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### **The Places That Scare You**

The Places that Scare You: A Guide to Fearlessness in Difficult Times (Shambhala Classics)  
Paperback – August 13, 2002. by Pema Chodron (Author) › Visit Amazon's Pema Chodron Page. Find all the books, read about the author, and more. See search results for ...

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The Places That Scare You; Browse Inside. The Places That Scare You. A Guide to Fearlessness in Difficult Times. By Pema Chodron. \$14.95 - Paperback. Available Qty: Add to Cart. Additional Formats. Hardcover (08/01/2005) \$18.95. The Places That Scare You. A Guide to Fearlessness in Difficult Times.

### **The Places That Scare You - Shambhala Publications**

Pema Chödrön is an American Buddhist nun whose simple, powerful book, The Places That Scare You, offers a “guide to fearlessness in difficult times” — the kind that all of us must confront at intervals throughout our lives. Here’s just a little of her essential wisdom. Compassionately Interrupt Habits

### **The Places That Scare You - Experience Life**

THE PLACES THAT SCARE YOU: A Guide to Fearlessness in Difficult Times Pema Chodron, Author. Shambhala \$21.95 (128p) ISBN 978-1-57062-409-4. More By and About This Author ... The Places That Scare ...

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### **The Places That Scare You • Book - The Pema Chodron ...**

The Places That Scare You (2001) Pema Chodron "Everybody loves something, even if it's only tortillas." Pema Chodron remembers this remark from her teacher Trungpa Rinpoche, who was trying to explain the Buddhist concept of bodhichitta.

### **The Places That Scare You - Tom Butler-Bowdon**

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### **The Places That Scare You: A Guide to Fearlessness in ...**

The Places That Scare You Quotes Showing 1-30 of 76 “Compassion is not a relationship between the healer and the wounded. It's a relationship between equals. Only when we know our own darkness well can we be present with the darkness of others. Compassion becomes real when we recognize our shared humanity.”

### **The Places That Scare You Quotes by Pema Chödrön**

~ Pema Chödrön from The Places That Scare You Pema Chödrön is a beautiful American Buddhist

monk who gives us a Buddhist “guide to fearlessness in difficult times” in her simple, powerful book *The Places That Scare You*. There are a lot of Big Ideas in this short book, so let’s get on it! :)

### **THE BIG IDEAS The Places That Scare You - Experience Life**

<http://www.PhilosophersNotes.com> The Places that Scare You by Pema Chodron. In this PN TV episode we take a quick look at a few of my favorite Big Ideas from...

### **PNTV: The Places that Scare You by Pema Chodron**

*The Places That Scare You. ... Start Where You Are* is an indispensable handbook for cultivating fearlessness and awakening a compassionate heart. With insight and humor, Pema Chödrön presents down-to-earth guidance on how we can "start where we are" - embracing rather than denying the painful aspects of our lives. ...

### **The Places That Scare You (Audiobook) by Pema Chödrön ...**

She shows the strength that comes from staying in touch with what’s happening in our lives right now and helps us unmask the ways in which our egos cause us to resist life as it is. If we go to the places that scare us, Pema suggests, we just might find the boundless life we’ve always dreamed of.

### **The Places That Scare You - shambhala.com**

*The Places That Scare You: A Guide to Fearlessness in Difficult Times* by Pema Chödrön . In *The Places That Scare You*, Pema Chödrön offers a vital lesson on how to overcome your fears. How to awaken your basic goodness and re-connect with others. How to accept the person you see in the mirror every day: imperfect, successful and unsuccessful in the same time, sometimes too weak, sometimes ...

### **The Places That Scare You - Pema Chödrön | 12min Blog**

*The Places that Scare You: First Ascents on Patagonia’s Northern Icefield*. Posted by: Willy Oppenheim on 2/4/19 8:38 AM. Tweet; Approaching Pantragrue (left). The peak at right is Gargantua. Photo by Willy Oppenheim. Months later, I still find myself wondering what brought me there, and what I brought back.

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About *The Places That Scare You*. Lifelong guidance for learning to change the way we relate to the scary and difficult moments of our lives, showing us how we can use all of our difficulties and fears as a way to soften our hearts and open us to greater kindness.

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