

21/10/2024 – Monday – Day Shift

***INDOOR ACTIVITY**

- Watching tv
- Listening to ambient music
- Flipping catalogues

***SENSORY**

- Relaxation with Sensory Stimulating Sound Video and using sensory lights

***OUTDOOR ACTIVITIES**

- Garden walk/Outdoor relaxation(30min)

***MEALS**

- Breakfast, Cheese sandwich, Sausages
- Lunch, Rice and chicken
- Dinner, Mum's food (bulgur soup)
- Snacks/fruits, Oranges, grapes, biscuits
- Fluids intake, 1500ml water 250ml juice

***MOOD**

YT had been excessively loud since he woke up, during parents visit YT still appeared restless but appeared in a better mood. In the evening YT was settled and would be observed humming/singing while flipping catalogues.

***INCIDENT/ NEAR MISS**

- 1 near miss recorded

***REMARKS**

- Bowel movement observed today.
- YT refused personal care.