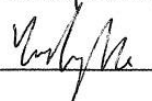


## Careers & Employability

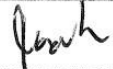
## Mentoring Log

<b>Mentee</b>	Yu-Ching Ho	<b>Mentor</b>	Constantin Toader
<b>Date of 1-1 Meeting</b>	9/03/18	<b>Duration</b>	1 hour
<b>Items for Discussion</b>			
<b>Action/Points Discussed</b>	<b>Actions to Follow Up</b>	<b>To Complete By</b>	<b>Plan for Next Meeting</b>
<ul style="list-style-type: none"> <li>• Introduction to each other.</li> <li>• What I want out of the program.</li> <li>• CV, Interview, Morgan Stanley Recruitment process</li> <li>• Workplace life and environment</li> <li>• Software languages like Scala and C++</li> </ul>	<ul style="list-style-type: none"> <li>• Wishlist</li> </ul>	<ul style="list-style-type: none"> <li>• 17/04/18</li> </ul>	<ul style="list-style-type: none"> <li>• Join one of weekly conference calls.</li> <li>• Present wishlist.</li> </ul>

Date of Next Meeting: 17/04/18

Mentee Signature: 

Time of Next Meeting: 9am

Mentor Signature: 

To make the most of the time you spend with your Mentor it is important you reflect on how the meeting went and what was discussed.

Reflection: How do you feel? What were the main outcomes? What did you learn? What will you ask at your next meeting?

Chatting to Constantin relaxed my overthinking of how daunting a workplace would be, and how far ahead everyone else is technically. He said that it is completely expected and the company will train you up accordingly. Constantin also gave an insight of how workplace life and environment is like, his ~~day to~~ average day, and how everybody is helping each other, solving little problems at a time.

Please tick any areas you covered with your Mentor

Communication	✓	Business Awareness		Assertiveness	
Planning & Organising		Presentation Skills		Recruitment Processes	✓
Problem Solving		Time Management		CV & Applications	✓
Confidence	✓	Teamwork		Interview Techniques	✓
Enterprise		Digital Professionalism	✓	Realising Potential	✓