## 1 Constant $\eta$

## 1.1 Toy Problem

Consider simplest spin Hamiltonian  $H = -\vec{B} \cdot \vec{s}$ . It's clear that if we set up initial conditions  $\vec{s}$  misaligned from  $\vec{B}$ , it will simply spin around  $\vec{B}$ , which is fixed. Thus, let  $\hat{B} \cdot \hat{s} = \cos \theta$  the angle between the two, and let  $\phi$  measure the azimuthal angle.

We claim that  $\cos\theta$ ,  $\phi$  are canonical variables. Since  $\phi$  is ignorable, immediately  $\frac{\mathrm{d}\theta}{\mathrm{d}t} = \frac{\mathrm{d}\cos\theta}{\mathrm{d}t} = -\frac{\partial H}{\partial \phi} = 0$ , while  $\frac{\mathrm{d}\phi}{\mathrm{d}t} = \frac{\partial H}{\partial(\cos\theta)} = Bs$  tells us the rate at which the spin precesses around  $\vec{B}$ .

#### 1.2 Cassini State Hamiltonian

This Hamiltonian is Kassandras Eq. 13, in the co-rotating frame with the perturber's angular momentum:

$$\mathcal{H} = \frac{1}{2} (\hat{s} \cdot \hat{l})^2 - \eta (\hat{s} \cdot \hat{l}_p). \tag{1}$$

In this frame, we can choose  $\hat{l} \equiv \hat{z}$  fixed, and  $\hat{l}_p = \cos I \hat{z} + \sin I \hat{x}$  fixed as well. Then

$$\hat{s} = \cos\theta \hat{z} - \sin\theta (\sin\phi \hat{y} + \cos\phi \hat{x}).$$

We can choose the convention for  $\phi = \phi$  azimuthal angle requiring  $\phi = 0, \pi$  mean coplanarity between  $\hat{s}, \hat{l}, \hat{l}_p$  in the  $\hat{x}, \hat{z}$  plane such that  $\hat{l}_p, \hat{s}$  lie on the same side of  $\hat{l}$ . Then we can evaluate in coordinates

$$\begin{split} \hat{s} \cdot \hat{l} &= \cos \theta, \\ \hat{s} \cdot \hat{l}_p &= \cos \theta \cos I - \sin I \sin \theta \cos \phi, \\ \mathcal{H} &= -\frac{1}{2} \cos^2 \theta + \eta \bigl( \cos \theta \cos I - \sin I \sin \theta \cos \phi \bigr). \end{split}$$

Note that if we take  $\cos \theta$  to be our canonical variable,  $\sin \theta = \sqrt{1 - \cos^2 \theta}$  can be used.

#### 1.3 Equation of Motion

The correct EOM comes from Kassandra's Eq. 12:

$$\begin{split} \frac{\mathrm{d}\hat{s}}{\mathrm{d}t} &= \big(\hat{s} \cdot \hat{l}\big) \big(\hat{s} \times \hat{l}\big) - \eta \big(\hat{s} \times \hat{l}_p\big), \\ &= \big(s_y s_z - \eta s_y \cos(I)\big) \hat{x} - \big(s_x s_z + \eta (s_x \cos I - s_z \sin I)\big) \hat{y} + \eta s_y \sin(I) \hat{z}. \end{split}$$

Alternatively, consider Hamilton's equations applied to the Hamiltonian:

$$\frac{\partial \phi}{\partial t} = \frac{\partial \mathcal{H}}{\partial (\cos \theta)} = -\cos \theta + \eta (\cos I + \sin I \cot \theta \cos \phi), \tag{2}$$

$$\frac{\partial(\cos\theta)}{\partial t} = -\frac{\partial\mathcal{H}}{\partial\phi} = -\eta\sin I\sin\theta\sin\phi. \tag{3}$$

This produces the same trajectories as the Cartesian EOM, so this is correct. However, since  $\frac{\partial \phi}{\partial t} \propto 1/\sin\theta$ , this is not a desirable system of equations to use, as they are very stiff near  $\theta \approx 0$ .



**Figure 1:** Separatrix for various values of  $\eta$ .

#### 1.4 Cassini States

The zeros to Eq. 3 are the Cassini states; we will go to canonical variables  $\mu = \cos \theta$ . We can immediately see that  $\sin \phi = 0$  is necessary, so  $\cos \phi = \pm 1$  and we need only solve for  $\frac{\partial \phi}{\partial t} = 0$ . We can furthermore separate the problem into two regimes,  $\eta \ll 1$  and  $\eta \gg 1$ .

For  $\eta \ll 1$ , it is clear that there will be two solutions near  $\mu^2 = 1$  and two solutions near  $\mu = 0$ :

- For  $\mu = 1 \frac{\theta^2}{2}$ , the dominant terms are  $\frac{\partial \phi}{\partial t} \approx -1 + \eta \sin I \frac{1}{\theta} = 0$ , where we've taken  $\cos \phi = +1$  and  $\phi = 0$ . This forces  $\theta = \eta \sin I$ .
- Similarly, for  $\mu=-1+\frac{\epsilon^2}{2}$ ,  $\phi=0$  and  $\epsilon=\eta\sin I$  again. This actually corresponds to  $\theta=\pi-\eta\sin I$ .
- For  $\mu \approx 0$ , we have instead  $\frac{\partial \phi}{\partial t} = -\mu \left(1 \eta \sin I \cos \phi\right) + \eta \cos I = 0$ . This forces  $\mu_{\pm} = \frac{\eta \cos I}{1 \pm \eta \sin I}$ , where  $\phi_{\pm} = \pi, 0$  respectively.

Note that  $\phi=0, \mu\approx 0$  is conventionally CS4. The linearization locally has form  $\frac{\partial\delta\phi}{\partial t}=-\delta\mu\big(1-\eta\sin I\big)$  and  $\frac{\partial\delta\mu}{\partial t}=-\eta\sin I\delta\phi$ , so the eigenvalues are  $\approx\mp\sqrt{\eta\sin I}$ , and the two eigenvectors are  $\big(1,\pm\sqrt{\eta\sin I}\big)$ .

For  $\eta \gg 1$ , the solutions obviously just come from  $\cos I \pm \sin I \cot \theta = 0$ , which are just  $\sin(I \pm \theta) = 0$ 

#### 1.5 Separatrix Area

We can estimate the area enclosed by the separatrix, as shown in Fig. 1. Note that the separatrix joins Cassini State 4 to its  $+2\pi$  image.

