

# Lidov-Kozai 90° Attractor

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## 1 Equations

### 1.1 Bin's Papers

Our major references will be Bin's paper with Diego + Dong in 2015 (LML15) and Bin's later paper with Dong on spin-orbit misalignment (LL18). The target of study is §4.3 of LL18, where a 90° attractor in spin-orbit misalignment seems to appear when the octupole effect is negligible.

When the octupole effect is negligible, we define vectors

$$\mathbf{j} = \sqrt{1 - e^2} \hat{n}, \quad (1)$$

$$\mathbf{e} = e \hat{u}. \quad (2)$$

Here,  $\mathbf{j}$  is the dimensionless angular momentum vector and  $\mathbf{e}$  is the eccentricity vector; see LML15 for precise definitions. Note that  $\mathbf{j} \cdot \mathbf{e} = 0$ ,  $j^2 + e^2 = 1$ . Then, the EOM for the inner and outer vectors satisfy to quadrupolar order

$$\frac{d\mathbf{j}}{dt} = \frac{3}{4t_{LK}} [(\mathbf{j} \cdot \hat{n}_2)(\mathbf{j} \times \hat{n}_2) - 5(\mathbf{e} \cdot \hat{n}_2)(\mathbf{e} \times \hat{n}_2)], \quad (3)$$

$$\frac{d\mathbf{e}}{dt} = \frac{3}{4t_{LK}} [(\mathbf{j} \cdot \hat{n}_2)(\mathbf{e} \times \hat{n}_2) + 2\mathbf{j} \times \mathbf{e} - 5(\mathbf{e} \cdot \hat{n}_2)(\mathbf{j} \times \hat{n}_2)]. \quad (4)$$

Let's assume for the time being that  $L_1 \ll L_2$ , so the system is sufficiently hierarchical that  $\mathbf{j}_2$ ,  $\mathbf{e}_2$  are constants. Note for reference that

$$t_{LK} \equiv \frac{L_1}{\mu_1 \Phi_0} = \frac{1}{n_1} \left( \frac{m_0 + m_1}{m_2} \right) \left( \frac{a_2}{a} \right)^3 (1 - e_2^2)^{3/2}. \quad (5)$$

Here,  $n_1 \equiv \sqrt{G(m_0 + m_1)/a^3}$ . Finally, the GR effects (Peters 1964) cause decays of  $\mathbf{L}$  and  $\mathbf{e}$  as

$$\left. \frac{d\mathbf{L}}{dt} \right|_{GW} = -\frac{32}{5} \frac{G^{7/2}}{c^5} \frac{\mu^2 m_{12}^{5/2}}{a^{7/2}} \frac{1 + 7e^2/8}{(1-e^2)^2} \hat{\mathbf{L}}, \quad (6)$$

$$\left. \frac{d\mathbf{e}}{dt} \right|_{GW} = -\frac{304}{15} \frac{G^3}{c^5} \frac{\mu m_{12}^2}{a^4 (1-e^2)^{5/2}} \left( 1 + \frac{121}{304} e^2 \right) \mathbf{e}, \quad (7)$$

$$\left. \frac{\dot{a}}{a} \right|_{GW} = -\frac{64}{5} \frac{G^3}{c^5 a^4} \frac{\mu m_{12}^2}{(1-e^2)^{7/2}} \left( 1 + \frac{73}{24} e^2 + \frac{37}{96} e^4 \right). \quad (8)$$

Here,  $m_{12} \equiv m_1 + m_2$ .

Given this system (from LML15), we can then add the spin-orbit coupling term, which is given in LL18 to be

$$\frac{d\hat{\mathbf{S}}}{dt} = \Omega_{SL} \hat{\mathbf{L}} \times \hat{\mathbf{S}}, \quad (9)$$

$$\Omega_{SL} \equiv \frac{3Gn(m_2 + \mu/3)}{2c^2 a (1-e^2)}. \quad (10)$$

Note that  $\mu$  is the reduced mass of the inner binary. We can drop the back-reaction term since  $S \ll L$ . What is observed is that, as this system is evolved forward in time and GR coalesces the inner binary,  $\theta_{sl} \equiv \arccos(\hat{\mathbf{S}} \cdot \hat{\mathbf{L}})$  goes to  $90^\circ$  consistently. The relevant figure is Fig. 19 of LL18, which shows that for a close-in, low-eccentricity perturber ( $\bar{a}_{\text{out,eff}} \propto a_{\text{out}}$ ), the focusing is significantly stronger. Note that initially,  $I \equiv \arccos(\hat{\mathbf{L}} \cdot \hat{\mathbf{L}}_2) \approx 90^\circ$  while  $\theta_{sl} \approx 0$ .

In LL18, an adiabaticity parameter is defined:

$$\mathcal{A} \equiv \left| \frac{\Omega_{SL}}{\Omega_L} \right|, \quad (11)$$

where  $\Omega_L \simeq \left\langle \frac{d\hat{\mathbf{L}}}{dt} \right\rangle_{LK}$  to quadrupolar order. As the inner binary coalesces,  $\mathcal{A}$  transitions from  $\ll 1$  to  $\gg 1$  (as  $\Omega_{SL}$  is a GR effect so ramps up very quickly as orbital separation decreases).

## 1.2 Simulations

First, we run GR-less simulations, so let's take  $t_{LK} = 1$  (no semimajor axis evolution), and we reproduce LK oscillations.

