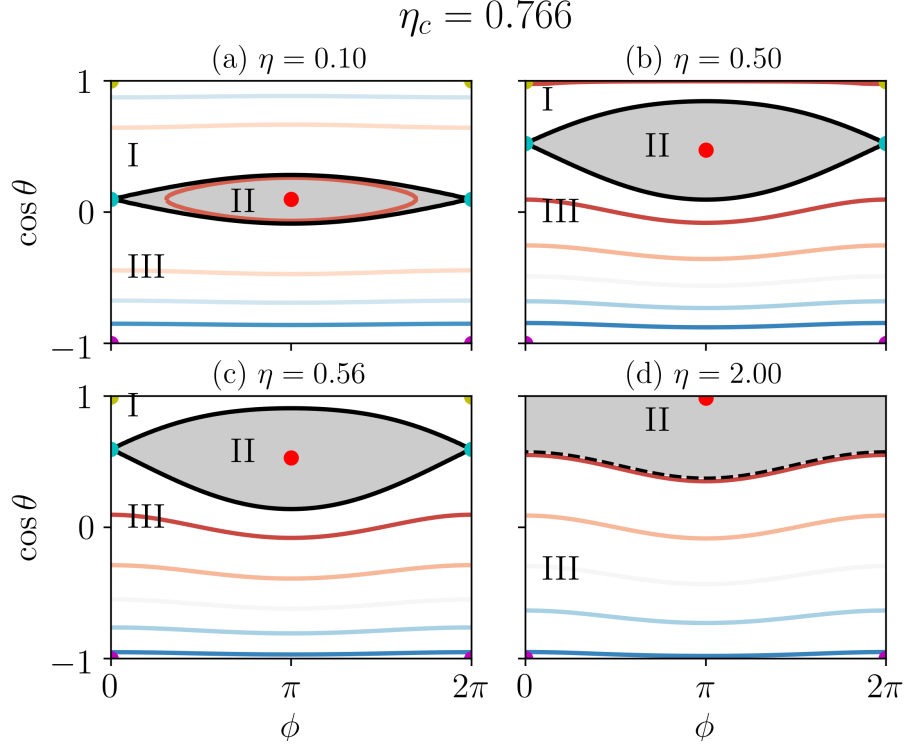
$$\begin{aligned} \frac{d\hat{s}}{dt} &= (\hat{s} \cdot \hat{l})(\hat{s} \times \hat{l}) - \eta(\hat{s} \times \hat{l}_p), \\ &= (s_y s_z - \eta s_y \cos I) \hat{x} - (s_x s_z + \eta(s_x \cos I - s_z \sin I)) \hat{y} + \eta s_y \sin I \hat{z}. \end{aligned}$$

Alternatively, consider Hamilton's equations applied to the Hamiltonian:

$$\frac{\partial \phi}{\partial t} = \frac{\partial \mathcal{H}}{\partial(\cos\theta)} = -\cos\theta + \eta(\cos I + \sin I \cot\theta \cos\phi), \quad (2)$$

$$\frac{\partial(\cos\theta)}{\partial t} = -\frac{\partial \mathcal{H}}{\partial \phi} = -\eta \sin I \sin\theta \sin\phi. \quad (3)$$

This produces the same trajectories as the Cartesian EOM, so this is correct. However, since  $\frac{\partial \phi}{\partial t} \propto 1/\sin\theta$ , this is not a desirable system of equations to use, as they are very stiff near  $\theta \approx 0$ .



**Figure 1:** Separatrix for various values of  $\eta$ .

#### 1.4 Cassini States

The zeros to Eq. 3 are the Cassini states; we will go to canonical variables  $\mu = \cos\theta$ . We can immediately see that  $\sin\phi = 0$  is necessary, so  $\cos\phi = \pm 1$  and we need only solve for  $\frac{\partial\phi}{\partial t} = 0$ . We can furthermore separate the problem into two regimes,  $\eta \ll 1$  and  $\eta \gg 1$ .

For  $\eta \ll 1$ , it is clear that there will be two solutions near  $\mu^2 = 1$  and two solutions near  $\mu = 0$ :

- For  $\mu = 1 - \frac{\theta^2}{2}$ , the dominant terms are  $\frac{\partial\phi}{\partial t} \approx -1 + \eta \sin I \frac{1}{\theta} = 0$ , where we've taken  $\cos\phi = +1$  and  $\phi = 0$ . This forces  $\theta = \eta \sin I$ .
- Similarly, for  $\mu = -1 + \frac{\epsilon^2}{2}$ ,  $\phi = 0$  and  $\epsilon = \eta \sin I$  again. This actually corresponds to  $\theta = \pi - \eta \sin I$ .
- For  $\mu \approx 0$ , we have instead  $\frac{\partial\phi}{\partial t} = -\mu(1 - \eta \sin I \cos\phi) + \eta \cos I = 0$ . This forces  $\mu_{\pm} = \frac{\eta \cos I}{1 \pm \eta \sin I}$ , where  $\phi_{\pm} = \pi, 0$  respectively.

Note that  $\phi = 0, \mu \approx 0$  is conventionally CS4. The linearization locally has form  $\frac{\partial\delta\phi}{\partial t} = -\delta\mu(1 - \eta \sin I)$  and  $\frac{\partial\delta\mu}{\partial t} = -\eta \sin I \delta\phi$ , so the eigenvalues are  $\approx \mp \sqrt{\eta \sin I}$ , and the two eigenvectors are  $(1, \pm \sqrt{\eta \sin I})$ .

For  $\eta \gg 1$ , the solutions obviously just come from  $\cos I \pm \sin I \cot\theta = 0$ , which are just  $\sin(I \pm \theta) = 0$

#### 1.5 Separatrix Area

We can estimate the area enclosed by the separatrix, as shown in Fig. 1. Note that the separatrix joins Cassini State 4 to its  $+2\pi$  image.

We notate  $\mu = \cos\theta$ ; note that CS4 is  $\mu_4 \approx \frac{\eta \cos I}{1 - \eta \sin I} \approx \eta \cos I$ . Setting the Hamiltonian equal to its value at CS4 gives

$$\begin{aligned}
H_4 &\equiv H(\mu_4, \phi_4) \approx -\frac{\mu_4^2}{2} + \eta \mu_4 \cos I - \eta \sin I, \\
&= +\frac{\eta^2 \cos^2 I}{2} - \eta \sin I, \\
H(\mu_{sep}, \phi_{sep}) &= H_4 = -\eta \sin I \cos \phi_{sep} - \frac{\mu_{sep}^2}{2} + \eta \mu_{sep} \cos I + \mathcal{O}(\eta^3), \\
0 &\approx \frac{\mu_{sep}^2}{2} - \eta \mu_{sep} \cos I - \eta \sin I (1 - \cos \phi_{sep}) + \frac{\eta^2 \cos^2 I}{2}, \\
\mu_{sep}(\phi) &\approx \sqrt{2\eta \sin I (1 - \cos \phi)} + \mathcal{O}(\eta).
\end{aligned}$$

We can then easily compute the area enclosed by the separatrix

$$\begin{aligned}
A_{sep} &= \int_0^{2\pi} 2\mu_{sep} d\phi, \\
&\approx 16\sqrt{\eta \sin I}.
\end{aligned} \tag{4}$$

For  $\eta = 0.1, I = 20^\circ$ , this predicts  $\frac{A_{sep}}{A_T} \approx 0.235$ , which is pretty close to my numerically calculated  $\frac{A_{sep}}{A_T} = 0.229$ .

## 2 Separatrix Hopping

Inspired by G&H, heteroclinic orbits are topologically unstable for any nonzero perturbation, but opened width  $\sim$  perturbation parameter. Thus, if we introduce a small and constant tidal dissipation, we should get a *asymptotically constant* probability of hopping the separatrix.

### 2.1 Tidal Dissipation

We can add a tidal dissipation term; we write it in form  $\left(\frac{d\hat{s}}{dt}\right)_{tide} = \epsilon \hat{s} \times (\hat{l} \times \hat{s}) = \epsilon \left(\vec{l} - (\vec{s} \cdot \vec{l})\vec{s}\right)$ . Expanding,

$$\begin{aligned}
\left(\frac{d\hat{s}}{dt}\right)_{tide} &= \epsilon(\hat{z} - s_z \hat{s}), \\
&= \epsilon(-s_z s_x \hat{x} - s_z s_y \hat{y} + (1 - s_z^2)\hat{z}).
\end{aligned} \tag{5}$$

We run numerical simulations for weaker  $\epsilon \ll \eta \ll 1$  and stronger  $\epsilon \lesssim \eta \ll 1$ .

We can seek equilibria of the the system including tides, which requires

$$\begin{aligned}
0 &= s_y s_z - \eta s_y \cos I - \epsilon s_z s_x, \\
0 &= -s_x s_z - \eta s_x \cos I - s_z \sin I - \epsilon s_z s_y, \\
0 &= \eta s_y \sin I + \epsilon(1 - s_z^2).
\end{aligned}$$

We expect at least two equilibria, based on the simulations: one near  $s_z \approx 1$  and one  $s_z \approx 0$ .

For near alignment/near Cassini state 1,  $1 - s_z \sim 1 - s_\perp^2$ , so we can set  $s_z = 1$  to first order:  $s_y - \epsilon s_x - \eta s_y \cos I = -s_x - \eta(s_x \cos I - \sin I) - \epsilon s_y = \eta s_y \sin I = 0$ . This can be satisfied if we set  $s_x = \tan(I) \ll 1, s_y = \mathcal{O}(\epsilon s_x)$ ; this coarsely corresponds to Cassini state 1.

The other solution should be near Cassini state 2, where  $s_x \approx 1$ ; dropping second order terms forces  $\eta s_y + \epsilon s_z = -s_z - \eta(\cos I - s_z \sin I) = \eta s_y \sin(I) + \epsilon = 0$ . This can thus be satisfied for  $s_y \approx -\frac{\epsilon}{\eta \sin(I)}$ . Thus, this explains why as  $\epsilon$  is increased, we first start to get points that don't converge to Cassini state 2 in the absence of tides, before starting to see points that fail to converge to Cassini state 1.

## 2.2 Consideration 1: Qualitative

We zoom in on Cassini State 4, which has  $\theta_4 = -\frac{\pi}{2} + \frac{\eta \cos I}{1 - \eta \sin I}, \mu_4 = \frac{\eta \cos I}{1 - \eta \sin I}, \phi_4 = 0$ . Then, using equations of motion

$$\frac{\partial \phi}{\partial t} = -\mu + \eta \left( \cos I + \sin I \frac{\mu}{\sqrt{1 - \mu^2}} \cos \phi \right), \quad (6)$$

$$\frac{\partial \mu}{\partial t} = -\eta \sin I \sin \phi + [\epsilon (1 - \mu^2)], \quad (7)$$

we can perturbatively require  $\frac{\partial \theta}{\partial t} = 0$  for  $\epsilon \neq 0$ . This corresponds to  $\eta \sin I \sin(\phi_4 + \delta \phi) \approx \epsilon$ , or  $\delta \phi_4 = +\frac{\epsilon}{\eta \sin I}$ . This is in agreement with Dong's result.

This implies that the stable manifolds of the two saddle points, which once overlapped with each other's unstable manifolds (creating a heteroclinic orbit) now are offset from one another by distance  $D \sim \frac{\epsilon}{\eta \sin I}$ . But since  $\epsilon$  also sets  $\dot{\mu}$  in a precession orbit-averaged sense, the effective cross section is constant in some sense: there will be one orbit where  $\mu$  goes from below CS4 to above CS4, during which it will make jump of size  $\epsilon$ , and if it hits a particular interval of size  $\epsilon$  then it will enter the separatrix. Thus, separatrix hopping should  $\propto \epsilon^0$ .

## 2.3 Consideration 2: Melnikov Distance

We notice that the separatrix is a heteroclinic orbit, or a saddle connection, in the dissipation free problem. Introducing dissipation breaks the saddle connection by a distance that can be estimated with the Melnikov distance. This is G&H Equation 4.5.11 or something:

$$d(t_0) = \frac{\epsilon M(t_0)}{|f(q^0(0))|} + \mathcal{O}(\epsilon^2), \quad (8)$$

$$M(t_0) = \int_{-\infty}^{\infty} [f \times g]_{hetero} dt. \quad (9)$$

This is not a hard formula to understand; along the separatrix, motion is dominated by  $f$ , but the perpendicular component adds up to contribute to a total "perpendicular distance away from the original separatrix" necessary to hit the saddle point, at least intuitively.

We evaluate the Melnikov integral  $M(t_0)$  on the heteroclinic orbit. Note that since in our problem our perturbation  $g$  is time-independent, so too is the Melnikov integral  $M(t_0) = M$ .

Let's apply this to the Cassini state Hamiltonian w/ dissipation. We first write down our EOM in Melnikov form (we use canonical variables  $\mu, \phi$ ):

$$\frac{d\hat{s}}{dt} = \underbrace{\frac{\partial \mathcal{H}}{\partial \mu} \hat{\phi} - \frac{\partial \mathcal{H}}{\partial \phi} \hat{\mu}}_f + \underbrace{\epsilon (1 - \mu^2)}_g \hat{\mu}. \quad (10)$$

Then  $f \times g = f_\phi g_\mu = \frac{\partial \mathcal{H}}{\partial \mu} (1 - \mu^2)$ . We then want to integrate this along the heteroclinic orbit. We can make change of variables

$$M = \int_0^{2\pi} \frac{\partial \mathcal{H}}{\partial \mu} (1 - \mu^2) \left( \frac{\partial \phi}{\partial t} \right)^{-1} d\phi. \quad (11)$$

But thankfully,  $\frac{\partial \mathcal{H}}{\partial \mu} = \frac{\partial \phi}{\partial t}$  in the absence of dissipation, and so  $M = 2\pi (1 - \mu^2) \approx 2\pi$ . Thus, the Melnikov distance at point  $q^0$ , a point on the heteroclinic orbit of the unperturbed Hamiltonian, is just

$$d(q^0) = \frac{2\pi\epsilon}{|f(q^0)|}. \quad (12)$$

Note that the maximum value  $|f(q^0)|$ , which occurs at  $\phi = \pi$ , is just  $f_{\max} \approx \sqrt{4\eta \sin I}$ .

