1 Hamiltonians and EOM

1.1 Toy Problem

Consider simplest spin Hamiltonian $H = -\vec{B} \cdot \vec{s}$. It's clear that if we set up initial conditions \vec{s} misaligned from \vec{B} , it will simply spin around \vec{B} , which is fixed. Thus, let $\hat{B} \cdot \hat{s} = \cos \theta$ the angle between the two, and let ϕ measure the azimuthal angle.

We claim that $\cos\theta$, ϕ are canonical variables. Since ϕ is ignorable, immediately $\frac{\mathrm{d}\theta}{\mathrm{d}t} = \frac{\mathrm{d}\cos\theta}{\mathrm{d}t} = -\frac{\partial H}{\partial \phi} = 0$, while $\frac{\mathrm{d}\phi}{\mathrm{d}t} = \frac{\partial H}{\partial(\cos\theta)} = Bs$ tells us the rate at which the spin precesses around \vec{B} .

1.2 Cassini State Hamilttonian

This Hamiltonian is Kassandras Eq. 13, in the co-rotating frame with the perturber's angular momentum:

$$\mathcal{H} = \frac{1}{2} (\hat{s} \cdot \hat{l})^2 - \eta (\hat{s} \cdot \hat{l}_p). \tag{1}$$

In this frame, we can choose $\hat{l} \equiv \hat{z}$ fixed, and $\hat{l}_p = \cos I \hat{z} + \sin I \hat{x}$ fixed as well. Then

$$\hat{s} = \cos\theta \hat{z} - \sin\theta (\sin\phi \hat{y} + \cos\phi \hat{x}).$$

We can choose the convention for $\phi = \phi$ azimuthal angle requiring $\phi = 0, \pi$ mean coplanarity between $\hat{s}, \hat{l}, \hat{l}_p$ in the \hat{x}, \hat{z} plane such that \hat{l}_p, \hat{s} lie on the same side of \hat{l} . Then we can evaluate in coordinates

$$\begin{split} \hat{s} \cdot \hat{l} &= \cos \theta, \\ \hat{s} \cdot \hat{l}_p &= \cos \theta \cos I - \sin I \sin \theta \cos \phi, \\ \mathcal{H} &= \frac{1}{2} \cos^2 \theta - \eta \big(\cos \theta \cos I - \sin I \sin \theta \cos \phi \big). \end{split}$$

Note that if we take $\cos \theta$ to be our canonical variable, $\sin \theta = \sqrt{1 - \cos^2 \theta}$ can be used.