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The Enzyme Factor. Based on his 45 years of medical practice in the United States and Japan, Dr. Hiromi Shinya presents his research supporting the idea of a miracle enzyme out of which all enzymes the body needs are produced. He suggests cancer and other diseases occur when this key enzyme is depleted and cannot properly do its job.

The Enzyme Factor by Hiromi Shinya - goodreads.com

After practicing as a gastroenterologist for decades, Dr. Hiromi Shinya claims he has discovered the key to better health: a diet heavy in plant-based foods with few or no dairy products or animal-based protein. His theory, which he detailed in his 2007 book "The Enzyme Factor," is based on the ...

Hiromi Shinya Diet | Livestrong.com

Dr. Hiromi Shinya - The Enzyme Factor

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The enzyme factor is a book written by Dr. Hiromi Shinya, MD. He is the Chief of the Surgical Endoscopy unit at the Beth Israel medical center and is a Clinical Professor of Surgery at Albert Einstein College of Medicine in the New York Bronx.

The Enzyme Factor: How to Live Long and Never Be Sick ...

Hiromi Shinya is the author of The Enzyme Factor (4.06 avg rating, 1642 ratings, 296 reviews, published 2005), Nhân Tố Enzyme - Thực Hành (4.03 avg ratin...

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