

Further Mechanics

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Easyday Education

Contents

1	Momentum & Impulse	1
1.1	momentum & impulse	1
1.2	conservation of momentum	1
1.3	collision problems	2
1.3.1	elastic & inelastic collisions	2
1.3.2	coefficient of restitution	3
1.3.3	collision in two dimensions	4
2	Circular Motion	6
2.1	angular quantities	6
2.2	acceleration	6
2.3	force analysis	8
3	Simple Harmonic Motion	13
3.1	kinematic relations	13
3.1.1	displacement-time relation	13
3.1.2	velocity relations	13
3.1.3	acceleration relations	14
3.2	dynamics	15

4	Rotational Mechanics	19
4.1	torque	19
4.2	moment of inertia	20
4.2.1	moment of inertia: the motivation	20
4.2.2	moment of inertia: some useful results	21
4.2.3	parallel axis theorem	23
4.2.4	perpendicular axis theorem	24
4.3	force analysis	25
4.4	rotational energy	26
4.4.1	rotational kinetic energy	26
4.4.2	conservation of mechanical energy	27
4.5	small-amplitude oscillations	27
4.6	analogy with linear motion	29
5	Equilibrium	30
5.1	mechanical equilibrium	30
5.2	frictional forces	30
6	Mega Examples	35

A Few Words about the Notes

This is a set of very concise lecture notes written for A-level further mechanics. I intend to introduce the physical concepts and principles required by the syllabus using a more mathematical approach, so that the reader may develop an appreciation of the interplay between mathematics and physics. A handful of worked examples are included to give the reader some rough idea about how exam-style questions look like and how the principles developed in the note can be applied to solve them. The complexity to type mathematical equations and draw diagrams on a computer gave me a good excuse to skip several interesting example questions.

Presumably the target audience of the notes are students studying the relevant A-Level course. If you are a student hoping for good grades in your exams, I suggest you have your hand on a lot of problems. The notes are supposed to be used as a reference only, but it is eventually by practising one can have a better understanding of the subject.

I have to admit that these notes are far from complete. I hope you enjoy reading the notes. But if you spot any mistake (as I guarantee there will be a lot), please let me know.

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1 Momentum & Impulse

1.1 momentum & impulse

we define momentum as product of mass and velocity: $p = mv$

consider rate of change in momentum: $\frac{dp}{dt} = \frac{d}{dt}(mv) = m \frac{dv}{dt} = F$

this gives Newton's second law: resultant force equals rate of change in momentum

separate variables and integrate: $\int dp = \int F dt \Rightarrow \Delta p = \int F dt$

we define impulse of a force as: $J = \int F dt$

if the force acting is constant, then impulse $J = F \Delta t$

we have the impulse-momentum relation: $J = \Delta p$

i.e., impulse causes change in momentum

note that both momentum and impulse are vectors, i.e., they have directions

momentum of a moving object is in same direction as its velocity

impulse of a force is in same direction as the force

Example 1.1 An object of mass 2 kg is initially at rest, if it is acted by a force of 6 N for of 0.5 s, at what speed is the object moving?

$$\Delta p = J \Rightarrow mv - 0 = F \Delta t \Rightarrow v = \frac{F \Delta t}{m} = \frac{6 \times 0.5}{2} = 1.5 \text{ (m s}^{-1}\text{)}$$

Example 1.2 A bullet of mass 10 g enters a wooden block at 250 m/s. After a time of 0.005 s, the bullet leaves the block at 50 m/s. What is the average resistive force acting?

$$\Delta p = J \Rightarrow mv - mu = F \Delta t \Rightarrow F = \frac{m(v - u)}{\Delta t} = \frac{0.010 \times (50 - 250)}{0.005} = -400 \text{ (N)}$$

magnitude of resistive force is 400 N, minus sign means it is opposite to bullet's motion

1.2 conservation of momentum

for point mass in absence of net external force, $\Delta p = 0$, i.e., momentum is constant

for a system of point objects m_i , each experiences a force F_i

F_i can come from external source or another object j within system: $F_i = F_{i,\text{ext}} + \sum_j F_{i,j}$

summing over all objects: $\sum_i F_i = \sum_i F_{i,\text{ext}} + \sum_{i,j} F_{i,j}$

for each pair i and j , recall action-reaction principle: $F_{i,j} = -F_{j,i}$

so $\sum_{i,j} F_{i,j} = 0$, then $\sum_i F_i = \sum_i F_{i,\text{ext}}$

note that $\sum_i F_i \Delta t = \sum_i J_i = \sum_i \Delta p_i \Rightarrow \boxed{\left(\sum_i F_{i,\text{ext}} \right) \Delta t = \sum_i \Delta p_i}$

change in total momentum of system depends on net external impulse acting

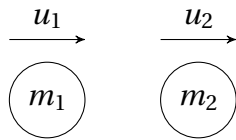
in particular, if there is no net external impulse, total momentum remains constant

this is called the conservation of momentum

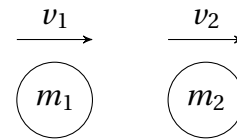
1.3 collision problems

if two objects collide, $\Delta t \approx 0$, external force produces negligible impulse

so momentum is always conserved for a collision process



initial state before collision



final state after collision

before and after collision, one has: $\boxed{m_1 u_1 + m_2 u_2 = m_1 v_1 + m_2 v_2}$

due to the vector nature of momentum, minus sign is needed if direction of motion reverses

1.3.1 elastic & inelastic collisions

for inelastic collision, kinetic energy is lost to plastic deformation

for elastic collisions, no kinetic energy is lost: $\boxed{\frac{1}{2} m_1 u_1^2 + \frac{1}{2} m_2 u_2^2 = \frac{1}{2} m_1 v_1^2 + \frac{1}{2} m_2 v_2^2}$

together with momentum conservation, this reduces to $\boxed{u_1 - u_2 = v_2 - v_1}$

for elastic collision, relative speed of approach equals relative speed of separation

for inelastic process, relative speed of separation is less than that of approach

1.3.2 coefficient of restitution

define coefficient of restitution as ratio of relative speeds before and after collision:

$$e = \frac{v_2 - v_1}{u_1 - u_2} \quad \text{or} \quad v_2 - v_1 = e(u_1 - u_2)$$

for elastic collision, $e = 1$; for inelastic collision, $0 < e < 1$

if an object collides at right angle with a fixed barrier with initial speed u

since barrier does not move, so $v - 0 = e(0 - u)$, then $v = -eu$

so object moves at speed $v = eu$ after collision, but with direction reversed

Example 1.3 Two small spheres A and B have masses $3m$ and m . They are projected towards each other with speeds $2u$ and u relatively, the collision is perfectly elastic. What are their final speeds?

momentum conservation: $3m \cdot 2u - m \cdot u = 3mv_A + mv_B$

relation for relative speeds: $v_B - v_A = 2u + u$

$$\text{take simultaneous equations: } \begin{cases} 3v_A + v_B = 5u \\ v_B - v_A = 3u \end{cases} \Rightarrow \begin{cases} v_A = \frac{1}{2}u \\ v_B = \frac{7}{2}u \end{cases}$$

positive v_A and v_B means both spheres move in same direction as u_A after collision □

Example 1.4 Sphere A of mass m and sphere B of mass km are initially at rest. Sphere A is projected towards B with speed u , the restitution of collision is $\frac{1}{3}$. After the collision, sphere A reverses. What is the possible range for value of k ?

$$\begin{cases} mu + 0 = mv_A + kmv_B \\ v_B - v_A = \frac{1}{3}(u - 0) \end{cases} \Rightarrow \begin{cases} v_A + kv_B = u \\ v_B - v_A = \frac{1}{3}u \end{cases} \Rightarrow \begin{cases} v_A = \frac{(3-k)u}{3(1+k)} \\ v_B = \frac{4u}{3(1+k)} \end{cases}$$

sphere A reverses so $v_A < 0$ after collision $\Rightarrow \frac{(3-k)u}{3(1+k)} < 0 \Rightarrow 3 - k < 0 \Rightarrow k > 3$ □

Example 1.5 Two small spheres A and B of masses $3m$ and m lie on a smooth horizontal surface at rest. Sphere A is projected towards B with speed u . After the collision B goes on to collide directly with a fixed smooth vertical barrier, before colliding with A again. The coefficient of restitution between the spheres is $\frac{2}{3}$ and the coefficient of restitution between B and the barrier

is e . After the second collision between A and B , the speed of B is nine times the speed of A . Find the possible values of e .

first collision between A and B :

$$\begin{cases} 3mu + 0 = 3mv_A + mv_B \\ v_B - v_A = \frac{2}{3}(u - 0) \end{cases} \Rightarrow \begin{cases} 3v_A + v_B = 3u \\ v_B - v_A = \frac{2}{3}u \end{cases} \Rightarrow \begin{cases} v_A = \frac{7}{12}u \\ v_B = \frac{5}{4}u \end{cases}$$

collision between B and the barrier: $v'_B = -ev_B \Rightarrow v'_B = -\frac{5e}{4}u$

second collision between A and B :

$$\begin{cases} 3mv_A + mv'_B = 3mw_A + mw_B \\ w_B - w_A = \frac{2}{3}(v_A - v'_B) \end{cases} \Rightarrow \begin{cases} 3w_A + w_B = 3 \cdot \frac{7}{12}u - \frac{5e}{4}u = \frac{7-5e}{4}u \\ w_B - w_A = \frac{2}{3}\left(\frac{7}{12}u + \frac{5e}{4}u\right) = \frac{14+30e}{36}u \end{cases}$$

$$4w_A = \frac{7-5e}{4}u - \frac{14+30e}{36}u = \frac{63-45e-14-30e}{36}u \Rightarrow w_A = \frac{49-75e}{144}u$$

$$w_B = \frac{49-75e}{144}u + \frac{14+30e}{36}u = \frac{49-75e+56+120e}{144}u \Rightarrow w_B = \frac{105+45e}{144}u$$

given that $|w_B| = 9|w_A|$, so $w_B = \pm 9w_A$

$$w_B = 9w_A \Rightarrow 105 + 45e = 9(49 - 75e) \Rightarrow e = \frac{9 \times 49 - 105}{9 \times 75 + 45} = \frac{336}{720} \Rightarrow e_1 = \frac{7}{15}$$

$$w_B = -9w_A \Rightarrow 105 + 45e = -9(49 - 75e) \Rightarrow e = \frac{9 \times 49 + 105}{9 \times 75 - 45} = \frac{546}{630} \Rightarrow e_2 = \frac{13}{15}$$

so two possible values of e are $\frac{7}{15}$ and $\frac{13}{15}$

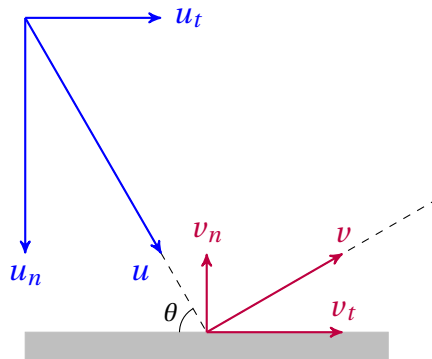
□

1.3.3 collision in two dimensions

momentum should be conserved in any direction

so we can write down component equations

in particular, let's consider collision against a smooth barrier at angle θ to direction of motion



there is contact force normal to barrier, so there is change of momentum in this direction

change in normal component of velocity depends on coefficient of restitution

barrier is smooth, i.e., no tangential force, so no change in tangential momentum

tangential component of velocity remains unchanged after collision

components of velocity before and after collisions are:

$$v_t = u_t = u \cos \theta, \quad v_n = eu_n = eu \sin \theta$$

Example 1.6 A sphere hits a smooth vertical barrier at 60° to the direction of motion. In the impact with the wall, the sphere loses $\frac{2}{3}$ of its kinetic energy. Find the coefficient of restitution between the sphere and the wall.

components of velocity before collision are:

$$u_t = u \cos 60^\circ = \frac{1}{2}u, \quad u_n = u \sin 60^\circ = \frac{\sqrt{3}}{2}u$$

components of velocity after collision are:

$$v_t = u_t = \frac{1}{2}u, \quad v_n = eu_n = \frac{\sqrt{3}}{2}eu$$

$$v^2 = v_t^2 + v_n^2 = \frac{1}{4}u^2 + \frac{3}{4}e^2u^2 = \frac{1+3e^2}{4}u^2$$

$\frac{2}{3}$ of K.E. is lost, so $\frac{1}{2}mv^2 = \frac{1}{3} \cdot \frac{1}{2}mu^2$, or $v^2 = \frac{1}{3}u^2$, therefore

$$\frac{1+3e^2}{4}u^2 = \frac{1}{3}u^2 \Rightarrow 1+3e^2 = \frac{4}{3} \Rightarrow e = \frac{1}{3}$$

