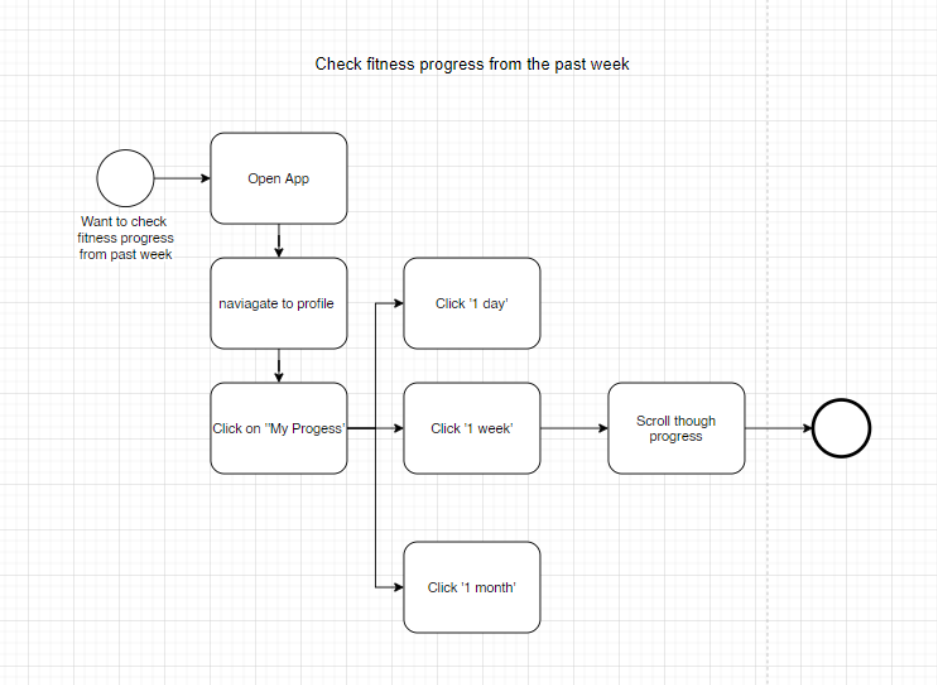
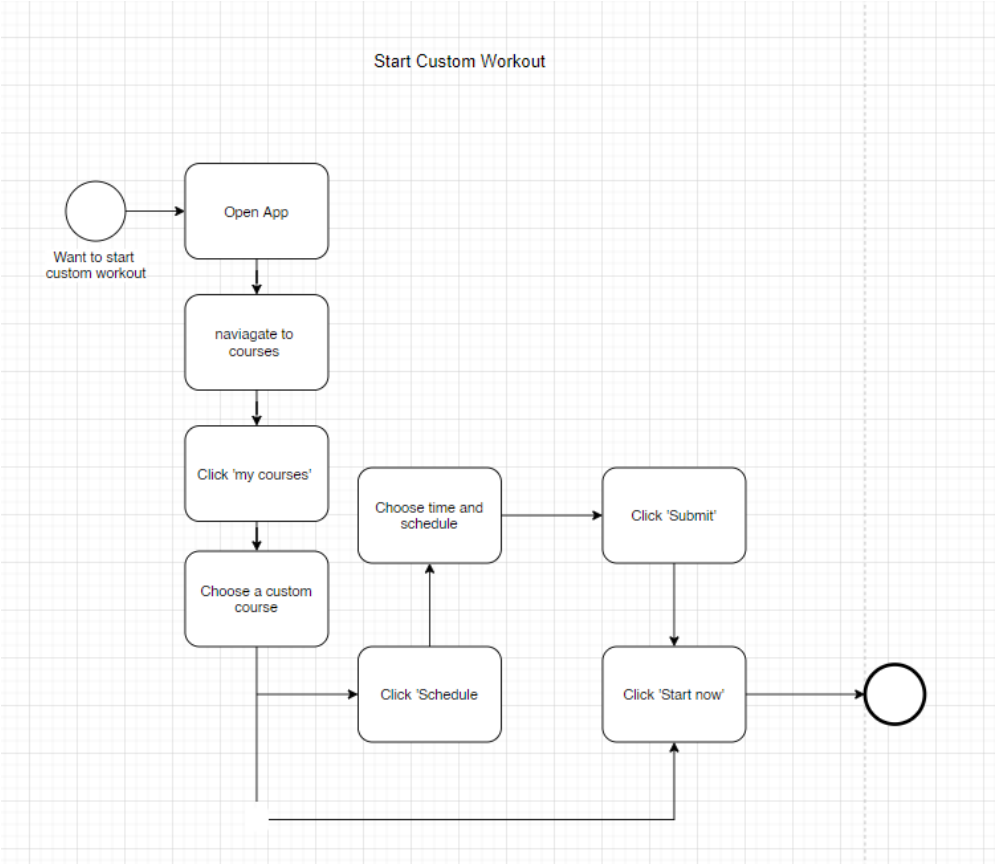
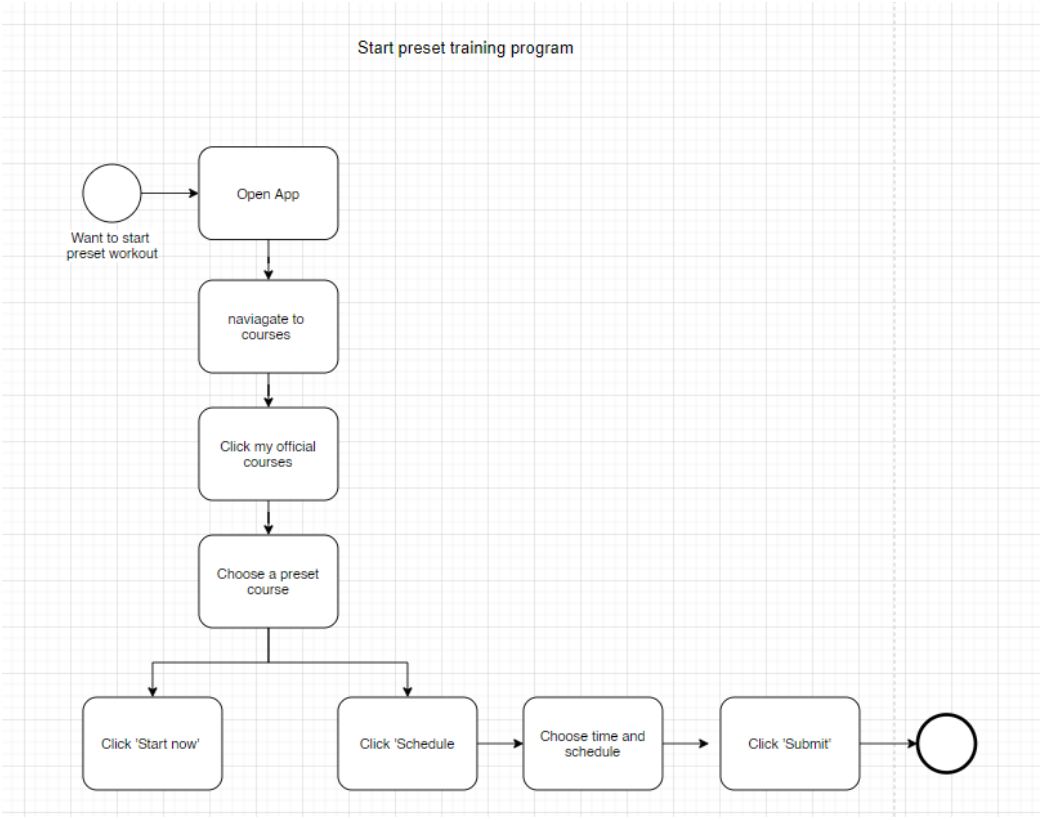
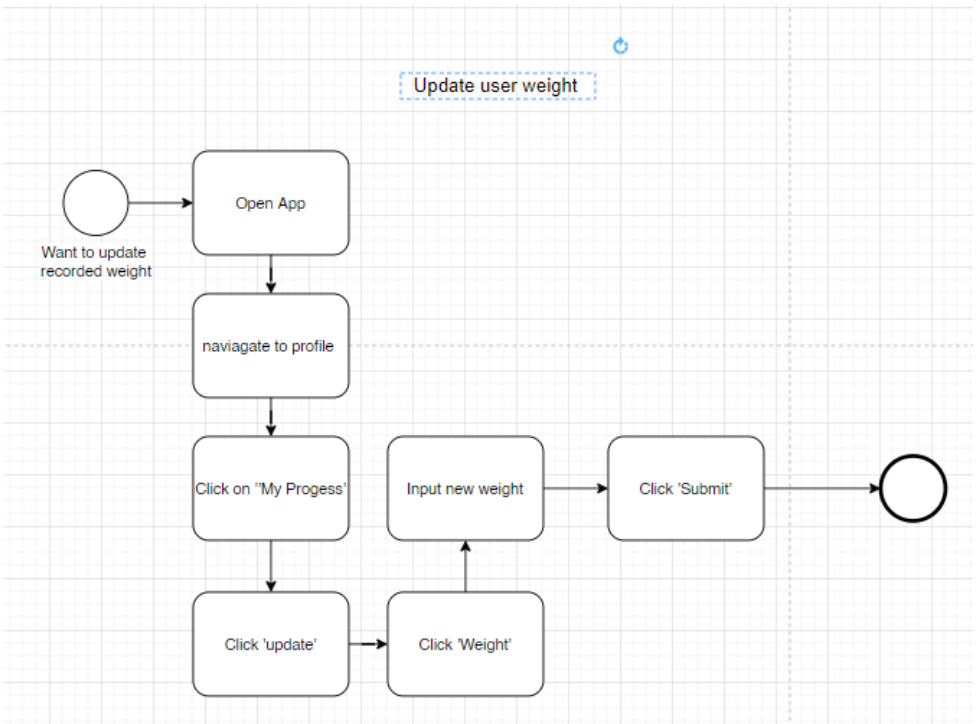
Sprint 1

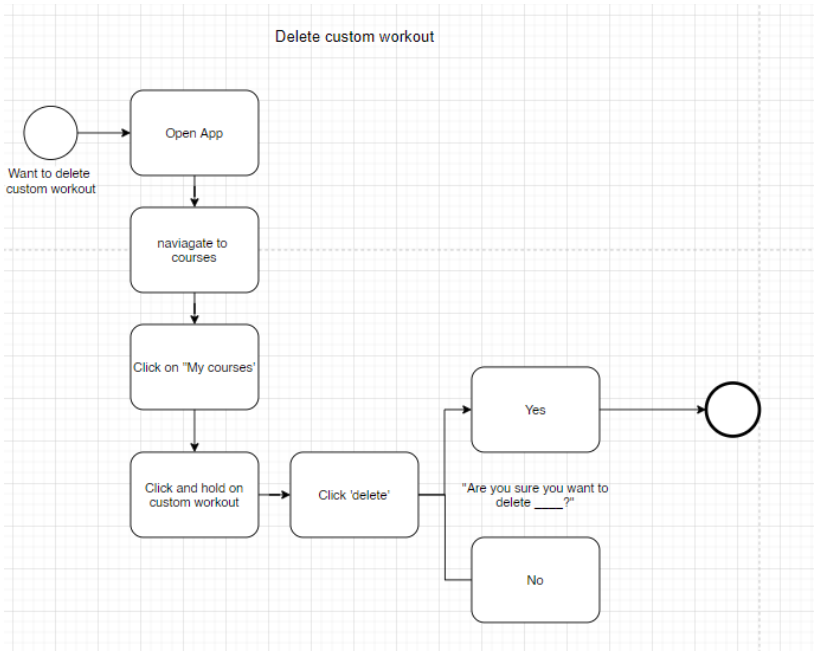
Use Case Diagrams






Start preset training program
Want to start preset workout
Open App
naviagate to courses
Click my official courses
Choose a preset course
Click 'Start now'
Click 'Schedule
Choose time and schedule
Click 'Submit'


Update user weight
Want to update recorded weight
Open App
naviagate to profile
Click on "My Progess'
Input new weight
Click 'Submit'
Click 'update'
Click 'Weight'


Delete custom workout
Want to delete custom workout
Open App
naviagate to courses
Click on "My courses'
Click and hold on custom workout
Click 'delete'
"Are you sure you want to delete ____?"
Yes
No