We notate  $\mu = \cos \theta$ ; note that CS4 is  $\mu_4 \approx \frac{\eta \cos I}{1 - \eta \sin I} \approx \eta \cos I$ . Setting the Hamiltonian equal to its value at CS4 gives

$$\begin{split} H_4 &\equiv H \big( \mu_4, \phi_4 \big) \approx -\frac{\mu_4^2}{2} + \eta \mu_4 \cos I - \eta \sin I, \\ &= + \eta^2 \cos^2 I - \eta \sin I, \\ H(\mu_{sep}, \phi_{sep}) &= H_4 = - \eta \sin I \cos \phi_{sep} - \frac{\mu_{sep}^2}{2} + \eta \mu_{sep} \cos I + \mathcal{O}(\eta^3), \\ 0 &\approx \frac{\mu_{sep}^2}{2} - \eta \mu_{sep} \cos I - \eta \sin I \big( 1 - \cos \phi_{sep} \big) + \eta^2 \cos^2 I, \\ \mu_{sep} \big( \phi \big) &\approx \sqrt{2 \eta \sin I \big( 1 - \cos \phi \big)} + \mathcal{O}(\eta). \end{split}$$

We can then easily compute the area enclosed by the separatrix

$$A_{sep} = \int\limits_{0}^{2\pi} 2\mu_{sep} \; \mathrm{d}\phi,$$
  $pprox 16\sqrt{\eta \sin I}.$  (4)

For  $\eta=0.1, I=20^{\circ}$ , this predicts  $\frac{A_{sep}}{A_T}\approx 0.235$ , which is pretty close to my numerically calculated  $\frac{A_{sep}}{A_T}=0.229$ .

## 2 Separatrix Hopping

Inspired by G&H, heteroclinic orbits are topologically unstable for any nonzero perturbation, but opened width ~ perturbation parameter. Thus, if we introduce a small and constant tidal dissipation, we should get a *asymptotically constant* probability of hopping the separatrix.

#### 2.1 Tidal Dissipation

We can add a tidal dissipation term; we write it in form  $\left(\frac{\mathrm{d}\hat{s}}{\mathrm{d}t}\right)_{tide} = \epsilon \hat{s} \times (\hat{l} \times \hat{s}) = \epsilon (\vec{l} - (\vec{s} \cdot \vec{l})\vec{s})$ . Expanding,

$$\left(\frac{\mathrm{d}\hat{s}}{\mathrm{d}t}\right)_{tide} = \epsilon(\hat{z} - s_z \hat{s}),$$

$$= \epsilon(-s_z s_x \hat{x} - s_z s_y \hat{y} + (1 - s_z^2)\hat{z}).$$
(5)

We run numerical simulations for weaker  $\epsilon \ll \eta \ll 1$  and stronger  $\epsilon \lesssim \eta \ll 1$ .

We can seek equilibria of the the system including tides, which requires

$$0 = s_y s_z - \eta s_y \cos I - \epsilon s_z s_x,$$
  

$$0 = -s_x s_z - \eta (s_x \cos I - s_z \sin I) - \epsilon s_z s_y,$$
  

$$0 = \eta s_y \sin(I) + \epsilon (1 - s_z^2).$$

We expect at least two equilibria, based on the simulations: one near  $s_z \approx 1$  and one  $s_z \approx 0$ .

For near alignment/near Cassini state 1,  $1 - s_z \sim 1 - s_\perp^2$ , so we can set  $s_z = 1$  to first order:  $s_y - \epsilon s_x - \eta s_y \cos I = -s_x - \eta (s_x \cos I - \sin I) - \epsilon s_y = \eta s_y \sin I = 0$ . This can be satisfied if we set  $s_x = \tan(I) \ll 1$ ,  $s_y = \mathcal{O}(\epsilon s_x)$ ; this coarsely corresponds to Cassini state 1.

The other solution should be near Cassini state 2, where  $s_x \approx 1$ ; dropping second order terms forces  $\eta s_y + \epsilon s_z = -s_z - \eta(\cos I - s_z \sin I) = \eta s_y \sin(I) + \epsilon = 0$ . This can thus be satisfied for  $s_y \approx -\frac{\epsilon}{\eta \sin(I)}$ . Thus, this explains why as  $\epsilon$  is increased, we first start to get points that don't converge to Cassini state 2 in the absence of tides, before starting to see points that fail to converge to Cassini state 1.

### 2.2 Consideration 1: Qualitative

We zoom in on Cassini State 4, which has  $\theta_4 = -\frac{\pi}{2} + \frac{\eta \cos I}{1 - \eta \sin I}$ ,  $\mu_4 = \frac{\eta \cos I}{1 - \eta \sin I}$ ,  $\phi_4 = 0$ . Then, using equations of motion

$$\frac{\partial \phi}{\partial t} = \mu - \eta \left( \cos I + \sin I \frac{\mu}{\sqrt{1 - \mu^2}} \cos \phi \right),\tag{6}$$

$$\frac{\partial \mu}{\partial t} = -\eta \sin I \sin \phi + \left[ \epsilon \left( 1 - \mu^2 \right) \right],\tag{7}$$

we can perturbatively require  $\frac{\partial \theta}{\partial t} = 0$  for  $\epsilon \neq 0$ . This corresponds to  $\eta \sin I \sin(\phi_4 + \delta \phi) \approx \epsilon$ , or  $\delta \phi_4 = +\frac{\epsilon}{\eta \sin I}$ . This is in agreement with Dong's result.

This implies that the stable manifolds of the two saddle points, which once overlapped with each other's unstable manifolds (creating a heteroclinic orbit) now are offset from one another by distance  $D \sim \frac{\epsilon}{\eta \sin I}$ . But since  $\epsilon$  also sets  $\dot{\mu}$  in a precession orbit-averaged sense, the effective cross section is constant in some sense: there will be one orbit where  $\mu$  goes from below CS4 to above CS4, during which it will make jump of size  $\epsilon$ , and if it hits a particular interval of size  $\epsilon$  then it will enter the separatrix. Thus, separatrix hopping should  $\propto \epsilon^0$ .

### 2.3 Consideration 2: Melnikov Distance

We notice that the separatrix is a heteroclinic orbit, or a saddle connection, in the dissipation free problem. Introducing dissipation breaks the saddle connection by a distance that can be estimated with the Melnikov distance. This is G&H Equation 4.5.11 or something:

$$d(t_0) = \frac{\epsilon M(t_0)}{|f(q^0(0))|} + \mathcal{O}(\epsilon^2), \tag{8}$$

$$M(t_0) = \int_{-\infty}^{\infty} [f \times g]_{hetero} \, \mathrm{d}t. \tag{9}$$

This is not a hard formula to understand; along the separatrix, motion is dominated by f, but the perpendicular component adds up to contribute to a total "perpendicular distance away from the original separatrix" necessary to hit the saddle point, at least intuitively.

We evaluate the Melnikov integral  $M(t_0)$  on the heteroclinic orbit. Note that since in our problem our perturbation g is time-independent, so too is the Melnikov integral  $M(t_0) = M$ .

