**2025年青海省初中学业水平考试·英语**

**全卷总分：120分 考试时间：120分钟**

**第Ⅰ卷（听力及选择题）**

**Ⅰ.听力测试（共四部分，共20小题，每小题1分，满分20分）**

**第一部分：听句子，选择相对应的图片。每个句子仅读一遍。**

1. A.  B.  C. 

2. A.  B.  C. 

3. A.  B.  C. 

4. A.  B.  C. 

5. A.  B.  C. 

**第二部分：听句子，选择最佳答语。每个句子读两遍。**

6. A. It’s red. B. It’s mine. C. It’s a pen.

7. A. I am OK. B. I am in class 4. C. I am 13.

8. A. Good idea. B. Take it easy. C. Here you are.

9. A. I’m sorry. B. Tea, please! C. No problem.

10. A. It doesn’t matter. B. Of course. C. You are welcome.

**第三部分：听对话，选择最佳答案。每段对话读两遍。**

11. When will the meeting start?

A. At 2:00 p. m. B. At 3:00 p. m. C. At 2:30 p. m.

12. Why does the man prefer summer?

A. He can go swimming in the lake.

B. He can go fishing in the lake.

C. He can go boating in the lake.

13. What’s the relationship between Tom and Polly?

A. Teacher and student. B. Classmates. C. Mother and son.

14. What does the woman think of the man’s holiday plan?

A. Great. B. Tiring. C. Difficult.

15. Where doss the conversation probably take place?

A. On the street. B. In a restaurant. C. In a supermarket.

**第四部分：**

听短文，根据短文内容填空。短文读两遍。（每空仅填一词）

Li Hua did a survey about his friends’ favorite subjects. Here is the result.

|  |  |  |
| --- | --- | --- |
| Name | Favorite subject | Reason |
| Ma Li | 16.\_\_\_\_\_\_\_\_ | It is interesting to learn about the past. It makes her wise. |
| Li Wei | English | English is useful, and his English teacher is 17. \_\_\_\_\_\_\_\_ nice. It makes him open-minded. |
| Wang Li | Maths | He is good with numbers. He thinks it is fun. Maths makes him18. \_\_\_\_\_\_\_\_. |
| Qian Lei | P. E. | She likes playing basketball and 19. \_\_\_\_\_\_\_\_. P. E. makes her healthy and energetic. She has 20. \_\_\_\_\_\_\_\_ P. E. classes every week. |

**Ⅱ.完形填空（共10小题，每小题1分，满分10分）**

根据短文内容，从A、B、C三个选项中选出一个能填入相应空格内的最佳答案。

Mr. Li is a teacher who grew up in the countryside in Qinghai. He learned \_\_\_\_1\_\_\_\_ useful living skills when he was a child. He didn’t understand what they gave to him until he became an adult.

In his hometown, people like eating different \_\_\_\_2\_\_\_\_ of noodles, such as beef noodles and fried noodles. The \_\_\_\_3\_\_\_\_ skill he learned was making noodles when he was 10. He thought it would be easy, because he often \_\_\_\_4\_\_\_\_ his mom do it—just mix water and flour (面粉). At the beginning, he couldn’t do it well. But as he kept trying, he learned the right methods. Later, he cooked \_\_\_\_5\_\_\_\_dishes like dumplings. He has fallen in love with cooking because it can \_\_\_\_6\_\_\_\_ happiness to his family. And it is a good way to relax.

Thanks to \_\_\_\_7\_\_\_\_ cooking skills, he lives a better life. To keep fit and enjoy the \_\_\_\_8\_\_\_\_ time, he cooks meals instead of ordering takeaway. He is \_\_\_\_9\_\_\_\_ proud that his family love every dish he cooked.

He is glad to know \_\_\_\_\_10\_\_\_\_\_ now have labor education (劳动教育) at school in China. These practical skills will help them a lot in the future.