Next, when accounting for GR, we should let  $a$  evolve as above. Note that since  $\mathbf{j}$  and  $\vec{e}$  are our dynamical variables, we should use  $\mathbf{j} \equiv \sqrt{1-e^2} \hat{\mathbf{L}} = \sqrt{1-e^2} \frac{\mathbf{L}}{\mu \sqrt{G m_{12} a (1-e^2)}}$  and rewrite

$$\left. \frac{d\mathbf{j}}{dt} \right|_{GW} = \frac{1}{\mu \sqrt{G M a}} \left. \frac{d\mathbf{L}}{dt} \right|_{GW} - \frac{\mathbf{j}}{2a} \left. \frac{da}{dt} \right|_{GW}. \quad (12)$$

To double check, we should verify that  $\left. \frac{d(j^2 + e^2)}{dt} \right|_{GW} = 0$ , which can be verified as (Let's set  $G = M = \mu =$

$a = c = 1$  for convenience)

$$\frac{1}{2} \frac{d(j^2 + e^2)}{dt} = \mathbf{j} \cdot \frac{d\mathbf{j}}{dt} + \mathbf{e} \cdot \frac{d\mathbf{e}}{dt}, \quad (13)$$

$$= \mathbf{j} \cdot \left[ \left( -\frac{32}{5} \frac{1+7e^2/8}{(1-e^2)^2} \right) \hat{L} - \frac{\mathbf{j}}{2} \left( -\frac{64}{5} \frac{1+73e^2/24+37e^4/96}{(1-e^2)^{7/2}} \right) \right] + \mathbf{e} \cdot \left( -\frac{304}{15} \frac{1+121e^2/304}{(1-e^2)^{5/2}} \right) \mathbf{e}, \quad (14)$$

$$= \left( -\frac{32}{5} \frac{1+7e^2/8}{(1-e^2)^{3/2}} \right) + \left( \frac{32}{5} \frac{1+73e^2/24+37e^4/96}{(1-e^2)^{5/2}} \right) + e^2 \left( -\frac{304}{15} \frac{1+121e^2/304}{(1-e^2)^{5/2}} \right), \quad (15)$$

$$= \frac{1}{15(1-e^2)^{5/2}} \left[ -96(1-e^2) \left( 1 + \frac{7e^2}{8} \right) + 96 \left( 1 + \frac{73e^2}{24} + \frac{37e^4}{96} \right) - 304e^2 \left( 1 + \frac{121e^2}{304} \right) \right]. \quad (16)$$

This can be verified to vanish upon term-by-term examination indeed.

For convenience, let's just define  $t_{LK} = t_{LK,0} \frac{a_0^3}{a^3}$  and set  $t_{LK,0} = 1$ . Furthermore, the timescale of relevance for the GW terms is  $t_{GW}^{-1} \sim \frac{G^3 \mu m_{12}^2}{c^5 a^4}$ . Let's express this as some ratio  $t_{GW} = \epsilon t_{LK,0} \frac{a_0^4}{a^4}$ . Thus, everything should be nondimensionalized this way.

We lastly add de-Sitter precession of the spin of one of the inner binary components, call this  $\hat{S}$ . Similarly, let's just define a proportionality constant  $t_{SL} = \delta t_{LK,0} \frac{a_0}{a}$ , then

$$\frac{d\hat{S}}{d(t/t_{LK,0})} = \delta \frac{a_0}{a} \hat{L} \times \hat{S}. \quad (17)$$

Our final simulation equations are thus ( $\tau = t/t_{LK,0}$ )

$$\begin{aligned} \frac{d\mathbf{j}}{d\tau} &= \frac{3}{4} \left( \frac{a_0^3}{a^3} \right) [(\mathbf{j} \cdot \hat{n}_2)(\mathbf{j} \times \hat{n}_2) - 5(\mathbf{e} \cdot \hat{n}_2)(\mathbf{e} \times \hat{n}_2)] \\ &\quad - \left( \epsilon \frac{a_0^4}{a^4} \right) \left( \frac{32}{5} \frac{1+7e^2/8}{(1-e^2)^{5/2}} - \frac{32}{5} \frac{1}{(1-e^2)^{7/2}} \left( 1 + \frac{73}{24} e^2 + \frac{37}{96} e^4 \right) \right) \mathbf{j}, \end{aligned} \quad (18)$$

$$\frac{d\mathbf{e}}{d\tau} = \frac{3}{4} \left( \frac{a_0^3}{a^3} \right) [(\mathbf{j} \cdot \hat{n}_2)(\mathbf{e} \times \hat{n}_2) + 2\mathbf{j} \times \mathbf{e} - 5(\mathbf{e} \cdot \hat{n}_2)(\mathbf{j} \times \hat{n}_2)] - \left( \epsilon \frac{a_0^4}{a^4} \right) \frac{304}{15} \frac{1}{(1-e^2)^{5/2}} \left( 1 + \frac{121}{304} e^2 \right) \mathbf{e}, \quad (19)$$

$$\frac{d\hat{S}}{d\tau} = \delta \frac{a_0}{a} \frac{\mathbf{j}}{\sqrt{1-e^2}} \times \hat{S}, \quad (20)$$

$$\frac{da}{d\tau} = -a \left( \epsilon \frac{a_0^4}{a^4} \right) \frac{64}{5} \frac{1}{(1-e^2)^{7/2}} \left( 1 + \frac{73}{24} e^2 + \frac{37}{96} e^4 \right). \quad (21)$$