

# Master Thesis

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## Abstract

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## 1 Introduction

*”Zart wäre einzig das Größte: daß keiner mehr hungern soll” —Theodor W. Adorno*

In 2015, United Nations established Sustainable Development Goal 2 (SDG2), aiming to create a world free of hunger by 2030. However, with the breakout of Covid-19, [WFP, UNICEF et al. \(2022\)](#) estimated that there will be 78 million more undernourished people in 2030 than in a scenario in which the pandemic had not occurred. Meanwhile, the war in Ukraine hindered the recovery from the pandemic and disrupted the international food and energy market, pushing inflation higher ([IMF \(2022\)](#)). Due to this conflict, low-income food-deficit countries that rely on the import of food and fertilizers will suffer more from the high price of these kinds of commodities ([WFP, UNICEF et al. \(2022\)](#)).

According to the definition of the Food and Agricultural Organization of the United Nations (FAO), a person is food insecure when they lack regular access to enough safe and nutritious food for normal growth and development and an active and healthy life. In the year 2021, there were approximately 768 million people in this world facing hunger (undernourishment) ([WFP, UNICEF et al. \(2022\)](#)). Therefore, food insecurity is a crucial humanitarian and development challenge for the world.

From the perspective of the economy, food insecurity negatively affects economic development in several ways. Firstly, it can raise the risk of poor health outcomes such as malnutrition, obesity, and stunting, which can hinder the physical and cognitive development of children (e.g. [WFP, UNICEF et al. \(2022\)](#), [Kang et al. \(2018\)](#), [Guerrant et al. \(2008\)](#)). Food insecurity also increases the risk of chronic diseases (e.g. [Seligman, Laraia and Kushel \(2010\)](#), [Weaver, Fasel et al. \(2018\)](#), [Laraia \(2013\)](#)). Above both will reduce the productivity of the affected population, and increase the cost of health expenditure of the society.

In addition, food insecurity can contribute to social and political instability. For example, food insecurity can perpetuate violent conflicts, and contribute to a vicious cycle ([Brinkman and Hendrix \(2011\)](#), [Hendrix and Brinkman \(2013\)](#)). Food insecurity is also an important determinant of migration intentions and preparations ([Smith and Floro \(2020\)](#)). Furthermore, during Covid-19, the increased food insecurity may increase the migration pressure ([Smith and Floro \(2020\)](#)).

Food insecurity is apparently a critical humanitarian and development issue, particularly in Africa. According to [WFP, UNICEF et al. \(2022\)](#), in the year 2021, more than one-third of people in hunger are in Africa, the prevalence of undernourishment in Africa is 20.2%, and in Eastern Africa, it is 29.8%, in other words, there are around 136.4 million of people suffered undernourishment. Meanwhile, according to FAOSTAT, in 2021, the prevalence of severe food insecurity in Eastern Africa is 28.7%, and the prevalence of severe or moderate food insecurity is 66.9%. Africa, especially Eastern Africa, is facing a pressing food security challenge. The United Nations World Food Programme (WFP), Action Against Hunger, and many other humanitarian projects are concerning food insecurity in Africa. These projects need to identify or forecast food insecurity effectively, in order to make decisions and take action.

Moreover, predicting the occurrence of a food crisis or food insecurity helps policymakers and

international organizations to mitigate or prevent such negative events. Instead of causal inference, prediction is more important in the food insecurity context (Kleinberg et al. (2015)). With the development of machine learning (ML) and big data, starting with the study of Okori and Obua (2011), such data-driven technique implementations are emerging in this field (e.g. Lentz et al. (2019), Andree et al. (2020), Browne et al. (2021)). However, under the shocks of Covid-19 and the war in Ukraine, the robustness of the ML model for food insecurity prediction need to be considered. This study will focus on using ML to predict food insecurity in the Republic of Uganda, given the data and context of the breakout of Covid-19, trying to find whether exists a relatively robust ML algorithm when facing such shock and trying to find a high-performance ML model for the predicting task in Uganda.