1. A. some B. any C. no

2. A. sizes B. colors C. kinds

3. A. one B. first C. once

4. A. smelled B. tasted C. saw

5. A. another B. other C. others

6. A. borrow B. buy C. bring

7. A. his B. its C. her

8. A. writing B. cooking C. drawing

9. A. quite B. hardly C. loudly

10. A. friends B. students C. workers

【答案】1. A 2. C 3. B 4. C 5. B 6. C 7. A 8. B 9. A 10. B

【解析】

【导语】本文介绍了来自青海乡村的李老师小时候学到的一些有用的生活技能。

【1题详解】

句意：他小时候学到了一些有用的生活技能。

some一些；any任何；no没有。根据“He learned...useful living skills when he was a child.”可知，他学到了一些有用的生活技能，some“一些”符合句意，修饰名词复数living skills。故选A。

【2题详解】

句意：在他的家乡，人们喜欢吃不同种类的面条，比如牛肉面和炒面。

sizes尺寸；colors颜色；kinds种类。根据“such as beef noodles and fried noodles”可知，此处指不同种类的面条，kinds“种类”符合句意，different kinds of表示“不同种类的”。故选C。

【3题详解】

句意：他学到的第一项技能是10岁时做面条。

one一个；first第一；once一次。根据“The...skill he learned was making noodles”可知，此处指他学到的第一项技能，first“第一”符合句意，表示顺序。故选B。

【4题详解】

句意：他认为这很容易，因为他经常看到妈妈这样做——只是把水和面粉混合。

smelled闻；tasted尝；saw看见。根据“his mom do it—just mix water and flour”可知，此处指他看见妈妈做面条的过程，saw“看见”符合句意。故选C。

【5题详解】

句意：后来，他做了其他菜，比如饺子。

another另一个；other其他的；others其他人或物。根据“he cooked...dishes like dumplings”可知，此处指他做了其他菜，other“其他的”符合句意，修饰名词复数dishes，表示除面条之外的其他菜肴。故选B。

【6题详解】

句意：他已经爱上了烹饪，因为它能给他的家人带来幸福。

borrow借；buy买；bring带来。根据“happiness to his family”可知，此处指烹饪能给家人带来幸福，bring“带来”符合句意。故选C。

【7题详解】

句意：多亏了他的烹饪技巧，他过上了更好的生活。

his他的；its它的；her她的。根据“he lives a better life”可知，此处指多亏李老师自己的烹饪技巧，his“他的”符合句意，形容词行物主代词修饰名词。故选A。

【8题详解】

句意：为了保持健康和享受烹饪时间，他做饭而不是点外卖。

writing写作；cooking烹饪；drawing画画。根据“he cooks meals instead of ordering takeaway”可知，此处指他享受烹饪时间，cooking“烹饪”符合句意。故选B。

【9题详解】

句意：他很自豪他的家人喜欢他做的每一道菜。

quite相当；hardly几乎不；loudly大声地。根据“his family love every dish he cooked”可知，此处指他很自豪家人喜欢他做的菜，quite“相当”符合句意，修饰形容词表程度。故选A。

【10题详解】

句意：他很高兴知道现在中国的学生在学校接受劳动教育。

friends朋友；students学生；workers工人。根据“have labor education (劳动教育) at school”可知，此处指中国的学生在学校接受劳动教育，students“学生”符合句意。故选B。

**Ⅲ.阅读理解（共15小题，每小题2分，满分30分）**

**阅读下面三篇材料，从每题所给的A、B、C三个选项中，选出最佳答案。**

Here is the Weather Forecast of Xining next week.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday  学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== | Tuesday  学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== | Wednesday  学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== | Thursday  学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== | Friday  学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== |
| sunny | cloudy | scattered showers  and cooler air arrives | windy | sunshine again |
| 28℃ | 25℃ | 20℃ | 21℃ | 24℃ |

11. What is the temperature on Thursday?

A. 24℃. B. 25℃. C. 21℃.

12. Which two days are sunny?

A. Monday and Tuesday. B. Monday and Friday. C. Wednesday and Friday.

13. How does the weather change from Monday to Wednesday?

A. Gets warmer. B. Stays sunny. C. Gets colder.

14. What does the underlined words “scattered showers” mean in the chart?

A. Heavy snow. B. Short rain. C. Strong sunshine.

15. According to the Weather Forecast, what will people not do in Xining next week?

A. Make a snowman. B. Take a walk. C. Go shopping.

【答案】11. C 12. B 13. C 14. B 15. A

【解析】

【导语】本文是一篇应用文。文章以表格的形式呈现出西宁下周的天气预报。

【11题详解】

细节理解题。根据“Thursday 21℃”可知，星期四的温度是21℃。故选C。

【12题详解】

细节理解题。根据“Monday sunny”和“Friday sunshine again”可知，星期一和星期五晴天。故选B。

【13题详解】

细节理解题。根据“Monday sunny 28℃”，“Wednesday scattered showers and cooler air arrives 20℃”可知，从星期一到星期三，天气由晴朗变为有阵雨且气温下降，因此天气变冷了。故选C。