2 Circular Motion

2.1 angular quantities

position vector $\vec{r} \rightarrow$ angular displacement θ

rate of change in angular displacement \rightarrow angular velocity: $\omega = \frac{d\theta}{dt} = \dot{\theta}$

rate of change in angular velocity \rightarrow angular acceleration: $\alpha = \frac{d\omega}{dt} = \ddot{\theta}$

relation to linear quantities

distance moved out along an arc: $s = \theta r$

linear speed: $v = \frac{ds}{dt} = \frac{d(\theta r)}{dt} = \frac{d\theta}{dt} r \Rightarrow \boxed{v = \omega r}$

acceleration is a more complicated issue, we leave that for next subsection

uniform accelerated motion

for uniformly accelerated circular motion, $\alpha = \text{const}$

angular displacement and angular velocity change with time

these are analogous to linear quantities (displacement, velocity, acceleration)

uniformly accelerated linear motion	uniformly accelerated circular motion
$v = v_0 + at$	$\omega = \omega_0 + \alpha t$
$s = s_0 + v_0 t + \frac{1}{2}at^2$	$\theta = \theta_0 + \omega_0 t + \frac{1}{2}\alpha t^2$
$2a\Delta s = v^2 - v_0^2$	$2\alpha\Delta\theta = \omega^2 - \omega_0^2$

2.2 acceleration

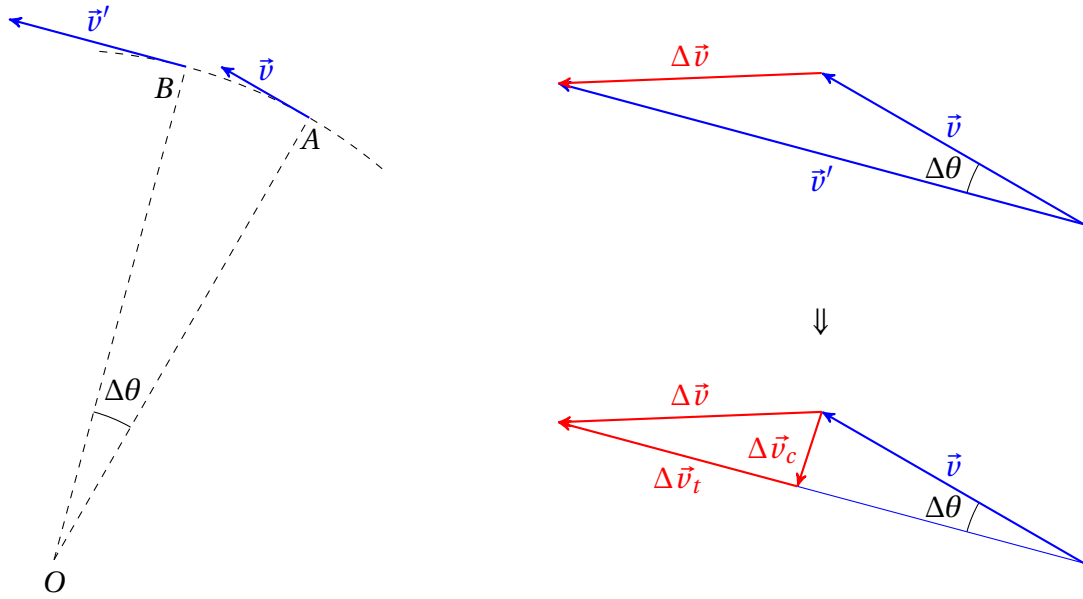
acceleration is rate of change in velocity, which has both magnitude and direction

for linear motion, only magnitude of velocity changes, so only concept of linear acceleration

for circular motion, both magnitude and direction of velocity can change

we need two types of acceleration, responsible for changing magnitude and direction of \vec{v}

suppose an object moves from A to B in short time interval Δt



change in velocity is: $\Delta \vec{v} = \vec{v}' - \vec{v}$

its acceleration: $\vec{a} = \frac{\Delta \vec{v}}{\Delta t} = \frac{\Delta \vec{v}_t}{\Delta t} + \frac{\Delta \vec{v}_c}{\Delta t}$ (see vector diagram)

as $\Delta t \rightarrow 0$, $\Delta \theta \rightarrow 0$, $\Delta \vec{v}_t$ becomes parallel to \vec{v} , $\Delta \vec{v}_c$ becomes normal to \vec{v}

so $\Delta \vec{v}_t$ gives an increase in magnitude of velocity, while $\Delta \vec{v}_c$ changes the direction

acceleration can be considered as the sum of two parts: $\vec{a} = \vec{a}_t + \vec{a}_c$

tangential acceleration a_t (or transverse acceleration), that changes magnitude of \vec{v}

centripetal acceleration a_c (or normal acceleration), that changes direction of \vec{v}

tangential acceleration

from previous discussions, $a_t = \frac{dv}{dt}$

a_t is closely related to angular acceleration α : $\frac{dv}{dt} = \frac{d(\omega r)}{dt} = \frac{d\omega}{dt} r \Rightarrow a_t = \alpha r$ or $a_t = \ddot{\theta} r$

centripetal acceleration

from vector diagram, $\Delta v_c \approx v \Delta \theta$, so $a_c = \frac{\Delta v_c}{\Delta t} \approx \frac{v \Delta \theta}{\Delta t}$

taking the limit $\Delta t \rightarrow 0$, $\omega = \frac{d\theta}{dt}$, so $a_c = v\omega \Rightarrow a_c = \frac{v^2}{r}$ or $a_c = \omega^2 r = \dot{\theta}^2 r$

resultant acceleration

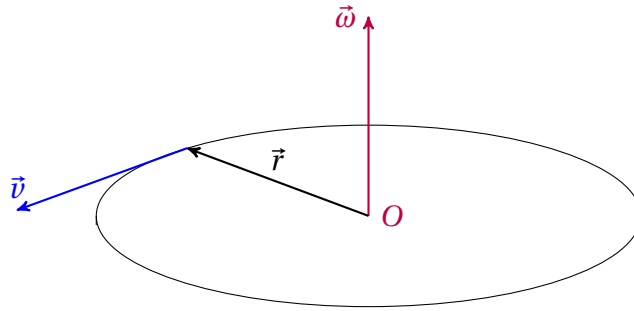
resultant acceleration: $\vec{a} = \vec{a}_t + \vec{a}_c$

where its magnitude is given by: $a = \sqrt{a_t^2 + a_c^2}$

vector analysis (★)

we can formally define $\vec{\omega}$ in terms of a cross product: $\vec{v} = \vec{\omega} \times \vec{r}$

direction of cross product is defined using the right-hand grip rule



$$\vec{a} = \frac{d\vec{v}}{dt} = \frac{d(\vec{\omega} \times \vec{r})}{dt} = \frac{d\vec{\omega}}{dt} \times \vec{r} + \vec{\omega} \times \frac{d\vec{r}}{dt} \Rightarrow \vec{a} = \vec{\alpha} \times \vec{r} + \vec{\omega} \times (\vec{\omega} \times \vec{r})$$

$\vec{\alpha} \times \vec{r}$ is in tangential direction, so this is $a_t = \alpha r$

$\vec{\omega} \times (\vec{\omega} \times \vec{r})$, or $\vec{\omega} \times \vec{v}$, is in radial direction, so this is $a_c = \omega^2 r$

this reproduces the same results we obtained from vector diagrams

Example 2.1 Particle P moves on an arc of a circle with centre O and radius $R = 0.5$ m. At time $t = 0$, P is at point A . At time t seconds, angle $POA = t^3 - 4t$. What is its acceleration at $t = 2$?

angular velocity: $\omega = \frac{d\theta}{dt} = \frac{d}{dt}(t^3 - 4t) = 3t^2 - 4$

angular acceleration: $\alpha = \frac{d\omega}{dt} = \frac{d}{dt}(3t^2 - 4) = 6t$

at $t = 2$, tangential acceleration: $a_t = \alpha R = (6 \times 2) \times 0.5 = 6 \text{ (m s}^{-2}\text{)}$

centripetal acceleration: $a_c = \omega^2 R = (3 \times 2^2 - 4)^2 \times 0.5 = 32 \text{ (m s}^{-2}\text{)}$

resultant acceleration: $a = \sqrt{a_t^2 + a_c^2} = \sqrt{6^2 + 32^2} \approx 32.6 \text{ (m s}^{-2}\text{)}$

□

2.3 force analysis

resultant force $\vec{F} = m\vec{a}$, so it can be split into two parts $\vec{F} = \vec{F}_t + \vec{F}_c$

$F_t = m \frac{dv}{dt}$, or $F_t = mr\ddot{\theta}$, is the tangential force that changes magnitude of velocity

$F_c = \frac{mv^2}{r}$, or $F_c = m\dot{\theta}^2 r$, is the centripetal force that changes direction of motion

centripetal force is essential for circular motion

if no sufficient force to provide required F_c , object will not be able to follow a circular path

to solve a mechanics problem concerning circular motion, one could follow these guidelines

1. consider energy changes and find speed of object at a particular position
2. consider the forces acting (usually weight, normal reaction N due to a surface, tension T in a string, etc), resolve in the tangential and radial directions
3. find resultant force along the radial direction, which provides centripetal force, then the equation of motion can be written down: $F_c = \frac{mv^2}{r}$ or $F_c = m\omega^2 r$ ^[1]
(in some cases, equation of motion along tangential direction might also be useful)
4. obtain an equation for normal reaction or tension
5. look at a certain condition (object loses contact $N = 0$, string becomes slack $T = 0$, etc.), substitute numerical values and solve the equation

Example 2.2 Particle P is attached to one end of a light inextensible string of length l . The other end of the string is fixed at point O . Particle P hangs freely below O , and is projected horizontally with initial speed u . (a) When OP makes an angle θ with the downward vertical and string remains taut, what is the tension in the string? (b) If particle P can complete full circle, what is the minimum initial speed needed?

from A to P , K.E. loss = G.P.E. gain:

$$\frac{1}{2}mu^2 - \frac{1}{2}mv^2 = mgl(1 - \cos\theta)$$

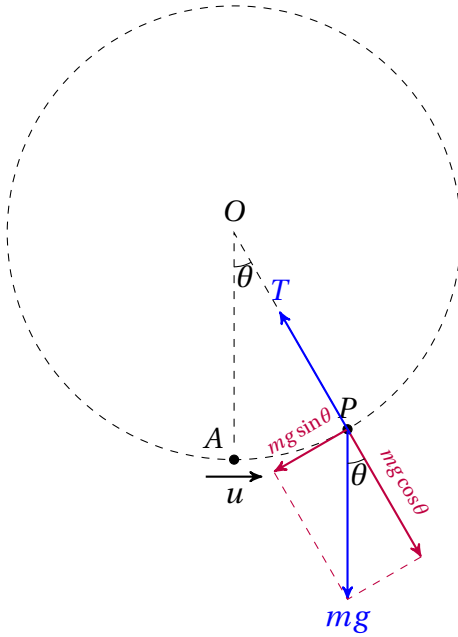
$$v^2 = u^2 - 2gl(1 - \cos\theta)$$

at P , consider the centripetal force acting:

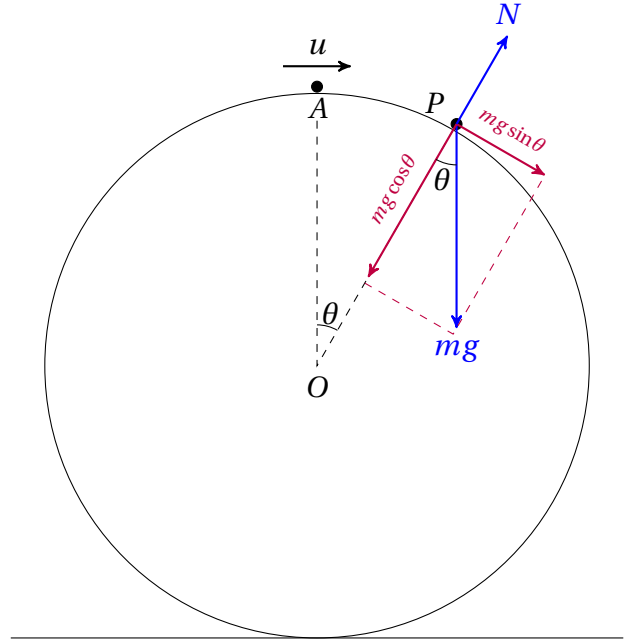
$$F_c = T - mg \cos\theta = \frac{mv^2}{l}$$

$$T = mg \cos\theta + \frac{m}{l}(u^2 - 2gl(1 - \cos\theta))$$

^[1]Alert: the notation adopted by the A-level examination board is quite a nightmare. Instead of reserving for acceleration, the letter a is often used to represent length of a string, radius of a circular track, or things like that. In this section, I use r and l for length quantities and save a for acceleration to avoid confusion, but do watch out what the symbol a means when you write down your equations.