Let's apply this to the Cassini state Hamiltonian w/ dissipation. We first write down our EOM in Melnikov form (we use canonical variables  $\mu, \phi$ ):

$$\frac{\mathrm{d}\hat{s}}{\mathrm{d}t} = \underbrace{\frac{\partial \mathcal{H}}{\partial \mu}\hat{\phi} - \frac{\partial \mathcal{H}}{\partial \phi}\hat{\mu}}_{f} + \epsilon \underbrace{\left(1 - \mu^{2}\right)\hat{\mu}}_{g}.$$
(10)

Then  $f \times g = f_{\phi}g_{\mu} = \frac{\partial \mathscr{H}}{\partial \mu}(1-\mu^2)$ . We then want to integrate this along the heteroclinic orbit. We can make change of variables

$$M = \int_{0}^{2\pi} \frac{\partial \mathcal{H}}{\partial \mu} (1 - \mu^2) \left( \frac{\partial \phi}{\partial t} \right)^{-1} d\phi.$$
 (11)

But thankfully,  $\frac{\partial \mathcal{H}}{\partial \mu} = \frac{\partial \phi}{\partial t}$  in the absence of dissipation, and so  $M = 2\pi (1 - \mu^2) \approx 2\pi$ . Thus, the Melnikov distance at point  $q^0$ , a point on the heteroclinic orbit of the unperturbed Hamiltonian, is just

$$d(q^0) = \frac{2\pi\epsilon}{\left|f(q^0)\right|}. (12)$$

Note that the maximum value  $|f(q^0)|$ , which occurs at  $\phi = \pi$ , is just  $f_{\text{max}} \approx \sqrt{4\eta \sin I}$ .

It proves to be a bit difficult to make quantitative predictions though, since the phase diagram is very smushed where f is large, and d is rather inaccurate where f is small. Let's think about a Poincaré map instead.

#### 2.4 Consideration 3: Poincaré Section

Let's consider the Poincaré section every time  $\phi = \phi_4$  as the trajectory subject to tidal dissipation is moving  $\theta < \theta_4 \to \theta_4$ . To provide an estimate of  $\Delta\theta(\theta) = \theta_{n-1} - \theta_n$ , this is just  $\epsilon T$  where T is the time elapsed between  $\theta_n, \theta_{n+1}$ , the period of the orbit. T is dominated by when  $\frac{\partial \phi}{\partial t} \ll 1$  though, or where the orbit is close to the saddle point.

Note that T is dominated by the time it spends near the saddle point. We showed earlier that near CS4,  $\frac{\partial \phi}{\partial t} \approx \delta \mu$  where  $\delta \mu = \mu - \mu_4$ . Thus, we might surmise  $\Delta \theta(\theta) \propto \theta^{-1}$  for sufficiently small  $\theta - \theta_4$ . Far away, T is roughly constant and  $\Delta \theta(\theta)$  is roughly constant.

What is "far away"? Well, it probably depends on how affected our trajectory is by the separatrix; far away from the saddle point, we go along contours of roughly constant  $\theta$ , while close by we follow the separatrix pretty well. We computed earlier that  $\mu_{sep} \sim \sqrt{4\eta \sin I}$ , so we might expect  $\mu > \mu_{sep}, \Delta \mu \sim C$ , while  $\mu < \mu_{sep}, \Delta \mu \sim \delta \mu^{-1}$ .

My  $\mu > \mu_{sep}$  simulations don't seem to work very well, so I'll focus on the  $\delta \mu^{-1}$  case. In this case, define  $\delta \mu_c : \Delta \mu(\delta \mu_c) = -\delta \mu_c$ , i.e. the point that jumps immediately to the saddle point. Furthermore, assume the inbound distribution is flat between  $\delta \mu_c$ ,  $f^{-1}(\delta \mu_c)$ . TODO: empirically,  $\mu_c \sim \epsilon T$  is flat with  $\eta$ , probably just because we're not getting sufficiently close to the saddle point for the  $\propto \sqrt{\eta}$  to kick in.

Then, we can compare the empirical Poincaré section of the points that cross the separatrix versus the total predicted interval width  $\delta\mu_c$ ,  $f^{-1}(\delta\mu_c)$ ; this would predict 7.2%, 18%. This does alright!

#### 2.5 Consideration 4: Plotting Stable/Unstable manifolds

We can plot the stable/unstable manifolds of two Cassini States as in Fig. 2. Then, since phase space is roughly flat near  $\phi=\pi$  (near  $\phi=0$ ,  $\dot{\phi}$  varies drastically and so phase space is "squished" a bit via Liouville's Theorem), we just need to compare the distance between  $\mathcal{W}_S^{(0)}$  and  $\mathcal{W}_U^{(0)}$ , the capture gap, to the distance between  $\mathcal{W}_S^{(1)}$  and  $\mathcal{W}_U^{(0)}$  the Melnikov gap, to estimate the capture probability.

The Melnikov gap is predicted above as  $d(q^0)$  or approximately

$$\Delta_M \approx \frac{2\pi\epsilon}{\sqrt{4\eta\sin I}}.\tag{13}$$

The capture gap is much trickier to predict, since it depends on the separation between  $\mathcal{W}_S^{(0)}$  after passing through  $\mathrm{CS}_4^{(1)}$ . Instead, let's consider the closed orbit in the absence of dissipation that starts at CS4', the modified CS. This orbit has a finite period set by equating  $\int\limits_0^T \frac{\partial \phi}{\partial t} \,\mathrm{d}t = \int\limits_0^{2\pi} \,\mathrm{d}\phi + \int\limits_{2\pi}^0 \,\mathrm{d}\phi.$ 

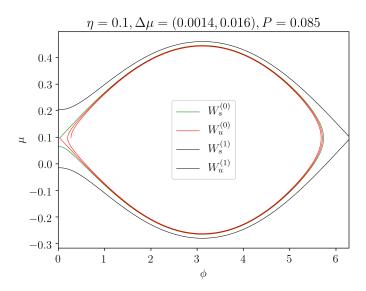


Figure 2: Stable/Unstable manifolds of the two Cassini State 4s.

