

***The Polyvagal Theory Neurophysiological Foundations Of  
Emotions Attachment Communication And Self Regulation  
Stephen W Porges***

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### **The Polyvagal Theory Neurophysiological Foundations**

The Polyvagal theory (gr. 'polus', "'many'" + 'vagal', "'vagus nerve'") specifies two functionally distinct branches of the vagus, or tenth cranial nerve. It serves to identify the relationship between visceral experiences and the vagus nerve's parasympathetic control of the heart, lungs, and digestive tract. The theory was introduced in 1994 by Dr. Stephen Porges, director of the Brain ...

### **Polyvagal theory - Wikipedia**

Attachment theory, originating in the work of John Bowlby, is a psychological, evolutionary and ethological theory that provides a descriptive and explanatory framework for understanding interpersonal relationships between human beings.. In order to formulate a comprehensive theory of the nature of early attachments, Bowlby explored a range of fields including evolution by natural selection ...

### **History of attachment theory - Wikipedia**

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Introduction - A scripted piece which can be used from early years to secondary settings, showing an early years aged child/children. Maggie Atkinson (former Children's Commissioner for England) - Succinct summary on the importance of awareness of attachment issues for education Robin Balbernie (clinical psychologist) - Introduction to attachment theory and spectrum of needs.

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Booktopia has The Body Keeps the Score, Brain, Mind, and Body in the Healing of Trauma by Bessel Van Der Kolk. Buy a discounted Paperback of The Body Keeps the Score online from Australia's leading online bookstore.

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