It proves to be a bit difficult to make quantitative predictions though, since the phase diagram is very smushed where  $f$  is large, and  $d$  is rather inaccurate where  $f$  is small. Let's think about a Poincaré map instead.

## 2.4 Consideration 3: Poincaré Section

Let's consider the Poincaré section every time  $\phi = \phi_4$  as the trajectory subject to tidal dissipation is moving  $\theta < \theta_4 \rightarrow \theta_4$ . To provide an estimate of  $\Delta\theta(\theta) = \theta_{n-1} - \theta_n$ , this is just  $\epsilon T$  where  $T$  is the time elapsed between  $\theta_n, \theta_{n+1}$ , the period of the orbit.  $T$  is dominated by when  $\frac{\partial \phi}{\partial t} \ll 1$  though, or where the orbit is close to the saddle point.

Note that  $T$  is dominated by the time it spends near the saddle point. We showed earlier that near CS4,  $\frac{\partial \phi}{\partial t} \approx \delta\mu$  where  $\delta\mu = \mu - \mu_4$ . Thus, we might surmise  $\Delta\theta(\theta) \propto \theta^{-1}$  for sufficiently small  $\theta - \theta_4$ . Far away,  $T$  is roughly constant and  $\Delta\theta(\theta)$  is roughly constant.

What is "far away"? Well, it probably depends on how affected our trajectory is by the separatrix; far away from the saddle point, we go along contours of roughly constant  $\theta$ , while close by we follow the separatrix pretty well. We computed earlier that  $\mu_{sep} \sim \sqrt{4\eta \sin I}$ , so we might expect  $\mu > \mu_{sep}, \Delta\mu \sim C$ , while  $\mu < \mu_{sep}, \Delta\mu \sim \delta\mu^{-1}$ .

My  $\mu > \mu_{sep}$  simulations don't seem to work very well, so I'll focus on the  $\delta\mu^{-1}$  case. In this case, define  $\delta\mu_c : \Delta\mu(\delta\mu_c) = -\delta\mu_c$ , i.e. the point that jumps immediately to the saddle point. Furthermore, assume the inbound distribution is flat between  $\delta\mu_c, f^{-1}(\delta\mu_c)$ . TODO: empirically,  $\mu_c \sim \epsilon T$  is flat with  $\eta$ , probably just because we're not getting sufficiently close to the saddle point for the  $\propto \sqrt{\eta}$  to kick in.

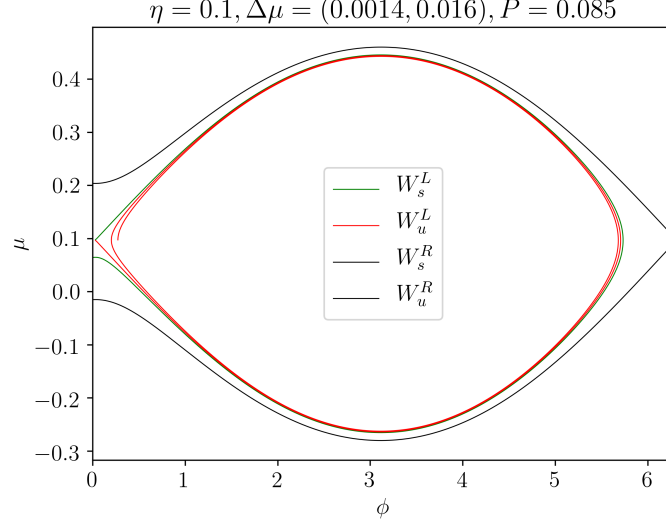
Then, we can compare the empirical Poincaré section of the points that cross the separatrix versus the total predicted interval width  $\delta\mu_c, f^{-1}(\delta\mu_c)$ ; this would predict 7.2%, 18%. This does alright!

## 2.5 Consideration 4: Plotting Stable/Unstable manifolds

We can plot the stable/unstable manifolds of two Cassini States as in Fig. 2. Then, since phase space is roughly flat near  $\phi = \pi$  (near  $\phi = 0$ ,  $\dot{\phi}$  varies drastically and so phase space is "squished" a bit via Liouville's Theorem), we just need to compare the distance between  $\mathcal{W}_S^{(0)}$  and  $W_U^{(0)}$ , the capture gap, to the distance between  $\mathcal{W}_S^{(1)}$  and  $W_U^{(0)}$  the Melnikov gap, to estimate the capture probability.

The Melnikov gap is predicted above as  $d(q^0)$  or approximately

$$\Delta_M \approx \frac{2\pi\epsilon}{\sqrt{4\eta \sin I}}. \quad (13)$$



**Figure 2:** Stable/Unstable manifolds of the two Cassini State 4s.

The capture gap is much trickier to predict, since it depends on the separation between  $\mathcal{W}_S^{(0)}$  after passing through  $CS_4^{(1)}$ . Instead, let's consider the closed orbit in the absence of dissipation that starts at  $CS_4'$ , the modified CS. This orbit has a finite period set by equating  $\int_0^T \frac{\partial \phi}{\partial t} dt = \int_0^{2\pi} d\phi + \int_{2\pi}^0 d\phi$ .

Now, let's reconsider the Melnikov integral when perturbing this finite (non-homoclinic orbit); this may no longer be an exact result but should give the correct scaling:

$$M_c = \int_0^T \frac{\partial \phi}{\partial t} \epsilon (1 - \mu^2) dt. \quad (14)$$

Naively, we might claim that, since  $\frac{\partial \phi}{\partial t}$  changes signs halfway through the interval of integration, that the only surviving component is  $2\epsilon \bar{\mu} \mu'$ , where  $\bar{\mu} = \mu_4$  is the average value of  $\mu$  and  $\mu'$  is the fluctuation. This gives

$$M_c = 2 \int_0^{2\pi} 2\epsilon \frac{\eta \cos I}{1 + \eta \sin I} \sqrt{2\eta \sin I (1 - \cos \phi)} d\phi. \quad (15)$$

Note that  $M_c \propto \eta^{3/2}$ , and since the gap opened  $\Delta_c = \frac{M_c}{\frac{\partial \phi}{\partial t}} \propto \eta$ , it seems like we're on the right track. Specifically:

$$M_c \approx \epsilon 2\eta \cos I A_{sep}, \quad (16)$$

$$\Delta_c \approx 2\epsilon \eta \cos I \left( 16\sqrt{\eta \sin I} \right) \frac{1}{\sqrt{4\eta \sin I}}, \quad (17)$$

$$\approx 16\epsilon \eta \cos I. \quad (18)$$

This also agrees exceedingly well with our simulations This then gives us hopping probability

$$P_{hop} = \frac{\Delta_c}{\Delta_M} \approx \frac{16\eta^{3/2} \cos I \sqrt{\sin I}}{\pi}. \quad (19)$$

This agrees perfectly with the cases we've run.

**Note:** The full formula, by actually evaluating all the terms, comes out to be

$$P_{hop} = \frac{16\eta^{3/2} \cos I \sqrt{\sin I}}{\pi (1 - 2\eta \sin I - \eta^2 \cos^2 I) + 8\eta^{3/2} \cos I \sqrt{\sin I}}. \quad (20)$$

It bears noting this formula slightly overpredicts  $P_{hop}$  compared to the actual simulation values; this comes down to ICs too near the separatrix being necessarily escape-bound (can see Fig. 2 for more evidence).

### 3 Parametric Separatrix Hopping: Only changing $\eta$

#### 3.1 Using $\alpha = 1/\eta$

Though this section is located before the weak tidal friction section, we actually return to this second toy problem to get some practice on the Henrard paper, to confirm the accuracy of our simulations compared to analytical predictions, and to get some practice doing these new integrals. Consider the dissipation-free Cassini state system with a small but constant

$$\frac{\partial \eta}{\partial t} = \epsilon. \quad (21)$$

For clarity, the Hamiltonian is

$$H = -\alpha \frac{\mu^2}{2} + \mu \cos I - \sin I \sqrt{1 - \mu^2} \cos \phi. \quad (22)$$

This proves to be the algebraically easiest formulation, instead of using  $\eta$ .

For an arbitrary initial condition outside of the separatrix, we want: (i) to know when it will encounter the separatrix, and (ii) what its fate will be. We will begin with (ii) since it is the more fun problem. We know that this boils down to the Melnikov-like formula

$$B_i = \int_{\mathcal{C}_i} \dot{\alpha} \frac{\partial \Delta H}{\partial \alpha} dt. \quad (23)$$

$B_i$  is the change in  $\Delta H = H_4 - H$  over contour  $\mathcal{C}_i$ .

In order to probe the relevant physics here, we first cite without proof (refer to subsection 5.3 for this) that  $\frac{\partial \Delta H}{\partial \alpha} = \frac{\mu^2}{2} - \frac{1}{2\alpha^2} \cos^2 I$ . This implies that

$$B_i = \int_{\mathcal{C}_i} \dot{\alpha} \left[ \frac{\mu^2}{2} - \frac{1}{2\alpha^2} \cos^2 I \right] dt. \quad (24)$$

Recall that the capture probability is  $\frac{B_1+B_2}{B_1}$  when this expression is  $\in [0, 1]$ . However, we immediately see a problem: the first term will dominate the second term, since  $\alpha \gg 1$ , but the first term is also positive semidefinite. This implies  $B_1, B_2$  will always have the same sign unless  $\dot{\alpha}$  has different signs over the two trajectories!

Thus, in our toy model, we *cannot* choose a simple form e.g.  $\frac{d\alpha}{dt} = -\epsilon\alpha$ , it must have differing signs over  $\mathcal{C}_i$ . Let's consider a model where  $\dot{\eta} = +\epsilon\eta\mu$ . It should be noted that, upon careful calculation,  $\dot{\eta} = -\epsilon\eta\mu$  will *not* result in any captures! Our choice only permits captures *from top down*. We will see this below.

Our expression then becomes:

$$\begin{aligned}
B_i &= \int -\frac{\epsilon\mu}{2\alpha^2} [\alpha^2\mu^2 - \cos^2 I] dt, \\
&\approx -\frac{\epsilon}{2\alpha^2} \int \mu \frac{\alpha^2\mu^2 - \cos^2 I}{-\alpha\mu + \cos I} d\phi, \\
&\approx +\frac{\epsilon}{2\alpha^2} \int \mu (\alpha\mu + \cos I) d\phi.
\end{aligned}$$

Now, we can evaluate our two integrals. For some reason my usual arguments (taking symmetric/antisymmetric part etc.) don't seem to do too well here, there are too many terms, so we will keep as many terms as possible.

First, we tackle the top integral. Here, the integrand is evaluated at  $\mu_+(\phi) = \eta \cos I + \sqrt{2\eta \sin I (1 - \cos \phi)}$ <sup>1</sup>, so we can plug this in and compute

$$\begin{aligned}
B_{top} \frac{2\alpha^2}{\epsilon} &= \int_{2\pi}^0 \mu (\alpha\mu + \cos I) d\phi, \\
&= - \int_0^{2\pi} \left( \eta \cos I + \sqrt{2\eta \sin I (1 - \cos \phi)} \right) \left( 2\cos I + \sqrt{2\sin I (1 - \cos \phi)/\eta} \right) d\phi.
\end{aligned}$$

Let's track the four terms in FOIL (first, outer, inner, last) order. (F) evaluates to just  $4\pi\eta\cos^2 I$ . (O) evaluates to  $\frac{\cos I}{2} A_{sep} = 8\cos I \sqrt{\eta \sin I}$ , and (I) twice that. Lastly, (L) evaluates to  $4\pi \sin I$ . This agrees with our numerical check.

We now track the bottom integral. Here, the integrand is instead evaluated at  $\mu_-(\phi) = \eta \cos I - \sqrt{2\eta \sin I (1 - \cos \phi)}$ . This flips the signs of the (O) and (I) terms above. Furthermore, the  $d\phi$  direction changes, and so we arrive at capture probability

$$P_c = \frac{48\cos I \sqrt{\eta \sin I}}{4\pi \sin I + 24\cos I \sqrt{\eta \sin I} + 4\pi\eta\cos^2 I}. \quad (25)$$

The issue compared to the analytical computation comes in because  $\cos I$  gives an extra factor of 1.5 to the antisymmetric term, which gives a large enough prefactor that the  $\sqrt{\eta}$  term is competitive with the  $\eta^0$  term in the denominator; my earlier work showed  $P_c = \frac{8\cos I \sqrt{\eta}}{\pi \sqrt{\sin I}}$ . The last term in the denominator is negligible though, as one might expect.

### 3.2 Retry without changing Hamiltonian

Of course, it should be noted that modifying the Hamiltonian by dividing through by  $\eta$  and defining  $\alpha = 1/\eta$  actually changes the dynamics; we can see this since  $\frac{\partial(H/\eta)}{\partial t} \dot{\eta} \neq \frac{\partial H}{\partial t} \frac{\dot{\eta}}{\eta}$ . Since my simulated system actually uses the same Hamiltonian as toy problem 1, we should probably update the above algebra to use the correct term. Note that the correction should be small, of order  $\frac{H/\eta^2}{\frac{\partial H}{\partial \eta}/\eta}$ .

