The Divided Mind Epidemic Of Mindbody Disorders John E Sarno

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Jun 10, 2012 rated it it was amazing. The divided mind is a non-fiction book, but not in the traditional sense in that it is a list of raw facts and statistics. Its main purpose is to inform, but also to break apart previous (and false) speculations.

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The Divided Mind: The Epidemic of Mindbody Disorders

A Note from zenny7: Personally, I am still not too sure how much Dr. Sarno understands that the Mind is NOT the brain. The brain acts as the Minds receptor. Aside from this, the information he ...

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Book Review: The Divided Mind: The Epidemic of Mindbody Disorders, by John E. Sarno, M.D., 2006, ReganBooks, pps. 394. Sometimes the rage comes out in primal-type feelings but that is not typical of Sarno's patients. What is typical is that the patient's education and follow-up meetings work in about 80% of clients.

The Divided Mind Epidemic Of Mindbody Disorders John E Sarno

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