【14题详解】

词句猜测题。根据图片和“scattered showers and cooler air arrives”可知，周三是多云转小雨，showers通常指的是短暂的阵雨，因此“scattered showers”在此处指的是短暂的阵雨。故选B。

【15题详解】

推理判断题。根据天气预报，西宁下周的天气情况中并没有提到下雪，因此人们不会堆雪人。故选A。

Different countries have different customs about gifts.

As an exchange student (交换生) studying in China, I’ve known more interesting differences from my country, the UK. For example, people often give fruits and milk to their friends and relatives in China. In my country, they are usually for patients in hospitals.

More western people open their gifts at once, although not in places like Germany. It’s also important to take off the price tag (标签) before giving the gift.

What will you do if you don’t like your gift? In Spain, in order not to hurt the person’s feelings, you still need to say you love the gift. But if there is the receipt (收据) inside the gift, that means you can change it for something else.

Please remember: The thought is more valuable than the size or the price of the gift.

16. Where does the exchange student come from?

A. Spain. B. The UK. C. Germany.

17. What will German do when they receive a gift?

A. They will not open it right away.

B They will take off the price tag.

C. They will open it right away.

18. Although the Spanish don’t love the gift, why do they still say they love it?

A. To give it to others.

B. To care for the person’s feelings.

C. To change it for something else.

19. According to the passage, what is the most valuable of a gift?

A. The size. B. The price. C. The thought.

20. Which can be the best title for the passage?

A. Different Gift Customs.

B. An Exchange Student’s Life.

C. An Expensive Gift.

【答案】16. B 17. A 18. B 19. C 20. A

【解析】

【导语】本文通过一位英国交换生的视角，对比了中西方在礼物习俗上的文化差异，包括礼物类型、拆礼物习惯及对待不喜欢礼物的处理方式等。

【16题详解】

细节理解题。根据“As an exchange student (交换生)…from my country, the UK”可知，交换生来自英国。故选B。

【17题详解】

细节理解题。根据“More western people open their gifts at once, although not in places like Germany”可知，德国人收到礼物时不会立刻拆开。故选A。

【18题详解】

细节理解题。根据“In Spain, in order not to hurt the person’s feelings, you still need to say you love the gift.”可知，西班牙人是为了照顾对方感受才说喜欢礼物。故选B。

【19题详解】

细节理解题。根据“The thought is more valuable than the size or the price”可知，礼物的心意最重要。故选C。

【20题详解】

最佳标题题。通读全文可知，全文围绕各国礼物习俗差异展开，如中英礼物类型对比、德国/西班牙的不同习惯等，选项A“不同的礼物习俗”符合。故选A。

Do you know AI (Artificial Intelligence 人工智能)? Have you ever used it for working out problems? Recently, people have been excited about AI models.

AI language model is good at reasoning and solving difficulties. It has great computing power (算力). It can break down problems into simple steps, which helps people understand clearly. What’s more, everyone is able to get a copy of its code (代码) easily. They can also change the code to meet their own needs.

AI can make life more convenient in many ways. It is also like a clever friend for students. It can guide them to study in a better way. Lin Tao is a school boy who has made big progress with the help of AI. AI can not only correct and explain his study problems, but also give him real-life examples. Besides, it is interesting to have conversations with AI robots.

However, AI isn’t perfect. Sometimes it makes mistakes. It can not do all the work for people, either. It’s just a tool. Your thinking is still important.