For clarity,  $H$  and  $H_4$  are now

$$H = -\frac{\mu^2}{2} + \eta \left( \mu \cos I - \sin I \sqrt{1 - \mu^2 \cos^2 I} \right), \quad H_4 = -\eta \sin I + \frac{\eta^2 \cos^2 I}{2}.$$

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<sup>1</sup>Bears noting that  $\mu_{\pm} = \frac{\eta \cos I}{1 - \eta \sin I} \pm \dots$  significantly improves accuracy, it appears. Too many replacements to fix



Thus, our  $B_i$  are

$$\begin{aligned}
B_i &= \int_{\mathcal{C}_i} \epsilon \mu \eta \left[ -\sin I + \eta \cos^2 I - \left( \mu \cos I - \sin I \sqrt{1 - \mu^2 \cos \phi} \right) \right] dt, \\
&\approx \int_{\mathcal{C}_i} \epsilon \mu \eta \frac{\eta \cos^2 I - \mu \cos I + \sin I \left( \cos \phi \sqrt{1 - \mu^2} - 1 \right)}{-\mu + \eta \cos I} d\phi, \\
&= \int_{\mathcal{C}_i} \epsilon \mu \eta \left( \cos I + \sin I \frac{\cos \phi \sqrt{1 - \mu^2} - 1}{-\mu + \eta \cos I} \right) d\phi.
\end{aligned}$$

That the second term does not diverge requires some careful work:

$$\begin{aligned}
\frac{\cos \phi \sqrt{1 - \mu^2} - 1}{\mu - \eta \cos I} &\approx \frac{\sqrt{1 - 2\eta \sin I (1 - \cos \phi)} \cos \phi - 1}{\mu - \eta \cos I}, \\
&\approx \frac{(1 - \eta \sin I (1 - \cos \phi)) \cos \phi - 1}{\mu - \eta \cos I}, \\
&\approx \pm \frac{(1 + \eta \sin I)(\cos \phi - 1)}{\sqrt{2\eta \sin I (1 - \cos \phi)}}, \\
&\approx \mp \sqrt{\frac{1 - \cos \phi}{2\eta \sin I}}, \\
B_i &= \int_{\mathcal{C}_i} \epsilon \mu \eta \left( \cos I \pm \sin I \sqrt{\frac{1 - \cos \phi}{2\eta \sin I}} \right) d\phi.
\end{aligned}$$

Note that the plus sign corresponds to the top integral, where  $\mu - \eta \cos I > 0$ . The top integral evaluates easily

$$\begin{aligned}
B_{top} &= \int_{2\pi}^0 \epsilon \mu \eta \cos I d\phi + \frac{\epsilon}{2} \int_{2\pi}^0 \mu \sqrt{2\eta \sin I (1 - \cos \phi)} d\phi, \\
&= -\epsilon \eta \cos I \left( 2\pi \eta \cos I + 8\sqrt{\eta \sin I} \right) - \frac{\epsilon}{2} \left( \eta \cos I (8\sqrt{\eta \sin I}) + 4\pi \eta \sin I \right), \\
&= -\epsilon \eta \left[ 2\pi \sin I + 12\sqrt{\eta \sin I} \cos I + 2\pi \eta \cos^2 I \right].
\end{aligned}$$

The bottom integral just flips the signs of the cross terms (the  $\sqrt{\eta}$  terms), since the integration path changes, which changes the sign inside the  $B_i$  expression and  $\mu$ . The total integral is the difference between the top and bottom integrals, which is just twice the sign-changed terms, and so we obtain

$$P_c = \frac{24 \cos I \sqrt{\eta \sin I}}{2\pi \sin I + 12\sqrt{\eta \sin I} \cos I + 2\pi \eta \cos^2 I}. \quad (26)$$

Indeed we get the same expression; this is probably since the approximations we made in writing down  $B_i$  washed out the extra  $\eta$  dependence.

For reference, let's also write down the  $B_i$  in the  $\eta = \epsilon \eta$  case. First,  $B_+$ :

$$\begin{aligned}
B_{top} &= \int_{2\pi}^0 \epsilon \eta \cos I d\phi + \frac{\epsilon}{2} \int_{2\pi}^0 \sqrt{2\eta \sin I (1 - \cos \phi)} d\phi, \\
&= -2\pi \epsilon \eta \cos I - \frac{\epsilon}{2} 8\sqrt{\eta \sin I}.
\end{aligned}$$

Along the bottom leg, the first term changes signs (both integrals have their paths flipped, but the sign of the second integral also changes), and so

$$B_{\pm} = \mp 2\pi\epsilon\eta\cos I - \frac{\epsilon}{2}8\sqrt{\eta\sin I}. \quad (27)$$

Generally, since  $\eta$  is small,  $B_+ + B_- < -|B_+|, -|B_-|$  which implies guaranteed capture from both sides, as expected (note that in our actual paper, we compute changes for  $h \equiv H^{(0)} - H_4$ , while here we compute changes in  $H_4 - H^{(0)}$ , accounting for the change in sign).

### 3.3 Toy Problem 3: Including Toy Tides

Consider now the extended toy problem where we both include the tidal term Eq. 5 and adiabatic parameter variation Eq. 21. In the interest of generality, we replace

$$\frac{d\eta}{d\tau} = f\epsilon\eta, \quad (28)$$

such that the two  $\epsilon$ -fast terms have a tunable relative strength  $f \sim 1$ .

We can now compute the  $\Delta_{\pm}$  changes in  $h \equiv H^{(0)} - H_4$  (following my paper's convention, rather than those earlier in these notes), which are:

$$\Delta_{\pm} = \epsilon \left[ \mp 2\pi(1 - 2\eta\sin I - \eta^2\cos^2 I) + 16\cos I\eta^{3/2}\sqrt{\sin I} \right] + f\epsilon \left[ \pm 2\pi\eta\cos I + 4\sqrt{\eta\sin I} \right]. \quad (29)$$

The two contributions are bracketed.

## 4 Weak Tidal Friction, changing $\eta$ and $\theta$

Previously, we took the effect of tides to simply be  $\frac{d\hat{s}}{dt} = \epsilon\hat{s} \times (\hat{l} \times \hat{s})$ , but in reality, tides will spin down the body (in our case, planet) at the same rate as aligning  $\hat{s}$  to  $\hat{l}$ . We must treat more carefully.

### 4.1 Equations of Motion

We first write out the full forms of the EOM without tidal friction. These are taken from Kassandra's Equations 1–3 except I replace subscript  $\star$  with subscript  $s$  since we are interested in the case where the spin of planet 1 evolves with its coupling to its orbital angular momentum and perturber. We obtain (maybe?)

$$\frac{d\hat{s}}{dt} = \omega_{s1}(\hat{s} \cdot \hat{l}_1)(\hat{s} \times \hat{l}_1) - \omega_{1p}\cos(I)(\hat{s} \times \hat{l}_p), \quad (30)$$

$$\omega_{s1} = \frac{3k_q}{2k} \frac{M_*}{m_1} \left( \frac{R_1}{a_1} \right)^3 s, \quad (31)$$

$$\omega_{1p} = \frac{3m_p}{4m_*} \left( \frac{a_1}{a_p \sqrt{1 - e_p^2}} \right)^3 \Omega_1. \quad (32)$$

Note here that  $s$  is the spin frequency and  $\Omega_1 = \sqrt{GM_1/a_1^3}$  is the Keplerian orbital frequency. We may verify that these scalings are correct:

- $\omega_{1p}$  comes from the perturber being a ring that generates a gravitational field that is out-of-plane from the host star. We estimate the scalings by comparing their relative gravitational strengths. For this, we need that the gravitational potential of a ring inside the ring scales  $\Phi'(r) \sim \frac{Gm_p}{a_p} \left(\frac{r}{a_p}\right)^2$ , and so

$$\omega_{1p} \sim \frac{\Phi'}{\Phi_0} n \sim \frac{m_p}{m} \left(\frac{a_1}{a_p}\right)^3 n. \quad (33)$$

Recall the idea here is that we can compute some potential  $\Phi(r)$  due to the disk  $m_d$ , which generally takes on form  $\Phi(r, \theta) = -\frac{Gm_d}{a_d} \sum_l a_l(\theta) \frac{r}{a_d}^l$  power series, and the  $a_l$  are generally Legendre polynomials/spherical harmonics. Then, if we want the energy of an inner ring in this  $\Phi$ , we get energy  $U = \int \Phi(r) m_1(r) dr$ , and if  $m_1$  only has  $l$ -multipole moments then  $U$  only has to be computed against limited terms of the expansion of  $\Phi$ . The way we get the expansion of  $\Phi$  is just by expanding  $\frac{1}{|\vec{r} - \vec{r}_d|} \sim \frac{1}{(r^2 - r r_d \cos \theta + r_d^2)^{1/2}}$  as a Taylor series for small  $\vec{r}_d$ .

I think that the vertical component of the inner ring, out of the plane of the disk, is not as important as the squeezing once we project it into the plane of the disk, but that's conjecture. It is clear that the quadrupole expansion of the disk potential is what drives precession, which gives us our scaling.

- $\omega_{s1}$  comes from the action of the central star on the quadrupole moment of the planet. This comes from applying the quadrupolar torque to the spin angular momentum of the planet, or

$$\omega_{s1} \sim \frac{GM_* J_2 m_1 R_1^2 / a^3}{k_p m_1 R_1^2 s}, \quad (34)$$

$$\sim \frac{k_{qp}}{k_p} \frac{M_*}{m_1} \left(\frac{R_1}{a}\right)^3 s. \quad (35)$$

Note that  $J_2 = \frac{k_{qp} s^2}{G m_1 / R_1^3}$ , some constant times the spin frequency relative to breakup. This captures the scalings.

The argument for why this precession frequency scales like  $\omega_{s1} \cos \theta$  is also then clear: we have some quadrupolar distortion of the planet, in the potential generated by the host star going around in a circle, so the planet projected into the plane of the ecliptic looks like a triaxial ellipsoid (rather than axisymmetric), and so will have a quadrupole moment and experience a torque that induces precession.

In the presence of tides, and further assuming  $s \ll l_1$ , we may write (Lai 2012, Equations 43–44, also Ward 1975 Equation 9 & 13)

$$\frac{1}{s} \frac{ds}{dt} = \frac{1}{s} \frac{ds}{dt} = \frac{1}{t_s} \frac{L}{2S} \left[ \cos \theta - \frac{s}{2\Omega_1} (1 + \cos^2 \theta) \right], \quad (36)$$

$$\frac{d\theta}{dt} = -\frac{1}{t_s} \frac{L}{2S} \sin \theta \left( 1 - \frac{s}{2\Omega_1} \cos \theta \right). \quad (37)$$

Note that  $L = \mu a^2 \Omega_1$ ,  $S = I s$  are the orbital and spin angular momenta respectively.

It is perhaps easiest to define  $\frac{s}{s_c} = \frac{\omega_{s1}}{\omega_{1p} \cos I}$  and  $\epsilon \frac{2\Omega_1}{s} = \frac{L}{2S t_s \omega_{1p} \cos I}$  while rescaling time  $\tau = \omega_{1p} \cos(I) t$ , so that we obtain equations of motion

$$\frac{d\hat{s}}{d\tau} = \frac{s}{s_c} (\hat{s} \cdot \hat{l}_1) (\hat{s} \times \hat{l}_1) - \hat{s} \times \hat{l}_p + \frac{\epsilon 2\Omega_1}{s} \left( 1 - \frac{s}{2\Omega_1} (\hat{l}_1 \cdot \hat{s}) \right) \hat{s} \times (\hat{l}_1 \times \hat{s}), \quad (38)$$

$$\frac{ds}{d\tau} = \epsilon 2\Omega_1 \left( \hat{s} \cdot \hat{l}_1 - \frac{s}{2\Omega_1} (1 + (\hat{s} \cdot \hat{l}_1)^2) \right). \quad (39)$$

$s_c$  has the interpretation of being the critical spin such that the  $s1$  coupling is roughly equal strength to the  $1p$  coupling. There then seem to be a few outcomes that we might expect:

- Fast evolution towards CS1, then tides will slowly change  $s$  without changing  $\hat{s}$ .
- Fast evolution towards CS2, then tides are strong while state lives inside separatrix maybe? Then will spin down rapidly near CS2 until spin-orbit coupling is weak.
- Slow evolution that trails behind separatrix, expect state to converge somewhere below separatrix? Would probably stay on level curve of high- $\eta$   $H$  from earlier? Includes anything that doesn't make it to separatrix, including almost fully anti-aligned.