Now, let's reconsider the Melnikov integral when perturbing this finite (non-homoclinic orbit); this may no longer be an exact result but should give the correct scaling:

$$M_c = \int_0^T \frac{\partial \phi}{\partial t} \epsilon (1 - \mu^2) \, \mathrm{d}t. \tag{14}$$

Naively, we might claim that, since  $\frac{\partial \phi}{\partial t}$  changes signs halfway through the interval of integration, that the only surviving component is  $2\epsilon \bar{\mu} \mu'$ , where  $\bar{\mu} = \mu_4$  is the average value of  $\mu$  and  $\mu'$  is the fluctuation. This gives

$$M_c = 2 \int_{0}^{2\pi} 2\epsilon \frac{\eta \cos I}{1 + \eta \sin I} \sqrt{2\eta \sin I (1 - \cos \phi)} \, d\phi.$$
 (15)

Note that  $M_c \propto \eta^{3/2}$ , and since the gap opened  $\Delta_c = \frac{M_c}{\frac{\partial \phi}{\partial t}} \propto \eta$ , it seems like we're on the right track. Specifically:

$$M_c \approx \epsilon 2\eta \cos I A_{sep},$$
 (16)

$$\Delta_c \approx 2\epsilon \eta \cos I \left( 16\sqrt{\eta \sin I} \right) \frac{1}{\sqrt{4\eta \sin I}},$$
(17)

$$\approx 16\varepsilon\eta\cos I. \tag{18}$$

This also agrees exceedingly well with our simulations This then gives us hopping probability

$$P_{hop} = \frac{\Delta_c}{\Delta_M} \approx \frac{16\eta^{3/2} \cos I \sqrt{\sin I}}{\pi}.$$
 (19)

This agrees perfectly with the cases we've run.

# 3 Weak Tidal Friction, changing $\eta$

Previously, we took the effect of tides to simply be  $\frac{d\hat{s}}{dt} = \epsilon \hat{s} \times (\hat{l} \times \hat{s})$ , but in reality, tides will spin down the body (in our case, planet) at the same rate as aligning  $\hat{s}$  to  $\hat{l}$ . We must treat more carefully.

## 3.1 Equations of Motion

We first write out the full forms of the EOM without tidal friction. These are taken from Kassandra's Equations 1–3 except I replace subscript  $\star$  with subscript s since we are interested in the case where the spin of planet 1 evolves with its coupling to its orbital angular momentum and perturber. We obtain (maybe?)

$$\frac{\mathrm{d}\hat{s}}{\mathrm{d}t} = \omega_{s1} (\hat{s} \cdot \hat{l}_1) (\hat{s} \times \hat{l}_1) - \omega_{1p} \cos(I) (\hat{s} \times \hat{l}_p), \tag{20}$$

$$\omega_{s1} = \frac{3k_q}{2k} \left(\frac{R_1}{a_1}\right)^3 s,\tag{21}$$

$$\omega_{1p} = \frac{3m_p}{4m_1} \left( \frac{a_1}{a_p (1 - e_p^2)} \right) \Omega_1. \tag{22}$$

Note here that s is the spin frequency and  $\Omega_1 = \sqrt{GM_1/a_1^3}$  is the Keplerian orbital frequency.

In the presence of tides, and further assuming  $s \ll l_1$ , we may write (Lai 2012, Equations 43–44, also Ward 1975 Equation 9 & 13)

$$\frac{1}{s}\frac{\mathrm{d}s}{\mathrm{d}t} = \frac{1}{s}\frac{\mathrm{d}s}{\mathrm{d}t} = \frac{1}{t_s}\frac{L}{2S}\left[\cos\theta - \frac{s}{2\Omega_1}\left(1 + \cos^2\theta\right)\right],\tag{23}$$

$$\frac{\mathrm{d}\theta}{\mathrm{d}t} = -\frac{1}{t_s} \frac{L}{2S} \sin\theta \left( 1 - \frac{s}{2\Omega_1} \cos\theta \right). \tag{24}$$

Note that  $L=\mu a^2\Omega_1, S=Is$  are the orbital and spin angular momenta espectively. It is perhaps easiest to define  $\frac{s}{s_c}=\frac{\omega_{s1}}{\omega_{1p}\cos I}$  and  $\epsilon\frac{2\Omega_1}{s}=\frac{L}{2St_s\omega_{1p}\cos I}$  while rescaling time  $\tau=\omega_{1p}\cos(I)t$ , so that we obtain equations of motion

$$\frac{\mathrm{d}\hat{s}}{\mathrm{d}\tau} = \frac{s}{s_{c}} (\hat{s} \cdot \hat{l}_{1}) (\hat{s} \times \hat{l}_{1}) - \hat{s} \times \hat{l}_{p} + \frac{\epsilon 2\Omega_{1}}{s} \left( 1 - \frac{s}{2\Omega_{1}} (\hat{l}_{1} \cdot \hat{s}) \right) \hat{s} \times (\hat{l}_{1} \times \hat{s}), \tag{25}$$

$$\frac{\mathrm{d}s}{\mathrm{d}\tau} = \epsilon 2\Omega_1 \left( \hat{s} \cdot \hat{l}_1 - \frac{s}{2\Omega_1} \left( 1 + \left( \hat{s} \cdot \hat{l}_1 \right)^2 \right) \right). \tag{26}$$

 $s_c$  has the interpretation of being the critical spin such that the s1 coupling is roughly equal strength to the 1*p* coupling. There then seem to be a few outcomes that we might expect:

- Fast evolution towards CS1, then tides will slowly change s without changing  $\hat{s}$ .
- Fast evolution towards CS2, then tides are strong while state lives inside separatrix maybe? Then will spin down rapidly near CS2 until spin-orbit coupling is weak.
- Slow evolution that trails behind separatrix, expect state to converge somewhere below separatrix? Would probably stay on level curve of high- $\eta H$  from earlier? Includes anything that doesn't make it to separatrix, including almost fully anti-aligned.

#### **Crude Analytic Estimate** 3.2

To make the equations more anemable to analytic analysis (not simulation), let's write down the EOM in  $(\mu, \phi)$  coordinates again. The  $\phi$  EOM does not change from the tide-free case, so we can

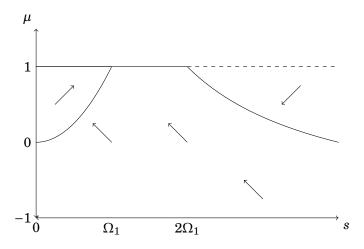


Figure 3: Rough phase portrait of φ-averaged equations. Dashed lines indicate unstable zeros of at least one of the EOM, while solid lines indicate stable zeros of at least one of the EOM. The zeros are  $\mu = 1$ , which becomes unstable at  $s = 2\Omega_1$ ,  $s = 2\Omega_1/\mu$  and s' = 0. The only fixed point is  $\mu = 1$ ,  $s = \Omega_1$ .

reuse earlier equation:

$$\frac{\partial \phi}{\partial \tau} = \frac{s}{s_c} \mu - \left( \cos I + \sin I \frac{\mu}{\sqrt{1 - \mu^2}} \cos \phi \right),\tag{27}$$

$$\frac{\partial \mu}{\partial \tau} = -\sin I \sin \phi + \epsilon \frac{2\Omega_1}{s} (1 - \mu^2) \left( 1 - \frac{s}{2\Omega_1} \mu \right),\tag{28}$$

$$\frac{\mathrm{d}s}{\mathrm{d}\tau} = \epsilon 2\Omega_1 \left(\mu - \frac{s}{2\Omega_1} \left(1 + \mu^2\right)\right). \tag{29}$$