Example 2.2



Example 2.3

$$T = \frac{mu^2}{l} - mg(2 - 3\cos\theta)$$

if P completes full circle, string never slacks, so $T > 0$ for any θ

at top of circle, $\cos\theta = \cos 180^\circ = -1$, this gives minimum T during the motion

$$T_{\min} = \frac{mu^2}{l} - mg(2 + 3) > 0$$

$$u^2 > 5gl$$

minimum initial speed needed is therefore $u_{\min} = \sqrt{5gl}$

□

Example 2.3 A smooth sphere of radius R rests on a horizontal plane. A particle P is projected horizontally with initial speed $u = \frac{1}{2}\sqrt{gR}$ from the top of the sphere and travels along the outer surface. (a) When OP makes an angle θ with the upward vertical and P remains in contact with the sphere, what is the normal contact force? (b) At what angle does P lose contact with the sphere? (c) When the particle hits the plane, what are the horizontal and vertical components of its velocity?

from A to P , K.E. gain = G.P.E. loss:

$$\frac{1}{2}mv^2 - \frac{1}{2}mu^2 = mgR(1 - \cos\theta)$$

$$v^2 = u^2 + 2gR(1 - \cos\theta) = \frac{1}{4}gR + 2gR(1 - \cos\theta)$$

$$v^2 = \frac{9}{4}gR - 2gR\cos\theta$$

at P , consider the centripetal force acting:

$$\begin{aligned} F_c &= mg \cos \theta - N = \frac{mv^2}{R} \\ N &= mg \cos \theta - \frac{m}{R} \left(\frac{9}{4}gR - 2gR \cos \theta \right) \\ N &= mg \left(3 \cos \theta - \frac{9}{4} \right) \end{aligned}$$

when P loses contact, contact force vanishes, i.e., $N = 0$, so one has

$$\cos \theta = \frac{3}{4} \Rightarrow \theta \approx 41.4^\circ$$

after losing contact, motion only affected by gravity, so particle undergoes projectile motion

at start of projectile, the initial velocity

$$v_0^2 = \frac{9}{4}gR - 2gR \cdot \frac{3}{4} = \frac{3}{4}gR$$

horizontal component of velocity is constant, so

$$v_x = v_{0,x} = v_0 \sin \theta \Rightarrow v_x = \frac{\sqrt{7}}{4} \cdot \sqrt{\frac{3}{4}gR} \Rightarrow v_x = \sqrt{\frac{21gR}{64}}$$

next, consider vertical motion under constant acceleration of free fall

$$v_y^2 = v_{0,y}^2 + 2gh = (v_0 \cos \theta)^2 + 2g(1 + \cos \theta)R = \frac{3}{4}gR \cdot \left(\frac{3}{4} \right)^2 + 2g \left(1 + \frac{3}{4} \right)R \Rightarrow v_y = \sqrt{\frac{251gR}{64}}$$

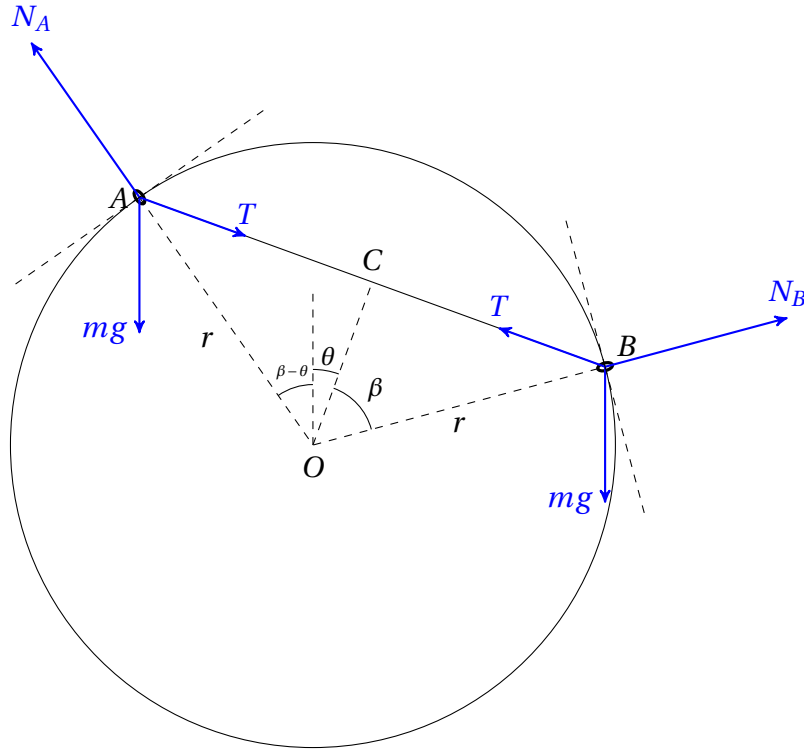
Example 2.4 A smooth circular hoop of radius r with centre O is fixed in a vertical plane. Two small rings A and B , each of mass m , are threaded on the hoop and joined by a light inextensible string. Given that the string remains taut, OC makes an angle θ with the upward vertical where C is the mid-point of the string. The system is slightly displaced from its equilibrium position in which $\theta = 0$. At time t the angle $AOB = 2\beta$. (a) By considering the total energy of the system, find an expression for the angular speed $\dot{\theta}$ of the system. (b) Find an expression for the angular acceleration $\ddot{\theta}$. (c) By considering the tangential acceleration of the rings, find the tension in the string in terms of θ .

loss in G.P.E. for B = gain in G.P.E. for A + increase in K.E. for system

$$\begin{aligned} mgr [\cos \beta - \cos(\beta + \theta)] &= mgr [\cos(\beta - \theta) - \cos \beta] + 2 \times \frac{1}{2}mv^2 \\ v^2 &= gr [2 \cos \beta - \cos(\beta + \theta) - \cos(\beta - \theta)] \end{aligned}$$

using trigonometric identity $\cos(x \pm y) = \cos x \cos y \mp \sin x \sin y$, we find

$$\begin{aligned} v^2 &= gr(2 \cos \beta - 2 \cos \beta \cos \theta) \Rightarrow v^2 = 2gr \cos \beta (1 - \cos \theta) \\ \dot{\theta}^2 &= \frac{v^2}{r^2} \Rightarrow \dot{\theta}^2 = \frac{2g}{r} \cos \beta (1 - \cos \theta) \end{aligned}$$



Example 2.4

taking time derivative of $\dot{\theta}^2$:

$$2\dot{\theta} \cdot \ddot{\theta} = \frac{2g}{r} \cos \beta \sin \theta \cdot \dot{\theta} \Rightarrow \ddot{\theta} = \frac{g}{r} \cos \beta \sin \theta$$

tangential motion of A gives: $T \cos \beta - mg \sin(\beta - \theta) = mr\ddot{\theta}$

tangential motion of B gives: $mg \sin(\beta + \theta) - T \cos \beta = mr\ddot{\theta}$

adding the two equations, one can find exactly the same result for $\ddot{\theta}$ after a bit algebra

subtracting the two equations, we obtain

$$2T \cos \beta = mg \sin(\beta + \theta) + mg \sin(\beta - \theta)$$

using trigonometric identity $\sin(x \pm y) = \sin x \cos y \pm \sin y \cos x$, this simplifies to

$$2T \cos \beta = 2mg \sin \beta \cos \theta \Rightarrow T = mg \tan \beta \cos \theta$$

3 Simple Harmonic Motion

object moves back and forth about an equilibrium position \rightarrow oscillatory motion

must have restoring force always pointing towards equilibrium position

acceleration is in opposite direction to displacement

if magnitude of acceleration is proportional to displacement \rightarrow simple harmonics

defining equation for simple harmonic oscillation: $a = -\omega^2 x$ or $\frac{d^2 x}{dt^2} = -\omega^2 x$ or $\ddot{x} = -\omega^2 x$

3.1 kinematic relations

3.1.1 displacement-time relation

equation of motion $\frac{d^2 x}{dt^2} = -\omega^2 x$ is a second-order differential equation

general solution for displacement-time relation is $x(t) = x_0 \sin(\omega t + \phi)$

x_0 is greatest value for displacement, i.e., amplitude of oscillation

ϕ is called the phase angle, which depends on initial conditions at $t = 0$

by choosing sine or cosine function wisely, one can avoid using the ϕ term

ω is called angular frequency, which is related to period of the oscillator: $\omega = \frac{2\pi}{T}$

Example 3.1 An oscillator is displaced by 4 cm from its equilibrium position and released. Given that the oscillation is simple harmonic, and period of this oscillation is 2 s. What is its displacement at $t = 0.75$ s?

angular frequency: $\omega = \frac{2\pi}{T} = \frac{2\pi}{2} = \pi \text{ (rad s}^{-1}\text{)}$

initial condition, $x(0) = x_0 = 4 \text{ cm}$ at $t = 0$

so displacement-time relation can be written as $x = x_0 \cos \omega t$

at $t = 0.75 \text{ s}$, $x = 4 \cos(\pi \times 0.75) = -2\sqrt{2} \text{ (cm)}$

□

3.1.2 velocity relations

velocity-time relation: $v(t) = \frac{dx}{dt} \Rightarrow v(t) = \omega x_0 \cos(\omega t + \phi)$

to avoid ϕ , again one can choose a suitable trigonometric function to fit initial conditions

taking $v^2 + (\omega x)^2$ and cancelling sines and cosines: $v^2 = \omega^2(x_0^2 - x^2)$

this gives speed of oscillator at given position

maximum speed $v_{\max} = \omega x_0$ when $x = 0$

minimum speed $v_{\min} = 0$ when $x = \pm x_0$

3.1.3 acceleration relations

acceleration relations can be obtained immediately from $a = -\omega^2 x$

acceleration-time relation can be written as: $a(t) = -\omega^2 x_0 \sin(\omega t + \phi)$

maximum acceleration $a_{\max} = \omega^2 x_0$ at $x = \pm x_0$

minimum acceleration $a_{\min} = 0$ at $x = 0$

Example 3.2 An oscillator is initially at rest. It is given an initial speed of 4 m s^{-1} and starts to perform simple harmonic motion. Given that the amplitude of this oscillator is 0.80 m , when and where does its speed first becomes half of its maximum value?

$$v_{\max} = \omega_0 x_0 \Rightarrow \omega \times 0.80 = 4 \Rightarrow \omega = 5 \text{ (rad s}^{-1}\text{)}$$

since $v(0) = 0$ at $t = 0$, so velocity-time relation is: $v(t) = v_{\max} \sin \omega t$

$$\text{when } v = \frac{1}{2} v_{\max}, \text{ then } \frac{1}{2} v_{\max} = v_{\max} \sin \omega t \Rightarrow \sin 5t = \frac{1}{2} \Rightarrow t = \frac{\pi}{30} \text{ (s)}$$

$$v^2 = \left(\frac{1}{2} v_{\max}\right)^2 = \omega^2(x_0^2 - x^2) \Rightarrow \frac{1}{4} \omega^2 x_0^2 = \omega^2(x_0^2 - x^2) \Rightarrow x = \frac{\sqrt{3}}{2} x_0 \approx 0.693 \text{ (m)} \quad \square$$

Example 3.3 A simple harmonic oscillator moves along a line with centre O . A , B are two points on opposite side of O with $OA = 4 \text{ cm}$ and $OB = 3 \text{ cm}$. The speed of the oscillator when it passes point A and B are 9 cm s^{-1} and 12 cm s^{-1} respectively. (a) What is the amplitude of this oscillation? (b) What is the period? (c) What is the time taken for the oscillator to travel from A directly to B ?