## 4.2 Crude Analytic Estimate

To make the equations more amenable to analytic analysis (not simulation), let's write down the EOM in  $(\mu, \phi)$  coordinates again. The  $\phi$  EOM does not change from the tide-free case, so we can reuse earlier equation:

$$\frac{\partial \phi}{\partial \tau} = -\frac{s}{s_c} \mu + \left( \cos I + \sin I \frac{\mu}{\sqrt{1-\mu^2}} \cos \phi \right), \quad (40)$$

$$\frac{\partial \mu}{\partial \tau} = -\sin I \sin \phi + \epsilon \frac{2\Omega_1}{s} (1-\mu^2) \left( 1 - \frac{s}{2\Omega_1} \mu \right), \quad (41)$$

$$\frac{ds}{d\tau} = \epsilon 2\Omega_1 \left( \mu - \frac{s}{2\Omega_1} (1+\mu^2) \right). \quad (42)$$

Assuming  $s \gg s_c$  the strong spin-orbit coupling regime, let's first try assuming  $\mu$  is roughly constant over the course of a precession period, then we can average out the  $\phi$  dependencies. Then  $\phi$  drops out of the EOM, and we have approximate averaged equations

$$\begin{aligned} \frac{\partial \mu}{\partial(\epsilon\tau)} &\approx \frac{2\Omega_1}{s} (1-\mu^2) \left( 1 - \frac{s}{2\Omega_1} \mu \right), \\ &\approx (1-\mu^2) \left( \frac{2\Omega_1}{s} - \mu \right), \end{aligned} \quad (43a)$$

$$\frac{1}{\Omega_1} \frac{ds}{d(\epsilon\tau)} \approx 2\mu - \frac{s}{\Omega_1} (1+\mu^2). \quad (43b)$$

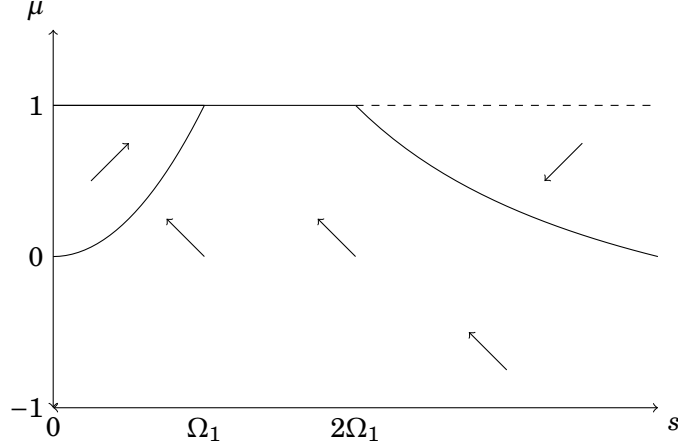
These EOM produce roughly the phase portrait Fig. 3. In the last term, we note  $s \gtrsim 2\Omega_1$  initially, while  $\mu \leq 1$ , so we drop both the linear contribution from  $\mu$  and approximate  $(1+\mu^2) \approx 1$  so that  $\frac{d(s/\Omega_1)}{d(\epsilon\tau)} \approx -s/\Omega_1$ .

With all these approximations, we clearly obtain  $s(\tau) \approx s(0)e^{-\epsilon\tau}$ , so the critical synchronization timescale is  $\tau_{sync} \sim \frac{1}{\epsilon}$ .

## 4.3 Reaching a Cassini State

As already stated above, the hypothesis is that starting above the separatrix results in obliquity excitation at secular resonance/bifurcation when  $\eta = \eta_{crit}$ , while starting inside the separatrix probably means the point will stay on CS2 past (saddle-node) bifurcation. We will eventually run numerical simulations to confirm this; we should probably derive modified Cassini states under weak tides to determine exactly where CS1, CS2 lie in this regime.

Finally, if the IC starts below the separatrix, it will evolve to either CS1 or CS2 if it can *catch up* to CS4, else it will stay below the separatrix up until bifurcation and slowly tidally align in the small



**Figure 3:** Rough phase portrait of  $\phi$ -averaged equations. Dashed lines indicate unstable zeros of at least one of the EOM, while solid lines indicate stable zeros of at least one of the EOM. The zeros are  $\mu = 1$ , which becomes unstable at  $s = 2\Omega_1$ ,  $s = 2\Omega_1/\mu$  and  $s' = 0$ . The only fixed point is  $\mu = 1, s = \Omega_1$ .

$\eta$  limit. Note that CS4 is located at  $\mu_4 = \frac{\eta \cos I}{1 + \eta \sin I} \approx \frac{s_c}{s} \cos I$ , so we can compute  $\frac{d\mu_4}{d(\epsilon\tau)}$  and compare to  $\frac{d\mu}{d(\epsilon\tau)}$  in the precession-averaged equations. Thus,

$$\begin{aligned} \frac{d\mu_4}{d(\epsilon\tau)} &= -\frac{s_c}{s^2} \cos I \frac{ds}{d(\epsilon\tau)}, \\ &\approx \frac{s_c}{s} \cos I. \end{aligned}$$

The precession averaged equations bound  $\frac{d\mu}{d(\epsilon\sigma)} < \frac{2\Omega_1}{s}$ , so in order for  $\mu < \mu_4$  to approach the Cassini state, we need  $\Omega_1 \gtrsim s_c$  by a reasonable margin.

To be more precise,  $\mu_4$  disappears at

$$\eta = \eta_c \equiv \left( \sin^{2/3} I + \cos^{2/3} I \right)^{-3/2}. \quad (44)$$

Thus, we can set  $s = \frac{s_c}{\eta_c}$  and  $\mu = \mu_4$  and integrate backwards Eq. 43 backwards in time to determine  $\mu, s$  that are exactly sufficient for separatrix crossing. Physically, we never expect  $s < \Omega_1$  though, so the minimum  $s_c$  we can use and still expect to see a strong spin-orbit coupling regime appear is  $s_c \geq \Omega_1 \eta_c$ .

At the same time though, looking at the phase portrait Fig. 3, we can expect that running backwards in time will easily take us towards the upper right quadrant, where  $\mu \rightarrow 1$  backwards in time. To start from a misaligned state, the final  $s_f$  has a maximum  $s_{f,\max}$ , and therefore  $s_c$  cannot be so large that  $s_{f,\max} \eta_c < s_c$ , otherwise the bifurcation will arrive before  $\frac{d\mu}{dt}$  can catch up.

This implies that  $s_c$  is bound from both directions in order to get separatrix hopping before the bifurcation disappears.

## 5 Weak Tidal Friction, Take 2

I did a bunch of work w/o writing it up, so this is the basic gist.

- We can still reuse the same equations as earlier, and the key point to notice is that for a given trajectory, only times  $\phi = 0$  are important for determining the final fate of the system. Call

these  $\mu_0$ , then the dynamics of the system can be described by a map  $\mu_{0,i+1}(\mu_{0,i}, s)$ . The reason  $\mu_0$  is important is that only when  $\mu_0 = \mu_4(s)$  CS4 can separatrix hopping occur. Thus, whenever  $\mu_0$  crosses  $\mu_4(s)$ , there is some probability of entering the separatrix and some probability of hopping over it.

- The dynamics of the system are then governed by the dynamics of the map near  $\mu_4$ . In the limit where  $\phi$  is approximately constant over a precession ( $\mu_0$  is far from  $\mu_4$  compared to  $\sqrt{\eta \sin I}$  the separatrix width), then the map obeys nearly the same dynamics as the continuous flow in  $(\mu, s)$  space for tidal friction.
- However, when we are sufficiently close to  $\mu_4$ , we enter the  $\mu_0 - \mu_4 \lesssim \sqrt{2\eta \sin I}$  regime. Here, let's note that the map takes on dynamics:

$$\begin{aligned}
\frac{d\mu_0}{dt} &= \frac{\partial \mu_0}{\partial H} \frac{dH}{dt}, \\
&= \frac{\dot{\phi}}{\dot{\phi}(\phi=0)} \left( \epsilon (1 - \mu^2) \left( \frac{2\Omega_1}{s} - \mu \right) \right), \\
\left\langle \frac{d\mu_0}{dt} \right\rangle &= \frac{1}{T} \int_0^T \frac{\dot{\phi}}{\dot{\phi}_0} \epsilon (1 - \mu^2) \left( \frac{2\Omega_1}{s} - \mu \right) dt, \\
&= \frac{1}{T} \int_0^{2\pi} \frac{1}{\dot{\phi}_0} \epsilon (1 - \mu^2) \left( \frac{2\Omega_1}{s} - \mu \right) d\phi, \\
&\sim \frac{\sqrt{\eta \cos I}}{2\pi} \frac{1}{\dot{\phi}(\phi=0)} \int_0^{2\pi} \epsilon (1 - \mu^2) \left( \frac{2\Omega_1}{s} - \mu \right) d\phi.
\end{aligned} \tag{45}$$

We have substituted  $\cos I/2\pi \sim 1/T$  a rough estimate for the period. But now,  $\frac{1}{\dot{\phi}(\phi=0)}$  near  $\mu_4$  obeys the linearization about the saddle point, and importantly it is small. Near  $\mu_4$ , the linearization we computed above tells us that  $\dot{\phi} \approx -\sin I \Delta\mu$ , and so we can imagine the true map dynamics by a flow with  $\frac{d\mu_0}{dt}$  of form

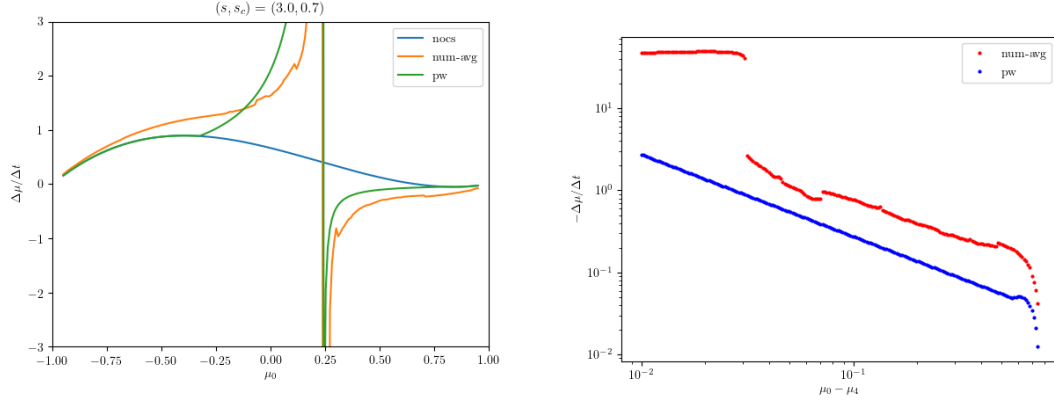
$$\frac{d\mu_0}{dt} = \begin{cases} \frac{d\mu_0}{dt} & |\Delta\mu| \gtrsim 2\sqrt{\eta \sin I}, \\ -\frac{\cot I}{2\pi \Delta\mu} \epsilon (1 - \mu_{eff}^2) \left( \frac{2\Omega_1}{s} - \mu_{eff} \right) & \text{otherwise.} \end{cases} \tag{46}$$

We've defined  $\Delta\mu = \mu_0 - \mu_4$  for convenience.  $\mu_{eff}$  reflects the fact that the  $\epsilon$  integral in Eq. 45 is taken over a curve of very non-constant  $\mu$ , roughly following the separatrix boundary. In fact,  $\mu_{eff} \sim \sqrt{2\eta \sin I}$  the separatrix width, likely.

Our approximation near  $\mu_4$  is probably only accurate up to scaling, we should ensure this piecewise definition is smooth. Thus, we choose  $\mu_{eff} \equiv \mu_0 + 2\sqrt{\eta \sin I}$  and change the close-in term to be  $\frac{\Delta\mu_{eff}}{\Delta\mu} \frac{d\mu_0}{dt} \Big|_{\mu_{eff}}$ .

We can compare these predictions qualitatively to the actual integrated map. By integrating the true  $(\mu, \phi, s)$  system over a period, we can derive an effective  $\frac{\Delta\mu}{\Delta t}$  and compare to the scaling we obtain above. The coefficients are not perfect, but the  $1/\Delta\mu$  scaling is correct: Fig. 4.

- The thing that is interesting now is that  $\mu_{eff}$  is evaluated relatively farther away from  $\mu_4$ , and since  $\frac{d\mu}{dt}$  in the weak tidal limit for  $s > 2$  can be negative, it is possible for a point above  $\mu_4$  to be *sucked in* to CS4 from both above and below. This is an extremely important feature, and



(a)  $\frac{\Delta\mu}{\Delta t}$  computed using the pure weak tide prescription (ignoring  $\mu(\phi)$  variations), computed using an integral of the full system and computed using the piecewise definition above. (b) Loglog plot of  $\Delta\mu/\Delta t$  above  $\mu_4$  for the integrated and piecewise solutions.

**Figure 4:** Agreement of piecewise with integrated, qualitatively.

indeed in Fig. 4 we see such behavior. If we are in this regime, then any nonzero separatrix hopping probability will drive 100% of points incident on CS4 to enter the separatrix, since repeated hoppings must be observed!

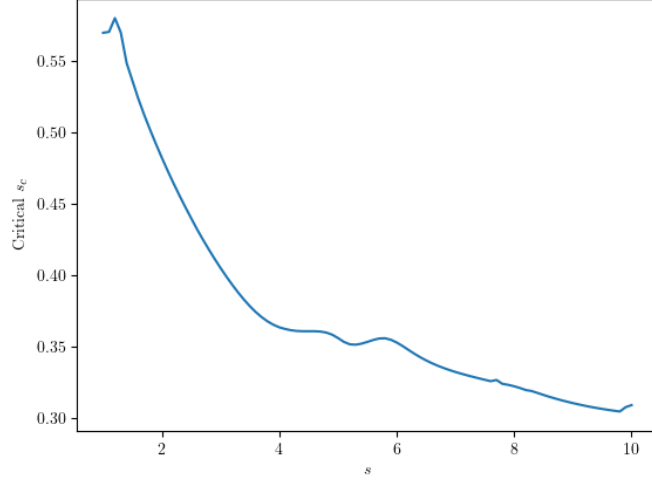
Qualitatively, we can use our piecewise definition to see the behavior of this transition; it occurs when  $\frac{d\mu}{dt}$  evaluated at the  $\mu_{eff}$  above  $\mu_4$  is negative, i.e. above  $\frac{2\Omega_1}{s}$ . Thus, this boils down to  $\mu_4 + 2\sqrt{\eta \sin I} \gtrsim \frac{2\Omega_1}{s}$ . Since  $\mu_4 \approx \eta \cos I = \frac{s_c \cos I}{s}$ , we see that for smaller  $s_c$  than some critical threshold,  $\mu_4$  is no longer attracting on both sides. We can numerically solve for this transition using the full integrated equations: Fig. 5.