This section is the introduction of the background and the motivation of this study. The next section will introduce the basic information and the food security situation in Uganda. Section 3 will ....

## 2 The Republic of Uganda

The Republic of Uganda, situated in Eastern Africa, is a landlocked nation bordered by Kenya to the east, South Sudan to the north, the Democratic Republic of the Congo to the west, Rwanda to the southwest, and Tanzania to the south. A significant part of Lake Victoria, which is shared with Kenya and Tanzania, is located in the southern region of the country. With an average elevation of 900 meters above sea level, Uganda’s eastern and western borders are marked by mountains. According to the Uganda National Household Survey 2019/20 (UNHS), there are 40.9 million population in Uganda, and 49% of them are male. Meanwhile, 54% of the population in Uganda is below 18 years old. Within the working population, 68.1% of them work in the sector of agriculture, forestry and fishing.

Furthermore, Uganda’s poverty rate is 20.3% in UNHS 2019/20, which was 18.7% in 2019, but after the breakout of the pandemic, it raised to 21.9%. In the round of the October/November 2022 Uganda-High-Frequency Phone Survey (HFPS), 56 % of the population was moderately food insecure and 15 % was severely food insecure. Thus, food insecurity in Uganda is severe, less than half population is able to access or buy enough food. Besides the shock of covid-19, additionally, the ongoing conflict in Ukraine, which has disrupted global trade, poses further challenges to food security in Uganda. For instance, according to the FAOSTAT data, in 2020, Uganda’s agricultural fertilizer use of the nutrient nitrogen, phosphate P2O5, and potash K2O is fully dependent on import, but the Ukraine war is disrupting the supply chain of fertilizer (WFP, UNICEF et al. (2022)).

In addition, in UNHS 2019/20, the average Dietary Energy Consumption (DEC) in Uganda is 2393 kcal/person/day, more specifically, before the pandemic, DEC was 2437 kcal/person/day, while during the pandemic, DEC decreased to 2359, this number varies among different regions as well. Notably, 47% households in urban areas are classified as food poor by the Uganda government, and it is 22% in rural areas. Specifically, on average, Staples (cereal, roots and tubers) are consumed on a daily basis while meat, fruit and milk products are the least consumed in a week, we can find such patterns in the data description section as well.

In conclusion, as an Eastern African country, Uganda has issues of poverty and the threat of significant food insecurity. Accurate predictions of food insecurity can assist the people of Uganda, as well as public sectors and international humanitarian organizations, in implementing more cost-effective strategies to achieve development goals, such as the Uganda Nutrition Action Plan or SDG2.

## 3 Statistical Learning and Machine Learning

Statistical learning refers to a set of tools for making sense of complex datasets (James et al. (2013)), and it is closely related to the concept and practice of Machine Learning (ML). Machine learning manages to fit complex data without simply overfitting and is able to give good out-of-sample predictions (Mullainathan and Spiess (2017)), and statistical learning theory provides the theoretical basis for many machine learning algorithms (Von Luxburg and Schölkopf (2011)). The key idea of learning in this context is to find general patterns for a given sample data and utilize such patterns for different purposes. If we want to make predictions on output data  $y$  for input

data  $x$ , it is called supervised learning (e.g. OLS), and if we only want to learn the structures and relationships for input data  $x$  but without output  $y$ , it is called unsupervised learning (e.g. Principal Component Analysis). In this paper, we only focus on supervised learning.

In this paper, food security prediction is a classification problem, i.e. the response variable  $y$  is categorical. Classification has advantages because one can construct multiple metrics to evaluate the performance of ML models and make policy implications. We call a food insecure observation a positive case and a food secure observation a negative case in the following table.