using $v^2 = \omega^2(x_0^2 - x^2)$, one can write

$$\begin{cases} \text{at } A: 9^2 = \omega^2(x_0^2 - 4^2) \\ \text{at } B: 12^2 = \omega^2(x_0^2 - 3^2) \end{cases} \Rightarrow \frac{81}{144} = \frac{x_0^2 - 16}{x_0^2 - 9} \Rightarrow \text{amplitude } x_0 = 5 \text{ (cm)}$$

$$\text{angular frequency } \omega = 3 \text{ (rad s}^{-1}\text{)} \Rightarrow \text{period } T = \frac{2\pi}{\omega} = \frac{2}{3} \text{ (s)}$$

set $x(0) = +x_0$ when $t = 0$, then displacement-time relation is $x = x_0 \cos \omega t$

$$\text{at } A: +4 = 5 \cos 3t_A \Rightarrow t_A \approx 0.2145 \text{ (s)}$$

$$\text{at } B: -3 = 5 \cos 3t_B \Rightarrow t_B \approx 0.7381 \text{ (s)}$$

$$\text{time taken from } A \text{ to } B: \Delta t_{AB} = t_B - t_A \approx 0.7381 - 0.2145 \approx 0.524 \text{ (s)}$$

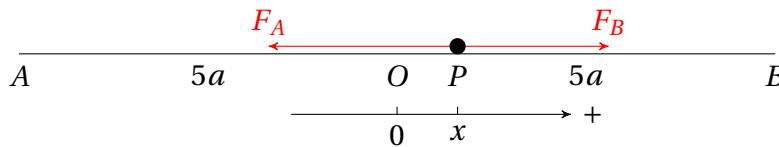
□

3.2 dynamics

to determine whether an object undergoes simple harmonic motion, one can:

1. find equilibrium position where all forces are balanced
2. assume the oscillator is displaced by some arbitrary displacement x from the rest position, investigate the forces acting and find their resultant F_{net}
3. use $F_{\text{net}} = m\ddot{x}$ ^[2] to write down the equation of motion
4. solve for acceleration \ddot{x} , and check whether it is proportional but opposite to x

Example 3.4 A particle P of mass m moves along a horizontal line AB of length $10a$. At any time t , the particle P is acted by two forces, $F_A = mg \left(\frac{AP}{5a} \right)^{-\frac{1}{2}}$ acting towards A , and $F_B = mg \left(\frac{BP}{5a} \right)^2$ acting towards B . (a) If the particle is slightly displaced from mid-point O of the line AB , show that it moves in approximate simple harmonic motion. (b) What is the period of this oscillation?



to find equilibrium position, let $F_A = F_B$:

$$mg \left(\frac{AP}{5a} \right)^{-\frac{1}{2}} = mg \left(\frac{BP}{5a} \right)^2 \Rightarrow AP = BP = 5a$$

so equilibrium position at mid-point O of AB

when P is displaced by x to the right of O , then $AP = 5a + x$, $BP = 5a - x$, we have:

$$\begin{aligned} F_{\text{net}} = F_B - F_A &= mg \left(\frac{5a - x}{5a} \right)^2 - mg \left(\frac{5a + x}{5a} \right)^{-\frac{1}{2}} \\ m\ddot{x} &= mg \left(1 - \frac{x}{5a} \right)^2 + mg \left(1 + \frac{x}{5a} \right)^{-\frac{1}{2}} \end{aligned}$$

for small number $\delta \ll 1$, binomial expansion $(1 + \delta)^n = 1 + n\delta + O(\delta^2) \approx 1 + n\delta$

^[2]The letter a is now reserved for length of elastic strings, so we are going to use \ddot{x} for acceleration. Thanks to Newton's dot notation for time derivatives. Yay!

given that displacement from O is small, so $\frac{x}{a} \ll 1$, we apply the approximation

$$m\ddot{x} \approx mg\left(1 - 2 \cdot \frac{x}{5a}\right) + mg\left(1 - \frac{1}{2} \cdot \frac{x}{5a}\right) \Rightarrow \ddot{x} \approx -\frac{g}{2a}x$$

so motion of P is approximately simple harmonic with angular frequency: $\omega = \sqrt{\frac{g}{2a}}$

period of the oscillation: $T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{2a}{g}}$

□

elastic strings

when an elastic spring is stretched, the extension Δl is proportional to force applied

Hooke's law for springs applies similarly to elastic strings: $T = k\Delta l$

force constant k is sometimes given in terms of the modulus of elasticity: $\lambda = kl_0$

l_0 is natural length of the string when no force is applied

so tension in a stretched elastic string is: $T = \frac{\lambda}{l_0}x = \frac{\lambda}{l_0}(l - l_0)$

elastic potential energy in an elastic string is: $E_p = \frac{1}{2}kx^2 = \frac{\lambda}{2l_0}(l - l_0)^2$

Example 3.5 A particle P of mass m rests on a smooth horizontal table, and is connected to four points A, B, C and D by four light elastic strings, each of natural length a and modulus of elasticity λ . $ABCD$ forms a perfect square with diagonals of length $4a$. (a) When P is displaced a short distance x from centre O towards C and released from rest, show that P describes approximate simple harmonic oscillation provided higher powers of $\frac{x}{a}$ are neglected. (b) Find approximate period of this oscillatory motion.

magnitude of resultant of F_A and F_C is:

$$F_{AC} = F_A - F_C = \frac{\lambda}{a}(2a + x - a) - \frac{\lambda}{a}(2a - x - a) = \frac{2\lambda}{a}x$$

magnitude of resultant of F_B and F_D is:

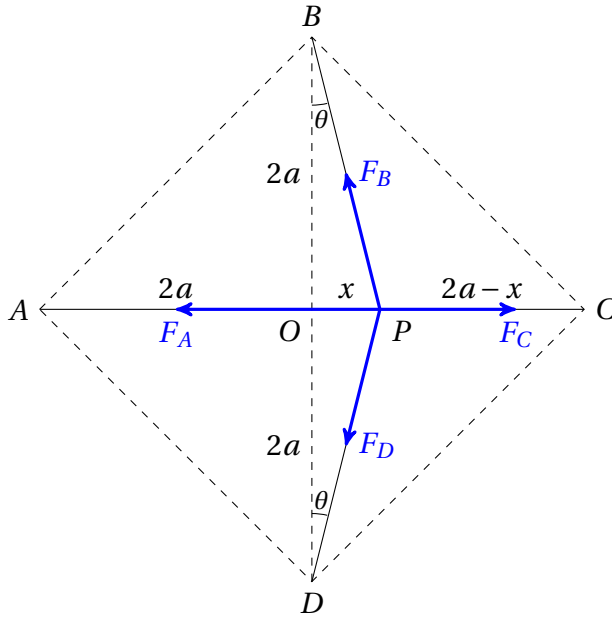
$$F_{BD} = F_B \sin \theta + F_D \sin \theta = 2 \cdot \frac{\lambda}{a} \left(\sqrt{(2a)^2 + x^2} - a \right) \cdot \frac{x}{\sqrt{(2a)^2 + x^2}}$$

$$F_{BD} = \frac{2\lambda x}{a} \left(1 - \frac{a}{\sqrt{4a^2 + x^2}} \right) = \frac{2\lambda x}{a} \left\{ 1 - \frac{1}{2} \cdot \left(1 + \frac{x^2}{4a^2} \right)^{-1/2} \right\}$$

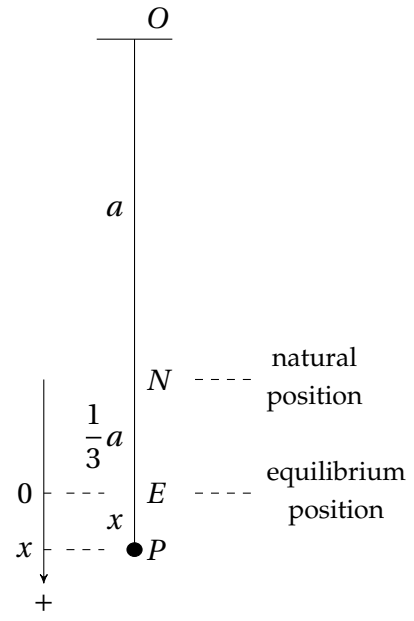
recall binomial expansion approximation $(1 + \delta)^n \approx 1 + n\delta$ for $\delta \ll 1$

given that $x \ll a$, i.e., $\frac{x}{a} \ll 1$, so one has: $\left(1 + \frac{x^2}{4a^2} \right)^{-1/2} \approx 1 - \frac{1}{2} \cdot \frac{x^2}{4a^2}$

neglecting higher powers of $\frac{x}{a}$, we find



Example 3.5



Example 3.6

$$F_{BD} \approx \frac{2\lambda x}{a} \left(1 - \frac{1}{2} \cdot 1\right) \Rightarrow F_{BD} \approx \frac{\lambda}{a} x$$

now consider the resultant force, also note that both F_{AC} and F_{BD} act to the left, so

$$F_{\text{net}} = -F_{AC} - F_{BD} \Rightarrow m\ddot{x} = -\frac{2\lambda}{a}x - \frac{\lambda}{a}x \Rightarrow \ddot{x} = -\frac{3\lambda}{ma}x$$

hence particle P describes simple harmonic oscillation with period $T = \frac{2\pi}{\omega} = 2\pi\sqrt{\frac{ma}{3\lambda}}$ \square

Example 3.6 A particle of mass m is suspended at the end of an elastic cord of natural length a and modulus of elasticity $3mg$. The particle is released from rest from $\frac{1}{4}a$ above the equilibrium position. (a) Show that the particle will perform simple harmonic motion. (b) Find the greatest speed during the oscillation. (c) Find when the particle first reach this maximum speed.

$$\text{equilibrium when } mg = \frac{\lambda}{a}\Delta l = \frac{3mg}{a}\Delta l \Rightarrow \Delta l = \frac{1}{3}a$$

so equilibrium position E at $\frac{1}{3}a$ below natural position

take positive direction as vertically downwards

$$\text{when particle is displaced by } x: F_{\text{net}} = mg - T = mg - \frac{\lambda}{a}\Delta l$$

$$m\ddot{x} = mg - \frac{3mg}{a} \left(\frac{1}{3}a + x\right) \Rightarrow \ddot{x} = -\frac{3g}{a}x$$

so simple harmonics with angular frequency $\omega = \sqrt{\frac{3g}{a}}$

at $t = 0$, initial position $x(0) = -\frac{1}{4}a$, amplitude is magnitude of initial displacement $x_0 = \frac{1}{4}a$

$$\text{maximum speed } v_{\text{max}} = \omega x_0 = \sqrt{\frac{3g}{a}} \cdot \frac{1}{4}a \Rightarrow v_{\text{max}} = \frac{\sqrt{3ga}}{4}$$

at $t = 0$, $v(0) = 0$, particle starts to move downwards (positive direction)

so can write down velocity-time relation: $v(t) = v_{\max} \sin \omega t$

greatest speed when $\sin \omega t = 1$, or $\omega t = \frac{\pi}{2} \Rightarrow t = \frac{\pi}{2} \sqrt{\frac{a}{3g}}$

alternatively, note that speed becomes maximum when particle passes equilibrium position

this completes one quarter of a full oscillation, which takes $\frac{1}{4}$ of one period

so time taken to reach v_{\max} is: $t = \frac{1}{4}T = \frac{1}{4} \cdot \frac{2\pi}{\omega} \Rightarrow t = \frac{\pi}{2} \sqrt{\frac{a}{3g}}$ □

Example 3.7 Consider the same oscillatory system in Example 3.6. If the particle is brought to a position where the length of the elastic string is $2a$ and released from rest. Find the distance OP when particle P reaches the greatest height, and also find the time taken for P first comes to this height.

when string remains taut, P performs simple harmonic motion

we have found equilibrium is at $\frac{1}{3}a$ below natural position, and angular frequency $\omega = \sqrt{\frac{3g}{a}}$

amplitude of this oscillation: $x_0 = 2a - a - \frac{1}{3}a \Rightarrow x_0 = \frac{2}{3}a$

at $t = 0$, initial displacement $x(0) = +x_0$, so displacement-time relation is: $x = x_0 \cos \omega t$

when string becomes slack, string is at natural length, $x = -\frac{1}{3}a$, so

$$\begin{aligned} v^2 &= \omega^2(x_0^2 - x^2) \Rightarrow v^2 = \frac{3g}{a} \left(\frac{4}{9}a^2 - \frac{1}{9}a^2 \right) \Rightarrow v = \sqrt{ga} \\ -\frac{1}{3}a &= \frac{2}{3}a \cos \omega t_1 \Rightarrow \omega t_1 = \frac{2\pi}{3} \Rightarrow t_1 = \frac{2\pi}{3} \sqrt{\frac{a}{3g}} \end{aligned}$$

afterwards, no tension acts, P is acted by gravity only, so constant acceleration of free fall

instantaneous speed becomes zero at highest point, so we have:

$$\begin{aligned} 0^2 - v^2 &= 2 \cdot (-g) \cdot \Delta h \Rightarrow \Delta h = \frac{v^2}{2g} = \frac{ga}{2g} \Rightarrow \Delta h = \frac{1}{2}a \\ 0 - v &= (-g) \cdot t_2 \Rightarrow t_2 = \frac{v}{g} = \frac{\sqrt{ga}}{g} \Rightarrow t_2 = \sqrt{\frac{a}{g}} \end{aligned}$$

hence greatest height is $\frac{1}{2}a$ above natural position of the string $\Rightarrow OP = a - \frac{1}{2}a = \frac{1}{2}a$

alternatively, one can also consider energy changes: elastic P.E. in string = G.P.E. gain

$$\frac{1}{2} \cdot \frac{3mg}{a} \cdot (2a - a)^2 = mg\Delta H \Rightarrow \Delta H = \frac{3}{2}a$$

this shows the greatest height is $\frac{3}{2}a$ above the point of release $\Rightarrow OP = 2a - \frac{3}{2}a = \frac{1}{2}a$

total time taken $t = t_1 + t_2 = \frac{2\pi}{3} \sqrt{\frac{a}{3g}} + \sqrt{\frac{a}{g}} \Rightarrow t = \left(\frac{2\pi}{3\sqrt{3}} + 1 \right) \sqrt{\frac{a}{g}}$ □