- Indeed, Fig. 5 shows that the critical  $s_c$  is a fairly flat function of  $s$  in our parameter regime of interest. Call this critical  $s_c$   $S_0$  owing to unfortunate notation. We can thus identify two regimes:
  - $s_c < S_0$ : points above CS4 will be driven away from CS4, and so only points below the separatrix will experience a single chance to separatrix hop. Thus, in this regime, points initially above the separatrix will tidally synchronize, while points below the separatrix will probabilistically either synchronize or go to CS2.
  - $s_c > S_0$ : CS4 becomes *attracting*, and so two consequences: points initially above the separatrix are sucked downwards, and all encounters go to CS2 after 100% separatrix entry probability.

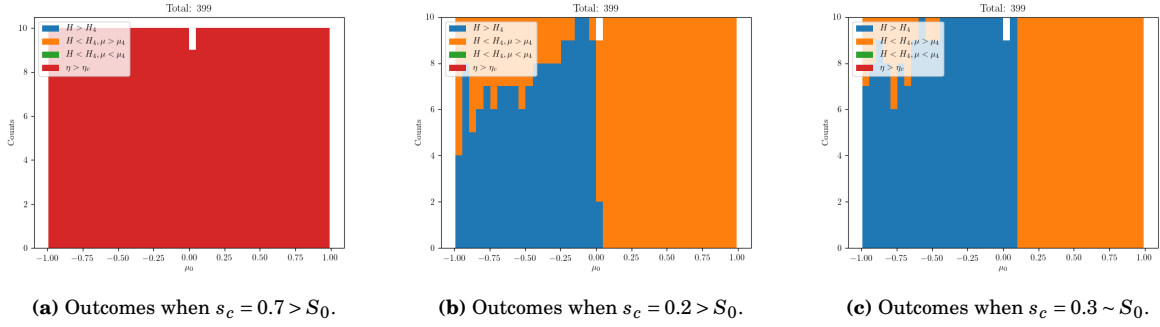
Since  $S_0$  is some function of  $s$ , it is clear that for intermediate values of  $s_c$ , we will see single separatrix hopping at early times while separatrix attraction at late times.

- Finally, we may compare histograms of outcomes when  $s_c > S_0, s_c < S_0$ . For  $s_c > S_0$ , all points get attracted into CS2, which then synchronizes quickly; this is illustrated poorly in Fig. 6a.

On the other hand, when  $s_c < S_0$ , points below CS4 only get one chance at hopping. We can perform similar Melnikov calculation to above by integrating the true tidal term  $\frac{\partial \mu^{(1)}}{\partial t} = \epsilon(1 - \mu^2)(2\Omega_1/s - \mu)$  and find that the hopping probability  $P_{hop} \propto \frac{\mu}{2\Omega_1/s} \propto \sqrt{s}$  or in fact scaling with  $\eta^{-1/2}$ ; the difference comes in the  $1/s$  dependence in the single-leg integral and the  $-\mu$



**Figure 5:** Critical values of  $s_c$  below which  $\mu_4$  is no longer strongly attracting.



**Figure 6:** Outcome hists.

factor in the double-leg integral. Thus, points closer to the initial separatrix actually should experience higher entry probability, also observed in Fig. 6b.

Finally, we can somewhat see what the transition regime looks like in Fig. 6c. Points close to the separatrix experience attracting dynamics and all hop, while points far away from the separatrix experience the  $\sqrt{s}$  hopping probability.

### 5.1 Weak Perturber Hopping Distribution (Probably incorrect?)

We consider in the weak perturber (strong coupling) regime, where  $s_c < S_0$ . We will re-apply subsection 2.5 to the weak tidal friction equations to compute  $P_{hop}(s_\star)$  where  $\star$  denotes at separatrix crossing. We will then seek an approximate form for  $s_\star$  given arbitrary initial conditions to predict the hopping probability distribution over initial conditions. We only seek to solve Zone III (below separatrix) initial conditions.

First, we note that the two integrals that I earlier called  $\Delta_m, \Delta_c$  (garbage notation sorry) can be



evaluated for the new weak tidal friction integrals as follows:

$$\begin{aligned}\Delta_M &= \int_0^{2\pi} \epsilon (1 - \mu^2) \left( \frac{2\Omega}{s} - \mu \right) d\phi, \\ &\sim 2\pi\epsilon \left( \frac{2\Omega}{s} - \sqrt{2\frac{s_c}{s} \sin I} \right),\end{aligned}\tag{47}$$

$$\begin{aligned}\Delta_c &= \oint \epsilon (1 - \mu^2) \left( \frac{2\Omega}{s} - \mu \right) d\phi, \\ &= 2 \int_0^{2\pi} \epsilon \sqrt{2\eta \sin I (1 - \cos \phi)} d\phi, \\ &= 16\epsilon \sqrt{\eta \sin I}.\end{aligned}\tag{48}$$

Recalling that  $\eta = s_c/s$ , we arrive at

$$P_{hop} = \frac{4\sqrt{ss_c \sin I}}{\pi\Omega} \left( 1 + \sqrt{\frac{s_c s \sin I}{2}} \right).\tag{49}$$

We evaluate the above at  $s = s_\star$  for a given trajectory; we now want to compute an analytical approximation to  $s_\star$ . Under a familiar set of approximations, we can write

$$\frac{ds}{dt} \approx -s\epsilon, \quad \frac{d\mu^{(1)}}{dt} \approx \begin{cases} -\epsilon\mu & \mu \gtrsim \frac{2\Omega}{s}, \\ \epsilon\frac{2\Omega}{s} & \mu \lesssim \frac{2\Omega}{s}. \end{cases}$$

We have taken  $\mu \ll \frac{s}{2\Omega}, 1 + \mu^2 \sim 1$  to arrive at the first expression. The second expression hinges on the dominant term in  $\frac{2\Omega}{s} - \mu$ ; since  $\mu < 0$  in Zone III, this term is always positive.

Now, recall that we won't get a sensible answer this way, since the dynamics near the separatrix  $|\mu - \mu_4| \sim \sqrt{2\eta \sin I}$  are governed by the piecewise map we defined before. However, if  $s_c$  is truly small, then the majority of the separatrix approach will be governed by the above flow. If we also adopt the  $\mu \lesssim \frac{2\Omega}{s}$  limit, in this spirit, then an analytical solution can be approximated: we first observe that  $\frac{d\ln s}{dt} \gtrsim \frac{d\mu^{(1)}}{dt}$  in this limit by a factor of  $\frac{s}{2\Omega}$ , so we approximate  $s \approx s_0 e^{-\epsilon t}$ . This gives us

$$\mu(t) \approx \mu_0 + \frac{2\Omega}{s_0} (e^{\epsilon t} - 1).$$

If  $\epsilon t \lesssim 1$ , we can arrive at closed form  $t_\star \approx \frac{s_0 \Delta\mu}{2\Omega\epsilon}$ . Note that  $\Delta\mu$  here should be calculated at  $\phi = \pi$  since phase space is not flat there, unlike near the saddle point (same motivation as usual). This gives us  $s_\star = s_0 e^{-\frac{s_0 \Delta\mu}{2\Omega}}$ . For a sample run at  $s_0 = 10, s_c = 0.03, \mu_0 = -0.3, \phi_0 = 0$ , this estimates  $t_\star \sim 500$  which is reasonably close to the measured  $t_\star = 575$ .

If we are to use this prescription, then we can obtain

$$P_{hop}(\mu_\pi(t=0)) = \frac{4\sqrt{s_c \sin I s_0}}{\pi\Omega} e^{-\frac{s_0}{4\Omega} \Delta\mu_\pi}.\tag{50}$$

What is noteworthy is the *exponential* dependence on  $\Delta\mu_\pi$ ; we might expect similar behavior to manifest elsewhere thanks to the  $\frac{d\ln s}{dt} \sim \epsilon, \frac{d\mu}{dt} \propto \{-\epsilon\mu, \epsilon/s\}$  in both regimes of  $\frac{d\mu}{dt}$ . Further numerical testing to be performed.

**Note:** This section's calculation may be inaccurate because  $H$  is not an adiabatic invariant. I thought that maybe  $s$  could be imagined to be approximately constant over the final orbit, I'm not sure how accurate that is though.

## 5.2 Relation to Henrard 1982

Henrard's *Capture into resonance: An extension of the use of adiabatic invariants* is somewhat similar to our work but covers a slightly different scenario. We summarize the similarities below:

- Henrard considers a dissipation-free system where  $H^{(0)}$  slowly changes in time due to a varying parameter  $\lambda$ . Contrast this to our two considered problems, both of which have dissipation.
- His result for hopping probabilities is the same as ours though: consider  $K = H - H^*$ , which for us is  $\Delta H = H - H_4$ , then we can write down expressions for the evolution of  $\Delta H$  along the heteroclinic orbit. Henrard calls these  $B_i$  for energy balance.
- Consider then an inbound trajectory on one of the two legs of the separatrix, call this leg 1 and the other leg 2. Furthermore, adopt convention whereby the separatrix has  $K < 0$ . Then, upon the final orbit prior to separatrix crossing, the trajectory experiences some  $\Delta H = B_1$ . Subsequently, it will hop onto the second leg of the separatrix, where it further experiences some  $\Delta H = B_2$ . Note that  $B_1 < 0$  is necessary to experience separatrix crossing, otherwise trajectories will be repelled from the separatrix.
- Henrard then enumerates three possible cases:  $B_2 < 0$  produces guaranteed capture,  $B_2 > 0, B_1 + B_2 > 0$  produces guaranteed crossing, and  $B_2 > 0, B_1 + B_2 < 0$  is effectively probabilistic.
- These conclusions mirror ours, if we replace  $\Delta_M = B_1, \Delta_c = B_1 + B_2$ ; one may immediately see that  $\Delta_c$  has the same sign as  $\Delta_M$  in the probabilistic case, and in the  $s_c > S_0$  case we have exactly  $B_1, B_2 < 0$  attraction.
- Henrard in a later paper cites the formula  $\Pr(i \rightarrow j) = \left| \frac{\partial J_j}{\partial t} / \frac{\partial J_i}{\partial t} \right|$ . This can be related to the above  $B_i, \Delta_H$  by:

$$\Delta H = \int \frac{\partial H}{\partial \lambda} \dot{\lambda} dt = \int \frac{\partial J}{\partial \lambda} \frac{\partial H}{\partial J} \dot{\lambda} dt = 2\pi \dot{\lambda} \frac{\partial J}{\partial \lambda}, \quad (51)$$

where  $J$  is the action variable; this is easy to see since  $\frac{\partial H}{\partial J}$  is just the angular velocity of the corresponding angle variable to  $J$ .

In our problem, we have both dissipation thanks to  $\frac{d\mu^{(1)}}{dt}$  and parameter variation  $\frac{ds}{dt}$ . Paralleling Equation 41 of Henrard's paper, we may expand:

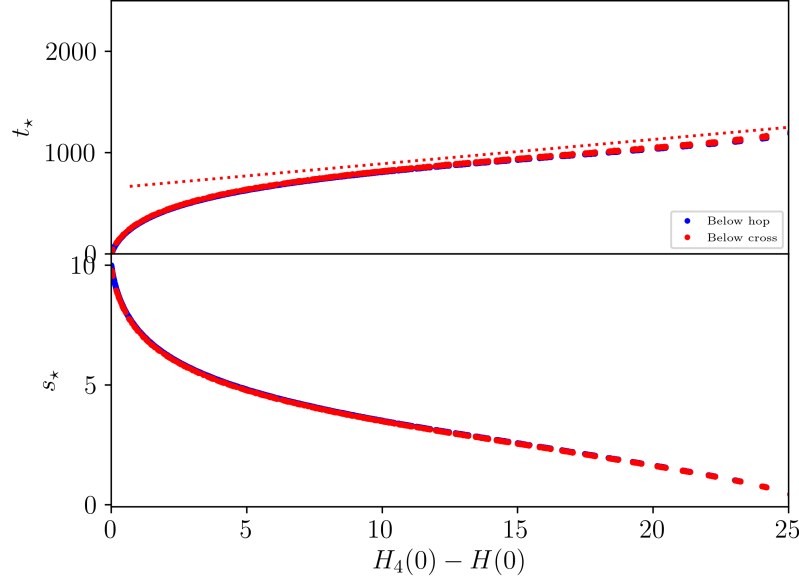
$$\begin{aligned} \frac{dH}{dt} &= \frac{\partial H}{\partial t} + \frac{\partial H}{\partial \phi} \frac{d\phi}{dt} + \frac{\partial H}{\partial \mu} \frac{d\mu}{dt} + \frac{\partial H}{\partial s} \frac{ds}{dt}, \\ &= \dot{\mu}^{(1)} \dot{\phi}^{(0)} + \frac{\partial H}{\partial s} \frac{ds}{dt}, \end{aligned} \quad (52)$$

$$\frac{dH_4}{dt} = \frac{\partial H_4}{\partial s} \frac{ds}{dt}, \quad (53)$$

$$\frac{dK}{d\phi} = \dot{\mu}^{(1)} + \frac{\dot{s}^{(1)}}{\dot{\phi}^{(0)}} \left( \frac{\partial H}{\partial s} - \frac{\partial H_4}{\partial s} \right), \quad (54)$$

$$\Delta K_i = \oint_{\mathcal{C}_i} \dot{\mu}^{(1)} + \frac{\dot{s}^{(1)}}{\dot{\phi}^{(0)}} \left( \frac{\partial H}{\partial s} - \frac{\partial H_4}{\partial s} \right) d\phi. \quad (55)$$

We have arbitrarily added superscripts to indicate to what order in  $\epsilon$  our expansions proceed. Note the resemblance of this formula to Equation 41 of Henrard's paper, but also to our earlier work in the constant tides case. Again,  $\Delta K_i = H - H_4$  over path  $\mathcal{C}_i$ , which in our case can be either the bottom half of the separatrix or the entire separatrix (in which case  $\Delta K_1 = B_1 = \Delta_M, \Delta K_2 = B_1 + B_2 = \Delta_c$ ).