Assuming  $s \gg s_c$  the strong spin-orbit coupling regime, let's first try assuming  $\mu$  is roughly constant over the course of a precession period, then we can average out the  $\phi$  dependencies. Then  $\phi$  drops out of the EOM, and we have approximate averaged equations

$$\frac{\partial \mu}{\partial (\epsilon \tau)} \approx \frac{2\Omega_1}{s} \left( 1 - \mu^2 \right) \left( 1 - \frac{s}{2\Omega_1} \mu \right),$$

$$\approx \left( 1 - \mu^2 \right) \left( \frac{2\Omega_1}{s} - \mu \right),$$
(30a)

$$\frac{1}{\Omega_1} \frac{\mathrm{d}s}{\mathrm{d}(\epsilon \tau)} \approx 2\mu - \frac{s}{\Omega_1} (1 + \mu^2). \tag{30b}$$

These EOM produce roughly the phase portrait Fig. 3. In the last term, we note  $s\gtrsim 2\Omega_1$  initially, while  $\mu\leq 1$ , so we drop both the linear contribution from  $\mu$  and approximate  $\left(1+\mu^2\right)\approx 1$  so that  $\frac{\mathrm{d}(s/\Omega_1)}{\mathrm{d}(\varepsilon\tau)}\approx -s/\Omega_1$ .

With all these approximations, we clearly obtain  $s(\tau) \approx s(0)e^{-\epsilon\tau}$ , so the critical synchronization timescale is  $\tau_{sync} \sim \frac{1}{\epsilon}$ .

#### 3.3 Reaching a Cassini State

As already stated above, the hypothesis is that starting above the separatrix results in obliquity excitation at secular resonance/bifurcation when  $\eta = \eta_{crit}$ , while starting inside the separatrix probably means the point will stay on CS2 past (saddle-node) bifurcation. We will eventually run numerical simulations to confirm this; we should probably derive modified Cassini states under weak tides to determine exactly where CS1, CS2 lie in this regime.

Finally, if the IC starts below the separatrix, it will evolve to either CS1 or CS2 if it can *catch up* to CS4, else it will stay below the separatrix up until bifurcation and slowly tidally align in the small  $\eta$  limit. Note that CS4 is located at  $\mu_4 = \frac{\eta \cos I}{1+\eta \sin I} \approx \frac{s_c}{s} \cos I$ , so we can compute  $\frac{\mathrm{d}\mu_4}{\mathrm{d}(\epsilon\tau)}$  and compare to  $\frac{\mathrm{d}\mu}{\mathrm{d}(\epsilon\tau)}$  in the precession-averaged equations. Thus,

$$\frac{\mathrm{d}\mu_4}{\mathrm{d}(\epsilon\tau)} = -\frac{s_c}{s^2} \cos I \frac{\mathrm{d}s}{\mathrm{d}(\epsilon\tau)},$$
$$\approx \frac{s_c}{s} \cos I.$$

The precession averaged equations bound  $\frac{\mathrm{d}\mu}{\mathrm{d}(\varepsilon\sigma)} < \frac{2\Omega_1}{s}$ , so in order for  $\mu < \mu_4$  to approach the Cassini state, we need  $\Omega_1 \gtrsim s_c$  by a reasonable margin.

To be more precise,  $\mu_4$  disappears at

$$\eta = \eta_c \equiv \left(\sin^{2/3} I + \cos^{2/3} I\right)^{-3/2}.$$
 (31)

Thus, we can set  $s=\frac{s_c}{\eta_c}$  and  $\mu=\mu_4$  and integrate backwards Eq. 30 backwards in time to determine  $\mu,s$  that are exactly sufficient for separatrix crossing. Physically, we never expect  $s<\Omega_1$  though, so the minimum  $s_c$  we can use and still expect to see a strong spin-orbit coupling regime appear is  $s_c\geq\Omega_1\eta_c$ .

At the same time though, looking at the phase portrait Fig. 3, we can expect that running backwards in time will easily take us towards the upper right quadrant, where  $\mu \to 1$  backwards in time. To start from a misaligned state, the final  $s_f$  has a maximum  $s_{f,\max}$ , and therefore  $s_c$  cannot be so large that  $s_{f,\max}\eta_c < s_c$ , otherwise the bifurcation will arrive before  $\frac{\mathrm{d}\mu}{\mathrm{d}t}$  can catch up.

This implies that  $s_c$  is bound from both directions in order to get separatrix hopping before the bifurcation disappears.

## 4 Weak Tidal Friction, Take 2

I did a bunch of work w/o writing it up, so this is the basic gist.

- We can still reuse the same equations as earlier, and the key point to notice is that for a given trajectory, only times  $\phi = 0$  are important for determining the final fate of the system. Call these  $\mu_0$ , then the dynamics of the system can be described by a map  $\mu_{0,i+1}(\mu_{0,i},s)$ . The reason  $\mu_0$  is important is that only when  $\mu_0 = \mu_4(s)$  CS4 can separatrix hopping occur. Thus, whenever  $\mu_0$  crosses  $\mu_4(s)$ , there is some probability of entering the separatrix and some probability of hopping over it.
- The dynamics of the system are then governed by the dynamics of the map near  $\mu_4$ . In the limit where  $\phi$  is approximately constant over a precession ( $\mu_0$  is far from  $\mu_4$  compared to  $\sqrt{\eta \sin I}$  the separatrix width), then the map obeys nearly the same dynamics as the continuous flow in ( $\mu$ , s) space for tidal friction.
- However, when we are sufficiently close to  $\mu_4$ , we enter the  $\mu_0 \mu_4 \lesssim \sqrt{2\eta \sin I}$  regime. Here,

let's note that the map takes on dynamics:

$$\frac{\mathrm{d}\mu_{0}}{\mathrm{d}t} = \frac{\partial\mu_{0}}{\partial H} \frac{\mathrm{d}H}{\mathrm{d}t},$$

$$= \frac{\dot{\phi}}{\dot{\phi}(\phi = 0)} \left( \varepsilon (1 - \mu^{2}) \left( \frac{2\Omega_{1}}{s} - \mu \right) \right),$$

$$\left\langle \frac{\mathrm{d}\mu_{0}}{\mathrm{d}t} \right\rangle = \frac{1}{T} \int_{0}^{T} \frac{\dot{\phi}}{\dot{\phi}_{0}} \varepsilon (1 - \mu^{2}) \left( \frac{2\Omega_{1}}{s} - \mu \right) \mathrm{d}t,$$

$$= \frac{1}{T} \int_{0}^{2\pi} \frac{1}{\dot{\phi}_{0}} \varepsilon (1 - \mu^{2}) \left( \frac{2\Omega_{1}}{s} - \mu \right) \mathrm{d}\phi,$$

$$\sim \frac{\sqrt{\eta \cos I}}{2\pi} \frac{1}{\dot{\phi}(\phi = 0)} \int_{0}^{2\pi} \varepsilon (1 - \mu^{2}) \left( \frac{2\Omega_{1}}{s} - \mu \right) \mathrm{d}\phi.$$
(32)