21. How do people feel about AI?

A. Perfect. B. Polite. C. Excited.

22 What is AI good at?

A. Solving difficulties. B. Making mistakes. C. Copying the code.

23. What do we know from paragraph 3?

A. AI helps students become better.

B. The introduction of AI.

C. People should use AI wisely.

24. How do you understand “AI isn’t perfect”?

A. AI can do all the work.

B. AI sometimes makes mistakes.

C. Only AI can think deeply.

25. In which part of a magazine can you probably read this passage?

A. Art and Culture. B. Sports and Games. C. Science and Technology.

【答案】21. C 22. A 23. A 24. B 25. C

【解析】

【导语】本文主要介绍了人工智能 (AI) 的功能、优势及其局限性，并以学生林涛为例说明AI在教育中的应用。

【21题详解】

细节理解题。根据“Recently, people have been excited about AI models.”可知，人们对AI感到兴奋。故选C。

【22题详解】

细节理解题。根据“AI language model is good at reasoning and solving difficulties.”可知，AI擅长解决难题。故选A。

【23题详解】

细节理解题。根据“Lin Tao is a school boy who has made big progress with the help of AI… it can guide them to study in a better way.”可知，AI帮助学生进步。故选A。

【24题详解】

细节理解题。根据“Sometimes it makes mistakes.”可知，AI有时会犯错。故选B。

【25题详解】

推理判断题。通读全文可知，全文围绕AI的技术特点和应用展开，最可能出现在科技类杂志中。故选C。

**Ⅳ.补全对话（共5小题，每小题2分，满分10分）**

根据对话内容，从下面选出能填入空白处的最佳选项。每个选项只使用一次，其中一项为多余项。

Li Wei is talking about his study tour (研学旅行) with his friend Alice.

Alice: Hi, Li Wei. I heard you had experienced a special study tour. \_\_\_\_26\_\_\_\_

Li Wei: It was wonderful.

Alice: Where did you go?

Li Wei: \_\_\_\_27\_\_\_\_ There was a bronze mirror (铜镜) from about 1000 years ago still shining. It was a symbol of culture at that time, and the wisdom of ancient people.

Alice: Unbelievable! \_\_\_\_28\_\_\_\_

Li Wei: Yes. There were also many beautiful earthen jars (陶罐). They were tools for daily use.

Alice: Oh, I see. \_\_\_\_29\_\_\_\_

Li Wei: With my teachers and classmates, and we shared what we had learned in groups.

Alice: I hope to have a chance to visit there. \_\_\_\_30\_\_\_\_

Li Wei: You are welcome.

A. I went to the Qinghai Museum.

B. How was it?

C. Who did you go with?

D. Thanks for sharing.

E. Anything else?

F. What did you do?

【答案】26. B 27. A 28. E 29. C 30. D

【解析】

【导语】本文是Li Wei和Alice两个人之间的对话。两个人话题围绕研学旅行展开。

【26题详解】

根据“It was wonderful.”可知，此处应该是询问研学旅行怎么样。选项B“它怎么样？”符合语境。故选B。

【27题详解】

根据“Where did you go?”可知，此处需要回答去的地点。选项A“我去了青海博物馆。”符合语境。故选A。

【28题详解】

根据“Yes. There were also many beautiful earthen jars.”可知，此处应该是询问除了铜镜还有其他东西吗。选项E“还有其他的吗？”符合语境。故选E。

【29题详解】

根据“With my teachers and classmates”可知，此处应该是询问和谁一起去的。选项C“你和谁一起去的？”符合语境。故选C。

【30题详解】

根据“You are welcome.”可知，此处应该是表达感谢。选项D“感谢分享。”符合语境。故选D。

**Ⅴ.阅读匹配（共5小题，每小题2分，满分10分）**

请阅读以下对五个情景的描述，将其与所给的图片相匹配。每个选项只能使用一次，其中一项为多余项。

|  |  |
| --- | --- |
| \_\_\_\_31\_\_\_\_ At the family dinner table, Ma Li got choked (呛) while chatting happily.  \_\_\_\_32\_\_\_\_ On a sunny weekend morning, Li Ming got burned when frying eggs in the kitchen.  \_\_\_\_33\_\_\_\_ On the way to school, Qian Lei had a nosebleed suddenly.  \_\_\_\_34\_\_\_\_ After training for 30 minutes, Wang Li felt dizzy (晕的) and sick.  \_\_\_\_35\_\_\_\_ During the exciting volleyball match, Li Wei hurt his arm while catching the ball. | A学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== Hit her back several times.  B 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== See a dentist. Get an X-ray  C 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== Press the sides of nose.  D 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== Clean the cut. Bandage it.  E 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== Sit down. Ask for help.  F 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== Cool the finger. Put on burn cream. |