4 Rotational Mechanics

4.1 torque

we define torque of a force as product of force and its lever arm: $\tau = Fr$

where lever arm r is perpendicular distance from line of action to pivot

torque acting on a rigid body produces turning effects

torque is a vector quantity^[3], which can act in clockwise or counter-clockwise direction

torque due to weight

for a body of mass M , weight acts on every small constituent piece Δm_i , where $M = \sum_i \Delta m_i$

net torque due to weight is $\tau_{\text{body}} = \sum_i \tau_i = \left(\sum_i \Delta m_i g r_i \right) = \left(\sum_i \Delta m_i r_i \right) g$ ^[4]

we introduce centre of mass, such that $\left(\sum_i \Delta m_i r_i \right) = \left(\sum_i \Delta m_i \right) r_{\text{cm}}$, or $\left(\sum_i \Delta m_i r_i \right) = M r_{\text{cm}}$

$r_{\text{cm}} = \frac{\sum_i \Delta m_i r_i}{\sum_i \Delta m_i}$ gives position of centre of mass from a chosen origin

taking continuum limit: $\Delta m_i \rightarrow dm \Rightarrow r_{\text{cm}} = \frac{\int r dm}{\int dm}$

r_{cm} can be thought as the weighted average of position vector r_i 's

net torque due to weight can be therefore computed as: $\tau_{\text{body}} = M g r_{\text{cm}}$

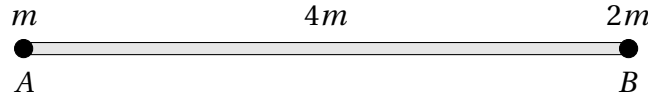
entire weight on rigid body can be considered to act at centre of mass

Example 4.1 A uniform rod AB has mass $4m$ and length L . A particle of mass m is attached at A and another particle of mass $2m$ is attached at B . The system is allowed to rotate about a horizontal axis perpendicular to the rod and through A . (a) Find the position of the centre of mass. (b) When the system is displaced by an angle θ from the downward vertical, what is the torque by gravity?

$$(m \cdot 0 + 2m \cdot L + 4m \cdot \frac{1}{2}L) = (m + 2m + 4m)x_{\text{cm}} \Rightarrow x_{\text{cm}} = \frac{4}{7}L$$

^[3]More formally, torque is defined as $\vec{\tau} = \vec{r} \times \vec{F}$.

^[4]I am a bit sloppy here. We should use the lever arm distance from a chosen pivot, or we should write $\vec{\tau}_{\text{body}} = \sum_i \Delta m_i \vec{r}_i \times \vec{g}$. But as long as we keep that in mind, the results that follow are valid.



Example 4.1

centre of mass is at $\frac{4}{7}L$ from A (near mid-point of AB but slightly closer to the heavier end)

when suspended, torque by gravity can be found using r_{cm}

$$\tau = Mgr_{\text{cm}} \Rightarrow \tau_{\text{body}} = 7mg \cdot \frac{4}{7}L \sin \theta = 4mgL \sin \theta$$

(or by summing up torques of each part: $\tau = 0 + 2mg \cdot L \sin \theta + 4mg \cdot \frac{1}{2}L \sin \theta = 4mgL \sin \theta$) \square

4.2 moment of inertia

4.2.1 moment of inertia: the motivation

a rigid body means an object never undergoes change in shape

let's think of it a system of many small pieces of mass Δm_i

distance between any two pieces remains the same whatever you do

if each piece is acted by some resultant force $F_i = \Delta m_i a_i$

torque on this piece: $\tau_i = F_i r_i = (\Delta m_i a_i) r_i = (r_i^2 \Delta m_i) \frac{a_i}{r_i}$

recall $\alpha = \frac{a_i}{r_i}$ gives the angular acceleration

torque on one individual piece: $\tau_i = r_i^2 \Delta m_i \alpha$

to find out what resultant torque does, sum up for all pieces: $\sum_i \tau_i = \sum_i (r_i^2 \Delta m_i \alpha)$

but angular acceleration is the same throughout a rigid body (rotation as a whole)

so α can be taken out from the summation: $\sum_i \tau_i = \left(\sum_i r_i^2 \Delta m_i \right) \alpha$

we introduce moment of inertia of a rigid body: $I = \sum_i r_i^2 \Delta m_i$

taking continuum limit: $\Delta m_i \rightarrow dm \Rightarrow I = \int r^2 dm$

hence we have the equivalent of Newton's 2nd law: $\sum \tau_i = I\alpha$

this states a resultant torque on a rigid body produces angular acceleration that is inversely proportional to its moment of inertia (compare with this: a resultant force produces linear

acceleration that is inversely proportional to object's inertia mass)

moment of inertia describes how a rigid body resists change in rotational motion when acted by a resultant torque, hence plays an important role in rotational mechanics

we will next study how to compute moment of inertia for different bodies

4.2.2 moment of inertia: some useful results

we here present the moment of inertia of some regular objects

note that all I 's listed below are about a perpendicular axis through centre

uniform object with mass m		moment of inertia
ring	radius R	$I = mR^2$
disc/solid cylinder	radius R	$I = \frac{1}{2}mR^2$
thin rod	length $2L$	$I = \frac{1}{3}mL^2$
rectangular lamina	sides $2a, 2b$	$I = \frac{1}{3}m(a+b)^2$
solid sphere	radius R	$I = \frac{2}{5}mR^2$
spherical shell	radius R	$I = \frac{2}{3}mR^2$

all of these can be shown using the defining equation: $I = \sum_i r_i^2 \Delta m_i$, or $I = \int r^2 dm$

we show the proofs for a few items on the list, the rest will be left as exercise for the reader ^[5]

point mass

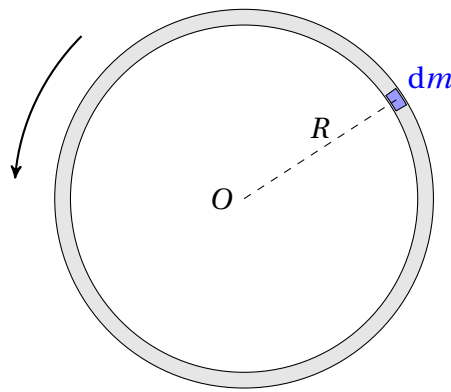
consider a particle of mass m rotates about an axis at distance R

simply recall defining equation: $I_{\text{pt}} = mR^2$

uniform ring

a uniform ring of mass m rotates about perpendicular axis through its centre O

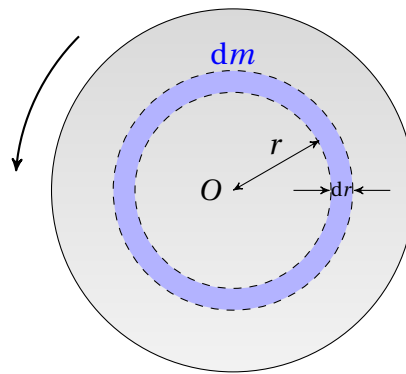
^[5]Spoiler alert: this left-as-exercise nonsense occurs whenever the author simply does not want to typeset more equations or diagrams.

uniform ring of radius R

any piece Δm is of same distance to O , which is radius R of the ring

$$\text{so } I_{\text{ring}} = \int r^2 dm = R^2 \int dm \Rightarrow \boxed{I_{\text{ring}} = mR^2}$$

uniform disc

uniform disc of radius R

a uniform disc of mass m rotates about perpendicular axis through its centre O

consider a narrow ring of radius r and thickness dr about O

area of this ring is: $dA = 2\pi r dr$

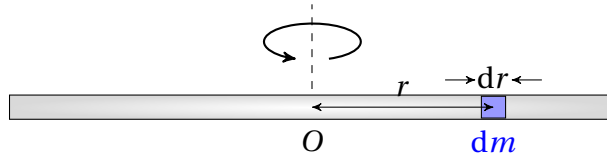
its mass is therefore: $dm = \frac{2\pi r dr}{\pi R^2} \cdot m = \frac{2mr}{R^2} dr$

$$\text{so } I_{\text{disc}} = \int r^2 dm = \int_0^R r^2 \frac{2mr}{R^2} dr = \frac{2m}{R^2} \int_0^R r^3 dr = \frac{2m}{R^2} \times \frac{R^4}{4} \Rightarrow \boxed{I_{\text{disc}} = \frac{1}{2} mR^2}$$

uniform rod

a uniform rod of mass m rotates about perpendicular axis through its centre O

consider a narrow piece of thickness dr at distance r from O



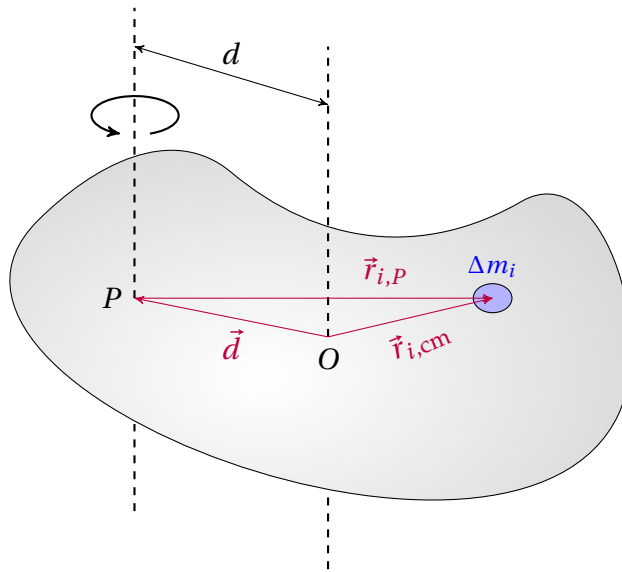
uniform rod of length $2L$

mass of this piece: $dm = \frac{dr}{2L} \cdot m = \frac{m}{2L} dr$

$$\text{so } I_{\text{rod}} = \int r^2 dm = \int_{-L}^L r^2 \frac{m}{2L} dr = \frac{m}{2L} \int_{-L}^L r^2 dr = \frac{m}{2L} \times \frac{2L^3}{3} \Rightarrow \boxed{I_{\text{rod}} = \frac{1}{3} mL^2}$$

4.2.3 parallel axis theorem

theorem: moment of inertia of a rigid body of mass m about any axis can be found from its moment of inertia about a parallel axis through its centre of mass: $I_P = I_{\text{cm}} + md^2$, where d is perpendicular distance between the two parallel axes



proof: $I_P = \sum r_{i,P}^2 \Delta m_i = \sum (\vec{r}_{i,\text{cm}} - \vec{d})^2 \Delta m_i = \sum r_{i,\text{cm}}^2 \Delta m_i + \sum d^2 \Delta m_i - 2 \sum \vec{r}_{i,\text{cm}} \cdot \vec{d} \Delta m_i$

first term: $I_{\text{cm}} = \sum r_{i,\text{cm}}^2 \Delta m_i$, so this is just moment of inertia about centre of mass

second term: $\sum d^2 \Delta m_i = d^2 \sum m_i = md^2$

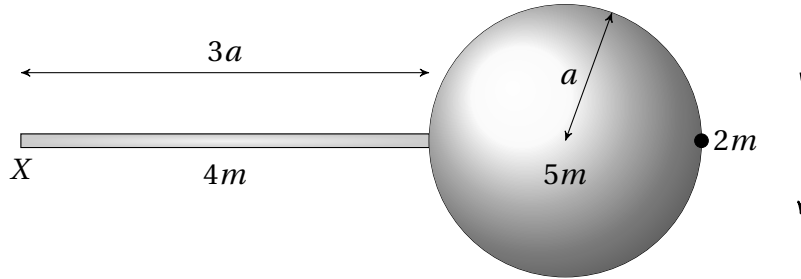
in last term, we have: $\sum \vec{r}_{i,\text{cm}} \cdot \vec{d} \Delta m_i = (\sum \vec{r}_{i,\text{cm}} \Delta m_i) \cdot \vec{d}$

notice the term in bracket is related to distance from centre of mass (recall $m\vec{r}_{\text{cm}} = \sum \Delta m_i \vec{r}_i$)

but here we are evaluating the distance from centre of mass to centre of mass, so it is zero

put everything together, we find: $I_P = I_{\text{cm}} + md^2$

Example 4.2 A system consists of a solid sphere of mass $5m$ and radius a , a uniform rod of mass $4m$ and length $3a$ and a particle of mass $2m$. The objects are joined together as shown in the figure below. What is the moment of inertia of this system about an axis through X perpendicular to the rod?



$$I_{\text{rod}} = \frac{1}{3} \cdot 4m \cdot \left(\frac{3a}{2}\right)^2 + 4m \cdot \left(\frac{3a}{2}\right)^2 = (3 + 9)ma^2 = 12ma^2$$

$$I_{\text{sphere}} = \frac{2}{5} \cdot 5m \cdot a^2 + 5m \cdot (a + 3a)^2 = (2 + 80)ma^2 = 82ma^2$$

$$I_{\text{pt}} = 2m \cdot (3a + 2a)^2 = 50ma^2$$

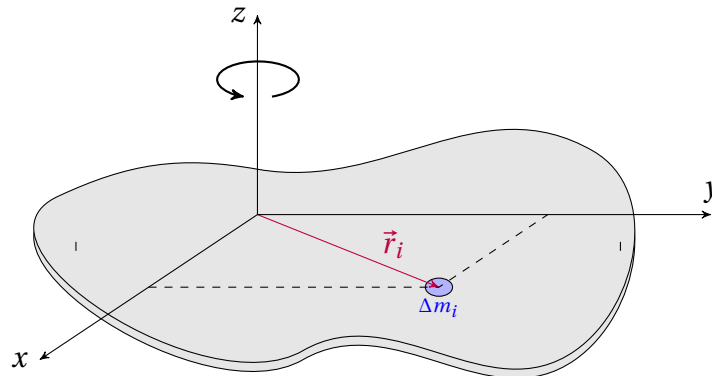
$$I_{\text{sys}} = I_{\text{rod}} + I_{\text{sphere}} + I_{\text{pt}} = (12 + 82 + 50)ma^2 \Rightarrow I_{\text{sys}} = 144ma^2$$

□

4.2.4 perpendicular axis theorem

theorem: given a thin lamina (negligible thickness), its moment of inertia about an axis perpendicular to the plane is equal to the sum of moments of inertia about two perpendicular axes lying within the plane through the same point

suppose the lamina lies within xy -plane, then the theorem suggests: $I_z = I_x + I_y$



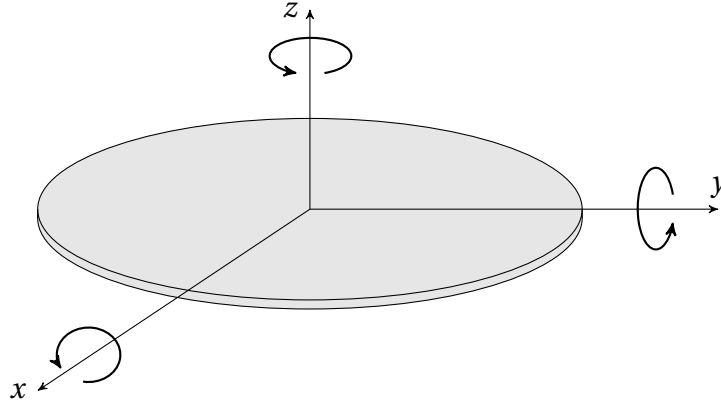
proof: $I_z = \sum r_{i,z}^2 \Delta m_i = \sum (x_i^2 + y_i^2) \Delta m_i$

$$I_x = \sum r_{i,x}^2 \Delta m_i = \sum (y_i^2 + z_i^2) \Delta m_i, I_y = \sum r_{i,y}^2 \Delta m_i = \sum (x_i^2 + z_i^2) \Delta m_i$$

but all $z_i \approx 0$ for thin lamina, so $I_x = \sum y_i^2 \Delta m_i$, $I_y = \sum x_i^2 \Delta m_i$

it is now obvious to see: $I_z = I_x + I_y$

Example 4.3 What is the moment of inertia of a uniform disc of radius R about its diameter?



set up perpendicular axes through centre of disc as shown, by theorem: $I_z = I_x + I_y$

but also due to symmetry: $I_x = I_y$, so $I_x = I_y = \frac{1}{2}I_z = \frac{1}{2} \times \frac{1}{2}mR^2 \Rightarrow I_x = I_y = \frac{1}{4}mR^2$ □

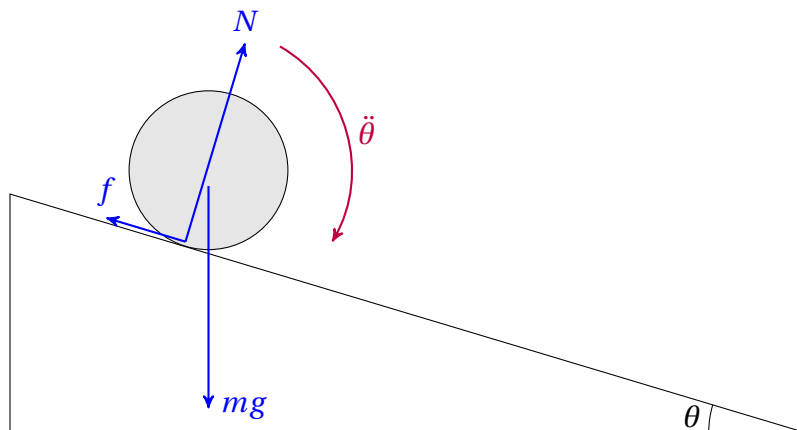
4.3 force analysis

from last section, we have learned how to compute moment of inertia of a rigid body

also from discussion in §4.2.1, we have $\sum \tau_i = I\alpha$, or $\sum \tau_i = I\ddot{\theta}$

now we can predict the motion of a rigid body by applying the equation of motion

Example 4.4 A solid cylinder of mass M and radius R rolls down an inclined slope without slipping. What is the acceleration of the body?

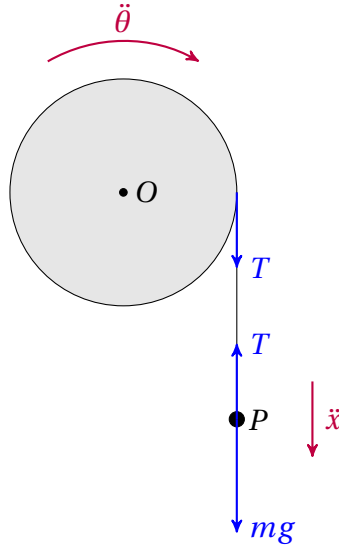


resolve along the slope: $mg \sin \theta - f = m\ddot{x}$

torque on cylinder: $fR = \frac{1}{2}mR^2 \cdot \ddot{\theta} \Rightarrow f = \frac{1}{2}mR\ddot{\theta}$

together with $\ddot{x} = \ddot{\theta}R$, we have: $mg \sin \theta - \frac{1}{2}mR \cdot \frac{\ddot{x}}{R} = m\ddot{x} \Rightarrow \ddot{x} = \frac{2}{3}g \sin \theta$ \square

Example 4.5 A uniform disc of radius R and mass M is free to rotate without friction about a horizontal axis through its centre O . A light inextensible string is wound round the rim of the disc, while a particle of mass m is attached to one end of the string (see diagram). The system is released from rest. Find the angular acceleration of the disc.



for particle: $mg - T = m\ddot{x}$

for disc: $\tau = I\ddot{\theta} \Rightarrow T \cdot R = \frac{1}{2}MR^2 \cdot \ddot{\theta} \Rightarrow T = \frac{1}{2}MR \cdot \ddot{\theta}$

together with $\ddot{x} = \ddot{\theta}R$, we have: $mg - \frac{1}{2}MR\ddot{\theta} = m\ddot{\theta}R \Rightarrow \ddot{\theta} = \frac{2mg}{(2m + M)R}$ \square

4.4 rotational energy

4.4.1 rotational kinetic energy

for a rigid body rotating about some axis, its K.E.: $E_k = \sum_i \frac{1}{2} \Delta m_i v_i^2 = \sum_i \frac{1}{2} \Delta m_i (\omega r_i)^2$

same angular speed ω throughout, so $E_k = \frac{1}{2} \left(\sum_i r_i^2 \Delta m_i \right) \omega^2$

note that $\sum_i r_i^2 \Delta m_i$ gives the moment of inertia I

hence rotational kinetic energy of a rigid body is: $E_k = \frac{1}{2} I \omega^2$

4.4.2 conservation of mechanical energy

for rotational motion, conservation of mechanical energy still holds if no energy loss to friction
i.e., change in G.P.E equals change in K.E.

G.P.E. change can be found by comparing initial and final positions of c.o.m.

K.E. change can be computed using new formula $E_k = \frac{1}{2} I \omega^2$

Example 4.6 The same rigid-body system as in Example 4.2 is released from rest from a horizontal position. What is the maximum speed for the particle during the subsequent motion?

greatest speed when the system becomes downward vertical

increase in K.E. equals loss in G.P.E.:

$$\begin{aligned} \frac{1}{2} I \omega^2 - 0 &= 4mg \cdot \frac{3}{2}a + 5mg \cdot 4a + 2mg \cdot 5a \\ \frac{1}{2} \cdot 144ma^2 \cdot \omega^2 &= (6 + 20 + 10)mga \Rightarrow \omega_{\max} = \sqrt{\frac{g}{2a}} \end{aligned}$$

$$\text{for the particle: } v_{\max} = \omega_{\max} r = \sqrt{\frac{g}{2a}} \cdot 5a \Rightarrow v_{\max} = \sqrt{\frac{25ga}{2}}$$

□

4.5 small-amplitude oscillations

when a rigid-body system is displaced from vertical equilibrium by a small angle

it can be shown that the motion is approximately simple harmonic

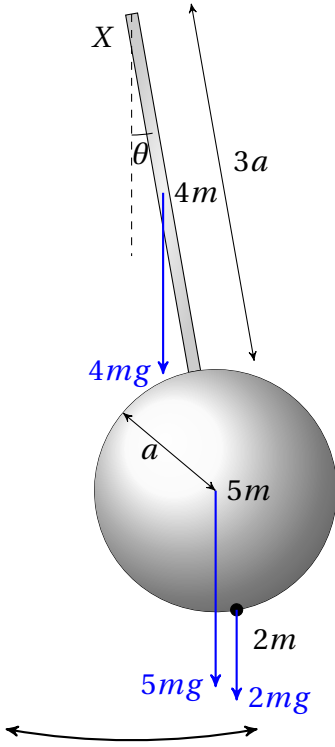
to do this, the following step-by-step guide is given for reference

1. find moment of inertia of the system about the point of suspension
2. when system is displaced by angle θ from rest position, find resultant torque acting
3. write down equation of motion $\tau = I\ddot{\theta}$, and solve for angular acceleration $\ddot{\theta}$

usually it takes the form $\ddot{\theta} = -\omega^2 \sin\theta$, where ω^2 is some constant with dimension T^{-2}

4. apply small-angle approximation ($\sin\theta \approx \theta$ for small θ), one gets $\ddot{\theta} \approx -\omega^2 \theta$
5. identify that this is approximately simple harmonic, period of oscillation can then be found

Example 4.7 The same rigid-body system as in Example 4.2 is slightly displaced from its equilibrium position, show that it performs simple harmonic oscillation provided the angular displacement is small.



moment of inertia is found to be: $I = 144ma^2$

when displaced by θ , magnitude of net torque on system is

$$\tau = 4mg \cdot \frac{3}{2}a \sin\theta + 5mg \cdot 4a \sin\theta + 2mg \cdot 5a \sin\theta$$

$$\tau = 36mga \sin\theta$$

note angular displacement is counter-clockwise, while torque acts in clockwise direction, equation of motion $\tau = I\ddot{\theta}$ reads:

$$-36mga \sin\theta = 144ma^2 \cdot \ddot{\theta} \Rightarrow \ddot{\theta} = -\frac{g}{4a} \sin\theta$$

given that $\theta \approx 0$, then $\sin\theta \approx \theta$ (small-angle approximation)

$$\ddot{\theta} \approx -\frac{g}{4a} \theta$$

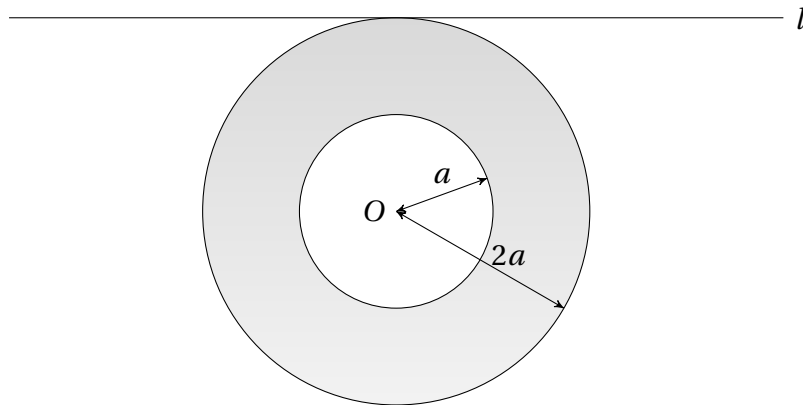
this performs approximate simple harmonic motion

$$\text{angular frequency: } \omega = \sqrt{\frac{g}{4a}} = \frac{1}{2} \sqrt{\frac{g}{a}}$$

$$\text{period of oscillation: } T = \frac{2\pi}{\omega} \Rightarrow T = 4\pi \frac{a}{g}$$

□

Example 4.8 A uniform annulus lamina is formed by removing a disc of radius a from a disc of radius $2a$ of mass m . The lamina is free to rotate about a horizontal axis l tangential to the outer rim and in the plane of the lamina. (a) Find the moment of inertia of this rigid body about axis l . (b) Show that small oscillations about axis l are approximately simple harmonic, and find its period. (c) When hanging at rest, with O vertically below l , the lamina is given an angular speed ω_0 about l . If the lamina completes full circle, what is the minimum value of ω_0 ?



apply perpendicular axis and parallel axis theorem for the full disc and the removed part^[6]:

^[6]Note that the axis through O parallel to l lies within plane of lamina, we need to use perpendicular axis theorem to find the moment of inertia about this axis, then use parallel axis theorem to find the moment of inertia about l .

$$I_{\text{disc}} = \frac{1}{2} \cdot \frac{1}{2} m(2a)^2 + m(2a)^2 = 5ma^2, \quad I_{\text{removed}} = \frac{1}{2} \cdot \frac{1}{2} \frac{m}{4} a^2 + \frac{m}{4} (2a)^2 = \frac{17}{16} ma^2$$

$$I = I_{\text{disc}} - I_{\text{removed}} = 5ma^2 - \frac{17}{16} ma^2 \Rightarrow I = \frac{63}{16} ma^2$$

when displaced by θ from downward vertical, equation of motion $\tau = I\ddot{\theta}$ can be written as:

$$-\frac{3m}{4}g \cdot 2a \sin\theta = \frac{63}{16}ma^2 \cdot \ddot{\theta} \Rightarrow \ddot{\theta} = -\frac{8g}{21a} \sin\theta$$

apply small-angle approximation $\sin\theta \approx \theta$, we have: $\ddot{\theta} = -\frac{8g}{21a}\theta$

so the annulus describes approximate simple harmonic motion, and its period is

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{21a}{8g}} \Rightarrow T = \pi \sqrt{\frac{21a}{2g}}$$

to complete full turn, the annulus must reach highest position where O is vertically above l

consider conservation of energy: $\Delta E_k = \Delta E_p$, we have:

$$\frac{1}{2}I\omega_0^2 - \frac{1}{2}I\omega^2 = \frac{3}{4}mg \cdot 4a \Rightarrow \omega_0^2 = \omega^2 + \frac{6mga}{I} = \omega^2 + \frac{32g}{21a} \Rightarrow \omega_0^2 \geq \frac{32g}{21a}$$

minimum value of ω_0 is therefore $\omega_{0,\min} = \sqrt{\frac{32g}{21a}}$

□

4.6 analogy with linear motion

	linear motion	rotational motion
position	displacement x	angular displacement θ
state of motion	velocity v	angular velocity ω
change of state	acceleration a	angular acceleration α
interaction	force F	torque/moment τ
inertia	mass m	moment of inertia I
equation of motion	$F = ma$	$\tau = I\alpha$
kinetic energy	$E_k = \frac{1}{2}mv^2$	$E_k = \frac{1}{2}m\omega^2$
work done	$W = Fx$	$W = \tau\theta$

5 Equilibrium

5.1 mechanical equilibrium

equilibrium means no translational or rotational acceleration

equilibrium conditions are: $\sum F = 0$ and $\sum \tau = 0$

no resultant force: net force in any direction cancels out

no resultant torque: clockwise and anti-clockwise torques cancel out about any point

for a system of objects, one can take any single object or treat entire system as a whole

when treating individual objects, should consider internal forces between one and another

note internal forces always come in pairs (Newton's 3rd law, action-reaction principle)

when treating whole system, only external forces are important

5.2 frictional forces

static friction is a self-adjustive force that always opposes trend of relative motion

maximum static friction depends on roughness of surface and strength of contact force

empirical rule states that $f \leq f_{\text{lim}} = \mu N$, where f_{lim} is called limiting friction

μ is called coefficient of friction, rough surfaces have larger values of μ

for equilibrium, i.e., object does not slide over surfaces, one requires $\mu \geq \frac{f}{N}$

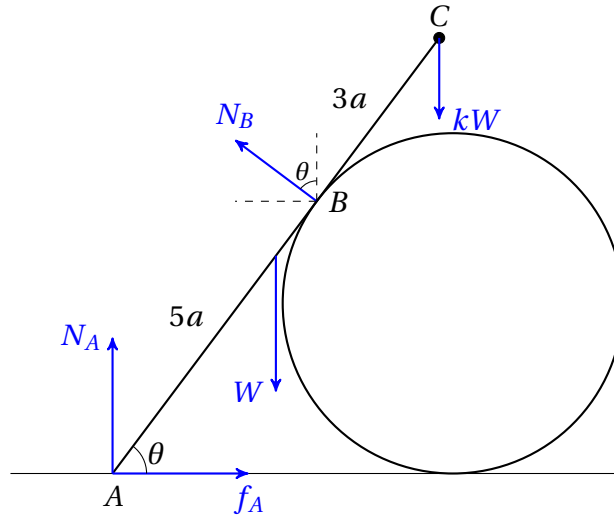
tips for solving equilibrium problems

- when you encounter a force of unknown magnitude acting at some bizarre angle (force at a hinge or a rough peg, tension at end of a beam, etc.), taking moments about where this force acts might be a good idea to get around it
- for a system with several mutually interacting objects, write down equilibrium equations for the system as a whole might lead to a breakthrough
- sometimes you need to solve a set of simultaneous equations to determine one particular force, when you find any one of your equation does not work out, just stay patient and try

a few more

- last but not least, don't panic, you have all the freedom to try to write down a whole set of equations, some of them will eventually work out

Example 5.1 a uniform rod AC of length $8a$ and weight W rests in equilibrium against surface of a smooth cylinder, which is against a vertical wall. The rod is inclined at an angle θ to a rough horizontal plane, where $\cos \theta = \frac{3}{5}$. A particle of weight kW is attached to the rod at C . Given that $AB = 5a$, and the value of coefficient of friction between the rod and the ground is $\mu = \frac{3}{4}$. Find the set of values of k for which equilibrium is possible.



take moments about A :

$$N_B \cdot 5a = W \cdot 4a \cos \theta + kW \cdot 8a \cos \theta$$

$$5N_B = 4 \cdot \frac{3}{5}W + 8 \cdot \frac{3}{5}kW \Rightarrow N_B = \frac{12 + 24k}{25}W$$

resolve horizontally:

$$f_A = N_B \sin \theta \Rightarrow f_A = \frac{12 + 24k}{25}W \times \frac{4}{5} \Rightarrow f_A = \frac{48 + 96k}{125}W$$

resolve vertically:

$$N_A + N_B \cos \theta = W + kW \Rightarrow N_A = W + kW - \frac{12 + 24k}{25}W \cdot \frac{3}{5} \Rightarrow N_A = \frac{89 + 53k}{125}W$$

no sliding between rod and ground requires:

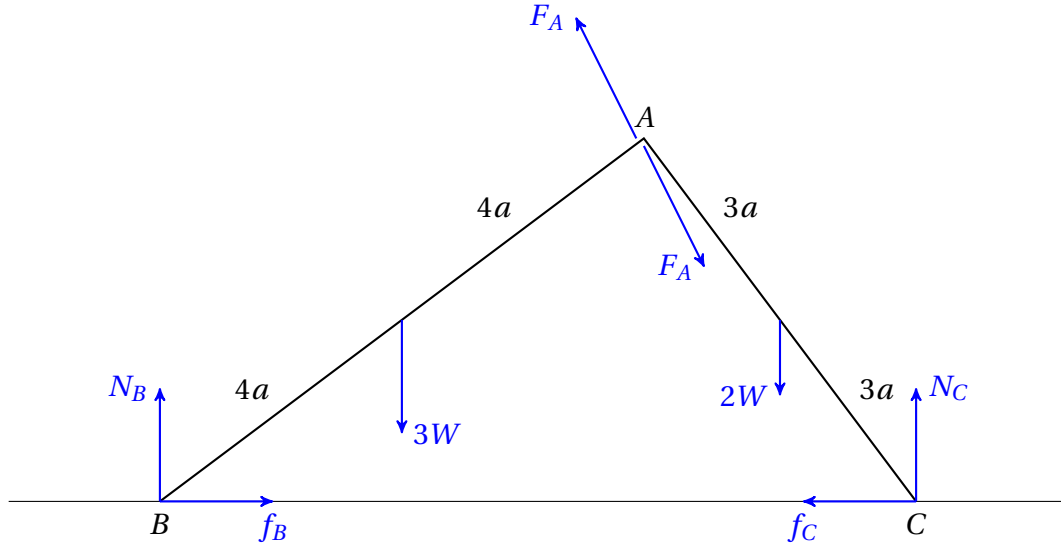
$$f_A \leq \mu N_A \Rightarrow \frac{48 + 96k}{125}W \leq \frac{3}{4} \times \frac{89 + 53k}{125}W \Rightarrow 4(48 + 96k) \leq 3(89 + 53k)$$

$$\Rightarrow 192 + 384k \leq 267 + 159k \Rightarrow 225k \leq 75 \Rightarrow k \leq \frac{1}{3}$$

so range for values of k is $0 < k \leq \frac{1}{3}$

□

Example 5.2 Two uniform rods AB and AC are smoothly hinged at A . Rod AB has length $8a$ and weight $3W$. Rod AC has length $6a$ and weight $2W$. The rods are in equilibrium in a vertical plane with B and C resting on a rough horizontal plane and angle CAB forms a right angle. (a) Find the force between the two rods at the hinge A . (b) The coefficient of friction between each rod and the floor is μ . Find the least possible value of μ .



take moments about C for system:

$$3W \cdot (4a \cos \theta + 6a \sin \theta) + 2W \cdot (3a \sin \theta) = N_B \cdot 10a$$

$$3W \cdot (4a \times \frac{4}{5} + 6a \times \frac{3}{5}) + 2W \cdot (3a \times \frac{3}{5}) = N_B \cdot 10a$$

$$10N_B = \left(\frac{48}{5} + \frac{54}{5} + \frac{18}{5} \right) = 24W \Rightarrow N_B = \frac{12}{5}W$$

take moments about A for rod AB :

$$N_B \cdot 8a \cos \theta = 3W \cdot 4a \cos \theta + f_B \cdot 8a \sin \theta$$

$$\frac{12}{5}W \cdot 8a \cdot \frac{4}{5} = 3W \cdot 4a \cdot \frac{4}{5} + f_B \cdot 8a \cdot \frac{3}{5}$$

$$\frac{96}{5}W = 12W + 6f_B \Rightarrow f_B = \frac{6}{5}W$$

resolve horizontally for rod AB :

$$F_{A,x} = f_B \Rightarrow F_{A,x} = \frac{6}{5}W$$

resolve vertically for rod AB :

$$N_B + F_{A,y} = 3W \Rightarrow F_{A,y} = 3W - \frac{12}{5}W = \frac{13}{5}W$$

hence we find interaction at hinge A :

$$F_A = \sqrt{F_{A,x}^2 + F_{A,y}^2} = \sqrt{\left(\frac{6}{5}W \right)^2 + \left(\frac{13}{5}W \right)^2} \Rightarrow F_A = \frac{\sqrt{205}}{5}W$$

resolve horizontally for system:

$$f_C = f_B \Rightarrow f_C = \frac{6}{5}W$$

resolve vertically for system:

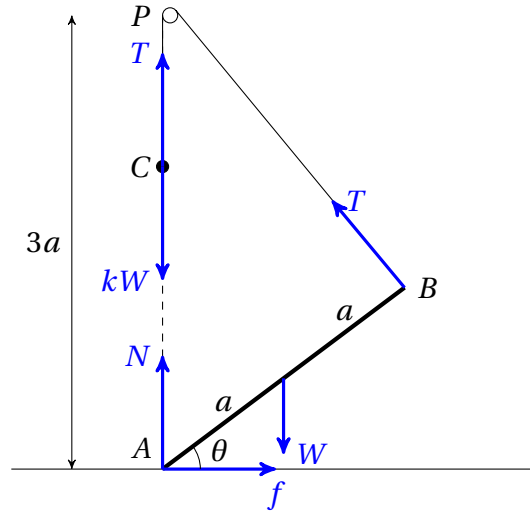
$$N_B + N_C = 3W + 2W \Rightarrow N_C = 5W - \frac{12}{5}W \Rightarrow N_C = \frac{13}{5}W$$

at contact B and C , using $\mu \geq \frac{f}{N}$

$$\mu_B \geq \frac{\frac{6}{5}W}{\frac{12}{5}W} = \frac{1}{2} \quad \text{and} \quad \mu_C \geq \frac{\frac{6}{5}W}{\frac{13}{5}W} = \frac{6}{13}$$

no sliding at either B or C requires $\mu \geq \max(\mu_B, \mu_C)$, so $\mu \geq \frac{6}{13}$ □

Example 5.3 A uniform rod AB of weight W and length $2a$ rests on a rough horizontal plane. A light inextensible string BC is attached to the rod at B and passes over a small smooth fixed peg P , which is at a distance $3a$ vertically above end A . A particle of weight kW is attached at C and hangs vertically. A , B and C are in the same vertical plane. In equilibrium the rod is inclined at an angle θ to the horizontal where $\sin \theta = \frac{3}{5}$. (a) Given that the system is in limiting equilibrium, find the coefficient of friction between the rod and the plane is μ . (B) Find the value of k .



take moments about P for the rod:

$$f \cdot 3a = W \cdot a \cos \theta \Rightarrow f = \frac{1}{3}W \cos \theta = \frac{1}{3}W \cdot \frac{4}{5} \Rightarrow f = \frac{4}{15}W$$

take moments about B for the rod:

$$N \cdot 2a \cos \theta = f \cdot 2a \sin \theta + W \cdot a \cos \theta$$

$$2N \cdot \frac{4}{5} = 2 \cdot \frac{4}{15}W \cdot \frac{3}{5} + W \cdot \frac{4}{5} \Rightarrow N = \frac{7}{10}W$$

$$\text{limiting friction so } \mu = \frac{f}{N} = \frac{\frac{4}{15}}{\frac{7}{10}} = \frac{4}{15} \cdot \frac{10}{7} \Rightarrow \mu = \frac{8}{21}$$

resolve horizontally for rod: $T_x = f \Rightarrow T_x = \frac{4}{15}W$

resolve vertically for rod: $T_y + N = W \Rightarrow T_y = W - \frac{7}{10}W \Rightarrow T_y = \frac{3}{10}W$

tension in string is: $T = \sqrt{T_x^2 + T_y^2} = \sqrt{\left(\frac{4}{15}\right)^2 + \left(\frac{3}{10}\right)^2} \cdot W \Rightarrow T = \frac{\sqrt{145}}{30}W$

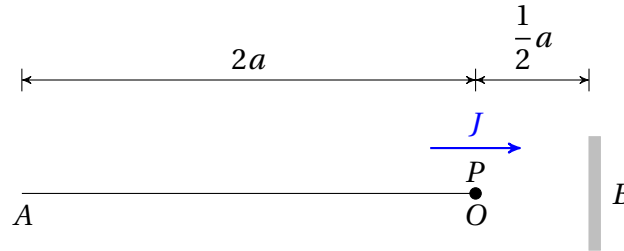
equilibrium for particle C requires $T = kW$, so $k = \frac{\sqrt{145}}{30}$

□

6 Mega Examples

in some cases, one needs combined knowledge from several sections to solve a problem
in this section, we walk through a few long questions to consolidate thinking

Example 6.1 A particle P of mass m rests on a smooth horizontal table, and is connected to a fixed point A by an elastic string of natural length $2a$ and modulus of elasticity mg . When the particle is at its rest position O , it is given an impulse of magnitude $m\sqrt{\frac{ga}{2}}$ and P starts to move away from A towards a barrier B . The barrier is at a distance of $\frac{1}{2}a$ from O . The coefficient of restitution between the particle and the barrier is $\frac{1}{\sqrt{3}}$. Find the time when P first returns to O .



motion of P consists of three stages: motion from O to B (part of simple harmonics), impact with barrier, and motion from B to O (also simple harmonic, but with a different amplitude)

we first write down the equation of motion when $OP = x$,

$$m\ddot{x} = -\frac{\lambda}{l_0}x \Rightarrow m\ddot{x} = -\frac{mg}{2a}x \Rightarrow \ddot{x} = -\frac{g}{2a}x$$

so P describes simple harmonic motion along OB with angular frequency $\omega = \sqrt{\frac{g}{2a}}$

at $t = 0$, impulse-momentum relation reads: $J = m\sqrt{\frac{ga}{2}} = mu_0 \Rightarrow u_0 = \sqrt{\frac{ga}{2}}$

from O to B , amplitude of motion is: $x_0 = \frac{u_0}{\omega} = \sqrt{\frac{ga}{2}} \cdot \sqrt{\frac{2a}{g}} \Rightarrow x_0 = a$

displacement-time relation is: $x(t) = x_0 \sin \omega t \Rightarrow x(t) = a \sin \omega t$

just before hitting barrier, $x = \frac{1}{2}a$, so

$$a \sin \omega t_1 = \frac{1}{2}a \Rightarrow \omega t_1 = \sin^{-1} \frac{1}{2} \Rightarrow t_1 = \frac{\pi}{6\omega}$$

$$u = \omega \sqrt{x_0^2 - x^2} = \sqrt{\frac{g}{2a}} \cdot \sqrt{a^2 - \frac{1}{4}a^2} \Rightarrow u = \sqrt{\frac{3ga}{8}}$$

after hitting barrier: $v = -eu = -\frac{1}{\sqrt{3}} \cdot \sqrt{\frac{3ga}{8}} \Rightarrow v = -\sqrt{\frac{ga}{8}}$

$$v^2 = \omega \sqrt{x_0^2 - x^2} \Rightarrow x'_0 = \sqrt{\frac{v^2}{\omega^2} + x^2} = \sqrt{\frac{ga}{8} \cdot \frac{2a}{g} + \frac{1}{4}a^2} \Rightarrow x'_0 = \frac{1}{\sqrt{2}}a$$

so as P travels from B back to O , amplitude becomes smaller

note that it takes the same time for P to move from O to B as long as amplitude is fixed

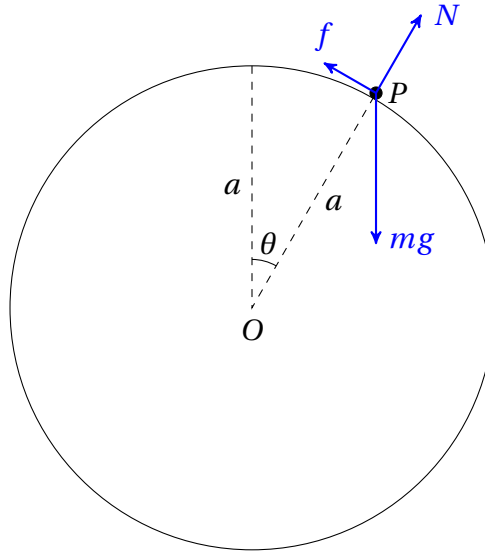
we can use displacement-time relation $x'(t) = x'_0 \sin \omega t$, or $x'(t) = \frac{1}{\sqrt{2}}a \sin \omega t$, to find:

$$\frac{1}{\sqrt{2}}a \sin \omega t_2 = \frac{1}{2}a \Rightarrow \omega t_2 = \sin^{-1} \frac{1}{\sqrt{2}} \Rightarrow t_2 = \frac{\pi}{4\omega}$$

$$\text{total time taken: } t = t_1 + t_2 = \frac{\pi}{6\omega} + \frac{\pi}{4\omega} = \frac{5\pi}{12\omega} \Rightarrow t = \frac{5\pi}{12} \sqrt{\frac{2a}{g}}$$

□

Example 6.2 A uniform disc of radius a and mass $2m$ is free to rotate in a vertical plane about a horizontal axis through its centre O . A particle P of mass m is placed on the highest point of the rough edge of the disc. The system is slightly disturbed so that OP begins to rotate. For the subsequent motion, the particle remains in contact with the disc without slipping. (a) When OP makes an angle θ with the upward vertical, find $\dot{\theta}$ and $\ddot{\theta}$ in terms of g and θ . (b) Given that the coefficient of friction between the particle and the disc is $\mu = \frac{1}{4}$, find the angle θ when P just begins to slip. (c) Show that, however large the value of μ , the particle cannot lose contact with the disc before it starts to slip.



moment of inertia of system is:

$$I = I_{\text{disc}} + I_P = \frac{1}{2} \cdot 2ma^2 + ma^2 \Rightarrow I = 2ma^2$$

to find $\dot{\theta}$, consider energy changes, loss in G.P.E. for particle becomes rotational K.E. of system:

$$mga(1 - \cos \theta) = \frac{1}{2} I \dot{\theta}^2 \Rightarrow mga(1 - \cos \theta) = \frac{1}{2} \cdot 2ma^2 \cdot \dot{\theta}^2 \Rightarrow \dot{\theta}^2 = \frac{g(1 - \cos \theta)}{a}$$

to find $\ddot{\theta}$, consider torque acting on system:

$$\tau = I\ddot{\theta} \Rightarrow mga \sin \theta = 2ma^2 \cdot \ddot{\theta} \Rightarrow \ddot{\theta} = \frac{g \sin \theta}{2a}$$

or one can take time derivative for $\dot{\theta}^2$ to find:

$$\frac{d\dot{\theta}^2}{dt} = \frac{d}{dt} \left(\frac{g(1 - \cos \theta)}{a} \right) \Rightarrow 2\dot{\theta} \cdot \ddot{\theta} = \frac{g \sin \theta \cdot \dot{\theta}}{a} \Rightarrow \ddot{\theta} = \frac{g \sin \theta}{2a}$$

to find friction and contact force on P , consider tangential and centripetal forces on P :

$$mg \sin \theta - f = m \cdot a\ddot{\theta} \Rightarrow f = mg \sin \theta - m \cdot \frac{1}{2}g \sin \theta \Rightarrow f = \frac{1}{2}mg \sin \theta$$

$$mg \cos \theta - N = m\dot{\theta}^2 a \Rightarrow N = mg \cos \theta - mg(1 - \cos \theta) \Rightarrow N = mg(2 \cos \theta - 1) \quad (\Delta)$$

when P is about to slip, frictional force is at limiting value $f = \mu N$

$$\frac{1}{2}mg \sin \theta = \mu mg(2 \cos \theta - 1) \Rightarrow \sin \theta = 4\mu \cos \theta - 2\mu \Rightarrow 4\mu \cos \theta - \sin \theta = 2\mu \quad (\#)$$

to find limiting θ , substitute $\mu = \frac{1}{4}$, we find

$$\cos \theta - \sin \theta = \frac{1}{2} \Rightarrow \sqrt{2} \cos(\theta + 45^\circ) = \frac{1}{2} \Rightarrow \theta = \cos^{-1} \frac{1}{2\sqrt{2}} - 45^\circ \Rightarrow \theta \approx 24.3^\circ$$

rewrite (#) as $\cos \theta = \frac{2\mu + \sin \theta}{4\mu}$, and plug this into (Δ):

$$N = mg \left(2 \cdot \frac{2\mu + \sin \theta}{4\mu} - 1 \right) = mg \left(1 + \frac{\sin \theta}{2\mu} - 1 \right) \Rightarrow N = \frac{mg \sin \theta}{2\mu}$$

obviously $N > 0$, so P will not lose contact before slipping occurs

□