

***The Conscious Parent Transforming Ourselves Empowering Our  
Children Shefali Tsabary***

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The Conscious Parent: Transforming Ourselves, Empowering Our Children [Dr. Shefali Tsabary] on Amazon.com. \*FREE\* shipping on qualifying offers. Instead of being merely the receiver of the parents' psychological and spiritual legacy, children function as ushers of the parents' development.

### **The Conscious Parent: Transforming Ourselves, Empowering ...**

Anything more presumes ownership of who your children should be. Your expectations are yours to keep and yours to know, not for your children to hold just because they were born to you. Shefali Tsabary, The Conscious Parent: Transforming Ourselves, Empowering Our Children (Vancouver: Namaste Publishing, 2010), 172-173.

### **The Conscious Parent: Transforming Ourselves, Empowering ...**

The Conscious Parent: Transforming Ourselves, Empowering Our Children. It's a tremendous privilege to raise children, though for a quite different reason than most of us who are parents imagine. While we think it's our responsibility to mold and shape our children's future, the essential premise of Dr.

### **The Conscious Parent - Dr. Shefali**

The Conscious Parent: Transforming Ourselves, Empowering Our Children Paperback - Nov 11 2010. by Shefali Tsabary (Author) 4.7 out of 5 stars 62 customer reviews. See all 7 formats and editions Hide other formats and editions. Amazon Price New from ...

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The Conscious Parent: Transforming Ourselves, Empowering Our Children by Shefali Tsabary. Instead of being merely the receiver of the parents' psychological and spiritual legacy, children function as ushers of the parents' development. Parents unwittingly pass on an inheritance of psychological pain and emotional shallowness.

### **The Conscious Parent: Transforming Ourselves, Empowering ...**

The Conscious Parent is already transforming the way people are parenting through its sales in the US where it's spent 15 weeks on the New York Times bestseller list. Oprah described the book as 'The most profound book on parenting I've ever read' and Eckhart Tolle has said 'becoming a conscious parent is the greatest gift you can give your child.'

### **The Conscious Parent 'Transforming Ourselves, Empowering ...**

Get this from a library! The conscious parent : transforming ourselves, empowering our children. [Shefali Tsabary] -- "The time has come for parenting to become what it was always meant to be - about the parent. Dr Shefali Tsabary details how our children can be raised as conscious adults only when we as parents ...

### **The conscious parent : transforming ourselves, empowering ...**

There was so very much in The Conscious Parent: Transforming Ourselves, Empowering Our Children by Shefali Tsabary that resonated with me. It is not a how-to book of parenting strategies but a philosophical guide for walking the parenting journey with mindfulness.

### **The Conscious Parent: Transforming Ourselves, Empowering ...**

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## **The Conscious Parent Transforming Ourselves**

## Empowering Our Children Shefali Tsabary

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