【答案】31. A 32. F

33. C 34. E

35. D

【解析】

【导语】本文主要描述了五个不同的意外情景，和六个急救措施及图片。

【31题详解】

根据“At the family dinner table, Ma Li got choked (呛) while chatting happily.”可知，在家庭餐桌上，马丽开心聊天时被呛到了。选项A“打背部几下。”与之匹配。故选A。

【32题详解】

根据“On a sunny weekend morning, Li Ming got burned when frying eggs in the kitchen.”可知，在一个晴朗的周末早上，李明在厨房煎鸡蛋时被烫伤了。选项F“冷却手指。涂上烧伤膏。”与之匹配。故选F。

【33题详解】

根据“On the way to school, Qian Lei had a nosebleed suddenly.”可知，在上学的路上，钱磊突然流鼻血了。选项C“按压鼻子两侧。”与之匹配。故选C。

【34题详解】

根据“After training for 30 minutes, Wang Li felt dizzy (晕的) and sick.”可知，训练30分钟后，王丽感到头晕恶心。选项E“坐下来。寻求帮助。”与之匹配。故选E。

【35题详解】

根据“During the exciting volleyball match, Li Wei hurt his arm while catching the ball.”可知，在激烈的排球比赛中，李伟接球时伤到了手臂。选项D“清洁伤口并包扎。”与之匹配。故选D。

**Ⅵ.情境表达（共5小题，每小题1分，满分5分）**

根据图片提示，结合文中情境，从A、B、C三个选项中选出一个能填入相应空格内的最佳答案。



Many changes have taken place in Ma Li’s home these years. Her grandparents used paper maps for travelling, \_\_\_\_36\_\_\_\_ now they prefer the Navigation Apps (导航软件). They used \_\_\_\_37\_\_\_\_ write letters. Now they make video calls. Her mom bought tickets \_\_\_\_38\_\_\_\_ the station before. Now she books them on the phone. Though times change, some things stay \_\_\_\_39\_\_\_\_ same. Her mom still cooks the recipes (食谱) from her grandma. Her dad still tells the stories \_\_\_\_40\_\_\_\_ children love from her grandpa. Though new tools make life easier, family love never changes.

36. A. so B. because C. but

37. A. to B. by C. for

38. A. off B. at C. with

39. A. a B. the C. an

40. A. who B. where C. that

【答案】36. C 37. A 38. B 39. B 40. C

【解析】

【导语】本文主要讲述了马丽家这些年发生的变化以及不变的家庭爱。

【36题详解】

句意：她的祖父母旅行时使用纸质地图，但现在他们更喜欢导航应用程序。

so所以；because因为；but但是。根据“Her grandparents used paper maps for travelling...now they prefer the Navigation Apps (导航软件)”可知，空格前后句为转折关系，故应用but。故选C。

【37题详解】

句意：他们过去常常写信。

to到、向；by通过；for为了。根据“They used...write letters”可知，used to do sth.“过去常常做某事”，故此处应用 to。故选A。

【38题详解】

句意：她妈妈以前在车站买票。

off离开；at在；with和……一起。根据“Her mom bought tickets...the station before” 可知，at the station“在车站”，故此处应用at。故选B。

39题详解】

句意：但有些事情保持不变。

a一，用于辅音音素开头的单词前；the这，特指；an一，用于元音音素开头的单词前。根据“some things stay...same”可知，the same“相同的”，故此处应用the。故选B。

【40题详解】

句意：她爸爸仍然讲那些孩子们从爷爷那里就喜欢的故事。

who谁；where哪里；that那。根据“Her dad still tells the stories...children love from her grandpa”可知，此处是定语从句，先行词“stories”指物，从句缺宾语，关系代词应用that或which。故选C。

**第Ⅱ卷（非选择题）**

**Ⅶ.语篇填空（共10小题，每小题1分，满分10分）**

阅读下面短文，在空白处填入一个恰当的单词或用括号内所给单词的适当形式填空。

This year is the “Weight Management Year” (体重管理年). More and more people want to know how to keep healthy. Experts list some ways.

Healthy food is necessary. We need to eat what we need rather than what we like. Whole-grain foods (全谷物), fresh fruit \_\_\_\_41\_\_\_\_ vegetables keep people lively. Don’t forget \_\_\_\_42\_\_\_\_ (drink) enough water.