We have substituted  $\cos I/2\pi \sim 1/T$  a rough estimate for the period. But now,  $\frac{1}{\dot{\phi}(\phi=0)}$  near  $\mu_4$  obeys the linearization about the saddle point, and importantly it is small. Near  $\mu_4$ , the linearization we computed above tells us that  $\dot{\phi} \approx -\sin I\Delta\mu$ , and so we can imagine the true map dynamics by a flow with  $\frac{\mathrm{d}\mu_0}{\mathrm{d}t}$  of form

$$\frac{\mathrm{d}\mu_0}{\mathrm{d}t} = \begin{cases} \frac{\mathrm{d}\mu_0}{\mathrm{d}t} & |\Delta\mu| \gtrsim 2\sqrt{\eta \sin I}, \\ -\frac{\cot I}{2\pi\Delta\mu} \epsilon \left(1 - \mu_{eff}^2\right) \left(\frac{2\Omega_1}{s} - \mu_{eff}\right) & \text{otherwise.} \end{cases}$$
(33)

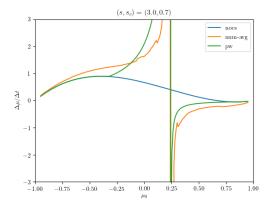
We've defined  $\Delta\mu = \mu_0 - \mu_4$  for convenience.  $\mu_{eff}$  reflects the fact that the c integral in Eq. 32 is taken over a curve of very non-constant  $\mu$ , roughly following the separatrix boundary. In fact,  $\mu_{eff} \sim \sqrt{2\eta \sin I}$  the separatrix width, likely.

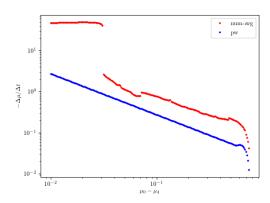
Our approximation near  $\mu_4$  is probably only accurate up to scaling, we should ensure this piecewise definition is smooth. Thus, we choose  $\mu_{eff} \equiv \mu_0 + 2\sqrt{\eta \sin I}$  and change the close-in term to be  $\frac{\Delta \mu_{eff}}{\Delta \mu} \left. \frac{\mathrm{d}\mu_0}{\mathrm{d}t} \right|_{\mu_{eff}}$ .

We can compare these predictions qualitatively to the actual integrated map. By integrating the true  $(\mu, \phi, s)$  system over a period, we can derive an effective  $\frac{\Delta \mu}{\Delta t}$  and compare to the scaling we obtain above. The coefficients are not perfect, but the  $1/\Delta\mu$  scaling is correct: Fig. 4.

• The thing that is interesting now is that  $\mu_{eff}$  is evaluated relatively farther away from  $\mu_4$ , and since  $\frac{\mathrm{d}\mu}{\mathrm{d}t}$  in the weak tidal limit for s>2 can be negative, it is possible for a point above  $\mu_4$  to be sucked in to CS4 from both above and below. This is an extremely important feature, and indeed in Fig. 4 we see such behavior. If we are in this regime, then any nonzero separatrix hopping probability will drive 100% of points incident on CS4 to enter the separatrix, since repeated hoppings must be observed!

Qualitatively, we can use our piecewise definition to see the behavior of this transition; it occurs when  $\frac{\mathrm{d}\mu}{\mathrm{d}t}$  evaulated at the  $\mu_{eff}$  above  $\mu_4$  is negative, i.e. above  $\frac{2\Omega_1}{s}$ . Thus, this boils down to  $\mu_4 + 2\sqrt{\eta \sin I} \gtrsim \frac{2\Omega_1}{s}$ . Since  $\mu_4 \approx \eta \cos I = \frac{s_c \cos I}{s}$ , we see that for smaller  $s_c$  than some critical threshold,  $\mu_4$  is no longer attracting on both sides. We can numerically solve for this transition using the full integrated equations: Fig. 5.





(a)  $\frac{\Delta\mu}{\Delta t}$  computed using the pure weak tide prescription (ignoring  $\mu(\phi)$  variations), computed using an integral of the full system and computed using the piecewise definition above. (b) Loglog plot of  $\Delta\mu/\Delta t$  above  $\mu_4$  for the integrated and piecewise solutions.

Figure 4: Agreement of piecewise with integrated, qualitatively.

- Indeed, Fig. 5 shows that the critical  $s_c$  is a fairly flat function of s in our parameter regime of interest. Call this critical  $s_c$   $S_0$  owing to unfortunate notation. We can thus identify two regimes:
  - $s_c < S_0$ : points above CS4 will be driven away from CS4, and so only points below the separatrix will experience a single chance to separatrix hop. Thus, in this regime, points initially above the separatrix will tidally synchronize, while points below the separatrix will probabilistically either synchronize or go to CS2.
  - $s_c > S_0$ : CS4 becomes *attracting*, and so two consequences: points initially above the separatrix are sucked downwards, and all encounters go to CS2 after 100% separatrix entry probability.

Since  $S_0$  is some function of s, it is clear that for intermediate values of  $s_C$ , we will see single separatrix hopping at early times while separatrix attraction at late times.

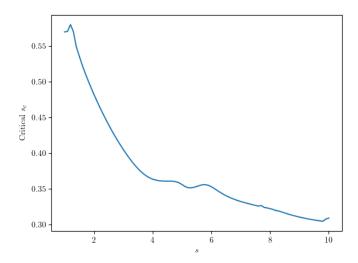
• Finally, we may compare histograms of outcomes when  $s_c > S_0, s_c < S_0$ . For  $s_c > S_0$ , all points get attracted into CS2, which then synchronizes quickly; this is illustrated poorly in Fig. 6a.

On the other hand, when  $s_c < S_0$ , points below CS4 only get one chance at hopping. We can perform similar Melnikov calculation to above by integrating the true tidal term  $\frac{\partial \mu^{(1)}}{\partial t} = \epsilon (1-\mu^2)(2\Omega_1/s-\mu)$  and find that the hopping probability  $P_{hop} \propto \frac{\mu}{2\Omega_1/s} \propto \sqrt{s}$  or in fact scaling with  $\eta^{-1/2}$ ; the difference comes in the 1/s dependence in the single-leg integral and the  $-\mu$  factor in the double-leg integral. Thus, points closer to the initial separatrix actually should experience higher entry probability, also observed in Fig. 6b.