**Figure 7:**  $t_*, s_*$  for  $s_c = 0.2$ . Red line is a by-eye linear fit.

### 5.3 Weak Perturber Hopping Revisited

First, let's examine our  $t_*$  plot e.g. Fig. 7. We observe that there is a roughly linear slope  $\frac{dt_*}{d(\Delta H)} \sim \frac{600}{s_0/2s_c}$  where  $-s_0/2s_c$  is the minimum value of  $H$  on the domain and so is the maximum value for  $\Delta H = H_4 - H_0$ . Note that

$$H(\mu, \phi; s) = -\frac{s}{s_c} \frac{\mu^2}{2} + \mu \cos I - \sin I \sqrt{1 - \mu^2 \cos \phi}, \quad H_4(s) = -\sin I + \frac{s_c}{2s} \cos^2 I.$$

I accidentally did some extra algebra and computed to one extra order in  $\frac{s_c}{s}$ , so I might as well leave it in. We will compute carefully, noting that  $\mu_4 = \frac{\cos I}{\alpha - \sin I}, \phi_4 = 0$  is exact (where  $\alpha = s/s_c$  for brevity and compatibility with §3).

$$\begin{aligned} H_4 &= -\alpha \frac{\mu_4^2}{2} + \mu_4 \cos I - \sin I \sqrt{1 - \mu_4^2 \cos \phi_4}, \\ &= -\frac{\alpha \cos^2 I}{2(\alpha - \sin I)^2} + \frac{\cos^2 I}{\alpha - \sin I} - \sin I \frac{\sqrt{(\alpha - \sin I)^2 - \cos^2 I}}{\alpha - \sin I}, \\ &= \frac{1}{(\alpha - \sin I)^2} \left[ -\alpha \cos^2 I + (\alpha - \sin I) (\cos^2 I - \sin I \sqrt{(\alpha - \sin I)^2 - \cos^2 I}) \right], \\ &\approx \frac{1}{(\alpha - \sin I)^2} \left[ \frac{\alpha \cos^2 I}{2} - \sin I \cos^2 I - \alpha^2 \sin I \left( 1 - \frac{2\alpha \sin I + \cos^2 I - \sin^2 I}{2\alpha^2} \right) + \sin^2 I \alpha \left( 1 - \frac{2\alpha \sin I}{2\alpha^2} \right) \right], \\ &\approx \frac{1}{\alpha^2} \left( 1 + \frac{2\sin I}{\alpha} + \frac{3\sin^2 I}{\alpha^2} \right) \left( -\alpha^2 \sin I + 2\sin^2 I \alpha + \frac{\alpha \cos^2 I}{2} - \frac{(\cos^2 I + 3\sin^2 I) \sin I}{2} \right), \\ &\approx -\sin I + \frac{\cos^2 I}{2\alpha} + \frac{1}{\alpha^2} \left[ -3\sin^3 I - \frac{(\cos^2 I + 3\sin^2 I) \sin I}{2} + 4\sin^3 I + \sin I \cos^2 I \right], \\ &= -\sin I + \frac{\cos^2 I}{2\alpha} + \frac{(\cos^2 I - \sin^2 I) \sin I}{2\alpha^2}. \end{aligned}$$

While  $s$  is actually a dynamical variable, it is a parameter to the 1D Hamiltonian. Plugging these expressions into our above expression for  $\frac{dK}{dt} = -\frac{d(\Delta H)}{dt}$ , we obtain

$$\frac{d(\Delta H)}{dt} = -\dot{\mu}^{(1)}\dot{\phi}^{(0)} - \dot{s}^{(1)}\frac{\partial(\Delta H)}{\partial s}, \quad (56)$$

$$-\frac{d(\Delta H)}{d(\epsilon t)} = (1 - \mu^2) \left( \frac{2\Omega}{s} - \mu \right) \dot{\phi}^{(0)} + 2\Omega \left( 1 + \frac{s}{2\Omega} (1 + \mu^2) \right) \left[ \frac{\mu^2}{2s_c} - \frac{s_c}{2s^2} \cos^2 I \right]. \quad (57)$$

Note that this expression is encouraging since both  $\dot{\phi}^{(0)}$ ,  $\frac{\partial(\Delta H)}{\partial s}$  vanish near CS4 (where  $\mu_4 \approx \frac{s_c}{s} \cos I$ ), which corresponds to separatrix approach slowing down (also consistent w/ our plots). Now, if we evaluate far from the separatrix and for large  $s$ , similar to most of our initial conditions, we approximate  $\dot{\phi} \approx \frac{s_c}{s}$  and we obtain

$$\begin{aligned} \frac{d(\Delta H)}{d(\epsilon t)} &\approx (1 - \mu^2) \left( \frac{2\Omega}{s} - \mu \right) \frac{s}{s_c} \mu + s (1 + \mu^2) \left( \frac{\mu^2}{2s_c} \right), \\ &\approx -\frac{s\mu^2}{2s_c} (2(1 - \mu^2) - 1 + \mu^2), \\ &= -\frac{s\mu^2}{2s_c} (3 - \mu^2). \end{aligned} \quad (58)$$

The linear fit by eye on the plot corresponds to a slope of  $-\frac{d(\Delta H)}{dt} \approx \frac{s_0/s_c}{1200}$  which is of the right order  $-c \frac{3s\mu^2}{2s_c}$ , so it seems like we at least have the scaling correct. The intercept offset is given by the dynamics near  $\Delta H$  small, or sufficiently small that  $\dot{\phi}^{(0)} \approx \frac{s}{s_c}$  is no longer accurate (where phase space begins to be distorted by the separatrix); we will analyze this separately later/never.

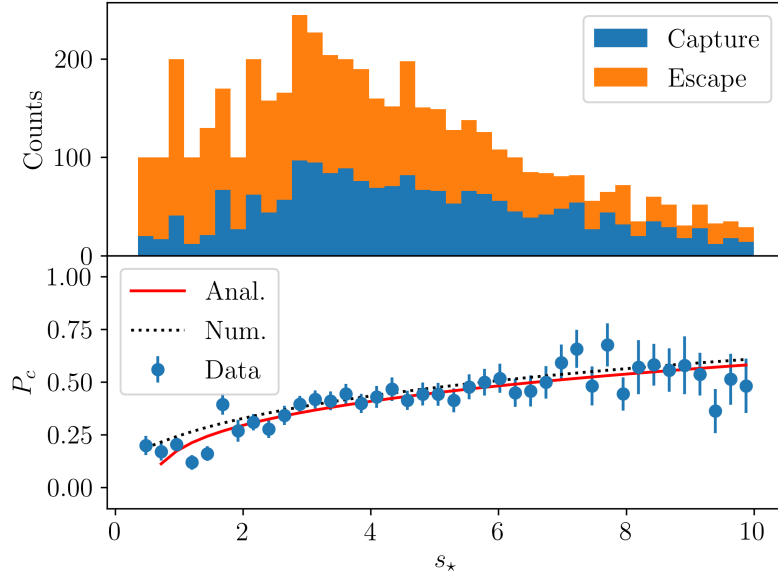
## 5.4 $P_{hop}$ More Carefully

This allows for a rudimentary prediction of  $t_\star, s_\star$  at separatrix crossing; we next want to compute the separatrix crossing probabilities. It's not immediately obvious whether the dissipation or adiabatic invariance term should dominate the crossing probability or the  $\Delta H$  evolution: since  $\frac{\partial H}{\partial s} \propto \mu^2$  but also  $\dot{\phi}^{(0)} \rightarrow 0$  for much of the trajectory, it will require some careful statistics/simulation to disentangle the two.

It bears noting that the formula Eq. 49 only holds under the following assumptions: (i) the Melnikov splitting is stronger than the adiabatic invariant effect described by Henrard, and (ii)  $\frac{2\Omega}{s} \gtrsim \mu$  along the separatrix. Condition (ii) is expected to hold in the weak perturber regime  $s_c$  small, and indeed it seems to give the correct prediction, as seen in Fig. 8 (a few other trials also seem to suggest this).

**Revisited:** We should be able to evaluate this integral analytically. We've already mostly done the  $\dot{\mu} d\phi$  integral, let's now consider the  $\frac{s}{\phi} \Delta H_{,s} d\phi$  component. This is just (we change sign conven-

$$s_c = 0.05$$



**Figure 8:** Histogram of  $P_{hop}(s_*)$  with prediction of Eq. 49 overlaid. Anal indicates just the prefactor, while corrected analytic denotes including the estimated corrective term. We see that the true curve lies somewhere in between.

tion,  $\Delta H = H - H_4$  now, per recent developments)

$$\begin{aligned}
 \int_{\mathcal{C}_\pm} \frac{\dot{s}}{\dot{\phi}(0)} \frac{\partial \Delta H}{\partial s} d\phi &= \int \dot{s} \frac{-\frac{\mu^2}{2s_c} + \frac{\cos^2 I s_c}{2s^2}}{-\frac{s}{s_c} \mu + \cos I} d\phi, \\
 &= \int \frac{\dot{s} s_c}{2s^2} \left[ \frac{s\mu}{s_c} + \cos I \right] d\phi, \\
 &= \int \epsilon 2\Omega_1 \left( \mu_\pm - \frac{s}{2\Omega_1} (1 + \mu_\pm^2) \right) \frac{s_c}{2s^2} \left[ 2\cos I \pm \sqrt{2\frac{s}{s_c} \sin I (1 - \cos \phi)} \right] d\phi, \\
 &\approx \epsilon \frac{s_c}{s^2} \int \left( \mu_\pm - \frac{s}{2} \right) \left[ 2\cos I \pm \sqrt{\frac{2\sin I}{\eta} (1 - \cos \phi)} \right] d\phi.
 \end{aligned}$$

At this point, the integral is rather messy, so we have approximated  $1 + \mu_\pm^2 \approx 1$ , set  $\epsilon = \Omega_1 = 1$ , then split  $\mu_\pm - s/2$  into two terms,  $\mu_4 - s/2$  and the square root. We further break down into three terms to evaluate the integral of the product: the  $2\cos I$  term, the product of the two square root components. These three integrals are respectively

$$\begin{aligned}
 \int_\pm 2\cos I \left( \mu_\pm - \frac{s}{2} \right) d\phi &= -2\cos I \left( \pm 2\pi\eta \cos I + 8\sqrt{\eta \sin I} \right) \pm 2\pi s \cos I, \\
 \pm \int_\pm \left( \mu_4 - \frac{s}{2} \right) \sqrt{\frac{2\sin I}{\eta} (1 - \cos \phi)} d\phi &= \eta \cos I \left( -8\sqrt{\sin I/\eta} \right) + \frac{s}{2} 8\sqrt{\sin I/\eta}, \\
 \int_\pm 2\sin I (1 - \cos \phi) d\phi &= \mp 4\pi \sin I.
 \end{aligned}$$

Indeed, the sum over the two legs is positive, which is expected: during spindown, the separatrix expands, so the separatrix must have  $\Delta H > 0$  owing just to adiabatic expansion.

For the  $\mu$  integral, the integrand is  $(\frac{2\Omega}{s} - \mu)$  times the original integrand; this means the final result is  $\frac{2\Omega}{s}$  times the old result plus a contribution  $\int \epsilon(1 - \mu^2)(-\mu) d\phi$ . This second term can be evaluated exactly, and we obtain

$$\int_{\mathcal{C}_{\pm}} \dot{\mu}^{(1)} d\phi \approx \epsilon \frac{2\Omega}{s} \left( \mp 2\pi(1 - 2\eta \sin I) + 16 \cos I \eta^{3/2} \sqrt{\sin I} \right) + 8\epsilon \sqrt{\eta \sin I} \pm 2\pi\eta \cos I - \frac{64}{3} \epsilon (\eta \sin I)^{3/2}.$$

This is in agreement with our work from 5.1. Thus, the total expression is

$$\begin{aligned} \frac{\Delta_{\pm}}{\epsilon} = & -2 \cos I \left( \pm 2\pi\eta \cos I + 8\sqrt{\eta \sin I} \right) \pm 2\pi s \cos I + \eta \cos I \left( -8\sqrt{\sin I/\eta} \right) + \frac{s}{2} 8\sqrt{\sin I/\eta} \\ & + \frac{2\Omega}{s} \left( \mp 2\pi(1 - 2\eta \sin I) + 16 \cos I \eta^{3/2} \sqrt{\sin I} \right) + 8\sqrt{\eta \sin I} \pm 2\pi\eta \cos I - \frac{64}{3} (\eta \sin I)^{3/2}, \end{aligned} \quad (59)$$

$$P_c = \frac{\Delta_+ + \Delta_-}{\Delta_-}. \quad (60)$$

## 5.5 Physical Parameters

The two key constraints we want are: (i)  $\sim \frac{1}{5\omega_{1p}\epsilon}$  the tidal synchronization timescale (we will now use  $t_a$  to follow DL12 notation) should be faster than  $\sim \text{Gyr}$ , (ii)  $s_c$  ideally should not be too small to forbid separatrix crossings. Note that  $3/Q' = 2k_2/Q$  ranges from around  $10^{-2}$  for rocky Earths to  $10^{-5}$  for Jupiters. We can then write down the following dimensionless scalings (checked against the dissipating disks paper w/ Dong):

$$\frac{s_c}{\Omega_1} = \frac{\frac{3m_p}{4M_{\star}} \left( \frac{a_1}{\bar{a}_p} \right)^3}{\frac{3k_{qp}}{2k_p} \frac{M_{\star}}{M_1} \left( \frac{R_1}{a_1} \right)^3}, \quad (61)$$

$$= \frac{m_p m_1}{2M_{\star}^2} \left( \frac{k_p}{k_{qp}} \right) \left( \frac{a_1^6}{R_1^3 \bar{a}_p^3} \right), \quad (62)$$

$$\epsilon = \frac{L}{2S} \frac{s}{2\Omega} \frac{1}{\omega_{1p} \cos I t_a}, \quad (63)$$

$$\frac{1}{t_a} = \frac{9}{2Q'} \frac{M_{\star}}{m_1} \left( \frac{R_1}{a_1} \right)^5 \Omega, \quad (64)$$

$$\epsilon = \frac{m_1 a_1^2 \Omega}{2(m_1 R_1^2/4)s} \frac{s}{2\Omega} \frac{1}{\cos I} \left( \frac{9}{2Q'} \frac{M_{\star}}{m_1} \left( \frac{R_1}{a_1} \right)^5 \right) \left( \frac{4M_{\star} a_p^3}{3m_p a_1^3} \right), \quad (65)$$

$$= \frac{1}{\cos I} \frac{6}{Q'} \left( \frac{M_{\star}^2}{m_1 m_p} \right) \left( \frac{R_1^3 a_p^3}{a_1^6} \right), \quad (66)$$

$$= \frac{1}{\cos I} \frac{3}{Q'} \frac{\Omega_1}{s_c}, \quad (67)$$

$$\frac{s_c}{n_1} = 0.06 \left( \frac{k_1}{k_{q1}} \right) \left( \frac{m_p}{0.001 M_{\odot}} \right) \left( \frac{a_p}{5 \text{ AU}} \right)^{-3} \left( \frac{a_1}{0.3 \text{ AU}} \right)^6 \left( \frac{\rho_1}{3 \text{ g/cm}^3} \right) \left( \frac{M_{\star}}{M_{\odot}} \right)^{-2}, \quad (68)$$

$$\epsilon \sim 10^{-2} \left( \frac{2k_2/Q}{10^{-3}} \right). \quad (69)$$

Note that  $2k_2/Q = 3/Q'$  in Dong's notation. The timescales now work since  $\omega_{1p} \sim 1.6 \text{ Myr}$ , so obliquities are driven to their extreme values in around 0.8 Gyr.

## 6 Non-adiabatic Regime

### 6.1 Decaying Disk: Dong Notes

In the non-adiabatic regime, the Hamiltonian is much less useful, so we return to EOM in corotating frame (after dividing through by  $\Omega_{sl}$  compared to Dong's notes)

$$\frac{d\hat{s}}{dt} = (\hat{s} \cdot \hat{l}) (\hat{s} \times \hat{l}) + \eta \cos I (\hat{l}_d \times \hat{s}). \quad (70)$$

We adopt convention where  $\Omega_{sl}, \Omega_{lp} > 0, \eta = \frac{\Omega_{ld} \cos I}{\Omega_{sl}}$ , and time units are really  $t \equiv \Omega_{sl} t$ . In this decaying disk problem,  $\eta(-\infty) \gg 1, \eta(+\infty) \ll 1$ .

Define again  $\hat{l} = \hat{z}, \hat{l}_d = \hat{z} \cos I + \hat{x} \sin I$ , then we go immediately into coordinates

$$\frac{d\hat{s}}{dt} = [(\eta \cos I - 1) \hat{z} + \eta \sin I \hat{x}] \times \hat{s}. \quad (71)$$

Now, let's assume that  $s_z \approx 1$  throughout the evolution of  $\hat{s}$  (maybe this can be relaxed later), which also requires  $I \approx 0$ . Then let's examine the evolution of quantity  $S = s_x + i s_y$  instead:

$$\frac{dS}{dt} = i(\eta \cos I - 1)S - i\eta \sin I. \quad (72)$$

Now this is a first-order ODE in  $S$ , albeit complex, which can be solved via an integrating factor

$$\Phi(t) \equiv \int_{-\infty}^t (1 - \eta(t') \cos I) dt', \quad (73)$$

$$S(t)e^{i\Phi(t)} \Big|_{-\infty}^t = \int_{-\infty}^t e^{i\Phi(t')} (-i\eta(t') \sin I) dt' \quad (74)$$

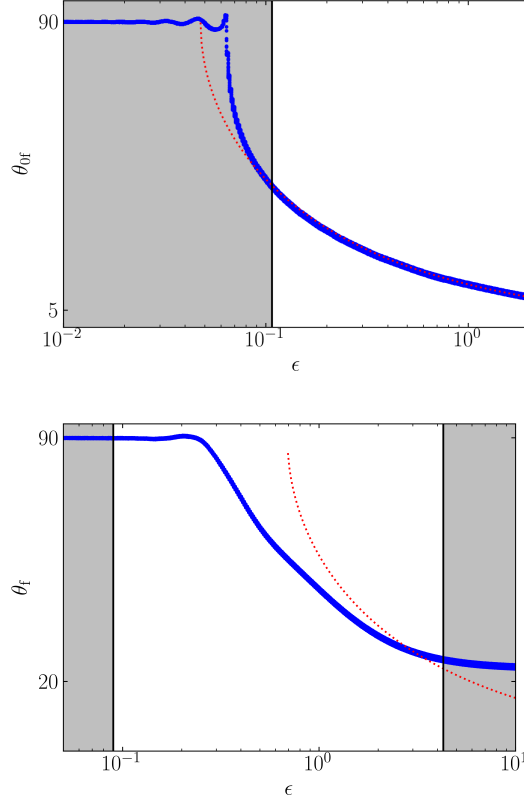
We now invoke stationary phase, asserting that  $e^{i\Phi(t)}$  is dominated by its contribution where  $\dot{\Phi} = 0$  (the phases add constructively). But  $\dot{\Phi} = 0$  is where  $1 - \eta \cos I = 0$ , or where  $\eta \cos I = 1$ .

Now at this point, let's choose  $\eta(0) = 1/\cos I, \frac{d\eta}{dt} \Big|_{t=0} = -\epsilon/\cos I$ . Then we expand near  $t = 0$  so

$$\begin{aligned} \Phi(t) &\approx \Phi(0) + \frac{1}{2} \ddot{\Phi} t^2, \\ &\approx \Phi(0) + \frac{1}{2} \epsilon t^2, \\ \int_{-\infty}^t e^{i\Phi(t')} \eta(t') dt' &\approx \begin{cases} 0 & t < 0, \\ \frac{1}{\cos I} e^{i\Phi(0)} \int_{-\infty}^{\infty} \exp\left[\frac{i}{2} \epsilon t^2\right] dt & t > 0. \end{cases} \\ \int_{-\infty}^{\infty} \exp\left[\frac{i}{2} \epsilon t^2\right] dt &= \int_{-\infty}^{\infty} e^{-\tau^2} d\tau \sqrt{\frac{2}{i\epsilon}}, \\ &= \sqrt{\frac{2\pi}{i\epsilon}}. \end{aligned}$$

Now, it should be noted that  $e^{i\Phi}$  is just a phase; all we really care about is  $|S| = \sqrt{1 - s_z^2}$ . Thus, taking the absolute value of both sides of Eq. 74 we obtain

$$|S|(t) = \tan I \sqrt{\frac{2\pi}{\epsilon}} \Theta(t). \quad (75)$$



**Figure 9:**  $I = 5^\circ, 20^\circ$  distributions vs data. Red lines are the result of Dong's calculation, blue are with my improvements.

It should be noted that  $\theta_{sl,f} \approx |S|(\infty)$ , and so we recover Dong's result  $\theta_f = \sqrt{2\pi/\epsilon} \tan I$ .

To compare to data, let's define a few more things:  $\theta_{sl,f} = \hat{s} \cdot \hat{l}(t \rightarrow \infty)$  and  $\theta_{sd,i} = \hat{s} \cdot \hat{l}_d(t \rightarrow -\infty)$  (note that  $I \equiv \theta_{ld}$  is constant). In our derivation above, we've sort of assumed  $I \approx 0$ , so  $\theta_{sd,i} \approx \theta_{sl,i} = 0$  is the effective initial condition above.

Then, for some  $\theta_{sd,i} > 0$ , we can intuit as follows:  $\hat{s}$  initially librates around  $\hat{l}_d$  with oscillation amplitude  $\theta_{sd,i}$ . So if  $\theta_{sd,i} = 0$  produces Eq. 75, we might expect small deviations of amplitude  $\theta_{sd,i}$  about CS2 to be "frozen in" as the disk dissipates non-adiabatically. Thus,  $\theta_{sl,f} \in \theta_{sl,f,0} + [\pm \theta_{sd,i}]$ .

More importantly though, we want to find leading order corrections to the above result for: nonzero  $I$ , and somewhat smaller  $\epsilon$ . The problems with Dong's result can be seen in the two figures in Fig. 9, which are derived for  $\theta_{sd,i} \approx 0$ . In this limit,  $\theta_{sl,i} = I$ , which explains why the predictions break down somewhat when  $I$  is no longer small. Furthermore, for smaller  $\epsilon$ , the stationary phase approximation breaks down. We investigate the effect of these below.

## 6.2 Extending Dong's result

Perhaps the easiest correction to make is, instead of assuming  $s_z = 1$ , to hold it constant at  $s_z \approx \cos I$ , which just changes the inhomogeneous term in Eq. 72 to  $(-i\eta \sin I \cos I)$ ; this is a very small change since  $\cos I \approx 1$  for nearly all physical parameter space, but does improve the fit slightly.

One other observation is that the LHS of Eq. 74 should really be  $|S(t)e^{i\Phi(t)} - S(-\infty)e^{i\Phi(-\infty)}|$ , but we don't really know  $e^{i\Phi}$  since it oscillates so quickly. Thus, only when  $S(t) \gg S(-\infty)$  or  $\theta_{sl,f} \gg I$  is the LHS easily evaluated. But at the very least we can claim that  $\theta_{sl,f} = \max(|S|, I)$ , so that at very small  $|S|$  we just use  $I$  the approximate location of CS2. This seems to be in pretty good agreement



if we look at 2\_toy2/3Iscan plots.

Somewhat surprisingly, using a proper  $\theta_{sl,f} = \arccos 1 - S^2$  actually hurts the fit; this would manifest in the larger  $\theta_{sl,f}$  regime, so it appears increasing adiabaticity dominates this correction.

The other correction to consider is how the nonadiabatic assumption breaks down. In the stationary phase integral, we assumed that the phase could be integrated as an imaginary Gaussian.

**Take 1 (fail):** This is only true if the in the vicinity of the minimum,  $\Phi(t)$  is approximately symmetric. The “vicinity” here is defined as where  $\Phi(t) \lesssim \Phi_{\min} + 2\pi$ , since that is where the phase begins to oscillate quickly again. To simplify, we can write  $\eta = e^{-\epsilon t}/\cos I$ , then we can integrate analytically:

$$\Phi(t) = t + \frac{e^{-\epsilon t}}{\epsilon} \approx \frac{1}{\epsilon} + t - te^{-\epsilon t} + \mathcal{O}(t^2). \quad (76)$$

can be written down analytically, we can examine how symmetric  $\Phi$  is about its minimum. It turns out though that  $\Phi$  is actually *more* symmetric for smaller  $\epsilon$ , so stationary phase should work *better*. Hm. Similar arguments can be constructed for  $\Phi$  being symmetric about  $\pm\sigma \sim 1/\sqrt{\epsilon}$ , or for the variation of  $\eta$  across  $t \in \pm 1/\sqrt{\epsilon}$ , but they all seem to favor smaller  $\epsilon$  being more accurate.

**Millholland Non-Adiabaticity:** The criterion for adiabaticity presented in Millholland & Batygin *Primordial Obliquities* is (their Equation 15)

$$\dot{\alpha} - \dot{g} \lesssim \alpha g \sin \theta \sin I. \quad (77)$$

Noting  $\dot{\eta} = \left(\frac{\dot{g}}{g} - \frac{\dot{\alpha}}{\alpha}\right)\eta$ , where  $\eta = \frac{g \cos I}{\alpha}$  ( $g, \alpha$  follow their definitions), and that at crossing they define  $g \approx \alpha$ , then

$$\begin{aligned} \frac{\dot{\alpha}}{\alpha} - \frac{\dot{g}}{g} &\lesssim g \sin \theta \sin I, \\ -\left[\frac{\dot{\alpha}}{\alpha} - \frac{\dot{g}}{g}\right] \cos I = \dot{\eta} &= -\epsilon \alpha \eta \gtrsim -g \sin \theta \sin I \cos I, \\ \epsilon &\lesssim \frac{\sin \theta \sin I \cos I}{\eta} \approx \sin \theta \sin I. \end{aligned}$$

This is overplotted in the vertical blue line in Fig. 9.

