The Essential Family Guide To Borderline Personality Disorder New Tools And Techniques Stop Walking On Eggshells Randi Kreger

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Lisa Guerin, J.D. Lisa Guerin is the author or co-author of several Nolo books, including The Manager's Legal Handbook, Dealing with Problem Employees, The Essential Guide to Federal Employment Laws, Workplace Investigations, and Create Your Own Employee Handbook.

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About the author. She gives presentations internationally to both laypeople and clinicians. Praise for Randi Kreger's The Essential Family Guide to Borderline Personality Disorder: "If you love someone who makes you feel trapped, controlled, or manipulated, this wonderful book can set you free.". Anne Katherine, M.A.,...

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The Essential Family Guide to Borderline Personality Disorder: New Tools and Techniques to Stop Walking on Eggshells. Extreme mood swings, impulsive behaviors, unfair blaming and criticism, and suicidal tendencies common conduct among those who suffer from the disorder leave family members feeling confused, hurt, and helpless.

The Essential Family Guide to Borderline Personality Disorder

In The Essential Family Guide to Borderline Personality Disorder, Kreger significantly expands the scope of Stop Walking on Eggshells and her ac- companying workbook by providing a current and understandable de- scription of the symptoms, nature, and treatment of the disorder by using numerous helpful examples.

"This indispensable book is compassionate to all involved ...

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