Finally, we can somewhat see what the transition regime looks like in Fig. 6c. Points close to the separatrix experience attracting dynamics and all hop, while points far away from the separatrix experience the  $\sqrt{s}$  hopping probability.

### 4.1 Weak Perturber Hopping Distribution (Probably incorrect?)

We consider in the weak perturber (strong coupling) regime, where  $s_c < S_0$ . We will re-apply subsection 2.5 to the weak tidal friction equations to compute  $P_{hop}(s_{\star})$  where  $\star$  denotes at separatrix



**Figure 5:** Critical values of  $s_c$  below which  $\mu_4$  is no longer strongly attracting.

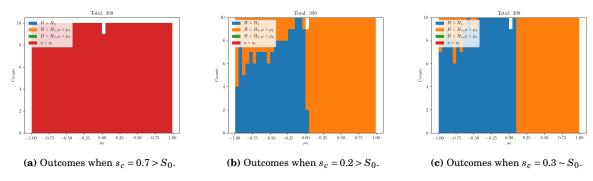


Figure 6: Outcome hists.

crossing. We will then seek an approximate form for  $s_{\star}$  given arbitrary initial conditions to predict the hopping probability distribution over initial conditions. We only seek to solve Zone III (below separatrix) initial conditions.

First, we note that the two integrals that I earlier called  $\Delta_m, \Delta_c$  (garbage notation sorry) can be evaluated for the new weak tidal friction integrals as follows:

$$\Delta_{M} = \int_{0}^{2\pi} \epsilon (1 - \mu^{2}) \left(\frac{2\Omega}{s} - \mu\right) d\phi,$$

$$\approx 2\pi \epsilon \frac{2\Omega}{s},$$

$$\Delta_{c} = \oint \epsilon (1 - \mu^{2}) \left(\frac{2\Omega}{s} - \mu\right) d\phi,$$

$$= 2 \int_{0}^{2\pi} \epsilon \sqrt{2\eta \sin I (1 - \cos \phi)} d\phi,$$

$$= 16\epsilon \sqrt{\eta \sin I}.$$
(35)

Recalling that  $\eta = s_c/s$ , we arrive at

$$P_{hop} = \frac{4\sqrt{ss_c \sin I}}{\pi \Omega}.$$
 (36)

We evaluate the above at  $s = s_{\star}$  for a given trajectory; we now want to compute an analytical approximation to  $s_{\star}$ . Under a familiar set of approximations, we can write

$$rac{\mathrm{d}s}{\mathrm{d}t} pprox -s\epsilon, \qquad \qquad rac{\mathrm{d}\mu^{(1)}}{\mathrm{d}t} pprox egin{cases} -\epsilon\mu & \mu \gtrsim rac{2\Omega}{s}, \\ \epsilon rac{2\Omega}{s} & \mu \lesssim rac{2\Omega}{s}. \end{cases}$$

We have taken  $\mu \ll \frac{s}{2\Omega}$ ,  $1 + \mu^2 \sim 1$  to arrive at the first expression. The second expression hinges on the dominant term in  $\frac{2\Omega}{s} - \mu$ ; since  $\mu < 0$  in Zone III, this term is always positive.

Now, recall that we won't get a sensible answer this way, since the dynamics near the separatrix  $\left|\mu-\mu_4\right|\sim\sqrt{2\eta\sin I}$  are governed by the piecewise map we defined before. However, if  $s_c$  is truly small, then the majority of the separatrix approach will be governed by the above flow. If we also adopt the  $\mu\lesssim\frac{2\Omega}{s}$  limit, in this spirit, then an analytical solution can be approximated: we first observe that  $\frac{\mathrm{d} \ln s}{\mathrm{d} t}\gtrsim\frac{\mathrm{d}\mu^{(1)}}{\mathrm{d} t}$  in this limit by a factor of  $\frac{s}{2\Omega}$ , so we approximate  $s\approx s_0e^{-\epsilon t}$ . This gives us

$$\mu(t) \approx \mu_0 + \frac{2\Omega}{s_0} (e^{\epsilon t} - 1).$$

If  $\epsilon t\lesssim 1$ , we can arrive at closed form  $t_\star\approx\frac{s_0\Delta\mu}{2\Omega\epsilon}$ . Note that  $\Delta\mu$  here should be calculated at  $\phi=\pi$  since phase space is not flat there, unlike near the saddle point (same motivation as usual). This gives us  $s_\star=s_0e^{-\frac{s_0\Delta\mu}{2\Omega}}$ . For a sample run at  $s_0=10,s_c=0.03,\mu_0=-0.3,\phi_0=0$ , this estimates  $t_\star\sim 500$  which is reasonably close to the measured  $t_\star=575$ .

If we are to use this prescription, then we can obtain

$$P_{hop}(\mu_{\pi}(t=0)) = \frac{4\sqrt{s_c \sin I s_0}}{\pi \Omega} e^{-\frac{s_0}{4\Omega} \Delta \mu_{\pi}}.$$
 (37)

What is noteworthy is the *exponential* dependence on  $\Delta\mu_{\pi}$ ; we might expect similar behavior to manifest elsewhere thanks to the  $\frac{\mathrm{d} \ln s}{\mathrm{d} t} \sim \epsilon, \frac{\mathrm{d} \mu}{\mathrm{d} t} \propto \left\{ -\epsilon \mu, \epsilon/s \right\}$  in both regimes of  $\frac{\mathrm{d} \mu}{\mathrm{d} t}$ . Further numerical testing to be performed.

**Note:** This section's calculation may be inaccurate because H is not an adiabatic invariant. I thought that maybe s could be imagined to be approximately constant over the final orbit, I'm not sure how accurate that is though.

#### 4.2 Relation to Henrard 1982

Henrard's *Capture into resonance:* An extension of the use of adiabatic invariants is somewhat similar to our work but covers a slightly different scenario. We summarize the similarities below:

- Henrard considers a dissipation-free system where  $H^{(0)}$  slowly changes in time due to a varying parameter  $\lambda$ . Contrast this to our two considered problems, both of which have dissipation.
- His result for hopping probabilities is the same as ours though: consider  $K = H H^*$ , which for us is  $\Delta H = H H_4$ , then we can write down expressions for the evolution of  $\Delta H$  along the heteroclinic orbit. Henrard calls these  $B_i$  for energy balance.