## 7 Misc

### 7.1 Another Set of Canonical Coordinates

Consider canonical coordinates  $x = 2 \sin \frac{\theta}{2} \cos \phi, y = 2 \sin \frac{\theta}{2} \sin \phi$  (these can be verified to be canonical by evaluating PB  $\{y, x\}_{\cos \theta, \phi} = 1$ ), then the Hamiltonian can be written

$$\begin{aligned} H &= -\frac{1}{2} \cos^2 \theta + \eta (\cos \theta \cos I - \sin I \sin \theta \cos \phi), \\ &= -\frac{1}{2} \left(1 - 2 \sin^2 \frac{\theta}{2}\right)^2 + \eta \left( \left(1 - 2 \sin^2 \frac{\theta}{2}\right) \cos I - 2 \sin \frac{\theta}{2} \cos \phi \cos \frac{\theta}{2} \sin I \right), \\ &= -\frac{1}{2} \left(1 - \frac{x^2 + y^2}{2}\right)^2 + \eta \left( \left(1 - \frac{x^2 + y^2}{2}\right) \cos I - \sin I x \sqrt{1 - \frac{x^2 + y^2}{4}} \right). \end{aligned} \quad (78)$$

This is in agreement w/ Millholland & Batygin 2019's Eq. 26. These have EOM

$$\begin{aligned}\dot{y} &= -\frac{\partial H}{\partial x} = -x \left(1 - \frac{x^2 + y^2}{2}\right) - \eta \left(-x \cos I + \frac{x^2 \sin I}{4} \left(1 - \frac{x^2 + y^2}{4}\right)^{-1/2} - \sin I \sqrt{1 - \frac{x^2 + y^2}{4}}\right), \\ \dot{x} &= \frac{\partial H}{\partial y} = y \left(1 - \frac{x^2 + y^2}{2}\right) + \eta \left(-y \cos I + \frac{xy \sin I}{4} \left(1 - \frac{x^2 + y^2}{4}\right)^{-1/2}\right),\end{aligned}$$

The signs can be confirmed by considering that  $\theta, x, y \approx 0$  in the  $\eta \rightarrow 0$  limit results in  $\dot{\phi} < 0$ , or at  $\phi \approx 0, y \propto \sin \phi \propto \phi$  and  $\dot{y} < 0$ . It bears noting that  $x^2 + y^2 \in [0, 4]$ , so the EOM diverge as  $\theta \rightarrow \pi$ . This is one fewer singularity than the naive  $(\cos \theta, \phi)$  covering, but full cartesian  $\hat{s} = (s_x, s_y, s_z)$  still has no singularities.

## 7.2 Destruction of CS via Tides

Let's return to the simple EOM considered in the constant  $\eta$  tides case, where

$$\frac{\partial \phi}{\partial t} = -\mu + \eta \left( \cos I + \sin I \frac{\mu}{\sqrt{1 - \mu^2}} \cos \phi \right), \quad (79)$$

$$\frac{\partial \mu}{\partial t} = -\eta \sin I \sin \phi + [\epsilon (1 - \mu^2)], \quad (80)$$

We want to determine where tides destroys CS2. We saw before that tides tends to shift CS2/CS4 towards each other. In fact, we can immediately see where they will collide: in the  $\dot{\mu}$  equation, no  $\phi$  is stationary if

$$\epsilon > \frac{\eta \sin I}{1 - \mu^2}. \quad (81)$$

Note that we can invert this to find, for a given  $\epsilon$ , the smallest value of  $\eta$  for which CS2 is still stable, which must satisfy  $\eta \sin I = \epsilon (1 - \eta^2 \cos^2 I)$ , or

$$\eta_{\min} \equiv \frac{-\sin I + \sqrt{\sin^2 I + 4\epsilon^2 \cos^2 I}}{2\epsilon \cos^2 I} \approx \frac{2\epsilon^2 \cos^2 I / \sin^2 I}{2\epsilon \cos^2 I} = \frac{\epsilon}{\sin^2 I}. \quad (82)$$

We can substitute in  $\mu_2, \mu_4 \sim \eta \cos I$  to obtain

$$\epsilon_c \approx \frac{\eta \sin I}{1 - \eta^2 \cos^2 I}. \quad (83)$$

Of course, we can also solve perturbatively to higher order for the corrections to CS2/CS4 about their  $\epsilon = 0$  values; we have already found before the first order correction to  $\phi$

$$\phi_{4,2} = \{0, \pi\} \pm \frac{\epsilon (1 - \mu^2)}{\eta \sin I} \approx \{0, \pi\} \pm \frac{\epsilon}{\eta \sin I} + \mathcal{O}(\epsilon^2). \quad (84)$$

This can then be substituted back in to find the correction to  $\mu_{4,2}$

$$\mu_{4,2} \approx \frac{\eta \cos I}{1 \mp \eta \sin I} \mp \frac{1}{2} \frac{\eta^2 \sin I \cos I}{1 \mp \eta \sin I} \left( \frac{\epsilon}{\eta \sin I} \right)^2 + \mathcal{O}(\epsilon^3). \quad (85)$$

These corrections and  $\epsilon_c$  can be found in good agreement w/ numerics in 99\_misc/0\_stab.png.

In fact, we can really do better: just let  $\sin \phi = \frac{\epsilon(1-z_0^2)}{\eta \sin I}$ , then  $\mu = \frac{\eta \cos I}{1 - \eta \sin I \cos \phi \frac{1}{\sqrt{1-z_0^2}}}$  where  $z_0 = \eta \cos I$  is the zeroth order estimate. This is what is plotted in the aforementioned plot.

Now, a slightly more subtle question: is it possible for CS2 to still exist but lose stability? Consider that for some  $\epsilon \lesssim \epsilon_c$ , the equilibria lie at  $\phi_{2,4} = \pi/2 \pm \Delta\phi$ , where  $\epsilon_c - \epsilon = \eta \sin I \frac{\Delta\phi^2}{2}$ , then we consider perturbation about these equilibria  $\phi_{2,4} = \pi/2 \pm \Delta\phi + \delta\phi$ . The linearized equations then read

$$\dot{\phi} \approx -\delta\mu \mp \eta^2 \sin I \cos I \delta\phi, \quad (86a)$$

$$\dot{\mu} \approx \pm \eta \sin I \Delta\phi \delta\phi. \quad (86b)$$

The eigenvalue equation for this first-order system reads

$$\lambda^2 \pm \eta^2 \sin I \cos I \pm \eta \sin I \Delta\phi = 0. \quad (87)$$

This has real solutions if

$$(\eta^2 \sin I \cos I)^2 \mp \eta \sin I \Delta\phi > 0. \quad (88)$$

If  $\epsilon \sim \epsilon_c/2$ , i.e. not too close to critical, then  $\Delta\phi^2 \sim 1$ , so except for  $\epsilon_c - \epsilon \ll \epsilon_c$ , the second term dominates the first and we have one real and one imaginary root, corresponding to the two CSs. Otherwise, we can identify that for

$$\Delta\phi \leq \eta^3 \sin I \cos^2 I, \\ \epsilon_c - \epsilon \leq \frac{\eta^7 \sin^3 I \cos^4 I}{2},$$

the eigenvalues become real. However, for CS2, since the eigenvalue equation reads  $\lambda^2 + b\lambda + c = 0$  and the eigenvalues take form  $(-b \pm \sqrt{b^2 - 4c})/2$ , no eigenvalue w/ positive real part ever appears, so it remains forever stable. We can also numerically validate this via `99_misc/0_stab.py`.

We can illustrate the trajectories at  $\phi_{2,\epsilon}$  when turning on  $\epsilon$  by examining `99_misc/3_traj.py`.

### 7.3 Dissipating Disk: $\theta_f$ Distribution

Consider if  $\eta$  crosses  $\eta_c$  with  $\eta(t=0) > \eta_c$ , and there is no dissipation, only variation of  $\eta$ . The area contained within the separatrix when it first forms is given in Ward & Hamilton Paper I:

$$A_{crit} = 4\pi \left[ 1 - \left( 1 + \tan^{2/3} I \right)^{-3/2} \right]. \quad (89)$$

We are interested in states that start nearly aligned w/ the disk, so in Zone II by our designation. Then, once three states appear, Zone II continues to shrink until separatrix crossing occurs, which is at  $J_i = A_2$ . At the time of separatrix crossing, the trajectory is ejected into either Zone I/III (if Zone III is shrinking, then exclusively Zone I; can analytically state using Henrard & Murigande 1987). The possible values for the new action of the ejected state are either  $J_f = A_2 + A_3 - 2\pi$  or  $J_f = A_3 - 2\pi$ , when integrating  $\mu d\phi$ . From here, the states will precess uniformly at some  $\theta_f = J_f/2\pi$ .

We can investigate the values of  $\theta_f$  given some initial mutual inclination  $\hat{s} \cdot \hat{l}_p \equiv \theta_{sp,i}$  ( $J_i = 2\pi(1 - \cos\epsilon)$  where  $\epsilon$  is the initial mutual inclination). To do this, we need to understand what the possible transitions are. When the separatrix first appears to the final state, the transitions are

$A_2 \rightarrow A_3, A_2 \rightarrow A_1, A_3 \rightarrow A_1, A_3 \rightarrow A_2 \rightarrow A_1, A_3 \rightarrow A_3$ . Let's reproduce the analytical forms of these three areas below:

$$\begin{aligned} z_0 &= \eta \cos I & \chi &= \sqrt{-\frac{\tan^3 \theta_4}{\tan I} - 1}, \\ \rho &= \chi \frac{\sin^2 \theta_4 \cos \theta_4}{\chi^2 \cos^2 \theta_4 + 1} & T &= 2\chi \frac{\cos \theta_4}{\chi^2 \cos^2 \theta_4 - 1}, \end{aligned}$$

$$A_2 = 8\rho + 4 \arctan T - 8z_0 \arctan \frac{1}{\chi}, \quad (90a)$$

$$A_1 = 2\pi(1 - z_0) - \frac{A_2}{2}, \quad (90b)$$

$$A_3 = 2\pi(1 + z_0) - \frac{A_2}{2}. \quad (90c)$$

To determine which of the transition histories we fall under (to get an analytical prediction for  $\cos \theta_f$ ), we need to determine  $\eta_\star$ , so we know how the enclosed  $J$  by the trajectory changes due to separatrix encounter. A guess for numerical root-finding can be put together for trajectories that encounter from  $A_2$  via (inverting the separatrix area formula for small  $\eta$ )

$$\eta_\star(A_2) = (A_2/16)^2 / \sin I,$$

while for trajectories that encounter from  $A_3$  we can solve the quadratic  $A_3 = 2\pi\eta \cos I - 8\sqrt{\eta \sin I} = 4\pi - J$  and obtain

$$\sqrt{\eta_\star} = \frac{4\sqrt{\sin I} + \sqrt{16\sin I + 2\pi \cos I A_3}}{2\pi \cos I}.$$

This will often run over  $\eta_c$ , so we guess the smaller of  $\eta_\star, \eta_c$ .

Finally, the  $A_3 \rightarrow A_2 \rightarrow A_1$  pipeline only exists if  $\eta_{A2\max} < \eta_\star < \eta_c$ , the  $\eta$  at which  $A_2$  is maximized (this maximization behavior is not captured in my linearized formulas, but can be seen in 99\_misc/1\_areas.png). Then, two separatrix crossings occur. Thus, for the five possible trajectories, we have the following transitions:

- $A_2 \rightarrow A_3$ : This transition happens with probability  $\frac{-2\pi\eta_\star \cos I + 4\sqrt{\eta_\star \sin I}}{8\sqrt{\eta_\star \sin I}}$ , so for  $0 \leq \eta_\star \leq \frac{4\sin I}{\pi^2 \cos^2 I}$  this transition is permitted. The approximate  $\mu_f$  can be estimated by conservation of adiabatic invariant

$$\begin{aligned} \eta_\star &\approx \left( \frac{2\pi(1 - \cos \theta_{sp,i})}{16} \right)^2 / \sin I & \approx \left( \frac{\pi \theta_{sp,i}^2}{16} \right)^2 / \sin I, \\ \mu_{f,23} &\approx \eta_\star \cos I - \frac{4\sqrt{\eta_\star \sin I}}{\pi} & \approx \left( \frac{\pi \theta_{sp,i}^2}{16} \right)^2 \cot I - \frac{\theta_{sp,i}^2}{4}. \end{aligned}$$

- $A_2 \rightarrow A_1$ : This transition happens with probability  $\frac{-2\pi\eta_\star \cos I + 4\sqrt{\eta_\star \sin I}}{8\sqrt{\eta_\star \sin I}}$  and can happen so long as  $\theta_{sp,i}$  is small enough to fit inside  $A_{crit}$  when the separatrix first appears, i.e.  $2\pi(1 - \cos \theta_{sl,i}) < A_{crit}$  (where  $\theta_{sl,i}$  is defined in the  $\eta \rightarrow \infty$  limit, and since there is no separatrix the enclosed area is conserved as  $\eta$  approaches  $\eta_c$  from above).

The resulting formulas for  $\mu_{f,21}$  are very similar to those above

$$\begin{aligned}\eta_\star &\approx \left( \frac{2\pi(1 - \cos\theta_{sp,i})}{16} \right)^2 / \sin I && \approx \left( \frac{\pi\theta_{sp,i}^2}{16} \right)^2 / \sin I, \\ \mu_{f,21} &\approx \eta_\star \cos I + \frac{4\sqrt{\eta_\star \sin I}}{\pi} && \approx \left( \frac{\pi\theta_{sp,i}^2}{16} \right)^2 \cot I + \frac{\theta_{sp,i}^2}{4}.\end{aligned}$$

- $A_3 \rightarrow A_3$ : This transition occurs if  $J_i(\theta_{sl,i}) > 4\pi - A_{3,\min}$ . This implies the circulation never undergoes a separatrix encounter at all, so it remains in  $A_3$  forever.
- $A_3 \rightarrow A_1$ : This transition occurs when  $\theta_{sl,i}$  satisfies  $2\pi(1 - \cos\theta_{sl,i}) > A_{crit}$ , so the trajectory starts in  $A_3$ . It then has probability to hop to  $A_1$  (TODO).
- $A_3 \rightarrow A_2 \rightarrow A_1$ : This transition also occurs when  $J_i$  is  $> A_{crit}$ , but has one further requirement, that  $\eta_\star > \arg\max A_2(\eta)$ , such that  $A_2$  is expanding during the first separatrix encounter. The bound on this is not exactly analytic though.