

The Four Agreements A Practical Guide To Personal Freedom
Miguel Ruiz

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Free download or read online The Four Agreements: A Practical Guide to Personal Freedom pdf (ePUB) book. The first edition of this novel was published in 1997, and was written by Miguel Ruiz. The book was published in multiple languages including English language, consists of 168 pages and is available in Hardcover format. The main characters of this non fiction, self help story are , .

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The Four Agreements: A Practical Guide to Personal Freedom is a self-help book by bestselling author Don Miguel Ruiz. The book offers a code of conduct based on ancient Toltec wisdom that advocates freedom from self-limiting beliefs that may cause suffering and limitation in a person's life.

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In 2000, Don Miguel Ruiz published a companion book to The Four Agreements titled The Four Agreements Companion Book. His son, Don Jose Ruiz, subsequently released a sequel with his father titled The Fifth Agreement, which added a further agreement: 5. Be skeptical, but learn to listen. Works

Don Miguel Ruiz - Wikipedia

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