		True classes		Total
		Positive	Negative	
Predicted classes	Positive	TP	FP	$P^*$
	Negative	FN	TN	$N^*$
Total		$P$	$N$	$P + N = P^* + N^*$

There are 2 types of important errors in the classification, Type I error (false positive) of inclusion (i.e., targeting those who are not food insecure) and Type II error (false negative) of exclusion (i.e. not targeting those who are insecure). Usually, type II error is more important in the food insecurity context. Some widely used metrics in classification are:

- Accuracy:  $Accuracy = \frac{TP+TN}{P+N}$  totally correct prediction
- Precision:  $Precision = \frac{TP}{P^*}$  correct prediction over predicted positive
- Recall (or Sensitivity):  $Recall = \frac{TP}{P}$  correct prediction over true positive
- False positive rate:  $FPR = \frac{FP}{N}$  false prediction over true negative
- F1 score:  $F1 = \frac{2TP}{2TP+FP+FN}$  harmonic mean of the precision and recall

## 4 Data Processing

### 4.1 Food Security Indicator

Considering the data availability, I choose the Food Consumption Score (FCS) as the food security indicator in Uganda. The FCS is a composite score based on dietary diversity, food frequency, and relative nutritional importance of different food groups. FCS was first used in Southern Africa in 1996 and is frequently used in food insecurity prediction papers (e.g. Zhou et al. (2022), Lentz et al. (2019) and Martini et al. (2022)). FCS is calculated as  $FCS = \sum_{i=1}^9 x_i w_i$ , where the  $x_i$  is the number of days in the past 7 days that a household consumed food item  $i$ , and  $w_i$  is the nutrition weight for  $i$ ,  $i$  and  $w_i$  are shown in table 1. Thus,  $FCS \in [0, 112]$ .

Food groups( $i$ )	Weights ( $w_i$ )	Food groups( $i$ )	Weights ( $w_i$ )
Main Staples	2	Meat and fish	4
Pulses	3	Dairy	4
Vegetables	1	Oil and Fat	0.5
Fruits	1	Sugar	0.5
Condiments	0		

Table 1: FCS Components (WFP (2008))

FCS data in this paper is calculated with the UNHS data, rather than a standard FCS questionnaire. After calculating FCS, households are categorized into 3 classes, for those  $FCS \leq 21$  are in the "Poor" diet group, for those  $FCS \in (21, 35]$  are in the "Borderline" group, and for those  $FCS > 35$  are in the "Acceptable" group. The threshold of 21 and 35 are usually used to indicate food consumption and security status. The value 21 comes from an expected daily consumption of staples and vegetables for the last 7 days, and 35 comes from an expected daily consumption of staples and vegetables complemented by a frequent (4-day/week) consumption of oil and pulses. Meanwhile, WFP (2008) suggested that the use of FCS and the threshold value need to be validated.

Figure 1 shows the cumulative mean food consumption frequencies for Uganda 2019/20 UNSH, the green dashed line is the threshold of 21, the blue dashed line is 28, and the red dashed line is