Exercise is a good choice. Exercise can make bodies \_\_\_\_43\_\_\_\_ (strong). For example, walking, hiking and jogging are good for \_\_\_\_44\_\_\_\_ (we). We’d better exercise no less than one hour a day.

Sleeping well is another key. If you don’t want to feel \_\_\_\_45\_\_\_\_ (sleep) in the daytime, then you need to go to bed early and get \_\_\_\_46\_\_\_\_ early. Sleeping well helps to focus better. Students are supposed to sleep at least for nine \_\_\_\_47\_\_\_\_ (hour) every night.

Being positive (积极的) matters. When you are stressed and nervous, why not talk \_\_\_\_48\_\_\_\_ your friends or someone you trust. Positive mind is just as important as a fit body.

In a word, healthy \_\_\_\_49\_\_\_\_ (habit) help everyone enjoy life. Managing weight isn’t just about \_\_\_\_50\_\_\_\_ (look) good, it is about feeling great inside and out.

【答案】41. and

42. to drink

43. stronger##strong

44. us 45. sleepy

46. up 47. hours

48. to##with

49. habits 50. looking

【解析】

【导语】本文主要介绍了保持健康的几种方法，包括健康饮食、锻炼、良好睡眠和积极心态等。

【41题详解】

句意：全谷物、新鲜水果和蔬菜能让人保持活力。根据“Whole-grain foods (全谷物), fresh fruit...vegetables keep people lively”可知，此处连接三个并列的名词短语“Whole-grain foods”、“fresh fruit”和“vegetables”，故此处需用并列连词and。故填and。

【42题详解】

句意：别忘了喝足够的水。forget to do“忘记做某事（未做）”，此处指“不要忘记去做喝水这件事”。故填to drink。

【43题详解】

句意：锻炼能使身体更强壮/强壮。make后接形容词作宾语补足语，stronger“更强壮的”和strong“强壮的”均符合语境，此处指锻炼让身体变得更强壮或变得强壮。故填stronger/strong。

【44题详解】

句意：例如，散步、远足和慢跑对我们有好处。for为介词，后接人称代词宾格，we的宾格形式是us，此处指这些运动对我们有益。故填us。

【45题详解】

句意：如果你不想在白天感到困倦，那么你需要早睡早起。feel为系动词，后接形容词作表语，sleep的形容词形式是sleepy“困倦的”，此处指白天感觉困倦。故填sleepy。

【46题详解】

句意：如果你不想在白天感到困倦，那么你需要早睡早起。get up“起床”，此处与“go to bed early”对应，指早起。故填up。

【47题详解】

句意：学生们每晚应该至少睡九个小时。nine“九”后接可数名词复数形式，hour的复数是hours“小时”，故应是睡九个小时。故填hours。

【48题详解】

句意：当你感到压力大和紧张时，为什么不告诉你的朋友或你信任的人呢？talk to/with“和……交谈”，此处指和朋友或信任的人交谈。故填to/with。

【49题详解】

句意：总之，健康的习惯帮助每个人享受生活。habit“习惯”，为可数名词，此处表示泛指健康的习惯，应用复数形式habits。故填habits。

【50题详解】

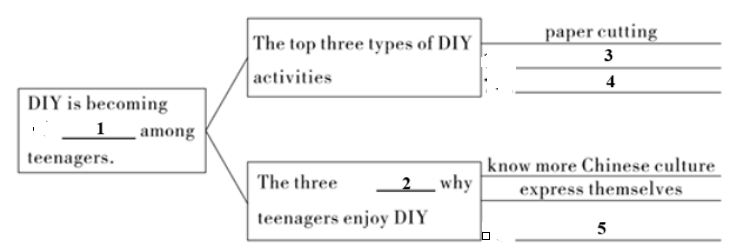
句意：体重管理不仅仅是为了看起来好看，更是为了由内而外都感觉良好。about是介词，后接动名词形式，look的动名词是looking，此处指“看起来”。故填looking。

**Ⅷ.任务阅读（共5小题，每小题2分，满分10分）**

根据所给语篇内容，用文中的词补全以下思维导图。



DIY activities are becoming popular among teenagers in recent years. It is reported that 80.5% of the teenagers have tried DIY activities. The top three DIY activities are paper cutting, painting and model-making (模型制作). Why are they loved by teens? Here are three reasons. Teens always want to know more about Chinese traditional culture. At the same time, they can express and relax themselves. So let’s develop a new hobby before it’s too late.