- Consider then an inbound trajectory on one of the two legs of the separatrix, call this leg 1 and the other leg 2. Furthermore, adopt convention whereby the separatrix has K < 0. Then, upon the final orbit prior to separatrix crossing, the trajectory experiences some  $\Delta H = B_1$ . Subsequently, it will hop onto the second leg of the separatrix, where it further experiences some  $\Delta H = B_2$ . Note that  $B_1 < 0$  is necessary to experience separatrix crossing, otherwise trajectories will be repelled from the separatrix.
- Henrard then enumerates three possible cases:  $B_2 < 0$  produces guaranteed capture,  $B_2 > 0$ ,  $B_1 + B_2 > 0$  produces guaranteed crossing, and  $B_2 > 0$ ,  $B_1 + B_2 < 0$  is effectively probabilistic.
- These conclusions mirror ours, if we replace  $\Delta_M = B_1, \Delta_c = B_1 + B_2$ ; one may immediately see that  $\Delta_c$  has the same sign as  $\Delta_M$  in the probabilistic case, and in the  $s_c > S_0$  case we have exactly  $B_1, B_2 < 0$  attraction.
- Henrard in a later paper cites the formula  $\Pr(i \to j) = \left| \frac{\partial J_j}{\partial t} / \frac{\partial J_i}{\partial t} \right|$ . This can be related to the above  $B_i, \Delta_H$  by:

$$\Delta H = \int \frac{\partial H}{\partial \lambda} \dot{\lambda} dt = \int \frac{\partial J}{\partial \lambda} \frac{\partial H}{\partial J} \dot{\lambda} dt = 2\pi \dot{\lambda} \frac{\partial J}{\partial \lambda}, \tag{38}$$

where J is the action variable; this is easy to see since  $\frac{\partial H}{\partial J}$  is just the angular velocity of the corresponding angle variable to J.

In our problem, we have both dissipation thanks to  $\frac{d\mu^{(1)}}{dt}$  and parameter variation  $\frac{ds}{dt}$ . Paralleling Equation 41 of Henrard's paper, we may expand:

$$\frac{\mathrm{d}H}{\mathrm{d}t} = \frac{\partial H}{\partial t} + \frac{\partial H}{\partial \phi} \frac{\mathrm{d}\phi}{\mathrm{d}t} + \frac{\partial H}{\partial \mu} \frac{\mathrm{d}\mu}{\mathrm{d}t} + \frac{\partial H}{\partial s} \frac{\partial s}{\partial t},$$

$$= \dot{\mu}^{(1)} \dot{\phi}^{(0)} + \frac{\partial H}{\partial s} \frac{\mathrm{d}s}{\mathrm{d}t},$$
(39)

$$\frac{\mathrm{d}H_4}{\mathrm{d}t} = \frac{\partial H_4}{\partial s} \frac{\mathrm{d}s}{\mathrm{d}t},\tag{40}$$

$$\frac{\mathrm{d}K}{\mathrm{d}\phi} = \dot{\mu}^{(1)} + \frac{\dot{s}^{(1)}}{\dot{\phi}^{(0)}} \left( \frac{\partial H}{\partial s} - \frac{\partial H_4}{\partial s} \right),\tag{41}$$

$$\Delta K_i = \oint_{\mathcal{C}_i} \dot{\mu}^{(1)} + \frac{\dot{s}^{(1)}}{\dot{\phi}^{(0)}} \left( \frac{\partial H}{\partial s} - \frac{\partial H_4}{\partial s} \right) d\phi. \tag{42}$$

We have arbitrarily added superscripts to indicate to what order in  $\epsilon$  our expansions proceed. Note the resemblance of this formula to Equation 41 of Henrard's paper, but also to our earlier work in the constant tides case. Again,  $\Delta K_i = H - H_4$  over path  $\mathscr{C}_i$ , which in our case can be either the bottom half of the separatrix or the entire separatrix (in which case  $\Delta K_1 = B_1 = \Delta_M, \Delta K_2 = B_1 + B_2 = \Delta_c$ ).

#### 4.3 Weak Perturber Hopping Revisited

First, let's examine our  $t_{\star}$  plot (TODO add). We observe that there is a roughly linear slope  $\frac{\mathrm{d}t_{\star}}{\mathrm{d}(\Delta H)} \sim \frac{600}{s_0/2s_c}$  where  $-s_0/2s_c$  is the minimum value of H on the domain and so is the maximum value for  $\Delta H = H_4 - H_0$ . Note that

$$H(\mu, \phi; s) = -\frac{s}{s_c} \frac{\mu^2}{2} + \mu \cos I - \sin I \sqrt{1 - \mu^2} \cos \phi, \qquad H_4(s) = -\sin I + \frac{s_c}{2s} \cos^2 I.$$

While s is actually a dynamical variable, it is a parameter to the 1D Hamiltonian. Plugging these expressions in our above expression for  $\frac{\mathrm{d}K}{\mathrm{d}t}=-\frac{\mathrm{d}(\Delta H)}{\mathrm{d}t}$ , we obtain

$$\frac{d(\Delta H)}{dt} = -\dot{\mu}^{(1)}\dot{\phi}^{(0)} - \dot{s}^{(1)}\frac{d(\Delta H)}{ds},\tag{43}$$

$$-\frac{\mathrm{d}(\Delta H)}{\mathrm{d}(\epsilon t)} = (1 - \mu^2) \left(\frac{2\Omega}{s} - \mu\right) \dot{\phi}^{(0)} + 2\Omega \left(1 + \frac{s}{2\Omega}(1 + \mu^2)\right) \left[\frac{\mu^2}{2s_c} + \sin I + \frac{s_c}{2s^2}\cos^2 I\right]. \tag{44}$$

Now, if we evaluate far from the separatrix and for large s, similar to most of our initial conditions, we approximate  $\dot{\phi} \approx \frac{s_c}{s}$  and we obtain

$$\frac{\mathrm{d}(\Delta H)}{\mathrm{d}t} \approx \varepsilon \frac{s\mu^2}{s_c} \left( 1 - \mu^2 + \frac{1 + \mu^2}{2} \right) \sim -\varepsilon \frac{s\mu^2}{s_c}. \tag{45}$$

Comparing to our plot, we would predict that this derivative should be close to  $\frac{s/s_c}{1200}$  (assuming  $s \sim s_0$  initially), so it seems like we at least have the scaling correct.

This allows for a rudimentary prediction of  $t_{\star}, s_{\star}$  at separatrix crossing; we next want to compute the separatrix crossing probabilities. It's not immediately obvious whether the dissipation or adiabatic invariance term should dominate the crossing probability or the  $\Delta H$  evolution: since  $\frac{\partial H}{\partial s} \propto \mu^2$  but also  $\dot{\phi}^{(0)} \rightarrow 0$  for much of the trajectory, it will require some careful statistics/simulation to disentangle the two.