

***The Catholic Guide To Depression How Saints Sacraments And
Psychiatry Can Help You Break Its Grip Find Happiness Again
Aaron Kheriaty***

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Written by faithful Catholic psychiatrist committed to the teachings of the Church, The Catholic Guide to Depression provides help and consolation to anyone suffering from this grave spiritual affliction. And it affords friends, loved ones, pastors, and spiritual directors the knowledge they need to give depressed persons the understanding ...

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