51. \_\_\_\_\_\_\_\_

52. \_\_\_\_\_\_\_\_

53. \_\_\_\_\_\_\_\_

54. \_\_\_\_\_\_\_\_

55. \_\_\_\_\_\_\_\_

【答案】51. popular

52. reasons

53. painting

54. model-making

55. relax themselves

【解析】

【导语】本文主要介绍了近年来DIY活动在青少年中日益流行，并介绍了其三大热门类型为剪纸、绘画和模型制作，并说明了青少年喜爱DIY活动的三个原因。

【51题详解】

根据“DIY activities are becoming popular among teenagers in recent years.”可知，近年来，DIY活动在青少年中越来越流行。故填popular。

【52题详解】

根据“Why are they loved by teens? Here are three reasons.”可知，以下是青少年喜欢DIY的三个原因。故填reasons。

【53题详解】

根据“The top three DIY activities are paper cutting, painting and model-making (模型制作).”可知，三大DIY活动类型有剪纸、绘画和模型制作。故填painting。

【54题详解】

根据“The top three DIY activities are paper cutting, painting and model-making (模型制作).”可知，三大DIY活动类型有剪纸、绘画和模型制作。故填model-making。

55题详解】

根据“Teens always want to know more about Chinese traditional culture. At the same time, they can express and relax themselves.”可知，青少年喜欢DIY的原因有了解中国传统文化、表达自己和放松自己。故填relax themselves。

**Ⅸ.书面表达（满分15分）**

56. 校园英语报刊正在进行以“在成长中塑造小我，在奉献中展现大我”为主题的征文活动，请你围绕如何使空闲时间更有意义，从“个人成长”和“奉献担当”中任选其一，以“How to make free time meaningful”为题，结合以下要点写一篇英语短文。

|  |  |
| --- | --- |
| 学科网(www.zxxk.com)--教育资源门户，提供试卷、教案、课件、论文、素材以及各类教学资源下载，还有大量而丰富的教学相关资讯！ 48auXGTyo9TNAx1ODbqMbQ== | “个人成长”要点：  ·read more books  ·get on well with family  ·make friends  ·make your own plans  … |
| “奉献担当”要点：  ·help your classmates  ·help homeless animals  ·volunteer in an old people’s home  ·protect the environment of your  hometown  … |

写作要求：

1.语句通顺，逻辑清晰，书写规范；

2.可根据要点，适当增加细节，以使行文连贯；

3.词数80左右。作文开头已给出，不计入总词数：

4.文中不能出现真实姓名和校名等信息。

How to make free time meaningful

As a middle school student, I love my free time and usually do something meaningful.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

【答案】例文：

How to make free time meaningful

As a middle school student, I love my free time and usually do something meaningful. As for me, I’d like to spend my free time doing something that can improve myself.

To start with, I will keep reading for knowledge. Books are like engines of growth. Furthermore, I will offer to help around my house and get on well with my family. Meanwhile, I’m going to make more friends who are positive and can bring out the best of me. It’s great to share the youth problems with friends. Last but not least, I’ll make future plans which remind me to keep on trying.

I dream of being a scientist when I grow up. Thanks to the meaningful self-improvement activities, I believe I will not only achieve my own dream one day, but also make valuable contributions to society in the future.

I believe small things like planting a tree can make a big difference.

【解析】

【详解】[总体分析]  
①题材：本文是一篇材料作文。  
②时态：时态主要为“一般现在时”。  
③提示：写作要点已明确给出，考生应注意要点齐全，可适当补充个人感受或具体例子。

[写作步骤]  
第一步，表明写作意图。用“作为一个中学生”来引出下文，说明作者作为中学生对空闲时间的态度和利用方式。  
第二步，具体阐述写作内容。从阅读方面、家庭方面、交友方面和未来规划方面具体描述。  
第三步，书写结语。表达对未来的梦想、信念，以及个人行动对社会的影响，进行情感升华。

[亮点词汇]  
①self-improvement自我提升  
②contribution贡献  
③achieve实现

[高分句型]  
①I’m going to make more friends who are positive and can bring out the best of me.(who引导的定语从句)