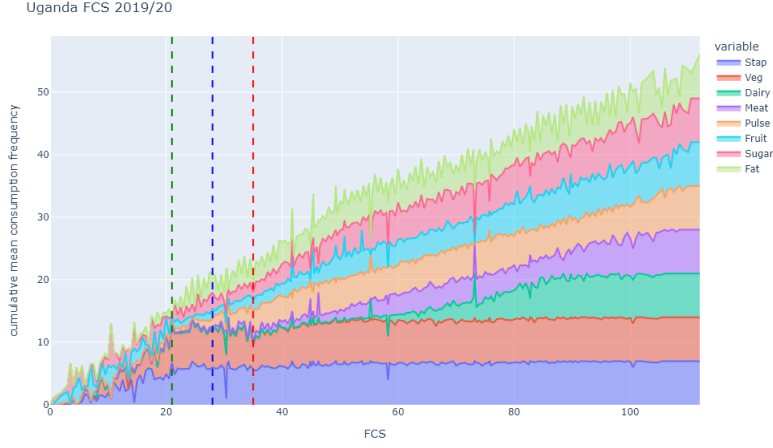


Figure 1: cumulative mean consumption frequency 2019/20

35. 28 is an alternative threshold for "Poor" diet in [WFP \(2008\)](#), because in some cases, for low FCS households, the sugar and oil consumption may be daily, and combined with daily staple food consumption, FCS already reaches 21, but this 21 does not reflect the borderline diet. Therefore, 7 is added to 21 and 35. From Figure 1, we can find that neither the consumption of sugar nor fat/oil is not reaching 7 for low FCS groups, thus in this paper, we use 21 and 35 as the thresholds. The case for 2016/17 UNHS can be found in the appendix.

In addition, we need to evaluate if the created FCS is a good proxy for food security ([WFP \(2008\)](#)). The validation of created FCS score is shown in Table 2, and we can conclude that our created FCS can be used as a good indicator of food security. Note that for Subjective Income Stability, 1 means very unstable, 2 means somewhat stable, and 3 means stable.

Variable	Corr. Coef.	p-value
Subjective Income Stability	0.231 (Pearson)	0.000
Subjective Income Stability	0.235 (Spearman)	0.000
Total Expenditure on Food	0.605 (Pearson)	0.000
Proportion of Food (value) Received in Kind/Free	-0.155 (Pearson)	0.000

Table 2: Correlation Coefficients with FCS

In summary, the 2019/20 FCS of 13302 households are calculated, the FCS distribution of UNHS is shown in Figure 2, and the distribution of 2016/17 FCS data can be found in the appendix. Figure 2 shows that most households are in the "Acceptable" group. Notably, at the bar of the "Poor" threshold of 21 (right-hand side of the green dashed line), which is  $FCS \in [21, 21.9]$ , this high bar contains 230 observations, and 214 of them are equal to 21 (in the "Poor" group). 4.16% of the households are in the "Poor" food security situation, and 17.72% of households are in the "Borderline" group. If we exclude those who have 0 FCS, then 3.99% households are in the "Poor" group, more data cleaning details are going to be explained later.

## 4.2 Predictors

### 4.2.1 Nightlight Data

Nightlight data could be a proxy of economic variables (e.g. [Weidmann and Schutte \(2017\)](#), [Yeh et al. \(2020\)](#)), especially in those developing countries, whose detailed economic data are not available. Because nightlight data is open-sourced, researchers can utilize it at a low cost. Meanwhile, it provides more information on local development in developing countries. This paper uses the nightlight data provided by the Earth Observation Group ([Elvidge et al. \(2013\)](#)), and in order to be consistent with UNHS, the data of Uganda's subnational administrative boundaries (map of Uganda) provided by UN The Humanitarian Data Exchange project is used to extract the mean nighttime illumination for a given region.

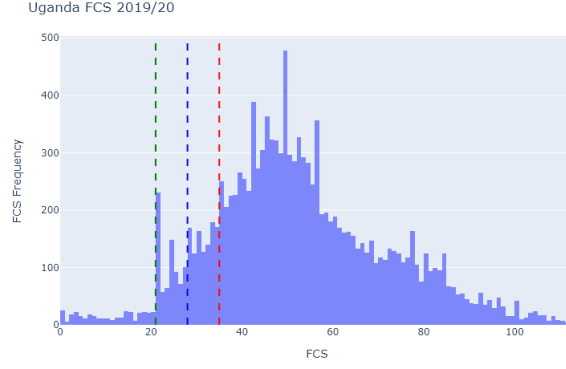


Figure 2: Distribution of FCS in Uganda 2019/20

The nightlight data is extracted on the scale of District and County. Although the map data is provided by the Uganda Bureau of Statistics, a few names of administrative counties in both datasets do not match, and for those not matched, an imputation by the data of the corresponding District happens.

