# 1 Hamiltonians and EOM

## 1.1 Toy Problem

Consider simplest spin Hamiltonian $H = -\vec{B}\cdot\vec{s}$. It's clear that if we set up initial conditions $\vec{s}$ misaligned from $\vec{B}$, it will simply spin around $\vec{B}$, which is fixed. Thus, let $\hat{B}\cdot\hat{s} = \cos\theta$ the angle between the two, and let $\phi$ measure the azimuthal angle.

We claim that $\cos\theta, \phi$ are canonical variables. Since $\phi$ is ignorable, immediately $\frac{\mathrm{d}\theta}{\mathrm{d}t} = \frac{\mathrm{d}\cos\theta}{\mathrm{d}t} = -\frac{\partial H}{\partial\phi} = 0$, while $\frac{\mathrm{d}\phi}{\mathrm{d}t} = \frac{\partial H}{\partial(\cos\theta)} = Bs$ tells us the rate at which the spin precesses around $\vec{B}$.

## 1.2 Cassini State Hamilttonian

This Hamiltonian is Kassandras Eq. 13, in the co-rotating frame with the perturber's angular momentum:

$$\mathcal{H} = \frac{1}{2}\left(\hat{s}\cdot\hat{l}\right)^2 - \eta\left(\hat{s}\cdot\hat{l}_p\right). \tag{1}$$

In this frame, we can choose $\hat{l} \equiv \hat{z}$ fixed, and $\hat{l}_p = \cos I\hat{z} + \sin I\hat{x}$ fixed as well. Then

$$\hat{s} = \cos\theta\hat{z} - \sin\theta\left(\sin\phi\hat{y} + \cos\phi\hat{x}\right).$$

We can choose the convention for $\phi = \phi$ azimuthal angle requiring $\phi = 0, \pi$ mean coplanarity between $\hat{s}, \hat{l}, \hat{l}_p$ in the $\hat{x}, \hat{z}$ plane such that $\hat{l}_p, \hat{s}$ lie on the same side of $\hat{l}$. Then we can evaluate in coordinates

$$\begin{aligned}
\hat{s}\cdot\hat{l} &= \cos\theta,\\
\hat{s}\cdot\hat{l}_p &= \cos\theta\cos I - \sin I\sin\theta\cos\phi,\\
\mathcal{H} &= \frac{1}{2}\cos^2\theta - \eta\left(\cos\theta\cos I - \sin I\sin\theta\cos\phi\right).
\end{aligned}$$

Note that if we take $\cos\theta$ to be our canonical variable, $\sin\theta = \sqrt{1-\cos^2\theta}$ can be used.

## 1.3 Equation of Motion

The correct EOM comes from Kassandra's Eq. 12:

$$\begin{aligned}
\frac{\mathrm{d}\hat{s}}{\mathrm{d}t} &= \left(\hat{s}\cdot\hat{l}\right)\left(\hat{s}\times\hat{l}\right) - \eta\left(\hat{s}\times\hat{l}_p\right),\\
&= \cos\theta\left[\hat{x}\left(-\sin\theta\sin\phi\right) - \hat{y}\left(-\sin\theta\cos\phi\right)\right]\\
&\quad - \eta\left[\hat{x}\left(-\sin\theta\sin\phi\cos I\right) - \hat{y}\left(-\sin\theta\cos\phi\cos I - \cos\theta\sin I\right) + \hat{z}\left(+\sin\theta\sin\phi\sin I\right)\right],\\
&= \left[-\sin\theta\sin\phi\cos\theta + \eta\sin\theta\sin\phi\cos I\right]\hat{x} + \left[\cos\theta\sin\theta\cos\phi - \eta\left(\sin\theta\cos\phi\cos I + \cos\theta\sin I\right)\right]\hat{y}\\
&\quad + \left[-\eta\sin\theta\sin\phi\sin I\right]\hat{z}.
\end{aligned}$$

Alternatively, consider Hamilton's equations applied to the Hamiltonian:

$$\frac{\partial\phi}{\partial t} = \frac{\partial\mathcal{H}}{\partial(\cos\theta)} = \cos\theta - \eta\left(\cos I + \sin I\cot\theta\cos\phi\right), \tag{2}$$

$$\frac{\partial(\cos\theta)}{\partial t} = -\frac{\partial\mathcal{H}}{\partial\phi} = +\eta\sin I\sin\theta\sin\phi. \tag{3}$$

This seems to produce the same trajectories as Kassandra's EOM!

We can check the stability of each of the equilibria of the EOM, there should be four corresponding to the four Cassini states: