



Types Of Treatments

Avoidance Life Long

To avoid or minimize exposure to the allergens that cause the condition

- Food Labeling

Symptomatic Treatments In 15 Mins

Block the release of histamine or relief the symptoms of allergic reaction

Medicine

- Epinephrine
- Antihistamines
- Mast Cell Stabilizers
- Nasal Corticosteroids Or Corticosteroid Creams

Immunotherapy 1- 3 Yrs

A preventive treatment which weaken your body's response to the allergen by gradually exposing your immune system to it

- Allergy Shots
- SLIT Tablet

More of the population has food allergies than ever before, especially in *developed countries*

and around the world, they are sending more and more people to hospital. One large-scale review of hospital admissions data found anaphylaxis cases on the rise in the US, Australia and Europe, among other regions. In the US, hospital visits for food allergy increased threefold from 1993 to 2006. Between 2013 and 2019, England saw a 72% rise in the number of hospital admissions for children caused by anaphylaxis, from 1,015 admissions to 1,746.