#### 4.2.2 Climate Data

The climate variables for this paper are monthly sum precipitation and monthly 2 meters above ground temperature. *These data were obtained from the NASA Langley Research Center (LaRC) POWER Project funded through the NASA Earth Science/Applied Science Program.* They are extracted with the map data as the nightlight section on the district scale because there are 169 cells of climate data, but the number of counties is 194 in UNHS, thus, keep the temperature and precipitation variation in the district scale should be enough.

# Appendix

## Figures

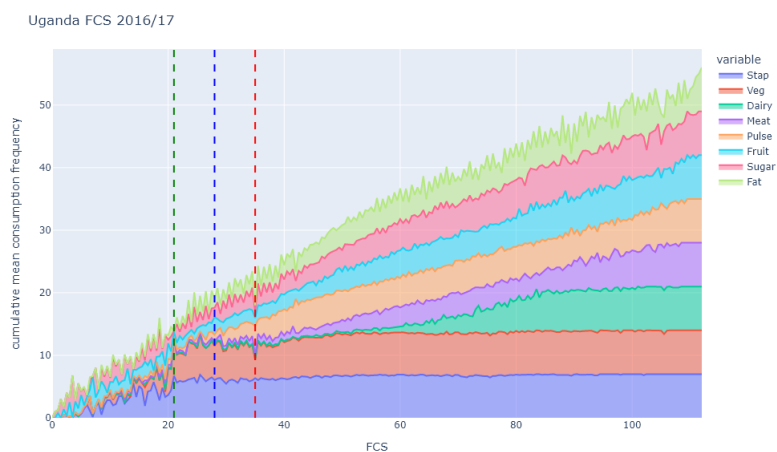


Figure 3: cumulative mean consumption frequency 2016/17

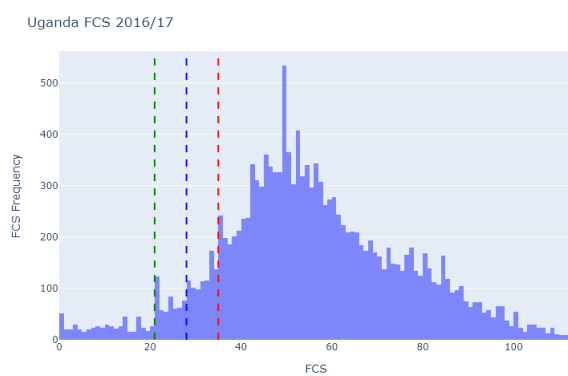


Figure 4: Distribution of FCS in Uganda 2016/17 (15144 obs.)

## Tables

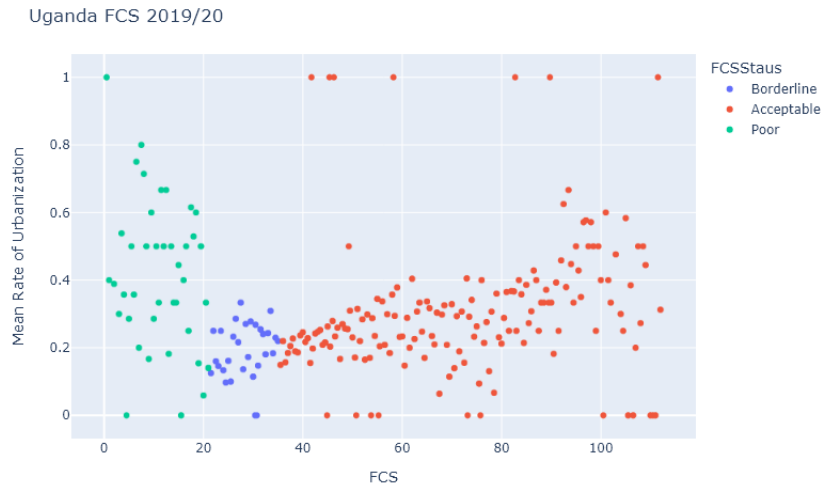


Figure 5: FCS vs. Urbanization in Uganda 2019/20

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